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MAY 5-11, 2013 | Issue 99

Read



MAN OF METAL

The third installment of the *Iron Man* trilogy reveals a new side to Tony Stark that will thrill fans old and new



ROMANIA REVEALED



WE ARE FAMILY

Hollywood boasts more than its fair share of stylish siblings, who seem to prove that both fame and fashion sense run in the family



FAST AND FUN

The new Porsche Cayenne GTS may not be designed for tackling the desert, but out on the flat it has plenty of power to offer

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The importance of nutrition when following an exercise plan

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Letters

Email: letters@readme.ae

A selection of the letters we've received this week. Write in to have your say.

✉ CONVERSATION STARTER

To me, an odd chat with someone could be more interesting than a sob story about the traffic, weather and Mondays. If you are sitting on a bus or a subway every morning on your way to work, mundane topics mean the worst to us young people. So instead of starting with meaningless daunting realities just for a conversational piece, talk about something unusual like your most embarrassing moments, your astrological sign for the day, or even a story you have heard on the news earlier that day.

Caleb Serin

✉ SHAKING ALL OVER

Before I realised that I was in fact experiencing an earthquake, many thoughts crossed my mind. I first did nothing but watch a

half-full glass of water quiver. Then I wondered if the men doing construction down the street had really messed up. I also assumed someone could be breaking into my house. I then checked Twitter for guidance. Once I correctly identified the earthquake as an earthquake, I moved on.

Mandy O'Hara

✉ YEAR OF CHANGE

I really think that 2013 is a year where people should take a leap of faith and start catalysing a number of major changes. For one, Apple products should be reduced by 12 per cent. I also think that an end to 93 per cent of all current reality TV shows should be realised, and a shorter word limit on Facebook statuses should be implemented. Hello, it's not a blog! Cheaper airfares for all should be introduced for sure and, last but not least, more jobs—just in case anyone has forgotten.

Allan Nicholl

Read. Poll

Would you opt to undergo a surgical procedure in order to shed some weight?

- Yes
- No

Cast your vote online at www.readme.ae

LAST READ. POLL RESULTS

Are health warnings on cigarette packs effective in cutting down the number of smokers?

Yes 20%
No 80%

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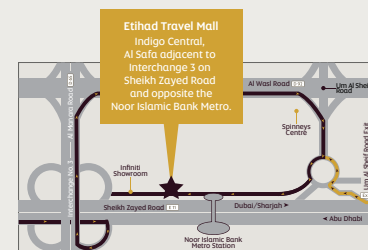
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What's happening this week on **readme.ae**?

Make sure you check out our website for these daily specials, which appear online every afternoon. 'Like' us on Facebook so that we can keep you up to date with our latest online features and fun.

Coming up this week



TODAY

We take a look at how you can save money while travelling around the world in order to avoid making wrong choices and help save your valuable dirhams in the process. It is also essential to know about things like travel money, insurance and using your debit or credit card abroad. Proper information will ensure that you have a great trip without any hassles.



MONDAY

The nano-sized material Graphene has been hailed as a natural wonder of the 21st century, with reports stating that it is one million times thinner than a human hair and yet 300 times stronger than steel.



TUESDAY

Regular tyre maintenance ensures a smooth ride but also improves your car's mileage and is important for your safety. We take a look at the basics of tyre safety and how to keep your tyres in top condition.



WEDNESDAY

There are warning signs for those who are fond of shopping for cosmetic and electronic goods online, as you need to be wary of product quality and safety standards of the purchases.



THURSDAY

Recent research has found that you can add nuts to your regular diet without gaining weight. In fact, these high-fibre snacks can provide a great alternative to other calorific foods.



FRIDAY

The Read. Facebook page has been full of your opinions on our daily question. We find the best responses from our Facebook fans and bring you the answers that matter most to the people of Dubai.

Facebook chatter

Here's what you have been saying on the *Read.* Facebook page.

(Responses only edited for length)

A new park is now well under construction in Jumeirah Lakes Towers. Do you think this will be a good addition to our city's

landscape?

Yes of course, I wish we have more parks in all the areas so that kids get some good time to enjoy nature.

— Nabeen Taj

Absolutely, it is important. It is imp to have more greenery and parks. Though we are in urbanisation but nature will always have its

own importance and parks add the value to it.

— Amby Dsouza

The number of messages sent via chat apps, such as WhatsApp, exceeded the number of SMS texts sent last year. What's your preferred way to stay in touch with friends?

What's up, FB, BBM. It's very con-

venient and cost effective. In world where cost of living is rising cheap communication is a must.

— Kevin Georgesz

It's easier to be connect through instant chat apps like WhatsApp and FB chat as almost everyone has Smart phones nowadays. It's fast and affordable.

— Wasefa Khan



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For the latest updates

Celebrations for Earth Day

Rainforest Café observes Earth Week by hosting several unique educational programmes for children.

EVENT

Rainforest Café, the family restaurant in Dubai Mall, celebrated Earth Day by observing Earth Week from April 21 to 25. During the week, children visiting the restaurant planted saplings as well as put up their wishes for a safe planet on a wish tree.

Children participating in the Earth Week celebrations also walked away with the 'Young Nature Warrior' certificate and Rainforest Café goodies.

Derek Williams, Restaurant Manager, Rainforest Café said, "The Earth Week at Rainforest Café was an educational as well as a fun event targeted at our most important and valued customers—the children. We wish for these young influencers to lead the way forward in saving nature, being environmentally friendly as well as spreading the positive word. The wish tree strives to serve as a constant reminder of what children expect the



FOR THE FUTURE

world to be like in the near future."

The Rainforest Café recreates a tropical rainforest with waterfalls, lush vegetation and indigenous creatures. A theme based restaurant, the Rainforest Café features a wide selection of salads, pastas, burgers, seafood,

steaks and chicken while children can enjoy their own kid-sized meals that are tailored from the menu.

The restaurant also comes to life with a simulated rainforest featuring a variety of animals, slow-motion waterfalls, thunder and rainstorms.



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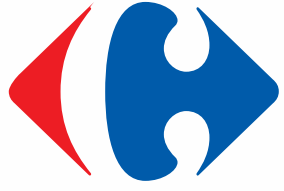
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Eating yourself fit

Knowing what to eat and when to can make a difference to how you feel during exercise.

Consuming food to fit in with your exercising schedule has the number one aim to improve performance and also to lift work rate, or the ability to do the given work load during a training session. Grant Goes, founder of Fitnesslink.me, a free online health and fitness platform in the UAE explains the importance of good nutrition to achieve maximum results when exercising.

"My focus is always on performance. My belief is that our bodies are shaped from the life we live—active lives with good nutrition create leaner bodies. When you focus on doing something consistently, the rest of the results will follow. Diet is essential to maximising your performance, and I tend to think of food as fuel for a car, and water as oil for a car. Your body is like an F1 race car where you need the best quality fuels for a powerful performance, and great oils so your body runs smoothly. A bad diet is like putting bad oil into your car—it works, but not as effectively. Good fats are also a part of this process, they help the body work more effectively—they help to fine tune the car," explains Goes.

Goes stresses that everyone is different and therefore individuals will have to go through some trial and error before finding what works best for them.

"In the case of exercise, firstly make sure you do things you enjoy and then remember that perfect technique makes perfect practice,

and perfect practice brings results. Focus on doing all your exercises correctly and at your own pace to avoid injuries. In terms of food, when I eat better with lower amounts of sugar, dairy based products, or processed foods then the better my body performs," says Goes. So, to give your workout an extra boost, pay attention to your eating plan. ●

FOLLOW A GOOD DIET FOR A HEALTHIER YOU

Did you know?

Grant Goes explains his top nutritional tips for a good workout.

Eat well

- 90 minutes before training, have a healthy meal that consists of carbohydrates, as this is what the body converts into energy most easily to fuel you during training. Try 1/2 cup of rice with chicken and veggies.
- Adjust the size of the meal to your training time so that you're not too full during your session. When training at high intensity (heavy breathing) you must have fuel in

the system to be able to perform effectively, even if it means having a cereal bar 30 minutes beforehand.

- During training, it is essential to stay hydrated, and if training goes for longer than an hour, have a boost at the 45 minute mark. For example, have a date and a few almonds.
- After training you need to replenish what you have lost, so a mixture of carbohydrates to replenish fuel stores and proteins to repair broken muscle

tissue is essential. Go for mixed veggies with white fish or salmon.

Stay hydrated

- Once you have fuelled your body it is important to always stay hydrated throughout any workout session. Prevention is better than cure. Drink water before, during and after a workout and know that one to two litres of fluid can be lost from the body during a workout session.

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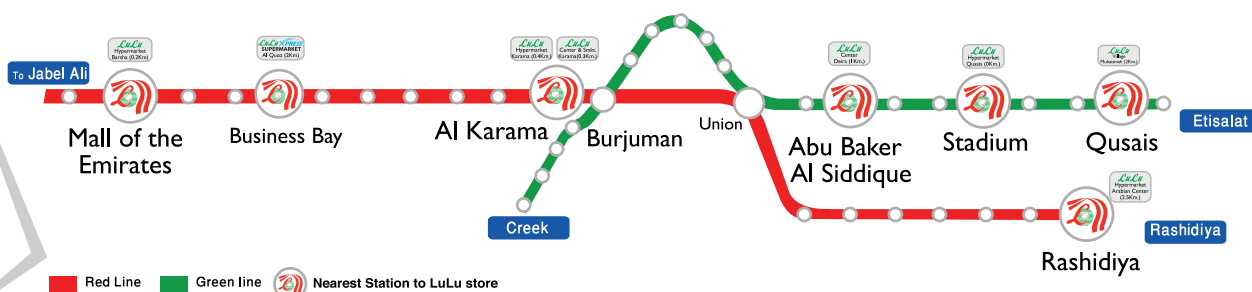
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TRAVEL NEWS

Win tickets to F1 Abu Dhabi Grand Prix

Visitors to this year's Arabian Travel Market have the chance to win tickets to the F1 Etihad Airways Abu Dhabi Grand Prix by participating and recording the fastest lap in a simulator challenge.

Abu Dhabi Tourism & Culture Authority (TCA Abu Dhabi), together with Yas Marina Circuit, has mounted a simulator challenge in the Arabian Travel Market which runs from May 6 to 9 at the Dubai International Convention and Exhibition Centre. The challenger with the fastest lap will be named the winner and awarded two tickets to the Abu Dhabi Grand Prix which will take place from November 1 to 3.



