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JUNE 10-16, 2012 | Issue 52

Read.

Win *Read.* t-shirts
in 5 exciting colours.

See back cover for details.

COMFORT AND CLASS

The Volvo S80 brings its own unique style of elegance to the saloon market



SICILIAN DREAMS



DARE TO DO DENIM

Heavy jeans and jackets get pushed to the back of the wardrobe, as lightweight and colourful denim provides this summer's style statement



NO USUAL FAIRYTALE

The name Snow White tends to conjure up images of happy dwarves and fluffy animals, however this latest version turns much darker



Natural vitality

How to make sure your body
gets the vitamins it needs

Health | Fitness | Film reviews | Entertainment | Cars & gadgets | Community | Listings

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€5



AED 649

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Motorola
XT910 RAZR



NOW AED 1,999 WAS AED 2,599

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AED 750

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Samsung
S5830 Galaxy Ace



AED 899

SAVE
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BlackBerry®
Curve™ 9220



AED 749

SAVE
AED 305

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- +FREE WORTH AED 100 60-second data transfer
- +GET WORTH AED 55 du SIM Card

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Contents

Metro life 03
Community 10
Technology 12
Health 14
You 16
Fashion 18
Father's Day special 20
Fitness 22
Travel 24
Film 26
Listings 28
Motoring 30
Public transport 34
Take a break 36

Letters

Email: letters@readme.ae

A selection of the letters we've received this week. Write in to have your say.

✉ Hi *Read.*, I've been an avid reader of your publication since it first hit the stands. Each week it makes my journey to work so much more interesting. I only wish there were more issues.

Tanya Emmanuel

Thank you for your letter. We are delighted to have come through our first year and are appreciative of the fact that Dubai Metro commuters in the tens of thousands enjoy our publication every week. We are always trying to improve the magazine, so if you'd like to see anything included, please let us know. After all, *Read.* is published for you.

✉ Dear *Read.*, The European championship has started now in my homeland and although I will be wearing my shirt on match days, I've read some reports stating that my health could be at risk by doing so? This sounds ridicu-

lous to me.

Przemek Vaya Wajnert

Research into the chemicals used in official team strips, including Poland and Ukraine, showed shirts contained worrying levels of chemicals. There are currently calls for a review of chemicals legislation to be used to tighten controls against potentially harmful and toxic chemical in retail goods.

✉ Dear *Read.*, I'm going on holiday next week and, even though I'm looking forward to leaving work behind, I feel slightly guilty that my colleagues have to pick up the slack. I know they can manage, but as they all read and enjoy *Read.*, can you please print my letter as my way of thanking them for covering for me?

LJ Masterson

We are sure your colleagues appreciate the hard work you put in and are more than happy for you to take a break. Of course, getting ahead of your workload before you go could help ease the pressure on your team.

Read. Poll

What will you do for DSS 2012?

- Shop for deals
- Catch the entertainment
- Participate in raffles
- All of the above

Cast your vote online at www.readme.ae

LAST READ. POLL RESULTS

How much money do you plan to save this month?

Dhs500-1,000	45%
Dhs1,001-5,000	15%
Dhs5,001-10,000	40%

QR codes



Scan this QR code with your smartphone to go to the *Read.* website



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Metro pics



Post your pictures on the Facebook page of *Read.* The most creative ones will be published. The pictures must be your own and should not be copied from any source. Post your pictures on the wall at www.facebook.com/readmeae or send them to pics@readme.ae

ARIANNE PELIGRINO BALABA



SAYYATHU USEN



ROMELL BISCARRA



THAHIREPPUNNI



DIOMYR S. SABIDO

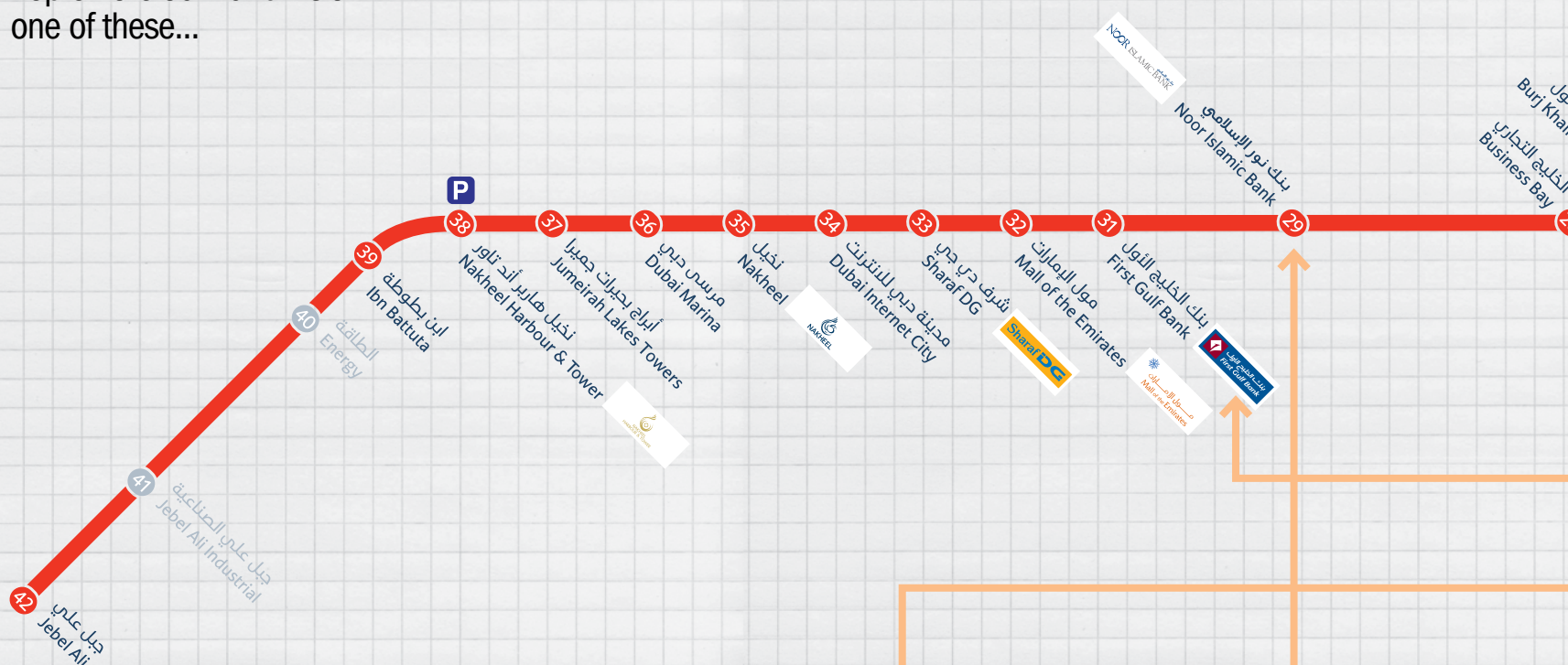


BEA SALES



Station by station guide

Looking for something to do? You could always hop off the train and visit one of these...



Dubai SportsWorld 2012

JUNE 8 - AUGUST 31

DUBAI WORLD TRADE CENTRE

Dubai Sports World 2012, the region's largest indoor sports event, features three months of exciting sports and leisure activities including football, basketball, cricket, American football, rugby, tennis, futsal, volleyball, beach soccer, fitness areas, table tennis and billiards. The venue also includes a 660m indoor running track and a skate park. The event is open seven days a week from 8am to midnight and until 2am during Ramadan. Every Saturday from June 16 through August 31 is Ladies Day from 8am - 3pm, after which the venue is open to the public as normal. For more information call 04 306 4000.

TO FEATURE YOUR EVENT,
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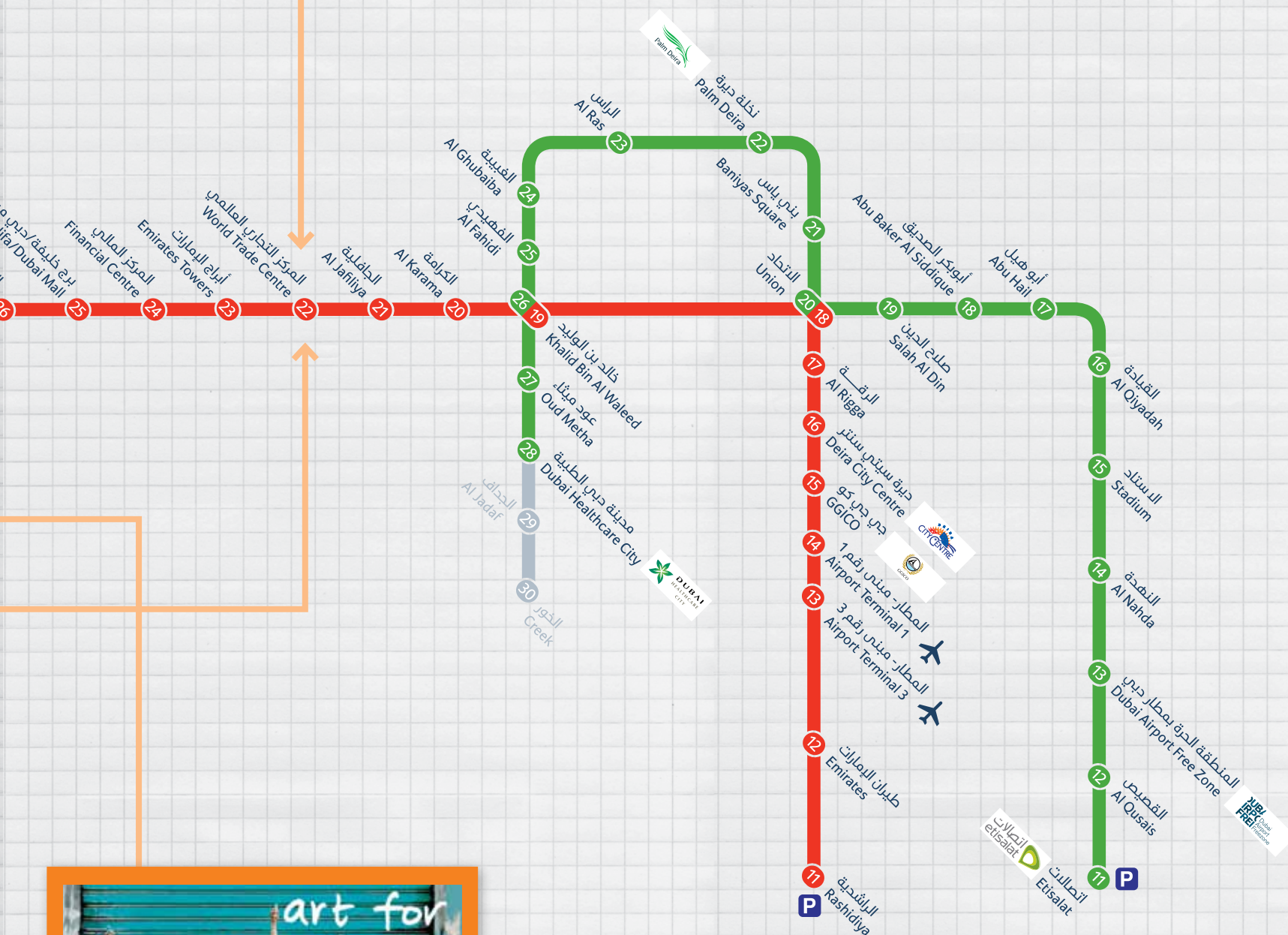


DSS Opening ceremony

JUNE 14

MODHESH WORLD (DWTC)

Considered one of the largest indoor edutainment theme parks in the Middle East, Modhesh World will host the opening festivity of the 15th edition of DSS. The popular destination, which will run for 73 days from June 14 to August 25, will witness a day full of fun and surprises that will reflect the slogan 'Dubai. Summer Fun and more' in the best way possible. Modhesh World moves to a new home this year at DWTC, placing this exciting edutainment attraction in the very heart of the city. Kids can look forward to enjoying the various themed zones, events and activities that Modhesh World offers in a convenient and child-friendly environment.



Art For Fun

JUNE 9 - 15, 6-8PM

THE JAMJAR, AL QUOZ

Art for Fun is an exhibition of 20 UAE-based artists, whose works aim to raise awareness of the humanitarian situation of the children in the refugee camps of Beirut and support the Kahkaha project in Lebanon. The exhibition is a community effort that encourages creatives to use their art in aid of those less privileged.



Introduction to Adobe Photoshop

JUNE 15

UNIT D36, AL SERKAL AVENUE

Just a few blocks away from the station, this beginners course is designed to equip you with all the basic skills you need to start editing your own photographs. The eight-hour, easy-to-follow course is perfect for all budding photo editors, or for those who simply want to learn how to make their own novelty birthday cards for friends and family.

The Burning Question

Q What is your preferred method of banking; in person at a branch, by telephone, or on the internet?



Tabinda Umer

MARKETING AND PR ASSOCIATE, JLT

I prefer instant banking, so would usually choose online banking over going into the branch. If possible, I deal with all my banking needs on the internet.

Kanwar Faran

RELATIONSHIP OFFICER, DEIRA

I prefer to deal with banking personally in the branch. It is better to deal with things in this personal way.



Jovelyn De La Cerna

ADMINISTRATION ASSISTANT, SATWA

Internet banking is the best option for me. It means I can manage my time better. It also allows me to multitask and do other things at the same time.

Sajeel Qureshi

RELATIONSHIP OFFICER, DEIRA

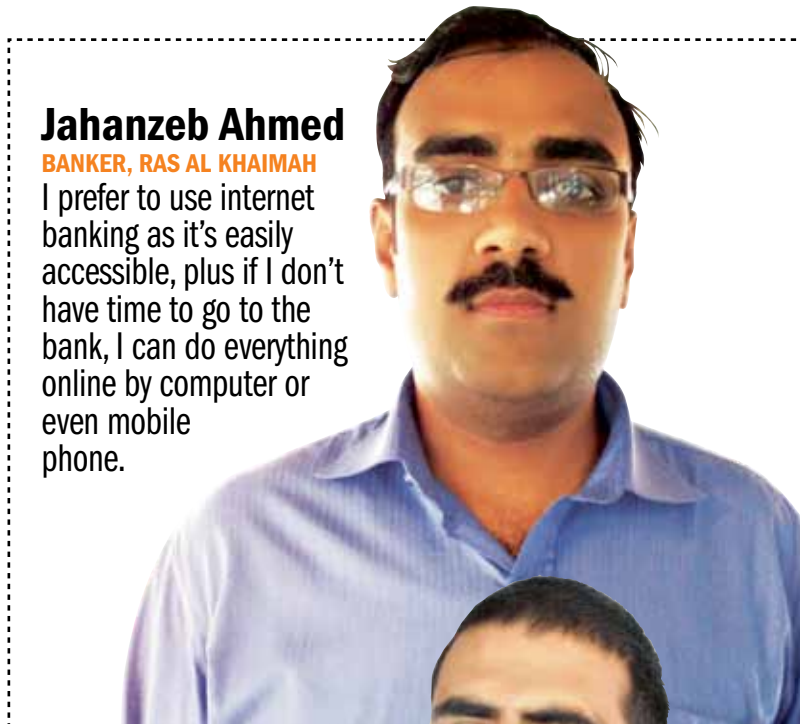
I would definitely say the branch is the main place for business. I do my banking in the branch because it's better and more reliable to have the person in front of you.



