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FEBRUARY 16-22, 2014 | Issue 140

# Read



## CONNECTING PEOPLE

In just one short decade, Facebook has grown from a simple college prank into the world's most widely used social network



## WHITE OUT IN CHAMONIX



## STYLISH DESTINY

From their early days in music to the pop superstars they have become, Beyoncé and Jay-Z have conquered the fashion world as well as the charts



## Get your daily updates from the Read Facebook page

- Weather
- Horoscope
- Exchange Rates
- Gold Rates
- Quote of the Day
- Word of the Day



## FROM THE HEART

The recent documentary that shows how music and singing means more to the labourers of the UAE than you may think



## Keep on moving

The health benefits of getting your dancing shoes on

Health | Fitness | Film reviews | Entertainment | Cars & gadgets | Community | Listings

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## Letters

Email: [letters@readme.ae](mailto:letters@readme.ae)

A selection of the letters we've received this week. Write in to have your say.

### ✉ TOO MUCH TECH

What is it about carrying two or three phones? I mean, what's the point of owning multiple personal phone numbers anyway? If the reason is to avail of the best offers of the two networks, wouldn't you be spending heavily just to have them? And, if you just want to just flaunt that you have the latest smartphones, your reasons for going that far are remarkably sound, sarcastically speaking. The bane of consumerism can be cruel in the minds of the envious.

Thomas Stratford

### ✉ MAKE SPACE

Everyday I use the Metro and bus services with my daughter. It's a great feeling, and I am so very thankful to

the RTA. But sometimes it's tough due to the annoying behaviour of co-passengers who don't give priority and space to old age people, expectant women or women with kids. Even at the checkout gates some people want to only exit through the wide passage gates. On the bus I often have to make requests for space to upload my baby's stroller and use the area that I think is primarily for strollers. Please try to teach people by using more detailed stickers if possible.

Neha Jain



MULTIPLE MADNESS

## Read. Poll

If you won Dh1 million what would you do?

- Spend most of it
- Save most of it
- Give part to charity
- Would decide what to do after winning

Cast your vote online at [www.readme.ae](http://www.readme.ae)

### LAST READ. POLL RESULTS

Where do you usually save your smartphone contacts?

|                     |     |
|---------------------|-----|
| SIM card            | 27% |
| Smartphone          | 55% |
| SD card             | 7%  |
| No idea where saved | 11% |

## QR codes



Scan this QR code with your smartphone to go to the Read. website



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# Metro pics



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ABDUR REHMAN QADERMAND



GRACE



ARJUN

MOHAMMED ASEEM DAMUDI



DANA BIK ZADE



JOANNA MARIE CAPISTRANO

# Facebook chatter

Here's what you have been saying on the *Read*. Facebook page.

(Responses only edited for length)

**How many languages can you speak and do you think it helps if you're able to speak more than one?**

I can speak 3 languages including my own. Hindi, Arabic and Nepali. It helps a lot cause this two languages are most Spoken in Dubai as well as Gulf country. As we know there are so many migrants and everyone is not so fluent in English so we must know Arabic language to communicate. Meanwhile taking about Hindi language it is also one of the important language from Asia, spoken by more than 10 countries. So knowing plenty of languages really helps us for our daily activities I think.

— **Bimal Lama**

I can speak 2 languages and one dialect which is my mother tongue.

I believe that being bilingual or multilingual has practical benefits in an increasingly globalised world. It makes you more efficient communicator. Also, it gives you access to different cultures and makes you more tolerant and open to others.

— **June Reynan Lariba Macario**

I can speak two languages only that's English and Hindi. But additionally wherever you are staying in abroad you should be aware of local language that will help you a lot in communicating with local peoples



and in government offices and it is a plus point in job too.

— **Azmat Lodhi**

Only 3 - English, Hindi and Tamil, but can understand Telugu and Malayalam a bit. It does help if u know more languages but which is relevant to that country.

— **Sam Bay**

**How long is your commute into work and what mode of transport do you use to get there?**

Metro is convenient and saves time, money and energy. The Metro is stress-free. Second option is cab when I have the luxury of time. Car lift when it's midnight.

— **Colin Tupaz**

When I was in Satwa it took me 1 hr by bus. If the bus left, you have to wait for an hr for the next bus or take a taxi which cost Dh20. Now I moved near my office which is 10 mins walk, saving Dh200 and 2hrs.

— **Avie Arrabis Roda**



**What is the most important lesson you've learnt from another person?**

If u want to enjoy every moment in ur life don't try to involve others bcoz moods depend on a person's circumstances not on climate or scenery learn from my husband.

— **Neha Sourabh**

My father taught me to treat women with respect no matter what and that you are responsible for your own actions. Self harm is not a long term answer to your problems.

— **Arman Hossen**



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## New Restaurant Openings

Staff Wanted

# CAREER OPPORTUNITIES



**Open Day - Saturday 22nd February, 9am-6pm,  
Al Barsha Boutique Building, Al Barsha, Dubai**

**THE CHEESECAKE FACTORY, P.F. CHANGS and SHAKE SHACK** are coming soon to The Beach, Jumeriah Beach, Dubai. We are looking for experienced hospitality staff for these restaurants and will be holding a recruitment day on 22nd February.

We are looking for: • **Senior Servers • Waiters • Hosts • Cashiers • Receivers • Chef de Parties • Bartenders • Commis 1 & 2 • Bus Boys • Dishwashers • Crew Members.**

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# Sing it loud

How the spotlight is shining bright on workers in the UAE.

“The finished documentary touched the hearts of thousands when it premiered at last year's DIFF.”

sing and dance like a Bollywood star, plus demonstrate that he has the movie knowledge to back it up.

From three places in its inaugural edition in 2007, *Camp Ka Champ* now covers nearly 100 facilities across the UAE, reaching over 100,000 labourers. By filming the twists and turns of the competition alongside the men's own life stories, the documentary touched the hearts of thousands when it premiered at last year's DIFF in front of the iconic Burj Khalifa, which, rather ironically, many of the men featured in the movie had helped to build.

But a packed premiere just didn't do the documentary justice and, following a recent crowd-funding campaign, *Champ of the Camp* hit select cinemas nationwide last week. However, it doesn't stop there. The campaign is still ongoing, as the team behind the documentary aim to get a Gulf-wide release underway.

The current campaign on Aflamnah.com is raising money that will be used specifically towards the production of theatrical exhibition materials, clearances, and to generate awareness of the film at theatres. But, as with all grassroots projects, support is the vital ingredient.

So, if you feel as though it's time to let the men who build dreams experience living a dream of their own, why not show your support by getting involved? You'll laugh, sing along, and probably shed a tear, but the search for star material among labourers in the UAE is definitely one story that needed to be told. ●

It was the surprise hit of the Dubai International Film Festival (DIFF) in December last year, standing up against A-list celebrities and Hollywood blockbusters to become the unexpected success of the season. But how did a documentary about labourers living in the UAE come to steal the spotlight?

*Champ of the Camp* is the first ever feature-length documentary filmed in labour accommodation in the UAE. Following a massive Bollywood singing and trivia competition, the documentary goes behind the scenes—both of the competition and of the lives of the participants—to reveal a previously unseen world for many of us living in the region.

Directed by Mahmoud Kaabour, *Champ of the Camp* allows the workers to tell their own stories for the first time. A multi award-winning director, writer, and lecturer from Lebanon, based in the UAE, Kaabour's previous work includes *Teta, Alf Marra* (Grandma, a Thousand



KAABOUR GOT THE BEST TALENT FOR HIS PROJECT

*Times*), which brought mainstream exposure to the Arab documentary industry in 2011.

Following his previous cinematic success, it is now hoped by many that *Champ of the Camp* will eventually reach a global audience, to reveal the sometimes heartbreaking, sometimes lighthearted, stories of the men hoping to be crowned the winner of Western Union's *Camp Ka Champ* competition.

Taking place across more than 70 camps throughout the country, *Camp Ka Champ* is an annual competition that aims to find and crown the champ of all labourers, who can

MOVED BY MUSIC

## Get involved

To support the film's campaign, visit [www.aflamnah.com/en/champ-of-the-camp/](http://www.aflamnah.com/en/champ-of-the-camp/)

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Shorts, sizes 3-10 years



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# Loud music buzz might bring tinnitus

Star warns music lovers to turn down the volume on their headphones.

**A**lmost 70 per cent of people in the United Kingdom have been left with ringing in their ears or dulled hearing after a night out, according to a poll carried out to mark Tinnitus awareness week earlier this month.

The survey also found that one in 10 people in the country are affected by tinnitus each day, with symptoms ranging from a light buzzing to a constant roar in the ears and head, forcing them to deal with sleeping problems to being able to concentrate at work.

Paul Oakenfold, the celebrated DJ and record producer and one of the ambassadors of Action on Hearing Loss, which organised the campaign, said: "I feel passionately about listening to music safely, and urge music lovers to wear ear defenders to gigs and avoid dangerously high volumes on personal music players.

"Getting decent noise-cancelling headphones also cuts down the risk of damaging your ears and suffering tinnitus caused by over exposure to loud music. No one wants that! So protect your ears whilst loving your tunes."

The charity's poll reveals that almost half of people listen to music for up to one-third of their waking day, but worryingly nearly one in five would not do anything differently to take care of their hearing, even when informed of the dangers.

"Listening to loud music for a long time can trigger tinnitus and is an indication of damaged hearing," explained Paul Breckell, chief executive of Action on Hearing Loss.

"Most people have experienced

*"Those who are severely affected can experience fear, anxiety and feelings of helplessness that affect their quality of life."*

tinnitus, but those who are severely affected can experience fear, anxiety and feelings of helplessness that affect their quality of life. Currently there is no cure for tinnitus; as a charity we are doing all we can to fund research into treatments, and in the meantime offer support to people who suffer."

Tinnitus is a term that describes any sound a person can hear that comes from inside their body, rather than from an outside source. Commonly described as a ringing sound in the ears, tinnitus can actually include a variety of sounds, such as humming, buzzing, hissing and whistling, and can make life a misery for sufferers.

