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MAY 26-JUNE 1, 2013 | Issue 102

Read



CEREMONY CHIC

Finding the perfect outfit for the wedding season doesn't have to be boring as style also gets an invite



BESIDE THE SEASIDE



FURIOUSLY FUN

Six installments later and the *Fast and Furious* gang are still ready to screech into action, much to the delight of film fans



EXERCISE FOR ALL

How an upcoming fitness celebration is aiming to get the whole city on its feet and discover the fun side of keeping fit

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Medical marvels

The technology behind the different types of scans used in hospitals

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Letters

Email: letters@readme.ae

A selection of the letters we've received this week. Write in to have your say.

✉ ARTICLE ADVICE

Every week I wait for your magazine. Although I don't need to use the Dubai Metro, because of company transportation, I still like to ride on the Metro and explore Dubai by myself. My favourite page in *Read.* is the careers page and in one issue the article was 'Choosing the right career'. Wow! I think it's one of best articles I've ever seen in *Read.*

Muhammad Atai Rabbi Bhuiyan

✉ BULGING BAGS

I do a Nol card check-in and check-out 12 times every day, six days a week on both the bus and the Metro, but I am confused as to what the result would be if I forgot it once and an inspection took place? Another uncomfortable thing is, especially during peak

times, the bulging school bags on the back of many passengers. One passenger with a loaded school bag covers nearly double of his space.

PS



Read. Poll

If you have extra money in your budget, what would you opt to do with it?

- Save it for the future or an emergency
- Spend it on something special

Cast your vote online at www.readme.ae

LAST READ. POLL RESULTS

Do you prefer to read news and stories in print or online?

In print	34%
Online	17%
Both	49%

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What's happening this week on readme.ae?

Make sure you check out our website for these daily specials, which appear online every afternoon. 'Like' us on Facebook so that we can keep you up to date with our latest online features and fun.

Coming up this week



TODAY

You might be spending a fortune on expensive hair products. However, the truth is that beautiful hair starts when you have a balanced diet. Healthy hair is actually hair that receives the correct nourishment, which is gained by supplying your body with the required nutrients. So if you want shiny and strong tresses, you should add certain foods to your shopping list.



MONDAY

Gold recently fell to its lowest level in 21 months and silver hit a 31-month low on heavy sell-off by stockists. This drop in price for these precious metals in global markets makes it the longest slump in almost four years.



TUESDAY

Jet lag can really take the edge off an exciting long-haul holiday. Effects include daytime sleepiness, insomnia, loss of appetite and sometimes clouded thinking. But there are certain remedies at hand that could help you.



WEDNESDAY

After Sony's PlayStation 4, it is now Microsoft's turn to introduce their all-new Xbox 720. The last console was released in 2005 and gamers will be excited to see what's in store.



THURSDAY

Noise pollution can often cause a problem in many areas of daily life, but what effects could regular exposure to excessive noise levels be having on your ears?



FRIDAY

The Read. Facebook page has been full of your opinions on our daily question. We find the best responses from our Facebook fans and bring you the answers that matter most to the people of Dubai.

Facebook chatter

Here's what you have been saying on the *Read*. Facebook page.

(Responses only edited for length)

Do you think David Beckham will be remembered in years to come as a footballer or as a celebrity?

As for being a football player, he's got talent but he had a host of attitude issues during his football career - big minus for me. He's better off a celebrity now, or he may enter the field again as a coach.

—Seraph Throne

He is a true legend. He will now always be remembered as the Best Crosser of Ball, and one of the Best Free kick takers of all time. And above all he is the most celebrated and the richest footballer. Having

also won trophies in England, Spain, Italy, USA, and France. His achievements are unforgettable.

— Okolo Augustine

Becks is both a footballer and a celebrity big up 2 him.

— Herbert Katuuku

He will be remembered as both as his professional career began with Manchester United, making



his first-team debut in 1992. And now after getting retired he will be known as celebrity. Till he played on the ground he is well known as a great football player.

— Azmat Lodhi

What bad driving habit do you most dislike seeing on the roads?

I hate those drivers who text and drive, it is like welcoming accident to happen! Also I am unhappy to see drivers who do not slow down when they are about to pass a road with pedestrian lane, I think they often forget the rule that with or without people crossing they still need to slow down! Seminar or annual driving review is a good idea to remind the drivers the dos and donts.

— Francess Pamela Gamboa Sevilla

Some drivers, while driving to places they've never been to before,



use a map on their smartphones to locate their desired destination and although it is extremely convenient and helpful, it can be quite distracting as while doing so, the person does not focus on the road. Hence, I would suggest that the person should stop on the side, look at the map and then continue

— Azmat Lodhi

I hate people that talk on cell phones while driving!!

— Arman Hossen

Giving light to refugees

Panasonic donates solar lights to African refugees as part of the build-up to its centennial anniversary.

INITIATIVES

Panasonic has donated 2,000 compact solar lights to the United Nations High Commissioner for Refugees (UNHCR) Representation in Kenya. A ceremony for the donation was held recently in Japan.

Panasonic started this project in 2012 with the aim of donating 100,000 solar lanterns to areas without electricity worldwide, as part of the build-up to the company's centennial anniversary in 2018. The project started out in Myanmar and has made donations in India. This is the first donation in Sub-Saharan Africa.

The solar lights will be used in two refugee camp locations in Kenya, Dadaab and Kakuma. Located in the Horn of Africa, Kenya borders with five other countries and is home to approximately 600,000 refugees. Many of them have been unable to return home for over 20 years, living



AN OFFICIAL FROM PANASONIC (RIGHT) PRESENTS A SOLAR LIGHT LAMP TO A UNHCR REPRESENTATIVE

“The solar lights will be used in two refugee camp locations in Kenya, Dadaab and Kakuma.”

long-term as refugees in Kenya.

The solar lights will be distributed to female-headed families with children, people with disabilities, host families that have accepted orphans, and a hospital. Having a reliable light

source in the evening will contribute to evening patrols and care for the patients, prevention of security incidents and enable evening study for many children, which could hopefully lead to better academic results.

Dadaab refugee camps, bordering Somalia in the northeast of Kenya, was set up at the beginning of the 1990s, consisting of three camps to host 90,000 refugees from Somalia. The number of refugees has since swelled to reach 430,000 currently

living in five camps.

Kakuma refugee camp, located near the border with South Sudan in the northwest of Kenya, was also established in the 1990s to receive some 20,000 refugees from Sudan.

Inferno

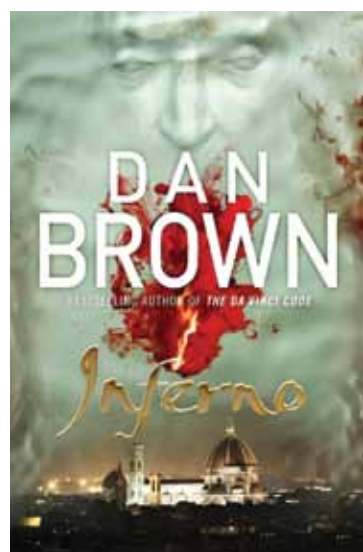
By Dan Brown

BOOKS

Robert Langdon is back. After waking up in hospital with no idea of how, why or when he got there, Langdon finds a horrifying object among his possessions that he also has no recollection of ever owning.

The threat that he is faced with triggers the start of another journey into the dark unknown and a young female doctor, Sienna Brooks, joins Langdon in a race across Florence. Luckily, with his knowledge of all things ancient and secretive, the Harvard symbologist is able to weave his way in and out of the city's historic façade in an attempt to escape.

But it's not simply a game of cat and mouse. With a few lines from Dante's epic poem *Inferno* as a guide, Langdon and Brooks must also crack



a series of hidden codes and clues disguised within Renaissance artifacts around the city.

If they can decipher the code, they could save the world from an impending doom, but time is running out and their unknown pursuers are getting ever closer.

Home

Artist Rudimental

Label Asylum ★★☆☆☆

ALBUM

Four-piece London group Rudimental quite literally burst onto the music scene in summer last year with their first single *Feel The Love*. The high-energy drum and bass track reached number one in the UK chart and quickly became a global anthem, reaffirming drum and bass as a mainstream phenomenon.

Now, Rudimental are out to prove that they're not just a one-trick pony with *Home*. From drum and bass to jazz, R&B to electro pop, each track has its own signature sound that culminates in a surprisingly diverse collection of songs.

However, diversity doesn't always guarantee a winning album and, while there are stand out songs such as *Feel The Love*, *Not Giving In* and *Right Here*, the album doesn't quite hit as hard as it could.

The formulaic template of a guest vocalist becomes a little tiring

and the 'star spot' from singer of the moment, Emeli Sandé, feels like a rather strange addition. Featuring on two songs on the album, it could be argued by critics that her presence is only there to warrant more sales.

Overall, the Hackney foursome do what they do well, but it just isn't quite enough. After such a groundbreaking debut single, it remains to be seen whether their fans will still feel the love for Rudimental a few months down the line.



If you like this, you could try...

The Hit by David Baldacci

Will Robie works as a hit man for the government. But when he is assigned his next target, he finds that the stakes are higher than they have ever been before. Assigned with killing one of his fellow assassins, Jessica Reel, this looks likely to be Robie's toughest task yet.

Fit for life

As the days get warmer and summer approaches, take the TribeFit challenge to stretch your legs and get moving.

TribeFit, Dubai's first socially active health club is opening its doors to residents and visitors in Dubai for a first-of-its-kind fitness challenge coming up in June.

This free event is open to members of the public, with various fitness challenges as well as a host of prizes to be won, and a range of exhibitors from fitness experts to nutritionists all wanting to help residents of Dubai to achieve their health and well-being goals.

Glen Stollery, group exercise and events manager at TribeFit explains, "Let's face it, gyms can be intimidating the first time you visit one. The public image can be a clinical and sterile environment full of already fit and toned people training to exhaustion. We want to bring the enjoyment back into fitness. We have events designed to suit people from all walks of life no matter how active or inactive they currently are. From a charity walk around the marina right through to the fitness challenge for elite fitness professionals there's something for everyone. We are also running 'express' group exercise

classes, which are only 30 minutes, for the public to try for themselves. Our hope is that the public can try a full range of activities and find something they enjoy and want to continue to do."

The challenge will host fitness competitions, live demonstrations and plenty more during the day with the aim of encouraging people to stay healthy and fit. The fitness challenges on offer will range from a simple 'sit and reach' challenge (literally seeing how far you can reach past your toes) right through to a profes-



CHALLENGING THE COMMUNITY

sional challenge for elite athletes.

"The TribeFit challenge is about transforming lives, getting fit, connecting with people, and leading a socially active and healthy lifestyle. We are reaching out to other gym operators, fitness and wellness professionals, and all health-conscious people to work together and really make a difference to people's lives," says Ajay Mankani from TribeFit.

For those trying to lose weight, eat healthy or just stay in shape, nutrition experts will also be on hand to provide guidance and important information on a variety of health-related topics.

"Keeping fit doesn't need to be expensive. Take a brisk walk around the marina, go for a daily swim or find a team sport you enjoy.

The key is to find something

you love and that will motivate you to stick with it. That is exactly why we are running the TribeFit challenge, so people can sample a range of activities for free with no obligation. It may be punching and kicking your way to fitness in a BodyCombat class, or the calmness and serenity of yoga, the challenge of an outdoor bootcamp or the thrill of a Spin class. We have over 80 classes per week on offer across eight workout areas and even outdoors," says Stollery.

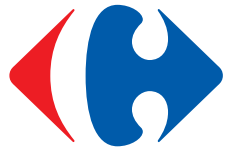
The TribeFit challenge will take place this month and is open to people of all abilities. Check out www.tribefit.com for further information. ●



ENJOYMENT IS KEY TO KEEPING FIT

“The challenge will host fitness competitions, live demonstrations and plenty more with the aim of encouraging people to stay healthy and fit.**”**

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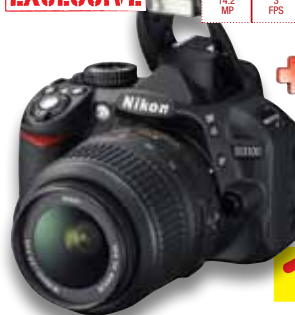


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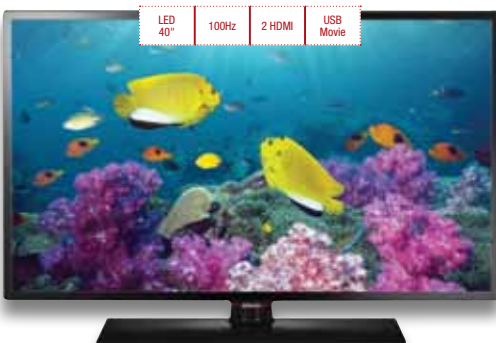
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Skin deep

Keeping a close eye on the signs that your skin might be giving you.

We are all aware of the fact that moles on the skin can be a sign of skin cancer, however, it's easy to jump to the conclusion that every mark on our skin means the worst. In fact, the appearance of our skin changes over time and new marks are often nothing to worry about. But remember, if anything at all causes you concern, get it checked by a doctor—it's always better to be skin-safe than sorry.

