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The week that was readme.ae

Here are some of our favourite things that's happening this week. Make sure you check out our website daily to see our daily specials and competitions. Like us on Facebook and follow us on Instagram where we feature our latest online features and our favourite **#MyDubai** pictures sent to us from you the reader.



BOYZONE LIVE IN DUBAI

22ND MAY

Dubai Duty Free Tennis Stadium 9pm

Boyzone were one of the music groups of the 90's and one who helped define the term 'Boybands'. The team of Dubliners belted out a number of chart topping hits through their career and some of its members had their own

successful solo ventures as well. In Britain they are second only to Westlife as one of the most successful boybands. Boyzone have just celebrated their 20 years anniversary with the BZ20 Tour and will be performing at the Irish Village this May for one night only.

JUSTIN TIMBERLAKE LIVE IN CONCERT

23RD MAY

Du Arena, Yas Island

Justin Timberlake will be returning to Abu Dhabi for the second time, where he is expected to play songs from his new album including TKO, not a bad thing and Holy Grail.



DUBAI ROCK FESTIVAL

23RD MAY

Al Nasr Leisureland 5pm

Dubai Rock Fest returns to take place this year at the Al Nasr Leisureland, Domeland Arena on Friday May 23rd. The heavy metal monsters Nightmare will be back in town with a new album release after an unforgettable show at Dubai Rock Fest 2013. They will be supported by the French pioneers Loudblast and UAE's No 1 thrash metal band Nervecell. Coming all the way from India is Demonic Resurrection, winners of the Metal Hammer Golden God Award. The bands will be supported by Dubai's own act Ascendant who opened up for the international band Europe who performed here last year at the Dubai Duty Free Tennis Stadium.



DUBAI TANGO FESTIVAL

21ST - 31ST MAY

The Meydan Hotel 7pm

This is the 6th year for the ever-successful Dubai Tango Festival, a time for all things tango. Enrol by yourself or as a couple to learn the beautiful and traditional art of Tango dancing. Here you can witness some of the masters in the field at work and top it all off with a gala dinner. Check the website for detailed pricing and timings on all classes and events through the four nights. The 6th Dubai Tango Festival will host various tango dance workshops, milongas, an unparalleled tango dance night and a gala dinner. Check out the festival program for more details. To enrich your dancing experience, live music will be played every night by the best tango musicians and singers around the region, as well as some gorgeous dance performances and a few surprises along the way

RAHAT FATEH ALI KHAN LIVE

23RD - 14TH MAY

Madinat Jumeirah 7pm

Rahat Fateh Ali Khan is a highly trained Pakistani singer, rooted in the Qawalli and Sufi tradition. He is the nephew of the legendary Nusrat Fateh Ali Khan and is the torchbearer of the Fateh Ali musical family. He is extremely popular as a Bollywood singer, and his repertoire includes popular numbers, qawallis and ghazals



JUMEIRAH RESTAURANT WEEK 23RD - 31ST MAY

Various Jumeirah hotels

The Jumeirah Restaurant Week brings together delicacies from around the world through the numerous restaurants available at the Madinat Jumeirah. With over 60 participating outlets, there is sure to be a taste to each and everyone's liking. This food week is renowned for its unique dining experiences



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4 Lulu Center & Supermarket Karama	Al Karama		
5 Lulu Hypermarket Arabian Center	Al Rashidiya		

Red Line Green Line

Beauty tips from around the house

How to curl your **lashes** with tea spoons and use coffee filters to keep your **skin** dry

Before you spend a small fortune on yet another 'must-have' beauty product or gizmo, it might be worth taking a look at the contents of your kitchen cupboards and

stationery drawers. Believe it or not, everyday items such as tea spoons, coffee filters and Post-it notes have genuinely impressive secret beauty uses. All it takes is a little imagination and a bit of expert advice to make them work their magic for you.

Post-its for eyeliner

Begin by sticking a small sticky note on to the skin at the side of your eye at an almost vertical angle. Using the edge of the note as a ruler, decide where you want the tail of your flick to finish and draw in from there, working along the sticky, and in and along the lid with feathered strokes.



