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JUNE 2-8, 2013 | Issue 103

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TREND SPOTTER

For the hottest trends around today, fashion fans need not look any further than the red carpet



MARVELLOUS MUARA



THE FINAL FLING

The conclusion of *The Hangover* trilogy takes a slightly different direction without straying too far from the formula



STUBBING IT OUT

Start your summer off on the right track by quitting the cigarettes and doing your health and wellbeing a whole world of good

Stay smooth

The benefits of making your own healthy smoothie recipes



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Letters

Email: letters@readme.ae

A selection of the letters we've received this week. Write in to have your say.

✉ CROSSING THE ISSUE

Recently my brother got a Dh200 fine for crossing the road where there was no zebra crossing. I totally understand that one should cross the road on a zebra crossing, but the zebra crossings are often very few and far away from one another. In market places where a person has to cross the road frequently, he needs to walk a long distance for a zebra crossing. I request that the government increase the number of zebra crossings so that it will be convenient and safe for crossing roads.

Siddique

✉ IN ATTENDANCE

I use the Metro to commute in Dubai and I feel it is the best way compared to all the other means of transport. I also encourage all my

relatives and friends to do so. The Dubai Metro is an excellent service and should be utilised properly by all the commuters. I would like to request an attendant in the ladies compartment, to distribute the passengers equally during peak hours. Most of the time, ladies block the door. This leaves many passengers behind, who could have been accommodated within the vacant space inside the compartment if an attendant had been available.

WM



CAREFUL CROSSING

Read. Poll

What would encourage you to extend your tenure in a company?

- Good colleagues and work environment
- Monetary rewards

Cast your vote online at www.readme.ae

LAST READ. POLL RESULTS

If you have extra money in your budget, what would you opt to do with it?

Save it for the future	73%
or an emergency	
Spend it on something special	27%

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What's happening this week on **readme.ae**?

Make sure you check out our website for these daily specials, which appear online every afternoon. 'Like' us on Facebook so that we can keep you up to date with our latest online features and fun.

Coming up this week



TODAY

A morning cup of coffee has long been a way for most people to get started each day. A recent study investigated the safety of caffeine in energy drinks and looked at the impact of the stimulant, which is added to a growing number of products. The study aimed to find out whether our coffee-fuelled society is really as dependent on the substance as they may think.



MONDAY

Learning a new foreign language is never easy but it doesn't hurt to try your hand at it, no matter what your age. Most language-learning skills can be formed through a little discipline and self-awareness.



TUESDAY

Shopping for a new home or rental abode can often be a complicated process. We take a look at some of the things to watch out for and how to make smart purchases with regards to budget and the space available.



WEDNESDAY

We look at the growing business of online reputation management and how many businesses and brands are seeking the services of companies that can tidy up search engine results.



THURSDAY

There is no shortage of options to help you try and get in shape, but losing weight depends on how effectively you exercise. What are some of the most common workout myths?



FRIDAY

The Read. Facebook page has been full of your opinions on our daily question. We find the best responses from our Facebook fans and bring you the answers that matter most to the people of Dubai.

Facebook chatter

Here's what you have been saying on the *Read*. Facebook page.

(Responses only edited for length)

Do you employ good spelling and grammar when it comes to texting and social networking or do you think it's not important within these mediums?

in texting no coz it need to be short and brief so as not to occupy much of the limited space available. in social network yes coz ur social network profile say much about you. It is not available only among ur immediate friends but it also a source for other people to know more of you - example of which is that some hiring managers try to look onto ur profile to assess your personality.

— Jhun Cruz

I do shortcuts if i am talking to my family or friends but if its work related or an enquiry to a stranger i make it a point to use complete words and right grammar. As much as possible i am trying to apply proper word construction in any form of communication because no matter how intellectual you are if you can not clearly express your thoughts it's useless.

— Francess Pamela Gamboa Sevilla



OPENING UP

Do you think celebrities being open about personal matters - like Angelina Jolie's recent mastectomy - has a positive influence on the public?

Their lives are like an open book and were just happier to flip the pages every now and then.

— Glen David

Yes, it does hav a positive impact as it motivates others as well.

— Kalyani Akhil Aradwad

Depends which matters they try to air out. Most of the times, they publicized negative issues that becomes a positive trend to the viewers. Health awareness is a good call. Always a Must.

— Danz de Asis

If you could own any car in the world, what would it be and why?

I love cars especially sports cars I



WHAT'S YOUR DREAM RIDE?

think if I could have any car right now it would be a Audi R8 convertible in white with black interior.

— Arman Hossen

Lamborghini with hello kitty paint ;) lol its free to dream so dream big.

—Yum Canete

A solar powered one.

— Shiuli Lara Dutt

Aid for special needs body

The Future Centre for Special Needs in Abu Dhabi receives a valuable donation from Mubadala GE Capital.

INITIATIVES

Mubadala GE Capital, a specialised commercial finance company that provides financing solutions to businesses, has strengthened its ties with the Future Centre for Special Needs (the Future Centre), an Abu Dhabi-based non-profit organisation which supports young people with special needs.

The two organisations will collaborate to provide internship opportunities for students with special needs, where they will learn a variety of workplace skills while supporting a number of functions within Mubadala GE Capital. Students will also have the opportunity to learn computer skills during sessions run by volunteers from Mubadala GE Capital.

Established in 2000, the Future Centre accommodates over 170 students between the ages of three



SHARING IN MORE WAYS THAN ONE

and 20 years, from various nationalities, cultures and backgrounds. It is dedicated to the empowerment of individuals with disabilities, and seeks to improve students' quality of life.

Ronald Herman, CEO of Mubadala GE Capital and a Future Centre board member, said, "Supporting the com-

"This year we are extending support to include providing expertise and sharing our employees' time."

munity is a cornerstone of Mubadala GE Capital's values, and we have worked with the Future Centre for a number of years. We are deeply proud that this donation will help to further support the incredible work that the organisation does to help young people with special needs in the UAE.

"This year we are extending support beyond the financial donation to include providing expertise and sharing our employees' time," he said.

Mowfaq Mustafa, Director of Future Centre, added, "I would like to thank Mubadala GE Capital for its kind donation. It is encouraging to know that there are organisations who are ready to support us.

"Future Centre has come from strength to strength over time due to the benevolence of people and organisations," he added.



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79 AED 79 AED COOL WATER (L) 100ML COOL WATER (M) 125ML	29 AED ONE MAN SHOW 100ML	35 AED OPEN MAN 100ML	

Voice of victory

Ahead of his debut single and video release, we catch up with the first winner of *The Voice Arabia*, **Mourad Bouriki**.

Q How did it feel to be crowned the winner of *The Voice* and how has life changed for you since winning?

Winning the title was a dream come true. I didn't expect it at the beginning, since I was competing against very strong talents. Winning the title did change my career path indeed, giving me more responsibility and drive to deliver the best I can musically. The reward is beyond expectation, including becoming the first Arabic artist to join the local catalogue of Universal Music MENA and starting a professional music career by collaborating with producer RedOne for my debut single *Ya Sayidati*.

Q What sparked your interest in singing and how did this develop over the years?

I grew up amidst an artistic and musical life; my home was always full of artists and musicians. This gave me the will to sing from a very early age. My father is the conductor of an Andalusian orchestra, my grandfather was a violin player and my uncle was a lute maestro.

I have built a very solid music background and studied music for several years; practicing and trying to develop further my musical knowledge and strengthen my vocal abilities while awaiting the right opportunity to expose my talent and capabilities as a performer. When I heard about *The Voice*, I believed that this is the opportunity that will open the right doors for me as an artist, and joining a big music label, like Universal Music, is the perfect target that any artist would aim for

to employ his talent in the correct way and grow a professional music career.

Q You worked with Grammy-award winning producer

RedOne on your debut single.

Do you think Arabic music is crossing the boundaries of international styles?

Music is the global common language that can bridge all cultures

A DREAM COME TRUE



“Arabic music is supple and can be adapted and blended with many other genres. Music knows no borders.**”**

and nationalities. Arabic music is supple and can be adapted and blended with many other genres.

With RedOne, we managed to fuse two styles that, at first, seemed too different to mix, keeping in mind that music knows no borders or discrepancies amongst all genres. With my debut single *Ya Sayidati*, I tried to reflect the style that I was liked for during the competition, which is the Tarab, with a trendy twist to try and cater to all tastes and age groups.

Q What does it mean to you to now be releasing your debut single and video clip?

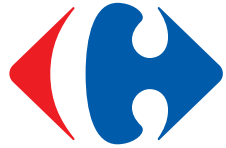
It is the first step in my professional

career, therefore it means the world to me. I am extremely grateful and proud to be able to release such a great and unique track and a video clip. I am certain it will exceed the expectations of my fans in the Arab world, as well as internationally with the support of my label. My fans definitely deserve the best out of me and I owe them my success to date and promise them more releases soon.

Q Are you proud to be representing your home country and do you have any plans to perform in Dubai?

I'm always proud of my country and nationality and always strive to represent Morocco in the best way possible wherever I go or perform. I am currently working on a few upcoming events in the region, and hopefully Dubai will be added to the calendar. I really look forward to meeting my fans in the UAE and sharing with them my latest release. ●

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Smooth operator

Drinking smoothies and fresh juices can have major health benefits that reach far beyond consuming raw fruit and vegetables. Follow our top tips for a healthier you.

Fruits, smoothies and juices can be an easy way to nourish your body with the essential nutrients that support immune function. The body can quickly and more easily absorb larger amounts of nutrients from these liquid foods than from solid foods. Therefore, making a simple smoothie on a daily basis can help increase the enzymes that aid digestion in the body.

Why should you try to drink more smoothies and juices?

- Drinking fruit smoothies can help you reach the recommended intake of fibre, which is 25 grams for women and 38 grams for men. One serving of fruit typically contains two to four grams of fibre with blackberries, pears and apples having the highest concentration of five to seven grams per serving. The soluble fibre found in fruit helps slow digestion and may help to control blood sugar and lower cholesterol levels.
- Smoothies can help keep your body hydrated as milk and yoghurt are largely water, so if your smoothie is dairy-based, it quenches your thirst.
- If you use dairy products as the bulk of your smoothie it will help to provide calcium for bone strength. Try whole milk or whole milk yoghurt. Cultured milk products are good sources of probiotics and live cultures. Just 200ml of milk can

“Smoothies can help keep your body hydrated as milk and yoghurt are largely water, so if your smoothie is dairy-based it quenches your thirst.”

provide almost a third of your daily requirement of calcium.

- Antioxidants and other immunity enhancing vitamins and minerals are much easier to absorb when they are concentrated in juices and smoothies. All of these minerals will help to detoxify and greatly boost your immune system.
- When consumed as part of a low-fat diet, vegetable smoothies provide nutrients to aid your cells, while bulk is provided by the fibre in the vegetables, which makes you feel full and helps you lose weight.

Top smoothie tips

- Many smoothies are made with such healthy ingredients as non-fat milk or yoghurt, berries and fruits as well as shaved ice. These can satisfy your thirst for less than 100 calories and provide calcium and vitamins, depending on the fruit selected for the drink.
- To keep calories low, look for fresh, frozen or water packed canned fruit, juices and non-fat dairy products. Use organic ingredients in your smoothie whenever possible, not only to increase nutrition and avoid pesticides, but also for better taste.
 - Experiment and try different superfoods to really boost the

nutrition of your smoothie. Maca, cacao, goji berries, aloe vera, coconut oil and acai are great to start with.

- Using dates is a great way to sweeten your smoothie. Remove the pits and soak them overnight or for at least an hour before you start blending.
- Add a healthy fat like coconut, flax or hemp oil, avocado or cream to keep you satisfied and full of energy for hours.
- Protein powder can add a powerful element to your smoothie, giving you the protein needed to bulk up your muscles while slimming down excess fat.

