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DECEMBER 1-7, 2013 | Issue 129

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FUTURE FIGHTERS

As cancer research forges ever forward, a wide array of scientists are working hard to come up with a cure



KICK BACK IN BYRON BAY



PARTY PRINCESS

If you're looking to find the perfect party dress for the upcoming festive season, a touch of red glamour will see you stop traffic in style



SMOOTH AND SLEEK

The new Bentley GT V8 offers an element of class and sophistication that will see you cruising around like a celebrity

Independent woman

Singing sensation Kelly Rowland in the hot seat

Health | Fitness | Film reviews | Entertainment | Cars & gadgets | Community | Listings

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Letters

Email: letters@readme.ae

A selection of the letters we've received this week. Write in to have your say.

✉ CITY OF EXCITEMENT

I am so enticed to see Dubai in all its lights and life—what a city it is to enjoy. The towers that span along Sheikh Zayed Road rival those of every other metropolitan city around the world, and the scenic spots are classy and inviting. The hodgepodge of shops, the streets teeming with activity from different people of different cultures, Dubai is a vibrant city that is definitely worth visiting.

Susan Cowalski

✉ COIN QUIBBLE

Payment machines in certain Metro stations 'choose' certain types of one-dirham coin, which baffles me beyond belief—why would the machines need to be picky with the type of coin that we feed in the slot? They've all got the same value! This

is problematic, especially when you miss a couple of trains just because of an unacceptable one-dirham coin. What if commuters can only afford to pay, say, seven dirhams, if it's all they have?

Pete Atkins



CITY OF LIFE

Read. Poll

Do you stay in touch with old school or college friends or even former work colleagues via social media?

● Yes
 ● No

Cast your vote online at www.readme.ae

LAST READ. POLL RESULTS

Do people with large vehicles generally drive more aggressively than those with smaller ones?

Yes **78%**
 No **22%**

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Coming up this week



TODAY

While a good storm helps to clear the air—and provides a bit of excitement in a dry environment like ours—many people are still not aware of what causes flashes of light to streak across the sky.



MONDAY

While they may be more suited to narrow European streets than Dubai's highways, stylish scooters have admirers across the globe. How did one of the most famous and fashionable brands, Vespa, come to be?



TUESDAY

As over three million people sent messages of gratitude to cricketer Sachin Tendulkar to coincide with his final game, the hashtag #ThankYouSachin took over Twitter. Take a look back at the career of the 'Little Master'.



WEDNESDAY

From carb-counting to bodybuilding meal plans, protein plays an important role in any balanced diet. However, it's not just plates of red meat that can pack a powerful protein punch.



THURSDAY

With Katy Perry's recent hit *Roar* being compared to Sara Bareilles' *Brave*, the subject of music 'borrowing' is in the spotlight again and it appears there are many other well-known examples.



FRIDAY

The *Read*. Facebook page has been full of your opinions on our daily question. We find the best responses from our Facebook fans and bring you the answers that matter most to the people of Dubai.

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New city check-in in Sharjah

Regional low-cost carrier Air Arabia launches convenient 24 hours prior to flight check-in facility in Safeer Mall.

NEW FACILITY

Air Arabia has launched its new Sharjah City Check-in Terminal in Safeer Mall, Sharjah. Located on the Dubai-Sharjah highway, the new facility is Air Arabia's third check-in service outside of an airport, following the launch of the low-cost airline's city check-in facilities in Dubai and Ras Al Khaimah last year.

The new facility is equipped to accept check-in luggage from the airline's passengers, which is then sent straight to Sharjah International Airport. Passengers can check-in 24 hours before their flight, and up to four hours before departure.

Checked-in passengers using the new facility can choose seats for their flight, receive their boarding passes, as well as claim tags for any checked-in luggage, meaning they only need



ADEL ALI INAUGURATES THE NEW AIR ARABIA FACILITY IN SHARJAH

to reach the airport in order to proceed onto their flight.

The Sharjah City Check-in Terminal is currently operational, and is accessible for passengers seven days

a week, from 9am to 10pm. Adel Ali, Group Chief Executive Officer, Air Arabia, said: "Air Arabia is committed to introducing services that offer real value and convenience to custom-

ers. Our new Sharjah City Check-in Terminal facility will be a great value addition for our passengers based in Sharjah; helping to reduce the amount of time they need to spend at the airport and making the process of flying a hassle-free experience."

In an effort to offer increased convenience for passengers traveling from Sharjah, Air Arabia provides four daily express shuttle services to Sharjah International Airport for a fee of Dh10 each way.

Air Arabia is the largest low-cost air carrier in the Middle East and North Africa.

This October the airline celebrated 10 years of operations. As the first low-cost carrier in the region, the anniversary also marked the completion of a first decade of low-cost aviation in the Middle East and North Africa region.

Cross My Heart

James Patterson

BOOKS

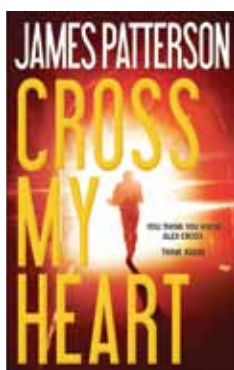
James Patterson's beloved Washington detective, Alex Cross, is back once again in this latest novel.

Cross is above everything else a family man, and nothing matters more to him than his children, his grandmother and his wife, Bree. They provide him with a support network and serve as his anchor, giving him the strength to confront all the evil he finds in his work.

However, this time Patterson raises the stakes to their highest level with

Cross becoming the obsession of a criminal mastermind who understands the level of Cross's love for his family and uses it as an unsettling weapon to prove that he is the greatest criminal in history.

As usual, Patterson demonstrates his skill for storytelling with his characteristic themes of bleakness and warmth in the one package.



Midnight Memories

Artist One Direction

Label Columbia ★★☆☆☆

ALBUM

Make no mistake, this record is going to be one of the year's biggest sellers simply on the back of the worldwide adulation proffered—mostly by young girls—to Harry, Zayn, Niall, Liam and Louis.

It's not like One Direction are serious singer-songwriters or musicians in their own right. They are product packaging—the latest in a long line of boy bands that stretches back to The Monkees in the 1960s.

But you have to hand it to them: they know how to look, act and move, and their team of writers, agents and managers know exactly what they are doing. The band members even get co-writing credits on most tracks



This shows through in *Midnight Memories*, which has just been released. All songs are expertly made, well sung and even somewhat adult in their outlook. And, unsurprisingly, most of them are rather catchy.

If you like this, you could try...

King and Maxwell by David Baldacci

Sycamore Row by John Grisham

Storm Front by John Sandford

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Flying High

During her recent trip to Dubai, *Read.* caught up for a chat with singing superstar, **Kelly Rowland.**

Grammy Award-winning multiplatinum superstar Kelly Rowland is at her most revealing on her fourth full-length solo album, *Talk A Good Game*. Here, she discusses music, *The X Factor*, her love of fashion and a whole lot more.



On her fellow judges on *The X Factor* USA...

Simon [Cowell] is a blast, we have a really good time and I really respect him. Demi [Lovato] is my little pumpkin pie and Paulina [Rubio] always makes me laugh, I just love listening to her talk.

On travelling...

You have to try the cuisine wherever you go because you learn something new or even a new part of the language. On my first trip to Dubai, a friend of my family invited us to dinner and we ate with our hands. We talked all night and I don't think we left until, like, 4am.

On her new album, *Talk A Good Game*...

The album is inspired by life, friendships, relationships, and the best conversations with girlfriends—my crazy times in my life. Each track has a different story. I know for *Gone*, myself and the writers all had our stories about why these relationships didn't work out and we wanted to flip the whole story into sarcasm and wit, so that's exactly what we did.

On her dream collaboration...

He's not on earth with us anymore but I would have loved to collaborate with Marvin Gaye.

On the best advice she has been given...

It was probably to pay attention to my surroundings and don't keep 'yes people' around.

On teaming up with Wiz Khalifa and Pharrell...



I love the fact that when you collaborate with artists nowadays, sometimes they don't have time to get in the studio, but Wiz was like: "No I want to get in the studio," So we did and we had so much fun. He brought his wife; we sat there and chatted it up because they just had a baby. With Pharrell, he's really amazing because he acts like he's just heard music for the first time every time he does something. I just fall in love with him as a creative being because that's exactly who he is. He loves music so I just love being in the studio with him.

On fashion...

I don't just stick to the go-to designers. I like to think outside the box and I like to see who's making a lot of noise under the radar. I don't think I had much of a knack for fashion when I was younger but I think you get the hang of it and you realise that fashion is a personal statement. Nobody can tell you what to wear, nobody can tell you how to dress; it's an expression.

Her advice for upcoming artists...

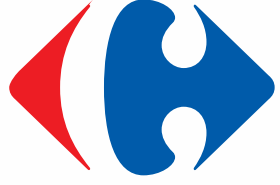
Make sure you are doing it for the right reasons. The passion has to be there and it has to be real. A real work ethic above anything is extremely important.

On her fitness routine...

You just have to be disciplined and at least take 30 minutes out for yourself. But, I could eat ice-cream all day!



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The remarkable story of Jack Andraka, the 16-year-old inventor and now cancer researcher, is as heartwarming as it is incredible.

Having watched a close family friend die of pancreatic cancer, Jack was deeply affected by this and, with a teenager's optimism, decided he would do something to help diagnose the disease—something he achieved not very long afterwards.

His invention was a test that is far cheaper, more accurate and accessible than anything that has come before. As a result, it will enable doctors to detect cases of pancreatic cancer far earlier than before, while the tumour is still at an extremely early stage of its development.

“His mission was to consult ‘a teenager’s two best friends: Google and Wikipedia’ and look at ways to detect cancer.”

Jack devoured all the information he could find about the disease on the internet, and it soon became apparent that one reason for the poor survival rate of patients with pancreatic cancer was the lack of ways to detect it with speed and accuracy.

His mission was to consult “a teenager’s two best friends: Google and Wikipedia” and look at ways to detect cancer growth at a point before the cells became invasive.

What’s more, he did it, and the test he discovered is a whole 168 times faster and, at just three US cents per test, considerably cheaper than anything else previously available.



More than just a science nerd

The story of the American teen who has given hope to millions through his research into pancreatic cancer.

Jack’s method is also thought to be as effective for ovarian and lung cancers and could potentially even be used for HIV.

So how did he do it? He told the BBC in an interview: “I came up with the idea when I was just chilling out in biology class and came across some research on these really cool things called single-walled carbon nanotubes while we were learning about antibodies. So I put two and two together and I came up with this idea.”

