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OCTOBER 2-8, 2011 | Issue 16

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SPARE CHANGE

Hollywood's latest bromance flick sees the body-swap plot rolled out once again, but is it any better than the rest?



ILLUMINATING TIMES



NOT JUST SHOPPING

Dubai's plethora of malls provides the perfect exercise venue so you can shop until the weight drops off



COMPASS POINTS

We find that Jeep's baby softroader has grown up to become an infinitely better car than what it once was

Short circuit

What happens when computers get too smart for their own good?



Health | Fitness | Film reviews | Entertainment | Cars & gadgets | Culture | Homes

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Letters

Email: letters@readme.ae

Dear Sir, *Mausam* 2011 Review—Under the direction of their father Pankaj Kapur, *Mausam* brings together brothers Shahid Kapur and Sonam Kapoor for the first time in what is being promoted as a love story for all seasons. The film is a romantic saga with a military background. Of course we all know Shahid as a star who has thrown a lot of tantrums, but when it is “daddy” directing, the guy actually turned clearheaded and professional. It is a good love story and definitely a film worth at least one viewing. The sound track, composed by Pritam with lyrics by Irshad Kamil also makes a great album.

Lodhi Mohammed Azmatullah Khan

Ed: *Mausam* opened in theatres last week following much controversy surrounding censorship, but it has been well received. Get yourself along to the cinema to see what all the fuss is about. Don't forget to let us know if you've seen any great films recently at letters@readme.ae

Hi Read., I'm hoping you can help me or offer me some guidance. I want to become fitter but I don't really have the time to commit to a sports team. Aside from that, I don't like the idea of joining a boot camp—it just doesn't look like much fun. Can you direct me in the right path?

Paul Meehan

Ed: Don't worry, there are ways to play sports without committing for extended periods of time. You can check out nikky-sports.com for squash, running, soccer, basketball, and even just fitness training, or check out dubai.duplays.com for some other great activities.

Hey team, I made a video review about taking wall. Beautiful wall decal sticker decoration for your home, office, business or even



THERE ARE PLENTY OF
WAYS TO STAY ACTIVE

events. Providing different colours and designs of your choice. I hope you could feature them in your magazine soon.

Junie Sudoy Sorsano

Ed: Thank you Junie. For anyone that would like to see Junie's video on the latest trend in Dubai decor, you can search for it on Youtube—[akosijuniesorsano](https://www.youtube.com/user/akosijuniesorsano)—or type this address into your search bar www.youtube.com/watch?v=mlrBRVf8L0A

I have recently been getting an increased number of phone calls from financial advisors which is really annoying. I have no interest in talking to them but always answer to numbers I don't know in case it is something work related. I don't understand where they get my number from as I'm normally very careful with who I give my number to.

Lizanne Getlevog

Ed: There are probably a few places your number could have been found. With Facebook privacy settings changing recently,

phone numbers have been viewable on the social networking site. Even putting your number on competition entry forms can lead to the number being passed on. First thing to do will be to check your privacy settings online, and change them where you see fit.

The office I work in produces what I feel to be an excessive amount of paper waste. Between photocopies, newspapers, flyers and magazines, desks end up becoming quite cluttered and in order to make space, everything just gets thrown out. Ideally, I'd really like to see it all recycled. I would also urge all other office workers in Dubai to do their bit.

Himanshu Agarwal

Ed: We agree, and here's something that can help out. If you contact Union Paper Mills they will supply your office with unobtrusive recycling boxes that you can place all your paper waste inside. When it is full, you contact them again and they will collect the box. You can contact them at recycle@upm.ae

The Winners

(Contests in September 25–October 1, 2011 issue)

Into how many dialects is the Chinese language generally classified?

Answer: **Seven dialects**

The winners of a Wafi Restaurants voucher each worth Dh200 are:

Gina Gelvero, Mary Ghassani

In which country were fortune cookies first made?

Answer: **United States of America**

The winner of an Al Boom Diving voucher worth Dh150 is:

Mohamed Gouse Ikkeri

Please
recycle
this
copy
responsibly.



My Metro life

Sana Ali
Student, Hor Al Anz

Walking anywhere in Dubai is quite a task. It requires a bundle of energy until you reach your destination and then your way back is also exhausting. I am a student who used to walk from my home in Hor Al Hanz to my institute in Ghurair City.

I always found I had to take a break in the journey to rest before eventually stopping for much needed refreshments when I finally reached my

place of study. My journey every day was exhausting, until when, on September 9, 2011, the Metro Green Line opened. This relieved me greatly as I now had a shorter trip. Now I travel from Abu Baker Al Siddique Metro station to Union which covers half of my original walking distance.

I am very thankful to the RTA for their wonderful effort, performance and conduct over the Green Line.

Tell us about your experiences on Dubai Metro. Send your story to mymetrolife@readme.ae for a chance to appear in next week's *Read*.

METROpics

From a gorgeous sunset behind the Burj Al Arab to the bustle of Deira on a Friday night, there's plenty to see from a Metro carriage. If you catch sight of something special while you're on the Metro, snap it and email it to us at pics@readme.ae. We will publish a selection of the best each week. A selection is also at [facebook.com/readmeae](https://www.facebook.com/readmeae)



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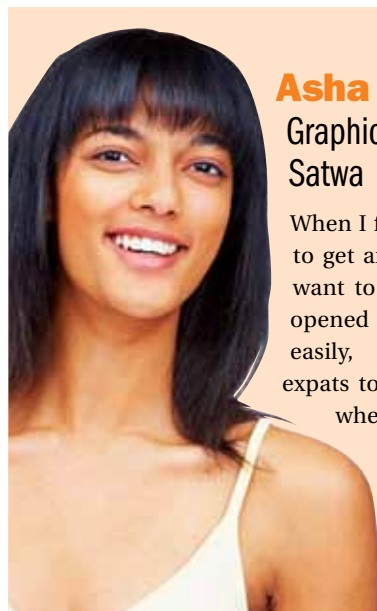
SHEILA MARIE GALAPON



MOHAMMED FAZIL K

The Burning Question

Q What advice would you give people who are looking to relocate to Dubai?



Asha Mahmin

Graphic designer
Satwa

When I first moved here, I found it quite difficult to get around as I didn't have a car and I didn't want to take taxis all the time. Then the Metro opened and I was able to get around easily, so I would advise expats to try public transport where possible as it's easy, quick and stress free.



Deepak Bidlan

Banker
Abu Hail

The first bit of advice I would give is to go online and check the weather! I would recommend people don't move out here in August as the weather can reach the high 40s, which can be difficult if you're not used to the heat.

Other than that, I would suggest checking local websites and papers for job vacancies and visiting all the big malls in your spare time.

Andrew Childs

Technical director
Media City

I would advise people to look for accommodation near to a Metro station. It is an ideal mode of transport for short hops across town and is easy to use, so it makes sense to be within walking distance of a station. There are lots of clubs over here, so whatever hobby you had back home, you can easily find people who enjoy the same things over here. It is a very cosmopolitan city.



Neal Evans

Service manager
Umm Suqeim

There is a very low crime rate here and Dubai definitely feels like a safe place compared to other countries. As long as people are aware that there are certain rules to follow and are willing to cooperate with how this country works, then they should have no problems settling in.



Adnan Arshad

Sales executive
Discovery Gardens

Dubai is a really good place but it is obviously very hot. Therefore I would advise people to make sure they keep hydrated when they come here, also if they are not a fan of hot weather then it's probably best not to come!

Perdita Gordon

Marketing executive
JLT

My advice to anyone relocating to Dubai would be to take every new experience you can. Dubai is great for trying new things and doing crazy stuff, like skydiving over the Palm or quadbiking in the desert, so I would advise people to have a go at these things, if possible. Make the most of your time here and enjoy life!



**Win a Wafi
Restaurants
voucher
worth Dh200**

Answer the following question and win a Wafi Restaurants voucher worth Dh200

By what name is the Central Asian snow leopard also known?

Email your answer to contests@readme.ae
The winner will be announced in next week's issue.

Please mention the prize name in your email subject and ensure the following details are mentioned in your email (full name, mobile number, PO Box). If you wish to participate in more than one competition in this issue, please send the answers to them in separate emails.



Nishita Kaushik
Advertising executive
Bur Dubai

Dubai is a very warm and welcoming place and when I shifted over here I had no problems adjusting. There are people from all walks of life here—including many expats from all different countries—so it is best just to get out there and meet people.



Dharmendra Mishra
Banking lawyer
Burjuman

It depends on the specific person, but I would try to give different advice depending on the person's background, age and profession. There is no general advice, but if people are struggling to make friends I would suggest using Facebook to join groups and seeking out community groups of likeminded people.

Facebook chatter



INDIA'S 2011 WORLD CUP WINNERS

First of all, please allow us to extend our thanks to each and every member of the Readmeae Facebook community. Last Tuesday, we broke the 2,000 "Like" mark and we're still going strong. We appreciate the support of each and every Facebook friend and loyal reader who picks up the magazine on the Metro each week.

And now, here's what you have been saying on the Read. Facebook page.

(Responses only edited for length)

What are you looking forward to doing now the weather is cooler?

Walking along the marina in the evening, dinner out in the open, long drives with windows rolled down, bbq in parks..

—Sneha Nair Sheefar

strolling and taking pictures outside..no heat pressure!

—Jeff Habla

What sporting win has made you feel most emotional?

It was this once when i had won a Gold medal in my first ever Taekwondo championship fighting 5 opponents.. Nd thn i started crying n evryone was like, why r u cryin?? You won right... I felt a

lill embaressd so i pretended as i i'd got hurt on my leg... Lol

—Clifton Campos

It was when INDIA, won the cricket world cup 2011, a few months ago. When India won its previous world cup, I was not born. And who knows, when India is going to win the title again ?? The winning celebration was unforgettable and every one around, was thrilled and was much emotional...Proud to be an INDIAN !!

—Dilip Krishnan

If you could fly anywhere, where would you go?

I would go to the hobbit's home of the Lord of the Rings in New Zealand and spend the coolness of the day lying on the grass staring at the sky and the beauty of the place! Because for me, this kind of feel is the epitome of tranquility. :)

—Christian Salazar

I will definitely go to Saudi Arabia, to perform 'The Umrah', which is a pilgrimage to Mecca, Saudi Arabia, performed by Muslims. I believe if the airlines continue driving down prices i can afford expenses and can very well do the Umrah which is equal to Hajj.

—Hamrash Abdul Sathar

If you owned your own robot, what would you use it for and why?

I want a robot to wash, fold and iron clothes, with built in computer and internet and that would turn itself into a car. I would not want to be a couch potato doing nothing at all. I need exercise, the rest of the chores.. i can do them ease.

—Jubeth A. Razon

if i would have own an robot i will make it use as glider to fly all over uae... so that i shouldn't have to worry about bus ,metro ...and the peoples always rush to the lifts of every metro stations !

—Mohammed Shabeer



ROBOTS CAN DO JUST ABOUT ANYTHING THESE DAYS

STATION-BY-STATION *guide*

Looking for something to do? You could always hop off the train and visit one of these...

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BREAST CANCER AWARENESS



Daily until October 12
Emirates Hospital,
Dubai Marina/Jumeirah Beach Road

Breast Cancer Awareness Day will be observed on October 12, so in the lead up Emirates Hospital is spreading awareness in an attempt to make a difference. Breast Cancer Awareness Day is the perfect excuse to remind the women you love to have a mammogram with a pink ribbon postcard or e-card encouraging them to take their yearly scan and perform monthly self examinations.

MARNI



Sun-Wed 10am-10pm;
Thu-Sat 10am-midnight
Mall of the Emirates

Italian label Marni has recently opened the doors to its stylish flagship Dubai store, joining household names such as Jimmy Choo within the mall's Via Rodeo section. The brand stocks eclectic ready-to-wear womenswear, as well as menswear and accessories. Why not take a peek inside for a change from the usual shopping haunts?

THE DECK



Open daily 4pm-2am
Byblos Hotel, Tecom

For a nautical evening out, why not check out the new open terrace at the Byblos hotel in Tecom? Suitably fashioned in a wood and white-cotton style, The Deck is a good hang out for the cooler evenings where you can play backgammon while enjoying a shisha with your Turkish coffee or mint tea.

METAL ASYLUM

7 October 9pm-3am
Cheers/The Lodge

Folk rocker Alison Andrews is launching her debut album *Love's a Cure* at Metal Asylum this month. The sultry singer has impressed crowds across the UAE with her impeccable performances and unique incredible talent. With support from Danny Shiran, Fatiniza and Rock Spiders - over 21s only.

TUCK IN AT WOK IN

Wednesdays 6pm-11pm
The Mövenpick Hotel, Deira

One of the latest five-star additions to the original 'old town' of Dubai has just launched a food and beverage promotion for sushi lovers out there. Each Wednesday from 6pm until 11pm its Asian-themed restaurant, Wok In, is offering an all-you-can-eat freshly prepared sushi menu with unlimited traditional Japanese rice drinks.

**DUBAI MUSEUM**

Open daily 8.30am-8.30pm
(Fri 2.30pm-8.30pm)
Al Fahidi Fort

Just a 10-minute walk from the station, Dubai Museum is one of those things that many of us residents leave to the tourists. However, if you're fed up with malls and beaches, a day at the museum provides a perfect opportunity to get back to Dubai's roots and surround yourself with a bit of culture.

roots and surround yourself with a bit of culture.

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Open daily 10am-midnight
Ping Pong, Dubai Mall

Fridays are traditionally all about brunch here in Dubai. However, for those out there who don't fancy eating so much that they can't move, uber-cool dim sum emporium Ping Pong is offering an all-

you-can-eat *Lazy Friday* option, which will go light on your wallet and on your waistline.

BILAD AL SHAM RESTAURANT

Open daily noon-1am
Al Nahda Road

A pleasant 15 minutes' walk from this station will bring you to Bilad Al Sham restaurant, home to some of the best shawarma in Dubai. At an absolute bargain price of Dh5 you can eat until your stomach is popping, for more or less the same price as the Metro ticket to get there.

Lessons from the old country

The second in our series on people who shape their community looks at a teacher who embraces his heritage.

When expats up roots in their home countries, and head over to Dubai, many accuse them of losing touch with their own national heritage. However, Dubai's Pakistani community is in good hands from this point of view, thanks to the efforts of Aditya Malik, a qualified teacher who is dedicated to ensuring that Pakistani nationals do not lose touch with who they are.

"It's easy for us to become complacent with who we are, and where we come from," he says. "I've met many Pakistanis over

here who believe, because they're from another Muslim country, that they don't need to do anything to remember Pakistani culture. But there's so much more to it than simply being Muslim.

Indeed much of Pakistan's population is made up of a wide range of cultures, and Malik has, for the past eight years, endeavoured to show his students the bigger picture. As a graduate from the University of Sindh with a master's degree in humanities and religious studies, Malik is well versed in all reaches of Pakistani culture and history, which he encourages his fellow countrymen to immerse themselves in.

"Sure, immersing yourself in

"I firmly believe that learning about one's history can provide a better quality of life, and I think my students believe that too."



your own culture might not make you better at your job, or give you extra skills," he says. "But I firmly believe that learning about one's history can provide a better quality of life, and I think my students believe that, too."

Malik's students are made up of adults who feel they need to brush up on their own cultures, and teenagers whose parents want to ensure they do not lose their roots in the multicultural city of Dubai. Classes are all arranged in advance, and are done either on a one-to-one basis at home, or else in groups, usually in a communal area that suits everyone attending. Malik describes himself as a tutor rather than a teacher,

“I’m just happy to be helping the Pakistani community of Dubai in any way that I can.”



ADITYA MALIK

dent in particular. But since coming to Dubai, the 45-year-old has relished small-group tutoring, which, he says, can be much more rewarding.

“Of course, it is wonderful teaching young children, seeing them take in your knowledge. But it is so much more satisfying when you know that they are paying attention to your every word, asking questions, being involved,” Malik says. “I’ve been doing private tutoring here for years and I haven’t yet had one lesson that wasn’t completely engaging.”

Clearly, Malik’s passion for teaching about his country is part of the reason why his schedule is always full. He explains that, in special cases, he will even dedicate his own spare time to teaching particularly dedicated students.

“Sometimes, someone will be

a complete joy to teach, because they just show such an interest in the subject matter,” he says. “I’ve spent entire weekends with some of my students, young and old. It takes me back to my university days, when we would spend time simply talking and debating about what we were studying. When you’ve taught someone to get to the level, it’s extremely satisfying.”

Most of what Malik teaches is about Pakistani history, despite him being extremely well-versed in Pakistani art and Islam as well. This, he says, is not down to preferring one subject over the other,

but simply because history seems to be the biggest request from his students. He believes that, because many Pakistani expatriates attend international schools and universities in Dubai, they are given very little insight into Pakistani history and culture, much to the dismay of their parents.

“I think many parents are glad that I offer these classes,” he says. “I get plenty of thanks at the end of every lesson, and then some of them join in too. I’m just happy to be helping the Pakistani community of Dubai in any way that I can. We are guests in this country, and it is a good place to be; we can learn so much from all the other nationalities over here. But there’s also a lot to be said for sticking together.”

Malik certainly seems to be making a good job of inspiring his community to take note of their own heritage. Aside from having packed working weeks, he is constantly being asked by new students for lessons, while, on the other hand, he regularly teaches students who have been studying under him for years.

“I’m not surprised that some people are taken in by it all,” he says. “Pakistan was once a major cultural hub and we’ve inherited so much over the centuries that I think most would be proud to look back on our history.”

Do you know someone who has made a big impact on your community? Tell us and he or she could be the subject of a feature. Email letters@readme.ae

because he does not teach at a school any more, and he believes his lessons to be of a much more engaging, personal nature.

“I really get down to what it is about Pakistani culture my students want to learn, and then teach it to them,” he says. “There’s no curriculum, there are no exams; everyone’s just thirsty for knowledge. If they want to learn about the arts, we’ll cover it. If they want to know about religion, I’ll teach them. I think that’s what makes the classes special, and I’ve had a great response—I’m almost always fully booked.”

Malik used to be a high-school teacher in Islamabad, where he taught for over 10 years. Back then, he used to teach classes of children that could reach to more than 50 pupils, making it difficult to focus on any one stu-





Want a guide to writing? Do it yourself

UAE national Khaled Mohamed Al Maskari decided to pen his own tome on the art of writing for business.

Writing has become a part of daily life for most of us these days. The era of having a secretary to take a note, or simply picking up the phone to talk to someone, seems to have become a thing of the past.

Now it doesn't matter whether you are a plumber, lawyer, or a lowly *Read.* writer, business relies on effective communication by email, letter, press material, advertising; the pen is indeed a mighty tool. This is what inspired UAE national Khaled Mohamed Al Maskari to write his book, *A Practical Guide to Business Writing*, intended as a handy guide for those who are looking to improve their written business skills. Al Maskari explains, "I was working in sales and I noticed that many people were struggling to write effec-

tive messages. After extensive research I realised there was a gap for a book that teaches a unique system for business writing, aimed at all nationalities. Here in the UAE, most people use English to communicate, so my book makes it easy for any person from any organisation to communicate effectively within the workplace in a business context. I cover the writing style needed for business rather than focusing on grammar. Hopefully the book will help the reader's ability to communicate in day-to-day business, in a real life situation."

After coming up with his idea in 2007, Al Maskari spent two years meticulously researching all the areas needed for a Middle Eastern native to write a book on correct English. "A lot of hard work went into the making of this book. I did it all by myself and now, after all that time, effort



and research, it is great to see the book finally available for sale in most book stores in the UAE and worldwide via the Apple store. I think it is a good thing for a UAE product to be available globally. We are usually known for importing things, but this book was created locally, from the design to the printing, and now it is being exported to the rest of the world. People from America, Canada, Australia—all parts of the world—are able to get a completely UAE-made product.”

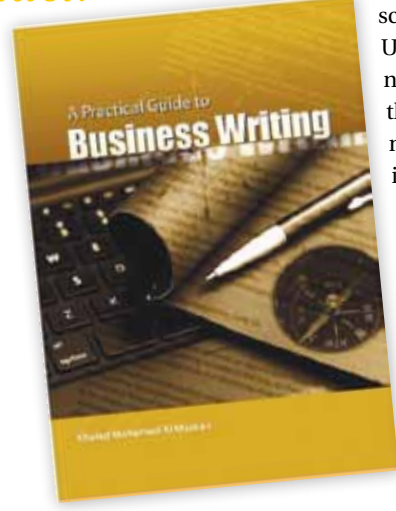
During the two years from the conception to the realisation of his idea, Al Maskari encountered several difficulties, including being given an ultimatum over publishing: either publish it himself or find a sponsor who would fund the project. While this may have put others off, Al Maskari was only more determined to realise his goal. He says, “At this point I decided to do it myself. I

“People from all parts of the world are able to get a completely UAE-made product.”

spent my own money and built my own contacts. I cared very much about getting the book out there; it was something I felt passionate about and I did not want to give up. It is worth it now that I can see it on shelves and on-line. If anyone out there has an idea that they want to make real, I would advise them that if you have a mission, you can achieve it. Seek advice from people who can guide you in the right direction. We tend to ask friends and family for advice and because they love us, they can often say what we want to hear.”

It would appear that all the hard work and determination is starting to pay off for Al Maskari now, as his book is proving to be a hit among the business world and looks set to put the UAE on the publishing map. As Dr Connie van Horne, assistant

professor of business sciences at Zayed University says, “I have never found a book that I would recommend to people wanting to improve their English. The books I used were too technical or out of date or were just not very helpful. I should be using the past perfect... I had never found such a book, but now I have.”



Play your part in pink power challenge

Fundraising fun coincides with breast cancer awareness month at Ignite’s SWIM:RUN event at Atlantis.

CHARITY

October is breast cancer awareness month across the world and Dubai is no different. Events and fundraisers are being announced thick and fast in support of the yearly awareness campaign. One such event happening here in Dubai is the Ignite Fitness and Wellness *Pink is Punk* campaign. Now in its third year, *Pink is Punk* will see the good folk at Ignite hosting a variety of cool events throughout the month to support breast cancer awareness, while at the same time keeping participants active and entertained. It all kicks off with



the SWIM:RUN event at Atlantis, taking place on October 7 from 6:30am until 9pm. Aimed at people of any fitness level, the event is open to individuals or teams who want to do their bit for breast cancer. Participants will take part in an 800 metre swim and 1.6km run, or a 400 metre swim and 1.6km run, before the fastest male,

fastest female and fastest team are crowned in a prize-giving ceremony at Dolphin Bay. For Dh150, participants will receive a *Pink is Punk* T-shirt, registration to the event, racing chip, access to the Aquaventure post event, prizes, as well as the satisfaction of knowing that 100 per cent of the entry fee will be going straight to the Safe and Sound breast cancer charity. You can register for the event in advance by popping along to the Ignite health club, Park Place located on Sheikh Zayed Road in Dubai, or you can also register on the day itself from 6.30am at Atlantis.