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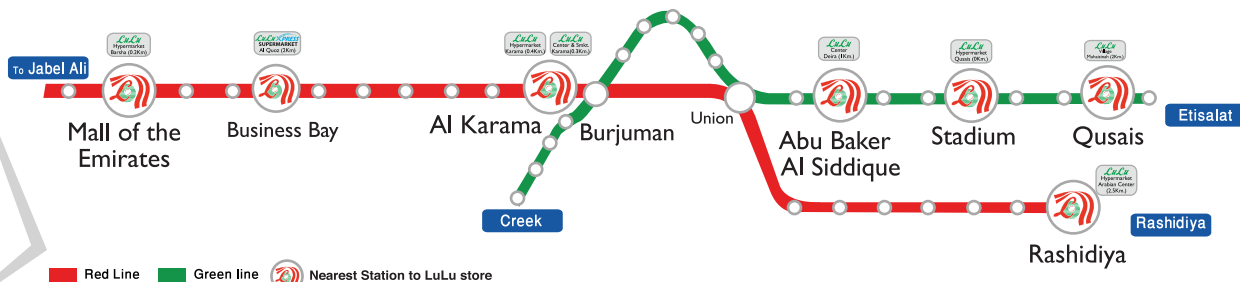


Promotion valid
23rd May to 22nd June 2013

Promotion valid from 28th May to 26th June 2013



LuLu by Metro



Beating the habit

Quitting your smoking habit can make a huge difference to your health and lifestyle. We examine the effects of smoking and how to quit.

Smoking is one of the biggest causes of death and illness in the world. Around five million people die of smoking each year and the number is expected to increase to 10 million by 2020. If you smoke, you are increasing your risk of getting more than 50 serious health conditions, some of which are fatal and others can cause long-term damage to your health.

Doctors at Cedars Jebel Ali International Hospital stress that the benefits of quitting smoking begin immediately, saying, "You reduce your risk of getting a serious disease no matter what age you give up. The sooner you stop, the less risk you have. If you have smoked since you were a teenager or a young adult and stopped smoking before the age of about 35, your life expectancy is only slightly less than it is for people who have never smoked."

Cigarettes contain more than 4,000 chemical compounds and at least 400 toxic substances. These toxic ingredients travel throughout the body, causing damage in several different ways. Carbon monoxide binds to haemoglobin in red blood cells which prevents affected cells from carrying a full load of oxygen. The cancer-causing agents (carcinogens) in tobacco smoke damage certain important genes that control the growth of cells, causing them to grow abnormally or to reproduce too rapidly.

"Over the years a smoker will be more likely to develop respiratory ailments, thickening of the arteries, blood clots, cancer of the lung, larynx, mouth, oesophagus, bladder,

pancreas and kidney, emphysema, as well as exhibit symptoms such as reduced stamina, poor athletic performance, wheezing, coughing, dizziness, and nausea. In time, a smoker suffers increased resistance to the flow of air into the lungs and reduced lung capacity," explains a spokesperson for Cedars Jebel Ali International Hospital.

QUIT TODAY TO REDUCE RISK

“You reduce your risk of getting a serious disease no matter what age you give up. The sooner you stop, the less risk you will have.”

Benefits of quitting

People who give up smoking begin to reap the improvements in their health and well-being almost immediately after quitting. Below is a round-up of just some of the positive effects quitting can have.

- Just 20 minutes after you stop smoking your heart rate and blood pressure drop.
- Giving up tobacco stops your teeth from becoming stained and you will also have fresher breath. Ex-smokers are less likely than smokers to get gum disease and lose their teeth prematurely.
- People breathe more easily and cough less when they give up smoking because their lung capacity improves by up to 10 per cent within nine months.
- Quitting adds years to your life so it's never too late to benefit from stopping. Men who quit smoking by the age of 30 add 10 years to their life and people who kick the habit

before the age of 60 can add three years to their life expectancy.

- Within two to 12 weeks of stopping smoking, your circulation improves. This makes all physical activity, including walking and running, much easier.
- By stopping smoking you'll be protecting the health of your non-smoking friends and family. Passive smoking increases a non-smoker's risk of lung cancer, heart disease and stroke.

“Giving up tobacco stops teeth from becoming stained, and you will also have fresher breath. Ex-smokers are less likely than smokers to get gum disease and lose their teeth prematurely.”



SMOKING REDUCES LUNG CAPACITY

Tips on quitting

Very few tobacco users can successfully quit the habit in their first attempt but the evidence is strong that it can be done. About two in three smokers want to stop smoking, however some people can't give it up easily. Why not try the following tips?

- Willpower and determination are the most important aspects when giving up smoking. Make a promise, set a date and stick to it. Don't be put off by upcoming occasions or social events where you may be tempted to smoke.
- Identify the times when you crave cigarettes. A craving only lasts about five minutes so take yourself away from the situation when you feel the need to smoke. If you are at a party, step outside for five minutes or busy yourself with a task.
- You can start by decreasing the number of cigarettes you smoke per day and then gradually reduce your overall intake of nicotine over time.
- Studies have shown that exercise can reduce cravings, so try to do a form of moderate exercise two or three times a week while you're in the process of quitting the cigarettes.
- From quit lines to counselling to prescription medicines, there are a number of effective ways to quit. You could opt for nicotine replacement therapy or non-nicotine medications to reduce withdrawal systems.
- Try to hang out with non-smoking friends, so you don't have to be tempted when others are smoking.



The dangers of smoking

Research has shown that smoking reduces life expectancy by seven to eight years as well as increasing your risk of disease.

- Smoking temporarily raises your blood pressure, increases the blood's clotting likelihood and makes it more difficult to exercise.
- One of the main dangers of smoking is due to nicotine. It is both physically and psychologically addictive, and it causes those who use it to want to smoke one cigarette after another.
- Smokers are more likely to get cancer than non-smokers. This is particularly true of lung cancer, throat cancer and mouth cancer which hardly ever affect non-smokers.
- Couples who smoke are more likely to have fertility problems than couples who are non-smokers.
- Smoking also affects your looks—smokers have paler skin and more wrinkles. This is because smoking reduces the blood supply to the skin and lowers levels of vitamin A.



SMOKING CAUSES CANCER

TECH NEWS

Asus to unveil Zenbook Infinity

Asus will introduce the new Zenbook Infinity notebook incorporating a new design, fusing glass and aluminium finish with outstanding resilience. The Zenbook Infinity notebook will make its debut at the Computex 2013 computer exhibition in Taiwan this week.

This notebook is 14 per cent thinner than its predecessors and makes use of the new Corning Gorilla Glass 3 with Native Damage Resistance (NDR) on the lid and keyboard for sleek and durable style. The new Corning Gorilla Glass 3 has the same durability and thinness as the Gorilla Glass 2, but uses Corning's proprietary NDR glass composition for superior scratch resistance, reduced scratch visibility and improved toughness.



It has three times the scratch resistance of Gorilla Glass 2, and gives a 40 per cent reduction in the number of highly visible scratches with a 40 per cent improvement in retained strength if a deep scratch does occur.

By incorporating Corning Gorilla Glass 3 with NDR on the outer lid and keyboard surround, the new Zenbook Infinity notebook attains a dazzling first for notebook design—a sheer, high-gloss finish that is highly resistant to scuff marks and scratches.

It also highlights a pattern of fine concentric circles, which is a hallmark of an Asus Zenbook, but gains a clean and smooth exterior that is more resistant than other notebooks that use more traditional materials. The Zenbook Infinity is scheduled for consumer launch in the third quarter of this year.

Young achievers

A look at some of the young entrepreneurs who have been instrumental in transforming the world of technology.

The multitude of digital services and products around today have changed how we live, work and play. People like Mark Zuckerberg have laid down the path and there's never been a better time to be a tech entrepreneur. To see ideas come to life requires passion, a computer and dedication. You need to understand the market for your idea, develop a solid plan to secure funding, and a smart team to drive the venture forward. Perhaps you could be the next to join these young, successful start-up ventures.

Nick D'Aloisio

Recently, Yahoo! acquired the trendy news reading app Summly, along with its 17-year-old entrepreneur. Reports state that Yahoo! plans to close down the actual app and use the algorithmic summation technology that D'Aloisio built. It is rumoured that the company paid \$30 million to buy the London-based Apple smartphone app. Summly allows users to skim and share news quickly, in short summaries. D'Aloisio taught himself to code at 12 years old and began developing apps in his early teens.



Sizhao Zao Yang

He is currently the cofounder of BetterWorks, a perks platform for small and medium-sized businesses. He also cocreated the beloved Facebook game app Farmville and was the CEO of MyMiniLife, which was sold to Zynga Game Networks, Inc. Today, MyMiniLife powers 150 million monthly users and includes games like Cityville and Frontierville.

Matt Mullenweg

While writing his own personal blog on politics and jazz, Mullenweg, 29, found it very difficult to set up the blog. So, in 2003 at the age of 19, he founded Automattic, the company behind WordPress, which is a free and easy-to-use blogging service. Today, WordPress creates 40,000 new blogs daily. He is also a frequent keynote speaker at events such as BlogWorld Expo and Greek Blogger Camp, among others.

Aaron Harris

26-year-old Aaron Harris founded Tutorspree to ensure that students would have access to the same sort of academic help that got him into Harvard. He felt that an increasingly competitive academic atmosphere was driving students to achieve more, but because schools were cutting budgets and teaching jobs, it was becoming difficult to get the right training. The app is based in the United States and helps students find tutors nearby.

Jon Reynolds

Recently named Young Tech Entrepreneur of the Year, Reynolds cofounded SwiftKey in 2008 when he was 22 years old. He and cofounder Ben Medlock met at Cambridge University where Reynolds was studying for his Physics undergraduate degree and Medlock was doing a PhD in Natural Language Processing. These fields defined SwiftKey's innovative technology. The app replaces your device's on-screen keyboard to help you type faster, while learning how you write to predict your next word. It also lets you write whole phrases without lifting a finger. Last year, the app was Google Play's number one paid download app.

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NEWS ON WHEELS

Strong sales in ME support McLaren's regional growth

McLaren Automotive has experienced a strong start this year in the Middle East due to customer demand. The demand pushed the brand to increase the production of the McLaren 12C Coupe and the 12C Spider for the region which in turn led to a higher sales performance.

McLaren Middle East has taken about 10 per cent of all 12C production, whereas demand for the McLaren P1 has been driving the brand's regional office in Bahrain to secure over 10 per cent of its allocation. The McLaren P1 will still remain rare on the roads though, with just 375 P1s to be built later this year.

McLaren is also aiming to solidify its position in the Middle East with the opening of three new showrooms in the region.



The opening of McLaren's showroom in Bahrain during the 2013 Formula 1 Gulf Air Grand Prix was followed by the opening of its first showroom in Doha, Qatar last May. A temporary facility in Riyadh will also be opened while a new showroom is being constructed in the Saudi capital.

Mark Harrison, McLaren Automotive Regional Director Middle East and Africa, said, "Despite a fixed production volume at our UK headquarters, McLaren is expanding its global network by a third in 2013 to over 50 retailers. This increases demand within our network for every car from the planned production volume. Our Middle East retailers anticipated a strong start to the year therefore we secured extra production slots for the first quarter 2013 to support their businesses."

Set for summer

Looking after your car in the hot summer months shouldn't take a back seat.



THINKABOUTTINTS

With the start of summer many people are getting their home air conditioning systems serviced and buying lighter summer clothes to cope with the rise in temperature.

But what about your car? Very few people give summer a second thought when it comes to their cars. So what can you do to make sure you aren't left sweating or, even worse, stuck at the side of the road?

The first thing to check is if your car needs a service. If it's due, get it done. Engines don't like heat, as they create enough of their own and need to get rid of it. Add in the extra ambient heat and all the components need to work much harder to do the same job as in lower temperatures.

The next stop is the cooling system itself. Is your fan and radiator working properly? Some cars have two of

each, so make sure both are operating as they should. Your radiator should be clear of leaves, dirt and anything else that could block the airflow.

It's easy to check by simply looking under the bonnet after the car has been driven far enough to get it up to temperature and then left to idle on your driveway for five minutes. The fan, which is located behind the radiator at the front of the engine bay, should be spinning away. Do not under any circumstances put your hands near the fan or engine. Also, make sure you don't have anything hanging down that could get caught in the mechanism.

Next, you should make sure that the car has coolant (often called anti-freeze) in it. Many people in the Gulf don't put it in their cars, as they think it is simply to stop the water freezing in the system in cold climates. In fact, the coolant actually helps the car to run cooler and also has a rust inhibitor in it to protect the internal parts of your engine.



You then need to get your AC checked to make sure it is cooling correctly and whether it needs re-gassing or a new compressor.