"The challenge will activate a vibrant Abu Dhabi promotion at this year's Arabian Travel Market," said Mubarak Al Nuaimi, Director for Promotions and Overseas Offices, TCA Abu Dhabi. "The challenge winners will go to an event that features an expanded entertainment programme and a greater number of ticket categories that start at Dh365 per person."

Among the new offers in the entertainment programme of this year's Abu Dhabi Grand Prix are family ticket packages, a Friday brunch ticket, an Abu Dhabi Hill general admission ticket, as well as exclusive options including the Yas trackside terrace and the Yas Marina Tower. Visitors and residents can also buy a Yas Pass, which extends the fun of the F1 weekend to include access to Yas Waterworld and Ferrari World Abu Dhabi. Fans can also take advantage of a 20 per cent early bird discount on selected tickets until May 31.



EVEN THE LIBRARY BOASTS IMPRESSIVE ARCHITECTURE

Bohemian Bucharest

Romania's capital has overcome its rather tumultuous past to become one of Europe's trendiest cities.

A sprawling city of around two million, Bucharest, the capital of Romania, is the centre of government and commerce. The city offers a range of terrific museums, excellent restaurants, superb architecture and abundant greenery.

Bucharest is home to a cityscape that ranges from rundown buildings to sleek modernism. It is one of Europe's progressive urban centres despite the chaotic maze of dusty boulevards and quaint neighbourhoods. Even though it is overcrowded and shabby in parts, it also has a cosy and vibrant Byzantine charm.

The city offers a glimpse of different eras—from grey housing blocks of the Communism days to French palaces with baroque designs or contemporary office buildings. It is home to the country's many museums, some of which illustrate the rural aspect of Romanian life, while others are extravagant buildings. Here it is commonplace to find a 300-year-old church right next to a modern glass building.

The city was referred to as 'The Little Paris' in the '90s, but today it has become more than that as it offers an interesting mix of old and new. Bucharest offers many attractions and has become associated with a

sophisticated and trendy sensibility. Among its many attractions is the Arch of Triumph, Romania's very own Arc de Triomphe. It was built in 1922 to honour Romanian soldiers who fought in World War I. The structure was designed by architect Petre Antonescu and is 85 feet high. It features an interior staircase that allows you

to climb to the top for a panoramic view of the city.

A controversial—but stunning—attraction is the Parliament Palace that was built by the Communist leader, Nicolae Ceausescu. Today, it houses the country's parliament and serves as an international conference centre. A guided tour takes you through a section of the rooms and the huge halls. The palace has luxurious interiors with crystal chandeliers, mosaics and rich carpets.

Cismigiu Gardens is a must-see as it is one of the city's oldest gardens and boasts an artificial lake, a skating rink in winter, many leafy trees and a memorial built during World War I.

If you're interested in myths, you should stop by Dracula's Tomb that is located within a monastery on a tiny island in the middle of Lake Snagov, which is 20 miles north of Bucharest. The lake is a favourite weekend hangout and can get quite crowded. The emperor Vlad Tepes's tomb is located in this UNESCO listed monastery. Legend says that in 1931 the tomb was found empty and that's when the Dracula stories were born.

It is easy to explore the city thanks to the convenient underground network that stretches across the city. Despite extensive transformation, Bucharest remains at its heart a city of parks and a blooming café culture.

Bucharest has a lively student scene but has certain problems like taxi scams, stray dogs and loud traffic but it has a vibe of its own. If you overlook the issues and stick around for more than a day you might find that the city has something special going on. ●

Did you know?

- Parliament palace is the second largest administrative building in the world after the Pentagon. It took 20,000 workers and 700 architects to build the palace.

- The emperor Vlad Tepes' family name was Draculea, which inspired author Bram Stoker's famous creation, *Dracula*.

- Bucharest is the sixth largest city in the EU by population.



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NEWS ON WHEELS

AWR Group opens new showroom in Sharjah city

Arabian Automobiles has opened its largest showroom and service facility in Sharjah. Located along Sheikh Mohammed Bin Zayed Road, the latest development worth Dh150 million is Arabian Automobiles' fifth in the emirate after those in Al Khan, Al Wadha, Dhaid and Khorfakkan. It offers a 35,000 square-metre area and capacity for over 225 cars in the Nissan, Infiniti, Renault and pre-owned showrooms.

The new facility also features the region's first HiQ facility, a fast fit service operation delivering 'while-you-wait' maintenance for all makes of vehicle, and a substantial expansion of Arabian



Automobiles certified pre-owned car section. Another highlight in the facility's offering is a dedicated sales training centre for Sharjah and the Northern Emirates.

His Highness Sheikh Sultan Bin Mohammed Bin Sultan Al Qassimi, Crown Prince and Deputy Ruler of Sharjah, who graced the opening ceremony of the new facility said, "We are delighted that Arabian Automobiles has invested in Sharjah and supported our vision of a major automotive offering in one centralised location."

"This new showroom underlines the potential our emirate offers to large businesses while expanding the choices in the marketplace for residents. We will continue in our efforts to attract partners of the same calibre as Arabian Automobiles to Sharjah," he added.

"The launch of Arabian Automobiles' latest facility in Sharjah is an important milestone," said Abdul Wahid Al Rostamani, Chairman of AWR Group. "The new showrooms and service centre offer our customers a new level of service standard and convenience."



Perhaps the best place to start with the Porsche Cayenne GTS is to make sure everyone knows this is not an SUV in the normal sense. Although few people will ever venture off-road in it and Porsche will claim its 4x4 virtues, it's actually a sports car, one hundred per cent.

Yes, you can mess about with the suspension a bit and it certainly looks like an SUV, but please don't take it into the dunes. It's 21-inch alloys and low profile tyres aren't going to take you anywhere rough and ready. Plus the bumpers will come off and you'll destroy the underneath.

But that's not the full story. Take the GTS to a racetrack, remove the baby seat from the back and clear out the stack of newspapers you forgot to drop to the recycling bin and head out onto the circuit. Pretty soon half the other cars will have gone home in a huff, having been out-driven and out-performed by this incredible piece

of engineering. You can include in that list most hot hatches, lots of GTS and a fair number of sports cars, as the GTS out-accelerates, out-brakes and, most importantly, out-corners them.

Unless you still haven't worked it out, the Cayenne GTS is incredibly fast. In fact it's almost too fast, although Porsche did help by fitting some of the biggest (and most effective) brakes you're ever likely to see.

The power comes from the 4.8 litre

SPECS (as tested)

Engine: 4.8 litre V8
Power: 420hp@6,500rpm
Torque: 515Nm@6,500rpm
0-100km/h: 5.4 seconds
Top speed: 260 km/h
Price: From Dh442,220

V8, which is amazingly smooth and importantly extremely powerful. Match that to the clever PDK gearbox and you have a car that'll accelerate from standstill to 100 km/h in just

5.4 seconds and reach a top speed of around 260 km/h.

Inside, it has one of the nicest interiors you'll find on the market, with more gadgets and electronics than you are ever likely to need. The seats hug you like an old aunt and yet remain comfortable on long journeys. The GTS seats get colour coded stitching for a bit of extra sporty feel. Leather covers almost every surface and the subtle chrome hints on the buttons finish everything off to give you that proper luxury feel. The inside of the Cayenne is a very nice place to spend some quality time.

So what you have in the GTS is a very fast sports car that will hold five people (in comfort), all their luggage and cover a continent with ease. But importantly it can also cross a river (assuming you remember to raise the suspension), stay glued to the road in the wet and climb over the kerbs to get you out of a traffic jam. And you can stick skis, canoes, bicycles and even more luggage on the roof.

Basically, if you only have space for one luxury car, but need it to do pretty much everything, then until the new Range Rover Sport comes out, the GTS may be in a market all of its own. ●



8

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Create corporate culture

Why companies should invest in a culture that facilitates growth for both the employees and the business.



CREATE A TRANSPARENT
WORK ENVIRONMENT

EMPLOYEE RELATIONS

Have you ever wondered why so many top-performers leave very successful companies? Some may say this has to do with more money or an opportunity to move up, but far too often it's all about the culture of the company or a difficult boss. Building a company culture upon starting a company from scratch is much easier than changing it later on. That said, many business leaders to this day still underestimate the importance of building a remarkable corporate culture where their employees can thrive. Cultivating a professional atmosphere where employees know what to expect and what is expected of them is crucial to employee retention and productivity as well as the company's overall success. Akhtaboot presents key aspects to consider when creating a unique corporate culture based on the values and priorities you want to promote.

CORE VALUES

In the ever-changing business world, your company's core values can be the only constant. Core values of an organisation are those basic principles which form the corporate culture of a company and set it apart as a great place to work at. By defining your core values as a business

owner, you express the personality of your company. Core values can be: integrity, ethics, respect, family environment, ownership, learning and many more. Once you define your company's values you will only attract the kind of people who feel that their personal values are in line with those of the company.

HIRE FOR CULTURAL FIT

Finding the perfect candidate who has the exact required qualifications is easy, but finding the right candidate whose personal values are also in-line with the company culture is much harder. In order to increase your retention rates, it is crucial to hire people who will fit easily with the company's culture. It has been proven that one of the top aspects of employee job satisfaction depends on how comfortable they are at work and with their colleagues.

“A successful company culture should allow your employees to thrive, and should enable them to meet their objectives and subsequently meet the goals of the company.”



BUILD STRONG RELATIONS

CREATE A ZERO TOLERANCE POLICY FOR NEGATIVITY

It only makes sense that employees who are happy within their work environment will be far more productive than those who are uncomfortable. Create a happy work environment by maintaining a zero tolerance policy for negative attitude, and hire people who are optimistic and cheerful by nature. Invest in corporate social activities that promote this kind of culture.