MOLES

Moles occur when cells called melanocytes grow in a cluster rather than their usual spread out formation. Melanocytes give skin its natural colour and moles are harmless skin markings. They can appear anywhere on the body, either on their own or in groups, and most will appear during childhood years. It is natural for some moles to sprout hairs, change colour, change shape or become raised as you age, although not all moles will change and some will even gradually fade as you reach adulthood.

The only moles that require medical intervention are those that appear to be very different from other moles on the body or that only appear after the age of 30. If you do notice any new moles or rapid changes in an existing mole's colour, height, size, or shape, you should always visit a dermatologist (skin doctor) for a proper evaluation. If any moles begin

to itch, bleed, become sore or ooze fluid, these should also be examined by a doctor immediately.

FRECKLES

Often easily confused with moles, freckles are small brown spots on the skin, usually on the face and arms. Freckles are very common, particularly among lighter-skinned people, and don't pose any threat to your health. Freckles are simply caused by genetics and often encouraged by exposure to the sun, hence why many people find that their freckles multiply in the summer.

There is no need to treat freckles, but if you strongly dislike the appearance of your freckles you can use special make up or even laser treatment to reduce their appearance. It's also important to use a good sunscreen as people with lighter skin are often more susceptible to developing skin cancer.

SKIN TAGS

A skin tag is a small, harmless flap of raised tissue that

hangs from the skin. Skin tags are usually found on the neck, chest, back, armpits, or in the groin area, and occur more frequently in women and elderly people.

Depending on their location, skin tags can sometimes rub and become irritated. If this is the case, a dermatologist can easily remove a skin tag in a quick, simple and painless procedure. ●

“If you notice any new moles or rapid changes in an existing mole, you should visit a dermatologist.”

PREVENTION IS BETTER THAN CURE

Mole monitoring

When examining your own moles, remember ABCDE. If you spot any of the following signs, get the mole in question checked out immediately by a dermatologist.

- **Asymmetry:** One side of the mole doesn't match the other.
- **Borders:** The border of the mole is ragged, blurred, or irregular.
- **Colour:** The colour of the mole is different throughout or has changed rapidly.
- **Diametre:** The diametre of the mole is larger than the eraser on the end of a pencil.
- **Evolution:** The mole in question is noticeably changing in size, shape, or overall colour.

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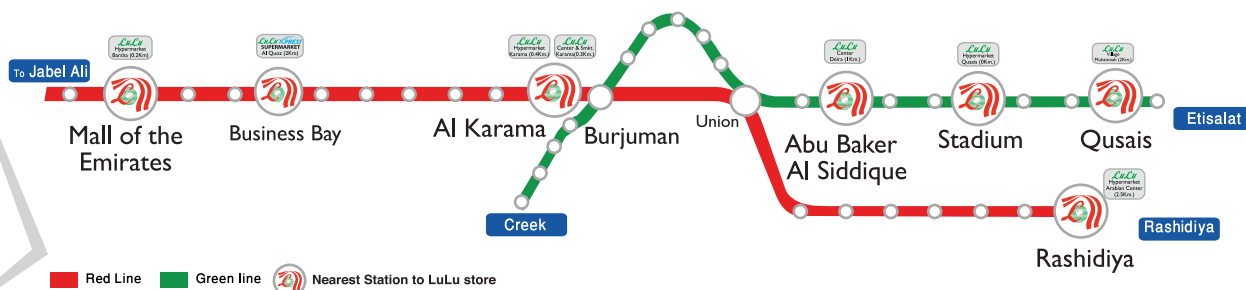
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TRAVEL NEWS

Corinthia Hotel London invites travellers

Corinthia Hotel London is inviting visitors from the Middle East to try its 'Suite Life' experience this summer. Guests who book more than three nights in a Whitehall, Trafalgar or River suite or the Actor's or the Explorer's penthouse of the hotel will also receive a one-night complimentary stay.

The 'Suite Life' experience provides guests with daily breakfast, one complimentary afternoon tea in the Lobby Lounge, complimentary use of the hotel's Jaguar XJ for shopping drop offs and access to the fitness suite and thermal floor at ESPA Life at Corinthia, including the swimming pool, vitality pool, sauna and steam rooms.



Guests can unwind at the ESPA Life at Corinthia that spans 3,300 square metres over four floors. They may also try the atmosphere of the Lobby Lounge, a stylish space for social meetings over a light meal or an afternoon tea, or The Northall and Massimo Restaurant & Oyster Bar, the hotel's world-class restaurants.

Corinthia Hotel London has a flexible check-in and check-out policy which dispenses with traditional hotel restrictions. Guests just need to specify their arrival and departure times upon booking and rooms are guaranteed to be available during that time, thus offering flexibility, convenience and comfort.

Within walking distance of some of the city's major attractions which include Bond Street and Regent Street, Corinthia Hotel London offers a location from which to enjoy ample shopping time and the best the city has to offer.



City by the sea

Brighton's pebble beach is world famous, but so is the city's eccentric, vibrant and welcoming vibe.

For a beach break close to the city of London, pack your bags and head to Brighton and Hove, which is located on England's south coast. It is less than one hour from the country's capital by train, and is near the English Channel.

Part traditional seaside town and part cosmopolitan city, Brighton is a mix of diversity that works wonders. It is one of Britain's youngest cities and has an unconventional attitude towards life. Although it is a small city, there is a lot going on here, especially on the pier. It is often referred to as "London by the sea" and is an exciting city with lots of restaurants and attractions to suit every taste.

Among its top attractions is the Royal Pavilion, which is the UK's most unusual royal residence. It features Indian-style domes, Chinese art and outlandish minarets. Renowned British architect, John Nash, built it nearly 200 years ago. The interiors feature a one-tonne chandelier suspended in the jaws of a giant jewel-encrusted dragon that is situated in the middle of an enormous dome. It attracts around 300,000 visitors every year and the audio guide available is a smart investment as it will tell you all about the quirky interiors and stories about King George IV, for whom it was built. Visitors can also stop by the tea room here and indulge in some quaint creamy scones and stunning views.

Along the Brighton Pier you will find old-time delights such as fair-ground rides, candyfloss and striped

deckchairs. It was opened in 1899 and has been in action since. Here you will also see arcades, restaurants offering the staple dish, fish and chips, and stalls selling souvenirs.

You should also stop by the Sea Life centre, which is the world's oldest working aquarium. It has an eclectic mix of marine species, a submarine tunnel and shark feeding sessions.

Shopaholics should drop by the maze of narrow streets known as The Lanes, which is home to jewellers and boutiques selling everything from antiques to designer wear. The North Laine shows Brighton at its bohemian best with vintage clothes, organic food delis and bookstores.

Sea is what Brighton is famous for and spending time on its beach is a must. You can play sports on the sands, sail past the royal architecture and windsurf. You can also visit the Artists Quarter for bespoke pieces.

Brighton is a summer city and a stylish place, providing you with a blend of shopping, seaside activities and a lively nightlife. The city can have a real carnival feel—it is a melting pot of people and pulls you into its colourful community. With its rich cultural mix of royal architecture, an amusement pier, vintage shops, pavement cafés and lively arts, it is a truly extraordinary city. ●

Did you know?

- Sir Winston Churchill went to school in Brighton.
- It was only in 1997 that Brighton and Hove were joined to form a unitary authority.
- Legendary rockers, Pink Floyd, staged the first live performance of *Dark Side of the Moon* here.
- It takes 62,000 light bulbs to illuminate Brighton Pier.
- Superstar DJ Fatboy Slim lives nearby in Hove.



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TECH NEWS

Galaxy Note 8.0 tablet launched in the UAE

Samsung Electronics has launched its new 8-inch tablet, the Galaxy Note 8.0 in the UAE. The latest compact, one-hand-grip-screen tablet highlights new levels of multi-tasking and voice call functionality. Galaxy Note 8.0's features include multi-window options to split the portable 8-inch screen and enable optimal access to a number of live applications; access to a suite of S Note templates and tools that enable you to create, edit, manage and share documents.



The Galaxy Note 8.0 stores and manages personal and professional data efficiently by providing users a pocket-sized organisational tool to support a demanding lifestyle. The S Note and S Planner features help manage everyday tasks, including meeting notes, to-do lists and personal diary entries.

A key innovation offered in Samsung's latest tablet is the reengineered S Pen. With the Air View setting, the S Pen doesn't have to touch the screen – it only needs to hover over the screen to see previews of videos, emails, photos and appointments on S Planner without opening the file or application. It can now also be used to control the physical menu/back buttons on the device with WACOM technology.

In addition, there are new preloaded content and services such as Flipboard and Awesome Note that are included at no additional cost for the first time on Samsung's tablet.

Inside Out

A look at the different scans that are carried out in hospitals.

Among the different types of technologies in modern medicine, medical imaging is one of the major advancements. Medical imaging or scanning is the technique used to create images of the human body to reveal or diagnose a disease. The ability to take pictures of the human body has many useful clinical applications and different types of medical imaging have emerged over the years, each with their own pros and cons. For any patient who needs their body visualised, doctors select the most appropriate scans in order to deliver the best care. If your doctor has recently suggested that you opt for a body scan or if you are thinking about booking a scan for yourself, below is a look at the different types of scans available for treatment.

X-rays

X-ray scanning utilises electromagnetic waves that penetrate materials in different ways. As bone, muscle, fat, tumours and other masses absorb X-rays at different levels, the image produced by this scan shows distinct parts of the body. For the process, a special dye may be used so that certain organs show up better. The process is painless with no side effects.

CT scan

CT stands for Computerised Tomography. A CT scanner takes a series of X-rays, which builds up a 3D picture of the inside of your body. The scan is painless but takes longer than an X-ray. You may be asked not to eat or drink for a few hours before. When you are in the scanner, you may feel hot all over. A CT scanner emits narrow beams through the body and moves through an arc. The final picture is more detailed than an X-ray.



Ultrasound

An ultrasound scan builds up pictures of organs and areas inside the body using sound waves. A small handheld transducer—similar to a microphone—delivers the ultrasound waves. The transducer is moved over the surface of the skin and picks up the sound waves as they return from various organs within the body. A linked computer turns the sound waves into pictures that are then viewed on a monitor. These images are then stored and interpreted by doctors.



MRI scan

Magnetic Resonance Imaging (MRI) uses magnetic fields to build up a series of cross-sectional pictures. You have to lie very still inside a metal cylinder type of bed and the time taken for the scan will vary with which part of the body is being scanned. The cylinder is actually a powerful magnet, so before entering you must remove anything metal. The cylinder also has a panic button in case you feel claustrophobic or encounter any problems.



Isotope bone scans

This is a sensitive test and shows up any abnormal areas of the bone clearly. A small amount of mildly radioactive substance is injected, usually in your arm. Abnormal bone tends to absorb more radioactivity than the normal bone, so these areas are highlighted and picked up by the scanner. These scans are taken by a gamma camera as you lie down on a bed. You might have to drink lots of fluids to flush the radioactivity out of your body after the scan, but otherwise it is a relatively simple process.

Tell us your thoughts: letters@readme.ae

Tech beat



YAHOO ACQUIRES TUMBLR

Yahoo recently purchased the blogging platform Tumblr for \$1.1 billion. Tumblr founder David Karp will remain in his role as chief executive officer and the deal is the largest ever made by Yahoo CEO Marisa Mayer. Tumblr combines blogging with social networking. Its simple design has attracted a wide audience since its launch, hosting around 108 million blogs.

SHINE BRIGHT LIKE A DIAMOND

Samsung Display recently announced its latest innovation, Diamond Pixel LCD technology. It will be featured on an 85-inch ultra HD LCD TV panel that boasts a screen resolution of 3,840x2,160 and local-dimming control, which consumes 30 per cent less energy than traditional LED displays while still retaining vivid colour reproduction. This technology has also been incorporated into certain tablets and notebooks.



UNDERWATER STREET VIEW

Richard Vevers and Underwater Earth have partnered with Google to create full 360-degree views of coral reefs and make them part of the Street View universe. The creators wanted to share images of these reefs to generate interest and awareness and encourage their preservation. The data collected by the project will also serve as a scientific baseline for future studies.



20-SECOND CHARGING

An 18-year-old Indian-American girl recently invented a super-capacitor device that has the potential to charge your mobilephone in less than 20 seconds. Eesha Khare was awarded the Young Scientist Award by the Intel Foundation after developing this tiny device that fits inside mobilephone batteries and allows them to charge in 20 to 30 seconds.



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NEWS ON WHEELS

Jaguar, Land Rover sales increase in the first quarter

Al Tayer Motors has recorded a 25.1 per cent growth in Jaguar and Land Rover sales for the first quarter of this year as compared to 2012, being backed by strong performances of both brands. Land Rover sales were up by more than 26 per cent and Jaguar sales were up by 16 per cent during the first quarter of 2013, with the best sales performances of both brands in March.

Best performing nameplates for the brands have been the Jaguar XF, Land Rover Defender and the LR4. The new Range Rover, which went on sale in the UAE in November 2012, has been a runaway success due to the strong demand for the vehicle.

Robin Colgan, Managing Director for Jaguar and Land Rover Middle East and North Africa (MENA), said, "We have achieved consistent growth across the MENA region for the last fiscal year and we expect to see further growth this year."