BYTES & PIECES



JAMES PIECOWYE
ASSISTANT PROFESSOR,
ZAYED UNIVERSITY

Time to hear the audience

Today's mass media is like the *Titanic*, going down without knowing why until it's too late. The problem is how to remain relevant and to whom? It is no longer enough to sling words and ideas through the broadsheet or TV channels, hoping some of them will stick. Old-school media is wearing blinkers when it comes to discerning who is consuming what today.

When we think of consumers, we like to put them into categories such as Baby Boomers, Gen X-ers and now Millennials. Each group interacts with media in a different way, requiring different strategies, something few seasoned media professionals will admit. We need to pay attention to the Millennials and understand their needs, tastes and behaviour. Research shows that they watch less TV than non-Millennials. How fast can we retool content delivery, given the huge infrastructure TV stations are built upon?

The same research suggests that when they are not watching live TV, they watch shows on their laptops or other portable devices—the 4th screen. Where are our mobile content creators? They also like to research while shopping, bringing the media into a totally different dimension where the consumer is concerned. In fact, one-third of Millennials like brands more if they use social media.

If the media, new or old, is to survive, it has to start listening and programming for a more diverse consumer. Anything less is a remake of *Titanic*—and we know how that ended.

The dangers lurking behind the binary

We rely on modern technology, but what can happen when our computers run amok?

The idea that the human race's technological advancements will one day lead to an all-powerful race of supercomputers bent on our total annihilation has popularised science fiction for decades. Thankfully, though, such stories have been considered just that—fiction. But what if there really was a danger of computers overtaking us on the intelligence scale?

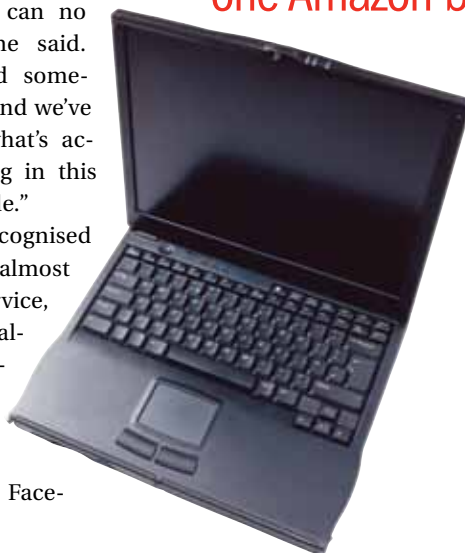
According to digital algorithm expert Kevin Slavin, this has already happened, though not in the way that science fiction has predicted. At the TEDGlobal conference in Edinburgh in July, Slavin explained that complicated algorithms—“maths that computers use to decide stuff”—

have made it possible for systems to influence everything from Google search results to Wall Street Trading. And the worrying part is that even the experts are beginning to lose sight of how these algorithms go about their business.

“We are writing these things that we can no longer read,” he said. “We’ve rendered something illegible. And we’ve lost sense of what’s actually happening in this world we’ve made.”

It is widely recognised that behind almost every web service, there is a set of algorithms guiding users through the process. The friend-finder on Face-

\$23.6 million
The brief cost of one Amazon book.



book, price settings on Amazon and search engine results are all products of complicated algorithms. These systems are made to make our lives easier, and do not require any human interaction to work, but this does not mean that they are without fault.

This was proved earlier in the year, when a book's price on Amazon shot up to astronomical levels as the result of the web site's pricing algorithms, which are supposed to be based on supply and demand statistics. *The Making of a Fly*, a biological textbook, was, at one point, priced at \$1.7 million (Dh6.2 million), and then, due to the increased number of hits on the web page, briefly spiked at \$23.6 million (Dh86.7 million). Amazon was eventually forced to intervene, but Slavin saw it as a taste of what can happen when algorithms can operate

without any humans working behind the numbers.

"This is algorithms in conflict without any adult supervision," he said. "It takes a human to say, 'Okay, 1.7 million is plenty.'"

While this might seem like a relatively harmless side-effect of algorithms running amok, more serious consequences can come from leaving computers to make decisions without human interaction. And, sure enough, one of these consequences surfaced on Wall Street in May, 2010.

According to Slavin, there are more than 2,000 physicists now working on Wall Street, where up to 70 per cent of trading is decided on by complicated algorithms, written by the kinds of people



WALL STREET IS PARTICULARLY SENSITIVE TO ALGORITHMS

"Nobody to this day can even agree on what happened because no-one ordered it."

who would have originally been contracted to detect stealth planes or write defence systems for governments.

A highly sophisticated, auto-

mated system at the hands of human experts might sound like a good idea, but this did not stop a five-minute dip in the markets last May, causing around 10 per cent of the market to fall. Initially, a rogue trader was blamed, but it later came to light that the momentary crash, which saw 75,000 stocks being sold in 20 minutes, was actually the result of an algorithm, which then caused more algorithms to adjust and follow suit, creating chaos across the board.

"Nobody to this day can even agree on what happened, because nobody ordered it," said Slavin. "Nobody had any control over what was happening. All they had was just a monitor in front of them that had the numbers on it, and just a red button

that said 'stop.'" The market recovered moments later after a human intervened, and there are now circuit-breakers on Wall Street that can intervene, should an algorithm misbehave again. However, algorithms still make up most of Wall Street's trading, and this trend is being followed across the world. There are even vast underground cable networks being built for high-speed online access, just so that algorithms can have access to market data microseconds faster than they previously could.

And the fact that algorithms are beginning to influence our decisions and actions in the "real", physical world, suggests that computer systems have more control over our lives than we might think.

Tech beat



CREEPY FACEBOOK

As Facebook rolls out yet more changes in a bid to secure itself as the world's number one social network, many users have been left uneasy at the proposed enhancements CEO Mark Zuckerberg has planned for the near future. The main issue is with a feature named "Timeline", which can create "the story of your life", based on old photos, status updates and online actions, providing users with an online history book about their lives.

NOT USA TODAY

American news network USA Today last week became the latest in a string of victims of hacking group Script Kiddiez, who hacked its Twitter account before asking followers who the next victim should be. One tweet read, "Fox News, Wal-mart, Unilevel, Pfizer, NBC and now USA Today. Who's next?" At the time of writing, USA Today has since regained control of its profile.



MISSING IPHONE

The San Francisco Police Department have asked the owners of the bar at which an Apple employee allegedly mislaid a prototype iPhone for surveillance footage of the night the phone was lost. The request comes as part of an internal police investigation into how the police helped Apple after the loss was reported, due to criticism over heavy-handed methods being employed to retrieve the phone.

GROUPON GOES OFF

Groupon, one of the world's biggest daily deal web sites, looks to be struggling after it emerged last week that the site was slashing its reported revenues in half, according to the *Wall Street Journal*. On top of this, it was reported that the company's second COO of the year, Margo Georgiadis, had quit after only five months on the job. Both pieces of news have since sparked serious concern from investors.



A whole lot of fun and games

The region's biggest video gaming event packed the ice rink at Dubai Mall with gamers.

GAMING

The weekend before last, Dubai Mall's ice rink played host to the fourth edition of the region's biggest video gaming event, Games 11. On board were PlayStation, Xbox 360, Red and Pluto, all of which had plenty of titles to show off for the coming year, much to the delight of the visitors, who were eager for a taste of things to come.

One of the main attractions to the three-day festival could be found at the PlayStation stand, where gamers were invited to try out the brand new *Uncharted 3*, which has been released to huge

acclaim. Not surprising, given that the franchise routinely finds itself at the top of gaming polls across the world.

There were more big sequels on show, with visitors being treated to a special trailer for the upcoming *Gears of War 3*, exclusive footage of *Call of Duty: Modern Warfare 3*, and a peek at a completely Arabised version of *FIFA 12*, which even incorporates Arabic commentary.

But there was more to this gaming festival than simple announcements of new titles. Visitors were able to take to the consoles for a *Streetfighter* and *Tekken* competition, which went



on well after hours and ended with a showdown between gamers from all over the UAE and Kuwait, with the UAE eventually reigning victorious.

There was also plenty of entertainment on show for non-gamers. There was a cage-fighting display in the middle of the ice rink's

octagon, entertaining the crowds with a series of intense bouts, designed to promote the new *Ultimate Fighting Championship* game. And on the Saturday, local rock heroes Juliana Down took to the stage for a special acoustic set, providing the perfect introduction to a costume competition later

on in the evening. The size and scale of the event was what really impressed, though.

The ice rink was packed day and night for the entire weekend, proving that many Dubai residents are, whether they like to admit it or not, wonderfully geeky when it comes to games.

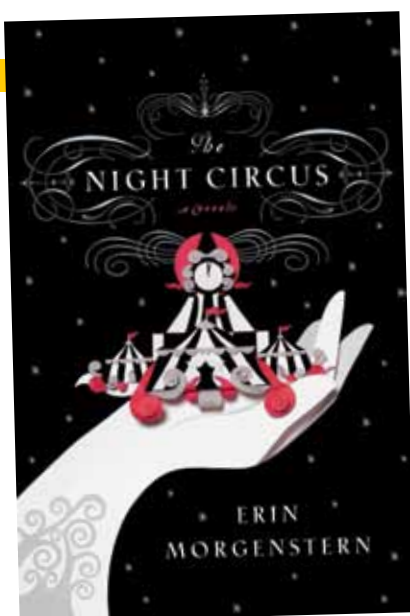
The Night Circus

by Erin Morgenstern

BOOKS

This enchanting debut novel from Erin Morgenstern tells the story of the mysterious *Le Cirque des Rêves*, a magical travelling circus that can mysteriously disappear as fast as it materialises. Focusing on two of the circus' young magicians, Celia and Marco, the protagonists find themselves locked in a fierce battle with each other for reasons they don't fully understand and unbeknownst to them, only one can be left standing after their duel.

Blissfully unaware of their fate, Celia and Marco tumble head-first in love with each other. The game must be played until the end however, and the fate of everyone involved—from the extraordinary circus performers to the audience—hangs in the balance as precariously as the acrobats suspended overhead. Over the course



of the novel, the lives of the two star-crossed magicians become further entwined by love, deceit, heartbreak, happiness and magic.

Morgenstern has created a world that she knows inside out, enabling her to guide the reader with a confident hand through a mystical and intriguing world.

IF YOU LIKE THIS, YOU SHOULD ALSO TRY...

Miss Peregrine's Home for Peculiar Children by Ransom Riggs As a child, Jacob developed a bond with his grandfather over his bizarre tales and photos of levitating girls and invisible boys. Later, he is sent on a journey to the remote island where his grandfather grew up, and finds the children from the photographs alive and well,

Daughter of Smoke and Bone by Laini Taylor Karou is a seventeen-year-old art student from an unusual family. When her father sends her on an errand across the globe, to collect teeth for a shadowy purpose, Karou encounters an angel and begins to unravel the mysteries surrounding her life and her family, with consequences that are both beautiful and dreadful in equal measure.

The Beatles – 1

Capitol Records

★★★★★

ALBUMS

Having been previously released in 2000, *1* is the ultimate collection of The Beatles' number one hits from the US and UK charts. And the album makes for even better listening thanks to this re-release, made up of digitally re-mastered recordings.

These classic tracks took over four years to complete, and were re-engineered at London's Abbey Road Studios, where the Liverpoolian four-piece originally recorded a number of their albums. The care taken with the re-mastering is clear as soon as the first track, *Love Me Do*, is less than halfway through. None of the authenticity of The Beatles' iconic sound has been lost, but on the flip side, the sound quality is among the best that can be heard from any modern pop artist. Even previously thin-sounding songs, such as *Yesterday* or *Eleanor Rigby*, have been infused



with enough warmth to melt even the iciest of hearts. This album is a 'Sixties throwback with none of the 'Sixties drawbacks.

For those not too familiar with The Beatles, this latest iteration of *1* is the perfect starting point, as it provides an entertaining overview of the band's domination of 'Sixties pop music. Of course, for die-hard fans, the number one hits barely scratch the surface of everything the band had to offer, but nonetheless, to hear these tracks with such clarity is an experience that is nothing short of wonderful.

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Turn up, pop in and rock out

As rock fans across Dubai will know, Metal Asylum is your one-stop venue to see established and upcoming bands in the flesh, let your hair down and rock out to good tunes in a great atmosphere. We always try to put on events which are a little different, so it's with that in mind that we are bringing you a Halloween you won't soon forget on October 28, with some of the best metal acts this region has to offer.

Our *Hellish Halloween* night is a yearly event that sees the best of Middle Eastern metal combined with killer prizes for the best costume. The spine chilling headliner this year is Nervecell, an international-standard band that is UAE-grown and definitely soaring upwards, and they will be supported by Destiny in Chains, Anuryzm and the UAE's best known tribute band—who now have a residency at Cheers bar—Rock Spiders.

The night is not just about these awesome bands however. In keeping with the Halloween tradition, we would love to see all you metal heads dressed in your most ghoulish and creepy costumes for the chance to win prizes, including CDs, T-shirts, posters, VIP festival tickets, branded merchandise and much more. For those that are unable to make it to our *Hellish Halloween* event, there is no need to be afraid (get it?) as we have many more exciting gigs coming up in the near future which can all be found on our website and Facebook page. In the meantime, you can always fill your ears with as much rock and metal as possible by tuning into Radio Metality UAE online at dyb.fm/metalityuae

Chants of Paradise

One of the world's most awe-inspiring rug collections is on display in Dubai.

Dubai's art scene gets more avant-garde by the day, which can make us forget that the region is also home to many more traditional art forms. Significant among these is the historic craft of carpet weaving, which is now the focus of a new exhibition at DIFC by The Farjam Collection of rare Safavid era carpets from the sixteenth and seventeenth centuries.

"Dubai is on the cutting edge of contemporary art, which is why it is so exciting to have an exhibition like Chants From Paradise that looks back into the past and gives people the chance to experience historic forms of Islamic art," says Lee Ann Biddle, collection and exhibition coordinator for The Farjam Collection.

It's a rare opportunity. "There hasn't been another exhibition in the Middle East like this before, partly because so few of these carpets remain," Biddle explains. Today, there are only around 2,000 Safavid-era carpets throughout the world and just a handful of these are in the Middle East.

Other exhibitions have featured just two or three Safavid era carpets, while Chants From Paradise has 13 on display.

"The Safavid dynasty cultivated carpet weaving and put their most prominent painters of the time in charge of designing these carpets. When they saw the astounding results of their work they decided to commodify the practise and began trading them around the world.



"The remaining pieces have been found in private homes and palaces as far afield as Malaysia and Holland," says Biddle, explaining why so few remain in their native land.

"There is no doubt, however, that these pieces are of Arabian origin. The patterns woven into the carpets are innately Arabesque, while many designs also focus on the gardens of Persia.

This is certainly the case with the Chants From Paradise exhibition, which is so-called because of the references to Persian gardens and heavenly paradise found in

the carpets on display. "The name, Chants From Paradise represents the carpets themselves and our invitation to viewers to come and experience these pieces, which are among the most illustrious and refined in the history of carpet weaving," says Biddle.

Each carpet in the exhibition is the culmination of many years' work, though because of their antiquity it is impossible to say how many craftsmen contributed to the creation of each.

According to a local carpet weaver, who uses the same methods and dyes employed by Safavid craftsmen, a seven-and-a-half metre carpet would take at least two years to complete while one displayed in the exhibition is said to have taken around nine-and-a-half years.

WHERE TO BUY PERSIAN RUGS AROUND DUBAI

- Mehreen Carpets & Novelties, Al Diyafah Street
- National Iranian Carpets, Downtown Dubai
- Pride of Kashmir, Deira City Centre
- Sheba Iranian Carpets, Blue Souq, Sharjah

The reason for this is apparent when you stand before these unique pieces and see just how intricate and beautifully-wrought the patterns are.

According to Biddle, "It is the execution and beauty of form as shown by these carpets that provides the focus of this exhibit. Carpets really play a fundamental role in this region and represent one of the region's oldest artisan trades, and these pieces offer people a glimpse into the rich past and present of art and culture in the Middle East as a whole."



Dancing Around the World

Ductac is set to stage a one-off show that encapsulates a range of the world's most emotive dances.

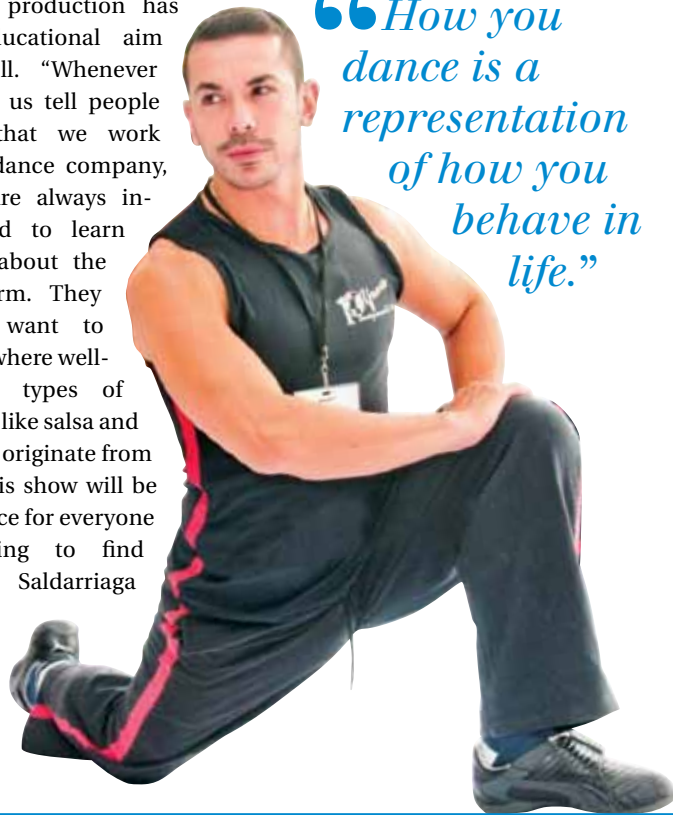
DANCE

With a society comprised of so many different cultures and traditions, it can be hard to stage a show that appeals to everyone in Dubai. One dance company, however, has prepared a performance that reaches out to everyone by displaying a range of traditional dances from around the world.

"The idea is for people to get the chance to see a little bit of everything, from the Spanish flamenco and Argentine tango to traditional Korean and Hawian dance," says Carolina Saldarriaga from BNF Dance and Entertainment Company. The group, comprised almost entirely of Columbian dancers, will perform Dancing Around the World just once, on October 8 at Ductac theatre.

The production has an educational aim as well. "Whenever any of us tell people here that we work for a dance company, they are always interested to learn more about the art form. They often want to know where well-known types of dance, like salsa and samba originate from and this show will be a chance for everyone attending to find out," Saldarriaga says.

"How you dance is a representation of how you behave in life."



There is more to dance than simply entertainment, she explains. "Dance is a way of expressing yourself and how you dance is often a representation of how you behave in everyday life. By showing people in Dubai the traditional dances of countries around the world we will provide them with an insight into the country's character as a whole."

vide them with an insight into the country's character as a whole."

The show will last just one hour but during that time the company will perform an eclectic mix of routines, including belly dance, flamenco, tango, jazz and samba from Africa, Europe, Latin America and the Middle East.

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Vox pop

Have you ever tried a fad diet?

Sara Srodka
Student, Visiting



I once tried a diet which involved replacing meals with special shakes.

It wasn't really much good though. I think people are much better off eating healthily and playing sport.

Catherine Fernando
Housekeeper, Discovery Gardens



I used to have a rule where I didn't eat after 6pm. It worked quite well for me

personally as a way to control my weight, but I don't do it all the time, just every now and then.

Stefan Kirsten
Insurance executive, Visiting



I've never tried a fad diet. If I need to control my weight I eat healthy food, exercise and drink protein shakes.

Diets are OK in the short term, but I don't think they are very good as a long-term option.

Cleo Yap
Sales coordinator, Deira



I tried a diet once which a work colleague recommended. It was for one week

and involved eating only fruit on the first day, vegetables on the second day, then mixing the two for the rest of the week.

Best foot forward

Dubai's climate can be harsh on the feet. So how can you keep them in tip-top condition?

At some point while living in Dubai, we have probably all been stood on an escalator with an uninterrupted view of the person in front's feet, quietly going about their daily business in a pair of open sandals, busily transporting their owner from place to place. Nothing wrong with that, however more often than not, the person in front is sporting cracks in their heels to rival the Grand Canyon and enough corns to feed a barn full of chickens. If Dubai's feet could speak they would probably not be very happy with their current situation. Michelle Champlin, chief podiatrist at Dubai Podiatry Centre, says,

"Common problems that we treat include flat-feet, bunions, verrucas, heel pain, ingrown toenails, tendonitis, fungal nail and skin infections, corns and callus, fallen arches and shin splints, heel pain, ankle problems as well as highly specialised diabetic foot assessments. Our dedicated purpose is to provide swift, expert and specialist health care for the leg, foot, ankle and knee."

The sad truth is that the feet can often be ignored. A quick survey around the *Read* office revealed that when showering, many of us will assume that our feet are being cleaned simply by being in water. As the basis of healthy feet stems from good

"Flip-flops can worsen over-pronation, or 'rolling in' of the ankle joints and offer no foot support."

hygiene, perhaps this could explain the root of many problems. Champlin says, "Keeping your feet smelling fresh and staying cool during summer can be quite a task, especially in Dubai. The key to perfect-smelling feet is to act fast. Keeping hard skin (callus) away is essential. As summer kicks in, the soaring temperature increases the amount of bacteria on our feet especially. The added extra sweat feeds the bacteria causing bad odours, so keeping dead skin away will prevent this. Make an appointment for a medical pedicure to have it all removed by your podiatrist. Moisturise using a cooling foot gel containing mint and tea tree oil to





A MEDICAL PEDICURE CAN WORK WONDERS

fight heat, bacteria and fungus during hot months. Cleanliness should always be top priority regardless of climate. Poor foot hygiene can encourage fungal and bacterial infections to thrive, just as poor toenail trimming can cause ingrown toenails.”

And it is not just skin problems on the feet that a hot climate can encourage. Many of Dubai’s residents wear open sandals or flip-flops on a daily basis, which



DIY HOME PEDICURE

Soak: Add your favourite scented oil to a bowl of warm water and soak your feet for 10 minutes.