The trouble with the condition is that it is not always possible to identify the cause, although it is usually associated with hearing loss that is often caused by damage to the inner ear as a result of excessive noise.

It is common among all age groups, and there is no single treatment that works for everyone. The best thing to do if you expect you have tinnitus is to visit your GP for a formal check-up.

But prevention is better than cure, so it is important not to crank up the volume on headphones, as Oakenfold suggests. ●

TURN IT DOWN TO PREVENT TINNITUS

## Al Zahra Private Hospital Dubai hosts blood donation day

The newly opened ultra modern multi-speciality Al Zahra Private Hospital in Dubai launched its corporate social responsibility calendar for 2014 with a special blood donation day initiative in collaboration with Dubai Health Authority. The campaign aimed at raising awareness and encouraging the hospital's staff to save lives by donating their blood.

Sheikh Mohammed Bin Faisal Al Qassimi, Managing Director of Al Zahra Private Hospital, was one of the first blood donors during the day. Staff members from various departments along with the top management team of the hospital volunteered for the blood donation day. Participants underwent a mandatory check prior to donating their blood.

As one of the key regional independent healthcare providers, serving communities residing in the UAE, Al Zahra Private Hospital understands the ongoing demand for blood, which is proportionate to the fast growing population of Dubai along with healthcare facilities. In the coming months, the hospital plans to organise a blood donation campaign that will involve the public.

Tell us your thoughts: [letters@readme.ae](mailto:letters@readme.ae)

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| 2 Lulu Xpress <b>Al Quoz</b>              | Business Bay         | 7 Lulu Hypermarket <b>Qusais</b> | Stadium, Qusais       |
| 3 Lulu Hypermarket <b>Karama</b>          | Al Karama            | 8 Lulu Village <b>Muhaisinah</b> | Qusais                |
| 4 Lulu Center & Supermarket <b>Karama</b> | Al Karama            |                                  |                       |
| 5 Lulu Hypermarket <b>Arabian Center</b>  | Al Rashidiya         |                                  |                       |

Red Line Green Line

# TRAVEL NEWS

## Yas Waterworld makes annual passes available

**Yas Waterworld**, the UAE's first mega waterpark, has announced that a limited number of annual pass memberships are available. The Abu Dhabi-based waterpark's memberships entitle guests to year-round offers and discounts at Yas Waterworld and Ferrari World in Abu Dhabi.



New annual pass members at Yas Waterworld can enjoy 10 per cent discount on all food and beverage at the park, 10 per cent discount at the waterpark's souvenir shop, Sultan & Sons, as well as 10 per cent discount to use at PearlMasters, Yas Waterworld's unique interactive treasure hunt.



On renewal of annual passes, existing annual pass members will gain the above selection of added extras, plus a host of other exclusive members-only activities and benefits. These include priority updates about upcoming offers and events at the park and a Dh100 voucher, which can be redeemed at Sultan & Sons, PearlMasters or the Yas Waterworld pearl diving guest experience.

The pearl diving guest experience allows waterpark visitors to dive for oysters in an adventure reminiscent of traditional Emirati pearl diving. Similarly, existing members renewing their annual pass membership will also receive 20 per cent discount on companion tickets for the waterpark. Prices for Yas Waterworld's annual pass memberships start at Dh1,100.

# In the shadow of Mont Blanc

France's premier hardcore winter sports resort, **Chamonix** is the perfect place to get on the piste.

**M**ost winter resorts benefit from a glorious backdrop, but not all of them can boast the imposing presence of Europe's highest mountain, Mont Blanc, in their back yard. This alone makes Chamonix, in eastern France, so special even though it is just one of many reasons for adrenaline seekers to visit the town.

Given that the 2014 Winter Olympics have just kicked off in Sochi, it is worth remembering that the very first such event, held in 1924, took place in Chamonix and established the town's tradition for top-level winter sports.

Its immaculate pistes and off-piste runs were captured forever in the dramatic opening of the James Bond film, *The World Is Not Enough*, with 007 being chased down a mountain by dozens of henchmen on skis.

To make the most of what Chamonix has to offer, hire a guide for the

day and head off piste. The Vallée Blanche is deservedly well known, but there are plenty of other fabulous off-piste runs in Chamonix just waiting to be discovered.

Some visitors, however, dispense with the skis and snowboards and instead pack the karabiners and crampons to take advantage of the unparalleled rock climbing opportunities in the area. After all, this is a hardcore resort for hardy adventurers and daring, active types, and ice climbing, extreme skiing, paragliding, rafting, canyoning and wing suit flying are all available.

Chamonix is famous for its spectacular cable car to the Aiguille du Midi peak, which sits almost four kilometres above sea level. Once there, the mountaintop boasts what is claimed to be Europe's highest viewing platform, a glass box and skywalk that delivers truly remarkable views across the Rhône-Alpes region. Featuring three layers of glass bound together, the attraction can withstand winds of up to 200 km/h.

Even higher is the 4,810-metre peak of the legendary Mont Blanc, and it comes as a surprise to many that even novices are able to scale its mighty peak with only a decent level of fitness, a good guide and favourable conditions.

Since Mont Blanc was first conquered in 1786 by Jacques Balmat and Michel Paccard, it has become an achievable goal for amateur mountaineers and, in good weather, the climb isn't technically difficult.

Away from the rock faces and the pistes, Chamonix is vibrant and chocolate-box beautiful. Given that it serves just as a staging point for visitors who spend most of their time in the surrounding wilds, the town offers an abundance of refreshment, entertainment and accommodation for after the sun sets and the après-ski cranks up a gear.

For travellers from Dubai, Geneva is well-served from DXB and closest to Chamonix, with low-cost transfers to the town departing regularly. ●

## At the top

Known as *La Dame Blanche* (the white lady), Mont Blanc is the eleventh highest mountain in the world and is popular for hiking, skiing, snowboarding and mountaineering. Although France claims the peak in its entirety, Italian cartographers believe that the summit is shared between the two countries.



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MOH approval number: 14.2.1.12.2.14

# NEWS ON WHEELS

## Al Habtoor Motors awarded regional contract by Chery

**Chery International** has appointed Al Habtoor Motors as the official distributor for Chery spare parts to other Chery distributors in the GCC region and Jordan. Al Habtoor Motors is the official dealer of Chery in the UAE.



The decision was taken by Chery to provide after sales service and support to all its distributors in the GCC and Middle East region in keeping with its strategic long-term vision to be the premier Chinese automobile brand in the region.

The Chery spare parts distribution contract was signed in the presence of Sultan Al Habtoor, President, Al Habtoor Motors; Ahmed Al Habtoor, CEO, Al Habtoor Motors; Carl Hamer, Managing Director, Al Habtoor Motors; and Zhou Biren, Vice President, Chery.

Prior to the official signing, Chery's international sales and marketing team had visited Al Habtoor Motors after sales facility in Dubai and were impressed by the warehouse.

The Chery team decided to choose the UAE as the vehicle manufacturer's regional parts hub and set up a Chery GCC parts distribution centre in Dubai. The parts distribution centre bolsters Chery's aim to develop and enhance its quality and service standards to benefit Chery customers in easily finding suitable genuine spare parts.

The central warehouse at the facility is equipped with the latest technology supported by a Pico-mat automated system with conveyor facility that helps Chery to make a quantum leap in the fast paced spare parts industry by it giving an extra edge in logistics delivery. The well-stocked distribution centre also increases Chery's spare parts availability across the region.



The new Audi A6 suits the needs of both executive business types and boy racers.

**A**udi has always managed to produce cars that your Mum could go shopping in and you could go rallying in. It's in their DNA. And so it is with the 2014 Audi A6. In profile, the A6 is sleek but muscular, and the iconic face is quite animalistic thanks to beast-like xenon headlights underscored by LED running lights and sporty lower air intakes. If there's a slight criticism, the rear end lacks the dynamism of the face, but the positives of improved rear passenger headroom, a huge 530-litre boot space and aerodynamic stability outweigh any artistic quibbles.

The interior too is very sleek. For an executive saloon you really couldn't ask for better design and materials: soft leathers, aluminium highlights and matte wood veneer insets make the wrap-around cabin a luxurious environment. While the centre console has a lot happening with interactive screen, temperature dials, gear shift and Multimedia Interface (MMI) controls, it looks uncluttered. The interactive screen folds away into the

upper dash, and all other in-car controls are controlled from the Multimedia Interface and touchpad. Several aspects can also be controlled from the steering wheel buttons with the space in the instrument cluster between the large rev and speedo dials being used to display satnav, audio listings – even car setup, allowing you to choose between 'comfort', 'dynamic', 'auto' and 'individual'.

In comfort mode the ride is confident but the emphasis is on ease. The suspension soaks up bumps but it's never spongy and the steering is always pin sharp.

You might expect a car nearly five metres in length to compromise on handling and balance, but numerous elements contribute to give the A6 impressive road-holding credentials. To start with the A6 is 80kg lighter than its predecessor, but far sturdier thanks to extensive use of aluminium and high strength steel, while Audi adaptive air suspension offers great comfort but also ensures against unnecessary body roll.

And then there's the Quattro all wheel drive system. Having always led the market, the Quattro system has continued to develop for 30 years, and the latest version present

# Raw silk



SLEEK AND SUMPTUOUS

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in the A6 features a new centre differential and torque vectoring function.

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more so than when you engage the 'dynamic' setup, which tightens the sinews and transforms the A6 into a thoroughbred racer. Steering becomes slightly heavier but even more responsive, suspension stiffens, engine response and gearshift mapping is tweaked for energetic performance, and there is just enough drive bias to the rear wheels to allow you to push the tail end wide if you want. And yet when pushed hard the A6 still remains poised and elegant..

With fuel efficiency improved by upwards of 21 per cent over their previous iterations, and safety improved by systems like adaptive cruise control, active lane assist and side assist warning, other cars in this class have a fight on their hands.

