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MARCH 10-16, 2013 | Issue 91

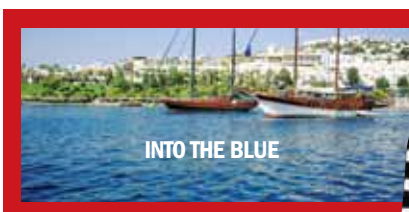
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## WONDERFUL WORLD

It's time to head back to Oz, as the much-loved land of make believe bursts into life once again on the silver screen



## INTO THE BLUE



## CHROME PLATED CHIC

As Paris Fashion Week came to a close, the monochrome look stood head and shoulders above the rest as both a celebrity and designer dream



## SAME BUT DIFFERENT

The Honda Accord undergoes its ninth reinvention, but are the changes tasteful enough to keep the fans happy?

# Time for tea

A look at the various health benefits of green tea

Health | Fitness | Film reviews | Entertainment | Cars & gadgets | Community | Listings

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# Letters

Email: [letters@readme.ae](mailto:letters@readme.ae)

A selection of the letters we've received this week. Write in to have your say.

## ✉ A LITTLE SUPPORT

I am a frequent passenger of the Metro every day, using both the Red and Green Lines. I am very happy with the service provided, however, one difficulty I find while travelling is that an adequate amount of holding rods are not provided inside the train for people standing. This means passengers have to stand in one area, especially near the door where the main holding rod is provided. If more holding rods were there, passengers could stand properly everywhere inside the train carriages. This would also help to reduce the rush at the doors.

George

## ✉ A CHANCE TO READ

A message to the *Read.* readers out there as you see this page: please



kindly return me to the stand before you leave the Metro station. This will give other passengers the chance to read me and help the environment too.

Edna Molina

# Read. Poll

Will additional Salik gates on major roads in Dubai reduce traffic?

- Yes
- No

Cast your vote online at [www.readme.ae](http://www.readme.ae)

## LAST READ. POLL RESULTS

Would you use healthcare products that have been tested on animals?

|           |     |
|-----------|-----|
| Yes       | 8%  |
| No        | 60% |
| Undecided | 32% |

# QR codes



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# Metro pics



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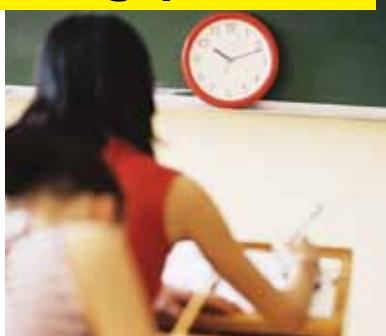


CLAVERT CASONO

# What's happening this week on **readme.ae**?

Make sure you check out our website for these daily specials, which appear online every afternoon. 'Like' us on Facebook so that we can keep you up to date with our latest online features and fun.

## Coming up this week



### TODAY

Exam time for students of all ages usually means a great deal of anxiety, sleepless nights spent cramming the facts and plenty of other exam-related stresses. With final exams starting soon for most schools in Dubai, we take a look at how exam fever can be tackled effectively, by both the students facing the clock and parents facing the students' stress.



### MONDAY

The Inspiration Mars Foundation is seeking to send two people to space in a capsule that would pass within 100 miles of Mars. We take a look at who could accept this challenging task and how they would survive it.



### TUESDAY

Fancy having a quick nap before your flight? On-site sleep pods are becoming an increasingly popular amenity in many airports across the globe and are especially appealing to sleepy long-haul travellers.



### WEDNESDAY

We take a look at Microsoft's interactive whiteboard prototype which aims to interpret users' sketches to complete the diagrams they were drawing. How can it revolutionise the industry?



### THURSDAY

Breakfast is a necessary part of a healthy diet but does skipping it actually lead to weight gain? Today we take a look at this myth and see how skipping brekkie impacts your health.



### FRIDAY

The Read. Facebook page has been full of your opinions on our daily question. We find the best responses from our Facebook fans and bring you the answers that matter most to the people of Dubai.

## Facebook chatter

Here's what you have been saying on the *Read*. Facebook page.

(Responses only edited for length)

### Do you believe that animals have a sixth sense link with their owners?

Yes I do believe that. For whatever reason, pets certainly can have a special effect on their owners. Some animals possess additional perceptive abilities that allow them to experience the world in ways we can barely imagine.

— **Murtaza Ametwala**

Yes they do have sixth sense. Humans also have a sixth sense but most choose to ignore it.

— **Nouman Owaize**

No doubt about it, most pet owners

believe that their animals have a sixth sense.

— **Arman Hossen**

### What do you think of the growing epidemic of internet crazes?

I think it gets people excited because they're doing an activity for free or they're doing something new, fun, fresh and exciting. I don't see it as an accomplishment when they upload their videos and get a lot of views but when it happens to me I'm always honored.

— **Ahmed Anjum**



JUST A CRAZE?

Gallon smashing? It's a waste of good milk or whatever is inside. After all this internet crazes (planking, Owling, Harlem Shake), I hope that someday thinking will become viral.

— **Gypsy Penpillo Saldivia**

Like the name says, it's a craze. In time people will get tired of it and fade in oblivion. For those who always try to invent new crazes, why not think of something meaningful?

— **Jhun Cruz**

### What is your favourite novel?

Angels and Demons by Dan Brown, I love mystery and conspiracy novels and this is one highly controversial novel, it is well-written, easy to read, and gives my imagination a "3D" feel of the story. I like the plot very much, the book really is 100 times better than the movie.

— **Jhun Cruz**



GET LOST IN A GOOD BOOK

The Count of Monte Cristo, an adventure literary classic novel by French author Alexandre Dumas. A story primarily concerned with themes of hope, justice, vengeance, mercy and forgiveness, it focuses on a man who is wrongfully imprisoned, escapes from jail, acquires a fortune and sets about getting revenge on those responsible for his imprisonment. However, his plans have devastating consequences for the innocent as well as the guilty.

— **Francis Raul Fuentes Barcelo**

# Flip from lighters to lifestyle

Known for iconic windproof lighters, Zippo introduces a new lifestyle product range to style-conscious shoppers.

## LAUNCHPAD

**In line** with its global expansion and product diversification strategy, iconic American brand Zippo has set its sights on the UAE. The company, which has been manufacturing Zippo windproof lighters since 1932, markets in more than 160 countries and is one of the most recognised brands in the world.

Zippo has produced over 500 million windproof lighters, each backed by an unparalleled lifetime guarantee. The brand is now supporting its new lifestyle brand positioning in the country with the introduction of an exciting new product range.

Popular culture has played a defining role in the brand's iconic status, and the plan to transition the perception of Zippo from a lighter manufacturer to global lifestyle brand leverages this status.



FRAGRANCE IN LIGHTER-SHAPED BOTTLES

Zippo has appeared in over 2,000 films, from classics such as Francis Ford Coppola's *Apocalypse Now*, to much-loved comedies like *American Pie*, through to modern box office smashes such as *Argo* and *Flight*.

Zippo lighters have also been

staple props on classic TV sitcoms such as *I Love Lucy* and *M\*A\*S\*H*, and current

hit series like *Mad Men*. They have also featured in a dance segment from the percussive stage show *Stomp*, which is performed entirely with Zippo lighters, and in the popular *Call of Duty* video games.

The music world loves Zippo, too.

Eric Clapton used the click sound from a Zippo lighter lid opening and closing as a backing rhythm track to his hit single *It's Probably Me*, and, most recently, Zippo gets a starring role in the new Justin Timberlake *Suit and Tie* music video.

Zippo is now leveraging its rich cultural history and unique brand attributes to diversify its product offering into outdoor, men's lifestyle and home ranges.

The range of Zippo products now available in the UAE include stylish men's accessories, such as watches and pens, outdoor products for recreational camping, along with an exciting new fragrance range that comes in an instantly-recognisable Zippo lighter-shaped bottle, complete with a lid that "clicks".

Zippo has also unveiled an array of new Windproof Lighter designs for 2013.

## IT'S BREAKFAST TIME

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# All aboard

With so many art galleries dotted across the city, it's no wonder the ArtBus has returned for the seventh year. Now, residents and tourists have the chance to explore the very best of Dubai's art spaces.



The ArtBus is back. Featuring exclusive artworks commissioned by Dubai Culture and Arts Authority and ArtintheCity, the ArtBus offers a diverse view of Dubai's arts and culture scene, providing a guide to art fairs, galleries, talks and events taking place in the city.

The ArtBus will be travelling around Dubai on three routes from March 21 to 23, which include Al Quoz, Jumeirah, Al Fahidi Historical Neighbourhood, Downtown and DIFC. Along the routes, passengers will be able to visit exhibitions at Dubai's independent galleries and also have the opportunity to experience the annual fairs Art Dubai and SIKKA 2013. Accompanied by guides, the day-long tour is a chance to see all kinds of art by international, regional and local artists while also meeting new, like-minded people.

Emirati and locally-based artists Maisoon Al Saleh, Talin Hazber and Abdullah Lutfi in collaboration with Ruben Sanchez have been chosen to design the ArtBus artwork. The commissioned artists will see their

work, created under the theme of 'UAE: Then and Now', featured on the ArtBus as it travels around Dubai.

Maisoon Al Saleh, 24, is an Emirati artist and entrepreneur who is making a name for herself in her hometown of Dubai and globally. Having graduated from Zayed University in January 2010 with a degree in interior design, Al Saleh exhibited her first solo show in the autumn of 2010



RUBEN SANCHEZ

in the Maraya Art Centre, Sharjah. Her work was recently included in an exhibition at the Barjeel Art Foundation, Sharjah, and she has been recognised as an up-and-coming Emirati artist to watch out for. Her art mixes the figurative and surreal with her concerns for the modern and the traditional Emirati culture.

Abdullah Lutfi is a young, dynamic emerging Emirati artist based in Dubai. Lutfi has a passion for art, and while he enjoys painting and drawing images from his daily life, he is particularly drawn to buildings and vehicles. His interest in buildings, particularly in Dubai, stems from his desire to show visitors to the city what it is really like.

Born in Madrid, Ruben Sanchez moved to Barcelona 10 years ago and is now currently living in Dubai and working as a guest artist at Tashkeel. Sanchez is a self-taught artist with

*“The day-long tour is a chance to see all kinds of art by international, regional and local artists while also meeting new, like-minded people.”*



ABDULLAH LUTFI AT WORK

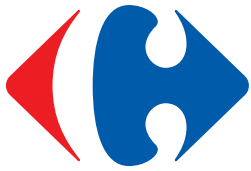
a strong graphic style that resonates through all of his projects. Coming from the graffiti and skateboard culture, he mostly works with acrylics and spray paint, but his variety of mediums includes digital illustration, graphic design, animation and video.

Talin Hazber is an architect and a designer who graduated from the American university of Sharjah in 2012. Hazber works across different mediums and she is particularly keen on experimenting with new, often organic, materials.

All of the commissioned artists will now be working on their concepts and preparing their final designs over the coming weeks, while ArtintheCity will be releasing previews of various ArtBus artworks in the weeks leading up to the event itself.

So if you're looking for an easily accessible, fun way to experience the artistic side of Dubai, hop on the bus.●

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# Going green

The benefits of green tea have been known for centuries, so stick the kettle on and enjoy a brew.

**L**ooking after your health is all about taking simple steps that—when combined—can have a positive effect on your overall well-being. And what could be simpler than enjoying a nice cup of tea?

Since its origin in China, the virtues of green tea have been extolled by people of all different backgrounds for centuries. And now with more choice, a wide variety of blends and easier availability than ever before, perhaps it's time to change your usual coffee shot in the morning to a cup of the green stuff—your body could thank you for it.



## Why go green?

Green tea is harvested then quickly preserved after picking, as opposed to black tea, where the leaves are left to oxidise after they are picked. As a result of this harvesting process, plus the treatment processes the leaves go through before packing, green tea retains the maximum amount of antioxidants and polyphenols that it possibly can. These are the substances believed to give green tea its health benefits due to their ability to protect the body against DNA-damaging free radicals, oxidative stress and even some types of progressive disease.

