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FEBRUARY 19-25, 2012 | Issue 36

Read.



SIMPLE AND SWEET

While designers are always keen to show off bold new ideas, sometimes all it takes is a little black dress, which is what the catwalks have been sporting



BIG, HAIRY SPYDER



POTTER NO MORE

Daniel Radcliffe manages to shed his Harry Potter skin in his latest horror flick, *The Woman in Black*



LONG LIVE LONDON

London is a classic tourist destination for many reasons, including its sights, sounds and eclectic atmosphere

Viva Madonna

The life and times of one of the world's biggest female artists

Health | Fitness | Film reviews | Entertainment | Cars & gadgets | Community | Listings

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Read. Poll

Do women get the recognition they deserve in the workplace?

- Yes
- No
- Not enough

Cast your vote online at www.readme.ae

LAST READ. POLL RESULTS

What is your monthly spend on mobilephone charges?

Dh50-100	50%
Dh101-300	33%
Dh301-500	7%
Dh501-1000	6%
Dh1000+	4%

Letters

Email: letters@readme.ae

A selection of the letters we've received this week. Write in to have your say.

✉ Dear Read., I have some information about February 29! As a regular reader of Read., I want to share some unique information with the readers. It is interesting to note that Wednesday, February 29, will be the fifth Wednesday of this month an event that occurs only once every 28 years. This year, the month of February started and will end with a Wednesday. This last happened in 1984 and will apparently not happen again until 2040.

Khaja Naseer Uddin

Thank you, Khaja, but did you know that the chances of being born on February 29 is 1 in 1,461, and that the child would be called a leapling? Not only that, but when they celebrate their 60th year, it will, in fact, only be their fifteenth birthday.

✉ Hi Read., I love your magazine but have only managed to catch it a few times in print. I always make sure I check out the stories online, but I was wondering when the printed copies are replenished? I would also like to echo the sentiments of many fellow readers, by requesting that those who have finished the magazine might please put it back in the stand for others.

Ashanti Deyaar

We're glad you like the magazine. If you find that not enough copies of the magazine have been returned to the stands by considerate fellow commuters, do remember that

SKYDIVING IS A MUST-DO ACTIVITY IN DUBAI



copies are replenished during the course of the week at the metro stations.

✉ Dear Read., I think you're doing a great job with keeping us, the Metro users of Dubai, very informed and entertained throughout our journeys to work and on our explorations of this amazing city. Often when I'm reading, I have many opinions on stories and I'd love to be able to voice them, but my fellow passengers wouldn't really want to be bothered listening. So maybe I could send you my story ideas or opinions on articles printed? As it's hard not to be inspired by Dubai, my mind is always full of imagination.

Divya Katdare

We love all input from our readers, and so we have many ways for you to voice your ideas. If it's an opinion on a printed article, you can visit the website and leave a comment underneath. Or, if you have story ideas, you can forward them to edi-

torial@readme.ae. We look forward to hearing from you.

✉ Dear Read., For the past three years, I've made the most of my opportunities to experience everything Dubai has to offer. I've gone dune-bashing, swimming with dolphins, visited At the Top of the world's tallest building, gone to concerts and, of course, enjoyed all the glory of the many malls and restaurants. Could I really be running out of things to do?

Leah Postlewaigh

One of the joys of Dubai is that it is ever-changing and something new is always popping up. As much as you've managed to cram in during your three years, it sounds like you still have a lot to experience. There's skydiving over The Palm Jumeirah, off-roading in the mountains, scuba diving or just getting a group of friends together and chartering a catamaran. Dubai still has so much to offer you.

My Metro life

Mirza Saadat Baig
Student, Sharjah



Three or four years ago, I would never have imagined there would ever be anything like a Metro in this country, but now I cannot imagine Dubai without its amazing Metro system. It is by far the most convenient and economic mode of transport available to Dubai's residents, which I suppose is why we all love it! I boarded my very first train two years ago to attend GITEX 2009 and it was a wonderful experience. Nowadays, I use the Metro almost everyday, whenever I have to go to university. Even if I were to get my



own driving licence, I would still prefer to park my car at one of the Metro stations and then take the train, because I feel that it saves so much time and energy! The service, the cleanliness and almost everything is perfect about this gem. And yes, I love the smile that a person gets in return when they give up their seat for an elderly person or a lady. Whoever said that humanity doesn't exist anymore?

Tell us about your experiences on Dubai Metro. Send your story to mymetrolife@readme.ae for a chance to appear in next week's Read.

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ALVIN DE GUZMAN



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MARK ANTHONY R. PUENTESFINA



JADE BETAIZAR

Station by station guide

Looking for something to do? You could always hop off the train and visit one of these...

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England vs. Scotland legends game

FEBRUARY 24, 6PM

JEBEL ALI INTERNATIONAL CENTRE OF EXCELLENCE

Ex-international football players will be participating in the first ever England vs. Scotland legends game in the UAE. Top footballing names including Lee Sharpe, Gary McAllister, John Collins and Des Walker will be representing their home nations and battling it out on the pitch. The game kicks off at 6pm and will be preceded by a 5-a-side tournament open to all age groups and ability levels for Dh1,000 per team. Entrance to the legends game is Dh55 for adults and Dh25 for children under 16 years of age. For more information contact 04 883 0828.



Montblanc horological exhibition

UNTIL FEBRUARY 26

DAILY 10AM-10PM

THE DUBAI MALL

Montblanc and the Musée International d'Horlogerie in Switzerland are presenting an educational and inspirational horological exhibition, *Writing Time - Two Centuries of Chronograph History*. The exhibition traces the

history of chronograph development since its invention by Nicolas Rieussec in 1821. Visitors to the exhibition will be offered insights into chronograph innovations. On display are watches, movements and dials from both Montblanc and the Musée International d'Horlogerie. The exhibition is located outside the Montblanc boutique, The Dubai Mall, near Bloomingdales. Free admission. For more information, call 04 434 0300.

KFC Bucket Run



serious athletes to amateur runners, children and families.

FEBRUARY 24, FROM 7.30AM, THE WALK AT JBR

The KFC Bucket Run is set to be bigger and better than ever before when it hits Dubai again this month. In association with UAE Red Crescent, the event will help raise funds to provide education to children. Registration starts at 7.30am at the KFC outlet on JBR Walk, while the 5km run itself starts at 8.15am. The event is open to everybody from

Dubai International Jazz Festival



FEBRUARY 16-24 FESTIVAL CITY

Catch some of the biggest names in music at the Skywards Dubai International Jazz Festival. Artists such as James Morrison, Jools Holland, James Blunt and Jason Mraz will be hitting the stage along with a host of other acts, so make sure you don't miss out on what is already shaping up to be a corker of a festival.



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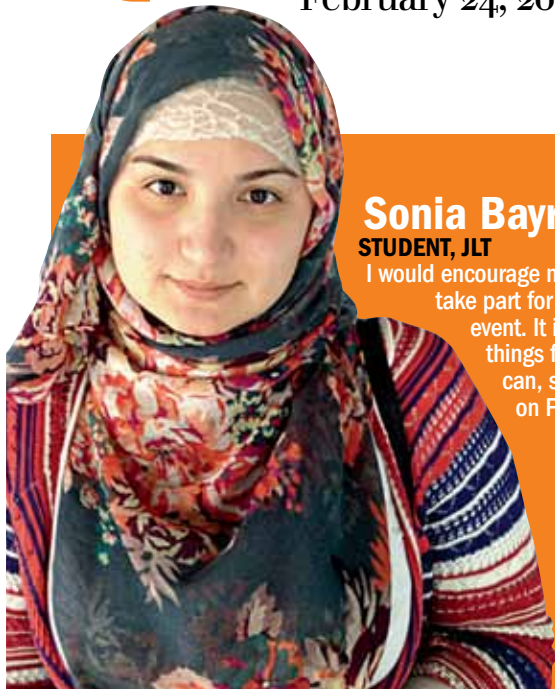


DAILY 10AM-10PM THE DUBAI MALL

While a visit to the aquarium at The Dubai Mall may have been one of the first things you ticked off your list when you first came to the city, how about revisiting this marvel under the cover of darkness? Using only a head-torch, this experience allows visitors to experience a whole new world of amazing nocturnal sea creatures who only come out to play when the lights go down. Admission is Dh50.

The Burning Question

Q How will you encourage friends, family and colleagues to join the KFC Bucket Run in aid of the UAE Red Crescent on February 24, 2012?



Sonia Bayryyeva

STUDENT, JLT

I would encourage my friends and family to take part for the charity side of the event. It is good for everyone to do things for other people when they can, so I would spread the word on Facebook.



Carolyn Firman

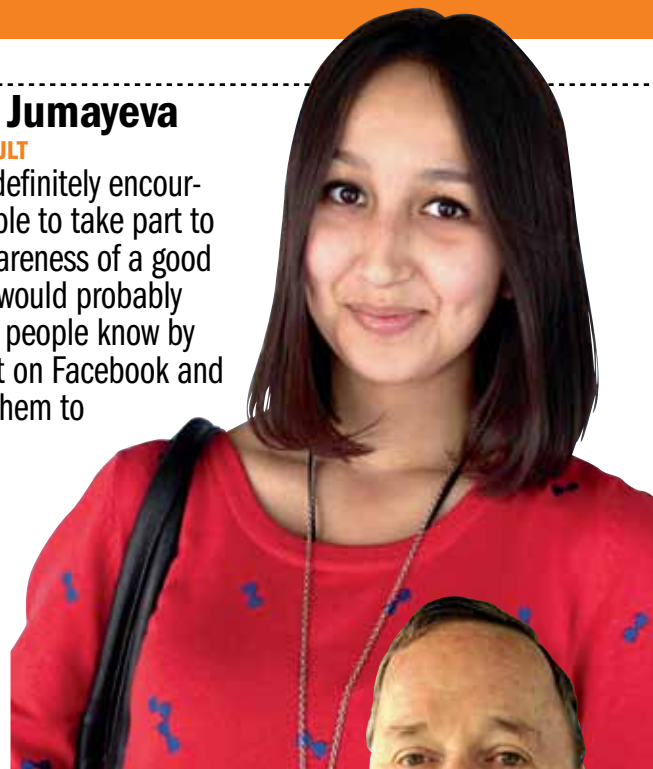
TEACHING ASSISTANT, JLT

I'm not able to take part in the Bucket Run myself as I have bad knees, but I previously took part in the Race For Life charity run back in the UK. I would encourage people to take part in the Bucket Run by spreading the word.

Nazik Jumayeva

STUDENT, JLT

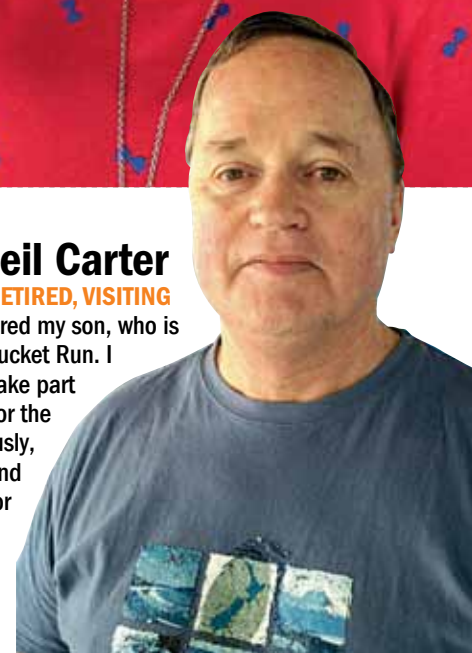
I would definitely encourage people to take part to raise awareness of a good cause. I would probably let other people know by putting it on Facebook and inviting them to attend.



Neil Carter

RETIRED, VISITING

I've actually already sponsored my son, who is taking part in the 2012 Bucket Run. I think that people should take part in things like this for the exercise and, obviously, to raise money and awareness for charities.



Lynn Brunson

SEMI-RETIRED, VISITING

Back in the UK, I took part in the Race For Life for breast cancer awareness. I think I would encourage people to take part in these type of events for charity, fun and exercise. It also gives you a feeling that you are doing something meaningful.



Joanna Brunson

BUSINESS DEVELOPMENT OFFICER, JLT

I previously took part in a similar event in the UK called Race For Life. I would definitely encourage people to take part in the Bucket Run for the chance to have fun, meet people, and do something worthwhile.



Ahmed Hashim

VENDOR, AL RIGGA

I think I would encourage people to take part for the exercise, but if they can raise money for charitable causes at the same time then, of course, it is worth doing.



What's happening this week on **readme.ae?**

Make sure you check out our web site for these daily specials, which appear online every afternoon. 'Like' us on Facebook so that we can keep you up to date with our latest online features and fun.

Coming up this week



TODAY

Polo is widely regarded as the oldest game known to man. The origins of the sport stretch so far back that they are lost in the mists of antiquity. History records that the ancient Persians played it 2,500 years ago while the Chinese lay claim to a polo tradition dating back several thousand years. We bring you the horseback low-down ahead of next month's KBL Dubai Polo Gold Cup.



MONDAY

This week, the Dubai Duty Free Tennis Championship celebrates its 20th anniversary. We take a look back at previous tournaments and profile some of the front-runners for this year's title.



TUESDAY

The first theatrical trailer for *The Bourne Legacy*, starring Jeremy Renner, was released last week. But actors of successful franchises often get typecast. Find out who broke their mould.



WEDNESDAY

While some argue that the Sumerians are the oldest civilisation in the world, most believe the Ubaid, in Mesopotamia, to have come first. Take a lesson in the origins of civilisation today.



THURSDAY

Greece last week agreed to a controversial second bailout worth 130 billion-euro from the International Monetary Fund. But what does that mean for the country and the rest of Europe?



FRIDAY

Once again our Facebook page has been full of your opinions on our daily Burning Question. We find the best responses from our Facebook fans and bring you the answers that matter most to the people of Dubai.

Facebook chatter

Here's what you have been saying on the *Read*. Facebook page.

(Responses only edited for length)

What steps would you like to see world leaders take to stay in touch with society?

Its nice to see social media is made use by a Great Leader. Its not like people should go to them, they should come to us and enquire and i feel like this is only a beginning...
—**Mansoor Mohamed**

Every person living in a particular economy have their own views. Some may suggest brilliant ideas for the betterment of the nation so the leader should give a chance for everyone to speak. In my view the leader could distribute some Questionnaires which

consist of the facilities we enjoy the most and what new change we would like in dubai.

—**Sana Ali**

Valentine's Day is here again. What is the most romantic thing you have ever done for your partner?

This is a double celebration for me—Valentines Day and the birth-



VALENTINE'S DAY IS OVER FOR ANOTHER YEAR

day of my boyfriend. Her sister and I together with our flatmates will have some sort of simple dinner tonight to celebrate the occasion.

—**Richelle Luisaga Lozanta**

My whole life i cant forget this day becoz the same day 2002 i proposed my love, today we finalized our marriage day so i am very happy and enjoying valentines day
—**Immanuel Ramesh**

Valentine's Day is my mom's b'day when the whole world is celebrating her b'day... Normally, its suppose to be the most romantic day for my parents but they don't wish to celebrate without me... In fact, they don't wish to hang out anywhere without me and I'm the one to give my dad certain ideas to surprise mom on this special day..
—**Roma Nandwani**



WILD ANIMALS DESERVE PROTECTION

What animals would you like to see in Dubai?

I would probably want to see all the endangered arabian wild animals like the wild cats, arabian wolves etc...and give them a proper shelter, and they deserve respect.

—**Czar Johnlloyd Portugal**



THE CO-FOUNDERS OF SHE MOVES ONLINE HAVE BIG GROWTH PLANS

Family Business

This father and daughter duo prove they have the bonds to make it big in business.

LOCAL SUCCESS

There is always a large amount of risk involved in starting a business. For many people, this risk is increased when starting a business with relatives. However, for father-daughter team Ajai and Devayani Dayal, this is most definitely not the case. The pair set up She Moves Online, an online portal that brings exclusive international dance and activewear brands to consumers in the Middle East, in early 2011.

And it would appear that their family bond has proved to be a help rather than hindrance, as the duo were recently crowned the supreme winners of the Dubai Eye Big Break competition. Speaking about the win, Devayani says, "It was truly exhilarating! We truly came together as a family to win. Every time we received a challenge to prepare, the entire family would discuss thoroughly the task at hand. Sometimes we would do further research while other times the discussions got quite heated and in-depth. When I

made it to the rounds in the radio station, my parents would listen and speak with me before and after to offer kind words and support. It was a nerve wracking but wonderful time for us all that brought us together as a family."

