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JANUARY 1-7, 2012 | Issue 29

Read.

Happy
New Year



HUNTING FOR GAME

Dust off that safari suit and prepare for the hunt—leopard prints and all things wild are hitting catwalks this spring

SCOTTISH CHARM



IT'S ELEMENTARY

Sherlock Holmes is back in the explosive sequel that proves Guy Ritchie an able director



SHOW STARTER

Barely a week into 2012 and the UAE is already set for a tremendous year of live music, kicking off with hit band Scissor Sisters

Digital threat

The risks that
come with
giving children
internet-enabled
gadgets

Health | Fitness | Film reviews | Entertainment | Cars & gadgets | Community | Listings

Please take
this copy
along with you.
Do not litter
Dubai Metro
Dh200 fine.

MOH approval No. 24712127112



DONATE WITH LOVE
SAVE A LIFE

Sharjah Blood Transfusion & Research Center

Take a minute of your time & donate with love, Blood donation would decrease the possibility of having heart diseases and strokes. It also activates the bone marrow to produce new blood cells. Donate now at Mirdif City Centre, December 22nd to 24th.

Managed by



binsina
PHARMACY

ابن سينا
صيدلية

Our Partners



JANUARY <table><tr><td>SUN</td><td>MON</td><td>TUE</td><td>WED</td><td>THU</td><td>FRI</td><td>SAT</td></tr><tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr><tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr><tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr><tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr><tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr></table>	SUN	MON	TUE	WED	THU	FRI	SAT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					FEBRUARY <table><tr><td>SUN</td><td>MON</td><td>TUE</td><td>WED</td><td>THU</td><td>FRI</td><td>SAT</td></tr><tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr><tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr><tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr><tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr><tr><td>26</td><td>27</td><td>28</td><td>29</td><td></td><td></td><td></td></tr></table>	SUN	MON	TUE	WED	THU	FRI	SAT				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29				MARCH <table><tr><td>SUN</td><td>MON</td><td>TUE</td><td>WED</td><td>THU</td><td>FRI</td><td>SAT</td></tr><tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr><tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr><tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr><tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr><tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr></table>	SUN	MON	TUE	WED	THU	FRI	SAT					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	APRIL <table><tr><td>SUN</td><td>MON</td><td>TUE</td><td>WED</td><td>THU</td><td>FRI</td><td>SAT</td></tr><tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr><tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr><tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr><tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr><tr><td>29</td><td>30</td><td></td><td></td><td></td><td></td><td></td></tr></table>	SUN	MON	TUE	WED	THU	FRI	SAT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30					
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Letters

Email: letters@readme.ae

A selection of the letters we've received this week. Write in to have your say.

✉ Hi *Read.*, I'm really looking forward to New Year's Eve and all the fireworks. I am slightly concerned that getting home after being in the city on the evening will be a bit of a nightmare. Last year in particular was a big issue. What kind of preparations have been put in place to combat potential mayhem?

Rayeesa Begum

ED: Last year, an estimated half a million spectators gathered in Downtown Dubai for the fireworks display. This year, there will be 4,000 extra taxis, 63 transfer buses, and Dubai Metro will operate from midnight until 5.30am.

✉ Hi *Read.*, It has been a lonely time of year for me, especially without my family. Back home, even if the house was empty, I had my dog to keep me company in the evenings, but here it is just an empty apartment. I'm seriously contemplating bringing the family dog to Dubai. But honestly, I don't

have a clue about where to start that process. Can you help me out?

Loumer Dyer

ED: Well, first of all, there are many dogs already in Dubai crying out for a home. Check out k9friends.com. But if you're adamant you want your family dog, you will need it micro-chipped, plus have both a Good Health, and Vaccination Certificate before starting the process.

✉ Hi *Read.*, I've now visited Dubai five times, and each time I come here I tell myself that I will get a job here. I love everything about the city. I've signed up to a few different web sites, but very rarely get anything other than spam emails back from them with no job opportunities. Maybe you know a better route for me to take?

Rhen Cain

ED: There are few better ways to plead your case for a job than face-to-face meetings with prospective employers, and seeing as you're here now, it's the perfect opportunity. Consider signing up to akhtaboot.com for in-depth assistance. You can sign up via the *Read.* web site or Facebook page.

Read. Poll

How many branded mobile phones have you ever owned?

- 1-5
- 6-10
- 11-20
- 21+

Cast your vote online at www.readme.ae

LAST READ. POLL RESULTS

Was 2011 a good year for you?

Yes	60%
No	23%
I don't know	13%
Can't be bothered	4%

QR codes



Scan this QR code with your smartphone to go to the *Read.* website



Scan this QR code with your smartphone to go to the Facebook page of *Read.*



Please recycle this copy responsibly.

Metro pics



Post your pictures (any subject) on the Facebook page of *Read.* The pictures with the most number of 'Likes' will be selected for publication and the most creative one will also be awarded a Digitally voucher worth Dh250. To be eligible, your pictures must be your own (taken by you). Post your pictures to www.facebook.com/readmeae

XOHAEB TAREK



JOY CRUZ



ALDRIAN REYES



M JUNAID BAIG

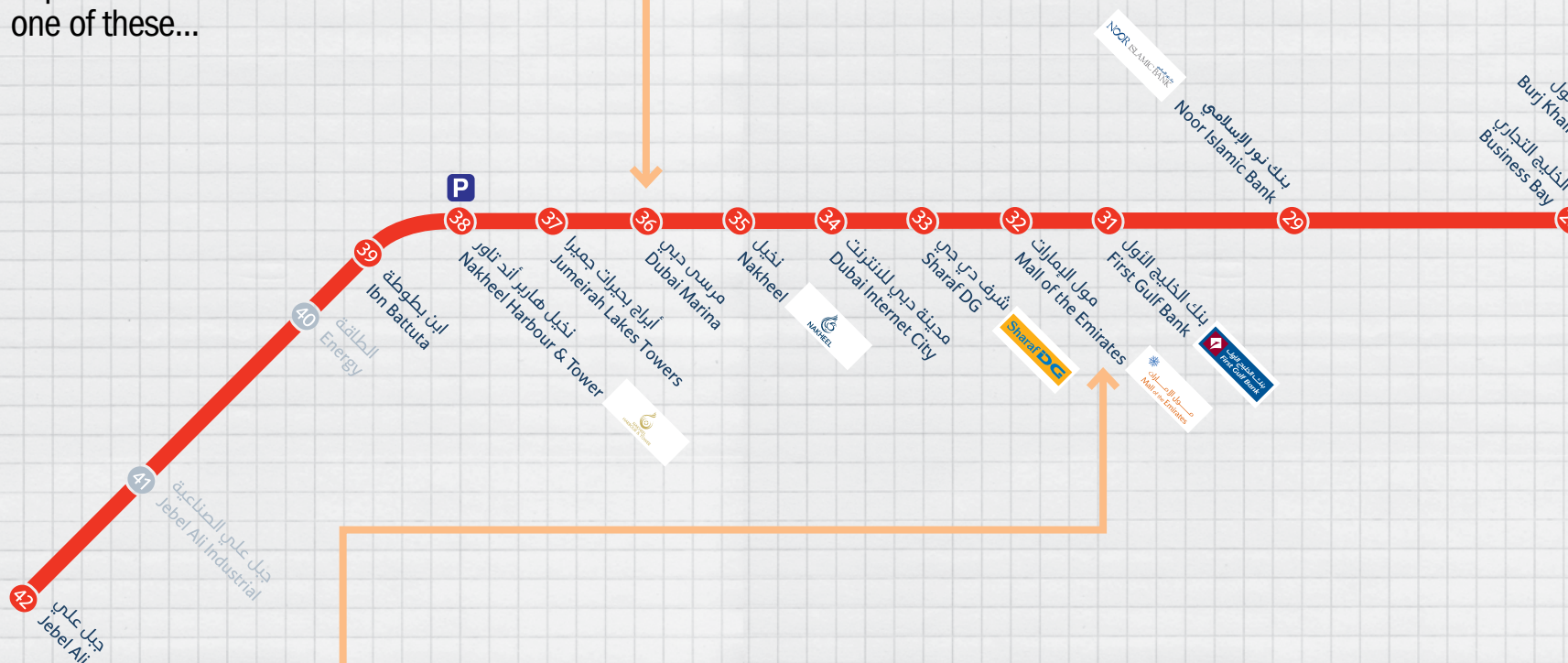


MAR DELA CRUZ



Station by station guide

Looking for something to do? You could always hop off the train and visit one of these...



Sharmila Dance Gala



**JANUARY 4-5
DUCTAC, MALL OF THE
EMIRATES**

One of the UAE's leading dance companies will present their first ever dance gala, featuring an impressive array of dance genres, including ballet, salsa, contemporary, jazz, tango and hip-hop. Troupes from some of the most prestigious dance companies in the world are set to take part, including the Stuttgart Ballet Company and The Estonian National Ballet Company. Visit www.sharmiladance.com for more information.



Dubai Shopping Festival

**JANUARY 5-FEBRUARY 5
DUBAI MALL AND ACROSS DUBAI**

The much-anticipated annual shopping festival kicks off on January 5 with an enormous fireworks show at Dubai Creek. For one month, numerous malls around Dubai will offer large discounts for shoppers in addition to staging an array of competitions with the chance to win money, cars and holidays.

TO FEATURE YOUR EVENT,
EMAIL EDITORIAL@README.AE



The Laughter Factory

JANUARY 6

MAZINA, THE ADDRESS,
DUBAI MARINA

Laugh until your sides hurt with comedians Ben Norris, Simon Bligh and Wayne Deakin, who are set to star at this month's Laughter Factory line-up. The show starts at 9pm and tickets cost Dh130 per person.

Dubai Football Challenge – AC Milan vs. PSG



JANUARY 4

AL AHLI CLUB,
GHUSAIS

Some of the most famous names in football will grace the pitch at Al Ahli football club in a match between AC Milan, considered by many to be the world's best football club, and Paris

Saint-Germain, who have claimed the Coupe de France an impressive eight times. Kick-off is at 7.30pm and tickets are on sale at outlets around Dubai.



Dubai Flea Market

JANUARY 7

AL SAFA PARK, ENTRANCE GATE 5

The second-hand market will provide a place to buy and sell almost anything, from household items and home appliances to textiles and accessories. Stands are open from 8am to 3pm and entry costs Dh3. See www.dubai-fleamarket.com for more information.



Punk n' Grunge @ Metal Asylum

JANUARY 6

AUSSIE LEGENDS, RYDGES
PLAZA

This rock bar brings a selection of fresh bands for the first week of the year, which will no doubt please the plentiful number of grungers over here. The bands include punk acts Fighting Super Heroes, Grand Hotel Paradox and IED, plus grunge band Kicksound. The gig starts at 9pm.



The Burning Question

Q What are you most looking forward to in 2012?



Bernard Anicete
HEALTH CLINIC WORKER, DEIRA

I really want to get married in 2012 and I hope to have more good luck in life, and who knows what the year will bring to me?



Malik Haroon

VISITOR, WHOLESAL

I would like to see a peaceful world with no violence and wars and I would hope that people could be more loving towards each other.

Raz Sussain

SALES ASSISTANT, DEIRA

I would love to find a job in Dubai and work for a local airline and travel the world.



Paulo Santos

VISITOR, DUBAI

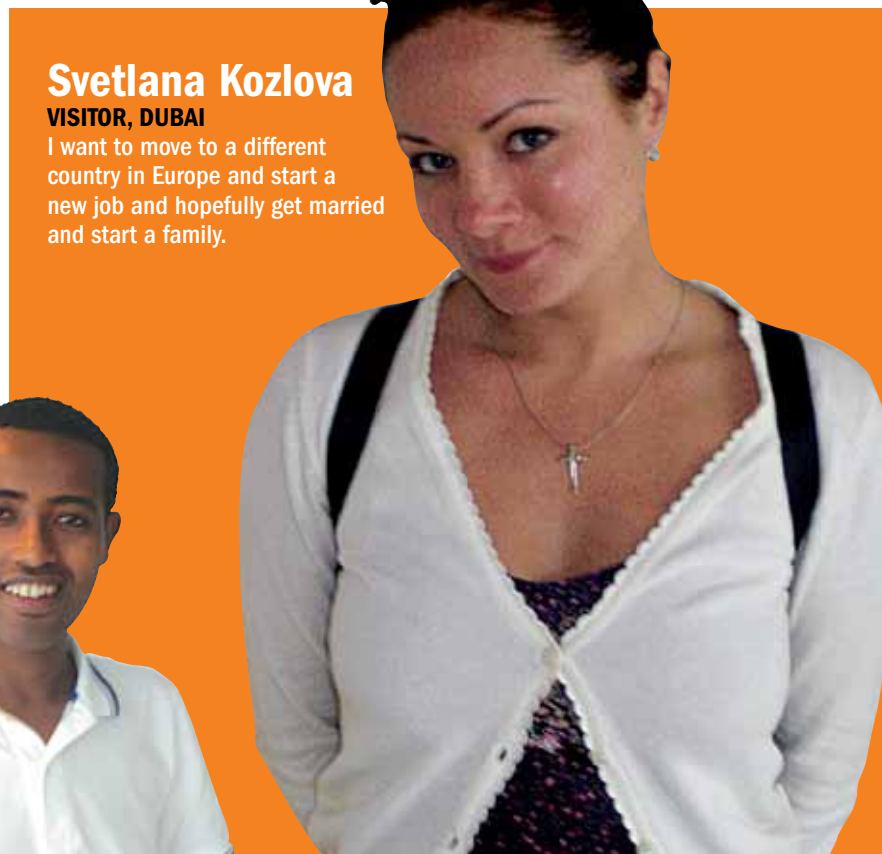
I hope that people of all cultures, religions, race and beliefs will get along in the world. I would like to have world peace and I want to be with my loved ones.



Svetlana Tselishcheva

INTERIOR DESIGNER, DUBAI

I am an interior home designer in Russia and I would like to try and kick-start my business and expand. I hope to find the perfect location and help to start this new venture.



Svetlana Kozlova

VISITOR, DUBAI

I want to move to a different country in Europe and start a new job and hopefully get married and start a family.

Rediet Kassa

SALES ASSISTANT,
AL MUMZAR

I am looking to get a new job here in Dubai that will give me better prospects for the future and a higher salary.



What's happening this week on **readme.ae**?

Make sure you check out our web site for these daily specials, which appear online every afternoon. 'Like' us on Facebook so that we can keep you up to date with our latest online features and fun.

Coming up this week



TODAY

In two short weeks, *Read.* will be sending out one of its team members to master the slopes of Ski Dubai on a snowboard, with a comical video to be made available for your viewing pleasure. Until then, why not learn a bit more about the sport that started as "snow surfing". It has come a long way since its humble beginnings less than half a century ago.



MONDAY

Bleeding, pain and infection have plagued surgery since humans first began operating on one another. We profile some of the most amazing surgeries to have ever taken place.



TUESDAY

Four years ago, a video called *Evolution of Dance* was the number one watched video on YouTube with 56 million views. The current number one video has 682 million views. Find out what it is today.



WEDNESDAY

2012 is upon us, and if some readings of the ancient Mayan calendar are to be believed, it is the last year that we'll have. What did the Mayans have to say about the end of the world over 5,000 years ago?



THURSDAY

As with every year, Hollywood churned out more stars than the Big Bang, but not too many will have captured our attention to warrant a gold star. Here are the better performers from 2011.



FRIDAY

Once again our Facebook page has been full of your opinions on our daily Burning Question. We find the best responses from our Facebook fans and bring you the answers that matter most to the people of Dubai.

Facebook chatter

Here's what you have been saying on the *Read.* Facebook page.

(Responses only edited for length)

What would you sell from a kiosk or stall?

I would like to go for attractive toys for kids and cosmetics for ladies as I feel it's only ladies and kids who get attracted to buy things.....Men anyways are not interested in such things not only these things..... ANYTHING

—Nabeen Taj

I would like to make a shop for vadai (vada) with chatni.. I think all nationalities like to eat that tasty vada,,

—Fayaj Ahmed

What is the main thing you will

remember 2011 for?

Most unforgettable moment in my life this 2011 when one of my Dubai Metro Pictures was selected and published in Read me Magazine. It made me proud and confident. What I can share to everyone is that stay focused on what you aspire



COSMETICS COULD ATTRACT BUYERS

or dream... then you'll get it. Think positive! Have faith!

