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Read.



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ENSURING SANITATION

How Microsoft founder Bill Gates is attempting to help find the sanitary solution for toilet troubles affecting many developing countries

BOURNE AGAIN

Will Hollywood's fourth visit to the *Bourne* saga breathe new life into the legacy or fall flat with film fans?



TURKISH DELIGHT



FUN ON FOUR WHEELS

Taking a detour from their usual sensible saloon cars, the Audi A5 coupé offers motorists a cool and exciting drive

Sweet tooth

Why chocolate may be good for you

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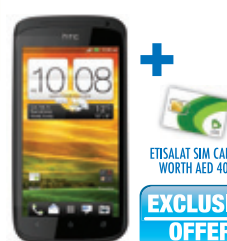


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Letters

Email: letters@readme.ae

A selection of the letters we've received this week. Write in to have your say.

✉ Dear Read., I travel daily to work in Masafi from my place in Muraqqabat. To get there, I have to go to Union Bus Station and take the first bus to Fujairah at 6:30am. I have two options to get there: one is to take a nice 15-minute leisurely walk enjoying the early morning sights on the way. The second is to take the Metro. In this fast-paced and frantic world, I choose the second option where I can wake up a little later, shower, eat, get dressed and then rush to Al Rigga to take the first train. I've been taking this route for three months now and every face is familiar, from the no-nonsense Metro supervisor, to a lip-synching guy. Some I know by name through early-morning chats, some I assign fictional names. There is only one problem I can see. Passengers disembarking the train are on a collision course with those entering. The best solution would be to let

passengers go out first before allowing others to enter. I hope this can be remedied to ease the flow of passengers.

Albert Emmanuel V. Funtilon

We agree that letting passengers disembark first is the courteous and sensible option. Hopefully, other passengers will see this too.

✉ Dear Read., As I child, while travelling in my dad's car I used to think, "How can we reach our destination in time with heavy traffic?" But, as time passed, Dubai came up with a wonderful idea, the Metro, and we started travelling on it. Now we don't need to leave home early to reach our destination on time and neither my dad nor I have to drive. It's convenient, comfortable and time saving for the public. All the best for its future growth.

Jejo Michael

Not only does the Metro help you avoid the rush-hour traffic, but it's also the better option for the environment, helping to take more cars off Dubai's roads.

Read. Poll

How often do you use the Dubai Metro?

- Daily
- Weekly
- Monthly

Cast your vote online at www.readme.ae

LAST READ. POLL RESULTS

How do you access the internet?

Via a desktop	22%
Via a laptop	46%
Via a smartphone	24%
Via a tablet	8%

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FERDIE S. DOMINGO



MOIS FAZEL



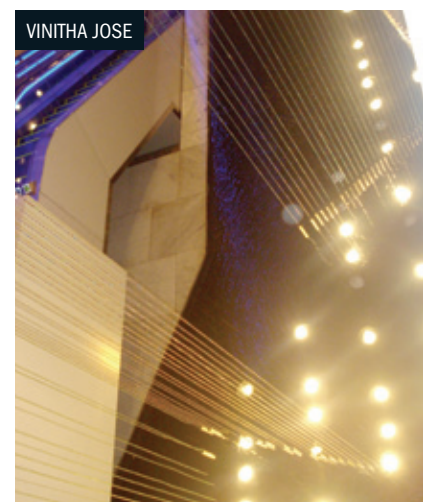
MOHAMMED MUZAMMIL



AMAN



SUBODH JOSHI



VINITHA JOSE

Station by station guide

Looking for something to do? You could always hop off the train and visit one of these...



The Laughter Factory

AUGUST 29, 9PM

ZINC, CROWNE PLAZA DUBAI

The popular stand-up comedy show is back in the city, with a cracking line-up for this month including Quincy, Louis Ramey, and Tom Wigglesworth (pictured). The show moves from venue to venue, so if you can't get to Zinc, you can still have a giggle at The Grand Millenium Hotel, Tecom on August 30 or The Address, Dubai Marina on August 31. Tickets are Dh140.



Catch the action

OPEN DAILY 11AM - 3AM

CROWN & LION, BYBLOS HOTEL, TECOM

The English Premier League has well and truly kicked off now, so if you haven't had a chance to catch your favourite team play, why not head down to this homely, British-themed bar where the football is shown on large screens in every corner and the food is homely enough to make you feel as though you are actually in England, escaping from the cold outside after spending an afternoon in the football stands cheering on your favourites.



Snowboarding

OPEN ACCORDING TO MALL TIMINGS

SKI DUBAI, MALL OF THE EMIRATES

The heat is still blazing and the humidity has reached its peak, so why not head to Ski Dubai to cool off and try something new? Snowboarding lessons aim to take you from sitting to standing in just an hour, and with a one-hour discovery lesson costing Dh150 there's no better time to try it out for yourself. On the other hand, if you're already a pro, an extra Dh30 will get you a two-hour slope pass so you can slip and slide to your heart's content.

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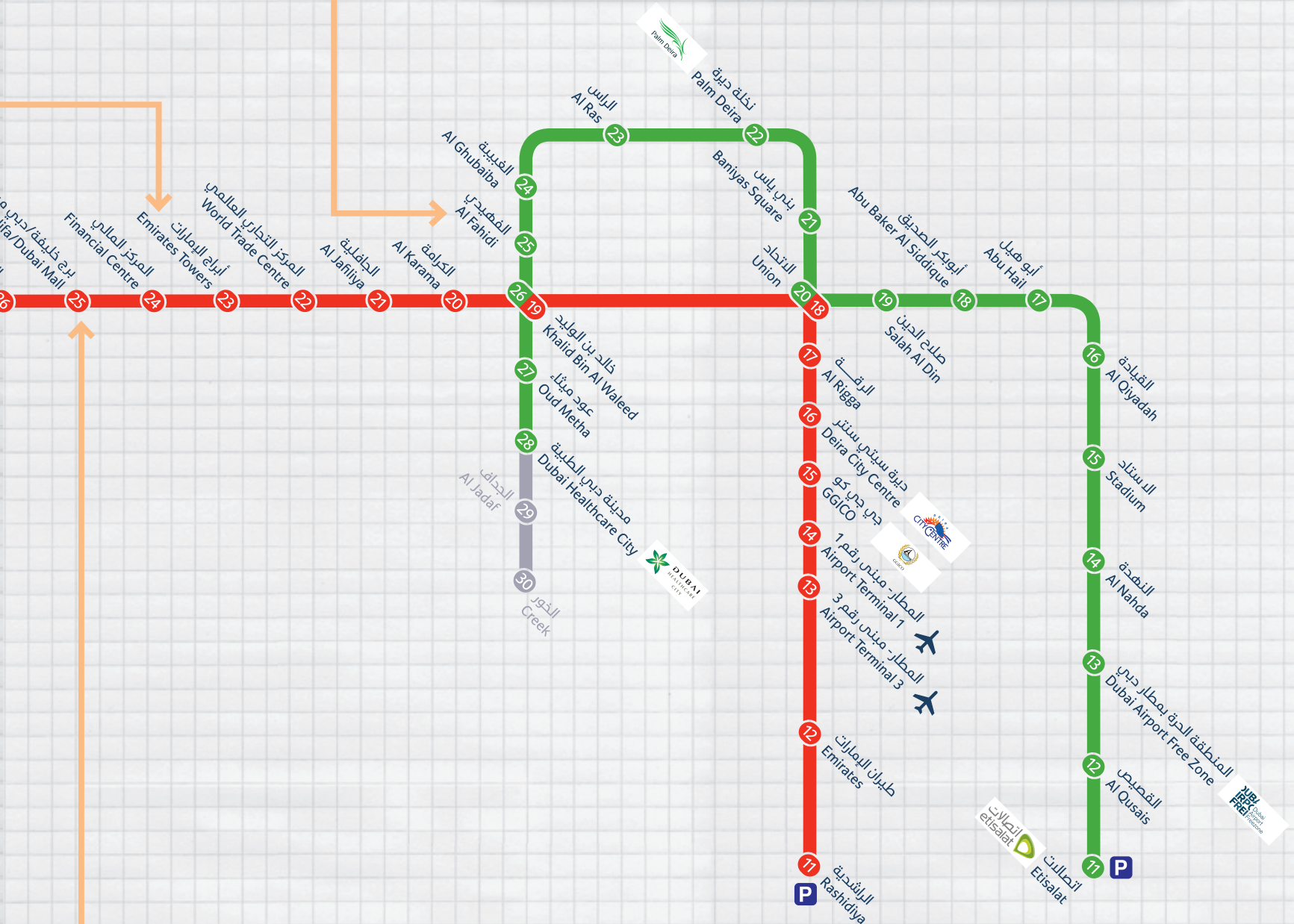


AfroUrban Connexion

AUGUST 31

THE MUSIC ROOM, MAJESTIC HOTEL

This year's AfroUrban Connexion—East African edition—will feature a star studded line-up of artists, including rapper DNA from Kenya (pictured), King James from Rwanda, with VJ Bisosso from Bujumbura showing off his video mixing skills live. So if your idea of a perfect party playlist consists of calypso, dancehall, hip-hop, R&B and soca hits, head down to The Music Room and shake a leg.



Kids rule

OPEN ACCORDING TO MALL TIMINGS
KIDZANIA, THE DUBAI MALL

It's not long until the kids get back to the books, so why not encourage their learning side before schools open again, with a trip to Kidzania at The Dubai Mall? This entire city dedicated to children, from toddlers to teens, is a place where kids can be grown-ups for the day; working in their chosen careers, making food, catching a solo flight or taking driving lessons. And because there is so much fun to be had, your little ones won't even realise they're learning at the same time.

The Burning Question

Q The recent World Humanitarian Day paid tribute to unsung heroes across the globe—who do you consider to be the unsung heroes of our city?



Anita Loosley

FULL-TIME MUM, MARINA

I think the labourers are unsung heroes because if they weren't here then the large expat community wouldn't be here because everything in Dubai is built by them. I don't think they get enough credit, especially considering the conditions they work in.

Natimah Sirwand

HOUSEWIFE, SHARJAH

I think the labourers are heroes because it is a hard job and they have to do it to earn a living. They should be recognised for it.



Omar Elgazzar

MANAGER, JBR

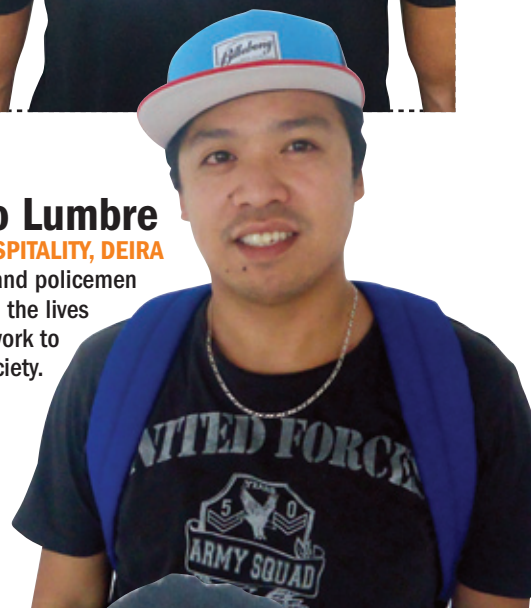
I think the security guards do a great job; most of them are working 12-hour shifts with low pay and no holidays.



Jerecho Lumbré

HOSPITALITY, DEIRA

I think doctors and policemen because they save the lives of others and work to protect our society.



Henna Imran

SENIOR SALES MANAGER, VISITOR

I think people in construction and hospitality work very hard and deserve to be treated well.



Sami Uddin

STUDENT, VISITOR

The labourers built the city and, when you look at the Burj Khalifa, these workers are very brave for going to such heights to build and putting their lives at risk.



Fatima Mouttaki

HOUSEWIFE, MARINA

I think the labourers do a hard job in tough conditions and they should get better recognition and medical treatment when they need it.



What's happening this week on **readme.ae?**

Make sure you check out our website for these daily specials, which appear online every afternoon. 'Like' us on Facebook so that we can keep you up to date with our latest online features and fun.

Coming up this week



TODAY

The internet: It's growing faster than we can keep up. Penetrating our professional and personal lives, this tool brings the world to our fingertips with a click of a mouse or cellphone button. But, with this increase in information, there also comes an influx of misinformation. Full of myths and fabrication, cyberspace is a world of fiction on its own.



MONDAY

Long ago, historical accounts of kings were carved onto clay tablets. While you don't need writing to live, it may draw the most distinct line between a civilised and uncivilised society.



TUESDAY

Not all films go as planned. Over time, we have lost a number of actors and actresses due to errors on set. Take a look at those who tried to aim for the impossible and bit the bullet.



WEDNESDAY

Procrastinators are those people who constantly put things off with the aim of "doing it later". So, without further ado, let's review both the positive and negative effects of procrastination.



THURSDAY

Baseball has a colourful history, especially its "curses". From the goat-plagued Chicago Cubs to a Japanese team's strange encounter, we explore the most famous and bizarre curses.



FRIDAY

Once again our Facebook page has been full of your opinions on our daily Burning Question. We find the best responses from our Facebook fans and bring you the answers that matter most to the people of Dubai.

Facebook chatter

Here's what you have been saying on the *Read*. Facebook page.

(Responses only edited for length)

Would you buy a Nano, the world's cheapest car, at Dh9,382?

why not....imagine its cheapest car i have seen....it is good for the people a chance to buy....as long as the quality of the car parts are in good condition.

—Czar Johnlloyd Alde Portugal

I'd never steer a cheap wheel that would compromise my safety. I would rather commute if that'll be the case.

—Clen David

it is a good one i have tested nano in -6 temp freezing cold and on a road with lot of ice n snow i mean

to say in.harsh winter wen others engine gets jammed etc its interiors n design is good n.in.dubai it will be great to drive the nano save time and money...

—Ehsan Wani



CHEAP AND CHEERFUL

No, because I have a car and if the qualities are far more better, people will surely put their hands on it. Yes, it is a whole lot safer car. With poor qualities compared to today's modern cars, they will have a minimum average approximately from 60-180. But as people of today, we tend to buy fashionable cars so these cars may not have a place in the modern era..

—Mohammed Muzammil

How did you spend Eid Al-Fitr?

It was too hot to go outside. I spent eid with my friends in our room by cooking delicious foods and telephoning my wife and relatives all day. am waiting for a cool atmosphere celebration next time

—Sadaka Sadakath

Happy Ramadan, this is my first Ramadan and Eid in UAE, I went to



sharjah, I really liked the Qasbah and mosques architector there.