Buff: Dry your feet then rub with a pumice stone. Don’t scrub too hard and never rub the top of your foot.

Exfoliate: Remove dry skin with a homemade mixture of olive oil and salt. Rub gently for three minutes then rinse.

Trim: Cut the nails then file to your length of choice. Don’t go too short, and never cut the corners of the nail, aim for a square shape.

Moisturise: Massage with a rich moisturising cream, then put your (now happy) feet up and relax.

are often attributed as a contributing factor towards particular foot issues. Champlin explains “Flip-flops can worsen over-pronation, or ‘rolling in’ of the ankle joints and offer no foot support. We would encourage flip-flops to be worn only for specific short trips—to the pool or beach for example—and not for everyday use or walking around the mall.”

Dubai’s fashionistas could benefit from Champlin’s advice when it comes to squeezing into the latest pair of must-have Jimmy Choos. She says “Excessive use of footwear such as high heeled

“Cleanliness should always be a top priority regardless of climate.”

shoes causes weight to be pushed forward onto the forefoot, which can cause a range of problems from corns and callus formation to biomechanical issues such as hallux valgus [bunions, in laymen’s terms].

“Footwear that is too narrow in the forefoot can also cause friction to the toes, causing corns or blisters. Choose appropriate footwear for the activity, and should you be concerned about any biomechanical anomalies, contact a licenced podiatrist for an assessment, footwear advice and, if required, custom orthotic therapy.”

So, while many of you out there may be panicking that your poorly treated peds are beyond repair, this is thankfully not the case.

Whether it’s a toenail that seems to have made its mind up to grow inwards or a verruca to rival mount Vesuvius, a qualified podiatrist can usually deal with even the most stubborn foot foes, so how about showing your tootsies a little TLC for once?

ASK THE EXPERT



XIMENA GUINGUIS
PSYCHODYNAMIC COUNSELLOR
HERBAL & TREATMENT CENTRE

What is the circle of life?

Among the undisputed universal laws is the one related to the life cycle. The latter, common to all living beings, is simply reflected by the fact that they are born (genetically or spontaneously), develop or evolve, look for a partner, procreate, grow old (or mature) and eventually die. In particular, human beings have

the capability to choose and create their own path in life or, put somewhat differently, make conscious decisions about the way they want to go about this journey. Although the life cycle is predetermined, humans have a choice about the exact path they follow through life.

The so-called traditional way is for married couples to have one or more children, but there are still recurrent questions relative to the causes and effects of child-

lessness, bearing in mind that, when a couple has the opportunity to choose, there is no such thing as a good or bad decision. It is just a reflection of life preferences.

Population projections suggest that although one in five women are now of an age whereby they can conceive, a number of them may never decide to have children. While the latter is partly attributable to infertility problems, it is also clear that there

are women and men who have decided to give childbearing a low priority, or view life without children as an attractive option these days.

However, this can certainly change and one partner may eventually want to become a parent. Ultimately, if there is a healthy and strong foundation in the relationship, the couple should be able to confront and master the inevitable crisis that this situation may trigger.



FIT TO Shop

Shop till you drop a size by taking advantage of Dubai's miles of malls as a way to boost your fitness.

Anyone who has been in Dubai for more than two weeks will know that the emirate is home to an almost obscene number of shopping malls. Add to this the fact that Dubai also plays host to what claims to be the largest shopping mall in the world, Dubai Mall, and it becomes obvious that we have plenty of indoor floor space to play with.

But how can this be used to stay fit? Clearly, it is hardly acceptable to ride a bike around the polished marble floors of Dubai's malls. But one thing can be, and is, done all the time: walking.

Sure, the main function of a mall is to provide shoppers with as many outlets as can be fitted under one roof, but this means it can be quite an effort to get to them all. For example, the Dubai Mall has a total floor space of more than half a million square metres—larger than 25 football

itches—and even offers a taxi service around the mall for any customers who do not feel up to the task of walking the full length of the shopping centre. Clearly, then, something has to be said for the amount of energy that can be expended by simply browsing the malls of Dubai.

“You can lose weight with any form of exercise, as long as you exercise away more calories than you take in,” says health blogger Sara Donovan. “Walking in a mall allows you to walk any time day or night (as long as it's open) without having to worry about safety issues or climate.”

Those last points are particularly relevant to residents of Dubai, where, for a substantial part of the year, the weather becomes too hot to comfortably walk outside, and where, in some areas, safe pedestrian walkways are hard to find. Given the amount of inside space we have at our disposal, then, it makes sense to use it to burn off any unwanted weight.

30 minutes

Amount of exercise needed every day by adults.

But how much walking does it take to start seeing health benefits?

“Everyone should be exercising aerobically six or seven days of the week. All of us need 30 minutes or more of exercise a day,” says Donovan. “I look at this as the baseline that we all need to have. If you want to make a great change in your fitness and health (to lose weight, for example), then you need to work out



FACTS ON FOOT

- Regular walking has been proven to reduce the risks of heart disease, diabetes and high blood pressure.
- A brisk walk can burn up to 80 per cent of the calories that would be burnt during a run over the same distance.
- Walking for more than 1.5 hours per week has been proven to increase cognitive capabilities, and can help to alleviate the symptoms of depression.
- Investing in good shoes is a major advantage when walking, as it will reduce the risk of muscle and bone stress, as well as help prevent blisters.



times a week to conquer the corridors of Mall of the Emirates, providing an outlet for those looking to up the ante with their walking regimes.

"This isn't a simple gesture, or an excuse to go window shopping," says Deborah Dixon, Mall Walkers programme trainer. "We do work our participants quite hard, and we give them professional advice and training for walking or even race walking."

Mall Walkers is a community initiative that was set up between Mall of the Emirates and fitness company Stride for Life, which specialises in motivating people to commit to regular exercise, in 2006.

The mall was looking for a community project that could benefit its visitors' fitness, and Stride for Life was only too happy to take up the challenge.

"It really has become a community initiative since it began six or so years ago," says Dixon.

"There have been around 1,000 people that have completed the programme, and we get around 30 to 40 regulars every week, meaning that we've created a real mall-walking community."

This community meets up every weekday at 8:30am, when most of the shops are closed, and embarks upon several laps of the shopping mall. Every person who attends is at a slightly different level of fitness, meaning that some will complete one lap of the mall, while others opt for three or more circuits. And because the exercise is done every day, real fitness benefits can emerge from the programme.

"We've seen plenty of success stories," says Dixon. "We've had people turning up wanting to lose

weight, and they've ended up losing a lot of weight. We also have, say, pregnant mothers, who are looking to stay fit without exerting themselves too much. And then, after they've had the baby, they'll keep coming with their baby strollers. It's all taken seriously, and everyone's there to get fit."

The serious side of mall walking is clear to see when Dixon explains that, though the programme is free to attend, walkers must register with her first, to ensure there are no health risks that could arise from participation. And anyone looking to register will, in all likelihood, be answered with a text that says, "Mall Walkers meet 5xwk, Sun-Thurs @ 8.20am, cust serv desk ground flr opp Nike store. No fee but must register & proper run/walk shoes required. Enjoy!"



FITNESS FOR REAL



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Never too busy to exercise

I have developed a programme called Fit on the move, which is ideal for those who are too busy to go to a gym regularly.

This programme is ideal for travellers, businesspeople and those wishing to work from home as it uses the functions of the body and no equipment. Therefore it can be carried out whenever and wherever you have the time to exercise. You can choose to split the workout into two sections—one in the morning the other in the evening, for example—and the basics of the programme are as follows.

Every morning you should aim to pick three upper body, three lower body and three abs exercises, such as offset press ups, toe touches, lunges, squats and V-sits. You should complete three sets of 10, 20, or 30 reps of each exercise. In the evening you should pick three other exercises for each body part and complete the same reps as in the morning session.

When you begin to feel your performance improving and your strength and conditioning enhancing you can then up the amount of exercises, reps or sets of exercises each morning and evening. You can use the bed, chair, or stool in your hotel room, for example, to make the exercises a little more difficult where necessary.

The Fit on the move programme is most effective when followed three times per week for four weeks, and you will see improvement in your exercise performance and body tone. Weight loss will be accelerated if you conduct 30-60 minutes of cardiovascular exercise as well as this program and follow a healthy diet.

FASHION
OPINION

HISHAM WYNE
COMMENTATOR
@HISHAMWYNE

Watching people watching you

The Metro has been a boon for ferrying masses of people from one end of the city to the other. Destinations along the Sheikh Zayed Road, once a nightmare of tight parking and competitive honking, have become convenient to the point that one can pull on a pair of pyjamas, stick a Nol card into the waistband, and head off.

There's other value to the Metro: it offers a slice of fashion trends as it passes through Dubai. You realise how the fashionscape inside the compartments changes as you head away from the centre of the city to the newer southbound developments. Emblems on shirts get larger, and collars get more popped.

There are always a few regulars on any given journey. For instance, the gentleman in the polo shirt and the wrap around Oakley shades. You can't ever meet his eye, and so spend the entire time wondering whether he's looking to see if you're looking to see if he's looking at you.

There's usually the smartly dressed corporate man or woman, sometimes with a Kindle as an accessory. London's tube might merit books, but Dubai likes its gadgetry. Why carry around dead trees when a thin plastic sleeve holds thousands of novels and autobiographies?

Tourists are always easily identifiable in their shorts and loose t-shirts. They're dressed not to impress, but to combat the heat. Then there's always at least one quirky passenger with an awesome head of cornrows or bracelets galore. People embark, people get off, and the fashion scene changes by the minute.



DOLCE & GABBANA

Going for gold

Add some bling to your autumn wardrobe.

Her

METALLICA

Girls everywhere will be hoping for the Midas touch this season, and that's not only because of the high price of the metal. From pale champagnes to zingy brocade, gold is a colour that is in high demand, and a must for adding a little pizzazz to your winter wardrobe.

A recurring trend since Cleopatra, it is perfect for a night out on the town. Glittering and sequined, or muted and beaded, this metallic hue can look great no matter how it's worn.

Dolce and Gabbana combined heavy sequins with starry motifs for the ultimate party dress, while Calvin Klein opted for a more modest look, keeping things minimal with a chic, structured champagne number. Topshop has a couple of tops that are a little bit different to your standard embellished or sequined ensemble, with a liquid metal finish that is captivating.

With its associations with wealth, prosperity and glamour, gold really is best saved for more dressy occasions. But, if you just can't wait for an invite to a party, why not pair gold with some denim for a more casual, hip look.

Black and gold are the peanut butter and jelly of the colour wheel, and a failsafe way to wear the trend. But the right shade of gold can look great paired up with greys, mossy greens, rusty reds or off whites. White and gold has a positively Grecian feel to it, and looks great with bronzed make-up and plaited hair. Just be sure to stay away from paring gold with anything too bright, as it is a vibrant enough shade on its own and we don't think it could handle the competition!

While a financial adviser may suggest differently, do invest in gold this season! It is a trend that will continually pop up and makes a solid investment to anybody's autumn wardrobe.

Him

Gold is not a colour that is trending for men this winter. Perhaps it was Justin Bieber's luminous gold chinos that put everyone off. Either way, there is a yellow-hued alternative.

While its name is more synonymous with hot dogs and wads of cash, mustard yellow is by no means any less cool. In fact, it's kind of like gold's cooler, edgier and older big brother. A manly, dirtied-up yellow that manages to turn heads without blinding the girls looking at you. Attention grabbing without being attention seeking, it looks great in both casual or formal wear.

A broad range of designers including Philip Lim, Lanvin, Bottega Veneta and Paul Smith have all sported the colour, most notably in the form of outerwear. It works best as an accent rather than a head-to-toe look, much like the mustard to your hot dog. A pair of chinos are an easy way to buy onto the trend, with an abundant supply available on the high street, as they have acted as a popular alternative to the jeans this year.

So, unless you want to be associated with the Beibs or sparkle like Edward Cullen, perhaps mustard is the right way to go yellow this season.



CALVIN KLEIN



BALMAIN



BURBERRY



Scaling the heights

Ross Guinane joins a team of MBA students in a series of rigorous team-building exercises.

There are times when morale drops and the office becomes a place of dread. Your morning begins with a sense of indifference as you trundle your way to work with a coffee in hand with just enough energy to offer early-morning pleasantries to your colleagues. That's when it is time to call in Abami Consultancy.

As part of their MBA course, Hult University in Academic City send its students to Jebel Ali International Shooting Club and Centre of Excellence for an intense day of team building under Abami's highly skilled instructors.

Not that the *Read.* office is in need of any pep, I had always wondered what team building exercises involved. So I managed to find myself among the part-time MBA students tackling obstacles and taking quizzes with the guid-

ance of retired Royal Engineer major, and lecturer at Hult University, Chris Kinsville-Heyne.

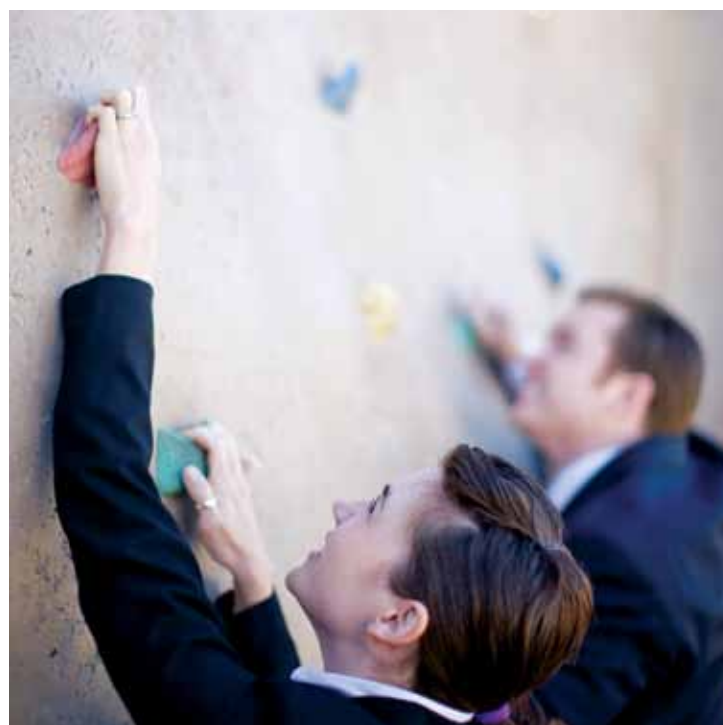
A harness, a helmet, and a goal to reach, my team—who eventually decided on the name “Titans” upon realisation that “Team One” just wasn't catchy enough—headed to the pole climb and leap of faith. It sounded ominous, and as we started to make our ascent to the top of the 12-metre high pole, we realised it was deserving of its ominous tone.

Given 40 minutes to have our 20 team members scale the pole, two at a time, before leaping from the tiny platform seemed like a long time. But following a team talk and instructions from Gus, our Abami instructor, we were left with about 30 minutes to complete the task. Another ten minutes passed when one team member's morbid fear of heights—a realisation that dawned on her as she approached the top of the pole—came to the fore. The

result: we failed. Kinsville-Heyne, grading the team as a whole, said, “The most important thing is that you listen to, and obey, all instruc-

tion. Doing something wrong over and over will not suddenly become right. All it will do is make you better at doing something wrong. If

“The most important thing is that you listen to, and obey, all instruction.”



you encounter a problem, or if things aren't working out, then you need to reassess the way you're approaching the obstacle.”

Through our failures, however, the team pulled together and began working as one in order to complete the wall climb. Command of the unit changed hands as the weak were separated from the strong in an effort to have the fastest climbers scale the wall first. They could then help and guide



the slower climbers to the top.

Another 40 minutes were quick to pass as climbing instructor Ryan established that “there is no right or wrong in leadership, only different styles and each style has its time and place.” We did get much closer to completing this task, racing up the wall, again two at a time, to the sound of cheers before re-joining the pack shouting encouragement for the next in line. Once again, we failed to complete the task in the allotted time.

What followed was a reminder to the participants that they are in fact part of an MBA course and that this activity was not just a fun day out. A pop quiz on coursework covered by Kinsville-Heyne in class brought the team back to reality.

Our last chance to redeem our-



selves came when Ahmed on the crazy ropes began barking out orders and points scored. We were to be the last team on this obstacle so were given the other teams’ scores as motivation to drive us forward. Once more command of our unit had been redistributed. A slow start, but a powerful finish saw the Titans claim the most points of the afternoon scored on the crazy ropes.

It was a day of many failures, but it culminated in triumph. Teams of acquaintances were moulded into functioning leaders and friends. We were sent on our way with the belief that good leadership is not something that we are born with, but something that we grow and develop into.

Linguistic humour and days of the week

Olivia Cuthbert returns to academia in the latest installment of teaching the Read. team Arabic.

LANGUAGE

Who knew verb conjugation could actually be fun? Despite positive assurances from Ross, who kept my seat warm at the ALC while I was away, I was pleasantly surprised to find that learning Arabic can be a real laugh.

The humour this week, and no doubt for weeks to come until we master our verb and noun endings, came from conjugation. On more than one occasion members of the class, myself included, changed our gender when trying to construct a sentence. I managed to accuse one man of being a woman when asking him whether she wanted coffee (biddik qahwa, when it should have been

biddak qahwa). The high point however, came when one student accidentally told the teacher that he loved her, ahibbak, when trying to express his liking for something else—all okay in the class room but it could be embarrassing when using Arabic in public. Although, according to one anecdote Amina, the teacher, told us today, we’ll need to master the accent before anyone even realises we’re trying to speak Arabic.

One student, Amina told us, had tried to impress a local guard outside a government office by wishing him good morning in Arabic. She said the correct words, SabaaH il-khayr, but rather than receiving the standard response, SabaaH in-nuwr, he simply said,



“Sorry, I don’t speak English.” I’m busy trying to get my head around the vocab and the grammar at the moment; a good Arabic accent will hopefully come with time.

I’m going to have to study hard to catch up on the classes I have missed but was pleased to discover that learning the numbers means you almost know the days of the week too. Day in Arabic is yom and the second day of the week, Monday, yom il ithnayn, is the same as the number two in arabic, ithnayn, while Tuesday is yom it thalathaa, and thalathaa is number three.

So far so good. I hope the rest is as easy but somehow I’m not sure it will be.



The best of Barcelona

In the back streets of the Catalan capital, it is clear that there is more to Barcelona than meets the eye.

It's easy to get lost in the narrow streets around Barcelona's historic Gothic quarter. As a tourist, however, this is the ideal way to get acquainted with the Catalan capital, much of which is best explored without the aid of a map.

For many first-time visitors to Barcelona, the first port of call is the colourful Las Ramblas, one of the most famous streets in Spain. Market stalls, artists and costumed street performers vie for the attention of ambling tourists while restaurants tempt them with a hearty lunch of tapas and paella on the tree-lined avenue.

The lively street is a must-see for any newcomer to the city but the best of Barcelona lies in the narrow side roads that

lead off the main thoroughfare. To the left, as you head down Las Ramblas towards the seaside, lies the maze of streets, squares and winding passage-ways that make up the Gothic quarter.

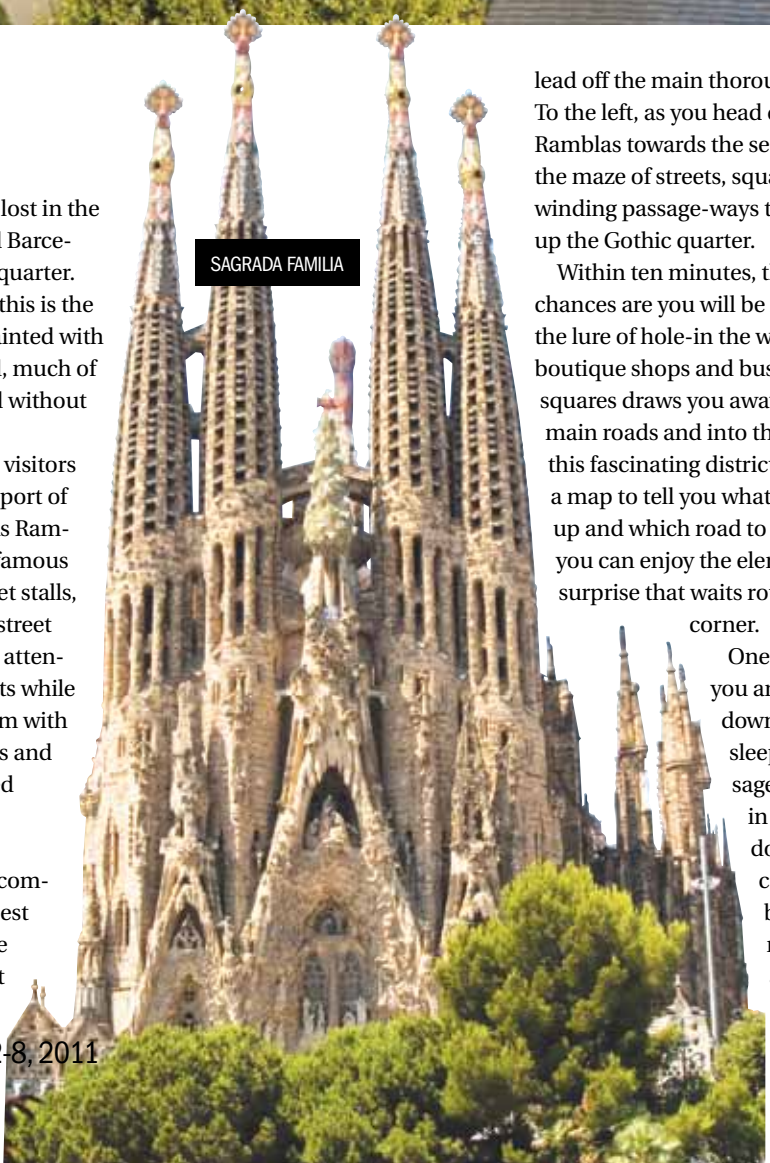
Within ten minutes, the chances are you will be lost as the lure of hole-in the wall cafés, boutique shops and bustling squares draws you away from the main roads and into the heart of this fascinating district. Without a map to tell you what's coming up and which road to take, you can enjoy the element of surprise that waits round every corner.

One minute you are strolling down a dark, sleepy passage, peering in the windows of tiny, cave-like bars, the next you are gazing

“The best of Barcelona lies in the narrow side roads.”

up in awe at the ancient spires of a medieval cathedral or blinking in the light as the street opens onto a wide square lined with restaurants and shops.