And the A6 is the lioness among the pack: for 23 hours of the day she is calm, serene and elegant, but then for that other one hour of the day, the claws come out. ●



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TECH  
NEWSHisense launches  
Pure 1 smartphone  
with HD IPS screen

Hisense Middle East has launched Pure 1, its next generation smartphone featuring a 5.5-inch high definition IPS screen. Pure 1 runs on a 1.5 GHz Quadcore processor and comes with 1GB RAM. The smartphone has an 8GB internal memory along with a memory slot expandable up to 32GB.



Pure 1 is powered by a 2500 mAh battery, which gives users seven and half hours of talk time or 250 hours of standby time. The smartphone has an 8MP back camera with flash and a 2MP front camera. Pure 1 also features box functionality to support multi-screen interaction.

Launching Pure 1, Terry Wang, General Manager of Hisense Middle East, expressed his belief in the new product. He said the large high definition IPS screen makes it a more enjoyable experience to watch HD content on the move while the smartphone's high-speed processor makes gaming seamless.

Wang noted that the Pure 1 is competitively priced to make technology affordable to everyone. He also said that Pure 1 comes with a one-year warranty.

Hisense is a major consumer electronics brand in China. Its emphasis on technology is reflected in its products showcased at every Consumer Electronics Show (CES) in Las Vegas.

Building the  
social  
network

How timing and purpose helped Mark Zuckerberg to create one of the wonders of our time.



**I**t was hard to escape the news recently of the tenth anniversary of the social network that has changed the way we stay in touch.

The original 2004 interface of [www.thefacebook.com](http://www.thefacebook.com), put together at the time when chief executive Mark Zuckerberg was tinkering with a social service for students at Harvard University, is hardly recognisable compared to what over 1.23 billion of us can see today.

Back then, Friendster was the most popular social network, although MySpace was hot on its heels and about to take over. As so often is the case in the Web 2.0, with the way it can democratise the internet and deliver supremacy for a better service, both sites had their day but neither ever came close to challenging Zuckerberg's creation.

Facebook had the advantage that it was not yet a commercial entity, and therefore did not need to please investors and develop revenue streams to make money. As a result, it was clean, non-threatening and devoid of the flashing screen spam that soon became synonymous with MySpace.

By resisting any pressure to turn an immediate buck through banner ads, and taking until 2009 to make Facebook's first profit, Zuckerberg was able to take his time and work out the best way to monetise his social network.

One dollar  
wonder

Co-founder Mark Zuckerberg still owns 28 per cent of Facebook shares, giving him the largest stake in the business by a sizeable margin. This stock gives him an estimated personal wealth of \$27.9 billion, according to Bloomberg, in spite of the one single dollar he draws each year from the company.

This approach worked well, and just last year, Facebook reported a profit of some \$1.5 billion.

Launched in February 2004, the site clocked up its first million users by December of that year, and this was on just a bare-bones layout that did not offer the ability to share

photos—one of the key uses of the service today.

Ten years later, it can boast a total of over 200 billion friend connections, just under a million people who actively use Facebook on their mobile phones, and more than six million likes each day. Around 400 billion photos have been shared and 7.8 trillion messages sent; huge numbers for what started as a student club.

"It's been an incredible journey so far, and I'm so grateful to be a part of it," said Zuckerberg to kick off the 10-year celebrations.

"It's been amazing to see how people have used Facebook to build a real community and help each other in so many ways. In the next decade, we have the opportunity and responsibility to connect

everyone and to keep serving the community as best we can." ●

Tell us your thoughts: [letters@readme.ae](mailto:letters@readme.ae)

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# Dance fever

With many hit TV shows focused on shaking a leg, it's no surprise that dancing to stay fit is becoming increasingly popular.

**R**ather than sweating away on a treadmill for hours, many people are now taking to the dance floor as a form of exercise. Not only is it fun to dance your socks off to loud music but you can burn between 500 to 1000 calories an hour just by shaking and grooving. Dancing can be a great way to stay fit for people of all ages, shapes and sizes. Benefits include increased aerobic fitness, weight loss, increased muscular strength, stronger bones, better flexibility and co-ordination, as well as greater self-confidence.

## Zumba

Founded in 2001, Zumba blends upbeat rhythms with lively choreography for a total body workout. Zumba involves dance, aerobic elements, squats and lunges. This fun workout has many health benefits such as weight loss, as the workout incorporates routines that will improve your cardiovascular system. The exercises will also help tone your body, such as with squats and twists. As well as the physical benefits, Zumba is also a great way to meet new friends in a fun environment.



## Belly dancing

While the main reason most people take part in belly dancing is for fun it can also be extremely beneficial for your health. The movements of rolls, hip drops and pivots of this type of dance help muscle groups in the abdomen, spine, pelvis, neck and trunk. The movements can help relieve stress to the back, counteracting the almost constant compression of the discs that occurs from sitting. The main benefits include improved posture and muscle toning. Improved hip flexibility can also lead to improved balance when walking. Belly dancing also benefits your mind—with work and family stresses, the hypnotic rhythms of the music that accompanies a belly dance class can have a calming effect. The core strength movements help the body to become supple and strong.



## Ballroom

All the turning, stepping and manoeuvring involved in ballroom dancing is beneficial for burning calories. However the style of dance also helps improve balance, co-ordination, agility and awareness. Flexibility is a key benefit from this type of dancing. A lot of the moves require stretching and bending and therefore your flexibility will improve gradually. You will also develop strength the more you practice, as ballroom dancing requires a lot of strength from your leg muscles. This energetic, controlled style of dance can also help to build upon your endurance. Each time you dance with a partner and work on your quick steps, lifts or twists and turns, you are conditioning your body to perform the strenuous moves without becoming tired.

## Salsa

Salsa dancing is a unique form of exercise because it provides the heart-healthy benefits of aerobic exercise while also allowing you to engage in a fun, social activity. The health effects will of course depend on how much effort you put in, however salsa dancing builds endurance and stamina, helps with weight loss and the release of toxins while you sweat, as well as helping to lower your blood pressure and improve your cholesterol levels. Salsa is also a great way to connect with others, so if you want to widen your social circle, get dancing.



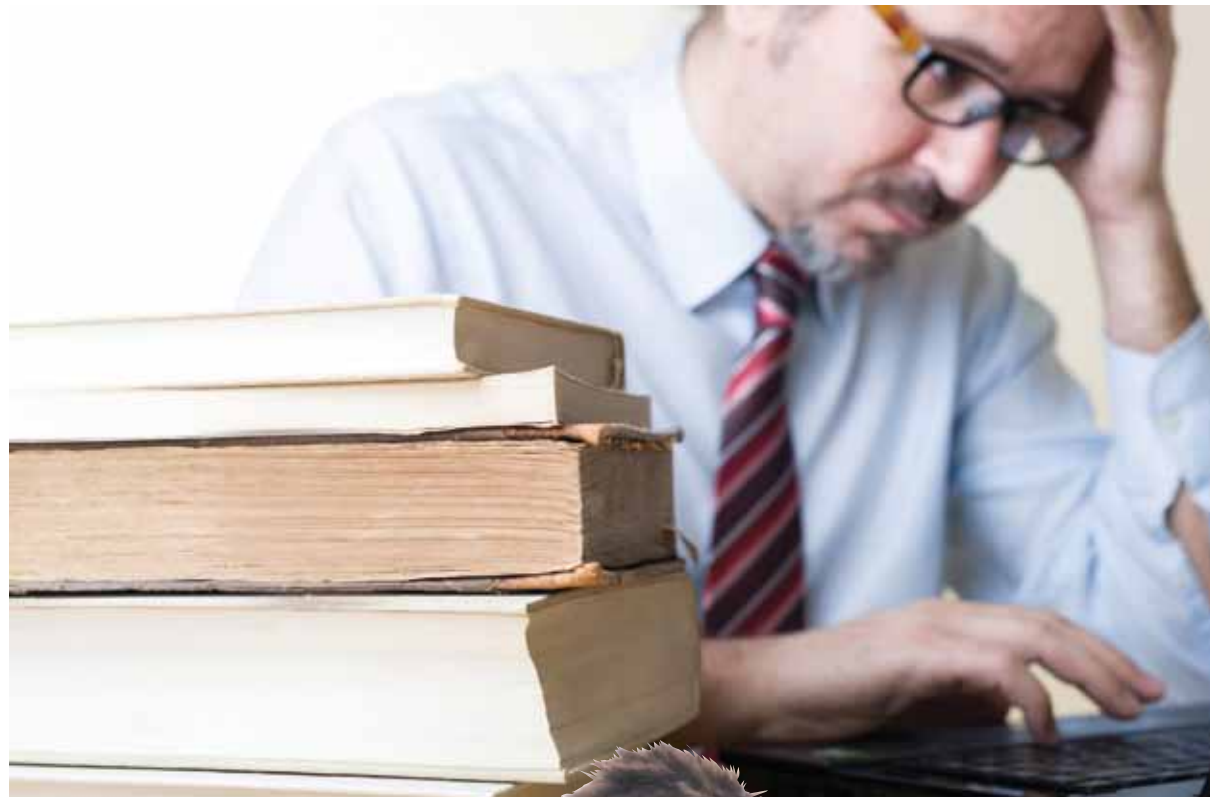
## African dance

African dance styles are a great way to stay fit. The dances accompany specific drumming rhythms, with each rhythm having a particular step. This total body workout will help relieve stress by raising endorphin levels which can result in better immunity. Many people claim to sleep longer and deeper after a dance class therefore it could also help to prevent insomnia. It is estimated that energetic dance styles like African dance can burn anywhere from five to 10 calories per minute.

Tell us your thoughts: [letters@readme.ae](mailto:letters@readme.ae)

# Ways to limit mistakes

While everybody makes a mistake now and then, there are better ways to deal with slip-ups than shouting.



## MANAGEMENT

**Confronting** employees about unintentional errors or a task done wrong is never a fun or easy task. That's why many managers tend to take a reactive approach to handling employee mistakes. They have been taught how to give feedback and deal with conflict through corrective actions such as verbal or written warnings, and sometimes, termination. As a result, they often perceive handling employee mistakes as a confrontational situation and an inevitable part of being a manager. But this shouldn't always be the case as most mistakes can be avoided if the right precautions are taken in advance. Akhtaboot offers several tips to help you limit employee errors in your company.