—Muzammil Mohammed

It was a great time with my family instead of going out and facing the humidity we enjoyed time at home only. Giving lot of time to my kids playing with them and spending time with my wife, eating good food and lastly having a good long sleep to relax.

—Azmat Lodhi

Go Green

How group-buying power in Dubai could have a positive effect on the future health of our planet.

Across the past century, our civilisation has developed many ways to protect the environment and yet, we have still to conquer green sustainability. With increasing recognition of eco-friendly technology, new theories and materials give us ways to help save our planet.

Green Plus Deals is a newly launched online group-buying website that offers discounted, environmentally friendly package deals to the residents of Dubai.

The site, which was launched in July offers packages with 40-75 per cent discounts and promotions for products and services that are environmentally friendly and promote healthy living.

CEO of Green Plus Deals, Mehdi Mourtada, says, "The initiative behind Green Plus Deals was to sup-

port and promote the move towards a greener, brighter future. There are an abundance of group-buying deal websites that all offer similar, if not identical deals. Even though Green Plus Deals does offer some of the more commonly known discounted deals, we focus on niche market, primarily green, products and services. We understand the appeal in online discounted deals but we wanted to bring other benefits to the buyer as well as just a discounted price. By offering eco-friendly deals and products, the buyer is getting more for their money, helping the environment and encouraging other people to do the same."

Green Plus Deals users can expect to find green discounts on everything from beauty services and activities to weekend packages. The new website adds at least one new deal every day and offers its users daily tips on going



or alcohol. We challenge merchants to work on a menu that would serve healthy food only. We also try to include organic products wherever possible."

The site's mission is to help transform consumer behaviours from a culture of consumption into a culture of sustainability.

"The present government policy and strategy is to push and encourage people to live a green life. We believe this is a matter of education. Our goal is not only to offer products but also to educate our visitors on how to benefit from these products and why they are different. Of course, affordability is a major issue. This is where we thought we could come into play. By offering a discount on green products, people would have the chance to try them and may decide later that they are ready to pay a premium in order to reap the benefits. We are even planning to contribute to charities and societies who are supporting green living," said Mourtada.

The innovative website is user-friendly with simple directions to register and purchase deals with cash-on-delivery options. Those who register can receive daily deal alerts by e-mail every morning to remain informed of the latest offers.

Members can enjoy 40-75 per cent discounts, while local business owners can reap the benefits of a cost-effective marketing tool to attract new, loyal customers.

Green Plus Deals is based in Tecom, and is set to launch in other emirates in the near future. ●

“Our general policy is not to accept any deal that would harm the environment or the health of individuals.”

green.
Mourtada explains, "During the soft launch of Green Plus Deals, we approached many green suppliers and merchants. Our goal was to concentrate on eco-friendly products and services. The problem we encountered was that many of the suppliers and merchants would only come on board when the website had more members. Due to this, we now offer a mixture of deals but plan to convert to offer only green deals. Our general policy is not to accept any deal that would harm the environment or the health of individuals. For example, with restaurant deals we do not accept them if they include shisha



19 GREEN BOTTLES, SITTING IN THE BIN

The future looks green

If you're unsure of the reasons to go green, just take a look around and decide if you love the way your life looks now, because it's possible that your children and future generations won't be able to see the same thing.

You can help save the planet simply by paying attention to what you buy and what you throw away. Not only that, you could save money by choosing to recycle and reuse. If you think about all the things you throw away on a daily basis, consider what

you could do to recycle or reuse any of those items.

Every tonne of paper that is recycled saves 7,000 gallons of water, 380 gallons of oil, and enough electricity to power an average house for six months. You can also run a TV for six hours on the amount of electricity saved by recycling one aluminium can. It's clear that in our journey to go green, everything is connected and means saving on multiple resources.



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There are few foods that people feel passionate about and, for many, chocolate is a pleasurable food. For some, chocolate is not just a treat. It forms part of a daily diet for many people and when the cravings start, it is hard to ignore the need for it.

Chocolate has been said to cause acne and tooth decay, and has a reputation for being a fattening, nutrition-less food. On the other hand, chocolate is also known for being an anti-depressant and, surprisingly, it even has some health benefits.

CHOCOLATE: GOOD OR BAD?

There's no denying that indulging your sweet tooth every once in a while feels great. One of the most pleasant effects of eating chocolate is the "good feeling" that many people experience after indulging. Chocolate contains more than 300 known chemicals, some of which may cause the 'lift' people feel after consuming it. Chocolate also stimulates endorphin production, which creates feelings of happiness and pleasure.

Many people would presume that chocolate causes tooth decay due to

“Chocolate stimulates endorphin production, which creates feelings of happiness and pleasure.”

Sweet like chocolate

The various effects that chocolate can have on our bodies are not necessarily all that bad.





WHEN IT COMES TO MAKING A CHOCOLATE CHOICE, GO DARK

its sugar content, but it has not been proven to cause cavities. In fact, there are indications that the cocoa butter in the chocolate actually coats the teeth and may help protect them by preventing plaque from forming. The sugar in chocolate does contribute to cavities, but no more than the sugar found in any other food.

Obviously, eating too much of any food may cause health problems. The cocoa butter in chocolate does contain saturated fat, which can increase blood cholesterol levels, and

high cholesterol can contribute to heart disease. However, a 2011 Swedish study found that women who ate more than 45g of chocolate a week had a 20 per cent lower risk of suffering a stroke than women who treated themselves to fewer than 9g per week of the sweet stuff.

Chocolate is made from plants, which means it contains many of the health benefits of dark vegetables. Dark chocolate is good for your heart. A small portion every day can help keep your heart and cardiovascular system running well. Studies have shown that consuming dark chocolate every day can reduce blood pressure in individuals with high blood pressure. Dark chocolate has also been shown to reduce LDL cholesterol (the bad cholesterol) by up to 10 per cent.

And forget what you've heard about chocolate causing spots. Dark chocolate is actually good for your skin as it contains antioxidants called flavonoids which offer some protection against UV damage. ●

Did you know?

- Dark chocolate and cocoa are rich in cell-protecting antioxidants—natural compounds found in fruits, vegetables, grains and nuts.
- Despite its sweet reputation, dark chocolate has a low glycemic index, similar to that of oatmeal, so it does not send your blood sugar spiking.
- Cocoa and chocolate are natural sources of potassium, which studies have shown to be a key factor in affecting blood-pressure and stroke.



OATS OR CHOCOLATE?

How is chocolate made?

They say money doesn't grow on trees, but chocolate certainly does. The cacao tree (*Theobroma Cacao*) is a native of Central and South America. Today, it is cultivated around the equator, and can be found in the Caribbean, Africa, South-East Asia, and even in the South Pacific Islands of Samoa and New Guinea.

A cacao tree can produce close to 2,000 pods per year. The ridged, football shaped pod, or fruit, of the cacao grows from the branches and, oddly, straight out of the trunk. The pods, which mature throughout the year, encase a sticky white pulp and about 30 or 40 seeds. The pulp is both sweet and tart; it is eaten and used in making drinks. The seeds, were you to bite into one straight out of the pod, are incredibly bitter. Not at all like the chocolate that comes from them.

The process of turning cacao into chocolate, not surprisingly, starts

with the beans. All of the beans are sorted by hand before being roasted. Each variety of bean is roasted separately. Following the roasting process, the beans are loaded into a machine known as the winnower, which removes the hard outer

hulls and separates the 'nibs' of the beans by size. The nibs are the basic product used for chocolate production. The cacao nibs must then be crushed and ground into a thick paste called chocolate liquor.

Chocolate liquor by itself is bitter

and not very smooth and creamy. To sweeten it up and improve the texture, the manufacturer will add things like sugar, cocoa butter, vanilla, and milk. The cacao and the sugar are still pretty grainy at this point, so the manufacturer runs the mixture through a series of steel rollers to refine the texture to produce chocolate bars.

To further refine the texture, and to really bring out the flavour, the mixture is then "conched". It's run through a chocolate making machine (a conch) that mixes and mashes and swirls the chocolate. At this point more cocoa butter and maybe some soy lecithin will be added. These will give the chocolate its silky smooth texture. Conching can last a few hours for cheaper chocolates and up to six days for the expensive stuff. The final steps in the process are moulding the chocolate, allowing it to cool and harden, and then finally packaging it.



THE CACAO POD IS NOT QUITE AS TEMPTING AS FINISHED CHOCOLATE

Inside your body, there is an amazing protection mechanism called the immune system. It's designed to defend you against millions of bacteria, microbes, viruses, toxins and parasites that would love to invade your body. To understand the power of the immune system, all you have to do is look at what happens to anything once it dies. That sounds unpleasant, but it does show you something very important about the immune system.

When something dies, its immune system (along with everything else) shuts down. In a matter of hours, the body is invaded by all sorts of bacteria, microbes and parasites. None of these things are able to get in when your immune system is working, but the moment your immune system stops, the door is wide open. Once you die, it only takes a few weeks for these organisms to completely dismantle your body and carry it away, until all that's left is a skeleton. Obviously, your immune system is doing something amazing to keep all of that dismantling from happening when you are alive.

When you get a cut, all sorts of bacteria and viruses enter your body through the break in the skin. When you get a splinter, you also have the sliver of wood as a foreign object inside your body. Your immune system responds and eliminates the invaders while the skin heals itself and seals the puncture. In rare cases, the

The immune system is complex, intricate and interesting. But what do you actually know about it?

To immunity and beyond

immune system misses something and the cut gets infected. It becomes inflamed and will often fill with pus. Inflammation and pus are both side-effects of the immune system doing its job. When a mosquito bites you, you get a red, itchy bump. That too is a visible sign of your immune system being properly at work.

Each day, you inhale thousands of germs (bacteria and viruses) that are floating in the air. Your immune system deals with all of them without a problem. Occasionally, a germ gets past the immune system and you catch a cold, get the flu or worse. A cold or flu is a visible sign that your immune system failed to stop the germ. The fact that you get over the cold or flu is a visible sign that your immune system was able to eliminate the invader after learning about it. If your immune system did nothing, you would never get over a cold, or anything else for that matter.

There are also all kinds of human ailments that are caused by the immune system working in unexpected or incorrect ways that cause problems. For example, some people have allergies that simply amount to the immune system overreacting to certain stimuli that other people don't react to at all. Some people

have diabetes, which is caused by the immune system inappropriately attacking cells in the pancreas and destroying them. Some people have rheumatoid arthritis, which is caused by the immune system acting inappropriately in the joints. In many different diseases, the cause is actually an immune system error.

The most obvious part of the immune system is what you can see, such as your skin. Skin is an impor-

“Some people have rheumatoid arthritis, which is caused by the immune system acting inappropriately in the joints.”

tant part of the immune system, as it acts as a primary boundary between germs and your body. Part of your skin's job is to act as a barrier in much the same way we use plastic wrap to protect food. Skin is

tough and generally impermeable to bacteria and viruses. The epidermis contains special cells called Langerhans cells (mixed in with the melanocytes in the basal layer) that are an important early-warning component in the immune system. The skin also secretes antibacterial substances. These substances explain why you don't wake up in the morning with a layer of mold growing on your skin—most bacteria and spores that land on the skin die quickly.

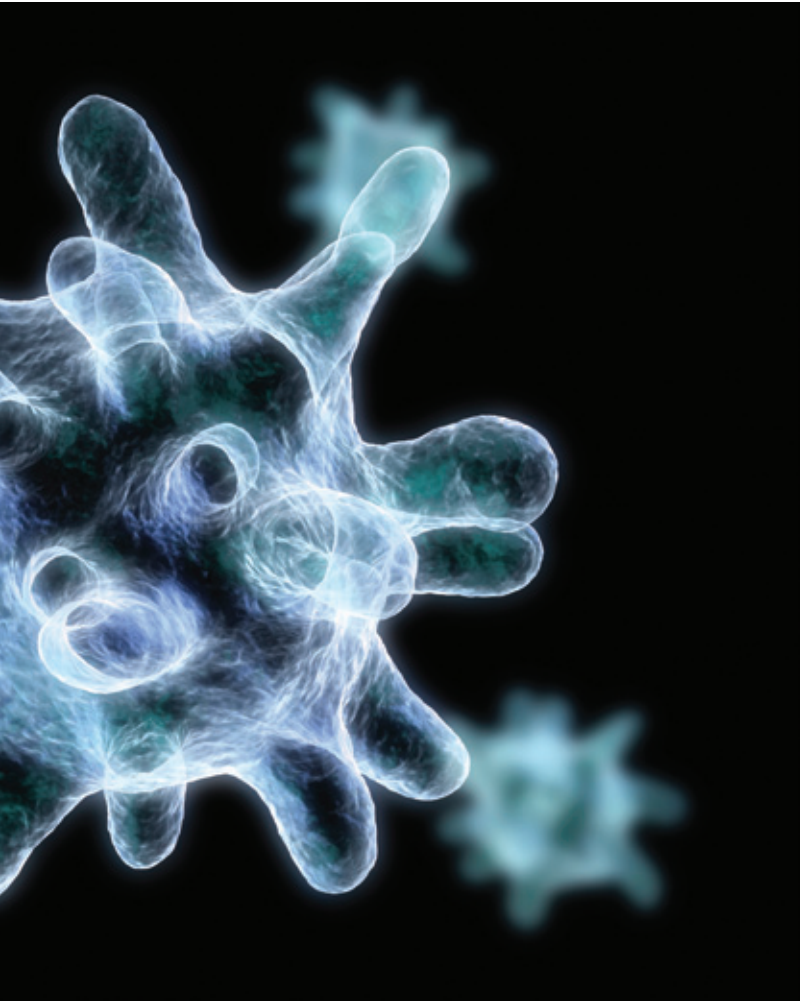
We truly are amazing creatures and there are few parts of our anatomy that don't work in unison with another part. But it's safe to say that without our immune system, we wouldn't be long for this world. ●

Components of the immune system

One of the funny things about the immune system is that it has been working inside your body for your entire life but you probably know almost nothing about it. You are probably aware that, inside your chest, you have an organ called a heart. Who doesn't know that they have a heart? You have probably also heard about the fact that you have lungs, a liver and kidneys. But have you even heard about your thymus? There's a good chance you don't even know that you have a thymus, yet it's there, right next to your heart. Once inside the body, a germ deals with the immune system at a different level. The major components of the immune system are the thymus, spleen, lymph system, bone marrow, white blood cells, antibodies, complement system, and hormones.