To the right of Las Ramblas is the equally interesting, though somewhat less polished El Raval. One of Barcelona's poorer neighbourhoods, this area is considered more downmarket than the majestic quarter on the other side



SAGRADA FAMILIA





LA PEDRERA



Catalonian cuisine for the connoisseur

Barcelona boasts some of the best food in Spain, but to taste it you need to venture off the tourist trail and dive into the back streets where the locals enjoy real tapas and Paella. The beachfront cafés around La Barceloneta or the outdoor restaurants on Las Ramblas tend to serve up mid-standard tourist fare but hole-in-the wall eateries in the heart of the Gothic quarter and El Raval promise a culinary experience to remember.

of Las Ramblas but it is just as colourful and well worth exploring with some excellent dining spots for those who want a true taste of Catalanian cuisine.

If you manage to get to the bottom of Las Ramblas without succumbing to the lure of the lanes leading off the sides, then you will find yourself standing before the landmark Colon Monument, dedicated to the explorer, Christopher Columbus. The summit affords excellent views of many of the city's most famous sights.

For a more panoramic view of the city, many tourists head to the Sagrada Familia, the breathtaking Gaudi cathedral that was begun



COLUMBUS STATUE

in 1882 and is still being built. Although mired in scaffolding, the impossibly intricate and mystical design of this colossal structure is still one of the most awe-inspiring sites in the city, complete with bowls of fruit on the spires and animal carvings peering out from stone walls that appear to be melting in the heat.

There are many extraordinary buildings dotted around Barcelona designed by Gaudi, the famous Catalan architect, but the Sagrada Familia, although never completed in his lifetime and still a long way from being finished, is his magnum opus and unmissable for any visitor to the city. You can't mistake his work; his mystical, fairytale-like designs appear all over the city, looming out of squares or squashed between apartment blocks where you least expect them.

Gaudi's eye-widening presence on the streets of Barcelona is yet another characteristic of a city that never fails to surprise.

Deep sea fishing in the Gulf

LOCAL TRAVEL

When the alarm goes off at 5am on your weekend, you really begin to question your extracurricular activities. But, with time off from work being limited, getting the most out of the hours away from the office makes it easier to rise before the sun does.

A 6am sailing from Dubai Marina to the deep waters of the Arabian Gulf gives your body the opportunity to wake up before strapping yourself into the chair on the back of the boat and grabbing hold of the enormous fishing rod placed between your knees.

There is an undeniable primal pride attributed to pulling your dinner fresh from the ocean and cooking it up on the "barbie", and that's exactly what you get to do if you take a four-hour deep sea



BARRACUDA ARE COMMON CATCHES

fishing trip with Ultimate Charter. Experience and learn how professional sports fisherman reel in and tackle large game fish. You will be given everything you need to reel in the big fish including live-bait wells, a fish finder, down riggers and out riggers. There are plenty more fish in the sea and the species known to be caught in Dubai's



local waters are hammour, queen fish, king fish, trevalli, tuna and barracuda.

So take the family and spend the morning fishing before firing up the grill and barbecuing your fresh, tasty catch. Or just gather your friends and put on your swimsuits, play your favorite tunes as some concentrate on catching a big one while the others lounge around on the sundeck.

Hop on the luxurious charter and sail away to some of the best fishing spots in the Arabian coastal waters. Accommodating up to nine people, the deluxe one-bedroom boat is the perfect escape vessel for a fishing getaway. Ultimate Charter operates seven days a week and bookings must be made two days in advance. Don't forget to bring your passport copies to present to the Captain before sailing away.

Vox pop

Which natural wonder do you most want to see?

Soumya Shukla

Student, Abu Hail



I would like to go to Mount Everest most out of all the natural

wonders of the world. I would like to have a go at climbing it, but I am also into natural beauty and think it would be an inspiring place.

Abdul Jaleel

Video editor, Karama



Out of all the natural wonders of the world, I would most like to go to the

Great Barrier Reef. I have never been to Australia, so it would be amazing to go snorkeling and see all the fish.

Akash Seam

Student, Sharjah



I would like to visit Easter Island. It might not be one of the natural

wonders of the world but it definitely appeals to me as I am interested in weird, mysterious things like all the statues that are on the island.

Sunil Salim

Logistics, Deira

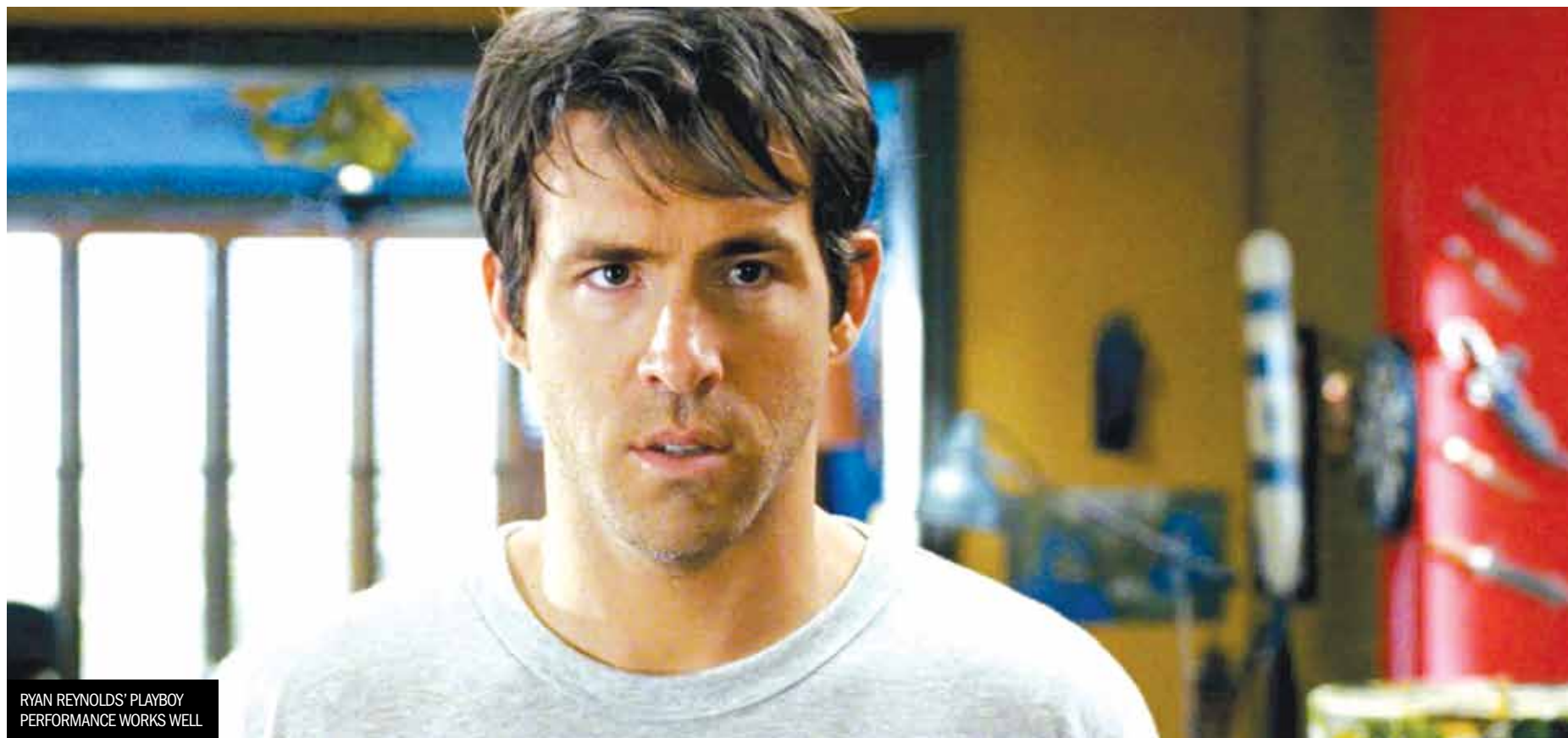


If I could see any wonders of the world, I would like to visit

Victoria falls or maybe Niagara falls. I find waterfalls quite exciting, plus I have never visited the United States or Africa, so that would be nice.

The Change up

Despite adding a bromantic twist to the standard body-swap genre, this film offers viewers nothing new.



RYAN REYNOLDS' PLAYBOY PERFORMANCE WORKS WELL

NEW RELEASE

Brought to you by the writing duo Jon Lucas and Scott Moore, the bromance responsible for *The Hangover*, and David Dobkin, the director of *Wedding Crashers*, this is bromantic comedy's answer to the body swap storyline, which has previously been the stomping ground of teen flicks, such as *Freaky Friday*, *It's a Boy/Girl Thing* and *17 Again*.

And within the first couple of minutes, *The Change Up* lets you know just what kind of company you will be keeping for the next hundred-or-so minutes, with a lovely projectile poop-in-face incident, while daddy tries to change a nappy. Yes, expect lots of crude toilet humour.

Dave Lockwood (Jason Bateman) and Mitch Panko (Ryan Reynolds) have been best friends since the third grade, but over the years the two have drifted apart and could not be leading more different lives. As with every body-swap movie, the two characters are complete opposites; Dave is a

Jason Bateman
Rising to fame in the sitcom *Arrested Development*, Bateman has since starred in films such as *The Kingdom*, *Up in the Air*, *Hancock* and *Horrible Bosses*.



frustrated, every-dad, with an attractive wife (Leslie Mann) and is just about to make partner at his law firm. While Mitch is a care-free, attractive bachelor, who despite his naive attitude, casual sexism and failing acting career, has an endless supply of women falling at his feet.

One drunken evening, the two friends drunkenly declare their desire to live each others lives, as they urinate side-by-side into a fountain. Lightning strikes, the city blacks out and the statue knowingly smirks. The next morning they discover that their idle wish has come true, with a stand-

ard glance into the mirror followed by a scream. Unfortunately, the fountain has been removed and the two are forced to live each other lives until it is restored in a new location.

Needless to say, they both struggle to adapt to each other's shoes. Mitch is almost criminally



LESLIE MANN PLAYS BATEMAN'S ATTRACTIVE WIFE

neglectful of Dave's children and advises his eldest daughter to hit back at the bullies, declaring that "violence is good". But the big question is: Will Dave succumb to the advances of attractive woman, such as his law associate Sabrina (Olivia Wilde). And will Mitch have his way with Dave's attractive wife? Is that considered cheating?

Hollywood hunk Reynolds makes a great choice as the immature playboy, and despite their glaringly obvious age difference, Bateman and Reynolds do have good chemistry. The two could have made a little bit more of an effort to study and enforce each other's body language to make the transformation that little bit

more believable and humorous. Ultimately, *The Change Up* is enjoyable if you appreciate this type of humour. But it has been taken just that one level above *The Hangover* or *Bridesmaids* on the silly scale, and doesn't quite match up to the tear-jerking hilarity of the two. What's more, the already stale body-swap genre hasn't been explored with any originality, despite its newly bromance'd up storyline. The lessons learnt are ultimately the same as in previous films and read somewhat like a childhood nursery rhyme infused with tired morals; the grass is always greener, be careful of what you wish for, blah, blah, blah.



OLIVIA WILDE PLAYS THE STEAMY LAW ASSOCIATE



REYNOLDS' CHARACTER TRANSFORMS INTO A BAD DAD

DID YOU KNOW?

- Leslie Mann, who plays Bateman's onscreen wife, also played Matthew Perry's wife in another body-swap movie, *17 Again*.
- Ryan Reynolds was named Dubai's unofficial most-loved Hollywood leading man over the summer.
- Jason Bateman is a real-life father, while Ryan Reynolds is a real-life bachelor.
- Jason Bateman is married to Amanda Anka, daughter of singer Paul Anka, who is a close friend of Ryan Reynolds.

SILVER SCREEN



MATHEW HAMILTON GREEN
FILMMAKER

It's all about the passion

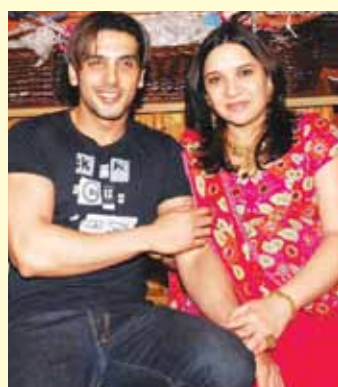
Making the decision to get into film is one that can often be met with disapproving looks and comments such as, "Going to be the next Spielberg are you?" However, one of the most important things I have found is that as long as you can keep the magic alive and remember that initial moment when you thought film was what you wanted from life, there is no reason why you shouldn't pursue your goals. For me, it was *Forrest Gump* that did it and I'm not afraid to admit that. How someone could write a story like that captivated my imagination. And I think that is one of the most important parts of filmmaking—the story. I personally decided that I would return to education to study screen writing, a decision which I have never regretted. The best thing about it was walking into my first class, which I had assumed would be full of teenagers, but instead finding like-minded people who had come from all sorts of careers and who all shared a love of a good story. I was 26 years old and felt as though a new world had been opened to me. The tutors helped to polish my (very rough) skills into something new and shiny, enabling me to head out into the filmmaking world to start shooting and directing my own material. I guess what I am trying to say is that film is one industry where age should be no barrier. If the spark is there for you, then grab it and run with it, maybe you could be the next Spielberg—that would show them!

Check out Mathew's web site at www.hamiltongreenfilms.com

Bollywood news

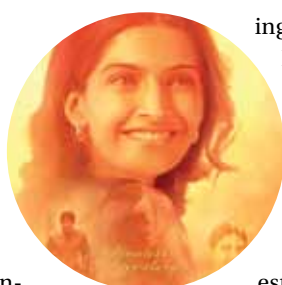
ZAYED KHAN

Just days before the release of his debut production *Love Breakups Zindagi*, Zayed Khan became a father for the second time, as his wife Malaika gave birth in Mumbai last week. The couple, who already have a three-year-old son named Zidaan, have named the newborn Aariz.



MAUSAM

Pankaj Kapoor's directorial debut *Mausam*, starring his son Shahid Kapoor and actress Sonam Kapoor, has achieved a successful opening weekend, earning



approximately Rs.9 crore on the first day. Made at a budget of Rs.35 crore, *Mausam* is a love story in which a couple overcome a forced estrangement.



MAHIE GILL

Mahie Gill is looking for an image makeover, it has been revealed. The actress is tired of playing intense roles and would like to make more light-hearted Masala movies or comedies. "I want to explore myself. In this profession, you get to play so many roles," said Gill. She will next be seen in Tigmanshu Dhulia's *Sahib Biwi Gangster*, which also stars Jimmy Shergill and Randeep Hooda.

Reviews *in brief*

A quick look at the week's biggest films.



The Three Musketeers - 2011

★★★★★ Milla Jovovich, Ray Stevenson, Orlando Bloom

Not released until late October in the USA, Dubai residents are in with a lucky opportunity to watch the latest remake of Alexandre Dumas's classic story before much of the rest of the world. Three rogue musketeers join forces with a young, hot-headed D'Artagnan (Logan Lerman) to defeat the evil Richlieu (Christoph Waltz) and Duke of Buckingham (Orlando Bloom). A wild-card element is provided by Milady DeWinter (Milla Jovovich), a former colleague of the musketeers, who is now plotting with their enemies for her own gain. Although the movie is largely unseen, initial reactions have been mixed and some reviewers have felt that the remake feels oddly dated. However, apparently there is a feeling that the story was just getting started when it ended, with talks of a sequel already.



Killer Elite, 2011

★★★★★ Jason Statham, Clive Owen, Robert De Niro

Based on a shocking true story, *Killer Elite* stars Jason Statham as Danny, an ex-special ops agent, who along with his longtime mentor, Hunter (Robert De Niro), is pitted against the cunning leader of a secret

military society (Clive Owen). The story sees the pair cover the globe, from Paris to the Middle East, in a highly dangerous game of cat and mouse. The film has received mixed reviews, with some praising the high-adrenaline action, while others have accused the storyline of being too complicated for its own good. In true Jason Statham fashion, this is a film for action fans, but if you are expecting much else, perhaps look elsewhere.

Force, 2011 (Hindi)

John Abraham, Raj Babbar, Mohnish Bahl

Directed by Nishikanth Kamath, *Force* is a remake of Gautham Menon's successful 2003 Tamil film, *Kaakha Kaakha*, and is about a dutiful cop who called to duty to chase down a dreaded gangster. The film is set to be released this week and reviewers who have seen a preview have praised the soundtrack in particular. Let us know what you think of the movie. Email us at letters@readme.ae



Listings

MOVIE GUIDE

GRAND CINEPLEX - WAFI

A' Elet Mickey - 20:00, 22:00, 00:00
Colombiana - 13:30, 18:30, 23:30
Cowboys and Aliens - 17:00, 19:20, 21:40, 00:00
The Debt - 11:00, 16:00, 21:00
Force - 11:30, 2:30, 5:30, 8:30, 11:30
Fright Night (3D) - 10:50, 15:10, 19:30, 23:50
Hum Tum Shabana - 11:00, 14:00, 17:00, 20:00, 23:00
Insidious - 13:00, 17:20, 21:40
Mausam - 10:30, 13:30, 16:30, 19:30, 22:30
Mere Brother Ki Dul Han - 11:00, 14:00, 17:00
Nutcracker (3D) - 11:00, 13:00, 15:00
The Three Musketeers - 10:00, 11:30, 12:20, 13:50, 14:40, 16:10, 17:00, 18:30, 19:20, 21:00, 21:40, 23:20, 00:00
The Three Musketeers (3D) - 11:00, 13:20, 15:40, 18:00, 20:20, 22:40
The Tortured - 11:10, 13:20, 15:30, 17:40, 19:50, 22:00, 00:10

GRAND MEGAPLEX - IBN BATTUTA

A' Elet Mickey - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
Captain America - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30
Chloe - 21:00, 23:30
Colombiana - 10:30, 12:45, 15:00, 17:15, 19:30, 21:45, 00:00
Conan The Barbarian - 19:00, 21:15, 23:30
Cowboys and Aliens - 10:00, 12:15, 14:30, 16:50, 19:10, 21:30, 23:58
The Debt - 11:00, 13:30, 16:30, 19:00,

21:30, 00:00

Drive - 10:10, 12:10, 14:10, 16:10, 18:10, 20:10, 22:10, 00:10
Friends with Benefits - 10:15, 12:30, 14:45, 17:00, 19:15, 21:30, 23:45
Final Destination 5 (3D) - 11:30, 13:30, 15:30, 20:00, 22:00, 00:00
Force - 11:30, 14:30, 17:30, 20:30, 23:30
Harry Potter and the Deathly Hallows: Part 2 (3D) - 17:30
Hum Tum Shabana - 11:00, 14:00, 17:00, 20:00, 23:00
Insidious - 20:00, 22:00, 00:00
Killer Elite - 10:30, 11:00, 12:50, 13:20, 15:10, 15:40, 17:30, 18:00, 19:50, 20:20, 22:10, 22:40, 00:30
Mausam - 10:30, 13:30, 16:30, 19:30, 22:30
Mere Brother Ki Dul Han - 10:30, 13:30, 16:30, 19:30, 22:30
Nutcracker (3D) - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
Nutcracker - 10:00, 12:00, 14:00, 16:00, 18:00
Smurfs - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
Spy Kids 4 - 11:00, 13:00, 15:00, 17:00
The Three Musketeers - 10:00, 11:30, 12:20, 13:50, 14:40, 16:10, 17:00, 18:30, 19:20, 21:00, 21:40, 23:20, 00:00
The Three Musketeers (3D) - 10:30, 11:00, 12:50, 13:20, 15:10, 15:40, 17:30, 18:00, 19:50, 20:20, 22:10, 22:40, 00:30
The Tortured - 11:10, 13:20, 15:30, 17:40, 19:50, 22:00, 00:10

GRAND CINEMAS - FESTIVAL CITY

A' Elet Mickey - 8:00, 10:00, 12:00
Cowboys and Aliens - 17:00, 19:20,



The world is full of great talent but when it comes to club magic, Daniel Jahed and Daniel Azar are among the best. Better known as Jixo and Danz, the two Lebanese DJs have now relocated to Dubai to spin their wares for night lovers and club goers.

The Double DJs started spinning at private and small events where they captured the hearts and souls of serious party people with their improvised beats and mind-reading accuracy. The two adapt their music to the club's reactions, knowing just what they want every time – from deep and groovy house to deep-techno, tech house or techno.

Jixo and Danz have featured their music in all the big clubs in Lebanon and Dubai, including The Basement, Bazalt, Art Lounge, BO18, Trilogy (Main Madinat Arena) and Shocho.

THE *READ*. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.