## How will it help?

Not only does green tea help the body to increase its antioxidant abilities, but studies have found that it can boost weight loss in many people when consumed regularly. Results from various studies indicate that catechins—another substance found naturally in green tea—can stimulate the body to burn calories at a quicker rate, lower the level of LDL cholesterol and help to decrease body fat. While there is no substitute for a healthy diet and exercise, some studies have found that—when consumed alongside a calorie-controlled weight loss programme—green tea can boost the overall reduction in body fat quite significantly, particularly around the abdominal area.

## Mix it up

While pure green tea, brewed fresh from leaves, is the best way to yield the maximum benefits, more and more blends are available to consumers today, each offering its own healthy little boost. Why not try mixing up your tea intake with one of these tasty blends?

### Jasmine

A mixture between green and black tea, this blend is scented with jasmine blossoms to add a pleasant fragrance. The green tea and jasmine combination can help boost weight loss.

### Peppermint

Known for its digestive aid properties, peppermint tea is a popular choice with many.

Green tea blended with peppermint offers a refreshing drink, which can help to ease digestion, bloating, heartburn or gas.

### Honey

Blending your green tea with natural honey can help to ease sore throats, provide a relaxing and comforting drink, and increase the body's self-defence system against colds and coughs due to the natural antiseptic properties found to occur in honey.

### Echinacea

The properties of the echinacea plant have been used in teas for generations. Believed to improve the immune system and ward off colds and flu, blending echinacea with green tea could have you fighting fit in no time.



A TASTY WAY TO BETTER HEALTH

Tell us your thoughts: [letters@readme.ae](mailto:letters@readme.ae)



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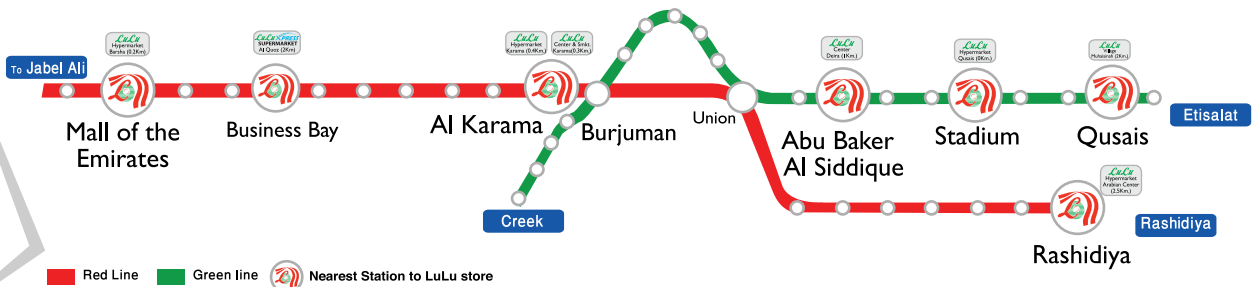
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**LuLu by Metro**



TRAVEL  
NEWSSardinia Festival  
begins at Dante

**Grand Millennium** Dubai is hosting the Sardinia Festival, a special themed culinary festival, from March 16 to 28, 2013, at Dante, the Italian restaurant at the hotel. The festival will be overseen by the hotel's executive chef who hails from the famous Italian island.

Indulge in a four-course Sardinian theme night set menu with an extensive array of seafood, freshly baked bread, olives, cheeses and desserts. The Sardinia Festival is on from 6.30pm to 11.30pm. Dh195 per person.

African Month  
at Al Ain Zoo

**Al Ain Zoo** is hosting African Month this March, with a celebration of African wildlife and culture, allowing visitors to explore the continent's rich history through traditional performances, dining options and art work alongside the zoo's celebrated African Mixed Exhibit.

Families can look forward to upbeat traditional African dances five times a day throughout the zoo, while the zoo's Zarafa Café pays homage to African cuisine with authentic dishes from Kenya, Senegal, Tanzania and Ethiopia, among others. African artefacts are also available for sale in the new African-themed retail shop alongside the works of various African artists.

Beach  
bounty

Windswept beaches and glittering waters make **Bodrum** a top getaway.

**K**nown for its sun, sea and natural beauty, the peninsula of Bodrum clings on to its original charm dating back hundreds of years and still is a great destination today. It features old castles, beautiful beaches and an easy lifestyle.

The city is located on the Aegean Sea, on the western coast of Turkey. A great summer destination, the city is a hub of dining, shopping and entertainment. But you can also step off the well-trodden path to explore the back streets and immerse yourself in daily activities of the city and soak up its rich history. You might even find a few surprises, as these streets are more tranquil than the city centre. Boat trips, Turkish Baths and traditional markets are also on offer here.

Bodrum is a hive of activity for beach lovers. You can spend your days sunbathing and enjoying water sports. Some of the best beaches include Yalikavak and Turgutreis—small resorts with long, sandy beaches that are popular with families.

Did you  
know?

- Bardakçı Hamam dates back to the mid-1700's, and is the oldest Hamam in town.
- It is among Portuguese football star Cristiano Ronaldo's favourite holiday destinations.
- Two wonders of the ancient world are here—the Mausoleum and the ruined remains of the Temple of Artemis.
- The ancient name for Bodrum is Halicarnassus.
- It is only 20 minutes away from the Greek Island of Kos.
- The father of history, Herodotus, was born here.

The Günbatimi beach situated in the town centre is one of the most frequented and has a great coastline and many amenities. Fener beach is further up the coastline and perfect for those who like water sports, while the coves of Akyarlar are great for exploring. Kadikalesi, another Bodrum beach, has earned a reputation as the kite surfing centre of the peninsula.

Other beach attractions include Torba, a sunbathing hotspot, Adabogazi, a haven for snorkelers, Yaliciflık, a resort that retains its traditional charm and Golturkbuku, which features a sophisticated and stylish beach lifestyle.

Bodrum has been in existence since 1,000 BC and its history is hard to ignore—it still lingers in the ruins of the Mausoleum, the Amphitheatre and the 15th-century castle of St. Peter, located at the town's harbour.

One of the ancient wonders of the world, the Mausoleum was built in the fourth Century BC. Today, little remains and it simply consists of scattered stones and columns. Bodrum's Amphitheatre was completed during the Roman era and offers stunning views of the Bodrum Bay, harbour and castle.

Among the city's famous attractions is the Bodrum Castle that has been renovated and stands proudly in the centre of Bodrum Bay and houses the Museum of Underwater Archaeology. The museum is a must-do, with fascinating displays of artefacts retrieved from ancient shipwrecks at the bottom of the ocean.

It is best to travel around the city on any of the well-connected bus networks, as they criss-cross through the ancient terrains and offer breathtaking glimpses of architectural masterpieces, islands and the sea.

With its low-rise houses, subtropical gardens and palm-lined streets, Bodrum is natural beauty at its best. It offers a vibrant nightlife, historic sites, stylish marina promenade, sophisticated restaurants, luxury yachts and plethora of water activities. A Turkish delight, indeed. ●



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## TECH NEWS

### Samsung unveils Galaxy Grand smartphone

**Samsung Electronics** has launched the latest addition to its Galaxy smartphone series – the Samsung Galaxy Grand smartphone powered by Android 4.1.2 JellyBean. An ideal smartphone for users with fast-paced mobile lifestyles, the Galaxy Grand is dual SIM compatible and boasts a 1.2GHz dual core processor offering consumers both the flexibility and power they demand to keep them connected, engaged and entertained.

The Galaxy Grand is packed with features, including a vivid 5.0-inch TFT LCD display, dual SIM card capability, Multi-Window, All Share Play, S Voice, an 8MP camera with full HD video recording, a powerful 1.2GHz dual core processor and a 2,100mAh robust battery delivering exceptional long call and playback performance.

The new smartphone's innovative dual SIM feature provides total communication flexibility, allowing users to manage two phone numbers from a single phone. Consumers can receive calls on one SIM number while making a call from the other, ensuring efficient management of personal and work commitments for professionals on-the-go.



Its vivid 5.0-inch display provides an expansive viewing experience, presenting messages, multi-media and web content in brilliant colour and clarity.

The smartphone is outfitted with a 1.2GHz dual core processor for top performance, supporting faster connectivity and web browsing, a smooth multi-tasking experience and superior graphics for some of the most demanding apps and games. The Samsung Galaxy Grand is available in major retail outlets for Dh1,499 for the 8GB version.

# Coding is COOL

A new campaign sets out to prove that you don't have to be a geek, or a genius, to learn coding.



## Learning the code

Whether you want to design a video game, app, or just want to do it for fun, coding is there for you. Learning a new language can seem like a daunting task, but there are certain techniques that will help you learn it efficiently. Below is a basic guideline of how you can add this technological language to your skillset.

- **Choose a coding language:** Select an easy-to-learn language such as Python and move on to C or C++ to better understand how exactly programs run. Perl and Java are popular choices.
- **Small steps:** Start with the basic constructs and write small programmes to test your understanding of the concepts.
- **Take time:** It can take many hours of practising problem-solving skills on different types of problems before you can grasp coding completely. Don't get frustrated too easily, as successfully completing a programme can be pleasing. Take breaks and make a schedule for working.
- **Keep learning:** Knowing one programming language is good, but knowing more than one is better. Having knowledge of different types will help you understand common constructs and problems in the abstract, but learn each of them correctly.
- **Take a class:** Learning a language can't be done in a day. You will make mistakes and it's best to ask for help and learn thoroughly rather than giving up.

**T**he latest video to go viral on YouTube is not exactly the Harlem Shake or Gangnam Style, but has Bill Gates and Mark Zuckerberg explaining the importance of coding—the language of computers. Within just a week of being online, the video has already garnered over eight million views.

It's officially cool to be a coder as this short film, released by Code.org, a non-profit foundation, is urging schools to introduce more computer classes and highlights the current dearth of computer programmers in the industry. Founded by brothers Hadi and Ali Partovi, it's based on the idea that coding is a fundamental digital literacy that anyone can learn.

The six minute video also features personalities such as Jack Dorsey, creator of Twitter, Drew Houston, founder of Dropbox, and musician

Will.i.am, giving real life examples and stressing the importance of learning coding. Will.i.am is currently enrolled in coding classes and addresses coders as “today's rock stars.”

The video has become an instant hit because it doesn't have any technical jargon and conveys the message through the speakers' experiences and highlights that coding can be done by anyone. The video is a call to get more students to code and more teachers to offer coding classes in schools. The campaign is attempting to prepare students for the growing

*“This short film is urging schools to introduce more computer classes and highlights the current dearth of computer programmers in the industry.”*



FACEBOOK'S FOUNDER, MARK ZUCKERBERG



MAKING CODING CURRENT

dominance of tech companies in the job market and to create awareness among schools to offer specific coding classes to students.

The website aims to get teachers to sign a petition to get computer classes added to the curriculum of all schools, and wants engineers to volunteer their time to help teach coding skills. It also features an online tool where you can start programming right away.

Learning the basics of coding is important these days. No matter what field you are in, you are bound to come across code. Whether it's programming to calculate or analyse data, or whether it's designing code for a website or app, coding is everywhere. And it's becoming important to learn it yourself than to rely on others for the most basic coding needs. It's a skill that's universal and can change the way you think and use technology. Also, because you can start something from scratch, you will be surprised at the things you can do with it. You're never too young or too old to learn coding.

As technology becomes more and more engrained in our everyday lives, you have to be someone who understands it. This doesn't mean you need



BILL GATES GOES VIRAL

to be a programmer or you need to be writing code every day, but you would benefit from understanding it. Internet and social media are everywhere, which makes coding a critical tool. So, by learning it you can help shape it, connect with people all over the world and create something totally unique all by yourself. ●

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# NEWS ON WHEELS

## All-new Opel range makes UAE debut

Liberty Automobiles has launched the 2013 Opel line-up. An authorised dealer for Opel since 2002, Liberty Automobiles unveiled the latest Opel 2013 models to a crowd of enthusiastic car lovers, including VIPS, at its Dubai showroom.

Sheikh Khalid Abdul Aziz Al Qasimi, Chairman of Liberty Group, attended the launch, along with Joerg Herrera, Deputy Consul General of the German Consulate in Dubai.