With many people shying away from starting up in the world of business at the moment, Devayani and her father did not jump in head first when it came to setting up She Moves. She explains, "My father and I have diverse backgrounds. Mine has been largely in dance as I have been a dancer and choreographer in Dubai and Toronto. Having said that, when I moved to Dubai in 2008, I was part of a retail group. My father's background has been in business with a special emphasis on sales and marketing. When we were deciding to start our own company the product offering of dancewear and activewear seemed obvious given my own background. It was always my hope that dad would eventually work with me, but given his diverse background I was

sure he would embrace any kind of product offering.

"I started the company in January 2011 and by the time June came around, I was struggling with some areas of the business such as contracts, strategic direction and all the other things that typically come in a more natural way to people with experience. Once my father was on board it meant the business had a fighting chance of sustainability. Although my father and I are the co-founders of She Moves the dream is complete with the help of my mother who has taken on a job to support us until She Moves really kicks off. All in all, it is a family business."

When setting up a company with family members, one common theme among those who have fallen by the wayside seems to be the line between the family and working relationship becoming blurred. Working closely with someone who happens to be your parent must surely prove difficult at times? Devayani recalls, "There were definitely

teething issues to begin with. I was not used to having my father in my workspace and he was not used to having colleagues who could answer back in a very frank way. We quickly adapted and as time progressed, we have divided the workload based on our strengths. This happened naturally and organically so has been particularly fun."

So, after winning such an accolade, and at such an early stage in the lifespan of the company, what do the Dayals have planned for the future? Devayani says, "In 2012, we hope to make She Moves a sustainable and niche player. In terms of product offering, we are going to bring some very new concepts into the UAE. On a corporate level, we hope to find some more financiers for our project. Our overall goal this year is to bring She Moves to the top of every woman's mind when she thinks of movement." Judging by the way this father-daughter duo have stormed into the industry so far, it's hard not to believe they will achieve this. ●



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No, we don't buy gold bricks from the vending machine.

No, we don't spend thousands of dirhams at the club. We are part of amazing communities. We take the Metro. We save money to send to our families. We're regular, fun-loving

expats and we wanted a space online made just for people like us.

Every week, we explore Dubai and find things we love. We make videos about it and post them on our blog every Sunday and Wednesday. We do regular things like shop for organic vegetables and crazy things like swim with dolphins. We want to show the world a whole new side of Dubai; we want them to see regular people living amazing lives. Just like you do.

We do this out of love, because we're all so lucky to have such amazing opportunities and we want to remind people that there's always a place for laughter in life.

If you have a moment, please visit www.foloos.org. We answer every e-mail, comment and post. Join us as we show a Dubai they've never seen before.



The connections we make online still pass through the physical world, though most never think about how.

Where digital meets physical

Despite an increasing number of commercial satellites being fired up into space in the name of telecommunications,

our ever-in-demand connectivity with each other depends mostly on physical cables, either terrestrial or underwater. With mobile phones, for example, the signal is transmitted to a nearby receiver, which is connected to an underground cable, which will allow the signal to travel to whoever is on the other end of the line.

Indeed, it's rare that satellites will come into play with the majority of mobile phone calls, and it's easy to tell when they do; with a satellite call, there will be a noticeable half-second lag, while with a cable, the signal is transmitted almost instantly. Similarly, television and internet lines depend on cables more than satellites, meaning that, without them, we'd have nowhere near as many services as we enjoy now.

This is reflected in the numbers behind the online cables industry. Over \$1.3 billion (Dh4.7 billion) is spent every year on cables, and the amount of traffic that these cables support increases by 50 per cent every year. More than 44,000 kilometres of new cable is laid every year, meaning that, every 10 years, we're building enough cabling to take us to the moon. But despite all this, we're only using 20 per cent of the data that the world's cabling is capable of supporting. So why do companies bother building more?

According to cable experts, one of the biggest reasons for building more cabling is to provide more diversity. This means finding more routes down which data can travel.

For example, in 2008, two underwater telecoms cables snapped in the Mediterranean Sea. At the time, it reduced the Middle East's available bandwidth by around 75 per cent. Some traffic was rerouted through



CABLES ALREADY IN EXISTENCE
PROVIDE MORE CAPACITY THAN WE USE

other countries, but the worst hit areas were Egypt, which lost 70 per cent of its capacity, and India, which lost 60 per cent.

Now, though, thanks to new cables and different routes being available, the damage wouldn't be nearly as bad, as the online traffic can be rerouted elsewhere. Anyone who was in the UAE at the time will also remember headaches when attempting to download attachments or stream videos.

The practice of creating more cable routes for data to travel down is now becoming widespread. When the infamous tsunami hit Japan last year, telecoms companies were able to cope, thanks to being able to reroute traffic. This could only have been a good thing, given that communication is vital in a time of crisis.

The UAE is now relatively safe if a cable we depend on snaps, for whatever reason, and now suppliers are looking at ways of increasing connection speeds. There are several new cables that will enter service in the Middle East, providing a boost to



internet speeds for the general user in the UAE. It will also mean that the Middle East can support more traffic coming from countries such as India.

And cables are having their capacities upped across the world, to accommodate increasing demand for higher connection speeds. Around 10 per cent of the world's population are on the phone 24 hours a day, and when it comes to the internet, people are hungry for higher bandwidths with low latency times. One cable company has tested a device that can be attached to an existing cable and could offer a terabyte of data per second through every fibre, though it likely won't see service for a number of years.

But it won't take long to catch on when it does; we've multiplied connection speeds by 10 over the last nine years, and the technology is progressing as quickly as ever. These cables are the veins of our digital world, and they're pumping data around the globe in unimaginable volumes at impossible speeds. We might live in an increasingly virtual age, but it still needs a physical body to function. ●

4.7 Billion

The amount, in dirhams,
spent each year on new
mobile cables

Tech beat



APPLE STOCK HITS \$500

Technology giant Apple's stocks went up in price last week to be worth more than \$500 (Dh1,836) per share for the first time, making the company worth \$460 billion (Dh1.6 trillion). It marks an astounding turnaround for the iPad maker, which, in 1997, was facing bankruptcy with shares worth just \$3.19 (Dh11.7) apiece.

GOOGLE GIVEN GO-AHEAD

United States regulators last week gave Google the green light in its bid to buy Motorola Mobility, the company responsible for manufacturing Motorola mobile phones. The approval came just hours after European regulators approved Google's bid, which was, at one point, seen as anti-competitive and therefore put under scrutiny.



SAMSUNG UNVEILS GALAXY TAB 2

Samsung has unveiled the follow-up to its popular Android-powered tablet PC, the Galaxy, with the Galaxy Tab 2. Like its predecessor, it comes with a seven-inch screen, but it will be powered by the latest version of Android, Ice Cream Sandwich, with a 1Ghz dual-core processor. The new tablet will also come with 3G connectivity.



ANTIPIRATES CRITICISED

Employees of a music video streaming site, Vevo, recently came under fire after it emerged that they had watched a pirated version of an American National Football League game at a party. The site is a stark advocate of preventing online piracy.

London *calling*

The capital of England, **London** is a bustling hub of excitement and history.

Bright red buses, beefeaters and black cabs—London's many idiosyncracies are well-known on the tourist trail. This sprawling capital, which numbers among the largest and richest cities in the world, has attractions by the bucket-load, with more than enough variety to keep your trip action-packed from dusk until dawn.

From a cultural perspective, London boasts four World Heritage Sites and a large number of famous landmarks, old and new. The city has been a major settlement for two millennia and its history dates back to the Romans, who founded it under the name Londinium. However, two recent discoveries, the remains of a bronze age bridge and the foundations of a timber structure that dates back to around 4500BC, indicate that the UK capital could be much older than previously thought.

One of the most popular attractions is the impressive British Museum, widely considered to be one of the world's greatest museums of human history and culture with a permanent collection that numbers around eight million works. Other museums worth taking in on a trip to London include the Victoria and Albert Museum, the Natural History Museum and the Science Museum.

London also has some quirkier offerings that break the mould of standard museums. Madame Tussauds houses the famous wax work collection, with eerily lifelike wax statues of famous historical figures, celebrities, sports stars and more. Get there early as by mid morning the queue reaches around the corner, but



Other tourist destinations in the UK

- The Lake district
- The Isle of White
- City of Oxford
- City of Cambridge
- Cornwall
- Brighton

it's well worth the wait.

There's also the London Dungeons, where the authentic smell and display sets plunge you back into the barbaric lives of medieval criminals and the punishments they suffered when caught. Equally intriguing from a historical perspective is the Tower of London, where the crown jewels, old execution site and stories of intrigue, murder and foul play are more than enough to fill a memorable day trip.

It's not all doom and gloom though. In addition to the ever-present sense of history that fills the old streets of central London, there are plenty of modern attractions in and around this characterful city. For a spectacular view of the city, climb aboard the London Eye, one of the largest Ferris Wheels in the world, and gaze out over the Palace of Westminster, Big Ben and other London landmarks



THE QUEEN'S GUARD



THE BUZZING WEST END

from the revolving glass cubicles.

No trip to London would be complete without a spot of shopping in a city that boasts everything from high end designer boutiques to cheap flea markets. Head to Bond Street or Sloane Street to get your fill of designer shops or, for more affordable, high street shops, visit the bustling Oxford Street, the colourful Covent Garden area and High Street Kensington.

There are numerous markets scattered throughout the city. Among the best are Spittlefields market, Camden market, Borough market, which overflows with fresh breads, cheeses and vegetables brought in from countryside farms and Brick Lane, which is worth visiting for the quirky sites and characters as well as the vintage shops and market stalls.



In the evening, head to the West End to take in a show in London's theatre district. Dine in nearby Chinatown or head to one of the smarter restaurants around Leices-

ter Square. London's culinary offerings are as culturally varied as its cosmopolitan population but for some authentic English grub your best bet is to head to a chippie for some vinegar-smothered fish and chips or visit one of the city's pubs, which serve national staples like roast beef and shepherds pie.

However much time you set aside to see London, it's likely that there will be plenty more to entice you back at the end of your trip. This city overflows with art galleries, parks, palaces and other tourist attractions, so be prepared to cover miles on foot or by tube train each day as you race from one landmark to the next. And don't forget to keep an umbrella handy—the weather here is as eclectic and unpredictable as the city itself. ●

Lebanon's snow-covered secret

For many keen skiers, the mountains in Lebanon provide a quieter, less-commercial way to hit the slopes.

LOCAL TRAVEL

Flying into Beirut, Lebanon's capital, it is a surprise to see not just a sunny Mediterranean shoreline, but also a glistening white mountain range towering stoically over the thin strip of land that houses the capital.

Separated by the fertile Bekaa Valley, two parallel mountain ranges dominate the country. The most skiable slopes are on the western Lebanon mountain range, with many runs less than an hour away from the fashionable capital.

Forty-two kilometres from Beirut, Faraya Mzaar is the biggest and best-equipped resort, with 42 slopes and 80 km of ski track. Faraya itself, once the starting point, is now just a small town that you pass through on the way to the resort, which is actually situated in the tongue-twisting Ouyoun El Simane, Kfardebian. The skiable ranges of the

resort's three peaks begin at 1,850 metres and reach 2,465 metres at the highest point of the Mzaar Mountain. The treeless slopes create a landscape of rolling white dunes that visually have more in common with the desert than the pine-clad Alps we are familiar with.

When hurtling down the Mzaar's steeper pistes, advanced skiers should try to remember to save some breath for the spectacular views out over the Mediterranean. However, you will probably exhaust the trickier descents in a couple of days; at this point it is worth paying for a guide to show you what is not on the official maps.

For snow-lovers keen to carve powder on pastures new this season or next, a trip to Lebanon could make a refreshing break from the usual uber-resort, especially when the crowds are long gone and you can make believe you are all alone on your own private mountain range.



STUNNING VIEWS AND SPECTACULAR SKIING AWAIT VISITORS TO LEBANON

Arab music fest in Abu Dhabi

Festival aims to focus on enriching cultural expression relationships between the Arab and Western worlds.

TRIBUTES

The **Abu Dhabi Festival 2012** will pay tribute to the legacy of Abu Nasr Muhammad Al Farabi, the ninth century musician, philosopher and scientist, in 'Bayt Al Farabi' a series of three intimate concerts.

Through his diverse work, Al Farabi provided a legacy of lasting enrichment to culture and development across the Arab world and through Europe. The 'Bayt Al Farabi' initiative brings together a series of performers who each capture the spirit of Al Farabi in their work, enriching the musical and cultural scene within the Arab world and beyond.

Taking place at the Emirates Palace, Abu Dhabi, from March 27-29, 2012, audiences will be able to enjoy the music of Anwar Abudragh and Maqamat from Iraq, Göksel Baktagir from Turkey, and Faisal Al Sari from the UAE. Anwar Abudragh and Maqamat will



ANWAR ABUDRAGH AND MAQAMAT

perform 'Maqam Journey', an exploration of traditional singing known as the 'Maqam', accompanied by the joza, santour, oud, raq and nay. In a celebration of the heritage of classical Arab music and song, the evening will

showcase the preservation of classical Arab music and song.

Göksel Baktagir, the award-winning Turkish composer, academic, vocalist and instrumentalist known for his work to preserve the traditions of the



GÖKSEL BAKTAGIR

qanun will perform 'Eastern Wind'. A musical innovator, Baktagir's passion for music in all its forms and his unique blend of traditional and alternative music.

Representing the new generation of UAE artists, Faisal Al Sari will take to the stage with his performance 'Synthesis'. The recipient of the 2009 Abu Dhabi Festival Award and ADMAF Creativity Award, Faisal's music transcends east and west by combining the sounds of Emirati heritage with classical and jazz genres.

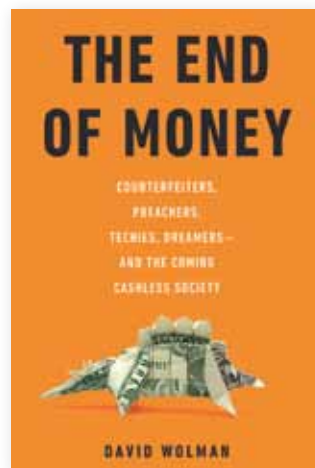
The End of Money: Counterfeiters, Preachers, Techies, Dreamers—and the Coming Cashless Society

by Thomas Caplan

BOOKS

In this **snappily** titled non-fiction book, author and *Wired* contributing editor David Wolman investigates the digitalisation of money, its future, and how it will affect our needs for owning physical, paper notes or metal coins.

He begins by giving up using physical cash for an entire year, getting by with simply using his credit or debit card, or else paying for things online. Surprisingly, the experiment goes extremely well, and only leads to a few hiccups along the way. He then goes on to



interview people with an extensive knowledge of cash. He sees Bernard von NotHaus, a convicted counterfeiter who the US government views as a terrorist, and then goes to Tokyo to view the latest in anti-counterfeit technology.

The book profiles a regular detail of daily life so profoundly that it's a wonder that more thought isn't given to the simple banknote.

Scars & Stories

Artist The Fray Label Epic Records ★★★★★

ALBUM

It's hard to believe that the hugely popular piano-rock group, The Fray, have been going for 10 years. Granted, they only rose to worldwide fame in 2005, with the release of *How To Save a Life*, but given they've only just released their third album, *Scars & Stories*, it's easy to imagine them as a much younger band.

The new album carries on in much the same way as the first and second did. Sure, 2009's self-titled album was slightly more over-produced than the first one, but they were essentially the same. *How To Save a Life* was full of great tracks, so it's clear why they didn't deviate too much from what made them successful, but *The Fray* was slightly weak at the knees and packed less of an emotional punch.

Alas, the same is true of *Scars & Stories*, which still lives in the shadow of the predecessor that came seven



years ago. The first track, and first single, *Heartbeat*, is nowhere near as powerful a pop song as either the first track from the debut album, *She Is*, or indeed its first single, *Over My Head (Cable Car)*.