SCHEDULE CORRECT AT TIME OF GOING TO PRESS; HOWEVER, PLEASE NOTE THAT THEATRES CAN CHANGE SCHEDULES WITHOUT NOTICE

21:40, 00:00

The Debt - 13:30, 18:30, 23:30

Drive - 11:00, 16:00, 21:00

Friends with Benefits - 10:15, 12:30, 14:45, 17:00, 19:15, 21:30, 23:45

Force - 11:30, 14:30, 17:30, 20:30, 23:30

Insidious - 19:30, 21:30, 23:30

Mausam - 11:00, 14:00, 17:00

Killer Elite - 11:00, 13:30, 16:00, 19:00, 21:30, 23:55

Nutcracker (3D) - 11:00, 13:00, 15:00

Rise of the Planet of the Apes - 10:00, 12:20, 14:40, 17:00

Smurfs (3D) - 17:30, 19:30, 21:30, 23:30

Spy Kids 4 (3D) - 11:00, 13:00, 15:00

The Three Musketeers - 11:00, 13:20, 15:40, 18:00, 20:20, 22:40

The Three Musketeers (3D) - 10:00, 11:30, 12:20, 13:50, 14:40, 16:10, 17:00, 18:30, 19:20, 21:00, 21:40, 11:20, 00:00

The Tortured - 11:10, 13:20, 15:30, 17:40, 19:50, 22:00, 00:10

GRAND CINECITY - AL GHURAIR

Cowboys and Aliens - 10:00, 12:15, 14:30, 16:50, 19:10, 21:30, 23:58

The Debt - 11:00, 13:30, 16:30, 19:00, 21:30, 00:00

Drive - 11:10, 13:20, 15:30, 17:40, 19:50, 22:00, 00:10

Final Destination 5 (3D) - 22:00, 00:00

Fright Night (3D) - 15:20, 17:30, 19:40, 21:50, 00:10

Insidious - 10:00, 12:20, 14:40, 17:00, 19:20, 21:40, 23:55

Mausam - 10:30, 13:30, 14:30, 19:30, 22:30

Mere Brother Ki Dul Han - 11:00, 14:00, 17:00, 20:00, 23:00

Nutcracker (3D) - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00

Rise of the Planet of the Apes - 11:00, 14:00, 17:00, 20:00, 23:00

Spy Kids 4 (3D) - 11:00, 13:00

Vandhan Vendran - 11:00, 14:00, 17:00, 20:00, 23:00

GRAND METROPLEX - METROPOLITAN

Drive - 10:10, 12:10, 14:10, 16:10, 18:10, 20:10, 10:10, 12:10

Final Destination 5 - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:50 Friends with Benefits - 10:15, 12:30, 14:45, 17:00, 19:15, 21:30, 23:45

Fright Night - 11:00, 13:10, 15:20, 17:30, 19:40, 21:50, 00:10

Insidious - 10:00, 12:20, 14:40, 17:00, 19:20, 21:40, 23:55

Mausam - 10:30, 13:30, 16:30, 19:30, 22:30

Nutcracker - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00

GRAND MERCATO

Cowboys and Aliens - 10:00, 12:20, 14:40, 17:00

The Debt - 19:30, 21:45, 00:00

FRIENDS WITH BENEFITS



Drive - 19:40, 21:50, 00:00

Force - 11:30, 14:30, 17:30, 20:30, 23:30

Killer Elite - 11:00, 13:30, 16:00, 19:00, 21:30, 23:55

Rise of the Planet of the Apes - 10:15, 12:30, 14:45, 17:00, 19:15, 21:30, 23:45

Smurfs - 11:00, 13:10, 15:20, 17:30

Spy Kids 4 (3D) - 11:00, 13:10

The Three Musketeers - 10:00, 12:20, 14:40, 17:00, 19:20, 21:40, 00:00

The Three Musketeers (3D) - 11:00, 13:20, 15:40, 18:00, 20:20, 22:40

The Tortured - 11:10, 13:20, 15:30, 17:40, 19:50, 22:00, 00:10

VOX CINEMAS - DEIRA CITY CENTRE

Cowboys and Aliens - 14:00, 19:00, 00:00

Force - 11:30, 14:30, 17:30, 20:30, 23:30

Friends with Benefits - 11:30, 16:30, 21:30

Final Destination 5 (3D) - 18:15, 20:15, 23:15

Hum Tum Shabana - 10:00, 12:45, 15:30, 18:15, 21:00, 23:45

Killer Elite - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00

Mausam - 10:15, 13:30, 16:45, 20:00, 23:15

Mere Brother Ki Dul Han - 17:30, 20:30, 23:30

Rise of the Planet of the Apes - 10:15, 12:30, 14:45, 17:00, 19:15, 21:30, 23:45

Smurfs (3D) - 12:00, 16:30, 21:00

Spy Kids 4 - 11:30, 13:30, 15:30

The Three Musketeers - 10:15, 12:45, 15:15, 17:45, 20:15, 22:30, 00:45

The Three Musketeers (3D) - 11:15, 13:45, 16:15, 18:45, 21:15, 23:45

The Tortured - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00

VOX CINEMAS - MOE

Cowboys and Aliens - 11:15, 13:45, 16:30, 19:00, 21:30, 00:00

Drive - 10:15, 12:30, 14:45, 17:00, 19:15, 21:30, 23:45

Force - 11:30, 14:30, 17:30, 20:30, 23:30

Final Destination 5 (3D) - 23:00, 01:00

Friends with Benefits - 11:30, 14:00, 16:30, 19:00, 21:15, 23:30

Killer Elite - 10:30, 11:30, 13:00, 14:00, 15:30, 16:30, 18:00, 19:00, 20:30, 21:30, 23:00, 00:00

Rise of the Planet of the Apes - 10:15, 12:30, 14:45, 17:00, 19:15, 21:30, 23:45

Smurfs (3D) - 9:30, 11:45, 14:00, 16:15, 18:30, 20:45

Spy Kids 4 - 9:30, 11:30, 13:30, 15:30

Spy Kids 4 (3D) - 11:00, 13:00

The Three Musketeers - 10:45, 13:15, 15:45, 18:15, 20:45, 23:15

The Three Musketeers (3D) - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30

VOX CINEMAS - MIRDIF CITY CENTRE

A' Elet Mickey - 12:45, 17:15, 21:45

Cowboys and Aliens - 16:30, 21:15

Force - 11:30, 14:30, 17:30, 20:30, 23:30

Friends with Benefits - 11:00, 13:30, 16:00, 18:45, 21:00, 23:15

Killer Elite - 10:30, 13:00, 15:30, 18:00, 19:00, 20:30, 21:30, 23:00, 00:00

Rise of the Planet of the Apes - 19:00, 23:45

Smurfs (3D) - 10:00, 12:15, 14:30, 16:45

Spy Kids 4 (3D) - 10:30, 12:30, 14:30

The Three Musketeers - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30

The Three Musketeers (3D) - 10:00, 11:15, 12:30, 13:45, 15:00, 16:15, 17:30, 18:45, 20:00, 21:15, 22:15

The Tortured - 10:30, 15:00, 19:30, 00:00

REEL CINEMAS - DUBAI MALL

A' Elet Mickey - 12:00, 14:00, 16:10, 18:20, 16:10, 18:20, 20:30, 22:40, 00:50

Colombiana - 15:20, 17:35, 19:50, 22:05, 00:20

Cowboys and Aliens - 11:05, 14:40, 17:10, 19:40, 22:10, 00:40

The Debt - 12:10, 14:35, 17:00, 19:25, 21:50, 00:15

Drive - 11:10, 13:20, 15:40, 18:00, 20:20, 22:40, 00:50

Force - 13:30, 16:15, 19:00, 21:45, 00:30

Final Destination 5 (3D) - 20:15, 22:20, 00:35

Final Destination 5 - 13:25, 15:30, 17:35, 19:40, 20:15, 21:45, 22:20, 23:50, 00:35

Friends with Benefits - 12:40, 13:30, 15:00, 16:00, 17:20, 18:30, 19:40, 21:00, 22:00, 23:30, 00:20

Fright Night - 13:30, 15:45, 18:00, 20:15, 22:30, 00:45

Hum Tum Aur Shabana - 14:00, 16:35, 19:10, 21:45, 00:10

Killer Elite - 11:00, 14:00, 14:30, 16:30, 17:00, 19:00, 21:30, 22:00, 00:05, 00:30

Monsters - 17:00, 19:15, 21:30, 23:45

Rise of the Planet of the Apes - 13:00, 15:30, 18:00, 20:30, 23:00

Smurfs - 11:15, 13:30, 15:45, 18:00

Spy Kids 4 - 13:50, 16:00, 18:00, 20:00, 22:00, 00:05

The Three Musketeers - 11:00, 13:00, 14:30, 15:20, 17:00, 17:40, 19:30, 20:10, 22:30, 00:50

The Three Musketeers (3D) - 12:40, 15:00, 17:20, 22:00, 00:20

The Tortured - 13:30, 15:30, 17:30, 19:30, 21:30, 23:30

REEL CINEMAS - MARINA MALL

Cowboys and Aliens - 11:20, 13:50, 16:20, 18:50, 21:20, 23:50

The Debt - 11:30, 14:00, 16:30, 19:00, 21:30, 00:05

Final Destination 5 - 11:50, 18:30, 20:30, 22:30, 00:30

Friends with Benefits - 11:40, 14:10, 16:40, 19:10, 21:40, 00:10

Fright Night (3D) - 13:50, 16:10, 18:30, 20:45, 23:30

Rise of the Planet of the Apes - 11:40, 14:00, 16:15

Smurfs - 12:00, 14:15, 16:30, 18:45, 21:00

TO FEATURE YOUR EVENT,
EMAIL EDITORIAL@README.AE

YOU REVIEW

We asked cinemagoers what they thought, fresh from seeing the film.

Shriya Srivastava
Student, Al Qusais



7/10

I saw *Final Destination 5*. It was quite a good movie but it was very similar to the previous *Final Destination* films so it was all quite predictable. Also, there was a bit too much gore in this one!

Dean Graham
Finance director, Visiting



8/10

I have just been to watch *Killer Elite* and really enjoyed it. It was pretty intense, full of action, and the story was quite clever. Plus I think Robert De Niro is brilliant no matter what film he is in.

Alice Marchant
Dance teacher, Umm Suqeim



8/10

I just went to see *Friends With Benefits*, which was a really nice film. Justin Timberlake and Mila Kunis were great together and there were some really sweet moments in among the comedy.

Spotlight on Illumination

How you light a room can transform the way it looks, but what works best? *Read.* shines a light on lighting.



We paint the walls, hang curtains and pictures, put down rugs and choose the colours of the furniture. But there is one aspect of interior design that can often be overlooked—lighting. Which is a shame, because a well-planned lighting scheme can enhance both the look and feel of your rooms, enabling you to make the most of the spaces in your home. Consider the possibilities.

Lighting can be used to highlight individual features of your home, and as a striking feature in its own right, as part of an overall design scheme. By combining the basic layers of ambient, accent and task lighting within each room, you will be able to create an overall effect that can be varied according to the time of day and what you want from a room—bright for organising and clean-

ing, warm and soft for a romantic evening in.

Most modern homes in the UAE tend to be fitted with the basic minimum of lighting, single central ceiling lights, or several for larger areas. They may light the room, but they do little to enhance it. Think about using features such as pendant lights or chandeliers to create a focus, fit spots and recessed lights to il-

“Most modern homes in the UAE tend to be fitted with the basic minimum of lighting.”

luminate pictures and ornaments, and low level lamps to add interest to a room. There is always something new in lighting techniques and fittings, often designed to introduce dramatic lighting effects into your home in a more energy efficient way.

Anyone who rushed out to install the early versions of energy saving bulbs (CFLs) would have been disappointed with their performance, and though they have improved a lot, they still don't really provide a viable, attractive and efficient alternative to regular incandescent bulbs. Fortunately, new technologies such as LED and fibre optic lighting offer almost limitless ways of introducing both striking lighting effects and colour into your home, and a much lower energy bill as well.

HOW TO PLAN A LIGHTING SCHEME

When planning a lighting scheme for your home the first thing you need to consider is how you use





which should be tailored to deliver the appropriate illumination for various workspaces.

When choosing lighting for your home it is important not only to consider the intended use of a light and its position within the overall scheme, but also the efficiency of each light fitting or lamp, the type of bulb and control mechanism needed. When you think about each of these things, you are well on the way to creating a well balanced, functional scheme that enhances both the usability and appearance of your home.

Although ambient lighting provides a basic level of illumination within a room, it is accent lighting that gives a room depth and brings it alive. There are several methods of lighting that can be used to enhance architectural features and highlight objects of interest within a room, adding interest and drama to your space.

Downlighting is most frequently used to accent features within a room and usually consists of recessed or ceiling-mounted spotlights. When placed correctly they create a gentle downwards focused light without any harsh shadows. When several down-



CHANDALIERS ADD INTEREST TO A ROOM

SALT LAMPS

Salt lamps are not only beautiful to look at, but are also famed for their unique ability to promote health and wellbeing within an environment. Handcrafted from the purest of salt formed millions of years ago and mined deep underground in the foothills of the Himalayas, each salt lamp is unique in its appearance, varying in colour from subtle tones of orange through to shades of pink, white and red. You'll find them in both the big home interior stores and smaller electrical shops in places like Satwa, where there is usually a great selection.

Traditionally used to promote wellbeing across a whole range of natural practices, from complementary health to Feng Shui, salt lamps are believed to be beneficial both psychologically and physically.

Using salt lamps to treat ailments as diverse as asthma and insomnia, arthritis and headaches as well as a wide range of skin conditions and allergies is common practice in complementary medicine. They are also excellent additions to office environments and home areas where electrical appliances such as televisions and computers are used as they help to reduce both fatigue and stress, promote awareness and aid concentration.

Salt lamps effectively clean the air around them and the greater their surface area, the greater their ability to enhance air quality. They help to promote energy and wellbeing by saturating their surrounding environment with negative ions and thus eliminating positive ions given off by modern electronics such as TVs and computers. The resulting effect is noticeably fresher, healthier air wherever they are used.

lights are directed towards a single wall they will not only highlight its architectural features but will also visually expand the room, making it appear more spacious. There are several ways you can achieve this effect.

'Wall washing' is particularly suitable for smooth, light-coloured walls as it lights the whole wall evenly from ceiling to floor, thus creating a spacious, airy feel usually associated with a larger space. To create even illumination over the whole wall, downlights should be placed approximately one metre away and one metre apart, or closer if you want to create a scalloped effect.

Position downlights closer to a wall and you create an effect

called 'wall grazing'. This works by creating shadows for dramatic effect so it should not be used on less than perfect walls as any flaws in the plaster work will be highlighted. To create the most striking effects, downlights should be placed between 10 and 15 centimeters away from the wall and spaced approximately 30 centimetres apart (depending on the size of the wall you are lighting).

When downlights are installed really close to a wall, a scalloped effect is produced. Although this can occur accidentally if you are trying to apply the wall washing or grazing techniques, it can be an attractive feature in its own right.

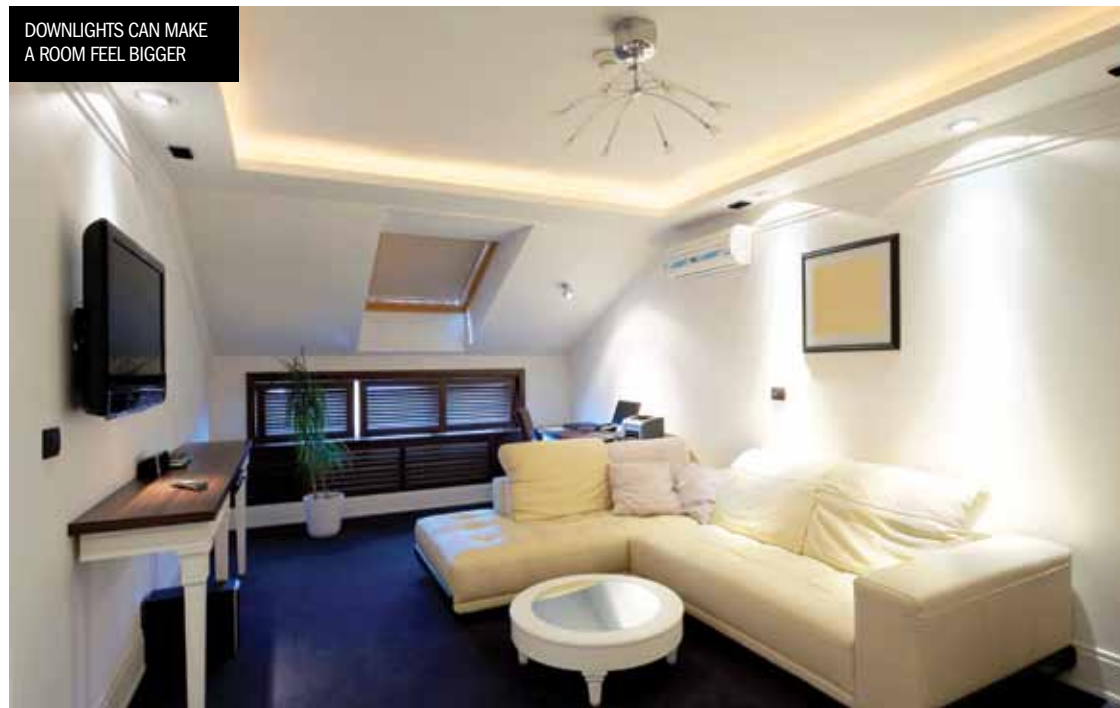
It is best to use recessed downlights to highlight features that

are unlikely to be moved, such as sconces and work surfaces in the kitchen, whereas spotlights are more practical options to illuminate pictures or objects that are more likely to be moved. It is important to use downlights in conjunction with other forms of accent lighting so as to avoid creating a harsh environment, and to place them correctly so as to avoid glare, both direct and indirect. If you are using spotlights to illuminate a dining table, make sure you can adjust the aim of the lights, and control them with a dimmer switch so you can vary the mood.

Uplighting is also very popular and, although less common, it is an equally attractive form of accent lighting. Uplights turn the whole ceiling into a light source as they direct light upwards. This not only avoids the glare and shadows that can be associated with downlights making it a more practical lighting solution for use in rooms with televisions and computers, but also produces a more gentle, even form of light. Uplighting is best used in rooms with light-coloured ceilings so as to maximise reflection down into the room. If you have a recessed ceiling, even better, because you can conceal lighting within the pelmet and create a soft, diffused glow for a very attractive effect.

Consider putting uplights very low behind a statement plant such as an indoor palm, and let it cast shadows upwards onto a wall for interesting patterns and gentle movement. Backlighting like this is a great way to illuminate plants and objects as it creates an intricate pattern of shadow and light, making the edges of the object glow. This method really makes an object stand out from its background.

DOWNLIGHTS CAN MAKE A ROOM FEEL BIGGER



The right direction



★★★★★ Spawned from one of the worst cars of all time, the new **Jeep Compass** is now an altogether pleasant family runaround.

ROAD TEST

It was an absolute shocker; a howler. It's hard to believe just how bad this car was. Some vehicles have redeeming characteristics but this one had absolutely none visible. It was pretty much as bad as they come.

When we first saw the Jeep Compass in 2007, it was a comedy car; at its launch, one writer managed to get it stuck on a surface of wet leaves. The interior was among the worst on the market; as were the outside lines. This little softroader was a true hound dog and we couldn't believe that Jeep had the audacity to put it to market (this gall, however, was reinforced soon afterwards when stablemate Chrysler released the godawful Avenger).

So what makes the latest generation of the Compass so pleasing is seeing how much better it is: it's now a very good car indeed. And this improvement has permeated through the entire Jeep and



THE INTERIOR IS WAY BETTER THAN BEFORE

Chrysler range. For much of the last decade, Chrysler Group was locked in an unhappy marriage with Daimler-Benz—Mercedes to you and I. The fact that neither side of the partnership understood the other meant a series of substandard products coming out of Detroit.

But in 2009, after a very nervous period of separation from Benz, Fiat stepped in and began

to restructure the ailing company. The Italian manufacturer made no bones about how it wanted Chrysler's foothold in the North American market for distribution but also brought to the table new standards in quality and design. It seemed that Chrysler had forgotten how to build good cars, and Fiat stepped in to remind them.

The result is an impressive product range spanning the Chrysler, Jeep and Dodge brands as well as some joined-up thinking. Fiat has taken the sum of the parts and added rationale to the equation.

This is no more evident than in the Compass. Back in 2007, it was the unnecessary ugly duckling, unloved and unwanted. Ostensibly, it was born from the public's demand for an economical car with a rugged feel; it finally got what it needed four years after its launch.

As you would expect with Fiat at the helm—the Italians now have a majority share in Chrysler—design has played a big part in Jeep's renaissance. In an exhibition of rather smart thinking, the brand has been split into two design philosophies: on the rugged, masculine side, you have the boxy Cherokee, Patriot and Wrangler, and on the other side, there's the smoother, more suburban Grand Cherokee and Compass models.

As a result, the previously plain and uninspiring Compass now gets a place inside the trueblood

Jeep family and looks like the smaller sibling of the super-svelte Grand Cherokee, another car to mightily benefit from Fiat.

The signature seven-slat radiator grille remains to tell everyone that it's a Jeep, however now the Compass gets soft lines and a real sense of proportion. This is design at its most engaging, in that it makes a statement that we have a Jeep here, but it keeps things on-road and doesn't overface those who prefer not to blaze trails in 4-Lo mode.

Compared to the original Compass, the interior is a revelation. Gone are the wall-to-wall hard plastics that were both ill-

Specs

Engine: 2.4-litre 4-cylinder
Power: 172bhp @ 6,000 rpm
Torque: 165lb-ft @ 4,400 rpm
Economy: 9.6 L/100km
Fuel tank: 51 litres





THE NEW COMPASS HAS BEEN "TRAIL RATED"

172
The horsepower of the Compass's 2.4-litre engine, which is a fly in an otherwise pleasant jar of ointment.

fitting and ugly. In their place are soft-to-the-touch materials that manage to convey comfort and quality. The change is so great, it's just like another carmaker came along and substituted all the bad bits. In fact, Fiat did.

Trouble is, Fiat can't do everything. The Italians obviously

decided that design, quality and materials were—quite rightly—the three biggest targets, and tackled them. Next should come the 2.4-litre, four-cylinder engine, which could do with far more power and much less noise. But still, for the first time, the Compass has been "Trail Rated"—Jeep's off-road rubber stamp to say that it has completed the grueling Rubicon Trail in Nevada—and that is a significant achievement in bringing the model into the heavy-duty Jeep fold.

But most owners will shy away from taking the Compass wadi-bashing (probably a good idea) and keep it on the suburban roads, where it is best placed. The unimpressive 172bhp won't be a big issue and the fine fuel economy will be appreciated. This is a very pretty car with a nice interior—the diametric opposite of what it was before. Well done to Jeep—and Fiat for getting things so right. It's about time.



MOST WILL USE THE COMPASS AS A CITY CAR

Great fitness gear

Reebok running pack ▶

Most people have, at one time or the other, vowed to get fitter, but struggle to keep to a routine. Now, though, the fitness promise is easier to keep, thanks to Reebok's running starter pack. Included in the pack comes a towel, a talking pedometer, a water bottle with a holder, wrist bands, a head band and a nylon carry case. And given the low price, there's no excuse not to get out there and give running a go.



Available at: most good sports stores

Available at: most good sports stores



◀ Nike+ Sportband

This is a nifty bit of running kit. As an upgraded version of the Nike+ iPod system, the Sportband comes with a sensor which is placed in the runner's trainer. On a run, this means that the gadget can "talk" with the sensor, recording details such as time, pace and distance when running. It's even possible to upload the figures onto the Nike training web site, creating graphs and statistics about your work-out, which can then be tweaked, if needs be.

Nintendo Wii Fit ▶

The Wii Fit board for the Nintendo Wii is for those who simply do not have the time or energy to leave the apartment or house for a work-out. Sure, there might be simpler ways of keeping healthy, but the Wii Fit comes with a set of games designed to work and stretch muscles, and, with its built-in scales, can help calculate ideal weights based on your height. Over extended periods of time, the virtual trainer will create graphs on how you're doing, and then provide different recommendations for working out.



Available at: most good electronics stores



Available at: www.tweetwhatyoueat.com

◀ Tweet What You Eat

While not a physical gadget, Tweet What You Eat is an inventive way of going about a diet. Dubbed the "Twitter Diet", this is an application that allows users to tweet every piece of food that they've eaten, while also counting up the calories in the process. It's possible to update this online food diary from either a computer or a smartphone, and the fact that it all goes up on Twitter, for everyone to see, means that users might think twice before unwrapping that next chocolate bar.