Meanwhile, Al Tayer Motors won the prestigious dealer of the year award at a ceremony held in Barcelona, Spain, where Jaguar and Land Rover recognised its MENA dealers on the successes achieved in the fiscal year 2012-2013.

Ashok Khanna, CEO, Al Tayer Motors, said, "This is our sixth dealer of the year win with Jaguar Land Rover and is special to us as we have won it in our 30th anniversary year. With new models such as the Jaguar F-type and the all-new Range Rover Sport expected to launch in our market soon, we look forward to delivering an even stronger performance in the coming fiscal year."

Welcome return

The Lamborghini Gallardo Spyder proves the old ones really are the best.



If there's one thing you can't accuse Lamborghini of being, it's shy. Every car they produce is a lesson in the extravagant art of over-the-top car design and radical bodywork bending.

Along with its big sister Aventador, the Gallardo doesn't stray too far from the nest with its angular bonnet and sides and more flat planes than a stealth bomber. But, let's not forget, this design is now 10 years old and starting to show its age.

Lamborghini did give Gallardo a refresh in 2008 and gave buyers the option of two-wheel drive, but in essence this car has remained extremely popular for almost a decade.

The company is allegedly planning a brand new car next year, but the big question is, does the current car still cut it with the competition? And, equally importantly, is the two-wheel drive a good or bad option, when compared to the four-wheel drive car?

A good way to find out is to spend a bit of time behind the wheel of the Gallardo LP 550-2 Spyder. Not only do you get rear-wheel drive to play with, but you can drop the roof for a wind-in-the-hair experience.

When it comes to styling, Lamborghini has always taken a different road to the competition, so the Gallardo still looks fresh, even against its strongest rivals. It's striking, aggressive and still turns heads.

Its epic V10 engine is far more zingy than the Aventador's V12 and

coupled to the functional E-gear gearbox, this is one car you don't get bored of driving.

But take away the overly sticky four-wheel drive system and the car comes alive, giving an involving and rewarding experience. Interestingly, it's a better car with just the two driven wheels. It sounds crazy, but Lamborghini's four-wheel drive system is just too good, robbing the car of all the fun.

Inside, it's a lovely sea of black leather and Alcantara. But the engineers at Lamborghini must still be using payphones, as there's not one place—apart from the door pocket—where you can put your mobile phone (or your wallet, keys, sunglasses, etc. for that

matter).

Annoyingly, the gearshift paddles don't rotate with the wheel, so changing

gear mid-corner is a tricky art that involves the manual dexterity of a professional piano player.

The folding roof is neat and tidy when packed away, giving the car a sleek look even when enjoying some open-air motoring. There's nothing quite like driving a howling V10 with the roof down.

So is the Gallardo a serious rival to the 458 and McLaren MP4-12C? Yes and no. The signs are there that the car is now starting to lag behind in the technology stakes, but it remains a joy to drive.

If you can forgive the few things that now date the car, such as the electronics and paddle shift, then the Gallardo remains a serious rival to its competitors. It's wickedly fast, sounds awesome and, most importantly, still has soul.

And that, in this league, makes all the difference. ●

SPECS

(as tested)

Engine: 5.2 litre V10

Power: 550hp@8,000rpm

Torque: 540Nm@6,500rpm

0-100km/h: 3.9 seconds

Top speed: 320 km/h

Price: From Dh780,000



SPEED, SPORT AND SOUL

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Secretary cum accountant urgently required for a reputed software marketing company. Females only. Should be experienced with good communication skills. English/Hindi/Arabic fluency is a must. Email CV to 123@gmail.com.

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Indian male, BCom graduate seeks job as a storekeeper. 9 yrs experience in similar and other fields. Email dxbhunt@gmail.com./Call 0500000000.

Keralite male, 32, currently working as office administrator seeks part-time job. 5 yrs UAE experience as project administrator. Holds UAE D/L. Proficient in preparing letters, memos, etc. Call 0500000000.

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THE WEEKLY

EXCLUSIVELY ON THE DUBAI METRO

Tuned in

With all the modern advances in technology over the past decade, it's hard not to surround children with gizmos and gadgets on a daily basis. However, too much exposure to technology may have a negative impact on their health and well-being.

The issue of children watching too much television isn't a new concern. However, the increase in new technology such as iPads, games consoles, smartphones and apps has prompted a growing cause for concern for many parents. Technology has played a big role in changing the way children learn, are entertained, how they behave and how they interact socially as well as their creative abilities. Technology has both positive and negative impacts on children and parents have a responsibility to guide them on how to use it and to set limits on when they should be used.

According to a study by Ofcom in the UK last year, 91 per cent of all five to 15-year-olds used the internet in 2012 and 40 per cent of those children were using a social networking site at least once a week. Other studies show that children under the age of five are watching up to three hours of television per day.

While watching television and playing games on an iPad can often be educational, too much consumption of media and viewing can result in children missing out on real life experiences. Some apps for toddlers even replicate the idea of building Lego and blocks. Experts argue that the babies and toddlers are

then missing out on the experience of actually attempting to build with blocks in real life, therefore they are not gaining the motor skills usually involved with the process.

It can be difficult deciding how much access you allow your children to have to such technological devices. While some may boost learning, others could in fact be harmful to the child emotionally as well as physically.

SCREEN SAFETY SHOULD BE A PRIORITY

The effects of technology on kids and how to control it

- If children are spending too much time watching television and playing on games consoles, it can take away from healthy activities such as playing outdoors with friends, reading or eating dinner with family. It can also result in a child not playing sports or getting involved in a creative hobby, which requires practice to become skillful.
- Children who spend more time watching television and using computers spend less time exercising. As a result, children tend to eat a lot of snacks, which deposit fats in their bodies and can cause them to become overweight.





PARENTAL GUIDANCE NECESSARY

Did you know?

- Two-thirds of infants and toddlers watch a screen for an average of two hours a day.
- Children who view violent acts are more likely to show aggressive behaviour, but also fear that the world is scary and that something bad will happen to them.
- Children who consistently spend more than four hours per day watching TV are more likely to be overweight.

● It's important for parents to create schedules for children and to control what they watch and how long they spend doing it. Many parents may let their children play on the computer as a distraction while they are cooking dinner or otherwise busy, so coordinate your schedule with your child's so that when you are free, you can play together. A lot of the time, children are simply bored and aren't getting enough attention so they resort to picking up media devices. Go for a bike ride, play a game or do arts and crafts with your kids.

● The more time children spend using technology, the more time they are spending alone. Therefore they are interacting less with their peers, which can inhibit their social skills and could lead to greater problems in adulthood such as depression. Arrange for kids to have play dates so you can see how they are interacting.

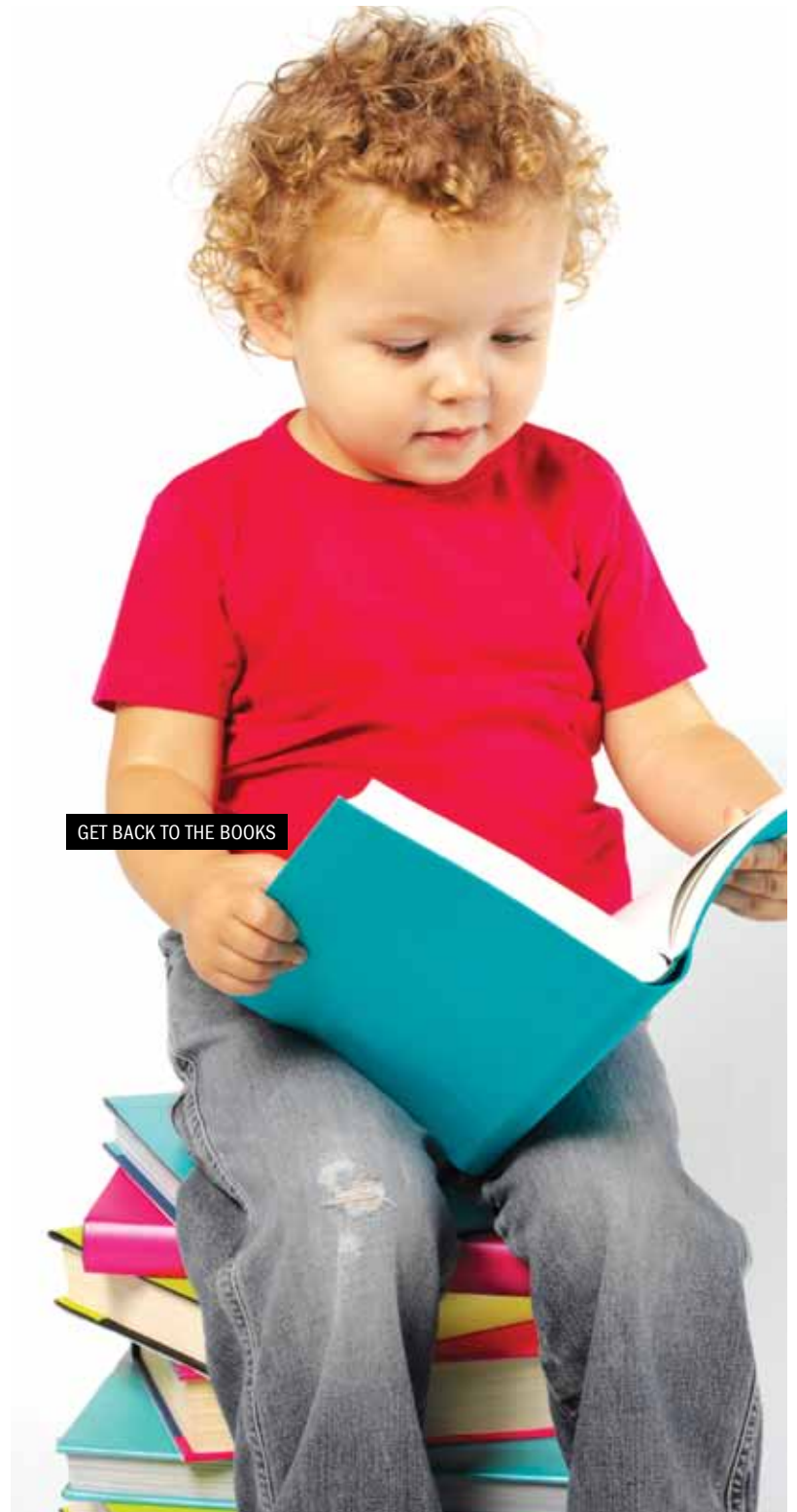
● It's important to monitor what your kids are watching on television and what websites they are exposed to. In the USA, an average of 20 to 25 violent acts are shown in childrens' television programmes each hour. Young children are more easily impressionable and have a harder time distinguishing between fantasy

and reality. Decide what programmes are appropriate for their age and personality and stick to the rules. This will keep your child away from the risk of unsuitable content.

- Many kids no longer sit down and read a book aside from school

“Decide what programmes are appropriate for their age and personality. This will keep your child away from unsuitable content.”

material. Studies have shown that reading uninterrupted text from a book results in better understanding and learning than those who read text filled with hyperlinks and ads from the internet. Impatience goes hand in hand with laziness that children are starting to develop. Due to the ease of access to the internet, kids now expect immediate responses and rely on the internet to give them all the answers. Parents should encourage their children to use books and literature to help with schoolwork and to learn more about the world, rather than relying on a search engine on the internet. ●

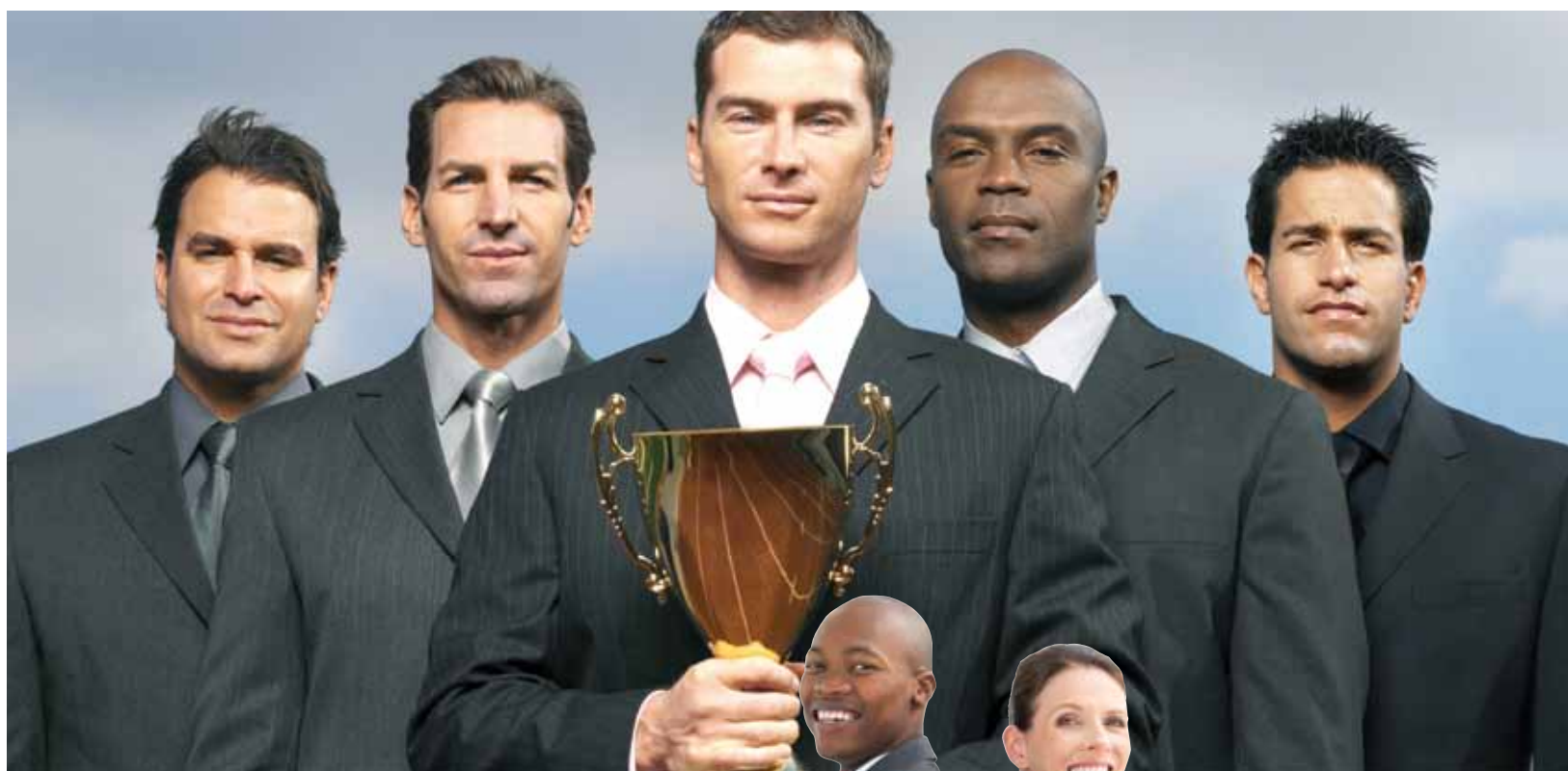


GET BACK TO THE BOOKS

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Competitive colleagues

Being stuck in constant competition with a coworker doesn't have to always be a negative part of your job.