—Josephine Cake Dela Cruz

The Best thing about 2011 was I came to Dubai in April to look for a job and within no time I got the one I was looking for which made me feel very better and happy. This is the best thing I cannot forget about 2011.

—XoHaeb Tarek

Having gone here to Dubai for work and loving the place so far. This busy city made me feel mature and independent. I am looking forward to exploring the place more. :).

—Reena Carandang

How young should a child be to be entrusted with the keys to your home?

For me, it's not a matter of age but a matter of child's maturity and level



KIDS HOME ALONE

of responsibility. Even a fourth grade kid can have the maturity of a young adult when it comes to responsibilities or an adolescent can be immature and very irresponsible.

—Luc Khern

I don't think only a fixed age is the reason to get responsibility as an immature, 30+ years, with lower I.Q. individual can not care himself properly..

—Raj Anugula



Edinburgh has many nicknames, which is appropriate for a city that has been, and still is, a great many things. On the one hand, the second-largest city in Scotland is a cultural capital, labelled the first City of Literature by Unesco. This is the Edinburgh that's home to the world's largest book and biggest performing arts festivals. At the same time, the city also lives up to another of its nicknames—Auld Reekie—a gesture towards its grimmer attractions.

Auld Reekie is the Edinburgh of noisy, crowded pubs, dance-'til-dawn parties and all-night revelry. Much of this is centred around the old town, which looks as though it has hardly changed since the middle ages. Dark,

medieval backstreets weave their way through this part of the city, where old-fashioned sweet shops and hole-in-the-wall bars suddenly appear, as if from nowhere. Expect a fright at 1pm every day when a loud explosion marks the firing of a canon from the castle ramparts—a tradition which pre-dates the introduction of accurate timepieces.

A sense of mystery hangs over Edinburgh, which has been the setting of countless stories, real and fictional, over the years. It is these stories that connect the Auld Reekie side of Edinburgh with another of its popular nicknames—the Athens of the North, so-called for the profusion of great writers, thinkers and men of culture that have gathered here over the centuries.

There are many sides to the Scottish capital, making for a truly unique destination.

The many faces of Edinburgh

THE PANORAMIC VIEWS ARE STUNNING



For literary enthusiasts, Edinburgh is a haven of historic delights. There's the fascinating Writer's Museum, stuffed to the brim with books, clothes and personal possessions from great writers including Robert Burns, Sir Walter Scott and Robert Louis Stevenson. Literature is everywhere you look in this city, even some of the buildings, namely Trunk's Close and Lady Stair's Close, have snatches of Scottish poetry carved into their stone walls.

It's equally alluring from an architectural and historical point of view. Perched precariously on top of an extinct volcano, the Edinburgh Castle looms over the city, grand and for-

boding, housing the secrets of many centuries within its ancient stone walls. Guided tours of the castle focus on the intriguing stories behind the castle itself and those who lived in it, in addition to pausing at the top for a panoramic view of the Scottish capital in all its glory.

Edinburgh also boasts some of Scotland's finest museums and galleries, among them the National Museum of Scotland, the Scottish National Portrait Gallery and the Scottish National Museum of Modern Art. In addition to the many man-made wonders in the art and architecture of this city, there is plenty of natural beauty to be admired in and

Edinburgh hall of fame

- Sir Arthur Conan Doyle, creator of Sherlock Holmes
- Sir Walter Scott, novelist
- Robert Louis Stevenson, novelist
- Charles Bell, medical thinker
- John Napier, mathematician

around Edinburgh, from the scenic Holyrood Park to the rugged, craggy glory of the surrounding countryside, which is peppered with crumbling castles and gothic chapels.

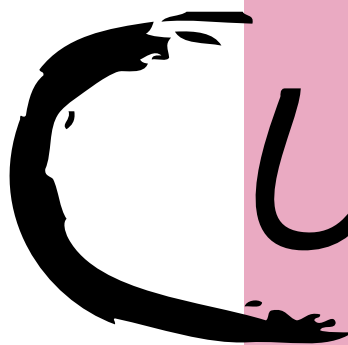
However, Edinburgh is not just culture and history. Today, it is a thriving, modern capital with shopping, accommodation and entertainment facilities to rival any other. In the wide avenues of the New Town, which feels like an entirely different city from the winding, cobbled streets of the Old Town, lies Edinburgh's premier shopping area, Princes Street. Nearby on the smart, new Morningside Walk, are some of the city's swankiest outlets, includ-

ing Harvey Nichols and numerous designer boutiques.

With so many different sites and personalities wrapped up in one city, it's surprising to find that you don't need long to get a true taste of Edinburgh in all its guises. Many of the main attractions are within easy walking distance of the castle and anyone who is moderately fit can avoid public transport altogether and see the city on foot, which is undoubtedly the best way to take in the countless quirks, oddities and idiosyncrasies that lie around every corner of this characterful capital. ●



EDINBURGH CASTLE



Curve

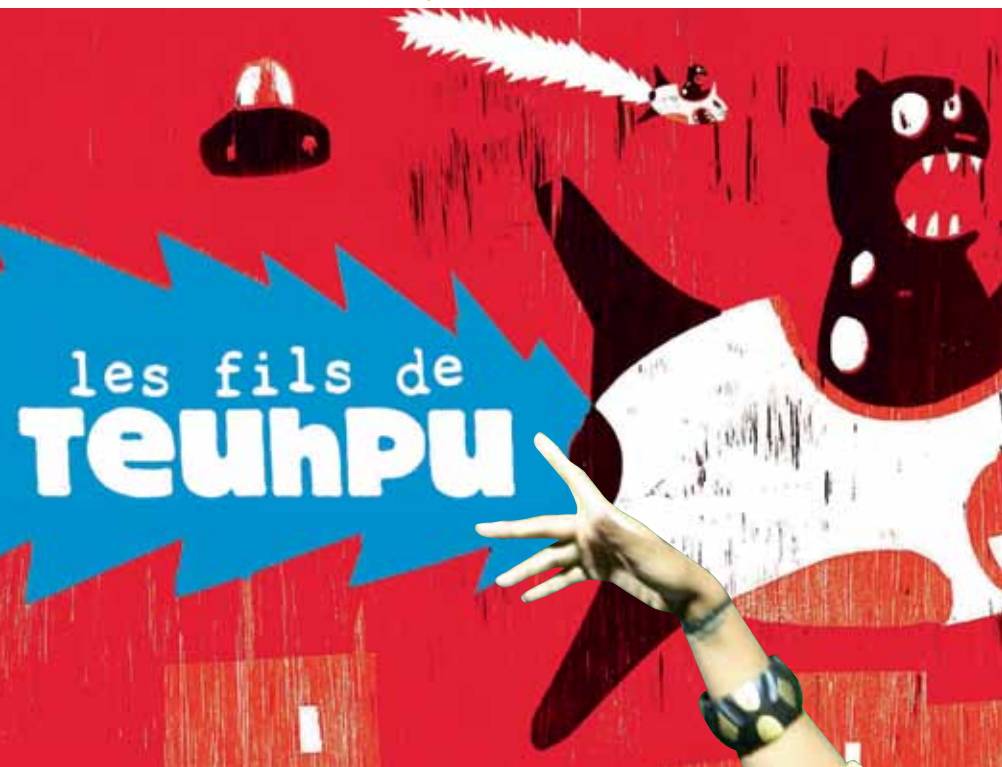
*nail, hair
&*

beauty saloon

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Long live LIVE MUSIC



There's plenty to look forward to this year, and in terms of live music, 2012 in the UAE looks set to be a stunner.

The year 2012 is finally upon us. Some will have already started counting down the days on their Mayan calendars, waiting for the end of the world, while some will spend the year quivering in fear that the planet will quite literally fall apart, à la the laughably awful Hollywood disaster film, *2012*.

For others, though, excitement has already started to build over what looks guaranteed to become a sensational year for live music. And it's fair to say that the UAE's music scene will kick off the New Year with a bang.

First up, purveyor of stunning local performers The Fridge starts up on January 11 with its Acoustic Songwriters Showcase, organised in

partnership with songwriter Harrison Rice. This is the second edition of the show, and it will feature five UAE-based songwriters each performing three of their original songs at the Al Quoz warehouse venue. If the last edition of the show is anything to go by, this one should be a beautiful evening of wonderful music.

The week after, The Fridge begins the ninth season of its famed Fridge Concert Series, which includes six consecutive Mondays of live music performed by locally based musicians and performers. Already lined up are the Afif Brothers, pop-rock band Beat Antenna and Latino artist Eddi Duarte. This series starts on January 16 and is surely not one to be missed.

Also beginning on January 16 is

something of a more international flavour. A gig organised by the French Cultural Centre of Abu Dhabi featuring Les Fils de Teuhpu, a buoyant brass band, should provide Europhiles with an evening of delight. The unusual ska band have never been to the Arabian Peninsula before, so their combination of trumpets, drums, strings, washtub bass and saxophone should provide

MS DYNAMITE

Best of 2011

- Metallica
- Paul McCartney
- Janet Jackson
- Britney Spears
- Maroon 5
- Joe Cocker
- 30 Seconds to Mars
- Chris Brown
- Usher
- The Script

something different for those looking beyond the traditional realms of band music.

But this year's offerings won't only consist of local talent and obscure artists; there'll be plenty of internationally renowned artists for us to sink our teeth into as well. On January 12, the chart-topping band, Scissor Sisters, will open up the 2012 season of Yas Island Show Weekends, supported by none other than British RnB singer Ms Dynamite. The Scissor

“Later on in the year, we can look forward to such acts as Snow Patrol and Calvin Harris.”

Sisters are well known for their infectious dance floor anthems such as *I Don't Feel Like Dancing*, which was written by Elton John and earned the band their first number one in the UK and their first top 10 placing in Australia and Canada.

They've also worked with the likes of Kylie Minogue, who performed a duet with them at Glastonbury, singing their single, *Any Which Way*. What's more, U2 frontman Bono once described them as “the best pop group in the world”. Clearly, then, it's

no small thing that they're heading to the UAE this month. Ms Dynamite's sound, on the other hand, is of a separate genre entirely, though she is certainly no newcomer to the international music scene. She made her name with her debut album, *A Little Deeper*, which won her the Mercury Music Prize. Since then, she has left and re-entered the music industry a number of times, taking time off to pay attention to her son.

Her return to music in 2010 was confirmed with the release of UK artist Katy B's second single, *Lights On*, which peaked at number four on the UK single chart. Her own album is expected to be released early on this year.

Later on in the year, we can look forward to such acts as Snow Patrol and Calvin Harris, who are both set to perform at March's edition of the Sandance Festival at Nasimi Beach. Meanwhile, a host of local musicians will keep us entertained in between the big acts. And if what we know so far is anything to go by, then there'll be many more of these to come. At least if the world does end in 2012, it'll go out to a startling soundtrack. ●



LES FILS DE TEUHPU



SCISSOR SISTERS

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When it comes to keeping fit, we all battle with finding the energy to drag ourselves off that couch after a hard day's work to trundle to the gym in order to get that heart pumping. But for more than five years now, Nintendo has been coaxing us into believing funny animations on your TV screen influence enough exercise to remain on top of your fitness game. But how effective can a computer game be?

Wii Fit follows on the success of the original Wii console, which has been a coveted item since its November, 2006, release. Reaching well beyond the teenage-male fan-base of the standard video game, the basic Wii has attracted kids, parents and seniors, all looking for that easy work-out.

Where the original motion capturing console let you enjoy the likes of golf—without the long walk—boxing, tennis, baseball and bowling, Wii Fit tried to grab the attention of a different demographic. Aerobics, strength training, yoga and balance games were not only predominantly fun, but they all help to increase your heart rate or muscle tone, while also helping the development of core muscle groups that aid balance and posture.

The genius of the all-age-friendly interaction with the television set comes by way of the Wii Fit Balance Board. It may not be the prettiest thing to have lying in the middle of your floor, but the technology behind it makes it worthwhile. It uses four sensors to measure your body weight 60 times a second. It gauges not only the total pressure on

Virtual calories

The best way of staying fit is by doing physical exercise, but the Wii Fit provides a fun alternative.



USING THE BALANCE BOARD

The maths behind fitness

Wii Fit calculates what it calls your Wii Fit Age. You enter your height and age, while the Wii Fit Balance Board calculates your weight. It provides you with your body mass index (BMI) and calculates your Wii Fit Age. Wii Fit also allows you to keep track of off-board fitness activities. Players can log in their daily activities like swimming, walking or cycling, and the time they have spent on each in the game and it will incorporate these figures into calculating your fitness levels.



WII BOXING TAKES IT OUT OF YOU



each foot but also how your weight is distributed. It notes your tiniest wobbles and translates this into eerie insight into your posture and balance.

On the ski jump, you have to position yourself just right, in alignment with a dot on the screen, as your affectionately called Mii—the on-screen version of yourself—barrels down the slope. Then, as you reach the bottom of the ski jump, you straighten your knees, rise onto your toes and hold the pose to lift off and sail through the air. If you're successful, you'll enjoy waving to the applause of a virtual crowd. At the end of each of the 40-plus exercises, you receive not only a numeric score but also a one to four-star rating, from "unbalanced" at one end of the spectrum to "yoga master," "body-builder" or "calorie incinerator" at the other.

The fact of the matter is that performing actual exercise, rather than a virtual instruction, will yield far greater numbers when it comes to calories expended per minute. However, much like life in general, you get out of it what you put in. You may have to work somewhat harder, for longer, but the added fun, and spare time you probably would've spent driving to the gym, added to being in the comfort of your own home and least attractive attire, should balance out beautifully.

The age-old debate of whether fitness can be fun will continue to rage on, with some suggesting that video game consoles offer nothing more than a mild workout. But the truth of it is, regardless of it being a stripped-down version of the gym, the Wii Fit and similar platforms offer improved cardiac and lung function, encourage weight loss, boost strength and endurance, and, thanks to those beautiful endorphins, improve mood. ●

FITNESS FOR REAL

MARIE-LOUISE COOK
DIRECTOR
ABSOLUTE BODY
CONCEPT



Changing your lifestyle

Why is it that when you set out to lose weight and fat, you often end up failing completely? There are so many myths and so much contradictory information out there about how to lose weight and fat. The problem is that most people want this to happen overnight, and this is not how it works.

You have probably tried to lose weight and fat before by not eating, or eating less, or cutting out carbohydrates or cutting out certain food groups. Does this

sound like you?

"You have probably tried to lose weight and fat before by not eating, or eating less, or cutting out certain food groups."

When you do this, you have already set yourself up for failure as you start to crave everything you cannot have. Has this happened to you? The most effective way to lose weight and

fat is to follow a sensible healthy eating regime. You need to "eat to lose".

You should be eating the right foods in the correct combinations. For example, this could be always eating a small amount of protein with your carbohydrates (an ideal snack would be an apple with four to six nuts), and eating little and often. Eating every three hours will keep your metabolism going, which, in turn, will allow your body to start to burn your food as fuel and not store it as fat. In addition to this, following a very simple and effective exercise regime will give you the body shape you desire. Your decision to lose weight and burn fat should become a lifestyle change, and not a diet.