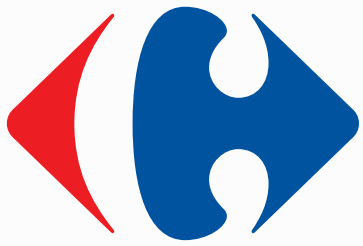
With this album, the band has tried to branch out more, moving away from easy melodies and catchy tunes, except, they haven't made a great job of it. Lyrically, they've improved, and the songs are by no means bad; they're simply forgettable.

If you like this then you could try...

Debt: The First 5,000 Years by David Graeber

This book by anthropologist David Graeber attempts to dispel conventional wisdom about economics, arguing that the complicated barter systems that money replaced were not that complicated and that all money has done is manage to split society into debtors and creditors. The author supports his arguments with an astonishing amount of historical evidence.

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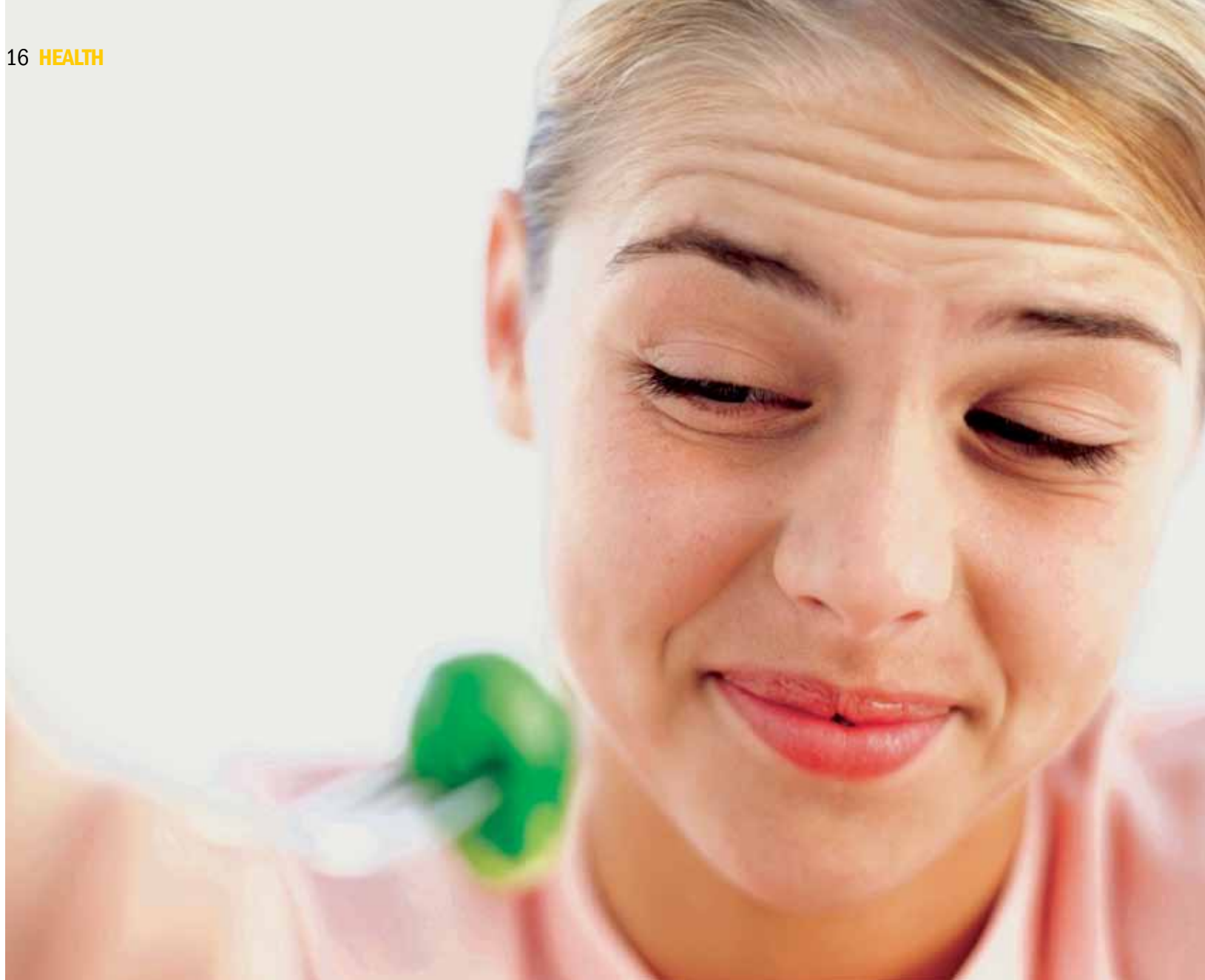
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The ingredients of intolerance

We all have foods we don't like, but being intolerant to something is a different matter.

Food allergies may only affect about four per cent of adults and five per cent of children, but food intolerances are much more common. In fact, nearly everyone at one time has had an unpleasant reaction to something they ate.

A food allergy is an immune system response. It occurs when the body mistakes an ingredient in food—usually a protein—as harmful, and creates a defence system (antibodies) to fight it. Food allergy symptoms develop when the antibodies are battling

the 'invading' food. Food intolerance on the other hand, as annoying as it may be, is much less serious, as it is a digestive system response rather than an immune system response. So, rather than risking chest pain, swelling of the airways to the lungs and anaphylaxis, you'll merely have to deal with stomach pains, irritability and nausea. It occurs when something in a food irritates a person's digestive system or when a person is unable to properly digest or break down the food.

Quite often, the symptoms of food intolerance are delayed and the offending foods can be varied, while many people find it extremely difficult to get help from the medical profession in what is a little-known area. It is also quite common for sufferers to have more than one symptom, for example they may suffer from migraines that they can identify as being caused by eating cheese, but do not link the IBS symptoms or the lethargy to the same food because the symptoms are always delayed.

As more than one food is usually involved it is difficult to know whether the bread that you ate yesterday is causing your bloating or whether it is something from the day before. This is known as masking, because



symptoms are delayed it is difficult to pinpoint the cause—this is where keeping a symptoms diary can help. By keeping an accurate account of everything that is eaten or drunk over a period of two to three weeks, it is sometimes possible to see a pattern evolving. You may see from the diary that it is obvious that every time you eat eggs, for example, that eight to 12 hours later you develop diarrhoea.

However it isn't always that clear and there is a real danger in that omitting too many foods from your diet can cause you to become malnourished. It is also a possibility that the more foods that you cut out, the more likely you are to become intolerant to those that are left in your diet because you become more reliant on them and they are eaten far too often.

It should never be underestimated how big an impact food intolerance has on the lives of sufferers. Being a migraine sufferer from adolescence onwards, having joint problems in middle years, or having to visit the lavatory several times a day are just some of the problems caused by food intolerance. Although not life-threatening they can make lives miserable for sufferers, their families and friends.



Food intolerance symptoms

Abdominal pains, aches and pains, asthma, arthritis, bloating, constipation, chronic fatigue syndrome, diarrhoea, eczema, fibromyalgia, fluid retention, headaches, lethargy, restless leg syndrome, wheezing, weight loss, sinusitis.

With certain exceptions (such as sensitivities to lactose and gluten, both of which have a genetic basis), food intolerances are often individual and mysterious. In some cases, they are due to physical or emotional stress, or exposure to environmental toxins rather than a reaction to food itself.

Unfortunately, the only reliable approach to determining food intolerances or sensitivities is to use avoidance and provocative testing. In other words, an elimination diet followed by a 'challenge' to see if a suspect food really does cause a reaction. ●

ASK THE EXPERT



RITA PUSKAS
HEALTH CLUB
SUPERVISOR
SHERATON DUBAI
CREEK

An active approach

As for everything in life we make plans. Most people have short term plans and longer ones for the future as to give themselves guidance. It should not be any different when it comes to exercising. Unfortunately, nowadays a sedentary lifestyle takes its toll on many of us. Too many hours spent in front of the computer then sitting in the car battling through traffic jams. Finally, when we get home

"There are things that everyone can implement in daily life to be healthier in general."

it's time to eat and watch some TV before heading off to bed. When this becomes routine, it is not hard to see how the kilos can easily build up.

Apart from making an effort to visit the gym on a regular basis, there are some additional things that everyone can implement into their daily life to be healthier in general. Although it has been said many times already, going up and down the stairs when possible instead of taking the elevator or escalator is helpful. For example, next time you take the Metro, make the choice to walk up the stairs and leave the elevators and escalators for the elderly, disabled or pregnant.

On weekends, or early mornings, especially before the weather turns very hot again, why not head out for a 20-30 minute power walk. Make it into a programme, and maybe use it as a chance to meet up with a friend and walk together. If running seems too demanding for you right now, fast walking is just as good and beneficial to your overall health.

Improving Dubai's medical fitness

HEALTH NEWS

In a move that reinforces why our city is one of the world leaders in health-care, the Dubai Health Authority recently announced that it will open two new medical fitness centres in 2012.

Director of Medical Fitness at the DHA, Maisa Al Bustani, said, "The DHA constantly aims to expand its medical fitness services with an aim to further improve geographical access. We currently have 16 medical fitness centres located across the Emirate of

Dubai and we are adding two more centres in populated and high-demand areas of Dubai. This will help further streamline our services."

The two new fitness centres are planned to open in the Bur Dubai and Deira areas of the city, which fills a geographical requirement according to the DHA. Bustani says "These are areas where we see the need to add our services. These areas are very accessible areas and we are confident that adding our services to these locations will provide customers with easy

access to medical fitness services."

As many of you reading this will be fully aware of, mandatory medical fitness tests are compulsory for all expatriates residing in the UAE in order to be issued with an employment, residence or student visa. A medical fitness test is also required for visa renewal. The 16 medical fitness centres currently in operation have seen 950,000 individuals use their services over the last two years, yet the two new centres will prove highly useful to those residing in the 'old Dubai' area.



MEDICAL FITNESS CENTRES PERFORM A VITAL SERVICE

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Putting the right foot forward

I'm sure you have seen the TV commercial with the Kardashians walking round in a pair of trainers telling you to "get off your butt and buy them". However, bear in mind that if you see a nice pair of tyres on a Ferrari, it doesn't necessarily mean they will perform well on your Nissan Sunny.

Just imagine—the wrong pair of trainers could cost you thousands of dirhams in physio fees and, what's even worse, is

"Many people have no idea what they are buying."

the fact that you would not be able to train due to your injuries! Sports shoes are a big deal, but many people have

no idea what they are buying. This could cause no end of injuries, whether in the knees, shins, calves, lower back, hips—the list goes on.

The wrong trainers will not help your posture in any way; in fact they could cause more harm than good. The amount of times I've seen people running around Safa park wearing racing car shoes or karate slippers—it breaks my heart.

The right shoes will make your work-outs safer and comfortable, so before you see some cool shoes at the gym and buy them because of the funky pink pattern, go and see a sports physiotherapist for a postural assessment on your whole body. You can also ask the professional what's up with your feet. Do you pronate or supinate? Are you flat-footed? Get the right answers and find the shoe that fits.

Getting inline

Inline skating may no longer be a fad, but it still provides exercise.



Back in the late 'Nineties, it seemed like everyone had a pair of inline skates. Today, the trend has topped off, but there is definitely a reason why more and more people around the world still break out the blades for a fun, fast work-out. Not only do you get to feel the breeze whooshing through your hair, you can burn ample calories and tone your muscles with inline skates as effectively as with other intense cardio exercises.

Inline skating, or rollerblading, is an excellent aerobic activity for people of all ages. Six important health benefits will result from a regular

programme of rollerblading activities. Muscle endurance and strength will improve, flexibility will expand with a little help, body composition will change due to calories burned, cardio and respiratory endurance will increase, balance and coordination will be enhanced and mental clarity and connectivity will get better. These improvements will carry over to other activities in life, too.

Since it's fun and provides opportunities for socialising and networking, most fitness and recreational rollerbladers skate for longer periods of time than participants in other similar activities. This extra skating time will no doubt widen the effectiveness of all of the fitness and mental health benefits.

Although rollerblading provides aerobic benefits that compare to running and biking, it actually delivers a better cardiovascular work-out than stair-stepping equipment. And the anaerobic benefits are actually better than running or biking, because it provides a natural and smooth side-to-side movement that exercises adductor and abductor muscles that may be ignored by other activities.

Just 20 to 30 minutes of additional rollerblading each day will help your body become physically stronger and lower the risk of heart disease. It also has low impact advantages and generates up to half the impact shock to joints, ligaments and tendons that running creates.

While running and cycling can usually be mastered in early childhood, rollerblading takes more know-how

and practice. Before you can make a plan to get healthy by rollerblading, you have to learn how to start, stop, accelerate, turn and keep your balance on inline skates. Use elbow pads, knee pads and a helmet to protect yourself from being injured in a fall.

For any person living close enough to their workplace, rollerblades can double as the new bicycle. Besides getting to work quicker than some forms of transport and costing nothing, the benefits of exercising first thing in the morning, allowing the body to take in oxygen, as well as getting the blood to flow, is a huge benefit for people working in a fast-paced city like Dubai, both for the mind and body. So strap on a pair of blades and skate your way to work. ●



Skate work

1. Before you put on your skates, gently stretch your major muscle groups for about 10 minutes.
2. When you are geared up, keep warming up for five minutes with a leisurely paced skate.
3. Continue skating at a comfortable, yet quickening, pace for 30 minutes straight.
4. If you want a cardio challenge, do interval skating—speed skate two minutes for every five minutes (use the remaining three minutes to recover).
5. Cool down by skating slowly for five minutes, then stretch out the muscles again.



SKATING PROVIDES ANAEROBIC BENEFITS, TOO

Tricks of the fitness trade

SKATEBOARDING

Even thinking of losing weight and getting in better shape can make most people begin to get tired. This is because they envision themselves dressed in sweats and running five or six kilometres per day, a task that can be exhausting and time consuming, adding to their already busy lives. Few people think of weight loss and better overall health as good motivation to have fun, but that is exactly what it can be.

Almost any activity that does not involve food or a television can lead to weight loss. Whether it is throwing around a Frisbee with friends, playing some basketball, or going on a quick bike ride through the park, people are almost constantly shedding calories. Another way to have fun, lose some

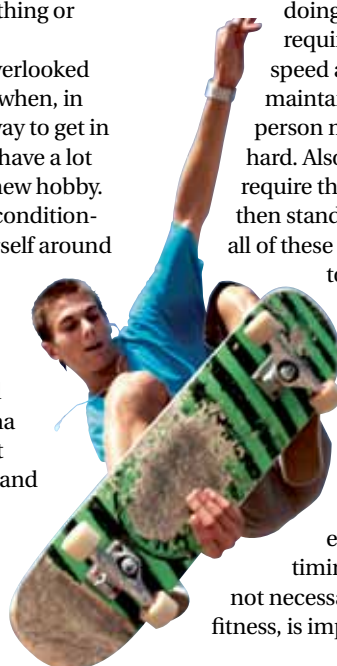
weight, and maybe learn a thing or two, is by skateboarding.

Skateboarding is often overlooked as an activity for teenagers when, in fact, it can be a very good way to get in shape, drop some pounds, have a lot of fun and even develop a new hobby. In terms of cardiovascular conditioning, the act of pushing yourself around on a board, especially over flat terrain or, better still, up a hill, for half an hour, takes a great effort and will build up your stamina. And the benefit of added stamina is one you can reap without even venturing to do tricks and jumps.

This doesn't mean that doing tricks or jumps won't add anything to the workout. For one thing,

doing tricks on ramps requires quite a bit of speed and to attain and maintain that speed, a person must work very hard. Also, many tricks require the skater to squat then stand up to jump while all of these movements help to add to the cardiovascular workout that skateboarding provides.

Doing tricks on a skateboard adds another element to overall health. It increases coordination and timing which, though not necessarily an aspect of fitness, is important for sports.



PERFORMING TRICKS CAN AID FITNESS



An added benefit is that it increases balance, another very important part of sports.

All in all, skateboarding is a fun, some would say addictive, way to burn calories, get in shape and stay in shape. It provides flexibility, increases coordination and builds cardiovascular stamina.

All the heels

When donning a LBD, pair your outfit with a pair of classic black, patent stilettos for a ladylike look. For a more daring style, opt for a gold pair of round-toe, open-heeled pumps. Choose interesting styles in snakeskin or embellishments for a glamorous style. If you want to keep your look simple, try a pair of pumps in a neutral shade from Miss Selfridge.