It's worth knowing that a garage shouldn't just top up the AC gas. When the gas is low, they need to remove the gas and then recharge the system correctly. Simply adding to the system is a quick, but incorrect way of doing it and can lead to problems in the future. Check with your garage about how they intend to do it before going ahead with the work.

Finally, you might want to consider tinting your windows. The sun can wreck a car's interior with constant exposure, so tinting does help protect your car. Remember it is illegal to tint your windscreen (use a sunshade when you park instead) and the side and rear windows must only be tinted to the legal 30 per cent level.

With these tips in mind, your pride and joy should see you through the hotter months and still be running strong well into the future, allowing you to stay cool this summer. ●

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The new manager guide

Becoming a successful manager requires you to effectively delegate tasks and communicate with your team.



TEAM BUILDING IS ESSENTIAL

MANAGEMENT

Some leaders are born great, but there are so few of them that they make an insignificant percentage of the total. Managers are made by engaging in an ongoing process of learning by doing. That means that you won't just fit into a managerial role immediately. You have to continuously work on yourself and learn from mistakes.

Taking on a new managerial role can be both intimidating and exciting. Whether you've worked your way up and know the company inside out, or you've landed a management position with a new company, there are some aspects that you need to consider that you may not have before. Management carries increased responsibilities that you should be exploring before you start your first day at work. Akhtaboot presents some tips to consider when you are finally made a manager.

SUCCESS ALWAYS COMES WITH ROLE CLARITY

As a new manager, your first and most important step is to fully understand your new job role and description. In addition, your main responsibility as a leader is to create an environment in which employee productivity is clearly defined and realistically achievable and measurable. Failing to define workplace roles will result in tension, miscommunication and inefficiency within

“Your success at helping others succeed is a key measure of your effectiveness as a leader.”

your company and as a result you will waste both time and money. You may appear to be busy, you may feel stressed, and you may look the part, but you're not doing your job.

YOU CAN'T MAKE IT ON YOUR OWN

No one can achieve outstanding results alone. As a manager, your key challenge is to bring out the best in others. Since we all have different working styles, often in many ways, the best managers are those who have the greatest flex-

ibility in their working styles to motivate their team members on an individual level. Your success at helping others succeed is a key measure of your effectiveness as a leader.

DEVELOP ESSENTIAL MANAGERIAL SKILLS

To be a successful manager, you must have a wide-ranging skill set—from organisation and delegation to communication and motivation. Because the skill set is so extensive, it might only seem natural to lean towards building skills in the areas that you're already comfortable with. For your long-term success, it's recommended to analyse your skills in all areas of management, and then to challenge yourself to improve in each of these areas.

EFFECTIVE DELEGATION

Having the right people with the right skills isn't a guarantee for success. Managers must also know how to get the job done efficiently. Some managers, especially those who come from a technical background, try to do most of the work themselves. They think that, because they're responsible for the work, they're the only ones who can do it accurately. Effective managers recognise the importance of delegation. By clearly outlining expectations, teams can accomplish much more. While it might be hard not to want to do work yourself, when your team members have the right skills, training and motivation, you can usually trust them to get the work done right.

EFFECTIVE COMMUNICATION

An indispensable element of good management skills is effective communication skills. While this skill is crucial to any position or career level, as a manager, it's especially important for you to master effective communication. Your team needs to know what's happening and you should try to keep them in the loop as much as possible. Team briefing is a must and a specific communication skill that managers should improve. With those skills, along with patience and a strong sense of balance, you can become a very effective manager. ● By Akhtaboot—the career network (www.akhtaboot.com).

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Totally trendy

Get your summer style inspiration from our favourite celebrity looks of the moment.

Top of the crops

Kylie Jenner seems to be following in the steps of her famous older sisters when it comes to fashion. The 15-year-old looks more mature than her years in an elegant cream pencil skirt paired with a cute, white crop top and nude stiletto heels. The reality star accessorised her look with a gold necklace and cuff bracelet. A pencil skirt and crop top combo is ideal for an evening soiree. TV Presenter Caroline Flack showed she can look really great without showing too much skin in a high-waisted skirt and crop combo in an orange hue. Strappy sandals and a boxy clutch gives the look a little edge.



KYLIE JENNER



CAROLINE FLACK



MILEY CYRUS



ZOSIA MAMET

Checkmate

If you like to keep things simple then this season's monochrome trend is the perfect style solution. *Girls* actress Zosia Mamet worked an oversized black and white top with skinny black trousers for a timeless, flattering look. Black and white dominated the runway for spring/summer 2013, with Louis Vuitton opting for checkerboard chic patterns. Miley Cyrus opted for a Balmain checked jumpsuit at the Billboard Awards paired with Givenchy shoes.

Pretty chic

Kate Mara stunned in a printed top and shorts set by Mulberry, which she dressed up with leg-lengthening nude heels. Fashionista Olivia Palermo followed suit opting for a similar combo in Spain. The beauty wore a custom Rochas DB short trouser suit from the spring 2013 collection. Olivia showed she can do high street pairing a statement necklace and gold bracelets with Zara brown suede sandals.



KATE MARA



OLIVIA PALERMO

Stand-out style

Bradley Cooper turned heads when he stepped out in a burnt orange Gucci suit to the recent *The Hangover Part III* premiere. The stylish actor wore a rust-coloured two-button Gucci suit, sans tie, and paired it with a pale blue button-down and a pair of brown lace-up shoes. Of course the perfect accessory to his bold suit was his 'Wolfpack'. *Thor* actor, Tom Hiddleston also made a statement in a cool blue three-piece suit styled with a white pocket square, white open shirt and brown shoes at Cannes Film Festival.



BRADLEY COOPER

TOM HIDDLESTON

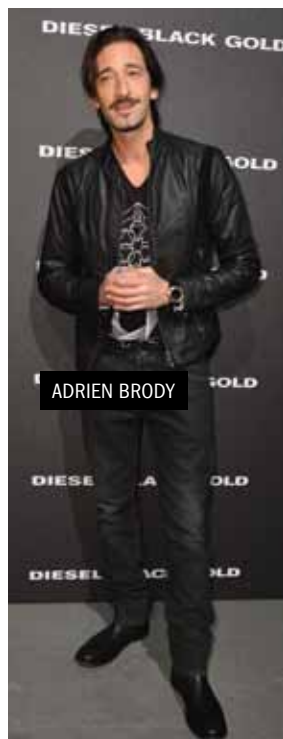
Bold and bright

Bright colours and prints are a given for spring and this season. Actress Bella Thorne opted for a major jolt of colour in a matching orange print maxi skirt and shirt combo. The star wore punchy nail varnish and a jewelled metallic necklace. Elizabeth Banks showed she can work animal print in a figure hugging silk dress. The actress looked super fashionable in gold heels and dangly earrings.



BELLA THORNE

ELIZABETH BANKS



ADRIEN BRODY



KANYE WEST

Men in black

Lightweight leather jackets are a warm weather staple for any man this season proving that a leather jacket never goes out of style. Adrien Brody paired his leather jacket with a pair of comfy black jeans and a graphic print tee for a laidback look. Not every man may feel comfortable donning a pair of leather trousers but Kanye West showed he could look stylish in a pair with a tailored black blazer, oversized tee and hi-top trainers.

Ladies can fall in line for Being Human apparel

Splash has launched the first ever Being Human ladies collection. Encompassing the brand's message of love, care, share, happiness and joy, the new line embraces these attributes while revealing a bright, cheerful and colourful Spring/Summer 2013 collection.



With a colour palate that elevates the mood and quality that focuses on functional care, the entire gamut of offering is priced from Dh50 onwards and ranges from t-shirts, shirts and vests to shorts, chinos and denims, ensuring there are easy to match separates.

A key favourite with everyone this season, neon adds spice to the collection while powdered pastels find favour too. Youthful and full of zest, fluid soft fabrics lend a fresh feeling of comfort to the collection.

Pioneered and promoted by Salman Khan, one of India's leading actors, the Being Human foundation supports the twin cause of education and healthcare, through fashion.

According to Salman Khan, "Over the last two seasons the Being Human collection has received a tremendous response from the Middle East. Adding to the portfolio of Being Human Clothing, we have launched the women's line and we hope female consumers will like it."

TRAVEL NEWS

Mövenpick offers summer discount

Mövenpick Hotels & Resorts is offering a summer discount of up to 30 per cent at over 75 Mövenpick hotels and resorts in Europe, the Middle East, Africa and Asia. The 'Summer Savings' offer is a promotion that also includes new destinations in the company's portfolio.

These include Mövenpick Hotel Paris Neuilly and Mövenpick Hotel Apartments The Square Dubai, as well as Mövenpick Sharm El Sheikh and Mövenpick Resort Hurghada bordering the Red Sea in Egypt.



By applying the discount, all regions feature lead-in room rates below \$100 a night. Rates start from \$70 a night when staying for two nights in Frankfurt, Germany. The latest offer is part of Mövenpick's celebration of its 40th anniversary in the hotel industry this year.

Toufic Tamim, Vice President Sales and Marketing in the Middle East for Mövenpick Hotels & Resorts, said, "Last year's summer offer was very successful and this year we've developed and expanded it to incorporate our entire operating portfolio."

"With a choice of over 75 hotels and resorts, our guests can enjoy practically any kind of holiday or short break, whether highlighted by leisure time, sightseeing activities, wellness treats, culinary discoveries or family adventures," he added.



Marvel at Muara

Brunei's little town appeals to one and all with its diverse crowd and its bountiful green reserves.

The plethora of tourist attractions contributes to the charm of Muara, making it one of Brunei's most happening destinations.

Although one of the smallest districts of Brunei (with an area of about 570 square kilometres), Muara is one of the country's most populous regions.

Muara is part of the Brunei-Muara district that is located in the north-east, bordering the South China Sea to the north, Brunei Bay to the east and Malaysia to the south.

The discovery of huge deposits of offshore oil at the beginning of the 20th century revitalised Brunei's fortunes and it is now one of the world's smallest and richest countries.

The beaches of Muara are calm and invite the whole family to relax with clear white sand, picnic spots, children's recreational area as well as food stalls. If you are feeling adventurous you can sample some local street food such as Pandang, a spicy curry, which is a national favourite, at one of the kiosks on the beach.

The numerous tourist attractions here offer a glimpse of the rich and varied history of the country. The Omar Ali Saifuddin Mosque, built with exquisite materials, is the dominating structure among the other buildings in town. Further away, the Brunei History Centre is dedicated to the documentation of the remarkable history of the country.

The Royal Regalia Museum show-

cases the jewels, crowns and gold items belonging to the royal family of Brunei. Other impressive structures here include the Royal Palace, the Dewan Majlis and the Parliament House. The Taman Persiaran Damuan and the Tasek Recreational Park offer a glimpse of the rich natural reserve of Muara.

Here you also will find the Istana Nurul Iman, the home of the sultan and one of the biggest palaces in the world. It is a combination of exqui-

site contemporary and traditional Islamic architecture.

Kampong Ayer (the water village) is one of the most attractive destinations in Muara. The whole village comprises of houses built on stilts over the waters of the Brunei River. It is made up of small villages linked together by footbridges. The walkways running through here connect the village to Muara's mainland.

Muara woos visitors with its tropical beaches, long-boat trips into the jungle and an opportunity to view authentic village life. With 100 miles of coastline, this exotic and wealthy country boasts a wide selection of beaches. Whether you prefer a isolated stretch of sand or an intrepid adventure, you'll find your perfect place in this beautiful kingdom. ●

Did you know?

- Muara contains the country's only deep-water port.
- The city's name comes from the Malay word for estuary.
- Brunei only gained its independence from the United Kingdom in 1984.



WELCOME TO THE JUNGLE



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Leading company in Business Bay urgently requires an experienced candidate in 3D studio max V-Ray, after effects and PhotoShop. Gender/nationality/visa not specific. Should be fluent in English. Part/full-time position. Salary depends on experience. Fax CV to 0400000000/call 0400000000.

Media direct sales executive wanted urgently for door to door sales in Dubai. Must have print media experience of at least 2 years. Must have own car. Indian preferred. Salary Dh 5-7k. Email CV to dxbhunt@gmail.com.

Bus driver required for a full-time job at a company in Dubai. Should have minimum 1 yr experience. Fax CV to 0400000000.

Insurance sales executives required for a company in Dubai. Salary + attractive commissions + employment visa will be provided. Send CV to 123@gmail.com.