Duncan Peat, Managing Director, Liberty Automobiles, said, "Opel is a brand that needs no introduction. Having recently celebrated its 150th anniversary, Opel is now the third largest brand in the European passenger car market."



Gilbert Nassar, Brand Manager for Opel at Liberty Automobiles, commented, "With Liberty's experience as one of the most reputable automotive dealerships in the UAE, and Opel's proven track record as a leading German automotive manufacturer, we look forward to exceeding customers' expectations with the all new Opel line-up here in the UAE."

The 2013 Opel line-up offers quality German engineering, combined with passion and performance, whilst delivering value for money. On offer from Liberty Automobiles is the sporty Opel Corsa, sculptured Opel Astra, classy Opel Insignia, clever Opel Meriva and the spacious Opel Zafira Tourer and their variants, including the Opel Performance Centre (OPC) models.

Liberty Automobiles has also enhanced its Liberty Experience to include a 3-year/60,000km complimentary service and maintenance package, and a 3-year/100,000km complimentary warranty for every new Opel.

# Enter a new Accord

Honda's perennial Accord has been completely reinvented, but the big differences are under the skin.

**W**ould you believe that this is the ninth generation of Honda's best-selling car?

In fact, this is a core vehicle for Honda, as Accords in all their variants account for more than half of all Hondas sold in the Middle East. With a fiercely loyal fanbase, you don't want to risk upsetting the ever-faithful by doing anything too radical.

Certainly, the exterior is not going to cause any upsets. Honda describe it as the most sculpted Accord ever, but, in reality, it is simply a mild makeover with a new grille and lights, and a couple of new and bold metallic colours. LED daytime running lights appear for the first time on the new face, an easy thing to spot that tells you it is the latest version. You'd really have to know your Accords to see the new chrome surround on the grille, or the reshaped lights at the rear. Evolution, not revolution then, stylewise.

In fact, under that mildly refreshed skin are some rather more radical changes. The bodyshell itself contains a higher proportion of exotic

high strength steels in an effort to reduce noise and improve handling. The front suspension is completely new, now a conventional lightweight MacPherson strut mounted on a new steel and aluminium front subframe, and claiming to offer better response with less effort. Rear suspension is a new multi-link arrangement, and it works. The ride is quiet, supple and comfortable, yet still offers decent grip through bends.

The steering is also new, now electrically assisted instead of the previous generation's hydraulic system, a move to further improve fuel economy. It is light and works well, if a little bland in feel, and is certainly a good example of such technology. Soon, all cars will be steered this way.

Our Sport version gets 18" alloys, a black leather interior, redesigned seats and LED head and tail lights.

ONE FOR THE LONG ROAD



### SPECS

(as tested)

Engine: 3.5 litre V6

Transmission: 6-speed automatic

Power: 276bhp, 250lb-ft of torque

Price: 3.5 EX V6 Sport

Dh139,999

Being a Honda, there is also a liberal sprinkling of acronyms and technologies designed to keep you on the straight and narrow. Keyless go is standard on higher spec ver-

sions, and all models get a full colour, 8-inch satnav and information display, with a second touch-screen Bluetooth control for your entertainment.

Everything is well fitted and finished, and the new Accord is a place you can comfortably spend long periods of time. Go for the 3.5 litre V6 engine, and that time will be a pleasure. The larger engine is the better choice—the basic entry level version has a new Earth Dreams™ 2.4-litre 4-cylinder with 173 bhp, driving though a 5-speed auto. The Sport gets a new Earth Dreams™ 3.5-litre V-6 with revised VTEC + VCM functions, producing a healthy 276 horsepower, coupled to a 6-speed automatic transmission. This pulls well, is quiet in operation, and allows the Sport to live up to its badge.

The Accord sedan is one of those cars that is almost stealthily invisible, despite claims about the dramatic new styling. But it works well, is quiet and comfortable, and goes everywhere with utter reliability. Spend a little time with it, and you're likely to find yourself in agreement. ●



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# Child's play

The key to happiness could be a lot more fun than you might think.

**D**o you ever find yourself looking back to when you were a child and thinking how life seemed more simple and carefree? Whether it's playing with friends or acting out fantasy tales with joy and innocence, you seemed to live without a care in the world.

As grown-ups, though, many of us have lost this childlike sense of life and our creative and imaginative abilities seem to vanish as we get older. However, it is these qualities and a lack of fear in children that helps them to flourish and explore new possibilities. Many children are naturally curious and have no limit to their imagination. They live in the present without worrying

about bills or money and have no real concerns outside of their own existence. They can play and fully immerse themselves in an imaginative world and are often only too happy to show off to others.

Now imagine living your life with these same qualities that you possessed as a child, in a state of happiness where you are more content and carefree. As adults, society has changed our perceptions of life and our own personal experiences and circumstances have altered the way in which we think, behave and act. As a result, these childlike qualities have disappeared. But, the fact is, we could learn a lot from children and how they look at



the world. This doesn't mean that we have to abandon all our responsibilities and become totally carefree—for most people this would be impossible—but we can all try to be a little more childlike in certain aspects of our life to benefit ourselves.

## RESTORING THE QUALITIES

You can start by identifying the qualities of children that you would like to emulate. Is it their curious



LET YOUR INNER CHILD OUT

nature, their joy and zest for life and exploring, their ability to create and imagine something extraordinary? Or, perhaps you just want to be more content and worry a little less.

The key to achieving these qualities is to first let your guard down a little and be more fearless. Children tend to take chances and ask questions without fear of rejection. Have you ever noticed how a child will approach another child and ask them outright if they want to play or become friends? They don't consider the possible reaction or worry about being rejected by the other person. Try to use this approach yourself when it comes to meeting new people and mingling in social circles. Don't be afraid to introduce yourself to new people and ask questions to get to know them. You never know, you may share similar interests. Likewise, when it comes to your career, adults are often afraid to ask for what they want. Looking for a promotion? Then ask your boss if you feel the time is right. Explain how you have progressed within your role and are an asset to the company. Sure, he or she might say no, but you won't know until you ask.

When life gets too serious or money, work and relationships are getting you down, take a step back and remember to enjoy yourself. If your childhood self was feeling sad they would soon find something to distract them into feeling good again. Go outside and kick a ball around, jump, play or skip in the park. Forget who

might be watching you, after all it's exercise and it's fun. Children play and burn off energy and negativity without noticing others and who may be watching them. Try it, you might feel a new sense of liberation.

Do things that make you happy and things you did as a child. If you sat colouring or painting for hours then get back into it. Even if it means painting at home in the eve-

nings, do it if it makes you feel good. If you enjoyed being silly when you were younger and loved playing dress up, why not join a local theatre group to express these feelings? Just because you are an adult with responsibilities, you don't always have to behave in a serious fashion. Think outside the box and use these child-like qualities to enjoy your life a little more.



LAUGHTER IS THE BEST MEDICINE

## Unleash your inner child

1. Do something fun. Play outside or build a house from Lego with your kids.
2. Read a book or watch a movie that you loved as a child.
3. Tired of walking? Run or skip instead, it will feel great.
4. Try a new look and experiment with outfits like you did as a child.
5. Don't be afraid to be silly every

- now and then. Laugh more and look to see the funny side of things.
6. Eat lunch outside with friends sitting on the grass.
7. Ask for help if you need it.
8. Ignore people that bring you down or say negative things.
9. Cry if you need to.
10. Be daring and open to trying something new.

**“**The most important thing to remember is how to live life in the here and now. Forget the hassles and grown-up stresses of daily life and enjoy every moment.**”**

When children look at the world, they often ask questions. Be curious and don't be afraid to ask questions—you may learn something new.

The most important thing to remember is how to live life in the here and now. Forget the hassles and grown-up stresses of daily life and enjoy every moment as it comes. ●

Tell us your thoughts: [letters@readme.ae](mailto:letters@readme.ae)



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# Fighting the fear factor

Many people dread the thought of public speaking, but with a few tricks up your sleeve you can beat the fear.

## PUBLIC SPEAKING

**Regardless of your** profession, your success is determined a great deal by your ability to communicate effectively. Whether you're running a meeting, selling a product, motivating coworkers or just communicating one-on-one with others, you'll get far better results if you can present your thoughts persuasively, smoothly and logically. Anxiety over a simple presentation can be debilitating—some researchers have even shown that fear of public speaking ranks higher than the fear of death. Fear of public speaking may lead people to choose a career that doesn't call for public speaking, rather than the job they really want. Akhtaboot reveals the main reason behind stage phobia and provides a few practical tips to help you conquer your anxiety.

## WHY PUBLIC SPEAKING SCARES YOU

There's something about standing up there, with all eyes on you, that makes you break into a sweat. Psychologists suggest that public speaking phobia is often associated with the fear of rejection. And, at a primal level, the fear is so strong because we are not only afraid of being ashamed or judged, we are afraid of being rejected from the social group, abandoned and left to protect ourselves all on our own. It seems that to this day we still fear being rejected by the social group, fearing it more than death, because not so long ago getting kicked out of the group probably was like a death verdict.

## IS PUBLIC SPEAKING FOR EVERYONE?

In today's business world, fear of public speaking is portrayed as a personality flaw that must be overcome, otherwise your career will be affected. But what if you have no struggle at all, and really would just prefer to avoid public speaking altogether? In that case, try to build your career so you don't have to give speeches. If this means accepting a lower-paid position or turning down a promotion, so be it. To some, there are more important things in life than advancing at the office.

## WHAT TRIGGERS YOUR PUBLIC SPEAKING FEAR?

The first step in getting over your fear is to figure out what triggers your



KNOW YOUR SUBJECT INSIDE OUT

*“At a primal level, we are not only afraid of being ashamed or judged, we are afraid of being rejected from the social group.”*

stress levels when hitting the stage. Is it the fear of what the audience will think about you? Are you afraid of them judging you? Do you fear messing up on stage? Once you figure that out, you need to find a motivator that makes you feel uplifted and excited. Exercising could work, practicing with a friend, practicing on your own or even checking out the room in advance.



SPEAKING UP WITH STRENGTH

## PRACTICE MAKES PERFECT

Make sure that you know your content inside out so that you are comfortable giving your presentation with no visual aids at all. Prepare a draft of your script with all the key points you want to get across and keep it with you as a thought flow guide. Mastering your content properly will afford you the luxury of staying calm and maintaining clarity during presentations.

## ENGAGE THE AUDIENCE

Creating a monologue presentation puts the entire task of informing and entertaining the audience on you. Think of it as a conversation and not a presentation. Try to make your

talk a two-way interaction with questions and participation. Having the audience involved reduces boredom and gives you time to reorganize your thoughts if things go off track. ● By Akhtaboot—the career network ([www.akhtaboot.com](http://www.akhtaboot.com)).



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## Myriam Fares is new face of Mikyajy in region

**Mikyajy**, one of the fastest growing cosmetic brands in the Middle East, has appointed Lebanese singer Myriam Fares as the brand's new face, thus reinforcing its close relationship with women and dedication to fun, fresh-faced beauty.

The popular singer now features in the brand's latest TV commercial; a mischievous colour extravaganza featuring the charismatic Myriam Fares frolicking with Mikyajy's bestsellers and selected upcoming launches.



Jim Ragsdale, Mikyajy's Brand Director, recently introduced Fares as the latest face of the brand, saying, "Mikyajy sets itself apart with a love of playfulness and creativity, and we decided that a talented star like Myriam would best personify and embody these values. We are eagerly looking forward to this collaboration as both Myriam and Mikyajy flaunt an irresistible combination of Arabic tradition with international appeal and complement each other perfectly."

Kamal Osman Jamjoom, CEO and founder of Mikyajy, added, "Fares' vibrancy and passion for life are the ideal representation of the youth and femininity that our brand Mikyajy is renowned for and she truly personifies the values of the brand."

**L**ast but certainly not least when it comes to fashion weeks, Paris Fashion Week was the place to be seen. With big-name celebrities such as Jessica Alba, Nicole Ritchie and Amanda Seyfried adorning the front rows, it was a fashion showdown.