Jahanzeb Ahmed

BANKER, RAS AL KHAIMAH

I prefer to use internet banking as it's easily accessible, plus if I don't have time to go to the bank, I can do everything online by computer or even mobile phone.



Sharafat Ali

CONSTRUCTION CONTRACTOR, RAS AL KHAIMAH

For me, internet banking is the best option. It's more convenient, available 24 hours a day, seven days a week, plus it means you don't have to queue up in the bank.



Yasmine Choualhi

STUDENT, DUBAI MARINA

Mostly I would choose to go into the bank to have face-to-face contact and to get the answers to any questions I may need to know.



What's happening this week on **readme.ae**?

Make sure you check out our web site for these daily specials, which appear online every afternoon. 'Like' us on Facebook so that we can keep you up to date with our latest online features and fun.

Coming up this week



TODAY

Last week, the Queen of England celebrated her Diamond Jubilee—60 years on the throne—with extravagant parties across the UK. Nowhere was it more obvious than in London, where Buckingham Palace was adorned with the Union Jack and a great flotilla paraded down the Thames. We look at the highlights of Queen Elizabeth II's reign, and just how much influence she still holds.



MONDAY

Every year, it seems like the jobs market becomes more competitive, pushing youngsters to take on unpaid work just to gain some experience. We look at the internships most likely to land a job.



TUESDAY

Plans are afoot to design a vacuum-powered, high-speed train line between Europe and America. While this might not happen, there are already fast trains in existence. We look at the quickest.



WEDNESDAY

A laser research hub has been given the go-ahead in Glasgow, Scotland, and is aimed at producing state-of-the-art laser technology and research. But what are lasers already used for? Find out today.



THURSDAY

Star Wars creator George Lucas is getting ready to hand over his Lucasfilm studio as he prepares to step down. Will this be the end of filmmaking for Lucas? We take a look at his greatest hits.



FRIDAY

Once again our Facebook page has been full of your opinions on our daily Burning Question. We find the best responses from our Facebook fans and bring you the answers that matter most to the people of Dubai.

Facebook chatter

Here's what you have been saying on the *Read*. Facebook page.

(Responses only edited for length)

What is your take on beauty pageants?

Be aware to all young ladies before joining the contest, they have to check if the organization are running for good purposes.

—Czar Johnlloyd Alde Portugal

What efforts do you think may help in locating a lost sailor in Dubai?

Newspapers, radios, etisalat & du txt msgs, a complete column giving details of him with his picture. I have heard of the story but don't know how he looks. To be able to spot him one has to know how he looks. A picture of him spread all over would be great .. Like on bill-

boards & stuff. Sounds over the top for sure but it might help someone!!

—Sneha Gangwani

I don't have any latest idea ! But you should be try radio,tv,on home of google, yahoo, youtube also social network & most public place like shopping centre ,transport station. Are help find.

—Sujon Bd



TIGER WOODS

Pictures are spreading for the past 2 days already. try to locate the taxi driver who drove him to his suppose destination so that investigator would have a lead

—Jhun Cruz

Do you think that Tiger Woods will become the most successful golfer of all time?

He's not the best but the Greatest golfer to ever hold a club. His personal life does not affect his game or interfere whatsoever with his achievements. Thats why u stated "personal" life. Thats his private life n no one has the right to judge or criticise what he does in private and that should not be associated with his image as being the Greatest golfer ever to walk the planet.

—Rama Jay Skandolous

Do you feel safe flying in an aircraft,



ARE YOU COMFORTABLE FLYING?

and what could be done to put you more at ease?

Have atleast the assurance that everything is well-checked before travelling. However, we can't foresee what's gonna happen even if all is well-set up. True, death's everywhere.

—Bejealaine T. de Leon

No fear.. if the time has come we all have to leave .

—Tyrone Ranasinghe

Soup of the day made simple

Moulinex allows you to stir up your taste buds with healthy homemade soups at just the push of a button.

PRODUCTS

Moulinex has launched 'Soup & Co', an innovative automatic soup maker that is easy to use and maintain. The new device saves time and prepares delicious homemade soups that are healthy for the whole family.

"'Soup & Co' enables you to make and blend delicious homemade soup in less than 35 minutes with minimal effort. All you need to do is add the ingredients and select the consistency of your soup to be 'coarse or fine', 'Soup & Co' can make up to six servings or 1.8 litres of soup at a time and keep it warm for up to 40 minutes. The appliance also functions as a blender and can mix up sauces, smoothies, crushed ice desserts and creams," said Shonila Misra, Marketing Director of Groupe SEB Middle East, Africa and Central Asia, distributor of Moulinex.

"With 1,100W power, five speed and pulse options for different textures,



SHONILA MISRA

and heat settings from 60°C to 100°C, 'Soup & Co' has been designed and is well adapted to local recipes from the Arab world such as lentil soup, vegetable soup, etc.," said Misra.

"With the launch of 'Soup & Co', Moulinex continues to deliver on the key motive of the brand 'life gets easier,'" she added.

'Soup & Co' is now available at major electronics retailers in the UAE.



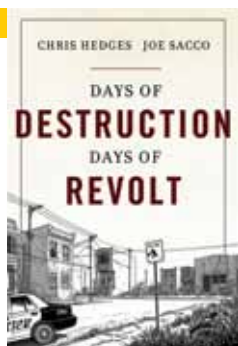
Days of Destruction, Days of Revolt

By Chris Hedges and Joe Sacco

BOOKS

When Pulitzer Prize-winner Chris Hedges and award-winning cartoonist Joe Sacco began their search for what they described as the 'sacrifice zones', the areas in the USA that have been exploited in the name of profit, progress and technological advancement, they quickly discovered all that had been done over history in order to maximise profit.

The two wanted to show in words and drawings what life looks like for the areas and people affected by this very human desire to let the marketplace rule everything. They visit areas



where people and the natural world are used and then discarded in order to gain the highest monetary value possible. And this book charts what they found.

Starting in the western plains that the Native Americans were forced out of, *Days of Destruction, Days of Revolt* eventually ends up in

Zuccotti Park, where a new generation of protestors revolt against a state that has left them with nothing less than an economic, political and environmental catastrophe. For those interested in the struggle of the 99 per cent, this is a must-read.

If you like this then you could try...

Building Stories by Chris Ware

This graphic novel follows the imaginary inhabitants of a three-storey Chicago building—a lonely woman, a couple whose relationship is on the rocks and the building's elderly landlady. Without any real beginning or end, it shows emotional and ambitious artistry that could not be achieved with any other medium.

The Temper Trap

Artist The Temper Trap Label Glassnote/Columbia

ALBUM

★★★★☆ From the Australian band that brought the world 2009's *Sweet Disposition*, the eerie but uplifting single that headed the frankly excellent album, *Conditions*, comes a brand-new, self-titled record that's something of a revelation. Anyone wondering whether The Temper Trap were here to stay or simply another electro-indie band looking to cash in on the popularity of acts such as MGMT should find the answer in just how disappointing the new album is.

Much like MGMT's second album, *The Temper Trap* tries too hard to go down the "weird" route, producing a cacophony of hard-to-digest sounds and ugly, disparate songs. It's a shame, because the album starts off so well, with the brilliantly upbeat and mood-lifting *Need Your Love*, in which lead vocalist Dougy Mandagi's voice is given more punch than its airy former self. The next two tracks, *London's Burning* and

Trembling Hands aren't bad, either.

But this album falls flat by the time it's reached track five, *Miracle*, a wallowing mess of endless guitar riffs and whispery sounds, and by the time you reach *Where Do We Go From Here*, you're frantically reaching for the "next" button on the remote just to get rid of the mournful depression that it sweeps over the room. It's not even nicely done; it's just a sad, sad noise, and we suspect that the album will result in some sad, sad fans.



Promotion Valid From 24th May to 25th June 2012

SUMMER SALE



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- LADIES BAGS
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ABU DHABI

AL AIN

DUBAI

SHARJAH

AJMAN

UAQ

FUJAIRAH

RAK

DSS 2012 events galore

This summer looks set to be a scorcher as Dubai Summer Surprises makes its welcome return to the city.



FUN AND FESTIVITIES FOR ALL THE FAMILY

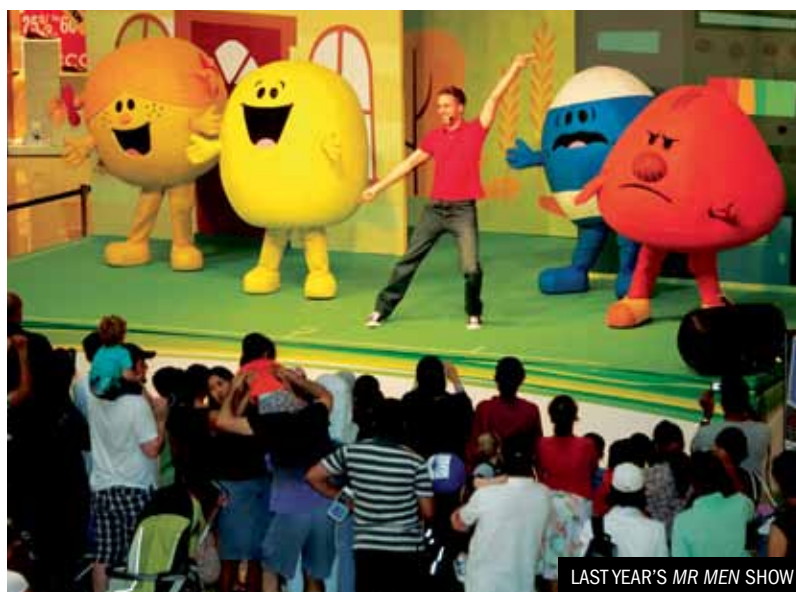
The Dubai Events and Promotions Establishment (DEPE), an agency under the Department of Economic Development of Dubai (DED), has unveiled the agenda for Dubai Summer Surprises 2012 (DSS 2012) which will run from June 14 to July 14, 2012, with the campaign slogan 'Dubai. Summer Fun and More'. This year's packed line-up includes more than 100 different shows and activities, huge prizes and winning opportunities, great discounts and shopping promotions over 31 days.

According to Laila Suhail, CEO of DEPE, "Dubai Summer Surprises, in its fifteenth edition, has become the largest summer event in the region. This annual event has helped change the concept of summer in Dubai, and put the emirate on the map as an international summer holiday destination. The first edition of the DSS was launched in 1998, welcoming 600,000 visitors, while last year's edition welcomed around four million visitors with a total visitor spend in 2011 of nearly Dh9 billion, compared to Dh850 million in the first edition of DSS."

The highly anticipated shopping rewards and raffles will once again



MIN BILADI AL EMARAT



LAST YEAR'S MR MEN SHOW

be back this year. Shoppers can look forward to Nissan Patrol and Micra raffles, cash prizes, shopping vouchers and raffles offering prizes worth Dh3 million in total.

In addition, DSS will feature huge sales and discounts across a range of brands in malls all across the city, as well as a re-launched spa offers programme called 'Dubai Spas', where spa enthusiasts will be able to avail of unbeatable discounts at luxurious spas throughout the festival period. Other highlights include the much-anticipated DSS Apprenticeship Programme, which will bring top student talent from across the Middle East, North Africa and Levant to Dubai for an intensive two-week marketing internship.

“Shoppers can look forward to Nissan Patrol and Micra raffles, cash prizes, shopping vouchers and raffles offering prizes worth Dh3 million in total.”

DSS 2012 calendar of events

● Opening ceremony

June 14
Modhesh World (DWTC)
Modhesh World will play host to the opening festivity of DSS 2012, in a day of fun and surprises.

● Smurfs: A Very Smurfy Festival

June 14 – 24
Mirdif City Centre
Watch the Smurfs village come to life as Papa Smurf attempts to organise the Blue Moon Festival.

● Sponge Bob

June 14 – 24
Dubai Marina Mall
Sponge Bob and friends will entertain visitors of Dubai Marina Mall with three shows every day.

● Min Biladi Al Emarat

June 14 – 23
The Dubai Mall
Showcasing the various traditional lifestyle aspects of the UAE, Min Biladi Al Emarat will comprise an array of competitions and demonstrations, including traditional Arabian tents, huts and shows.

● World of Stories

June 14 – 23
Mercato mall
An entertaining array of customised shows, workshops and meets and greets.

● Mind's pleasure

June 15 – July 13
DWTC
A series of interactive Arabic and English lectures and workshops performed by renowned speakers.

● Teletubbies

June 16 – 26
Modhesh World
Kids can enjoy dancing and singing with the famous children's TV characters.

● Barbie: I can be a fashion designer

June 21 – July 1
Al Ghurair Centre
Participants will assist with styling, makeup and hair as Barbie prepares for her big fashion debut.

● Ice Age: Adventure Camp

June 24 – 28
Mall of the Emirates
A unique interactive live show, the Adventure Camp incorporates the audience into the storyline from start to finish.

● City of Friends

June 28 – July 8
The Dubai Mall
This lively, pre-school series centres around three emergency service teams and their day-to-day adventures.

● Hello Kitty: Karaoke Kitty

July 4 – 14
Dubai Festival City
Join Hello Kitty and friends as they take the karaoke world by storm at Dubai Festival City.

● Charlie and Lola

July 4 – 14
Mercato mall
Join brother and sister duo, Charlie and Lola, as they handle everyday issues.

● Puppet Festival

July 6 – 14
Mirdif City Centre
Witness state-of-the-art puppetry, marionettes, shadows, rod puppets, and masks from around the world, alongside stage shows, parades, workshops and children's acts.

● Kids Fashion Week

July 11 – 14
Deira City Centre
Watch fashionable young models walk the ramp and make a style statement. A series of training workshops for all participating kids will be held from July 5-14 to complement the event.

● Sheila and Abaya Fashion Show

July 11 – 14
The Dubai Mall
This unique DSS signature event will present three different fashion shows per day. The first dedicated to retailers, the second to aspiring designers, and the third to established designers. A great opportunity for any fashion lover.

Other DSS activities

Discounts and reductions

Shopping centres in Dubai will offer discounts on various types of items and merchandise, in some cases reaching up to 75%.

Grand draws

Five Nissan Patrol 4x4s and Dh750,000. Purchase a raffle ticket (Dh200) at selected locations to enter the weekly draw for the luxurious Nissan Patrol and win Dh150,000 in cash.

Shopping malls raffles and draws

Shoppers who spend up to Dh200 in participating Dubai shopping malls will receive a voucher to participate in the DSS weekly draw, which includes five winners who will win Dh50,000 and one grand prize worth Dh500,000.

Spa promotions

Rejuvenate and relax while enjoying a range of treatments offered by some of the most luxurious health resorts in the world. DEPE in coordination with 15 luxury spas in Dubai will offer various spa treatment programmes, while spa visitors this DSS will also get a chance to win prizes and valuable gifts offered by DEPE.



Other events

Dubai will witness more great events running through DSS 2012, which includes Dubai Sports World at DWTC running from June 8-July 31. Broadway's most popular show, *Cats*, will have its presence at Ductac from July 10-14, while Evanescence will perform at DWTC on June 22.