Oryx takes another podium

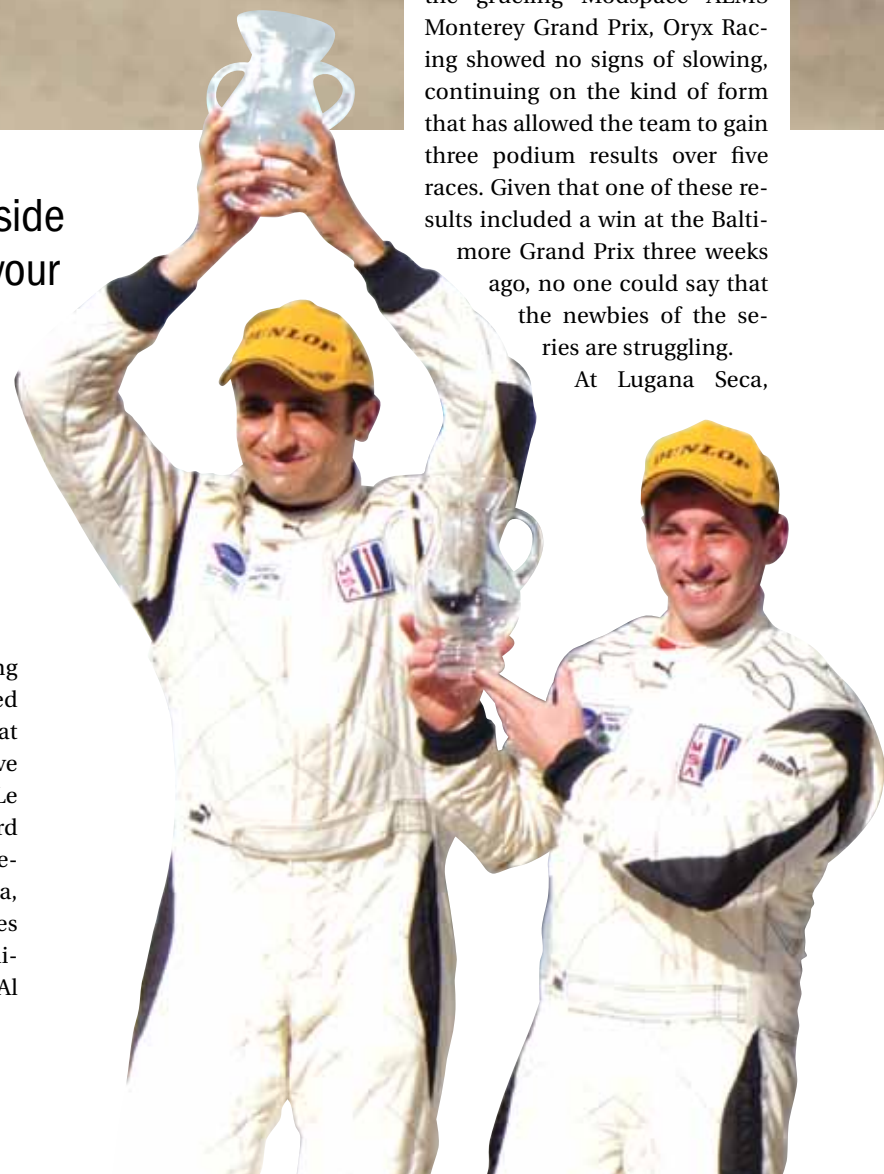
Masaoood, could have clinched second place had they not moved aside to allow sister team Dyson Racing to take the silver, and, therefore, win this year's LMP1 title.

Starting from the front row at the grueling Modspace ALMS Monterey Grand Prix, Oryx Racing showed no signs of slowing, continuing on the kind of form that has allowed the team to gain three podium results over five races. Given that one of these results included a win at the Baltimore Grand Prix three weeks ago, no one could say that the newbies of the series are struggling.

At Laguna Seca,

Al Masaoood puts aside personal gain in favour of teammates but still takes third at Laguna Seca.

UAE-based racing team Oryx Racing has continued racking up serious points in what has become a hugely impressive debut season in the American Le Mans Series (ALMS) after a third place finish at the Mazda Raceway Laguna Seca, in California, last week. What the result does not say, however, is that the Emirati team, headed by Humaid Al



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Al Masaoood and his teammate, Steven Kane, were joined by experienced American driver Butch Leitzinger, who helped them to complete the six-hour race in such good time that, with one hour left to go, it looked certain they would grab second place. But during the last hour, their Oryx Mazda Lola Coupé pitted to allow Dyson Racing ahead, meaning they could wrap up the LMP1 class of the championship with 156 points then and there.

After the race, Al Masaoood offered nothing but congratulations to the Dyson team, despite being deprived of a well-earned second place. "I am delighted for Chris Dyson and Guy Smith, who have been such an inspiration for us this season and thoroughly deserve the title," he said. "We drove a great race, but this is a team sport and in our debut season nothing can take away from



AL MASAOOD (LEFT) AND KANE (FRONT RIGHT)

our achievements. We are already looking forward to the Petit Le Mans season finale in two weeks, where we aim to finish on a high."

But even if Oryx Racing ended their season now, they could certainly hold their heads up. The Monterey Grand Prix is the biggest race of the ALMS season, and, this year, saw 36 cars line up on the grid. Add to this that the race was held on the infamous Laguna Seca circuit, and spectators were in for a serious amount of action.

"This circuit is very different from any other we have raced at in the ALMS. It was daunting at first, especially the "Corkscrew" section, but a few laps into practice I felt comfortable. You really need to find a rhythm here and be very smooth with the car," said Al Masaoood. "In the race, the tyres came in well. I set a good pace and felt very good about my time in the car. For me, personally, it was a

"It was a good benchmark to be mixing it up with top-flight drivers in factory cars."

good benchmark to be mixing it up with top-flight drivers in factory-backed cars."

Having bagged third place at the 3.6-kilometre Laguna Seca track, Oryx Racing currently sit at third place in the standings, and are edging ahead of nearest competitors Autocon. The last race of the season takes place this week at Braselton, where the racers will have to endure a 1,000 mile, 10-hour race before wrapping up the series.



LAGUNA SECA IS DAUNTING FOR ANY DRIVER

ALMS 2011 LMP1 STANDINGS (DRIVERS)

- 1 - Guy Smith, Chris Dyson - 156
- 2 - Klaus Grad - 124
- 3 - Lucas Luhr - 114
- 4 - Humaid Al Masaoood, Steven Kane - 64
- 5 - Chris McMurry, Tony Burgess - 59
- 6 - Jay Cochran - 30
- 7 - Adrian Fernandez, Harold Primat, Stefan Mücke - 25

ALMS 2011 LMP1 STANDINGS (TEAMS)

- 1 - Dyson Racing - 156
- 2 - Muscle Milk Aston Martin Racing - 124
- 3 - Oryx Racing - 64
- 4 - Autocon - 59

Rugby World Cup all going to plan

Pool-stage matches have all swung to form as the best of both hemispheres prepare for the quarter-finals.

RUGBY

Tournament favourites New Zealand have finally begun to live up to their potential and have sealed a quarter-final spot with a game to spare dispatching France with 20 points to spare. Failing any shocks in the last round of pool matches, the set-up for the knockout stages will have the elite of rugby vying for advancement to this year's showpiece.

France's defeat at the hands of the hosts will have been humbling, but it won't stop them from reaching the last eight, as long as they secure at least a losing bonus point against Tonga. Eng-

land face a similar task, needing just one point from their match against neighbours Scotland to send the boys in blue home early and gift Argentina a place in the quarters as group runners-up.

For Wales to book their place against the Ireland team that, on the back of some impressive performances, have leapfrogged



QUARTER-FINALS (probable)

Ireland vs Wales
Wellington
Oct 8 - 10:00

England vs France
Auckland
Oct 8 - 12:30

South Africa vs Australia
Wellington
Oct 9 - 10:00

New Zealand vs Argentina
Auckland
Oct 9 - 12:30

them in the world rankings, they need to have overcome whipping boys Namibia and also-rans Fiji, which shouldn't prove too difficult for Warren Gatland's men.

With only one match really producing an upset, it is hard to see the quarter-finals shaping up to be anything other than the northern hemisphere on one side of the draw and the southern hemisphere battling it out on the other. What we should then be left with come October 23 is the best team in Europe clashing with the best team from south of the equator for the coveted trophy and a four-year term as world champions.

RTA embarks on new round of road construction

The RTA has announced the start of construction works for internal roads projects in Al Barsha. The affected areas are located in an area bordered by Sheikh Zayed Road to the east, Al Khail Road to the west, Umm Suqeim Road to the north, and Street 331 to the South.

Mattar Al Tayer, chairman of the Board and executive director of the RTA, said, "The construction project in Al Barsha 1, 2 and 3, which covers an area of 1,300 hectares, comprises internal roads and lighting works spanning 116km, the construction of new roads extending 56km and improvements to existing roads stretching 51km. The importance of the project is highlighted by a remarkable rate

of urbanisation that has reached 85 per cent in the area. The work is expected to be completed by the first half of 2014."

Early this year, the RTA board endorsed the construction of internal road projects at two other residential districts: Al Khawaneej, and Al Warqa, revealed Al Tayer.

"The internal roads project at Al Khawaneej 1, which is a populous area with urbanisation rates hitting 65 per cent, comprises design and construction work to unpaved internal roads in the rest of the area, along with lighting works in an area spanning 425 hectares, and roads extending 38km. Construction work on the project is expected to begin in the last quarter



MATTAR AL TAYER

of 2011 and take around 16 months to complete.

"The internal roads project at Al Warqa 1, 2, 3 and 4, which occupies an area of 1154 hectares, comprises the construction of road and lighting works extending 118km including the construction of 92km of new roads and improvements to 26km of existing roads.

"Al Warqa has a distinctively active urbanisation drive as it houses the Mohammed bin Rashid Housing Project, consisting of more than 500 residential units, and has seen an urbanisation rate as high as 65 per cent. Construction work is set to start in the first quarter of 2011 and conclude after about 30 months," added Al Tayer.

Group ponders Nol improvements



In one of a number of ongoing sessions with a focus group of Nol card users, the Customers Council of the RTA discussed core issues related to the best use of the various types of cards as a means to engage the views of the public about possible improvements to the service.

Mohammed Obaid Al Mulla, chairman of the Customers Council, commended the efforts of all community organisations for their continued support and hard work in looking at ways to improve the RTA's services.

He stated that the council acted as a bridge that links customers with RTA executives by communi-

cating a wide range of their valuable views and suggestions.

After various presentations outlining the Nol service, RTA officials engaged in discussions with customers as a means to gauge their feedback.

One customer suggested the possibility of issuing a Nol blue card fitted with the same features of the Gold card so that it could also be used in the Gold cabin. Suggestions also called for student discounts and increased e-services channels and the possibility of including loyalty points from the use of Nol cards into the Emirates Airline Skywards programme.

Other suggestions included the use of Nol cards for taxi services, more card top-up machines, as well as a solution for Gold card holders who were forced to travel in Silver class because the cabin was full.

RTA officials will now look at all the suggestions from the meeting and give them due consideration to formulate appropriate solutions.

It is the RTA's belief that winning the satisfaction of Nol card users will accordingly motivate the largest possible community segment to use public transport and make the Metro the centrepiece of public transport across Dubai emirate.

RTA to rent retail outlets at Dubai Metro stations

The Roads and Transport Authority (RTA) has launched another key initiative related to the Dubai Metro Red and Green Lines whereby 116 retail outlets are offered for rent on the Red Line stations while 79 outlets are being offered on the Green Line.

"This project is considered one of the vital and unique investment projects that house diverse business activities such as restaurants, cafes, groceries, supermarkets, confectionaries, bookshops, flower shops, beauty parlours, and outlets for selling accessories,

electronics, telecommunication systems and others," said the CEO of the RTA Rail Agency Adnan Al Hammadi,

"The retail outlets of the Dubai Metro stations offer a host of diverse goods, products and services in areas ranging from 8 to 645 square metres, depending on the nature of the commercial activity and the location within the station.

"These outlets offer unique business opportunities for the retail sector in Dubai emirate enabling the offering of goods and

services to passengers using both the Red and Green Lines, particularly in view of the continuous increase in the Metro ridership. The outlets have been designed to be in harmony with the unique designs of the Metro stations and meet the needs of investors and businessmen.

"They are expected to attract a wide spectrum of international brands, and accordingly boost the existing partnership between the RTA and private sector businesses.

"The layout and design of these

outlets has been customised to suit the practising of different trading activities to serve a wide segment of the Metro users comprising residents, visitors and tourists.

"The retail outlets sector of the Dubai Metro will play a key role in boosting the tourist image of the emirate of Dubai besides its core role of enhancing the integration of the mass transit network, and making the public transport the ideal mobility choice of all community segments," added the CEO of the Rail Agency.

Al Hammadi expected the project to be extremely popular and add to the successes made by Dubai emirate in a way that that boosts the economy as well as the ability of the emirate and its investment potentials.

The success of this experiment is closely linked to the success of the Metro project and showcases its unique role, not only at the UAE level and the region, but also across the globe, besides the positive impact it has or is bound to have on the daily life of the public in the emirate.



Safety lecture targets Dubai's female drivers

As part of a series of community-orientated initiatives, the Vehicles Licensing Department of the RTA's Licensing Agency recently delivered an educational lecture entitled: Safe Driving for Women. The aim of the lecture was to protect women from road accidents by focusing on the safe driving methods. Held at the RTA auditorium, it was attended by a large number of RTA's male and female employees.

"These lectures are part and parcel of the agency's plan for community-related initiatives," said Abdullah Abdul Rahman, acting director of Vehicles Licensing. "It is quite important to hold such events on a regular basis as they spotlight safe driving especially with the recently mounting

number of accidents associated with a high number of fatalities. Our role, therefore, is to go beyond the scope of our routine work in the licensing of vehicles to include delivering lectures to deliver messages to motorists so that they take extra care when driving."

The lecture was delivered by Dr. Sami Mahram, a researcher at the Vehicles Licensing Department. In it, he focused on a number of core issues concerning safe driving, stating that studies showed that UAE nationals accounted for the biggest share of traffic accident fatalities and injuries despite the fact that they accounted for only 20 to 25 per cent of the total population. Driver error accounts for 94 per cent of all accidents, compared

to a much smaller proportion of vehicle error, road conditions and natural factors.

During the lecture, Mahram stressed the need for women to carry out a pre-driving inspection to ensure the safety of tyres, mirrors and that there were no children around.

He highlighted the importance of fastening the safety belt, something which alone contributes to minimising the percentage of traffic injuries and casualties by as much as 50 per cent.

Additionally, he pointed out that the driver also has to ensure the soundness of the brakes, that there are no leaks under the vehicle and that any children on board were safely seated.

Awards site up and running



The Higher Organising Committee for the Dubai Award for Sustainable Transport (DAST) has announced that the award's web page was live so that government and semi-government entities, as well as private businesses in the UAE, could register nominations.

Dr. Khalid Mohammed Al Zahid, chairperson of the committee, said, "Since the launch of this web site, the organising committee has been upgrading and updating it regularly. The site has been designed in a way compatible with the corporate identity of the RTA and is presented in both Arabic and English languages.

"This portal is accessible

through a link within the RTA's web site, or it can be accessed directly via www.rta.ae/dast. It is viewed as one of the award's key promotional strategies and features all the details needed for registration," said Al Zahid.

"The web page has been commended by government and semi-government entities as well as private businesses interested in taking part; its services continue to be characterised by prompt clearance of transactions in the registration and submission of participation bids.

"The site comprises a number of sections including, About Awards, Conditions for Parti-

cipation, Award Standards, Judges Panel, Awards, Award Sponsorship Details, Winners of All Categories of the Award in the past three editions, How to Apply, Categories of the Award, and Sponsoring Partners.

"Government and semi-government entities as well as private businesses in all UAE Emirates may apply for the 4th edition of the Award this year through the web site by entering information about the participating entity in clear and simple steps."

Al Zahid noted that the deadline for submitting participation bids for this edition of the award is October 31.

Figures show bus service reliability continues to rise

Trips made by public buses in Dubai during the period from the start of the year to the end of August 2011 have shown an increase as high as 99 per cent, which is up 1 per cent over the corresponding period last year.

Adel Shakiri, Director of Transportation Systems at the Public Transport Agency, stated that his department's Operation Control Centre controls all the intelligent systems used to monitor and control the daily movement of buses all over Dubai.

"Bus adherence to timetables has exceeded 80 per cent for the first time during the period in question, whereas it was 70 per cent during the same period last year.

"This gives us an indication of the improvements made, and ultimately reflects on the overall improvement of services rendered to public bus commuters.

"The number of actual trips made through to the end of August 2011 reached about 216,000, in which 8.2 million passengers were transported to a wide number of destinations across Dubai."

Shakiri added that his department had received a total of 10

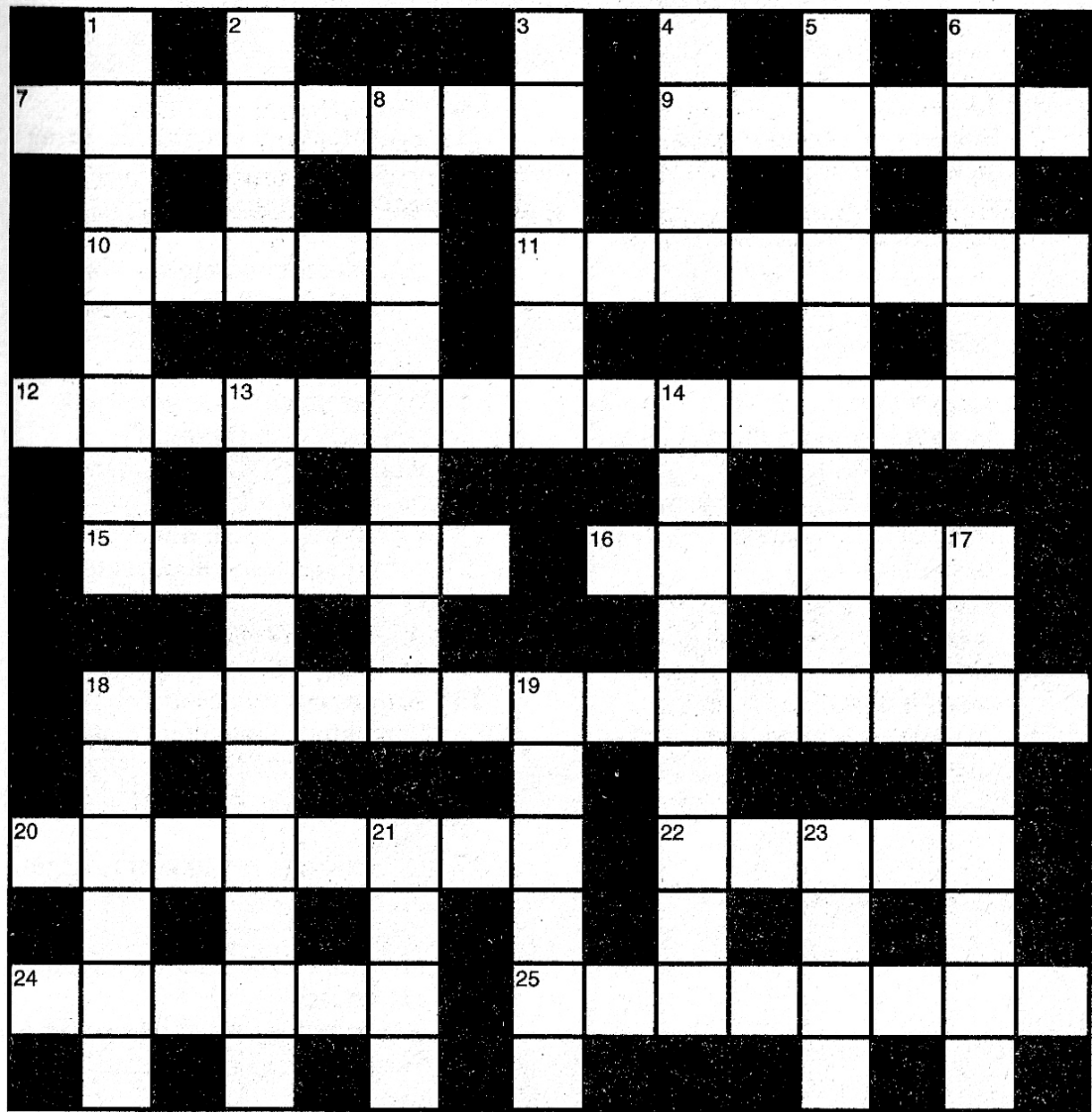
inquiries from the public, while no complaints were received from the public in this regard.

"This improvement can be attributed to the wide number of steps that have been taken by the Transportation Systems Department, in collaboration with other departments of the agency. These have been taken as a means to examine all possible ways of enhancing bus adherence to schedules, which is a key component of upgrading the service. It also allows us to move forward in sorting out all obstacles standing in the way of improving the performance of public buses," continued Shakiri.

"The RTA's public buses have a crucial role to play in the integration of mass transit modes in Dubai, including the Metro and marine transport services through addressing a host of parameters like service punctuality, frequency, safety and comfort. This is in addition to having a host of sophisticated technologies on board, such as the advanced air-conditioning systems found on all our vehicles and display monitors, among others," he concluded.

Taking your time

Test your skills with our puzzles, try something new with a recipe and turn to us for advice. It's free!



Across
7 No summer in guesthouse would be complete without this cake (8) 9 Each flower is placed in dry kitchen vessel (6) 10 Dress is needed by the Spanish star (5) 11 Ate bits of nut ground extra small within fancy diet (8) 12 Lets out a secret and causes a problem in the kitchen? (6,3,5) 15 Useless — died after a couple of rounds (2-4) 16 What did Henry swallow? (Think of King, in pain!) (6) 18 Scientist to perform with hesitation when there's another (similar?) scientist around (14) 20 What 18 down could be? It's arrived (6,2) 22 There's a little right in a fever — it makes one get heated maybe (5) 24 Soft further on in the day? That'll suit poor horse (6) 25 Disgusting mince pies — one rejected sample (8)

Down
1 Prefab in tract of land (parking included) (8) 2 Enclosure must be sound (4) 3 Fairy shut up to die (6) 4 Guns set up for animal to be hunted (4) 5 New gold chairs? Disgusting! (10) 6 You'll get wind when accompanying uninteresting person (6) 8 Endoscopy now helps surgeon remove it — Galen lost out! (9) 13 Reason US soldier is stationed in a particular place (10) 14 Amazon weapon? (9) 17 Domestic device makes runny marge set (3,5) 18 One provides cover by bringing in bread (6) 19 Upper section of pillar shows tribute (6) 21 Female artist needing work initially (4) 23 Endless dirt is unpleasant (4)

Answers



Serves 3

Goan chicken curry

This simple dish is easy to make and mildly spicy rather than mouth-burningly hot.