Secretary cum accountant urgently required for a reputed software marketing company. Females only. Should be experienced with good communication skills. English/Hindi/Arabic fluency is a must. Email CV to 123@gmail.com.

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Indian male, BCom graduate seeks job as a storekeeper. 9 yrs experience in similar and other fields. Email dxbhunt@gmail.com./Call 0500000000.

Keralite male, 32, currently working as office administrator seeks part-time job. 5 yrs UAE experience as project administrator. Holds UAE D/L. Proficient in preparing letters, memos, etc. Call 0500000000.

Professional driver seeks full-time job. 12 yrs Gulf experience. Call 0550000000.

Pakistani male, web designer, seeks full-time job. Key skills are PHP, HTML, CMS, JQuery. Email 123@gmail.com./Call 0560000000.

Indian male seeks full-time job as an elderly caretaker. Experienced. Fluent in Arabic, English, Hindi. Call 0500000000.

Pakistani male, MCS, seeks full-time job. 8 yrs Gulf experience in IT sales & marketing. Call 0520000000/email 123@gmail.com.

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Mercedes S320, 1997 model for sale. Driven for 170,000km. In excellent condition. No flaws at all. Very reliable. Call 0500000000.

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Dell laptop latitude D430 available for sale. Intel core, 2 duo 1.33ghz processor, 2GB Ram with Windows 7. Still in good condition. Dh600. Email 123@gmail.com.

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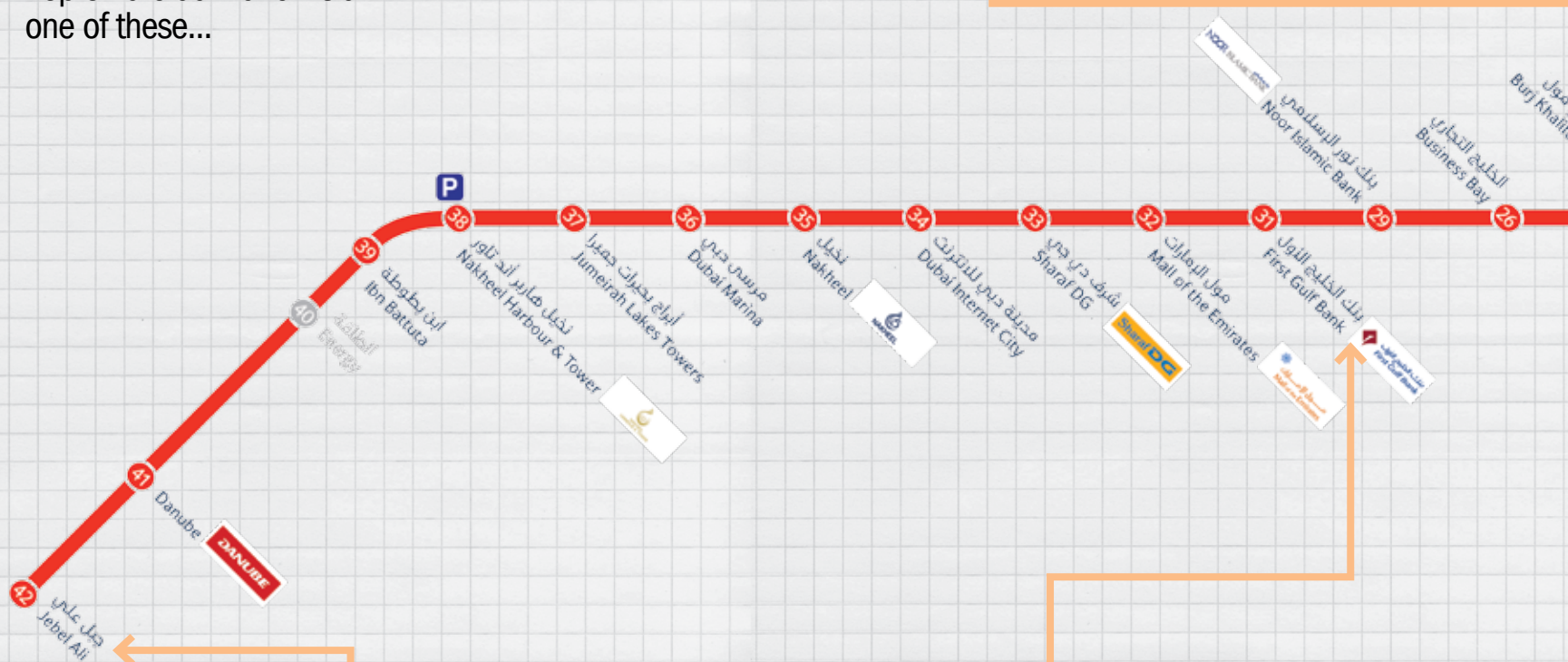


A Verse Imprinted: Islamic Art

JUNE 5 - AUGUST 31

THE ARA GALLERY, BURJ PLAZA, DOWNTOWN DUBAI

This exhibition brings together a collection of calligraphic artworks inspired by the Holy Quran, quotes from the Prophet Mohammed (PBUH) and Arabic poetry. The group of calligraphers featured in the exhibition have carefully chosen the words and phrases used in their works to provoke thought among viewers.



Shoot 'n' Dine

EVERY FIRST THURSDAY

SHOOTERS, JA SHOOTING CLUB, JEBEL ALI

On the first Thursday of every month, Shooters, located at the JA Shooting Club, will be hosting their new Shoot 'n' Dine competition. For dinner with a twist, enjoy a stimulating round of target shooting from 6pm onwards, followed by a barbecue buffet and live entertainment.



Nadine Artuhanava and Viktoriya Zaharieva

JUNE 3, 8PM

THE FRIDGE, ALSERKAL AVENUE, STREET 8, AL QUOZ 1

Classical piano and violin duo, Nadine and Viktoriya, are next in line to grace the stage as part of The Fridge's 13th concert series. With a programme spanning a selection of noted composers, including Grieg, Sarasate, Chopin, Bach and Bartok, this evening of entertainment promises to entice music lovers through the variety and wonder of classical music.

TO FEATURE YOUR EVENT,
EMAIL EDITORIAL@README.AE

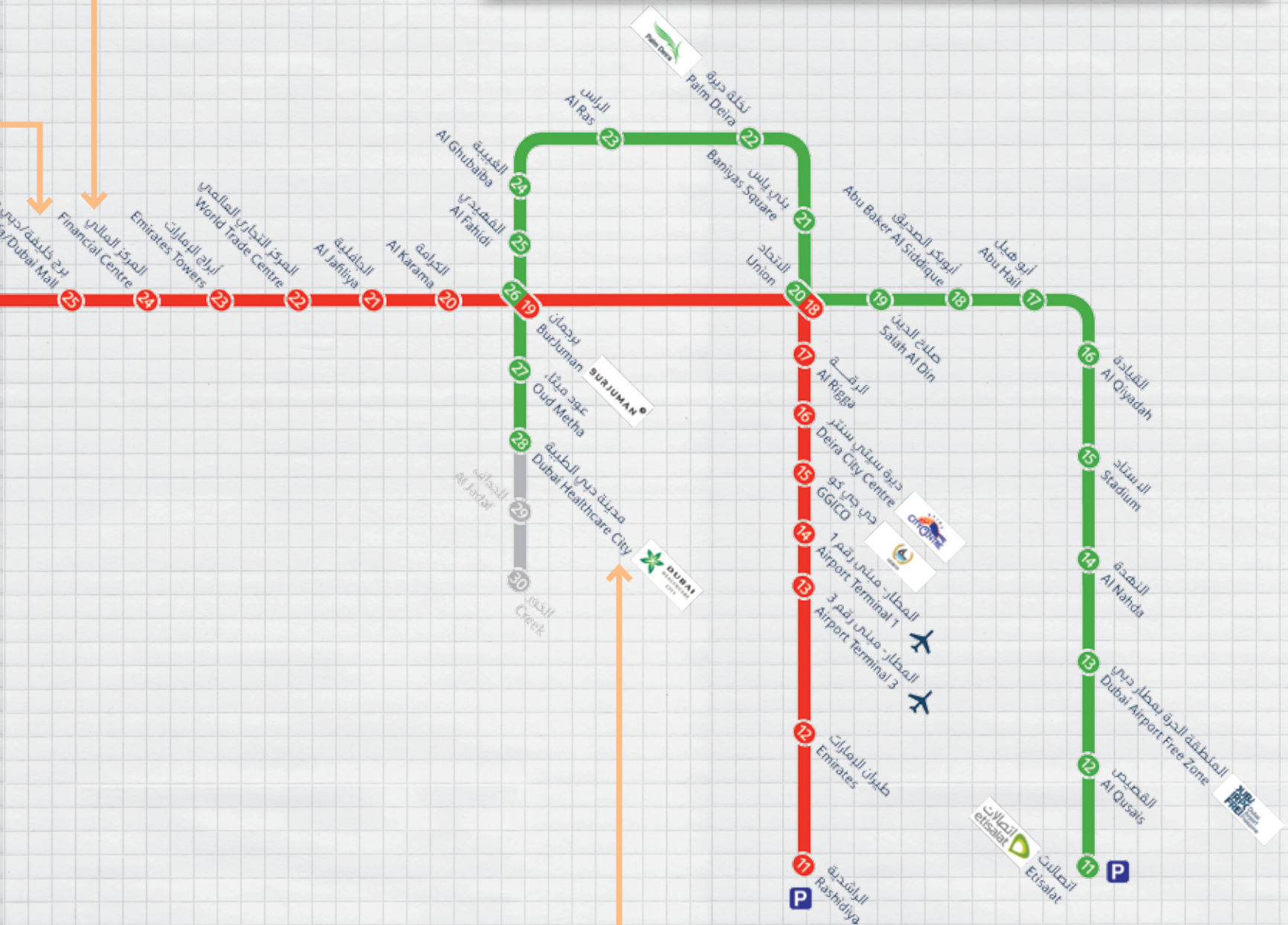


Unleash your potential

JUNE 8

SHANGRI-LA HOTEL, SHEIKH ZAYED ROAD

If your self-belief could do with a boost, this workshop aims to try and unlock the forces within you that can help you break old habits, conquer your fears and achieve your dreams. Covering everything from finances to relationships, your health and career, why not try to reach your potential and unleash the power within? Prior online registration is required.



Mr Dropsy and the Bellboy

JUNE 6 - 15, 11AM AND 5PM
(TIMES VARY)

CHILDREN'S CITY, CREEKSID PARK, GARHOUD

This fun family show looks set to entertain audiences of all ages, with crazy circus skills and hilarious family comedy. Full of madness and mayhem, *Mr Dropsy and the Bellboy* tells the story of what happens when a seasoned clown meets a cheeky circus newcomer.



Comedy of errors

The Hangover gang returns to try to make things right for the finale.

NEW RELEASE

The Hangover Part III drops the marriage theme and concentrates upon three of the settled friends escorting their insane friend to rehab.

This time there's no wedding and no bachelor party, but still the same amount of trouble as Alan (Zach Galifianakis), Stu (Ed Helms) and Phil (Bradley Cooper) travel across the United States trying to save their friend Doug (Justin Bartha).

The film attempts to correct the missteps taken in the sequel. It starts with the gathering of the wolf pack for the funeral of Alan's father. Concerned for his instability, an intervention is held and it is decided that Alan will be taken to a facility. While bringing him there, the group is ambushed by a gangster (played by John Goodman) who takes Doug hostage

as he seeks revenge from the four for the crimes committed against him in the previous films. His demand is that the gang must track down Mr Chow (Ken Jeong) to retrieve his stolen gold, or Doug dies.

Those looking for a buddy comedy will be disappointed with the film. It gets dark and gritty at times and you forget that it was supposed to be funny.

Some scenes are noteworthy, such as Chow's *Shawshank*-style Thai prison escape and Alan's decapitation of a giraffe on the freeway.

Melissa McCarthy (*Identity Thief*) serves as a female counterpoint to Alan

and charms in her cameo. Galifianakis (*Due Date*) pushes the boundaries of obnoxious behaviour, while Jeong (*Pain and Gain*) throws himself into the part with abandon.

Helms (*The Office*) and Cooper (*Silver Linings Playbook*) provide the laughs

Did you know?