Modhesh finds a new home

DSS 2012

Modhesh World—a star attraction of Dubai Summer Surprises 2012—moves to a new location at Dubai World Trade Centre (DWTC) this year. One of the largest indoor 'edutainment' theme parks in the Middle East, Modhesh World is a highly anticipated family destination during the summer and this year will be open to visitors from June 14 to August 25, during DSS, the holy month of Ramadan, and Eid Al Fitr.

Launched in 2000, Modhesh World welcomed half-a-million visitors last year. The expansive theme park hosts exhilarating zones, in addition to exciting international cartoon and stage shows—all of which are housed in a fully air-conditioned, child-safe environment. Modhesh World will be open from 10am–10pm, Saturday to Wednesday, and until 12 midnight on Thursdays and Fridays.



Large boots to fill

Following the demise of Steve Jobs, his replacement, Tim Cook, is happily enjoying his bite of the Apple.



COOK CLAIMS HE WILL NEVER 'REPLACE' STEVE JOBS

In the world of big, multinational businesses, whenever a CEO steps down, it can be difficult to find the right person to replace them. But in the case of technology giant Apple, often described as the most valuable company in the world, the transition must have been a tough one, not least because of the charisma, charm, drive and individuality of its last CEO and founder, the late Steve Jobs.

But now that the current CEO, Tim Cook, has been settled into the role for well over a year, those who speculated over his ability to maintain Apple's reputation have had to eat their words. Apple has about \$110 billion in cash, and its shares are some of the most valuable to be traded on the stock market. What's more, the company's products have continued to receive rave reviews and achieve record sales. Clearly, then, Cook can fill the rather large boots left behind by his predecessor.

On the face of it, Cook seemed like the ideal candidate for the job, and Apple's confidence in him is brimming, given that he was awarded long-term stock options of one million shares, valued at around \$600 million, making him one of the world's best-paid CEOs. He joined Apple in 1998 as senior vice-president, so has been with the company for a long time at a high level. But even before his Apple career, Cook was employed with some of the biggest names in the business, always holding considerable amounts of power.

For 12 years, Cook was employed as the director of North American Fulfillment at computer giant IBM's personal computer business, before heading on to become the chief operating officer of the computer reseller development division of Intelligent Electronics. Later, he was hired as vice-president for Corporate Materials by the now-defunct computer company, Compaq, where he stayed for just six months before being snapped up by Jobs for Apple in 1998.

Even throughout his early years at Apple, Cook managed to make serious headway. He's largely credited with pulling Apple out of manufacturing its own devices, and subcontracting the manufacturing out to other companies, thereby reducing the company's overheads and increasing its margins. It didn't take long for the company bigwigs to notice Cook's business flair, and he was promoted to chief operating officer in 2007.

But why was Cook chosen to head up the company after Jobs' death in



2011, given that Apple is no doubt full of bright sparks at the top of their industries? Well, he had already served as acting CEO way back in 2004, when Jobs was recovering from pancreatic surgery. And in 2009, he took on the role again for several months, when Jobs received a liver transplant. From January, 2011, with Jobs' health deteriorating, Cook began taking care of day-to-day operations at Apple, with Jobs entering on only the major decisions. When Jobs stepped down as CEO in August, 2011, then, Cook was the natural replacement.

But make no mistake, Cook has stated that he in no way wants to be Steve Jobs. At his first live media interview, at the recent All Things Digital conference, he said, "Steve was a visionary. My role was never to replace him. He was an original. I've never felt the weight of trying to be Steve. It's not who I am and it's not my goal in life. I am who I am, and I'm focused on that, and being a great CEO of Apple." ●

“Steve was a visionary. My role was never to replace him. He was an original.”

We'll keep singing
nursery rhymes until
he slows down.



I WON'T LET IT HAPPEN

انتبه
takecare

If you're in a car with a person who is speeding, do whatever you can to stop him or her. Or if your spouse refuses to buckle up, don't get into the car. Or if a friend is texting while driving, keep annoying him or her until they stop texting. Don't let an accident happen. A safer road is everyone's responsibility.

Join the community. Take the pledge at www.facebook.com/rtatakecare

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TOGETHER WE BUILD THE FUTURE OF DUBAI

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[www.twitter.com/rta_dubai](https://twitter.com/rta_dubai)

Skin sense

A touch of sunshine can give you a healthy glow, but too much can be a pain in more ways than one.



A GOOD SUNSCREEN IS VITAL

Living in a city like ours, the sun is unavoidable. Unless you stay indoors for the entire duration of daylight hours, now and then every one of us—even those who don't enjoy laying in the sun for hours on end—are going to catch a hint of a suntan.

While a short dose of sunshine every day can give your skin a nice, healthy glow, and provide you with vitamin D—the feelgood vitamin—laying out under the hot Dubai sun and frying in cooking oil is not recommended. The effects may be what some people are after, however the risks and damage involved should surely be enough to deter even the most hardcore sun worshippers out there.

When you are young, it is a well-known fact that you are often prone to feeling invincible. You may think “A tan looks good on me, I’ll be more careful when I’m older”, however from birth your skin is prone to sun damage and the simple fact is that the more you abuse it, the faster your skin will age.

“From birth your skin is prone to sun damage and the simple fact is that the more you abuse it, the faster your skin will age”

Aging skin does not just mean wrinkles. Age spots, dark patches, lighter patches, scars and moles are all side effects on the sun's skin damaging powers. While these may not start to show superficially until later life, the damage is usually underlying for many years and can be seen by dermatologists under a special type of UV light. If every person in their teens or early 'twenties could see the damage that sunbathing has already done to their skin, maybe this would be enough to make them think twice about their future habits.

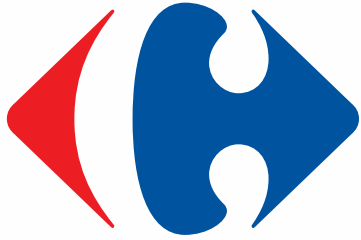
TAKE CARE IN THE SUN



While age spots and wrinkles are, in many cases, a natural part of the ageing process, continuous sun exposure can cause them to be more prominent with an earlier onset. However, skin moles are really the main indicator that skin has been damaged by the sun. While they are often benign, some moles can be cancerous—known as melanomas—and will require treatment to try and prevent the spread of skin cancer.

So if you spot any signs of sun damage—especially new, raised, darkening, or itchy moles—it is vital that you seek expert advice. If in doubt, you should always seek a second opinion from your doctor. While the majority turn out to be harmless, moles that do turn out to be malignant can usually be successfully removed if they are caught early enough. The main thing to remember though, particularly as another long, hot summer in the city sets in, is to protect your skin. Sunscreen, hats, loose and long clothing, staying in the shade; however you choose to be sun safe, your skin will thank you for it. ●

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While many believe that vitamins are less important than other aspects such as diet and exercise, it is certainly not the case. Vitamins are, in fact, essential to good health and work to regulate the metabolism and aid biochemical processes that release energy from digested food. They provide enzymes that serve as the foundation of human bodily functions by acting as catalysts in chemical reactions that take place within the body.

Understanding vitamins and their benefits can be difficult because of their complexity—as well as the sheer number of vitamins available—so *Read.* attempts to break down the facts.

Vitamin B complex

Including B1 (Thiamine), B2 (Riboflavin), B3 (Niacin, Nicotonic Acid, Niacinamide), B5 (Pantothenic Acid), B6 (Pyridoxine) and B12 (Methylcobalamin), vitamin B complexes act as coenzymes, which help enzymes react chemically with other substances, and assist in energy production. They help maintain the health of the nerves, skin, eyes, hair, liver, and mouth, as well as healthy muscle tone in the gastrointestinal tract and proper brain function.

Found in: whole-grain cereals, rice, nuts, milk, eggs, meats, fish, fruits, leafy green vegetables and many other foods.



Vitamin A

This is essential in bone and teeth formation, aids in fat storage, and protects against colds, flu, and infections of the kidneys, bladder, lungs, and mucous membranes. It acts as an antioxidant, and protects cells against various diseases while also promoting new cell growth. It also slows the aging process by helping the body utilise protein.

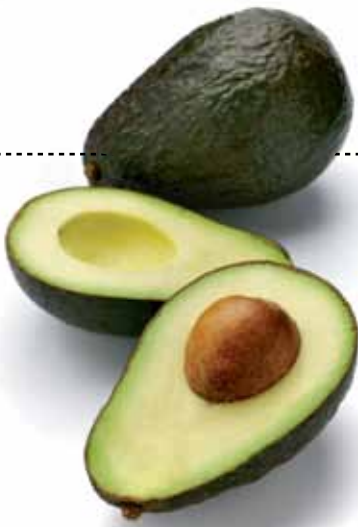
Found in: Although vitamin A is found only in foods of animal origin, some fruits and vegetables contain compounds, called carotenoids, which can be converted into vitamin A by your body. Calf liver is an excellent source of preformed vitamin A.



The importance of vitamins

A balanced diet normally supplies sufficient vitamins. However, serious disorders can still develop if the diet does not meet your body's needs.





Vitamins D and E

Vitamin D is necessary for the absorption of calcium and phosphorus. It is the supplement to go with for normal growth and development of bones and teeth. It protects against muscle weakness and regulates heartbeat. Vitamin D is also important in the prevention and treatment of various diseases and conditions, including breast cancer, colon cancer, osteoarthritis, osteoporosis, and hypocalcemia. Vitamin D also enhances immunity, and regulates thyroid function, while vitamin E is an antioxidant that helps protect cells from destruction by oxygen and aids in the utilisation of vitamin A. Vitamin E is also renowned for its benefits towards healthy skin and can be found in many creams and potions.

Found in: Fatty fish (salmon, mackerel, sardines, tuna), egg yolks, fish oils, avocados, wheat germ, vegetable oils, nuts, green leafy vegetables and sunshine.

Bioflavonoids

While bioflavonoids are not necessarily 'vitamins' in the conventional sense, they are often referred to as "vitamin P". Bioflavonoids are important for the absorption of vitamin C, and thus should be taken together. The human body cannot produce bioflavonoids, so they must be supplied in the diet. They also help in reducing pain in injuries, have an antibacterial effect, and promote circulation.

Found in: Peppers, grapes, pine bark, onions, garlic, blue and red berries, green tea, buckwheat.



Coenzyme Q10

CoQ10 is a vitamin-like substance, which resembles that of vitamin E. It is essential in energy production on a cellular level, which aids in circulation, stimulates the immune system, increases tissue oxygenation, and has vital anti-aging effects.

Found in: While it is produced within the body, levels decrease as we age. To get more of this vital nutrient into your system, try eating foods that are natural sources like broccoli, cauliflower, strawberries, nuts, seeds and oils.



Vitamin K

Vitamin K plays a very important role in normal blood clotting in its production of prothrombin. It also plays a key role in bone formation and repair as well as the synthesis of osteocalcin, which is the protein in bone tissue on which calcium crystallises. As a result, it is believed to help prevent osteoporosis. Vitamin K also plays an important role in the intestines and aids in converting glucose into glycogen for storage in the liver.

Found in: Basil, parsley, soy beans, prunes, spring onions, kale, spinach.

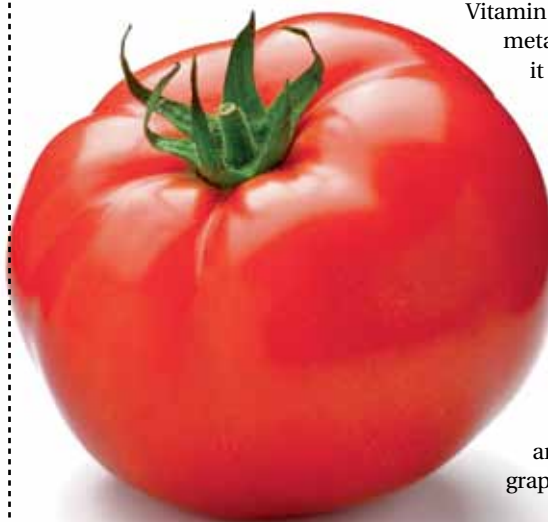


Para-Aminobenzoic Acid (PABA)

PABA is an antioxidant that protects against sunburn by reducing the absorption of ultraviolet-B radiation, which then in turn could prevent skin cancer. Additionally, it acts as a coenzyme in the breakdown and utilisation of protein, and assists in the formation of red blood cells.

Found in: Liver, molasses, mushrooms, spinach, whole grains.

Vitamin C (ascorbic acid)



Vitamin C assists at least three hundred metabolic functions in the body, and it also aids production of anti-stress hormones. It can reduce symptoms of asthma and protect against harmful effects of pollution, as well as being believed to help prevent cancer and infection. Moreover, vitamin C boosts the immunity and increases the absorption of iron.

Found in: Red berries, kiwi, red and green bell peppers, tomatoes, broccoli, spinach, and juices made from guava, grapefruit, and orange.

Bold brights

Brighten up your wardrobe in shades of Barbie pink for full-on girly glamour. Don't be afraid to rock a pink combo. Pair pink leather shorts and a varsity jacket with killer heels for an edgy take. For a more innocent look, opt for a full, feathered-style pink skirt and pair with a baby blue shirt. Accessorise the look with layered gold jewellery. Socks and sandals look great for this style; match a nude pair of peep toes with hot pink socks to strike the perfect balance.



Denim shorts Her

Denim shorts are classic and work well with most outfit combinations. If you want to go for a more discreet style, opt for a vintage styled high-waisted pair and match the look with tan wedges and a neutral silk blouse. Floral shorts are everywhere this summer and look great against olive skin tones. Pick out the most prominent colour from the floral design on the shorts and choose a top in that shade for a co-ordinated look.

Summer Denim

With temperatures soaring as we approach the summer months, choosing what to wear can be tricky. Luckily for us, the malls are stocked with candy denims, lightweight jackets and funky shorts that will have you keeping your cool in the heat.



ASOS



How to wear denim...

Although the denim-on-denim look may seem cool on the catwalk, it's often better to leave this style to the models. Pair your denim shorts or jeans with a funky rock-inspired t-shirt for a laid back look. For a more sophisticated evening look, pair a scalloped top with your skinny jeans and super high wedges. If you go for the neon denim look this summer, accessorise your look with a bright pair of sunnies. Unusual patterns and shapes reminiscent of decades past are hot this summer. Opt for shades in the shape of cat's eyes or a love-heart for a modern, preppy style.



Womanly waistcoats

Adding a waistcoat gilet to a maxi dress or top and skirt combo is perfect for chillier evenings under the air conditioning. Denim jackets are a wardrobe classic and therefore many people have them in their closets. No matter your style, a denim jacket can work with your entire wardrobe—and it's practical. Throw a denim jacket over a floral tea dress for a retro look or pair a floral gilet with a plain, white summer dress for a more effortless style.

Jean genie

Traditional 'boyfriend' shaped jeans look great on guys—why not try them turned up and worn with flip flops for a relaxed style? Denim looks great with layering. Pair a vest or t-shirt with dark jeans and add a checked shirt for a layered look.

FASHION OPINION

HISHAM WYNE
COLUMNIST



Sartorial convergence

The UAE quite brilliantly plays host to cascading, rolling, tumbling multi-cultural hordes and a bewildering array of languages and mannerisms. Yet everyone seems to dress alike. Person see, person do, resulting in utter conformity, despite everyone's attempts to be individual.