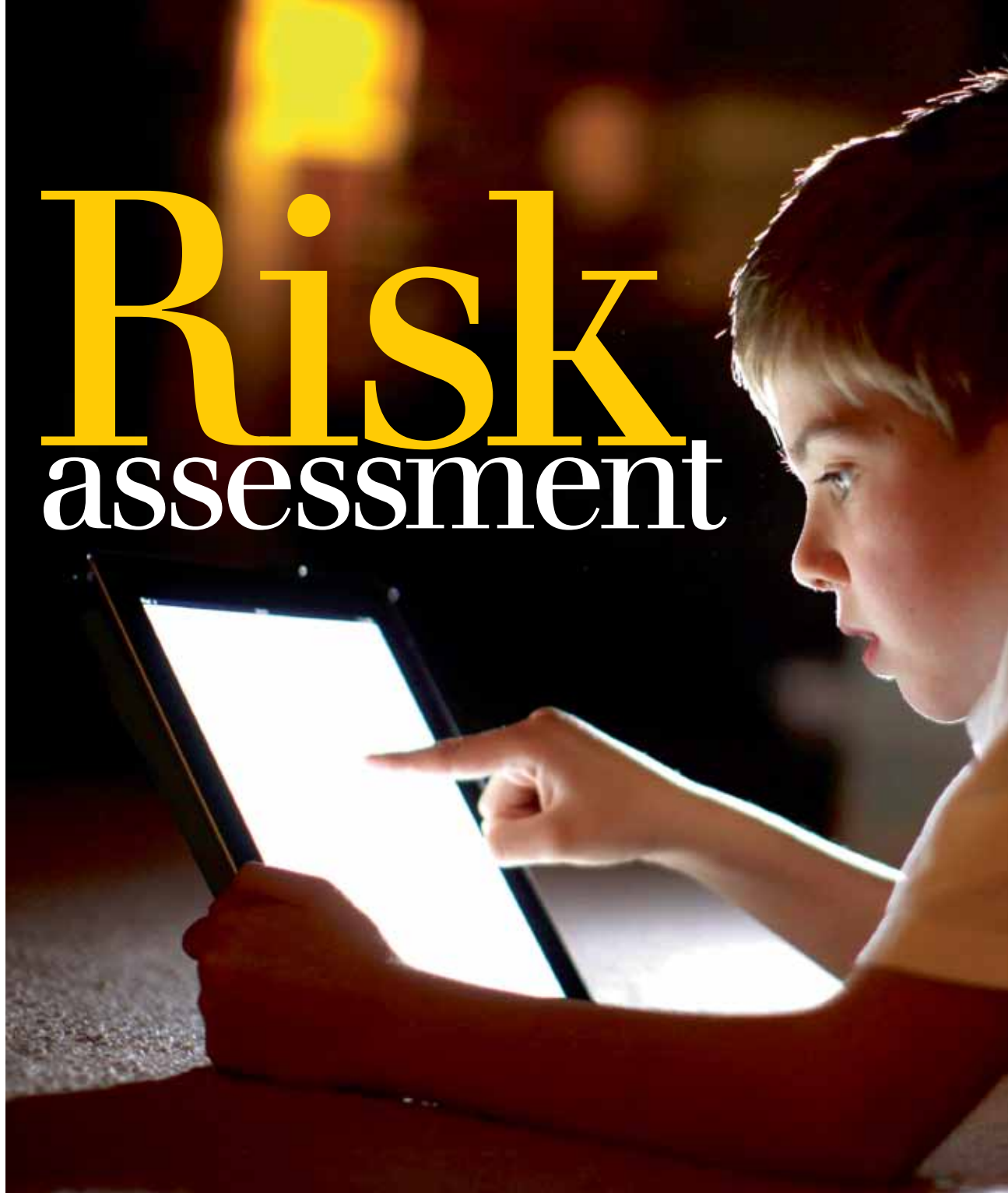
Buying children internet-enabled devices can put them at risk from plenty of online dangers.

It's inevitable that last week, over the festive period, thousands of children and teenagers across Dubai were presented with new pieces of technology as gifts. There will have been new laptops, tablet PCs and smartphones, and there's a good chance that most of this stuff will be internet-enabled.

This means that it's also inevitable that some parents will be worried about how their kids use their new toys, and are wondering how to ensure the children don't use their new gadgets to access unsuitable content, be it by connecting with dubious people on social networks, or watching violent videos on YouTube.

Indeed, even the kids admit that their parents could have something to worry about. According to a recent report by internet security firm Norton, 12 per cent of UAE kids think that their parents have no idea what they do online. This is despite 54 per cent of UAE kids admitting to having been

Risk assessment



ONLY 38 PER CENT OF HOUSEHOLDS HAVE PARENTAL CONTROLS ON THEIR PCS

12%

The number of UAE kids who think their parents have no idea what they do online

in a negative online situation. The most common negative experience, according to the survey, is downloading a virus onto the computer, which is followed closely by being offered a friend request by an unknown person on a social network and seeing violent images online.

But the kids won't tell the parents this, either because they feel the parents would overreact, or because they fear getting into trouble. If the statistics are to be believed, then, parents need to know what they need to protect their children from, and

to go about doing it. The traditional methods of protecting children from unsuitable content are already becoming outdated.

"Kids are developing their online identity at an earlier age than ever before," said Tamim Taufiq, head of Norton's consumer sales for the Middle East. "And they need parents, teachers and other role models to help them figure out where to go, what to say, how to act and perhaps most importantly, how not to act. Negative situations online can have repercussions in the real world—from bullying to money lost in scams to giving strangers personal information."

Of course, there are still basic steps that a parent can take to ensure the safety of their kids online. For example, Norton's survey suggests that 57 per cent of households have house rules for how their children are allowed to use the internet. Of course, there's no guarantee that these rules will be stuck to—only 38 per cent of households have parental controls set



up on their family computers—but it is a start. And for children with computers of their own, it's advisable that parents retain administrative access to them, setting up parental controls and giving kids their own profiles which cannot disable the restrictions.

But being over-protective can also have its downsides. Safety experts say that infringing on a child's privacy by, for example, logging into his or her Facebook account in secret, will only encourage further secrecy. And there are thousands of ways for a child to retain secrecy on the internet. Be-friending children on social networks to “check up” on them won't work, either; it'll merely ensure that they communicate via private messages.

Perhaps the best answer is more education about the risks of online life. According to the survey, 76 per cent of kids and 83 per cent of teachers believe that schools' education on technology should reflect real life. What's more, 50 per cent of kids think that they don't believe they receive an adequate education about online safety. Of course, responsibility must lay with the parents, but kids could be better prepared if these topics were covered in school curriculums.

Either way, it bears thinking about that with buying gadget-hungry children up-to-date, internet-enabled gifts, the risks of them viewing content online can seriously rise. This, by no means, makes for an excuse to stunt their technological growth or know-how; it simply means, as is the case in the physical world, that parents must be aware of what's out there and how to protect their children from it. ●

BYTES & PIECES

MOUSSA EL NAJMI

TECHNOLOGY DIRECTOR
WWW.POLARBEAR.AE



The future has arrived

One of the biggest advances in recent years has been our ability to compute and calculate massive amounts of data in record time. Such capabilities have become more affordable and available to scientists and citizens around the world.

Such advancements facilitated a discovery by a team in Rome, which has pinpointed a chemical called CREB1. The chemical promotes proper functioning of the brain and helps to protect against diseases like Parkinson's and Alzheimer's. Remarkably, this

“In the next decade or less, 3D interfaces will allow us to interact with spacial holograms.”

wonderful molecule is triggered by low calorific intake. When the body is in a state of constant low energy consumption, the brain releases this

chemical to protect essential brain tissue. If this molecule can be synthesised artificially, we could be looking at humans reaching the age of 120 comparatively healthy.

And more is on the way. In the next decade or less, 3D interfaces will allow us to interact with spatial holograms in real time. Instant quantum search; as you look at objects, information is revealed to you about them. Furthermore, scientific advances in battery technology will allow our devices to last for weeks. While you may not be a scientist, you will contribute to science. Sensors in our phones, our cars, our wallets and even data from our tweets will give scientists a real-time picture of our environment. You'll be able to contribute this data to fight global warming, save endangered species or track important events. And a whole class of “citizen scientists” will emerge.

Tech beat



GPS RIVAL GOES LIVE

China's rival to America's GPS system, Beidou, has gone live, and now offers location, journey times and navigational information to China and some of its surrounding countries. The system has been in development since 2000, and it will make China less dependent on US technology.

LAWSUIT OVER TWITTER FOLLOWERS

A US man is being sued by his former mobile news employer for converting his company Twitter account into a personal one after leaving, taking 17,000 followers with him. The firm, Phonedog, is claiming damages of \$2.50 (Dh9) per user, per month, making a total so far of \$370,000 (Dh1.3 million).



NEW APPLE TV SETS?

Rumours that Apple is poised to release its own standalone TV sets have been circulating the internet for months, but now there seems to be some concrete evidence. Sources now say that Apple is ordering components from suppliers to build 32-inch and 37-inch TVs, suggesting a release date of later in 2012.

SPOTLIGHT
ON...

The post-holiday blues

For many people, December was a month of indulgence, family happiness and general good fun. But this can mean that, come January 2, a serious case of the post-holiday blues could set in.

This is a real condition which affects many people worldwide. It's as if all of the problems of the world which have been forgotten about over the past few weeks have come back with a vengeance. The state of the economy, job worries and the pressure of sticking to New Year's resolutions all add up to create, in some cases, serious depression.

One way of beating the blues is simply to stay thinking positively. A new year means a new start, meaning that your reaction to the same kinds of pressures in December do not need to be the same this time around. Instead of despairing at problems, think positively and try to work out how you're going to attack and beat them.

For some, though, thinking positive thoughts simply won't cut it. In cases such as these, experts advise bringing about big changes in your life.

Perhaps start looking for a new job, or else learn a new language. Even something as simple as volunteering on the weekend could turn the dreaded New Year into something new and exciting.

Healthy New Year

We profile some of the best ways to keep fit and healthy during 2012.

As the New Year moves into full swing, many of us will be beginning our annual health kick.

After the indulgence of the festive season, it's time for most of us to ditch the bad habits of the year gone by and focus on healthy eating, a new exercise regime, or making changes in our personal and social life that will benefit our well-being.

So how should we approach the New Year in order to achieve a healthy new body? One of the most common things that people wish to change with a new year is their diet. January is traditionally the busiest month of the year for new gym memberships being opened, fitness DVDs flying off the shelves and an abundance of fitness-at-home equipment being sold. But, as we know, a fitness drive needs to be accompanied by changes in your eating habits to achieve optimum results, and adopting a new dietary regime is no easy feat.

Luckily, there are a few simple changes that we can all make this New Year to achieve a leaner body, shift some of the festive pounds and improve our overall health, without causing too much upheaval within our daily routine.



Time for tea

Drinking green tea has long been thought of as a great aid to a healthy digestive system and a possible catalyst toward achieving and maintaining a healthy weight. While the exact weight loss properties of green tea are not scientifically proven, it has been shown to improve people's cholesterol ratio, as well as help protect against cancer and bacterial infections. Not only this, but many people can often confuse hunger with thirst, so drinking green tea alongside your recommended eight glasses of water per day can help you avoid eating unnecessarily.



Snack smart

Many people make the mistake of eating one or two big meals per day when looking to reduce their calorie intake. However, snacking throughout the day on healthy foods can help keep blood sugar levels and energy release steady, which leads to improved mood, better productivity and, most importantly, more effective appetite control. Plan healthy snacks ahead of time and make sure you always have some to hand; fresh or dried fruit, raw, unsalted nuts (pistachios, cashews or walnuts) and vegetable sticks.



Sweet dreams

If you take sugar in your coffee, always have a chocolate bar after lunch, or like a coating of the sweet stuff over your cereal, simply cutting one sugary thing from your diet each day can help you lose a few pounds without even noticing. Your taste buds will actually adjust to the new, unsweetened taste within a couple of weeks, so by the end of January, you could be well on your way to a sugar-free diet and a healthier you.



Getting personal

If you really are committed to losing weight and getting healthy in the coming year, a personal trainer can get you off to a good start and keep you on the right path. Studies have found that people who are new to exercise produce better results when they have some professional help. A personal trainer can help you learn the correct form and techniques when exercising so that you won't injure yourself. Regular training sessions will keep you motivated and ensure that your work-outs are appropriate to your age, goals and fitness level. A good personal trainer will also be able to provide nutritional advice and tips to complement your new training routine.

HEALTH NEWS

Minimal hair loss for cancer patients

CANCER

Dealing with cancer is a traumatic experience for anyone. Alongside the disease itself, patients can unfortunately be subjected to a host of unpleasant side effects that can often be linked to some of the treatments used to fight the cancer.

Now, however, a new device being used at the Al Noor Hospital in Abu Dhabi could finally enable cancer sufferers to undergo chemotherapy without the fear of losing their hair. Alongside the other side effects of chemotherapy, one of the hardest things for many cancer patients is losing their hair. Indeed, most female sufferers opt for a wig whenever they leave the house.

During trials for the new device, 74 per cent of the 16, mainly female, patients who tested the device showed no significant hair loss.

The chemicals given to cancer patients during a course of chemotherapy cause hair loss and sometime baldness due to the way in which they can damage healthy cells as well as cancerous cells. Many oncology experts consider the device a technological and medical breakthrough. Resembling a helmet, the device is placed on the patient's head during treatment and its cooling effect prevents the hair follicles from being too badly damaged by the chemical drugs used to treat cancer. It might only be a cosmetic victory, but it will still count.

مطعم بيت الشاورما SHAWERMA HOUSE RESTAURANT



Tel: 04 2807333

Dubai - Al Nahda 2, Behind NMC Hospital

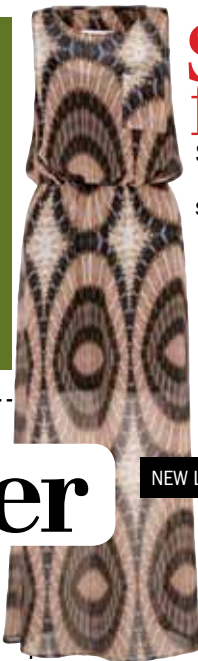
All the dresses

Great for soaking up the summer sun, a safari-inspired dress can combine both comfort and chic, as well as being flexible enough to dress up or down depending on the occasion. Dresses incorporating short or three-quarter-length sleeves are great for covering the upper arms without employing a jacket or shrug, while those that come with a belt can help add definition to the waist.



ROBERTO CAVALLI

Her



NEW LOOK

Safari fabrics

Silk shirts, chinos, lace-ups and high-waisted shorts, the safari style is all about keeping your look chic, relaxed and simple. Team suede dresses with flats for a relaxed look and a silk blouse with wide-leg trousers and wedges for an evening vibe. This trend looks great worn with a golden glow or bronzed beauty trend.



M&S

Final touches

Complement your safari look with bold accessories to add a luxurious touch. Easy-to-wear leather lace-up gladiator sandals, cross-body bags with crocodile straps, utility belts and hand-dyed scarves will make you stand out from the crowd.



NEW LOOK



OSCAR DE LA RENTA

Urban SAFARI

Inspired by Michael Kors, this season's safari style is elegant with clean lines and a touch of animal print. As seen at Roberto Cavalli and Proenza Schouler, the catwalks were awash with camels, khakis and shades of nude. This new jungle style encourages femininity while highlighting the strength of the modern woman. Opt for twill weaves and jersey knits that accent camouflage prints with distressed and weathered styles.

Animal prints

Mix textures and hues, team silk with suede and green with beige. Animal print is a big fashion trend next season so invest in a chic pair of leopard print pumps or a snake skin bag to take you from high street to catwalk chic.

Desert chic

Natural motifs and patterns meet military and uniform-inspired fashion in this modern trend. The classic versatility of the trench coat is back, along with sleeveless jackets, cropped vests and knit leggings.



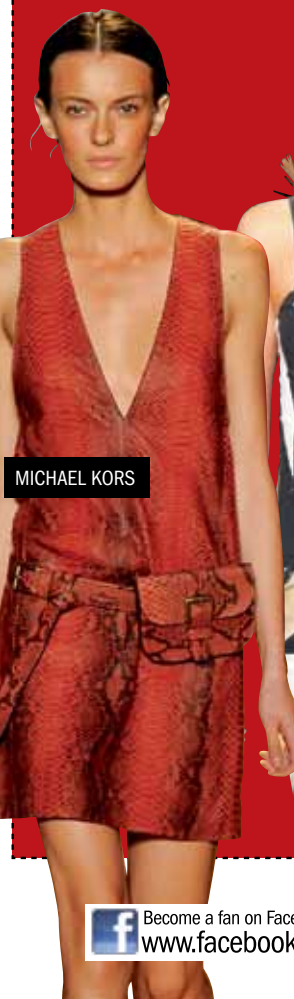
MICHAEL KORS



SALVATORE FERRAGAMO



ROBERTO CAVALLI



MICHAEL KORS



DONNA KAREN

Him

Safari adventurer

Step into the amazing African landscape through safari jackets, cargo pants, shirts and distressed woven sweaters. For a dapper-styled look, opt for a pair of fringed loafers, espadrille slip-ons and rock-star shades.

MICHAEL KORS

BURTON

RIVER ISLAND

Classic elements

Whatever your preference, picking a couple of classic safari-style must-haves will keep you one step ahead of the fashion pack this season. Desert and jungle-inspired colours like olive, muted khaki and burnt sienna are accented by animal and foliage prints.