## SET CLEAR EXPECTATIONS

Setting expectations is one of the basic fundamentals of leadership; yet, many managers fail to make clear requests that have no room for interpretation. The first step towards setting clear

expectations is planning. The more time you dedicate to planning, the more effective your team will be when they start executing. The second component of setting clear expectations requires great communication skills. Your employees want to be on the same page as you, they want to make smart decisions, but they cannot read minds. Rephrase your requests in a way that can be heard, often several times, before they become internalised by others.

## DOCUMENT YOUR EXPECTATIONS

Making clear requests is a great start when it comes to limiting employee mistakes, but over time people tend to forget what was agreed upon and you can still fall into the "I said,

he said" trap. If you feel that your request can be misinterpreted from what you intended, make sure that you document it in writing or using electronic systems. There are many systems that allow you to assign tasks to employees while allowing them to ask questions, give updates, and request more information. It also gives you a point of reference if there is a problem later on.

## ADDRESS ANY PROBLEMS WITH FACTS

Mistakes happen to the best employees and systems, whether intentional or due to negligence. When the time to address mistakes with your team comes, you need to focus the team's attention on facts instead of feelings or personal issues. This doesn't mean that you need to eliminate any emotional charge out of the conversation; you need to tackle the mistake in a factual approach by referring back to the initial request and the documentation. By doing so, you will be able to pinpoint team members who didn't follow the brief from those who simply misunderstood the request.

*“Mistakes happen to the best employees and systems, whether intentional or due to negligence.”*

## DOCUMENT THE MISTAKES

Smart companies know the difference between a lesson learned and finding a permanent solution for it. Learning a lesson from mistakes happens only when we take responsibility for the mistake, try different approaches to achieve different results, and then integrate best practices into the company's culture by documenting all cases. Create some type of knowledge management system, which could be as simple as a spreadsheet. This sheet will allow you to document the mistakes, the causes and the solutions, and then you can create some type of standard operating procedures. Once you share it with your employees, make sure that you periodically refer to it to ensure that the lesson has truly been learned and similar mistakes are less likely to be repeated. ●

By Akhtaboot—the career network ([www.akhtaboot.com](http://www.akhtaboot.com)).

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# Fashion evolution

Beyoncé and Jay-Z weren't always the stylish power couple. We trace their fashion transformation over the years.

## STAR STYLE

From colourful, co-ordinating outfits during the days of Destiny's Child to high-fashion, Beyoncé has established her own daring, statement style. The singer knows how to stand out on the red carpet and on stage in shimmering, one of a kind outfits. While her husband Jay-Z's style hasn't changed much since his early career, his casual attire of jeans, flatcaps and lavish jewellery are go-to favourites for the talented rapper.

## 2003

At the Golden Globes in 2003 Beyoncé opted for a prom-inspired dress with a colourful floral motif. While we aren't a fan of this look now, it was a pretty look for the then 22-year-old. The diamond accessories, full-bodied tulle skirt and bouncy curls were the perfect ingredients for a red carpet look in the early 2000s.

## 2002

At the premiere of *Austin Powers: Goldmember* in 2002, Beyoncé opted for a dazzling, gold embellished mini-dress. The young singer appeared to be channelling her on-screen character, Foxy Cleopatra. And she struck gold in the fashion stakes for her daring choice. The dramatic earrings, strappy sandals and jazzy dress were an early sign of Beyoncé's signature costume style.

## 2001

In 2001, Jay-Z's style was very casual and laidback. The rapper looked street in baggy blue jeans, a white T-shirt under an oversized sports top and a red baseball cap worn backwards. The singer accessorised with a watch, sweatband bracelet and silver chain.

## 2006

Wearing black baggy jeans, a plain back T-shirt, white hooded jacket and bulky hi-top trainers, Jay-Z's casual look is perfect for rapping onstage. The black sunglasses, statement watch and silver chain added an edgy vibe to his outfit.

## 2007

In 2007 Beyoncé opted for a new hairstyle with long, shining brown locks. The poker straight style looked stunning with her figure-hugging emerald green silk evening dress. The mermaid fishtail detailing showed off the star's perfect hourglass figure.

## 2011

An expectant Beyoncé looked all grown up in a modest, bright orange floor-length dress at the MTV awards. The mum-to-be was glowing in the chic ensemble. The star wore her hair in a side ponytail with eye-catching earrings for a sophisticated look.

## 2014

At the Grammy awards in January, Beyoncé looked every inch the queen of pop in a sheer, white floor-length dress. The cutaway detailing flattered the star's figure while the long sleeves and high neckline kept the look classy. A swish of red lipstick and tousled wet curls were the recipe for a winning look in our books.



## 2014

Jay-Z's style has remained relatively the same over the years. His casual attire consists of mainly baggy jeans, chain accessories, chunky trainers and plain T-shirts. However, on the red carpet the rapper looks elegant and sophisticated. At the 2014 Grammy Awards, Jay-Z looked suave and polished in his classic tuxedo. The black bowtie and patent shiny shoes create a dapper look.



# Class of burgundy

The second outing of **Anchorman** shows how Ron Burgundy continues to be a cult comedy legend.

## NEW RELEASE

With the 1970s now behind him, San Diego's top rated newsman, Ron Burgundy returns to the news desk in *Anchorman 2: The Legend Continues*.

Also back for more are Ron's co-anchor, Veronica Corningstone, weatherman Brick Tamland, man on the street Brian Fantana and sports guy Champ Kind—none of whom make it easy to stay classy while taking the nation's first 24-hour news channel by storm.

The story continues several years after *Anchorman: The Legend Of Ron Burgundy* leaves off. Ron, played by Will Ferrell, is now married to Veronica (Christina Applegate), with the pair both working on a prestigious news network in New York.

With Mack Tannen (Harrison Ford), the city's most popular news anchor, announcing his retirement, he grooms Veronica as his replacement, in spite of Ron's objections.

Burgundy, Tannen believes, is sloppy on air and

should be dismissed, whereas Veronica should become the first female nightly news anchor in history.

Of course, this leads to discord within the couple, and Ron storms out of their home to return to San Diego. However, stricken by depression, he can barely hold down a job.

But when the opportunity to be part of the launch the world's first 24-hour news network arises, Ron pulls things together and reunites his old colleagues Tamland (Steve Carell), Fantana (Paul Rudd)

and Kind (David Koechner), all of whom have moved out of the TV news business. At the same time, Veronica has begun dating another man as a result of Ron's absence.

Faced with an unglamorous late-night time slot, Ron decides on a novel approach to presenting the news: broadcast what people want to hear, rather than what they need to hear, in a sensationalist way. Due to the success of this format, other stations across the country attempt to copy the Burgundy style. Ron, in turn, is promoted to the station's highest-rated time slot.

With the adulation inflating Burgundy's ego, he begins to alienate his colleagues and neglect his son with Veronica, but he soon crashes back down to earth after sustaining a head injury at a party.

Unable to read the trusty Autocue, the bottom falls out of Burgundy's world, and only Veronica can save him.

Backed up by a massive marketing campaign to capitalise on the first film's cult popularity, fans won't be disappointed with Ron's latest outing, with jokes coming thick and fast and the catchphrases bringing as much joy as they always have. Released 10 years after the *Anchorman* debut, this outing remains fresh and witty, and serves as a great follow-up to the legend that is Burgundy. ●

## Did you know?

To promote the launch of the film, Will Ferrell conducted a number of news broadcasts, in character as Ron Burgundy, across TV stations in America and Canada. One report, for The Sports Network, focused on coverage of the Canadian Olympic Curling Trials.

BACK BEHIND THE NEWSDESK

# Listings

THE READ. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.

SCHEDULE CORRECT AT TIME OF GOING TO PRESS; HOWEVER, PLEASE NOTE THAT MOVIE THEATRES CAN CHANGE SCHEDULES WITHOUT NOTICE



## Grand Cineplex - Wafi

**American Hustle** - 10:40, 13:20, 16:00, 18:40, 21:20, 00:00  
**Code Red** - 10:00, 14:10, 18:20, 10:30  
**Endless Love** - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:50  
**Gladiators Of Rome** - 11:00, 13:00, 15:00, 17:00, 19:00, 21:00  
**Gunday** - 11:00, 12:00, 14:00, 14:50, 17:00, 17:40, 20:00, 20:30, 23:00, 23:30  
**Hasee Toh Phasee** - 10:00, 11:00, 12:45, 13:45, 15:30, 16:30, 18:15, 19:15, 21:00, 22:00, 23:45, 00:45  
**Hercules: The Legend** - 23:00, 01:00  
**Lone Survivor** - 11:50, 16:00, 20:10, 12:20  
**Ride Along** - 22:00, 00:00  
**Robocop** - 10:00, 12:20, 14:40, 17:00, 19:20, 21:40, 00:00  
**That Awkward Moment** - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00  
**The Lego Movie** - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00  
**Winter's Tale** - 12:00, 14:20, 16:40, 19:00, 21:20, 23:40

## Grand Megaplex - Ibn Battuta

**American Hustle** - 10:40, 13:20, 16:00, 18:40, 21:20, 00:00  
**Code Red** - 10:00, 11:50, 13:40, 15:30, 17:20, 19:10, 21:00, 22:50, 00:40  
**Endless Love** - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:50  
**Gladiators Of Rome** - 11:00, 12:00, 13:00, 15:00, 17:00, 18:00, 19:00, 21:00, 23:00  
**Gunday** - 10:00, 11:00, 13:00, 14:00, 16:00, 17:00, 19:00, 20:00, 22:00, 23:00, 23:59  
**Hasee Toh Phasee** - 10:00, 11:00, 12:45, 13:45, 15:30, 16:30, 18:15, 19:15, 21:00, 22:00, 23:45, 00:45  
**Hercules: The Legend** - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00  
**Idhu Kathirvelan Kadhal** - 11:30, 14:30, 17:30, 20:30, 23:30