The male favourite is a well-cut shirt cloistering an expanding torso, coupled with some reasonably tight pants. Corporate wear is generally solid in colour, accompanied with insipid ties. For women, it's always dresses in various hues—largely simulacra of each other. Or spray-on jeans with billowy tops.

I'm sure there are more exciting options than those oversized Ray-Ban aviators or the elliptical Oakley's. When everyone has identical convex discs strapped over their corneas, the effect is 1984-esque, not carefree abandon.

Now, the usual caveats need apply. Most people in corporate jobs can't unleash their inner rocker, emo, or unwashed hobo. One can't prance into meetings with a head of purple hair. And there are some fashion statements that are timeless—a well cut suit or a black dress is going to look elegantly chic no matter who else also might be sporting one.

But perhaps we need to dedicate one day of the week to a little sartorial revolution where we rummage through our wardrobes' innermost recesses and bring out stuff too esoteric to be considered daily. Mix and match, and give it a whirl. What's the worse that could occur?

"Perhaps we need to dedicate one day of the week to a little sartorial revolution?"

The jacket and shirt

The denim jacket is a staple for every man's wardrobe. It can be worn over a vintage t-shirt and shirt or paired with chinos or jeans. Luckily, unlike women's trends, the denim-on-denim ensemble looks good on men. Pair a denim jacket with turned up jeans, a plain t-shirt and Converse for that all American look. For a modern summer style, go for a bright coloured jacket and pair with light blue denim jeans and a neon vest or t-shirt.

Him

JASON DERULO ROCKS DOUBLE DENIM

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How to wear denim

In the summer you want to choose lightweight denim fabric. Opt for a vest with funky patterns and bold colours for a laidback look. Bold colours look great with sun-kissed skin and vests can be worn with denim shirts, jeans or under a denim shirt.

Daddy cool

With Father's Day coming up on June 17, there is still plenty of shopping time left to get your dad the perfect present. However, if you're still struggling to decide on exactly what to get him, here's our handy guide to some of the top treats available to show your father how fantastic you think he is.



Rockford Homme Acqua

Make sure dad smells great every day with a fresh masculine fragrance, as Beauty Bay introduces Rockford Homme Acqua sport fragrance especially for Father's Day 2012. The fragrance starts with sparkling citrus notes enhanced by a mastic green touch. It consists of precious boisé notes, cedar wood, patchouli and vetiver and also traces of floral-spicy note with rose wood, jasmin, nutmeg and incense. (Dh185).

Father's Day dinner



Treat your dad to a feast at Dunes Café, Shangri-La Hotel. Enjoy grilled fish, meat cuts, sushi and lots more. Make sure you don't leave without indulging in the dessert selection, with international and Arabic favourites. Father's Day dinner on June 17 is priced at Dh255 inclusive of selected beverages or Dh175 per person for food only. For more information call 04 405 2703.

Show dad you care

Bloomingdale's Dubai is here to help you show how much your father means to you. With a unique selection of merchandise including SS12 collections and new in store AW12 collections, cater to his tastes with some of the season's hottest must-haves, including this shirt by Jacques Britt (Dh550).



ICD-TX50

If your dad grapples with his appointments and things-to-do, help him to take it in his stride. Sony's new ICD-TX50, the slimmest ever voice recorder, weighs a mere 50g and is 6.4mm thin. It comes in a choice of five modes including 'Shirt Pocket', 'Meeting' and 'Interview'. The recordings can be saved as CD-quality Linear PCM or MP3 files. (Dh699).



Steve Madden

From the office, to the restaurant, to a ball game on the weekend, dad's new Steve Madden shoes could be the talk of the town.



NEX-7

It's not an easy job to ensure every father's day is memorable, which is why Sony's latest camera offering is guaranteed to bring a smile to dad's face. Never mind if he is an amateur, there is just the right solution with Sony's new easy-to-use NEX-7 camera. The NEX-7 delivers professional quality imaging with in-built artistic picture options. Styled in magnesium alloy for strength and premium looks, it is a travel-friendly, light-weight device that can take up to 24.3 megapixel resolution images. (Dh4,999).



Brighten up his day

Brighten up your dad's wardrobe with this Thomas Pink offering, ideal for a Father's Day gift. Thomas Pink is available at the Dubai Mall. (Dh525).



On The Road

If your dad loves the open road then this new fragrance from Zippo may be just what he needs. On The Road mixes the energy of the Mediterranean sun with fascinating oriental notes to create an unforgettable scent. The scent features a fizzy top of Sicilian lemon, sparkling grapefruit and crunchy Granny Smith apple. The heart opens the way to an amber trail with a subtle floral touch of Iris and Lotus flower, surrounded by a veil of Musk. Dh205 (50ml), Dh283 (100ml). Available at Debenhams, Beauty Bay, Salam and Iconic stores.



ZigTech

Reebok's most technically advanced collection of versatile apparel will make ideal gifts for dad. Available in three new colours: classic black, sushi green and buff blue, the ZigTech apparel will offer any busy dad more energy for sport and life.

RealFlex

RealFlex is a running and training shoe from Reebok that features 76 independent 'sensors' on the bottom of the shoe, strategically positioned to adapt to all training surfaces. These 'sensors' will work together throughout dad's stride, promoting natural movement and flexibility. With its minimalist construction on the upper, RealFlex delivers a 'sock like' feel.



Canon clicks

Canon's latest range of versatile, stylish and easy-to-use PowerShot A series cameras will help dad capture impressive images and HD movies—anytime, anywhere. Each model combines Canon's leading lens technology, a slim and stylish design and a range of stand-out technologies that make taking photos and recording HD movies easier than ever before. The new Canon PowerShot A series models include the PowerShot A2300 and PowerShot A2400IS, both offered with a 16-Megapixel sensor.

Burberry Brit Summer

Reach dad's heart with the new Burberry Brit Summer limited edition fragrance for men. This fresh scent is inspired by the British summertime, with top notes of fresh lime, cardamom, green mandarin and ginger; heart notes of warm cedarwood, wild rose and patchouli and base notes of vetiver essence, white musk, oriental woods and tonka beans. Burberry Brit Summer for Men EDT natural spray (100ml) Dh227.



Year of the Dragon Swatch

As 2012 is the Year of the Dragon, one of the most lively and colourful signs of the Chinese animal zodiac, this new Year of the Dragon (GZ268) watch from Swatch features an intricate and graceful Chinese dragon, drawn in blue on the white ground of the silicone strap, taking inspiration from classic Chinese-style blue and white porcelain. The dial complements the dragon with a delicate ornamental blue grid drawn on a white background. (Dh235).



Set goals and track progress

1

One of the best ways to stay motivated is to set goals, track progress, and share results. A great way to keep your goals and successes top of mind is keeping a visual chart on your fridge or bedroom wall. Not only will you feel accomplished when you check off the days you worked out, but it is also an easy way to track your progress and celebrate milestones.

Add variety

One reason people tend to quit an exercise programme is boredom, so make sure you are challenging yourself. A great way to do so is mixing up your routine with the latest fitness workouts like TRX Suspension Training or Crossfit. Not only does a varied workout regime prevent boredom, it also ensures you're working different muscles and areas of your body. And speaking of mixing it up, downloading a new playlist can give you the right heart-thumping boost to keep your energy levels up.

Buddy up

Another way to combat boredom is working out with a friend. Scheduling a workout in advance ensures you're more likely to stick to your fitness commitments. As the old adage says, time passes much more quickly when you're having fun.

3



Driving determination

Break the plateau with six simple ways to find your fitness motivation.

Fitness apps

The right fitness app can give you the boost you need to get through your workouts, but the wrong one can leave you frustrated.

1. iPump and Fitness Builder - workouts drawing from thousands of unique exercises and equipment.
2. MotionTraxx Radio - If you're a walker or runner and you like to move at a certain pace (or you want to be able to work at a harder pace), this app is a must have.
3. M-Train - workouts based on power, agility, strength and endurance.
4. Authentic Yoga with Deepak Chopra - This app provides both a variety of yoga routines for all fitness levels and for a variety of goals—balance, flexibility, strength and awareness.
5. iMapMyFitness - You simply start the app and it marks your path while showing time, distance, pace, speed, elevation and more.

4 Get the right gear

Whether you're a seasoned fitness pro, or you're just starting a new regime, it's important to sport the right apparel to keep you looking and feeling your best. Make sure that you have a style that both fits properly and is appropriate for your activity level—you're not going to get a good workout if you aren't comfortable.



5 Make it fun

Find sports or activities that you enjoy, then vary the routine to keep you

on your toes. If you're not enjoying your workouts, try something new.

Join a volleyball team, take a salsa dancing class, or check out a health club or martial arts centre. Discover your hidden athletic talent. Remember, exercise doesn't have to be drudgery.

Reward yourself

6

It's important to reward yourself when you reach milestones—both big and small. In fact, if you set only major goals, you're more likely to get frustrated and quit before you make much progress. Instead, set small, achievable goals for specific time parameters, as well as an overall goal. Don't let setbacks get you down, and make sure you

celebrate each time you reach a new level with something special, such as an ice cream cone, trip to the movies, or a nice, relaxing massage.

A lot of people don't think they can change. These people often believe that the inner voice that says "I can't" or "I'm not good enough" isn't being negative but rather realistic. It isn't. It's you projecting your habit of being negative. A negative person will look at others who are successful and happy and say, "They're just lucky." They're not just lucky. They've worked diligently for a long time to get where they are. They had a certain mentality that drove them to do what they did. You, too, can call up that drive and you can change.



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Cultural crossroads

For a true melting pot of culture and history, **Sicily** has all you could ever imagine.

“**S**icily is the clue to everything,” said Goethe when he arrived on the island in 1787. The famous German writer had been travelling around Italy for some time seeking inspiration but found that “To have seen Italy without having seen Sicily is not to have seen Italy at all.” This is where all the great Mediterranean cultures have come together over the centuries to form one living tribute to the region’s history.

For 25 centuries Sicily was under foreign domination and each of its many conquerors has left their mark on the island’s cultural landscape. Greek, Roman, Moorish, Norman, Spanish, French and Italian influences can all be felt in the art, architecture, food and language of this relic to Mediterranean history.

The island, the largest in Italy, staggers under the weight of artistic treasures piled inside its ancient churches, monasteries and cathedrals. Among the most magnificent of these is the Cathedral of Monreale. One of the greatest surviving examples of Norman architecture in the world, this imposing edifice was begun in 1174 by William II, who wished to demonstrate the splendour of his kingdom and outshine the Palatine Chapel built by his grandfather.

Complementing the beauty of

its design are the intricate mosaics that adorn the interior. The Roman mosaic tradition has made a significant impression on Sicilian art over the centuries and today the island is a treasure trove of tiled masterpieces. There are the ancient Roman mosaics to be found at the Villa Romana del Casale, the Norman religious mosaics at the Palatine Chapel and the Cefalu Cathedral and the extraordinary tiled staircase of La Scala in Caltagirone, a town where every opportunity has clearly been taken to decorate sur-

faces with ceramics.

The mosaic tradition has been alive for more than a thousand years in Caltagirone, where you don’t need to venture inside a museum or gallery to experience the city’s artistic history. Here, it is displayed on the streets, buildings, squares and even on the floors, all of which are ablaze with the colours of countless hand painted tiles, which together depict scenes of local life over the centuries. For a more detailed insight into the history of this ancient practice, visit the Museum of Pottery, which contains a collection of ancient and modern pottery, some of which dates back to the Magna Grecia period.

Tempting though it may be to spend several days marvelling at the tiled wonders of Caltagirone, this is just one of many captivating cities in Sicily that fall under the must-see sights on this history-laden island. There’s the flamboyant baroque architecture of Modica and Catania to admire, the Greek ruins at Gela, the UNESCO World Heritage sites of old Ragusa and the Valley of Temples at Agrigento. More cultural treats await on the small islands surrounding Sicily, which also boast many natural riches for those seeking a quiet, scenic getaway.

There are the rugged Aeolian Islands, with their deep caverns, steep cliffs and splendid views, the peaceful



THE STREETS ARE ALIVE WITH ART, HISTORY AND LOCAL DELICACIES

Aegadian Islands off the northwest coast, the island of Pantelleria with its Arabic style architecture and the Egadi Islands with their translucent waters and excellent scuba opportunities. On mainland Sicily, natural marvels are as abundant as historical ones. Snow-capped mountains look down on views of sun-soaked meadows, hills carpeted in wild flowers and scented olive groves, punctuated by the occasional rustic farmhouse. Beauty, whether natural or cultural, touches everything in Sicily, from the tiny cottages and grand villas dotted throughout the countryside to the magnificent cathedrals and crumbling ruins in and around her historic towns and cities. ●

Other sites to take in

- Palermo city centre
- Mount Etna in Catania
- Parco dei Nebrodi
- The Siracusa Greek Theatre
- The charming towns of Erice, Marsala and Trapani in Western Sicily
- The black sand beaches of Catania
- The UNESCO World Heritage Site at Noto
- The Doric Temple of Concord in Agrigento
- The resort town of Taormina
- The beautiful city of Syracuse

All set for African adventures

Before you head off on holiday this year, make sure you have the knowledge to ensure a smooth and safe trip.



MOSQUITO NETS CAN PREVENT MALARIA

TRAVEL TIPS

Vaccinations: Yellow fever is currently the only vaccine required by law upon entering many African countries but there are several other recommended vaccinations. Find out from your doctor which vaccines are advised for the particular areas you plan to visit several months in advance. In most cases meningitis, hepatitis A, rabies and typhoid vaccines are strongly advised. You should also ensure that your routine vaccinations (such as measles, influenza, chicken pox, polio and tetanus) are up to date as the prevalence of these diseases is higher in Africa than many other parts of the world.

Malaria: There are few African countries that are malaria-free, especially in the sub-Saharan regions. Check malaria maps to find out if it

is prevalent in the areas you plan to visit and follow advised precautions:

- Take malaria pills (the course often needs to be started a week or more prior to departure).
- Use mosquito nets at night and wear repellent. Cover exposed skin, particularly at dusk, and avoid strong perfume or aftershave as the smell attracts mosquitoes.

Visa: Visa requirements vary in Africa. Some countries, including Morocco, Tunisia, The Gambia and Senegal will allow differing periods of stay without a visa, while others allow visitors to obtain a visa on arrival, including Egypt, Djibouti, Kenya, Tanzania, Zambia, Zimbabwe and Mozambique. Check in advance whether a visa is required for the places you plan to visit, particularly for West Africa, where most countries require a visa before arrival.

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2MP, BLUETOOTH, DUAL SIM, UP TO 8GB, TOUCH & TYPE, 2GB FREE MEMORY
AED 262
1 YEAR WARRANTY

NOKIA X2-01
VGA CAMERA, UP TO 16GB, MP3, BLUETOOTH
AED 229
1 YEAR WARRANTY

NOKIA C1-01
VGA CAMERA, BLUETOOTH, RADIO, MP3, UP TO 32GB SUPPORTED
AED 149
1 YEAR WARRANTY

NOKIA X1-01
TORCH, FM RADIO, COLOR DISPLAY, MP3, DUAL SIM CARD
AED 119
1 YEAR WARRANTY

NOKIA 1280
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1 YEAR WARRANTY

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Who's the darkest of them all?

