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JULY 29-AUGUST 4, 2012 | Issue 59

Read.



**LONDON 2012 OLYMPIC
GAMES SCHEDULE**

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THE LAP OF LUXURY

The Rolls Royce Ghost lives up to the motoring company's long-standing reputation of class and elegance



MAGICAL MADAGASCAR



A POSH SENSE OF STYLE

For years, David and Victoria Beckham have been serious fashion front-runners; find out how you can get their look



WEIGHING UP THE ODDS

A young man with cancer doesn't sound much like a comedy plot, but dark jokes and gritty drama are the given medicine in 50/50

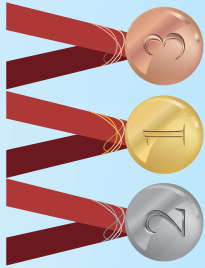


Musical mutiny

Why the music industry continues to battle against online piracy

Health | Fitness | Film reviews | Entertainment | Cars & gadgets | Community | Listings

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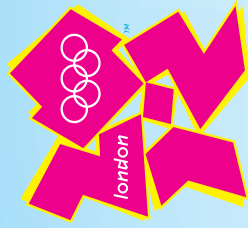
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LONDON 2012 OLYMPIC GAMES SCHEDULE

Sport	Venue	25 July	26 July	27 July	28 July	29 July	30 July	31 July	1 August	2 August	3 August	4 August	5 August	6 August	7 August	8 August	9 August	10 August	11 August	12 August
Opening Ceremony	Olympic Park (Olympic Stadium)																			
Archery	Lord's Cricket Ground																			
Athletics	Olympic Park (Olympic Stadium)																			
Athletics (Marathon)	The Mall																			
Athletics (Race Walk)	The Mall																			
Badminton	Wembley Arena																			
Basketball	Olympic Park (Basketball Arena)																			
Beach Volleyball	North Greenwich Arena																			
Boxing	Horse Guards Parade																			
Canoe Slalom	ExCel																			
Canoe Sprint	Lee Valley White Water Centre, Hertfordshire																			
Canoes Sprint	Eton Dorney, Buckinghamshire																			
Cycling (BMX)	Olympic Park (BMX Circuit)																			
Cycling (Mountain Bike)	Hadleigh Farm, Essex																			
Cycling (Road)	The Mall																			
Cycling (Track)	Hampton Court Palace																			
Diving	Olympic Park (Velodrome)																			
Equestrian (Dressage)	Olympic Park (Aquatics Centre)																			
Equestrian (Eventing)	Greenwich Park																			
Equestrian (Jumping)	Greenwich Park																			
Fencing	Greenwich Park																			
Football	ExCel																			
	City of Coventry Stadium, Coventry																			
	Hampden Park, Glasgow																			
	Millennium Stadium, Cardiff																			
	Old Trafford, Manchester																			
	St James' Park, Newcastle																			
	Wembley Stadium																			
Gymnastics (Artistic)	North Greenwich Arena																			
Gymnastics (Rhythmic)	Wembley Arena																			
Gymnastics (Trampoline)	North Greenwich Arena																			
Handball	Olympic Park (Handball Arena)																			
	Olympic Park (Basketball Arena)																			
Hockey	Olympic Park (Hockey Centre)																			
Judo	ExCel																			
Modern Pentathlon	Olympic Park and Greenwich Park																			
Rowing	Eton Dorney, Buckinghamshire																			
Sailing	Weymouth and Portland, Dorset																			
Shooting	The Royal Artillery Barracks																			
Swimming	Olympic Park, Aquatics Centre																			
Swimming (Marathon)	Hyde Park																			
Synchronised (Swimming)	Olympic Park (Aquatics Centre)																			
Table Tennis	ExCel																			
Taekwondo	ExCel																			
Tennis	Wimbledon																			
Triathlon	Hyde Park																			
Volleyball	Earls Court																			
Water Polo	Olympic Park (Water Polo Arena)																			
Weightlifting	ExCel																			
Wrestling (Freestyle)	ExCel																			
Wrestling (Greco-Roman)	ExCel																			
Closing Ceremony	Olympic Park (Olympic Stadium)																			

All competition schedules are subject to change.

Session Session with medals awarded



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Letters

Email: letters@readme.ae

A selection of the letters we've received this week. Write in to have your say.

LETTER OF THE WEEK

✉ *Dear Read,* I am about to finish the sixth month of my probation period here in Dubai. During the time I've been here so far, I have used the Metro daily and joyfully. This is not a facility we have in my home country of Jordan, so coming to Dubai and seeing it was something really exciting. I had only ever used a Metro once in my life, when I was in England, and—to be totally honest—that experience was overseen by a friend of mine who booked the ticket for me and directed me all the way to my final destination.

I wanted to use the Dubai Metro as soon as I arrived, but I was really quite afraid as I didn't know exactly how I should book my ticket, how much it would cost, or what to do if I got lost. Finally, I decided that I should just use it and try it out, no matter

what the consequences may be. I went to Al Rigga Metro Station without knowing where I wanted to go. It was just to use the Metro, but in the end I decided on Dubai Mall. What I found was really interesting as the team and the management in the station were so helpful. They didn't just tell me which train I should use, but they explained the whole process, giving me a very clear picture.

One of the team even walked with me to the correct train that I needed.

Even though I am planning to attend courses to obtain my driving licence, I don't think I will ever stop using the Metro as it's an easy and fast way to get to your destination, especially in the heat of Dubai. I am a proud Metro user, and will continue to be!

Tamer Al Shoul

We're delighted you've started to find your way around Dubai with greater ease. Even with a driving licence, the Dubai Metro is often the better option to take, avoiding both the rush of traffic and the hassle of parking.

Read. Poll

How do you keep track of time on a daily basis?

- With a wristwatch
- With a mobile phone
- With other sources

Cast your vote online at www.readme.ae

LAST READ. POLL RESULTS

Are the best things in life free?

Yes	48%
No	43%
I don't know	9%

QR codes



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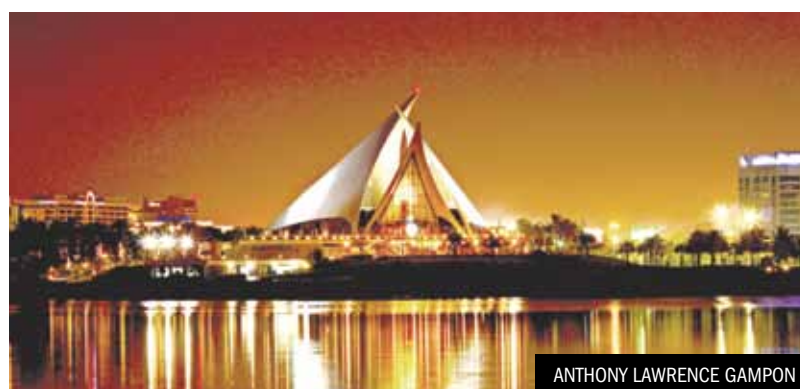
Metro pics



Post your pictures on the Facebook page of Read. The most creative ones will be published. The pictures must be your own and should not be copied from any source. Post your pictures on the wall at www.facebook.com/readmeae or send them to pics@readme.ae



BEA SALES



ANTHONY LAWRENCE GAMPON



BEN SALES



ADONIS VILLAMOR TIVIDAD



SAMEER KAZI

Station by station guide

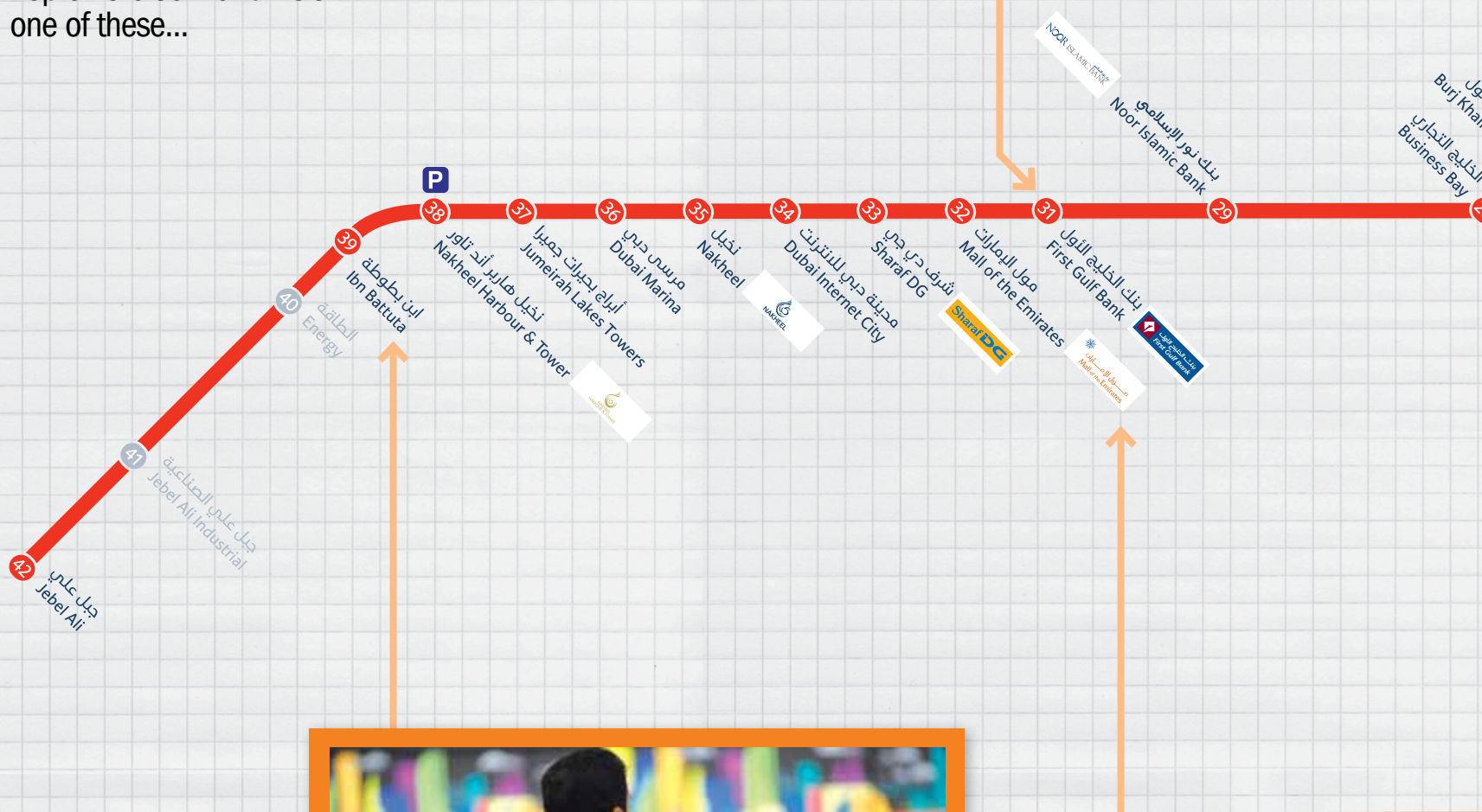
Looking for something to do? You could always hop off the train and visit one of these...



Treasure of Holy Quran

UNTIL AUGUST 31
HAMAIL ART GALLERY, 8TH STREET, AL QUOZ 1

This Ramadan-inspired exhibition features Quranic calligraphy works from various Pakistani artists, including Zulfiqar Ali and Tahir bin Quallander. The exhibition provides art aficionados with access to Pakistani and Indian art which can often be difficult to locate outside of these respective countries. The centrepiece of the exhibition is an 18ft Zulfiqar Ali work, which has taken the artist many years to prepare.



Get bowled over

DAILY, 10:30AM - 12AM
SWITCH BOWLING, IBN BATTUTA MALL

Throughout July and August, over 100 bowlers from 17 countries are hitting the lanes at Zayed Sports City in Abu Dhabi for the Ramadan Bowling Tournament, culminating in the grand final on August 15. However, if you are unable to make it up to the capital to catch any of the exciting action, why not put together your own mini-tournament right here in Dubai with friends and family? With the lanes open until midnight, there's plenty of time to enjoy a couple of games after breaking your fast, plus it's a great way to stay active and have fun during the Holy Month.

TO FEATURE YOUR EVENT,
EMAIL EDITORIAL@README.AE



UAE: A Work of Art

UNTIL SEPTEMBER 1

THE ARA GALLERY, BURJ PLAZA

UAE: A Work of Art focuses on the nation's culture, heritage and traditions through the original works of a selection of up-and-coming Emirati artists, so makes the perfect exhibition for art-lovers during Ramadan. The artists on show have drawn influence from all manner of Emirati lifestyle traditions, culminating in a varied and personal exhibition of works. Ramadan opening hours: Sunday - Thursday, 10am - 6pm and 7pm - 11pm.



Share A Touch Of Love

THROUGHOUT RAMADAN AT
VARIOUS MALLS

Comfort Creations has launched its annual charitable activity 'Share A Touch Of Love' this Ramadan. The campaign, in collaboration with UAE Red Crescent, encourages people to donate clothes to those less fortunate than themselves as part of their Zakat Al Fetr charitable acts during the Holy Month. Comfort Creations donation booths are located at Mall of the Emirates and Deira City Centre malls until July 31, 2012 and at Mirdif City Centre mall until August 14, 2012. The UAE Red Crescent will distribute the apparel collected to those in need. Every supporter of the campaign will receive a 750ml bottle from the new Comfort Creations range.

The Burning Question

OA schoolboy has tried, and failed, five times to fly back to the UK—where his family are permanently relocating—as his fear of flying is just too great. What is your biggest phobia and why?



Ali Shakoor

DUBAI MARINA,
BUSINESS DEVELOPMENT MANAGER

I don't like heights. Looking down from a tall building and standing near the edge scares me. If a tall building is enclosed then it would probably be OK, but I wouldn't want to go to the top of a high building if it was open.

Dean Meneses

AL KARAMA, MAINTENANCE

I am not a fan of heights; I start to feel very nervous when I look down from a tall building.



Zosie Costales

MEADOWS, SERVICE

I don't really have any fears, I am very adventurous so if I had the chance to do something exciting that may scare some people, like skydiving, I would do it.



Rajiv Malik

VISITOR

I don't really have any fears. Things like flying are normal things to do so I'm not afraid. If I was a bit younger I wouldn't be afraid to go skydiving.



Joan Ramos

AL BARSHA, SERVICE

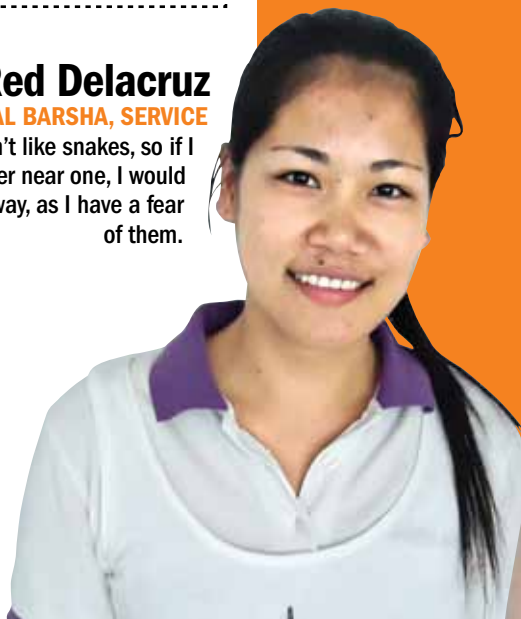
I don't really like heights, so I wouldn't stand at the top of the Burj Khalifa or anything like that.