RECIPE

By: Filipe Dourado

Ingredients

- 4 diced skinless chicken breasts
- 3 tbsp vegetable oil
- 1 tsp yellow/brown mustard seeds
- 1 sliced onion
- 3 finely sliced garlic cloves
- 1x400ml can coconut milk
- salt
- (For the marinade)
- 1½ tbsp ground coriander
- 1 tsp paprika
- 1 tbsp lemon juice
- 1 tsp ground cumin
- 1 tsp cayenne pepper

- ½ tsp ground turmeric
- ½ tsp salt
- 75ml water

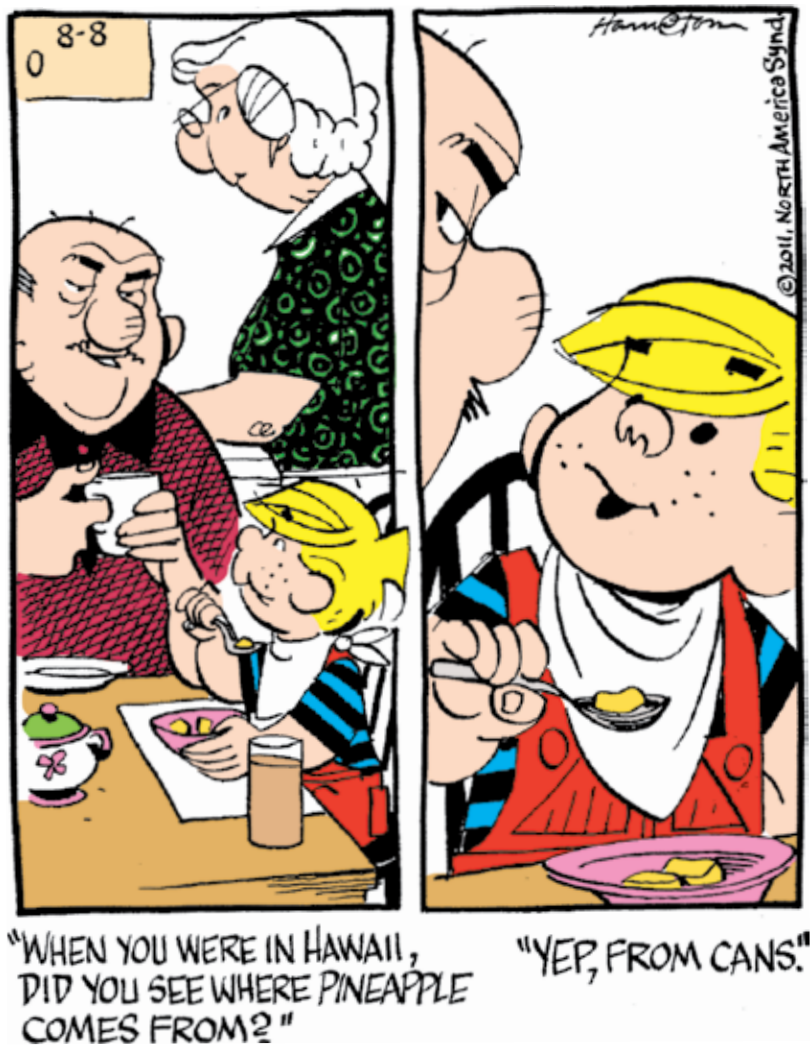
Method

Mix all the marinade ingredients together to form a smooth paste. Add the chicken pieces and coat them well. They will be more flavoursome if left to marinate for 30 minutes to one hour, but if you are in a hurry 5 minutes will do. Heat the oil in a deep frying pan and

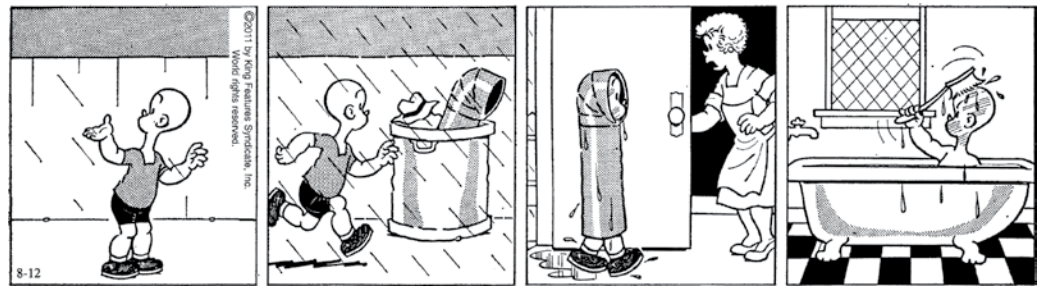
add the mustard seeds. When the seeds start to pop, add the onion and garlic. Cook until the onion and garlic are golden brown before adding the chicken and any extra paste from the marinade. Fry over a gentle heat for about eight minutes before adding the coconut milk then bring to a simmer. Cook for a further 10-12 minutes until the sauce has thickened slightly before seasoning with salt if your tastes require. Serve with rice or naan bread.



Dennis the Menace



Henry



Ollie and Quentin



Spiderman



Here to help

Q Help! I think I have a verruca! I've never had one before so I must have picked it up around the pool in my building, how do I get rid of it?

Read says: Verrucas are warts that occur on the soles of the feet or toes but may look flatter as they tend to get trodden in. There are various over-the-counter treatments such as gels and plasters, which usually contain salicylic acid. Used correctly, the verruca can easily be treated in a few weeks, although diabetics are recommended to seek proper medical advice before commencing any treatment.

Q My company has been making a few redundancies recently and I'm getting worried in case my job is next to go. How should I prepare?

Read says: You can only wait and see in regards to your job, but you could always discuss any concerns with your line manager in a one-to-one meeting, although they may be unable to disclose



the information you need. However, in the meantime it might be sensible to prepare for the worst-case scenario. Have a browse on some job websites—but don't become consumed with this—and make sure your CV is up to date and ready to impress.

Q I have been losing sleep recently. I can't explain why, it's just that my mind is so busy thinking about silly little things that I can't switch it off to go to sleep. What can I do?

Read says: There are things you can try before seeking advice

from your GP. A long bath and a warm, milky drink before bed can help your body feel ready to sleep, while reading a book can distract your mind. Try not to watch TV or use the computer before bed as these make the brain active. Possibly seek out a herbal remedy spray to help you relax. If you are losing sleep so severely that it affects your daily life, seek advice from a doctor.

At Read, we are happy to help with any advice you might need to live your life to the full. If you have a problem we can help with, email us at letters@readme.ae

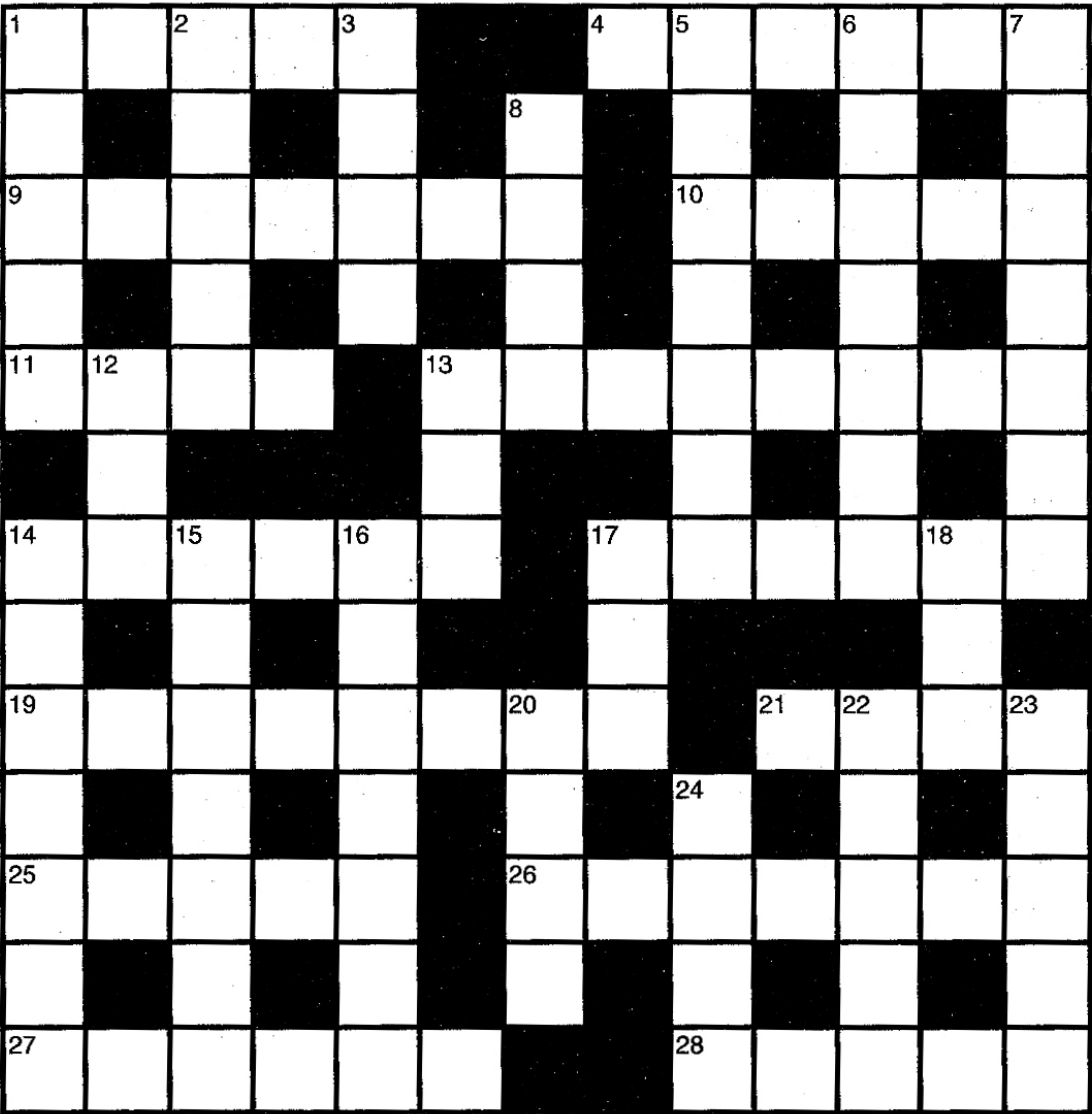
Who's this?

Answer

Turn to page 44



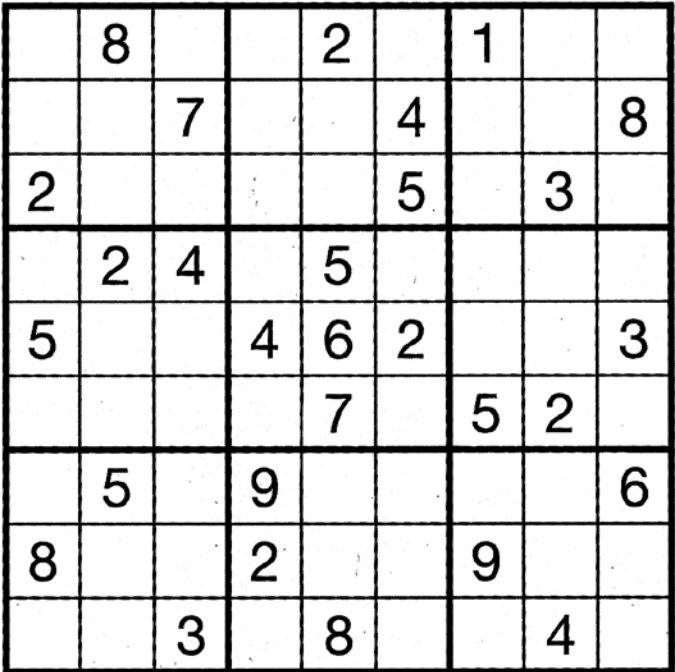
Crossword 1



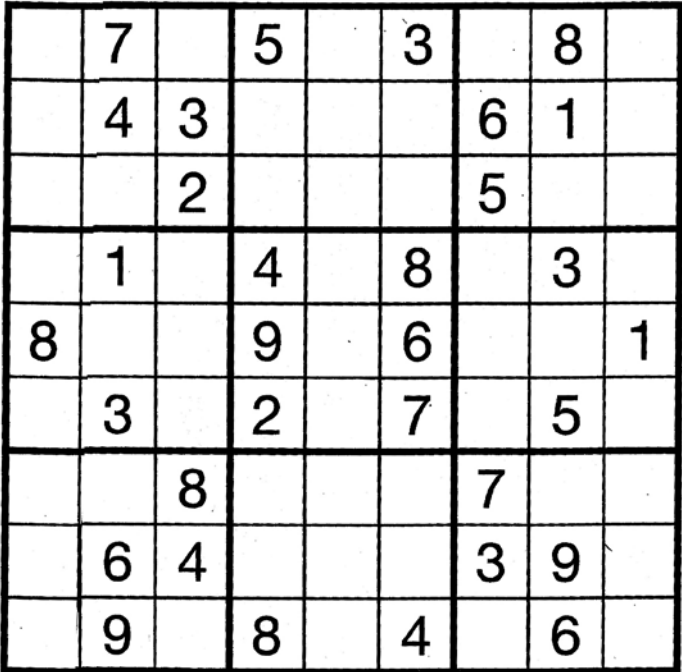
Across
1 Loud oriental celebration (5) 4 Start to tamper with gun ___ it's only a toy (6) 9 Girl about ten may receive radio waves (7) 10 Agents bringing food aboard (5) 11 Unusual combination of gunners and engineers (4) 13 One drawing southern vessel, *The Queen* (8) 14 Doctor, endless pain is something monstrous (6) 17 Be a chap like George and start to slay monsters (6) 19 To make one's way takes a very long time in these corridors (8) 21 Five ___ the age for a girl (4) 25 Make a song about the West jazz? (5) 26 Grass pots are falling to bits (7) 27 Don't have all the lemonade, sister! Leave off! (6) 28 Happening that's not odd at the end of August (5)

Down
1 Learner in the amusement park shows instinctive skill (5) 2 Performer is a hundred ___ over the hill (5) 3 Look after what would now about 4p! (4) 5 Badge labelled 'First Prize'? It's specially presented to steer (7) 6 Fifty trapped in conflicts ___ ways of escape needed (7) 7 Makes certain unfavourable judgements, the head having left (7) 8 Note 500 pairs perhaps ono Noah's boat (4) 12 Tune is first class? Right (3) 13 Star in revolutionary students union (3) 14 Deprived of top position (given drugs to capture record) (7) 15 Attacks a ship about to travel (7) 16 Fruit, very large, seen around open country (7) 17 Public transport almost broken down (3) 18 Salt submerged in Antarctica (3) 20 Former prime minister in the garden (4) 22 Mountain-top home ___ Jane's taken around one (5) 23 Sailor not at home, abroad (5) 24 Some chap serving in part of church (4)

Sudoku 1



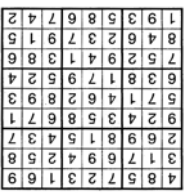
Sudoku 2



Crossword 1 answers



Sudoku 1 answers



Sudoku 2 answers



Quick Arrow word

Actor who plays funny parts	▼	Type of corner joint	▼	Infatuated	▼	Mosque towers	▼	Gazelle, eg	○	Thick revolving posts	▼	Bon ..., rock band	European moose
				Refute				Overhead	▶				▼
Sweet fizzy drink		Former Japanese coin	▶			Handy hint	▶			Point of the compass		One showing promise	
	○							Make a small cut	▶			○	
Drawn tight		Norse God of battles	▶			Mother of Apollo	○				Exclamation of surprise		Exist
				Italian writer, Umberto ...	▶			Smell	▶				▼
Lump of clay		Latin 'is'	▶			Black leopard	▶			○	○		
				Pro-secute	▶	○		Water-front	▶				

Mini Arrow word

Sole right to an invention	▼	Far-Eastern temple	▼	Pros-perity	▼	Pack (cargo)	▼	Virgin	▼	Carton	▼	Disquiet
						Approximately	▶					
Global		Car club (1,1,1)		River in Scotland		Actress, ... Lupino		Antiquity		Dog with a snub nose		Pop singer, ... Shannon
		▼		▼		▼		▼	Note-book	▶		▼
Brown fruit of palm tree	▶					Free of lice	▶					
Nagging pain	▶					As well as	▶		Hair lotion	▶		

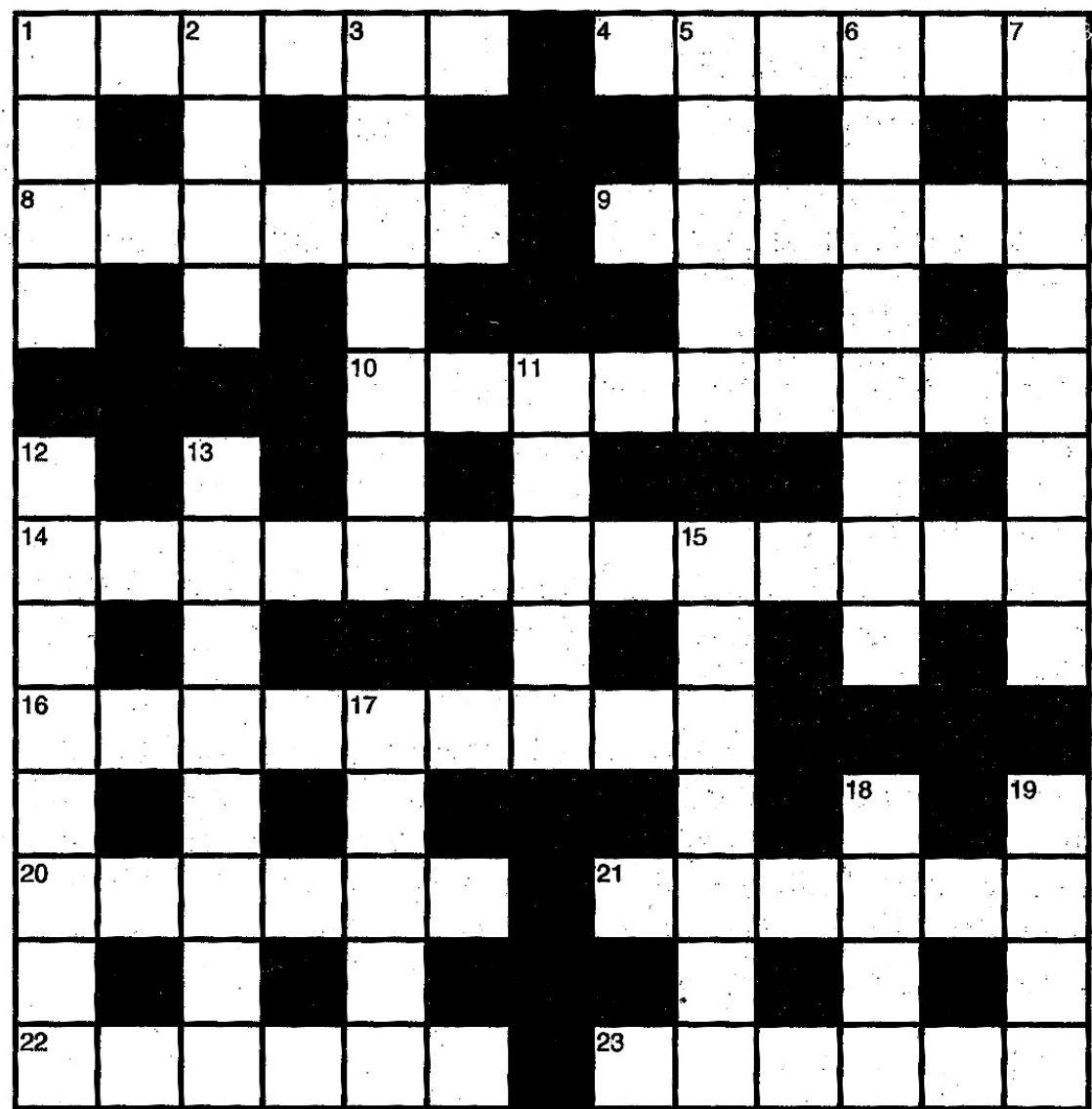
Quick Arrow word answers

C	L	O	S	E	S	H	O	R	E		
I	E	S	T	P	A	N	T	H	E		
T	A	U	T	E	G	O	A	R	O	M	A
O	T	I	R	A	L	E	T	O			
L	E	M	O	N	A	D	E	S	N	I	C
V	S	E	N	T	I	P					
C	O	M	E	D	I	A	N				
D	B	M	A	C	J						

Mini Arrow word answers

L	E	G		A	C	H	E		
D	A	T	E	D	E	L	O	S	E
P	A	D		D	I				
G	A								
P	A	T	E	N	T				
P	W	S	M	B	U				

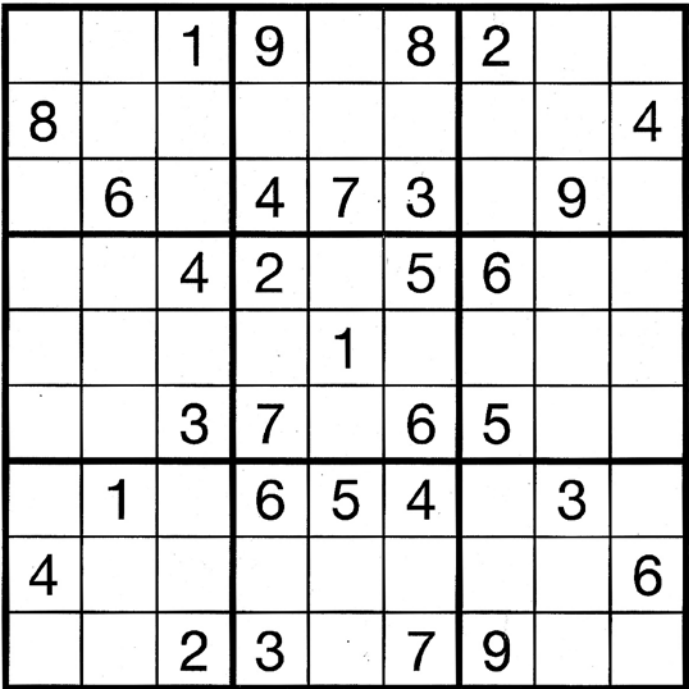
Crossword 2



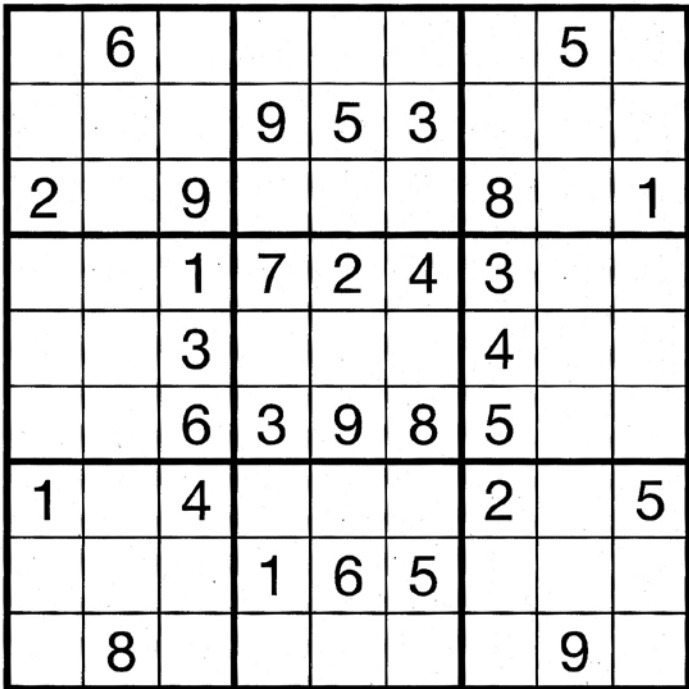
Across
1 Disease boy has got in fifth month (6) 4 Remarks not heard by fellow players when going around team (6) 8 Plump bird's grumble (6) 9 Cat bothered us more (6) 10 Russian cast? They work on a script (9) 14 Gentry receive guests here making Nanny retreat with rapture (5, 8) 16 There's scope in the sultanate for a fervent royalist (9) 20 The curse of an old Egyptian city (6) 21 Repay artist on return (6) 22 American general arranging truces (6) 23 More than one doorkeeper rushes around (6)

Down
1 Faces shown by simpletons (4) 2 Bring up jemmy, for instance __ get the swag (4) 3 Wanted gentleman caught in the act (7) 5 Cost I worked out for philosopher (5) 6 Diana's noble disregard (8) 7 Laid importance on sweets being served up (8) 11 Material dug from pit comes to the surface (5) 12 Coasting aimlessly, uncertain of what to believe (8) 13 'These are corpses' vulgar fellow declares (8) 15 In the belfry they play doubles (7) 17 Death is solemn (5) 18 Revolutionary Dutch cheese produced (4) 19 Does funny poems (4)

Sudoku 3



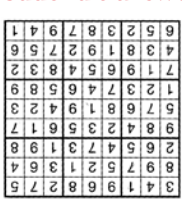
Sudoku 4



Crossword 2 answers



Sudoku 3 answers



Sudoku 4 answers



Who's this? answer - Britney Spears

Post-it

AUTO

Nissan Sunny 2004 model for sale. Driven for 100,000kms. For 18,000AED. Email giti76@hotmail.com.