ALLERGIES ARE OFTEN A CASE OF THE IMMUNE SYSTEM OVERREACTING



WE OFTEN INHALE MICROSCOPIC GERMS, BUT ARE STILL PROTECTED

SPOTLIGHT ON...

Needle-free vaccines



Every parent dreads it—holding the baby still while a nurse or technician pushes a needle into the tender flesh of a plump little thigh. The screams make for much guilt, even with the knowledge that a moment of discomfort is warding off death or weeks of illness.

But what if there was another way? What if a little clear patch arrived by mail, one that could be stuck onto the child's back and then would dissolve

“The earliest vaccines were needle-free. The polio vaccine was once delivered orally.”

painlessly? The baby is protected, no one cries and everyone is saved the time of an office visit. Several labs are currently working to make it happen.

A few needle-free alternatives already exist. Even the earliest vaccines were needle-free. The polio vaccine was once delivered orally—sometimes even on a sugar cube. And from ancient times, people inoculated one another against smallpox by scratching the skin and applying the scab from an infected person, or wiping a bit of cloth against a smallpox pustule and putting it into the nose.

But both methods only worked because they used a live virus, and they often infected people with the very disease.

New technologies are making it easier to design needle-free vaccines. Why is it taking so long? Vaccines are usually given to healthy people, and so they must be much safer than the drugs used to treat disease. They're also tricky to make. But the good news is that they're on their way.

Fresh out of the fridge

Enjoy good family health with Sharp's new refrigerators that keep fresh food in tip-top condition for longer.

APPLIANCES

Keeping food fresh for a long period is a constant challenge for many people and is one that most modern day fridges are yet to overcome in an efficient manner. Luckily, this is where Sharp steps in.

Sharp refrigerators with Plasma-Cluster Ion Technology are designed to suit individual tastes and life-style demands. The unique designs improve the refrigerator's interior hygiene by removing airborne mould, fungi and adhering bacteria, eliminating unpleasant odours arising from foods such as fish and cheese and keeping fruits, meat and vegetables fresher for a longer time.

Dr Jane Darakjian, dietician and nutritionist consultant at Manchester Clinic says, "Food low in nutrients negatively affects the body's metabolism which in turn opens doors to undernourishment, lower



rate of growth development and body malfunction. Fresh food starts decaying and losing vitamins a few days after picking—a problem which is partially solved by storing them at a cold temperature which slows the rate of decay. Yet bacteria and mould still grow in our refrigerators causing the food to decay and emit bad smells and chemical odours."

Sharp's new range of refrigerators with PCI Technology uses nature-inspired technology. Nature uses a balanced amount of positive and negative ions to eliminate pollutants and airborne pathogens, keeping the air refreshed. Sharp's PCI Technology emits positive (H+) and negative (O2-) ions inside the refrigerator to inactivate harmful airborne substances such as fungi, viruses, bacteria and mould spores, while also reducing strong odours. As a result, foodstuffs stay naturally fresh longer and are free from contaminants.

Double Cross

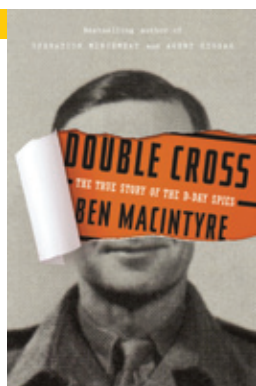
By Ben Macintyre

BOOKS

Ben Macintyre has proven himself to be a competent researcher on espionage in World War Two, previously coming out with best-selling books *Agent Zigzag* and *Operation Mincemeat*—both dazzling true stories about WW2 spies. And his newest book, *Double Cross*, details the grand final deception that allowed

150,000 Allied troops to land on the beaches of Normandy on D-Day.

While D-Day was an astonishing military accomplishment, thanks to the low rate of casualties, it was also one of the greatest masterpieces of espionage. The Allies had been using the Double Cross system, which



specialised in turning German spies into double agents, thereby making the Nazis believe that the enemy would land elsewhere in France. Because Hitler stationed his army in anticipation of a fake invasion, the Allies were able to take Normandy with ease, and the

rest of the war is, as they say, history.

While D-Day is often told from the point of view of the soldiers, Macintyre's latest novel allows the men working behind the scenes to have their say, for without them, such a decisive victory could never have been achieved.

If you like this then you could try...

A Man Called Intrepid by William Stevenson

The autobiography of the spy known as Intrepid, who founded such a successful spy network in WW2 that he permanently stalled the Nazi war machine. James Bond creator Ian Fleming said of the book, "James Bond is a romanticised version of a true spy. The real thing is William Stevenson."

Southern Air

Artist Yellowcard Label Hopeless Records

★★★★☆

ALBUM

Pop-punk sensation, Yellowcard, rose to fame in 2003 thanks to the catchy hooks of their hit single, *Ocean Avenue*, which was also the name of their breakthrough album. They distinguished themselves with the use of a dedicated violinist, which has helped them maintain a loyal, if increasingly modest, following.

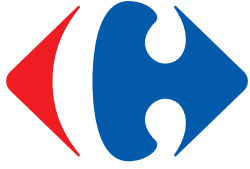
The new album, *Southern Air*, is their eighth studio album, and comes as proof that the band are still going strong. It also proves that there's much more to this band than the catchy pop-punk hooks of old, because it's seriously good, whether you're a fan of that kind of music or not. The new singles, *Always Summer* and *Here I Am Alive*, might say that the band hasn't changed a bit since they first broke through, but, put in the context of the album, they show a newfound maturity for American punkers.

Overall, it's clear that lead singer Ryan Key has

found new lyrical influences; there's no rhyming just for rhyming's sake here. Instead, there are carefully thought-out lines about love, loss and the joy of home, most notable in the stand-out track *Rivertown Blues*. There are other gems on this album, too, including *Surface of the Sun* and *Ten*, and these alone make Yellowcard's latest offering worth a look. The fact that even the filler tracks are of a decent songwriting quality means that this album is quite possibly the band's best one yet.



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From dusk until dawn

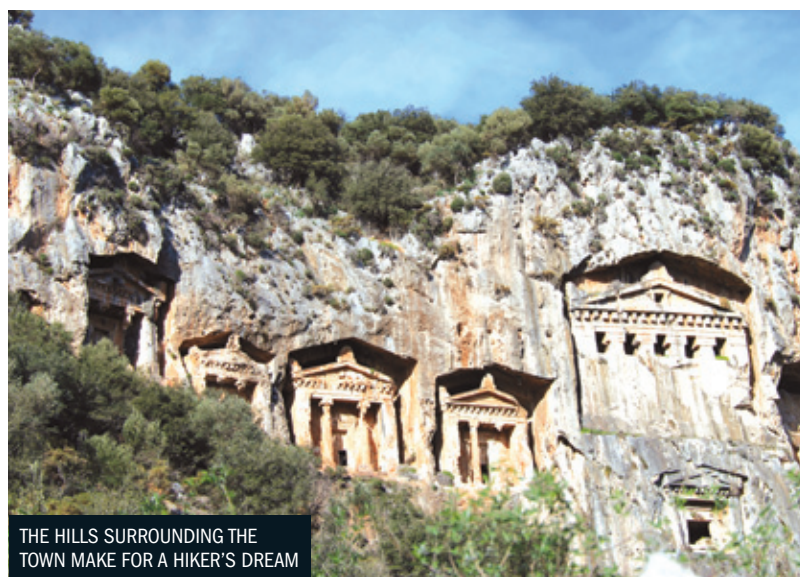
The small Turkish town of Marmaris transforms with the onset of summer, becoming a go-to party place for the rich and famous.

In the small Turkish town of Marmaris, situated on the glistening Turkish Riviera, the winter months are quiet. With only a permanent population of around 30,000, it's possible to while away a number of lazy afternoons by pottering along picturesque streets and lonely beaches without seeing so much of a flicker of human life. It all sounds pleasant enough, as long as there's an umbrella to hand—the winter is Marmaris is certainly mild, but it's also extremely rainy, perhaps explaining why it's so quiet in the low season.

But few destinations go through such an alarming transformation with the onset of summer as Marmaris does. When the weather

heats up and the rain moves on, the town's population swells to well over 200,000, with nearly every single bed, from those residing in the big, new resorts to the ones found at simple bed-and-breakfast joints, being booked from early June until the end of September.

In the high season, this small town bustles with the dynamism of a much bigger city, with throngs of tourists filling the streets and beaches. For those looking for a quiet, idyllic getaway, Marmaris during the summer isn't the place, but for those looking for a great destination in which to forget the stress of daily life and indulge in themselves, there's hardly anywhere more beautiful. The beaches, though sometimes crowded, are



THE HILLS SURROUNDING THE TOWN MAKE FOR A HIKER'S DREAM

some of the best in Europe, with soft, white sand and crystal clear waters.

But despite Marmaris being a busy tourist haven for well-to-do Europeans, it is possible to find some peace and tranquility. Further away from the bright lights of the town, there are undisturbed coves and pine-covered mountains, perfect for a spot of hiking that's rewarded by untouched areas of beautiful coastline. For those less up for walking—the journey is a good 10 kilometres—it's extremely easy to hire a car or motorcycle, and the locals are happy to point you in the right direction.

Indeed, it's easy enough to explore much of Turkey's south-western coast when you're based in Marmaris. There are a number of boat tour operators nestled in the stunning harbour, which plays host to some of the most impressive yachts in all of Europe during the summer months. The tours can take you out around the bay for a simple day on the water, or else to neighbouring towns such as Icmeler and Turunc, which are both much quieter than Marmaris. These trips make for an ideal family day out, and come at reasonable, all-inclusive prices with food and drinks. There are also a couple of water parks that lend themselves well to families looking to unwind.

For a more laid-back day out, make the trip over to Mugla, the province's capital, which can be reached by the

frequent bus service from the Marmaris bus station, or else by taxi, though this will be much more expensive. For a perfect day of relaxation, the hour-long journey to Mugla is certainly worth it, as the small town remains relatively untouched by tourism, making it an authentic Turkish experience, full to the brim with white-washed timbered houses and narrow, cobbled alleys.

All of this makes Marmaris sound like a pleasant retreat, though there's another side entirely to this popular Turkish town, and it's to be found in its nightlife. During the summer months, tens of thousands of young revellers descend on busy bars and restaurants, which are full to capacity 24 hours a day. Its famous Bar Street is awash with clubs dedicated to dance music, often playing host to some of the world's biggest DJs. It's no wonder that the big names are happy to come here, given the quality of the huge, outdoor venues, which brim with excitement and noise from dusk until dawn.

Opposite Bar Street, there's a busy bazaar area, stocking all manner of designer labels at great prices, though that's because their authenticity is highly questionable. Think of it as the Karama of western Turkey.



THERE ARE STILL QUIET COVES TO BE FOUND OUTSIDE THE TOWN

That said, despite many of the items being fake, they're certainly good quality for the price, so it's worth having a shop around, as there are some great bargains to be found. For those looking for the real deal, however, there are any number of designer boutiques surrounding the main marina, where the rich and famous unwind on their gargantuan yachts moored by the bay.

To finish up the holiday, indulge in some properly Turkish pastimes by taking a traditional Turkish bath, which includes a sauna, body peel and massage, or else sign onto a tour operator or hotel's Turkish night, which will offer exceptional food and traditional Turkish entertainment. It is in these activities that the real Turkish soul of Marmaris comes out, amid the fog of bustling tourist attractions, swelling bars and overcrowded restaurants. ●

Travel tips

- When shopping in Marmaris, it often pays to haggle. Many of the vendors will offer starting prices way above what they'll actually settle for, so have a go.
- Marmaris is served by Dalaman International airport, which lies about 100 kilometres away. Coach transfers take about an hour and a half.
- The easiest way to get around is via the Dolmus minibus service, which will drop you off anywhere along the predetermined route. Taxis are available, but are much more expensive.
- Beware of pick-pockets in the busy market areas, as they take advantage of the throngs of people in order to slip away unnoticed in the crowds.



CHARTER BOATS OFTEN OFFER GREAT DAYS OUT FOR THE FAMILY

BYTES & PIECES

Edward Teller



It's often said that the greatest technological advancements are made during times of war. Take radar or the jet engine, which were both invented during World War Two. And some of the greatest leaps in the field of physics were performed during the Cold War, when nuclear physicist Edward

"Though he never cared for the title, he's known as the father of the hydrogen bomb."

Teller was in his prime.

Though he never cared for the title, he's often credited with being the father of the hydrogen

bomb. An early member of the Manhattan Project, the Hungarian-American was charged with creating the first atomic bomb, and his success was demonstrated with the still controversial bombings of Hiroshima and Nagasaki in 1945.

By 1951, he had developed the first hydrogen bomb, which used atom fusion rather than splitting. When conducting his research, he was an advocate of nuclear energy, though he also supported the idea of the United States carrying a strong nuclear arsenal.

Teller became known for his controversial solutions to both military and civilian problems, such as excavating a harbour using nuclear explosives, but he contributed much to the scientific community. His extension of Fermi's theory of beta decay provided an important stepping stone in understanding radiation, and his contributions to the Thomas-Fermi theory became a precursor to the standard modern tool in the quantum mechanical treatment of complex molecules.

Toilet technology



Microsoft founder Bill Gates and his wife challenge inventors to reinvent the toilet for use in developing countries.

When it comes to the toilet, we in the developed world might think that we have it all sorted. You simply walk into the water closet, do your business and then flush. This might sound like the beginning of a very awkward conversation, but the fact is that the convenience afforded by conventional toilets is hard to come by in developing countries, where traditional flush toilets are hugely impractical, largely because they waste tons of water that could instead be used for drinking.

Despite the absence of flush toilets, however, there are hardly any alternatives, meaning that most developing areas have little access to basic sanitation. The United Nations estimates that unsafe sanitation ac-

counts for about half of all hospitalisations in the developing world, and that 1.5 million children die every year from diseases like diarrhoea.

Clearly, then, something must be done, and this was exactly the thinking behind the Bill and Melinda Gates Foundation's recent Reinvent the Toilet Fair, which was held at the charity's campus in Seattle, USA. The idea was to offer a platform on which scientists could serve up new toilets to improve sanitation in developing countries. The project challenged inventors to come up with a toilet that worked without power, water or a septic system, and the charitable organisation, headed up by Microsoft founder Bill Gates and his wife, Melinda, has dedicated \$370 million to fund the winning entries.