He performed some research into these nanotubes, finding that they could be pivotal in the detection of cancers, and immediately sent off proposals for support to 200 researchers along with plan, budget and project timeline.

Tell us your thoughts: letters@readme.ae

RESEARCH IS MAKING RAPID GAINS



He was rejected 199 times before Anirban Maitra, professor of pathology, oncology and chemical and biomolecular engineering at Johns Hopkins School of Medicine in Maryland offered to help. Now Jack travels to the medical school each day after high school finishes to further work on his research.

However, he goes to great pains to point out that he isn’t your average science geek, and revealed: “I suppose I’d want [people] to know I’m not a complete nerd. I actually get out and stuff. I go kayaking. I’m not the creepy guy that wears big glasses and hides out in the corner.”

He might not be a nerd, but for many people using his test, he will no doubt be a hero. ●

Awarding a young hero

As a result of his invention, Jack Andraka was awarded the 2012 Gordon E. Moore Award, named in honour of the co-founder of Intel, along with a number of other awards, worth a total of \$100,500 in prize money.



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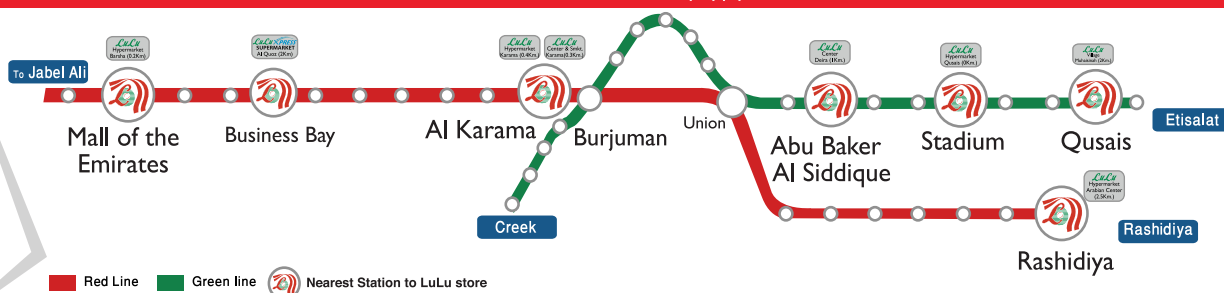
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LuLu by Metro



TRAVEL NEWS

Malaysia Airlines offers discounted rates this month

Malaysia Airlines is offering its Year End Specials (YES) available until December 2, 2013, for the travel period between January 1 and March 31, 2014. With economy class fares discounted up to 30 per cent off current market fares and business class fares discounted up to 25 per cent, the promotion is a unique opportunity for travellers to plan for their 2014 holidays and business travels.



The offers cover travel from Dubai to various Malaysia Airlines' destinations in South East Asia, North Asia, South Asia, Middle East, Australia, North America and Europe.

Azahar Hamid, Regional Senior Vice President, South Asia and Middle East, Malaysia Airlines, said: "This is our first YES programme for Dubai since reinstating the route between Dubai and Kuala Lumpur."

Travellers who avail of the offers will have to pay a fare starting from Dh1,865 for a return economy class ticket to Kuala Lumpur from Dubai. Tourism in South East Asia has expanded over the last few years and has quickly become a holiday favourite for the UAE.

Starting from Dh2,145, travellers can book a return economy class seat from Dubai to Jakarta. Economy class fares from Dubai to Yangon (Myanmar) and Ho-Chin Minh City (Vietnam) start from Dh2,185 and Dh2,225 respectively.

Travel to Beijing starts from Dh2,405 while Dubai-Osaka is priced from Dh2,765 for economy class travel. Economy class fares from Dubai to Seoul and Taipei start from Dh2,445 and Dh2,685 respectively. The offers are available at all Malaysia Airlines distribution channels.

Alternative Australia

Byron Bay provides a great antidote for commercial Australia through its homegrown beach-and-arts lifestyle.

Australia's alternative life-style capital, Byron Bay, is a world away from the regional centres of Melbourne and Sydney, and it shows. Tucked away at the easternmost point of the country, Byron has its own unique culture of waves, music, folk arts and tourism.

First settled during the birth of Australia as a colony and named by Captain Cook himself after John Byron, the English poet's grandfather, it was first a butter and meat processing centre and capital of the whaling industry. As a result, the smells emanating from its perishable-producing factories were largely insufferable.

But as these industries—and odours—went into decline, a major reef break off the beach began to attract tourists in the 1960s, and so began Byron's easy-life revolution. It is now seen by backpackers as one of the big draws as they travel from Sydney, almost 800 kilometres to the south, to Brisbane and Surfer's Paradise, just a couple of hours north.

Despite only having a permanent population of around 5,000, each year it draws over 1.7 million tourists to its laid-back and beach-arts-driven lifestyle.

Byron Main is the best-known beach and can get a little crowded. This spot is ideal for first time surfers, perhaps buying a board for the first time, to take advantage of its smaller waves.

Longboarders around the world dream of visiting neighbouring Watego's



SWIM WITH THE SEA LIFE

Beach, which enjoys cult status among the community, although it can become a little congested.

And Tallow's Pass is a true gem of a beach, although mostly frequented by locals. Here, surfing among pods of wild dolphins is a common sight as the sun sets into the onshore fringe of gumtrees.

Whale watching is also a big attraction for visitors, with the autumn being the prime season to indulge this pastime. Other marine activities include scuba diving and snorkelling, with an abundance of sealife swimming in the waters around the town and ripe for viewing.

Given its alternative nature, do

not expect too many five-star resorts. Indeed, why would you need one, when the secret to making the most out of Byron Bay is to get out of your room as early as possible and take in the atmosphere of the small town and its beaches?

Instead, a wide range of budget and mid-range accommodation is available, although

rooms should be booked ahead to secure the best—it can get quite busy, especially during the end of the school year, when Byron is a big draw for revelling school leavers.

With a number of cheap flights and bus services from the main cities, there's no excuse not to explore the beauty of Byron Bay. ●

Get about

Take a couple of days to tour the surrounding "Rainbow Region" of rural towns and sleepy villages, all surrounded by rich, green scenery. The towns of Nimbin and Channon are stalwarts of the tourist trail for their way-out and alternative lifestyles.





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TECH NEWS

EMS unveils 'be' smartphones for the UAE market

EMS has launched its new range of 'be' smartphones featuring five models. The smartphones are built on a solid foundation to enhance consumers' smartphone and mobility experience and have exceptional touchscreen features along with chipsets with powerful processors that excel at communication, messaging and connectivity. Applications such as BlackBerry Messenger (BBM) and AVG Anti-Virus are pre-installed in the smartphones to further enrich the overall experience.



Babar Khan, CEO, EMS – the smartphone partner, said: "We are very proud to be a UAE-based company to launch smartphones. 'be' as a smartphone brand has a vision of being competitive as well as extremely affordable and it offers products with state of the art features and a premium finish. The smartphones are backed by a strong after sales support service. Additionally, EMS offers an international warranty with all the 'be' smartphones."

The brand has a strong presence in Kenya, Nigeria, Tanzania, Pakistan, Saudi Arabia and Poland. The new 'be' smartphones will be available at all leading electronics retailers in the UAE from December 10, 2013.

The 'be' smartphone range comprises of three categories: Elite (flagship), social (full featured) and united (best value for money).

Wings of change

Why a more widespread use of gadgets on flights is being allowed.



You will hear the line on most flights: "Please switch off all portable electronic devices until the seatbelt signs are off." But things are changing fast, with airlines and regulators becoming less averse to gadgets in the air and on taxiways.

The longstanding ban on the use of gadgets in the air in many countries came as a result of fears that they could interfere with an aircraft's electronics and navigation systems.

But an expert panel commissioned by America's Federal Aviation Authority to produce a report concluded at the end of last month that "airlines can safely expand passenger use of Portable Electronic Devices (PEDs) during all phases of flight".

Airlines, however, have been given the liberty of interpreting the rules

based on differences in their aircraft and procedures, but it is expected that more flight operators and aviation regulators will soon also adopt the relaxed rules over the next few months.

Mobile phones, though, are different. While the authorities in Britain and the US have been traditionally disdainful towards cellphone use in the air, some airlines, including Emirates, have allowed passengers to use their mobile phones on selected flights in airspace that allows it.

However, mobiles, unlike PEDs, are still outlawed by the FAA, although the regulator and associated federal

CALLING FROM THE CLOUDS



Mobile myths

American TV show *Mythbusters*, which sets out to test out theories through experiments, tested whether PEDs can interfere with cockpit electronics. Having conducted a number of tests, the team could not find any evidence to suggest any interference, but concluded that it was better to be safe than sorry, and to follow the set regulations.

agencies again seem to be loosening.

"Modern technologies can deliver mobile services in the air safely and reliably, and the time is right to review our outdated and restrictive rules," said US Federal Communications Commission chairman Tom Wheeler recently.

"I look forward to working closely with my colleagues, the FAA and the airline industry on this review of new mobile opportunities for consumers."

However, this raises another issue: other than those who are glued to their mobile handsets, there are few groups in support of the airborne use of mobiles in America.

The Association of Flight Attendants, for one, is against the FCC's move. "Passengers overwhelmingly reject cellphone use in the aircraft cabin," the AFA says.

"Any situation that is loud, divisive and possibly disruptive is not only unwelcome but also unsafe. Many polls and surveys conducted over the years find that a vast majority of the travelling public wants to keep the

ban on voice calls in the aircraft cabin."

Airlines, too, are bound not to be enthusiastic adopters because of the negative feedback they have been receiving from their customers. The cost of using permitted in-seat satellite phones, at around \$10 a minute, prevented many

passengers from using such services, but the thought of passengers shouting into handsets and phones ringing during night flights strikes fear into the hearts of airline managers.

Their challenge will soon be how to promote the use of phones without annoying passengers. ●

Tell us your thoughts: letters@readme.ae

Tech beat



COURIC GOES DIGITAL

American television icon Katie Couric has made a high-profile career move to become Yahoo's "global anchor". According to Marissa Mayer, the internet giant's CEO, Couric will pioneer a "new chapter of digital journalism" in the role. Couric will anchor a news programme on Yahoo featuring coverage of breaking news events.