Red Delacruz

AL BARSHA, SERVICE

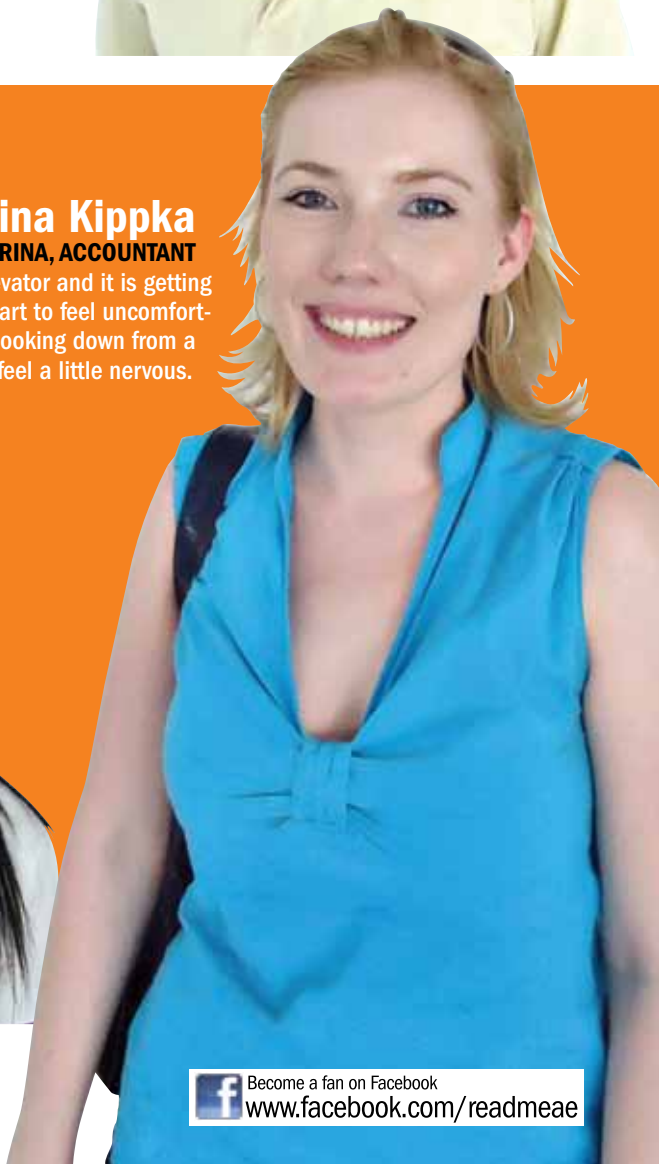
I don't like snakes, so if I was ever near one, I would run away, as I have a fear of them.



Sabrina Kippka

DUBAI MARINA, ACCOUNTANT

If I am in an elevator and it is getting too tight then I start to feel uncomfortable. Also, if I'm looking down from a tall tower I feel a little nervous.



What's happening this week on **readme.ae?**

Make sure you check out our website for these daily specials, which appear online every afternoon. 'Like' us on Facebook so that we can keep you up to date with our latest online features and fun.

Coming up this week



TODAY

Since the early days of video games, gamers have whispered secrets and spent hours trying to make gaming myths come true. Someone's cousin found Mew under a truck in *Pokemon*, others were convinced there was a secret way to find the Triforce in *Legend of Zelda: Ocarina of Time*. The video game world is so insular that you'd have to be a dedicated gamer to even hear some of these myths.



MONDAY

Ramadan is the holiest time of the year. For one month, Muslims fast during daylight hours to show loyalty, dedication, and humility. Discover what Ramadan is all about today.



TUESDAY

Some will suggest that television and cinema greatly influence those ensnared by its escapism. But how exactly has it changed society's perception, beliefs, and attitudes to life and stereotypes?



WEDNESDAY

The characters in *Star Trek* get to wield all kinds of high-tech gadgetry. Some of these gizmos, like holodecks and transporters, are purely science fiction. What technologies have actually come to pass?



THURSDAY

Over the past few decades, scientists have noted thousands of species disappearing from the face of the planet. Are we undergoing another mass extinction? What's causing it and can it be stopped?



FRIDAY

Once again our Facebook page has been full of your opinions on our daily Burning Question. We find the best responses from our Facebook fans and bring you the answers that matter most to the people of Dubai.

Facebook chatter

Here's what you have been saying on the *Read*. Facebook page. (Responses only edited for length)

Are you doing anything to lessen your carbon footprint??

Everything must be started from Low level. Like planting greens and trees. Saving the environment from CFC kind of things. I'm using the Dubai Metro and saving Carbon Emissions :)

—Abdulmajedraja RS

How old would you like to live to? Do you think if we prolong the aging process, our bodies could cope?

I want to live till 100!!! a century here on earth would be worth a story to tell. :) Yes with our advanced technology we can always find a way to



slow down the aging process of our body :)

—Danz de Asis

Every thing looks better, when it's in natural shape, colour, age and taste. So we can not and should not change the nature.

—Ahmad Iftikhar

I wanna live till all my dreams come

true! 100 years or more is not that bad, I guess.

—Clen David

What subjects do you wish had been compulsory when you were in school and how would it have helped you today?

English language is very important, because it help us to relate with others, most countries in the world are using it as one of their official language. Secondly mathematics, it help us in calculations, whether u'r in the corporate world or into business u need to understand some basic mathematics.

—Okolo Augustine

Foundation is everything. If a foreign language was compulsory it would have been helpful and a minimum of 7 to 9 subjects would be appreciated.

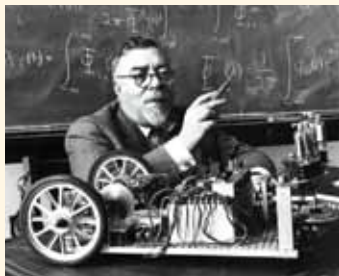
—Leeroy Stefan Edirisuriya



LAYING THE FOUNDATIONS

BYTES & PIECES

Norbert Wiener



Referred to as the father of cybernetics, Norbert Wiener has contributed more to the modern technological world than he is usually given credit for. A famous child prodigy, he graduated from high school in 1906 at 11 years old, and went on to earn a bachelors degree in mathematics

“With such a gifted mind, it comes as no surprise that Wiener has been so influential”

at the age of 14. He was accepted to Harvard, and, a year later, he transferred to Cornell to study philosophy.

With such

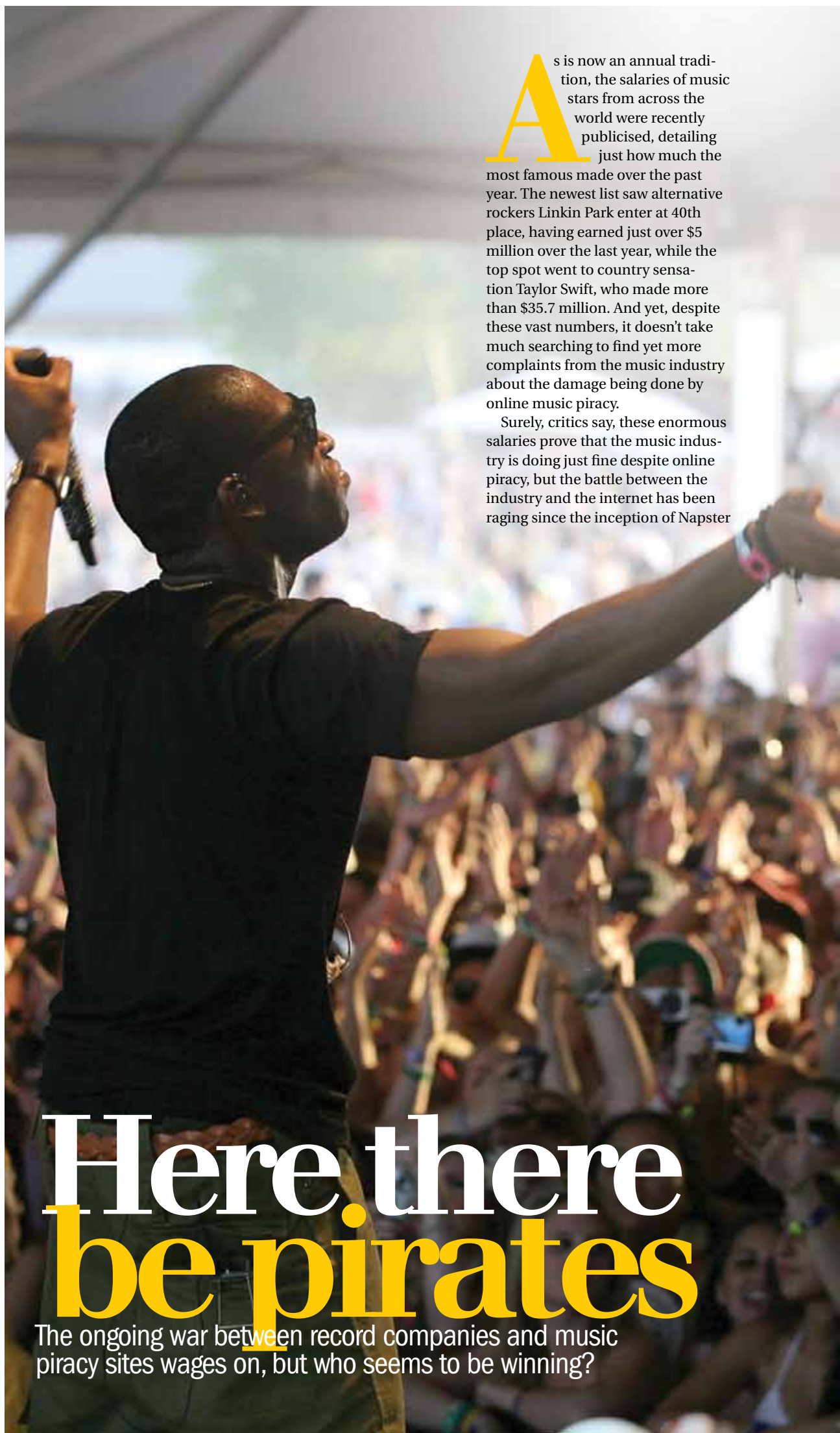
a gifted mind, it comes as no surprise that Wiener has been so influential in 20th-century technological development. Early on in his career, he contributed much to the development of electronic engineering, electronic communication and control systems.

His greatest work, though, came in the field of cybernetics. In its purest form, this means that a system can cause an action, which can then be fed back into the system, prompting a change in behaviour. Wiener described the discipline as “the scientific study of control and communication in the animal and the machine”.

Wiener’s work, and the formalisation of cybernetics as a science, has helped the technological world no end, particularly over the past 60 years. Thanks to cybernetics, recent fields such as robotics, simulations and artificial intelligence—including that seen in most video games—have all come on leaps and bounds.

As is now an annual tradition, the salaries of music stars from across the world were recently publicised, detailing just how much the most famous made over the past year. The newest list saw alternative rockers Linkin Park enter at 40th place, having earned just over \$5 million over the last year, while the top spot went to country sensation Taylor Swift, who made more than \$35.7 million. And yet, despite these vast numbers, it doesn’t take much searching to find yet more complaints from the music industry about the damage being done by online music piracy.

Surely, critics say, these enormous salaries prove that the music industry is doing just fine despite online piracy, but the battle between the industry and the internet has been raging since the inception of Napster



Here there be pirates

The ongoing war between record companies and music piracy sites wages on, but who seems to be winning?

in 1999. The now defunct service changed the world of music with its service, which allowed users to upload and download music in MP3 format, from each other, completely free of charge, causing the music industry to leak millions in profits.

Over the following years, many more services came out and were eventually taken down, such as Kazaa and Limewire, thanks to fierce campaigning from pretty much every record label out there. More recently, Bit Torrent has become the go-to software for pirates, with sites like The Pirate Bay offering free downloads for almost every album released.

Search for a song or album on Google, and it's easy enough to come across an illegal download on the first couple of pages, often before any official material is within sight. It's easy enough, then, to sympathise with famous musicians and labels, who have recently written an open letter to British Prime Minister David Cameron, in a plea for him to take stronger measures against music piracy. Sir Elton John, Simon Cowell, members of The Who, Queen and Tinie Tempah are all among those who have signed the letter.

The aggression with which the music industry pursues its case often causes many people to dismiss it as a backward entity unable to keep up with emerging technologies. After all, who can forget the few but high-profile cases of individual users being sued for hundreds of thousands of dollars for downloading pirated music? And the case of Megaupload founder Kim Dotcom's

New Zealand home being raided by American officials is still very much fresh in the public's mind. But it must be said that the musicians have a point; without being remunerated for

their work, they would be unable to provide such high-quality music in the first place.

This point applies especially to artists and labels who reside outside of the top 40 charts. For example, the story of UK hip-hop label Son Records, led by Alastair Nicholson, was recently brought to the media's attention, after the owner explained that pirated music effectively ended his business, as he was not able to make enough returns on his investments. The biggest chart names may be weathering the storm, then, but for less commercial music to survive, listeners must be willing to pay for it.

Indeed, it is ironic that the biggest names are the ones making the most noise in the argument, given that, in the UK alone, the industry still takes

\$35.7 million

The top spot went to country sensation Taylor Swift, who made more than \$35.7 million over the past year.



home more than £4 billion per year, and that number is much greater in the US. Granted, much of the big money now comes from ticket sales for live shows, but artists such as Adele, who had to cancel a tour last year, proved that album sales can still turn big profits.

As news of the smaller, struggling musicians begins to make headlines, the outlook on who has the moral high ground—the supposedly draconian music industry or the music pirates—is becoming more difficult to decide. Currently, executives have pinned the responsibility on Google, asking for links to pirate websites to be taken out of search results, but the search engine has so far resisted the charge. Either way, this 13-year battle is far from over. ●

Tech beat



MOBILES LEARN TO CHIRP

A new mobile app has been released that allows smartphones to send data to each other by way of a "digital birdsong". The app, called Chirp, plays a two-second long noise, prompting a nearby phone with the app installed to trigger a download. So far it is limited to sending pictures, links or 140-character messages.

GAME DEVELOPERS SUED

The creators of the popular Minecraft game, Mojang, along with nine other game developers, are being sued over claims that they infringed technology related to how users access mobile versions of their games. Mojang founder Markus Persson said that he would "throw piles of money" at the case to defend the company.



HTC DITCHES BEATS

In the run-up to smartphone maker HTC's sale of part of its stake in Beats, it's been revealed that HTC didn't meet financial obligations to the audio company. Experts say this is due to HTC's internal troubles, following a senior management change, shrinking market share and falling stock price. HTC will still own 25 per cent of Beats Electronics after the sale.



GALAXY TAB BANNED IN EU

In a fresh twist to the Apple-Samsung patent war, Samsung is now banned from selling its Galaxy Tab 7.7 across the entire European Union, while its redesigned Galaxy Tab 10.1N can go on sale. The smaller Tab 7.7 was originally banned in Germany in September 2011 on the grounds that it infringes Apple tablet patents.

STAY SAFE: Home and away

A house or apartment left empty while its owners are travelling is a tempting target for criminals, so it's important that every traveller takes certain precautions to keep his or her home safe and sound while on holiday. With just a few simple preventative measures you can work wonders to help avoid home invasions and more. Your home should be a sanctuary and a safe haven. You can ensure that you and your loved ones remain out of harm's way with our top ten tips.

1

The best way to make sure your house is safe while you're gone is to have someone you trust living in it during your absence. You may be lucky enough to have a tidy and conscientious friend or relative who'll move in temporarily to keep an eye on the place, water the plants, feed the pets and pick up the newspapers.

Don't leave your lights on at home throughout your entire holiday in an effort to make it look like someone is in the house. Leaving your lights on through the night may in fact attract attention as it's unusual. Instead, purchase a light switch timer that can turn your lights on and off automatically according to a programmed schedule. Any burglars keeping an eye on your house will notice lights flipping on and off, and will probably assume someone is actually there doing the flipping.

2



While you may like to spill about your holiday plans on social networking sites like Facebook and Twitter, it's important to stop and think: who exactly is reading it? The anonymity of the internet

can encourage us to share personal information without fully realising that there may be hundreds of complete strangers receiving our daily musings. You should think twice about posting your detailed holiday plans on Facebook or Twitter, especially if that information is visible to internet users other than your friends and family. Being aware of who's around when you discuss your trip in restaurants and even at work isn't a bad idea either. Make sure that your children are discreet, too. No one is saying that you should be suspicious of everyone you

3

meet, but even a chance remark has the potential to lead to unintended and unfortunate consequences.