**The Lego Movie** - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00  
**Les Gamins** - 10:30, 12:30, 14:30, 16:30, 18:30, 20:30, 22:30, 00:30  
**Lone Survivor** - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30  
**Nut Job** - 10:00, 12:00, 14:00, 16:00  
**Oru Indian** - 18:00, 20:50, 23:40  
**Punyalan Agabathis** - 10:00, 12:50, 15:40, 18:30, 21:20, 00:10  
**Ride Along** - 11:30, 13:30, 15:30, 17:30, 19:30, 21:35, 23:40  
**Robocop** - 10:00, 11:00, 12:20, 13:15, 14:40, 15:30, 17:00, 17:45, 19:20, 20:00, 21:40, 22:15, 00:00, 00:30  
**That Awkward Moment** - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00  
**Winter's Tale** - 12:00, 14:20, 16:40, 19:00, 21:20, 23:40

## Grand Cinemas - Festival City

**American Hustle** - 10:40, 13:20, 16:00, 18:40, 21:20, 00:00  
**Code Red** - 10:00, 14:10, 18:20, 10:30  
**Endless Love** - 10:50, 11:50, 13:00, 14:00, 15:10, 16:10, 17:20, 18:20, 19:30, 20:30, 21:40, 22:40, 23:50  
**Gladiators Of Rome** - 11:00, 13:00, 15:00, 17:00, 19:00, 21:00  
**Gunday** - 12:00, 14:50, 17:40, 20:30, 23:30  
**Gunday** - 11:00, 14:00, 17:00, 20:00, 23:00  
**Hasee Toh Phasee** - 10:00, 12:45, 15:30, 18:15, 21:00, 23:45  
**Hercules: The Legend** - 23:00  
**The Lego Movie** - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00  
**Lone Survivor** - 11:50, 16:00, 20:10, 12:20  
**Ride Along** - 22:00, 00:00  
**Robocop** - 10:00, 12:20, 14:40, 17:00, 19:20, 21:40, 00:00  
**That Awkward Moment** - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00  
**Winter's Tale** - 12:00, 14:20, 16:40, 19:00, 21:20, 23:40

## Grand Cinecity - Al Ghurair

**American Hustle** - 10:40, 13:20, 16:00, 18:40, 21:20, 00:00  
**Endless Love** - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:50  
**Gladiators Of Rome** - 11:00, 13:00, 15:00, 17:00, 19:00  
**Gunday** - 11:00, 12:00, 14:00, 14:50, 17:00, 17:40, 20:00, 20:30, 23:00, 23:30  
**Hasee Toh Phasee** - 10:00, 12:45, 15:30, 18:15, 21:00, 23:45  
**Idhu Kathirvelan Kadhal** - 21:00, 23:50  
**Punyalan Agabathis** - 10:00, 12:50, 15:40, 18:30, 21:20, 00:10  
**Robocop** - 10:00, 12:20, 14:40, 17:00, 19:20, 21:40, 00:00

## Reel Cinemas - Dubai Mall

**12 Years A Slave** - 11:25, 14:00, 16:40, 19:25, 22:05, 00:45  
**American Hustle** - 11:20, 14:05, 16:55, 19:45, 22:35, 01:25  
**Endless Love** - 11:30, 13:40, 15:55, 18:10, 20:25, 22:40, 00:55  
**Frozen** - 11:30, 16:30, 21:35  
**Gunday** - 23:50  
**I, Frankenstein (3D)** - 14:00, 18:10, 22:20  
**The Legend Of Hercules** - 11:55, 16:05, 20:15, 00:25  
**The Lego Movie (3D)** - 11:00, 13:05, 15:15, 17:25, 19:35, 21:45  
**Ride Along** - 11:50, 14:00, 16:10, 18:20, 20:30, 22:40, 00:50  
**Saving Mr Banks** - 11:40, 14:10, 16:45, 19:20, 21:55, 00:30  
**That Awkward Moment** - 11:10, 13:10, 15:15, 17:20, 19:25, 21:30, 23:30, 01:30  
**Winter's Tale** - 12:05, 14:30, 17:00, 19:30, 22:00, 00:30  
**The Wolf Of Wall Street** - 13:45, 18:50, 23:55

## Reel Cinemas - Marina Mall

**12 Years A Slave** - 11:50, 16:55, 22:00,

00:05  
**American Hustle** - 12:15, 15:05, 17:55, 20:45, 23:35  
**Endless Love** - 11:40, 13:50, 16:05, 18:20, 20:35, 22:50, 01:00  
**The Lego Movie (3D)** - 11:20, 13:25, 15:35, 17:45, 19:55, 22:00  
**Robocop** - 11:30, 13:55, 16:25, 18:55, 21:25, 23:55  
**Saving Mr Banks** - 14:25, 19:30, 00:35  
**Winter's Tale** - 12:05, 14:30, 17:00, 19:30, 22:00, 00:30

## Vox Cinemas - Deira City Centre

**12 Years A Slave** - 12:45, 18:00, 21:00  
**American Hustle** - 12:00, 15:00, 18:00, 21:00, 00:00  
**Gladiators Of Rome (3D)** - 09:30, 10:30, 11:30, 12:30, 13:30, 14:30, 15:30  
**Gravity (4D)** - 10:30, 15:45  
**Gunday** - 10:00, 11:00, 13:15, 14:15, 16:30, 17:30, 19:45, 20:45, 21:45, 23:00, 00:00, 01:00  
**Hasee Toh Phasee** - 10:30, 13:30, 16:45, 20:00, 23:15  
**I, Frankenstein (3D)** - 17:30, 19:45, 22:00, 00:00  
**Jai Ho** - 23:45  
**Oru Indian** - 11:00, 17:15, 23:45  
**Punyalan Agabathis** - 10:30, 13:30, 16:45, 20:00, 23:00  
**Robocop** - 10:15, 15:30, 19:15, 21:45, 00:15  
**Robocop (4D)** - 12:30, 13:00, 15:15, 16:30, 17:30, 20:15, 23:00, 01:30  
**The Lego Movie** - 09:30  
**The Lego Movie (3D)** - 10:15, 12:30, 14:45, 17:00, 19:15  
**Winter's Tale** - 11:45, 14:15, 16:45, 19:15, 21:45, 00:15

## Vox Cinemas - Mall of the Emirates

**12 Years A Slave** - 12:00, 14:45, 17:30, 20:15, 23:00  
**American Hustle** - 12:00, 12:40, 15:00, 18:00, 21:00, 23:30, 23:45, 00:45

**Endless Love** - 09:45, 10:00, 12:00, 12:15, 14:30, 14:45, 16:00, 16:45, 19:00, 21:15, 22:00, 23:00, 23:30, 23:45, 01:40  
**Frozen** - 09:30, 11:50, 14:15  
**Gladiators Of Rome (3D)** - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00  
**Gunday** - 10:30, 13:45, 17:00, 20:15, 23:30, 00:30  
**Hasee Toh Phasee** - 12:15, 15:15, 18:15, 21:15, 00:15  
**I, Frankenstein (3D)** - 10:45, 13:00, 15:15, 17:30, 19:45, 20:15, 22:00, 00:15  
**Lone Survivor** - 14:15, 19:30, 01:40  
**Ride Along** - 10:00, 14:30, 19:15, 23:45  
**Robocop** - 11:30, 12:15, 14:00, 16:30, 17:00, 19:00, 19:30, 21:30, 00:00, 00:15  
**The Legend Of Hercules** - 12:15, 21:30  
**The Lego Movie (3D)** - 09:45, 11:00, 13:15, 15:30, 17:45, 20:00, 22:00, 22:15  
**The Nut Job** - 10:15, 12:15, 14:15, 16:15  
**The Wolf Of Wall Street** - 22:00  
**Winter's Tale** - 10:10, 10:45, 13:15, 14:15, 15:30, 15:45, 18:15, 20:45, 21:00, 23:15

## Vox Cinemas - Mirdif City Centre

**12 Years A Slave** - 15:45  
**American Hustle** - 13:45, 15:30, 18:25, 21:15, 00:05, 00:15  
**Endless Love** - 18:30, 21:15, 23:30, 01:45  
**Fast And Furious 6 (4D)** - 12:15  
**Frozen** - 11:15  
**Gladiators Of Rome** - 10:30  
**Gladiators Of Rome (3D)** - 09:30, 11:30, 13:30  
**Gravity (4D)** - 10:00, 11:00  
**Hasee Toh Phasee** - 12:45, 23:00  
**I, Frankenstein 3D (4D)** - 15:15, 15:45  
**The Lego Movie** - 20:45  
**The Lego Movie (3D)** - 09:45, 12:00, 14:15, 16:30, 18:45  
**Robocop** - 11:30, 14:00, 16:30, 19:00, 19:15, 21:30, 00:00  
**Robocop (4D)** - 13:00, 17:30, 18:00, 20:00, 20:30, 22:30, 23:00, 01:00  
**Winter's Tale** - 11:15, 13:45, 16:15, 16:45, 18:45, 21:00, 21:45, 23:30

## What's happening this week in the UAE

### Tattoo - Leen Batal Solo Exhibition



Syrian artist Leen Batal explores the paradox between traditional visual concepts and modern expression.  
**Date:** Until February 18  
**Time:** 9am-9pm  
**Venue:** Dubai International Art Centre  
**Admission:** Free  
**More info:** 04 344 4398

### Swim Burj Al Arab 2014

A competitive swim will take place alongside a social swim in support of Médecins Sans Frontières.  
**Date:** February 21  
**Time:** 7:45-11am  
**Venue:** Burj Al Arab hotel, Wild Wadi  
**Admission:** Dh275 onwards  
**More info:** 04 457 9255



### Dubai Food Festival 2014



Dubai hosts its first food festival around the city bringing the best culinary delights from around the world.  
**Date:** February 21 - March 15  
**Time:** Whole day  
**Venue:** Citywide  
**Admission:** Variable for different venues  
**More info:** 04 282 1111

### Grand Kerala Festival

Don't miss out the unique food and entertainment at the Grand Kerala Festival.  
**Date:** February 20-22  
**Time:** 20th 2-10pm, 21st 10am-11pm, 22nd 7:30pm-12am  
**Venue:** Wonderland Theme and Water Park  
**Admission:** Dh10 onwards  
**More info:** 052 794 4411



### Global Village



Catch the excitement from all over the world, from culinary delights to live action on stage as well as national pavilions.  
**Date:** Until March 1, 2014  
**Time:** Evening  
**Venue:** Global Village  
**Admission:** Dh15  
**More info:** 04 362 4114

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# Hollywood news

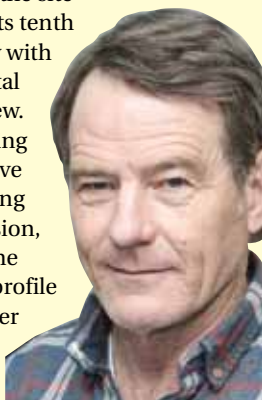
## Ri's romance



After the troubles she had during her relationship with Chris Brown, gossip is rife that a new man is now putting the smile back on RiRi's face. And the fact that the singer's alleged new romance is with fellow R&B star Drake has delighted many of her fans, who have championed the two becoming an item for years.