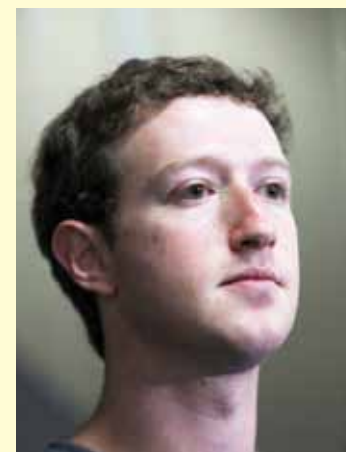
HIGH PRICE FOR SPONSORED RESULTS

Five out of every six items that appear in Google's sponsored items section are more expensive than those buried deeper in the results according to a report in the *Financial Times*. The newspaper recently analysed products that show up in Google's search results, and on average the sponsored products were 34 per cent higher in price.



18 ROTORS AND NO EMISSIONS

German engineers have built an emission-free, 18-rotor personal helicopter that even has a "pleasant sonorous sound". The Volocopter VC200 made its first flight last week and is being billed as "the world's first green helicopter". It uses zero-emission, battery-powered electric motors instead of the traditional combustion engines of helicopters.



ZUCKERBERG BASHES US SURVEILLANCE

The US "really blew it" on surveillance programmes, according to Facebook founder Mark Zuckerberg. "I hope that they become more transparent in that part of it," Zuckerberg told ABC in an interview. He also reiterated that Facebook has never received a blanket request for user information from the government.



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NEWS ON WHEELS

Al Habtoor Motors opens first Chery showroom in UAE

The first exclusive Chery showroom has opened in the UAE. Located on Airport Road, Deira, Dubai, the new showroom was inaugurated by Ahmed Khalaf Al Habtoor, CEO of Al Habtoor Motors in the presence of senior management of Al Habtoor Motors and Chery International. Al Habtoor Motors is the official dealer of Chery in the UAE.



Manufacturers of both passenger and commercial vehicles, Chery Automobile is China's largest passenger vehicle exporter, with a presence in over 80 countries.

Al Habtoor Motors launched the Chery E5 and E8 sedans along with the Tiggo SUV and the P5 van at a special event that was held in October 2013 at the Habtoor Grand Beach Resort & Spa, Jumeirah Beach.



The high profile launch took place in the presence of Sultan Al Habtoor, President of Al Habtoor Motors; Ahmed Al Habtoor, CEO of Al Habtoor Motors; Karl Hamer, Managing Director of Al Habtoor Motors; Zhang Hua, Deputy General Manager for Middle East/Europe of Chery International; Zhang Yi, Economic and Commercial Consular, Economic and Commercial Section of the Chinese Consulate General in Dubai; and Liang He, Vice Consul of the Chinese Consulate General in Dubai and other guests.

Customers have the choice of the Chery E5, Tiggo, E8 and P5 models now available at the new showroom. The Chery range will expand further to include the Arrizo 7 and T5 in the near future.

With power comes response ability

The new Bentley Continental GT V8 is possibly the most enjoyable luxury sports tourer to grace our highways.

For a vehicle that weighs in at over two metric tonnes, the latest Bentley Continental GT V8 really is no slouch when it comes to gliding across the tarmac at speed. With a new emissions-friendly 4.0 litre twin turbocharged V8 engine under the sculpted nose, the smaller engined GT comfortably (in every sense of the word) powers from zero to 100km/h in under five seconds, while being 40 per cent more efficient than its 6-litre W12 predecessor.

While you might not think that's a good thing for a car built to deliver such high levels of luxury, the whole point of the Bentley GT range is that you can experience the best of both worlds—sedate and becalming cruising, and brutal nerve-tangling power.

From the driver's perspective, the cabin of the GT represents understated decadence. Tactile leathers, shining alloys and subtle veneers adorn the surfaces, while 14-way adjustable front seats can be moulded to fit the body like a tailored suit, as you are wafted along to the harmonious strains of your favourite sounds filling the cabin through the 440-watt 8-speaker Naim sound system (there is also a 900-watt 11-speaker system if you are struggling for something more to gloat about).

Design-wise it is a study in race-inspired elegance. For



example, the leather-clad binnacle around the simplistic dials sweeps down around the centre console that houses the satnav and infotainment screen and back up over the passenger-side glovebox to create a classic double-tub sportscar environment, but with all the gadgetry you would expect from a Dh760,000 engineering masterpiece.

The exterior has hardly changed since the GT's introduction in 2003, but despite this lack of design movement, it's aged very well indeed.

The V8 differs from the other GTs by virtue of a few tiny differences, which only a real petrolhead would notice.

Underneath you get permanent all-wheel drive and a super-slick ZF 8-speed automatic gearbox with manual paddleshift, making the GT V8 far more nimble than a car of these dimensions really ought to be.

SPECS
(as tested)
Engine: 4-litre V8
Power: 567hp@6000rpm
0-100km/h: 4.8 seconds
Top speed: 303 km/h
Price: From Dh760,000

Meanwhile, the 567bhp 4-litre V8 doesn't feel in the least underpowered—losing just 67bhp and 40Nm of torque to the more muscular range-topping 6.0-litre W12 model. It also cleverly features cylinder deactivation to help save fuel on long runs.

All of this makes the Bentley Continental GT V8 quite a unique car, perfectly suited to the UAE. It's a monster you can happily throw around twisting mountain roads, cruise in serenely at 120km/h on Sheikh Zayed Road, and it looks perfectly at home at any red carpet event. What more could you ask for? ●



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Onion - Pakistan - Per Kg
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4 kg Per Customer

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24.50

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Building the bond

Why attachment parenting is appealing to new mums and dads across the globe.

Coined by paediatrician William Sears, attachment parenting (AP) emphasises the importance of forming a bond with your baby to create a secure attachment in order to foster a child's socio-emotional development. AP is all about closeness, bonding and—as the name suggests—attachment. The theory revolves around seven basic principles known as the 'Baby Bs'.

Birth bonding

The days and weeks straight after a child is born are considered vitally important for a solid bond to form between the child and its parents. While medical issues or other factors can prevent contact for some time after the birth, bonding—through physical closeness and other ways—continues throughout the early years. It is simply that birth bonding gives the parents a 'head start' on the bonding process.

Breast-feeding

Breastfeeding is one of the best ways to get to know a baby's cues and body language. While it is mainly a way of developing the bond between mother and baby, dads can also be involved by being there during feeds. Breast milk also contains many important nutrients that cannot be found in formula milk.

Baby-wearing

Research has shown that babies who are carried tend to fuss less and spend more time in a state of quiet alertness, learning about their environment. This is where AP relies on babywearing—using a sling or papoose to carry the child with you while you go about your daily business. The closeness between parent and baby promotes familiarity and improves the sensitivity of a parent's reactions to the baby's needs.



Bedding close to baby

Whatever sleeping arrangement you choose, it should be the one that allows the most—and best quality—sleep. While many critics have bought up the risks of co-sleeping, AP followers believe that sleeping in the same bed with their child allows them to re-connect after a busy day. The comfort of sleeping close to a parent can also reduce nighttime anxieties a child has.

Belief in the baby's cry

When a baby cries, it is a primitive signal designed for survival. Responding to a baby's cries will build trust between parent and baby, while allowing the child to know that the caregiver will meet their needs. Try to remember that very small babies do not yet know how to cry to manipulate, only to communicate.



THE IMPORTANCE OF ATTACHMENT

Beware of baby trainers

One of the principles of AP is to be wary of other parents who offer advice—particularly advice that encourages rigid and extreme parenting styles. Those who allow their baby to 'cry it out' when they cry during the night rather than tending to the baby's needs are not going to offer advice that encourages your AP skills.

Balance

While trying your best to follow the ways of attachment parenting, it may be easy to neglect the other people in your life, particularly your spouse or other children. AP followers believe that the key to finding balance lies with being appropriately responsive to your baby. It is important to know when to say "yes" and when to say "no," as well as knowing when to say "yes" to yourself when you need help.

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Crossed communication

Building good relationships within the workplace often comes down to clear and well-crafted communication.



rectly or phrases that don't make real sense. Instead, proofread your work more than once, use a dictionary if you're unsure of some words and you may even read your work out loud as it makes it easier to catch typos and wrong sentences.

MISTAKE #2 – BODY LANGUAGE MISCOMMUNICATIONS

Most of us think that communication is mostly done through words or in writing. This is not actually the case as body language, including

“Body language, including your hand movements, eyes and facial expressions, often says things louder than your mouth.”

your hand movements, eyes and facial expressions often says things louder than your mouth. Using body language inappropriately can send mixed signals to those who pick up these hints. An employee who does not understand body language, for example, may not notice a client's slightly raised eyebrows and wandering eyes during a meeting, which would cause him to miss the fact that the client is feeling uncomfortable, wary or distant. Another important move that you need to mind is that crossing your arms while someone is speaking can send signals that your mind is closed to what they are saying, regardless of whether that is the case or not. Watch your body language to avoid misunderstandings.

MISTAKE #3 – AVOIDING DIFFICULT CONVERSATIONS

At some point in your career, you will need to give negative feedback or bad news to one of your peers, your subordinates or even your boss. It is surely tempting to avoid these conversations, but this might cause further problems if you decide to hide it. When it comes to such scenarios, preparation is important. Learn to give clear, actionable and constructive feedback to the person you're addressing, without insulting them as a person.

MISTAKE #4 – NOT KEEPING AN OPEN MIND WHEN MEETING NEW PEOPLE

Today's workplace is a mix of people from different ages, religions, ethnicities and backgrounds. These differences create a rich environment of experiences and opinions that greatly enhance your working life. However, it can sometimes be tempting to stereotype people unintentionally, or to make assumptions about them based on just a few pieces of information. Assumptions stand in the way of open communication, because you don't consider the other person's own unique background, personality and experience. Over time, this can start to jeopardise your relationship with them. Learn to have an open mind, listen carefully, and give the person in front of you the space to talk and express their own opinions. ●

By Akhtaboot—the career network (www.akhtaboot.com).

PEOPLE SKILLS

Having great communication skills is crucial for everyone in the professional world. Communication is definitely not only about the words you say; you can have an excellent vocabulary and still be a bad communicator. While some people are naturally gifted when it comes to communication, others need to work on it in order to be viewed as potential leaders and get promoted into top jobs. Even the best of us sometimes miscommunicate, miss the point, cause an unintentional reaction, or avoid a messy discussion altogether. Who hasn't left a discussion thinking that things went in the wrong direction? The good news is

that it's a universal struggle. Akhtaboot reveals some of the common communication mistakes at the workplace and what you can do to avoid them.