The less information you put out there, the less likely it is to reach the wrong ears and eyes.



4

You may decide to close your curtains to prevent people from peering inside your home and determining whether or not you're

there. However, closed curtains also stop those who aim to help such as the police, your neighbours or friends from seeing inside your house. Leave your curtains

exactly as you would usually keep them when you're home, since any noticeable changes could hint to others that you're not around anymore—especially if your curtains are left closed for the entire two weeks or however long you're away for. Be sure to move any expensive items, such as jewellery or cash, away from plain sight if they're visible from the window.



Become a fan on Facebook

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Let your neighbours know when you are leaving and when you plan to return home and if you are expecting anybody to turn up at your house while you are away.

5

If you're a diligent homeowner who mows the garden every week and things start to look overgrown and neglected, it's easy to come to the conclusion that you're not around. Therefore, if you plan on being away for an extended period of time, perhaps you might want to think about hiring someone to take care of the landscaping and maintenance chores in your absence.

6

Disconnecting the power to some of your electronics, like your desktop computer and television can save you money while you're gone and eliminate the worry that you've accidentally left them on by mistake. Turning off your garage door is also an effective way to keep thieves from opening it with a universal remote.

Be careful not to leave a portable GPS in your car when you use long-term parking at the airport. It will alert thieves that you're not home and give them a convenient map to your house.

8



Installing an alarm system—or even just exterior lights that run on timers—is a good way to increase security around your home, whether you're around or not.

9

One of the nice things about these features is that they work when you're awake, asleep or travelling. They fade into the background as far as you're concerned, but still make your property less attractive to opportunistic thieves.

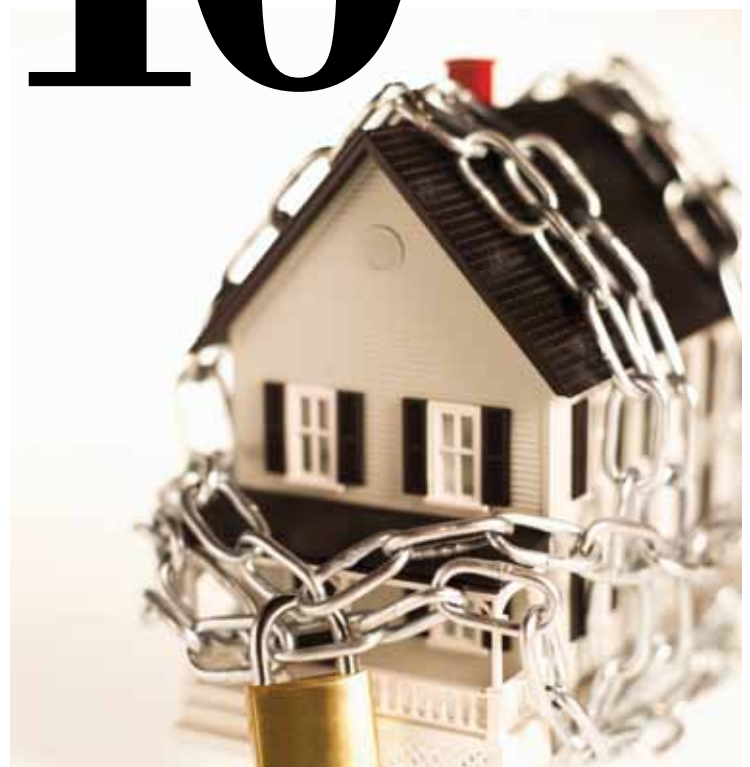
A pile of newspapers on the doorstep is a cliché for a home that's unoccupied. Stopping the newspaper when you leave on holiday for a while is an easy detail to forget, and one that will make you a sure target. So if you have a subscription, make sure you suspend it before you leave.



7

Burglars like to work quickly, so try to slow down their path into and around the house. Homes with no security measures in place are five times more likely to be burgled than those with simple security measures. You can accomplish this with deadbolt locks, window locks, track locks on all sliding glass doors and windows (only if they would not impede your own escape in an emergency), or locks on all doors and windows.

10





Back to basics

One of the most common health complaints, a bad back can be avoided with some simple precautions.

The majority of people will experience back pain at some point in their life. Whether it's brought on by poor posture, injury, age or stress, a bad back can cause no end of discomfort and frustration. While medical conditions such as sciatica, slipped discs

or osteoporosis can cause back pain, it is quite often linked to an occupational factor, which refers to everyday things that can affect our health. Here is a brief look at some of the most common back complaints and how you can try and avoid them.

Lumbar pain

The lumbar section of the spine refers to the lower portion of the spine, consisting of five vertebrae and most commonly known as the lower back. Lower back pain is very often present in people who work at a desk all day, sat down and using a computer. Sitting down for long periods causes the muscles and ligaments to become over-stretched, which then leads to tiny tears in the tissue and causes discomfort when the muscles are forced into a standing position. Many physiotherapists will offer an at-work assessment where they can examine your working posture and—as well as recommending ergonomic devices that can prevent or aid lower back pain—they will often help to arrange your seat, desk and computer in a way that supports your back properly.

Medical assistance

Pain in any area of the back or neck should always be examined by a doctor. While many problems are due to posture or tight muscles, and could be relieved with a simple course of physiotherapy or massage, there can be more serious problems which will require treatment. The doctor will ask questions about your symptoms and perform a physical examination. Your range of movement will be tested, as well as the doctor looking out for any numbness or tingling in your limbs. Following this, if further diagnosis is needed, the doctor will most likely want to carry out more tests, such as an X-ray, an MRI scan, or a CT scan.



Upper back pain

Known as the thoracic section of the spine, upper and middle back pain can occur anywhere from the base of your neck to the bottom of your rib cage and is less common than lower back pain or neck pain, due to the fact that the bones in the central area of the back don't move as much as in the other areas. Your ribs attach to the bone in the centre of the chest—called the sternum—and wrap around your back. Therefore, back pain in the upper area of the spine can often be linked to an aggravated nerve in this area, and may also present pain in other places the nerve connects to, such as the arms, legs, chest or stomach. Pain in this area of the spine can, again, be linked to poor posture, however it can also be a sign of underlying medical conditions such as osteoarthritis, a herniated disc, or a fracture.

Neck pain

Pain in the cerebral vertebrae, more commonly known as neck pain, can occur anywhere from the bottom of your head to the top of your shoulders. It can spread to the upper back or arms if it is particularly bad, and will also usually have a limiting effect on the range of movement in your head and neck. Most neck pain is caused by activities that strain the area, such as slouching, looking upwards for long periods—painting a ceiling for example—or sleeping with your neck in an awkward position. These things can all cause neck strain, a spasm in the muscles, or a swelling of the joints in the neck. A neck injury—such as whiplash—may also present itself as a persistent headache.



Hot vs. cold

Both hot and cold packs can relieve back pain caused by injury, if there is no underlying medical issue diagnosed. First, ice your back with a cold pack to reduce pain and swelling as soon as you injure yourself. Around 30 minutes of cold treatment every four to five hours should be enough for a couple of days. Once you have been icing your back for two or three days, switch to a heat pack or hot water bottle. This treatment should reduce any swelling through the cooling effect of the cold pack, then relieve the sore muscles and release tension via the use of heat.

SPOTLIGHT ON

Heat stroke



In the sweltering desert heat of Dubai, knowing the signs of heat stroke can be vital to staying safe in the sun. Heat stroke is a form of hyperthermia in which the body temperature is elevated dramatically. It is a medical emergency and can be fatal if not promptly and properly treated.

The symptoms can develop over several days, particularly among groups who could be more affected by heat, such as pensioners or young children. However, the symptoms develop much more quickly when associated with physical activity.

The symptoms to look out for include high body temperature of 40°C (104°F) or above,

sweating that stops as the body becomes dehydrated, muscle cramps, rapid heartbeat and shallow breathing. In severe cases, sufferers may display symptoms such as mental confusion, problems speaking or understanding, hallucinations or loss of consciousness.

If you suspect someone is suffering from heat stroke you should call an ambulance immediately, and attempt to help while you wait by moving them somewhere cool, giving them water and placing a damp flannel on their forehead. Do not immerse the person fully in water as this could increase their blood pressure significantly, which could be dangerous.

“Do not immerse the person fully in water, as this could increase their blood pressure which could be dangerous”

When wishes are granted

Make-A-Wish Foundation of the UAE reaches out to special needs children in Fujairah for the first time.

GOOD CAUSES

Concorde Fujairah Hotel recently hosted an event by the Make-A-Wish Foundation of the UAE, attended by Sheikh Zayed bin Sultan bin Khalifa Al Nahyan, a member of the Board of Directors of the Make-A-Wish Foundation in the UAE and Sheikh Mohammed bin Hamad Al Sharqi, Crown Prince of Fujairah.

The event offered a fun-filled atmosphere for children with special needs, with balloons, magic shows, colouring books and face painting. Mascots were also present to entertain the children. Sheikh Zayed bin Sultan bin Khalifa Al Nahyan distributed gifts and granted the wishes of the children with special needs, aiming to enrich the human experience with hope, strength and joy.

Mohamed Fekry, general manager of Concorde Fujairah Hotel, said, "We are very pleased to host this event

"The event offered a fun-filled atmosphere for children with special needs."

for the Make-A-Wish Foundation for the children of Fujairah. This is a very good cause and we are privileged to be part of their experience. I am sure that they were very happy and really enjoyed the activities and entertainment. We proudly support this initiative and will continue to do so."

The Make-A-Wish Foundation of the UAE was established in 2003 and since then it has granted the wishes of over 600 children with life-threatening medical conditions. It was the first time that the foundation held such an event for the children of Fujairah, after expanding from the two main branches in Abu Dhabi and Dubai.



A CHILD RECEIVES AN UPLIFTING EXPERIENCE

Black List: A Thriller

By Brad Thor

BOOKS

Being a New York Times best-selling author of more action-thriller books than can be counted on two hands, Brad Thor's credentials offer a clue as to the nature of his new book, *Black List*. Much like his previous work, it's a deadly tale of deception, deceit and treason, with the implications reaching up to the highest levels of government.

The premise focuses on a deadly list—hidden deep in the bowels of the United States government—which only the President has the final say over. Once your name is on the list, it never comes off, unless you're



killed. And this has profound implications for counter-terrorism agent Scot Harvath, whose name has just been added to the list. Forced to evade the death squads made up of crack US agents, Harvath must find out who has framed him for treason, while also attempting to stop the

worst domestic terrorist attack that the country has ever seen.

This is an intense thriller and the action sequences are top-notch, with his no-nonsense writing style painting perfect pictures. It's a page-turner, no doubt, but beware of the lull in pace throughout the middle sections.

If you like this then you could try...

A Wanted Man by Lee Child

Signalling the return of his famed character, Jack Reacher, Lee Child brings yet another best-selling thriller to the hearts and minds of action fans around the world. Reacher, having hitched a ride to Virginia, is put straight into the middle of a conspiracy, involving murder, intrigue and two sides both gunning for him.

Fortune

Artist Chris Brown Label RCA Records ★★☆☆☆

ALBUM

There's no denying every well-known artist's ability to make a hit single—whether you personally like the songs or not, it can't be contested that they make shed loads of money and earn months' worth of airtime. But where the musical glitterati seem to struggle is in putting together a good album, a musical journey that can be looked back upon with glee, sadness and everything in between. The big guns in the music industry just don't "get" that. And the point is hammered home by Chris Brown's latest release, *Fortune*.

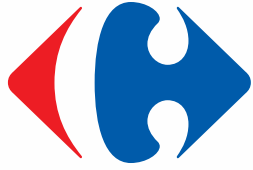
It's been released hot off the heels of the hit single *Turn Up the Music*, one of the year's most played songs, as well as the less played but equally lucrative *Sweet Love* and *Till I Die*. They're as un inventive and uninteresting as anything else that can be found in the top 40 charts, and then some more. But they've sold well thanks to Brown having stuck to a simple formula that applies to



the lowest common denominator of listeners.

If only he'd thought to do that for the remainder of his latest album. Alas, the rest of the CD—particularly the deluxe version—is peppered with throwbacks to late 'Nineties gangster rap, far too overproduced to come across as sincere. Explicit lyrics abound, and, as is usually the case when so many inappropriate words are involved, any genuine artistry—or even intelligence—is difficult to see.

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Island of adventure



It may not be home to an array of talking animals, but the nature and wildlife to be found in **Madagascar** is certainly magical.

For many people, little is known about the African island nation of Madagascar. The comedic scenes of lemurs and their king, Julien XII, in the 2005 animated film of the same name may have etched an idea into the public's mind about what the wilder parts of the country can

look like, but, rest assured, there are no talking lemurs here.

The film did get one thing right, though; Madagascar is a far-away land of adventure and wilderness. Tourism is vital to the local economy, but for the most part, it is much less of a luxurious retreat for well-to-do business people, and more a chapter in the seasoned traveller's scrapbook.

Barely 10 minutes in the capital city, Antananarivo, will make this point obvious. A cacophony of noisy buses, taxis and horns will greet

SEVEN SPECIES OF LEMUR CAN BE FOUND ON THE ISLAND





THE MAGNIFICENT BAOBABS

the traveller's ears upon arriving at the city centre, along with the raised conversation of the locals, who, it seems, tend to shout almost everything. The official language of Madagascar is Malagasy—98 per cent of the population speak it—but most are also reasonably fluent in French, given that the country was once a French colony.

Considering how much Madagascar's burgeoning economy depends on tourism, it's startling just how little of a tourism infrastructure there is in the capital city. There are only two semi-luxurious hotels, while the rest amount to simple bed-and-breakfast affairs, and there is little for a tourist to see and do, though a visit to the Rova (the Queen's Palace) is certainly recommended. The open-air markets also offer stunning African crafts, infused with both European and Asian influences, illustrating the country's multicultural character.

But thankfully, there is much more to Madagascar than its vibrant, backpacker-friendly capital city. Toward the west of the island lies the Tsingy de Bemaraha National Park, a



CRYSTAL BLUE WATERS SURROUND THE ISLAND NATION

Unesco World Heritage Site and the home to all manner of fascinating and exotic flora and fauna, not to mention some of the most stunning views to be found anywhere in the world. One of the biggest draws is the raised limestone plateau, decorated with chaotic, razor-sharp pinacles. And for any fans of the films, the surrounding forest is home to seven species of lemurs—they may not talk, but they're still magnificent to behold in the wild.

Because of its stunning wildlife, the Malagasy government has implemented eco-tourism growth plans over the past few years. The vast majority of species found on this island cannot be found anywhere else in the world, making it the perfect setting for a wildlife fanatic, or even simply someone looking for a safari holiday with a twist. Bird watchers will be enthralled by the 50 species of exotic birds found in the national park, while any lucky travellers will come across the extremely rare stump-tailed chameleon. However, be sure to arrange every trip beforehand, as parts of the park are often closed at short notice in order to accommodate preservation efforts.

Another beautiful site in the western area of the island can be found 45 minutes north of the city of Morondava. Here lies the Avenue of Baobabs, an extraordinary strand of huge Baobab trees, and a candidate for one of the seven wonders of Africa. One of the most visited sites in Madagascar, efforts are now underway to protect this unique grove, with its large, thick trunks that stretch up to 30 metres high, topped by a bewildering and complicated net of smaller bushes and branches. There are many photographers here, attempting to create the perfect Malagasy shot, thanks to the truly



MADAGASCAN GECKO



50 SPECIES OF EXOTIC BIRDS FILL THE AIR

Did you know?

- None of the main character animals in the *Madagascar* film are actually housed in Central Park Zoo, the home in which they apparently live at the beginning of the movie.
- Over 90 per cent of Madagascar's wildlife is not found anywhere else on Earth.
- Madagascar only gained independence from France in 1960.
- Madagascar has seen political turmoil in recent years, thanks to an uneven distribution of the wealth made from growth plans. But these tensions are purely found in the political realm, and are of no concern to tourists.
- Tourist numbers have shrunk over the past few years, due to global economic difficulties, but Madagascar still hosted around 180,000 tourists in 2010.

unforgettable vista afforded by this area at sunset.