BURTON

RIVER ISLAND

PERRY ELLIS

RIVER ISLAND

MICHAEL KORS

FASHION OPINION

ZOYA PASHA
FASHION BLOGGER



Burj State of Mind

We live in a superlative city— of that I have no doubt. Dubai is home to the biggest, fastest, newest, most expensive, tallest, and skinniest of just about everything you can think of. Our city does not play it safe. We break the rules, create the moulds and set the trends, leaving the rest of the world bitter and jealous or awestruck and amazed.

At a time when recession is leaving its ugly handprint on our friends in America and Europe, Dubai seems, for the most part, to

be coping. Look around you. Chanel bags, Gucci sunglasses and Hermès birkins roam our malls like they are going out of style. My problem is that, in a city that some may go as far to describe as a beacon in some areas, is seriously lagging behind on the fashion scene. Where is all the originality and quirkiness that we see so frequently in other urban centres?

Metro passenger, what are you wearing to set yourself apart from everybody else? It's so boring the way we all dress in the same labels and brands like sheep in a flock. There is so little imagination or adventure when it comes to fashion here, which contradicts the very essence of our city. Be original, be different, stand out. Take a lesson from our city and don't be afraid to take chances and set yourself apart from the others. That's how we roll, after all.

Celebrities routinely attribute their perfect bodies to detox diets, but how well do they actually work?

Detox diets

magic or myth?

Lose 10 pounds in 10 days, banish cellulite for good and drop a dress size in a week—with such assurances of instant solutions, it's no

wonder that many of us turn to detox diets after the excesses of the festive season. The New Year is the time when many of us embark on so-called quick fix diets but these often do more harm than good, says specialist weight management dietitian, Ellie Clifford.

Detox diets have received mixed publicity. On the one hand, there are the success stories of people who have lost miraculous amounts of weight in impossibly short periods of time—an image that's bolstered by the endorsements of celebrities who cite the Cabbage Soup Diet, the Cleanse Program and other detox eating plans as the reason behind their perfect bodies.

At the same time, many health experts shudder at the very words detox diet. "Detox is nowadays more of a marketing myth, with diets promising a wealth of improvements for your digestion, immune system, skin, hair and, of course, weight loss. In fact, there is little scientific evidence that these detox diets actually provide any benefit, and if it sounds too good to be true, then it probably is," says Clifford.

Advocates of detox diets say that our bodies are continually overloaded with toxins from, for example, pollution, cigarette smoke, pesticides, a poor diet, food additives and caffeine. As these toxins build up in our systems, any number of health problems can occur, including weight gain, cellulite, headaches, dull skin, bloating, fatigue, lowered

immunity, aches and pains and a general lack of well-being, explains dietitian Juliette Kellow.

"According to advocates, the process of detoxing helps to remove these toxins from the body with the result that you lose weight, feel healthier and recover from all those other nagging health problems. However, there is simply no scientific evidence to suggest that our bodies need help to get rid of waste products if we are healthy, and there's little proof to support the claims that detox diets work," she says.

Many scientists and health experts point out that we already possess the necessary systems to cleanse the body of toxins and other waste products. "Our bodies have developed over time to detoxify themselves

Celebrity detox diets

The Clease Programme – Gwyneth Paltrow

Master Cleanse – Beyoncé

David Kirsch's 48-Hour detox – Anne Hathaway

Cooler Cleanse – Salma Hayek

The Kind Diet – Alicia Silverstone

(unless you have a specific medical condition). The gut prevents bacteria and many toxins from entering the body and, should this not be complete, then the liver will detoxify the substances that do enter and these are then excreted via the kidneys," explains Clifford.

Not only are detox diets considered to be superfluous, but many also believe they can actually be detrimental to the health. "Most experts say that strict detox diets followed in the long term can lead to nutrient deficiencies and health problems associated with this. For example, by eliminating dairy products from your diet, it is

“By eliminating dairy products from your diet, it is very hard to meet nutrition needs for calcium.”

very hard to meet nutrition needs for calcium, a mineral that's needed for strong bones and teeth and, ultimately, a calcium deficiency can lead to the development of osteoporosis



or brittle bone disease later in life," says Kellow.

That's not to say that detox diets don't help people to lose weight, she adds, but more often than not, the weight loss is short-lived. According to Kellow, "Any weight loss achieved is usually temporary and is the result of a loss of water as well as fat due to the severe calorie restriction. This means you usually put the weight straight back on, which can be demoralising and lead to yo-yo dieting. Detox diets can also cause an unhealthy obsession with food and, finally, they make eating out and socialising almost impossible—most hosts and restaurants don't produce detox-friendly meals, with good reason!" ●



MAKE YOUR OWN GIFT

Teacup candles

This gift is easy, simple and completely delightful.

HOBBYCRAFT

Step 1: Gather together the following:

- Teacups or similar containers.
- Wax—paraffin wax beads and beeswax or old candles. Beeswax acts as a hardening agent—use five per cent beeswax to 95 per cent paraffin.
- Double-boiler (or one saucepan on top of another).
- Wick sustainer (the metal washer that is found at the base of a tea-light).
- Dye discs or liquid candle dye (optional).
- Container wick.
- Essential oils (if you want to make scented candles).

Step 2: Begin by working out how much wax you need for each teacup. To do this, fill the teacup with water and measure the amount.

Step 3: Put your wax ingredients into the top pan of a double-boiler and pour water into the bottom pan.

Step 4: If you want a coloured candle, add the dye now and melt it with the wax over a gentle heat. One dye disc will colour two kilograms of wax, so you will need about one-tenth of a disc to colour a teacup candle, depending on how deep you want the shade to be.

Step 5: Prepare the wick by cutting it two centimetres longer than the teacup's depth and pull one end through the hole in the wick sustainer. Dip this into the molten wax to prime it.

Step 6: If you want a scented candle, add one teaspoon of oil for every 100 grams of molten wax and stir well.



Step 7: Place the wick sustainer at the bottom of the teacup in the centre, and hold it upright with one hand while you pour the wax in around it with the other. Hold it in place for a few minutes or until a fine skin has developed on the surface of the can-

dle, then leave to set for half an hour without moving it.

Step 8: If a small well forms in the top of the wax as it cools and contracts, break the skin and fill with left-over molten wax.

The Girl with the Dragon Tattoo

by Stieg Larsson

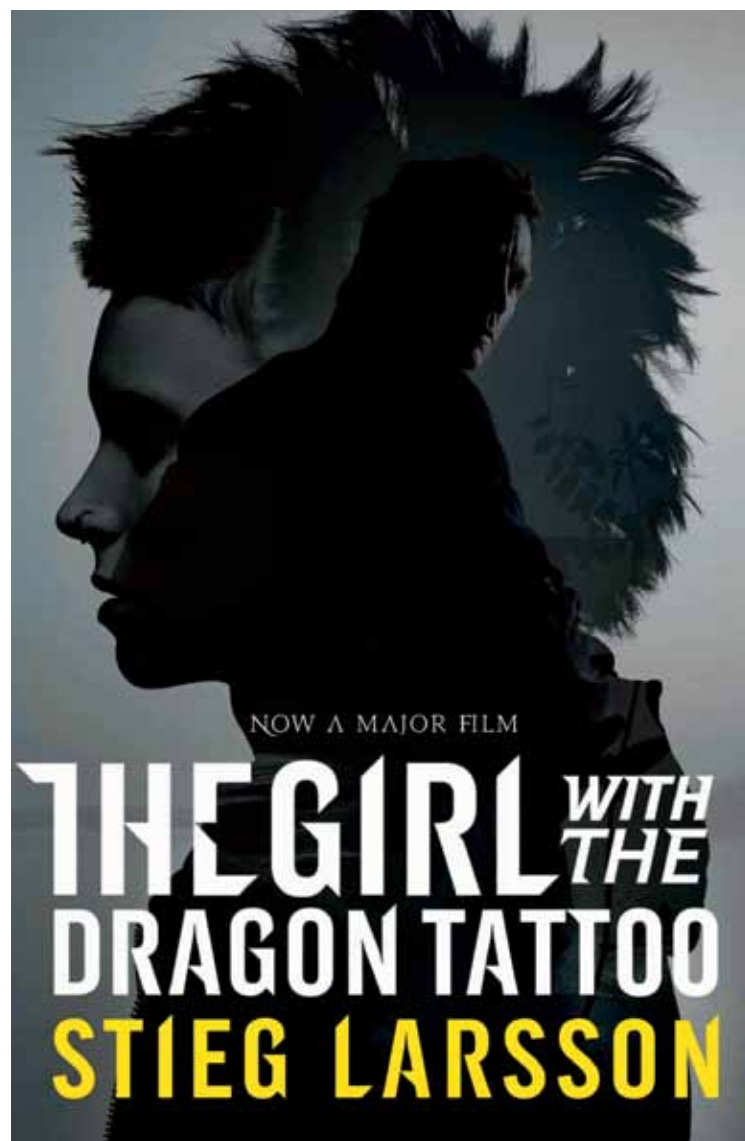
BOOKS

The number one best-selling mystery featuring Lisbeth Salander has been relaunched to coincide with the recently released major motion picture, starring Daniel Craig and Rooney Mara.

The Girl with the Dragon Tattoo combines murder mystery, emotional drama, a love story, and financial intrigue to create a complex and atmospheric novel. Mikael Blomkvist, a crusading journalist recently at the wrong end of a libel case, is hired to get to the bottom of a young woman's disappearance. He is accompanied on his quest by Lisbeth Salander, a

24-year-old tattooed genius whose wisdom and terrifying capacity for ruthlessness exceeds her years. Together, the unlikely duo discover a history of astounding corruption and an unexpected connection between themselves.

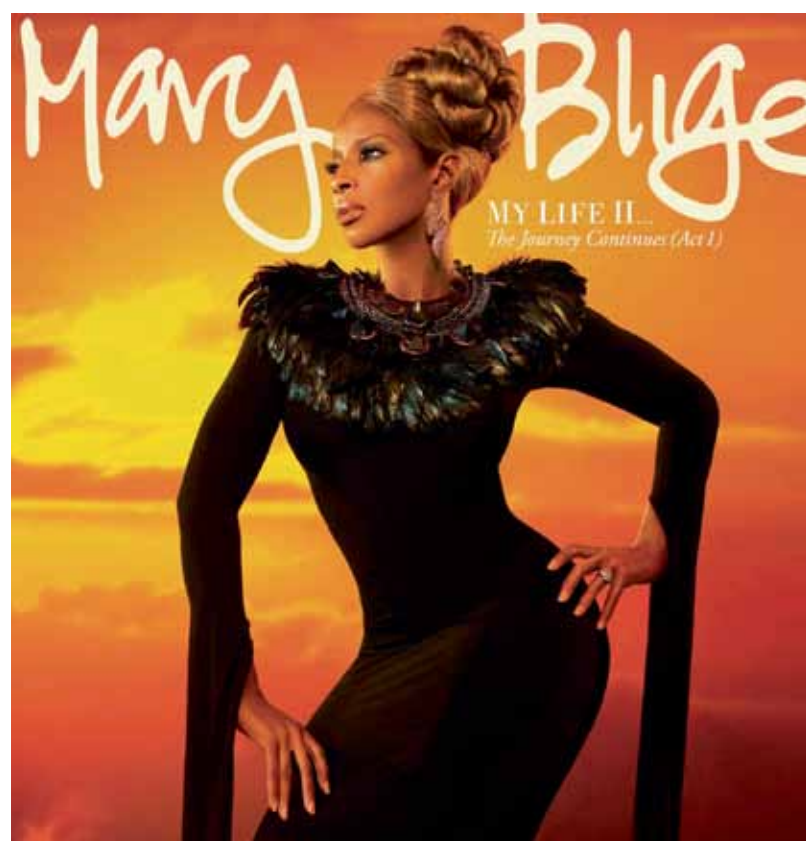
This exciting, intelligent novel has a lot to say about society at its most hidden, and about the intimate lives of the characters, all of whom are forced to face the darker aspects of their world and their own lives. It's more than simple pop-reading, this, and if you haven't read this modern masterpiece yet, be sure to do so before watching the film; the book is the original and best.



If you like this then you could try...

• *The Hunger Games* by Suzanne Collins

In the nation of Panem, each district sends one boy and one girl to appear in an annual event called The Hunger Games, a fight to the death on live TV. When 16-year-old Katniss Everdeen is called up, she knows that at least one rule is for sure; kill or be killed.



My Life II: The Journey Continues, Act 1 ★★★★★

Artist Mary J. Blige **Label** Geffen

ALBUMS

This rather long-winded title comes 17 years after Mary J. Blige's breakthrough second album, *My Life*, though much has changed in the singer's life since then. She's won nine Grammy Awards, been nominated for 29, and has sold 50 million albums worldwide, so it seems strange that she'd release a sequel now.

"The first *My Life*, I didn't understand why I was in so much pain," explains Blige.

Whatever it means for her, though, the new release can only be good news for fans, who never tire of hearing her distinctive voice. This album

is no disappointment, with Blige showing more than ever that she can churn out classic hits with plenty of substance almost effortlessly. In an age when mega pop stars are simply pretty faces with computerised voices, it's a joy to hear such raw talent.

What's more, on the deluxe version, there are 17 tracks, a musical feast by today's standards. Of course, there are a couple that aren't quite as enjoyable as the others—*Empty Prayers*, for example—but on the whole, it's a brilliant album. Some could accuse Blige of sticking too closely to her guns by always coming out with the same kind of music, but she's good at what she does, and that's an end of it.

Fantastic hot or cold

The fire and ice theme at Anise in Dubai Festival City does little to distract from the beauty of the food there.



RESTAURANTS

For any expatriate who has been in Dubai for more than a week, they'll be fully aware that Friday brunch is an institution in itself. Dressing in their latest finery and sampling the freshest food available, the afternoon passes in a happy celebration amongst friends and family, and Anise at Festival City makes the trip across the Creek all the more worthwhile.

Set to a fire and ice theme, the bright and spacious atmosphere is both welcoming and stunning to breathe in, as your eyes try to adjust to the sheer volume of food tempting your taste buds and whetting your appetite.

Beginning with seafood, a sushi bar, encompassed with mountains of prawns, crab, cigalas and oysters,

an ocean worth of fresh fish and crustaceans are the perfect starter to ease the palate into the waves of food sensations before catching a lobster delivery to your table.

The inevitable continuation to the live cooking station where magical dishes from all over the world are created is a joy as the live band plays a mellow melody that, to all intents and purposes, sets the ambiance to a sound track ideal for an afternoon of over-indulgence.

With all the food tasting so impressive, picking highlights is an issue. Every mouthful brought with it salivation not experienced since our mothers' home cooking many years ago. The Mongolian barbecue was mouth-watering to the point that everyone that tried it didn't think twice about going back for seconds, while the good old English roast

“As brunches go, Anise has certainly stepped up to the mark.”

came with all the trimmings, including huge Yorkshire puddings, ladles loaded with gravy, and the juiciest meat you could hope for.

And what's brunch without a smorgasbord of deserts? A superb selection of crêpes and ice cream, fruit, chocolate fountains, moose, and more little cakes than there are names for. The chances that you will need to be rolled out of the restaurant with a fully satisfied appetite is potentially your only concern.

As brunches go, Anise has certainly stepped up to the mark when it comes to the buffet-style experience. Just because it is preparing large quantities of food, doesn't mean it can't manage to maintain a high level of quality. Top class food, fantastically friendly and helpful staff, and a beautiful restaurant—both inside and out on the balcony that overlooks the Creek—make the afternoon well worth every dirham you dish out, which is not half as much as you might expect for what you get out of it.

The wide variety of food available, authentic preparation techniques, and all-round relaxed ambiance of Anise ensure a stimulating and delightful brunching experience at Dubai's Festival City, be it with family, or just a group of your favourite friends. ●



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All in the lead

The strength of **Sherlock Holmes: A Game of Shadows** lies with Robert Downey Jr.'s performance.

Guy Ritchie defied the odds with his 2009 reboot of *Sherlock Holmes*; Ritchie managed to take Sir Arthur Conan Doyle's famed detective and turn him into a crime-solving action hero that modern audiences by and large loved—thanks in no small part to the roughish charms and quick wit of star Robert Downey Jr.

In one sense, if you've seen one Sherlock Holmes movie, you've seen them all. Sherlock Holmes (Downey Jr.) deduces crimes, Dr. John Watson (Jude Law) is there to assist and Professor Moriarty (Jared Harris) looms in the distance as the nemesis. So is the sequel a bigger and better follow-up to its predecessor?