Create a culture that

TRANSPARENCY IS KEY

Organisations spend a lot of time focusing on tracking and monitoring what their employees are doing, but don't feel the need to provide transparency into the decisions and challenges faced by the business. Challenges will always be there and tough decisions need to be made every once in a while. Building a company culture where employees are kept informed about the challenges the company is facing will result in finding effective solutions at a higher level.

not only reflects your company's extraordinary qualities, but one that celebrates them. A successful company culture should allow your employees to thrive, and should enable them to meet their objectives and subsequently meet the goals of the company. Even if you're eager to start building your company culture, it's highly recommended that you give it extensive thought. As does any solid foundation, it will take time to build, so don't rush into it. ●
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TECH NEWS

Samsung unveils new smart TVs

Samsung Electronics has launched its latest smart TV line-up that features larger screen sizes, superior picture quality and an option for viewers to personalise content. The company's latest F7500 and F8000 LED smart TV series simplify how viewers search and discover their preferred content, and raises the standard for picture quality with the use of technologies that deliver vibrant colours and brighter pictures.



Highlighted features of the two latest smart TV series include the redesigned Samsung Smart Hub which offers five dynamic menu panels to help viewers manage and navigate through different types of content. Viewers can also personalise their content through the easy-to-navigate interface of the panels which also allows them to perform organising tasks on other linked devices. The Samsung Smart Hub also organises Samsung apps and makes recommendations for easy access.

The F7500 series is available in 46-inch, 55-inch and 60-inch models while the F8000 series comes in size classes ranging from 46-inch to 75-inch models.

Vinod Nair, General Manager for TV Business, Samsung Gulf Electronics, said: "With the launch of our new range of smart TVs in the Gulf, we are bringing a more immersive and intuitive TV experience to our consumers in the region, and continuing our commitment to introduce technology that not only enriches, but simplifies consumers' lives. The F7500 and F8000 LED TVs offer more intuitive features, endless connectivity and content options, and larger screen sizes with true-to-life picture quality." Samsung's latest smart TVs are available in all major electronics stores in the UAE.

Sound of music

iTunes has helped to reshape the music industry landscape over the last decade but, with increasing competition, it faces many challenges.

April 28 marked the ten-year anniversary of the iTunes store and over the past decade, Apple's groundbreaking online application has transformed the way music is purchased. The iTunes music store has become much more than a solution. It has transformed the way in which you can consume music and access entertainment.

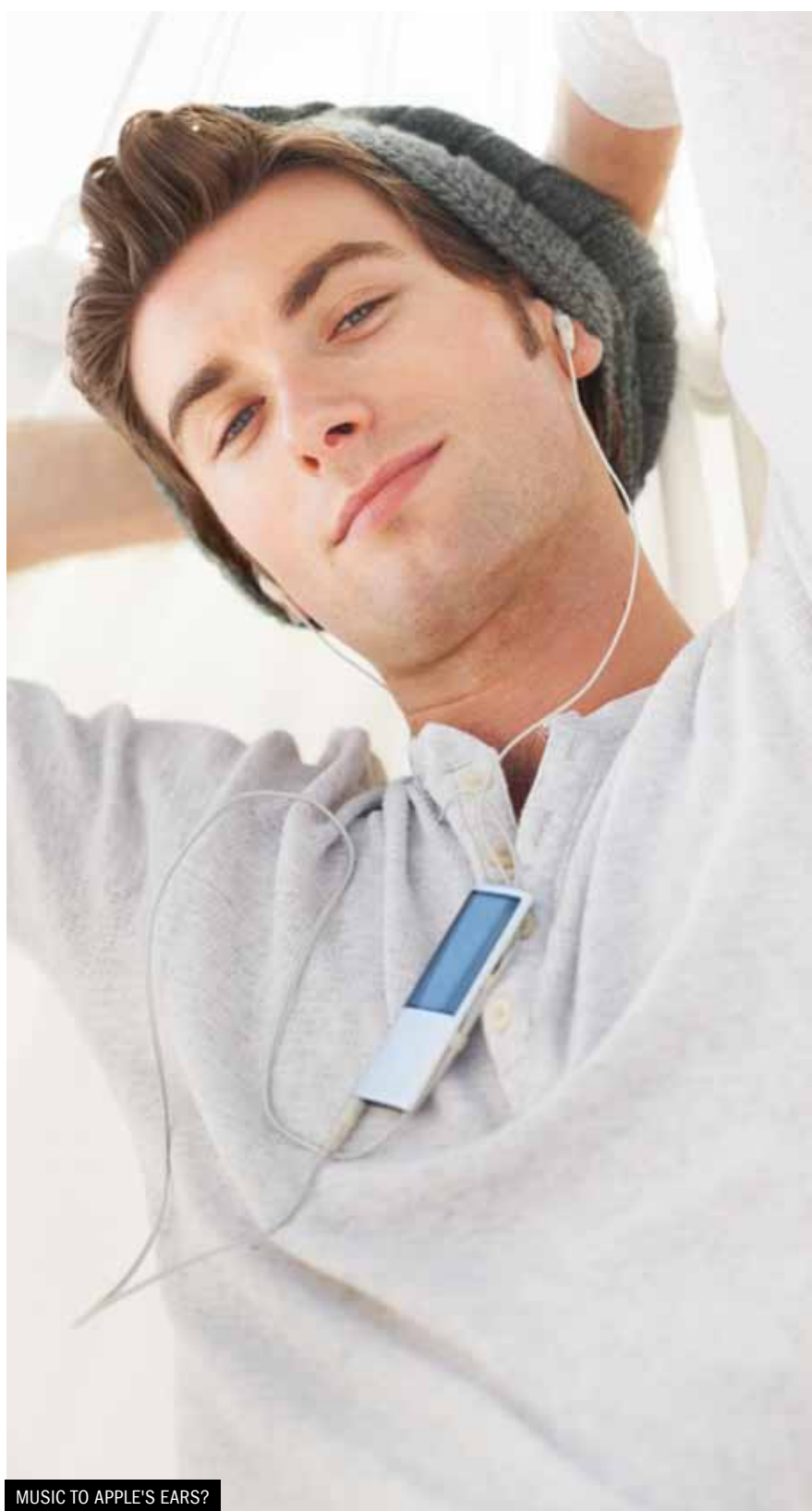
Back in the early days, the music industry was plagued by illegal downloads and file-sharing while Apple, on the other hand, was embracing the trend and developing ways to allow legal access of music on the Internet. The launch of iTunes provided a relatively quick and easy way to purchase music. It further offered a platform for music labels and artists as a way to continue making profit through the digital revolution.

The late Steve Jobs somehow figured out how to connect this service and offer something innovative and pioneered this solution. When it first hit the market, Apple had a hard time convincing record companies to pay a dollar for a single song. But since then, iTunes has grown to become a multimedia empire.

It offered a legitimate place to earn money and listeners no longer had to drive to a record store to buy that new album by their favourite artist.

Twitter music

Recently launched, Twitter Music is a free service and is all about the social discovery of music. It suggests songs to you that are popular on Twitter, songs that people you follow are tweeting about and listening to, and songs from artists who you choose to follow. It allows you the chance to hear something new that you might like and generates it through your social relationships.



MUSIC TO APPLE'S EARS?

A song cost only 99 cents (Dh4), which was a bargain compared to buying the whole CD for almost \$18 (Dh66).

The iPod was a big hit because of its innovative design and ease of use, but it was not until Apple paired the iPod and iTunes together that the music world really changed. And iPods, with their signature white ear buds, became a must-have mobile accessory and turned music into a fashion statement.

By 2010, iTunes had become the largest music retailer on the planet. Reports say that it has 435 million registered users in 119 countries and recently a man in Germany downloaded its 25 billionth song. It further sells movies, TV shows, games, books, podcasts and more. No doubt its creation stirred both the music and tech industries and was hugely profitable to Apple. Today, it has become Apple's fourth largest division.

People today have been buying more music than ever and its possible that this is because iTunes popularised the cheap digital single. It further lets you download a song as soon as you hear it on the radio, cutting down the waiting period



and bringing music straight to your fingertips. A decade since its launch, the world is all about streaming—be it streaming music, movies or TV shows. To commemorate the occasion, iTunes launched 'A Decade of iTunes' that shows milestones, including iPod releases, the top-selling singles and albums of the decade, and information such as when iTunes sold its 1 billionth song.

Though it is considered to have revolutionised the music industry, today it faces competition from streaming services like Spotify, YouTube and Pandora. These services allow users to stream songs for free or a small monthly fee, and are slowly gaining popularity. It shows that people are now largely content to just listen to music, rather than own it.

The iTunes effect has ensured that

99 cents

The cost of a single song download, which helped to tempt many people over to the iTunes side.

the music industry will never again be the same and this software will remain an important piece of tech history. iTunes now faces plenty of scrutiny on how it will continue to dominate in the next decade and how it can possibly reinvent itself to remain the top digital entertainment outlet. Still, by any measure, it continues to be the dominant industry player and the leader of the pack. ●

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Flying colours

With exam season approaching at schools and universities, we take a look at the top tips to help you feel fully prepared.

Revising for exams can cause a lot of stress and sleepless nights in the lead up to the testing period. Too much stress can cause the student to feel anxious and have a negative impact on their performance. Being fully prepared is the most effective way to overcome nervousness and anxiety about exams. By following a few simple steps you can improve your chances of doing well and reaching your full potential.

- It's important to think positive when you start to revise and prepare for an exam. Even if you aren't feeling confident about the subject, it's best to leave your fears behind and not to think negatively. If you worry and fret you will become frustrated and nervous which could then result in poor performance.

- Depending on the type of exam you are sitting, some tests will require revision for weeks ahead. Start by preparing a good timetable before starting the study. The subjects that you find tough should be given more time and the subjects you find easier less time. Make sure you allow yourself a few intervals and room for activities in between to be social and to break up the study sessions.

- Choosing the correct study area is essential. Select an area where you feel comfortable and won't be easily distracted. So avoid having a television in the room. If you are concentrating on one subject, move all other subject material out of your sight as this will cause you to become distracted and encourage you to think about other exams and what you have yet to study.

- It is usually best to study in the morning. Studies have indicated that people are more ambitious in the morning. This is because we have just woken up from what should have been a restful sleep. Since this is the time at which we are the most refreshed, our brains are going to take in information a lot better.

- Good posture is necessary when studying. Don't study on a bed or lie back in a chair. Sit upright with your feet parallel to the ground and raised a little from the floor.

Placing the legs on the ground will affect the blood flow direction and cause sleepiness.

- When you are studying, make small notes that



KEEP A POSITIVE ATTITUDE

summarise the main points that you need to know. Make it brief so that you can remember all points of the note. The note should include any important dates, figures and points of interest.