As designers and models took the spotlight at Paris Fashion Week, it was all about donning black and white as models paraded down the runway in monochrome ensembles for the autumn/winter 2013 season. But it didn't stop there, as fashionistas and VIP guests on the front row showed off their fashionable black and white creations.

Jessica Alba looked stunning in her chic, suit ensemble at the Stella McCartney show. The actress paired a crisp white shirt with a tailored trouser suit and fierce black heels. Meanwhile, Nicole Ritchie embraced the monochrome trend and paid tribute to Stella McCartney in a geometric dress by the designer. The tiny starlet looked every inch the fashion queen with



AMANDA SEYFRIED

her chic bob and sky-high heels.

Over at the Givenchy show, celebrity power couple, Kim Kardashian and Kanye West proved that opposites do attract, creating a rather trendy monochrome ensemble between them. Kim channelled her masculine side in a black trouser suit, cleverly concealing her baby bump.

Her handsome beau co-ordinated with his look, donning an all-white ensemble. The famous pair weren't the only ones rock-



MARC JACOBS SS13 COLLECTION

# The monochrome crew

From the killer trends on the catwalk to the edgy fashion on the front row, the monochrome look dominated Paris Fashion Week.

“The monochrome trend is the easiest way to look polished and chic all year long.”



ing the monochrome trend. Les Misérables actress, Amanda Seyfried shared the front row with the couple and wore a stylish black dress with white geometric prints.

Work this season's love for all things monochrome and take your cue from Marc Jacobs black and white spring/summer 2013 collection. The designer debuted his monochrome collection in New York back in September and there was no denying the '60s-inspired theme. Models strolled down the runway with bold brows, messy eyeliner and bedhead hair. The collection showcased matching outfits, unique separates and quirky tunics. When it comes to designer collections, the clichéd trend of pastels in spring and dark hues in winter usually prevails.

So when Marc Jacobs created an entirely bold and edgy collection for the spring/summer season, fashion critics were overjoyed. However, the designer wasn't alone in his vision, Jonathan Saunders and Diane Von Furstenberg followed suit with their monochrome graphic collections.

But celebrities have rocked the monochrome look on the red carpet for months now. One of the most talked about looks at this year's Grammys was Beyoncé's black and white jumpsuit by British designer, Osman Yousefzada. The singer looked elegant in the simple, understated one piece.

The monochrome trend is the easiest way to look polished and chic all year long. Luckily, it's so versatile that you can wear black and white together for a casual look or for a more formal or social event. These colours also look great against any skin tone and shape. Harvey Nichols womenswear buying team said, "Black and white is our favourite trend for SS13 as it's a refreshing change from last season's brights."

Designers such as Antonio Berardi, Burberry and Chloe have featured head-to toe monochrome looks in their spring/summer collections. Opt for shift dresses, racer shorts and skirts in striped



NICOLE RITCHIE



JESSICA ALBA

and checkered patterns for a modern, summer look. The easiest way to work the monochrome trend is to choose tailored and simple pieces. Pair a crisp white blouse with high-waisted black trousers and accessorise with oversized dark sunglasses

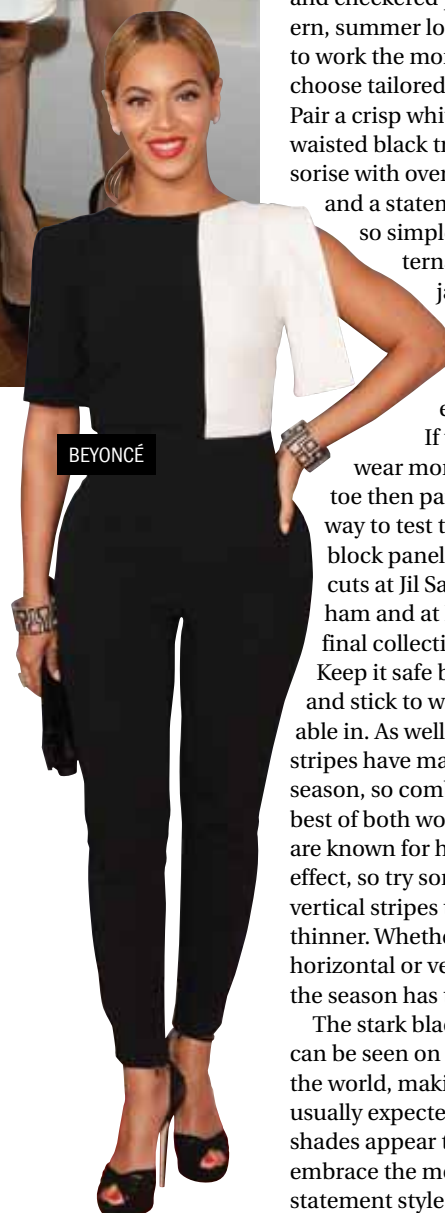
and a statement bag. This look is so simple yet super chic. Alternatively, a black leather jacket worn over a white t-shirt, black skinny jeans and biker boots looks effortless yet stylish.

If you don't want to wear monochrome head-to-toe then panels are the easiest way to test this trend. Statement block panels were seen in classic cuts at Jil Sander, Victoria Beckham and at Nicolas Ghesquiere's final collection for Balenciaga. Keep it safe by avoiding patterns, and stick to what you're comfortable in. As well as black and white, stripes have made a major return this season, so combine the two for the best of both worlds. Vertical stripes are known for having a slimming effect, so try some black-and-white vertical stripes to look taller and thinner. Whether you prefer them horizontal or vertical, the stripe of the season has to be bold and wide.

The stark black and white combo can be seen on catwalks all around the world, making the standard—and usually expected—pastel spring shades appear too clichéd. So embrace the monochrome trend for statement style this season. ●



KANYE AND KIM



BEYONCÉ

# Station by station guide

Looking for something to do? You could always hop off the train and visit one of these...



## Get creative

SATURDAYS, 10AM

SCAFA, CLUSTER I, JLT

Cookery school SCAFA is getting into the spirit of the season by hosting a fun-filled Easter egg cooking class every Saturday. The class will teach all ages and levels the art of preparing and decorating delicious chocolate eggs—the perfect gift for friends and families. The class is from 10am to 1pm, costs Dh250 per person and is open to adults and kids.



## Noel Gallagher at Sandance

MARCH 15, 2PM

ATLANTIS, THE PALM

Famous across the globe for being one half of British rock group, Oasis, Noel Gallagher will be taking to the stage to perform a mix of his own solo hits, plus some of the most well-known Oasis classics to get the crowd singing along. With support from The Verve's Richard Ashcroft plus BBC Radio One's Zane Lowe, this promises to be a memorable night, capturing Britpop at its best.

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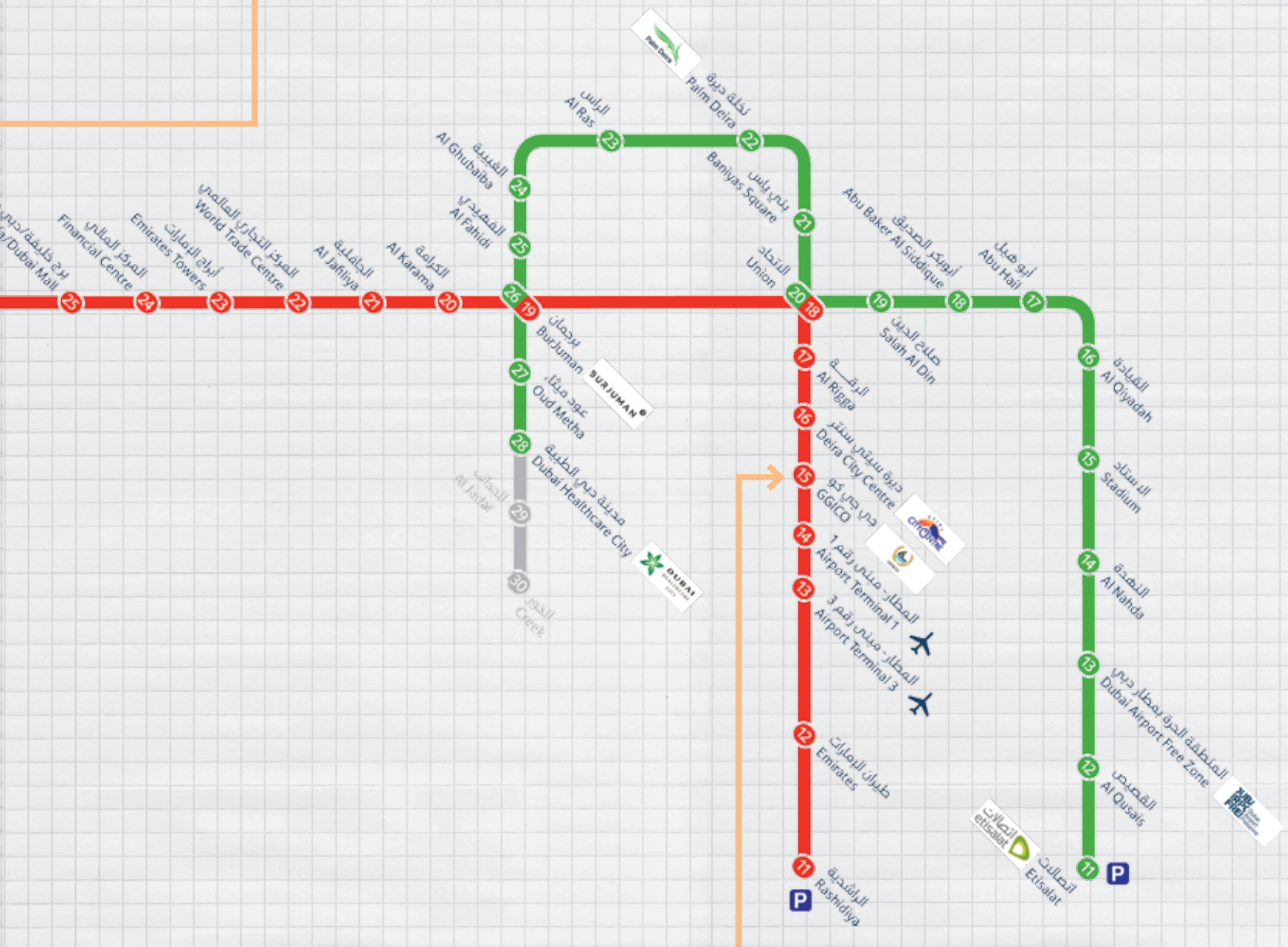


## Tarek Yamani

MARCH 11, 7.30PM

THE FRIDGE, ALSERKAL AVENUE, AL QUOZ 1, STREET 8

Award-winning, New York-based jazz pianist Tarek Yamani will be presenting a programme of jazz standards, Brazilian songs and his own original compositions during this special gig. He will also be joined on stage by Dubai jazz stalwart Elie Afif, for a one-off concert showing a true meeting of musical minds. Dh50 per person, free for under 18s.



## St. Patrick's Day fun

MARCH 14 - 17

IRISH VILLAGE, THE AVIATION CLUB, GARHOUD

The population of Irish expatriates in our city is massive, so why not join in with the fun as the celebrations begin in honour of St. Patrick's Day? With live music, dance shows, kids activities, Irish-themed buffets and notoriously friendly company, it looks set to be four days of family fun and pure Irish craic.



# A whole new world

New movie **Oz the Great and Powerful** is a colourful land of adventure.

## NEW RELEASE

**L. Frank Baum's** imaginative world has been recreated yet again in *Oz the Great and Powerful*. It is a prequel to *The Wizard of Oz* and follows the story of the selfish and egoistic Oscar Diggs (James Franco), a small town showman in a travelling circus.

Upset because of his failure and aboard a hot-air balloon, Diggs gets swept into the mythical land of Oz in a tornado and encounters three witches, Theodora (Mila Kunis), Evanora (Rachel Weisz) and Glinda (Michelle Williams), who are locked in a power struggle. Theodora falls head-over-heels for Diggs, Evanora wants the throne to herself while Glinda fully believes that Diggs will be her saviour.

According to the people of Oz, his arrival was long foretold as someone who would free them. So, with the help of a talking monkey, Finley (Zach Braff), and a miniature girl made from china (Joey King), Diggs is faced with the task of rescuing the citizens of Emerald City from a sinister force.