Apart from a shed-load of money, Gates has thrown plenty of verbal support behind the project, tweet-

ing incessantly about it over the past few weeks. "The modern toilet was invented in 1775 and we promptly stopped innovating... until today," he recently posted. "It's time to reinvent the toilet so that we can meet the needs of the 2.5 billion who don't have access to one."

Gates' calls were answered in earnest come the day of the Reinvent the Toilet Fair, with 28 designs being shown off over the course of the event. The winning toilet came from a team headed up by Professor Michael Hoffman at the California Institute of Technology. It was a self-contained, solar-powered toilet featuring a solar panel that produces enough energy for an electrochemical reactor designed to break down water and human waste into hydrogen gas. The gas can then be stored for use in hydrogen fuel cells to provide a back-up energy source for when there's not enough sunlight for the toilet to operate, meaning it's functional all the time.

The design was no doubt worthy of the \$100,000 top prize, though it was hardly the only impressive toilet at the fair. Among others was an entry from the UK's Loughborough University, which offered a toilet that produces biological charcoal, minerals and clean water. The idea is that the system will get its power from the charcoal that it produces, while also separating clean, drinkable water from human waste.

In third place was an equally inventive design, which came from the University of Toronto in Canada. This entry came in the form of a toilet that sanitises faeces and urine in order



HALF OF ALL DEVELOPING COUNTRIES' HOSPITALISATIONS ARE DOWN TO BAD SANITATION, ACCORDING TO THE UN



BILL GATES HAS THROWN \$370 MILLION BEHIND THE PROJECT

to recover resources and energy through low-temperature, flameless combustion. It should mean that faeces can be sanitised within 24 hours, while urine is passed through a sand filter and then disinfected with an ultra-violet light.

Of course, other designs were less practical, though each one showed that there are scientists willing to step up and help developing countries with their sanitation problems. At the event, Gates said, "We couldn't be happier with the response that we've gotten."

The Bill and Melinda Gates Foundation hopes to be field testing prototypes over the course of the next three years, allocating money out of the dedicated fund as it is needed. Should any of the designs work, they may give people in developed countries a little to think about whenever they next visit the toilet. Thanks to the foundation's help, it could be the developed world that is lagging behind in toilet technology. ●

2.5 billion

The number of people who, according to Gates, do not have access to a toilet of any kind.

Tech beat

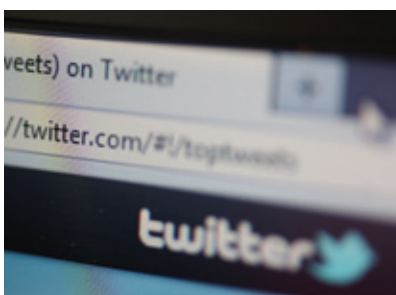
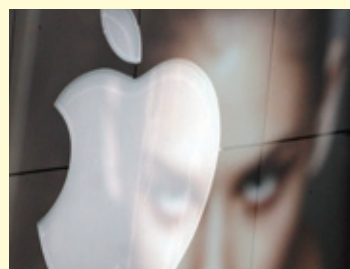


DATA CABLE IMPROVES RELATIONS

A new data cable running between China and Taiwan has been heralded as a sign of improving relations between the two governments. The new subsea, fibre-optic cable played host to its first data traffic during a four-minute "completion ceremony", and cost around \$6.7 million.

APPLE MOST VALUABLE FIRM

According to recent market valuations, Apple, the most valuable firm in the world, last week became the most valuable firm in history. Ahead of the anticipated launch of the iPhone 5, its share prices last week hit \$17, meaning the company as a whole was valued at \$623 billion, surpassing Microsoft's previous record of \$620 billion.



TWITTER ANGERS DEVELOPERS

Twitter has unveiled changes to its policy on third-party applications, insisting that any apps serving more than 100,000 users must now seek the company's permission to operate. Developers have reacted angrily to the news, claiming that the new rules will hold back the development of new and innovative products.



GOOGLE DEMOTES ILLEGAL SITES

Under pressure from lobbyists around the world, Google has demoted illegal file-sharing websites in its search results, so that they no longer feature on the first few pages. However, sites such as the Pirate Bay have claimed that this move will only encourage users to seek out their pages directly.

Jean Genie

With so much choice around in stores these days, finding the perfect pair of denims no longer requires you to be a fashion jeansius.

Skinny Minnie

Made famous by the first lady of fashion herself, Kate Moss, the skinny jean is the style that most women will slip into on a regular basis. While a plain pair of blue denim skinnies is a staple in any fashionista's wardrobe, for a funky twist why not try a patterned pair? Vertical prints can elongate the legs and, when teamed with a plain vest, chunky beaded necklace and flip-flops, patterned skinnies will provide an easy style injection for more casual days.

MILA KUNIS

DOROTHY PERKINS

NEW LOOK

CARMEN ELECTRA

ASOS

RIVER ISLAND

RIVER ISLAND

A man's world

If skin-tight denim isn't your thing, switching to a pair of loose-fitting, 'boyfriend' jeans can still keep you ahead of the fashion pack. Detail such as rips and zips gives a cool yet feminine look, while the relaxed style will flatter all body shapes.

Her

DOROTHY PERKINS

DOROTHY PERKINS

The rainbow effect

Coloured jeans have been big news in fashion for some time and look set to hang around for a while. Subtle pinks or blues are perfect for a daytime look, while bold red or bright orange look fresh and funky teamed with a fancy top and killer heels for an evening out in the city. Don't be afraid of colour, just keep your top half neutral and plain.

DOROTHY PERKINS

ASOS

MARKS & SPENCER

H&M

Him

BURTON

Classic cool

A simple pair of plain denims should be a part of any guy's wardrobe. Perfect for casual days at the office as well as evenings out, keep the style plain, avoiding fussy details such as tears or distressed denim, and—the golden rule—make sure they fit well. Nobody wants to see men walking around with their jeans hanging halfway down their legs!

H&M

BURTON

Colouring in

Coloured jeans are also big news for men. As with the women's coloured jeans trend, the same rule applies to men when wearing brightly coloured denims; keep the top half understated. A plain white tee with a graphic print and a simple pair of plimsolls will make sure your jeans make a statement without scaring people away.

NEW LOOK

FASHION OPINION

HISHAM WYNE
COLUMNIST



The mystery hipstery meme

Memes are precocious things, worming and reproducing their way across our consciousness. They stem from the theory of evolution of organisms, except applied to ideas.

So a meme has to fight for attention from busy people overwhelmed by information and social media shenanigans. A meme must reproduce, but not in the conventional sense of course, because frankly the thought of two or more ideas doing so boggles the mind. No, memes reproduce by getting us hapless creatures to share them. The most widely distributed memes win, while those less able to grab our attention fade.

In the online world, an entire genus of memes is dedicated to cats, kittens, and anything with four legs and whiskers that sits around looking cute. And in the Dubai street fashion scene, if there is indeed such a thing, there is a similarly virulent meme doing the rounds. Experts believe contagion occurs through physical proximity: it's our very own Ebola.

I'm referring of course to the mystery hipstery meme that turns normal people into strange carriers wearing oversized glasses and trousers so tight that the jaws of life are habitually required for extrication purposes. Facial hair might also present itself in strange formations if the infection is particularly severe.

I'm sure that somewhere deep in the Interwebs, the two memes have created an unholy spawn of unmitigated virulence—hipster kittens. We've probably already been infected but don't know it.

"The mystery hipstery meme turns normal people into strange carriers wearing oversized glasses and tight trousers"

Under new management

Can a new team for **The Bourne Legacy** put its stamp on a spy series already defined by popular departing star Matt Damon?

NEW RELEASE

Just before *The Bourne Legacy* gets its game on, the franchise's new face, played by the infallible Jeremy Renner, comes out of the Alaskan wilderness to take refuge in a cabin. There he meets another of his kind, a superspy with a scowl and enough artillery to invade a small country. By the time they've grudgingly warmed up to each other, an unmanned drone is blasting everything to bits. It's an effectively blunt opener for a series that, from its start, has tracked a different military drone—a man fighting to recover first his identity and then his humanity.

Less a thrilling franchise reboot than a solid salvage mission, *The Bourne Legacy* is the fourth installment in a series that until now starred Matt Damon as the eponymous spy who, with his near-uncanny wiles, smarts and strength, ran circles around American intelligence agencies and box office rivals both. Superior industrial entertainment, the three previous titles injected new energy and savvy into American action cinema.

Here, then, was an American hero who didn't wreak random destruction, but dug deep into the mystery of why there was a chip in his body and blood on his hands. Previous director, Paul Greengrass, and Damon were slated to make another *Bourne*, but when that project fell apart, Tony Gilroy, a writer on all three earlier movies, took the lead.

A story emerges involving yet another secret intelligence campaign, this one called Outcome, which has produced enhanced operatives as ingenious and lethally skilled as Bourne. Gradually and somewhat murkily, Gilroy lays out how Aaron



RENNER HANDLES THE ACTION SCENES WELL, BUT LESS SEEMS AT STAKE WITH EVERY SEQUENCE

instead veering off to juggle his many new faces and places. By the time Rachel Weisz, as a scientist called Dr. Marta Shearing, shows up in a lab coat, you've stopped trying to parse every plot twist and just go with the action flow.

Some of that action flows nicely, as in a tense, unnerving shootout in a house, even if Gilroy can be disappointingly cavalier when it comes to racking up bodies. Little feels at stake here, other than his future as a *Bourne* director.

One of the pleasures of this series is how well its ever more kinetic visual style has served its stories. With its frenzied fragmentation of time and space, the filmmaking has conveyed a sense of urgency that mirrored Bourne's shattered being and his propulsive, convulsive journey from unenlightened self-interest to accountability, from the existential question mark of his identity to a hard moral reckoning.

Through all three of the originals, Jason Bourne was still trying to find the answers. Now with Bourne gone, Gilroy needs to find other questions worth asking. ●



EDWARD NORTON'S COLONEL BYER INITIATES THE GAME OF CAT AND MOUSE

Cross (Renner) ended up wrestling with wolves in Alaska only to play a more savage game of cat and mouse with Colonel Byer (Edward Norton). The sympathetic Renner handles the action scenes persuasively, but Gilroy never turns the fight sequences, as both Liman and Greengrass did, into occasions for a surprisingly resonant sense of regret and even sorrow. Cross has his qualms, as flashbacks reveal, but none of Jason Bourne's deep agonies or strong sense of purpose.

Gilroy cleverly handles some of the overlap between the new *Bourne* reality and the old by, for instance, folding characters from the earlier movies into this one. Yet he doesn't work off the franchise's foundation for long,

A-Z OF MOVIES

“W” is for Women



When Kathryn Bigelow collected her Oscar trophy in 2010, she did so as only the fourth woman ever nominated in the director category. But the Academy certainly isn't the only organisation to overlook female directors; Bigelow is also the only female to win BAFTA and DGA awards as director, while Barbra Streisand is the only female Golden Globe-winning director.

And this lack of recognition does not stem from a lack of quality films. While Christopher Nolan's *Inception* may have been getting all the buzz (using 2010 as an example) two of the summer's most acclaimed American films were directed by women: Debra Granik's *Winter's Bone* and Lisa Cholodenko's *The Kids Are All Right*.

Women directors, of course, aren't limited to directing critically-acclaimed indie dramas. For decades, women have been directing in genres ranging from comedy (Penny Marshall's *Big*) and horror (Mary Lambert's *Pet Sematary*) to animation (Vicky Jenson's *Shrek*) and sports (Gurinder Chadha's *Bend It Like Beckham*). However, not every genre has been open to directors of both genders with few women other than Bigelow having ever had the opportunity to direct an action film.

Opportunities for women directors in any genre are still relatively rare. Maybe it's time we started appreciating the fairer sex as equal when it comes to directing films of any kind.

“For decades, women have been directing in genres ranging from comedy to sports.”

Did you know?

- Jeremy Renner explored several areas of study, including computer science, criminology, and psychology, before the theatre department, with its freedom of emotional expression, drew him in properly.
- Following graduation, Edward Norton worked in Osaka, Japan, consulting for his grandfather's company, Enterprise Foundation, which works to create decent, affordable housing for hundreds of low-income families.
- Rachel Weisz was offered a large part in the Richard Gere movie *King David* when she was only 14. But her parents wouldn't let her do it.

Bollywood news

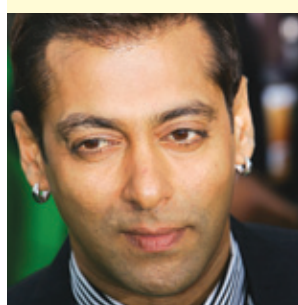
Love is in the air

Abhishek Bachchan is currently busy working on his action flick, *Dhoom:3*, but the actor doesn't want to stick to action. Having starred in *Players*, *Dum Maro Dum* and *Game*, he will next be seen romancing his co-star in Kunal Kohli's new love-fest. The filming of the movie is expected to begin in the first half of 2013.



Johar's got talent

After gaining popularity for his astute remarks on the reality dance show *Jhalak Dikhhla Ja* 5, Karan Johar is all set to judge again, this time for *India's Got Talent*. The 40-year-old filmmaker's new role will once again be aired on Colors. Incidentally, the dance show anchor, Manish Paul, will also be presenting *India's Got Talent*.



Khan to open restaurant

Salman Khan is not just satisfied with being on the big screen. The *Ek Tha Tiger* star is rumoured to be opening a restaurant with friend and fashion designer Ashley Rebello. Rebello is reported to be hunting for the perfect location for their new venture in Bandra and Khar. Khan may be following in the footsteps of Arjun Rampal, who owns a swanky lounge in Delhi.

Listings

THE READ. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.