● Information is hard to remember if it does not make sense. So you need to understand what you are trying to learn and relate it to things you already know. Use your own words in revision notes as this connects the ideas to your understanding, and organise the information so that it is easier to remember. Try to find a meaningful structure for the information. Make a spider diagram to summarise ideas and evidence. It is easier to remember one series of connected ideas rather than a lot of separate points.

● When making notes make the information more memorable by using an image to go with the information and form mental images to go with the ideas. Or try to use highlighter pens in various colours in co-ordination with the many different themes.

● Before an exam, make sure you get a good night's sleep. If you are tired it

“Use your own words in revision notes as this connects the ideas to your understanding, and organise the information so that it is easier to remember.”

can be difficult to absorb information and it is harder to concentrate. Avoid drinking caffeine before you go to bed such as energy drinks, tea and coffee. It's important that you take some time before you go to sleep to unwind from your study. So try to relax and have a bath or listen to your favourite music.

● Food can affect how you think and feel and it can influence your ability to perform and concentrate. Don't skip breakfast as this sets your metabolism up for the day. Stick to healthy fresh foods and stay hydrated throughout the day with lots of water. Eat snacks throughout the day and in between periods of study such as a banana, apple or beans on toast.



GET SOME SLEEP

● Take time out of your study to exercise and be active. Apart from keeping you calm, exercising also increases the rate of blood flow throughout your body and to your brain. This will help you think clearly and aid your revision.

● Don't overdo revision as you will feel overwhelmed and tired. Take frequent short breaks while you are studying and reward yourself by

having some fun and catch up with friends. It's important to take regular breaks so your memory can recover and absorb the information you have just studied. You will learn best if you revise material, get sleep and then review the material the next day.

● Explain what you have learnt to a friend or family member as this helps you to organise the ideas and ensures that you have understood them.

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Maggie and Jake Gyllenhaal

Although Maggie is a big fan of menswear and masculine structures, the Southern belle still looks completely feminine. The actress chooses timeless pieces that have clean lines and look pretty. The 35-year-old often plays up to her Twenties-inspired hair style, working classic trench coats with T-bar sandals and belted dresses that accentuate her figure. Like sister Maggie, Jake is also a fan of the classic look. The actor looks every inch the gentleman on the red carpet in dapper suits. When the star is off-duty he looks handsome in casual T-shirts, jeans and RayBan sunglasses.



Sibling style

From grunge to glamour, quirky and cool, Hollywood's stylish celebrity siblings share more than just DNA.



Jaden and Willow Smith

Jaden and Willow Smith are not just the kids of superstar parents, Will and Jada Pinkett Smith. The teenage duo are stars in their own right, with 14-year-old Jaden made his acting debut in 2006 film *The Pursuit of Happyness* alongside his dad. He was then cast as the lead in the remake of *The Karate Kid* and has toured with popstar Justin Bieber. Little sister Willow is hot on his heels, with success in the music charts with her song *Whip my Hair*. Having superstar parents has clearly rubbed off on the duo's fashion sense. The siblings regularly work the red carpet together in edgy outfits that give off a punk-rock style vibe.



The Olsen twins

Mary-Kate and Ashley Olsen are known for their chic, effortless and layered aesthetic. Although they are known as actresses, the sisters have established a successful career in the fashion industry as designers. On the red carpet, the sisters usually appear in floor-length, elegant gowns with minimal accessories. The twins work the minimalist look well, often choosing stylish high-end designer pieces.

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Station by station guide

Looking for something to do? You could always hop off the train and visit one of these...



Pop-up studio

MAY 11, 4 - 8PM

THE ARCHIVE, GATE 5, SAFA PARK

The jamjar continues its pop-up studio at The Archive in Safa Park, which offers budding artists access to all the facilities available at the jamjar's DIY studio, but in the fresh air and inspiring scenery

of Safa Park. One hour painting packages are available for everyone, no matter your ability, so come along and enjoy getting creative with a paintbrush.



My Father Was A Sailor

MAY 6 - JUNE 8

CARBON 12, AL SERKAL AVENUE, STREET 8, AL QUOZ 1



The second solo exhibition of Austrian artist Philip Mueller sets sail towards regions unknown, taking the viewer on an intimate journey. *My Father was Many and I am Happy as a Sailor* is the second part of a trilogy of exhibitions that started at Art Cologne, exploring a quest that might seem particular, but Mueller's intentions are universal—where are we coming from and where are we going?

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START workshops

MAY 7, 3:30 - 5PM

THE PAVILION DOWNTOWN

A non-profit organisation, START was established by Art Dubai and the Al Madad Foundation to use the universal language of art to heal, educate and enrich the skills and opportunities of children in the Middle East. The organisation is now running a series of workshops for children over six years of age, focusing on a specific craft—whether that's painting, sculpture, photography or papier-mâché. Workshops will be held in the 'Shed' fortnightly until May 21.



Style Arabia at Studio 8

MAY 8 - 9, 6 - 10PM

THE DUBAI MALL

Fashion fans are in for a treat this week as Studio 8 at The Dubai Mall will be featuring the latest collections from some of the most celebrated Arab designers in the region. Among the designers on show to the public at this free event will be Summaya, Dinz, Mariam Al Mazro, 1001 Abayas by Maryam and Safa, Julea Domani and jewellery designer Nayri Estepanian. The designers will also be present to interact with the fashionistas attending.

Ruling the roost

Iron Man 3 is packed with spectacular action, witty dialogues and excellent performances.

NEW RELEASE

Just when it looked as though all superhero movies were facing the danger of following the same formula, along comes *Iron Man 3* to give the genre a much-needed revival.

Here you find Tony Stark (Robert Downey Jr.) stripping off his alter ego and exposing his vulnerabilities. He is seen spending most of his time out of his iron-clad suit.

The situations in the film bring Stark back down to earth and deconstruct the entire superhero model by defying expectations and making it a rewarding instalment. While it may not be as action-packed as its predecessors, it has some surprise plot twists in store, dynamic performances, lots of humour and a breathtaking finale.

Stark has to survive by using his own devices and relying on his creativity and instincts to protect himself. All along he questions whether the man makes the suit or the suit makes the man? Stark doesn't become a hero when he puts

on the suit, but he is a hero simply because of who he is.

After almost losing his life while fighting alongside The Avengers to save the world, Stark finds himself prone to anxiety attacks. His long-time confidant Pepper Potts (Gwyneth Paltrow) is in command of Stark Industries allowing him plenty of time to experiment in his lab.

But these anxiety attacks are straining his relationship with Potts and his friendship with Rhodey (Don Cheadle).

Then enters a scientist named Aldrich Killian (Guy Pearce) who teams up with a menacing terrorist, the Mandarin (Ben Kingsley) to destroy the United States. The Mandarin is seen detonating bombs all across the country and releasing threatening tapes. And, when Stark is willing to track him down, the government disagrees and appoints Rhodey's war machine—Iron Patriot—to take charge of the mission.

Directed by Shane Black (*Kiss Kiss Bang Bang*) the film is one of the most character-driven comic book-based films to hit the theatres

Did you know?

- The original story is based on the *Extremis* story arc by comic author Warren Ellis.
- Jon Favreau, who directed the first two films, serves as executive producer for this film.
- The film was converted to 3D in post-production.
- It currently has a 90 per cent rating on Rotten Tomatoes.

in a long time. The director gives ample space to Downey Jr. (*Sherlock Holmes*) to embrace the razor-sharp dialogue and command the screen with swagger, which makes him the rock star of superhero movies.

Stark's armour is not the most valuable weapon he has and the director strongly emphasises that fact throughout the film.

At the outset, *Iron Man 3* is a fun film that will make you want to see more of Downey Jr. out of the suit. It has also got the moments you wait for in any superhero film—big action pieces, things blowing up, rescuing loved ones, a demented villain and an ongoing personal conflict.

All the actors are important to the plot and are in top form here. Kingsley (*Hugo*) delivers a great performance. Equally amazing is Pearce (*Memento*), who transitions quickly between environments and emotions. Downey Jr. is at his charismatic and witty best here, while the action scenes are spectacular and seeing the Iron Man's suit, whether flying or fighting, is a visual treat.

This film definitely raises the bar for superhero movies by taking chances and bringing the character full-circle, eventually forcing him to re-evaluate his priorities.

It could be safe to say that this is the best Iron Man movie Marvel has made to date. Don't miss this one. ●



THE STARK REALITY OF BEING A SUPERHERO



Hollywood news

Woody's next movie

Emma Stone and Colin Firth have been roped in to star in Woody Allen's next comedy venture. The untitled project is expected to start shooting in France this summer and, while the plot of the project is still undisclosed, reports state that the film will be set somewhere in the South of France. The film will mark Allen's second time shooting a film in France, and it will be his eighth film set in Europe. Cinematographer Darius Khondji, production designer Anne Seibel and costume designer Sonia Grande, who have previously worked with Allen on films *Midnight in Paris* and *To Rome With Love*, will all be collaborating again with him on this new venture. Allen's next film to hit theatres will be *Blue Jasmine*, releasing on July 26. The film is one of many for Stone and Firth, who both seem to be in hot demand.



As well as the new Woody Allen film, Stone's upcoming flicks will include *The Amazing Spider-Man 2* and *Birdman*, while Firth will be seen in *Genius* and *The Railway Man*.

Cinderella casting finalised



LILY THE DISNEY PRINCESS

Lily James is all set to star in Kenneth Branagh's live-action interpretation of the beloved classic tale *Cinderella*. James, a star on hit period drama *Downtown Abbey*, has been roped in to play the part of the Disney princess. Branagh will direct the feature and Cate Blanchett will be seen playing the evil stepmother. James previously played the part of Lady Rose McClare on season three of *Downtown Abbey* and is also set to reprise her role for season four. The British actress has previously also acted in the film *Wrath of the Titans*. *Harry Potter* star Emma Watson was initially in talks to star as the famous princess, but a deal was not finalised. Disney first set up the film project in May following the success of *Alice in Wonderland*, the adaptation of the Lewis C. Carroll book that featured Johnny Depp. *The Devil Wears Prada* writer Aline Brosh McKenna has written the initial draft of the *Cinderella* script.

Biopic on Capa

The Avengers star Tom Hiddleston will be seen playing the character of photojournalist Robert Capa in new biopic, *Close Enough*. It will be directed by Paul Andrew Williams, while Hayley Atwell from *Captain America* will play his companion, Gerda Taro. In



real life, Capa and Taro fled the Nazis, fell deeply in love and eventually created the world's first photo agency, Magnum, in 1947.