- This is the first film from the trilogy in which Mike Tyson does not make a cameo appearance.
- The baby from the original *Hangover* poster, Grant Holmquist, features in this movie.
- Goodman's character, Marshall, is named after Eminem, real name Marshall Mathers III.
- The director appears in the film as the character Mr Creepy.

through their reactions, while Goodman (*Argo*) gives a fine performance.

Sincere fans of the original film will enjoy the references to previous incidents, as well as seeing returning cast members such as Heather Graham, Jeffrey Tambor and Mike Epps.

The final movie in the trilogy takes a more action-oriented format, while director Todd Phillips trades on nostalgia and the excitement of the bright lights of Las Vegas.

This film shies away from the 'waking up and not remembering the night before' formula synonymous with the franchise. Unfortunately, this has not been replaced with anything else and the plot exists to show that there is something hilarious about placing the characters in the same place where it all started, but it doesn't create much of an impact.

Aside from a surprise in the credits, the film is a hollow wild-goose chase with a handful of chuckles. While laughs are scattered, there are only a few standout scenes, including a sequence where the characters fight for their lives on the balcony of Caesar's Palace. But it still lacks the originality and freshness of the first film.

The Hangover Part III is the weakest of the three films and will only appeal to diehard fans. But, if you loved the first two, you will feel right at home with this one. ●



PUSHING THE BOUNDARIES

CHOW'S BACK



Hollywood news

Bonnie goes to Bollywood

British actress Bonnie Wright has won an auction for a role in Pooja Bhatt's production. The actress, who played Ginny Weasley in the *Harry Potter* series, took part in the auction as the proceeds would help the cause of violence against women. She now has the option of being in either of two Pooja Bhatt productions *Cabaret* or *Bad*.

If she chooses *Cabaret*, the actress will be part of a song and dance number. If she opts to be in the Charles Sobhraj biopic *Bad*, she would have an acting part. According to reports, Wright not only out-bid everyone, but also paid double as she also wants a part for her brother, actor Lewis Wright. The funds from the auction aim to curb violence against women in India and, going by the results so far, it seems like a successful initiative.



Blanchett to star in *Carol* adaptation

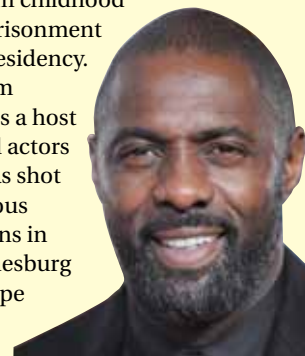


A MOVING MOVIE

The Weinstein Company has acquired the rights to *Carol*, an adaptation of a Patricia Highsmith novel that will star Cate Blanchett and Mia Wasikowska. It was also announced that Academy Award-nominated Todd Haynes (*I'm Not There*, *Far From Heaven*) would be the director. *Carol* follows the relationship between two very different women in 1950s New York. One is a girl in her twenties working in a department store who dreams of a fulfilling life, the other is a wife trapped in a loveless marriage who is fearful of losing her daughter in the case of a separation. Phyllis Nagy has written the adaptation and filming starts in October in London and New York. Elizabeth Karlsen and Stephen Woolley will produce the film. The book was highly acclaimed when it was released and, with a star cast, it could make a very moving film.

Biopic on Mandela

A film based on Nelson Mandela's bestselling autobiography *Long Walk to Freedom* will be released in November. The biopic titled *Mandela: Long Walk to Freedom* is to star British actor Idris Elba as the anti-apartheid hero and will trace his life from childhood to imprisonment and presidency. The film features a host of local actors and was shot at various locations in Johannesburg and Cape Town.



Pitbull lends his voice



Rapper Pitbull has landed his first acting role as an animated character in new movie *Epic*. Pitbull, real name Armando Perez, has become a hit with his dance tracks such as *Feel This Moment* with Christina Aguilera. He plays street-smart frog Bufo in *Epic*, a movie that explores a secret universe where the natural world is battling evil forces.

Bollywood news

Kick-start

After featuring in box office hit *Race 2*, actress Jacqueline Fernandez has been paired opposite Salman Khan in the upcoming film *Kick*. The action film will mark the directorial debut of Sajid Nadiadwala and is a remake of the 2009 Telugu hit film of the same name. The film is expected to release next year.



Dark side

Ameesha Patel will play a dark character in her forthcoming film *Short-cut Romeo*. Reports say that playing the negative role was an exhausting experience for her. Susi Ganesan directed the crime thriller, which also stars Neil Nitin Mukesh and Puja Gupta. The film is a remake of a super hit Tamil film *Thiruttu Payale*.



Screen reunion

Last seen together in the 1999 film *Biwi No. 1*, Anil Kapoor and Tabu will share screen space in Abhishek Sharma's next venture. The film, *Sharmaji Ka Atom Bomb*, is a comedy drama based on the Italian film *Life Is Beautiful*. It will be produced by Pooja Shetty and should go on floors by the end of this year.

Sequel time

Director Anees Bazmee is set to entertain audiences yet again with his upcoming film *Welcome 2*, a sequel to follow up the hit 2007 film *Welcome*. According to reports, Sonakshi Sinha and John Abraham have been signed up to star in the sequel. Kainaat Arora and Sunny Leone will also be seen in the project.



Listings

THE READ. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.



EPIC

MOVIE GUIDE

Grand Cineplex - Wafi

Abducted - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 12:15
Epic - 10:30, 12:30, 14:30, 18:30, 21:30, 23:30
Epic (3D) - 11:30, 13:30, 15:30, 17:30, 19:30
Fast And Furious 6 - 10:00, 10:30, 11:30, 12:30, 13:00, 14:00, 15:00, 15:30, 16:30, 17:30, 18:00, 19:00, 20:00, 20:30, 21:30, 22:30, 23:00, 00:00, 01:00
The Great Gatsby - 20:30, 23:15
Hangover 3 - 10:00, 12:10, 14:20, 16:30, 18:40, 20:50, 23:00, 01:10
Hummingbird - 11:00, 13:10, 15:20, 17:30, 19:40, 20:30, 21:50, 23:00, 00:00, 01:30, 02:00
Star Trek Into Darkness - 10:30, 13:00, 15:30, 18:00
Tatah - 10:00, 12:20, 14:40, 17:00, 19:20, 21:40, 00:00
Yeh Jawaani Hai Deewani - 10:00, 11:00, 13:00, 14:00, 16:00, 17:00, 19:00, 20:00, 22:00, 23:00, 01:00, 02:00

Grand Megaplex - Ibn Battuta

Abducted - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 12:15
Big Wedding - 10:30, 12:30, 14:30, 16:30, 18:30, 20:30, 22:30, 00:30
The Call - 10:45, 12:45, 14:45, 16:45, 18:45, 20:45, 22:45, 00:45
The Croods - 11:00, 13:00, 15:00

Epic - 10:00, 12:00, 14:00, 18:00, 20:00, 22:00, 00:00

Epic (3D) - 10:30, 12:30, 14:30, 16:30, 18:30, 20:30, 22:30

Fast And Furious 6 - 10:30, 11:30, 13:00, 14:00, 15:30, 16:30, 18:00, 19:00, 20:30, 21:30, 23:00, 00:00, 01:30

The Great Gatsby - 13:00, 18:30

The Great Gatsby (3D) - 10:15, 15:45, 21:15, 00:00

Hangover 3 - 10:00, 11:00, 12:10, 13:10, 14:20, 15:20, 16:30, 17:30, 18:40, 19:40, 20:50, 21:50, 23:00, 00:00, 01:00, 02:00

Hummingbird - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00

Iron Man 3 - 10:30, 13:00, 15:30, 18:00, 20:30, 23:00

Kutti Pulli - 11:00, 14:00, 17:00, 20:00, 23:00

Legend of Sarilla (3D) - 10:30, 12:30, 14:30

Mumbai Police - 10:00, 13:00, 16:00, 19:00, 22:00, 00:45

Pain And Gain - 17:00, 19:20, 21:40, 00:00

Star Trek Into Darkness - 10:00, 12:30, 15:00, 17:30, 20:00, 22:30, 01:00

Tatah - 10:00, 12:20, 14:40, 17:00, 19:20, 21:40, 00:00

Yeh Jawaani Hai Deewani - 10:00, 11:30, 13:00, 14:30, 16:00, 16:30, 17:30, 19:00, 19:30, 20:30, 22:00, 22:30, 23:30, 01:00, 01:30, 02:30

Grand Cinemas - Festival City

Abducted - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 12:15
Epic - 10:00, 12:00, 14:00, 18:10, 20:20, 22:30, 00:30

Epic (3D) - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:50

Fast And Furious 6 - 10:00, 11:00, 12:30, 13:30, 15:00, 16:00, 17:30, 18:30, 20:00, 21:00, 22:30, 23:30, 01:00

The Great Gatsby - 10:15, 13:00, 15:45, 18:30, 21:15, 00:00

Hangover 3 - 10:00, 11:00, 12:10, 13:10, 14:20, 15:20, 16:30, 17:30, 18:40, 19:40, 20:50, 21:50, 23:00, 00:00, 01:00

Hummingbird - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00

Tatah - 10:00, 12:20, 14:40, 17:00, 19:20, 21:40, 00:00

Yeh Jawaani Hai Deewani - 10:00, 11:30, 13:00, 14:30, 16:00, 17:30, 19:00, 20:30, 22:00, 23:30, 01:00

Grand Cinecity - Al Ghurair

Abducted - 10:15, 12:15, 14:15, 16:15, 18:15, 20:15, 22:15, 12:15
Epic - 10:30, 12:30, 14:30, 16:30, 18:30, 20:30, 22:30



HUMMINGBIRD

Fast And Furious 6 - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30

Hangover 3 - 11:00, 13:10, 15:00, 17:00, 19:00, 21:00, 23:00, 01:00

Hummingbird - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00

Mumbai Police - 10:30, 13:30, 16:30, 19:30, 22:30, 01:30

Yeh Jawaani Hai Deewani - 10:00, 11:30, 13:00, 14:30, 16:00, 17:30, 19:00, 20:30, 22:00, 23:30, 01:00

Reel Cinemas - Dubai Mall

Abducted - 11:50, 13:50, 15:50, 17:50, 19:50, 21:50, 23:50, 01:45

Epic - 11:30, 13:45, 16:00, 18:15, 20:30, 22:45

Epic (3D) - 10:30, 12:45, 15:00, 17:15, 19:30, 21:45

Fast And Furious 6 - 11:05, 11:40, 13:00, 13:45, 14:10, 14:15, 14:20, 15:35, 16:25, 16:55, 17:00, 18:10, 19:05, 19:35, 19:40, 20:45, 21:45, 22:15, 22:20, 22:30, 23:20, 00:25, 00:55, 01:00, 01:15

The Great Gatsby - 13:20, 14:20, 14:40, 16:20, 19:20, 20:05, 22:20, 01:20, 01:30

The Great Gatsby (3D) - 13:10, 16:05, 19:00, 21:55, 23:55, 00:50

Hangover 3 - 11:00, 12:05, 13:00, 13:05, 13:45, 14:10, 14:30, 15:15, 15:20, 16:00, 16:15, 16:50, 17:25, 17:40, 18:20, 18:25, 19:10, 19:35, 20:00, 20:25, 20:45, 21:30, 21:45, 22:20, 22:30, 23:05, 23:50, 23:55, 00:35, 00:40, 01:30

Hummingbird - 11:20, 12:20, 13:25, 15:35, 16:45, 17:45, 19:55, 22:05, 23:30, 00:15, 01:35

Iron Man 3 - 12:05, 17:30, 22:55

Iron Man 3 (3D) - 11:15, 13:55, 16:35, 19:15, 21:55, 00:35, 00:55

Star Trek Into Darkness - 12:10, 14:50, 17:30, 20:10, 22:50, 01:30

Tatah - 11:15, 13:35, 14:25, 16:00, 18:25, 18:50, 20:50, 21:10, 23:15, 01:35



YEH JAWAANI HAI DEEWANI

Yeh Jawaani Hai Deewani - 12:40, 15:50, 19:00, 22:10, 01:20

Reel Cinemas - Marina Mall

Epic (3D) - 10:45, 12:55, 15:05, 17:15, 19:25, 21:35

Fast And Furious 6 - 11:10, 11:50, 13:45, 14:25, 16:25, 17:05, 19:00, 19:40, 21:40, 22:20, 00:15, 00:55