STEP UP REVOLUTION

MOVIE GUIDE

Grand Cineplex - Wafi

Brave - 10:20, 12:20, 14:20, 16:20, 18:20
The Dark Knight Rises - 10:30, 11:30, 13:45, 14:45, 17:00, 18:00, 20:15, 21:15, 23:30, 00:30
Ek Tha Tiger - 12:00, 15:00, 18:00, 21:00, 00:00
The Expendables 2 - 10:15, 11:15, 12:15, 13:15, 14:15, 15:15, 16:15, 17:15, 18:15, 19:15, 20:15, 21:15, 22:15, 23:15, 00:15, 01:15
Papa - 20:00, 22:15, 00:30
Shirin Farhad Ki Toh Nikal Padi - 10:40, 13:00, 15:20, 17:40, 20:00, 22:20, 00:40
Step Up 4 - 10:00, 12:00, 14:00, 16:00, 18:00
Step Up 4 (3D) - 11:00, 13:00, 15:00, 17:00, 19:00, 21:00, 23:00, 01:00
Ted - 10:30, 11:40, 12:40, 13:50, 14:50, 16:00, 17:00, 18:10, 19:10, 20:20, 20:50, 21:20, 22:30, 23:00, 23:30, 00:40, 01:10

Grand Megaplex - Ibn Battuta

Brave - 11:00, 13:00, 15:00, 17:00, 19:00, 21:00, 23:00, 01:00
Brave (3D) - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
The Dark Knight Rises - 10:30, 11:15, 11:30, 12:45, 13:45, 14:30, 14:45, 16:00, 17:00, 17:45, 18:00,

19:15, 20:15, 21:00, 21:15, 22:30, 23:30, 00:15, 00:30

Ek Tha Tiger - 11:00, 12:00, 14:00, 15:00, 17:00, 18:00, 19:00, 20:00, 21:00, 22:00, 23:00, 01:00, 00:00
The Expendables 2 - 10:40, 10:50, 11:50, 12:50, 13:00, 14:00, 15:00, 15:10, 16:10, 17:10, 17:20, 19:20, 19:30, 20:30, 21:30, 21:40, 22:40, 23:40, 23:50, 00:50
Papa - 11:45, 14:00, 16:15, 18:30, 20:45, 23:00, 01:15
Shirin Farhad Ki Toh Nikal Padi - 11:20, 12:30, 13:40, 14:50, 16:00, 17:10, 18:20, 21:30, 20:40, 21:50, 23:00, 00:10, 01:20
Step Up 4 - 11:15, 11:45, 13:15, 13:45, 15:15, 15:45, 17:15, 17:45, 21:45, 19:45, 21:45, 23:45

Step Up 4 (3D) - 10:45, 12:45, 14:45, 16:45, 18:45, 20:45, 22:45, 00:45

Ted - 10:30, 11:20, 12:00, 12:40, 13:30, 14:10, 14:50, 15:40, 16:20, 17:00, 17:50, 18:30, 19:10, 20:00, 20:40, 21:20, 22:10, 22:50, 23:30, 00:20, 01:00

Thattathin Marayathu - 12:15, 15:15, 18:15, 21:15, 00:15

Grand Cinemas - Festival City

Brave - 10:00, 11:55, 13:50, 15:45, 17:40, 19:35
Brave (3D) - 11:00, 12:55, 14:50, 16:45, 18:40, 20:35
The Dark Knight Rises - 10:30,

11:30, 12:45, 13:45, 14:45, 16:00, 17:00, 18:00, 19:15, 20:15, 21:15, 22:30, 23:30, 00:30, 01:45

Ek Tha Tiger - 12:00, 15:00, 18:00, 21:00, 00:00

The Expendables 2 - 10:15, 11:15, 12:15, 13:15, 14:15, 15:15, 16:15, 17:15, 18:15, 19:15, 20:15, 21:15, 22:15, 23:15, 00:15, 01:15

Papa - 21:50, 00:00

Shirin Farhad Ki Toh Nikal Padi - 10:40, 13:00, 15:20, 17:40, 20:00, 22:20, 00:40

Step Up 4 - 22:30, 00:25

Step Up 4 (3D) - 11:15, 13:15, 15:15, 17:15, 19:15, 21:15, 23:15, 01:15

Ted - 10:30, 11:40, 12:40, 13:50, 14:50, 16:00, 17:00, 18:10, 19:10, 20:20, 21:20, 22:30, 23:30, 00:40

Grand Cinecity - Al Ghurair

Brave - 10:00, 12:00, 14:00, 16:00, 18:00
The Dark Knight Rises - 11:30, 14:45, 18:00, 21:15, 00:30
Ek Tha Tiger - 12:00, 15:00, 18:00, 21:00, 00:00
The Expendables 2 - 10:40, 12:50, 15:00, 17:10, 19:20, 21:30, 23:40
Papa - 20:20, 22:30, 00:40
Shirin Farhad Ki Toh Nikal Padi - 11:20, 13:40, 16:00, 18:20, 20:40, 23:00, 01:20
Step Up 4 - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15
Ted - 10:30, 12:40, 14:50, 17:00, 19:10, 21:20, 23:30, 00:00
Thattathin Marayathu - 10:30, 13:30, 16:30, 19:30, 22:30, 01:30

Grand Mercato

Brave (3D) - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00
The Dark Knight Rises - 10:30, 11:30, 13:45, 14:45, 17:00, 18:00, 21:15, 00:30
Ek Tha Tiger - 12:00, 15:00, 18:00, 21:00, 00:00
The Expendables 2 - 10:40, 12:50, 15:00, 17:10, 19:20, 21:30, 23:40
Papa - 20:15, 22:30, 00:45
Shirin Farhad Ki Toh Nikal Padi - 21:15, 23:30
Step Up 4 - 11:00, 13:00, 15:00, 17:00, 19:00
Step Up 4 (3D) - 22:00, 00:00
Ted - 10:30, 12:40, 14:50, 17:00, 19:10, 21:20, 23:30



THE EXPENDABLES 2

SCHEDULE CORRECT AT TIME OF GOING TO PRESS; HOWEVER, PLEASE NOTE THAT MOVIE THEATRES CAN CHANGE SCHEDULES WITHOUT NOTICE



BRAVE

13:00, 14:45, 15:15, 17:00, 17:30, 19:15, 19:45, 21:30, 22:00, 23:45, 00:15

Reel Cinemas - Dubai Mall

Brave - 12:15, 14:30, 16:45, 19:00, 21:15, 23:30

Brave (3D) - 11:00, 13:20, 15:50, 18:20, 20:40, 23:05, 01:30

The Dark Knight Rises - 11:00, 11:30, 12:05, 13:30, 13:45, 14:15, 14:30, 14:45, 15:15, 15:20, 17:00, 17:30, 17:45, 18:00, 18:30, 18:35, 20:15, 20:30, 20:45, 21:00, 21:15, 21:25, 21:45, 21:50, 23:30, 00:05, 00:15, 00:30, 00:35, 00:55, 01:00

Ek Tha Tiger - 11:00, 14:00, 14:55, 16:45, 17:40, 20:25, 23:10

The Expendables 2 - 11:20, 13:25, 14:40, 15:00, 15:50, 17:00, 17:30, 18:05, 19:15, 20:00, 20:30, 21:30, 22:30, 22:45, 23:45, 00:55, 01:15

Papa - 14:10, 16:40, 19:20, 22:00, 00:40

Shirin Farhad Ki Toh Nikal Padi - 11:15, 13:40, 16:05, 18:30, 21:00, 23:35

Step Up 4 (3D) - 11:25, 13:50, 16:10, 18:30, 21:00, 23:20, 01:25

Ted - 11:30, 13:50, 14:00, 14:50, 15:20, 16:10, 16:30, 17:10, 17:40, 18:30, 19:15, 19:30, 20:00, 20:50, 21:50, 21:55, 22:20, 23:10, 00:10, 00:40, 00:55, 01:25

Reel Cinemas - Marina Mall

Brave - 12:15, 14:35, 16:55, 19:25, 21:35, 23:50

Brave (3D) - 11:15, 13:35, 15:55, 18:15, 20:25

The Dark Knight Rises - 11:00, 11:55, 14:15, 15:15, 17:30, 18:30, 20:45, 21:50, 00:05, 01:00

The Expendables 2 - 11:25, 13:50, 14:15, 19:05, 21:20, 23:35

Ted - 11:45, 14:05, 16:35, 19:20, 22:05, 22:35, 00:20, 00:50

TO FEATURE YOUR EVENT,
EMAIL EDITORIAL@README.AE

Vox Cinemas - Deira City Centre

Brave - 09:45, 00:00, 14:15

Brave (3D) - 10:15, 12:30, 14:45, 17:00, 19:15, 21:30

The Dark Knight Rises - 10:15, 11:00, 13:45, 14:15, 17:00, 17:30, 20:15, 20:45, 23:30, 00:00

Ek Tha Tiger - 10:30, 11:15, 13:15, 14:00, 16:00, 16:45, 19:00, 19:30, 21:45, 22:15, 00:30

The Expendables 2 - 09:00, 10:30, 12:45, 15:00, 17:15, 19:45, 22:00, 00:15, 01:00

Papa - 16:30, 19:00, 21:30, 00:15

Shirin Farhad Ki Toh Nikal Padi - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30, 23:45

Step Up 4 (3D) - 10:30, 12:45,

15:00, 17:15, 19:30, 21:45, 00:00

Ted - 10:15, 12:30, 14:45, 17:00,

19:15, 21:30, 23:45

Thattathin Marayathu - 11:30, 13:30, 16:00, 18:30, 21:00, 23:30

Vox Cinemas - MOE

Brave (3D) - 09:30, 10:30, 11:45, 12:45, 14:00, 15:00, 16:15, 17:15, 18:30, 19:30, 20:45, 23:00

The Dark Knight Rises - 10:00, 10:45, 11:00, 13:15, 14:00, 14:15, 16:30, 17:15, 17:30, 19:45, 20:30, 20:45, 23:00, 23:45, 00:00

Ek Tha Tiger - 10:00, 12:45, 15:30, 18:15, 21:00, 23:45

The Expendables 2 - 09:15, 10:00,

11:00, 12:15, 13:15, 14:30, 15:30, 16:45, 17:45, 19:00, 20:00, 21:15, 22:15, 23:30, 00:30

Papa - 11:30, 14:00, 16:45, 19:15, 21:45, 00:15

Shirin Farhad Ki Toh Nikal Padi - 11:00, 13:30, 16:00, 19:00, 21:30, 00:00

Step Up 4 (3D) - 09:45, 12:00, 14:15, 16:30, 18:45, 21:00, 23:15, 00:00

Ted - 09:30, 10:15, 10:30, 11:45, 12:30, 12:45, 14:00, 14:45, 15:00, 16:15, 17:00, 17:15, 18:30, 19:15, 19:30, 20:45, 21:30, 21:45, 23:00, 00:00, 00:15

Vox Cinemas - Mirdif City Centre

Brave (3D) - 09:30, 11:45, 14:00, 16:15, 18:30, 20:45

The Dark Knight Rises - 11:15, 14:30, 17:45, 21:00, 23:15, 00:15

Ek Tha Tiger - 10:00, 12:45, 15:30, 18:15, 21:00, 23:45

The Expendables 2 - 09:00, 10:15, 12:30, 14:45, 17:00, 19:15, 21:30, 00:00,

Papa - 11:30, 14:00, 16:30, 19:00, 21:45, 00:15

Shirin Farhad Ki Toh Nikal Padi - 11:00, 13:30, 16:00, 18:30, 21:15, 00:00

Step Up 4 (3D) - 10:00, 12:15, 14:30, 16:45, 19:00, 21:15, 23:30

Ted - 10:15, 10:45, 12:30,

What's happening this week in Dubai



Made in Tashkeel

Made in Tashkeel is an annual exhibition showcasing the works of Tashkeel members, workshop participants and recent exhibiting artists.

Date: Until August 30

Duration: 5 days

Timings: 10am - 10pm

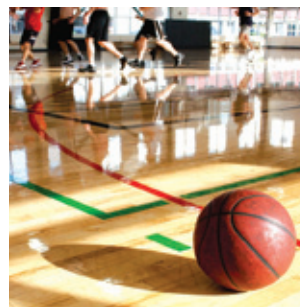
Audience: Public

Category: Arts and culture

Venue: Tashkeel Gallery, Nad Al Sheba

Admission: Free

Telephone: 04 336 3313



Dubai Sports World 2012

Get and stay active this summer by registering in one or several sports activities at Dubai Sports World.

Date: Until August 31

Duration: 6 days

Timings: 10am

Audience: Public

Category: Sports

Venue: Dubai World Trade Centre

Admission: Rates vary depending on the activities

Telephone: 04 308 6332

Demolition by Fereydoon Omidi at XVA Gallery

Do not miss Fereydoon Omidi's solo art show at XVA Gallery.

Date: Until September 30

Duration: 36 days

Timings: 11am - 7pm

Audience: Public

Category: Arts and culture

Venue: XVA Gallery, Building 7, DIFC, Gate Village

Admission: Free, gallery open from Sunday to Thursday

Telephone: 04 358 5117



The city in full circle

How 360-degree photography is enabling a raft of new photographers to see the bigger picture.



PHOTOGRAPHY

On any day, in any part of the city, there is one sight that is more common than most. No matter where you may be, a quick glance around is likely to reveal at least one person with a camera or smartphone in their hands, snapping one of the many sights of Dubai.

But a picture cannot always depict a whole scene. With the sheer amount of stunning vistas to be seen across our city, fitting everything there is to see into one snapshot can prove difficult. However, with the advancement of camera technology and the popularity of smartphone apps, photo stitching—blending several photos together to create a panoramic, or even 360-degree picture—is becoming a common way to capture the entire view.

Digital photo stitching has been a common practice for some years now, popular with professionals due to its ability to enable the photographer to create photos with a wider angle of view than their camera would ordinarily allow. This, in turn, creates more detailed images and a far more dramatic perspective in the final picture. While those in the know are often able to manually stitch photographs using computer software, practice and skill, the advent of

apps that can do the job quickly have enabled everyday folk to create their own—often stunning—panoramas.

Recently, this technology has advanced even further, with new apps and programmes that enable 360-degree stitching being made available to every amateur snapper. When viewed through special software or on a designated website, these images can be explored in a full circle by viewers. With a simple roll of the mouse, the person viewing the photo can see the entire 360-degree image surrounding the snapper at the time of clicking the button, rather than one solid picture—perfect when taking landscape pictures and an

obvious reason why a city with so much to see, such as Dubai, proves a popular subject.

But it's not just tourists who have cottoned onto the fact that Dubai offers an abundance of material for panoramic snapshots. The Geographic Information Systems Department at Dubai Municipality recently revealed that it has successfully completed an official Dubai Map as well as a 360-degree panorama project, intended to give integrated geographic information about the emirate, as well as provide the opportunity for everyone to enjoy and benefit from a number of excellent images for their own enjoyment.

The project consisted of taking pictures using synchronised cameras equipped with special lenses, which were mounted on a car roof or tripod, and snapping the city from all angles. These images were then stitched together and processed to form a complete 360 by 180 view of all the locations captured.