MISTAKE #1 – NOT EDITING YOUR WORK

When it comes to written communication, spelling and grammar mistakes can make you look careless and unprofessional. That's why it is essential to check all of your work-related emails, messages or chats before you send them. Don't rely on spell checkers; they won't pick up words that are used incor-

CLEAR COMMUNICATION IS KEY



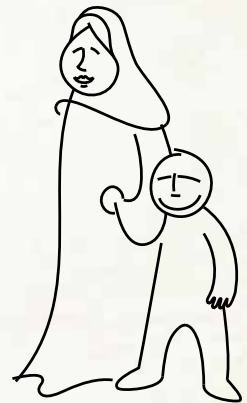


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C. Wonder signs up with Al Tayer Group for region

C. Wonder, the revolutionary lifestyle brand that exploded onto the retail scene with the debut of its New York City store in October 2011, has signed its first international licence agreement for the Middle East with Al Tayer Group.



The brainchild of visionary entrepreneur J. Christopher Burch, founder and CEO of Burch Creative Capital, C. Wonder offers women's clothing, footwear, jewellery and accessories, houseware and home décor items.

The first C. Wonder store in the Middle East will open in 2014 at the Mall of the Emirates in Dubai. Additional stores in the UAE, Kuwait, Qatar, Bahrain, and Oman will follow.

J. Christopher Burch, CEO and Founder of C. Wonder, said: "The Middle East is a young, dynamic market and has fast become a world class shopping destination. The region has a rapidly growing demand for new, fresh and exciting international brands. We are thrilled to collaborate with Al Tayer Group bringing C. Wonder to new customers throughout the region. Their deep knowledge of the customer as well as their expertise in delivering an outstanding store experience makes them an ideal partner for us."

Khalid Al Tayer, CEO – Retail, Al Tayer Group, said: "We are delighted to partner with C. Wonder for the Middle East. The brand has an animated lifestyle and creative product range that presents an exciting and attractive experience for the regional consumer." C. Wonder will end 2013 with 23 stores in the United States and plans to open additional new stores in 2014.

Code Red

Paint the town red this holiday season in a gorgeous party dress.



Lily Collins

We love Lily's gothic style Givenchy Fall 2013 red and black slip dress. The petite actress vamps it up with bright red lip, slick locks and pointed Jimmy Choo pumps.



Rosie Huntington Whiteley

The model-turned-actress looks delightful in a spring 2014 raspberry, one-shouldered ruffled dress paired with Christian Louboutin satin embellished pumps.

Rose Byrne

The 34-year-old actress looks red hot in a beautiful Jonathan Saunders prom dress, with Topshop shoes, Cartier jewellery and a gold Elie Saab clutch.



A bright red dress never fails to capture attention. We love this cocktail dress which is cinched in at the waist then puffs outwards with feminine pleating. The bow detailing is perfect for the festive season and adds extra charm to the outfit.

MISS SELFRIDGE

Channel the First Lady, Michelle Obama, in this elegant, red lace dress. The high neck and modest length is perfect for a more formal social gathering.

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THE WEEKLY

EXCLUSIVELY ON THE DUBAI METRO



Carrie revisited

A classic horror gets the modern treatment with social media and special effects.

NEW RELEASE

Horror film fans will no doubt have the original, 1976 screenplay of *Carrie* locked away in their box of all-time favourites. And now, 37 years after Brian de Palma's *tour de force*, the portrayal of Stephen King's 1974 classic has been reimagined and given a modern slant.

Carrie tells the tale of the eponymous shy, teenage girl who has been cast aside by her peers as she makes her way through high school. Cosseted by her mother, Carrie's upbringing is not ideal and during the course of the film, we watch how she suffers at the hands of her bullying classmates.

But the teenager uses her own devices to get her own back on those who taunt her by unleashing telekinetic terror across the small town where the film is set.

Starring Chloë Grace Moretz (*Kick Ass*) as the titular Carrie White, and the multi-Oscar nominated Julianne Moore (*The Hours*) as her overbearing mother, the modern take on the

classic is directed by the relatively low-key Kimberly Pierce (*Boys Don't Cry*).

Pierce has chosen to focus on the emotional and metaphysical while still staying true to De Palma's original. As a result, critics have been mixed in their assessment of how she has done this.

In this version, social media plays a big part in driving the story forward—something unheard of back in 1976. And while De Palma was an ardent follower of Alfred Hitchcock's approach to filmmaking, adding liberal elements of guilt and consequence throughout the screenplay, Pierce pares down this standard and focuses on the events.

What's more, Hollywood can now call on special effects like never before, which allows this version to be visually stunning—something that was backed up by an early

teaser campaign that set movie fans alight.

A coffee shop in Brooklyn was chosen to host a *Punk'd*-style prank on unsuspecting visitors. As they unknowingly ordered their lattes at the counter, a coffee-sipping actress would freak out, sending tables and bookshelves flying while leaving extras seemingly levitating in the air to their horror. It certainly makes for great YouTube viewing.

But back to the *Carrie* reprise itself, for all the use of modern camera techniques and special effects, it finds itself lacking in one key respect: emotional warmth, which was perhaps the stand-out feature of De Palma's work.

Maybe this is because teenagers are different and more insular now, and high schools in the 1970s were very different to how they are today, but Pierce seems unable to inject the sense of community that shone out in the original.

To this end, fans of the original might look on the new *Carrie* as a substandard follow-up, while newcomers will enjoy this modern take on a horror classic. ●

CHLOË SHINES AS CARRIE

Did you know?

The announcement that *Carrie* would be reprised drew a cautious reaction from Stephen King, who originally wrote the novel. On hearing of the adaptation, he said: "The real question is why, when the original was so good?" He did, however, suggest that troubled actress Lindsay Lohan should star in the lead role.

Listings

THE READ. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.

SCHEDULE CORRECT AT TIME OF GOING TO PRESS; HOWEVER, PLEASE NOTE THAT MOVIE THEATRES CAN CHANGE SCHEDULES WITHOUT NOTICE



Grand Cineplex - Wafi

Bullet Raja - 10:00, 12:40, 15:20, 18:00, 20:40, 23:20, 02:00
Carrie - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:55
Delivery Man - 10:15, 12:30, 14:45, 17:00, 19:15, 21:35, 23:45
Free Birds - 11:00, 13:00, 15:00, 17:00, 19:00
Frozen Ground - 11:00, 13:10, 15:20, 17:30, 19:40, 21:50, 00:00, 02:00
Gallow Walkers - 11:00, 13:10, 15:20, 17:30, 19:40, 21:50, 00:10
Gori Tere Pyar - 11:30, 14:30, 17:30, 20:30, 23:30
Hunger Games: Catching Fire - 10:00, 11:00, 12:50, 13:50, 15:40, 16:40, 18:30, 19:30, 21:20, 22:20, 00:10, 01:10
Last Vegas - 12:20, 17:00, 21:40
Ong Bak 3 - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
The Pact - 11:30, 13:30, 15:30, 17:30, 19:30, 21:30, 23:30
Thor 2 - 10:00, 14:40, 19:20, 23:50
Wadjda - 21:00, 23:00, 01:00

Geeta Anjali - 11:00, 14:00, 17:00, 20:00, 23:00
Gori Tere Pyar - 10:00, 12:50, 15:40, 18:30, 21:20, 00:10
Gravity - 11:30, 13:30, 15:30, 17:30, 19:30, 21:30, 23:30
Hunger Games: Catching Fire - 10:00, 10:30, 11:00, 12:50, 13:30, 13:50, 15:40, 16:30, 16:40, 18:30, 19:30, 19:30, 20:20, 21:20, 22:15, 00:10, 01:00
Last Vegas - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
Naveena Saraswathi Sabatham - 11:30, 14:30, 17:30, 20:30, 23:30
Ong Bak 3 - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
The Pact - 10:30, 12:30, 14:30, 16:30, 18:30, 20:30, 22:30, 00:30
Pinocchio - 11:00, 12:45, 14:30, 16:15, 18:00, 19:45
Ram Leela - 11:30, 14:30, 17:30, 20:30, 21:30, 23:30, 00:30
Thor 2 - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:50
Wadjda - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00

12:50, 14:00, 15:40, 17:00, 18:30, 20:00, 21:20, 23:00, 00:10, 01:45
Last Vegas - 12:20, 17:00, 21:40
Pinocchio - 11:00, 12:45, 14:30, 16:15
Ong Bak 3 - 18:00, 20:00, 22:00, 00:00
The Pact - 20:00, 22:00, 00:00
Thor 2 - 10:00, 14:40, 19:20, 23:50
Wadjda - 21:00, 23:00, 01:00

16:50, 19:45, 22:40, 01:30
Oldboy - 11:30, 13:40, 15:55, 18:10, 20:25, 22:40, 00:55
Thor 2 (3D) - 11:10, 13:30, 15:55, 18:20, 20:45, 23:10, 01:35

Reel Cinemas - Marina Mall

Captian Phillips - 23:10, 13:50, 16:30, 19:10, 21:50, 00:30
Delivery Man - 11:15, 13:25, 15:40, 17:55, 20:10, 22:25, 00:40
Free Birds (3D) - 11:05, 13:05, 15:05, 17:05
Elysium - 19:00, 21:15, 23:30
Hunger Games: Catching Fire - 11:55, 14:50, 17:45, 20:40, 23:35
Last Vegas - 11:40, 13:45, 15:50, 17:55, 20:00, 22:05, 00:10
Thor 2 - 12:05, 14:25, 16:50, 19:15, 21:40, 00:05

Vox Cinemas - Deira City Centre

Bullet Raja - 10:30, 11:30, 13:30, 14:30, 16:30, 17:30, 19:45, 20:45, 23:00, 00:00
Carrie - 10:15, 11:00, 12:30, 13:15, 14:45, 15:30, 17:00, 17:45, 19:15, 20:00, 21:30, 22:15, 23:45, 00:30
Delivery Man - 10:00, 10:45, 12:15, 13:00, 14:30, 15:15, 16:45, 17:30, 19:00, 19:45, 21:15, 22:00, 23:30, 00:15
Geeta Anjali - 11:15, 14:15, 17:15, 20:30, 23:45
Gori Tere Pyar - 10:15, 13:30, 16:45, 17:45, 20:00, 21:00, 23:15, 00:15
Pinocchio - 09:45, 11:45, 13:45, 15:45
Ram Leela - 10:15, 13:30, 16:45, 20:00, 23:15
Hunger Games: Catching Fire - 11:00, 14:00, 17:00, 20:00, 23:00
Thor 2 (3D) - 09:30, 12:00, 14:30, 17:00, 19:30, 22:00, 00:30