MISS SELF RIDGE

TOPSHOP

Ever wonder what to wear when you go to your closet? Then look no further than the little black dress. Each season, designers feature this classic staple in their collections. Suitable for any occasion, the LBD can be a lifesaver for women.

Back to Basics

Modern twist

While Sarah Burton's creation for Alexander McQueen may stray away from the traditional elements of the LBD, Christian Dior opts for girly chic with a tiered skirt, decorated with silk bows. Either way, all eyes will be on you in a little black dress.



ALEXANDER MCQUEEN

CHRISTIAN DIOR



MONSOON

MISS SELF RIDGE

LBD favourites

Channel your inner diva in a LBD creation like Angelina Jolie. Opt for a leather LBD from Topshop for an edgy look, or a black dress with an open-back in a cut-out style from Miss Selfridge. For a Parisian look, try a little black dress with bowtie detailing and add a pair of patterned tights for a funky look.

Her



TOPSHOP

Clutch it

Finish off your look with a chic, clutch handbag like this one from Accessorize. For a classic style, opt for a clutch bag with black and white detailing from Next. This monochrome look is extremely flattering and right on trend for spring 2012.



DOROTHY PERKINS



NEW LOOK



NEW LOOK

Shirt and tie combos

The V-neck, dress shirt and tie combination is a perfect sleek and elegant look that is as good for a casual Friday as much as it is suited for a night out. Perfect for a white shirt are plain black or navy ties—a combination that speaks sophistication and elegance.

BURTON



Top tips

Look dapper in a well-cut masculine three-piece suit from Burton. Adding patent, shiny shoes and a handkerchief will transform your look and add a touch of sophistication to the style.

FASHION OPINION

HISHAM WYNE
COLUMNIST



Throwing away the rulebook

There should be a large warning sign on the glitzy gates leading to the fashion world shouting, "Enter at your own peril." For this insane world often seems to have its own rules and by-laws that not only have very little to do with reality, but also

keep changing around, crossing one another in a Kafka-esque labyrinth of eternal hope and morbid despair.

Check is in. No wait. Vertical stripes. It's all about bright pastel colours. No, black is the new black. Oh the confusion, the eternal torment of finally having figured out a season's style, only to watch it fade into oblivion.

There is, however, a distinction between fashion and style. The first is what the industry forces on you, and the second is self-expression, where you make the rules. In the immortal words of Yves Saint-Laurent, "Fashions fade, style is eternal." The fashion world must reinvent itself constantly to keep sales going, but that doesn't mean that we must go along with it.

Perhaps it's time to not pay attention to the fashion gurus. Maybe it's time to ignore prescriptive fashion bloggers. Per chance we could do away with notions of cookbook attire and lengthy checklists.

Perhaps Alexander McQueen said it best: "It's a new era in fashion—there are no rules. It's all about the individual and personal style."

"Per chance we could do away with notions of cookbook attire and lengthy checklists."

NEW LOOK



Him

MARKS AND SPENCER



The trench coat

One of the most enduring of all fashion trends is the men's trench coat. The trench coat has been a staple of men's fashion across the world for the last century. Over time, it has come to symbolise a heritage of classic strength and elegance that is just as relevant today. Opt for this one from Marks and Spencer for a classic, gentleman look.



MARKS AND SPENCER

Timeless trends

There are certain elements of fashion that never seem to go out of style, from a well-tailored black suit, like this one from Marks and Spencer, to light wool-len jumpers and a checked shirt.

WHEEL OF LIFE

Feeling out of sorts? Perhaps your chakras need unblocking.

The word chakra is derived from a Sanskrit word meaning wheel. Those who work with chakras say that if you could see them, they would appear as a spinning vortex or wheel, each in a different colour of the rainbow. Each chakra represents an energy centre in the body. For the body to function properly, each chakra needs to vibrate at the correct frequency—if one isn't spinning properly then all the chakras eventually become unbalanced and energy blockages occur, which can affect your mental, physical and spiritual health.

Although there are hundreds of chakras throughout the body, experts focus on seven primary chakra points, which run along the midline of the body from the bottom of the torso to the top of the head. Those in the lower part of the body control our instinctual side, while the highest steer our mental functions.



Root chakra: red

The root or base chakra is about being a physical presence and feeling secure in situations. When this chakra is open, you feel grounded, stable and confident, less likely to be distrustful and more connected to your physical body. The root chakra is located at the base of the tailbone and is the energy that grounds us, connects us to the earth and empowers our self worth. When the root chakra is blocked our insecurities are liable to get the better of us and we can become frustrated, obsessive and greedy.

Heart chakra: green

Not surprisingly, the heart chakra is where feelings of love, kindness and affection come from. Through this chakra, a person is able to connect with other humans and feel love and other positive emotions such as joy, compassion and generosity. A blockage here can result in the opposite, with feelings of hatred, guilt, self-pity and paranoia. Those who work with chakras believe that, in extreme cases, a blockage of the heart chakra can lead to heart disease, asthma and other illnesses in areas of the body located in and around the heart.



Sacral chakra: orange

Located in the lower part of the stomach, just beneath the belly button, the sacral chakra is all about feelings and emotions. When it is open, your feelings flow freely, you are able to make decisions with a clear mind and are open to human contact. If you are troubled and your sacral chakra becomes blocked, it can show up as lower back pain, constipation, apathy or emotional distress.





Solar plexus chakra: yellow

This chakra deals with raw emotions like anger, frustration and hostility. It is the chakra of gut feelings and intuition and has a powerful influence over the way we interact with others. When the solar plexus, otherwise known as the navel chakra, is blocked, we are liable to lose control over our emotions and become over-sensitive. The areas of the body likely to be affected are those around the lower stomach, including the navel, small intestine, pancreas, gall bladder, digestive system, kidneys and liver.

Third eye chakra: indigo

The third eye chakra, otherwise called the brow chakra, is about insight and visualisation. Located in the centre of the forehead, this chakra is connected to a person's ability to think clearly and also to their imagination, intuition, wisdom and awareness of the world around them. It helps us to distinguish between fantasy and reality and understand the path before us in life. When a blockage occurs, this clarity of vision and insight is shrouded in confusion and unease.



Throat chakra: blue

This chakra rules our abilities for communication, creativity and self-expression. When it is open we have the ability to think clearly, listen well and feel and express empathy for others. It allows us to communicate in an open and honest way and express ourselves clearly. If the energy around this chakra is blocked and it becomes under-active, we go the other way and become quiet, shy and introverted.

Crown chakra: violet

The crown chakra is about wisdom and being at one with the world. It is considered to be the chakra with the highest energy and, when open, allows us to see the best in life. When a blockage occurs this sense of oneness with the world dies away and we lose all sense of purpose in life. Feelings of depression, confusion and low self-esteem can take over and, on a physical level, fatigue, dizziness and light sensitivity are among the maladies that can result.



Despite it being months away, the UAE is already braced to host one of the biggest international

stars the world has ever seen, Madonna, on June 3. The news was announced a little over a week ago, and local online message boards have been buzzing ever since over what should prove to be the biggest show of the year.

The reasons for all the excitement behind the concert are clear for anyone with knowledge of what the 53-year-old superstar has achieved over her astonishing career. According to the Guinness World Records, Madonna is the world's top-selling female recording artist of all time, and according to the Recording

Industry Association of America (RIAA), she is the best-selling female rock

artist of the 20th century and the second top-selling female artist in the United States, behind Barbra Streisand. By any measure, she's a living legend, and has sold over 300 million records.

In the run-up to her first single, *Everybody*, released in 1982, she was in a band named Emmy. Emmy impressed record producer Mark Kamins, who set up a meeting between Madonna and the founder of Warner Brothers-owned Sire Records, Seymour Stein. *Everybody* became a hit, and work began on the artist's debut album, *Madonna*.

This album peaked at number eight on the Billboard 200, and provided hit singles such as *Holiday*, *Borderline* and *Lucky Star*. Indeed, the album's popularity grew so quickly that Madonna began to influence listeners with more than her music. Young American women suddenly became captivated with her dress sense, performances, music videos and fashion trends. In 1984,

Madonna received global recognition and acclaim with the release of her second studio album, *Like A Virgin*. However, it also came with its fair share of controversy, with several moralist organisations seeking to ban it.

"I was surprised by how people reacted to *Like a Virgin* because when I did that song, I was singing about how something made me feel a certain way—brand-new and fresh," said Madonna when quizzed over the backlash. Even so, the album was certified diamond by the RIAA and sold over 21 million copies worldwide. After this album, Madonna enjoyed almost a decade of worldwide popularity and acclaim. She went on to record hit albums



THE EARLY YEARS

True Blue and *Like a Prayer*, the latter of which *Rolling Stone* magazine described as "as close to art as pop music gets". The two albums also yielded number one hits such as *Papa Don't Preach*, *Open Your Heart*, and *Like a Prayer*. Madonna also appeared in a number of films in the 1980s, including *Desperately Seeking Susan*, and by the end of the 1980s, she had been named artist of the decade by MTV.

The early 1990s saw the star grow ever more popular, though as the decade wore on, she became embroiled in more controversies, with some critics claiming that she had gone too far with her provocative shows, books and music videos. Even so, in the 1996 film, *Evita*, she was critically acclaimed for her portrayal of Eva Peron.

The 2000s saw more success, with the release of *Music*, *American Life*, *Confessions on the Dance Floor* and *Hard Candy*. The singer still had her fair share of ups and downs, but there was no doubting that she was still a bona fide superstar. Her latest album, *MDNA*, will be released on March 26 and will no doubt add more incomprehensible numbers to her already astonishing record. ●

One of the most iconic pop stars of all time, **Madonna** is set to hit the UAE for the first time ever.

Material world

LISTEN. HELP.

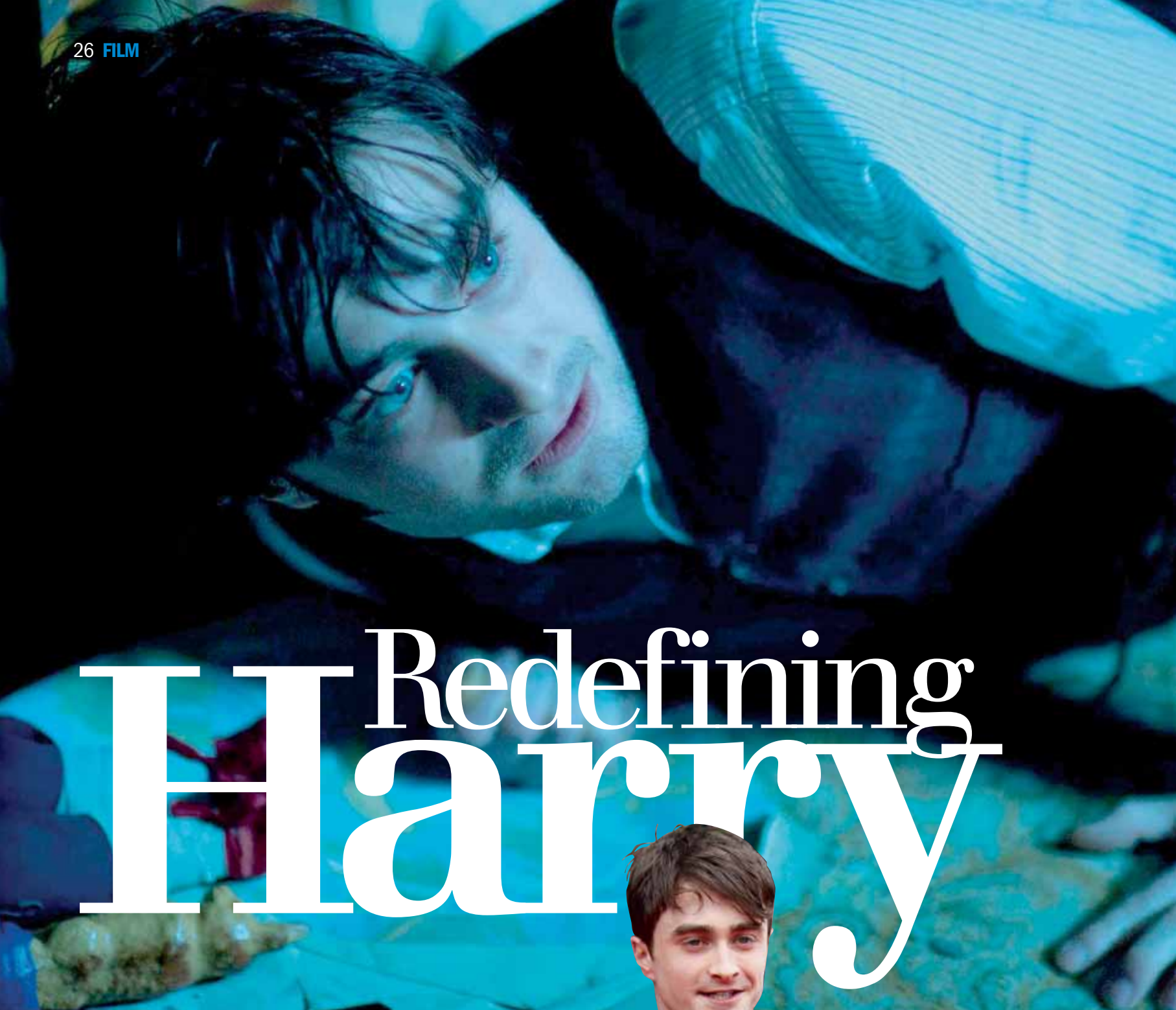
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It's Redefining Harry

In **The Woman in Black**, Daniel Radcliffe proves he has more roles in him than the famous Harry Potter.

NEW RELEASE

Susan Hill's 1983 ghost story classic has been adapted numerous times for radio, TV and most notably stage, running in the West End for a remarkable 23 years. Quite why it's taken so long to make it to the big screen is a mystery in its own right, but it turns out that it's worth the wait as this version is an assuredly crafted and unsettling old-fashioned horror.

It's the early Edwardian era, and young London lawyer Arthur Kipps (Daniel Radcliffe) is summoned to the isolated town of Crythin Gifford to settle the legal affairs of a reclusive widow. When he gets there, he's unnerved to find the local village is not only terrified but inexplicably hostile to his arrival. Kipps is confronted by several increasingly unsettling mysteries; why

are the town's inhabitants so intent on sending him back to London? Why are the townsfolk's children dying in weird circumstances, and what do these deaths have to do with Eel Marsh House, the remote dwelling of the late widow? Discovering the local legend of a spectre that haunts the old house, he resolves to solve the mystery of the woman in black.

Jane Goldman (*Kick-Ass*) reworks Hill's source material, giving Kipps a son and late wife, which shroud the character in grief, the loss of loved ones forming a key component of the film's story.



Did you know?

- As a kid, Daniel Radcliffe was often subject to bullying. His role as the bespectacled wizard boy would make his classmates consider him as "un-cool". However with a success like his, he claims that today he is the one who's having the last laugh.
- As of 2010, Radcliffe's net worth is about £28.5 million (Dh164.4 million). This makes him even wealthier than British royals Prince William and Prince Harry.
- Radcliffe is a keen follower of cricket. He says that if he got a chance, instead of being a movie star, he would rather play cricket for England.
- Adrian Rawlins who played Daniel Radcliffe's father in the Harry Potter series played the same character in the 1989 version of *The Woman in Black* as Radcliffe plays in this film.



"Director James Watkins expertly uses shadows and empty spaces to create a sense of dread."

The film marks Radcliffe's first big screen outing since the Harry Potter series and, at first, Radcliffe seems a little too young to play the widowed father to a four-year-old boy. Gradually,

though, it becomes easier to forget that it's the boy who played Harry Potter who's creeping around a haunted house with a candle in his hand. However, the young actor is remarkably good at appearing frightened. His blue eyes shine luminously in the darkness, as all sorts of unholy shadows lurk behind fluttering curtains and heavy oak doors.

Director James Watkins expertly uses shadows and empty spaces to create an impending sense of dread, and he waits until the last possible moment before allowing his audience the catharsis of a shock. For the most

part, *The Woman In Black* features the familiar rhythm of creepy build-up followed by a jumpy scare. And in that vein, the frights are effective.

A good rule of horror is that what an audience can imagine is always more frightening than what they can see and identify. Watkins knows this well and keeps glimpses of the eponymous woman brief; here an eye, there a flickering shadow and consequently there's a persistent sensation that she's watching and waiting from every murky corner.