These sites are still geared toward the more adventurous traveller, but in the north and north-eastern parts of the island, there's a much more luxurious feel to Madagascar. Stunning hotels can be found adorning the Ile Sainte Marie, with most offering guided kayak tours of the exquisite coastline and hidden coves. The waters here are crystal blue, and offer more privacy than the US President's hidden bunker underneath the White House. Further up in the north, deep sea fishing has become one of the biggest attractions of Nose Be, a small island off the northern coast, with local businesses offering fully catered and luxurious fishing trips suitable for the entire family.

It must be admitted that Madagascar is perhaps not best suited to those looking for an idyllic and relaxed holiday—after all, the characters in the film found nothing relaxing about their excursion. But for anyone seeking a little thrill and an awful lot of wonder, Madagascar is certainly the place to find it. ●

Making memories

The Holy Month of Ramadan provides plenty of perfect opportunities to enjoy something special in Dubai.

Marks & Spencer Al-Futtaim partners with Red Crescent

Marks & Spencer Al-Futtaim has launched a Ramadan clothes collection campaign in partnership with the UAE Red Crescent. Throughout Ramadan and until the end of Eid Al Fitr, collection points located in Marks & Spencer Al-Futtaim stores allow shoppers to donate unwanted clothing, which will be donated to some of the region's neediest people.

Mohammed Abdullah Al Haj Al Zarouni, Director of the UAE Red Crescent, said, "We are delighted to be partnering with Marks & Spencer Al-Futtaim during this special time. As people's thoughts turn more towards those in need, outlets for donations, such as those in Marks & Spencer stores, are greatly welcomed."



Oasis Centre hosts fun with Freej

Freej, the Emirati cartoon sensation, has made a comeback during the Holy Month of Ramadan at Oasis Centre. Coinciding with the hours following Iftar, visitors to the mall have a chance to join the 'fun, old girls' at a specially created *Freej*-themed tent. The venue also hosts unique



games created around the central characters in the animated series, including A Date with 'Um Khammas', 'Ring Um Saeed's Coffee Pot', 'Freej Board Game', and 'Catch Um Saloom's Canary'.

In addition, children can meet and greet the *Freej* cast, who will be visiting the mall each weekend, starting from August 3, to spread cheer among visitors.

Mashreq launches Ramadan scheme



To mark the Holy Month of Ramadan and with the aim to share this special occasion with its customers, Mashreq has launched special offers for Mashreq cardholders through its 'Mashreq Flavours' Dining Programme.

The special Ramadan offer includes discounts of up to 25 per cent across select Iftar buffets and tents in the UAE. Mashreq customers can also enjoy discounts up to 25 per cent through regular 'Mashreq Flavours' offers, which is now even bigger with over 500 participating restaurants. The offer is available in hotels such as Shangri-La Hotel Dubai, Radisson Blu Hotel Dubai Creek, Al Raha Beach Hotel Abu Dhabi, Habtoor Grand Dubai, and Hilton Hotel JBR Dubai.

Quranic manuscripts

This Ramadan, visitors to BurJuman mall can step back in time with a unique exhibition from the Juma Al Majid Centre for Culture and Heritage.

From July 27 to August 16, BurJuman is hosting the 'Quranic Manuscripts through the ages' exhibition, which takes visitors through the different stages of the written format of the Islamic holy book. Visitors can browse through a display of manuscripts depicting the Holy Qu'ran written in the old Kufic script and the Eastern line of copy, followed by the era of embellishment and finally the Moroccan Islamic lines.

Ramadan at Mirdif City Centre

Mirdif City Centre is channelling the spirit of the Holy Month by creating an atmosphere of community and festivity. Embracing the traditions of Iftar and Sohour, the mall offers many restaurants, each presenting a unique way of breaking your fast and celebrate with family and friends. Additionally, children can engage in meaningful activities conveying the importance of Ramadan, while the traditional decor of the mall adds a festive feel for visitors.





Pure Gold hails Ramadan

Pure Gold Jewellers welcomes the Holy Month of Ramadan with a new range of exquisitely crafted limited edition pendants.

For the first time, Pure Gold Jewellers has launched a mother of pearl diamond pendant for Ramadan. The beautiful drop shaped pendant has the name 'Allah' carved on it in Arabic. The pendant's three carat mother of pearl is shielded in gold and is encrusted with 15 carat diamonds, adding brilliance and definition. The pendant comes with a gold chain and is priced at Dh1,199.

Pure Gold has also launched a range of special edition pendants in its pure silver and pure sparkle range at a price of Dh449 and Dh786 respectively. All the carefully crafted pendants have the name 'Allah' engraved on them and come with a chain.

Shoe Mart launches new collection

This Ramadan and Eid, Shoe Mart introduces a range of enticing designs and styles from shoes, clutches to accessories for both men and women.



TIME reflects traditional values this Ramadan



TIME Hotels is embracing the Holy Month this year by showcasing the very best in traditional Arabic cuisine at two of its flagship properties—TIME Oak Hotel & Suites and TIME Grand Plaza Hotel.

The Petals restaurant at the TIME Oak Hotel in Al Barsha and the Brio restaurant at the TIME Grand Plaza Hotel in Al Qusais, are both offering a traditional Iftar buffet complete with Arabic Mezze platters, fresh juices and customary dates. Taking centre stage at the Iftar buffet is a fish carvery and a traditional Arabic buffet complete with a succulent Ouzi.

Alternative international buffets are available. All buffets are priced at Dh130 and Dh120 at Petals and Brio respectively.

Ramadan nutrition tips

With the onset of the Holy Month of Ramadan here are some tips from nutritionists at Nestlé Middle East:

Keep hydrated

When it comes to fasting, especially in the hot summer months, fluid replenishment should be your first priority. Your number one choice should be water – it is free of calories and the only fluid that quenches the body in a healthy way. Aim to drink at least eight glasses of water after Iftar and throughout the night to ensure proper hydration and to avoid dehydration symptoms. Other food items that also contribute to fluid intake are soup, juice, yoghurt and coffee, in moderation.

Enjoy your coffee

You can continue to enjoy your favourite coffee throughout Ramadan.

At Iftar

You can have your cup of regular coffee two hours after you complete your Iftar meal. This way you would have allowed plenty of time for your body to adjust its blood sugar level with a balanced Iftar. Coffee will also help keep you alert in case you feel sleepy after your meal.

Late nights

If you enjoy the taste of coffee late at night, try a decaffeinated cup before you sleep.

At Suhour

If you wake up for Suhour just before the Athan, you can enjoy a cup of regular coffee along with your balanced meal. This will help you stay alert throughout your long day of fasting.



Ouzi recipe

Whole lamb (12/14kg)
2kg mince meat
12 cups of long grain rice
24 cups of water
1 tsp salt
1 ½ cups of blanched fried pistachio
1 ½ cups of blanched fried pine nuts
1 ½ cups of blanched fried almonds
1 tsp ground cinnamon
1 tsp ground all spice
1 tsp ground black pepper
1 tsp ground nutmeg
1 tsp ground white pepper
1 cup of vegetable oil

Preparation:

Marinate the lamb for 24 hours in yoghurt, garlic, onion, sweet nutmeg, salt and pepper.
• Cover the lamb with aluminum foil and cook in the oven for three hours at 170C. Heat some vegetable oil in a saucepan over medium heat. Add nuts and fry until they begin to release their aroma. Remove nuts from the oil, then add minced beef and sauté until fully cooked. Add rice, stock, cinnamon, salt, pepper and spices, stirring well. Bring to a boil, then reduce heat to the lowest setting possible. Cook for 20 to 30 minutes, or until all liquid is absorbed. Finally, stir in the fried nuts.

• Serve the rice in the Ouzi platter, and sit the roasted lamb on top of the rice.

• Garnish with the rest of the nuts.

• Place lid back on the plate to keep Ouzi warm until serving.

• Serve the Ouzi, carving the meat at the table.

Recipe by : Paolo Serafini, Head Chef at Epicure Catering. 04 347 3808, info@epicurecatering.com

Star

Victoria Beckham has been a style icon for the past two decades ever since she embraced her 'Posh' side as a Spice Girl. The British star has made her mark on the fashion industry with her successful fashion line which has a large celebrity following. While Mrs Beckham likes to wear her own designs—figure hugging, perfect-cut dresses—the talented designer often opts for designs by Pucci and handbags from Hermès.

She's a lady

Like her own collection of dresses, Victoria's signature style is both figure hugging and chic. Opt for either a fitted pencil style dress or a tailored shift dress to get that classic Mrs Beckham style. Pair with stiletto heels for maximum glamour.

NEXT



NEXT



DOROTHY PERKINS



ASOS



DOROTHY PERKINS



The little black dress

Whether it's a little black dress or a floor length version, Mrs Beckham knows how to work it. Black is flattering on any woman—it is slimming and classic and can work for almost any occasion. To get Victoria's red carpet look, opt for a long, slim fitting black dress with either full length sleeves or cut off sleeves.

The key to any of Victoria's looks is to highlight and accentuate your waistline, so make sure you add a belt.

To add a little colour and sparkle, wear a large cocktail ring with an emerald stone.

NEXT



DEBENHAMS



Preppy chic

Mrs Beckham has set many a trend throughout the years and experimented with varying hairstyles and looks. However, her current, classic and elegant look is most definitely our favourite to date. Pair a schoolgirl style skirt with a Peter Pan collared sweater and killer round-toe boots to emulate Victoria's college prepster look.

style

The Beckhams



Off-duty Dad

When Becks isn't on the football pitch, his daily attire is more laid-back and suitable to his role as a father. The footballer opts for distressed jeans, a crisp white shirt and a snugly cardigan. To get David's style, pair light denim jeans with brown buckle shoes, a plain shirt and layer with a sweater or casual, lightweight cardigan.

Taking note from his glamorous wife, David Beckham has followed in her fashion footsteps by recently launching his own bodywear collection for H&M. The footballer has always had an interest in fashion, however, as well as modelling for Emporio Armani.

Athletic influence

Gone are the days when David would stroll around in matching outfits to Victoria or head-to-toe tracksuits. To get his look, wear a vest under a plain shirt with denim jeans and a brown belt for a relaxed style.



FASHION OPINION

GEMMA MATTHEWMAN
DUBAI PARTY QUEEN



Shirty chic this Ramadan

With Ramadan now upon us, it's time to be particularly respectful about what we wear. Dressing conservatively can often be perceived as wearing clothes that are far from fashionable and anything but flattering. However, this year there's a summer outfit that is both conservative and chic, ticking all the boxes for Ramadan.

Spotted on the catwalks of House of Holland and Jil Sander, the shirt dress appears to be making a comeback and is now an essential buy this year. Of course, the queens know the shirt dress is nothing new on the fashion radar, but it seems to be taking on new stylish shapes and quirky designs, making it the perfect addition to your July and August wardrobe collection.

Sassy buttons from top to bottom and classic thin belts to flatter the waistline make the shirt dress not only trendy in design, but also a good fit for every body shape. Another big hit with this outfit is its versatility. The shirt dress is a smash for both day and night occasions. Adding some dainty flip flops to this outfit make it ideal for daytime escapades, while simply adding a pair of killer heels can jazz this little number right up for any evening events. The covered shoulders and below the knee cuts will also make this an easy pick for Iftar gatherings. There's no doubt, then, that the classic, timeless and elegant shirt dress is sure to make those familiar 'what to wear?' wardrobe dilemmas a thing of the past during this Holy Month of Ramadan.

Odds-on Favourite

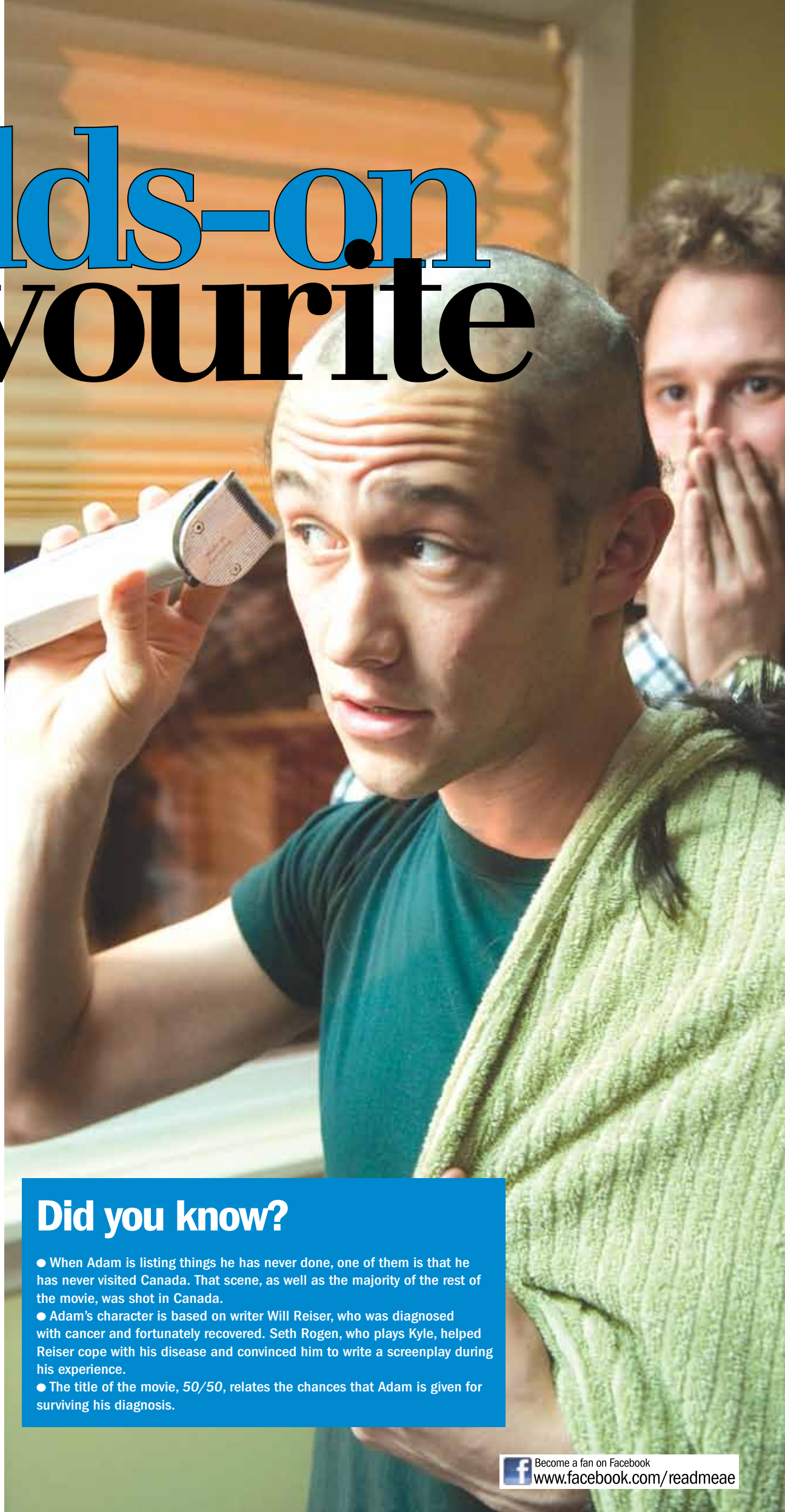
The depression and despair of a life-threatening illness produce comedy of the edgiest kind in *50/50*.

NEW RELEASE

50/50, a feel-good, and then slightly bad, comedy-drama about a young man's fight against cancer, aims to put a tear in your eye and a sob in your throat, if not for long. Certainly the waterworks don't need much plumbing, as might be expected when the 27-year-old Adam (Joseph Gordon-Levitt), a Seattle radio producer, learns that he has a malignant spinal tumour. Shock, grief and bewilderment ensues, as do jokes about barbered body parts and playing the C (as in cancer) card with chicks.