In the interest of avoiding spoil-

ers, the plot will not be picked over here, save mentioning the fact that it's good. Twisted, cunning, clever, witty and deeply satisfying, this film not only encourages but actually rewards multiple viewings. Anyone who watched the first film and thought that they stood a chance of keeping pace with Holmes this time will find themselves well and truly hoodwinked.

JUDE LAW AND ROBERT DOWNEY JR.



Did you know?

- Guy Ritchie was married to Madonna in 2000 but they obtained a divorce in 2008.
- His first full-length feature was the successful *Lock, Stock and Two Smoking Barrels* in 1998.
- The British director has a black belt in karate.
- During the MTV Movie Awards, Will Smith arrived on a horse to perform the song from *Wild Wild West* (1999) and the horse accidentally stepped on Ritchie's foot, injuring him.
- Downey Jr.'s dad Robert Downey Sr., was an actor, writer, cinematographer and independent filmmaker and the family moved frequently because of his work. Downey Jr. spent time in New York, California, Woodstock, Connecticut, Paris and London as a child.
- Five-year-old Downey Jr. made his big screen debut as a puppy in his father's 1970 movie, *Pound*.

Guy Ritchie's directorial style might not be quite the best fit for an update on the legendary detective, but Sherlock Holmes benefits from the elementary appeal of a strong performance by the leading man. Downey Jr., as always, gives it his all. He's in practically every scene and you can't help but smile as you watch him ham it up (but never too much). The story is of little importance. The dastardly Professor Moriarty is planning to engineer World War I some 23 years early by using anarchists to blow up French and German dignitaries in such a way as to annoy both countries. For some reason, Holmes is on his own in his belief that Moriarty is behind the outrages. Worse still, Holmes' usual partner, Dr Watson, is unavailable, as he is about to marry his fiancée (Kelly Reilly) and go on his honeymoon with her to Brighton.

A clever assassination plot comes to a head while Holmes and Moriarty sit down to a game of chess as they articulate their differences, leading to a mighty struggle that does nothing if not set up a sequel.

“Under Ritchie's guidance, Downey Jr. delivers an edgier, slightly psychotic Holmes.”

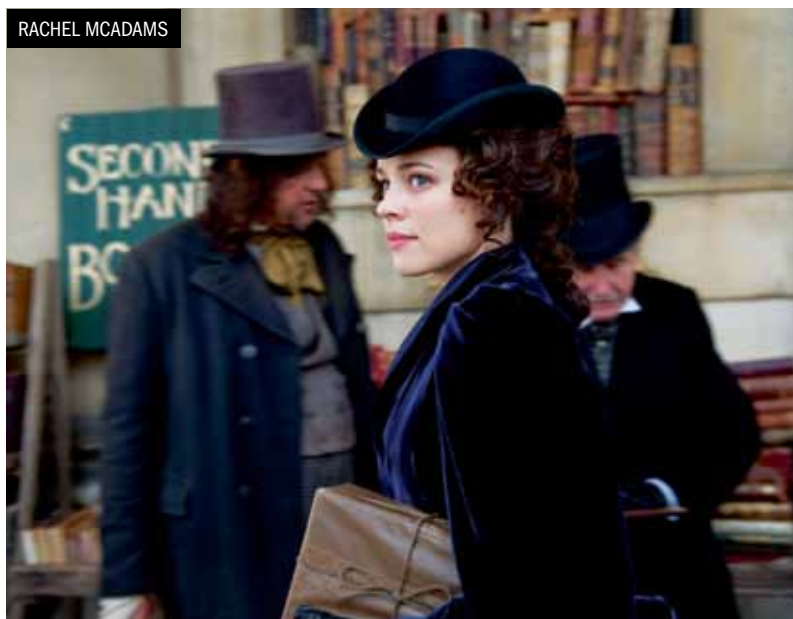
Along the way, Holmes has fist-fights with Cossacks, dances with Watson and experiments with some of the silliest disguises in film history.

Along with this dynamic duo, director Ritchie has given the boys a beautiful gypsy fortune teller, Madam Simza (Noomi Rapace—the original *Girl with the Dragon Tattoo*), and Sherlock's brother, (the very funny

Stephen Fry) to help them along. Rachel McAdams also makes a brief but noteworthy appearance at the beginning of the film.

The film is a perfect blend of humour, mystery and action. For pure entertainment and fun, with a debonair hero and an excellent and plausible baddie, Ritchie has outdone himself. Well worth the time and money, *Sherlock Holmes: A Game of Shadows* does not disappoint. Earlier films starring Basil Rathbone may be slightly more faithful to Sir Arthur Conan Doyle's books, but under Ritchie's guidance, Downey Jr. delivers an edgier, slightly psychotic Holmes that seems just right for the times. Put this one on your must-see list for 2012. ●

RACHEL MCADAMS



Bollywood news

Salman Khan thanked

Composer-singer-actor Himesh Reshammiya credits actor Salman Khan, a godfather to many newcomers, for his success in the Hindi film industry. Himesh, who reportedly had a spat with Salman sometime back, minced no words while thanking the actor and his family for helping him at every stage of his decade-long career either as a music director, singer or even as an actor.



Abhishek on shrine visit

Abhishek Bachchan, on a promotional tour for his upcoming film, *Players*, took time off to visit the shrine of Hazrat Khwaja Moinuddin Chisti in Ajmer after a gap of seven years. The actor is currently in Jaipur for the film promotion. Directed by Abbas-Mustan, it has an ensemble cast featuring Bobby Deol, Neil Nitin Mukesh, Sikander Kher, Bipasha Basu, Sonam Kapoor and Omi Vaidya.



Legends Walk gets 25 star handprints

Bollywood actor Ritesh Deshmukh, who is set to launch a Legends Walk in Mumbai, a Desi version of the famous Hollywood Walk of Fame, says he has already got the handprints of as many as 25 legendary actors of the Hindi film industry. Ritesh has been able to get the hand impressions of the likes of Shashi Kapoor, Manoj Kumar, Sadhana and Amitabh Bachchan.

SILVER SCREEN

REEM HAMEED
MEDIA SPECIALIST
BOOMTOWN
PRODUCTIONS



The virtues of Vimeo

If you're trying to reach a large number of people with the smallest amount of effort, then get your video on YouTube now. Thanks to YouTube, we all have access to an endless stream of amazing short films. However, I'd like to present you with an interesting alternative. Vimeo.com is the internet's "other" video viewing platform and offers interesting advantages over the YouTube hegemony.

Some musicians and artists use Vimeo as their primary (and sometimes only) platform

“Vimeo also offers a wider variety of customisable options and also allows your viewers to download films.”

because Vimeo has much more stringent copyright protection practices. Thus, as an artist, your work is more

protected against plagiarism on Vimeo. This means there is less clutter on the site and more opportunity for you (or your video) to shine. Vimeo also offers a wider variety of customisable options and also allows your viewers to download films from your channel. The community consists of artists and viewers who are engaged and passionate about their craft(s). This is a welcome departure from the mass insults sometime hurled onto unsuspecting filmmakers in the YouTube sphere. Vimeo's focus on featuring beautifully crafted and engaging content has nurtured a wonderful community that I believe everyone should be a part of.

If you're wondering about where to begin, the Staff Picks section is a compilation of some of the most beautiful short films that I have ever seen.

Reviews in brief

A quick look at the week's biggest films.



Jack and Jill ★★★★★

(2011) Adam Sandler, Katie Holmes, Al Pacino

Adam Sandler once had the ability to make us laugh quite heartily. That is an ability he has lost. Playing a dual role as a successful advertising executive and his needy passive-aggressive identical twin sister, he falls flat. We wouldn't go so far as to say that *Jack and Jill* is the worst comedy of the year, as there's much worse out there. But it's certainly one of the most annoying.

X Large (Arabic) ★★★★★

(2011) Ahmed Helmy, Donia Sameer Ghanem, Ibrahim Nasr



A story about an overweight man, Magdy, who only wants someone to love him for who he is based on his inside beauty. After meeting a beautiful woman, Dina,

Magdy goes to the extent of pretending to be Adel, Magdy's cousin, resulting in hilarious situations. The film highlights the age-old issue of beauty only being skin deep, but with a nice comical twist that makes this an enjoyable watch.



Where Do We Go Now? (Lebanon) ★★★★★

(2011) Claude Baz Moussawbaa, Leyla Hakim, Nadine Labaki

The premise of the movie is quite simple—and for many Lebanese, worry-inducing for fear of overuse of clichés. The overall basis of the plot is the coexistence of Lebanese Muslims and Christians in one community, sometimes peacefully and other times not. The accolades one ought to give Labaki for this movie are not for her acting skills but for her directing. And you cannot but love every moment of it.

Listings



ALVIN AND THE CHIPMUNKS 3

MOVIE GUIDE

GRAND CINEPLEX - WAFI

Al Academy - 11:30, 16:30, 21:30
Cima Ali Baba - 13:30, 18:30, 23:30
Don 2 - 10:30, 12:00, 13:30, 15:00, 16:30, 18:00, 19:30, 21:00, 22:30 00:00
Don 2 (3D) - 11:00, 14:00, 17:00, 20:00, 23:00
Hugo (3D) - 10:30, 13:00, 15:30, 18:00, 20:30, 23:00
Mission: Impossible 4 - 10:15, 12:20, 13:00, 15:00, 15:45, 17:40, 18:25, 20:20, 21:10, 23:00, 23:50
Sherlock Holmes 2 - 10:30, 11:30, 13:10, 14:10, 15:50, 16:40, 18:30, 17:20, 21:20, 22:10, 23:55, 00:40
Trespass - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
Warrior - 11:30, 14:00, 16:40, 19:00, 21:30, 00:00

GRAND MEGAPLEX - IBN BATTUTA

Al Academy - 11:00, 13:30, 16:00, 18:30, 21:30, 23:30
Alvin and the Chipmunks 3 - 10:30, 12:20, 14:10, 16:00, 17:50, 19:40, 21:30, 23:20
Arthur Christmas - 10:30, 12:30, 14:30, 16:30, 18:30, 20:30, 22:20
Cima Ali Baba - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00
Don 2 - 10:30, 12:00, 13:30, 15:00, 16:30, 18:00, 19:30, 21:00, 22:30 00:00
Hugo - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00
Hugo (3D) - 10:30, 13:00, 15:30, 18:00, 20:30, 23:00
Johnny English Reborn - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
Ladies vs Ricky Bahl - 10:30, 13:30, 16:30, 19:30, 22:30
Mission: Impossible 4 - 10:15, 11:00, 13:00, 13:40, 15:45, 16:20, 18:25, 21:10, 21:40, 23:50, 00:15

The Muppets - 10:15, 12:30, 14:45, 17:00
New Year's Eve - 10:00, 12:20, 14:40, 17:00, 19:20, 21:40, 00:00
Sherlock Holmes 2 - 10:30, 11:30, 13:10, 14:10, 15:50, 16:40, 18:30, 17:20, 21:20, 22:10, 23:55, 00:40
Tall Dark Stranger - 19:30, 21:40, 23:50
Trespass - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
Twilight: Breaking Dawn - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00
Warrior - 11:30, 14:00, 16:40, 19:00, 21:30, 00:00

GRAND CINEMAS - FESTIVAL CITY

Al Academy - 11:30, 16:30, 21:30
Alvin and the Chipmunks 3 - 11:00, 13:00, 15:00, 17:00, 19:00, 21:00, 23:00
Arthur Christmas (3D) - 11:00, 13:00, 15:00, 17:00
Cat in Boots - 10:00, 12:00, 14:00, 16:00
Cima Ali Baba - 13:30, 16:30, 23:30
Don 2 - 10:30, 13:30, 17:30, 19:30, 22:30
Hugo - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00
Hugo (3D) - 10:30, 13:00, 15:30, 18:00, 20:30, 23:00
Mission: Impossible 4 - 10:15, 12:20, 13:00, 15:00, 15:45, 17:40, 18:25, 20:20, 21:10, 23:00, 23:50
New Year's Eve - 18:30, 21:00, 23:30
Sherlock Holmes 2 - 10:30, 11:30, 13:10, 14:10, 15:50, 16:40, 18:30, 17:20, 21:20, 22:10, 23:55, 00:40
Trespass - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
Warrior - 19:00, 21:30, 00:00

GRAND CINECITY - AL GHURAIR

Don 2 - 10:30, 13:30, 17:30, 19:30, 22:30
Hugo - 19:00, 21:30, 00:00
Hugo (3D) - 10:30, 13:00, 15:30,

18:00, 20:30, 23:00
Mission: Impossible 4 - 10:15, 13:00, 15:45, 18:25, 21:10, 23:50
New Year's Eve - 11:00, 13:00, 15:00, 17:00
Raja Pattai - 11:00, 14:00, 17:00, 20:00, 23:00
Sherlock Holmes 2 - 10:30, 13:10, 15:50, 18:30, 21:20, 23:55
Trespass - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
Warrior - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00

GRAND METROPLEX - METROPOLITAN

Alvin and the Chipmunks 3 - 11:00, 13:00, 15:00, 17:00, 19:00, 21:00, 23:00
Cima Ali Baba - 11:00, 13:00, 15:00, 17:00, 19:00, 21:00, 23:00
Don 2 - 10:30, 13:30, 17:30, 19:30, 22:30
Hugo - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00
Mission: Impossible 4 - 10:15, 13:00, 15:45, 18:25, 21:10, 23:50
Raja Pattai - 11:00, 14:00, 17:00, 20:00, 23:00
Sherlock Holmes 2 - 10:30, 13:10, 15:50, 18:30, 21:20, 23:55
Warrior - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00

GRAND MERCATO

Alvin and the Chipmunks 3 - 11:00, 13:00, 15:00, 17:00
Don 2 - 10:30, 13:30, 17:30, 19:30, 22:30
Hugo (3D) - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00
Mission: Impossible 4 - 10:15, 13:00, 15:45, 18:25, 21:10, 23:50
New Year's Eve - 19:20, 21:40, 23:40
Sherlock Holmes 2 - 10:30, 13:10, 15:50, 18:30, 21:20, 23:55
Trespass - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
Warrior - 21:00, 23:30

THE READ. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.