Mob movie madness



Andy Garcia and Ray Romano will be joining Raymond De Felitta's crime drama *Rob The Mob*. Based on a true story, the film also stars Michael Pitt and Nina Arianda as a couple who boldly steal from mob-run social clubs in New York until they come across actual mafia members and become the prey of the police, the mob, and their own families.

Bollywood news

Desirable Deepika

Deepika Padukone was recently voted 'Most Desirable Woman'. The actress received the most votes in the *Times* poll, coming ahead of Katrina Kaif who was voted second and Kareena Kapoor who came third. The in-demand actress was also recently awarded the Critics' Choice 'Best Actress' Award.



Stuntman Khan

Aamir Khan will be seen playing a gymnast in *Dhoom 3*. According to reports, he has been practising mid-air stunts in a circus tent, specially erected for the role. Khan will perform trapeze and mid-air acts alongside Abhishek Bachchan and Uday Chopra, who will also be seen in the upcoming action thriller.



Lucky escape

Shahid Kapur recently escaped a serious injury while shooting *Rambo Rajkumar*, directed by Prabhu Deva. The actor was shooting an action sequence in a burning house at a film studio. According to reports, he suffered minor burns. This year he will also be seen in Raj Kumar Santoshi's *Phata Poster Nikhla Hero*.

Dixit's item song

Madhuri Dixit recently completed shooting an item number for the upcoming film *Yeh Jawaani Hai Deewani*. The veteran actress will be seen in a special song opposite Ranbir Kapoor. Farah Khan choreographed the track, which will introduce Kapoor's character Bunny in the film. The film is scheduled to release on May 31.

Listings

THE READ. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.



THE CALL

MOVIE GUIDE

Grand Cineplex - Wafi

Aashqui 2 - 10:00, 12:40, 15:20, 18:10, 20:40
The Call - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
Iron Man 3 - 11:00, 11:30, 12:00, 13:45, 14:15, 14:45, 16:30, 17:00, 17:30, 19:15, 19:45, 20:15, 22:00, 22:30, 23:00, 00:45, 01:15, 01:45
Iron Man 3 (3D) - 10:00, 12:45, 15:30, 18:15, 21:00, 23:45
Pain And Gain - 10:00, 11:30, 12:30, 14:00, 15:00, 16:30, 17:30, 19:00, 20:00, 21:30, 22:30, 23:55, 00:55
Sameer Aboo Elneel - 11:00, 13:10, 15:20, 17:30, 19:40, 21:50, 23:15, 00:00, 01:15
Shootout At Wadala - 10:30, 11:30, 12:00, 13:30, 14:30, 15:00, 16:30, 17:30, 18:00, 19:30, 20:30, 21:00, 22:30, 23:30, 00:00, 01:30

Grand Megaplex - Ibn Battuta

Amour - 19:00, 21:25, 23:50
The Call - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
Company You Keep - 10:00, 12:20, 14:40, 17:00, 19:20, 21:40, 00:00
The Croods - 10:00, 12:00, 14:00, 16:00
Emperor - 11:00, 13:10, 15:20, 17:30, 19:40, 21:50, 00:00
Foodfight - 11:00, 13:00, 15:00, 17:00

G.I. Joe 2 - 10:00, 14:30, 19:00, 23:30
G.I. Joe 2 (3D) - 12:15, 16:45, 21:15
Iron Man 3 - 10:00, 11:00, 12:45, 14:45, 15:30, 16:30, 18:15, 19:15, 22:00, 21:00, 23:45, 00:45
Iron Man 3 (3D) - 11:30, 12:00, 14:15, 14:45, 17:00, 17:30, 19:45, 20:15, 22:30, 23:00, 01:15, 01:45
Jurassic Park (3D) - 11:30, 14:00, 16:30, 19:00, 21:25, 23:55
Moondru Per Moondru Kaadhal - 11:00, 14:00, 17:00, 20:00, 23:00
Oblivion - 11:30, 14:00, 16:30, 19:00, 21:25, 23:55
Olympus Has Fallen - 18:00, 20:15, 22:30, 00:45
Pain And Gain - 10:00, 11:30, 12:30, 14:00, 15:00, 16:30, 17:30, 19:00, 20:00, 21:30, 22:30, 23:55, 00:55
Place Beyond The Pines - 10:00, 13:00, 15:40, 18:20, 21:00, 23:40
Sameer Aboo Elneel - 11:00, 13:10, 15:20, 17:30, 19:40, 21:50, 00:00
Shootout At Wadala - 11:00, 12:00, 14:00, 15:00, 17:00, 18:00, 20:00, 21:00, 23:00, 00:00
Sound Thoma - 11:30, 14:30, 17:30, 20:30, 23:30

Grand Cinemas - Festival City

The Call - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
Foodfight - 11:30, 13:30, 15:30
G.I. Joe 2 - 14:00, 19:00, 23:55
Iron Man 3 - 11:00, 11:30, 12:00, 13:45, 14:15, 14:45, 16:30, 17:00, 17:30, 19:15, 19:45, 20:15, 22:00, 22:30, 23:00, 00:45, 01:15
Iron Man 3 (3D) - 10:00, 12:45, 15:30, 18:15, 21:00, 23:45

Oblivion - 11:30, 16:30, 21:25
Pain And Gain - 11:30, 14:00, 16:30, 19:00, 21:30, 23:55
Sameer Aboo Elneel - 11:00, 13:10, 15:20, 17:30, 19:40, 21:50, 00:00
Scary Movie 5 - 17:30, 19:30, 21:30, 23:30
Shootout At Wadala - 10:30, 11:30, 13:30, 14:30, 16:30, 17:30, 19:30, 20:30, 22:30, 23:30, 01:30

Grand Cinecity - Al Ghurair

The Call - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
Iron Man 3 - 10:00, 12:45, 15:30, 18:15, 21:00, 23:45
Iron Man 3 (3D) - 11:00, 13:45, 16:30, 19:15, 22:00, 00:45
Moondru Per Moondru Kaadhal - 11:00, 14:00, 17:00, 20:00, 23:00
Sameer Aboo Elneel - 11:00, 13:10, 15:20, 17:30, 19:40, 21:50, 00:00
Oblivion - 11:20, 13:55, 16:30, 19:05, 21:40, 00:15
Olympus Has Fallen - 19:05, 00:05
Oz The Great And Powerful (3D) - 23:55
Pain And Gain - 11:50, 14:20, 14:30, 16:50, 17:10, 19:20, 19:50, 20:25, 21:50, 22:25, 22:55, 00:20, 01:10, 01:20
Sameer Aboo Elneel - 11:30, 13:45, 16:05, 18:25, 20:45, 23:05, 01:20
Scary Movie 5 - 11:10, 13:05,



SHOOTOUT AT WADALA

Sound Thoma - 11:30, 14:30, 17:30, 20:30, 23:30

Shootout At Wadala - 10:30, 11:30, 13:30, 14:30, 16:30, 17:30, 19:30, 20:30, 22:30, 23:30, 01:30

Reel Cinemas - Dubai Mall

Amour - 14:00, 16:35, 19:15, 21:55, 00:35
A Haunted House - 15:45, 19:35, 23:30
The Call - 11:15, 13:15, 15:20, 17:25, 19:30, 21:35, 23:40, 01:40
Company You Keep - 14:05, 16:35, 19:05, 21:35, 00:05
The Croods - 11:50, 14:00, 16:10, 18:20
The Croods (3D) - 11:00, 13:05, 15:15, 17:25, 19:35, 21:45
Evil Dead - 14:20, 16:20, 18:20, 20:20, 22:20, 00:20
G.I. Joe 2 - 13:30, 17:20, 21:15, 01:05
The Host - 13:50, 16:25, 21:30

Iron Man 3 - 11:05, 11:55, 13:00, 13:45, 14:35, 15:40, 15:50, 16:25, 17:15, 18:20, 18:40, 19:05, 19:55, 21:00, 21:30, 21:45, 22:35, 23:40, 00:20, 00:25, 01:15
Iron Man 3 (3D) - 10:50, 13:30, 14:00, 16:10, 16:20, 16:45, 18:50, 19:10, 19:30, 21:30, 22:00, 22:15, 00:10, 00:50, 01:00
Oblivion - 11:20, 13:55, 16:30, 19:05, 21:40, 00:15
Olympus Has Fallen - 19:05, 00:05
Oz The Great And Powerful (3D) - 23:55
Pain And Gain - 11:50, 14:20, 14:30, 16:50, 17:10, 19:20, 19:50, 20:25, 21:50, 22:25, 22:55, 00:20, 01:10, 01:20
Sameer Aboo Elneel - 11:30, 13:45, 16:05, 18:25, 20:45, 23:05, 01:20
Scary Movie 5 - 11:10, 13:05,



OLYMPUS HAS FALLEN

14:00, 15:00, 16:05, 16:55, 18:10, 18:50, 20:15, 20:45, 22:40, 00:35, 00:40
Shootout At Wadala - 13:00, 15:55, 18:55, 21:55, 00:55

Reel Cinemas - Marina Mall

The Croods (3D) - 11:00, 13:05, 15:15, 17:25, 19:35
Iron Man 3 (3D) - 11:05, 11:30, 11:55, 13:40, 14:10, 14:35, 16:20, 16:50, 17:15, 19:00, 19:30, 19:55, 21:40, 22:10, 22:35, 00:20, 00:50, 01:15
Oblivion - 11:40, 14:10, 16:40, 19:15, 21:50, 00:15
Pain And Gain - 11:20, 13:50, 16:20, 18:50, 21:20, 23:50
Scary Movie 5 - 21:45, 23:35, 01:25

Vox Cinemas - Deira City Centre

Aashqui 2 - 11:45, 14:30, 17:15, 20:00, 22:45
The Call - 11:15, 13:15, 15:15, 17:30, 19:45, 22:00, 00:15
The Croods - 09:45, 10:45
G.I. Joe 2 (3D) - 10:45, 13:15, 15:45, 18:15, 20:45, 23:15
Iron Man 3 (3D) - 09:15, 10:15, 11:15, 12:00, 13:00, 14:00, 14:45, 15:45, 16:45, 17:30, 18:30, 19:30, 20:15, 21:15, 22:15, 23:00, 00:00
Moondru Per Moondru Kaadhal - 11:30, 17:45, 00:00
Pain And Gain - 13:00, 15:45, 18:30, 21:15, 00:00
Sameer Aboo Elneel - 12:00, 14:15, 16:30, 19:00, 21:30, 00:00
Shootout At Wadala - 11:00, 13:00, 14:00, 15:55, 17:00, 18:55, 20:00, 21:55, 23:00, 00:55
Sound Thoma - 14:30, 20:45