The wisenheimer coaxing those light laughs is Adam's best friend, Kyle, played—and sometimes bellowed—by a shaggy Seth Rogen, with his familiar mix of affability, innocence and vulgarity. As with most of Rogen's characters, Kyle is really only guilty of coarse manners and of being a puppyish hound, which in the bromance world is a natural state of grace, close to a benediction. Like all bromance dudes, Kyle is the kind of decent guy that every other decent guy wants to have at his side, especially if the woman occupying that spot is as uptight as Adam's girlfriend, Rachael (Bryce Dallas Howard). She paints abstract canvases and isn't exactly attentive, so you can guess where that's headed.

Most of the rest of the signposts are as obviously planted. Directed by Jonathan Levine (*The Wackness*), *50/50* was written by Will Reiser, who based it on his own experiences with spinal cancer (he and Rogen became friends while working on the satiric television



Did you know?

- When Adam is listing things he has never done, one of them is that he has never visited Canada. That scene, as well as the majority of the rest of the movie, was shot in Canada.
- Adam's character is based on writer Will Reiser, who was diagnosed with cancer and fortunately recovered. Seth Rogen, who plays Kyle, helped Reiser cope with his disease and convinced him to write a screenplay during his experience.
- The title of the movie, *50/50*, relates the chances that Adam is given for surviving his diagnosis.

series *Da Ali G Show*, and Reiser no longer has cancer). When the story opens, Adam is settling into domesticity with Rachael (he's cleared a drawer for her in his apartment) and together with Kyle is working at a radio station. The two men do toil—you see Adam briefly labouring over a story about a volcano—but their jobs mostly register as afterthoughts, narrative rationales for their cars and homes.

A persistent pain in his back sends Adam to the doctor where he soon receives his grim diagnosis, his disbelief no match for the coolly delivered, frightening-sounding medical terms that rush over him like darkness. Within seconds he has crossed into the land of the sick, a place that the filmmakers try to portray with real, difficult feeling while also making it as cosy and finally unthreatening as possible. It's a tough balancing act, one that Levine and Reiser struggle with as they—along with Kyle's crude cutup and Adam's tragic figure—keep

toggling between the film's genuinely funny bits and those scarier, heavier interludes. Then Anna Kendrick, as Katherine, a 24-year-old therapist assigned to Adam, shows up and makes everything better.

The likeable Gordon-Levitt has a thousand ways to look depressed and sick to his stomach, but there's something so recessive about Adam that the character never grabs you as hard as you really need. The problem isn't that he needs to win you over—the diagnosis and Gordon-Levitt's natural appeal put you on Adam's side—it's that neither the actor nor the filmmakers can get under Adam's skin, despite all the close-ups and the moodily shot scenes.

Other dividends include Anjelica Huston as Adam's mother, the great Philip Baker Hall as a cancer-afflicted self-medicator, but best of all is Kendrick (familiar as George Clooney's foil in *Up in the Air*), whose superb comic timing lifts the movie, and you. ●



KENDRICK'S ROLE AS ADAM'S THERAPIST LIFTS THE MOVIE

A-Z OF MOVIES

“S” is for sibling rivalry



They may be brothers and sisters in real life, but in the acting world, sibling actors are often fierce competitors. Sometimes they're even up for the same roles. Jake Gyllenhaal admits that he and his sister Maggie compete with one another in their shared career choice.

The pair acted together playing warring siblings in Richard Kelly's *Donnie Darko* in 2001. The idea of competition, particularly in a creative atmosphere, is always there. While Jake has gone on to star in a host of hits like *Jarhead*, *Rendition* and *Source Code*, Maggie has paved her own path to success with starring roles in *Adaption*, *The Dark Knight* and *Crazy Heart*. Others seem to ride the

coattails of their siblings, stoking the embers of rivalry. Chris and Liam Hemsworth, Matt and Kevin Dillon, Joseph and Ralph Fiennes, the Olsen twins and their younger sister Elizabeth—the list is endless.

As Gyllenhaal says of his sister, “I have been with her since the beginning of my life, so there is always going to be a great bond, and always a little competition.” So, what could play out as a battle for control of our cinema money is, in fact, nothing more than that love/hate sibling relationship we all endure. In the end, we benefit with, more often than not, two great performers for the price of one.

“In the end, we benefit with, more often than not, two great performers for the price of one”

Bollywood news

Ignorance is bliss for Oprah

Oprah Winfrey isn't as well educated on India as she pretends to be, in spite of her new show being called *Oprah's Next Chapter: India*. On a recent visit to the slums of Mumbai, she asked inappropriate and insensitive questions proving she really hadn't researched for her latest foray into television.



Bailing out of Bollywood

A year on from his release on bail for an alleged assault, actor Shiney Ahuja has yet to climb back to the starring roles he became accustomed to after *Hazaron Khwaishein Aisi*. It has been suggested that he was offered a role in *Barfi*, but turned it down as it was nothing more than a brief cameo, and he would have to play second fiddle to rising star Ranbir Kapoor.

Pay your own way

In an effort to curtail the cost of production, vice president of the Film and TV Producers Guild Mukesh Bhatt wants actors to cover the cost of their own staff—meaning anything from their drivers to hair stylists and make-up artists. As several stars have already agreed to this in principal, it could be in practice by next week.

Listings

THE READ. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.



THE DECOY BRIDE

MOVIE GUIDE

Grand Cineplex - Wafi

The Amazing Spiderman - 10:40, 13:20, 16:00, 18:40, 21:20, 00:00
Bol Bachchan - 11:15, 14:15, 17:15, 20:15, 23:15
Choose - 10:30, 12:30, 14:30, 16:30, 18:30, 20:30, 22:30, 00:30
Cocktail - 11:00, 12:30, 14:00, 15:30, 17:00, 18:30, 20:00, 21:30, 23:00, 00:30
Dancing Ninja - 12:45, 16:45, 20:45, 00:45
The Decoy Bride - 20:10, 22:00, 23:50
The Dragon Pearl - 11:15, 13:15, 15:15, 17:15, 19:15, 21:15, 23:15
Girl In Progress - 14:45, 18:45, 22:45
Ice Age 4 - 11:10, 13:00, 14:50, 16:40
Kyaa Super Kool Hain Hum - 10:40, 13:20, 16:00, 18:40, 21:20, 00:00
Madagascar 3 - 11:00, 12:50, 14:40, 16:30, 18:20
Red Lights - 23:00, 01:00
Think Like A Man - 19:00, 21:30, 00:00
Tinkerbell (3D) - 11:00, 13:00, 15:00, 17:00, 19:00, 21:00
Woman In The Fifth - 11:30, 13:30, 15:30, 17:30, 19:30, 21:30, 23:30, 01:30

Grand Megaplex - Ibn Battuta

The Amazing Spiderman - 10:50, 13:30, 16:10, 18:50, 21:30, 00:10

The Amazing Spiderman (3D) - 14:15, 19:45, 01:15
The Avengers - 11:30, 17:00, 22:30
Bol Bachchan - 10:30, 13:30, 16:30, 19:30, 20:30, 22:30, 23:30
Choose - 10:30, 12:30, 14:30, 16:30, 18:30, 20:30, 22:30, 00:30
Cocktail - 10:00, 10:30, 13:00, 16:00, 16:30, 19:00, 20:15, 22:00, 22:30, 23:15, 00:50
Dancing Ninja - 11:30, 13:30, 15:30, 17:30, 19:30, 21:30, 23:30, 01:30
The Decoy Bride - 12:00, 13:50, 15:40, 17:30, 19:20, 21:10, 23:00, 00:50
The Dragon Pearl - 11:15, 13:15, 15:15, 17:15, 19:15, 21:15, 23:15, 01:15
Gangs Of Wasseyapur - 13:30, 19:30, 01:30
Girl In Progress - 10:30, 12:30, 14:30, 16:30, 18:30
Ice Age 4 - 11:30, 13:30, 15:30, 17:30, 19:30, 21:30, 23:30
Kyaa Super Kool Hain Hum - 10:40, 13:20, 16:00, 18:40, 20:30, 21:20, 23:10, 00:00
Madagascar 3 - 10:30, 12:30, 14:30, 16:30, 18:30
Red Lights - 11:30, 13:45, 16:00, 18:15, 20:30, 22:45
Snow White & The Huntsman - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30
Spirit - 11:30, 14:30, 17:30
Think Like A Man - 11:30, 14:00, 16:30, 19:00
Tinkerbell (3D) - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
Ustad Hotel - 10:30, 13:30, 16:30, 19:30, 21:15, 22:30, 00:15
Woman In The Fifth - 11:30, 13:30, 15:30, 17:30, 19:30, 21:30, 23:30

Grand Cinemas - Festival City

The Amazing Spiderman - 10:40, 13:20, 16:00, 18:40, 21:20, 00:00
The Amazing Spiderman (3D) - 12:20, 15:00, 17:40, 20:20, 23:00, 01:40
Choose - 10:30, 12:30, 14:30, 16:30, 18:30, 20:30, 22:30, 00:30
Cocktail - 11:00, 14:00, 17:00, 20:00, 23:00
The Decoy Bride - 20:10, 22:00, 23:50
The Dragon Pearl - 11:15, 13:15, 15:15, 17:15, 19:15, 21:15, 23:15, 01:15
Ice Age 4 - 10:30, 12:30, 14:30, 16:30, 18:30, 20:30, 22:30, 00:30
Kyaa Super Kool Hain Hum - 10:40, 13:20, 16:00, 18:40, 21:20, 00:00



THE AMAZING SPIDERMAN

13:20, 16:00, 18:40, 21:20, 00:00
Madagascar 3 - 11:00, 12:50, 14:40, 16:30, 18:20
Think Like A Man - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00
Tinkerbell (3D) - 11:00, 12:50, 14:40, 16:30, 18:20, 20:10, 22:00, 23:50
Woman In The Fifth - 11:30, 13:30, 15:30, 17:30, 19:30, 21:30, 23:30

Grand Cinecity - Al Ghurair

The Amazing Spiderman - 10:40, 13:20, 16:00
Bol Bachchan - 18:40, 21:40, 00:40
Choose - 10:30, 12:30, 14:30, 16:30, 18:30, 20:30, 22:30, 00:30
Cocktail - 10:00, 13:00, 16:00, 19:00, 22:00, 00:50
The Dragon Pearl - 11:15, 13:15, 15:15, 17:15, 19:15, 21:15, 23:15
Kyaa Super Kool Hain Hum - 10:40, 12:20, 13:20, 15:00, 16:00, 17:40, 18:40, 20:20, 21:00, 21:20, 23:00, 23:55, 00:00
Tinkerbell (3D) - 11:00, 12:50, 14:40, 16:30, 18:20
Ustad Hotel - 10:45, 13:30, 16:15, 19:00, 21:45, 00:30

Grand Mercato

The Amazing Spiderman - 10:40, 13:20, 16:00, 18:40, 21:20, 00:00
Bol Bachchan - 14:15, 20:15
Choose - 10:30, 14:30, 18:30, 22:30
Cocktail - 11:15, 17:15, 23:15
The Decoy Bride - 20:10, 22:00, 23:50
The Dragon Pearl - 11:15, 13:15, 15:15, 17:15, 19:15, 21:15, 23:15
Ice Age 4 - 11:10, 12:50, 14:40, 16:30, 18:20

16:30, 18:20
Kyaa Super Kool Hain Hum - 10:40, 13:20, 16:00, 18:40, 21:20, 00:00
Tinkerbell (3D) - 11:00, 12:50, 14:40, 16:30, 18:20, 20:10, 22:00, 23:50
Woman In The Fifth - 12:30, 16:30, 20:30, 00:30

Vox Cinemas - Deira City Centre

The Amazing Spiderman (3D) - 10:00, 10:15, 13:00, 15:45, 18:30, 21:15, 00:00, 00:45
The Avengers (3D) - 21:30, 00:30
Bol Bachchan - 20:15, 23:30
Choose - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15
Cocktail - 10:00, 12:00, 11:50, 18:00, 21:00, 00:00, 01:00
Girl In Progress - 10:15, 14:30, 18:30, 22:30
Horrid Henry (3D) - 12:00, 16:00
Ice Age 4 (3D) - 09:45, 11:45, 13:45, 15:45, 17:45, 19:45
Kyaa Super Kool Hain Hum - 10:30, 11:30, 13:15, 14:15, 16:00, 17:00, 18:45, 19:45, 21:30, 22:30, 00:15
Madagascar 3 (3D) - 10:45, 12:45, 14:45
Pirates: Band Of Misfits - 10:00, 14:00, 18:00
Tinkerbell (3D) - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00
Urban Explorer - 10:30, 12:30, 16:30, 20:30, 00:30
Ustad Hotel - 14:45, 17:45, 20:45

Vox Cinemas - Moe

The Amazing Spiderman (3D) - 15:15, 18:00, 20:45, 23:30

SCHEDULE CORRECT AT TIME OF
GOING TO PRESS; HOWEVER, PLEASE
NOTE THAT MOVIE THEATRES CAN
CHANGE SCHEDULES WITHOUT NOTICE



KYAA SUPER KOOL HAIN HUM

Choose - 20:45, 22:45, 00:00, 00:45
The Decoy Bride - 12:15, 14:15,
 16:15, 18:15, 20:15, 22:15, 00:15
The Dragon Pearl - 10:00, 12:00,
 14:00, 16:00, 18:00, 20:00, 22:00
Girl In Progress - 11:30, 13:30, 15:30,
 17:30, 19:30, 21:30, 23:30
Horrid Henry (3D) - 12:00, 16:00
Ice Age 4 (3D) - 10:15, 12:15, 14:15,
 16:15, 18:15, 20:15
Kyaa Super Kool Hain Hum - 10:30,
 13:15, 16:00, 18:45, 21:30, 00:15
Madagascar 3 - 10:45, 12:45, 14:45,
 16:45, 18:45
Men In Black 3 (3D) - 22:15, 00:30
Pirates: Band Of Misfits - 10:00,
 14:00, 18:00
Snow White & The Huntsman - 10:00,
 15:00, 20:00, 22:30, 01:00
Tinkerbell (3D) - 10:30, 12:30, 14:30,
 16:30, 18:30, 20:30, 22:30
Woman In The Fifth - 11:45, 13:45,
 15:45, 17:45, 19:45, 21:45, 23:45

Vox Cinemas - Mirdif City Centre

The Amazing Spiderman (3D) - 11:00,
 13:45, 16:30, 19:15, 22:00, 23:45
Choose - 10:30, 12:30, 14:30, 16:30,
 18:30, 20:30, 22:30, 00:30
Cocktail - 19:00, 22:00
The Decoy Bride - 10:45, 12:45,
 14:45, 16:45, 18:45, 20:45, 22:45,
 00:45
Game Over - 00:15, 01:00
Horrid Henry (3D) - 12:00, 16:00
Ice Age 4 (3D) - 10:15, 12:15, 14:15,
 16:15, 18:15, 20:15, 22:15
Kyaa Super Kool Hain Hum - 10:30,
 13:15, 16:00, 18:45, 21:30, 00:15
Madagascar 3 - 10:30, 12:30, 14:30
Pirates: Band Of Misfits - 10:00,
 14:00, 18:00
Tinkerbell (3D) - 09:45, 11:45, 13:45,
 15:45, 17:45, 19:45, 21:45

Reel Cinemas - Dubai Mall

The Amazing Spiderman - 14:00,

15:00, 17:05, 18:00, 20:00, 21:00,
 23:30, 00:05
The Avengers - 14:15, 17:15, 20:15,
 23:15
Chernobyl Diaries - 16:45, 18:45,
 20:45, 22:45, 00:45
Choose - 15:30, 17:30, 20:30, 22:30,
Cocktail - 18:10, 21:10, 00:15
The Decoy Bride - 17:00, 19:00,
 21:00, 23:00, 00:55
The Dragon Pearl - 14:10, 16:15,
 18:20, 20:25, 22:30, 00:35
The Hangover: Part 1 - 14:50, 17:00,
 19:10, 21:20, 23:30
Ice Age 4 - 13:50, 16:05, 18:10,
 20:15, 22:20, 00:25
Kyaa Super Kool Hain Hum - 16:00,
 18:45, 21:30, 00:20
Madagascar 3 - 15:00, 17:00, 19:00,
 21:00, 23:00, 00:55
Prometheus - 16:55, 19:35, 22:20
Rock Of Ages - 16:40, 19:15, 21:50
Sherlock Holmes - 16:10, 18:50,
 21:30, 00:10
Think Like A Man - 14:20, 16:50,
 19:20, 21:50, 00:20
Tinkerbell (3D) - 14:05, 16:15, 18:25,
 20:35, 22:45, 00:50
Woman In The Fifth - 15:00, 17:00,
 19:00, 21:00, 23:00, 00:55

Reel Cinemas - Marina Mall

The Amazing Spiderman - 16:00,
 19:00, 22:00, 00:50
The Decoy Bride - 15:30, 17:30,
 19:30, 21:30, 23:30
Ice Age 4 - 15:35, 17:50, 20:00,
 22:05, 00:15
Think Like A Man - 15:10, 17:40,
 20:10, 23:00
Tinkerbell (3D) - 15:05, 17:15, 19:25,
 21:35, 00:05
Woman In The Fifth - 15:00, 17:00,
 19:00, 21:00, 23:00, 00:55

TO FEATURE YOUR EVENT,
EMAIL EDITORIAL@README.AE

What's happening this week in Dubai



Festival Centre's Ramadan activities

Join in with the various Ramadan activities on offer for all the family to enjoy at Dubai Festival Centre.