The real revelation, though, is Radcliffe. Often criticised for his acting while on Potter duty, here he proves he can actually cut it, his Kipps is a convincingly terrified, grief-stricken man. Put it all together and you have an outstanding haunted house frightener, one that proves there is a post-Hogwarts life for Radcliffe. ●



RADCLIFFE IS VERY GOOD AT APPEARING FRIGHTENED

SILVER SCREEN

Painting the perfect picture



Last week's Baftas were the talk of the film industry for many reasons. However, there was one film in particular which caused a stir. In an industry filled with special effects and intricate plot-lines, silent movie *The Artist* emerged triumphant as it scooped a total of seven gongs at the celebrated movie awards ceremony.

The French film contains no spoken words, impressive special effects, sophisticated plot twists and nearly nothing that audiences have come to expect from modern films. However, the unique offering had been a slow-burning favourite to win big, although nobody could have predicted quite how big.

The seven awards that the film received on the night included best film, best director, best original screenplay, original music, best costume design, and best cinematography. This equals the number of Baftas previously secured by *The King's Speech* in 2011 and *Slumdog Millionaire* in 2009.

The simple film about the golden age of Hollywood debuted to rave reviews at Cannes last May and it would appear the momentum is still going strong, with *The Artist* winning three Golden Globes and being nominated for 10 Oscars.

However, while the film is pleasing the critics, many cinemagoers have demanded refunds after realising it is a silent movie. *The Artist* when released in April on Blu-ray and DVD.

Bollywood news



Waxwork for Madhuri Dixit

The much-awaited wax statue of Bollywood diva Madhuri Dixit will be unveiled at London's Madame Tussauds on March 7. Known for her natural acting talent and graceful dancing, the 44-year-old is the latest Indian film star to join the A-list line-up at the wax museum. Dixit's wax statue reportedly cost £150,000 and was completed in four months.

Deol and Takhtani engaged

Bollywood favourites Esha Deol and Bharat Takhtani are now engaged. The couple held a private ceremony for their family members only at Hema Malini's home in Mumbai. Hema Malini told reporters: "We are very happy for Esha and Bharat. It is a happy moment for all of us. Bharat is a very nice person." Deol also shared her excitement over the announcement.



Ash King wins award

British Asian singer and songwriter Ash King was awarded a prestigious Bollywood prize in Mumbai at the annual Stardust Awards. King won the Best New Male Singing Sensation Award at the star-studded event. The evening saw him rubbing shoulders with some of the world's biggest Indian film stars.

Listings

THE READ. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.



MAN ON A LEDGE

MOVIE GUIDE

Grand Cineplex - Wafi

Beauty and the Beast (3D) - 11:00, 12:45, 14:30, 16:15, 18:00, 19:45, 21:30, 23:15
Big Miracle - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:50
Chain Letter - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15
Ek Deewana Tha - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30
Ek Main Aur Ekk Tu - 10:30, 13:00, 15:30, 18:00, 20:30, 23:00
Ghost Rider 2 - 11:00, 13:10, 15:20, 17:30, 19:40, 21:50, 00:00
Ghost Rider 2 (3D) - 12:10, 14:20, 16:30, 18:40, 20:50, 23:00
The Iron Lady - 10:10, 14:10, 18:10, 22:10
Man On A Ledge - 12:10, 16:10, 20:10, 00:10
Omar Wa Salma 3 - 11:50, 14:10, 16:30, 18:50, 21:10, 23:30
Safe House - 10:00, 12:20, 14:40, 17:00, 19:15, 21:35, 23:55
The Vow - 10:30, 13:15, 15:45, 18:30, 21:15, 23:45
W.E. - 12:00, 14:20, 16:40, 19:00, 21:20, 23:40

Grand Megaplex - Ibn Battuta

Agneepath - 19:45, 23:00
Alvin and the Chipmunks 3 - 10:30, 13:30, 15:50
The Artist - 21:15, 23:30
Beauty and the Beast (3D) - 10:45, 12:30, 14:15, 16:00, 17:45, 19:30, 21:15, 23:00
Big Miracle - 10:40, 12:50, 15:00, 17:10, 19:20, 21:30, 23:40

Cat in Boots - 11:00, 13:00, 15:00, 17:00, 19:00
Chain Letter - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15
Chronicle - 10:00, 12:00, 14:00, 16:20, 19:00, 21:40, 00:15
Ek Deewana Tha - 11:00, 13:40, 16:00, 18:30, 21:00, 23:30
Ek Main Aur Ekk Tu - 10:30, 13:00, 15:30, 18:00, 20:30, 23:00
Ghost Rider 2 - 11:00, 13:00, 15:00, 17:00, 19:00, 21:00, 23:00, 00:55
Ghost Rider 2 (3D) - 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
The Grey - 11:10, 13:20, 15:30, 17:40, 19:50, 22:00, 00:15
Hugo - 10:45, 13:00, 15:15, 17:30
The Iron Lady - 18:30, 20:30, 22:30, 00:30
Man On A Ledge - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:50
Mission: Impossible 4 - 12:00, 15:00, 18:00, 21:00, 00:00
Omar Wa Salma 3 - 11:50, 14:10, 16:30, 18:50, 21:10, 23:30
One For The Money - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:50
Safe House - 10:00, 12:20, 14:40, 17:00, 19:15, 21:35, 23:55
Sherlock Holmes 2 - 18:20, 21:00, 23:35
The Vow - 11:00, 13:15, 15:30, 17:45, 20:00, 21:15, 23:30
War Horse - 12:30, 15:30
W.E. - 12:00, 14:20, 16:40, 19:00, 21:20, 23:40

Grand Cinemas - Festival City

Beauty and the Beast (3D) - 10:45, 12:30, 14:15, 16:00, 17:45, 19:30, 21:15, 23:00
Big Miracle - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:50
Chain Letter - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15
Ek Main Aur Ekk Tu - 10:30, 13:00, 15:30, 18:00, 20:30, 23:00
Ghost Rider 2 (3D) - 11:40, 13:40,

15:40, 17:40, 19:40, 21:40, 23:40
The Iron Lady - 20:00, 22:00, 00:00
Man On A Ledge - 10:30, 12:45, 15:00, 17:15, 19:30, 21:45, 23:55
Omar Wa Salma 3 - 11:50, 14:10, 16:30, 18:50, 21:10, 23:30
One For The Money - 11:00, 13:10, 15:20, 17:30
Safe House - 10:10, 12:30, 14:50, 17:10, 19:30, 21:50, 00:10
The Vow - 10:30, 13:15, 15:45, 18:30, 21:15, 23:45
W.E. - 11:30, 13:50, 16:10, 18:30, 20:50, 23:10

Grand Cinecity - Al Ghurair

Beauty and the Beast (3D) - 10:45, 12:30, 14:15, 16:00, 17:45, 19:30, 21:15, 23:00
Big Miracle - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:50
Chain Letter - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15
Ek Deewana Tha - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30
Ek Main Aur Ekk Tu - 10:30, 13:00, 15:30, 18:00, 20:30, 23:00
Ghost Rider 2 (3D) - 11:00, 13:10, 15:20, 17:30, 19:40, 21:50, 00:00
The Iron Lady - 13:00, 15:20, 21:40
Safe House - 10:00, 12:20, 14:40, 17:00, 19:15, 21:35, 23:55
The Vow - 10:50, 15:10, 19:30, 23:50

Grand Metroplex - Metropolitan

Casanova - 10:30, 13:30, 16:30, 19:30, 22:30
Chain Letter - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15
Ek Deewana Tha - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30
Ek Main Aur Ekk Tu - 10:30, 13:00, 15:30, 18:00, 20:30, 23:00

Ghost Rider 2 - 11:00, 13:10, 15:20, 17:30, 19:40, 21:50, 00:00
Safe House - 10:00, 12:20, 14:40, 17:00, 19:15, 21:35, 23:55
Spanish Masala - 11:30, 14:30, 17:30, 20:30, 23:30
The Vow - 10:30, 13:15, 15:45, 18:30, 21:15, 23:45

Grand Mercato

Beauty and the Beast (3D) - 11:30, 13:30, 15:30, 17:30, 19:30, 21:30, 23:30
Big Miracle - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:50
Ek Main Aur Ekk Tu - 12:00, 14:30, 17:00, 19:30
Ghost Rider 2 (3D) - 11:00, 13:10, 15:20, 17:30, 19:40, 21:50, 00:00
The Iron Lady - 13:00, 17:20, 21:40
Omar Wa Salma 3 - 22:00, 00:00
Safe House - 10:00, 12:20, 14:40, 17:00, 19:20, 21:40, 00:00
The Vow - 10:50, 15:10, 19:30, 23:50
W.E. - 12:00, 14:20, 16:40, 19:00, 21:20, 23:40

Vox Cinemas - Deira City Centre

Agneepath - 16:00, 19:30, 23:00
Alvin and the Chipmunks 3 - 10:00, 12:00, 14:00
Beauty and the Beast (3D) - 09:45, 11:45, 13:45, 15:45, 17:45, 19:45, 21:45
Big Miracle - 11:30, 14:00, 16:30, 18:45, 21:00, 23:15
Chain Letter - 09:45, 11:45, 13:45, 15:45, 17:45, 19:45, 21:45, 23:45
Ek Deewana Tha - 11:15, 14:15, 17:15, 20:15, 23:15
Ek Main Aur Ekk Tu - 11:00, 13:30, 16:00, 18:30, 21:00, 23:00
Ghost Rider 2 (3D) - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
The Grey - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00

Mission: Impossible 4 - 10:15, 13:00, 15:45, 18:30, 21:15, 00:00
Omar Wa Salma 3 - 11:15, 13:45, 16:15, 19:00, 21:30, 00:00
Safe House - 11:45, 14:15, 16:45, 19:15, 21:45, 00:15

Vox Cinemas - Moe

Alvin and the Chipmunks 3 - 10:30, 12:30, 14:30, 16:30
Beauty and the Beast (3D) - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00
Big Miracle - 10:30, 13:00, 15:30, 18:00, 20:30, 23:00
Ek Deewana Tha - 11:00, 14:00, 17:00, 20:00, 23:00
Ek Main Aur Ekk Tu - 18:30, 21:00, 23:30
Ghost Rider 2 (3D) - 11:00, 13:00, 15:00, 17:00, 19:00, 21:00, 23:00
The Grey - 12:00, 16:45, 21:30
The Iron Lady - 11:15, 16:00, 20:45
Journey 2 (3D) - 11:15, 13:15, 15:15, 17:15, 19:15, 21:15, 23:15
Man On A Ledge - 09:45, 14:30, 19:15, 00:00
Mission: Impossible 4 - 10:00, 12:45, 15:30, 18:15, 21:00, 23:45
Omar Wa Salma 3 - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00
Safe House - 11:15, 13:45, 16:15, 18:45, 21:15, 00:00
The Vow - 09:45, 12:00, 14:15, 16:30, 18:45, 21:00, 23:15
W.E. - 13:30, 18:15, 23:00

Vox Cinemas - Mirdif City Centre

Beauty and the Beast (3D) - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00
Big Miracle - 11:30, 14:00, 16:30, 18:45, 21:00, 23:15
Ek Deewana Tha - 11:15, 14:15, 17:15, 20:15, 23:15
Ek Main Aur Ekk Tu - 21:45, 00:15
Ghost Rider 2 (3D) - 11:00, 13:00, 15:00, 17:00, 19:00, 21:00, 23:00



AGNEEPATH

SCHEDULE CORRECT AT TIME OF GOING TO PRESS; HOWEVER, PLEASE NOTE THAT THEATRES CAN CHANGE SCHEDULES WITHOUT NOTICE

Journey 2 (3D) - 09:45, 11:45, 13:45, 15:45, 17:45, 19:45
Omar Wa Salma 3 - 11:15, 13:45, 16:15, 18:45, 21:15, 23:45
Safe House - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00
The Vow - 11:30, 16:30, 21:15
W.E. - 13:45, 18:45, 23:30

Reel Cinemas - Dubai Mall

The Artist - 19:20, 21:30
Beauty and the Beast (3D) - 11:10, 13:15, 15:20, 17:25, 19:30, 21:35
Big Miracle - 15:35, 17:55, 20:15, 22:35, 00:55
Chain Letter - 14:25, 16:35, 18:45, 20:55, 22:45, 00:50
Chronicle - 14:05, 16:00, 17:55
Coriolanus - 14:10, 16:50, 19:25, 22:00, 00:35
Dream House - 11:45, 13:40
Ek Deewana Tha - 15:10, 18:10, 21:10, 00:10
Ek Main Aur Ekk Tu - 15:45, 18:05, 20:25, 22:45, 01:05
Ghost Rider 2 (3D) - 14:20, 16:35, 19:00, 21:15, 23:35
The Grey - 11:00, 13:15, 15:30, 17:45, 20:00, 22:15, 00:30
The Iron Lady - 12:15, 14:30, 16:45, 19:05, 21:20, 23:35
Journey 2 - 14:40, 16:45, 18:50, 20:55, 23:20
Man On A Ledge - 14:50, 17:05, 23:40
Omar Wa Salma 3 - 11:40, 14:10, 16:40, 19:10, 21:40, 00:10
One For The Money - 12:05, 14:20, 16:40, 19:00, 21:20, 23:40
Safe House - 11:30, 13:50, 16:20, 19:00, 21:30, 00:05
The Vow - 12:45, 15:00, 17:15, 19:30, 21:45, 00:05
W.E. - 11:55, 14:20, 16:40, 19:05, 21:25, 23:45

Reel Cinemas - Marina Mall

Beauty and the Beast (3D) - 11:25, 13:30, 15:35, 17:40, 19:45
Big Miracle - 12:10, 14:30, 16:50, 19:10, 21:30, 23:50
The Descendants - 19:30, 22:00, 00:35
Ghost Rider 2 (3D) - 11:00, 13:15, 15:30, 17:45, 20:00, 22:15, 00:30
The Iron Lady - 11:05, 13:20, 15:35, 17:50, 20:05, 22:20, 00:40
Journey 2 - 11:15, 13:20, 15:25, 17:30
Safe House - 11:50, 14:20, 16:55, 19:40, 22:15, 00:45
Star Wars Episode 1 (3D) - 21:50, 00:50

TO FEATURE YOUR EVENT,
EMAIL EDITORIAL@README.AE

What's happening this week in Dubai



www.dubaicalendar.ae



Dubai Duty Free tennis championships

Date: February 20 - March 3
Duration: 13 days
Audience: Public
Category: Sports
Venue: The Aviation Club
Admission: Buy tickets online

Dubai traditional dhow sailing race 22ft



Enjoy the Dubai traditional dhow sailing race 22ft at the DIMC.

Date: February 25
Duration: 1 day
Audience: Public
Category: Sports
Venue: Dubai International Marine Club, Mina Seyahi
Telephone: 04 399 5777

Dubai World Cup Carnival - race meeting 11



Don't miss out on all the fun at the Dubai World Cup Carnival.

Date: February 23
Duration: 1 day
Audience: Public
Category: Sports
Venue: Meydan Racecourse
Admission: Free
Telephone: 04 327 0077

Gulfood Exhibition/Ingredients Middle East



Gulfood hosts an incredible 3,800 exhibitors, 81 international pavilions, and welcomes over 55,000 buyers from 152 countries for a unique exhibition featuring the food, drink, and hospitality sectors.

Date: February 19 - 22
Duration: 4 days
Timings: 11am - 7pm
Audience: Trade professionals
Category: Exhibitions
Venue: Dubai World Trade Centre
Admission: Pre-register online for free



Through the Looking Glass - art exhibition



Do not miss the wonderful photography of Aya Atoui, a Dubai-based Lebanese photographer and winner of the Sheikh Manal Young Artist Award in 2011.

Date: January 25 - February 28
Duration: 1 month, 5 days
Timings: 7pm - 11:30pm
Audience: Public
Category: Arts & culture, exhibitions
Venue: Amwaj Restaurant, Shangri-La Hotel, Sheikh Zayed Road
Admission: Free
Telephone: 050 505 6490

Pakistan vs England Cricket - T20s

Pakistan vs England in UAE 2012 is an international bilateral series being held in the UAE.

Date: February 23 - 26
Duration: 4 days
Timings: 8pm - 12am
Audience: Public
Category: Sports
Venue: Ductac
Admission: Dh175 per day

Skywards Dubai International Jazz Festival 2012

An experience no jazz aficionado will want to miss out on.