SCHEDULE CORRECT AT TIME OF GOING TO PRESS; HOWEVER, PLEASE NOTE THAT MOVIE THEATRES CAN CHANGE SCHEDULES WITHOUT NOTICE



Vox Cinemas - Mall of the Emirates

Amour - 18:30, 21:15, 00:00

The Call - 10:15, 12:15, 13:15, 14:15, 15:15, 16:30, 17:30, 18:45, 19:45, 21:00, 22:00, 23:15, 00:15

The Croods (3D) - 09:30, 10:30, 11:45, 14:00, 16:15

Iron Man 3 (3D) - 09:15, 09:45, 10:15, 11:15, 12:00, 12:30, 13:00, 14:00, 14:45, 15:15, 15:45, 16:45, 17:30, 18:00, 18:30, 19:30, 20:15, 20:45, 21:15, 22:15, 23:00, 23:30, 00:00

Oblivion - 10:00, 12:45, 15:30, 18:15, 21:00, 23:45

Pain And Gain - 10:00, 12:45, 15:30, 18:15, 21:00, 23:45

Sameer Abou Elneel - 11:15, 13:45, 16:15, 18:45, 21:15, 23:45

Scary Movie 5 - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 00:15

Shootout At Wadala - 11:45, 14:45, 17:45, 20:45, 23:45

Vox Cinemas - Mirdif City Centre

The Call - 11:00, 13:15, 15:15, 17:30, 19:45, 22:00, 00:15

The Croods - 10:00, 11:00, 13:15, 15:30

Iron Man 3 (3D) - 09:00, 09:30, 10:00, 10:30, 11:45, 12:15, 12:45, 13:15, 14:30, 15:00, 15:30, 16:00, 17:15, 17:45, 18:15, 18:45, 20:00, 20:30, 21:00, 21:30, 22:45, 23:15, 23:45, 00:15

Pain And Gain - 10:00, 12:45, 15:30, 18:15, 21:00, 23:45

Sameer Abou Elneel - 12:15, 14:30, 16:45, 19:00, 21:30, 00:00

Shootout At Wadala - 17:45, 20:45, 23:45

What's happening

this week in Dubai



Salsa dance courses

Spice up the dance floor by learning some of the hottest moves of this popular Cuban dance.

Date: May 5

Time: 9 - 10pm

Venue: Ductac, Mall of the Emirates

Admission: Dh600

More info: www.ritmo-de-havana.com

Desi Beats with Atif Aslam and Hard Kaur



Pakistani pop star Atif Aslam and British Indian rapper Hard Kaur will take the stage and keep the party vibe going with their scintillating beats.

Date: May 9

Time: 8pm - 2am

Venue: Atlantis, The Palm

Admission: Dh150, Dh250

More info: 055 200 4321

'Haste Hasate' Hasya Kavi Sammelan



Masterful poets of an ancient form of comedy will bring their audiences to roaring laughter with their comic timing and witty deliveries.

Date: May 9

Time: 9pm

Venue: Jumeirah ballroom, Crowne Plaza Hotel

Admission: Dh75, Dh150, Dh250, Dh350

More info: 050 654 9100, 055 846 5959

The Punchline Comedy Club

Audiences are expected to laugh out loud with the cracking performances of British comedians Andrew Stanley, Rob Deering and Paul Myrehaug.

Date: May 9

Time: Doors open at 7:30pm, show starts at 9pm

Venue: Emirates Golf Club, Emirates Hills

Admission: Dh200

More info: www.urbanevents.ae



Sandance featuring Florence and the Machine



The English indie rock band will play with other featured performers.

Date: May 10

Time: 2pm - 2am

Venue: Atlantis Beach at Atlantis, The Palm

Admission: D295, Dh500

More info: 055 200 4321

Swan Lake: The Royal Moscow Ballet

Be enthralled with this ballet performance that tells the story of a princess who was transformed into a swan by an evil witch.

Date: May 9 - 13

Time: 6pm, 9pm, 10pm

Venue: Dubai International Convention and Exhibition Centre, Dubai World Trade Centre

Admission: Dh250, Dh300, Dh350, Dh600, Dh700, Dh800, Dh1,500

More info: 056 133 3268



Global Fighting Championship 2

Watch the mightiest brawlers fight for glory and the \$100,000 prize money.

Date: May 10

Time: Gates open at 6pm, event starts at 7pm

Venue: Hall 5, Dubai World Trade Centre

Admission: Dh100, Dh250, Dh500

More info: 04 447 4980, 056 794 4433

Dubai Scrabble Championship 2013



Show how rich your vocabulary bank is in this mentally engaging competition.

Date: May 10 - 11

Time: 10am - 9pm

Venue: Dubai Festival City

Admission: Dh50

More info: 04 269 3412, 050 218 3536, email dubaiscrabblechampionship2013@gmail.com

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Looking to earn extra income? Flexible timing, simple and legal part-time job available especially for Filipinos. For more details call 0556149479.

Beautician required for a full-time position at a home-visiting beauty service company. Should have experience in nails, waxing and threading. Good salary plus bonus provided. Call 0509559923.

Indian female receptionist/customer service personnel required for a part-time position. Should be on husband's visa. Call 0567321852.

Asia's No.1 CAD company requires female graduate/diploma civil engineers for the new CADD centre opening in Bank Street, Dubai. Call 0501923775.

Full-time housemaid required for a small Indian family near BurJuman, Mankhool. Should be on a transferable or residence visa. Sri Lankan/Nepali preferred. Call 0566040371 after 5pm.

JOBS WANTED



Male, 32 years old, document controller seeks job. Has 4 years and 6 months of experience in the UAE. Well versed in MS Office and CAD plotting. Send an email to shakind81@gmail.com or call 0502807476.

Admin, secretarial and office work staffer seeks full-time job. Has more than 10 years of experience. Holds a visit visa and can join immediately. Call 0505328830 or send an email to khatri_rmj@hotmail.com.

BE-Elec + MBA-IB seeks full-time job in the field of power, solar and engineering industry. Has more than 9 years of experience in international sales. Call 0552009939 or send an email to swapnil_singhai@yahoo.com.

Indian/Keralite female accountant seeks job in Dubai. Has 10 years of experience in accounting jobs. Has excellent communication skills. Call 0558521614.

Indian male, BCom seeks full-time job in accounting cum administrative assistant. Call 0551016920 or send an email to hafizgulam@gmail.com.

HSE/safety officer with OSHA certificate seeks job. Has 3 years of experience. Holds a visit visa. Send an email to edmar_

saberon@yahoo.com or call 0502768253.

HR director with 17 years of working experience seeks full-time job/long term contract. Call 0561037489.

27-year-old Pakistani male seeks job in sales and marketing. Has 4 years of experience and a valid UAE driver's licence. Call 0558647578 or 0528036788.

Accountant, MCom/BCom graduate seeks job. Has 5 years of experience (2 years in UAE). UAE driver's licence. Well versed in tally, QuickBooks and Peach Tree. Call 0551405526 or send an email to mazullah.khan2000@yahoo.com.

Indian female graduate seeks job. Has 10 years of experience in the Gulf region in documentation, administrative and secretarial roles. Fluent in English and computer literate. Send an email to vkamanat@gmail.com.

Indian male, mechanical engineer, QA/QC, seeks full-time job. Call 0557213697 or email blessonvarghesej@gmail.com.

Indian graduate seeks job in administration. Has 8 years of experience in Dubai as office coordinator and data entry operator. Call 0559221895 or send an email to k_jiten@yahoo.co.in.

Administrative, PRO, marketing manager seeks job. Has more than 15 years of experience in the UAE. Fluent in English, Arabic, Hindi and Urdu. Call 0504523250.

Female, 50, seeks full-time job. Has more than 20 years of UAE experience in general administration and indoor/outdoor sales roles. Holds a transferable visa. Email Mariliesie2006@yahoo.com or call 0505693199.

Indian male accountant seeks part-time job in accounting. Well experienced in trading, tourism and service company. Call 0558537020.

Widely experienced cook seeks job on a part time, hourly basis. Call 0503550131.

CSR seeks full-time job. Has 3 years of banking and finance experience, and excellent communication and administrative skills. Call 0567451207 or email to rvm.evans@yahoo.com.

Junior architect, top talented student seeks job. Has 2 years of experience. Knowledgeable in AutoCad, 3D Max, VRAY, Photoshop, Sketch Up. Call 0566529391 or email arch.sham86@hotmail.com.

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EDUCATING BETTER GLOBAL CAREERS

RTA signs Nokia Maps pact

Dubai becomes first city in the MENA region to introduce Nokia smartphone app for public transport users.

PARTNERSHIP

The Roads and Transport Authority (RTA) and Nokia have signed an MoU agreement to license Nokia Maps data for the city's public transport system. Following the agreement, 'Nokia Transit' has become the first smartphone app to provide the city's residents with full details of all modes of public transport including the Metro, public buses, marine transport modes and taxis for any given destination. Dubai is the first city in the MENA region that has harnessed this application and introduced it to the public.

The application features departure and arrival schedules along with details of transfers and pedestrian guides to the nearest stop or station making it simple and easy for residents to travel via public transport.

Abdulla Al Madani, CEO, Corporate Technical Support Services Sector, said, "The RTA has always been striving to provide its clients with world-class services by virtue of harnessing the latest technologies in order to make their daily public transport trips a safe and smooth experience."

"Signing an MoU agreement with an international company such as Nokia constitutes an added-value



to our work mechanism and makes mass transit easier for commuters. This agreement is an initial step for broader horizons of mutual business cooperation on different fronts," added Al Madani.

Henri Mattila, Nokia Middle

East's Head of Products, said, "The Dubai public transport data is invaluable local content which enriches our product portfolio. We are extremely happy to see 'HERE', which is Nokia's cutting-edge mapping platform, used by the RTA in a way that provides information for both residents and visitors in Dubai, reflecting our vision of providing consumers with distinct experiences."