Vox Cinemas - Mall of the Emirates

Bullet Raja - 10:30, 13:30, 16:30, 18:15, 19:45, 20:45, 23:00, 00:00
Captian Phillips - 10:30, 15:35, 20:45
Carrie - 10:30, 12:45, 15:00, 17:15, 19:30, 21:45, 00:00
Delivery Man - 09:30, 11:00, 11:45, 12:45, 00:00, 14:00, 16:15, 16:30, 18:00, 18:30, 20:45, 21:45, 23:00
Free Birds (3D) - 09:30, 11:45, 14:00, 16:15, 18:30
Gallowwalkers - 10:45, 13:00, 15:15, 17:30, 19:45, 22:00, 00:15
Hunger Games: Catching Fire - 09:45, 11:15, 12:00, 13:30, 14:15, 15:00, 15:15, 17:15, 18:45, 20:15, 21:15, 23:15
Last Vegas - 13:15, 18:30, 23:30
Oldboy - 15:30, 17:45, 20:00, 22:15, 00:30
Pinocchio - 09:30, 11:30, 13:30
Thor 2 (3D) - 09:30, 12:00, 14:30, 17:00, 19:30, 22:00, 00:30

Vox Cinemas - Mirdif City Centre

Bullet Raja - 10:30, 13:30, 16:30, 19:45, 23:00
Carrie - 12:15, 14:45, 16:45, 19:15, 21:15, 23:45, 00:00
Delivery Man - 10:00, 10:45, 11:00, 12:30, 13:00, 14:30, 15:15, 16:30, 17:00, 17:30, 18:00, 19:00, 21:30, 21:45, 23:30
Free Birds - 10:15
Gallowwalkers - 19:45, 22:00, 00:15
Hunger Games: Catching Fire - 11:15, 12:00, 13:30, 14:15, 15:00, 17:15, 18:45, 20:15, 23:15
Oldboy - 19:45, 22:00, 00:15
Pinocchio - 09:45, 11:45, 13:45, 15:45, 17:45
Thor 2 (3D) - 09:30, 12:00, 14:30, 17:00, 19:30, 22:00, 00:30

Grand Megaplex - Ibn Battuta

Bullet Raja - 10:00, 12:40, 15:20, 18:00, 20:40, 22:00, 23:20, 01:00
Captian Phillips - 10:50, 13:30, 16:10, 18:50, 21:30, 00:10
Carrie - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:55
Delivery Man - 10:15, 12:30, 14:45, 17:00, 19:15, 21:35, 23:45
Free Birds - 11:30, 13:30, 15:30, 17:30, 19:30
Frozen Ground - 11:00, 13:10, 15:20, 17:30, 19:40, 21:50, 00:00, 02:00
Gallow Walkers - 11:00, 13:00, 15:00, 17:00, 19:00, 21:00, 23:00, 01:00

Grand Cinemas - Festival City

Bullet Raja - 10:00, 11:00, 12:40, 13:40, 15:20, 16:20, 18:00, 19:00, 20:40, 21:40, 23:20, 00:20, 02:00
Carrie - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:55
Delivery Man - 10:15, 12:30, 14:45, 17:00, 19:15, 21:35, 23:45
Free Birds - 11:00, 13:00, 15:00, 17:00, 19:00
Frozen Ground - 11:00, 13:10, 15:20, 17:30, 19:40, 21:50, 00:00, 02:00
Gallow Walkers - 11:00, 13:10, 15:20, 17:30, 19:40, 21:50, 00:10
Gori Tere Pyar - 11:00, 14:00, 17:00
Hunger Games: Catching Fire - 10:00, 11:00,

Reel Cinemas - Dubai Mall

Captian Phillips - 11:25, 14:05, 16:50, 19:35, 22:20, 01:05
Carrie - 11:40, 13:45, 15:55, 18:05, 20:15, 21:15, 22:25, 23:25, 00:35, 01:30
Delivery Man - 11:20, 13:30, 15:45, 18:00, 20:15, 20:50, 22:30, 23:00, 00:45, 01:10
Elysium - 11:15, 13:35, 15:55, 18:15, 20:35, 22:55, 01:15
Escape Plan - 11:20, 13:45, 16:15, 18:45
Free Birds (3D) - 11:00, 12:55, 14:50, 16:50, 18:50
Gravity (3D) - 11:35, 13:30, 15:30, 17:30, 19:30, 21:30, 23:30, 01:25
Hunger Games: Catching Fire - 11:05, 13:55,

What's happening this week in the UAE

Shah Rukh Khan live in concert



See Shah Rukh Khan light up the stage with glamour girl Madhuri Dixit, fellow *Chennai Express* leading lady Deepika Padukone and Sri Lankan model/actress Jacqueline Fernandez. Yo Yo Honey Singh will also impress with his blockbuster songs.
Date: December 1
Time: Gates open at 7:30pm; show starts at 9pm
Venue: Dubai Cricket Stadium, Dubai Sports City
Admission: Dh2,250 (VIP), Dh995 (VIP), Dh475 (gold), Dh275 (premium grand seating), Dh165 (premium general seating), Dh99 (balcony)
More info: www.duvent.com

Abaji Origine Orient Concert

A special concert on the occasion of the 42nd UAE National Day featuring musician Abaji with Greek, Armenian, Turkish, Lebanese and Syrian influences.
Date: December 2
Time: 6pm
Venue: Alliance Française, Oud Metha
Admission: Special price of Dh50 for the UAE National Day
More info: 04 335 8712



Amr Diab live in concert



In addition to Amr Diab, the superstar of Arabic music, this event will include a selection of bands and a live link-up to all the red carpet action from the opening night of the DIFF at Madinat Jumeirah.
Date: December 6
Time: Doors open at 4pm
Venue: Burj Park, Dubai
Admission: Dh350 onwards
More info: www.diff.ae

Festive Market

Jumeirah Creekside Hotel in collaboration with Great Events presents the Festive Market. Embark on a festive journey and unforgettable night with colourful decor, tasty food and authentic gifts.
Date: Until December 14
Time: 5pm to 11pm on weekdays and 12pm to 11pm on weekends
Venue: Jumeirah Creekside Hotel garden
Admission: Free
More info: Call Agnès (50 283 3172) or email aferrandiz@greateventsduhai.com



Global Village



Catch the excitement from all over the world, from culinary delights to live action on stage as well as national pavilions.
Date: Until March 1, 2014
Time: Evening
Venue: Global Village
Admission: Dh15
More info: 04 362 4114

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Hollywood news

Baby love



Jennifer Love Hewitt has certainly been busy. The 34-year-old actress not only got married privately this month, but she also gave birth to her first child. A rep for the star revealed: "Jennifer Love Hewitt and her husband Brian Hallisay are thrilled to announce the birth of their daughter, Autumn James Hallisay."

The long road

Following her recent troubles, news reaches us that Michael Jackson's daughter, Paris, has checked out of a rehab facility where she was undergoing treatment after a recent suicide attempt. We wish her all the very best of luck on the road to health.



Anchoring up for the big sequel



THE LEGEND CONTINUES

With a stream of guest appearances, teasers and announcements, excitement is reaching fever pitch for fans of Will Ferrell's legendary comic character Ron Burgundy, as the release of *Anchorman 2: The Legend Continues* is only a matter of days away.

And the cast is certainly going above and beyond the call of duty to ensure maximum fan satisfaction along the promotional trail. During the recent Sydney premiere, the film's stars, Will Ferrell, Paul Rudd, Steve Carrell and David Koechner gave an impromptu performance to delighted crowds, displaying their vocal skills through a rendition of the song *Afternoon Delight*. The 1976 Starland Vocal Band song featured in the first *Anchorman* movie and the actors proved that they've still got what it takes to pull off a pitch-perfect performance.

However, the most exciting thing for fans of the fictional news team has to be the recent announcement by Paramount that the film's release date has been pushed forward, and will now be hitting cinemas screens on December 18. Until then, fans will just have to "stay classy" while they wait for the "whammy" sequel to open.

Skin cancer scare

Considering that he is best known for playing one of cinema's toughest—if not the only—wolf/human hybrids, fans could perhaps be forgiven for thinking that Hollywood hunk

Hugh Jackman is invincible.

However, the Wolverine star posted a photo to Instagram last week that showed him sporting a bandage on his nose. But he didn't suffer a scrape

on set or a bump in a brawl, the actor has, in fact, had an area of skin cancer removed from his nose.

Jackman, 45, chose to post the picture to try and deliver an important message to his many online followers, after explaining how his wife, Deborra-Lee

Furness encouraged him to get a suspicious 'mark' checked out by a medical professional. He revealed his advice alongside the photograph, saying: "Boy, was she right! I had [basal] cell carcinoma. Please don't be foolish like me. Get yourself checked. And USE sunscreen!!!"



Bollywood news

Celebrity cause

As a well-known animal lover, Jacqueline Fernandez has always been active in the fight for animal rights. Now the actress has teamed up with People for the Ethical Treatment for Animals (PETA) in a campaign against the plight of horses kept in unlicensed stables and used to pull carriages.



Earning power

With a string of hit flicks under her belt, Deepika Padukone is riding high in more ways than one. The Bollywood beauty is apparently now being offered the highest pay rates from producers lining up to sign her to their movies, therefore making her the highest paid actress in B-Town.