Rare among the recent fairy tale adaptations, the invigorating **Snow White and the Huntsman** actually breathes new life into an old story.

NEW RELEASE

A voice over, an evil warden, an innocent prisoner, a daring escape through a sewer. No, it's not *The Shawshank Redemption*. It's *Snow White and the Huntsman*, the new take on the classic Brothers Grimm fairy tale, made famous by Disney's animated 1937 classic, *Snow White and the Seven Dwarfs*.

While this movie's Snow White, in a sense, mirrors the Disney version—she is pure of heart—that's where the comparison ends and the gritty, violent fun begins.

Our story begins with that voice over. We meet Snow White's mother and hear why she named her child Snow White. We see Snow White as a young girl, we see the Queen die and the King go to battle with and defeat a dark army, then rescue its lone prisoner—an otherworldly, stunning woman named Ravenna (Charlize Theron) with whom the King instantly falls in love. Bad move—she kills him and, with the help of her brother Finn (Sam Spruell), Ravenna sacks the kingdom and locks the princess in a tower to rot.

Instead, the princess grows up to be a very lovely, albeit filthy, Kristen Stewart. Her Snow White is grungy. Her clothing is tattered, her fingernails dirty, her eyes are sensitive to light. In other words, how you would expect somebody locked in a tower for at least a decade, without really seeing the light of day, would be.

Then comes the mirror, though it's more like a very large gold shield. When evil Queen Ravenna addresses it the metal streams off of it, slowly moving towards Ravenna as it morphs into the shape of a man. When the mirror tells Ravenna that Snow White is the only threat to her goal to be the fairest of them all, Ravenna doesn't take it well, vowing to rip out her heart, *Indiana Jones and the Temple of Doom* style.

Plans are thwarted when Snow White escapes into the dark forest. That's when the Huntsman comes in,



Did you know?

- For months, Viggo Mortensen was in talks to star as the Huntsman, but negotiations fell through and Mortensen dropped out. After he passed on the movie, the role was offered to Hugh Jackman who also declined.
- Lily Collins auditioned for the lead role but lost out to Kristen Stewart. She was later cast in the other 2012 Snow White movie, *Mirror Mirror*.
- Production of the film was temporarily shut down in October 2011 after Kristen Stewart tore a ligament in her thumb during an attack scene with the dwarves. Stewart also suffered from a foot injury sustained on set.

played by Chris Hemsworth, who's far more famous now than when he was cast for this movie, thanks to his role as Thor in *The Avengers*. Here, he's a scorned man, desperate to forget the death of his wife, who the Queen promises to bring back from the dead if the Huntsman braves the dark forest and captures Snow White.

It doesn't take long for the Huntsman to find Snow White but he soon becomes her ally, turning on the Queen with the help of the seven dwarves, brilliantly played by the likes of Ian McShane, Toby Jones, Bob Hoskins and Nick Frost. The rest of the story is not as predictable as you might think.



CHRIS HEMSWORTH AS THE HUNTSMAN



THE EVIL RAVENNA

Snow White and the Huntsman is a wake-up call to any critic who's taken issue with Kristen Stewart's work in the *Twilight* franchise, a series of movies that clearly constrain her acting ability and makes her seem as boring as her character, Bella Swan.

Stewart is exceptional as Snow White, proving she really is one of Hollywood's best young actresses. She thrives in the quiet moments, shines in the action sequences, and is exceptional when Snow White tries to convince herself she's worthy of her destiny.

Hemsworth, in a considerably less showy role than that of Thor, Norse god of thunder, is armed with an impressive range and sensitivity that seems instinctual.

And as for Theron? We should hate her character, Ravenna, but she's endowed with a back story and depth that most arch villains aren't given. In Theron's hands, the Academy Award winner shows her pedigree, although to be pedantic the movie does tend to drag in a few places.

Nit-picking aside, however, *Snow White and the Huntsman* is a violent yet gorgeous tale that thoroughly satisfies. ●



SAM CLAFIN AND OTHERS MAKE A FINE SUPPORTING CAST

Bollywood news

Celebrities are people too

Amitabh Bachchan, whose daughter-in-law Aishwarya Rai was criticised for her post-baby body, is amazed by the interest in celebrities. "If you are a celebrity, this is the cross you shall have to carry with a smile. Do no wrong and you shall be safe, but be prepared for the worst even when a small wrong has been done," he said.



Awaara remains a classic

Brothers Randhir and Rajiv Kapoor have stated that they are strictly against remaking any of Bollywood legend Raj Kapoor's films. "We have given up the idea of making a remake of *Awaara*. It is very difficult to reproduce the same magic. There is no actor like Raj Kapoor today," the brothers said.



No apologies from Khan

The Indian Medical Association (IMA) has asked Aamir Khan to apologise for having sent the "wrong message" about the medical community on his TV show, *Satyamev Jayate*. In the show, Khan threw spotlight on healthcare and perceived malpractices happening in the medical profession.

A-Z OF MOVIES

"L" is for Love



In the celluloid world of romantic comedies, shy but decent men get the girl, arguments set up sweet reconciliations, and couples separated by tragedy are always reunited through improbable coincidence. But now people are beginning to ask whether the make-believe world projected in "rom-coms" might actually be preventing true love in real life.

The fact that Hollywood sells an enhanced version of romance should come as no surprise, but does that portrayal reflect a pre-existing expectation that film buffs hold or does it instill it?

Take movies like *Serendipity*, *Maid in Manhattan* and *The Time Traveler's Wife*—among many, many others—which show us that no matter what your beliefs, social standing, or even the era you reside in, there's someone out there waiting to love you.

Viewers of the romantic comedy have been found to be more likely to believe in fate and destiny. And, while romantic comedies can cause problems for couples once they exit the euphoric first stages of a relationship, they also provide a much needed source of hope and inspiration for the unattached.

Idealism has a role to play—it can convince us that no matter what, there's someone out there. And you know what? There is! Walk through any city and you'll see some extraordinary pairings. We all need hope in our lives, and Hollywood trades on hope.

"Romantic comedies can provide a source of hope and inspiration for the unattached"

Listings

THE READ. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.



A FEW BEST MEN

MOVIE GUIDE

Grand Cineplex - Wafi

21 Jump Street - 12:40, 17:00, 21:20

A Few Best Men - 11:30, 13:30, 15:30, 17:30, 19:30, 21:30, 23:30

The Avengers (3D) - 12:15, 15:00, 17:45, 20:30, 23:15

Cat Run - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15

Lock Out - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00

Men In Black 3 - 10:20, 14:40, 19:00, 23:20

Prometheus - 10:15, 12:45, 15:15, 17:45, 20:15, 22:45

Prometheus (3D) - 11:15, 13:45, 16:15, 18:45, 21:15, 22:45, 23:45

Rowdy Rathore - 10:30, 11:30, 13:30, 14:30, 16:30, 17:30, 19:30, 20:30, 22:30, 23:30

Shanghai - 11:15, 13:45, 16:15, 18:45, 21:15, 23:45

Snow White & The Huntsman - 11:00, 12:00, 13:30, 14:30, 16:00, 17:00, 18:30, 19:30, 21:00, 22:00, 23:30, 00:30

Grand Megaplex - Ibn Battuta

21 Jump Street - 10:30, 12:40, 14:50, 17:00, 19:10, 21:20, 23:30

A Few Best Men - 11:30, 13:30, 15:30, 17:30, 19:30, 21:30, 23:30

Al Maslaha - 10:20, 12:40, 15:00, 17:20, 19:40, 22:00, 00:20

The Avengers - 12:15, 15:00, 17:45,

20:30, 23:15

The Avengers (3D) - 10:30, 13:15, 16:00, 18:45, 21:30, 00:15

Cat Run - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15

Dark Shadows - 10:00, 12:20, 14:40, 17:00, 19:20, 21:40, 00:00

Lock Out - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00

The Lorax - 10:10, 12:00, 13:50, 15:40, 17:30

Men In Black 3 - 11:00, 13:10, 15:20, 17:30, 19:40, 21:45, 00:00

Men In Black 3 (3D) - 12:10, 14:20, 16:30, 18:40, 20:50, 23:00, 01:10

Prometheus (3D) - 10:15, 11:15, 12:45, 13:45, 15:15, 16:15, 17:45, 18:45, 19:15, 20:15, 21:15, 21:45, 22:45, 23:45, 00:15, 01:15

Rowdy Rathore - 10:30, 11:30, 12:30, 13:30, 14:30, 15:30, 16:30, 17:30, 18:30, 19:30, 20:30, 21:30, 22:30, 23:30, 00:30

Shanghai - 11:15, 13:45, 16:15, 18:45, 21:15, 23:45

Snow White & The Huntsman - 11:00, 12:00, 13:30, 14:30, 16:00, 17:00, 18:30, 19:30, 21:00, 22:00, 23:30

What To Expect - 10:15, 12:30, 14:45, 17:00, 19:15, 21:30, 23:45

Grand Cinemas - Festival City

21 Jump Street - 10:30, 12:40, 14:50, 17:00

A Few Best Men - 11:30, 13:30, 15:30, 17:30, 19:30, 21:30, 23:30

Al Maslaha - 11:00, 15:15, 19:30

The Avengers - 13:45, 18:45, 23:45

Cat Run - 13:15, 17:30, 21:45, 00:00

Lock Out - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00

22:15, 00:15

Every Breath You Take - 10:30, 12:40, 14:50, 17:00, 19:10, 21:20, 23:30

Lock Out - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00

Men In Black 3 - 14:15, 18:15

Prometheus (3D) - 11:15, 13:45, 16:15, 18:45, 21:15, 22:45, 23:45

Rowdy Rathore - 10:30, 11:30, 13:30, 14:30, 16:30, 17:30, 19:30, 20:30, 22:30, 23:30

Shanghai - 11:15, 13:45, 16:15, 18:45, 21:15, 23:45

Snow White & The Huntsman - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30

Grand Mercato

21 Jump Street - 10:15, 15:15, 20:15

A Few Best Men - 10:00, 14:00, 18:00, 22:00

Cat Run - 12:00, 16:00, 18:00, 00:00

Lock Out - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00

Men In Black 3 - 13:00, 18:00, 18:00, 23:00, 17:30, 19:40, 21:45, 00:00

Prometheus (3D) - 11:15, 13:45, 16:15, 18:45, 21:15, 23:45

Rowdy Rathore - 10:30, 13:30, 16:30, 19:30, 22:30

Shanghai - 11:15, 13:45, 16:15, 18:45, 21:15, 23:45

Snow White & The Huntsman - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30

Vox Cinemas - Deira City Centre

A Few Best Men - 10:15, 12:30, 14:45, 17:00, 19:15, 21:30, 23:45

Al Maslaha - 19:00, 00:00

The Avengers - 11:30, 14:30, 17:30, 20:30, 23:30

Cat Run - 10:00, 12:15, 14:30, 16:45, 21:30

Dark Shadows - 10:00, 12:20, 14:40

Lock Out - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15

Men In Black 3 (3D) - 10:30, 12:45, 15:00, 17:15, 19:30, 21:45, 00:00

Prometheus (3D) - 10:30, 13:00, 15:30, 18:00, 20:30, 23:00

Rowdy Rathore - 11:30, 14:30, 17:30, 19:30, 20:30, 23:30

Shanghai - 11:15, 13:45, 16:15, 17:00, 18:45, 21:15, 22:30, 23:45

Snow White & The Huntsman - 10:00, 12:45, 15:30, 18:15, 21:00, 23:45

Vox Cinemas - Moe

21 Jump Street - 10:30, 12:45, 15:00, 17:15, 19:30, 21:45, 00:00

A Few Best Men - 10:15, 12:30, 14:45, 17:00, 19:15, 21:30, 23:45

Al Maslaha - 14:30, 19:15, 00:00

The Avengers (3D) - 11:15, 14:15, 17:15, 18:00, 20:15, 21:00, 23:15

Cat Run - 10:00, 12:15, 21:45

Dark Shadows - 11:00, 13:30, 16:00, 18:30

Lock Out - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15

Men In Black 3 (3D) - 10:00, 12:15, 14:30, 16:45, 19:00, 21:15, 23:30

The Outback - 12:00, 16:00

Pirates: Band Of Misfits (3D) - 10:15, 11:00, 13:00, 15:00

Prometheus (3D) - 12:15, 14:45, 17:15, 19:45, 22:30

Snow White & The Huntsman - 11:15, 14:00, 16:45, 19:45, 21:00, 22:30, 23:45

What To Expect - 17:00, 19:15, 21:30, 23:45



PROMETHEUS

SCHEDULE CORRECT AT TIME OF
GOING TO PRESS; HOWEVER, PLEASE
NOTE THAT THEATRES CAN CHANGE
SCHEDULES WITHOUT NOTICE



MEN IN BLACK 3

Winx Club Adventure (3D) - 10:00,
14:00

Vox Cinemas - Mirdif City Centre

21 Jump Street - 15:00, 17:15,
19:30, 21:45, 00:15

A Few Best Men - 10:30, 12:45,
15:00, 17:15, 19:30, 21:45, 00:00

The Avengers - 11:30, 14:30, 17:30,
20:30, 23:30

Lock Out - 10:30, 12:30, 14:30, 16:30,
18:30, 19:00, 21:30, 23:45

Men In Black 3 (3D) - 10:00, 12:15,
14:30, 16:45, 19:00, 21:15, 23:30

Pirates: Band Of Misfits (3D) -
11:00, 13:00

Prometheus - 11:15, 14:15, 17:00,
19:30, 22:00, 00:30

Snow White & The Huntsman - 10:15,
13:00, 15:45, 18:30, 21:15, 00:00

Reel Cinemas - Dubai Mall

21 Jump Street - 16:00, 18:20,
20:40, 23:00, 01:15

A Few Best Men - 11:20, 13:30,
15:40, 17:50, 20:00, 22:10, 00:30

Al Maslaha - 14:05, 16:35, 19:05,
21:40, 00:15

The Avengers - 14:20, 17:20, 20:20,
23:30

Cat Run - 14:25, 16:35, 18:50, 21:00,
00:25

Dark Shadows - 11:00, 14:15, 16:40,
19:10, 21:35, 00:10

Lock Out - 14:05, 16:10, 19:40, 21:45,
00:25

Loosies - 15:30, 17:35

Men In Black 3 - 11:15, 12:50,
13:35, 15:05, 16:00, 17:20, 18:30,
19:35, 21:00, 21:50, 23:30, 00:05

Pirates: Band Of Misfits (3D) -
11:05

Prometheus - 11:10, 13:20, 14:00,
15:30, 16:40, 18:20, 19:20, 21:10,
22:00, 00:10, 00:40

Prometheus (3D) - 12:10, 14:45,
17:20, 18:15, 20:15, 20:45, 23:10

Rowdy Rathore - 12:15, 15:15,
18:15, 21:15, 00:15

Shanghai - 14:10, 17:35, 20:00,
22:25, 00:50

Snow White & The Huntsman - 11:05,
12:30, 13:40, 15:10, 16:20, 17:50,
19:00, 20:30, 21:40, 23:20, 00:20

What To Expect - 14:30, 17:00,
19:25, 21:50, 00:20

Winx Club Adventure (3D) - 11:30,
13:30

Reel Cinemas - Marina Mall

21 Jump Street - 15:10, 17:30,
19:50, 22:15, 00:30

The Avengers - 11:00, 14:00, 17:00

Dark Shadows - 20:00, 22:20, 00:40

The Lorax - 11:05, 13:05

Men In Black 3 - 12:05, 14:35,
17:05, 19:35, 22:05, 00:25

Prometheus - 11:05, 13:40, 16:25,
19:10, 21:45, 00:20

Prometheus (3D) - 12:10, 14:45,
17:20, 20:10, 23:05

Snow White & The Huntsman - 11:10,
14:00, 16:40, 19:20, 22:00, 00:40

TO FEATURE YOUR EVENT,
EMAIL EDITORIAL@README.AE

What's happening this week in Dubai



CSR Summit 2012

The CSR Summit 2012 will provide a unique platform for CSR professionals in the region to learn and network alongside key stakeholders to develop and advance CSR in the region.