Content such as maps, transport and traffic data is pivotal in meeting demanding consumer expectations

and Nokia's HERE leads the way with its premium location content.

The RTA has been working to provide systems, which can keep pace with one of the fastest growing cities in the world. There has already been a steady increase in the usage of public transport modes including the Metro, public buses and marine transport in Dubai over the last few years. Nokia Transit for Dubai is an app that can plan accurate journeys from door to door, providing the needed information and directions.

The app is available from Marketplace for free download on Nokia Lumia 920, 820, 720, 620 and 520 smartphones.

Paid parking system implemented

New system came into effect in April at Dubai Internet City, Dubai Media City and Dubai Knowledge Village.

PARKING ARRANGEMENTS

The Traffic and Roads Agency, Roads and Transport Authority (RTA), has finalised the implementation of the paid parking system in Dubai Internet City, Dubai Media City and Dubai Knowledge Village. The system has been active since April 13, after it was implemented on roadside parking slots in mid-January. Vehicle parking lots in the areas have been classified as paid parking zones, which are paid through commonly known methods, namely coins, text messages, silver and blue Nol cards, and prepaid cards, in addition to the reserved parking spaces designated for em-

ployees of TECOM Business Parks only, with a validity of three months, six months or one year.

Engineer Maitha Bin Udai, CEO of RTA Traffic and Roads Agency, said, "Streamlining parking slots in this area aims to provide more effective solutions to cope with the growing traffic movement in place. This move will have a positive bearing on the business community, as it will ease the traffic congestion at peak hours, and gives priority to company employees to reach their workplaces."

She stressed that the RTA would book traffic violators who use the reserved parking areas, adding that the seasonal cards issued for the public

parking were not valid for use in the free zone area. "Parking slots have been provided in multi-level vehicle parking lots, where the ground and first floors are designated for hourly parking, while the upper levels are solely designated for permit holders," she continued.

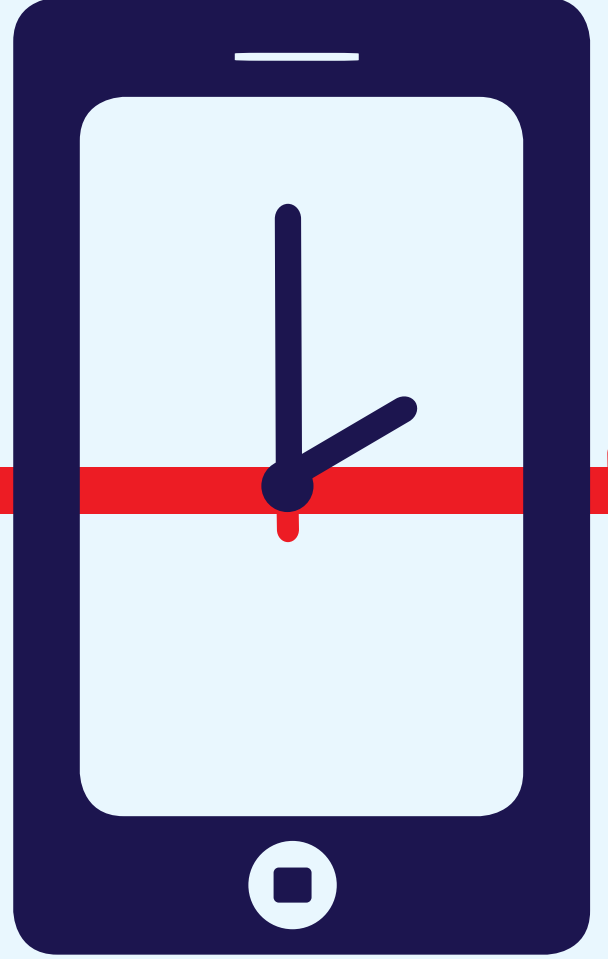
"The RTA and Tecom Investments are working on several initiatives that would streamline the parking lots. Work is up and running to establish about 500 additional parking spaces in the Tecom area," she said.

Bin Udai also spoke about an increase in the number of public transport trips since April, and the introduction of express transport

routes starting from several vital sites. "These routes cover Discovery Gardens, Ghubaiba station, Deira, Satwa station, in addition to introducing and increasing internal transit routes running from the Metro stations adjacent to Tecom. The RTA is also working on increasing the number of air-conditioned bus stops, and a direct bus route was opened from Al Quoz area on April 1.

"The RTA is making efforts to devise solutions that will contribute to smooth traffic flow in residential and business communities to maintain Dubai's standing and promote it as a destination for tourism, work and comfortable life," she added.

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D for Depart + Platform ID

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Space

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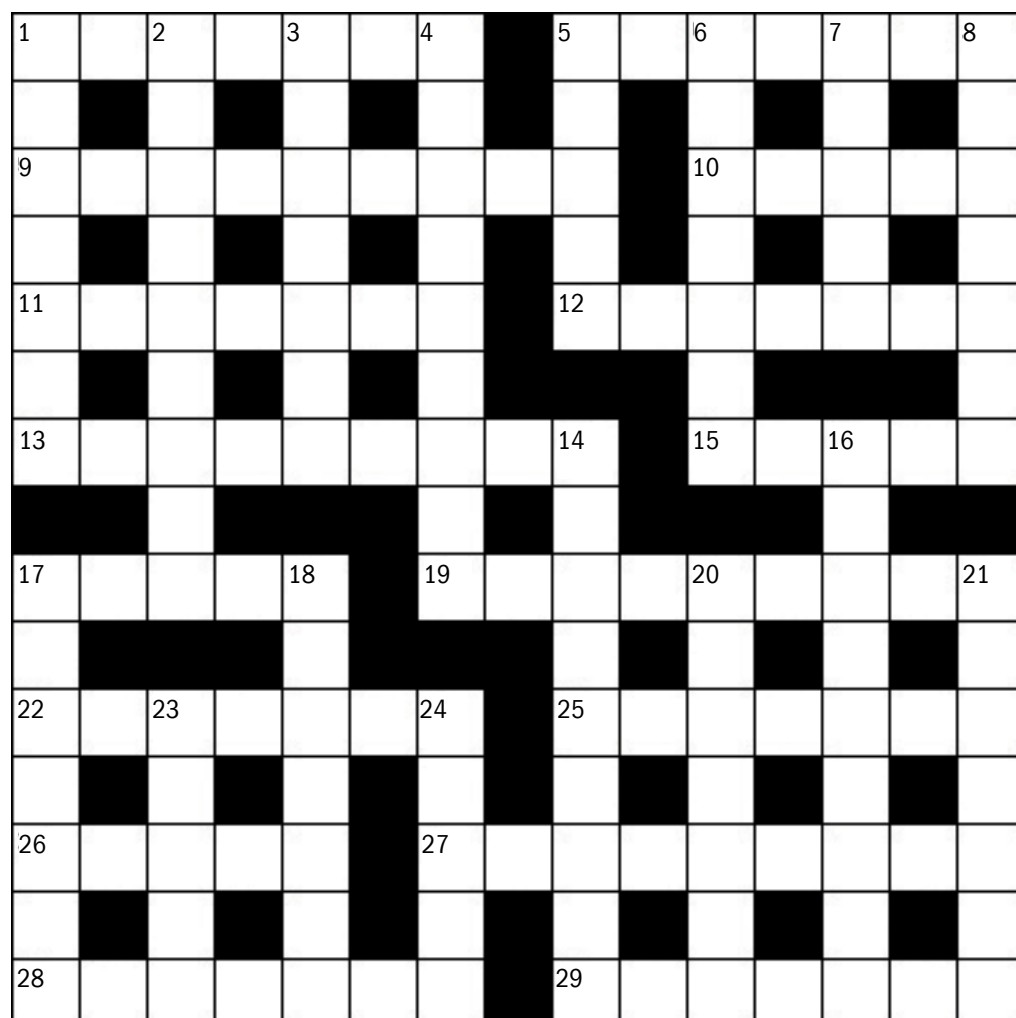


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Taking your time

Ponder over our puzzles, relish a new recipe and catch up with our cartoons.



Crossword

Across

1 Used to spin yarn (7) **5** Atomic (7) **9** Stamping (9)
10 Delineated (5) **11** A public speech (7) **12** Of little importance (7) **13** Stardom (9) **15** Gapes (5) **17** Amounts of medicine (5) **19** A style of physical comedy (9) **22** Complain (7) **25** Every evening (7) **26** Permeate (5) **27** Craft (9) **28** Misbeliever (7) **29** Able to see (7)

Down

1 Varnish (7) **2** Dummies (9) **3** Annoy (7) **4** Widespread outbreaks of disease (9) **5** Not daytime (5) **6** A deliberate thinning of a herd (7) **7** Boredom (5) **8** Brain-teasers (7) **14** Prolonged unfulfilled desires (9) **16** Vest (9) **17** Like a canine (7) **18** In school, maths or English (7) **20** Autographing (7) **21** Paddled in a type of boat (7) **23** Medium to dark brown (5) **24** Moral principle (5)

ANSWERS



Recipe

Raspberry cheesecake

This classic cheesecake is a super-tasty, family favourite dessert.

Ingredients

For the base:

1½ cups digestive biscuits
 1/4 cup butter melted
 1 tbsp caster sugar

For the cheese filling:

2½ cups cream cheese
 2/3 cup caster sugar
 1 tin cream
 1 tsp vanilla essence
 1 tsp lemon zest, grated
 1 tbsp lemon juice
 1 cup liquid cream chilled
 2 tbsp vegetarian gelatine powder, dissolved fully in hot water
 1/2 cup raspberry jam

Method

1. Combine the biscuit crumbs, butter and sugar. Use fingertips to mix the ingredients together.

2. Place the biscuit mixture over the base of a bottom cake pan then place it in the fridge.

3. Then beat the cream cheese, sugar, cream, vanilla, lemon zest and lemon juice in an electric beater until the mixture becomes smooth.

4. Add the liquid cream to the cheese mixture and whip it for four to

five minutes or until the mixture is almost forming stiff peaks.