COWORKERS

On a day-to-day level, maintaining a professional relationship with your colleagues while keeping in mind that they have different working styles is essential to creating a productive environment. However, sometimes overly competitive attitudes can make this difficult to achieve and can create disagreements in the workplace. Workplace competition has both its advantages and disadvantages. By only highlighting the downside of it, you overlook the potential benefits such as increasing innovation, creativity and motivation. On the other hand, it's clear that too much competitiveness can be exhausting and intimidating, pushing those who are less competitive to the side, and can eventually result in bad office politics. Here, Akhtaboot reveals some tips on how to handle overly competitive attitudes in the workplace.

KNOW YOUR TRUE MOTIVATORS

Many of us compete against other people for different motives. It could be because you want to have what others have, or it can be a need to conform to workplace norms, or it can simply be in your nature. It's important to evaluate your own level of competitiveness when it comes to work. If your competitiveness is derived from feeling insecure for any reason, make an effort to address the

“Workplace competition has both its advantages and disadvantages.”

trigger of that insecurity. Perhaps you need more training or career development in order to be able to get to the next level. Research the available training options available so that you feel reassured that you're on the same level with your competitors at work.

TREAT YOUR COMPETITORS WITH COURTESY AND RESPECT

Overly competitive coworkers can be difficult to handle and deal with. Tempting as it can be to react in the heat of the moment, try to be friendly while keeping in mind that an overly competitive person can be potentially undermining. On the other hand, chances are if you don't give them the reaction they're seeking, they'll realise that it's a waste of time to try to provoke you and they'll feel more motivated to treat you nicely in return.

HANDLING SNEAKY COMPETITIVE COLLEAGUES

Sneaky competitive colleagues are always on the lookout for

TURN COMPETITION INTO MOTIVATION

ways to make others appear bad. They tend to consider everyone else as potential threat to his or her field. Spotting a sneaky competitive colleague is easy. They never let your boss know that you were involved in the project, or they usually “forget” to forward emails that concern you, and will never hesitate to declare that they were the only responsible person for the project's outcome in which you played a major part too. Since such people are unlikely to change, you'll need to figure your way around them as well as stand up for yourself.

TURN THE COMPETITION TO YOUR FAVOUR

Competitive colleagues are usually outspoken about their determination to surpass others. Try to come up with ways to focus that ambition to your own good and the good of the team. For example, asking them for their advice and input about the projects you're working on together, rather than assuming they're going to run away with all the glory. This flatters them while giving you an opportunity to learn from them. Keep in mind that competitive personalities can be a source of morale-boosting to the rest of the team provided they meet the deadlines and don't behave in a territorial manner. ●

By Akhtaboot—the career network (www.akhtaboot.com).



SAIL TO THE SANCTUARY

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Wedding bliss

Make a statement without upstaging the bridal party with the best wedding guest looks, from floral prints to dapper jackets.



MICHELLE TRACHTENBERG

The shops are currently filled with cute dresses and elegant dinner suits perfect for a summer wedding. Stick with the spring/summer trends and opt for pastels for both women and men. Guys can make a statement in a salmon or powder blue jacket. Opt for linen fabric as it is lightweight and will keep you cool all day long while still looking elegant. Pair your dinner jacket with a crisp, plain white open-collar shirt and cream or nude trousers for a fresh, summer look.

A summer wedding or elegant soiree is an opportunity to go down the traditional route—think floral dresses ideal for afternoon tea. Nicole Kidman recently opted for a stunning, Christian Dior floral frock on the red carpet in the style of Grace Kelly, who the actress is portraying in an upcoming film out later this year. The star added a



NICOLE KIDMAN



MONSOON



MISS SELFTRIDGE



M & CO.



MYLENE KLASS



LEA MICHELE

pop of colour to her delicate dress by accessorising with a pair of punchy, stiletto heels.

Nothing looks better than a floral dress mixed with lace. Mylene Klass shows us how to be an English rose in a gorgeous floral print dress. The star wore her hair down in loose curls and paired the dress with nude pumps—sheer romance and perfect for a celebratory occasion.

A wedding is also a great time to experiment with colour, especially if you usually opt for a little black dress. Be daring in a rich purple hue or a vibrant red hue like Kate Beckinsale. The actress looks every inch the screen siren in a bright red dress. Accessorise with black heels and a clutch to pull the look together.

For men who like to break tradition, forget the three piece suit and go for a striking jacket, shirt and trousers combo. Reality TV star Scott Disick knows how to look smart yet still youthful and comfortable. Choose a matching jacket and trousers in a navy hue and wear with a plain shirt in any pastel shade. Add cool accessories like braces or a pocket square to stand out from the crowd.

A long jumpsuit also works well at a summer wedding or an outdoor event. Miley Cyrus pulled off a chic, monochrome



MILEY CYRUS



MISS SELFIDGE



ASOS



KRISTEN STEWART



SCOTT DISICK



MATALAN



DEBENHAMS



H&M

version on the red carpet recently. For guests who want to be a little more conservative, opt for styles that cover up most of your figure. Go for bright hues in yellow and orange as these colours are bang on trend for summer. Bright colours are bigger than ever before and are perfect for weddings. After all, black is boring and white is out of the question.

Michelle Trachtenberg's tailored jumpsuit in royal blue is a flattering cut for almost any figure. If you are attending an evening reception which is less formal and more low-key, a short playsuit is perfect. Opt for a loose-fitted version in a bright hue or printed pattern. Choose styles which have frill detailing and embellishment as they add the right amount of romance to the outfit. ●

FASHION OPINION

HISHAM WYNE
FASHION EXPERT



Hair raising trends

Ever had a hedge of hair running across a closely cropped head? I have. In fact, I still do.

A few months ago, in a fit of inspired dissatisfaction with my hair, I decided on a new 'do'. Something minimal, easy to maintain, and possible to keep in trim with a bit of DIY. The result, however, looked suspiciously like a mohawk.

Once the deed was done, I took a minute to look around and realised that I was far from the only one. Not to say mohawks are the new status quo, but asymmetrical cropped hairdos have made their way firmly to Dubai.

Have a glance around you now. Chances are that at least one person in your Metro carriage is sporting a 'do' that would have

"That's the beauty of trends. You can't say what sets them off. You don't even realise when they've hit critical mass. But, one day, you look around and everyone's doing it."

been considered unconventional just a few short months ago. For women, it's the asymmetrical shaved side, with cascades of hair running the other way. Men are now sporting a number of styles, with many involving short back and sides with a glistening mass of hair perched on the top. It's all rather hair-raising. Rather punk. But surprisingly, it's now also considered rather normal.

That is the beauty of trends. You can't say specifically what sets them off. You don't even realise when they've hit critical mass. But, one day, you take a look around and everyone's doing it. Perhaps the trick in this case then is not to chase trends, but stand still and simply let them catch up with you. It all comes full circle.

Station by station guide

Looking for something to do? You could always hop off the train and visit one of these...



Al fresco dining

OPEN DAILY

THE WALK AT JBR

With only a couple of weeks left until it gets too hot, make the most of the balmy evenings with one final al fresco meal before summer really sets in. And, with a huge choice of eateries, plenty of people watching to be done and a unique atmosphere to boot, where better to enjoy an evening outside than on The Walk at JBR?



Fox Hill V

MAY 27, 8PM

THE FRIDGE, ALSERKAL AVENUE, STREET 8, AL QUOZ 1

The 13th concert series from the Fridge aims to highlight some of the best local acts that Dubai's music scene has to offer. This week, Fox Hill V will be taking to the stage in order to entertain post-rock fans with their own unique twist on the genre. So those of you who love to rock out—and support local talent at the same time—should be sure not to miss this electric live performance.

TO FEATURE YOUR EVENT,
EMAIL EDITORIAL@README.AE



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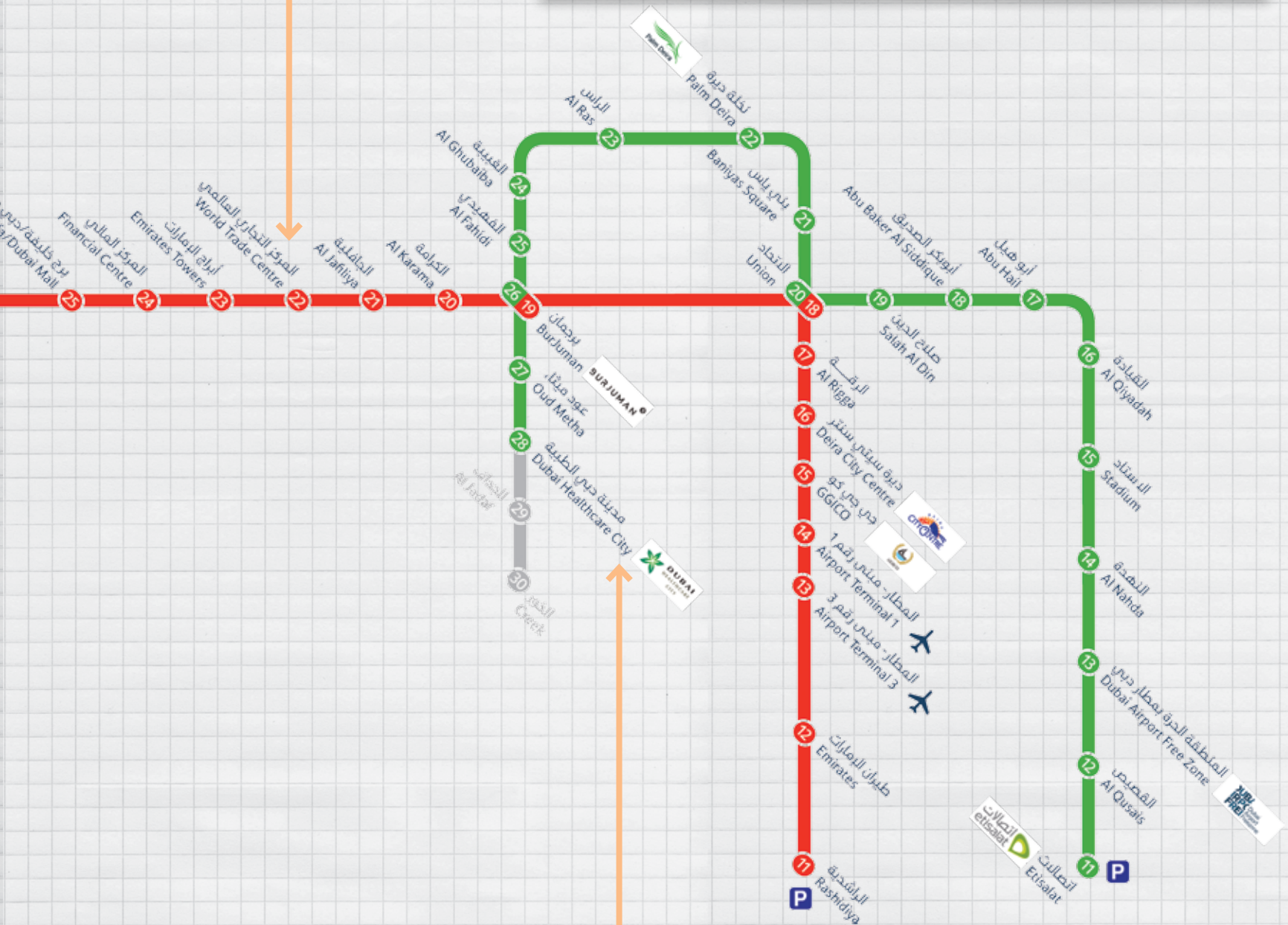


Modhesh World

JUNE 20 - AUGUST 28

DUBAI WORLD TRADE CENTRE

Synonymous with family entertainment during the summer in Dubai, Modhesh World has grown into one of the most popular all-ages attractions in the city, with around 500,000 visitors in previous editions. Innovative and exciting entertainment and events ensure that a trip to Modhesh World is one experience that neither you nor your children will forget anytime soon.