Date: July 20 - August 18

Duration: 30 days

Audience: Public

Category: Cultural Celebration, entertainment

Venue: Festival Centre, Dubai Festival City

Admission: Free

Telephone: 04 425 4900



Cultural Iftar at SMCCU 2012

Date: July 22 - August 22

Duration: 25 days

Audience: Public

Category: Cultural celebration

Venue: Bastakiya, Old Town

Admission: Dh135

Telephone: 04 353 6666

Al Multaqa - 11th Ramadan Forum

This year's edition of the annual Al Multaqa Ramadan forum sees a host of eminent scholars speaking about Islam and the Holy Month of Ramadan.

Date: July 24 - August 4

Duration: 12 days

Audience: Public

Category: Cultural celebration

Venue: Al Twar Ramadan Tent, Al Twar 2, Opposite Dubai Airport Free Zone, Al Quds St, behind ENOC

Admission: Free



Dubai Sports World 2012

Don't miss your chance to get active this summer and register in one or several sports activities at Dubai Sports World.

Date: June 8 - August 31

Duration: 2 months 25 days

Timings: 10am

Audience: Public

Category: Sports

Venue: Dubai World Trade Centre

Admission: Rates vary depending on the activities

Telephone: 04 308 6332

Modhesh World 2012



Modhesh World is the best destination for family entertainment during the summer in Dubai.

Date: June 14 - August 25

Duration: 2 months 13 days

Audience: Public

Category: Entertainment

Venue: Dubai World Trade Centre

Admission: Entry ticket is Dh10 for children and adults, free for children below two years.

Ramadan in Dubai 2012



The Holy Month of Ramadan is one of the most important and reflective times in the Islamic calendar.

Date: July 20 - August 18

Duration: 30 days

Audience: Public

Category: Cultural celebration

Ramadan Majlis 2012



Friends and family can come together to enjoy Dubai World Trade Centre's annual Ramadan Majlis.

Date: July 20 - August 19

Duration: 1 month 1 day

Timings: 8pm - 3am

Audience: Public

Category: Cultural celebration

Venue: Dubai World Trade Centre

Admission: Free entry

Telephone: 04 306 4000

A rhythmic tradition

The Holy Month of Ramadan provides the perfect time to immerse yourself in the UAE's local culture.



TRADITION IS IMPORTANT TO THE LOCAL CULTURE

TRADITIONAL DANCE

The UAE enjoys a strong tradition of music and dance which, through the ages, has played a vital role in many aspects of its people's lives. Songs were composed to accompany different tasks, from hauling water at the well, to diving for pearl-oysters out in the Gulf.

As the music was so important to the people, a professional song-leader was kept on the pearling dhows whose job it was to rally the men to work through music and song. The naha'an, as this person was known, would launch into song and all the sailors would join in as they worked. Each song had a rhythm for a particular task and, like the sea-shanties of western sailors, the music became an inspiration for good team-work.

In the evenings men would meet around a fire in the desert to exchange stories and recite poetry. Singing and dancing also took place during the celebrations and many of the songs and dances, handed down from generation to generation, have survived to the present day. Young girls would dance by swinging their long black hair and swaying in time to the strong beat of the music as

men would re-enact battles fought or successful hunting expeditions, often symbolically using sticks, swords or rifles.

Al Yolla is the most popular battle scene dance in UAE culture. It's performed by a group of men using their sticks, swords or sometimes rifles. With rhythmic stepping to the beats of traditional musical instruments like the doumbek, which is made of ceramic and goatskin, and the oud—a stringed instrument.

The Yolla dance is still performed at many weddings and special occasions where the men form two or four rows, alternating their forward and backward steps to symbolise victory and defeat.

The Aarda is the most typical of the dances performed by the Arab people and is practised with variations throughout the Arabian Peninsula. In the UAE, however, the local version is called the Iyala. The Iyala is still organised to represent a battle, and is usually performed in groups of no less than 25 people. The battle formation can be expanded considerably, with up to 200 enthusiastic dancers participating. The higher the number of dancers, the better, as the Iyala should ideally present quite a spectacle.

“The unique cultural heritage of the UAE will be preserved by its proud custodians for generations to come.”

The variety of traditional dances in the UAE demonstrates that the country possesses a great richness of heritage. The rapid modernisation of the nation does indeed pose some threat to its traditions, but anyone who has witnessed the spontaneous and spirited traditional dances at local gatherings will know that the unique cultural heritage of the UAE will be preserved by its proud custodians for generations to come. ●



EVEN FAMOUS SPORTING STARS CAN'T HELP BUT BE CAPTIVATED BY THE YOLLA



Royal spirit

★★★★★ The Rolls Royce Ghost may be small compared to its other family members, but it is perfectly formed.

There can be fewer car names as instantly recognisable as Rolls Royce. Since its inception, the brand and that famous flying lady has stood for quality, engineering and luxury. It always has been and still remains a car of kings, queens, leaders and despots the world over. If you want the ultimate then this is pretty much it.

Despite constantly producing some of the world's best cars, the company itself had its fair share of ups and downs. But with BMW taking over the famous marque in 1998 Rolls Royce's future was secured and the brand got back to doing what it does best; building great cars.

The Ghost is the smallest car in the Rolls range, but don't for a moment think that this is in anyway small. The Ghost is almost 5.4 metres long and weighs in at a massive 2360 kgs, and that's the short

wheelbase version. The extended wheelbase model is both slightly longer and heavier.

The design is nothing short of jaw-dropping. The huge front end is quite a statement, especially with the famous 'Spirit of Ecstasy' flying gracefully ahead of the driver. The high window line gives the car a huge feel before you've even driven it. But despite the bold exterior it's the interior of the Ghost that is the real showstopper.

Even getting in is a drama, as the rear doors open in the opposite direction to the fronts.

They make getting in and out far easier, but it's easy to see why they are known as 'suicide' doors.

Once inside, the sumptuous interior soaks you up and every-



THE INTERIOR IS A SHOWSTOPPER

SPECS

(as tested)

Engine: 6.6 litre V12 Twin Turbo
Power: 563hp@5,250rpm
Torque: 780Nm@1,500rpm
0-100km/h: 4.9secs
Top speed: 250 km/h (Limited)
Price: Dh1.3m

thing is of the highest quality. From the drivers seat, the crafted dials look like the faces of an antique grandfather clock and the smooth black trim reminds you of a grand piano.

One extra delight is the Rolls Royce umbrellas hidden in the doors, ready to be popped out by the driver should a sudden shower catch you out on the way to the latest red carpet event.

The other joy of the Ghost is hidden under the massive

bonnet. The twin turbo V12 delivers its 563 hp like a gas turbine. It never feels like it will run out of acceleration. It's also amazingly smooth and virtually silent.

Despite its size the Ghost isn't as hard on fuel as you'd think. Carmakers across the board are actively trying to lower their impact on the environment and Rolls Royce is no exception. Fuel consumption gets as low as 13.6 litres/100 km and the emissions are around 317 g/km.

The Ghost ticks all the boxes of the luxury car checklist. It's smooth, refined, fast, luxurious, solid and bold. If Mr. Rolls and Mr. Royce were still with us they'd probably be very happy indeed. ●



The fast track to get fired



EMPLOYERS CAN SHOW YOU THE DOOR ALL TOO EASILY



GOSSIP GETS YOU NOWHERE

With the wrong attitude and behaviour, you could be closer to getting fired than you think.

TELL-TALE SIGNS

Most of us usually start our careers with the best of intentions, planning to do all we can in order to succeed. That being said, many employees engage in bad professional practices that can lead them to being shown the way out.

While it may not be fair to get fired because you choose to be friends with certain people, ask for a raise or have issues admitting when you're wrong; it can happen.

Doing the below is a guarantee that you'll be back to chilling on your couch in no time. Akhtaboot lists some of the top reasons—beyond the obvious—that can put you one step closer to being shown the door.

GOING PUBLIC WITH YOUR HATE TOWARDS YOUR BOSS OR COMPANY

Never badmouth your employer on social networks, especially when he or she is one of your online friends! Posting confidential company information, publicising your hate towards your job, or tweeting negative comments about your company are just a few examples of what could easily see you getting fired.

ASKING FOR A RAISE AT THE WRONG TIME

If you want to get fired, ask for a raise before a round of job cuts, and get really mad when they don't give it to you. Asking for a raise or a promotion should be carefully planned. Do your research and know your worth,

“Posting confidential company information, publicising your hate towards your job, or tweeting negative comments about your company could easily see you getting fired.”

both within the company and outside of it and plan the perfect timing to ask for it. Your annual review presents an excellent opportunity to discuss what you've been doing and where your career is headed.

CALLING IN SICK OR TAKING TOO MANY DAYS OFF

It's totally acceptable to take sick leaves when you really need them, but if you take too many at the wrong times it can do you bad in the long run. Calling in sick around major events, ditching the company during high seasons for a few days of sun and dropping work on others' shoulders will give a bad impression regarding your dedication and commitment to the job.

FLOCKING WITH COMPLAINERS, NON-PERFORMERS AND GOSSIPERS

They say that “Birds of a feather flock together”, and that applies to the workplace as well. Even if you're not a bad performer, a complainer or a gossip yourself, you will be associated with those people if you stick to hanging around them.

RESTING ON YOUR LAURELS TOO OFTEN

Getting involved in things that go beyond your job description will prepare you to become a great leader. Get rid of the “It's not my job” attitude. Having this mentality will never get you anywhere; it will only make you look average and will position you as a potential candidate when cuts are made.

TAKING CREDIT FOR OTHER COWORKERS' ACHIEVEMENTS

We have all come across situations where somebody takes credit for something that he or she has not done. One fact remains the same: nobody likes a freeloader. If you don't have an original thought to present and prefer to hitchhike on others' accomplishments, you're likely to find yourself out the door. ● By Akhtaboot – the career network (www.akhtaboot.com)

Post-it

To place your ad please email
advertising@readme.ae

JOBS AVAILABLE

US-based multinational company operating in 40+ countries, offering part-time/weekend/after office hours. For working professionals, business persons, housewives, students. Minimum criteria required: graduate, valid residency, good command over English. Also must be willing to spend time on the internet. Call 0529478934.

Insurance advisors required for a reputed insurance company. Full/part-time positions available. Compensated with a fixed salary + commissions. Visa will be provided by the company. Send CV to vivet.menezes@alfuttaim.ae.

Service crew required for a company that deals with restaurants/food services. Should have experience in similar fields. Send CV to emirates010@yahoo.com/call 043549001.

Hair dresser required for a ladies salon in Dubai. Nationality not specific. Send CV to jobs.beauty@hotmail.co.uk.

Dubai-based company requires a multitasking, energetic balloon artist. Send CV to pcrecruits@yahoo.com, also include sample picture of decor.

Experienced Graphics Designer urgently required for a full-time job in an advertising company. Call 0556949524/ itechc10@gmail.com.

Saleswoman urgently required for a reputed shop in Madina Mall, Dubai. Candidates should be fluent in Arabic. Computer knowledge is a must. Send CV to efive.madinamall@gmail.com.

Female banquet coordinator required for a full-time job. Hotel experience is a must. Arabic/Filipino nationalities .Send CV to bqjobs@yahoo.com.

Female staff required for a woman's beauty salon. Filipinas only. Call 0508331311.

Indian sales executive required for a full-time job in Jafza. Email CV to mcjobs05@yahoo.com.

Female receptionist required for a full-time job at a company. Filipinas only. Call 0552150179.

An international aviation company requires a candidate for the role of airport supervisor. Candidate must have at least 2 yrs experience in the same field. Send CV to hr@uas.ae.

JOBS WANTED

Editor seeks job in an English-language magazine, PR agency, advertising agency, website content provider. Indian, free zone transferable visa, with over 10 years editorial experience in Dubai, working in daily and weekly newspapers and magazines. With D/L. Call 0505274650.

Indian male, MCA degree holder seeks job in software development and admin. 1 yr experience in similar fields. Call 0559010659/email mcashanawaz@gmail.com.

Single Nepalese female seeks full-time job as a secretary or admin. 6 yrs experience in Dubai. Email btamang_2011@yahoo.com.

Indian male seeks job as a caretaker for the elderly and sick. Can take care of daily activities. Fluent in Arabic, English, Hindi and Gujarati. Call 0509412636.

Indian, BSc (Comp application), seeks job in back office work

or in the telecom industry. Call +919371547832/0554160069.

Filipino male, 24, bachelor's degree holder seeks job in retail industry as a sales executive. 3 yrs experience in sales. Fluent in English, Tagalog, Farsi, Urdu, Russian (basic) and Arabic (basic). Good communication skills. Proficient in MS Office. Visa expires August 2012. Email nasserzadeh@gmail.com/call 0558980298.

Indian female seeks promotional job. Have good experience in all types of food products, garments, perfumes, cosmetics and healthy living products. Fluent in English and Hindi. Call 0554627937.

Indian male (BE in Computer Science) seeks job as a sales engineer. 2 yrs UAE experience. Holds valid UAE D/L. Flexible to work in any atmosphere. On employment visa. Call 0559781001/[email yaseenkasarkod@gmail.com](mailto:yaseenkasarkod@gmail.com).

Filipino, male seeks full-time job. 10+ yrs GCC experience in customer service, production, supervision & cashiering. Call 0566789501.

Female, BTech seeks full-time job. 3 yrs experience in administration. On residence visa. Call 0561414629.

Male, 26, MBA, seeks job in human resource/management or marketing/sales. Call 0509910252/ hammadcoolfire@hotmail.com.

Indian female, bachelor's degree holder, seeks full-time job as an HR/admin assistant. 3 yrs experience in sales co-ordination and admin. Knowledgeable in Ms Office. Email shksamreen89@gmail.com/call 0504240832.

Indian female, 28, BSc/diploma in computers seeks job as an admin assistant or receptionist. 3 yrs UAE experience as admin assistant. On husband's visa. Call 056693381.

Filipina, degree holder seeks full time job as an admin assistant/receptionist. 2 yrs experience. Hard worker and fast learner. Call 0567893655/[email jonielynlyne@gmail.com](mailto:jonielynlyne@gmail.com).

Indian female, MSc (Biology) seeks full-time job in agriculture/teaching/tissue culturing/landscaping. Familiar with computers. Good communication skills. On husband's visa. Call 0529458156/email priyanka.vijayan@rediffmail.com.

Pakistani female graduate seeks full-time job. 2 yrs experience in sales and marketing. Call 0502862140/email ahmednadeem011@gmail.com.

MISCELLANEOUS

Kabayan tourist/cancelled visa assistance available. Call 0501149849/email travelteam07@yahoo.com.

Astrology, vastu, palmistry reading available. Call 0558066470/0508408219/043582488 or email vyas75@yahoo.com.