Hrithik's health

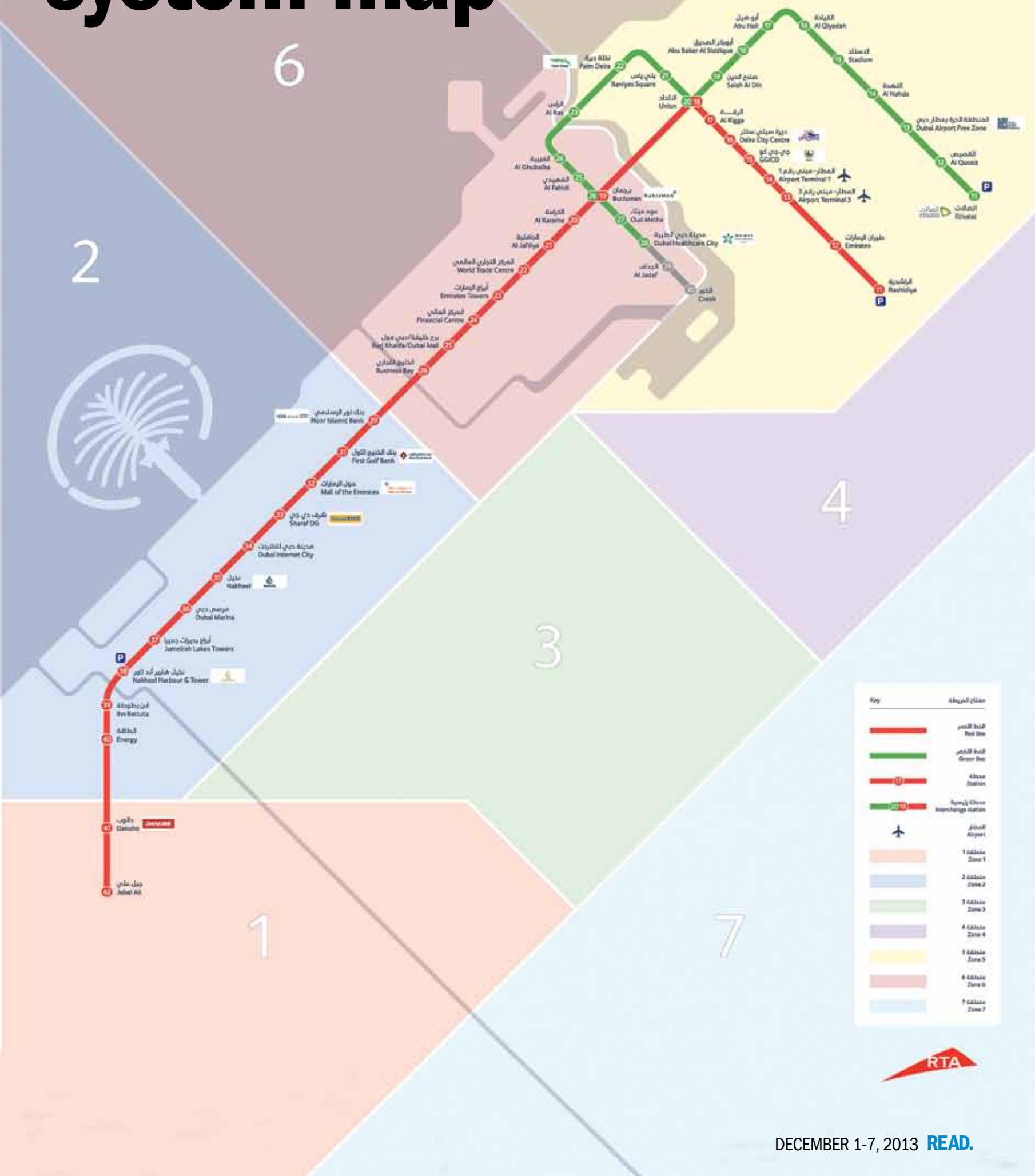
While his latest movie *Krrish 3* is smashing cinema records, Hrithik Roshan has been unable to revel in his success just yet. Apparently, the Bollywood hunk has been taken ill and has been forced to take sick leave, postponing shooting for upcoming films *Bang Bang* and *Shud-dhi*. Get well soon, Hrithik.



Shahid gets shaved

While his hair is somewhat of a trademark, it looks as though Shahid Kapoor is ready to get the razor out. For Vishal Bhardwaj's upcoming flick *Haider*, based on Shakespeare's *Hamlet*, the actor is apparently all set to shave his locks off, although the reason why his character needs to be bald is being kept under wraps.

Dubai Metro system map



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Pick Up: 3:00pm & Drop Off: 7:00pm

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Financial services company in Dubai seeks management trainees for its marketing department. Send an email to 2015gold@gmail.com.

Indian or Pakistani driver required. Should be on his own residence visa. Must know locations in Dubai. Call 0506530972.

Graphic Designer wanted for English-language lifestyle publications. Must be experienced in the field and fast on the job. Candidates must have relevant experience in top publishing companies in Dubai. Not for ad agency experience candidates. Immediate start. Call 0505273351 (after 6pm only).

Arab sales lady required for a ladies boutique. Should have at least 5 years of related experience. Working hours is from 10am to 10pm with 1 day off. Salary is Dh4,000 + commission. Must be fluent in English and Arabic languages. Call 0506530972.

Part-time telesales required for a leading company. Preferably Keralites on husband's visa or residence visa. Training will be provided. Good salary package. Call 0506326965 or send an email to majorparttime@gmail.com.

Professional beautician or professional manicurist required. Call 043326616 or send an email to hairshop@emirates.net.ae.

Need telesales, English, Hindi, Malayalam and Tamil languages. Flexible timing and fixed salary + incentive. Call 0529346761.

All-around beautician urgently required for a ladies salon in Sharjah. Should have experience in hair and make-up. Call 065752692.

Filipino female office secretary required for a general trading company in Deira. Should have experience in handling email correspondences and office assistance. Send your CV to amial@emirates.net.ae or fax 042275781. Call 042282628.

Female beauticians urgently required for a beauty centre in Karama. Should have 2 to 4 years of experience in the UAE and must have good communication skills in English to interact with customers. Must be hard working, attractive and presentable. Good package with commission will be provided. Preferably Indian or Filipino. Call 0552502424.

JOBS WANTED



Filipino female seeks job. Has 3 years of experience in construction companies in the UAE as data entry operator. Call 0567597751.

Filipino female, diploma holder, seeks job as receptionist, secretary or accounting assistant. Has 5 years of related experience in the UAE. Call 0508475877.

Indian male, stock controller with UAE driving licence seeks job. Has 6 years of UAE experience in retail jewellery company. Call 0529295162.

Masters in finance graduate with 3 years of experience in accounts seeks job as an accountant in finance or banking sector. Send an email to ibrahimahmed154@gmail.com or call 0561381599.

Indian female, MCom, MBA finance graduate looking for any suitable job. Has 6 years of experience in India. Call 0509711379 or send an email to shejinaf@gmail.com.

Ticketing staff, Indian female on husband's visa looking for a job. Has 1 year of experience in travel and tourism field in India. Call 0552323079 or send an email to shibubaskar05@gmail.com.

Indian male, BE Electronics and Instrumentation Engineering fresh graduate seeks job in core companies and oil fields in UAE. Call 0507409102 or send an email to nasirmakhashin@yahoo.com.

Indian female, credit analyst seeks job. Has 8 years of experience in a bank. Currently handling GCC corporate and accounts in a global bank. Call 0567141796.

Business analyst with 5 years experience in online advertising seeks a job. Can join immediately. Call 0508758837.

Graphic Designer wanted to do cutouts and colour correction for top quality magazines. Urgently needed by Dubai Media City

company. Must be experienced in the field and fast on the job. This is a freelance position. Email interest dxbhunt@gmail.com.

Credit analyst with 7 years of experience seeks suitable placement in Dubai. Currently working in a multinational bank in the UAE. Dedicated and honest, good personality and very good in credit analysis operations. Please call 0509543314.

Indian female seeks job as draftsman. Has good experience in AutoCAD for 3 years in Dubai and 4 years in India. Call 0559784027.

Indian male seeks job as sales, system backend or clerical job. Has 5 to 8 years of related experience. Call 0569012291.

Indian male, 30 years old, diploma holder, on visit visa, seeks job as a warehouse manager or storekeeper. Has 7 years related experience with 4 years in the UAE. Call 0502738596 or send an email to jobinjamasp@gmail.com.

ITEMS



We are selling 100% halal and Superbrands health and wellness and skin whitening beauty products. Call 0556149479.

Brand-new Samsung Galaxy S3 Mini, Android, 3G, 8GB capacity with applications available for sale. Price: Dh350. iPhone 5C, 3G, 8GB capacity with applications also available at Dh450. Comes with a box. Free delivery. Call 0562293196.

Brand-new Samsung Galaxy S4, Android 4.2.2, 4G, 16GB capacity, with one-year warranty, air gesture and eye sensor features, Wi-Fi and applications. Price: Dh650. Free delivery. Price: Dh650. Call 0562292394.

SERVICES



Individual music training, voice lesson, guitar, bass, drums, piano, saxophone and violin classes available. Located at Al Attar Shopping Centre in Karama. Send an email to wimblesoulmanagement@gmail.com.

Website development services offered for individuals and companies anywhere in the UAE or around the world. Get your own online presence for just Dh500. Satisfaction guaranteed. World-class standards. Contact 0507456906.

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villas and offices. Best service and best rate guarantee. All kinds of handyman services also available. Call 0555433561.

We offer Islamic Business Finance at best rates. Call 0509815607.

Car lift available for a group of 3 to 4 persons. Route from Sharjah to Sharjah, Ajman or Dubai. Call 0562544415.

AUTOS



Cars available for rent at best price: Nissan Tiida, 2014 Kia Cerato, Kia Rio, Kia Carnival, Nissan Sunny and Renault Duster. Call 043356669.

Toyota Yaris, 2010 model for immediate sale in Dubai. Grey colour, done 82,000km. Accident-free. In very good condition. Tyres in very good condition. Call 0507456906.

Nissan Tiida, 2011 model available for sale. In excellent condition. Fully automatic. Price: Dh32,500. Bank loan will be arranged. No down payment. First payment is after four months. Call 0566234236.

Toyota Corolla, 2010 model available for sale. In excellent condition. Fully automatic. Price: Dh38,500. Bank loan will be arranged. No down payment. Call 0566234236.

MISCELLANEOUS



We buy all types of scrap, faulty and used cars anywhere in the UAE. Call Sultan at 0505373425.

Trading company in Dubai involved in distribution of toys or food and beverage sells shares to partners including visa, bank account, facility and office. Call 0569701989.

Fast approval of personal loan and auto loan. No salary transfer required. Call 0563628279.

Fast approval of personal loan and auto loan. No salary transfer required. Call 0505590093.

Free from your debts this New Year! Get a credit card for a balance transfer at 0.69% per month. Requires a minimum salary of Dh5,000. Fast approval and no salary transfer required. Call 0561478657 for details.

Financial solution: personal loan services for non-listed employees. No salary transfer (one cheque required). Requires a minimum salary of Dh5,000. Call 0555293869.

Audio production and multimedia house available. Located at Al Attar Shopping Centre in Karama. Send an email to universalmixmedia@gmail.com.

Instant and easy documentation for loans. Personal loan requires a minimum salary of Dh4,000 and company accommodation. Dh3,000 only for car loan. Call 0567460165.

Get quick cash on monthly PDCs up to Dh500,000. Visit www.gulwanifinancialconsultant.com for more information. Call 0557294938 or 043596076. Send an email to finance@gulwanifinancialconsultant.com.

Do not miss! Part-time online job opportunity to earn extra income. Visit www.road2earn.com for more information or send an email to road2earn@gmail.com.

ACCOMMODATION



Keralite family on visit is looking for a furnished sharing or separate accommodation in Bur Dubai or Karama area for the whole month of December 2013. Call 0562529428.

Shared male executive bed space available on a monthly basis. Located near Dubai Airport Free Zone Metro Station and Fortune Plaza Hotel in Al Qusais. Call 0566002561 or 0558098027.