Peugeot 206 model for sale. Lady-Driven. 95,000km. Prime condition. For 17,000AED. Located in Garhoud. Call 0505346741.

Nissan Sunny, 2005 model for sale. 1.6 full options, 86,000KM. White colour, well maintained. For AED17,500. Call 0557992414.

Mercedes SLK350, 2005 model. "Designo" Sports coupe, 60,000km. No accidents, well maintained. AED89,000. Call 0566038557.

Peugeot 307SW, 2006 model. Available for sale. Full automatic. For AED22,000. Call 0502368829.

Kia Soul, 2010 model for sale. Green #2 specs, 43,000km, full service history, accident free. Price AED37,000. Call 0554785005.

Mercedes Benz S550, 2008 model. Grey interior. Night vision, cooling & heating seats, new tires, new wheels. Call 0504813338.

Mitsubishi Lancer GLX, 2004 model. Full option. Low Mileage. Single owner. Lady Driven. Call 0553950755.

JOBS AVAILABLE

Cleaning ladies required. Filipinas only. Email wanted.maids@gmail.com or call 0557042979.

Beautician required for a beauty salon near Khalid Bin Waleed metro station. Should have experience in henna design. Young females only. Call 0553696354.

Room, partition and bed space available for rent. For 2,500, 800 and 375 AED respectively. For Filipino only. Near metro station. Call 0507956579 / 0504754499.

Bed spaces / partition available for rent. For Filipina only. DEWA included. In Al Jafiliya, call 0556492382 / 0558679040.

Furnished room/bed space available for rent. For Filipinos only. Near Al Rigga metro station. Call 0551015960.

Partition / bed space available for rent. For Filipinos only. 600 AED/month excluding DEWA. Near Al Rigga metro station. Call 0558343969.

Looking for female sales assistant. To have experience in retail companies

for high end brands. Email CV to info@alsadaconsultancy.com.

Looking for team leader cum packer for a relocation company. UAE driving license is a must. Email CV to marj@alsadaconsultancy.com.

Sales Executive required. Must be witty and dynamic. Should have excellent communication skills. Commission based. Call 0508584514 / Email: access.opportunity@gmail.com.

JOBS WANTED

Pakistani male seeks job in IT. 2 yrs experience. Familiar in computer accounting software, MS Office. On employment visa. Call 0508761120. Email malikjee63@yahoo.com.

Indian male seeks job. Holds a BCA, MBA (IT+MM). 4+ yrs experience both in India and UAE. Email agnel_joy@yahoo.co.in.

Filipino male seeks job. 2+ yrs experience in UAE. Good knowledge in sales/hospitality and gift wrapping. Call 0554883583.

Indian male seeks job. 3 yrs MNC experience in finance & accounts. Knowledgeable in financial analysis. Call 0551668849 or email: suhas_srivatsa@yahoo.co.in.

Filipina seeks job. 3 yrs experience as an administrative assistant/ secretary. Call 0557425835.

Indian female seeks job. 7 yrs experience in financial services/customer service. Knowledgeable in MS Office. Call 0507295351 or email preeti.a.shah@gmail.com

Male seeks job in sales & marketing. 15 yrs experience in the Far East and Middle East. Fluent in English, Japanese, Korean, Arabic and Urdu. Email gccbusiness1@gmail.com.

English editor and translator seeks job in the field of publishing, translating or tourism. Call: 0509520843.

Indian male seeks job. 7 yrs experience in jewellery sales. Knowledgeable in Tally, MS office. On visit visa. Call 0558554008 or email:halidkayakkody@gmail.com.

B.Com graduate having 6 years experience, including 3 years in Dubai. Intensive knowledge in Oracle financial software. Please call 0501296109 or email: thalavai_85@yahoo.co.in.

Indian male, MBA seeks job in sales/marketing. 5 yrs experience in the UAE. Holds a valid driving licence. Call 0557418755.

Male seeks job in HR/Admin/Executive secretarial field. 7+ yrs experience. On visit visa. Have valid UAE driving license. Call 0506867440.

Polymer Engineer seeks job. 5 yrs experience in tyre manufacturing industry. Knowledgeable in quality control and technical field. Call 0553323804/jithesh-suku@yahoo.com.

Egyptian male seeks job as accountant. 2 yrs experience in UAE. Proficient in Tally, MS Office, visa free zone. Call 0554741782.

Senior Filipina female seeks job as executive secretary/HR assistant/admin. Knowledgeable in accounting, computer literate. Call 0551863238.

B.com graduate seeks job in accounting and the administrative field. 6 yrs experience. Knowledgeable in MS Office. Call 0502024610, email: nsszmrg@yahoo.com.

Male, 35, seeks job as HSE Manager/HSE Engineer/HSE Officer. Masters degree in Social Science. On visit visa valid till the 6th October. Email: doctimes@gmail.com, Call 0554182021.

Physiotherapist seeks job. Valid DHA licence. 4 yrs experience in hospital & clinic. Ability to work with multinational team. Hold residence visa. Call 0506827411.

Male, 26, seeks job in social/event media management. Holds an MBA with 4 yrs experience. Own UAE driving licence. Call 0567782340.

Female, 18, seeks job in the administrative field. 1 yr of part-time experience in promotions/telemarketing. sana_dubai248@hotmail.com/0551842290.

SERVICES

Professional moving services available for packing & transportation. Ready to help you shift office or house/flat/villa/apartments at reasonable cost. Call 0554750048.

Professional cleaning services available in Dubai. House cleaning of standard rooms from kitchen to offices, etc. Email maids.aue@gmail.com / call 0557042979.

Babysitting services available in Hor-Al-Anz. Al Shaab Colony Call 0551558945.

Photography & video services available for live events, weddings, corporate events and much more. Call 0567909811 / Emailinfo@screens.ae.

Tutoring lessons available in Rashidiya (near metro station) for science and mathematics up to grade 10 (preferably CBSC). Call 0557874840.

Car lift services available. Beginning in Dubai to Dafza. Call 0503420603, 0559130903.

Transportation needed from Old Pakistani Consulate (Bur Dubai) to Al Garhoud. Weekly, with two off days. Call 0552451213.

Computer repairing services. All for half price. S/W troubleshooting & H/W solutions & Network. Call 0502958878.

Babysitting services available in Meena Bazar. 18 yrs experience. Call 0504675948.

Tutoring lessons available in Bur Dubai for all subjects including accountancy and computers up to Grade 8. Call 0501682371.

ITEMS

Canon 600D for sale. 18-55mm lens. For 3,100AED. 4GB memory card, including case. Call 0508446279.

Xbox games available for sale. Fable 3 (PAL) for 100AED. For more info call 0555143904.

Logitech 5.1 channel home theater for sale. Never used. In excellent condition. With warranty. Call 0555523996.

PERSONAL

Housemaid. From 9am to 5pm. Can clean and cook. If interested call: 042809769 / 0503947629.

Freelance female writer. Available at any time. For more information please call: 0505250476.

Indian (female). Seeks job in office, secretarial realm. 8 years experience. Excellent computer knowledge. Fast typing. Call: 0556805355.

Massage therapist. Seeks part-time job. For more info, call: 0556910247.

Individual with MBA. Seeks job. 7 years experience. Good knowledge in finance, auditing. Skilled in accounting software. Call: 0556260365.

Male seeks job in IT. 7 years experience. Familiar with desktop networking. PC maintenance, troubleshooting. Call: 0558132610.

Pakistani (male) seeks job in IT. 1-year experience as assistant. Familiar in computer, accounting software, MS Office, Peachtree, Tally. Call: +923123827253.

ACCOMMODATION

Room, partition and bed space available for rent. For 2,500, 800 and 375 AED respectively. For Filipino only. Near metro station. Call 0507956579/0504754499.

Bed spaces / partition available for rent. For Filipina only. DEWA included. In Al Jafiliya, call 0556492382 / 0558679040.

Furnished room/bed space available for rent. For Filipinos only. Near Al Rigga metro station. Call 0551015960.

Partition / bed space available for rent. For Filipinos only. 600 AED/month excluding DEWA. Near Al Rigga metro station. Call 0558343969.

Room available for rent. In Al Khail Gate, Phase 2, Al Quoz. For Filipino couple only. Call 0505097432.

Bed space available for rent. For Filipino couple only. 600 AED. DEWA/ Internet included. Near United Hypermarket, Deira . Call 0503053428.

Single bed space available for rent. For 500AED, DEWA, Internet included. In Al Bahara, near United Hypermarket. Call 0504372947.

Sharing accommodation with separate bath available for rent. Keralite family only. In Umm Rammol, Rashidiya. Call 0566502354/0506250529.

Room available for rent. In Al Khail Gate, Phase 2, Al Quoz. For Filipino couple only. Call 0508739204.

Bed space available for rent. For Kerala bachelor only. Near Nakheel Center, Deira, Dubai. Call 0503587963.

Bed Space available for rent. Keralite Ex Bachelor only. Near Al Rigga / Salah Al Din metro station. 520AED including Dewa. Call 0506987229.

MISCELLANEOUS

Pick and drop services with driver for companies and employees anywhere in Dubai. Call 0503420603.

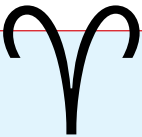
Indian Henna for hands is now available at a really amazing price in Discovery Gardens and Gardens. Call 0501350558.

New dance and drama classes are now open in the JBR area, in Dubai. The studio is called Kiducation and is conveniently located at Studio Fitness. For more detailsplease email Kiducationdubai@gmail.com.

To place your ad
please email advertising@readme.ae

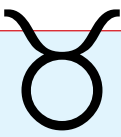
What's in your stars?

The Read. astrologer tells you exactly what to expect over the next seven days.



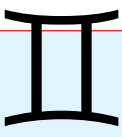
ARIES
(MAR 21 - APR 20)

A shift of power in a relationship at home or work could make you feel unsteady on your feet and slightly confused. The control has been firmly moved into someone else's hands, which may feel unnatural at first but could work out better for both parties.



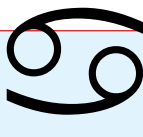
TAURUS
(APR 21 - MAY 21)

If you have been suffering from aches and pains, this would be a good time to finally seek the treatment or therapy you have been researching for a while. This could also encourage a loved one to deal with a health issue of their own at long last.



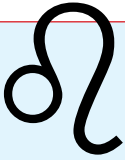
GEMINI
(MAY 22 - JUN 21)

Your social life continues to benefit from the energy you are putting into it, but this could also throw up some unexpected surprises. A person in the group that you initially didn't think you would get along with too well could turn out to be your kindred spirit.



CANCER
JUN 22 - JUL 23

Your home life could become very busy with unexpected visitors dropping in and plans changing at the last minute. Work could also start to get slightly unpredictable, so you may find it helpful to have a contingency plan in place for any sudden changes.



LEO
(JUL 24 - AUG 23)

You could find yourself involved in some interesting discussions and holding your own as much as others in the group. You may even argue a controversial point just to cause mischief, but think before speaking or someone you respect may be personally offended.



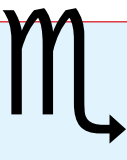
VIRGO
(AUG 24 - SEP 23)

Any worries over money may be coming to an end, but your outgoings could increase so don't blow it all too soon. There may be a few bills or financial obligations you may have swept under the carpet and forgotten about, so deal with them first.



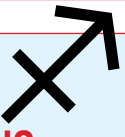
LIBRA
(SEP 24 - OCT 23)

You may feel as though you are gaining independence in your approach to life after being unintentionally tied down by someone or something for a long time. A period of reflection and contemplation could be replaced with action and decision-making.



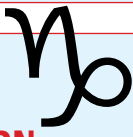
SCORPIO
(OCT 24 - NOV 22)

You have always harboured a natural inquisitiveness, which could be used to great effect now. It may lead you towards some important discoveries about your inner being, or may encourage you to explore a new opportunity or adventure that has always tempted you.



SAGITTARIUS
(NOV 23 - DEC 21)

Life seems to have become more social recently, but there could be a last-minute change of plan when it comes to a group trip or activity. Don't let this worry you: your natural love of variety could see you enjoying doing something new and completely different.



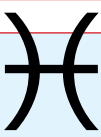
CAPRICORN
(DEC 22 - JAN 20)

Figuring out what you want from life has become a preoccupation lately, but this could be a time when your determination to reach even greater heights will grow. You may also find yourself being much more assertive at work or within your social group.



AQUARIUS
(JAN 21 - FEB 19)

You may have been feeling philosophical recently, which could lead you to explore your family history or decide to learn a new, worthwhile subject. It could also lead to exciting travel plans as your quest to find deeper meaning leads you to a historical place.



PISCES
(FEB 20 - MAR 20)

You could find yourself making some sudden and important decisions in the coming days. Plans that once seemed definite may now seem unexciting and, when combined with an unavoidable urge to change direction, they could go out of the window.

This week's local weather

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
						
Sunny High 37C Low 30C Humidity 42%	Sunny High 36C Low 30C Humidity 43%	Sunny High 36C Low 30C Humidity 50%	Sunny High 35C Low 29C Humidity 49%	Sunny High 35C Low 30C Humidity 53%	Sunny High 34C Low 29C Humidity 52%	Sunny High 34C Low 29C Humidity 49%

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What's happening this week on readme.ae?

Make sure you check out our web site for these daily specials, which appear online every afternoon. 'Like' us on Facebook so that we can keep you up to date with our latest online features and fun.

COMING UP THIS WEEK



SUNDAY

The UAE turns 40 years old on December 2, and with so many expatriates living in the country, much of the inhabitants don't know a whole lot about the history of the Emirates. Did you know that they used to drive on the left hand side of the road? Do you know what was here before the UAE was formed? Take a history lesson online today.



MONDAY

Money makes the world go round, but some people have much more than the rest of us. The author of the Harry Potter books is richer than the Queen of Great Britain, and Apple is richer than the USA, but even they don't make it into the top ten richest in the world. Readme.ae profiles those with more money than can be spent in a lifetime.



TUESDAY

Not everybody deals with dirhams, dollars and euros, but everybody needs some form of currency to operate a society. Some use large circular stones, others have porcelain tokens, and some have even used twisted iron bars to purchase what was needed. You will find pictures and the history of some of the strangest currencies in the world on readme.ae.



WEDNESDAY

Kevin Costner would no doubt put his hand up and admit that he has been involved in a number of critically slammed Hollywood films—think *Waterworld* and *The Postman*—but there are a number of others out there that cost millions, yet yielded just thousands in return. We bring you the monumental flops that will never be forgiven.



THURSDAY

In ancient Egypt, when a cat died, it was mandatory for the owner to shave off his eyebrows to show his grief. Bees can smell with their knees. All human beings have four nostrils. Visit readme.ae on Thursday to find out a whole host of other crazy facts that seem somewhat outrageous, but are actually true.



FRIDAY

Once again our Facebook page has been full of your opinions on our Burning Questions. We find the best responses from our Facebook fans and bring you the answers that matter most to the people of Dubai. To have your opinion heard, 'Like' us on Facebook and keep an eye out for our Burning Questions.

Carrefour market

كارفور ماركت

From 28th September until 6th October, 2011

من ٢٨ سبتمبر إلى ٦ أكتوبر ٢٠١١



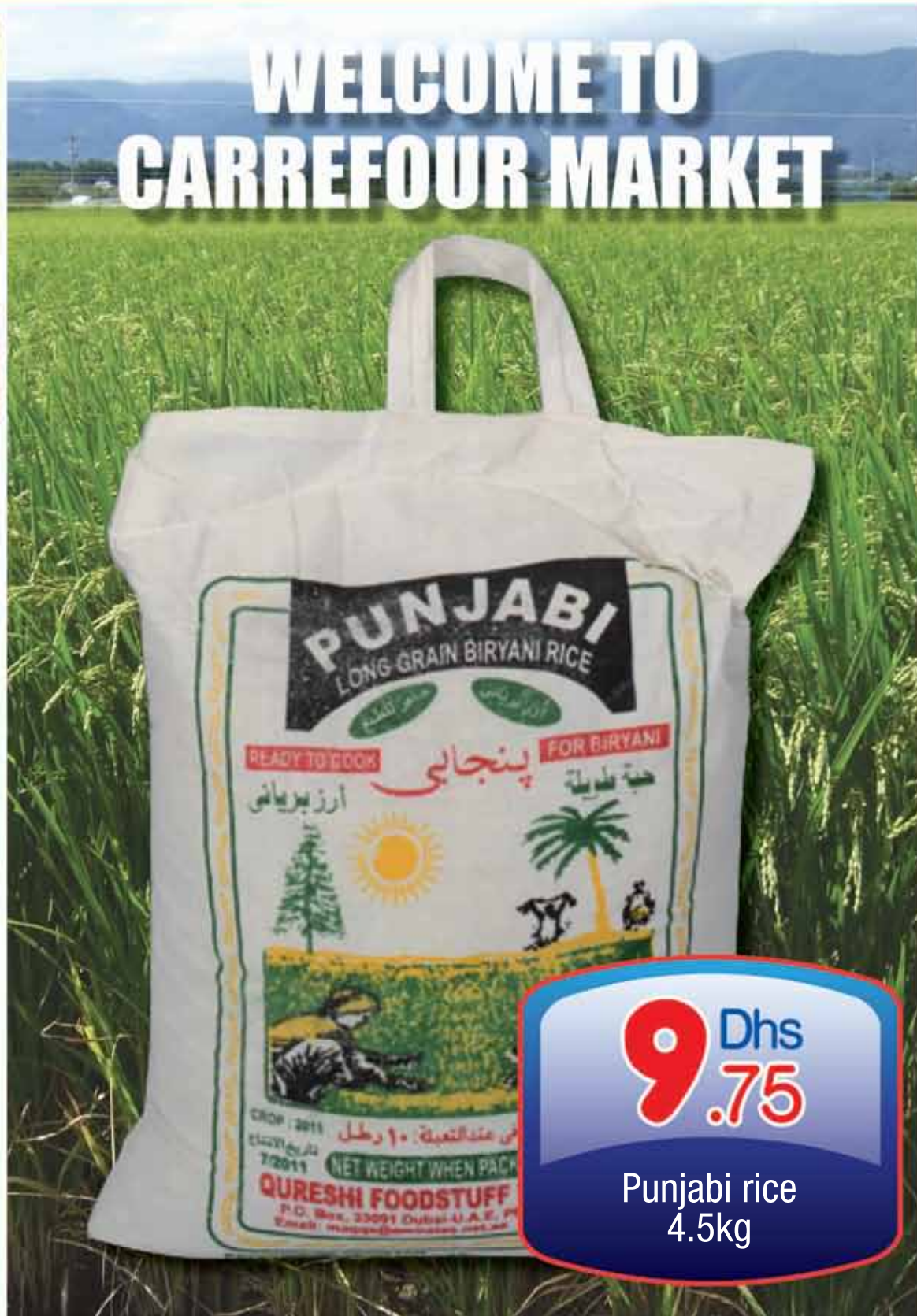
PER KG **9.75 Dhs** Grapes white, Italy or Grapes red, Spain



14.50 Dhs Lipton Yellow Label tea 100's + Rainbow milk 170ml x 2



2 PCS 19.75 Dhs Sadia whole chicken 1kg



9.75 Dhs

Punjabi rice 4.5kg



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