Visa assistance available. For Dubai tourist visa/transit visa 14-30-60 days. At Gulfa Tourism. Call 0558046287.

Henna design available for all occasions in Dubai. Only for Dh60 for both hands. For more information call 0509432891.

AUTO

Toyota Camry, 2008 model for sale. White colour. Automatic, Gulf specs. In perfect working condition. Price for Dh42,000. Call 0505887434.

Mitsubishi Lancer GL, 2006 model for sale. Silver colour, 1.3 engine, driven for 110,000km. Automatic, comes with new battery, timing belt, tyres and wheel mugs. Price for Dh17,000. Price can be negotiated. Email more_aragon@yahoo.com.

Toyota Camry, 2006 model for sale. XLI, fully automatic, driven for 150,000km, white colour, remote key. In excellent condition. Dubai registration. Near Talal supermarket, Hor Al Anz, Dubai. Call 0556796008.

ITEMS

Microsoft genuine software available for sale. Full Version, DVD + key, in original seal, special promotion. Office 2010 Pro, Office 2011 Mac, Office 2008 Mac. (Items are for personal use and non-commercial). Price for Dh280. Wholesale available. Call 042555328.

Excellent NLP (Neuro Linguistic Programming) CD courses available for sale. Price for only Dh250. Interested parties call 0552757453.

Brand new wooden sofa set available for sale. 6-seater. All new material. Located in Oud Metha. Call 0509505977.

Magrudy Oxford's first dictionary available for sale. Compiled by Claire Kirtley, illustrated by Georgie Birkett, paperback, colorful pictures. For Dh45. Call 0557277085.

Continental wristwatch available for sale. Quartz, rectangular with date display, black leather strap. For Dh275. Call 0557277085.

Du mobile broadband internet available for sale. Key 7.2 mbps, 2GB including memory capacity. In good condition comes with prepaid data SIM card. Price for Dh200 only. Call 0504687423.

SERVICES

Keralite Ayurvedic massage services available in Dubai. Home services also offered. Call 0556372637.

Babysitting services available. Located in the OPC area, Bur Dubai. Call 0508057846/0502101329.

Home tutoring lessons available. By Indian female teacher. Well experienced. Teaches all subjects including accounting, economics, business, etc. up to the 10th grade. Call 0509412332.

Home tutoring lessons available. By experienced Indian female teacher. Teaches all levels and all grades including Hindi. Call 0554627937.

Car lift services available. Starting from Deira/Rashidiya to Karama/Sheikh Zayed Road. Sunday to Thursday. From 7.30am in Deira and 7.45am in Rashidiya. Call 0507488128.

Private skate instructor available. 10 yrs teaching experience. From ages 7 and above. Call 0502075947.

Experienced freelancer editor/writer available. Ability to handle assignments ranging from proof reading, editing, web content provision, product descriptions, academic articles, press releases and more available. Call 0509501851.

Tailoring services available. For ladies/gents. It includes stitching work. Done at home at a reasonable rate. Call 0551566070.

Babysitting services available. Located at Al Nahda 1, Al Qusais behind Sahara Centre. On weekdays from 7.30am to

5.30pm. Also available on weekends (Friday/Saturday) from 8am onwards. Call 0566757422.

Babysitting services available in executive towers near Business Bay metro station. With an experienced Indian female. Timings from 8am to 6pm. Sunday to Thursday. Call 0562040297/0501172019.

ACCOMMODATION

Bed space available for rent. Indian bachelors only. Located near Al Nahda, NMC Medical Hospital. Internet, swimming pool, gym, kitchen and parking facilities also available. Rent for Dh500 + DEWA. Call 0503448414, 0502250695, 0502887520.

Room available for rent. Executive bachelors only. Located near Meena Bazaar. Call 0557284528.

Furnished studio available for rent. Keralite/Tamil families only. Offered for 1 to 2 months. Rent for Dh1,500 + DEWA. Located in International City. Call 0567517371.

Furnished room available for rent. Keralite families only. Comes with many other facilities. Starting from August 25 to September 26. Located in Al Shaab Colony near Abu Hail metro station. Call 0559458343.

4 bed spaces available for rent. To be shared with 4 other bachelors. Located near Satva bus stop. Comes with attached bathroom and kitchen. Rent for Dh600 including W/E. Call 0556932581.

Bed space available for rent. Filipinas only. Located behind RAK Bank, Bur Dubai, near Khalid Bin Waleed metro station. Comes with kitchen, pool & gym-sauna. Starting from 1st of August. Rent for Dh600 plus DEWA. Call 0506789013.

3 bedroom apartments available for rent. Located on Sheikh Zayed Road near DIFC metro station. Call 0558132025.

Room available for rent. Bachelors only, located in Karama, opposite G-mart. Call 0505987967.

Accommodation available for rent. Indian executives only. To be shared with another person. Located in Bur Dubai, opposite Royal Ascot Hotel. Call 0501760780.

Bed space available for rent. Kabayans only. Gender not specific. Located in Al Karama. Walking distance to metro station, Al Manama, Sunrise and LuLu Hypermarket. Rent for Dh450 with free Wi-Fi and TFC. Call 0559294435.

Bed space available for rent. Filipinos only. Gender not specific. Located near Union metro station opposite Al Ghurair. Rent for Dh500, free DEWA. Wi-Fi to be shared. Call 0552457706/0504967615.

Furnished studio available for rent. Located near Al Ghurair city. Monthly basis rent. Short term lease. Call 0562341810.

Furnished room available for rent. Comes with attached bathroom. Families only. Located near Abu Hail clinic, opposite Hamriya Ladies Park, Dubai. Call 0559198415, 0505944043.

Spacious bedroom available for rent. Keralite ladies/couples only. Comes with bathroom and built-in cupboards. Located in Al Ghusais, LuLu Village. Call 0552634810.

Furnished bed space available for rent. Starting July 1st. Located near Bank Street, Bur Dubai. Call 0502867570.

Bed space/room available for rent. Arab nationals only. Located in Baniyas Square, near Day to Day market. Call 0509954979.

Furnished bedroom available for rent. South Indian families only. Located in Yarmook, Sharjah, near Gold Center. Call 0559279691.

Bed space available for rent. Keralite bachelors only. Located near Al Musallah roundabout. Call 0508913709/0501192852/0509110727.

Bed space available for rent. Executive Indian bachelors only. Clean and neat master bedroom. Located near Al Rigga metro station. Kitchen and washing machine accessibility. Call 0557173134.

3 bedrooms available for rent in an independent villa in Benaulim, near Colva Beach Maria Hall, Goa, India. Call 00919423308558 or 0503585213.

Partitioned bed space available for rent. Filipinos only. Located in Al Kuwait building, Maktoum road near Al Ghurair Center. Call 0507063737.

Furnished independent bedroom available for rent. Executive men only. To be shared with a Catholic family. Located in Karama. Call 0506789045.

Wanted: 1 studio flat. For a Muslim family. Should be very close to metro station & supermarket/hypermarket. Call 0558625241/email mohammedbilalnm@yahoo.com.

Spacious family space available for rent. Located in Deira, near Salah Al Din metro station. Comes with balcony, kitchen, and separate bathroom. Rent at reasonable price. Call 0554364947.

Partition available for rent. Filipinos only. Located in front of Emirates Towers metro station. Spacious and convenient place. Call 0551158605.

Bed space available for rent. Clean room, free W/E. Refrigerator, kitchen, roof top, separate bath facilities also available. Bangladeshis only. Rent for Dh200. Located near Talal super market, Hor Al Anz, Dubai. Call 0556796008.

4 bed spaces available for rent. To be shared with 4 other bachelors. Located near Satva bus stop. Comes with attached bathroom and kitchen. Rent for Dh600 including W/E. Call 0556932581.

Wanted: Pakistani looking for a bed space located near metro station in JLT, Dubai Marina, Nakheel or Dubai Internet City. Near mosque is preferred. Email industrialchemist@hotmail.com/call 0502985320.

Family room available for rent. Located in Rashidiya near the metro station. Keralites only. Call 0552137341.

Furnished bed space/shared accommodation available for rent. New building. Males only. Walking distance to Al Fahidi metro station. Comes with attached bathroom. Free Wi-Fi. Rent for Dh650 + DEWA. Call 0561922828.

Bed space available for female, located in Al Rigga road, Dubai. Call 0502749466/0502749032.

Furnished room available for rent. Located in Muhaisena 4. Couples or working ladies only. Rent for Dh1,750. Call 0502843581.

3 bed spaces available for rent in BHK. Indian bachelors only. Located near Baqer Mohebi, Rolla Street, Bur Dubai. Starting from 1st of July onwards. Internet, E-vision, gym facilities also available. Call 0504262347, 0553689118.

Signal junctions rise to 412

RTA's high-tech systems adopted for managing traffic in Dubai emirate conform to best international practices.

TRAFFIC

The number of signal junctions in Dubai has increased to 412 junctions, most of which are controlled by the Traffic Control System Centre of the RTA.

Engineer Maitha bin Udai, CEO of the RTA's Traffic and Roads Agency, said that the installation criteria and operational plans of traffic signals conform to clear-cut specifications and standards aligned with the latest international practices of traffic systems. She also stated that the agency sought the assistance of specialised international firms to review and evaluate the performance of traffic signals.

She stressed that the number of signal junctions increased recently to 412, adding, "The RTA is currently working on an integrated project to synchronise and upgrade databases for 180 main signalised junctions, where 60 of them will be completed by the current year, and 120 next year". Bin Udai also said that the implementation of the project was in response to recommendations concluded in a traffic study con-



MAITHA BIN UDAI

ducted by the RTA to improve the performance of traffic signals in the emirate, noting that the experimental studies conducted on some junctions in Dubai showed that the trip time

dropped by 15 per cent in areas covered by the study and in which the necessary adjustments were made.

"The agency attends to training engineers and operators of the Intelligent Traffic Systems on a number of traffic plans for synchronising the timing of traffic lights, where such plans may, at some junctions, reach six different plans for a single traffic light per day, depending on peak hours and frequency of congestion in roads leading to junctions. The agency also trains them on the latest techniques of signal timings, and methods of linking a number of traffic lights. The RTA is keen that the lapse time for all directions should not exceed 240 seconds and that the connected traffic signals should not

"The agency attends to training engineers and operators of the Intelligent Traffic Systems on a number of traffic plans."

exceed 16 signals," bin Udai said. She indicated that the Traffic and Roads Agency has upgraded the capacity of devices operating the signalling system at the control centre in order to manage signal junctions.

"The centre is equipped with the latest version of a data analysis system to analyse information transmitted by sensors. The number of surveillance cameras increased to 240 cameras, and the agency is moving ahead with plans to improve the calibre of traffic services rendered to the public," said bin Udai.

Qatari officials visit RTA centres

DELEGATIONS

The RTA recently received a delegation from the General Directorate of Border, Passport and Expatriate Affairs, at Qatar's Ministry of Interior, to brief them on the best programmes and systems in use at the RTA Call Centre and Dubai Metro Control Centre at Rashidiya, with the aim of exchanging expertise to improve the quality of service.

The delegation was received by RTA Board Member Mohammed Obaid Al Mulla, Director of Customer Service Ahmed Mahboob and several other officials who accompanied the delegation in a tour to the call centre to brief them on the mechanism in place as well as the sophisticated technological systems applied.

Al Mulla praised the visit of the Qatari delegation, citing that it reflected



RTA OFFICIALS BRIEF THE QATARI DELEGATION

the spirit of cooperation and communication between the two sister countries in their quest for realising their common objectives and aspirations for achieving excellence and upgrading the customer service experience to bring it on par with world-class standards.

"During the visit to the call centre,

we shed light on the precise work mechanism in place at the centre, which acts as a link between customers and the RTA. The delegation also reviewed the multiple channels of communicating with the public, such as the toll-free number 800 90 90, e-mail, and fax, among others, which help communicate the voices of

customers to the RTA, be it in the form of suggestions, questions, queries or complaints," stated Al Mulla.

At the Metro Control Centre, the delegation was received by Adnan Al Hammadi, CEO of the Rail Agency, who gave an introductory tour of the centre, which monitors rail traffic to ensure the safety of network users.



I WON'T LET IT HAPPEN

انتبه
takecare

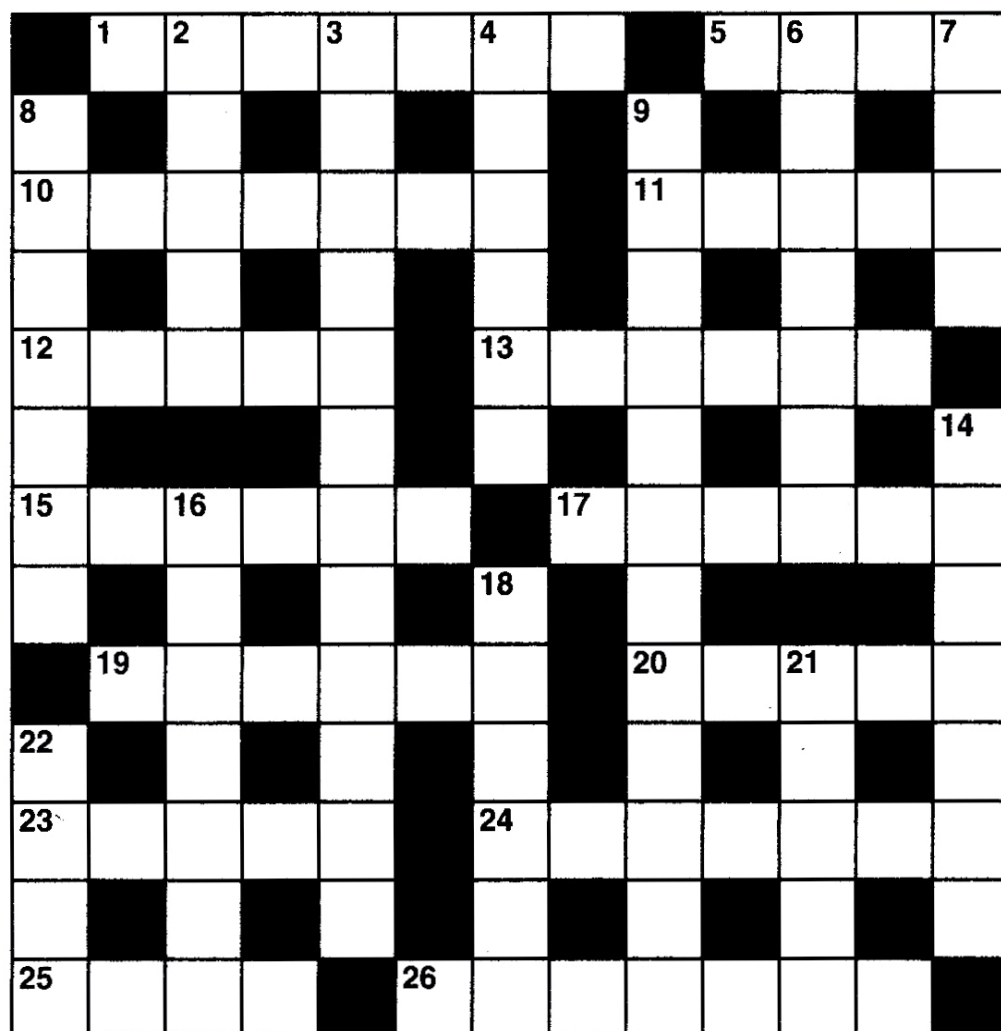
If you're in a car with a person who is speeding, do whatever you can to stop him or her. Or if your spouse refuses to buckle up, don't get into the car. Or if a friend is texting while driving, keep annoying him or her until they stop texting. Don't let an accident happen. A safer road is everyone's responsibility.

Join the community. Take the pledge at www.facebook.com/rtatakecare

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Taking your time

Test your skills with our puzzles or try something new with a recipe.