Date: June 11 - 13

Duration: 3 days

Audience: Trade

Category: Conference

Venue: Mövenpick Hotel, Jumeirah Beach, Dubai

Admission: Registered event

Telephone: 04 335 2437



The Smurfs Live on Stage

Don't miss all the fun and excitement which comes with watching the beloved blue creatures come alive on stage.

Date: June 14 - 24

Duration: 11 days

Timings: 7:30pm

Audience: Public

Category: Entertainment

Venue: Mirdif City Centre

Admission: Free

Telephone: 600 54 5555

Min Biladi Al Emarat

Min Biladi Al Emarat encourages Emiratis to showcase their historical local culture and heritage through traditional food, handicrafts, dances and more.

Date: June 14 - 23

Duration: 10 days

Timings: 5 - 10pm

Audience: Public

Category: Arts and culture

Venue: Dubai Mall

Admission: Free

Telephone: 600 54 5555



World of Stories

This much-loved event brings fictional characters to life through shows and activities for all ages.

Date: June 14 - 23

Duration: 10 days

Timings: 5 - 10pm

Audience: Public

Category: Entertainment

Venue: Mercato mall

Admission: Free

Telephone: 600 54 5555

Destiny in the Desert II



The second edition of Destiny in the Desert will see some of the top names in the world of boxing, Thai boxing and mixed martial arts battle for the championship title.

Date: June 15

Duration: 1 day

Timings: 7:30pm

Audience: Public

Category: Entertainment

Venue: Dubai World Trade Centre

Admission: Dh150 - Upper Gallery,

Dh250 - VIP Gold, Dh550 - VIP

Platinum

Telephone: 04 238 4882





Swedish sophistication

★★★★★ The Volvo S80 is stylish and sleek, yet also comes with safety as standard.

In the world of large, luxury European saloons there's one brand that is all too often overlooked. As the big three German brands battle it out at the top of the market with each other and the resurgent Jaguar, it's easy to forget the quiet Swedes and their solid super-saloons.

The S80 and its V70 station wagon sister seem to have been around forever and yet Volvo has made sure that both cars are right up to date when it comes to dynamics, design and, for Volvo, the all important occupant safety.

To look at the S80 is a contradiction. Despite appearing smooth and sleek, it actually features a number of clever lines, working together to accentuate the nose and tail. The signature Volvo 'nose' works well on the big saloon and the large taillights remain modern, despite their size. That said you've got to assume Volvo will move to smaller LED lights next time around to keep

it fresh and on trend. The luxury feel on the car is highlighted with some neat chrome trim around the front vents, door bottoms and windows. In all it's a neat, but conservative design, which works on many levels.

Inside the S80 the swooping dash was famously modelled on a Swedish snowfield. Below it the dials are clear and easy to read, along with the simple climate controls. The navigation and audio system is a little dated compared

7.7

The amount of seconds it takes this super saloon to reach 100km/h.

to some of the competition, but that will be welcome news for many people unable to contend with the ever more complicated systems fitted to many cars.

The centre console features an interesting 'flying buttress' design, which allows you see through to the other side, creating some handy extra storage.

The fully adjustable leather seats are less contoured than the current trend, but they work well and are great on a long journey. The simplistic design continues through to the rear, where there's plenty of





THE LUXURY INTERIOR IS HIGHLIGHTED BY TRIM DETAILS

legroom for passengers.

It's a good job the Volvo has a good interior, as you'll want to spend a lot of time in it, as it's great to drive. It's thoroughly at home on the highway, where it eats kilometres for breakfast. It's smooth, fast and efficient. Perhaps the Swedes have been taking a leaf from their German neighbours?

It also handles very well, although

SPECS
(as tested)
Engine: 2.0 litre four cylinder turbo (T5)
Power: 240hp@5,500 rpm
Torque: 320Nm@1,800-5,000 rpm
0-100km/h: 7.7 seconds
Top speed: n/a
Price: From £154,900

you need to remember it's a fairly large car and has the weight that goes with that. The downside is Volvo's insistence on fitting its cars with front wheel drive and a turbo just doesn't gel.

When the turbo kicks in the front wheels can't always keep traction and torque steers you off course. Front wheel drives saves

weight, which helps lower emissions, but the trade off is driving stability. Buyers would be better going up to the T6 model, which gets 64 more horse power and all-wheel drive.

The best way to drive the S80 is all or nothing. You can either potter around keeping the turbo quiet or get on the gas and go for it, using the turbo as nature intended. Putting the gearbox into tiptronic mode helps when going for it, so this is often the best option, although

it's probably not what Volvo had in mind.

But don't let the T5's turbo issues put you off. The S80 is a great, luxury car. It takes a slightly left field approach to the super saloon question, but delivers a solidly built, safe and rapid car. It does everything you'd expect and more.

The next time you can't decide between a BMW, an Audi or a Mercedes, wander up the road to the Volvo dealer. You'll be pleasantly surprised. ●

Euro 2012: a game of two halves

Favourites for the win, also-rans and underdogs all head for European battle with a point to prove.

FOOTBALL

Group A, consisting of Russia, the Czech Republic, Poland and Greece is certainly considered the weakest of the quartet. So in effect, the only side worth watching is Russia, who have the potential to beat any side in the competition. The other side to come out of the group, whoever it is, is likely to be sent packing in the quarter-finals as they face the winners of Group B, though a Poland versus Germany clash in Gdansk could prove very tasty.

With two of the tournament favourites, Germany and Netherlands, competing alongside the always-competitive Portugal and Denmark, Group B was always destined for the "Group of Death" moniker. Every side

will have to hit the ground running in Kharkiv and Lviv, and the opening round of fixtures will prove decisive in the overall push for the two quarter-final places.

Group C sees current World and European champions Spain chasing an unprecedented hat-trick of international titles. Their chances of achieving those goals have been dealt two major blows with the absence of leading marksman David Villa and defensive lynchpin Carlos Puyol. Italy on the other hand have been plagued with another round of match fixing which will hamper them come game time. The confidence Ireland have gained from a 14-game unbeaten run could lead them to cause a shock and sneak out of the group.



TEAMS ARE READY TO CLASH ON THE EURO 2012 PITCH

England in Group D will consider themselves one of the favourites for the tournament and may feel that Chelsea's against-all-odds Champions League victory is a good omen for Roy

Hodgson's side. But that couldn't be further from the truth and they will actually have a tough time getting out of their group, which contains Sweden, France and hosts Ukraine.



Working the smart way

Maintaining and developing a successful career can often mean toeing the fine line between hard work and smart work.

STRATEGIES

“Working smart, not hard” is a popular get-rich-quick concept among workers in today’s business world. Although there is a great difference between working hard and working smart, most of the time employees mistake ‘smart work’ for only doing the bare minimum while getting a fat pay cheque at the end of each month. This is not actually the case, for nothing can be achieved without hard work. However, there are some strategies that can be employed to help you work smarter by reducing the amount of energy you put into accomplishing each task. Akhtaboot reveals five techniques that can help you achieve more with less time.

FOCUS ON THE IMPORTANT TASKS FIRST

When it comes to working smart, you need to focus on completing the most important tasks with the greatest impact on your career and company goals. An excellent way to find out your key tasks is to narrow down your three most important items for the day by asking yourself, “If I could only do three things today, what would I feel the most

fulfilled by doing?” Understand your working habits and what tasks take you the longest time to complete, and do the most tedious at the times you are most productive.

SHORTCUTS ARE ALLOWED

We all perform dozens of similar actions every day. But what really makes smart employees different is that they always try to optimise their work processes to get things done faster and more efficiently every day. Taking shortcuts doesn’t necessarily mean that your work will become less valuable or complete; it’s all about coming up with smart ways to complete repetitive assignments in a more resourceful way.

DARE TO DELEGATE

It goes without saying that we only have 24 hours a day, so our valuable time should be used in places where we can make the most impact. For the lower impact tasks that needs to get done such as administrative work, make sure that it’s delegated to someone else. If you are a business owner, study the aspects of your work that can be outsourced to others. Smart employees know that there’s no need for them to learn and get hands-on on every single

thing, especially if it’s not related to the core of their job. Being a perfectionist sometimes prevents you from achieving more. Let go of the perfectionist mindset and stop obsessing about the minor details and specifics of the tasks delegated to others.

STAY AHEAD OF THE LEARNING CURVE

Working smart is all about your ability to see the big picture. You need to constantly work on your skills and knowledge if you want to position yourself as an indispensable part of the company. Don’t narrow your scope as you need to be able to adapt and evolve with the times. Keep in mind that companies no longer focus on the number of working hours spent on the job but on how flexible and adaptable employees are.

STOP FEELING GUILTY ABOUT TIME OFF

Many employees choose not to take time off due to the many responsibilities or stress at work. While some simply claim they don’t have the time and resources to plan a holiday, smart workers

“Working smart is all about your ability to see the big picture. You need to constantly work on your skills and knowledge.”

understand that a tired person can’t do meaningful work. Asking for a vacation can be done the smart way too. Planning your holidays during the slowest season is one example of taking time off the smart way.

For some reason people seem to think that they have to be miserable for the first few years of their working lives in order to get anywhere on the professional level. This is the wrong way to go about trying to succeed. In this day and age it’s not about the experience you have but your ability to learn and apply what you have learnt that makes you most valuable. ●

Post-it

To place your ad please email
advertising@readme.ae

JOBS AVAILABLE

Motorcycle deliveryman needed urgently to deliver magazines on regular basis in Dubai and other emirates. Must be experienced in delivering all types of magazines and be familiar with POD formats, etc. Call 0505273351.

Boiler technician required for a company in Sharjah. Should have 2-3 yrs experience in handling steam boilers. Send CV to ctony@forbesmarshall.com.

Secretary cum receptionist required for a legal firm. Filipinas only. Should be a college graduate. Work experience in same field is a must. Excellent communication skills. Proficient in office equipment. Knowledgeable in MS Office/Internet. Send CV to mizzau2011@gmail.com.

Sales executive required for a company. Should have sufficient knowledge in MS Office/Internet. Sales experience is a must. Should be holding UAE D/L. Call 0506942918/abdullaalmanoore@gmail.com.

Financial advisor required for a full/part-time job. Should be Indian. Salary + commission + visa will be provided by company. Call 0502492906.

Part-time income opportunity. US based multinational company operating in 40+ countries, offers part-time/week-end/after office hours income opportunity for professionals, housewives and students. Send CV to actiona9@gmail.com/dasp4620@yahoo.com.

Driver required for a full-time job. Arabic, English, Hindi, Tamil, Malayalam and Kannada knowledge is a must. Minimum of 2 yrs UAE driving experience. Call 0553376435/email burjmail@gmail.com.

Staff female required for a woman's beauty salon. Looking for a hair dresser. Call 0508331311.

Secretary is urgently required for a company in Dubai. Should have at least 1yr experience in UAE. Send your CV to info@worldbridgenet.com/fax 043297732.

Safety officer urgently required for a reputable company. Should own UAE D/L. Good package. Should also be willing to be assigned anywhere in UAE. Email ngrenas0717@yahoo.com/call 0529229384.

Commerce/Business studies lecturer required for a teaching position. Should have 7 yrs experience in secondary/post-secondary level. Should also be a holder of M.Phil (Business Management) and MBA (Finance) degrees. Call 009712970086, email amirikram12@hotmail.com.

Marketing executive urgently required for a part/full-time job. Visa + salary + commission will be provided. Should be a graduate. Should also have banking and insurance experience. Email sindhu@ngiuae.com/call 0558347982.

Female required for a secretarial position. Should have minimum 3 yrs experience. Should be fluent in spoken and written English. Email CV to Career.udd@gmail.com.

Indian insurance executive required for an insurance company in Dubai. Should have good communication skills. Experience is a must. Good salary package + benefits. Call 0566983601/farha@ngiuae.com.

Insurance sales staffer required for an insurance company in the UAE. The

biggest business group in the region. Should have insurance sales experience. Fixed basic salary + incentives. Send CV to shaju.george@alfuttaim.ae.

Laboratory general technician with DHA licence required for a diagnostic centre located in Deira, Nasser Square. Call 0507782257/email tech.medical@yahoo.com.

JOBS WANTED

Copy Editor/Senior Sub Editor/Senior Reporter seeks full-time publishing job preferably in Dubai Media City. Experienced and with good attention to detail. Indian. On transferable media free zone visa. Call 0505274650.

Arab male seeks job as an IT technician. 2 yrs experience. Call 0551852485.

Syrian accountant seeks job. 5+ yrs experience in construction, industrial construction and real estate. Call 0554565235.

Filipina, with bachelor's degree seeks job in HR as a coordinator/secretary. 8 yrs experience in the same field. Good communications skills. Knowledgeable in MS Office. Call 0504256582/email rosemie092@gmail.com.

Indian female doctor seeks job in the non-clinical field. 1 yr experience in insurance. Call 0566352401.

Pakistani male, 27, MA in English literature and education seeks job in school, college or retail. 4+ yrs experience in education and retail. Email zeb_zee-shan94@yahoo.com/Call 05239302324.

Indian male, graduate seeks job. 4 yrs experience in BPO. Good communication skills. Knowledgeable in MS Office. Email jithinmayur@gmail.com/call 0561285668.

Filipino, 31, graduate seeks job. Experienced in banking, logistics, insurance and food/ beverage industry. Call 0567817188/email leroyhonculada@yahoo.com.

Male seeks part-time job. Proficient in all kinds of graphic design & 3D visual work. Call 0555731512.

Male, MBA, seeks full-time job. 5 yrs experience as an accountant. Proficient in SAP, Tally. Holds valid UAE D/L. Call 0509323099.

Keralite female seeks a full-time job as office assistant in Dubai. Call 0559317499.

Male seeks full-time job. 12+ yrs gulf experience as an office assistant and salesman. Transferable visa. Call 0505250026.

Graphic designer seeks part-time job. Proficient in all kinds of graphic design works. Call 0556886265.

Filipino male, bachelor's degree, seeks job. Have experience in sales, as cashier and waiter. 2 yrs experience. Knowledgeable in MS Office. Call 0501336103.

Senior graphic designer seeks job. 12 yrs UAE experience. Knowledgeable in all types of media/ printing/advertising jobs. Holds valid D/L. Call 0552529640/email skeybee2013@gmail.com.