Full Moon Party

MAY 26, 9PM

SPIN DUBAI, OUD METHA

This newly opened nightspot has already earned a reputation as a unique location thanks to its ping-pong tables, however the novelty factor is being stepped up yet another gear with the first monthly Full Moon Party at this one-of-a-kind venue. For those of us who can't be on a beach in Thailand this full moon, SPiN promises an authentically themed party, including all the sights, sounds and luminous body paint you would expect.

Joy ride

Fast and Furious 6 takes the action to the next level and has plenty of surprises.

NEW RELEASE

The crew of the popular action series is back with more car chases and bigger explosions. *Fast and Furious 6* doesn't offer something extraordinary but it is simple and incredibly fun, just like any of the previous films in the franchise.

Dominic Toretto (Vin Diesel) and Brian O'Conner's (Paul Walker) crew of criminals have retired and some of them are settling down in gorgeous locales of Spain, when Diplomatic Security Service (DSS) agent Luke Hobbs (Dwayne Johnson) asks Toretto and his crew to help him in stopping an international criminal, Owen Shaw (Luke Evans). The team includes characters played by Ludacris, Tyrese, Sung Kang and Gal Gadot.

Dom's flame Letty (Michelle Rodriguez), who was presumed dead in the fourth film, is actually alive and serving as a member of Shaw's gang and Toretto will do almost anything to bring her back home.

The first action piece in the film is an exciting car chase through London and each action sequence after that just gets crazier. The film is not plot heavy and uses any excuse to showcase thrilling car races and fight sequences, offering complete entertainment to action buffs.

Did you know?

- *Fast and Furious 7*, directed by James Wan will release in 2014.
- The latest movie in the series was filmed in England, the Canary Islands and Glasgow.
- The film features a flip car, which looks like a Batmobile and strikes cars at a low enough point to flip them over.
- Gina Carano, a member of the DDS in the film, was once ranked as the third-best female fighter in the world.

The film features great banter between Toretto's crew and their chemistry is a strong part of why the series has endured. But a major flaw of the film is that the villain has no depth. He is trying to steal technology that threatens the world

and has an 'I value no human life' philosophy.

The story uses characters and situations from the previous films to drive the action forward, which gives this film a deep grounding, and raises stakes totally new to the franchise. In previous films, the characters' main skill was driving cars, but now they are incredibly accurate with big guns and superhero strength.

Diesel (*The Pacifier*) and Walker (*Vehicle 19*) prove once again why the audience can't get enough of their pairing, plus the no-nonsense Johnson (*Pain and Gain*) works well

alongside the crew that he was against in the previous film.

Director Justin Lin (*Better Luck Tomorrow*) expands the action to absurd proportions, creating action scenes that defy physics and coherence. Yet it all works perfectly. The director has also paced the film at an almost frightening speed. Most of the action scenes are longer, more intense and are conceived on a much grander scale. While the movie offers some new faces to the franchise, its primary focus is on the past and bringing the characters' stories full circle.

Fast and Furious 6 will please the audiences and is a film made with extreme dedication. It's a muscular and often exhilarating thrill ride, but the film shows that the series is becoming more like the cars in it—turbo-charged and fun.

Each film in the *Fast and Furious* series works as an independent adventure, while also serving as a piece of an ongoing story. The evolution of the series is remarkable—while *Fast Five* was a heist flick, *Fast and Furious 6* serves as a 'track the terrorists' movie. And, like its predecessors, the epilogue scene teases an exciting next entry for the series. ●

FURIOUS ACTION



Hollywood news

Spielberg to produce Halo TV series

Do you like playing *Halo* and do you like watching TV shows? Well, then you're going to be especially excited about this. In addition to unveiling the new Xbox One entertainment console, Microsoft also recently announced the transfer of popular video game *Halo* into a television series. Steven Spielberg is on board as executive producer for this live-action *Halo* TV series, which will include exclusive interactive Xbox One content. For those not already in the know, *Halo* is a multibillion-dollar video game franchise and will surely turn out to be a popular series thanks to the legion of fans of this video game. The game is about the first-person shooter and centres on a fight for humankind against an alliance of aliens. The new TV series is just one of a variety of new concepts that are being developed for Xbox, which will offer integration of the console's many functions with television and live video streaming.



The novel connection

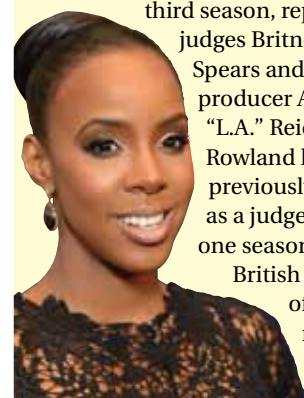


LEO AND LEHANE TEAM UP AGAIN

Leonardo DiCaprio will be seen in 20th Century Fox's upcoming crime film *Travis McGee*. Dennis Lehane will be writing the screenplay for the film, which is based on John D. MacDonald's 1964 mystery novel *The Deep Blue Good-bye*. The project marks the fourth pairing of Lehane and DiCaprio. Lehane wrote the novel *Shutter Island*, which starred DiCaprio in the movie version, as well as the short story *Running Out of Dog*, which DiCaprio is developing through his Appian Way banner. DiCaprio is also a producer on *Live by Night*, which is based on a novel by Lehane. *Travis McGee* would mark the writer's first film adaptation that isn't based on one of his works. *The Deep Blue Good-bye* marked the first of 21 novels featuring the character McGee.

New cast for X Factor

Simon Cowell has added former Destiny's Child singer Kelly Rowland and Latin artist Paulina Rubio as judges in the US musical competition *The X Factor*. Rowland and Rubio will appear on the show's third season, replacing judges Britney Spears and record producer Antonio "L.A." Reid. Rowland has previously served as a judge for one season on the British version of the musical contest.



Directorial debut



Keanu Reeves' directorial debut is titled *Man Of Tai Chi* and is set in modern Beijing. It follows the

journey of a young martial artist (Tiger Hu Chen) whose unparalleled Tai Chi skills land him in a lucrative underworld fight club. As the fights grow tougher, he must compromise his own beliefs to survive. Reeves stars in the film, alongside Chen, who was his trainer in *The Matrix*.

Bollywood news

New venture

Having created a niche as an actor, Tusshar Kapoor is now venturing into film production and is set to announce the name of his production house soon along with the news of his first film. Reports state that the production house will undertake offbeat films with a mass appeal.



International star

After dazzling at the recent Cannes Film Festival, Aishwarya Rai Bachchan will join international stars Madonna and Beyoncé at a charity concert in London next month. The actress will be joined by her husband Abhishek Bachchan, and has been confirmed as a presenter at the Chime for Change event on June 1.



Basu's next flick

Bipasha Basu will soon be heading to Ooty to shoot for her next film *Creature*, helmed by Vikram Bhatt. It will be the first attempt by Bollywood to make a 3D film along the lines of Hollywood's classic hits such as *Jurassic Park* and *Anaconda*. The schedule commences in June and will last for 40 days.

Perfect pairing

After the success of *Son of Sardaar*, Ajay Devgn and Sonakshi Sinha will be seen together again in Prabhu Deva's next untitled film. This will be Devgn's first film with Prabhu, while Sonakshi has already worked with the director in *Rowdy Rathore*. Yami Gautam of *Vicky Donor* will also be seen in an interesting role.



Listings

THE READ. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.



THE GREAT GATSBY

MOVIE GUIDE

Grand Cineplex - Wafi

Aurangzeb - 11:00, 13:40, 16:20, 19:00, 21:40, 00:20

Big Wedding - 10:30, 14:30, 18:30, 22:30

The Call - 12:30, 16:30, 20:30, 00:30, 02:30

Fast And Furious 6 - 10:30, 11:00, 11:30, 12:00, 13:10, 13:40, 14:10, 14:40, 15:50, 16:20, 16:50, 17:20, 18:30, 19:00, 19:30, 20:00, 21:10, 21:40, 22:10, 22:40, 23:50, 00:20, 00:40, 01:20, 02:20, 02:50, 03:10, 03:50, 04:50, 05:20, 05:40, 06:20

The Great Gatsby - 10:15, 13:00, 15:45, 18:30, 21:15, 00:00, 02:45
Iron Man 3 - 10:30, 11:30, 13:00, 14:00, 15:30, 16:30, 18:00, 19:00, 20:30, 21:30, 23:00, 00:00
Ishkq In Paris - 10:30, 12:40, 14:50, 17:00, 19:10, 21:20, 23:30, 01:40
Star Trek Into Darkness - 10:30, 13:15, 16:00, 18:45, 21:30, 00:15, 03:00

Street Dance Jr, All Star - 11:00, 13:15, 15:30, 17:45, 20:00, 22:15, 00:30

Grand Megaplex - Ibn Battuta

Aurangzeb - 11:00, 13:40, 16:20, 19:00, 21:40, 00:20

Big Wedding - 16:30, 18:30, 20:30, 22:30, 00:30

The Call - 10:45, 12:45, 14:45, 16:45, 18:45, 20:45, 22:45, 00:45

The Croods (3D) - 10:30, 12:20,

14:30

Fast And Furious 6 - 10:00, 10:30, 11:00, 11:30, 12:00, 12:40, 13:10, 13:40, 14:10, 14:20, 15:20, 15:50, 16:20, 16:50, 17:20, 18:00, 18:30, 19:00, 19:30, 20:00, 20:40, 21:10, 21:40, 22:10, 22:40, 23:20, 23:50, 00:20, 00:50, 01:20, 01:50, 02:20, 02:50, 03:20, 03:50

The Great Gatsby - 13:00, 18:30

The Great Gatsby (3D) - 10:15, 15:45, 21:15, 00:00

Iron Man 3 - 10:30, 15:30, 20:30

Iron Man 3 (3D) - 13:00, 18:00, 23:00

Ishkq In Paris - 10:00, 10:30, 12:10, 12:40, 14:50, 16:30, 17:00, 18:40, 19:10, 20:50, 21:20, 23:00, 23:30, 01:10, 01:40

Ladies And Gentlemen - 10:30, 13:30, 16:30, 19:30, 22:30, 01:30

Legend of Sarilla (3D) - 11:00, 13:00, 15:00, 17:00, 19:00

Neram - 10:30, 13:15, 16:00, 18:45, 21:30, 00:15

Oblivion - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00

Pain And Gain - 10:00, 12:20, 14:40, 17:00, 19:20, 21:40, 00:00

Rise Of The Zombies - 20:45, 22:45, 00:45

Star Trek Into Darkness - 10:00, 12:30, 15:00, 17:30, 20:00, 22:30, 01:00

Street Dance Jr, All Star - 11:00, 13:15, 15:30, 17:45, 20:00, 22:15, 00:30

Welcome To The Punch - 11:00, 13:00, 15:00, 17:00, 19:00, 21:00, 23:00

Grand Cinemas - Festival City

Aurangzeb - 11:00, 13:40, 16:20,

19:00, 21:40, 00:20

Big Wedding - 10:30, 14:30, 18:30, 22:30

The Call - 12:30, 16:30, 20:30, 00:30

Fast And Furious 6 - 10:00, 10:30, 11:00, 11:30, 12:00, 12:40, 13:10, 13:40, 14:10, 14:20, 14:40, 15:20, 15:50, 16:20, 16:50, 17:20, 18:00, 18:30, 19:00, 19:30, 20:00, 20:40, 21:10, 21:40, 22:10, 22:40, 23:20, 23:50, 00:20, 00:50, 01:20, 01:50

The Great Gatsby - 10:15, 13:00, 15:45, 18:30, 21:15, 00:00

Iron Man 3 - 10:30, 13:00, 15:30, 18:00, 20:30, 23:00

Ishkq In Paris - 10:30, 12:40, 14:50, 17:00, 19:10, 21:20, 23:30, 01:40

Star Trek Into Darkness - 10:30, 13:15, 16:00, 18:45, 21:30, 00:15

Street Dance Jr, All Star - 10:30, 12:45, 15:00, 17:15, 19:30, 21:45, 00:00

Grand Cinecity - Al Ghurair

Aurangzeb - 11:00, 13:40, 16:20, 19:00, 21:40, 00:20

Fast And Furious 6 - 10:00, 10:45, 11:30, 12:30, 13:15, 14:00, 15:00, 15:45, 16:30, 17:30, 18:15, 19:00, 20:00, 20:45, 21:30, 22:30, 23:15, 00:00, 01:00, 01:45, 02:30