SCHEDULE CORRECT AT TIME OF GOING TO PRESS; HOWEVER, PLEASE NOTE THAT THEATRES CAN CHANGE SCHEDULES WITHOUT NOTICE

VOX CINEMAS - DEIRA CITY CENTRE

Al Academy - 19:00, 21:15, 23:30
Alvin and the Chipmunks 3 - 11:00, 13:00, 15:00, 17:00
Arthur Christmas - 09:30, 11:45, 14:00, 16:15
Don 2 - 10:30, 13:30, 16:30, 19:30, 22:30
Don 2 (3D) - 11:30, 14:30, 17:30, 20:30, 23:30
Hugo - 10:15, 12:45, 15:15, 17:45
Hugo (3D) - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30
Mission: Impossible 4 - 10:15, 12:00, 13:00, 14:45, 15:45, 17:30, 18:30, 20:15, 21:15, 23:00, 00:00
Raja Pattai - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
Sherlock Holmes 2 - 10:00, 11:45, 12:45, 14:30, 15:30, 17:15, 18:15, 20:00, 21:00, 22:45, 23:45
Trespass - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15
X Large - 18:30, 21:15, 00:00

VOX CINEMAS - MOE

Alvin and the Chipmunks 3 - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00
Arthur Christmas - 10:45, 13:00, 15:15, 21:30
Arthur Christmas (3D) - 09:30, 11:45, 14:00, 16:15
Don 2 - 17:45, 20:45, 23:45
Hugo - 12:00, 14:30, 17:00, 19:30, 22:00
Hugo (3D) - 10:30, 13:00, 15:30, 18:00, 20:45, 23:15
The Muppets - 11:00, 13:15, 15:30
New Year's Eve - 11:00, 13:30, 16:00, 18:30, 21:00, 23:00
Mission: Impossible 4 - 10:15, 11:30,



RAJA PATTAI

13:00, 14:15, 15:45, 17:00, 18:30, 19:45, 21:15, 22:30, 00:00, 01:15
Sherlock Holmes 2 - 10:00, 10:45, 11:30, 12:45, 13:30, 14:30, 15:30, 16:15, 17:15, 18:15, 20:00, 21:00, 21:25, 22:45, 23:45
Trespass - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15
Warrior - 00:30
X Large - 18:30, 21:15, 00:00

VOX CINEMAS - MIRDIF CITY CENTRE

Alvin and the Chipmunks 3 - 10:45, 12:45, 14:45, 16:45
Arthur Christmas (3D) - 09:30, 11:45, 14:00, 16:15, 18:30
Don 2 (3D) - 20:30, 23:30
Hugo (3D) - 10:30, 13:00, 15:30, 18:00, 20:45, 23:15
Mission: Impossible 4 - 12:00,

14:45, 17:30, 18:30, 20:15, 21:15, 23:00, 00:00
New Year's Eve - 11:00, 13:30, 16:00, 20:45
Sherlock Holmes 2 - 10:00, 11:45, 12:45, 14:30, 15:30, 17:15, 18:15, 20:00, 21:00, 22:45, 23:45
Trespass - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15
X Large - 21:30, 00:15

REEL CINEMAS - DUBAI MALL

Al Academy - 16:10, 21:20, 23:50
Alvin and the Chipmunks 3 - 11:35, 19:00, 21:00, 23:00, 00:50
Arthur Christmas - 14:15, 16:25, 18:45, 00:45
Arthur Christmas (3D) - 13:30, 15:40, 17:50
Don 2 - 11:45, 14:45, 17:45, 20:45, 23:45

Don 2 (3D) - 15:45, 18:45, 21:45, 00:45
Hugo - 11:00, 13:40, 15:00, 16:20, 19:00, 18:00, 21:00, 21:40, 00:05, 00:20
Hugo (3D) - 12:30, 15:20, 18:10, 21:00, 23:40
Mission: Impossible 4 - 11:50, 13:00, 14:50, 16:00, 17:40, 17:00, 19:00, 20:00, 20:40, 22:00, 23:30, 23:40, 01:00
The Muppets - 16:30
My Week With Marilyn - 17:00, 19:15, 21:25, 23:45
New Year's Eve - 11:30, 14:00, 14:10, 16:30, 16:40, 19:00, 21:30, 00:10
Sherlock Holmes 2 - 11:05, 12:30, 13:00, 13:30, 14:00, 15:30, 16:00, 16:30, 17:00, 18:30, 19:00, 19:30, 20:00, 20:30, 21:10, 21:30, 22:00, 23:15, 00:10, 00:30, 01:00
Warrior - 13:40, 18:20, 21:20, 00:20
The Way - 14:20, 16:50, 19:00, 21:40, 00:20
X Large - 11:40, 14:40, 18:35, 21:35, 00:45

REEL CINEMAS - MARINA MALL

Arthur Christmas (3D) - 11:00, 13:10, 15:20
Hugo - 11:10, 13:40, 14:30, 17:30, 20:30, 23:45
Hugo (3D) - 17:20, 19:50, 22:30, 01:00
Mission: Impossible 4 - 11:40, 14:45, 17:45, 20:45, 00:00
New Year's Eve - 11:45, 14:15, 16:45, 19:15, 21:45, 00:15
Sherlock Holmes 2 - 11:30, 12:20, 14:15, 15:20, 16:45, 18:20, 19:15, 21:20, 21:45, 00:15, 00:20

TO FEATURE YOUR EVENT,
 EMAIL EDITORIAL@README.AE

YOU REVIEW

Your chance to share your views on the latest cinema releases

Nimmy Ravi
 Eye specialist
 Discovery Gardens



I went to see *Alvin and the Chipmunks 3* the other day, and it was probably the worst film I've seen all year. How they've managed to make three films out of this franchise is beyond me—I didn't even realise they'd made a second one! The jokes were cheesy, the characters were awful and the storyline had nothing to it. I know it's meant to be a kids' film, and admittedly I got dragged to go along with my friend who has a daughter, but even the child was unimpressed. Children's films from Disney manage to appeal to all ages, but this one doesn't appeal to anyone. I've never seen the original TV cartoon, but considering how popular it was, I'm guessing that the films don't do it justice. I'd advise saving your money and waiting until you see it in the bargain basket at a shop. Not worth the cinema ticket!

Want to be in Read.?

If you've been to see a recent movie, we want to hear your views. Email us your 150-word film review, along with your job title, location and a high-resolution photograph and you could be featured in our *You Review* section.

MISSION: IMPOSSIBLE 4



The sky's the limit



★★★★☆ Nissan's new convertible offers the same blistering fun as the coupé, plus miles of deep blue sky.

Nissan's 370Z Roadster has been doing well with critics since its Middle East debut in November. Indeed, it recently earned the name of Best Sports Convertible at the Middle East Motor Awards 2011, and there's a good reason for this; it's a cracker of a car.

On the styling, it's certainly better looking than its predecessor, the 350Z. There are Z motifs all over the car, from the headlights and tail-lights to the written letters splashed across the sides and the interior. It looks like it means business, with a wide, imposing stance, as if it's just about to pounce. Unfortunately, as is the case with any soft-top, it looks a little strange with the roof up, but with it down, it looks like a properly modern sports car, particularly with those

tasty 19-inch rims. Inside, things are better than on the previous model, too. Nissan has stepped the quality of the materials up so that it can now run with the likes of Audi and BMW. What's more, you get more as standard on the Nissan than on the German rivals, making it better value.

The scooped instrument panel with its centre console has plenty of gadgetry on it, with all the usual refinements such as climate control, a CD changer and Bluetooth connectivity. There's

328

The horsepower produced
by the 370Z's 3.7-litre
V6 engine

also an optional navigation system that comes with a stunning touch-screen display.

Not that you'll be looking at that much, given the engine in this car. You get a 3.7-litre V6 that revs all the way up to 7,000 rpm and produces 328 horsepower. Of course, next to the hypercars of this world, this may seem like a small amount, but with a relatively low weight, the 370Z Roadster is still good to go





THE WIDE STANCE IS IMPOSING

from 0-100 km/h in 4.9 seconds, less than half a second slower than its coupé sibling. Make no mistake, this is a fast car.

The seven-speed automatic gearbox that most will opt for over here isn't bad, either. It comes with systems called Downshift Rev Matching and Adaptive Shift Control, which are designed to offer quick, manual-like shifting when in manual mode. In this mode, you can either use the paddle shifters on the steering wheel or the shift lever where the manual gearbox would go. The wide ratios promise to offer good fuel efficiency, while the toys ensure that you can still have plenty of fun. The four-

wheel independent suspension has been carried over from the Z coupé, and this is no bad thing. There's double-wishbone front suspension that uses forged aluminium arms and a light-weight aluminium-alloy cradle. The four-link rear suspension is also stiffer and lighter, meaning perhaps a harder ride. But after all, who'll buy this car to be wafted around in comfort? That's just not what it's for.

And even though this is a convertible, Nissan has been at pains to ensure that this car drives as well as possible. Obviously, with any roadster, there's a worry that the driving dynamics will be ruined by

the excess weight gained by strengthening beams and the mechanism of the electric roof, but Nissan has done well to keep the weight down and the car's centre of gravity low. For all but the most discerning drivers, the difference in handling will hardly be noticed.

And if the differences in dynamics can only be noticed by the likes of professional racers, then that makes the lure of the convertible even more appealing. It's fast, it looks great and it drives well. But more importantly, with the roof down, you're given access to 10 million kilometres of deep blue sky, which, even in this region, is something that will never get old. ●



THE INTERIOR QUALITY HAS BEEN STEPPED UP

A Middle Eastern tradition kept alive

CAMEL RACING

There has been a long standing tradition here in the UAE of racing camels for entertainment, and with some camels fetching prices as high as US\$2.7 million, or Dh10 million, it's a big business, to boot.

Camel beauty competitions aside, which may not be for everybody, it is known that female camels are faster than their male counterparts. Over the past 20 years, camel racing in the UAE has come on in leaps and bounds, having gained more structure and prominence through increased interest in the sport.

With a current crop of approximately 14,000 racing camels in the country, it's no surprise that race meets at Nad Al Sheba Racecourse are hotly contested events. The distance for the races vary between



four and 10 kilometres and have been known to include up to 70 camels for an exceptionally exciting atmosphere, with winners receiving an array of prizes, including luxury cars.

This year's season is due to continue until early April, with the norm of two races—early morning and mid-afternoon—generally taking place on Thursdays and Fridays, with the Dubai racetrack filling to the brim with spectators, especially over the winter months.

Camel racing is an absolutely fantastic local sport, and one that all visitors and residents will enjoy. The atmosphere is vibrant, the racing is exciting and the camels are truly impressive. Just remember to bring your binoculars, as you'll be truly amazed by how fast these creatures can really move.

Looking for a job is a job in itself

Career network Akhtaboot offers its advice on how to stay ahead of the crowd when hunting for a new job.



CAREERS

We have all been active job seekers at one point in our lives. Whether it was the search for our first job right out of college or during one of those transitional periods between jobs, the conclusion was the same; looking for and finding a job is not an easy task!

Don't kid yourself, if you are in the job market and actively seeking a job, then you should take it very seriously. Here are some smart tips to help you go the extra mile and get ahead of others during your job search.

THE ART OF THE SEARCH

Searching for information is a skill, and searching for information about potential vacancies is a downright art. The biggest mistake that you can make is to think that the right job will come to you. You have to be proactive and actively search for opportunities. This means that you need to ask around, work your networking skills, read up and get informed.

THE STELLAR CV

A lot has changed in the job market with the digital revolution, but one thing hasn't; an impressive CV is a foot in the door. A good CV should be well

written and straight to the point. It should be informative and, above all, it should look good. You should work on formatting your CV and take the extra effort to save it as a PDF. Make sure there are no spelling or grammar mistakes and, as a rule of thumb, if you are under 30 years old, your CV should not be more than one-page!

THE EXTRA MILE

The above advice represents the backbone of your job search. However, you should always remember that it's a competitive world out there, and in order to get the best job, you must really stand out. You must go above and beyond the ordinary, take that extra mile and show prospective employers what you are made of. ●

“The biggest mistake that you can make is to think that the right job will come to you.”

USE YOUR CONNECTIONS



Post-it

JOBS AVAILABLE

Filipina cleaners are required for a full-time job. Should be on tourist visa. Email wanted.maids@gmail.com or call 042511882/0507536242.

Cook required for a full-time job at a restaurant in Ras Al Khor, Dubai. Should be Indian male (Kerala). Call 0508581314.

Car cleaners urgently wanted for a full-time job. Call 0557823533.

Female Filipina cleaners required for a cleaning company. Should be on visit/tourist visa. Employment visa will be provided. Details: envirodubai@gmail.com.

Product distributors are required for a full-time/ part-time job. Send CV to psbgdistributor@yahoo.com or call 0507050325.

Female housemaid, preferably Filipina, required for a local couple. Applicant must have knowledge in proper house-keeping. Salary is negotiable. Send CV to aj.humanresource@gmail.com.

Cook/Chef required for a full-time job. Employer is local couple. Applicant must have proper training and experience in multi-cuisine specialties. Salary is negotiable. Send CV to aj.humanresource@gmail.com.

JOBS WANTED

Accountant seeks a job, M.com, B.Ed, 4 yrs experience in UAE. Good knowledge of Tally 9, MS Office. Able to do Finalization of Accounts, Bank Reconciliation, Accounts Receivables, Accounts Payables, WPS. Have valid UAE Driving Licence. Contact email: giluklsy@gmail.com/Call 0558031860.

Keralite, MBA professional seeks job. UAE experience. Holds driving licence. Call 0502566498.

Female 27, Fresh Degree holder of BS (Internet Science and Technology) seeks suitable job. Email: ayesh86@hotmail.com/call 0557386334

Female 28, masters in finance, seeks job. 5 yrs experience in credit and risk management. Email mahsoon_asif@hotmail.com /call 0557529288.

Driver seeks job. 15 yrs experience in Dubai and Abu Dhabi. Holds residence visa. Call 0507511319.

Male, 25, teacher seeks job. Teaches chemistry, biology. Call 0555684693.

Electronics Engineer seeks job. 9 yrs experience. Knowledgeable in Oracle. Call 0506870576/email gurukadri@rediffmail.com.

Laboratory Technician with DHA Licence seeks job. 3 yrs experience as a receptionist, multi-lingual. Email barskc@gmail.com.

Arab male, BA English, seeks job. Have experience in MS Office, translation and office work. Call 0553742270.

Male, 26, seeks job in teaching. Teaches English, Chemistry and Biology. Call 0555684693.

Indian male, MSc graduate seeks job as storekeeper. 3 yrs experience. Knowledgeable in Oracle inventory Erpi and MS Office. Email newfakurudeen@yahoo.co.in /0553927191.

Female, English teacher/translator seeks job. 12 yrs experience in teaching English in schools/companies in Dubai. Call 0554293238.

Male, Filipino seeks job as a customer service officer/document controller. 7 yrs experience in customer service. Call 0509968948/cougar00015@yahoo.com.

Driver of heavy vehicle seeks job. Experienced. Have valid driver's licence. Fluent in Arabic. Call 0501147738/0555828275.

North Indian male seeks job as an Urdu teacher. Can tutor to all ages. Teach grammar and literature in Urdu. Qualified and experienced. Call 0553924709/email zzohairahmad@yahoo.com .

Project Engineer (B.Tech) seeks job. 4 yrs experience in EPCM Projects. Skilled in tracking & follow-ups, managing teams. Call 0508194565/aby@edufive.com.

Indian female, MSc computer science, seeks job in the administrative/data entry operating/IT in the IT field. On husband's visa. 5 yrs experience. Call 0504982199, 0555713137/email sajnaraaf@gmail.com.

Electrician seeks job. Gulf experience. On visit visa. Qualified and skilled. Call 0509418423.

ACCA Professional Level student having excellent communication skills and good in MS Word looking for any available job. Contact: 0558292598 or 044202944.

AUTO

KIA Optima, 2007 model. Black colour. 92,000km, midrange (#2). For 26,000AED. Call 0508485149/0502530276.

BMW 750Li, 2006 model, silver, top of the range, 125,000km. Driven by doctor. In excellent condition. Call 0555016555.

Mercedes SLK350, 2005 model. "Designo" Sports coupe, 60,000km. No accidents, well maintained. AED89,000. Call 0566038557.

SERVICES

Computer training services available anywhere in the UAE. Computer experts in all technical problems. Call 0556496804.

Tutoring lessons available. For all subjects from KG to 10th grade in Arabic/Hindi. Also available Chemistry classes for beginners; 11, 12, & Graduate level only. In Al Qusais 4, Damascus street. Call 0566408715/jomyjohn422@gmail.com.

Cleaning services available. Caters homes, offices, villas and apartments. Professional and trustworthy Filipinas. Call 0557042979.

Tutoring lessons available in Deira. Experienced teacher for all subjects. Arabic classes till class 5 and Hindi classes till class 10. Email gunkot95@hotmail.com.

Home tutoring lessons available for Science, English, Maths, Computers and many other subjects in Rashidiya. Call 0555060817.

Complete website with domain available. Hosts one email and 3 static pages for 375/- only. Call 0505676471/Email mansoor@alhadgrafix.com / www.alhadgrafix.com.

Private nursing services. Available for 24 or 12 hours/7 days a week. At reasonable rates. Call 044474949. Email info@almustakbalhomecare.com.

Car lift services available from 7.30pm beginning at Financial Center and ending at Al Nahda in Dubai. Call 0503420603.

Photography services available for all types of Events. Male/Female photographers available 24/7. Call 0506958678/Email info@m-nphotography.com.

PERSONAL

Freelance female writer. Available at any time. For more information please call: 0505250476.

ITEMS

iPhone and iPad available for sale. Many

paid Apps paid. In good condition. Call 0509815607.

Wanted sewing machine. Should be in good condition. It can be used or brand new. Call 0556408715.

Household Items available for sale. 225 litres fridge, 5kgs washing machine, 21" TV, trolley stand for TV/DVD, gas stove including gas cylinder. All in good condition. Call 0506564487/0553796287.

Acer T'mate 5730G available for sale. Core 2Duo P8400 2.26 4 GB Ram 320GB Hard Disk DVD+RW with built-in cam/biological sensor. Call 0503453786/065652371.

Brand new watch (Bernhard H Mayer) for available for sale. At a good price. rajeshpnair25@gmail.com.

ACCOMMODATION

Executive room available for rent. In the O.P.C. area, Bur Dubai. Indian executives only. Starting from 1st Jan. 2012. Call 0557356988.

Sharing accommodation available for executive Keralite bachelor behind Al Maktoum Hospital, Dubai. Rent 600+Dewa. Call: 0506957820.