Bed space or room available for rent. Located near a bus stop and in between Karama and BurJuman Metro Stations. For Filipino bachelor/s only. Call 0508475877.

3 bedroom apartment for rent in Dubai, with bar counter and spacious balcony. Annual rent is Dh75,000. Advance payment required. Call 0529174511.

Shared room or bed space available for immediate occupancy. Located at Bank Street in Bur Dubai, near the metro station. Monthly rent is Dh1,300 + DEWA. Available for female Indian or Pakistani. Call 0553281612.

Shared accommodation in a fully furnished big studio flat available for rent. Located behind BurJuman Centre. Monthly rent is Dh1,500 + DEWA and internet. Available for executive bachelor to share with an executive Sri Lankan bachelor. Call 0552979595.

Shared room available for Indian ladies. Located at Rolla Street in Bur Dubai. Monthly rent is Dh900. DEWA and internet included. Call 0529859060.

Master bedroom with built-in cabinet available for rent. Located opposite Satwa bus station. Monthly rent is Dh3,100. DEWA and internet included. Available for Indonesian or Filipino Muslim. Call 0507475930.

Fully furnished room for two executive bachelors available for immediate occupancy. Located at Rolla Street in Bur Dubai. Call 0558043327.

Bed space available for a Keralite bachelor. Located at Frij Murar in Deira. Monthly rent is Dh650. Available starting December 1, 2013. Call 0558583010.

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Bahraini delegation visits RTA

Bahrain's Secretary of Land Transport and Post Ministry impressed with Dubai public transport means.

MEETINGS

Mattar Al Tayer, Chairman of the Board and Executive Director of the Roads and Transport Authority (RTA), recently received a Bahraini delegation headed by Mariam Ahmed Jamaan, Under Secretary of Land Transport and Post Ministry, Kingdom of Bahrain.

Al Tayer commended the fraternal relations linking the UAE and the Kingdom of Bahrain. "Visits of delegations from GCC countries offer a splendid opportunity for sharing expertise and boosting cooperation in various fields as well as benefiting from the expertise of individual GCC countries. The RTA is therefore keen on offering all experience and resources in serving sister and friendly countries," said Al Tayer.

During the meeting, the two parties reviewed the RTA's experience in migrating from using private vehicles to using public transport means.

Al Tayer noted: "Since inception the RTA focused on improving mass transit systems to make them the ideal mobility choice of people in the emirate [Dubai], and set out plans aimed at augmenting the public transport ridership from 6 per cent in 2006 to as much as 30 per cent by 2020. In this regard, it [RTA] constructed the Dubai Metro project,



AL TAYER AND SENIOR RTA OFFICIALS WITH THE BAHRAINI DELEGATION

“The Bahraini delegation was delighted with the visit to the RTA and impressed with the model of the authority.”

which is the world's longest driverless Metro line comprising a Red Line and a Green Line. The fleet of public buses was beefed up from 560 buses at the time of establishing the RTA to more than 1,573 buses in 2013. More

than 900 air-conditioned bus shelters have been constructed at bus stops all across Dubai, bus depots at Al Awir, Al Rawiyya, Al Khawaneej and Jebel Ali have been completed, and water transport has witnessed the operation of the waterbus, water taxi, and Dubai ferry, besides retrofitting 154 abras.”

Al Tayer added: “As a result of these efforts, the public transport means in the emirate [Dubai] have become vital for the daily mobility of residents and visitors, with a current

ridership exceeding 1.2 million riders per day.” The Bahraini delegation was delighted with the visit to the RTA and impressed with the model of the authority. Jamaan hailed the speed of constructing the roads infrastructure and the Metro system in Dubai, as well as the revamping of public transit means and the integration between mass transit means. She also commended the Dubai Metro project for featuring a stunning design, high-class finishing, and excellent passenger service.

Traffic Safety Award for Dubai students

This year's edition of the award focuses on developing an innovative traffic awareness campaign concept.

AWARDS

The Roads and Transport Authority (RTA) has launched the third edition of the Traffic Safety Award, targeting pupils of primary, intermediate and secondary schools in Dubai with the support of the Ministry of Education and the Knowledge and Human Development Authority. The initiative aims to encourage students to contribute innovative concepts regarding traffic-related issues.

Engineer Maitha Bin Uddai, CEO of the RTA Traffic and Roads Agency, said: “The objective of the contest is

to encourage students to think and interact with traffic issues through traffic awareness teams set up by the agency in schools across Dubai.”

“The underlying objective of the initiative is to explore and develop creative ideas in support of the objectives of the traffic awareness drive in terms of reducing traffic accidents along with resulting fatalities, and engaging students in identifying and updating top priorities of the Traffic Department as regards the awareness-raising efforts since students are at the forefront of the social categories targeted by the traffic education

programmes. Through this contest we also aim at cementing the strategic partnership between the RTA, Educational Zone and Knowledge and Human Development Authority in Dubai,” said Uddai.

“The theme of this academic year's (2013-2014) edition of the contest revolves around developing an innovative idea of a traffic awareness campaign, or figuring out a smart solution of a traffic problem, besides the efforts made over the past period by the team nominated for the award in staging events and traffic campaigns,” she added.

Uddai added: “Participation in this competition is open for traffic awareness teams set up at schools on a collective rather than an individual basis. Each team may consist of six to eight students—in addition to a team supervisor endorsed by the school management. Nomination for the award is made through the completion of a participation form (either hard or soft copy) accompanied by a visual presentation about the achievements made, and documentary evidences such as images, video clips, correspondents, or certificates of appreciation.”

TRAVEL & WIN
great prizes*



- **Monthly prize:** **Business class air ticket**
- **Weekly prizes:** Samsung Galaxy S4
10 VIP VOX cinema tickets
5 NOL cards

InterCity

Travelling by RTA InterCity buses is relaxing as well as rewarding. Every time you board an InterCity bus, you get a chance to win great prizes in weekly and monthly draws. Collect your raffle coupon from the Information Desk after purchasing your ticket.

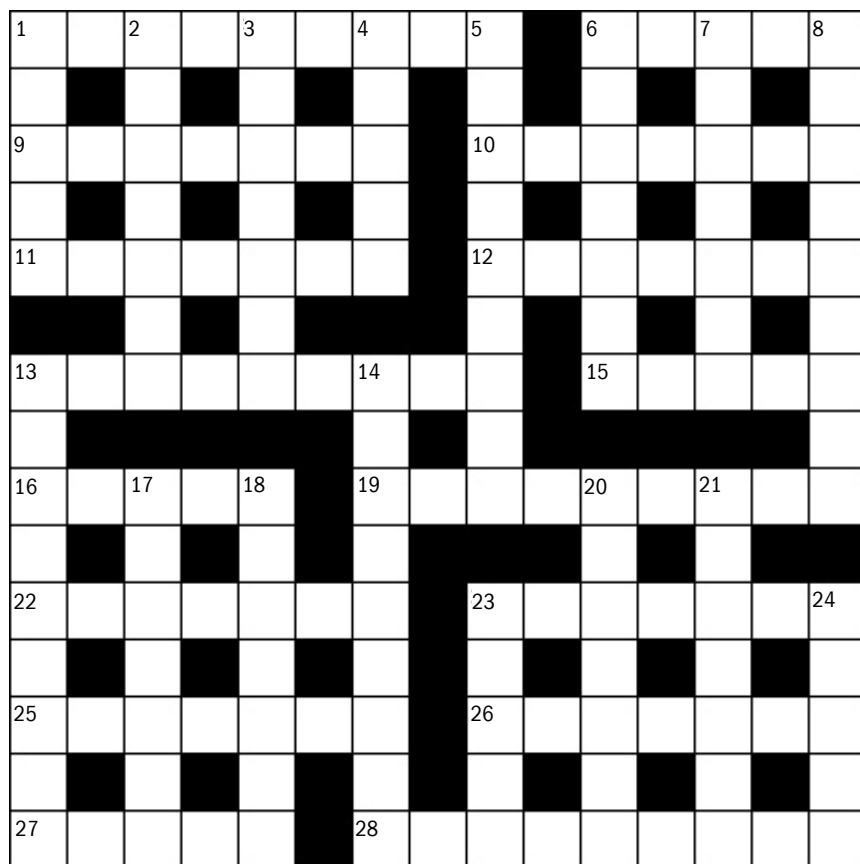
*Terms and conditions apply.



**Moving
People.**

Taking your time

Ponder over our puzzles, relish a new recipe and catch up with our cartoons.



Crossword

Across

1 A small piece of lumber (9) 6 Ledge (5) 9 Draw in (7) 10 Flyer (7) 11 Fops (7) 12 The electric company or water works (7) 13 First (9) 15 Chieftain (5) 16 Finished (5) 19 Fantasies (9) 22 A chemical recipe (7) 23 Not minuses (7) 25 Rod-shaped bacteria (7) 26 Breathes in (7) 27 Made easier to bear (5) 28 Infamy (9)

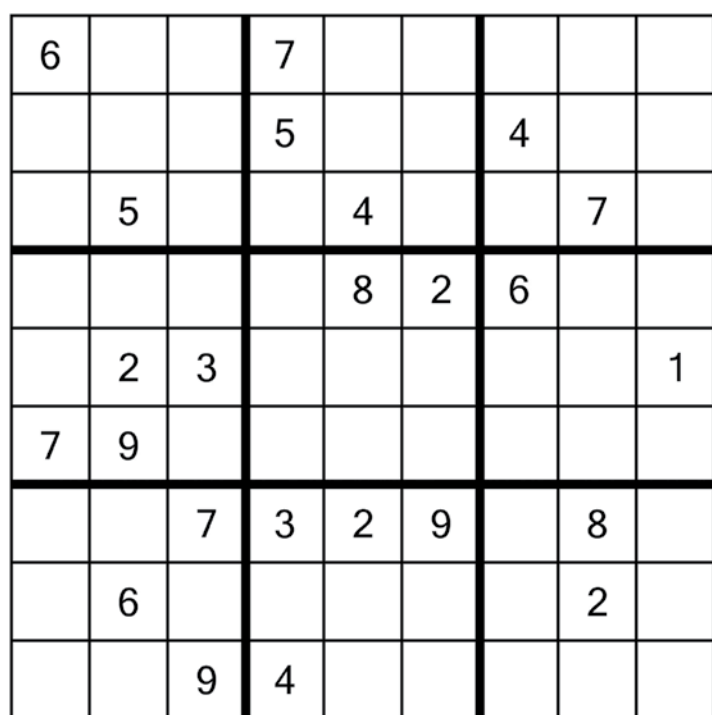
Down

1 Fragment (5) 2 Aerial (7) 3 Playful vexation (7) 4 Seizure (5) 5 Bit by bit (9) 6 Killing oneself (7) 7 Tie together (7) 8 Land around barns (9) 13 Defying expression (9) 14 Given off by uranium (9) 17 Leads (7) 18 Increased twofold (7) 20 Harsher (7) 21 Find innocent (7) 23 Reproduce written material (5) 24 Impertinent (5)

ANSWERS



Sudoku



ANSWERS

SUDOKU

6	3	7	1	9	4	8	2	5
4	2	8	7	5	1	9	3	6
9	8	1	6	2	3	7	5	4
2	7	9	5	3	1	8	6	4
1	6	5	4	7	9	3	2	8
7	3	2	9	8	5	1	4	6
8	9	4	2	5	1	7	3	6
5	1	2	8	6	7	4	3	9

Recipe

Tom Yum soup

This simple soup offers an authentic taste of Thailand.