Sri Lankan housemaid seeks full-time job as a housemaid/babysitter. Currently on personal visa. Job should provide accommodation for husband as well. Call 0551186162/email ganeshwaran007@gmail.com.

Indian male, BCom seeks job in finance, accounts, admin and credit

analysis. 19 yrs experience in banking. Call 0505712982.

Male, HR professional, MBA, seeks job in HR/sale & marketing. Ambitious and skilled in office management. Call 0553179385.

Interior designer, BCom, seeks part-time job. 7 yrs experience in design (2D & 3D). Call 0557436846.

Indian male, BA, 33, seeks a full-time job. 10 yrs experience. UAE D/L holder. Fluent in Arabic, English, Farsi, Russian, Mandarin. Call 0507294271, email blazethathu@yahoo.com.

Indian, aeronautical engineer, MBA seeks job. 3 yrs experience. Call 0552900491/email aeromdazar@gmail.com.

MISCELLANEOUS

Personal loan available. Salary transfer loan, PDC loan, auto loan (required salary 5K). Call 0558241991.

Great offer on website design. For only 375AED. Free domain/free hosting. Call 0508864342.

Freelance videographer/video editor available for amazing and professional videos at reasonable prices. Call 0562012098/email kerrykai9@gmail.com.

Web designing projects available for students of all grades. Email pleasant-dubai@gmail.com.

Kabayan package for tourist visa/cancelled visa. Accept installment through agents. Email travelteam07@yahoo.com/call 0501149849.

AUTO

Wanted: Nissan/Toyota. 1-ton, single cabin pick-up model 2000-2005. Serious sellers. Call 0556796008.

Nissan Xtrail, 4WD, 2002 model for sale. Lady driven. In excellent condition. Pearl white colour. Comes with power windows and central locking system. Price for 22,000AED. Can be negotiable. Call 0507393190.

Mercedes C 280, model 1995 for sale. Black colour. Fully automatic. In good condition. 12,000AED. Call 0552070428.

Toyota Corolla, 2002 model for sale. In good condition. Price for 18,000AED. White colour. Engine well maintained. No history of accidents. In Sharjah, Al Nahda. Call 0567954822/email antonio-markj@yahoo.com.

Nissan Altima, 2007 model for sale. 150,000km. Dark grey colour. Clean vehicle inside and out. Mechanically maintained with no problem. In Bur Dubai, Golden Sands. Price for 29,000AED. Email malik_sarfaraz@rediffmail.com.

Mitsubishi Lancer, 2008 model for sale. Full option. In very good condition. Price for 19,000AED. Call 0558563786/0502093299.

Nissan Sunny, 2003 model for sale. 4 doors car. Silver colour. In good condition. For 13,000AED. Price negotiable. Email mohsinbutt_33@live.com.

ITEMS

Brand new Macbook available for sale. White 2012, core 2 duo. Comes with box. For only 2,700AED. Price negotiable. Call 0552683258.

Used mobile (Nokia) available for sale. In good condition. Located near Talal supermarket, Hor Al Anz, Dubai. Call 0556796008.

Items for sale: Commercial kitchen equipments, used computers all in good condition, available for sale. Call 0552070428.

Used Dell 15.1in laptop available for sale. Core 2duo 1GB RAM & 80GB HD. In good condition. Price for 799AED. Call 0556789741.

Dell Gx620 available for sale. 3.2GH, 1GB RAM, 80GB HD, Dell LCD 17". Comes with keyboard/ mouse and 8 megapixel webcam/flash/Eton headset. Only for 550AED. Call 0509815607.

Two brand new wooden baby beds available for sale. Comes with mattress. Size 48"x24" and 36"x16". Call 0509915178.

Used Acer laptop available for sale. Good condition. Near Talal Supermarket, Hor Al Anz, Dubai. Call 0556796008.

SERVICES

Tutoring lessons available in Al Qusais, Sheikh Rashid Colony. For CBSE students of all ages. Call 0503027090.

Home tutoring lessons available in graphic design. Including animation, 3D visualization and much more. Call 0555731512.

Tutoring lessons available by female Indian teacher. Well experienced. Teaches all subjects to all grades. Call 0509412332.

Cleaning services available. Pro Cleaners is a company for residential cleaning in Dubai Marina, Palm, JBR, JLT, Gardens. 30AED. Call 0503007797/044308840.

Massage services available. By well experienced male masseuse. Can visit homes on an hourly basis. Call 0509412636.

Computer repairing services available. For office & home. Monthly contract or per visit for 200AED. Call 0557414116.

Accounting tutoring lessons available in Karama for CBSE/British Curriculum students. All grades. Limited seats. Experienced female teacher. Call 0502179859.

English proof-reading and editing services available. Email kunleadebenro@gmail.com/call 0554273956.

Babysitting services available in Sharjah. Good with children. Call 0505246645.

Full-time babysitting/daycare services available in Karama near LuLu Center. Experienced Indian lady. Timings from 7:30am to 6:00pm. Sunday to Thursday. Call 0559039701.

Freeelance translator from English to Arabic /vice versa and French to Arabic/ vice versa available. Call 0506528482.

Tutoring lessons available in Bur Dubai, opposite Carrefour. From KG to 9th grade. All subjects; curriculums CBSE, IGCSE, O level, etc. Call 0551077598.

ACCOMMODATION

Large room available for rent. Filipinos only. In Rashidiyah. Rent for 1,500AED + DEWA. Free Internet. Call 0502447427/0505653934.

2 accommodations available for rent. Tamil Muslim bachelors only. Ages of 40 and up. Total of 5 beds. Rent for 1,500AED. DEWA extra. Call 0553314202.

Bed space available for rent. Keralite bachelors only. Near Al Rigga/Salah Al Din metro station. Internet, balcony, kitchen all accessible. Rent for 520AED + DEWA. Call 0557017625.

Shared accommodation available for rent. Indian single ladies only. Opposite Al Maya supermarket, Bur Dubai. Rent for 750AED including DEWA and Internet. Call 0558340051.

Bed space available for rent. Clean/ wide room. Filipinos only. Comes with refrigerator, kitchen and separate bath. Free W/E. Near Talal super market, Hor Al Anz, Dubai. Call 0556796008.

2 semi-furnished rooms available for rent. Indian couples/working ladies only. In Bur Dubai, near Palm Beach Hotel. Rent for 1,600AED & 1,700AED + DEWA. Call 0561498330.

Accommodation available for rent. Gujarati working ladies only. In Bur Dubai. Rent for 450AED including Internet. Email worldwide2100@yahoo.com.

Executive bed space available for rent. New flat. Indian/Pakistani bachelors only. Internet and kitchen facilities. Near to bus stop. Behind Habib Bakery, Hor Al Anz, Deira. Rent for 400AED. Call 0558351105, 0503469226.

Fully furnished room in a two bedroom flat available for sale. Near Salah Al Din metro station, Deira. 2 months rent starting July 1st. Kitchen will be shared. Keralite family preferred. Rent for 2,000AED + DEWA. Call 0552824608.

Bed space available for rent. Kabayans only. Located in Satwa near Alanya and Westzon Supermarket. Call 0508859382.

Shared accommodation available for rent. Keralite couples/working ladies only. Spacious room with separate bathroom. Located opposite Canadian Specialty hospital, Abu Hail. Walking distance to Al Qiyadah metro station. Call 0509497925.

Furnished bed space available for rent. Spacious room comes with separate bathroom & kitchen facilities. Walking distance to Karama metro station. To be shared with another 2 executive bachelors. Rent for 600AED + DEWA. Email sugathgomez@gmail.com.

Shared flat available for rent. To be shared with Russian lady. Decent, clean, working European or Arabic ladies only. In Bur Dubai, Golden Sands area, behind Burjuman mall. Furnished kitchen. Rent for 1,300AED. Call 0501639075.

Bed space available for rent. Gender not specific. Opposite Union metro station/Al Ghurair. Rent for 450AED. Free DEWA/ TFC/ Wi-Fi all to be shared. Call 0552457706/0504967615.

Room available for rent. Clean/wide room. Comes with refrigerator, kitchen and separate bath. Free W/E. Near Talal super market, Hor Al Anz, Dubai. Call 0556796008.

3 bed spaces available for rent. Tamil Muslims only. Located near Al Noor Hotel, Naif road. Rent for 350AED + DEWA and internet. Call 0552150179.

Classic car licensing reworked

RTA teams with Automobile and Touring Club of the UAE to launch new, improved classic car licensing service.

LICENSING

The Licensing Agency at the RTA recently launched a new service for the licensing of classic vehicles more than 30 years old, in collaboration with the Automobile and Touring Club of the UAE in Dubai.

Besides that, the RTA also geared up for the inaugural auction of distinguished number plates for classic vehicles, which was scheduled on June 7. A statement to this effect was made during the inking of a cooperation agreement between the two parties at a press conference held recently in the presence of the CEO of the Licensing Agency, Ahmed Bahrozian, and the President of the Automobile and Touring Club of the UAE in Dubai, Mohammed bin Sulayem, along with a number of officials and executives from both parties.

"The launch of the classic vehicle licensing service comes in line with our vision to ensure safe drivers, safe vehicles and world-class services, and our aspiration for streamlining the vehicular traffic



"This step is important for both the RTA and the ATCUAE."

movement on roads. The service also reflects our attention to satisfy the aspirations of motorists who have always been raring for an accurate mechanism to facilitate classic vehicle licensing procedures, and pondering the possibility of obtaining distinguished number plates for these vehicles," said Bahrozian.

"The RTA opted to figure out an appropriate solution for the licens-



AHMED BAHROZYAN (LEFT) AND MOHAMMED BIN SULAYEM

ing of these vehicles by developing a proper mechanism that allows classic vehicle owners to have their vehicles tested and registered in cooperation with a competent entity such as the Automobile and Touring Club of the UAE in Dubai, the official body representing the International Federation of Classic Vehicles, which is the global entity concerned with classic vehicles. This agreement will streamline the licensing process

as it attaches several measures and conditions on this type of vehicle, by first verifying their soundness before licensing them."

Commenting on this, bin Sulayem said, "This step is important for both the Automobile and Touring Club of the UAE and the RTA, as it culminates four-year efforts that merited the UAE to rank among the leading countries in the licensing of classic vehicles worldwide."

Public Transport Agency goes green

ENVIRONMENT

The RTA's Public Transport Agency is always keen on applying the best and most effective practices to improve its business processes, in keeping with a multi-faceted drive espoused by the RTA. This includes the environmental aspect, where the agency is pursuing a well-rehearsed policy in the field of health, safety and environment (HSE), which is compatible with the plans of the UAE government as regards to boosting environmental conservation, fostering a healthy and safe climate, and thrusting the sustained development process.

Eisa Abdul Rahman Al Dosari, CEO of the Public Transport Agency, said, "The agency is committed to operating land and marine mass transit means in an environmentally responsible manner throughout

"The agency is committed to observing effective management."

its facilities, including depots, bus stations and buildings. It is also committed to observing effective management, and curbing any risks that might have a negative bearing on the environment.

"Among the clear indicators illustrating the adoption of sustainable environment concept in the business of the Public Transport Agency is that it uses the best type of fuel to power its public bus fleet, which is fitted with the world's best engines using fuel that contains only 50 PPM of



EISA ABDUL RAHMAN AL DOSARI

the environmental pollutant, sulfur, which is by far superior to the type of fuel used for powering buses and trucks across the UAE, which has a sulfur content of 500 PPM. Moreover, several abras used to lift marine transit modes commuters are powered by natural gas CNG, which is considered environment-friendly," he iterated.

"Initiatives related to this sort of clean fuel contributed to a reduction in the total emissions of carbon dioxide ranging from 20 to 45 per cent and achieved as much as a 90-per cent reduction in both particulate matter (PM) and sulfur oxide. Meanwhile, the replacement of public buses and types of engines used led to a 60-per cent reduction in the emissions of carbon monoxide and hydrocarbons, 70-per cent reduction in nitrogen oxides, and 85-per cent in PM."

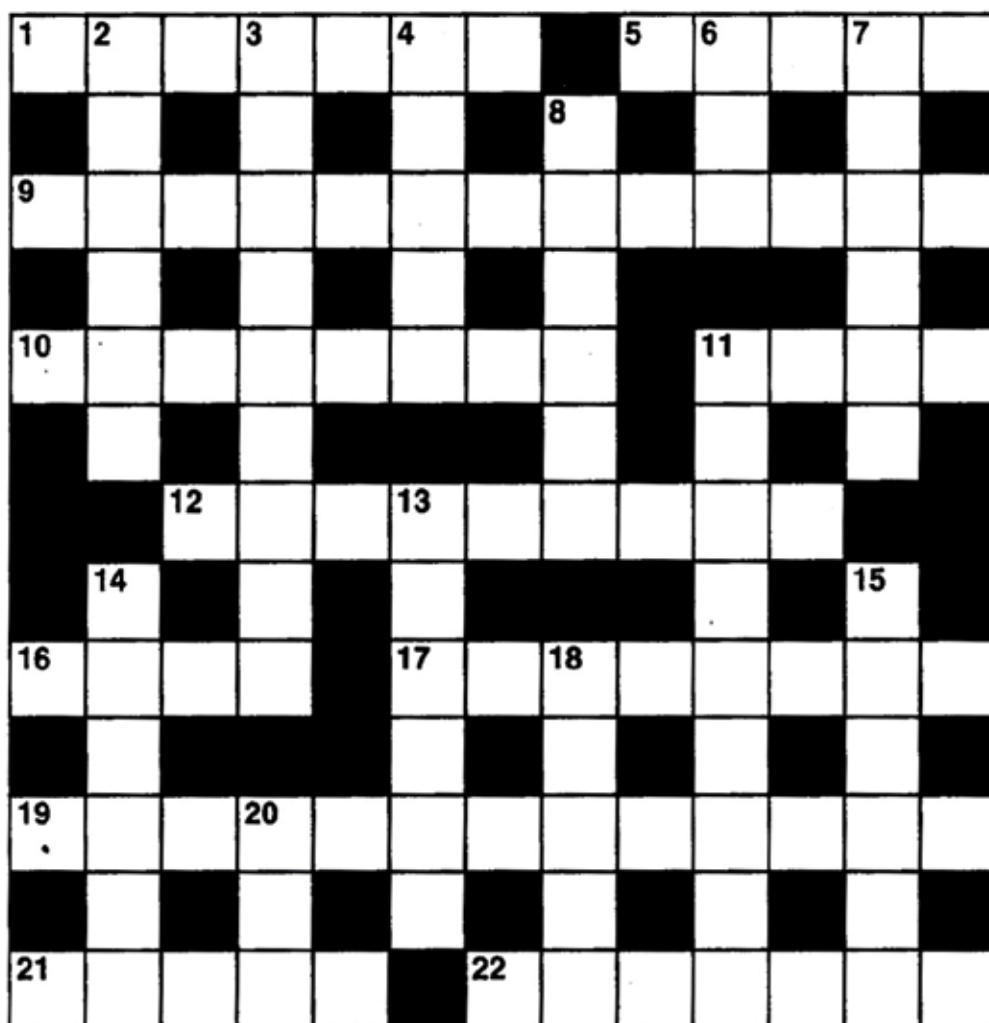
لن أدخل السيارة حتى تضع حزام الأمان



أتعهد بتحمل المسؤولية

Taking your time

Test your skills with our puzzles or try something new with a recipe.