Introduced in Kansas, Franco (*127 Hours*) adds a boyish, witty charm to

## Did you know?

- Franco had to learn tricks to portray his character and learnt how to pull objects out of hats and how to make things levitate.
- There are over 3,000 different props used in the movie, with 1,400 of them manufactured especially for the film.
- All three women have special powers from natural elements. Evanora can create lightning, Theodora can make fireballs appear and Glinda commands water.

his character, while Williams (*Blue Valentine*) has the unearthly theatrical quality that can be associated with her character. Weisz (*Constantine*) has no trouble tapping into the archetypal qualities of a villainess, and Kunis (*Black Swan*) gives a standout performance—her transition into the broom-mounted Wicked Witch of the West is incredible.

Director Sam Raimi (*Spider Man*) faced the challenge of the

film being compared to films and books that have come before and met those expectations by creating a vivid landscape and an unbelievable world. The film does have a similar feel to the original journey but moves from a small black and white frame into a lively, colour-soaked fantasy.

The 3D aspect has been utilised with skill. Snowflakes and mysterious animals leap through the screen as the story unfolds to give you thrills, while the tornado scene deserves special mention as it is enhanced by spectacular 3D effects. The film also packs clever schemes, gadgets and battles to keep you engrossed.

The film portrays Diggs as an irresponsible narcissist at the start of the film and shows how his journey changes him and makes him a leader people can rely on—a classic fable for kids. The film's colourful effects and cuddly make-believe characters are easy to connect with and, overall, it emanates a timeless magic that is sure to entertain audiences.

A strong story, a dash of comedy, adventure and emotions are all mixed together into an enchanting tale. Even if you haven't seen the original, it will keep you entertained from start to finish. Full of wonder and a tremendous homage to the Oz stories, this is one that will captivate all ages and take you on a journey into a wonderful world. ●

THE WONDERFUL WORLD OF OZ

# Hollywood news

## De Niro to direct a Broadway musical

Robert De Niro is all set to direct the Broadway musical of *A Bronx Tale*, a reprisal of the movie he directed in 1993. Chazz Palminteri, who wrote the original movie and acted in both the film and the Broadway play, is currently writing the book for the musical. De Niro bought the film rights after seeing Palminteri perform his one-man show in New York in the 1990s. David Bryan of Bon Jovi will be writing the songs and Sergio Trujillo of *Jersey Boys* fame will be working on the choreography. Tommy Mottola will be producing it. The play was last revived on Broadway in 2007.

*A Bronx Tale* charts the story of a young boy from a working class family who becomes involved in organised crime and is set in the turbulent era of the 1960s. It follows a young Italian-American teenager as his path in life is guided by two father figures, based loosely upon Palminteri's childhood.



## Birdman shoot to begin in April



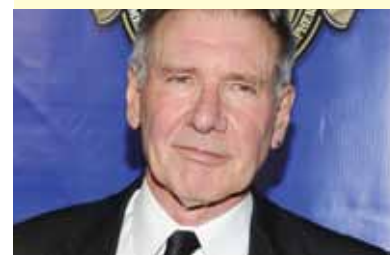
NAOMI WATTS



EMMA STONE

Alejandro Gonzalez Inarritu's latest project *Birdman* is all set to star Michael Keaton, Emma Stone, Naomi Watts and Zach Galifianakis. As opposed to the director's usual soul-searing dramas, this film will be a dark comedy that follows a former actor, who once played an iconic superhero, as he takes part in a Broadway play based on a Raymond Carver short story in order to recapture his glory days. However, he faces a tough challenge from the play's leading man. Keaton, who has previously acted in the 1989 and 1992 *Batman* films, will star as the movie star trying to recover his credibility. Stone will be seen playing Keaton's daughter and his assistant. Watts will portray an actress in the Broadway play, while Galifianakis will play the show's shrewd producer. The other main parts still to be cast include the play's leading man and the ex-wife. The script has been co-written by Gonzalez Inarritu, Nicolas Giacobone, Alexander Dinlaris and Armando Bo, and will be produced by Robert Graf and John Leshner. The production is scheduled to start shooting in early April.

## Ford in Anchorman 2



Hollywood veteran Harrison Ford will play a newscaster in the hotly-anticipated comedy, which starts shooting this month. The sequel to 2004's *Anchorman: The Legend of Ron Burgundy* will also star Will Ferrell, Steve Carell, Paul Rudd, Christina Applegate, David Koechner and Kristen Wiig. With such a stellar cast, fans are sure to be in for a treat.

## JGL to receive award

After directing the recent festival film *Don Jon's Addiction*, Joseph Gordon-Levitt will receive CinemaCon's Breakthrough Filmmaker of the Year

Award for his debut



feature. The movie had its world premiere at this year's Sundance Film Festival, with Gordon-Levitt writing, directing, and starring alongside actress Scarlett Johansson.

# Bollywood news

## Hrithik in KJo's Shuddhi

Hrithik Roshan, currently shooting for Shekhar Kapur's *Paani*, *Krish 3* and Siddharth Anand's *Knight and Day* remake, will also start work on Karan Johar's latest project later this year. The dramatic romance movie, titled *Shuddhi*, will reunite Johar, Hrithik and Karan Malhotra, the hit *Agneepath* trio.



## Barfi ends festival

Last year's release, *Barfi* starring Ranbir Kapoor and Priyanka Chopra, will close the 15th annual London Asian Film Festival on March 17. The event will be attended by director Anurag Basu, who will join a post-screening talk. Other films to screen at the festival include *English Vinglish*, *David* and a documentary *Big in Bollywood*.



## Saif and Riteish duo

Saif Ali Khan and Riteish Deshmukh, both known for their comic timing, will be seen together soon for the first time. Jacqueline Fernandez is also part of the untitled project, set to release next year. The film will be directed by Sajid Khan and produced by Vashu Bhagnani, who also worked together on *Himmatwala*.

## Kapoor shoot begins

Imran Khan and Kareena Kapoor have started shooting on Punit Malhotra's *Gori Tere Pyaar Mein*. Although the leading pair recently starred together in *Ek Main Aur Ekk Tu*, which was shot in Las Vegas, this feature will present the actors in a rural setting. The film is set to be released on November 15.

# Listings

THE READ. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.