Ingredients

1 litre chicken stock
300ml water
6 sticks lemongrass
4 crushed coriander roots
110g sliced and peeled galangal (available from Asian supermarkets)
8 tomatoes, de-seeded and cut into quarters
6 kaffir lime leaves
1-2 limes, juice only
75ml tamarind water (available from Asian supermarkets)
3 sliced red chillies
75ml fish sauce
75g brown sugar
12 raw tiger prawns, shelled, gutted and split in half
2 boneless skinless chicken breasts

To serve:

Fresh coriander and fresh Thai basil
Lime wedges

Method

1. Pour the chicken stock and water into a large pan and bring to the boil.



Serves
2

2. Reduce the heat, then add the lemongrass, coriander roots, galangal, tomatoes, lime leaves, lime juice, tamarind water and red chillies. Return the mixture to the boil, then reduce the heat again and simmer for 15-20 minutes.

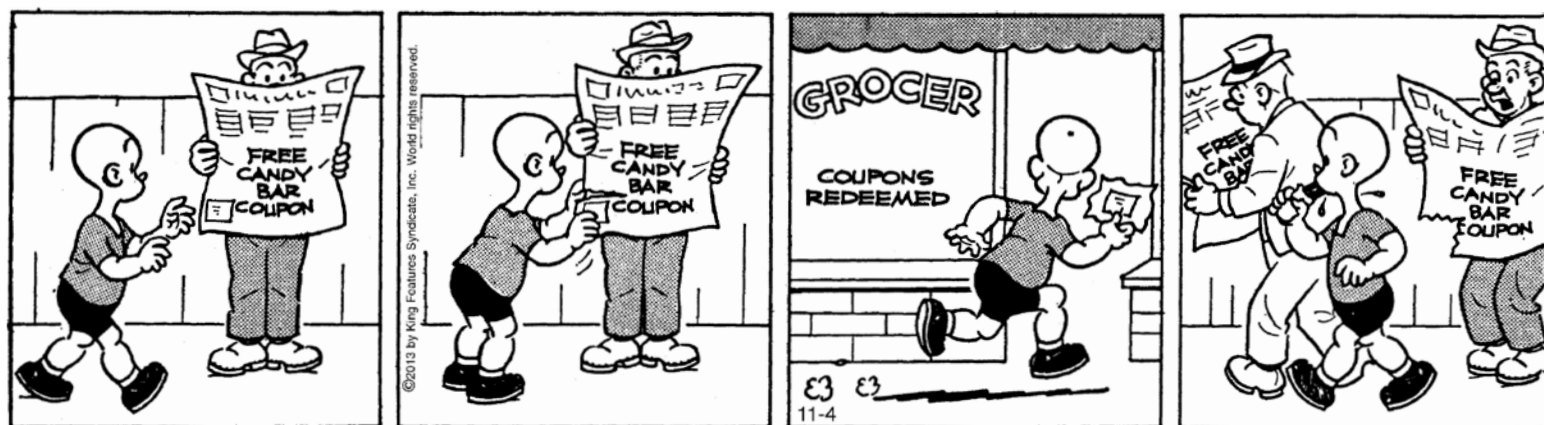
3. Add the fish sauce and palm sugar as according to taste.

Once you have the desired balance of salty, sour, hot and sweet, remove the pan from the heat.

4. Transfer 220ml of the stock into a separate pan and bring to the boil. Add the chicken breasts and cook for two minutes, then add the prawns until completely cooked through.

5. Pour the cooked meat into two bowls and top up with soup from the large pan. Garnish with Thai basil, coriander and a lime wedge.

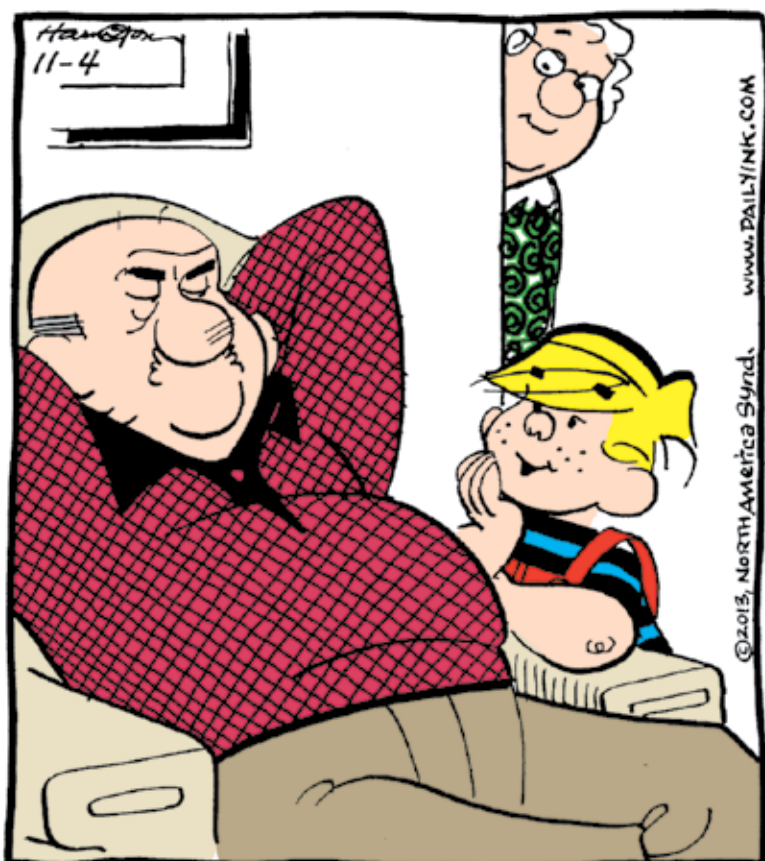
Henry



Spiderman



Dennis the menace



"WHEN I RETIRE, I'M GONNA DO NOTHIN'... JUST LIKE YOU, MR. WILSON."

Spot the 10 differences



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What's in your stars?

The Read. astrologer tells you what you can expect over the next seven days.

ARIES

(MAR 21 - APR 20)

Think twice before agreeing to take over from someone when they drop out of a commitment. It may not seem like a big deal now but do you really need the added pressure? Your schedule is busy enough right now without adding more to your plate.



TAURUS

(APR 21 - MAY 21)

You're already feeling festive and it seems as though nothing can get you down at the moment. This is a great way to face the next few weeks, as things will start to get a little frantic. Your positive outlook will overcome any pressures you're faced with.



GEMINI

(MAY 22 - JUN 21)

Make the most of quality time with your loved ones; before you know it, the kids will have grown up and moved away and the elders won't be around any more. You're feeling the importance of family at the moment so let them know you appreciate them.



CANCER

(JUN 22 - JUL 23)

A big event is coming up, which gives you plenty of reason to get excited and let your hair down. Don't fret too much over the small details; just enjoy yourself. All your preparation will pay off so try not to panic if you've forgotten a couple of minor things.



LEO

(JUL 24 - AUG 23)

A colleague may have been constantly questioning you recently over details that don't seem appropriate for the work environment. Perhaps it's best to approach the issue with him or her before their quizzing becomes a little too much to bear.



VIRGO

(AUG 24 - SEP 23)

It's starting to get busy in your life, Virgo, so keep a tight hold of the reins in order to avoid falling off the horse. With a little bit of careful planning, there's no reason why your work/life balance needs to suffer. Don't over-commit and you'll be fine.



LIBRA

(SEP 24 - OCT 23)

It may seem small to other people, but a recent purchase has proved to be a prominent factor in your life. The fact that you are beginning to 'upgrade' areas of your life could be reflecting a deeper desire to change, so do what you feel is necessary.



SCORPIO

(OCT 24 - NOV 22)

Be careful what you leave open on your internet browser, as a webpage could land you in hot water with your boss. Keeping personal browsing personal might be a better idea, after all work is not the place to be shopping on-line or even browsing jobs.



SAGITTARIUS

(NOV 23 - DEC 21)

A close encounter with a famous face will provide much excitement for you in the next week. Whether it's an international star or someone you simply admire, grab the opportunity to introduce yourself. You'll only kick yourself after if you shy away.



CAPRICORN

(DEC 22 - JAN 20)

Two close friends may be at each other's throats and, unfortunately, you are well and truly stuck in the middle of it all. As frustrating as it might be, you really need to try and avoid taking sides here. It may be best to keep quiet and just listen.



AQUARIUS

(JAN 21 - FEB 19)

If you're trying to get fit ahead of the New Year crowd, use the next few days to pay close attention to your diet. Perhaps the method that works for other people won't work best for you. Listen to what your body is trying to tell you about certain foods.



PISCES

(FEB 20 - MAR 20)

The pressure is piling up at work and the only way to get through it is to start delegating. Don't be afraid to ask other people to pitch in, especially if you are in a senior position on a certain project. This is the perfect time to prove your management skills.



This week's local weather

SUN



WARM
HIGH 27C
LOW 24C
HUMIDITY 34%

MON



WARM
HIGH 27C
LOW 24C
HUMIDITY 34%

TUE



WARM
HIGH 26C
LOW 25C
HUMIDITY 33%

WED



WARM
HIGH 25C
LOW 22C
HUMIDITY 37%

THU



WARM
HIGH 26C
LOW 22C
HUMIDITY 39%

FRI



WARM
HIGH 25C
LOW 21C
HUMIDITY 31%

SAT



WARM
HIGH 27C
LOW 24C
HUMIDITY 33%



2014

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January

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August

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31						

September

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October

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November

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December

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14	15	16	17	18	19	20
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Cut and keep



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SPICE.



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