Bedroom flat available for rent. Starting from the 1st of Jan. At Sheikh Rashid Colony, Qusais, near DIFZ metro station. Rent 20KAED. Call 0553139579.

Room space available for rent. At Al Khalil Gate, Phase 2, Al Quoz. Filipinos only. Call 0505097432/0554070226.

Bed space available for rent. Nepali executive bachelors only. Next to Al Rigga metro station. Call 0557644248.

Partition room available for rent. Near green line metro station Salah Al Din, opposite Reef Mall Deira. For 900AED, DEWA excluded. Internet access, central AC, Orbit. Call 0508709748, 0561315896.

Single bed space available for rent. Indian Keralite executive bachelors only. Near Salah Al Din metro station, behind Reef Mall. Internet access. Rent 550AED +DEWA. Call 0503690114/0554539656.

Shared accommodation available for rent. Indians only. Balcony, bathroom & kitchen accessible. Near Al Rigga metro station. Call 0505643795.

Shared bed space available for rent. Executive Indian Muslim bachelors only. Behind Crownne Plaza, facing Emirates Tower, SZR. For 600AED/ + DEWA. Call 0507082328/0508787695.

Shared accommodation available for rent. Working couple/ ladies only. Bathroom attached. Near Al Ghubaiba metro station. Call 0502262556/0508735136.

One bedroom flat available for rent. Near green line metro/bus station. Starting in January 2012. Rent 20K. Could be extra for furniture. Call 0503447074.

Bed spaces available in a luxury flat. In Karama opposite to G Mart, above Kashmir Palace Hotel. Call 0558521614.

Bedroom flat available for rent. In Sheikh Rashid Colony, Qusais, near DIFZ metro station. Starting 1st of Jan. Annual rent AED20K, furnishings negotiable. Call 0553139579.

Bed space available for rent. For Indian executive bachelors only. Near Bur Dubai green line metro station Al Ghubaiba. Rent 550AED including DEWA. Starting January 1st .Call 0555366740, 0505253121.

Shared/ single bed space, double room or full apartment available for rent. In Ajman near Safeer mall. New flats. Call 0551934475.

Bed space available for rent. Tamil Muslim bachelors only. In Al Baraha near Eidkha Dubai. Rent for 350AED/- including DEWA. Internet is accessible. Call 0503766036.

One room available for rent. Ladies only. Rent 400AED. Attached bathroom. In Deira, Al Murraqqabat St., behind Hamarain Center. Call 0508791227/0505286270.

Shared accommodation available for rent. At Al Qusais next to Dubai Grand Hotel & Dubai airport free zone metro station. Working ladies only. Rent 650AED/free internet. Call 0507941195/042945172.

MISCELLANEOUS

Safari vacation to Tanzania, visiting Ngorongoro/Tarangire/Manyara for 3-4 days. 2050AED per person only. Email tanzaniasafari@hotmail.com.

Technical services licence for sale. At 20,000AED. Valid till 23/10/12 and SPR paid. Call 0508700729 or email meerdxb@gmail.com.

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Five-Year Plan endorsed

Billion-dirham road project to begin in 2012 and carry on through five phases every year until 2016.

PROJECTS

His Highness Sheikh Mohammed bin Rashid Al Maktoum, Vice-President and Prime Minister of the UAE and Ruler of Dubai, has endorsed the Five-Year Plan (2012 to 2016) for constructing internal roads at several Dubai residential districts with a price tag to the tune of Dh1 billion. The project illustrates the keenness of HH Sheikh Mohammed to improve and upgrade the roads' network to keep abreast of the demographic expansion and urbanisation drive seen by the emirate.

Mattar Al Tayer, Chairman of the Board and Executive Director of the RTA, revealed that the Five-Year Plan for internal roads construction spans about 16 districts where urbanisation rates range from 20 to 80 per cent, but in some areas are as low as 5 per cent, such as Al Awir 1. He indicated that the initial phase would see construction works kicked off in areas where urban development is 50 per cent, and that storm water drainage systems and sewage systems had already been completed.

"Phase One, which costs about Dh150 million, starts in 2012 and covers five areas which include Hatta, where the development rate has hit 85 per cent and works include constructing six kilometre-long roads costing Dh15 million. The plan also envisages the construction of six kilometre-long road works, costing Dh25 million, at Al Qusais 3, where urbanisation exceeded 60 per cent. Phase One also includes road construction works at Al Kouz 2, 3 and 4, where the urbanisation rate is as much as 65 per cent, and the area will see the construction of 22 kilometre-long roads costing up to Dh110 million," said Al Tayer.

"Phase Two, which will start in 2013, covers road works in three residential districts, costing about Dh140 million. This includes Muhaisnah 2, where urbanisation has clocked 65 per cent, and involves the construction of roads extending 11 kilometres at a cost of Dh55 million, and Al Barsha South 1 and 2, where the urbanisation rate ranges from 15 to 35 per cent, and works include constructing roads extending 30 kilometres at a cost of Dh85 million.

"Phase Three, which will be started in 2014, covers Al Mamzar, Al



MATTAR AL TAYER

Nahdah 1 and Oud Al Mateena 2 at a cost of about Dh130 million. It encompasses the construction of roads extending 16 kilometres, costing Dh65 million, at Al Mamzar and Al Nahdah where the urbanisation rate is 25 per cent, and roads extending 18 kilometres at Oud Al Mateena 2, where the urbanisation rate reached 40 per cent, at a cost of about Dh65 million.

"Phase Four, which starts in 2014, covers the construction of roads in three areas at a combined cost of Dh140 million, which includes constructing 17 kilometre-long roads at Nad Al Sheba 4 at a cost of about Dh80 million, 13 kilometre-long roads at Oud Al Mateena 1 at a cost of about Dh40 million, and eight kilometre-long roads at Al Khawaneej 2 at a cost of about Dh20 million.

"Phase Five, which will take place in 2016, will see the construction of roads at three areas at a total cost of about Dh250 million, comprising the construction of roads at the Jebel Ali Industrial Area 1, stretch-

“Phase Five, which will take place in 2016, will see the construction of roads at three areas at a total cost of about Dh250 million.”

ing 17 kilometres at a cost of Dh75 million, and roads stretching eight kilometres at Al Qusais Industrial 3, 4 and 5 at a cost of about Dh50 million, in addition to roads at Al Awir 1, stretching 37 kilometres at a cost of Dh125 million," elaborated Al Tayer.

Al Tayer spoke about roads currently being constructed, saying, "Last July, the RTA started the construction of internal roads, including lighting works, at Al Barsha 1, 2 and

3 situated between Sheikh Zayed Road to the east and Al Khail Road to the west, Umm Suqeim Street to the north, and Street 331 to the south, spanning an area of 1,300 hectares. It also includes the construction of roads extending 116 kilometres, covering construction of new roads extending 56 kilometres, and the renovation of existing roads extending 51 kilometres. The importance of the project is underlined by the building and urbanisation rate in the area, which has exceeded 85 per cent, and the area houses a number of malls and trading centres. The project, which is being constructed in four phases, is expected to be completed in full in the first half of 2014.

"Works are progressing according to the set timetable in road projects at Al Khawaneej 1, and Al Warqa 1, 2, 3 and 4.

"The Internal Roads projects at Al Khawaneej 1 include designing and constructing internal (main and local) unpaved roads stretching 38 kilometres, whereas the Internal Roads project at Al Warqa 1, 2, 3 and 4 spans an area of 1,154 hectares and includes the construction and lighting of roads extending 118 kilometres, which covers the construction of new roads extending 92 kilometres and renovating existing roads stretching 26 kilometres," he added.

Al Tayer commented on the roads that have been completed, stating, "Last September, the RTA completed a number of internal roads at Al Mizhar and Al Muhaisnah, encompassing the construction and refurbishment of secondary arterial roads extending 7 kilometres, collector roads extending 8 kilometres, and local roads extending 46 kilometres, besides constructing roadside parking, and rehabilitating some roads in addition to the marking of roads and other works pertinent to traffic signage and light signals.

"It also completed the construction of internal roads at Nad Al Sheba 2 situated between Al Manama Street, Al Ain Road and Emirates Road, where roads extending 14 kilometres have been completed in addition to the construction of two roundabouts, pavements of alleyways, lighting works and sewage systems," concluded Al Tayer.

I'll keep annoying dad until he stops texting.



I WON'T LET IT HAPPEN

انتبه
takecare

If you're in a car with a person who is **texting while driving**, stop him or her in the best possible way. Or if your spouse refuses to buckle up, don't get into the car. Or if a friend is speeding, sing off key until he or she slows down. Don't let an accident happen. A safer road is everyone's responsibility.

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HBMMeU commends RTA

Leading e-university sends delegation to the RTA to issue statement on RTA's excellence and quality.

DELEGATIONS

A delegation from the Hamdan Bin Mohammed e-University (HBMeU) hailed the excellence and quality model adopted by the RTA, enabling it to achieve high levels of development and corporate performance of various affiliated sectors and agencies, the results of which are reflected on the sophisticated range of services delivered to the public spanning all spectrums of the community.

A statement to this effect was made during a recent visit made to the RTA by the delegation members, who were received by Dr Khalid Mohammed Al Zahid, Director of Development and Corporate Performance at the Strategy and Corporate Governance Sector, as well as several employees of the department. The visiting delegation comprised of Professor Moustafa Hassan, Dean of e-School of Health and Environmental Studies, Dr Souma Al Haj, Director



“The delegation commended the strategic achievements and initiatives being made by the RTA.”

of the e-TQM Institute, and Nadia Kamali, Director of Marketing and Communication.

“The RTA always stands ready to receive delegations from government, semi-government and academic institutions to exchange ideas and visions, and share with the best practices adopted by the RTA at world-class standards in all fields

with a view to enhancing the performance, honing skills and furthering the expertise of the concerned parties in a way that contributes to better customer service experience,” said Dr Al Zahid.

Al Zahid was delighted with the visit from HBMeU, as it commands a nationwide respectable reputation, particularly in the fields of excellence and quality. He reiterated the importance of leveraging the partnership and permanent cooperation with the academic institutions in general and those specialised in excellence and quality in particular.

Members of the Hamdan Bin Mohammed e-University touched on key educational programmes offered to interested students, especially those relating to excellence and quality. The delegation commended the strategic achievements and initiatives being made by the RTA in the mass transit system and the affairs pertinent to this vital service sector.

RTA honoured for e-commerce efforts

AWARDS

Mattar Al Tayer, Chairman of the Board and Executive Director of the RTA, received an accolade from Tejari.com, the leading platform for processing contracts, procurements and commercial exchanges online. The award comes in recognition of the RTA's commitment and active role in supporting e-commerce through processing contracts and tenders via the Tejari e-gate, where 99 per cent of the RTA's transactions during this year have been carried out.

In a meeting that included the CEO of Tejari and several officials from both parties, the CEO of the RTA Corporate Technical Support Services Sector, Abdullah Al Madani, expressed his deep delight with the awarding of this honour to the RTA for the second time running, to further embellish the already impressive record of RTA

achievements. The award reflects the extent of the substantial progress and sophistication achieved by the RTA in various scopes and business domains. It also echoes the expeditious efforts made to keep pace with the electronic developments which have an effective bearing on the performance of jobs at the highest speed and accuracy levels in order to deliver best-in-class services to customers,” said Al Madani.

“This honour is a good gesture from the top management of Tejari, which is very much concerned with rewarding the best users of its e-gate.

“The RTA is proud of dealing with Tejari, a leading company in adopting state-of-the-art technologies in processing electronic transactions, which have actually been used by the RTA over the past six years.

“During the past, the RTA has as-

signed considerable attention towards implementing the standards approved by the Government of Dubai relating to e-purchase requests along with the associated tendering and contracting processes with the aim of boosting the e-commerce drive and accordingly bring about the best deliverables and services to public and private entities.”

For his part, Suhail Al Banna, CEO of Tejari, praised the cooperation and communication of the RTA with Tejari, which contributed to boosting the partnership between the pair.

At the same time, the CEO of Tejari also commended the RTA's efforts and effective contribution to build the future of Dubai, and reiterated Tejari's readiness to lend all forms of support and advice essential to the RTA in order to process its e-transactions through Tejari in an express and smooth manner.



dnata

RTA

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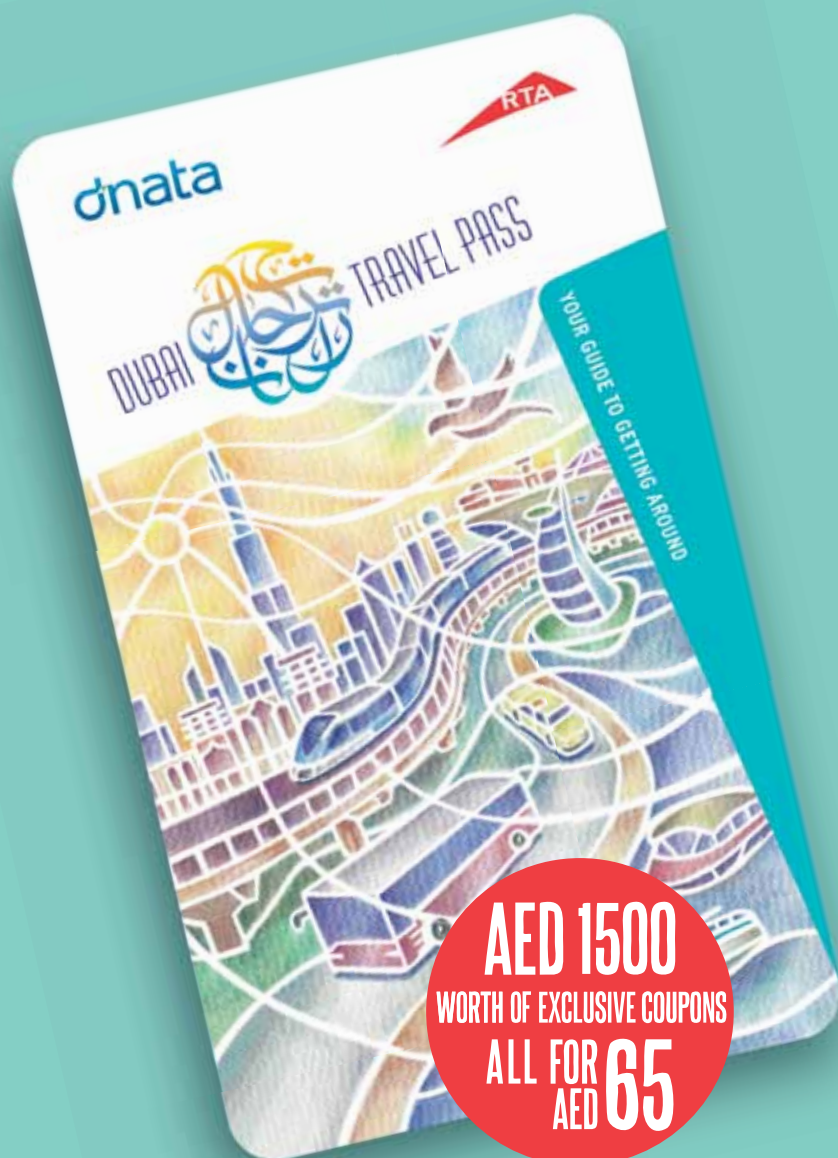
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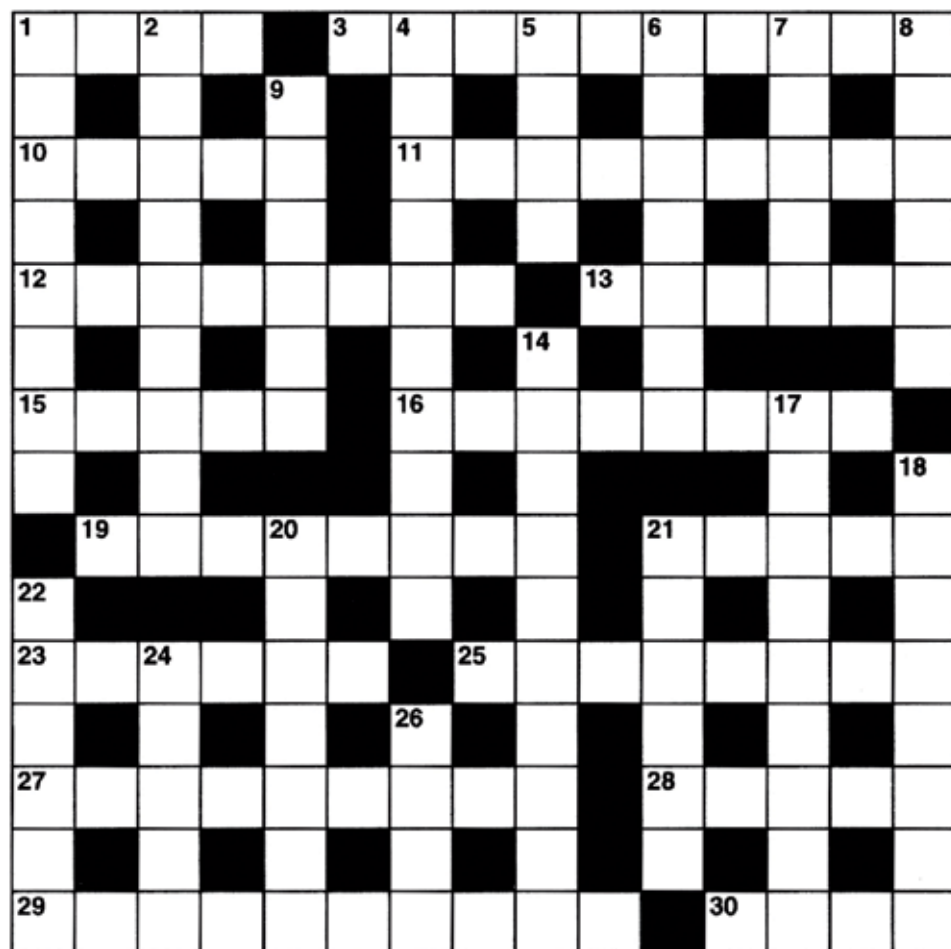
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Taking your time

Test your skills with our puzzles, try something new with a recipe and turn to us for advice. It's free!