SILVER LININGS PLAYBOOK

## MOVIE GUIDE

### Grand Cineplex - Wafi

**Al Hafiah** - 19:40, 21:50, 00:00

**Cockneys Vs Zombies** - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15

**I Me Aur Main** - 12:30, 17:00, 21:30

**Identity Thief** - 10:20, 12:35, 14:50, 17:10, 19:30, 21:45, 23:55

**Kai Po Che** - 10:00, 14:30, 19:00, 23:30

**Love Wedding Marriage** - 10:15, 12:30, 14:45, 17:00, 19:15, 21:30, 23:45

**Oz The Great And Powerful** - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00

**Oz The Great And Powerful (3D)** - 10:30, 13:00, 15:30, 18:00, 20:30, 23:00

**Parker** - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:50

**Playback** - 11:30, 13:30, 15:30, 17:30, 19:30, 21:30, 23:40

**Sahib Biwi Aur Gangster Returns** - 11:00, 14:00, 17:00, 20:00, 23:00

**Silent Hill Revelation** - 11:45, 13:45, 15:45, 17:45, 19:45, 21:45, 23:45

**Snitch** - 10:30, 12:45, 15:00, 17:15

**Vehicle 19** - 11:00, 12:50, 14:40, 16:30, 18:20, 20:10, 22:00, 00:10

### Grand Megaplex - Ibn Battuta

**A Good Day To Die Hard** - 12:30, 17:00, 21:30

**Al Hafiah** - 20:00, 22:00, 00:15

**Argo** - 19:00, 21:20, 23:40

**Cockneys Vs Zombies** - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15

**I Me Aur Main** - 10:15, 12:30, 14:45, 17:15, 19:30, 21:45, 00:00

**Identity Thief** - 10:20, 12:35, 14:50, 17:10, 19:30, 21:45, 23:55

**Kai Po Che** - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30

**Life of Pi** - 10:00, 12:30, 15:00, 17:30

**Love Wedding Marriage** - 10:15, 12:30, 14:45, 17:00, 19:15, 21:30, 23:45

**Mama** - 10:15, 14:45, 19:15, 23:45

**Moment In Time** - 11:00, 13:00, 15:00, 17:00, 19:00, 21:00, 23:00

**Oz The Great And Powerful** - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00

**Oz The Great And Powerful (3D)** - 10:30, 13:00, 15:30, 18:00, 20:30, 23:00

**Parker** - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:50

**Playback** - 11:30, 13:30, 15:30, 17:30, 19:30, 21:30, 23:40

**Romans** - 20:00, 23:00

**Safe Haven** - 10:30, 12:45, 15:00, 17:15, 19:30, 21:45, 00:00

**Sahib Biwi Aur Gangster Returns** - 11:00, 12:00, 14:00, 15:00, 17:00, 18:00, 20:00, 21:00, 23:00, 00:00

**Silent Hill Revelation** - 11:30, 13:30, 15:30, 17:30, 19:30, 21:30, 23:30

**Snitch** - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30

**Snowflake The White Gorilla** - 11:00, 13:00, 15:00, 17:00

**Top Cat (3D)** - 10:00, 12:00, 14:00, 16:00, 18:00

**Vehicle 19** - 11:00, 12:50, 14:40, 16:30, 18:20, 20:10, 22:00, 00:10

### Grand Cinemas - Festival City

**Al Hafiah** - 19:40, 21:50, 00:00

**Cockneys Vs Zombies** - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15

**Identity Thief** - 10:20, 12:35, 14:50, 17:10, 19:30, 21:45, 23:55, 00:10

**Love Wedding Marriage** - 10:15, 12:30, 14:45, 17:00, 19:15, 21:30

**Oz The Great And Powerful** - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00

**Oz The Great And Powerful (3D)** - 10:30, 13:00, 15:30, 18:00, 20:30, 23:00

**Parker** - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:50

**Playback** - 11:30, 13:30, 15:30, 17:30, 19:30, 21:30, 23:40

**Sahib Biwi Aur Gangster Returns** - 11:00, 14:00, 17:00, 20:00, 23:00

**Silent Hill Revelation** - 11:45, 13:45, 15:45, 17:45, 19:45, 21:45, 23:45

**Snitch** - 10:30, 12:45, 15:00, 17:15

**Vehicle 19** - 11:00, 12:00, 12:50, 13:50, 14:40, 15:40, 16:30, 17:30, 18:20, 19:20, 20:10, 21:10, 22:00, 23:00, 00:10

### Grand Cinecity - Al Ghurair

**Cockneys Vs Zombies** - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15

**I Me Aur Main** - 12:30, 17:00, 21:30

**Kai Po Che** - 10:00, 14:30, 19:00, 23:30

**Love Wedding Marriage** - 10:15, 12:30, 14:45, 17:00, 19:15, 21:30, 23:45

**Moment In Time** - 11:00, 13:00, 15:00, 17:00, 19:00, 21:00, 23:00

**Oz The Great And Powerful** - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00

**Oz The Great And Powerful (3D)** - 10:30, 13:00, 15:30, 18:00, 20:30, 23:00

**Sahib Biwi Aur Gangster Returns** - 11:00, 14:00, 17:00, 20:00, 23:00

**Vehicle 19** - 11:00, 12:50, 14:40, 16:30, 18:20, 20:10, 22:00, 00:10

### Reel Cinemas - Dubai Mall

**A Good Day To Die Hard** - 11:45, 13:55, 16:05, 18:15, 20:25, 22:35, 00:45

**Al Hafiah** - 12:05, 14:05, 16:05, 18:05, 20:05, 22:05, 00:05

**Ala Gothety** - 14:55, 17:20, 19:45, 22:10, 00:35

**Cockneys Vs Zombies** - 14:30, 16:30, 18:30, 20:30, 22:30, 00:30

**Identity Thief** - 11:15, 13:40, 16:05, 18:30, 19:30, 20:55, 21:55, 23:20, 00:20

**Moment In Time** - 13:35, 15:50, 18:05, 20:20, 22:35, 00:05

**Oz The Great And Powerful** - 11:30, 14:15, 17:00, 19:45, 22:30

**Oz The Great And Powerful (3D)** - 11:00, 13:45, 14:45, 16:30, 17:40, 19:15, 20:35, 22:00, 23:30, 00:40

**Parker** - 11:20, 13:45, 16:10, 18:35, 19:55, 21:00, 22:20, 23:25, 00:45

**Playback** - 14:00, 16:10, 18:20, 20:30, 22:40, 00:50

**Sahib Biwi Aur Gangster Returns** - 15:20, 18:15, 21:10, 00:05

**Silent Hill Revelation (3D)** - 19:00, 21:05, 23:10, 01:15

**Silver Linings Playbook** - 14:25, 16:55, 19:25, 21:55, 00:25

**Snitch** - 11:50, 14:15, 16:40, 19:05, 21:25, 23:50

**Top Cat (3D)** - 11:00, 13:00, 15:00, 17:00

**Vehicle 19** - 11:10, 13:05, 15:00, 16:45, 18:50, 20:45, 22:40, 00:35

**Zero Dark Thirty** - 13:45, 16:50

### Reel Cinemas - Marina Mall

**A Good Day To Die Hard** - 11:45, 13:55, 16:05, 18:15, 20:20, 22:25, 00:35

**Broken City** - 13:30, 18:05, 22:40

**Identity Thief** - 11:00, 13:15, 15:30, 17:50, 20:05, 22:25, 00:45

**Oz The Great And Powerful** - 18:55, 21:40, 00:20

**Oz The Great And Powerful (3D)** - 12:30, 15:15, 18:00, 20:45, 23:30

**Parker** - 12:10, 14:35, 17:00, 19:25, 21:50, 00:15

**Snitch** - 11:10, 15:45, 20:20, 00:50

**Top Cat (3D)** - 11:00, 12:55,



LOVE WEDDING MARRIAGE

14:55, 16:55

### Vox Cinemas - Deira City Centre

**A Good Day To Die Hard** - 12:00, 16:45, 21:30

**Al Hafiah** - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15

**I Me Aur Main** - 10:45, 13:15, 15:45, 18:15, 20:45, 23:15

**Identity Thief** - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30

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**Snitch** - 09:30, 14:15, 19:00, 23:45

**Vehicle 19** - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00

### Vox Cinemas - Mall of the Emirates

**A Good Day To Die Hard** - 10:30, 12:45, 15:00, 17:15, 19:30, 21:45, 00:00

**Al Hafiah** - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15

**Cockneys Vs Zombies** - 20:00, 22:00, 00:00



COCKNEYS VS ZOMBIES

SCHEDULE CORRECT AT TIME OF GOING TO PRESS; HOWEVER, PLEASE NOTE THAT MOVIE THEATRES CAN CHANGE SCHEDULES WITHOUT NOTICE



**Identity Thief** - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30

**Life of Pi (3D)** - 10:45, 13:30, 16:15, 19:00

**Love Wedding Marriage** - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00

**Oz The Great And Powerful (3D)** - 09:30, 10:30, 12:15, 13:15, 15:00, 16:00, 17:45, 18:45, 20:30, 21:30, 23:15, 00:15

**Parker** - 11:15, 13:45, 16:15, 18:45, 21:15, 23:45

**Playback** - 17:15, 19:30, 21:45, 00:00

**Silent Hill Revelation (3D)** - 21:45, 23:45

**Snitch** - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30

**Snowflake The White Gorilla** - 09:15, 11:15, 13:15, 15:15

**Top Cat (3D)** - 10:00, 12:00, 14:00, 16:00, 18:00

**Vehicle 19** - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00

### Vox Cinemas - Mirdif City Centre

**Al Hafiah** - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15

**Identity Thief** - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30

**Love Wedding Marriage** - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00

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**Snitch** - 19:00, 21:30, 00:00

**Top Cat (3D)** - 09:00, 11:00, 13:00, 15:00, 17:00

**Vehicle 19** - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15

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# What's happening this week in Dubai



## CABSAT 2013

CABSAT is the largest broadcast, digital media and satellite exhibition in the Middle East.

**Date:** March 12 - 14

**Timings:** 10am - 5pm

**Audience:** Trade

**Category:** Exhibition

**Venue:** Dubai World Trade Centre

**Admission:** Free online registration

**Telephone:** 04 308 6243



## Taste of Dubai 2013

The annual food festival returns to Dubai Media City.

**Date:** March 14 - 16

**Timings:** March 14 (3pm - 12am), March 15 (12pm - 12am), March 16 (12pm - 12am)

**Audience:** Public

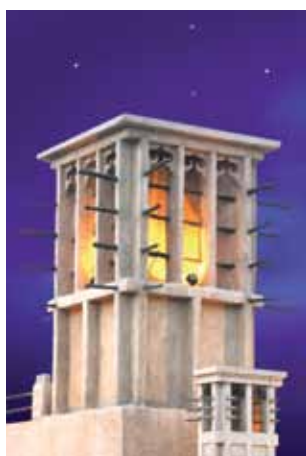
**Category:** Festival

**Venue:** Dubai Media City Amphitheatre

**Admission:** Dh60-Dh240

**Telephone:** 050 734 1277

## SIKKA 2013



SIKKA's third edition is an artist-led fair of commissioned work in the heart of Dubai.

**Date:** March 14 - 24

**Audience:** Public

**Category:** Arts and culture

**Venue:** Al Fahidi Historical Neighbourhood (formerly known as the Bastakiya), Bur Dubai

**Admission:** Free

**Telephone:** 04 384 2000

## Dubai Kartdrome Endurance Championship Driven by Mini

This 12-hour race is the first round of the 2013 Endurance Challenge.

**Date:** March 15 - 16

**Audience:** Public

**Category:** Sports

**Venue:** Dubai Autodrome, Motor City

**Admission:** Free

**Telephone:** 04 367 8744



## Bob Geldof in Concert 2013

Sir Bob Geldof brings St. Patrick's Day to a grand entrance at the Irish Village.

**Date:** March 14

**Timings:** 9pm

**Audience:** Public

**Category:** Music

**Venue:** Irish Village, The Aviation Club

**Admission:** Dh125

**Telephone:** 04 239 5000



## Mounir Live in Dubai

A live performance by Egyptian pop superstar Mohamed Mounir at Downtown Dubai.

**Date:** March 15

**Timings:** 9pm

**Audience:** Public

**Category:** Entertainment

**Venue:** Burj Park, Downtown Dubai

**Admission:** Standing (Dh195), Free seating (Dh395)

**Telephone:** 052 885 1775



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## JOBS WANTED



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## AUTOS



**Land Rover LR3**, 2008 model for sale. Full service history. In excellent condition. From Al Tayer. Call 0554952830.

**Ssangyong**, 2008 model for sale. Full option. In good condition. For Dh18,000. Call 0507395538.

**Mitsubishi Lancer** 2010 model for sale. In excellent condition. Fully automatic. Price for Dh24,000. Bank loan can be arranged. Call 0566234236.

**Toyota Supra**, 1998 model for sale.

White colour. Full sport. Good condition. Starting from Dh90,000. Call 050636465.

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## ITEMS



**3+2+1 sofa** cum bed with storage under each one available for sale. In VGC. Call 0507689828.

**Gold iPhone 5**, BlackBerry Porsche Design available for sale. For more details, call 0503830299.

## ACCOMMODATION



**Accommodation** available for rent. Executive bachelor Keralites only. In Deira. Call 050659845.

**Shared room** available for rent. Executive female only. Located near Fortune Plaza Hotel and Dafza metro station, Qusais. Rent for Dh800 plus one month in advance. Call 0558098027.

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**Shared accommodation** available for rent. Located near Union metro station, Deira. Executive bachelor only. Call 0507758735.

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**Shared room** available for rent. Family / working ladies only. Starting from March 15, 2013. Near DAFZA metro station, Al Qusais. Call 0501006367.

**Bed space** available for rent. Female only. Located near Mall of the Emirates. Call 0504738004.

**One room** available for rent. 2 executive bachelors/working couples only. Located in Rola street, Bur Dubai. Starting from 1. 4. 2013. Call 0508737861.

**Shared room** available for rent. Indian females only. Near West Zone sm, Muteena, Deira. Rent for Dh 650 + DEWA. Call 0555039016.

**Bed space** available for rent. Executive Keralite bachelors only. Located near Fish Roundabout area and Montreal Hotel. Rent for Dh500 including DEWA. Call 0557235856/0502109489.

**Unique office** available for rent. At the Black Square, Sheikh Khalifa street, Ajman. In Ramada Ajman compound. Open space units from 900 to 13,000 Sq Ft. Call 0506337547.

**Villa** available for sale. In Abu Dhabi, facing military club. At 7,154 Sq. Ft. From direct seller. Call 0507701599.

## MISCELLANEOUS



**VAK Sports, Dubai** will host the 1st edition of All India Sevens Football Tournament at Dubai Club for Special Sports Stadium (Handicapped) near Lulu Hypermarket, Al Qusais, on March 29, 2013. Be brave, take the challenge and prepare your team to be crowned champions of the famous VAK Sports football tournament. To register and for more details, please contact: Basheer Kattoor (Zyco): 0507981606/bashir\_9@hotmail.com or Ismail KP: 050-8240700/kannur2006@gmail.com.

**Get an easy loan**. No salary transfer required. No bank statement. Fast approval, minimum salary - Dh5,000. Call 0504371523.

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**Personal loan** services with salary of Dh4,500 plus variable income. No salary transfer required, minimum documentation, fastest approval rate. (Non listed companies employees can also apply). Call 0554014386.

**Personal loan** and auto loan services, salary Dh4,500 plus variable income. Dh3,000 for auto loan. Fast approval and non-salary transfer. Call 0501647611.

**Quick personal** loan (salary Dh4,000+) and auto loan (salary Dh3,000). Fast approvals, no salary transfer required. Call 0528830016.

**Ayurvedic treatment/massage** for only Dh125/ 1hr. Kairali Ayurvedic Centre, Deira. Call 042298046. Valid for gents & ladies.

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**Required doctor** cum investor to start a clinic. Near BurJuman. Call Dr. Asha 0504953128.

# US bank seeks cooperation

RTA briefs Export-Import Bank of the United States on investment opportunities available in key projects.

## MEETINGS

**Mattar Al Tayer**, Chairman of the Board and Executive Director of the Roads and Transport Authority (RTA), recently received Fred P. Hochberg, Chairman and President of Export-Import Bank of the United States, at the RTA head office, in the presence of Robert Waller, US Consul General in Dubai.

The meeting aimed to review the prospects for cooperation, and explore the roads and mass transit projects that the RTA plans to implement in the future.

Al Tayer welcomed the American delegation and spoke about the investment opportunities on offer to the private sector in road projects and transportation systems, which the RTA plans to implement by 2020.

The RTA's plan caters to the projected population and requirements of Dubai's bid for hosting the World Expo 2020, involving constructing hundreds of kilometres of main roads, crossings over Dubai Creek, and a number of ring roads around the existing and new development and business centres in the emirate.



Al Tayer explained that the forthcoming years would also witness the implementation and operation of metro and tram rail projects, costing billions of dirhams, in addition to the construction of bus passenger terminals and multi-storey vehicle parking lots, which would offer good opportunities for companies to bid

for RTA tenders. Al Tayer said, "The RTA is mulling the implementation of the Public-Private Partnership (PPP) model in order to provide attractive economic elements in a number of projects to prompt the private sector to take the initiative in adopting and funding projects in return for obtaining revenues during the contracted

period." Hochberg noted that he was impressed with the projects undertaken by the RTA, particularly the mass transit projects, citing the Dubai Metro, Safouh Tramway and other public transit means. He also stressed his commitment to strengthen future cooperation and exchange of expertise with the RTA.

# Road awareness campaign concludes

Motorists and other road users made aware of ways and means to reduce number of run-over accidents.

## ROAD SAFETY

The Roads and Transport Authority (RTA), has concluded an awareness and educational campaign targeting motorists and road users with the aim of reducing run-over accidents.