Crossword

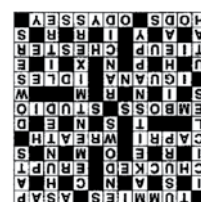
Across

1 Bellies (7) 5 Without delay (inits) (4) 10 Threw away (7) 11 Explode, like a volcano (5) 12 Island in the Bay of Naples (5) 13 Circlet of flowers (6) 15 Decorate with a raised design (6) 17 Artist's workroom (6) 19 Variety of tropical lizard (6) 20 Lazes (5) 23 Truss (3,2) 24 One of the best-preserved walled cities in Britain (7) 25 Brick-carriers (4) 26 Greek epic poem by Homer (7)

Down

2 Wrest power from (5) 3 Be quick! (4,2,6) 4 Gives money towards (6) 6 Diverted (7) 7 Small lumps (of butter) (4) 8 Cold spikes (7) 9 Machines used on construction sites (6,6) 14 Water-diviners (7) 16 Boastful person (3-4) 18 Sour, stale (6) 21 Measure of liquid volume (5) 22 America's Great Salt Lake state (4)

ANSWERS



Recipe

Carrot cake

This tasty treat is perfect for afternoon tea with friends.

Ingredients

3 free-range eggs
3/4 cup buttermilk
3/4 cup vegetable oil
1½ cups white sugar
2 tsp vanilla extract
2 tsp ground cinnamon
1/4 tsp salt
2 cups all-purpose flour
2 tsp baking soda
2 cups shredded carrots
1 cup flaked coconut
1 cup chopped walnuts
1 small can of crushed pineapple with juice
1 cup raisins

Method

1. Preheat the oven to 175 degrees Celsius. Lightly grease and flour a medium size cake tin.
2. In a medium bowl, sift together the flour, baking soda, salt and cinnamon. Set aside for use later.
3. In a large bowl, combine the eggs, buttermilk, oil, sugar and vanilla. Mix well. Add flour mixture and mix well.
4. Using a separate bowl, combine the shredded carrots, coconut, walnuts, pineapple and raisins.
5. Using a large wooden spoon or a very heavy whisk, add the carrot

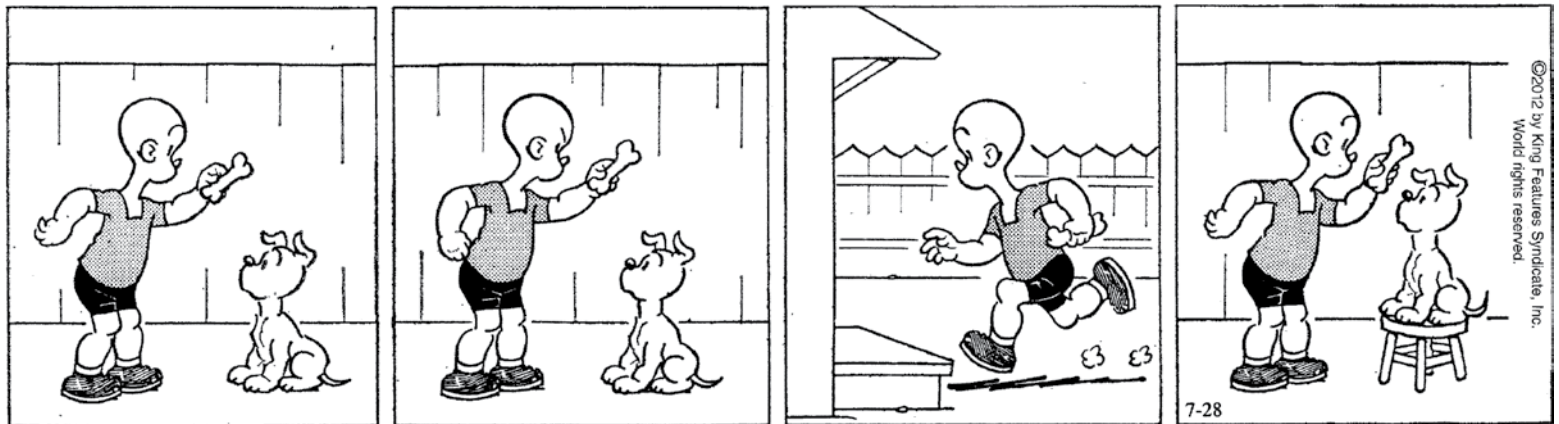
Serves

6



mixture to the batter and fold in well.
6. Pour into the prepared cake tin and bake at 175 degrees Celsius for one hour, until the cake is cooked through.
7. Allow to cool for at least 20 minutes before serving.

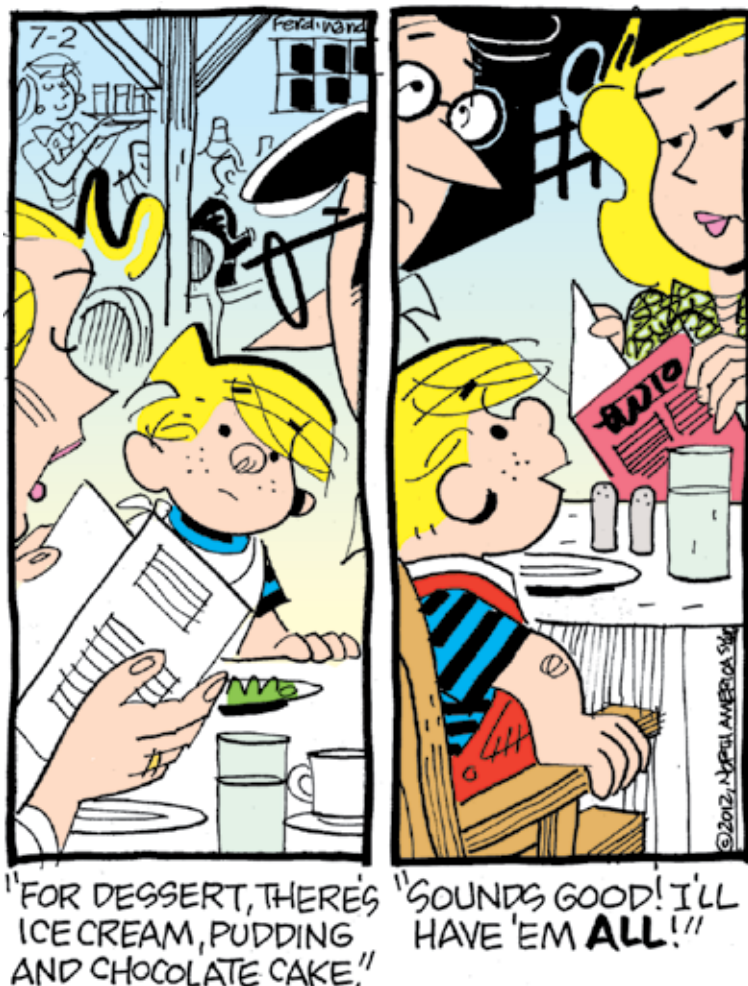
Henry



Spiderman

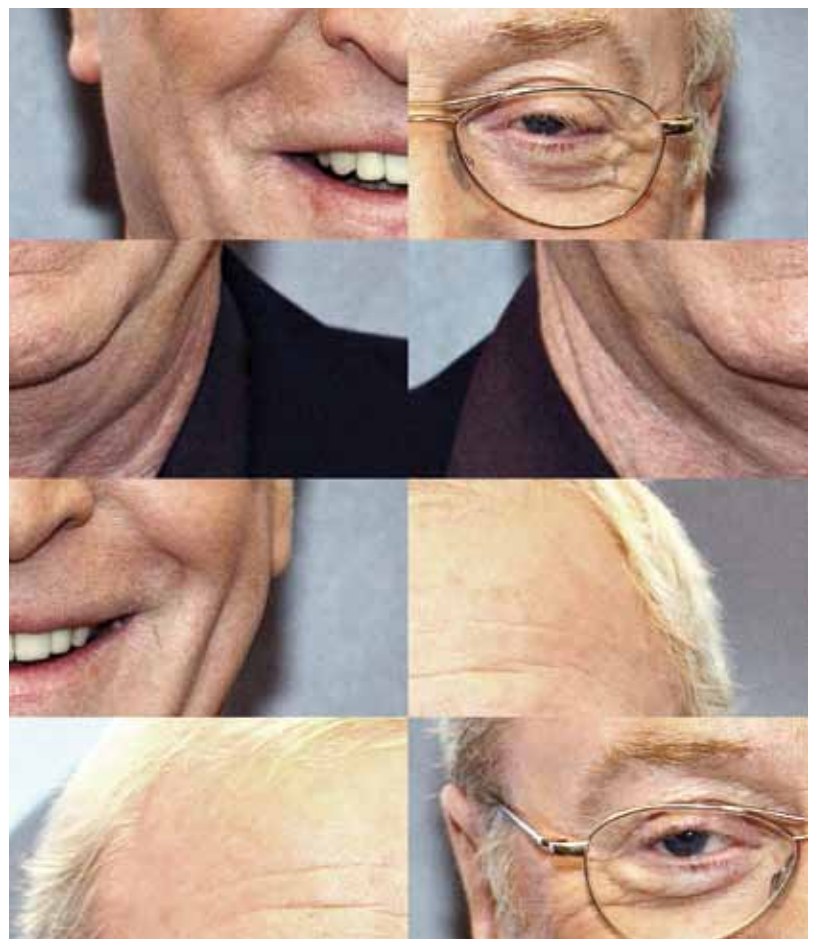


Dennis the menace



Who's this?

ANSWER ON PAGE 34



Puzzles

Arrowword

Insect grub		Indonesian island	Compete eagerly		Dips in the middle	Cry convulsively		Trampling heavily		Right, fitting		In good health
					Pictured actor, Mr Tompkinson							
Undulations of the sea		Snow house						Flexes, cables		Borders, rims		Stale-smelling
					German car make (inits)				Tree liable to disease			
	Broadcasting live (2,3)	Zero score	Mottled							Venomous snake		
									North Sea fuel			
	Blocks		Most fresh									
								Observe furtively				

Sudoku 1

	8	7	4				6	
	6	9	8					
			9			7	1	
		3	7				5	
5				1				2
	7				8	3		
	1	5			9			
					7	9	3	
	3				4	1	8	

Sudoku 2

		8				6		
			9	2	4			
2		1					3	
				6	1			9
	1	5				3	7	
4			2	3				
	5					4		6
			1	8	6			
		7				1		

ANSWERS



SUDOKU 1

9	3	8	7	4			6	
5	6	9	8					
2			9			7	1	
		3	7				5	
5				1				2
	7				8	3		
	1	5			9			
					7	9	3	
	3				4	1	8	

SUDOKU 2

		8				6		
			9	2	4			
2		1					3	
				6	1			9
	1	5				3	7	
4			2	3				
	5					4		6
			1	8	6			
		7				1		

WHO'S THIS? ANSWER - MICHAEL CAINE

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What's in your stars?

The *Read.* astrologer tells you exactly what to expect over the next seven days.

ARIES

(MAR 21 - APR 20)

Life is as complicated as we want to make it, but if your dependence on the opinions and resources of others is preventing you from developing your own self-worth and potential then it may be time to start to break free from some of your chains, physical and psychological.



TAURUS

(APR 21 - MAY 21)

Recklessness with personal relationships or money could start to make your life very complicated. Temptation may come in many disguises, but remember, you can always say no. You may also consider changing your dietary pattern this week.



GEMINI

(MAY 22 - JUN 21)

You could find it difficult to think clearly and objectively this week. It is also possible that your opinions could be misconstrued, or that that you may be working with inaccurate or incomplete information. If so, it might be a good idea to stand back until you're in a stronger position.



CANCER

(JUN 22 - JUL 23)

Keeping certain thoughts and feelings quiet can lead your imagination to blow things out of proportion or even induce an element of fantasy. This is excellent for artistic and creative work, but not something to base important decisions and actions upon.



LEO

(JUL 24 - AUG 23)

You may need to remind yourself that you're made of strong stuff. Whether it's your pride that's been damaged or your heart that's been broken, it's time to try and put some of your recent difficulties behind you. You'll soon be in your element again.



VIRGO

(AUG 24 - SEP 23)

You probably don't feel 100 per cent and your general health and vitality could be low, so this would be a sensible time for some much-needed rest. You may also feel someone else is getting in the way, making it difficult for you to be seen or heard.



LIBRA

(SEP 24 - OCT 23)

Concern over finances may be a distraction and of course, being a Libra, you'll want to consider all your options before making a decision. Try to keep lines of communication open because someone may be misinformed, or perhaps rather economical with the truth.



SCORPIO

(OCT 24 - NOV 22)

You may find you, your work or your actions are in the spotlight in some way at the moment. Since we reap what we sow, some form of recognition and success is likely for you, and you may find yourself thrust into a position of leadership or influence.



SAGITTARIUS

(NOV 23 - DEC 21)

Communication problems or misunderstandings are likely, so take your time before jumping to conclusions or signing on the dotted line. Having to answer to others really isn't your thing. You'd be better off following your own path and destiny now.



CAPRICORN

(DEC 22 - JAN 20)

An important work matter that has required you return to it repeatedly, should soon come to some kind of closure. This should give you the chance to start building bridges, especially if you've been unable to meet all your recent personal commitments.



AQUARIUS

(JAN 21 - FEB 19)

If you've been in dispute about shared resources or finances then it may soon be time to sit down and settle matters. However, make sure you've done your homework first. Even if you have to settle for less than you deserve, you need to move on.



PISCES

(FEB 20 - MAR 20)

You appear to be going through a period of significant—if subtle—change in your life, with a desire to break free from things that feel too conventional, mundane or restrictive. While exciting and challenging, this could probably feel testing at times.



This week's local weather

SUN

29th

HOT
HIGH 43C
LOW 34C
HUMIDITY 41%

MON

30th

HOT
HIGH 43C
LOW 34C
HUMIDITY 46%

TUE

31st

HOT
HIGH 43C
LOW 33C
HUMIDITY 43%

WED

1st

HOT
HIGH 42C
LOW 30C
HUMIDITY 41%

THU

2nd

HOT
HIGH 43C
LOW 31C
HUMIDITY 42%

FRI

3rd

HOT
HIGH 43C
LOW 30C
HUMIDITY 42%

SAT

4th

HOT
HIGH 43C
LOW 32C
HUMIDITY 44%

رمضان كريم

Ramadan Kareem

Get
Etihad Airways Discount Voucher
(AED 500 or AED 1000)
on spend above AED 500

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FREE Dining Vouchers
on spend of AED 300

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AED 149



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- iCloud Cloud Service, iMessage

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AED 2575

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- ARM Cortex A8, 1 GHz
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4 GB

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- Dynamic Contrast Ratio
- Viewing Angle: 178/178
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- USB: 1 Input (Movie, MP3, Photo)
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AED 2149

BEST SELLER

SAVE
AED 189



N5050I34320W7HBBK LAPTOP

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- 4 GB RAM
- 320 GB HDD
- 15.6" Screen

AED 1899

SAMSUNG



SAVE
AED 150

UA32EH4000 32" LED TV

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- USB Movie
- 2 HDMI

AED 1499

PRICE BUSTER

Canon



SX40 DIGITAL STILL CAMERA

- 12 Megapixel
- 35X Optical Zoom
- 10.3 Frames per Second
- 2.7" LCD Screen
- Lithium Battery



AED 1599

SAVE
AED 100



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- Hot & Cold
- With Cup Holder

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AED 299**

SAMSUNG



SAVE
AED 650

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- 1.5 Ton
- Full HD filter
- Turbo Cooling Mode
- Made in Thailand
- 4 star (energy efficiency rating)

AED 2269



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AS25UGPSGE 2 TON @ AED 2469

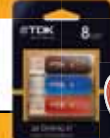
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Union Coop, Al Wasl, behind Shangri-La Hotel • Safear Mall, Dubai • Sharjah Highway, Sharjah • Abu Dhabi Mall, Level 2, Abu Dhabi • Mushrif Mall, Level 2, Abu Dhabi • Al Ain Mall, Level 1, Stars Court

Sharaf DG 4u

Mankhool Street, Al Rifa • Meena Bazaar, Al Fahidi Street, Bur Dubai • Arabian Centre, Level 1 • Mirdif City Centre, Level 1 • Ibn Battuta Mall, Egypt Court • Union Coop, Muhaisnah

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