Ishkq In Paris - 10:30, 12:30, 14:30, 16:30, 18:30, 20:30, 22:30, 00:30

Ladies And Gentlemen - 10:30, 13:30, 16:30, 19:30, 22:30, 01:30

Star Trek Into Darkness - 10:30, 13:15, 16:00, 18:45, 21:30, 00:15

Street Dance Jr, All Star - 10:30, 12:45, 15:00, 17:15, 19:30, 21:45, 00:00

Reel Cinemas - Dubai Mall

Aurangzeb - 14:55, 19:55, 00:55

Big Wedding - 11:05, 13:10, 15:10, 17:10, 21:15, 01:20

The Call - 11:15, 13:20, 15:25

Fast And Furious 6 - 10:30, 11:00, 11:40, 12:05, 12:30, 13:00, 13:10, 13:30, 13:40, 14:00, 14:20, 14:25, 14:40, 15:10, 15:45, 15:50, 16:15, 16:20, 16:30, 16:45, 17:00, 17:10, 17:20, 17:30, 17:50, 18:30, 19:00, 19:10, 19:30, 19:40, 19:50, 19:55, 20:00, 20:10, 20:30, 21:10, 21:15, 21:40, 21:45, 21:50, 22:15, 22:20, 22:30, 22:40, 22:50, 23:10, 23:50, 00:05, 00:30, 00:20, 01:00, 01:10, 01:20, 01:30, 01:50

The Great Gatsby - 13:15, 16:10, 19:05, 22:00, 00:55

The Great Gatsby (3D) - 11:40, 13:45, 14:35, 16:40, 17:30, 19:35, 20:25, 22:30, 23:20, 01:25

Iron Man 3 - 11:20, 14:00, 16:40, 19:20, 22:00, 00:40

Iron Man 3 (3D) - 12:10, 14:50, 17:30, 20:10, 22:50, 01:30

Ishkq In Paris - 13:00, 15:05, 17:10, 19:15, 21:20, 23:25, 01:30

Java Heat - 12:50, 15:00, 19:05, 23:10

Pain And Gain - 11:30, 14:00

Sameer Aboo Elnel - 12:40, 17:40, 22:40

Star Trek Into Darkness - 11:20,



THE CALL

14:05, 16:50, 19:35, 22:20, 01:05

Star Trek Into Darkness (3D) - 12:30

Street Dance Jr, All Star - 11:05, 13:15, 15:30, 17:45, 20:00, 22:15

Reel Cinemas - Marina Mall

Fast And Furious 6 - 10:45, 11:15, 11:40, 13:25, 13:50, 14:15, 16:05, 16:30, 16:55, 18:45, 19:10, 19:35, 21:25, 21:50, 22:15, 00:05, 00:30, 00:55

The Great Gatsby (3D) - 11:50, 14:45, 17:40, 20:35, 23:30

Iron Man 3 - 11:00, 13:40, 16:20, 19:00, 21:40, 00:20

Star Trek Into Darkness - 11:25, 13:05, 16:45, 19:20, 22:00, 00:40

Vox Cinemas - Deira City Centre

Aurangzeb - 14:45, 17:45, 20:45, 23:45

Fast And Furious 6 - 09:45, 10:15, 10:45, 11:30, 12:00, 12:30, 13:00, 13:30, 14:15, 14:45, 15:15, 15:45, 16:15, 17:00, 17:30, 18:00, 18:30, 19:00, 19:45, 20:15, 20:45, 21:15, 21:45, 22:30, 23:00, 23:30, 00:00, 00:30, 01:15

The Great Gatsby - 11:45, 14:45, 17:45, 20:45, 23:45

Iron Man 3 (3D) - 09:45, 12:30, 15:15, 18:00, 20:45, 23:30

Ishkq In Paris - 10:30, 12:45, 15:00, 17:15, 19:30, 21:45, 00:00

Ladies And Gentlemen - 10:30, 13:45, 17:00, 20:15, 23:30

Star Trek Into Darkness (3D) - 10:00, 12:45, 15:30, 18:15, 21:00, 23:45

Street Dance Jr, All Star - 10:00, 12:15



STAR TREK INTO DARKNESS

SCHEDULE CORRECT AT TIME OF GOING TO PRESS; HOWEVER, PLEASE NOTE THAT MOVIE THEATRES CAN CHANGE SCHEDULES WITHOUT NOTICE



Vox Cinemas - Mall of the Emirates

The Croods - 09:30, 11:45, 14:00, 16:15

Fast And Furious 6 - 09:45, 10:15, 10:45, 11:30, 12:00, 12:30, 13:00, 13:30, 14:15, 14:45, 15:15, 15:45, 16:15, 16:30, 17:00, 17:30, 18:00, 18:30, 19:00, 19:15, 19:45, 20:15, 20:45, 21:15, 21:45, 22:00, 22:30, 23:00, 23:30, 00:00, 00:30, 00:45

The Great Gatsby (3D) - 11:30, 14:30, 17:30, 20:30, 23:30

Iron Man - 10:15, 13:00, 15:45, 18:30, 21:15, 00:00

Iron Man 3 (3D) - 09:15, 12:00, 14:45, 17:30, 20:15, 23:00

Star Trek Into Darkness (3D) - 10:00, 12:45, 15:30, 18:15, 20:00, 21:00, 22:45, 23:45

Street Dance Jr, All Star - 09:45, 10:45, 12:00, 13:05, 14:15, 15:25, 17:45

Vox Cinemas - Mirdif City Centre

Fast And Furious 6 - 09:45, 10:15, 10:45, 12:00, 12:30, 13:00, 13:30, 14:45, 15:15, 15:45, 16:15, 17:30, 18:00, 18:30, 19:00, 19:45, 20:15, 20:45, 21:15, 21:45, 22:30, 23:00, 23:30, 00:00, 00:30

The Great Gatsby - 12:15, 18:00, 23:45

The Great Gatsby (3D) - 09:45, 15:30, 21:15

Iron Man 3 (3D) - 09:45, 12:30, 15:15, 18:00, 20:45, 23:30

Star Trek Into Darkness - 15:15, 21:00

Star Trek Into Darkness (3D) - 12:45, 18:30, 00:15

Street Dance Jr, All Star - 10:15, 12:30, 14:45, 17:00

What's happening

this week in Dubai

The Ultimate Dubai Quiz Night



Put your wits to the test for a chance to win a trip to Dublin, Ireland.

Date: Every Monday until June 17

Time: 7:30pm

Venue: McGettigan's, Dubai World Trade Centre

Admission: Free

More info: 800 6247

Funny Girls



Ladies will have a hearty laugh at the performances of Mina Liccione, Ellen Gayle Harewood, Shamia Al Sayed and Mai Assaf.

Date: May 30

Time: 7:30pm

Venue: Dubai Ladies Club

Admission: Dh100, women only

More info: 04 374 6789



George's Marvellous Medicine

A children's classic that tells the story of an eight-year-old boy who tries to cure his sick grandmother by hilariously concocting a medicine made out of household products.

Date: May 30 to June 1

Time: 2pm, 4pm and 5pm

Venue: DUCTAC, Mall of the Emirates

Admission: Dh120, Dh150, Dh170

More info: 04 341 4777

The Live International Comedy Tour

John Gordillo, Rob Collins and Raymond Mearns will deliver their most hilarious stand-up acts yet.

Date: May 30

Time: 8pm

Venue: Courtyard by Marriott, Dubai Green Community

Admission: Dh125

More info: 04 885 2222



Ek Shaam Ghazal Ke Naam



Pankaj Udhas is all set to mesmerise the audiences in Dubai with his brand of ghazal music.

Date: May 31

Time: 7:30pm

Venue: Raffles Hotel

Admission: Dh495, Dh1,500, Dh2,000

More info: 04 379 6030

Hilton Dubai Tower Race 2013

Test and push your physical limits by conquering 36 floors and 730 steps in this vertical race.

Date: May 31

Time: 8am

Venue: Hilton Dubai Jumeirah Residences, JBR

Admission: Register at www.premier-marathons.com

More info: 04 318 2207, www.premiermarathons.com

The Rhythm of Music



Listen to the invigorating performance of a piano duo and an accordionist in this concert.

Date: May 31

Time: 8pm

Venue: DUCTAC, Mall of the Emirates

Admission: Dh160, Dh180

More info: 04 341 4777

Paddle for the Planet



Owners of various types of paddle-powered watercraft are invited in this worldwide event to paddle for a noble and worthy cause.

Date: June 1

Time: 8am

Venue: Kite Beach, Umm Suqeim 1

Admission: Free

More info: www.paddlefortheplanet.org



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JOBS AVAILABLE



Manual worker required for a company in Dubai. Preferably with 1 to 2 years of experience in commercial kitchen/hospitality equipment or supplies. Should have MS Office skills and good command of English. UAE driver's licence is a must. Indian national preferred. Salary is around Dh4,000 + commission. Send your CV with your photo to premieroffer@gmail.com.

Sales executives and drivers required for a company in Dubai. Experience in the UAE is required. Fax your CV to 042257494.

Delivery bikers urgently required for a leading restaurant chain in AUH. Attractive salary and benefits are offered. Send your CV to hrfoodmark@gmail.com.

Trading company requires a female graduate accountant for tally ERP 9. Accounting knowledge and tally experience is a must. Send your CV to info@camaraexim.com.

MEP draftsman required for an electromechanical contracting company. Candidate should have experience with DEWA and civil defence regulations. Send your CV to hr@adamstar.ae.

Tele-sales female required for a position in Dubai. Candidates should be on father's or husband's visa. Ability to work under deadlines and achieve desired targets are a must. Send your CV to abhishek@soult.net.

Female housemaid and cook required for a position. Located near Dubai Grand Hotel, Al Qusais. Call 0503904801 after 5:30pm.

Driver required for a full-time position at a hardware trading company. Should have 5 years of experience. Fax your CV 042234474 or call 042226419.

Tele-sales female required for a stationery company. Should be on husband's visa. Send an email to dxgjobal2012@gmail.com.

Looking to earn extra income? Flexible timing, simple and legal part-time job available especially for Filipinos. For more details call 0556149479.

Beautician required for a full-time position at a home-visiting beauty service company. Should have experience in nails, waxing and threading. Good salary + bonus provided. Call 0509559923.

JOBS WANTED



MBA (finance), BCom graduate seeks job urgently. Has 2 years and 8 months of experience in accounting and logistics. Can join immediately. Call 0554203941 or send an email to ishfaq.iqbal@gmail.com.

M.Tech computer science fresher seeks job. Familiar with Mainframe, IBM DB2, IMS, SQL, Java and Oracle9i. Call 0508665410 or send an email to jp.cse.prakash@gmail.com.

B.Tech instrumentation and electrical engineer graduate seeks job in the UAE. Has 4 years of experience. Holds a visit visa and can join immediately. Call

0562143299 or send an email to jomin.cj@gmail.com.

Indian Keralite male accountant seeks part-time job. Has experience in the field of tourism, trading and other services. Call 0558537020 or send an email shdshr@gmail.com.

Male, 32 years old, document controller seeks job. Has 4 years and 6 months of experience in the UAE. Well versed in MS Office and CAD plotting. Email shaikind81@gmail.com or call 0502807476.

Administrative, secretarial and office work staff seeks full-time job. Has more than 10 years of experience. Holds a visit visa and can join immediately. Call 0505328830 or send an email to khatri_mj@hotmail.com.

BE-Elec + MBA-IB seeks full-time job in the field of power, solar and engineering industry. Has more than 9 years of experience in international sales. Call 0552009939 or send an email to swapnil_singhai@yahoo.com.

Indian Keralite female accountant seeks job in Dubai. Has 10 years of experience in accounting jobs. Has excellent communication skills. Call 0558521614.

Indian male BCom graduate seeks full-time job as accounting cum administrative assistant. Call 0551016920 or send an email to hafizgulam@gmail.com.

HSE/safety officer with OSHA certificate seeks job. Has 3 years of experience. Holds a visit visa. Send an email to edmar_saberon@yahoo.com. Call 0502768253.

HR director with 17 years of experience seeks full-time job/long-term contract. Call 0561037489.

Accountant, MCom/BCom graduate seeks job. Has 5 years of experience (2 years in UAE). Has a UAE driver's licence. Well versed in tally, QuickBooks and Peach Tree. Call 0551405526 or send an email to mazullah.khan2000@yahoo.com.

Indian graduate seeks job in administration. Has 8 years of experience in Dubai as office coordinator and data entry operator. Call 0559221895 or send an email to k_jitenj@yahoo.co.in.

Junior architect, talented student seeks job. Has 2 years of experience. Knowledgeable in Auto CAD, 3D Max, VRAY, Photoshop and Sketch Up. Call 0566529391 or send an email to arch.sham86@hotmail.com.

ITEMS



Vibromax exercise machine available for sale. Still in very good condition. Call 0507580329.

Used washing machine available for sale. Still in good condition. Call 0502715052.

Coloured printer, copier and scanner available on a rental basis for only Dh500 per month. Comes with 5,000 free copies, warranty and toners. Call 0563919668 or send an email to sales@theprinterscompany.com.

Dell desktop computer available for sale.

Slightly used. Still in excellent condition. Intel core 2 duo 3GHz, 4GB RAM, 160GB HDD, 4MB cache, DVD Multi R/W, Windows 7 (64 bit), MS Office 2010, Avast antivirus. With Dell 19-inch ultra-sharp series hydraulic LCD, Dell keyboard and mouse with all cables. Call 0557879334.