5. Add the dissolved gelatine into the mixture and constantly stir it gently until the mixture is well combined.

6. Pour the mixture over the prepared base and spread evenly.

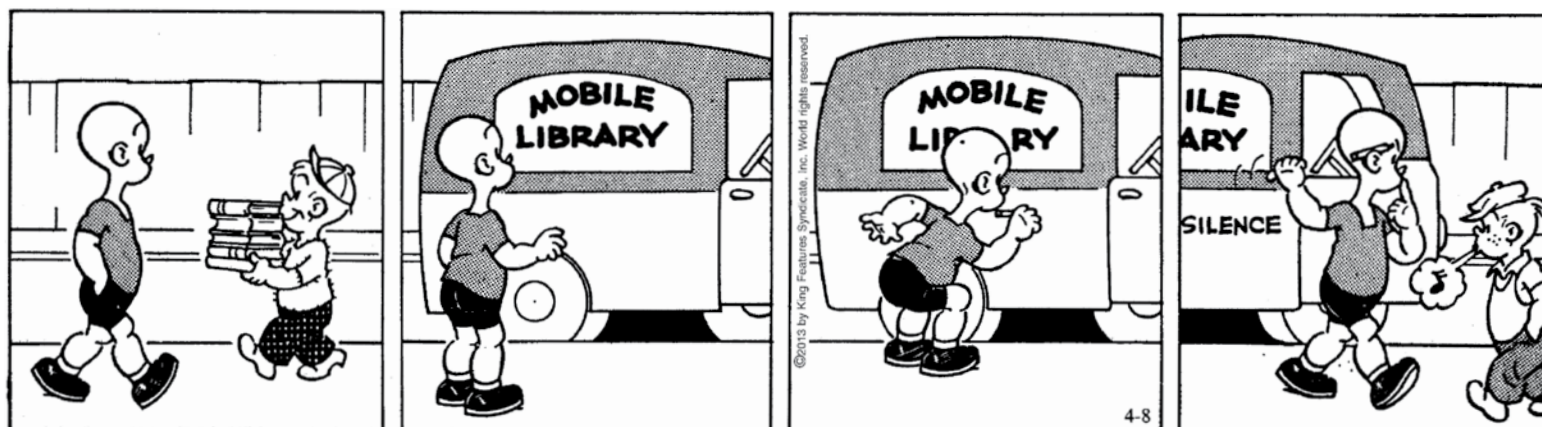
7. Place it in the fridge for three hours or until the cheese filling is firm and easy to slice.

8. Spread the raspberry jam over the top. Slice and serve.



Serves
6

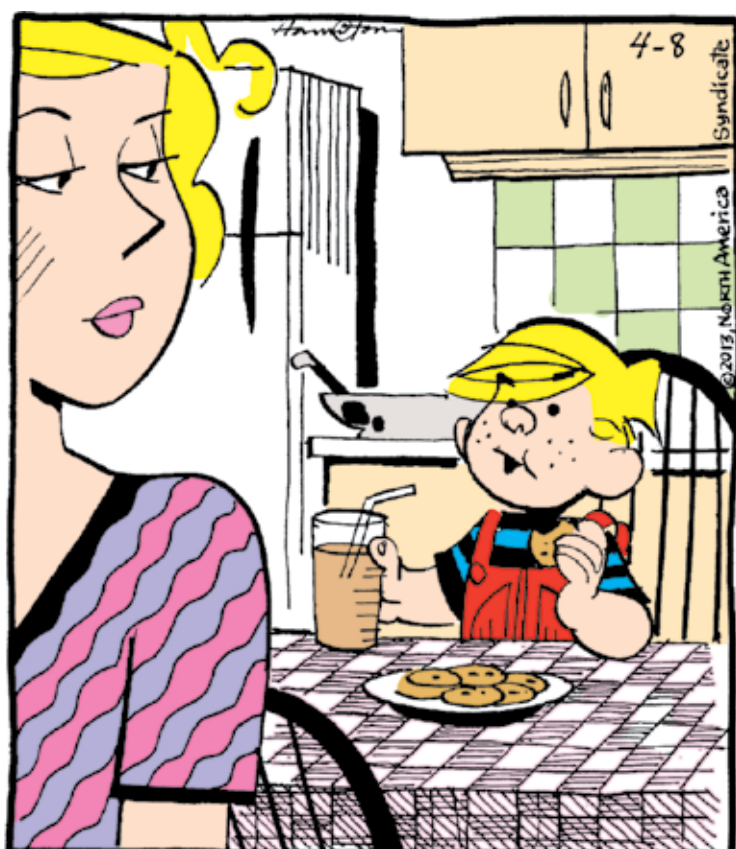
Henry



Spiderman



Dennis the menace



"OL' MARGARET WANTS TO MARRY A DOCTOR, SO I CAN RULE OUT MEDICINE AS A CAREER."

Who's this?

ANSWER ON PAGE 34



Puzzles

Arrowword

Small classical group (6,7)		Break in supply		Very hot sauce (4-4)		Folklore giant		Snip with scissors		Bind with a ribbon		Outdoor charity bazaar
Joined together		Chemist's workroom		Walking stick		As above		Owl noises		Initial appearance		Three-score
							Skins					
Father					A place of accommodation		Style of poem				Otherwise closest bid (inits)	
From the start (2,6)									Fight in a ring			
Himalayan 'snowman'		Hire out					Tease viciously					
				Head movements					Play (with)			

Sudoku 1

		9	3	2				6
		8			5	9		4
	2		9	8		3		
			2					
1								9
2	4	5		9		8	3	
9	1							
		2			9			8
8	3	7			1	6		

Sudoku 2

			6					4
		5			2			
		1	7		9	3	5	
2					3			1
	7			6	4	9		
	4	3	2		1			7
		2		1		6		3
				2	7		4	
9		4		8		7		5

ANSWERS
ARROWWORD

A	O	I	S	D	O	N	I	E	A
I	N	V	I	I	N	E	R	G	
X	O	B	O	I	I	N	I	B	V
I	E	D	O	I	V	I	V	P	S
S	E	O	I	H	D	E	C	I	T
I	E	V	A	I	R	R	O		
I	E	I	R	V	O	G	N	I	S
F	B	C	O	P	S				

SUDOKU 1

2	6	9	1	5	7	4	8	3
8	1	7	6	4	2	3	9	5
4	5	2	3	8	9	7	1	6
7	4	8	9	6	1	5	2	3
6	7	2	4	3	5	9	8	1
1	9	5	8	7	2	6	3	4
9	2	4	7	6	1	3	5	8
4	2	6	5	1	9	8	3	7
9	8	1	4	2	3	6	5	7

SUDOKU 2

5	2	4	9	8	6	3	1	7
8	7	1	4	2	6	9	5	3
6	9	5	1	7	2	8	3	4
4	8	5	1	6	2	7	9	3
2	6	7	9	5	8	4	1	3
1	9	7	6	4	8	5	2	3
9	5	6	7	4	1	2	8	3
6	4	8	2	3	1	5	9	7
7	1	2	3	5	9	8	4	6

WHO'S THIS? ANSWER - MIKE MYERS


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What's in your stars?

The Read. astrologer tells you what you can expect over the next seven days.

ARIES

(MAR 21 - APR 20)

There are going to be some changes at your workplace. Don't pass any quick judgment until everything is settled down. Working in a team presents opportunities in different areas so consider it. Be prepared for a stimulating conversation with family.



TAURUS

(APR 21 - MAY 21)

Your life is buzzing with activities and this will set things straight to move forward. Now is the chance for a personal transformation so step out of your comfort zone and bring on the confidence. What happens next may be challenging but it will be empowering.



GEMINI

(MAY 22 - JUN 21)

This week you have energy that acts as a catalyst and offers you clarity about what you want to do next. If you are on the lookout for a change of career, this is the right time to take it further. With a new start you can get your plans into action.



CANCER

(JUN 22 - JUL 23)

You have the quality of a forward thinker, both at work and with friends. This allows you to give everyone the benefit of the doubt and connect with people on a deeper level. Time management can be an issue this week so try to stay focused.



LEO

(JUL 24 - AUG 23)

Chances will come your way to either open or expand new businesses. It is important that you stay ahead of the game, but give yourself a break now and then to avoid fatigue. Also, pay attention to certain family matters as they need your guidance.



VIRGO

(AUG 24 - SEP 23)

Think on your feet and act quickly on your thoughts. Someone at work can help you out of a difficult situation or introduce you to someone influential. Expect some windfall this week and stand by for some great changes to come your way soon.



LIBRA

(SEP 24 - OCT 23)

You might be involved in a power struggle either at work or home right now. Aim to achieve the right amount of balance of power in relations so that there can be true equality on all levels. If you are waiting for some important answers, don't give up hope.



SCORPIO

(OCT 24 - NOV 22)

If you want commitment in work or relationships, don't be shy about saying so. Try to look out for your perfect job, as this is the time to get your plans moving and let new opportunities come your way. Something wonderful should happen shortly.



SAGITTARIUS

(NOV 23 - DEC 21)

Sharpen your image with a new look. Be responsible and put the effort to keep in touch with your family. At this stage, you are quite comfortable with making the necessary but positive decisions that can affect both your business and personal life.



CAPRICORN

(DEC 22 - JAN 20)

You might have to do a bit of a juggling act this week to keep things peaceful both at work and at home. Try to avoid giving lengthy explanations as the less you say is better for now. Soon you will become very busy, so make sure to follow a healthy routine.



AQUARIUS

(JAN 21 - FEB 19)

It's good to be open about your feelings, but don't put yourself in a vulnerable position. Take things one day at a time and don't share things with everyone you know straight away—stay alert when giving information. Some financial news could come your way.



PISCES

(FEB 20 - MAR 20)

It is necessary to accept people for who they are rather than trying to control and change them. Meet a friend this week who you can have a comfortable conversation with. To get noticed, speak up, share your ideas and make sure you're looking your best.



This week's local weather

SUN

5th

SUNNY
HIGH 31C
LOW 25C
HUMIDITY 53%

MON

6th

SUNNY
HIGH 31C
LOW 25C
HUMIDITY 49%

TUE

7th

SUNNY
HIGH 33C
LOW 29C
HUMIDITY 39%

WED

8th

SUNNY
HIGH 33C
LOW 29C
HUMIDITY 41%

THU

9th

SUNNY
HIGH 34C
LOW 27C
HUMIDITY 43%

FRI

10th

SUNNY
HIGH 32C
LOW 28C
HUMIDITY 46%

SAT

11th

SUNNY
HIGH 33C
LOW 28C
HUMIDITY 38%

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