The Great Gatsby (3D) - 11:40, 14:30, 17:20, 20:10, 23:00, 23:45

Hangover 3 - 11:10, 11:55, 13:15, 14:00, 15:25, 16:10, 17:35, 18:20, 19:45, 20:30, 21:55, 22:40, 00:05, 00:45

Vox Cinemas - Deira City Centre

Epic - 10:15, 12:30, 14:45, 17:00

Epic (3D) - 09:30, 10:30, 11:45, 14:00, 16:15, 18:30, 20:45, 23:00

Fast And Furious 6 - 10:00, 12:45, 15:30, 18:15, 21:00, 23:45

Hangover 3 - 09:30, 10:30, 11:45, 12:45, 14:00, 15:00, 16:15, 17:15, 18:30, 19:30, 20:45, 21:45, 23:00, 00:00

Hummingbird - 10:30, 12:45, 15:00, 17:15, 19:30, 21:45, 00:00

Iron Man 3 - 09:45, 12:30, 15:15, 18:00, 20:45, 23:30

Mumbai Police - 11:45, 14:40, 17:50, 21:00, 00:00

Tatah - 19:15, 21:45, 00:15

Yeh Jawaani Hai Deewani - 09:45, 10:30, 12:45, 13:15, 14:00, 16:15, 16:45, 17:30, 19:45, 20:15, 21:00, 23:15, 23:45, 00:30

Vox Cinemas - Mall of the Emirates

SCHEDULE CORRECT AT TIME OF GOING TO PRESS; HOWEVER, PLEASE NOTE THAT MOVIE THEATRES CAN CHANGE SCHEDULES WITHOUT NOTICE



Epic - 10:15, 12:30, 14:45, 17:00
Epic (3D) - 09:30, 11:45, 14:00, 16:15, 18:30, 20:45, 23:00

Fast And Furious 6 - 10:00, 11:00, 12:45, 15:30, 16:00, 18:15, 19:15, 21:00, 22:00, 23:45, 00:45

The Great Gatsby (3D) - 11:45, 14:45, 17:45, 20:45, 23:45

Hangover 3 - 09:30, 10:30, 11:45, 12:45, 14:00, 15:00, 16:15, 17:15, 18:30, 19:30, 20:45, 21:45, 23:00, 00:00

Hummingbird - 10:30, 12:45, 13:45, 15:00, 17:15, 16:45, 19:30, 21:00, 21:45, 23:15, 00:00

Iron Man 3 (3D) - 09:45, 12:30, 15:15, 18:00, 20:45, 23:30

Star Trek Into Darkness (3D) - 10:00, 12:45, 15:30, 18:15, 21:00, 23:45

Tatah - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30

Yeh Jawaani Hai Deewani - 09:45, 13:00, 16:30, 20:00, 23:30

Vox Cinemas - Mirdif City Centre

Epic (3D) - 09:30, 11:45, 14:00, 16:15, 18:30, 20:45, 23:00

Fast And Furious 6 - 10:15, 13:00, 15:45, 18:30, 21:15, 00:00

Hangover 3 - 10:15, 11:15, 12:30, 13:30, 14:45, 15:45, 17:00, 18:00, 19:15, 20:15, 21:30, 22:30, 23:45, 00:45

Hummingbird - 09:30, 10:30, 11:45, 12:45, 14:00, 15:00, 16:15, 17:15, 18:30, 19:30, 20:45, 21:45, 23:00, 00:00

Tatah - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30

Yeh Jawaani Hai Deewani - 09:45, 13:00, 16:30, 20:00, 23:30

What's happening this week in Dubai

Istanbul Nights at Amika Club



Enjoy the night with the vibe of Turkish music from DJs Serkan Cayanli and Mustafa Sarikaya.

Date: June 5

Time: 10pm - 3am

Venue: Amika Dubai, The H Hotel

Admission: Free

More info: 055 350 3451, 050 921 5469

Elvis Forever



The king of rock 'n' roll lives on through the four-day performance of award-winning Elvis impersonator, Shaky Russell.

Date: June 5 - 8

Venue: Madinat Theatre, Souk Madinat Jumeirah

Admission: Dh195

More info: 04 366 6546



Aiza Seguerra live in Dubai

Filipino fans are in for a treat with Seguerra's mellow and lofty songs.

Date: June 7

Time: 9pm

Venue: Boracay nightclub

Admission: Dh95, Dh150

More info: 050 853 7533

A Musical Tribute

Performers will be celebrating 100 years of Bollywood by singing songs while wearing the colourful costumes of famous screen characters.

Date: June 6

Time: Doors open at 8:30pm, show starts at 9pm

Venue: Crowne Plaza Dubai

Admission: Dh100, Dh150, Dh250, Dh350

More info: 04 337 3724



Dubai Rock Fest 2013

World famous rock acts and legendary guitarist Yngwie Malmsteen are sure to make crowds roar with their mind-blowing music.

Date: June 7

Time: Doors open at 4pm, show starts at 6pm

Venue: Dubai World Trade Centre

Admission: Dh250, Dh450

More info: 050 286 8981

Michael McIntyre live in Dubai



McIntyre will share his famous renowned style of comedy for two nights of tear-jerking laughter.

Date: June 7 - 8

Time: Door open at 5pm, show starts at 7pm

Venue: Dubai World Trade Centre

Admission: Dh250, Dh400, Dh600, Dh1,000

More info: 04 439 0900

Dubai Summer Surprises 2013



Kids of all ages will have loads and loads of fun this summer, with plenty of special activities in store.

Date: June 7 - July 7

More info: www.dubaievents.ae

Brunch on the Beach

An ideal event for brunch lovers with a breathtaking view of the beach.

Date: Every Friday from June 7 - July 5

Time: 1 - 4pm

Venue: Villa Romana St Tropez-Dubai, Dubai Marina

Admission: Dh295

More info: 050 502 8666



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MBA (finance), BCom graduate seeks urgent job. Has 2 years and 8 months of experience in accounting and logistics. Can join immediately. Call 0554203941 or send an email to ishaq.iqbal@gmail.com.

M. Tech computer science fresher seeks job. Familiar with Mainframe, IBM DB2, IMS, SQL, Java and Oracle9i. Call 0508665410 or send an email to jp.cse.prakash@gmail.com.

B. Tech instrumentation and electrical engineer seeks job in the UAE. Has 4 years of experience. Holds a visit visa and can join immediately. Call 0562143299 or send an email to jomin.cj@gmail.com.

Indian, Keralite male accountant seeks part-time job. Has experience in the field of tourism, trading and other services. Call 0558537020 or send an email to shdshr@gmail.com.

Male, 32 years old, document controller seeks job. Has 4 years and 6 months of experience in the UAE. Well versed in MS Office and CAD plotting. Send an email to shaikind81@gmail.com or call 0502807476.

Administrative, secretarial and office work staffer seeks full-time job. Has more than 10 years of experience. Holds a visit visa and can join immediately. Call 0505328830 or send an email to khatri_mj@hotmail.com.

ITEMS

Brand new Samsung Galaxy S3 available for sale. All applications are working. Wi-Fi, 3G, Facebook, WhatsApp, Viber and Skype. 1 year warranty available. Made in Korea. Price: Dh350. Call 0527364795.

Coloured printer, copier and scanner available on a rental basis for only Dh500 per month. Comes with 5,000 free copies, warranty and toners. Call 0563919668 or send an email to sales@theprinterscompany.com.

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MKM Movers available for services. Houses, villas, offices and flats. Professional export packing. All furniture dismantling and reassembling. Call Kashif at 0504296896 or send an email to mkmymovers@gmail.com.

All kinds of woodwork requirements/services available. Interior and exterior work all in one platform. The best quality and team in Dubai. Call 0502742599.

AUTOS

Toyota Camry, 2009 model for sale. In excellent condition. Fully automatic. Price: Dh43,000. Bank loan can be arranged. No down payment. Call 0561471271.

Nissan Tida, 2009 model for sale. In excellent condition. Fully automatic. Price: Dh29,000. Bank loan can be arranged. No down payment. Call 0561471271.

Mitsubishi Lancer, 2010 model for sale. In excellent condition. Fully automatic. Price: Dh23,000. Bank loan can be

arranged. Call 0561471271.

Toyota Yaris, 2013 model for sale at an amazing offer. Pay only Dh4,999 for down payment with monthly instalments of 36 to 48 months. Don't miss our limited stock. Call 0501541268.

Toyota Yaris, 2013 model for rent on a daily, weekly or monthly basis with best offers on a yearly basis. Call Wasi: 0506003130, Eissa: 0504658999 or Ayyash: 0503019786 at Matchless rent a car LLC.

3 pick-up trucks available for rent on a monthly or trip basis. Available for material delivery, shifting, etc. Call 0504767960.

MISCELLANEOUS

Personal and auto loans available. Get loan for your personal needs or to buy a new or used car (personal or commercial). Call or simply text - "loan/your name" to 0527943931 for more info.

Goan tiatr 'Guneav Konnacho' written and directed by Francis de Tuem and presented by RRB Productions. On June 13, 2013 at Al Nasr Leisureland (Nashwan A/C Hall). Gates open at 8:30pm, show starts at 9:30pm. Tickets (Reserved VIP) Dh75 and (Free seating) Dh65. For tickets call 0507454708, 0506468266, 0507882801.

Civil and mechanical engineers; pipefitters; ironworkers; welders; electricians; drivers; hospitality jobs for Canada. Email visa@migrationpartners.com. Call 0566944607/8.

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Quick loan with fast approval. Personal loan requires a salary of Dh4,250 and company accommodation. Car loan requires a salary of Dh3,000. Call 0507842464.

Quick loans available for those who have a salary of Dh5,000 and above. No salary transfer required. Fast approval. Send an email to sumeshvivikfgb@gmail.com. Call 0553177080 or 0503935854.

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Speedy personal loan (Dh4,250 salary + other allowances required) and auto loan (Dh3,000 salary required). Fast approvals and no salary transfer required. Call 0528830016.

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Car loans available. Chose your dream car and we will have it approved within a day. Salary requirement is Dh3,000 only. Call 0556046048.

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Personal and auto loans available. Personal loan requires a salary of Dh4,250 + accommodation. Auto loan requires a salary of Dh3,000 with no salary transfer. Cash salary with fast approval. Call 0502341802.

Looking for a loan? Quickly apply for a personal loan, auto loan and credit card to all banks in the UAE. Visit www.moneyemirates.com.

ACCOMMODATION

Bed space for male executive available for rent. Near Dubai Airport Free Zone metro station and Fortune Plaza Hotel, Al Qusais. Rent for Dh800 including DEWA and internet. Call 0504186356.

Room available for rent. Females only. At Al Nahda 2 near Zulekha and NMC hospitals. Comes with attached bathroom. Rent for Dh1,000, Dh1,500, Dh2,000 or Dh2,500 per month.

Unique offices for available for rent in Ajman. The Black Square, Sheikh Khalifa Street, Ramada Ajman compound. Offices starting from 915 square feet available. Call 0506337547.

Room available for rent. Located in Al Nahda, Dubai opposite Al Nahda Pond Park. For more details call 0503850815.

Bed space available for rent. Filipina ladies only. Near Dubai Airport Free Zone metro station, Al Qusais. Free internet. Call 0556608583 or 0555518463.

Room available for rent in villa. Shared with family in Mirdif. Expat females with car only. Call 0529174511.

Bed space available for rent in brand new flat. Muslim bachelor only. Near clock tower, Dnata, and Al Rigga area. Comes with central air conditioning, attached bathroom, kitchen and internet. Call 0529878699.

Bed space available for rent beginning in June. Located in Tecom. Rent for Dh1,100 monthly plus DEWA. Call 0556767901 if interested.

Fully furnished flat available for rent. Shared accommodation. Executive bachelors only. Behind Mall of the Emirates. Call 0506213601 or 0508834709.

Furnished bed space available for rent. Bachelors only. Near Oasis Court Hotel Apartment, OPC area, Bur Dubai. Walking distance from the metro station. Internet facility available. Call 0509624494.

Furnished master bedroom available for rent. Comes with attached bathroom. Indian working couple or a maximum of 3 working ladies. Non-Muslims only. Walking distance from Abu Hail metro station. Rent for Dh2,500 including DEWA + internet. Call 0551921590.