SERVICES



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All kinds of woodwork requirements/ services with interior and exterior work all in one platform. The best quality and team in Dubai. Call 0502742599.

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AUTOS



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Toyota Yaris, 2013 model for rent on a daily, weekly or monthly basis, with best offers on a yearly basis. Call Wasi: 0506003130, Eissa: 0504658999 or Ayyash: 0503019786 at Matchless rent a car LLC.

Toyota Camry, 2009 model for sale. In excellent condition. Fully automatic. Price: Dh 43,000. Bank loan can be arranged. No down payment. Call 0561471571.

Nissan Tida, 2009 model for sale. In

excellent condition. Fully automatic. Price: Dh29,000. Bank loan can be arranged. No down payment. Call 0561471271.

Mitsubishi Lancer, 2010 model for sale. In excellent condition. Fully automatic. Price: Dh23,000. Bank loan can be arranged. Call 0561471271.

Three pick-up trucks for rent on a monthly or trip basis. Available for material delivery, shifting, etc. Call 0504767960.

Nissan Altima, gold, 2009 model for sale. Agency maintained. 81,000km. In excellent condition. Price: Dh40,000. Call 0506517380.

MISCELLANEOUS



Get quick cash on monthly PDCs up to Dh500,000. Visit www.gulwanifinancialconsultant.com. Call 0501400548 or 043596076. Stop SMS 4741.

Amazing offer available. Pay Dh 4,999 down payment to buy a brand new Yaris 2013 car and pay monthly instalments for 36 to 48 months. Don't miss limited stock.

Personal loan and auto loan services available. Salary of Dh4,500 plus variable income. A salary of Dh3,000 is required for auto loan. Fast approval and no salary transfer. Call 0505587116.

One call, one source, one solution! Take your dream car home! Auto loan services (new/used). With a minimum salary of Dh3,000. Without bank statement. Call 0528289142.

Ladies salon available for urgent sale. In running condition and well maintained. Good location. Near Rolla, Sharjah. Call 0507253120.

The biggest indoor five-a-side tournament at fully air-conditioned Dubai World Trade Centre with Dh25,000 winner's prize. Spaces are limited. Enter your team now by calling 0561144774 or 043697765. Power Play Dubai, we are football!

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We buy all types of working, non-working, accident scrap or used cars anywhere in the UAE. If you like to sell your used or scrap car, call 0505373425.

Personal loan available with no salary transfer or bank statements. Minimum salary requirement is Dh5,000 only. Fast approval and low interest. Call 0558808419.

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Personal loans available. Salary of Dh4, 250 plus accommodation. Auto loans require a salary of Dh3,000. Cash salary with fast approval. Call 0502341802.

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ACCOMMODATION



Sharing accommodation available for decent executive bachelor (Keralite only). Located in Yusuf Baker Road, near Talal supermarket. 10-minute walking distance from Union metro station. Contact 0504542026, 0506957820 or 0505988365.

Accommodation available for rent. Big room comes with attached bathroom. Filipinos only. Located near metro station. Call 0502547664.

Room available for rent. Preferably for 2 Filipinas. Near to Ibn Battuta mall. Accessible to bus stops, Filipino supermarkets and restaurants. Walking distance from the mall. Call 0561491363.

Furnished master bedroom available for rent. Comes with attached bathroom. Indian working couple/working ladies for a maximum of 3 people (non-Muslims only). Walking distance from Abu Hail metro station. Rent for Dh2,500 including DEWA + internet. Call 0551921590.

Room available for rent starting June 1. Couple/2 bachelors only. Located in Rolla Street, Bur Dubai. Rent for Dh3,200 per month including DEWA + Wi-Fi. Call 0508737861.

Attached bedroom available for rent. Working ladies, executive bachelors or couples only. Rent for Dh1,800 + DEWA. Near Abu Hail, Al Qiyadah metro station. Call 0507092491.

Bed space/partitioned room available for rent. Kabayans only. In studio flat near Fish roundabout area, Deira. Rent for partitioned room: Dh1,300, bed space: Dh550 and Dh500 + DEWA. Call 0555378489.

Bed space available for rent. Located in Deira. Rent for Dh800 + DEWA per month. Any nationality. Call 0562316253.

Bed space available for rent. Filipino ladies only. Located on 2nd December St. formerly known as Al Diyafah Road. Call 0505845047.

Room space available for rent. Located near fish roundabout, Deira. Rent for Dh1,000 per month including DEWA + internet. Call 0559546520.

Villa at 7,154 square feet available for sale in Abu Dhabi. Facing military club. Call 0507701599.

RTA participates in UITP event

Global congress and exhibition being held in Switzerland brings together hundreds of public transport experts.

EXHIBITIONS

The Roads and Transport Authority (RTA) will take part in the 60th Congress and Exhibition of the International Public Transport Association (UITP) to be held in Geneva, Switzerland, from May 26 to 30, 2013. The event, which is held biannually and considered a showpiece event in the public transport industry, features the participation of 150 delegates from all over the globe, including the UAE. An accompanying exhibition will also be held during the event.

Mattar Al Tayer, Chairman of the Board and Executive Director of the RTA, will head the RTA delegation. Al Tayer will also take part in the meetings of the general assembly of the UITP which will be attended by 300 public transport executives from around the globe. The meeting will see the election of a new Chairman of the UITP to succeed the incumbent Chairman Othman Tiam. Al Tayer will cast his vote in the election amongst 110 officials who are entitled to vote for the new chairman, and will also deliver a keynote speech in the opening session of the UITP MENA Congress.



MATTAR AL TAYER

Al Tayer stated that the importance of the UITP Congress stems from it being an international gathering of public transport specialists to share and showcase cutting-edge technologies in the infrastructure of constructing rail and tunnel networks, interior design of trains and entertainment systems in addition to public

buses and marine transit systems. He said, "The event offers a superb opportunity for decision makers in the public transport sector and other stakeholders to review the latest developments in the public transport industry along with corporate systems, financial plans, technologies and industrial innovations in this field, besides discussing best practices and reviewing successful models. The accompanying exhibition is a great platform for participants from across the globe to showcase products, services and solutions in the transportation field."

Al Tayer added, "The RTA's participation in this international centerpiece culminates the successful hosting of the previous edition of the UITP Congress and Exhibition held in Dubai in April 2011."

"The RTA enjoyed huge success in hosting the event for the first time in the MENA region, highlighted by an increase in the number of participants and exhibitors in the accompanying Urban Mobility and Transportation Exhibition, which covered 30,000 square metres, recording a 12 per cent rise in the exhibition area and the number of visitors topped 10,000 people," he added.



MODEL OF THE RTA'S STAND AT THE EXHIBITION

Select services to go online this June

RTA on track to ensuring that benefits of the digital era result in the delivery of optimum customer services.

E-SERVICES

Roads and Transport Authority (RTA) customers will soon have their transactions done more efficiently and easier than ever before as several RTA services are due to go online in June.

Ahmed Mahboob, Director of Customer Service at the Corporate Administrative Support Services Sector of the RTA, said the shift comes along with other steps taken in earnest to move forward to the digital era for the delivery of optimum service.

"Customers will be served through up-to-date tools that keep abreast of relevant world class standards," Mahboob said, highlighting his depart-



AHMED MAHBOOB

ment's cooperation with other RTA arms, namely the Licensing and Traffic and Roads Agencies. "This means a large number of services provided in the RTA's customer service centres will be diverted into self-service channels," said Mahboob.

Customers will be forwarded to other alternative channels so that they can complete their transactions. These include the RTA website (www.rta.ae), toll-free number (800 90 90) and RTA branches through appointed agents.

In addition, Mahboob mentioned service providers such as Shamel, Wasel, Tasjeel, Tamam, Al-Mumayyaz in addition to the websites of banks

and affiliated ATM machines, bank customer care centres and Salik recharge machines.

The e-services will include the renewal of vehicles of less than three years of age exempted from the technical inspection, renewal of licences of drivers younger than 21, application for driver/vehicle licensing certificate, request for seasonal parking cards (only for companies) in addition to recharging Salik account.

Other services will be delivered through customer care centres, though they will temporarily be restricted to Al Manara and Al Tawar centres until the electronic transformation of all centres is completed.

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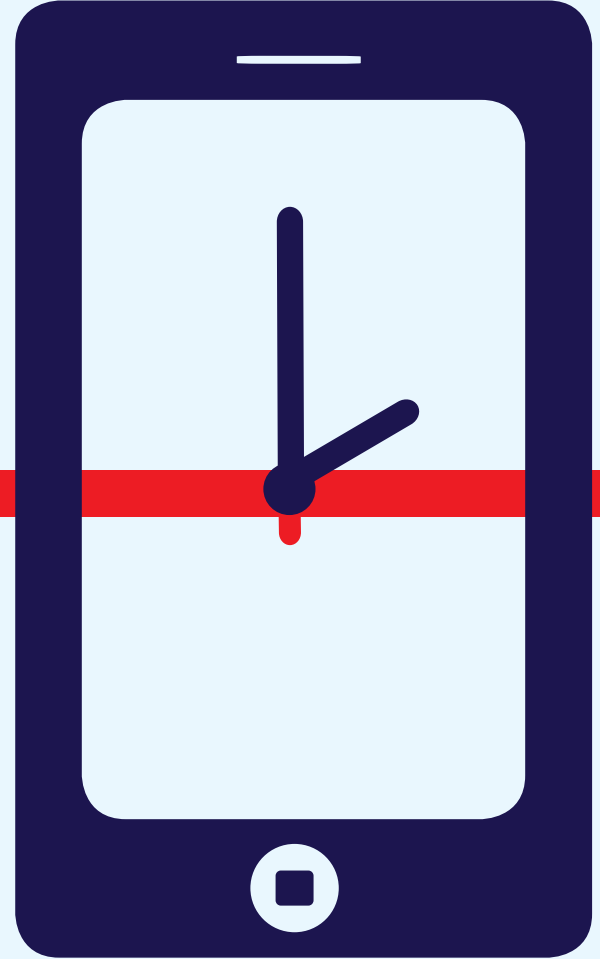
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Example: **D 12801** **send**
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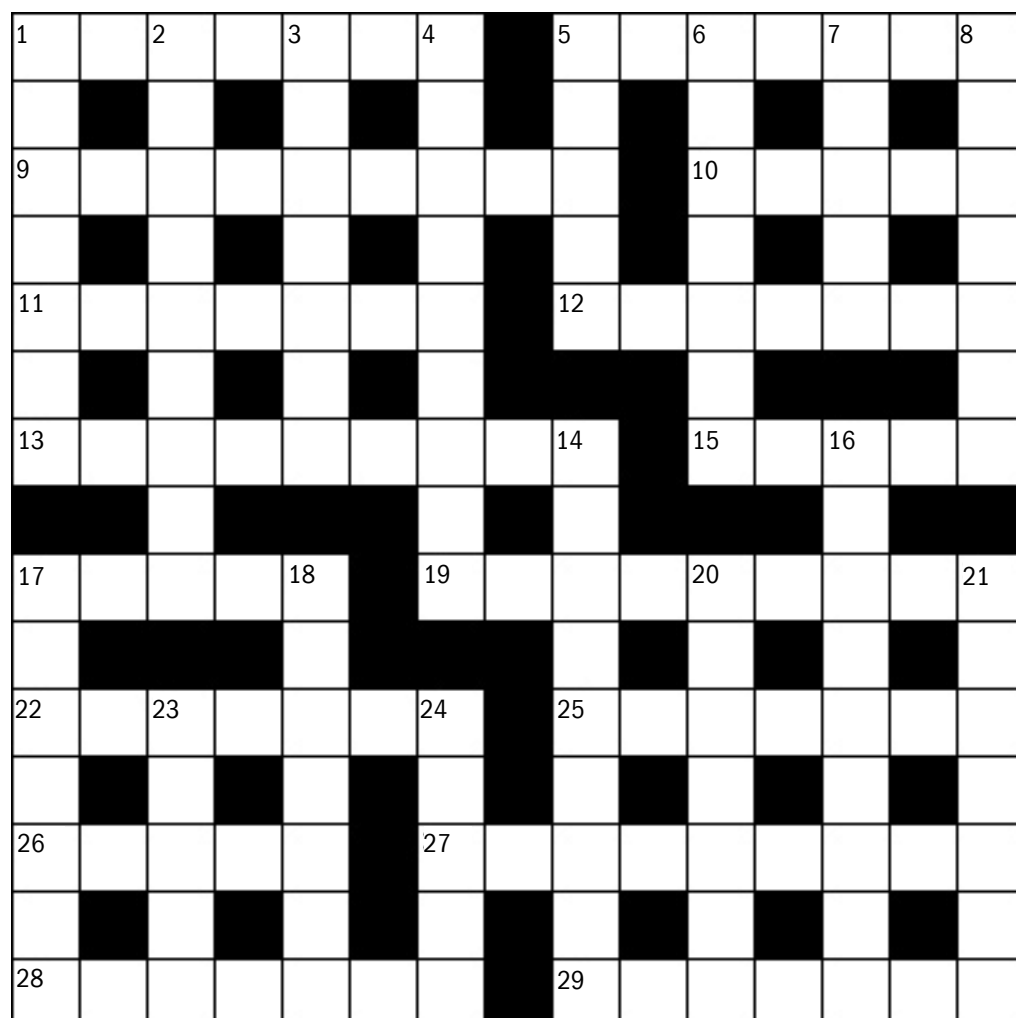


*0.18 fils/sms



Taking your time

Ponder over our puzzles, relish a new recipe and catch up with our cartoons.