Engineer Maitha Bin Udai, CEO of the RTA Traffic and Roads Agency, said, "The campaign, which was run under the theme 'Pedestrian Safety is Our Responsibility,' targeted users of pedestrian crossings, particularly Asian workers who account for 74 per cent of run-over fatalities.

"The campaign, which was carried out in coordination with the Ministry of Interior, focused on acquainting motorists with the rights of road users and respecting pedestrian crossings. It also urged workers and road users



to pay full attention and not put their lives at risk," she added.

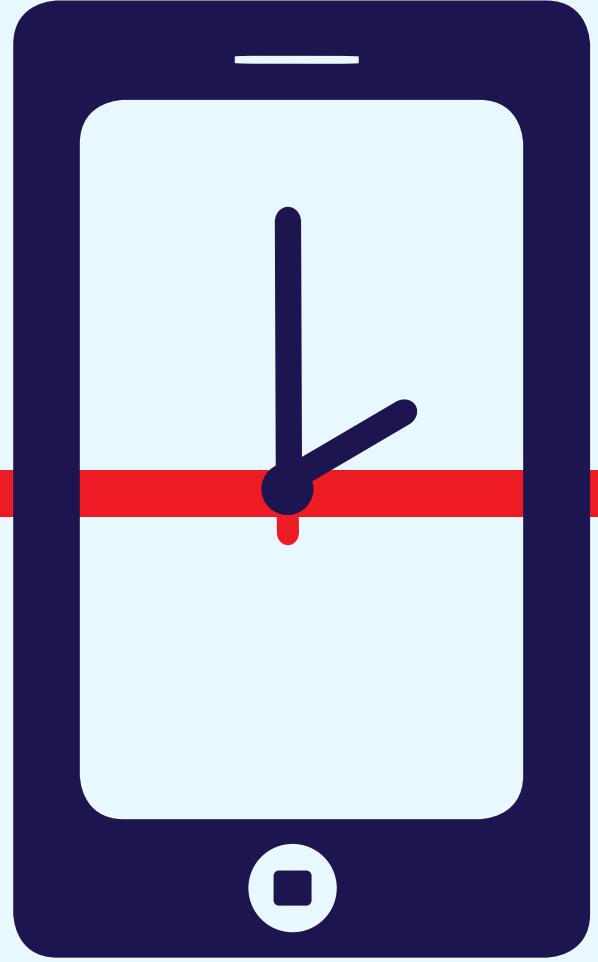
Bin Udai continued, "The campaign comprised distributing an awareness booklet and educational

leaflets to motorists and pedestrians. The booklet, printed in Arabic and English and titled *Road Partners*, illustrated the faults triggering run-over accidents. It called upon motor-

ists to be wary of, and steer clear of, mistakes such as stopping on pedestrian crossings, an offence punishable by Dh500 and six black points."

The awareness booklet—a pictorial story illustrated in Arabic, English, Urdu and Hindi—showcased how to cross roads, walk on the side-walks and avoid accidents. Bin Udai also referred to the role of car park inspectors in distributing the awareness materials, saying, "The agency's traffic awareness supervisors worked with parking inspectors. They reminded motorists of the importance of slowing down at pedestrian crossings and avoiding overtaking stopping or slow-moving vehicles, especially at pedestrian crossings and students' assembly areas near schools."

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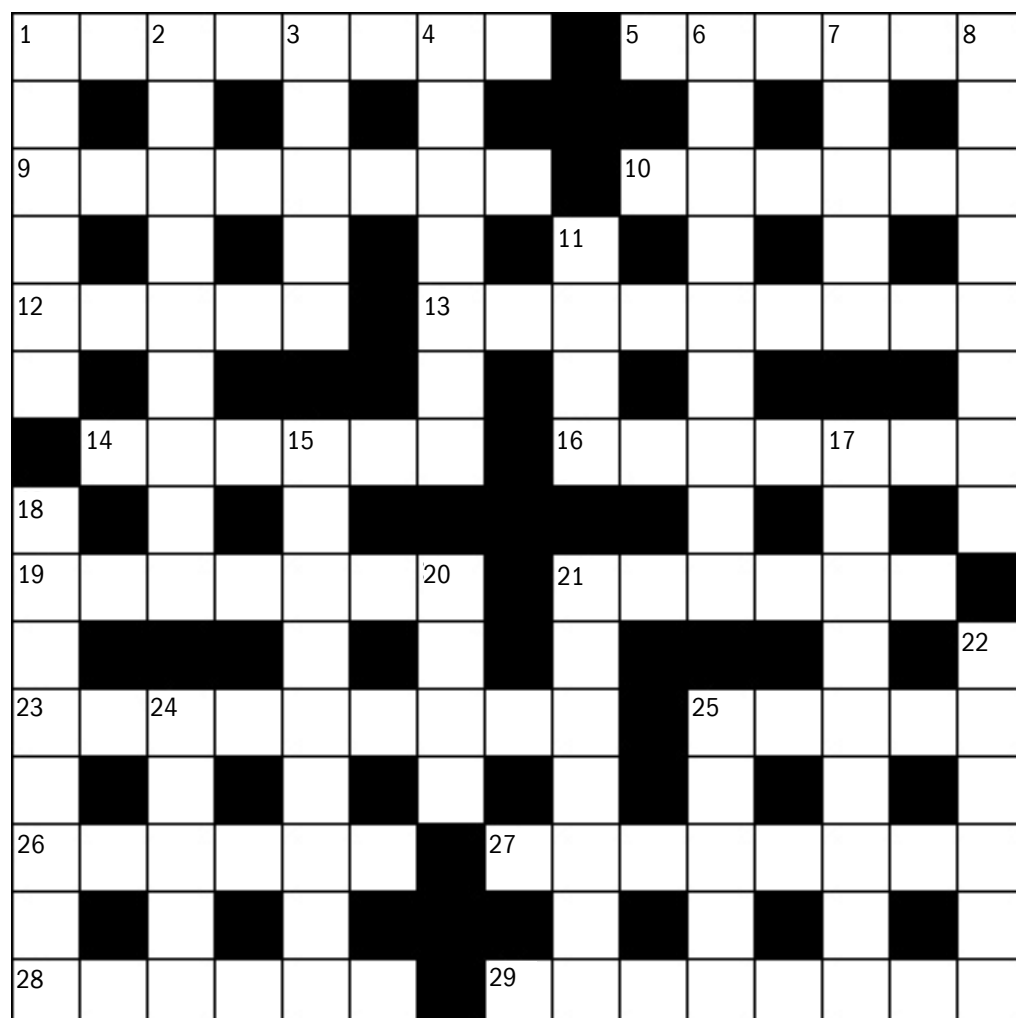
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# Taking your time

Ponder over our puzzles, relish a new recipe and catch up with our cartoons.



## Crossword

### Across

1 Arrange by categories (8) 5 Refrained from harming (6) 9 Uses up (8) 10 Relating to the iris of the eye (6) 12 Approaches (5) 13 Sweet edible berry (9) 14 Split (6) 16 From Belgium (7) 19 Connote (7) 21 Vapours (6) 23 Unlawfully (9) 25 Not sooner (5) 26 The inside of a trouser leg (6) 27 Not the long way around (8) 28 Console (6) 29 A sunken engraving (8)

### Down

1 Cyphering (6) 2 Attracting (9) 3 Outdoor storage buildings (5) 4 Something provided without charge (7) 6 Conic curves (9) 7 Detection device (5) 8 Rotting (8) 11 Bushback (4) 15 Trademark or signature (9) 17 The same (9) 18 Becomes bony (8) 20 Shout (4) 21 Winged monster (7) 22 A small cave (6) 24 Lariat (5) 25 Insect stage (5)

### ANSWERS



## Recipe

# Creamy cherry eclairs

This French delicacy is a decadent and crisp pastry, oozing with delicious custard.

### Ingredients

1 cup water  
100g butter  
1/2 tsp salt  
1 cup plain flour  
6 eggs

#### For the custard:

250g cherries  
8 egg yolks  
3 tbsp cornstarch  
450ml water  
1 tin sweet condensed milk

### Method

1. In a large saucepan, combine the water, butter and salt. Bring to the boil then add the flour.

2. Stir over medium heat for five minutes to get a thick mixture. Pour into a bowl and gradually add the eggs, beating until the mixture becomes smooth.

3. Pour the mixture into a piping bag with a round nozzle. Make 10cm bars on a non-stick pan.

4. Bake in a preheated oven at 200 degrees Celsius for 15 minutes until the eclairs have a crispy texture.

5. For the cherry custard, put the cherry puree in a pan and heat for 10-15 minutes. Set aside to cool.

6. In a bowl, mix the egg yolks and cornstarch together until smooth. Boil the water and the sweetened condensed milk in a saucepan, then add to the mixture. Cook over a low heat until the mixture takes on a firmer texture.

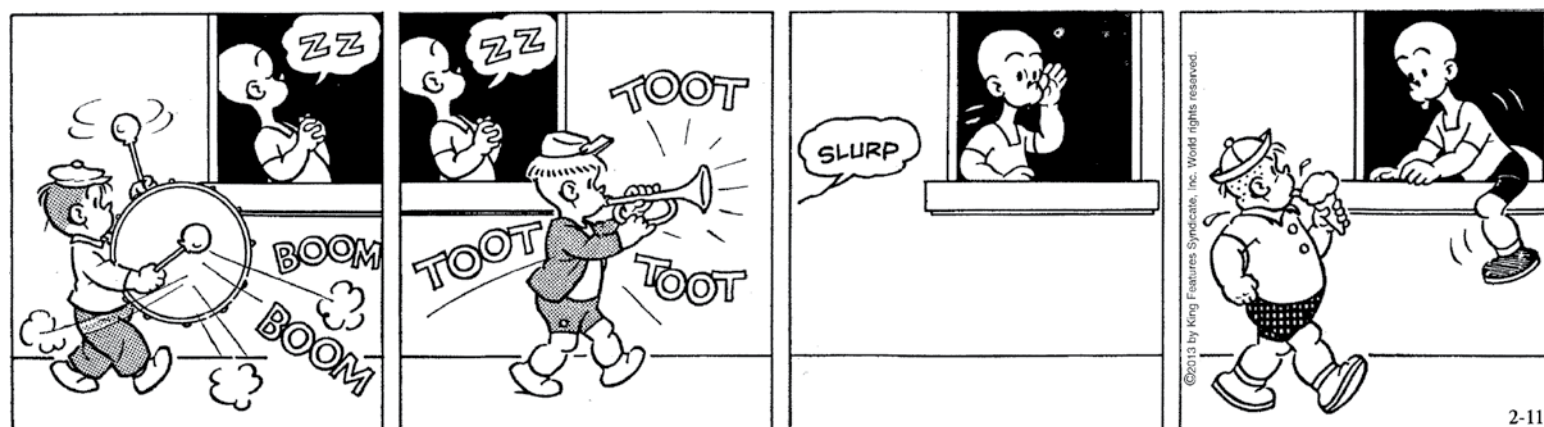
7. Add the cherry puree, mix and set leave to cool in the refrigerator for 15 minutes.