"EST'D 2005"



LC-UCP 600 LETTER OF CREDIT - UNIFORM CUSTOMS PRACTICE 600 (2007)

UCP 600 is the latest version of the rules that govern letters of credit transactions worldwide. UCP 600 is prepared by International Chamber of Commerce's (ICC) Commission on Banking Technique and Practice. Its full name is 2007 Revision of Uniform Customs and Practice for Documentary Credits

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Customer service in new focus

RTA stands committed to offering seven-star quality services as per the vision of HH Sheikh Mohammed.

SERVICES

The Roads and Transport Authority (RTA) has announced that its customer service centres will be distinguished by diversified services, comparable to the level of services available at a seven-star hotel.

This approach echoes the words of His Highness Sheikh Mohammed Bin Rashid Al Maktoum, UAE Vice President, Prime Minister and Ruler of Dubai, at the Government Summit that was held recently at the Dubai International Convention and Exhibition Centre.

His Highness underlined his vision of the future government by directing the people in charge towards making government agencies similar to seven-star hotels in their quality of services, and also comparable with airline companies that work 24 hours round the clock. He also revealed that his ultimate goal is to have the public's government dealings finalised through their mobile phones while enjoying family picnics or while staying at home.

Ahmad Hasan Mahboob, Director of the RTA Customer Service Centres Department, said, "To ideally implement the vision of His Highness Sheikh Mohammed Bin Rashid



Al Maktoum, UAE Vice President, Prime Minister and Ruler of Dubai, we started the first steps to materialise this vision by sending a dedicated customer service team to the Burj Al Arab hotel in order to get acquainted with the best and finest practices in customer services.

"We started by observing the kind of service they have for receiving clients and visitors of the hotel, which starts with someone who receives the client at the entrance of the hotel to escort them and provide them with all their needs until the service is fin-

"We started by observing the kind of service they have for receiving clients and visitors of the hotel."

ished. The hotel representative also provides the customer with a special identification card, with the emphasis on three rules (smile, question and praise), and offers solutions."

Mahboob pointed out that the RTA's customer service centres are

considered one of the most important factors of the Authority's development as they offer the public a direct mechanism that meets the UAE standard requirements and specifications for a distinctive government service, and strengthen efforts to implement the vision of HH Sheikh Mohammed.

Mahboob also stated that the RTA is keen to guarantee the implementation of this vision that reflects the eagerness of the Dubai Government to achieve luxurious living for the residents of the UAE.

GIS e-portal improvements launched

An upgrade to the RTA Geographical Information System (GIS) offers users a more detailed experience.

TECHNOLOGY

The Information Technology Department at the Corporate Technical Support Services Sector of the Roads and Transport Authority (RTA) recently organised an introductory workshop on the upgraded electronic portal of the Geographical Information System (GIS) that was recently launched by the Authority. The workshop was attended by employees from different RTA sectors in order to introduce them to the latest features and functions of the new portal.

Abdullah Al Bastaki, Director of the Information Technology at the Corporate Technical Support

"The most advanced technologies and software in the field of GIS have been used."

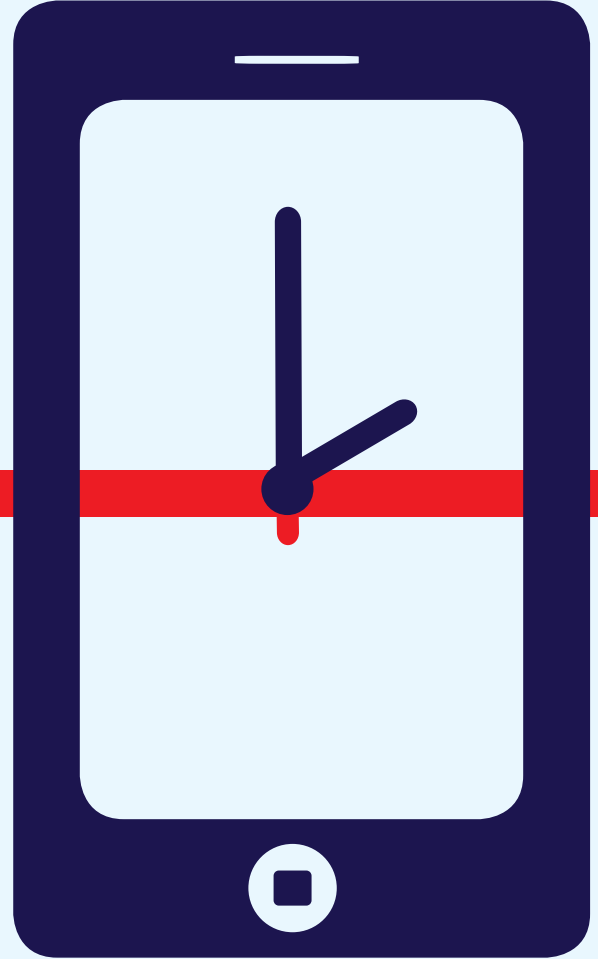
Services, stated that the upgraded e-portal of the GIS is considered one of the outcomes of the Enterprise GIS Platform project, which aims to provide advanced tools in reviewing and analysing data, and importing and exporting data. The most advanced technologies and software in the field of GIS have been used in developing the e-portal, based on the elevated GIS web services and Asri software.



"The upgraded e-portal permits users to look through the different geographical data available at the RTA in addition to air and satellite footage. It allows them to conduct advanced searches, enquiry and analysis of the geographical landmarks and to print maps, issue reports and edit data over the web browser without any specialised software," Al Bastaki added.

He concluded, "This portal enables users to import and export geographical information, by providing measurement tools with dynamic units, importing coordinates and displaying them in the browser. The portal also provides tools for saving changes and sharing them with another user."

Metro departure times now direct to your mobile.



You can now **SMS*** to **5223** for departure times.

For the next available trains, text:
D for Depart + Platform ID

Example: **D 12801** **send**
Space

Or for trains after a specific time, text:
D for Depart Platform ID*Time (24hr)

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Platform IDs can be found at each platform on the Information Display screens or in the Dubai Metro Handy Guide available at all Metro Stations.



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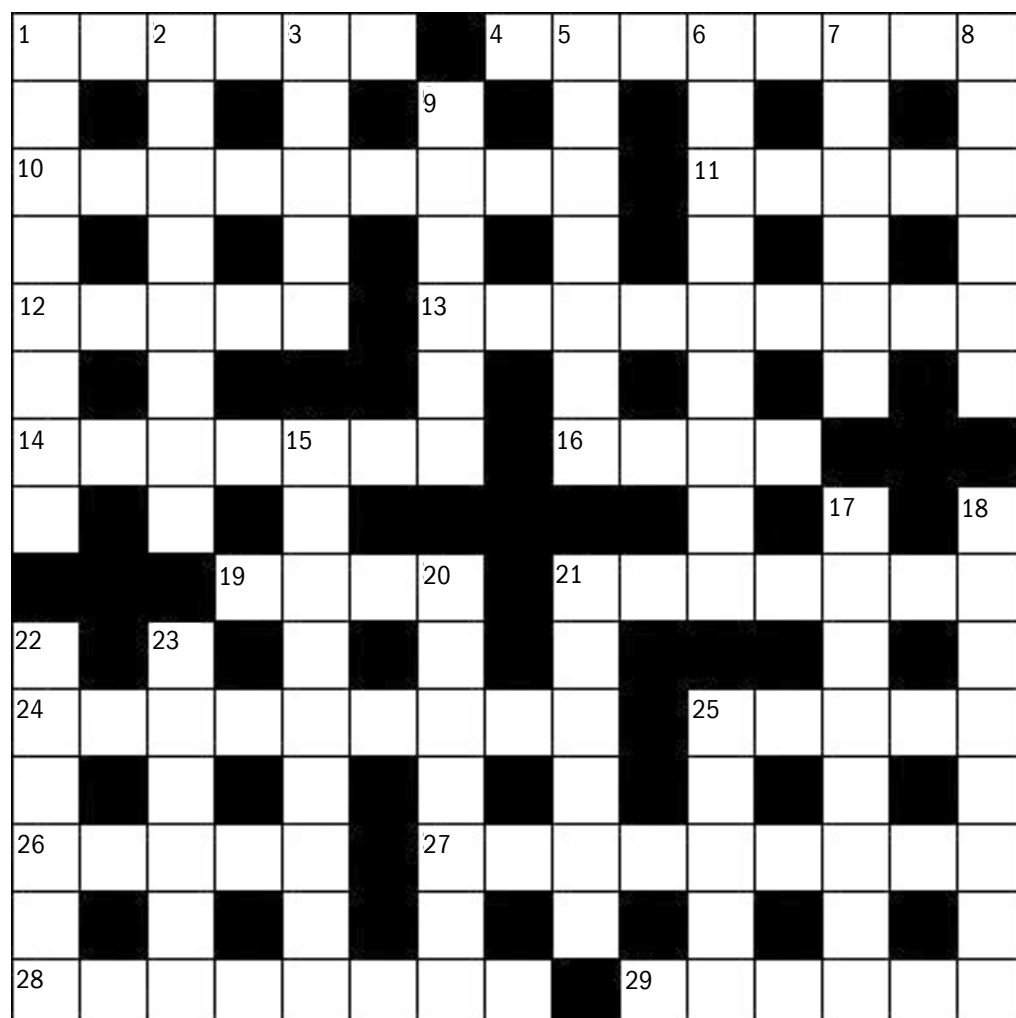
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Taking your time

Ponder over our puzzles, relish a new recipe and catch up with our cartoons.



Crossword

Across

1 A forceful consequence (6) **4** The rank of a male hereditary ruler (8) **10** Morasses (9) **11** Mistake (5) **12** Model of excellence (5) **13** Depicts in words (9) **14** Act like another (7) **16** Grain storage building (4) **19** Decreases (4) **21** A soft light woolen fabric (7) **24** Pauses (9) **25** Provoke or roar (5) **26** Do without (5) **27** Ready for use (9) **28** Vendors (8) **29** Loves intensely (6)

Down

1 Asks (8) **2** Quiet (8) **3** Desert animal (5) **5** Asserts (7) **6** Insurgent (9) **7** By means of this (6) **8** Examine (6) **9** Refrigerator (6) **15** Millstone (figurative) (9) **17** Restrain (8) **18** Praises dishonestly (8) **20** Place or locate (7) **21** Involving financial matters (6) **22** Vertical passageways (6) **23** Stellar (6) **25** Governed (5)

ANSWERS



Recipe

Red velvet cake

Why not try your hand at this dramatic and delicious cake?

Ingredients

2 1/2 cups all-purpose flour
1 tsp baking soda
1 tsp cocoa
1 1/2 cups granulated sugar
2 eggs
1 1/2 cups canola oil
1 tsp vinegar
1 tsp red food colouring
1 tsp vanilla
1 cup buttermilk

For the frosting:

1/2 cup butter
1 packet cream cheese
1 box confectioners' sugar, sifted
1/2 tsp vanilla

Serves
6

Method

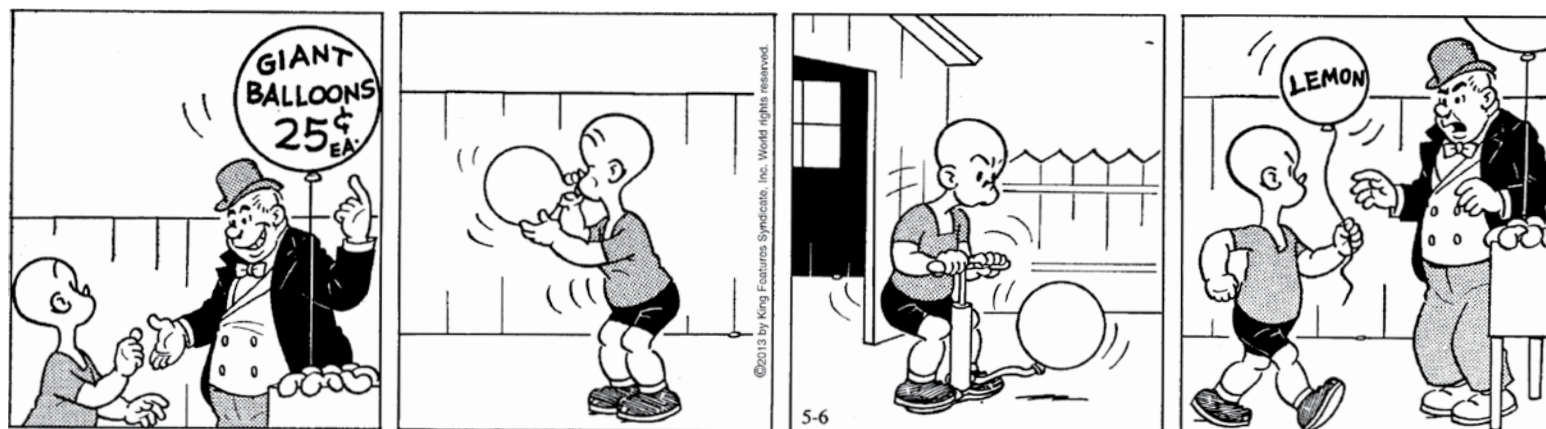
1. Preheat the oven to 150 degrees C. Then grease two round layer cake pans.
2. Sift flour, baking soda and cocoa together. Beat sugar and eggs together in a large bowl.
3. In a separate bowl mix the oil, vinegar, food colouring, and vanilla. Add the eggs and sugar and beat until combined.
4. Add the flour mixture and the buttermilk to the wet mixture by alternating the buttermilk and dry ingredients.
5. Pour the batter into the layer cake pans. Tap them on the table to level out the batter and

release any air bubbles.