Crossword

Across

1 Deliberate (7) **5** Mesh (7) **9** Out-and-out (9) **10** What chocolate comes from (5) **11** Pins (7) **12** Make bigger (7) **13** Assign (9) **15** Effeminate (5) **17** A South American rodent (5) **19** A finger or toe (9) **22** Laid bare (7) **25** Craftsman (7) **26** Dike (5) **27** Discriminate (9) **28** Probably (2 words) (7) **29** People watching their calories (7)

Down

1 Made broader (7) **2** In an illegal manner (9) **3** Front limb of a horse (7) **4** Make laws (9) **5** French for "Our" (5) **6** These stop football plays (7) **7** Become liable to (5) **8** Food market (7) **14** Disaffected (9) **16** Well-kept (9) **17** Pampered (7) **18** Take one's clothes off (7) **20** Utmost (7) **21** One of New York's baseball teams (7) **23** Forever no (5) **24** Dirty (5)

ANSWERS



Recipe

Butter chicken

This rich and creamy chicken is a tasty and popular Indian dish.

Ingredients

800g chicken breast
1 tbsp lemon juice
1 tsp red chilli powder
Salt to taste
2 tbsp butter

For marinade

1 cup yoghurt
1/2 tsp garlic paste
1/2 tsp garam masala powder
2 tbsp ginger paste
2 tbsp lemon juice
2 tbsp mustard oil

For gravy

50g butter
1 tbsp ginger paste
4 green chillies, chopped
1 tbsp whole garam masala

1 tbsp garlic paste
400g tomato puree
1/2 tsp garam masala powder
1 cup cream
1 tsp kasoori methi powder

Method

1. Make slight cuts on the chicken. Apply a mixture of red chilli powder, lemon juice and salt to each breast and set aside.
2. Add red chilli powder, salt, ginger-garlic paste, lemon juice, garam masala powder and mustard oil to the yoghurt.
3. Apply this marinade to the chicken pieces and refrigerate for three to four hours. Put the

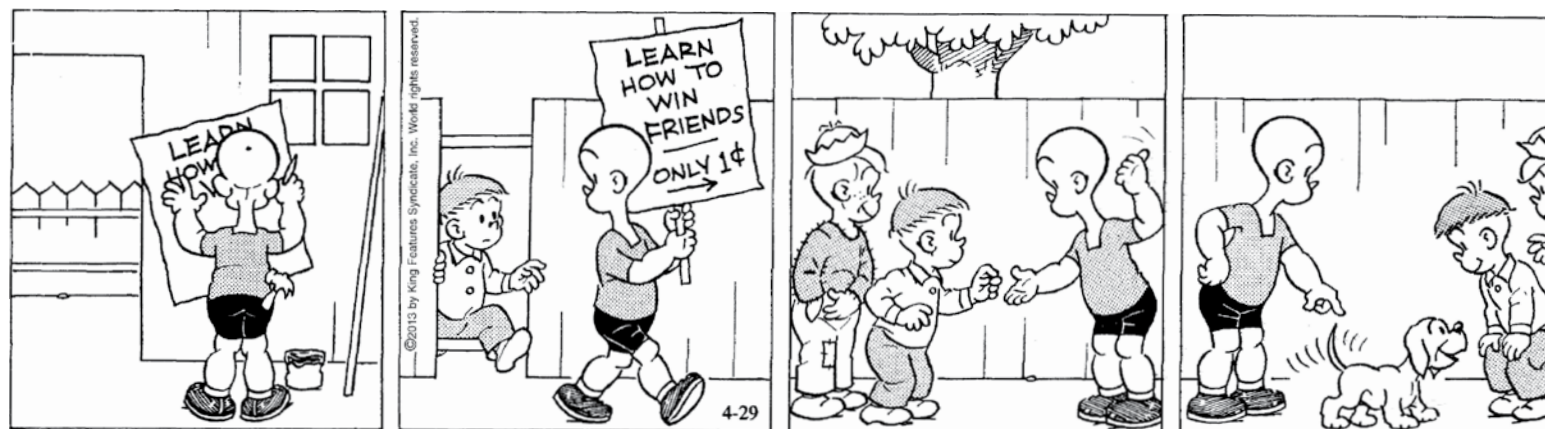
chicken onto a skewer and cook in a preheated oven for ten minutes.

4. Heat butter in a pan, add the ginger, garlic paste and chopped green chillies. Cook for two minutes. Then add tomato puree, red chilli powder, garam masala powder, salt and one cup of water. Bring to a boil.
5. Reduce the heat and simmer for 10 minutes. Add powdered kasoori methi and the cooked tandoori chicken pieces.
6. Simmer for five minutes and then add fresh cream.
7. Serve hot with naan or boiled white rice.



Serves
6

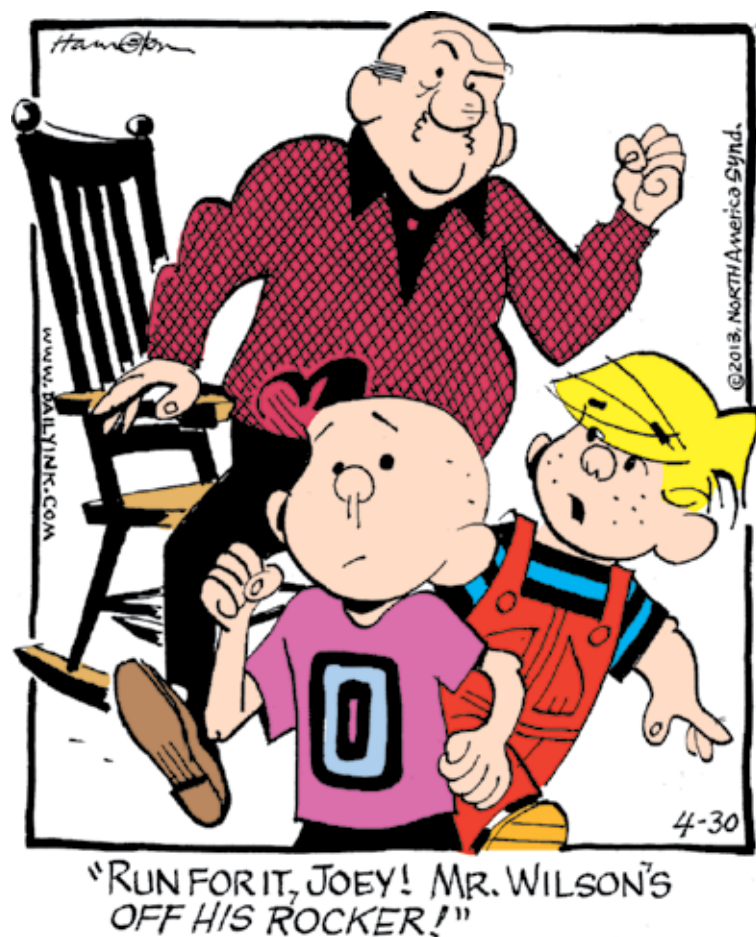
Henry



Spiderman



Dennis the menace



Who's this?

ANSWER ON PAGE 34



Puzzles

Arrowword

Stone-workers		Large US car		For public use		Ancient Egyptian		New York airport (inits)		Bovine beast		Cipher, nothing
						Deluded						
__paper, pH indicator		Foot digit		Make cross				Hazy		Assurance		Slowly wear away
						Jones, UK radio presenter	Masai, Kenyan game reserve		EA, US author			
__Costello, Bud Abbot's partner				Append, attach		Spanish word for 'friend'					Morning dampness	
__Zavaroni, 1970s singer						Vegas, Desert city				Bride's pledge (1,2)		
Upbraid		Made known										
					24 hours					Flock member		

Sudoku 1

	5					4		
	1		7		5			
7				4				
	3			5				
2			3		7	5	9	
6		5				7		4
	7	9	6					
5			8		4	2		
4	8	2	5	7	3	9		

Sudoku 2

			1		5	7		
				3				4
6	9	2		7		1		
3	1							
		5		4				
	6			1			7	
					7			3
				9		2		
	4	7			8	6		9

ANSWERS
ARROWWORD

E	M	E	D	A	V	D	T	O	S	C
E	S	I	I	R	E	A	V	V	A	V
O	D	I	L	A	S	T	V	N	E	T
R	O	G	I	W	U	N	I	T	I	T
E	O	P	W	S	W	L	I	T	I	T
D	E	I	O	O	F	S	N	O	S	V
Z	Z	I	L	I	C	C	C	C	C	C

SUDOKU 1

9	1	6	7	3	9	1	6	
4	8	2	5	7	3	9	1	6
5	6	1	8	9	4	2	7	3
3	7	9	6	1	2	8	4	5
6	9	5	2	8	1	7	3	4
2	4	8	3	6	7	5	9	1
1	3	7	4	5	9	6	8	2
7	2	3	9	4	6	1	5	8
8	1	4	7	2	5	3	6	9
9	5	6	1	3	8	4	2	7

SUDOKU 2

9	5	9	8	6	5	5	9	
7	3	2	7	3	2	7	3	1
5	3	9	1	2	8	7	5	3
2	8	7	4	1	3	6	2	9
1	1	1	1	1	1	1	1	1
8	7	5	9	4	6	3	2	1
3	1	9	7	8	2	5	4	6
6	9	2	8	7	4	1	3	5
7	5	1	2	3	9	8	6	4
4	8	3	1	6	5	7	9	2

WHO'S THIS? ANSWER - SELENA GOMEZ


Read.

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What's in your stars?

The *Read.* astrologer tells you what you can expect over the next seven days.

ARIES

(MAR 21 - APR 20)

A big change is on the horizon and it signals the start of an exciting period in your life. Perhaps a job opportunity that you had given up hope on looks promising again? If so, start preparing for the move now—it will make life easier when things start to happen.



TAURUS

(APR 21 - MAY 21)

Something could be about to cause a dent in your bank account. Whether this is your car, your home or something different, try to keep a little money saved in preparation. And, when it comes to shelling out, shop around for the best deal before paying up.



GEMINI

(MAY 22 - JUN 21)

It's always good to have options when it comes to your career, but this could leave you at risk of taking on other people's work without recognition. Before agreeing to deal with any extra workload, make sure that those in authority are aware of the changes.



CANCER

(JUN 22 - JUL 23)

Your plans are finally coming together nicely and the hard work is paying off. Something you have wanted for a long time is on its way and, while others may be envious or belittle your ambitions, you can be justly proud of what you've pulled together.



LEO

(JUL 24 - AUG 23)

There may be one particular person who seems more important than ever before. While it's tempting to give all your time to this person, don't forget there are other things requiring your attention. An important appointment you made long ago needs attending to.



VIRGO

(AUG 24 - SEP 23)

A skill that you always wanted to master is attracting your interest again. Whether it's scuba diving or learning to drive, this is the perfect time to finally conquer it. Your focus is high right now and your ambition will see you attack a new venture with full gusto.



LIBRA

(SEP 24 - OCT 23)

While it's always nice to receive valuable advice, you can't help feeling as though someone is more interested in your life than their own. Rest assured there is no malice intended, perhaps this person is just reaching out to try and form a closer bond.



SCORPIO

(OCT 24 - NOV 22)

It may have taken some time, but you are finally starting to feel like getting out and socialising again. Don't throw yourself head first into a party lifestyle, however. After a period of taking time out, gradually building up your social activities is the way to go.



SAGITTARIUS

(NOV 23 - DEC 21)

There may have been a medical issue within the family. While, naturally, this has left you worried, with the right attention the matter will be sorted in no time. Periods of ill health remind you how important loved ones really are, so make sure you let them know this.



CAPRICORN

(DEC 22 - JAN 20)

An argument still feels fresh and you may be regretting certain things you may have said to the other party. It's time to take the bull by the horns and apologise. Holding a grudge will only serve to ruin a good relationship and leave you feeling bitter.



AQUARIUS

(JAN 21 - FEB 19)

While it's normal to feel tired after a hard day at work, your energy levels are running dangerously low right now. Cancel any weekend plans and use the time to fully relax and catch up on some sleep. Without taking time out your health may start to falter.



PISCES

(FEB 20 - MAR 20)

Sometimes it may feel as though your house is more of an airport than a home. With people coming and going and guests dropping in all the time, perhaps it's time to say enough is enough. You need to focus on your own priorities rather than play host all the time.



This week's local weather

SUN

26th

SUNNY
HIGH 38C
LOW 27C
HUMIDITY 21%

MON

27th

SUNNY
HIGH 39C
LOW 29C
HUMIDITY 22%

TUE

28th

SUNNY
HIGH 38C
LOW 32C
HUMIDITY 33%

WED

29th

SUNNY
HIGH 37C
LOW 31C
HUMIDITY 35%

THU

30th

SUNNY
HIGH 37C
LOW 30C
HUMIDITY 33%

FRI

31st

SUNNY
HIGH 37C
LOW 32C
HUMIDITY 31%

SAT

1st

SUNNY
HIGH 38C
LOW 30C
HUMIDITY 32%



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