## Looking back

You can't have missed the wave of Facebook "look back" videos recently, as the site celebrates its tenth anniversary with a sentimental profile review. Now, *Breaking Bad* fans have been enjoying a spoof version, reviewing the imaginary profile of none other than Walter White himself.



# Taking her time



POSITIVE OUTLOOK

After news leaked that Selena Gomez had secretly entered a rehab facility, it would appear that the young star is on the mend and staying positive. And Gomez recently credited her fans personally for being such a huge support during a difficult time.

Posting a happy and carefree-looking picture of herself enjoying a boat trip, Gomez told her Instagram followers: "I've done everything I could to the best of my ability. Thank you for the unconditional love and cyber hugs. You inspire me."

The recent revelations about the former Disney starlet's secret stint in rehab came as a shock to many, but after the turbulent time she has had in her personal life lately, it could have perhaps been predicted.

Suspensions were originally roused when the singer cancelled the Australian leg of her tour in December last year, claiming that she needed to: "spend some time on myself," however, it was recently confirmed that Gomez had checked into a rehab facility in Arizona on January 5, where she stayed for two weeks.

The stay was rumoured to be a way for Gomez to deal with the emotional issues she has battled with following the break down of her relationship with Justin Bieber, not linked to any kind of substance abuse. Whatever the issue, we wish Selena a speedy recovery.

## Set for a sequel

After the success of the first installment, Channing Tatum has revealed that writing is underway for *Magic Mike 2*. The fun-loving actor made the announcement via

a tongue-in-cheek post on Facebook. The photo showed Tatum sat at a desk wearing a writer's cap and chewing on the end of his pen as he pondered over a manuscript. However, in line with his reputation as a prankster, the snap wasn't completely serious as, perched on the desk in front of him, a bust of Tatum's *Magic Mike* co-star Matthew McConaughey was watching over proceedings. Referring to McConaughey's outrageous character, Dallas, in the first installment, Tatum captioned the pic: "What better way to start writing *Magic Mike 2* than with my old friend Dallas?"



# Bollywood news

## Ranbir's return

Fans of Ranbir Kapoor are in for a treat as the star will be returning to screens in Bhushan Kumar's next project, a romantic action flick in which Kapoor will play the title role. The movie will also star Bollywood beauty Jacqueline Fernandez, who will apparently play a double role in the flick.



## It's showtime

As one of Bollywood's yummiest mummies, news that Shilpa Shetty will be hitting screens again has pleased her fans greatly. As well as a rumoured item number, Shetty will co-produce *Dishkiyaoon*. The flick will also star Harman Baweja, Sunny Deol and Ayesha Khanna.



## Ready to race

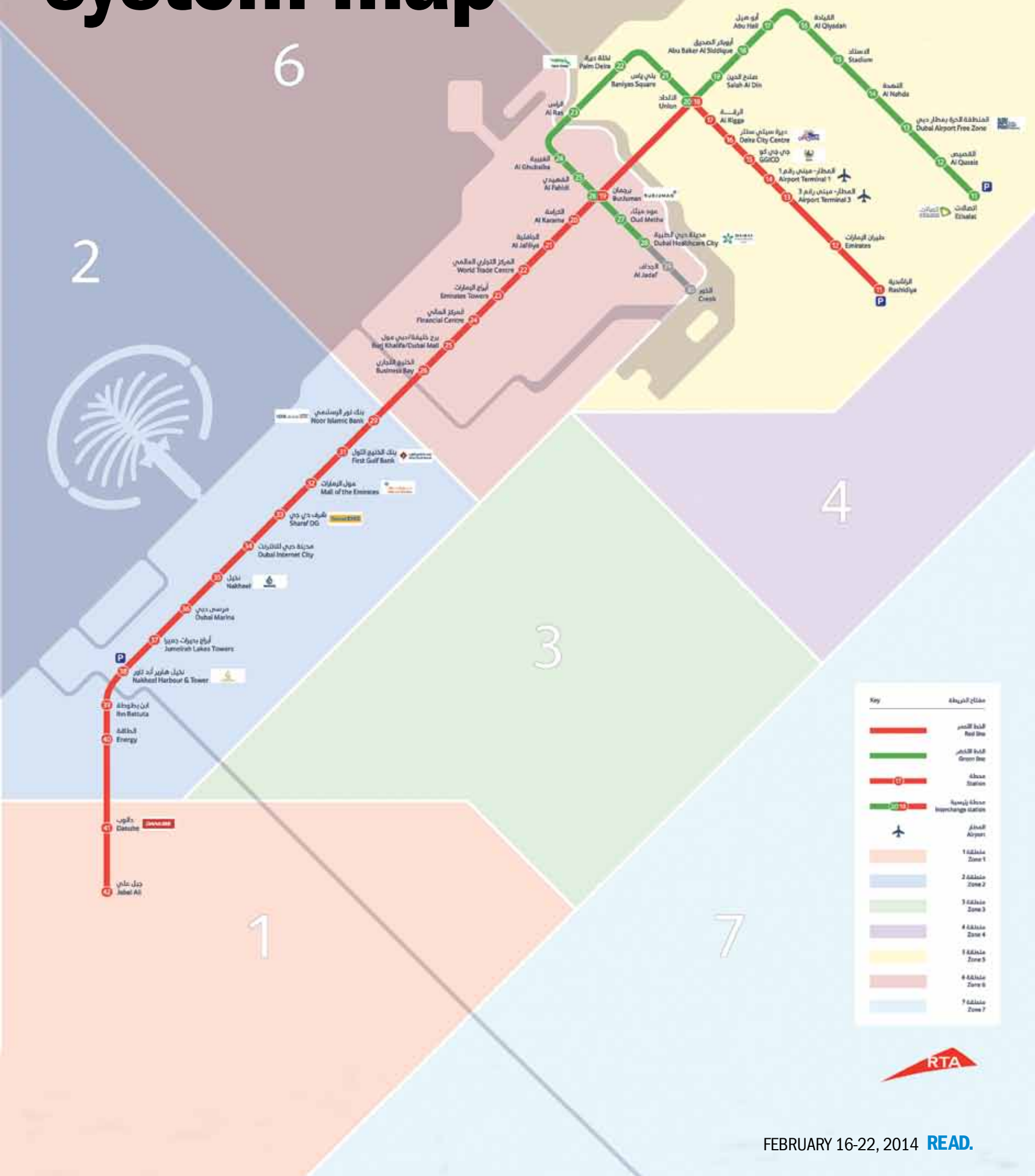
Following the success of *Race* and *Race 2*, a third installment of the movie franchise is set to go into development, imaginatively titled *Race 3*. The producers recently confirmed that the film will see the return of star Saif Ali Khan in the lead role, however the other cast members are yet to be decided.

## Hrithik's out

Starring Hrithik Roshan and Kareena Kapoor, it has been one of the most anticipated flicks recently. However, upcoming movie *Shuddi* suffered setbacks due to Hrithik's ongoing health issues, and now the actor has quit the film. Roshan released a statement wishing the project all the best.



# Dubai Metro system map



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# Dubai ferry service enhanced

Public Transport Agency sets up customer service kiosks in marine transit stations and revises timings.



THE DUBAI FERRY AT WORK



HUSSAIN KHANSAHEB

Public Transport Agency.

"The first journey of Dubai Ferry

starts at 11am from Al Ghubaiba station to Dubai Marina in a one-way service only. The evening tea journey, which takes about one hour, starts at 3pm from Al Ghubaiba in the direction of the floating bridge and then moves in the direction of Hyatt Regency hotel and back to Al Ghubaiba station," added Khansaheb.

As for the Dubai Ferry service starting from Dubai Marina, Khansaheb said: "The first trip, which is a

one-way trip, beginning at 11am from Dubai Marina station to Al Ghubaiba station, while the evening tea trip, which lasts for an hour, starts at 3pm from Dubai Marina area.

Another trip sets off at 5pm where photography enthusiasts can enjoy the sunset within Dubai Marina area for a period of one hour."

Khansaheb also noted: "The Public Transport Agency will study the views of Dubai Ferry

users regarding the possibility of changing both of the one-way trips at 11am into round trips".

Dubai Ferry is the latest and largest marine transit mode of the RTA, and is used as an additional and fast transport means to serve new areas along with Dubai Creek, the coastal strip extending along Jumeirah beach, Dubai Marina, Jumeirah Beach Residence and the Waterfront projects. Dubai Ferry vessels can accommodate 100 passengers, measures 32 metres in length, eight metres in width, with speeds of up to 24 knots per hour.

## WATER TRANSPORT

The Public Transport Agency, Roads and Transport Authority (RTA), has enhanced Dubai Ferry services by setting up customer service kiosks in the marine transit stations of Marina Mall, Marina Walk, Marina Terrace, and the Marine Promenade. The agency has also revised the operational timing of Dubai Ferry.

"The agency launched the marine

*"Dubai Ferry is the latest and largest marine transit mode of the RTA."*

transit stations to mark Public Transport Day in November 2013 and where the ferry service was rejuvenated in Dubai Marina and Dubai Creek," said Hussain Khansaheb, Acting Director of Marine Transport,

# RTA unveils 'One Day in Dubai' service

New initiative allows passengers to use all public transport modes while visiting landmarks across Dubai.