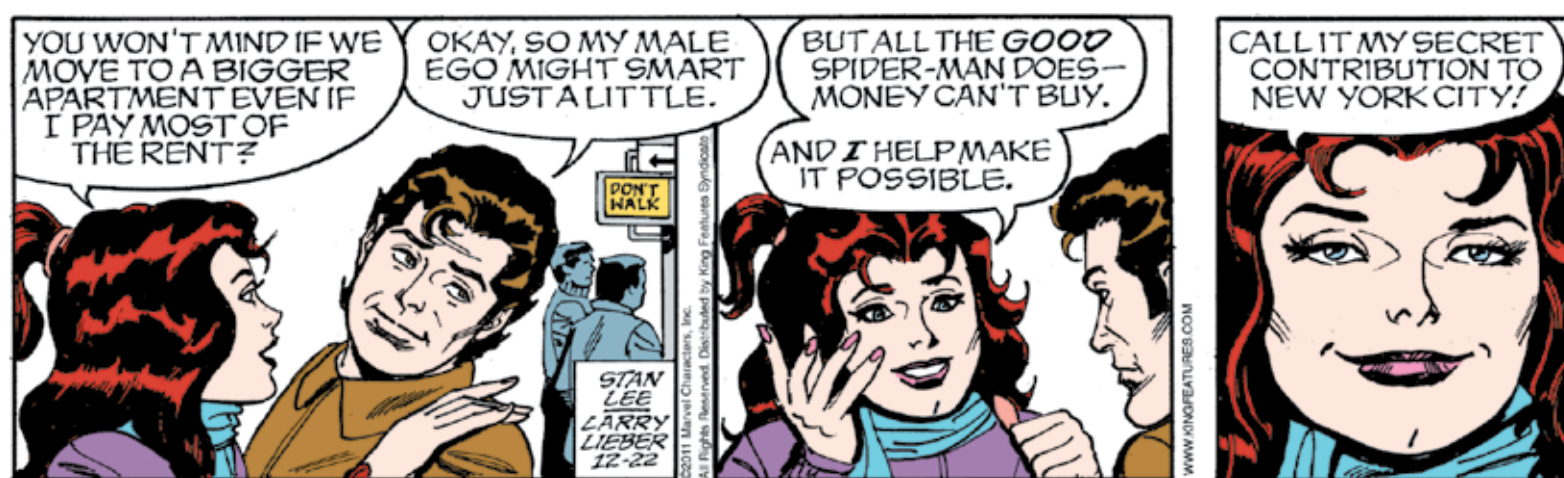
6. Bake for 25 minutes or until a knife comes out clean, but be careful not to over-bake as it will end up dry.
7. Let the layers cool for 10 minutes before turning each one out of pan. Cool completely before frosting.
8. For the frosting, let the margarine and cream cheese soften to room temperature.
9. Add the sugar and beat until mixed, but not so much that it becomes loose, and then add the vanilla. Spread the frosting between layers and on the top and sides of the cake.



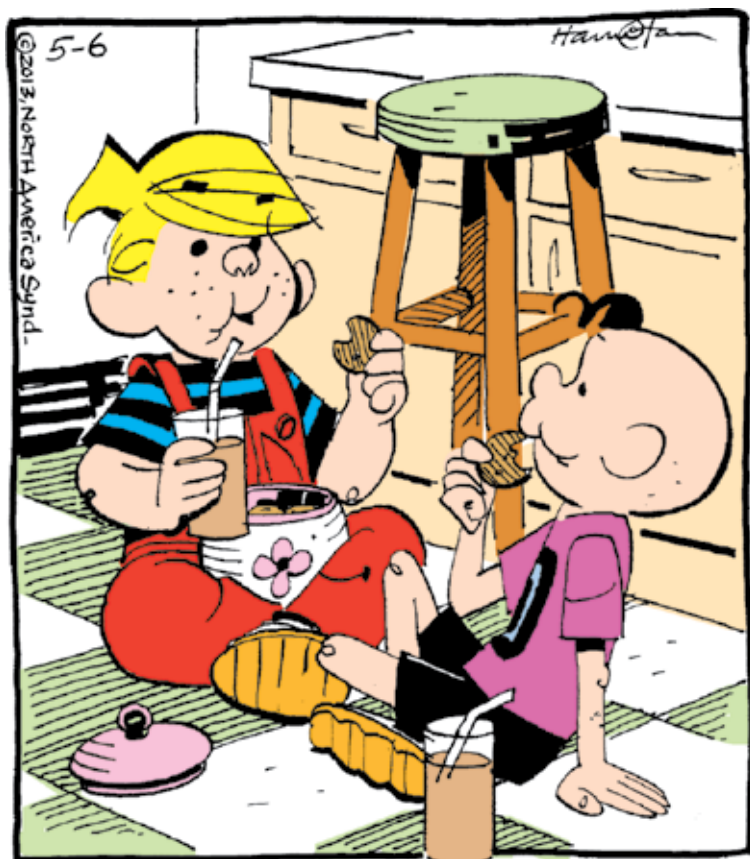
Henry



Spiderman



Dennis the menace



"I BRUSH MY TEETH AFTER EVERY MEAL. BUT SNACKS DON'T COUNT."

Who's this?

ANSWER ON PAGE 34



Puzzles

Arrowword

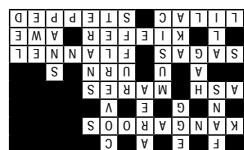
Australian animals		Celebrity's admirers		Breakfast item		Region		Quilt, counterpane				
White wood		Crone		Melodic sound		Elizabethan collars		Trap, enmesh				
			Adult female horses									
Long stories	Kabir _____, English cricketer		Alternatively named (inits)		Tall vase			Quick photo		Sheep	Showed the way	
					Woollen fabric							
Fragrant mauve shrub		Pictured actor Mr Sutherland						Veneration				
					Paced							

Sudoku 1

1	5		6		4		9	2
2	6							
8		9		7		6	1	
	4			2		7		
3								1
7					1		4	
4		3			6		5	8
			4			1	7	
9			1	8				

Sudoku 2

		1						
		8		2	4			
4			8		1		9	2
9							4	
	2		6		7			5
				8	5		6	
					2	8		
	3							4
			4	5				

ANSWERS
ARROWWORD

SUDOKU 1

6	3	9	2	1	5	7	8	4
8	2	4	5	3	1	7	9	6
4	1	3	7	9	6	2	5	8
7	9	2	8	6	1	3	4	5
3	8	5	4	7	9	2	1	6
5	4	1	3	2	9	7	8	6
8	3	9	2	7	5	6	1	4
2	6	4	9	1	8	5	3	7
1	5	7	6	3	4	8	9	2

SUDOKU 2

9	6	1	3	9	7	8	2	4
6	3	9	1	7	8	5	2	4
5	1	4	3	9	2	8	7	6
1	4	7	9	8	5	2	6	3
8	2	3	6	4	7	9	1	5
9	5	6	2	1	3	7	4	8
4	7	5	8	6	1	3	9	2
3	9	8	7	2	4	6	5	1
2	6	1	5	3	9	4	8	7

WHO'S THIS? ANSWER - BRADLEY COOPER

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What's in your stars?

The Read. astrologer tells you what you can expect over the next seven days.

ARIES

(MAR 21 - APR 20)

The road less travelled looks very appealing to you right now. The strain of city life could be getting to you and your inner explorer may be fighting to get out and roam. If all your other commitments allow it, why not book yourself a solo vacation?



TAURUS

(APR 21 - MAY 21)

An old friend may be about to pay you a visit. Whether this is expected or a complete surprise, their company reminds you who you really are. It may be that you are so caught up with other things that you have forgotten this. Enjoy rediscovering the real you.



GEMINI

(MAY 22 - JUN 21)

Your career is top of your priority list but, then again, isn't it always? As one of the most determined signs of the zodiac, your persistence to move forward in your career will soon pay off. Just make sure you don't come across as being too pushy.



CANCER

(JUN 22 - JUL 23)

It is important to remember how much dedication you put into something. While it may not seem as though the results are exactly how you had expected, your hard work has had a positive effect on a situation. Others may even see you as an inspiration.



LEO

(JUL 24 - AUG 23)

You might feel as though you are on a mission right now to mop up all loose ends and tick everything off your to-do list. This burst of energy and drive is a good thing, which will see you clearing the slate in time for summer. However, don't over-book yourself.



VIRGO

(AUG 24 - SEP 23)

Life feels good right now. While work can still be frantic, you may feel as though you can finally manage this and leave the stresses in the office rather than take them home with you. A recent unsettled period is over and it's left you feeling positive.



LIBRA

(SEP 24 - OCT 23)

While you may simply be trying to help, you can sometimes be guilty of making a rather snappy comment. While it's dust off your shoulders, your words can stick. Be careful you don't use sarcasm as a tool of communication—it could offend people.



SCORPIO

(OCT 24 - NOV 22)

You are in full-on party mode right now and keen to get out and about wherever possible. Why not utilise some of this energy to take a short trip? Spending a couple of days with a loved one will do you both the world of good and a fun time is in store.



SAGITTARIUS

(NOV 23 - DEC 21)

The focus of those around you may have been on health and wellness recently. Take this as a cue to get your own niggles checked out. Worrying about things is no good, getting them seen to properly is. A second opinion will soon put your mind at rest.



CAPRICORN

(DEC 22 - JAN 20)

A recent disagreement may still be hanging around in the air. The awkward atmosphere is gradually clearing, though, which is a relief to all of those involved. Why not think up a way to say sorry? You don't have to spend money, just time and thought.



AQUARIUS

(JAN 21 - FEB 19)

It's easy to feel guilty about being lazy every now and then, but right now you need to chill. What is it that you most enjoy doing to relax? Whatever it is, indulge yourself. A busy period ahead means you need to be as rested and recharged as possible.



PISCES

(FEB 20 - MAR 20)

Your emotional nature is what makes you such an empathetic person, Pisces. However, this can sometimes mean you take things far too personally. Fight the tears back and simply use another person's constructive criticism to develop within an area of your life.



This week's local weather

SUN



SUNNY
HIGH 37C
LOW 29C
HUMIDITY 40%

MON



SUNNY
HIGH 38C
LOW 29C
HUMIDITY 35%

TUE



SUNNY
HIGH 37C
LOW 28C
HUMIDITY 40%

WED



SUNNY
HIGH 36C
LOW 31C
HUMIDITY 51%

THU



SUNNY
HIGH 35C
LOW 31C
HUMIDITY 50%

FRI



SUNNY
HIGH 36C
LOW 31C
HUMIDITY 45%

SAT



SUNNY
HIGH 35C
LOW 30C
HUMIDITY 41%

CHICKEN SHARE BOX



**GREAT
VALUE**
AED
**each 59
ONLY**

new

BEEF SHARE BOX



BITES SHARE BOX



i'm lovin' it®

Best enjoyed **together**

Smiles multiply when you share something.

Grab a Chicken, Beef or Bites Share Box and get your friends and family to enjoy a delightful meal sprinkled with great conversation. Remember, the more the merrier!