The Dubai map and panorama project is the first of its kind in the region, marking another groundbreaking development for the emirate and certainly putting Dubai in the picture when it comes to leading the way. The final images of Dubai (including Hatta) will be available online soon at www.dm.gov.ae.



PHOTO STITCHING CAN PRODUCE MORE COMPREHENSIVE SHOTS OF THE SKYLINE



Served with spice

While Audi's range is awash with sensible saloons, the A5 coupé makes up the fun part of the product mix.

Audi seems to have released so many cars recently that it's becoming difficult to keep up. It used to be really simple with the letter A, followed by a three, a four, a six and an eight. But they went and filled in all the gaps, from one right through to eight and threw in a Q and an S. Now the good news for car buyers is that, despite ignoring the law of averages, the entire Audi range is pretty good.

Not every model is the best in its class, but there's not really a bad car among them, which is almost unheard of in the automotive world. Most companies have the odd model they secretly wish they'd done differently, had to compromise on or perhaps not built at all.

One of the latest cars to be released in the region by Audi is the sleek-looking A5. Following the success of the A7, it made perfect sense for Audi to produce a smaller version to fill yet another previously unseen gap in the market.

At first glance the A4-based A5 is a great looking car. The coupé or Sportback layout gives it really nice lines and the small windows give it a really aggressive feel.

Inside, it's pretty dark, but immaculately finished. As with all Audi interiors, there's no danger of poor quality and everything has the just-so feel to it. There is a very similar feel between each of Audi's interiors, and the A5 is certainly no different.

There's also plenty of room in the back, despite the low roofline. Even the boot is fairly spacious, considering the size of the car. All the drawbacks you'd normally think of when buying a coupé body seem to have been



THE INTERIOR IS DARK BUT IMMACULATE

SPECS

(as tested)

Engine: 3.0-litre V6 turbocharged
Power: 272hp@6,500rpm
Torque: 400Nm @2,150-4,780rpm
0-100km/h: 5.8seconds
Top speed: 250 km/h (limited)
Price: From Dh223,000

solved by the German manufacturer.

It also drives well, even with a fairly small but powerful engine. Weighing in at 1,610kg, the A5 does get up off its chair pretty quickly and doesn't start to run out of steam until you really should have slowed down anyway.

It also handles really well, with minimal body roll, but pliant suspension over poor road

surfaces and speed bumps. There really is very little to criticise about the A5 coupé.

Overall, the A5 is better looking than its bigger brother, the A7, as it looks more compact and sporty. It's also less anonymous than some of the brand's other models. Although there is a more practical four-door option with the A5, the two-door coupé is the model to buy.

If you need four doors then buy an A4 or A6. If you fancy something a little more spicy then the A5 should be at the top of your shopping list. ●



Make a lasting impression

Easy ways to ensure your first impression leaves coworkers, bosses and any potential employers on your side.



BEHAVIOUR

It comes as no secret that making a great first impression will do your career and life good on so many levels. So many business professionals get too hung up on making a good first impression and forget all about making it last. Whether you are giving a speech, going for a job interview, or delivering a presentation to your team at work, you need to plan your presence carefully, even if the crowd already knows you. Akhtaboot reveals a number of tips on how to make a lasting impression to keep yourself in line with bigger and better future opportunities.

IT ALL STARTS WITH THE PROPER GREETING

From the way you smile and remember the other person's name to the way you shake hands and make eye contact; you should care, and it should show. Say good morning or goodbye to each of your coworkers as you walk by them, no matter how close you are to them. Although some coworkers may choose not to return the greeting, greeting coworkers properly will set a good standard for your future relationships at work. Remember names and key facts about people, and express interest

in the people you meet and what they say. Remember personal details about them. Keep track of what coworkers or clients reveal, like birthdays and the names of their family members. Find ways to show that you remembered what they decided to reveal and try to draw on your own personal experience to show empathy. By letting people know something about you, you show them that you are an approachable person who can interact well with others.

PROVE THAT YOU ARE TRUSTWORTHY

Although gossiping is sometimes tempting and fun to do, coworkers tend to shy away from gossipers as they never know when they'll become their hot new topic in the future. If you treat private information with respect and only share it in absolute confidence and in a professional way, the more likely it is that people will trust you with confidential information. Make sure that you only decide to share information when you are certain that it won't impact negatively on you or the person who told you. The more information people choose to give to you, the more knowledgeable you will become in your role.

LOOKING AND FEELING GOOD

People notice everything about you; from the choice of colour and how your jacket fits, to your hair-do and the length of your fingernails. Dress appropriately; even on casual Thursdays. Any drastic difference from the typical dress code for your position may give the impression that you don't fit in. Keep your energy level balanced. If you always look tired, people will make the snap assumption that you're too tired to get the job done. This does not mean that you need to become a bodybuilder. But you must be healthy enough to

look alert, competent, and interested. We all know someone we would describe as charismatic. They always make a strong first impression, show great confidence and have a captivating presence. They know how to build and maintain good relationships with people and are never forgotten. You need to understand that people aren't born with charisma; it is a learned skill that you can actually develop to make an everlasting impression wherever you go. ●

By Akhtaboot—the career network (www.akhtaboot.com)



FEELING GOOD IS THE KEY TO CONFIDENCE

Post-it

To place your ad please email
advertising@readme.ae

JOBS AVAILABLE

Female telemarketing executive with a flair for sales required for a company in Bur Dubai. Salary + commission. Email CV to pleasantdubai@gmail.com.

Female sales secretary cum indoor sales executive required for a company in Bur Dubai. Salary + commission. Email CV to pleasantdubai@gmail.com.

One of the largest business groups in the region is recruiting candidates for its insurance division. Selected candidate will be provided with a basic salary + commission. Candidate should be a graduate and should have sales experience. Send CV to shaju.george@alfuttaim.ae.

Indoor/outdoor salesperson required for a stationery store in Bur Dubai. Valid UAE D/L preferable. Should have knowledge in stationery product sales, and basic internet. Call 0506942918/ email abdullaalmanoor@gmail.com.

Sales coordinator required for a Dubai based MNC dealing in architectural glass. Should have 2 yrs relevant experience. Salary commensurate with experience. Send CV to hr@merint.com.

Marketing executive required for a part-time position in the largest banking investment division. Keralite ladies preferred. Call 0567122501.

Independent distributor (part-time position) required for an international skin care products company. Females preferred. Should have entrepreneurial skills. Call 042520890/ email jasmin@willakrause.me.

Hair dresser required for a ladies salon in Dubai. Nationality not specific. Send CV to emirates010@yahoo.com.

Sales merchandiser required for a company in Dubai. Should have 2-4 yrs experience in key accounts. Must also have valid UAE D/L. Salary package up to Dh3,000 + accommodation + car + mobile + air ticket + sales commission. Email CV to dmrkintl@gmail.com/fax 048840622.

Experienced florist required for a flower shop in Dubai. It is part-time/full-time position. Send CV to blueroseflowertrading@gmail.com/call 0566420822.

Entry level sales promoters required across UAE. Dept: Sales/Merchandising. Contact: mani.finesseme@gmail.com / +971558202509 and preferred location in UAE.

JOBS WANTED

Male seeks full-time job. Proficient in wedding videos/editing/photography/graphic design/3D artwork. Call 0555731512.

Indian male, civil project manager seeks job as a project/construction or technical manager. 25 yrs experience. Email vijayannair50@yahoo.com.

Filipino seeks full-time job as a store/office warehouse assistant. Call 0562616671/ email duds_0531_duds@yahoo.com.

Indian male, 42, seeks job as a stores supervisor/logistics supervisor. Fluent in English, Tamil, Hindi and Malayalam. 15 yrs experience in India and Gulf. Call 0502605965.

Indian male, seeks full-time job in sales, retail or marketing. 4 yrs experience.

I am seeking a job in sales, retail or marketing. Have 4+ yrs experience in watches and freehold property surveying. Valid UAE D/L. On visit visa. Call 0504763156.

Indian male, MCA holder seeks full-time job in software development/administration. 1 yr experience in similar fields. Call 0559010659/ email mcashanawaz@gmail.com.

Pakistani female, 25, MBA holder seeks full-time job in any insurance company (Underwriting Department). Less than a yr experience in relevant field. Email reenukewalramani87@gmail.com/call 0557124515.

Filipino male seeks full-time job as a secretary/executive secretary/receptionist. 10 yrs experience in the GCC. Call 0502462405/0567456811.

Indian male seeks job in Dubai or Sharjah as a CAD designer in a jewellery company. 8 yrs experience in Rhino-4 & Matrix-6 software for product design and output. Call 0551826021/ email pankaj250383@gmail.com.

Talented, young, and energetic female seeks full-time job. 3 yrs experience in sales. Call 0502862140.

Web and graphic designer seeks full-time job in similar field. 12 yrs experience. Email srishan78@gmail.com/call 0509731543.

Egyptian male, 29, seeks full-time job as a salesman or cashier. 8 yrs experience in retail. Email maro_yehia@yahoo.co.uk.

Pakistani male seeks full-time job as a security guard/office boy/helper. 1+ yrs experience in computer sales. Call 0551753380.

Indian female, bachelor's degree holder seeks full-time job as an HR/admin assistant. 3 yrs experience as a sales co-coordinator and admin assistant. Knowledgeable in Ms Office. Email shksamreen89@gmail.com. Call 0504240832.

Filipino seeks full-time job as storekeeper/warehouse assistant or transport/cargo assistant. Call 0566105403.

Indian female, MCA, seeks full-time job. New in the UAE. On husband's visa. Call 0556095655.

Indian male, MBA holder seeks full-time job. Owns UAE D/L. Can join immediately. Call 0508671953.

Male seeks full-time job as a building management system operator. 16 yrs experience in relevant field. Call 0505988109/ email ukrishnan70@yahoo.com.

MISCELLANEOUS

Personal loan services available. We finance to self-employed with minimum requirements. In a one week process. Call 0551032210.

Visa assistance available. For Dubai tourist visa/transit visa 14-30-60 days. At Gulf Tourism. Call 0558046287.

Astrology, vastu, palmistry reading available. Call 0558066470/0508408219/ 043582488 or email vyas75@yahoo.com.

Apply for new E-life Etisalat connection and get first month rental free. To get the offer call 0508296617.

Apply for free credit card and get cash back. Also get free air ticket,

valet parking and a VIP lounge. Call 0554562424.

AUTO

Mitsubishi Pajero, 1999 model for sale. Green colour. In good condition. Accident-free. Expected price Dh17,000. Call 0506468266.

Toyota Camry, 2006 model for sale. XLI, fully automatic, driven for 150,000km, white colour, with remote key, in excellent condition. Call 0556796008.

Lexus ES300, 1994 model for sale. Some minor electrical problems with the seats but all in all still in good condition. Call 555143904.

Chevrolet Epica, 2007 model for sale. Automatic transmission. Power locks, windows, mirrors. Premium rims/wheels. Premium Bluetooth sound/DVD system. No history of mechanical failure. Price for Dh26,000. Call 0501276227.

ITEMS

Used Blackberry 9800 Torch available for sale. In good condition. Comes with PIN number, 4GB, micro SD card. Dh945. Call 0553588006.

Used iPad 2 or 3 wanted. Must have 3G or 4G service. Should be in good condition. Call 0507867350.

Used Mitsubishi, 2.5 ton window A/c available for sale. 6 months old only, still in good condition. Near Talal Supermarket, Hor Al Anz, Dubai. Free delivery. Call 0556796008.

Household items available for sale. Beds, cylinder, burner, A/c, fridge and fan. All in good condition. Call 0556796008.

Etihad travel vouchers available for sale. Half price. Between Dh500 to Dh200. Valid for travel until December 10th, 2012. Voucher redeemed till September 10th. Call 0503153580.

Magrudy Oxford very first dictionary, compiled by Claire Kirtley, illustrated by Georgie Birkett, paperback, available for sale. Dh45. Call 0557277085.

Curtain for half window, blackout, maroon golden vertical stripes, size 150 x 250cm available for sale. Dh350. Call 0557277085.

Novel Mills and Boon available for sale. Dh10. 60 in nos. Call 0557277085.

Landline Panasonic integrated telephone system available for sale. Still in good condition. 3 pieces. Priced at Dh55. Call 0557277085.

Ikea LED office lamp available for sale. Adjustable arm. Still in good condition. Dh55. Black and white colour. Call 0557277085.

Ikea lamp for kids bedroom available for sale. Comes with ladybird, butterfly, bee pictures. Still in good condition. Dh85. Call 0557277085.

Sir Rondo's, Italian jewellery box available for sale. Yellow chrome. In good condition. Priced at Dh165. Call 0557277085.

Kenwood vacuum cleaner VC2400, available for sale. Red in colour. Dh290. Call 0557277085.

World class Dankotuwa, Jashanmal/brand new tableware available for sale. Contains 96 pcs. Dh1,500. Non-negotiable. Call 0557277085.

Toshiba laptop available for sale. In good condition. Satellite A665D S6051. Dh2,250. Call 0557277085.

SERVICES

Male certified massage therapist available daily for home services. Swedish deep tissue full body massage. Call 0555178327.

Home tutoring lessons available in graphic design. Including animation, 3D visualization and much more. Call 0555731512.

Pickup services/ small and big loads available. From any location starting from Dubai to any location in the UAE. Call 0509724032.

Home tutoring lessons available in Chemistry. For IGCSE /IB/ICSE/ CBSE/ any other curriculum for all grades/schools and colleges. Email chemistryglobal@hotmail.com.

Babysitting services available. Located in the OPC area, Bur Dubai. Call 0508057846/0502101329.

Babysitting services available in Hor Al Anz, Dubai. Good with children. Call 0556796008.

Tutoring lessons available in all subjects except Arabic. Located near Talal Supermarket, Hor Al Anz by an Indian teacher. Call 0554348501.

PC repair/IT services in homes or offices available. We help in fixing networking IP PABX, CCTV, data, voice installation and configuration. Call 0556789741.

Tutoring lessons available. In Mathematics and Science, located at Rashidiya, near Rashidiya metro station. By Keralite teacher. Call 0553797445.

Full-time babysitting/daycare services available. In Karama, near LuLu Center by an experienced Indian lady. Timing from 7:30am to 6:00pm.(Sunday to Thursday). Call 0559039701.

ACCOMMODATION

Room available for rent. Indian families only. Located near Bur Dubai metro and bus station. Call 055433806.