Date: February 16 - 24
Duration: 9 days
Audience: Public
Category: Festivals, music
Venue: Festival Park, Al Badia Golf Club, Dubai Festival City
Admission: Main gig nights: standing Dh295, middle seat Dh395, front seat Dh595, VIP Dh995. Jazz Fest: Online registry is free, Tickets at the gate Dh100
Telephone: 04 391 1196



DREAM CAR


Speed Demon

★★★★☆ Driving the Lamborghini Gallardo Spyder Performante is an experience to be savoured and remembered.

In the world of supercars they don't come much more super than Lamborghini. Along with its red rivals up the road, the Italian manufacturer has probably graced more bedroom walls and screen savers than any other automotive brand. All the company's models are the stuff of dreams and turn more heads than Tom Cruise parachuting into the centre of JBR on a Thursday night.

But what are they actually like to drive? Does the reality live up to the dream? In a word, yes it does. Getting behind the wheel of a Lamborghini is something to savour and enjoy, as unless you have a cool one-million dirhams to blow on a car with only two seats, you'll probably only get to drive it for a fleeting moment.

One of the latest models to come off the Sant'Agata production line

is the Gallardo LP 570-4 Spyder Performante. This is a stripped out race version of the Gallardo Spyder, which came about after some customers asked for a quicker version of the standard car. Some people really do have too much time on their hands.

Under the hood is Lamborghini's famous 5.2-litre V10 power plant, which is capable of pushing the car to 324 km/h, which is surely fast enough for anyone on the planet. It also has an incredibly stiff chassis with almost no noticeable body roll in the bends. It corners flat as a pancake, allowing you to accelerate hard out of the turns. Luckily for a car of this speed, the ceramic brakes are excellent, even when cold, which all

gives you added confidence.

But it's the brutal acceleration that really gets you. Less manic than a Ferrari, due in part to the two extra cylinders, the Gallardo will show a clean set of heels to most other road users. With four-wheel-drive to help get it off the line, the Performante will sprint to 100 km/h in just 3.9

seconds. That's enough to rearrange your internal organs into soup.

But the best part of driving the Gallardo is the sound. The Performante gets a set of race-bred exhausts, which sound incredible once the revs start to rise. You do find yourself seeking out tunnels and underpasses, just to enjoy the

SPECS

(as tested)

Engine: 5.2-litre V10
Power: 561hp@8,000 rpm
Torque: 540Nm@6,500 rpm
0-100km/h: 3.9 seconds
Top speed: 324 km/h
Price: Dh920,000





THE SEATS ARE A LITTLE HARD FOR LONG DRIVES



THE CAR SPORTS RACE-BRED EXHAUSTS



symphony coming from the back of the car.

To get the best of the sound, you need to remove the roof, which takes a few seconds to fold away. The rear engine lid neatly slides up and back before swallowing the fabric roof into a small recess. The whole thing then closes up again, leaving you

open to the elements. It's very impressive to watch and has passersby reaching for their camera phones.

Inside, it's a festival of carbon fibre, with smooth door trims and very little chrome or leather to be seen. Even the door handles are fabric pulls to keep the weight down. The seats are very hard and supportive, but a little too track-orientated for a long drive. The dash and centre console is the same as the standard Gallardo, albeit with an Alcantara-trimmed steering wheel.

The Performante is an unusual car in that it's a soft-top, but race-bred. It will be a very particular customer that wants this car. The standard Gallardo is softer and easier to live with, but doesn't pack the same punch as the Performante. At this end of the market, buyers usually want the best, so will probably go for this extreme Lamborghini. But if you're not one of the lucky few that can afford a Performante, it still gives the rest of the world something really quite beautiful to look at. ●

Cabrera-Bello takes Desert Classic

GOLF

Rafael Cabrera-Bello pulled off another shock on the European Tour when he outplayed Lee Westwood and became the third consecutive Spanish winner of the Omega Dubai Desert Classic last Sunday.

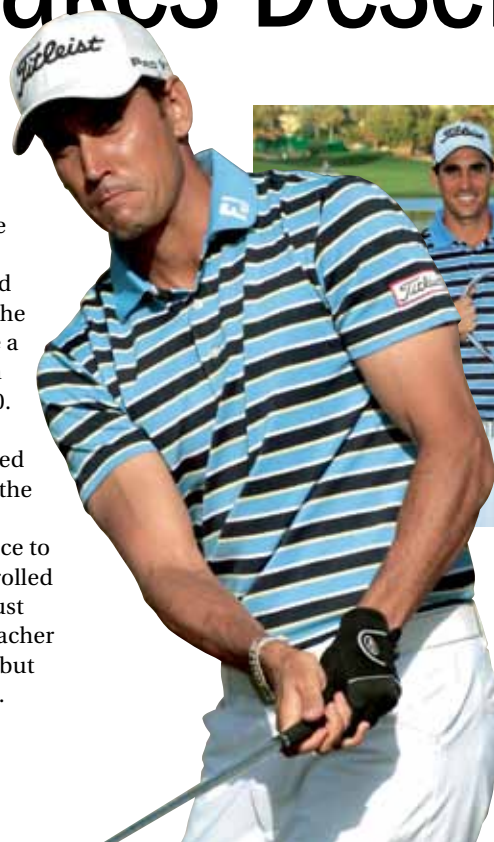
Two weeks after England's Robert Rock beat Tiger Woods and the world's top four in Abu Dhabi, the 27-year-old Canary Islander's four-under-par 68 gave him a one-stroke victory over Westwood and Scot Stephen Gallacher in the \$2.5 million event.

It appeared to be Westwood's tournament to win as the third-ranked Englishman took a one-shot lead over Cabrera-Bello into the final round. But after making a 35-foot

eagle putt on the second to go up by two, Westwood struggled with his putting the rest of the way, missing several birdie chances on the back nine.

The 119th-ranked Spaniard birdied the seventeenth for the outright lead and then made a short par putt on 18 to finish with an 18-under total of 270. The win, only his second on the European Tour, is expected to lift him to around 60th in the rankings.

Westwood (70) had a chance to force a playoff, but his chip rolled well past the hole. He then just missed a 25-foot birdie. Gallacher (69) also had a chance to tie but missed a 15-footer for birdie.



Joint half-way leader Rory McIlroy was joint fifth and world number four Martin Kaymer, in spite of his first hole-in-hole in tournament play, only came joint thirteenth.

How to be a great leader

Akhtaboot offers its advice on how to get the best from your team when you find yourself in a position of leadership.



EVERY TEAM NEEDS A STRONG LEADER IF IT IS TO ACHIEVE SET GOALS

LEADERSHIP

For centuries, people have debated whether leaders are born or made. Actually, there are several answers to this question and all of them conclude that leaders are both born and made. Being a leader is not as glamorous as the job title may suggest; it takes tremendous commitment, dedication, and selflessness.

In today's workplace, we have many managers and supervisors, but few of them are truly leaders. Akhtaboot brings you the main characteristics that you should embrace in order to become a truly effective leader.

Think big

A leader is someone with a vision; he or she looks at the big picture rather than just focusing on one issue at a time. Leaders always have a specific plan according to the situation at hand while maintaining a considerable degree of flexibility that allows them to embrace change and experience new things together with the team.

Be decisive

Being decisive means more than just making decisions. You should be able to take risks, listen to your intuition and act upon it. That being said, you must never forget that it's not a one-man show but teamwork and

coordination. Anyone who thinks he can make it on his own is doomed to fail. Involving other employees in the decision making process will definitely create an environment of cooperation, teamwork and loyalty.

Learn to have empathy

Empathy is the ability to put yourself in another person's shoes. You should be able to understand other people, how they feel and what motivates them. Showing sensitivity towards others means being receptive to both the verbal and non-verbal cues. The more you understand those who surround you, the more you can help them and help yourself.

Be ethical

An ethical leader is someone with integrity. Defining your integrity and ethics gives you consistency in your actions and relationship with others. Being an ethical leader means that you must be able to take a stand when no one else is on your side. Exceptional leaders never say one thing and do another; they actually practice what they preach.

Growing others

Before you become a leader, success is all about growing yourself. However, the moment you become the leader success is all about growing those

who surround you. Invest your time in helping other employees overcome their weaknesses and encourage them to speak their minds. This will encourage them to return the favour through hard work and loyalty.

Be consistent

Being consistent as a leader will help you avoid any confusion in the future. Define the roles and responsibilities clearly and follow through with reasonable and consistent rewards for when goals have been met or exceeded. Being consistent will not only enable you to get through the situation, but you'll gain the respect and trust of your employees.



“Being consistent as a leader will help you avoid any confusion in the future.”

Admit your mistakes

Everyone makes mistakes. However, making a mistake as a leader can be more serious since you're the person everyone is looking up to. Admit your mistake, correct it on your own time and make sure you learn from it. The best thing about admitting your mistake is that it allows you to grow. Always remember that if you're not making any mistakes then you're not doing much.

Some people are born leaders and some need to work on their leadership skills in order to stand out. It's not so much your technical abilities as it is about inspiring other people to become better at what they do. If you are suddenly put into a leadership position, and are lost for ideas on how to use your influence, simply recall those qualities you admired in others you previously followed. ●

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Sales executives required in Eurostar group. Should have experience in selling

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Motor Bike Messenger – 1 No. Young, smart, hardworking. Must read & write English. Valid UAE Motor Bike license. Experience – 1 year in Dubai. Send CV to salesyne@gmail.com.

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Outdoor salesgirl is urgently required. Indians or Filipinas only. Should have experience in curtain and carpet selling. Visa provided, good salary along with commission. Call 0555373239/0557016118.

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JOBS WANTED

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Pakistani male, 29, seeks job in accounts & finance. 3 yrs UAE experience in Accounts. Knowledgeable in general ledger accounting. Skilled in Focus/MS Office. Call 0551898214/email khan_nawab@hotmail.com.

Pakistani male, 30, seeks job as data entry operator/office assistant/salesman. Bachelor's degree in Arts. Knowledgeable in computer software (PC Technician). Talented and motivated. Email saad.sheikh83@gmail.com/Call 0509289015.

Indian male seeks job as an Administrative Assistant operator. 5 yrs experience in the exhibition industry. Knowledgeable in hardware systems and server administrator work. Email mohad.nizam@gmail.com/call 0503766036.

Indian, IT professional, M.Sc (IT), CCNA, and MCSE seeks job. 10 yrs experience in IT sales, marketing, and online sales. On resident visa. Call 0567950916/email rahilmcseccna@yahoo.co.in.

Designer seeks part-time job. Proficient in AutoCAD, drafting, Photoshop/editing to project designs and drawings. At reasonable rates. Call 0558360645.

Male, 30, B.Com, MBS (accounting) seeks job. 5+ yrs experience in accounts. Knowledgeable in accounting software. Call 0557974708/email wwwtipuuk@live.com.

Male, B.Com graduate seeks job. 6 yrs experience in Accounting. Call 0556725236/email ramesh.podual@yahoo.com.

Female Filipina seeks job as client relations executive/sales coordinator/receptionist. 6 yrs UAE experience. Call 0566507629.

Keralite, female, MA Economics, MBA seeks job in HR, administration, operations. Skilled in MS Office. On husband's visa. Email geethamt@yahoo.co.in.

Pakistani Graphic Designer, 8 years advertising experience, seeks full-time job. Highly experienced in all graphic work, Mac & PC platforms. Can join immediately. Call 0505018569, Email: hashmi.mn@gmail.com

Full-time housemaid seeks job. 2 yrs experience in UAE. A trained cook and good in childcare. Visa provided. Call 0554110191.

Pakistani male MBA (Finance) seeks jobs in sales, marketing, finance and accounts. 4+ yrs experience as an auditor and business developer manager. On visit visa. Email shaikh_nisar83@hotmail.com/call 0559674450.

Indian, male, UK PGDBM, seeks full-time job in administration/marketing/sales. Fluent in English and Malayalam. Good personality. Familiar with MS Office. Call 0558198118/email hamdankapil@gmail.com.

Indian, male, 26, seeks job. 4 yrs experience as an accountant. Call 0503017889/email suhailsuhail02@gmail.com.

Indian male, MCA, 26, seeks job. 2+ yrs experience in Windows Server Administration/Linux. On visit visa. Fluent in English, Hindi and Malayalam. Email manasibashraf@msn.com/0557430047.

Indian driver seeks job. 10 yrs UAE experience. Fluent in English, Arabic, Hindi, Malayalam. On visit visa. Call 0503391083, 0508855915/email ko.abdul@yahoo.com.

Electrical engineer with diploma seeks job. 5 yrs experience. Owns a UAE D/L. Call 0556587494.

AutoCAD drafter seeks job. 10 yrs Gulf experience. Call 0503852178/email nawazrr@yahoo.com.

Keralite male, 31, graduate. 4 yrs UAE experience. Secretarial skills. Driving license. On independent visa. Ready to work from 2:30pm. Call 0501495792.

Computer software/hardware IT professional seeks job. Configure computers to attach to an existing network, wireless router configuration and IP Network camera installation. Can join immediately. Visit my IT works website www.jotalz.webs.com.

Ugandan lady, 27, diploma seeks job in the hotel management/ hospital-ity field. Experience in 4 star hotels in Uganda. Email: w_bachu@yahoo.com/call 0552766070.

Indian, female 24, B.Ed., M.Phil (ELT), M.A. (English) seeks job in teaching/administration. Fluent in English/Hindi. On husband's visa. Email archanac60@gmail.com/call 0508723685.

Indian, female, 30, M.Phil (ELT), M.A. (English) seeks teaching/training job. 6 yrs experience in teaching. Fluent in English/Hindi. On husband's visa. Email goyalricha81@gmail.com or call 0552041333.

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Life insurance policy available for all. Now have a better future. For more details call 0506213601/0551244705.

AUTO

Toyota Yaris, 2008 model for sale. Automatic gear, manual windows, silver colour. Price for 25,000AED. Call 0508332633.

Mitsubishi Lancer, 2010 model for sale. Silver colour. In good condition.

SERVICES

Computer repairing networking services available. Hardware software upgrade, Windows XP/Windows 7 with office networking. For 250/PC. Call 0557414116.

Car lift services available. Beginning from Al Nadha, Sharjah to Bur Dubai and vice versa. Timings are from 8am to 9am & 6pm to 7pm. Call 0554706542.

ITEMS

King sized bed available for rent. Wrought iron/orthopedic medicated mattress for 715 AED. Also queen sized bed/mattress for 510AED. Call 0556672536.

ACCOMMODATION

Bed space in villa available for rent. In Hor Al Anz near Karachi Darbar restaurant. Executive Muslim bachelors only. Rent for 300/AED including DEWA. Call 0556085541/0553052059.

Shared furnished accommodation available for rent. Executive Keralite bachelors only. Near Thalal super market in Al Shab Colony, Hor Alanz. Internet also accessible. Call 0507954832.

Single furnished room available for rent. In Qusais, near metro station. With attached balcony/ bathroom. Couple or executive ladies only. Gym facilities, tennis court + DEWA available. For 2,500/ AED. Call 0506882950.

Shared furnished family room available for rent. In Al Muteena street opposite Marco Polo Hotel, Deira. Rent for 1800AED/ + water and electricity. Indian couples only. Call 0508764337, 0567073545.

Bed space available for rent. Russian male to share with another male. At Al Barsha near MOE metro station. 1000/ AED + DEWA. Call 0552543673.

Furnished single room available for rent. With kitchen and internet facilities. Near Al Shab Colony, Bldg. 30, Flat A1, Deira. For 1500/-AED. Call 0505384632/0506115332.

Room/bed space available for rent. Indian bachelors only. At Al Qusais, behind Dubai Grand Hotel, walking distance to metro station. Free parking/Wi-Fi unlimited. Call 0551385164.

Furnished bed space available for rent. Indian male executives only. In Bur Dubai, shared with a Gujarati family. Call 0552369778.

Furnished single room available for rent. Single bachelors or working ladies only. Near Rashidiya metro station. For 1800AED/. Beginning on March 1st. Call 0504762176/email sarah.mehtab@hotmail.com.

Furnished clean rooms/bed spaces available for rent. 1400AED for small rooms, 700AED for bed spaces. Arabs are welcome. Near Al Rigga metro station. Call 0502100388/0505887434.