Crossword

Across

1 Foreman (4) 3 Tool for extracting nails (4,6) 10 Effigy (5) 11 Cruel teaser (9) 12 Clever pieces of machinery (8) 13 Eight-gallon measure (6) 15 Baby's diaper (5) 16 Wealth stored up, riches (8) 19 Scruffy (book) (3-5) 21 Bespectacled *Lord of the Flies* character (5) 23 Release (a blocked drain) (6) 25 Concerning mum or dad (8) 27 Contrasting (9) 28 Sanitary (5) 29 Soft toys (5,5) 30 Russian emperor's title (4)

Down

1 Conveying (8) 2 Oppose boldly (5,2,2) 4 Books and writings (10) 5 Was clad in (4) 6 Boulevards (7) 7 Contest (5) 8 Seldom (6) 9 Simply (6) 14 Restaurant's server-in-chief (4,6) 17 Virtue (9) 18 Cosmetic pencil (8) 20 Attendant to royalty (7) 21 Puncture (6) 22 Authority (6) 24 Covered with slabs (5) 26 Short Chinese dog (4)

ANSWERS



Recipe

Tomato and Cheese Filo Tartlets

Celebrate the New Year with these tasty miniature treats that are quick and easy to make.

Ingredients

25g butter
3 filo pastry sheets (each about 88 x 32cm)
200g sun-blush tomatoes
Mini mozzarella balls or feta cheese
3 tbsp pesto sauce

Serves
5

Method

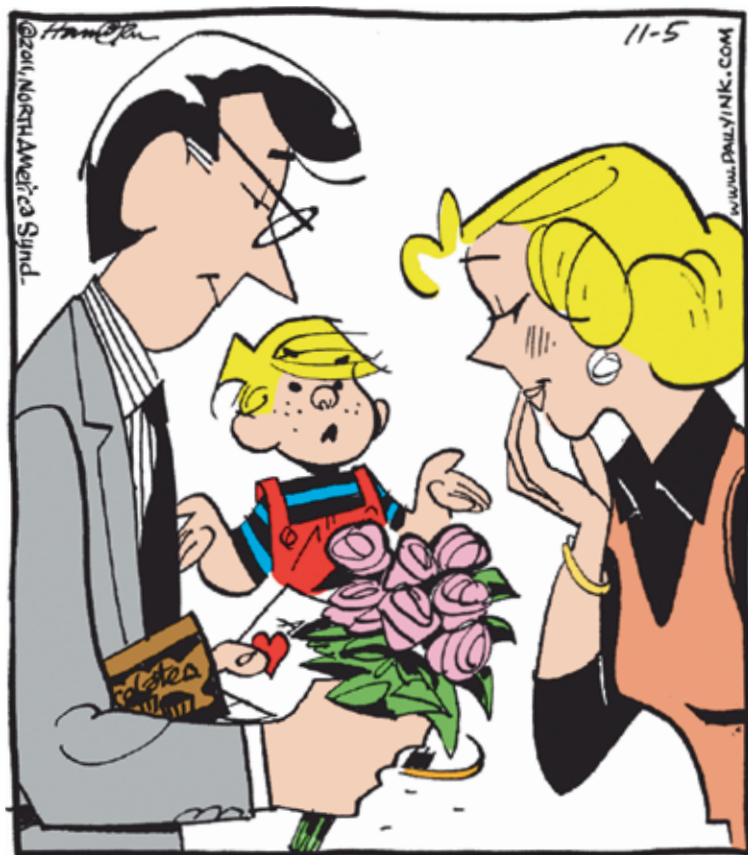
Melt the butter in a small pan. Take the pastry sheets and cut each sheet into 16 evenly sized rectangles. Brush one rectangle lightly with butter and cover with another sheet at a right angle to the first. Brush with a little more butter and cover with a third and fourth pastry piece,

both at slightly different angles.

Transfer the stack of pastry to one hole of a 12-hole mini muffin tin and press into the base and sides. Repeat with the remaining pastry until all 12 are filled. Preheat the oven to 180C/gas 6. Drain a tub of sun-blush tomatoes with mini-mozzarella balls or feta cheese and cut the mozzarella balls in half. Divide 3 tbsp pesto sauce between the tartlets, then add 2 halves of mozzarella (or 2 chunks of feta cheese) and a couple of pieces of sun-blush tomato to each one. Bake for 10mins or until the pastry is golden and crisp and the filling is hot.

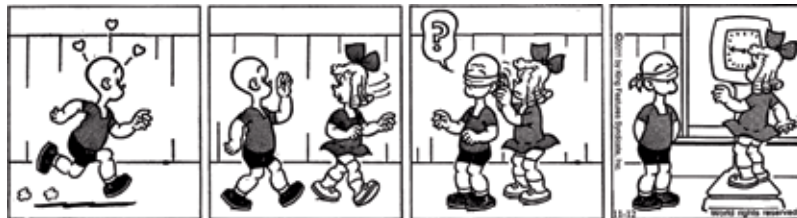


Dennis the menace



"WHATEVER HAPPENED TO JUST SAYIN' YOU'RE SORRY?"

Henry



Ollie and Quentin



Spiderman



Here to help

At Read, we are happy to help with any advice you might need to live your life to the full. If you have a problem we can help with, email us at letters@readme.ae

Q I'll be 40 this year and my job is okay but it's not the glamorous career I dreamt of in my 20s. I feel life is drifting by and I'm not sure what I can do about it. I'd love to do something exciting—am I being silly or should I just accept my lot and get on with it?

Read: What excitement do you fancy? Whatever it is, you can work towards it. Draw up a list of possibilities, figure out how to achieve one and then go for it. With something else to focus on, your daily grind may become a way of achieving your goal. At 40, it's way too young to think life has passed you by, so go for it.

Q I recently lost my mother and I called out to my friend for support but she is too busy to listen to me. I want to confront her about it because I am always there for her,

and it's angered me that she can't do the same for me. Am I being unfair and selfish?

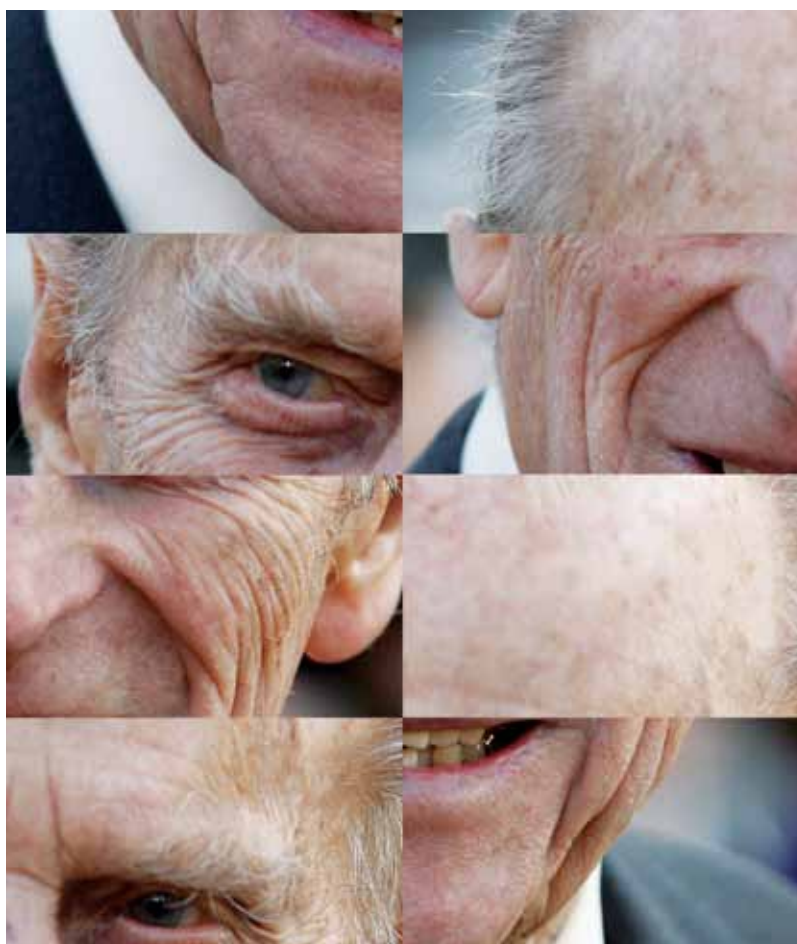
Read: At times like these when you need support, you find out who your real friends are. Some people aren't good at being listeners or are too wrapped up in their own problems. It's not a bad thing to tell your friend how you feel and that she's not there for you—she may take it badly but at least she'll know. Don't be afraid to confide in your other friends, either.

Q This might seem like a trivial problem, but I can't stand my girlfriend's smoking habit. I really think she could be 'the one', but I definitely can't marry someone who smokes. I really don't want to lose her. What can I do?

Read: It really isn't that easy to quit, although non-smokers think it is. Try explaining your reasons for not wanting her to smoke and maybe, if she feels the same way about you, she will try to cut down and eventually quit.

Who's this?

ANSWER ON PAGE 38



Puzzles

Arrowword

A and I, eg	Recliners	Available supply	Norway's capital	___ Bloggs, Mr Average	Cancelled	Overseas territories
			By Shanks's pony (2,4)			
Disconnect	Needing water	Untruth		Noah's boat	North African country	Manages
		Ursine animal	London picture gallery	Brezhnev's nation (inits)	Large quantity	
Worm-like larva			Large rotary motor			
Jane ___, Brontë novel			Put a question		Garbage can	
Wedding official	Wagons			Observed suspiciously		
			Blunder		Fool	

Sudoku 1

4				8		5		
	8	3	5				1	9
					2		7	
8			2			7		
				7				
		7			9			2
	1		7					
2	6				5	3	9	
		5		9				6

Sudoku 2

		8	2	9				
6						1	2	
4					6	3		
	1			8	3		4	
	4		1	2			7	
		4	8					9
	7	3						2
				4	9	5		

ANSWERS
ARROWWORD

U	S	H	E	R	E	R	R	A	S
R	E	C	A	R	T	S	E	E	D
E	A	R	E	A	S	K	B	I	N
G	R	E	B	T	U	R	B	I	N
U	N	D	O	A	L	O	T		
L	O	L	I	E					
V	O	L	E	S	O	N	F	O	O
L	R	O	J	O					

SUDOKU 1

7	4	5	3	9	8	1	2	6
2	6	8	4	1	5	3	9	7
3	1	6	7	2	2	4	8	5
1	3	7	8	5	6	9	4	2
5	2	1	9	7	4	6	3	8
8	9	4	2	6	3	7	5	1
9	5	1	6	3	2	8	7	4
6	8	3	5	4	7	2	1	9
4	7	2	9	8	1	5	6	3

SUDOKU 2

3	5	6	9	1	8	2	7	4
9	7	3	8	1	4	8	2	6
6	1	9	2	7	1	9	5	4
3	4	1	2	8	7	6	3	5
8	5	2	4	6	7	9	3	1
7	1	6	9	8	3	2	4	5
4	2	7	5	1	6	3	9	8
6	9	5	3	7	8	1	2	4
1	3	8	2	9	4	6	5	7

WHO'S THIS? ANSWER - PRINCE PHILIP


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What's in your stars?

The Read. astrologer tells you exactly what to expect over the next seven days.

ARIES

(MAR 21 - APR 20)

You might need to remind yourself that you're not in a race to get things done—especially where career and property matters are concerned. Better by far that you find the right niche rather than chase after something which becomes an expensive red herring.



TAURUS

(APR 21 - MAY 21)

It seems you'll attract considerable attention over the next few months as Jupiter completes its transit through your sign. This week, though, it's in networking where there may be significant gain. A friendship may be the rock that sustains you.



GEMINI

(MAY 22 - JUN 21)

There could be new projects and assignments for you this week. If you have been employed for some time now, then you might as well expect a raise or promotion. Possibilities of financial gains are maximum. Self-employed people could gain new contracts.



CANCER

(JUN 22 - JUL 23)

The combination of the new moon and Jupiter moving forward should give the sense of progress. Perhaps you are just a little dependent on others making their moves first. There might, in fact, be some confusion over this—leading to in-depth discussions on Thursday.



LEO

(JUL 24 - AUG 23)

This could turn into a week of high drama—but hopefully in a good way. Thanks to people who could have made decisions months ago, a problem could be solved. This might be investment or family-related but it could be the start of something very special indeed.



VIRGO

(AUG 24 - SEP 23)

What could happen this week is that you find you have support—either from friends or from relatives who live in another country. The good news is that you could revive an old romance with little effort—just agree to build something together.



LIBRA

(SEP 24 - OCT 23)

Though it might take you until 2024 to complete, the long process of reconstruction is underway. In real terms, that means accepting a new role within the family and determining what should (and should not) be preserved for future generations.



SCORPIO

(OCT 24 - NOV 22)

Not for the first time this year, it seems you're being set up as an anchor—someone with whom those in dispute feel they can discuss issues freely. Now, even within a complicated family scene, you know just how to knit people together and who's best left to their own devices.



SAGITTARIUS

(NOV 23 - DEC 21)

It's possible that a little extra wealth may be headed your way. Someone close may be rearranging their finances so that your long-term position is as secured as it could be in the present climate. A neighbour could shake you with their news and a decision they've made.



CAPRICORN

(DEC 22 - JAN 20)

There may be many times when you feel disempowered, but that seems set to change in 2012. Even within your social scene, networking could be a feature. Rather more challenging could be the needs of someone close who would value your perspective.



AQUARIUS

(JAN 21 - FEB 19)

Jupiter appears to move forward in the sky this week. Ideas you've had about property matters (and family ones) are set to gather pace, too. You might also give careful attention to the thoughts of someone relatively new who could turn out to be very supportive.



PISCES

(FEB 20 - MAR 20)

With Jupiter now in forward motion and bringing with it news from afar, your thoughts could turn to improving communications. It's quite possible that someone working in high places could put in a good word for you before the week is finished as well.



This week's local weather

SUN



1st

SUNNY
HIGH 24C
LOW 20C
HUMIDITY 51%

MON



2nd

SUNNY
HIGH 25C
LOW 21C
HUMIDITY 51%

TUE



3rd

SUNNY
HIGH 25C
LOW 21C
HUMIDITY 51%

WED



4th

SUNNY
HIGH 26C
LOW 20C
HUMIDITY 57%

THU



5th

SUNNY
HIGH 22C
LOW 18C
HUMIDITY 57%

FRI



6th

SUNNY
HIGH 22C
LOW 18C
HUMIDITY 52%

SAT



7th

SUNNY
HIGH 23C
LOW 19C
HUMIDITY 54%

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