Bed space available for rent. Kabayan males/females. Gender not specific. Located in Al Karama. Walking distance to metro station, Al Manama, Sunrise and LuLu Hypermarket. Rent for Dh450 with free Wi-Fi and TFC. Call 0559294435.

Bed space available for rent. Clean room. Bangladeshis only. Located near Talal Supermarket, Hor Al Anz, Dubai. Rent for Dh200, comes with free W/E, refrigerator, kitchen, rooftop, separate bath. Call 0556796008.

Furnished room available for rent. Located near Karama metro station. Starting from September 1st. Families/working couples only. Unlimited Wi-Fi, bed, mattress, cupboard, dressing table, chairs and gas cylinder, etc., also available. Rent for Dh1,800-Dh2,000. Call 0507867350/0506268564.

Bed spaces available for rent. Indian bachelors only. Comes with kitchen facilities. Located near Union metro station, Deira. Call 0552503894.

Room available for rent. Comes with attached cabinets. Bachelors or couples only. To be shared with 5 plp. Located behind Dubai Grand Hotel, in Al Qusais.

Walking distance to Dafza metro station. Rent for Dh2,000 + DEWA & internet. Call 0509651071/0508780734.

Furnished room available for rent. Comes with separate bathroom. Non-cooking executive bachelors/ladies only. Located in OPC Bur Dubai. Call 0557279268/0508428321.

Spacious master bedroom available for rent. Comes with bathroom and built in cupboards. Located in Qusais, LuLu Village. Christian Keralite couples or ladies only. Call 0552634810.

Furnished room available for rent. Comes with spacious bathroom. Located near Hamriya Ladies Park, Dubai. Call and 0505565583,0558633967.

Room available for rent. To be shared with another Filipina only. Located in Al Rigga near metro station. Rent for Dh550 including internet. Call 0502537021/0555408179.

Bed space available for rent. Clean and neat room. Executive Keralite bachelors only. Located near Al Rigga metro station. Free E-life, internet, kitchen, washing machine also available. Rent for Dh500. Call 0552854854.

Room available for rent. Indian families only Located near Bur Dubai metro and bus station. Call 0554338069.

Furnished Room/bed space available for rent. Males only. Located in Bur Dubai. Call 0556353083.

New and furnished spacious room available for rent. Filipinas only. Located in Abu Hail, behind Ramada Hotel, near Canadian Hospital. Walking distance to metro and bus station. Call 0555060804.

Furnished bed space available for rent in a clean flat. Keralite executive bachelors only. Comes with many facilities. Located near fish roundabout, Deira. Call 0567821330.

Room available for rent. Working Indian couples only. Located near Baqer Mohebi, Rolla Street, Bur Dubai. Starting October 1st .Rent for Dh3,000. Internet, E-Vision, kitchen, gym and parking facilities also available. Call 0504262347, 0553689118.

Furnished room available for rent. Indian families only. Located opposite Al Maya supermarket, Bur Dubai. Rent for Dh2,500 including DEWA, Internet. Cleaner service facility also available. Call 0558340051.

Furnished and spacious room available for rent. 1/2 executive bachelors only. Located on Al Murraqqabat road, Deira. Near Al Rigga metro station. Starting from September 1st. Call 0508435042.

Partitioned bed space available for rent. Filipinos only. Located in Al Kuwaiti Building, Maktoum road near Al Ghurair Center. Call 0507063737.

Bed space available for rent. Kabayans only. Located in England Cluster International City. Call 0551660899.

Room available for rent. Indian families only. Comes with balcony. Located near Bur Dubai bus station. Rent for Dh1,800 + DEWA. Call 0558692892.

Room available for rent. Comes with kitchen and LCD TV. Free internet and DEWA. Located near Iranian Hospital, Satwa. Call 055-6842622/0554033927.

Shared accommodation available for rent. Keralite Christian couples/working ladies only. Located in Deira, Naif. Call 0504538774.

RTA in bus driver safety push

New initiative by the Public Transport Agency sees text messages sent to bus drivers to help boost morale.

SAFETY FIRST

It has become a common practice for the Public Transport Agency at the RTA to pay heed to the elements of safety and security aboard public buses, which are fitted with state-of-the-art technologies aimed at enhancing the safety and security of bus riders, and offering commuters comfortable and enjoyable transit experiences to their various destinations around the emirate of Dubai.

Eisa Abdul Rahman Al Dosari, CEO of the Public Transport Agency, said, "As part of our efforts to improve mass transit services and uplift the standards of safety and security on-board public buses, we recently launched a distinct package of initiatives primarily aimed to push customer satisfaction ratings to as much as 87 per cent in 2012, and achieve the targeted bus drivers' satisfaction rating of 75 per cent in the same year.

"We have set sail our attention to ensure the optimal utilisation of technological systems available in the agency to improve the service offering and raise the levels of safety



EISA ABDUL RAHMAN AL DOSARI

and security in bus mobility in keeping with the RTA's vision of safe and smooth transport for all.

"The underlying idea of the above initiatives is to send two text messages to drivers in each shift via the RTA Bus Control Centre in a bid to

encourage drivers and uplift their morale, reduce traffic accidents, and accordingly achieve higher levels of safety and security for passengers and road users.

"We send text messages over mobile phones to drivers in their mother tongues to induce the required effect, encourage them to drive with extra caution, and prompt them to deliver excellent services to

commuters, such that the number of complaints does not exceed the targeted 22 complaints per 100,000 passengers," said Al Dosari.

The agency recently distributed 3,000 brochures urging drivers to avoid triggering three types of

accidents (red, green and white) through motivating them to achieve the best scores, and cited the provisions relating to the recognition of drivers as laid down in the Driver Rewards Manual.

Al Dosari launched this initiative in person, stressing the agency's determination to continue running it along with the initiatives associated with the technological systems meant to improve drivers' performance and ensure the provision of quality services to bus riders. The CEO of the Public Transport Agency was the first person to SMS drivers via the Bus Control Centre.

"We send text messages to drivers in their mother tongues to induce the required effect."

RTA completes maintenance works

ASPHALT WORKS

The RTA has announced the completion of the maintenance of asphalt pavement works in both directions of the 2nd of December Bridge, from Satwa roundabout in the direction of Al Garhoud Bridge and the opposite direction of the bridge going toward Satwa roundabout.

Works have been rolling on 24 hours a day in order to complete the maintenance on time, meet the needs of road users, and maintain the road assets in the best operational condition.

Engineer Maitha bin Udai, CEO of the RTA's Traffic and Roads Agency, said, "The RTA has completed the maintenance works of asphalt layers in a number of roads at the highest international standards. Over two weeks, works on the bridge

have been divided to minimise congestions in the area. The first week saw the completion of phase one, extending from the 2nd of December Street up to Sheikh Rashid Street, and phase two was

"RTA traffic surveys indicated that summer would be the perfect time for carrying out such works, considering the start of school and family summer vacation."



MAITHA BIN UDAI

completed during the second week, extending inbound from Sheikh Rashid Street up the bridge before the roundabout of the 2nd of

December Street. "These works were originally scheduled to be carried out at the beginning of this year, but RTA traffic surveys indicated that summer would be the perfect time for carrying out such works as the traffic movement would be minimal, considering the start of school and family summer vacation, thus expediting the completion of road works.

"Maintenance works carried out are part of the agency's policy to conserve, raise the efficiency and ensure the sustainability of assets through adopting the highest international standards to ensure compliance with safety specifications and highest quality of roads in use, which will ultimately contribute to the RTA's strategy enshrined in its motto of safe and smooth transport for all," said bin Udai.

I will not get in until she buckles up.



I WON'T LET IT HAPPEN

انتبه
takecare

If someone you know is refusing to wear a seat belt, don't get into the car. Or if a colleague is texting while driving, keep annoying him or her until they stop texting. Or if a friend is speeding, sing off key until he or she slows down. Don't let an accident happen. A safer road is everyone's responsibility.

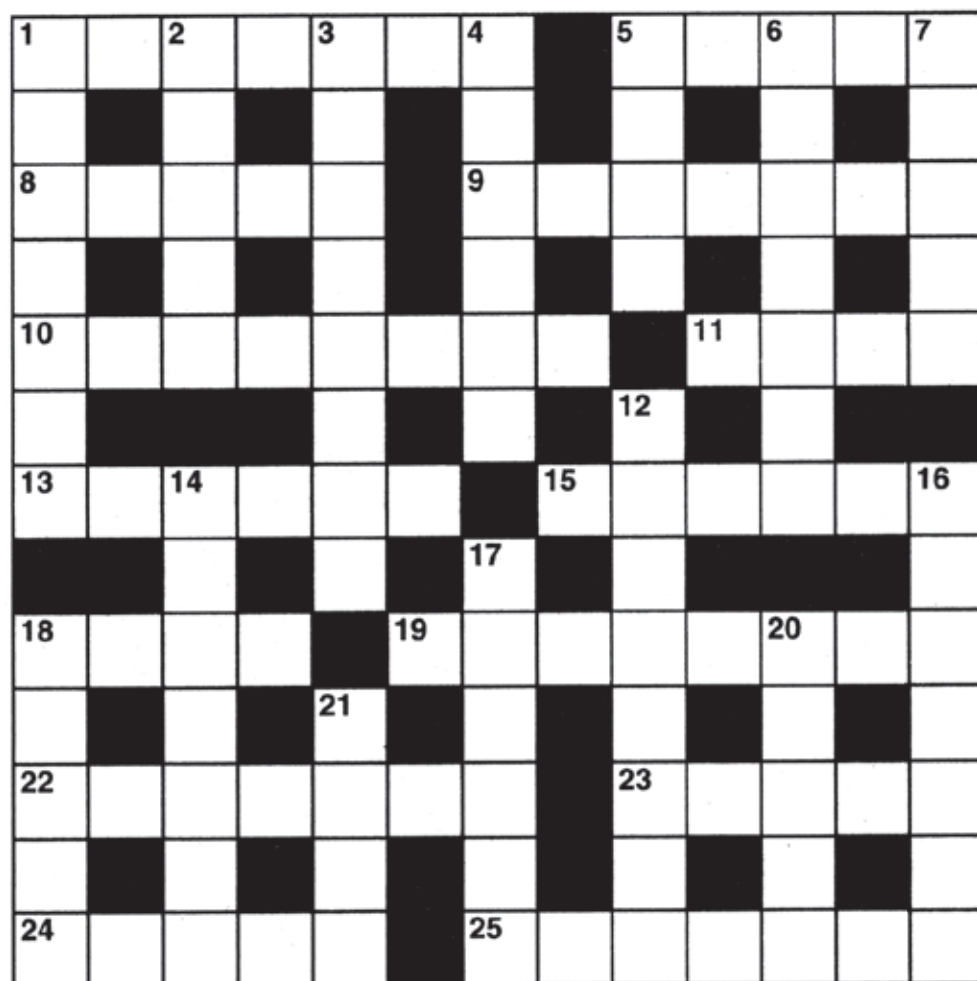
Join the community. Take the pledge at www.facebook.com/rtatakecare

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Taking your time

Test your skills with our puzzles or try something new with a recipe.



Crossword

Across

1 State capital of Mississippi (7) 5 Imprisons (5) 8 Cluster of trees (5) 9 Soiled by frequent turning (pages) (7) 10 Clumsy, unskilled (8) 11 Charity given to the poor (4) 13 Landed upper classes (6) 15 Impoverished (4,2) 18 Babies' beds (4) 19 Container for rolls, ciabatta etc (5,3) 22 Bolted (7) 23 One of India's official languages (5) 24 Cheeky (5) 25 Supplying (money) at interest (7)

Down

1 Gentle running (7) 2 Genetic replica (5) 3 Railway crossbars (8) 4 Person authorised to certify contracts (6) 5 Key issue (4) 6 Swallowed hastily (7) 7 Teams up (with) (5) 12 Olympic race (8) 14 Opinions (7) 16 Gasping for breath (7) 17 Matrimonial (6) 18 Estimates the price of (5) 20 Sydney beach (5) 21 Corset support (4)

ANSWERS



Recipe

Classic family shepherd's pie

Have a go at making this simple and tasty dish, for a hearty yet wholesome meal that all the family can enjoy.

Ingredients

1 1/2 lbs ground round beef
1 onion chopped
1-2 cups chopped vegetables (carrots, corn, peas)
1 1/2 - 2 lbs potatoes
8 tbsps butter
1/2 cup beef broth
1 tspn Worcestershire sauce
Salt, pepper, other seasonings of choice

Method

1. Peel and quarter the potatoes, then boil in salted water until tender (for about 20 minutes).
2. While the potatoes are cooking,

melt four tablespoons of butter (1/2 a stick) in a large frying pan.

3. Sauté the onions in butter until tender over medium heat (10 minutes).

If you are adding vegetables, add them according to cooking time. Put any carrots in with the onions. Add corn or peas either at the end of the cooking of the onions, or after the meat has initially cooked.

4. Add ground beef and sauté until no longer pink. Add salt, pepper, and worcesterchire sauce. Add half a cup of beef broth and cook, uncovered, over

Serves

4



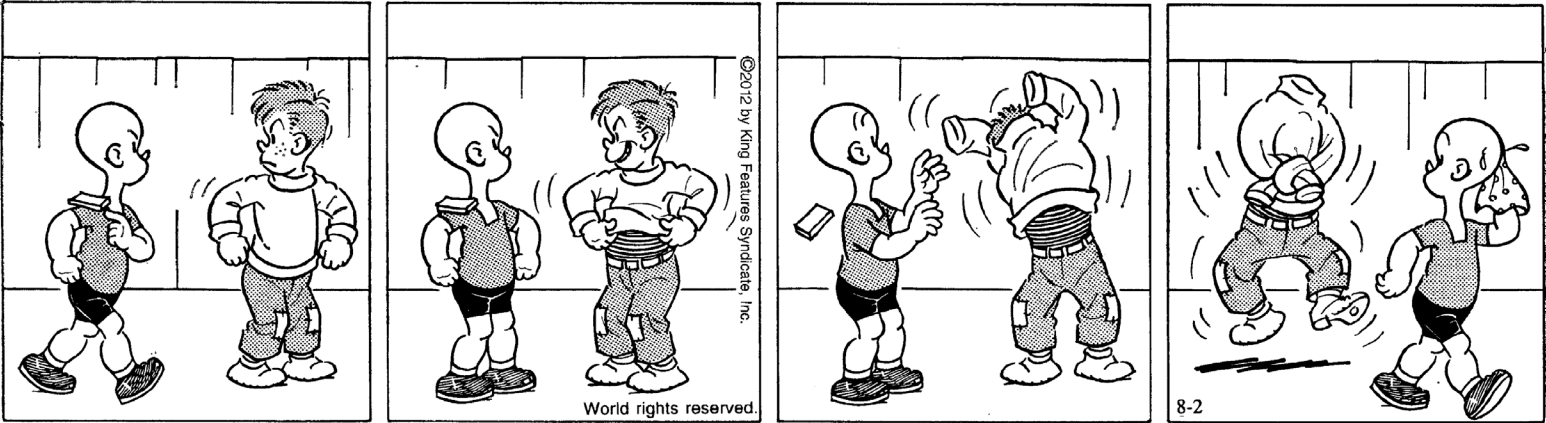
a low heat for 10 minutes, adding more beef broth as necessary to keep moist.