Wanted: single bed space near Bur Dubai bank street beginning of March. Can share with Indian/Nepalese/Bangladeshi/Filipinos. Call 0558428598.

Fully furnished studio room available for rent. Near Etisalat metro station. Beginning March 1st. Call 0503172574.

Room for rent. Filipino couples or single ladies only. In Karama, behind fire station. For 1600AED. Call 0504611830.

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Fourth DAST winners honoured

HH Sheikh Hamdan honours winners of RTA-organised award for sustainable technologies and firms.



HH SHEIKH HAMDAN AMID ATTENDEES AT THE DAST AWARDS CEREMONY



HH SHEIKH HAMDAN PRESENTS AN AWARD TO A CATEGORY WINNER

AWARDS

HH Sheikh Hamdan bin Mohammed bin Rashid Al Maktoum, Dubai Crown Prince and Chairman of the Executive Council, recently honoured the winners of the fourth Dubai Award for Sustainable Transport (DAST), which is one of the initiatives rolled out by the RTA with the aim of motivating the public and private sectors to curb traffic congestion and conserve the environment.

Upon arriving at the ceremony venue at the Dubai World Trade Centre, HH Sheikh Hamdan was received by Mattar Al Tayer, Chairman of the Board and Executive Director of the RTA as well as several heads of departments and organisations in the public and private sectors.

HH Sheikh Hamdan and the attendees watched a movie about DAST casting light on the efforts of Dubai to conserve the environment and natu-

ral wealth, and apply the principles of sustainable development, considering it a key element impacting the future and welfare of mankind.

HH Sheikh Hamdan, flanked by Al Tayer, decorated the winners of the award categories. DP World bagged the first position in the Mobility Management category for the Automatic Gate system project, ETA ASCON Dubai finished second for the Excellence in Mobility Assembly project, and Emirates NBD finished third for its Employee Sustainable Mobility initiative. In the Transport Safety category, Emirates Gas LLC scooped the first position for the Safety Enhancement Programme in transporting LPG cylinders, TNT Express was the runner-up for the Road Safety Management System project, and Total Co. finished third for the Integrated Sustainable Road Safety Methodology project.

HH Sheikh Hamdan also honoured

“The number of public transport users in 2011 surpassed 346.5 million people.”

the winners in the Environment Conservation category, in which Emirates Transport (Dubai Branch) finished first in the Conversion of Vehicles to use Natural Gas project, while Neutral Fuels LLC and McDonald's UAE finished second for the converting of the McDonald's transport and logistics fleet to use 100 per cent bio-fuel, and the Centre of Waste Management in Abu Dhabi finished third for its tyre recycling project. In the Disabled Mobility category, the Fujairah Rehabilitation Centre for the Disabled finished first for its Safe Arrival initiative, and the Social Services Department (Sharjah Elderly House) came second for the deployment of a dedicated and equipped bus for the elderly project to lift the elderly from their houses to their destinations.

HH Sheikh Hamdan also decorated the winners of the School Transport category, which was introduced in the third edition of the award, and in which the Gulf Indian High School in Dubai snatched the first position for the provision of secure and sustain-

able school transport. Al Mustaqbal School in Abu Dhabi was the runner-up for the My Bus, My Library project. In the Special Honour category, the Society of Engineers was the winner of the Best Media Coverage award.

HH Sheikh Hamdan then honoured the sponsors of DAST, namely Kassab Media, Du, Dubai World Trade Centre, Duty Free of Dubai Airport, Etihad Rail, the National Transport Authority, Dubai Electricity and Water Authority, Emirates Roads Contracting Company, Qatar Insurance Company, Wipro, MAPA and Wade Adams Contracting Company. He also greeted the members of the award's judging panel.

At the end of the ceremony, Al Tayer presented a commemorative trophy to HH Sheikh Hamdan, in recognition of the ongoing support accorded by him to the RTA and for patronising the award.

Al Tayer stated that DAST has achieved remarkable progress despite its short lifespan.

“The efforts of the Dubai Government, represented by the RTA, in improving the infrastructure of the transport sector have proved successful and effective. The public transport means in Dubai are becoming vital for the daily movement of residents and visitors. The number of public transport users in 2011 surpassed 346.5 million people, and the daily ridership of mass transit systems clocked 963,000 people last year,” said Al Tayer.

RTA signs Dh851 million deal

New 18-year contract with consortium agreed for maintenance of Al Safouh Tramway.

CONTRACTS

The RTA has awarded an 18-year maintenance contract for the Al Safouh Tramway to a consortium comprised of the French Alstom company and the Emirati-Belgian Cofely-Besix company, including an option for a five-year extension. The total value of the contract amounts to Dh851 million.

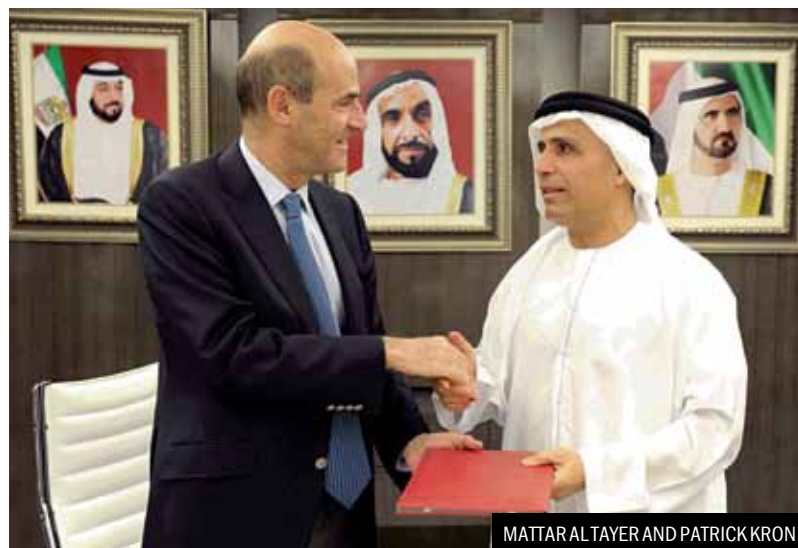
The contract was signed on behalf of the RTA by Mattar Al Tayer, Chairman of the Board and Executive Director of the RTA, and on behalf of Alstom by Patrick Kron, Chairman and CEO of Alstom, in the presence of Abdul Mohsin Ibrahim Younes, CEO of the RTA Strategy and Corporate Governance Sector, Adnan Al Hammadi, CEO of the RTA Rail Agency; and Safwan Hijazi, Regional Director of Alstom's office in Dubai.

"The selection of Alstom for the maintenance of Al Safouh Tramway was prompted by the fact that it is the only company in the world that manufactures tramsets powered by a modern, safe and catenary-free power supply system, which helps preserve

the urban environment and historic heritage of the city of Dubai. Dubai will be the first city outside Europe to use this system, and the French city of Bordeaux is the first city in the world to use it," stated Al Tayer.

"The contract covers the maintenance of the rolling stock and fixed installations under phase one of the Al Safouh Tram project, which includes the supply of 11 tramsets and construction of a 10 kilometre-long track as well as 11 passenger stations. The contract also has the potential to award Alstom the maintenance contract of phase two of the project, which includes providing 14 additional tramsets, a five kilometre-long track and six additional passenger stations.

"The contract covers the maintenance of various systems and equipment such as electrification, signalling and ticketing systems among others. It also covers preventive and corrective maintenance, equipment renewal, technical support, management of spare part inventories for the tramsets, and the running of a basic maintenance programme, as well as the maintenance of all passenger stations.



MATTAR AL TAYER AND PATRICK KRON

It also covers the implementation of a tram depot, track and platform, points and crossings, power supply and distribution equipment, a ground-level power supply system, communication and signalling systems and other electromechanical installations to be maintained in tip-top condition.

"All maintenance works to be undertaken by the company will be meas-

ured daily in terms of the availability of the transport system and infrastructure to ensure optimal operating conditions for the trams, which will run for 18 consecutive hours a day. Cofely-Besix Facility Management will be in charge of maintaining the stations and depot as well as mechanical, electrical and plumbing works along with the associated services," noted Al Tayer.

RTA boosts relations with Dubai Police

DELEGATIONS

A delegation from the RTA, comprising officials from the Administrative Services and IT Department, recently visited the General Department of E-Services at the General Headquarters of Dubai Police to review the best practices at world-class standards adopted by the department, and exchange views towards boosting the existing bilateral relations between the parties.

The RTA delegation was headed by the Director of Administrative Services, Nabeel Yousef Al Ali, and consisted of Mohammed Obaid Suroor, Office Services Manager at the Administrative Services Department, in addition to Senior Analyst Raafat Ali, Project Manager Maher Alaa Uddin, and Senior Analyst Anas Abu Laban at the RTA IT Department.



The delegation was received by Lt. Colonel Mohammed Jaafer Al Rahama, Director of E-Services, and other officials of the department who considered this visit one of the important steps to cement the bilateral relations

and boost the joint cooperation in the interest of the public and all segments of the community.

"The visit was aimed at automating and upgrading the fax technology and service in general, and e-fax in partic-

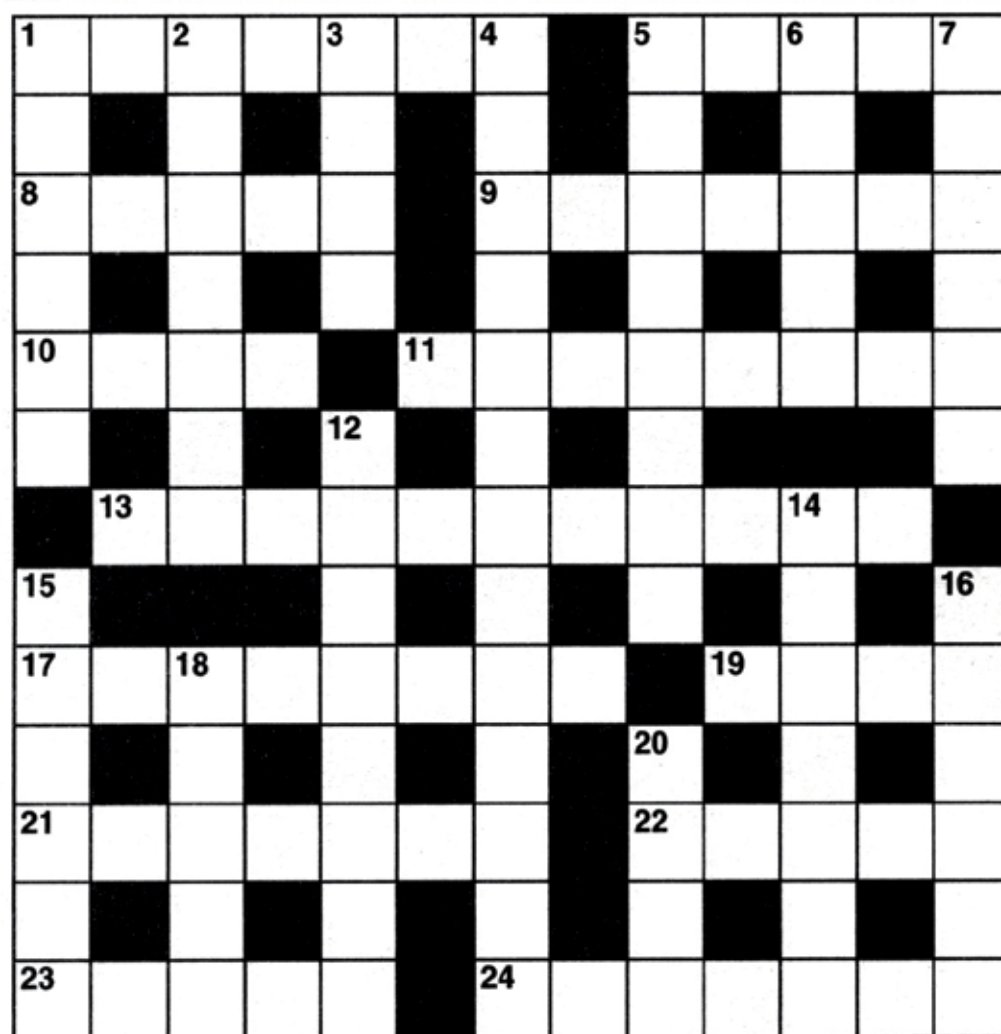
ular within the RTA, and establishing a link with the RTA's e-messaging system and the comprehensive documents management system," said Al Ali.

"The RTA is always keen on benefiting from the practices of other entities, particularly its strategic partners, and adopting cutting-edge technology to upgrade its business conduct, uplift the calibre of internal and external services, and boosting its e-services portfolio to keep abreast of the Dubai e-Government strategy of processing daily transactions in a swift and transparent manner.

"The IT Department, in cooperation with the Administrative Services Department, and a specialised company, is working on the introduction of e-fax technology called Enterprise Wide Fax Management Solution, and the system is set to be launched as early as next March," Al Ali added.

Taking your time

Test your skills with our puzzles, try something new with a recipe and turn to us for advice. It's free!



Crossword

Across

1 Bath with a whirlpool effect (7) 5 Surname of the anti-heroine of *Vanity Fair* (5) 8 Prolonged stay in bed in the morning (3-2) 9 Deep in thought (7) 10 Sealing material (4) 11 Squeezing moisture from (8) 13 Impossible to retract (11) 17 Savagery (8) 19 Atop, above (2,2) 21 ___ of, sell (assets) (7) 22 Edible marine gastropod (5) 23 ___ off, steal away (5) 24 Feel oppressed by heat (7)

Down

1 Brand-name cleaning rag (1-5) 2 Climbing plant (7) 3 Wacky (4) 4 Overbearing behaviour (13) 5 Male relative by marriage (3-2-3) 6 *Her* ___, 1989 Tom Selleck film (5) 7 Promise, undertaking (6) 12 Tall skinny person (8) 14 Easy-going (7) 15 People from Malmö (6) 16 Chair on curved bars (6) 18 Long rope with a running noose (5) 20 Affectedly quaint (4)

ANSWERS



Recipe

Stir-fried chicken and pak choi

Simply add some freshly cooked rice and you have a quick, cheap, complete meal.

Ingredients

2 tbsp groundnut oil
2 skinless chicken breasts, cut into strips
1 crushed garlic clove
1 tsp grated fresh ginger
½ tsp finely chopped fresh red chilli
handful mangetout
2 pak choi, stems separated
4 sliced spring onions
100g mixed mushrooms, chopped
4 tbsp soy sauce
2 tbsp balsamic vinegar
handful fresh flatleaf parsley
1 tbsp chopped fresh tarragon
1 tbsp chopped fresh chives

Method

1. In a large frying pan or wok, heat the groundnut oil over a medium to

high heat until it starts to sizzle.

2. Add the chicken strips to the pan, stirring or tossing regularly to avoid burning. Cook the chicken for three to four minutes until it turns white and is cooked through.

3. Add the garlic, ginger, and chilli to the pan and cook for a further 30 seconds, stirring regularly to ensure the flavours are evenly distributed.

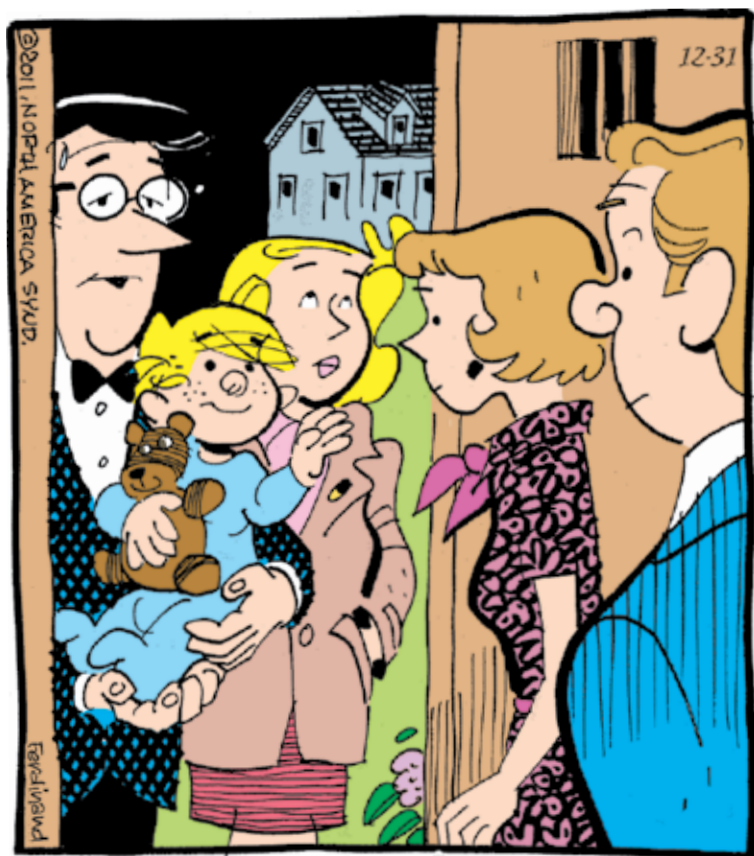
4. Add the mangetout, pak choi, spring onions and mushrooms, then stir fry for another three to four minutes until all the ingredients are lightly cooked.