Crossword

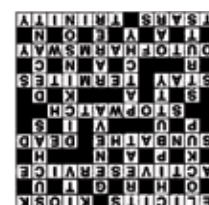
Across

1 Evokes (7) 5 Telephone box (5) 9 Fighting as a member of the armed forces (6,7) 10 Attempt to get a tan (8) 11 Lifeless (4) 12 Sporting events timer (9) 16 Reside (4) 17 White ants whose nests are great mounds (8) 19 Safe (3,2,5,3) 21 Pre-revolutionary Russian rulers (5) 22 Largest Cambridge University college (7)

Down

2 Small jail (4-2) 3 Sandwich of French fries (4,5) 4 Deal with, attend to (5) 6 UK channel on air since 1955 (initia) (3) 7 For example (4,2) 8 Swiss city in which the Red Cross has its headquarters (6) 11 David ___ antiques expert and host of *Real Deal* (9) 13 Inconsistent (6) 14 Rods, supports (6) 15 Pour into another container (6) 18 Less common (5) 20 Rower's implement (3)

ANSWERS



Recipe

Spanish Tortilla

This Mediterranean snack is cheap, easy and perfect for sharing.

Ingredients

25g butter
1 tbsp olive oil
2 large onions, finely sliced
750g potatoes, peeled, parboiled and sliced into 1cm pieces
10 eggs, lightly beaten
Salt and freshly ground pepper

Method

1. In a large frying pan, heat the butter and oil together (be careful as this will get very hot). Cook the onions slowly until transparent and soft.
2. Add the potato slices and fry gently for two minutes on each side.

3. Season the eggs with salt and freshly ground black pepper, pour into the frying pan then cook over a low to medium heat. It may take around ten minutes until the egg is set enough to turn the tortilla over, although if the heat is too high, the bottom will burn before the middle is set.

4. Once the bottom of the tortilla is nicely browned and the centre has set, place a plate over the pan and flip it over once, so that the cooked surface of the tortilla is on the top. Place another plate on top then flip it so the cooked surface is now on the bottom. Then place the frying pan back over

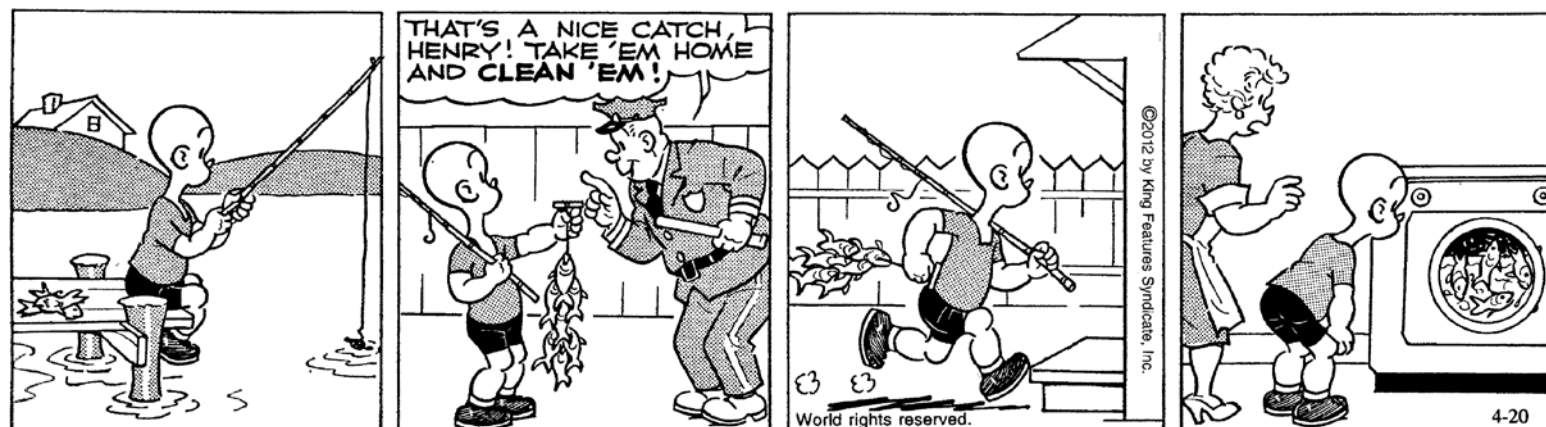


Serves
6

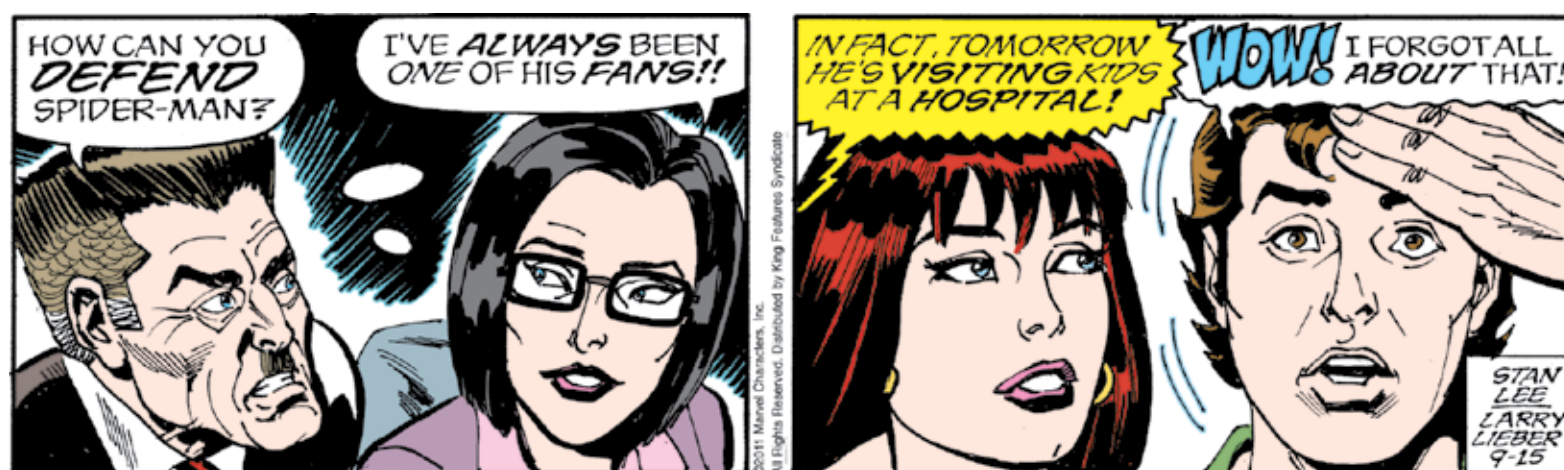
the plate and flip one more time, so the uncooked side is now in contact with the base of the pan.
5. Replace the pan over a low heat and continue to cook gently until the

tortilla is cooked through.
6. Serve hot, warm or cold, cut into slices with salad and bread as a main meal or on its own as part of a larger tapas spread.

Henry



Spiderman

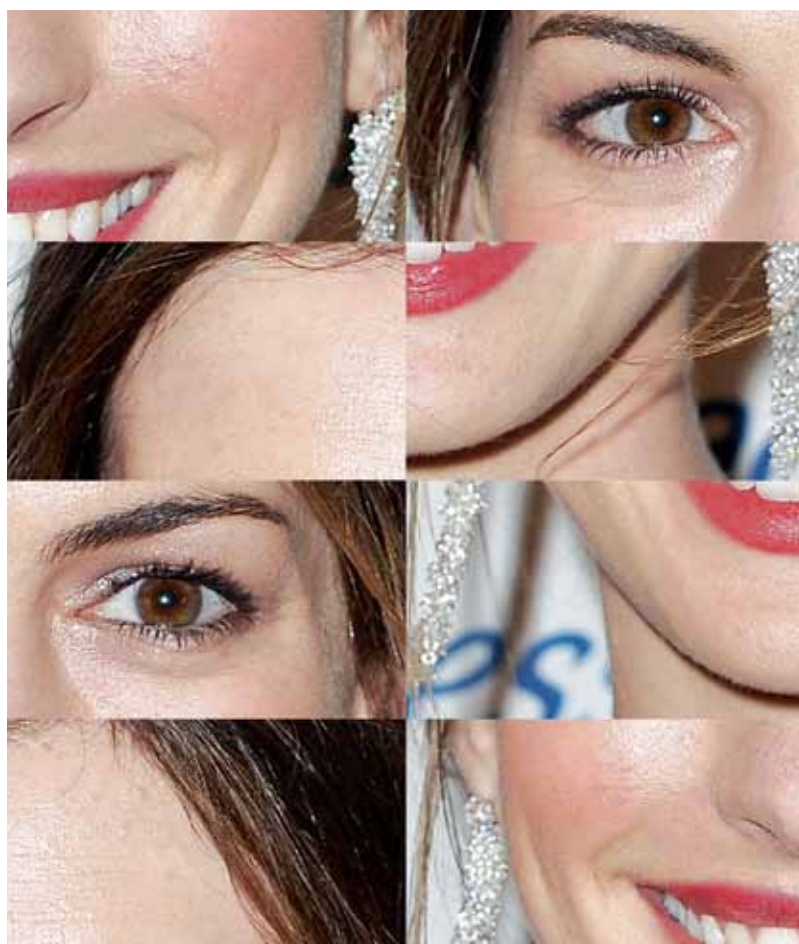


Dennis the menace



Who's this?

ANSWER ON PAGE 38



Puzzles

Arrowword

Wide view	▼	Army chiefs (3,5)	▼	Treading	▼	Grass similar to wheat	▼	French for 'friend'	▼	Couch	▼	Vikram ____, Indian author	▼
Starchy pudding	▶			Brass instrument with a slide	▶								
Blunder, slip-up	▶	Hunted animal	▶					Opponent		Body's 'pumping' organ		Take by theft	
	▶			__ annum, yearly	▶			Mess	▶				
Sound of laughter (2,2)	▶	Tear, split	▶			Drink cooler	▶			__ de Janeiro, Brazilian city		As well as	
	▶			Emmerdale channel (inits)	▶			Surface measurement	▶				
Shark movie	▶	Boy child	▶			__ Chiles, Daybreak co-presenter	▶						
	▶			Hairstyling product	▶			Related, informed	▶				

Sudoku 1

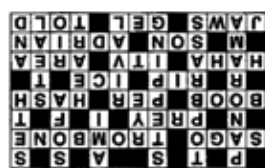
			8				7	1
5			9		2			
	2	1			3			
1		7			4			2
		8				4		
9			3			7		8
			4			1	5	
			2		9			7
7	4				8			

Sudoku 2

1	4		2				3	
	3		4	6		2		1
						8		4
	6	9	3					
				4				
					6	1	9	
6		3						
2		8		3	1		6	
	5				8		1	9

ANSWERS

ARROWWORD



SUDOKU 1

7	4	9	1	5	8	2	3	6
6	1	5	2	3	9	8	4	7
3	8	2	4	7	6	1	5	9
9	5	4	3	2	1	7	8	6
2	3	8	6	9	7	4	1	5
1	6	7	5	8	4	9	3	2
8	2	1	7	4	3	5	9	6
5	7	6	9	1	2	3	8	4
4	9	3	8	6	5	2	7	1

SUDOKU 2

7	5	4	6	2	8	3	1	9
2	9	8	5	1	4	6	7	3
6	1	3	7	9	4	5	8	2
4	7	2	8	5	1	9	6	3
3	8	1	6	4	7	2	5	9
5	6	9	3	1	2	7	4	8
9	2	6	1	7	3	8	5	4
8	3	5	4	6	2	7	1	9
1	4	7	2	8	5	9	3	6

WHO'S THIS? ANSWER - ANNE HATHAWAY



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What's in your stars?

The Read. astrologer tells you exactly what to expect over the next seven days.

ARIES

(MAR 21 - APR 20)

Negotiations may take an interesting twist on Tuesday. You may have claimed previously that you 'weren't bothered', but by midweek you could find you feel the opposite. A good friend may restrain you from upping an offer and paying too much before the weekend.



TAURUS

(APR 21 - MAY 21)

Perhaps you don't like the way an administration or organisation operates. Against this background, it might not be so easy to arrive at a decision. Perhaps it may be easier to do so next week. Another factor to consider is health and what you can do to improve fitness levels.



GEMINI

(MAY 22 - JUN 21)

The presence of someone older might irritate you at times, but may be of benefit if they're willing to act as a sounding board. Note that whatever plans you think you're going to stick to could yet be turned on their head by events that take place this weekend.



CANCER

(JUN 22 - JUL 23)

Over the next few weeks family and property matters may well demand extra attention. Until mid-June you may be a little fearful as to possible developments. By confronting these head-on, you may be positioning yourself well for potential storms at the month's end.



LEO

(JUL 24 - AUG 23)

It might be good planning to hold the thought that there may be thunder on the horizon. On a positive note, it would be helpful to look back on the last 12 months and note what you've achieved, as these are the building blocks you can now use for support.



VIRGO

(AUG 24 - SEP 23)

You could get your own way this week and possibly without a fight. It's not that either of you is 'right'—more that it suits you both to move on. You might have regret that a team hasn't worked as well as you'd hoped, however, it's likely you've learnt much from this.



LIBRA

(SEP 24 - OCT 23)

A midweek planetary transit ends a cycle that began in 2004. Reviewing all you've achieved since then and what could be improved may be helpful as you decide what to do next. Decisions may be thrust upon you by someone who has been patiently waiting.



SCORPIO

(OCT 24 - NOV 22)

If you've been waiting for your entrepreneurial spirit to get to work, it could now surface and you may find that before the weekend you're attracting new people who display ingenuity and enterprise. This could be the start of a winning team.



SAGITTARIUS

(NOV 23 - DEC 21)

Having weighed through the pros and cons, planetary music suggests you'll find a chord or way of being that suits—at least for now. A significant counter point to this is thinking about diet and doing what you can to improve your fitness.



CAPRICORN

(DEC 22 - JAN 20)

For so many different reasons, you could start this week off playing your cards close to your chest. At another level, you might play at being a spy. Information gathering seems to suit you presently and it looks likely that you'll explore new ways of working.



AQUARIUS

(JAN 21 - FEB 19)

This week is significant for relationships—in your case it is affecting those younger than yourself who've played a major role in your life recently. You might each have very different views as to how leisure time is spent or face conflict on your different artistic or sporting interests.



PISCES

(FEB 20 - MAR 20)

An offer to join a team could be made. This may involve a different country or require you to consider spending time away from home. You might need to make a decision about this before Wednesday—a Sagittarius' advice could help you arrive at a happy conclusion.



This week's local weather

SUN



SUNNY
HIGH 39C
LOW 31C
HUMIDITY 47%

MON



SUNNY
HIGH 39C
LOW 30C
HUMIDITY 45%

TUE



SUNNY
HIGH 38C
LOW 30C
HUMIDITY 42%

WED



SUNNY
HIGH 39C
LOW 30C
HUMIDITY 45%

THU



SUNNY
HIGH 40C
LOW 31C
HUMIDITY 48%

FRI



SUNNY
HIGH 41C
LOW 32C
HUMIDITY 51%

SAT



SUNNY
HIGH 40C
LOW 31C
HUMIDITY 53%

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