5. Mash the potatoes in a bowl with remainder of butter, then season to taste.

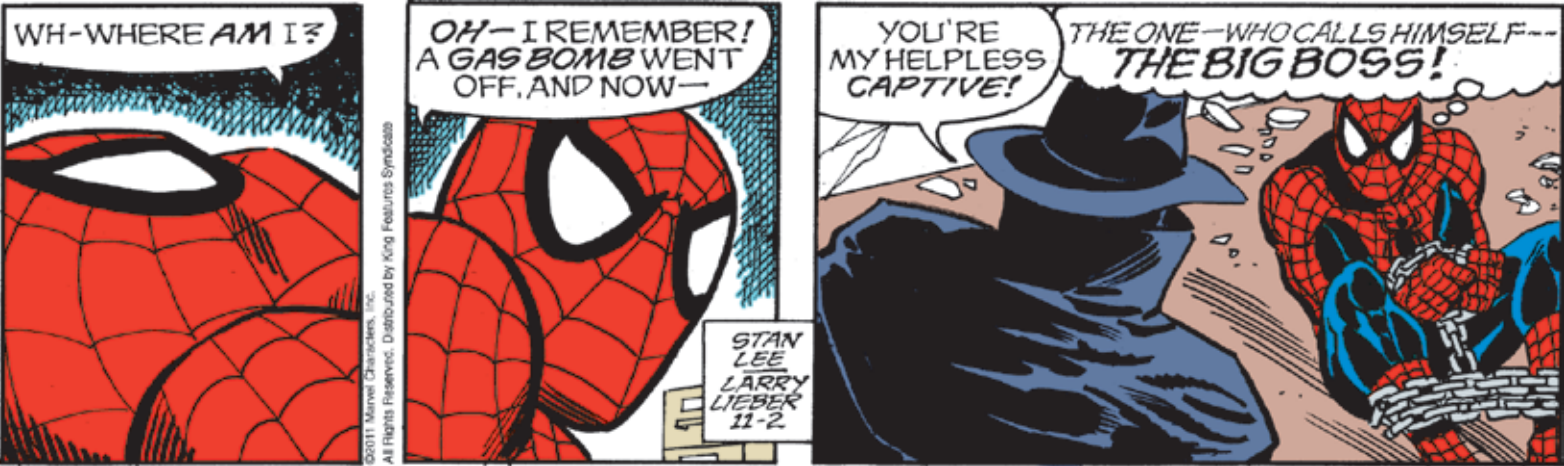
6. Place beef and onions in baking dish. Distribute mashed potatoes on top. Rough up with a fork so that there are peaks that will brown nicely. You can use the fork to make some designs in the potatoes as well.

7. Cook in the oven at 400 degrees Celsius until bubbling and brown (for about 30 minutes). Broil for the last few minutes if necessary to brown.

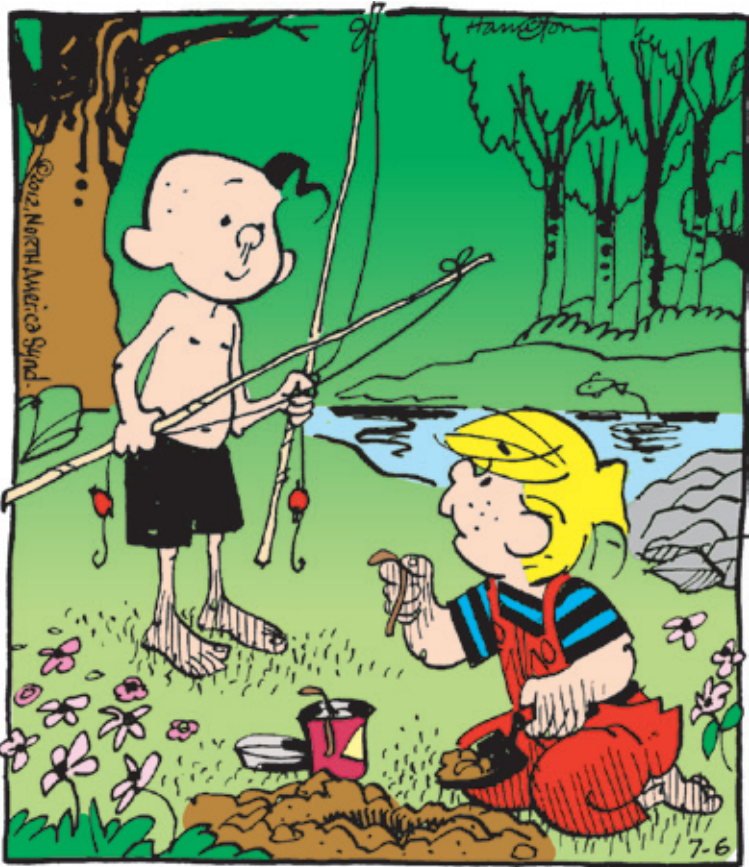
Henry



Spiderman



Dennis the menace



"THE FUNNEST PART OF GOIN' FISHING IS DIGGIN' FOR WORMS."

Who's this?

ANSWER ON PAGE 34



Puzzles

Arrowword

Of church singers		Modern Siamese		Sob		Potter's substance		___ St Clair, Scottish singer		Cable-free internet (2-2)		Bazaar
▶						Grins	▶					
___ Ullmann, Norwegian actress		Old ___, London theatre		___ butter, moisturiser		Lump, swelling		___ de Janeiro, city		Diadem		Graduated series of notes
▶		▶	Hedonistic people	▶		▶		▶		▶		▶
US First Lady (8,5)	___ Amin, African despot		Juggernaut, for example (inits)		Drag, schlep		Slippery as an ___, fishy saying		Wet spongy ground		Picture in an atlas	
▶	▶		▶		▶		▶		▶		▶	
Ukrainian city		Rail track's width	▶					Spoken language exam	▶			
▶				Solidify, coalesce	▶			Stare with an open mouth	▶			

Sudoku 1

4								
				7	5	4		9
1				4			3	
		6			4	1		
				5	6	1		
		2	8			7		
	5			3				8
7		3	2	5				
								4

Sudoku 2

				1				6
1			4	9		5		8
6		9	2	8				
	1	3					6	
7								9
	6					1	7	
				4	7	2		3
3		7		2	9			1
4				3				

ANSWERS

ARROWWORD

K	E	A	V	E	L	G	E	L	G	A	P	E
D	I	A	L	G	E	O	R	A	L			
M	I	C	H	E	L	L	E	O	B	A	M	A
C	H	A	L	L	E	L	L	E	O	B	A	M
L	I	V	A	S	V	A	R	I	T	E	S	
A	L	L	E	L	L	E	O	B	A	M	A	
C	H	A	L	L	E	L	L	E	O	B	A	M
T	C	H	A	L	L	E	L	L	E	O	B	A

SUDOKU 1

2	8	9	1	6	9	6	6	2	8	7	3	5
7	4	5	2	2	3	8	8	8	8	8	8	8
5	1	4	3	1	5	2	7	8	6	6	6	6
6	5	1	2	4	8	7	2	7	4	4	4	4
8	7	4	4	1	9	5	5	5	5	5	5	5
3	2	6	1	9	5	5	5	5	5	5	5	5
5	3	2	3	2	3	2	3	2	3	2	3	2
1	6	5	4	2	4	6	5	9	6	6	6	6
3	2	8	1	1	8	8	8	8	8	8	8	8
6	9	5	5	1	1	8	8	8	8	8	8	8
5	1	2	8	7	3	6	6	6	6	6	6	6

SUDOKU 2

7	6	8	1	3	5	3	9	2	4	2	6	5
9	9	9	6	2	2	2	2	2	2	2	2	2
3	5	7	8	2	4	9	1	6	8	8	8	8
1	6	1	6	1	6	1	6	1	6	1	6	1
2	2	2	2	2	2	2	2	2	2	2	2	2
6	8	8	8	8	8	8	8	8	8	8	8	8
7	4	5	1	5	1	5	1	5	1	5	1	5
5	9	4	4	8	7	6	6	6	6	6	6	6
2	1	4	4	4	4	4	4	4	4	4	4	4
1	7	2	4	5	8	5	8	2	6	6	6	6
1	7	2	4	5	8	5	8	2	6	6	6	6
5	8	4	7	1	3	6	6	6	6	6	6	6

WHO'S THIS? ANSWER - MATT DAMON

Read.

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Deputy editor

Tom Paye
Features editor

Chanelle Tourish
Fashion editor

Ross Guinane
Web editor

Hassan Fawad
Webmaster

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What's in your stars?

The *Read.* astrologer tells you what you can expect over the next seven days.

ARIES

(MAR 21 - APR 20)

Getting in tune with your body in a grounded, healthy way should be your new mission. And be strict with yourself, Aries. From giving up caffeine to cigarettes to processed foods, once the initial detox phase passes, you'll feel renewed and refreshed.



TAURUS

(APR 21 - MAY 21)

The more energy you start putting towards achieving your dreams, the greater the rewards will be. If you can focus on what you have to do for your own gain instead of constantly seeking applause from others, you will find the path becomes clearer.



GEMINI

(MAY 22 - JUN 21)

Cosy, family-friendly moments are ahead so make space in your schedule for your loved ones. The interior decorating muse may appear this week, sending you into a creative swirl. Gather up those paint charts and flip through magazines for inspiration.



CANCER

(JUN 22 - JUL 23)

This week, you're a social butterfly and people couldn't keep you at home if they tried. That's a good thing, though, so get to it, Cancer. You are a fascinating conversationalist and your social network will swell as a result. It's time to start making connections.



LEO

(JUL 24 - AUG 23)

Less is more this week. Not words a theatrical soul like you loves to hear, but you can still create dramatic effect without so much effort. Shift to executive producer mode: crunch numbers, work out timelines and decide what it will take to pull your vision off.



VIRGO

(AUG 24 - SEP 23)

Shake off the drama of the past month and keep it moving. If a situation hasn't worked out by now, set your sights on greener pastures. Fresh starts are abound when you are finally able to free your mind and open your heart to new possibilities.



LIBRA

(SEP 24 - OCT 23)

It might be of benefit to put your intense ambitions on hold for a while and give your system a chance to recharge and reboot. This is your annual dream time, a month that's best spent meditating, reflecting, and letting your imagination soar.



SCORPIO

(OCT 24 - NOV 22)

You aren't the biggest fan of group activities, as you prefer to work your magic uninterrupted and unsupervised. But you could actually get into this whole cooperative venture thing, as long as you're teaming up with people whose intellect and creativity you respect.



SAGITTARIUS

(NOV 23 - DEC 21)

You'll have to put that party-rocking side of your personality on hold for a while as professional obligations take precedence. Not that you should become a total workaholic—stepping into a role of leadership also means learning how to delegate.



CAPRICORN

(DEC 22 - JAN 20)

You're ready to broaden your horizons and to trade your glass-half-empty outlook for an optimistic view. This may involve a vacation with an educational component. Your mind is hungry for information, but not the type that winds up on a standardised tests.



AQUARIUS

(JAN 21 - FEB 19)

Before Thursday, it might seem that other people have all the controls, giving rise to both hilarious and hot-headed debate as you try to regain power. Of course, it could be argued that this short break has recharged your batteries and cleared your mindset.



PISCES

(FEB 20 - MAR 20)

Whether for business or pleasure, you'll love joining forces with another dreamy and creative soul, who could enter your life in a dramatic way. Make your closest relationships a priority again, don't forget there are people down here on planet earth, too.



This week's local weather

SUN

26th

HOT
HIGH 46C
LOW 29C
HUMIDITY 38%

MON

27th

HOT
HIGH 45C
LOW 32C
HUMIDITY 43%

TUE

28th

HOT
HIGH 45C
LOW 30C
HUMIDITY 40%

WED

29th

HOT
HIGH 46C
LOW 32C
HUMIDITY 42%

THU

30th

HOT
HIGH 45C
LOW 32C
HUMIDITY 44%

FRI

31st

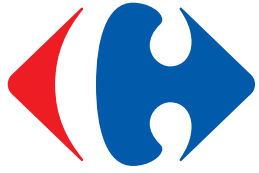
HOT
HIGH 46C
LOW 30C
HUMIDITY 42%

SAT

1st

HOT
HIGH 45C
LOW 30C
HUMIDITY 40%

كارفور



Carrefour

MAJID AL FUTTAIM ماجد الفطيم
HYPERMARKETS UAE

Back to SCHOOL

From 23rd August until 8th September 2012

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LED
2GB
RAM
320GB
HDD
Windows7
Starter

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.00

كمبيوتر محمول (ايسر)
Acer Notebook Aspire One 756



5MP Camera WIFI 9.7" Touch Screen 64GB Memory iOS

2,799 Dhs
.00

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Apple New iPad + Promate case
+ car charger + screen protector

CARREFOUR COUPON
قسمة كارفور
150 Dhs
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1,779 Dhs
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+ طابعة (اتش بي)
Touchmate PC + LED 20.1" + HP printer



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169 Dhs
.00

طابعة (كانون)
Canon All in one printer MP280

CARREFOUR COUPON
قسمة كارفور
50 Dhs
.00



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Available on the App Store

Available in Android Market

139 Dhs
.00

محول انترنت لاسلكي (دي لينك)
D-Link router DIR605L



8GB

30 Dhs
.00

ذاكرة تخزين (ايمتيك)
Emtec USB flash drive animal series



49 Dhs
.00

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+ ماوس + سماعة + ميكروفون صوت
Touchmate keyboard
+ mouse + headset + speaker



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