8. Slice the eclairs horizontally and fill with custard. For an extra treat, top with melted chocolate.

Serves  
8



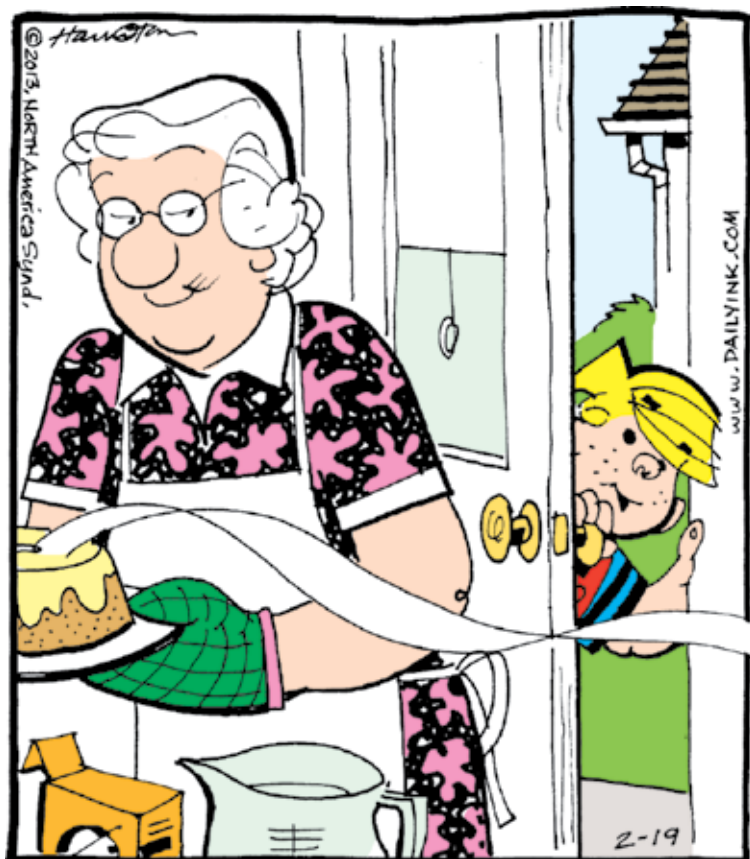
## Henry



## Spiderman



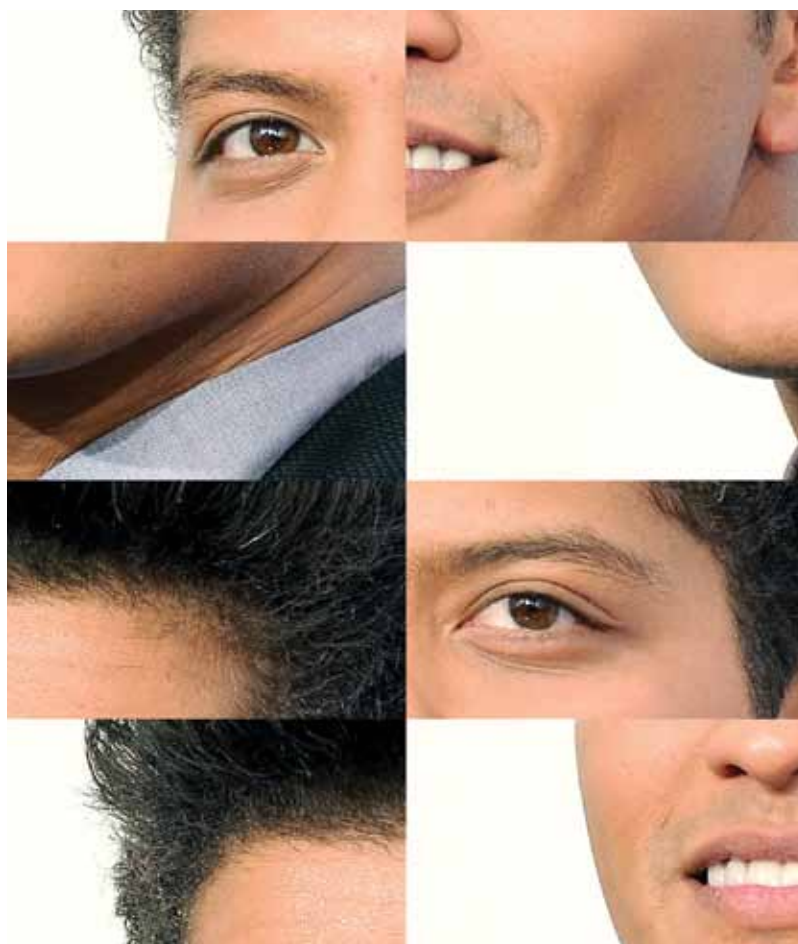
## Dennis the menace



"HI, MISSUS WILSON. COULD I BORROW A PIECE OF CAKE AN' A GLASS OF MILK?"

## Who's this?

ANSWER ON PAGE 34



# Puzzles

## Arrowword

|                                                                                    |                         |                            |                           |                           |                               |                        |                       |
|------------------------------------------------------------------------------------|-------------------------|----------------------------|---------------------------|---------------------------|-------------------------------|------------------------|-----------------------|
| Spacey, pictured actor                                                             | Grizzly or polar animal | Drinks cooler              | Bit of a problem          | George Gershwin's brother | Removing the pelt from        | Abate                  | Opposed to            |
|                                                                                    |                         |                            | Japanese flower arranging |                           |                               |                        |                       |
| Edvard _____, Norwegian composer                                                   | Bay of Naples isle      |                            |                           |                           | Huntsman's lure               | Having a weapon        | Loss of concentration |
|                                                                                    |                         |                            | Together with             |                           | Fall ill                      |                        |                       |
|  | Pertaining to a town    | Wedding vow response (1,2) | Imminent                  |                           |                               | Cambridge-shire 'isle' |                       |
|                                                                                    |                         |                            |                           |                           | Strasbourg politician (inits) |                        |                       |
|                                                                                    | Very wet                | Fictional narratives       |                           |                           |                               |                        |                       |
|                                                                                    |                         |                            |                           |                           | Hair tint                     |                        |                       |

### Sudoku 1

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   | 2 |   | 5 | 8 |   |   | 7 |
|   |   |   |   | 7 |   | 8 |   | 4 |
| 1 |   |   |   |   |   | 5 |   | 3 |
|   | 2 |   |   | 3 |   |   | 8 |   |
|   | 1 |   |   | 4 |   | 2 |   |   |
|   |   | 6 | 2 |   |   |   |   | 9 |
|   |   |   |   |   |   | 4 |   | 6 |
|   |   |   | 3 | 2 |   | 9 | 5 | 8 |
|   | 9 | 4 | 7 |   |   |   | 1 |   |

### Sudoku 2

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 6 |   | 3 |   | 1 | 5 |   |   |
|   |   | 2 |   |   |   | 9 |   | 7 |
|   |   |   | 5 |   |   | 3 | 6 |   |
| 9 | 2 |   |   | 7 | 8 |   |   | 3 |
|   | 8 | 4 |   | 3 |   |   |   | 5 |
|   |   |   |   | 5 | 4 |   |   | 6 |
| 5 |   |   |   |   |   | 8 |   |   |
|   | 7 |   |   | 1 |   |   |   |   |
| 2 | 9 | 3 | 4 |   | 5 | 6 |   |   |

**ANSWERS**
**ARROWWORD**

**SUDOKU 1**

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 | 9 | 4 | 7 | 6 | 5 | 3 | 1 | 2 |
| 6 | 7 | 1 | 3 | 2 | 4 | 8 | 5 | 9 |
| 2 | 5 | 3 | 8 | 1 | 9 | 4 | 7 | 6 |
| 5 | 3 | 6 | 2 | 8 | 1 | 7 | 4 | 9 |
| 7 | 1 | 8 | 9 | 4 | 6 | 2 | 3 | 5 |
| 4 | 2 | 9 | 5 | 3 | 7 | 6 | 8 | 1 |
| 1 | 8 | 7 | 4 | 9 | 2 | 5 | 6 | 3 |
| 9 | 6 | 5 | 1 | 7 | 3 | 8 | 2 | 4 |
| 3 | 4 | 2 | 6 | 5 | 8 | 1 | 9 | 7 |

**SUDOKU 2**

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 2 | 9 | 3 | 4 | 8 | 5 | 6 | 7 | 1 |
| 8 | 7 | 6 | 2 | 1 | 3 | 4 | 5 | 9 |
| 5 | 4 | 1 | 7 | 9 | 6 | 8 | 3 | 2 |
| 1 | 3 | 7 | 9 | 5 | 4 | 2 | 8 | 6 |
| 6 | 8 | 4 | 1 | 3 | 2 | 7 | 9 | 5 |
| 9 | 2 | 5 | 6 | 7 | 8 | 1 | 4 | 3 |
| 4 | 1 | 9 | 5 | 2 | 7 | 3 | 6 | 8 |
| 3 | 5 | 2 | 8 | 4 | 6 | 9 | 1 | 7 |
| 7 | 6 | 8 | 3 | 9 | 1 | 5 | 2 | 4 |

**WHO'S THIS? ANSWER - BRUNO MARS**


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# What's in your stars?

The *Read.* astrologer tells you what you can expect over the next seven days.

## ARIES

(MAR 21 - APR 20)

There is an energy building around you at the moment and it feels positive. This could see a period in your life begin where, although nothing outstanding or amazing is set to happen, you feel happier and more content than you have done for a long time.



## TAURUS

(APR 21 - MAY 21)

It's often easy for you to hear only what you want to hear, Taurus. Although this suits you just fine, you could be missing out on an important message or a cry for help from a loved one. Take the time to listen to what people are truly saying to you.



## GEMINI

(MAY 22 - JUN 21)

It's time for a spring-clean, although this could apply to more areas than simply your home. Are there people in your social circle who drain your energy and put you down? If so, perhaps it's also the perfect time to tidy up your friendships as well.



## CANCER

(JUN 22 - JUL 23)

A major shift in your mood looks likely and it could mark a significant difference in the way you allow others to behave around you. You are fully aware that a change in routine is on the cards and—whether those around you like it or not—it will be on your terms.



## LEO

(JUL 24 - AUG 23)

So far, this year seems to have been about planning to fulfil long-term ambitions. This week will be no different, as plans for a shift in career or personal life start to move forward. Perhaps you're finally heading towards that change of scenery you've craved.



## VIRGO

(AUG 24 - SEP 23)

Detailed planning is vital if your goals are going to come to fruition. As a level-headed character, weighing up the pros and cons comes as second nature to you. Just be careful that this doesn't become so much of a natural thing that you overlook it completely.



## LIBRA

(SEP 24 - OCT 23)

You could be called upon to show your domineering side this week. Someone may have been taking advantage of a situation for too long now and may be about to see your fiery side. Mind that your heart doesn't rule your head too much in a confrontation.



## SCORPIO

(OCT 24 - NOV 22)

You may have been feeling restless recently, whether this is at work or at home. Rest assured, though, that this is only a natural phase and it will pass soon enough. Filling your downtime with social activities or hobbies can help fight the unease and boredom.



## SAGITTARIUS

(NOV 23 - DEC 21)

Busy, busy, busy. That seems to be the way your diary looks at the moment. As soon as your hectic schedule allows, take some time out to recuperate with family. They have missed you and will want to see that you're still looking after yourself during this time.



## CAPRICORN

(DEC 22 - JAN 20)

Another period of reinvention could lie ahead. This is likely to be linked with health or image—perhaps you are considering a new fitness regime or makeover? Whatever it is, go for it. Now is the perfect time for you to make changes and stick to them.



## AQUARIUS

(JAN 21 - FEB 19)

It's been playing on your mind for a while, so pay a visit to the thing from your past that still lingers. Maybe it's a friendship that ended or a special someone from years ago. People change with time and you could find yourselves striking up a new relationship.



## PISCES

(FEB 20 - MAR 20)

As your sign suggests, you can be a slippery character. Dropping arrangements at the last minute or avoiding responsibility is all part of your whimsical nature, Pisces. Just be aware that those around you may not be happy to swim along much longer.



## This week's local weather

**SUN**

10<sup>th</sup>

**SUNNY**  
HIGH 26C  
LOW 22C  
HUMIDITY 40%

**MON**

11<sup>th</sup>

**SUNNY**  
HIGH 29C  
LOW 23C  
HUMIDITY 47%

**TUE**

12<sup>th</sup>

**SUNNY**  
HIGH 26C  
LOW 22C  
HUMIDITY 42%

**WED**

13<sup>th</sup>

**SUNNY**  
HIGH 27C  
LOW 21C  
HUMIDITY 40%

**THU**

14<sup>th</sup>

**SUNNY**  
HIGH 27C  
LOW 22C  
HUMIDITY 42%

**FRI**

15<sup>th</sup>

**SUNNY**  
HIGH 28C  
LOW 23C  
HUMIDITY 37%

**SAT**

16<sup>th</sup>

**CLOUDY**  
HIGH 29C  
LOW 23C  
HUMIDITY 43%

# THE ASIAN

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THE WORLD

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