## INITIATIVES

The Public Transport Agency of the Roads and Transport Authority (RTA) recently launched the 'One Day in Dubai' initiative, a new fare saving public transportation package, which allows passengers to experience all public transport modes and visit the most attractive areas in new and old Dubai. This initiative is in line with a move to make daily transiting by public transport modes more exciting and enjoyable. This step also complements the RTA's efforts to build on its solid commitment to enhance an overall mass commuting integration.

Dr Yusef Al Ali, CEO of the RTA's Public Transport Agency said the new



'ONE DAY IN DUBAI' OFFERS USE OF VARIOUS PUBLIC TRANSPORT MODES

service uses different modes of public transport such as Dubai Ferry, Water Bus, heritage abra in addition to the Metro and public buses.

"Starting from Al Ghubaiba near the mouth of the Dubai Creek, the marine transit trip reaches Dubai Ma-

rina then returns by passing through Burj Khalifa and then old Dubai or vice versa, while another option starts from Al Seef marine station. The package is designed for a full day and allows passengers to enjoy places they pass through, however, it can



DR YUSEF AL ALI

also be used for more than one day," said Al Ali.

"The landmarks tour covers Al Ghubaiba, Dubai Marina, Downtown Dubai, BurJuman, Al Seef, Deira Old Souq and Al Shindagha," he added.

Al Ali stated that the advantages of this new service are achieving integration between modes of transport, encouraging the use of public transport, providing new service to both the visitors and residents of Dubai.

Al Ali reaffirmed the RTA's commitment to provide the world's best public transport services, including for tourists who visit Dubai from different parts of the world, especially during high seasons of sightseeing, conventions, exhibitions and fairs.



## عندما تهبط في دبي إنطلق بالمترو.

عند وصولك إلى دبي، انطلق على متن المترو الذي يتميز بسرعته وراحته وسعره المناسب للوصول إلى وجهتك. ينطلق المترو يومياً من مبنى المطارين رقم 1 و 3 كل 3 دقائق في ساعات الذروة، ومن 4.5 إلى 8 دقائق خارج ساعات الذروة ويتوقف في 47 محطة تغطي أنحاء دبي. ويمكنك أيضاً حمل حقائبك معك، حيث يمكن أن تحمل حتى حقيبتين على متن المترو، وهو ما يوفر لك راحة البال. ولكن يجب ألا يتجاوز حجم الحقيبتين (81 سم × 58 سم × 30 سم) و (55 سم × 38 سم × 20 سم).

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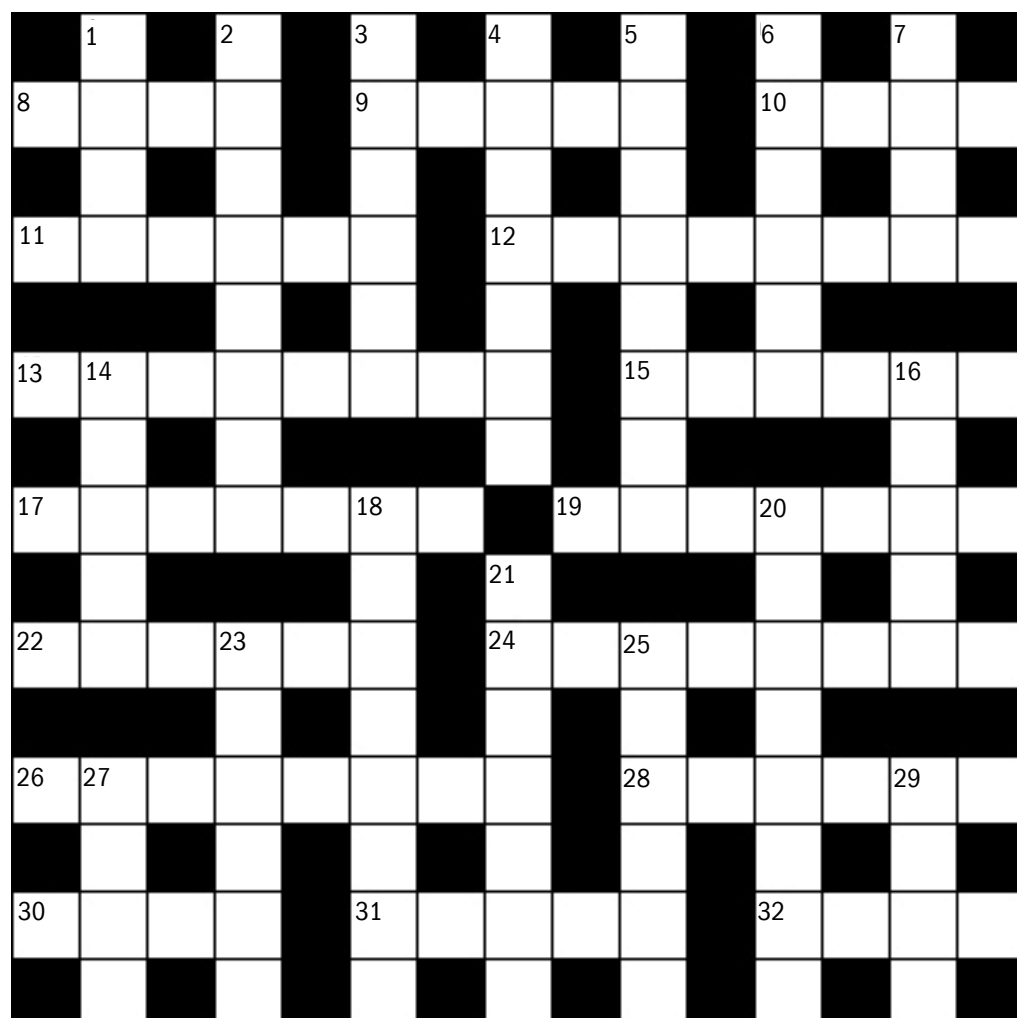
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# Taking your time

Ponder over our puzzles, relish a new recipe and catch up with our cartoons.



## Crossword

### Across

**8** A non-flowering seedless plant (4) **9** Genus of rhubarb (5) **10** Shut forcefully (4) **11** Woods (6) **12** Returned to original condition (8) **13** A dark purple blackberry-like fruit (8) **15** Paragons (6) **17** Harmful (7) **19** A leech (7) **22** Speech-giver (6) **24** Send forth (8) **26** An old naval punishment (8) **28** Gave expression to (6) **30** Agony (4) **31** A small picture inserted within another (5) **32** Serene (4)

### Down

**1** Nil (4) **2** Make weak (8) **3** Author (6) **4** Double crosses (7) **5** Something left out (8) **6** Not at sea (6) **7** To feed, fatten (4) **14** Bovine mammary gland (5) **16** Sixty-three in Roman numerals (5) **18** Sunstroke (8) **20** Settle (8) **21** Use (7) **23** Applying tiles (6) **25** Secret or insurance, for example (6) **27** Ancient Middle-Eastern kingdom (4) **29** Snake-like fishes (4)

### ANSWERS



## Recipe

# Creamy rice pudding

If you're still feeling a chill in the air, this homemade classic is an instant warmer.

### Ingredients

40g butter  
100g pudding rice (or paella rice)  
75g caster sugar  
1 litre full-fat milk  
150ml double cream  
1 tsp vanilla extract  
Pinch of salt  
Freshly grated nutmeg  
Strawberry jam (optional)

### Method

**1.** Preheat the oven to 140 degrees Celcius.  
**2.** Melt the butter in a pan over a medium

heat. Add the rice and sugar then stir until the sugar dissolves and the rice becomes sticky.

**3.** Pour in the milk and keep stirring until the mixture is lump-free.

Add the cream and vanilla extract then bring the mixture to a gentle simmer.

**4.** Pour the rice mixture into a casserole dish and spread evenly.

Grate a third of the nutmeg over the top and place the dish into the oven.

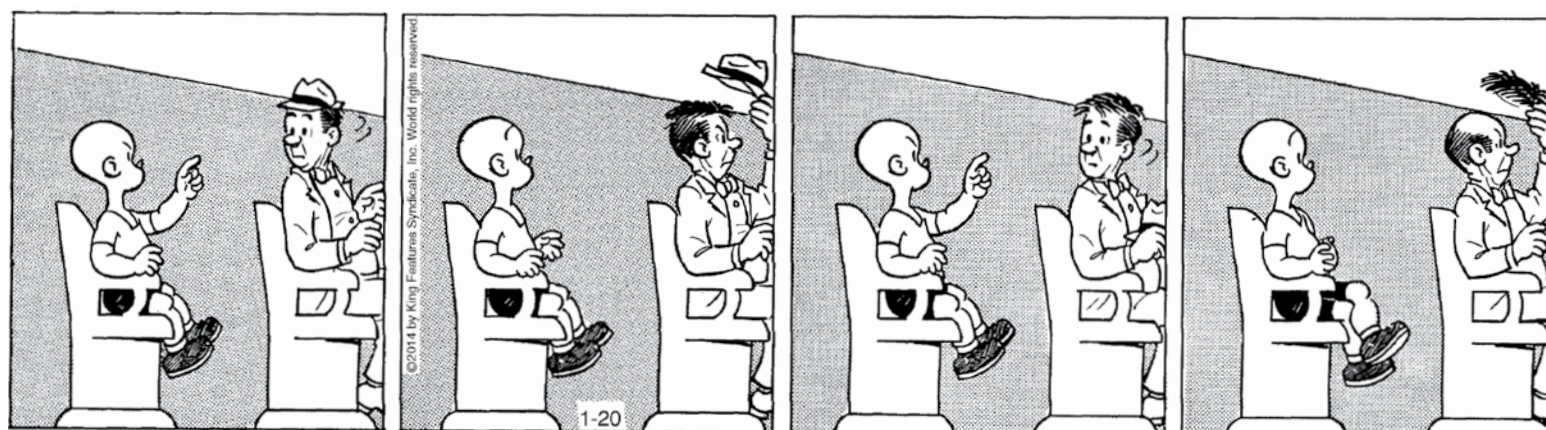
**5.** Bake for around 60-90 minutes, covering with foil if the top of the pudding starts to brown too quickly.