5. Finish with the soy sauce, balsamic vinegar and fresh herbs. Stir together briefly and serve immediately with freshly cooked rice.

Serves
2

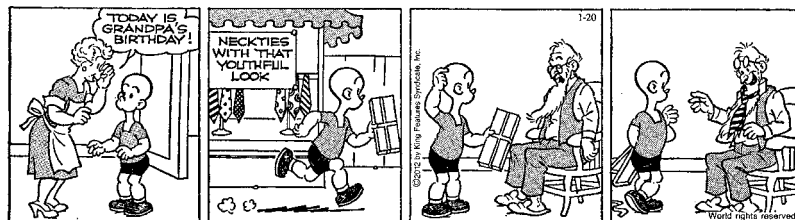


Dennis the menace

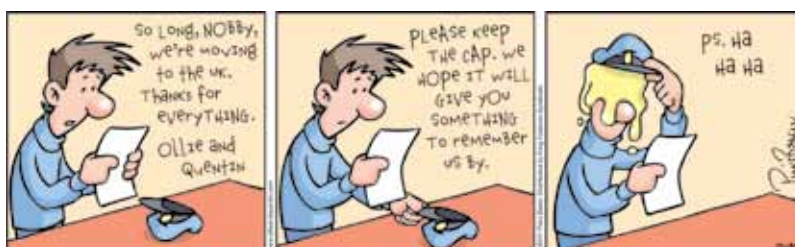


"SORRY WE'RE LATE, WE HAD DENNIS ISSUES."

Henry



Ollie and Quentin



Spiderman



Here to help

At Read, we are happy to help with any advice you might need to live your life to the full. If you have a problem we can help with, email us at letters@readme.ae

Q My wisdom teeth are coming through and they are so painful I could cry! I don't want to rely on painkillers, what else can I try?

Read: Clove oil is renowned for being a great remedy for toothache. It is available from most chemists and helps to numb the painful area. Other than that, try holding a warm hot water bottle against your cheek when at home; for many people this can ease the pain of toothache, or alternatively a cool pack on your cheek should help relieve any swelling.

Q My best friend has been ignoring me recently and I don't know what I could have possibly done. Shall I confront her?

Read: Confront is perhaps the wrong word, but it would obviously be best to speak to her and find out what's wrong. Try to arrange

a coffee date to have a chat and find out what is bothering her. It may be that you have done or said something small which you are simply not aware of, or perhaps your friend is having problems in another area of her life and would be glad of your support. If she won't speak to you, perhaps try writing her a letter.

Q My hair is always really greasy and it looks horrible. I wash it every day but it is still really limp and greasy by the time I get home from work. What can I do?

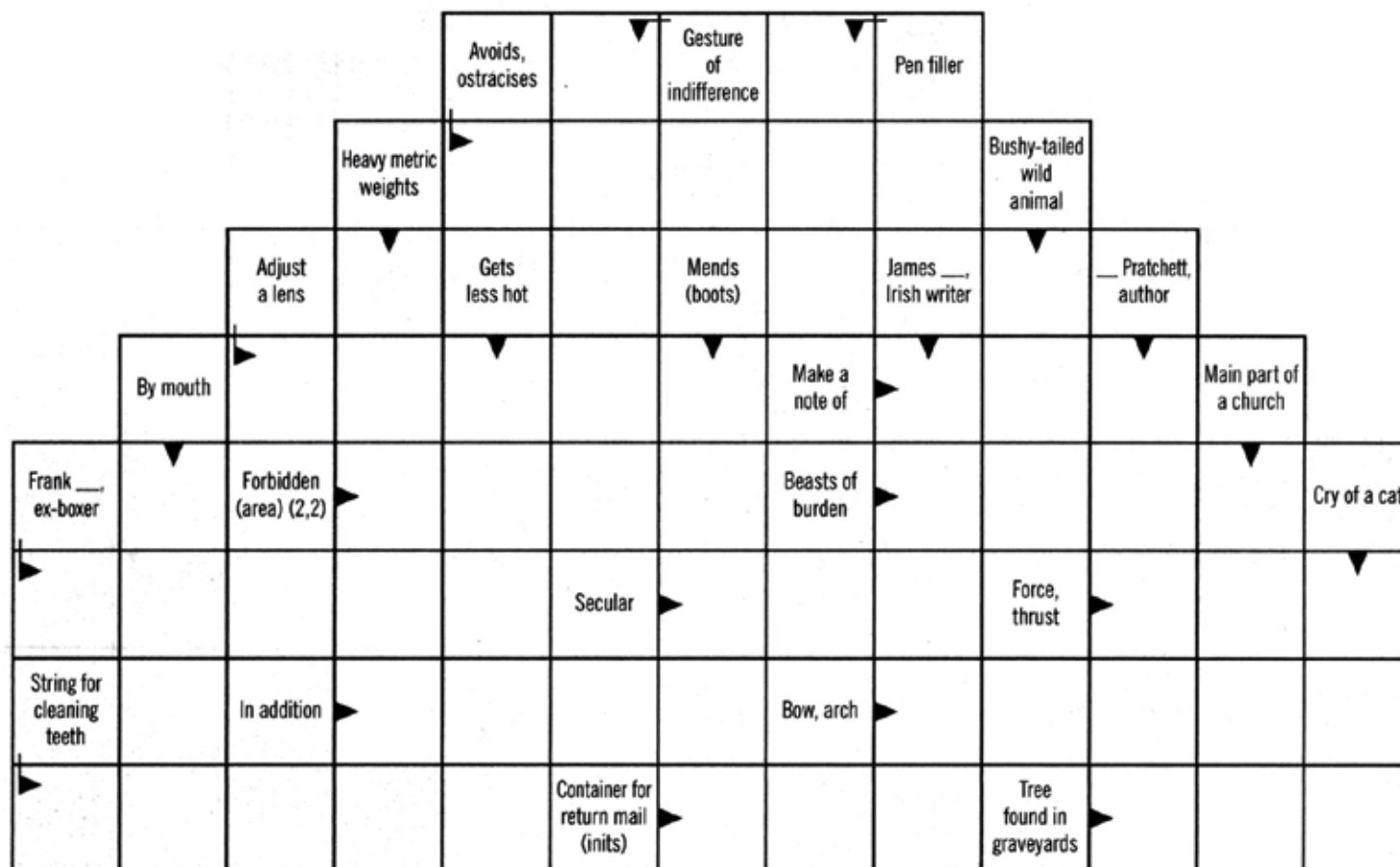
Read: Washing your hair every day could actually be making it more greasy. When the hair is regularly stripped of its natural oils by shampoo, the glands on the scalp may start to work overtime to replace the oils—hence the excess grease. Try only washing your hair every other day with a mild shampoo, it may feel a bit lank and greasy on the in-between wash days, but eventually it should start to re-balance itself.

Who's this?

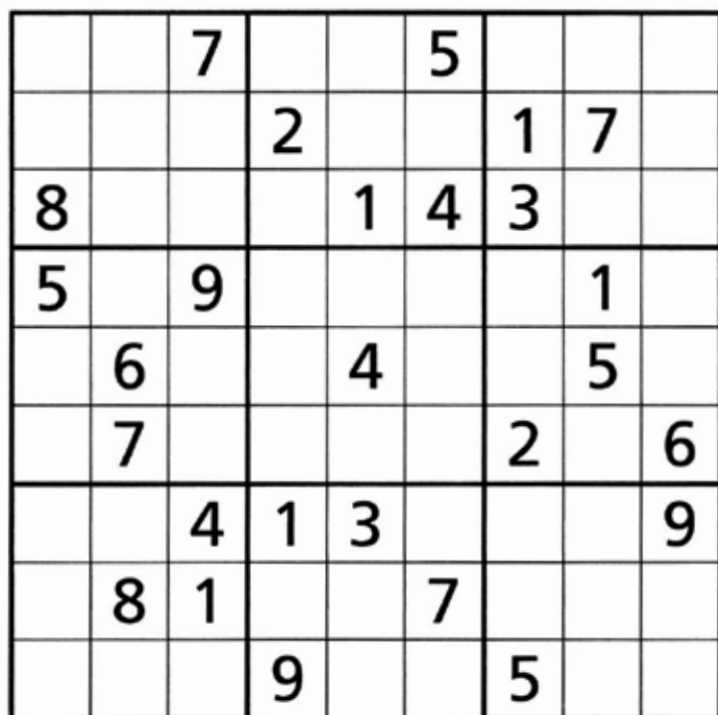
ANSWER ON PAGE 38



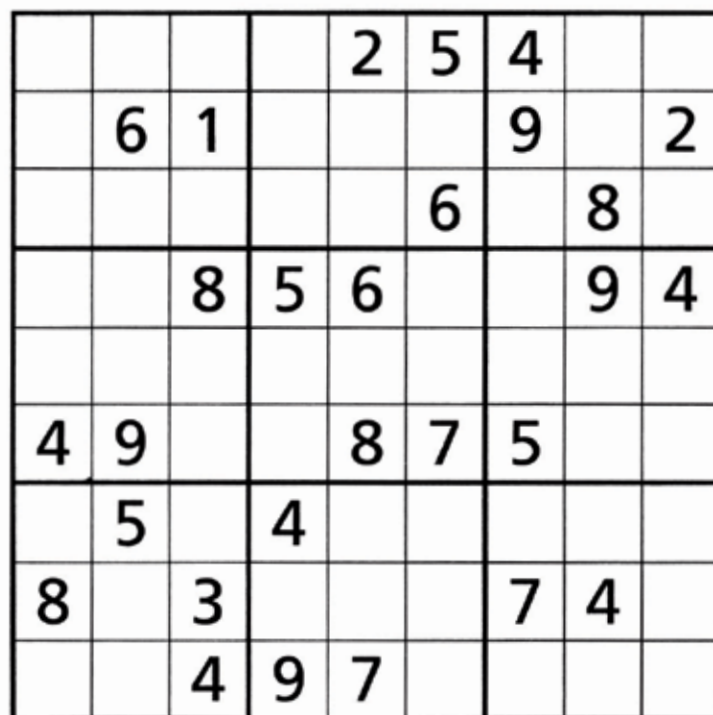
Puzzles Pyramid



Sudoku 1



Sudoku 2

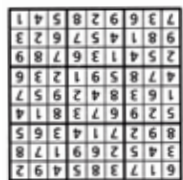


ANSWERS

PYRAMID



SUDOKU 1



SUDOKU 2



WHO'S THIS? ANSWER - ADELE



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What's in your stars?

The Read. astrologer tells you exactly what to expect over the next seven days.

ARIES

(MAR 21 - APR 20)

A recent conversation with a long-distance friend or relative has done wonders for your self esteem. They are very proud of how far you have come in your career, so maybe you should give yourself a little more credit every now and then too.



TAURUS

(APR 21 - MAY 21)

A recent decision to take some time out has been doing you the world of good. Catching up on some much-needed sleep and eating a balanced diet again has made you feel like a new person; use this to your advantage when it's time to get back to work.



GEMINI

(MAY 22 - JUN 21)

Money is still proving to be somewhat of a sensitive subject between you and your spouse. Perhaps it would be beneficial to plan a more strict budget between you; this way you can make sure all the bills and essentials are covered every month.



CANCER

(JUN 22 - JUL 23)

You are one of the most well-balanced star signs of the zodiac, so why are you putting so much pressure on one aspect of your life at the moment? It may seem as though other people are demanding too much, but perhaps they are just used to the way you usually cope.



LEO

(JUL 24 - AUG 23)

A recent drive to change an aspect of your image or personal life is paying off and the compliments are rolling in. One person in particular has been giving you a noticeable amount of attention. If the feeling isn't mutual, be honest with them to avoid complications.



VIRGO

(AUG 24 - SEP 23)

An exciting new friendship could be on the horizon thanks to your recent involvement in a new social club or evening class. It feels great to finally meet people who are on the same wavelength as you, and you could find yourself building bonds for life.



LIBRA

(SEP 24 - OCT 23)

Your recent attention towards someone's needs hasn't gone unnoticed and they will be looking to pay you back in some form. Accept their gift or offer with humility and thanks; it may not be your exact taste but it has come from the heart.



SCORPIO

(OCT 24 - NOV 22)

You have been making waves at work and the rewards could be starting to trickle their way down to you. Perhaps this would be a good time to review your salary or position within the company. Arrange a meeting with your boss sooner rather than later.



SAGITTARIUS

(NOV 23 - DEC 21)

A friend may have been sapping away your energy recently, but they have perhaps been simply unaware of how much time and effort they were asking for. If you can point this out in a subtle and tactful way, they will soon start to back off again.



CAPRICORN

(DEC 22 - JAN 20)

Have you been suffering with an ache or pain for some while now? It really is important to have this checked out. You may find that a quick course of treatment can clear up any niggles, plus you may discover a new alternative therapy that suits you down to a tee.



AQUARIUS

(JAN 21 - FEB 19)

Home improvement plans are forging ahead and things are starting to take shape. Make sure you don't start to overspend however when it comes to the finishing touches. You can achieve the same look for less money if you shop around.



PISCES

(FEB 20 - MAR 20)

You may have been struggling to tie down an appointment with a colleague or friend. While you both lead busy lives, how many things in your diary are necessary? Perhaps there are some events where you wouldn't be missed, so have a few nights off.



This week's local weather

SUN

19th

MOSTLY SUNNY
HIGH 27C
LOW 21C
HUMIDITY 39%

MON

20th

MOSTLY SUNNY
HIGH 25C
LOW 20C
HUMIDITY 36%

TUE

21st

MOSTLY SUNNY
HIGH 21C
LOW 17C
HUMIDITY 34%

WED

22nd

MOSTLY SUNNY
HIGH 23C
LOW 18C
HUMIDITY 34%

THU

23rd

SUNNY
HIGH 22C
LOW 18C
HUMIDITY 35%

FRI

24th

SUNNY
HIGH 23C
LOW 19C
HUMIDITY 39%

SAT

25th

SUNNY
HIGH 24C
LOW 18C
HUMIDITY 41%

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to win* a trip to Paris!



2 Couples
to win* a trip to Malta!



100 to win*
Desert Safari &
Dhaw Cruise Voucher



400 to win*
Electronic Items &
Fragrances



Shop for AED 300 & get
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• Enhanced Social Feeds and
Voice Activated Universal Search
• Augmented Reality & NFC Technology
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AED 1899

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• Fujinon SX Optical Zoom Lens
• 2.7" Bright LCD Screen
• 1280 X 720 HD Video Recording



AED 399

DELL



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• 3GB
• 320GB HDD
• 15.6 inch

AED 1899

NOKIA



N9
SMARTPHONE
• 8 Megapixel Camera
• 1 GHz Cortex A8 CPU
• SMS (Threaded View), MMS, Email
• Wi-Fi 802.11, Wi-Fi Hotspot
• 16 GB Storage, 1 GB RAM
• MeeGo OS, v1.2 Harmattan

**SAVE
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AED 2069

Nikon



**SAVE
AED 100**

COOLPIX S9100
DIGITAL STILL CAMERA
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• 18X Optical Zoom
• 3.0" LCD Screen
• Lithium Battery



AED 999

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THL32X30M LED TV
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• 2 USB
• LAN, DLNA, Wi-Fi Ready
• Facebook & SHOUTcast
• Panel Made in Japan

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OLD AED 1499 AED 1399

acer



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• 20 Lumens
• 166 Grams Weight
• Mini HDMI, USB &
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FRONT LOAD WASHER -
WAE20467GC
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• 1000 RPM
• LED Display

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**OLD AED 1799
AED 1399**

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• Connecting all the devices wirelessly
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