**6.** When a light skin has formed on top of the pudding and the texture becomes jelly-like, the dish is ready to be served hot in separate bowls with a dollop of strawberry jam in the middle for a fruity twist.

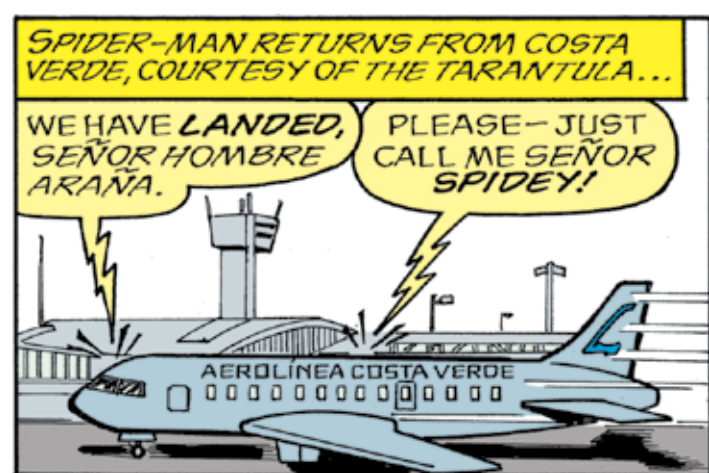
Serves  
**4**



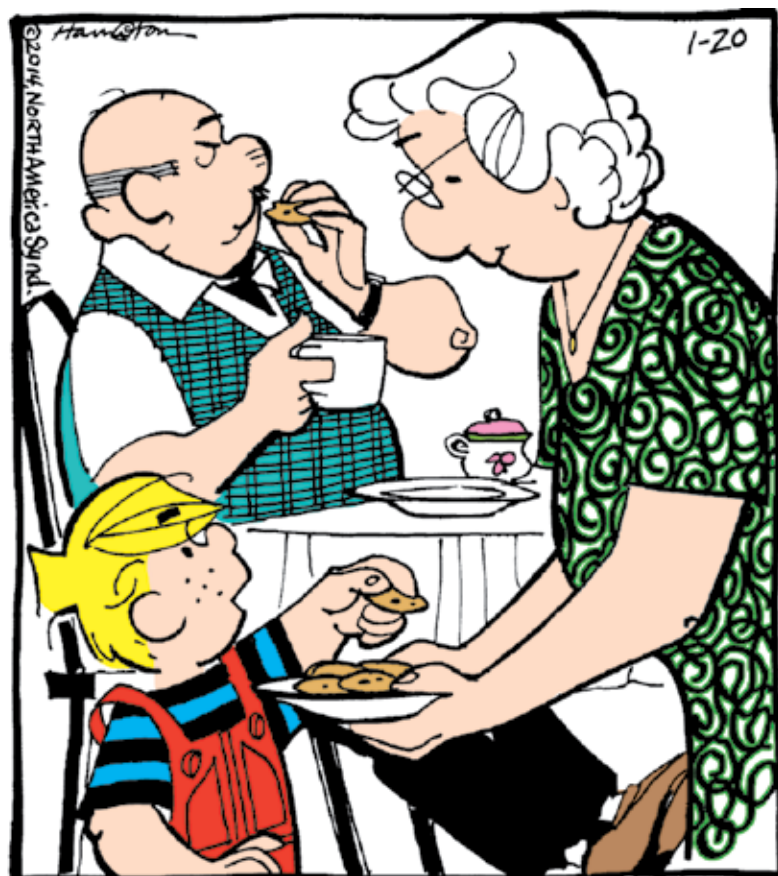
## Henry



## Spiderman



## Dennis the menace



"COOKIES WON'T SPOIL MY APPETITE... MY MOM ALREADY DID THAT BY STEAMIN' CABBAGE."

## Who's this?

ANSWER ON PAGE 34



# Puzzles

## Arrowword

|                                   |  |                      |  |                                 |                            |                   |  |                        |                 |                           |  |                      |                 |
|-----------------------------------|--|----------------------|--|---------------------------------|----------------------------|-------------------|--|------------------------|-----------------|---------------------------|--|----------------------|-----------------|
| Of air<br>(prefix)                |  | Calming<br>medicine  |  | Flower<br>garlands<br>for heads | Apiary<br>insect           | Narrates<br>again |  | Very small<br>particle |                 | Promo-<br>tional<br>spots |  | Poison ivy<br>remedy | Farm<br>vehicle |
|                                   |  |                      |  | Transmit                        |                            |                   |  |                        |                 |                           |  |                      |                 |
| Mete-<br>orological<br>instrument |  | Unit of<br>radiation |  | Electric<br>fish                |                            |                   |  | Gypsy<br>man           |                 | Bedouin                   |  | Burn<br>slightly     |                 |
|                                   |  |                      |  |                                 |                            |                   |  | US rocket<br>agency    |                 |                           |  |                      |                 |
| Bronze in<br>the sun              |  |                      |  | Trick or<br>wile                | Making<br>profit           |                   |  |                        |                 |                           |  |                      |                 |
| Thought                           |  |                      |  |                                 | Chimney<br>(Scot.)         |                   |  |                        | Coin<br>factory |                           |  |                      |                 |
| Sumptu-<br>ous meal               |  | Run of<br>bird song  |  |                                 |                            |                   |  | Tropical<br>fruit      |                 |                           |  |                      |                 |
|                                   |  |                      |  |                                 | Former<br>Japanese<br>coin |                   |  |                        | Doe             |                           |  |                      |                 |

### Spot the 10 differences



### Sudoku

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   | 8 |   |   |   | 2 |   |   |
|   |   |   | 8 |   |   |   |   | 1 |
| 7 | 3 | 9 |   |   | 2 |   | 8 |   |
| 6 |   |   |   |   | 4 | 3 |   | 7 |
|   |   |   |   | 6 | 1 |   |   |   |
|   | 2 | 1 |   |   | 3 |   | 4 | 5 |
| 3 | 8 | 6 | 7 | 4 |   |   |   |   |
|   | 4 |   | 3 |   |   |   | 7 | 6 |
|   |   |   |   | 2 |   | 4 |   |   |

ANSWERS



WHO'S THIS? ANSWER  
WILL FERRELL

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# What's in your stars?

The Read. astrologer tells you what you can expect over the next seven days.

## ARIES

(MAR 21 - APR 20)

Looking back over the past couple of weeks, do you now realise that you may have been better off planning things in a little more detail? A few things may not have gone as well as they could have done, so try to use this as an impetus to be more organised.



## TAURUS

(APR 21 - MAY 21)

A friend may be keen to hang out even more than usual. While it may be nice at first, agreeing with too many plans will only start to creep into your personal space. You can be a solitary character sometimes; so don't let this side get bullied out of your persona.



## GEMINI

(MAY 22 - JUN 21)

You can only begin to change once you accept that you need to. It could be finally kicking a bad habit or going for a new job, but whatever it is that you want to do differently deep down can only become a reality if you make a concerted effort.



## CANCER

(JUN 22 - JUL 23)

Make the most of a peaceful period at work because the next few weeks look set to be full of exciting—yet challenging—opportunities. There may even be a promotion up for grabs so don't shy away if someone suggests that you try applying.



## LEO

(JUL 24 - AUG 23)

Your mood may be at a low ebb and, unfortunately, if you don't start thinking differently it's only going to remain this way. Yes, you may have been through a rough patch in your personal life, but dwelling on what could have been won't help you recover.



## VIRGO

(AUG 24 - SEP 23)

Sometimes you may feel as though it's better to keep going at your own pace rather than try and constantly keep up with what others are doing. This is fine but make sure you don't become so resistant to outside influence that you start to get left behind.



## LIBRA

(SEP 24 - OCT 23)

It's fine to depend on your loved ones in times of need, but throwing all your troubles onto them and simply expecting things to be sorted is, quite simply, unfair. Keep an eye on how much emotional baggage you dump onto those closest to you.



## SCORPIO

(OCT 24 - NOV 22)

In true Scorpio fashion, once you have your mind set on something you won't stop until you achieve what you want. This could ring true as you continue forging onwards with a new venture. It seems there is no limit to how much information you want to absorb.



## SAGITTARIUS

(NOV 23 - DEC 21)

A movie or TV show could spark a memory that leaves you feeling wistful and perhaps even sad. Try not to look back on past experiences with regret or longing for years gone by, rather consider them to be events that have shaped the person you are today.



## CAPRICORN

(DEC 22 - JAN 20)

A passing comment could spark someone's interest in you, so try to choose your words carefully. If it's a person in authority or someone that you are keen to impress, be sure that anything you say—no matter how fleeting—gives the right message.



## AQUARIUS

(JAN 21 - FEB 19)

While you like to be thought of as dependable, your worst nightmare is becoming 'the boring one' within your social circle. Why not try doing something completely out of the ordinary or shaking up your image to remind people of your carefree side?



## PISCES

(FEB 20 - MAR 20)

It may be necessary to hide your true feelings this week when faced with a tricky dilemma. While you may be screaming inside, this is a sensitive situation in which you need to hold back on your own opinions and simply support someone else.



## This week's local weather

**SUN**

16<sup>th</sup>

**WARM**  
HIGH 26C  
LOW 21C  
HUMIDITY 36%

**MON**

17<sup>th</sup>

**WARM**  
HIGH 25C  
LOW 21C  
HUMIDITY 34%

**TUE**

18<sup>th</sup>

**WARM**  
HIGH 25C  
LOW 20C  
HUMIDITY 37%

**WED**

19<sup>th</sup>

**WARM**  
HIGH 23C  
LOW 19C  
HUMIDITY 35%

**THU**

20<sup>th</sup>

**WARM**  
HIGH 24C  
LOW 19C  
HUMIDITY 35%

**FRI**

21<sup>st</sup>

**WARM**  
HIGH 24C  
LOW 19C  
HUMIDITY 34%

**SAT**

22<sup>nd</sup>

**WARM**  
HIGH 25C  
LOW 20C  
HUMIDITY 36%

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