Tea spoon to curl eyelashes

Supermodel Miranda Kerr caused a stir recently when she told a reporter that she sometimes uses a tea spoon to curl her lashes. Curling makes them seem longer and thicker and gives the eyes a wider, more youthful look but how on Earth do you get that effect with a tea spoon? Simply hold the bowl of the tea spoon behind your upper lashes and work your way along your lash line with your thumb pressing the hairs up and holding them for a few seconds along the edge of the spoon until they have a noticeable bend in them. 'It works better if you warm the spoon between your fingers. Apply mascara immediately after curling to hold the shape.'



Coffee filters to keep your greasy skin at bay

Does your skin tend to look shiny within hours of applying make-up? Facial blotting papers, which come in a book or pouch, are a great way to soak up oil but can cost a lot if you use them every day. Coffee filters, cut into strips, will soak up oil as well as any blotter, for a long-lasting matte effect.



Cooking oil to dry nails

Once you've painted your nails, hold them over a sink or protected surface and give them a light spritz of oil. Hold the can 12 inches from your nails as you spray to avoid damaging the finish. Use plain oil rather than a low fat or flavoured type and don't try spritzing with a refillable pump-action spray it's the propellant in the pressurised can that helps the polish dry.



An old toothbrush is the ultimate tool

If you suffer from flaky lips, cover them with a creamy cleanser and gently scrub in circles with a clean toothbrush to remove rough and peeling skin. A clean toothbrush also makes an excellent eyebrow groomer and is often used by hairdressers to tame stray baby hairs. 'Just spritz the toothbrush with a little hairspray, and stroke over your hair to get a beautifully groomed result, also try a toothbrush dipped in lemon juice or toothpaste to clean and whiten polish-stained nails.'



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Why do I worry so much?

How am I going to **pay** these bills? What If I **miss** my train? What if something happens to my **child** whilst at school?



Worry is a learned pattern of behaviour, frequent worrying can become a bit of a habit and if it's causing you to feel stressed or anxious then it has developed into what we would call an unhelpful behaviour. Although at times we may feel overwhelmed with worry, it is in fact a behaviour which means we do something about it.

HOW DO I RECOGNISE WHICH WORRIES ARE UNHELPFUL?

The unimportant worry- Will this matter in five years' time? Try and think about your worry from a long

term perspective. If you think about all the negative events that have occurred in your life, where would your current worry fit on that scale?

The unlikely worry – “what if...” Many of the things we worry about are unlikely to ever happen, and if we allow ourselves to become fixated on this then there will be no end to our worrying. We will enter what I like to call ‘grass hopper thinking’, jumping from one worry to the next.

The uncertain – Many of the things we worry about have not yet happened, we can only make an informed decision regarding the action once we know the outcome.

The uncontrollable – Worrying about getting old isn't going to change the outcome; we really need

to think about how helpful it is to allow ourselves to worry about things that are out of our control.

Worry is only helpful if it prompts an action. For example, if you have an important presentation coming up for work then worrying about it will prompt you to prepare. However, worrying about whether you have passed or failed the exam you took last week won't change the outcome. We can either act on the worry or we can distract ourselves.

VISUAL IMAGERY EXERCISE

If you can't do something about your worry visualise yourself as standing at a platform waiting for your train. You are waiting for your train but the ‘worry’ train pulls in

instead. You have 3 options:

1. Board the train – it will take you from one worry to the next worry and you will end up in a place you do not want to be.

2. You try to stop the train- “I'm not thinking about this, I'm not thinking about this”. It's not going to work the train isn't going to stop.

3. Take a step back from the platform and tell yourself ‘this is not my train’.

Sometimes we board the train without even realising it. Once you have noticed you're worrying you can choose to get off the train. Worrying is only helpful if it prompts an action and remember, it is a behaviour, and only you have control over how you behave.

Tell us your thoughts: letters@readme.ae



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TRAVEL NEWS

Rocco Forte Hotels debut in Saudi Arabia



London-founded luxury operator Rocco Forte Hotels is to make its Saudi Arabia debut with a hotel and

serviced apartment complex in Jeddah, set to open in the first quarter of 2015. It will mark a re-entry into the Middle East for the company, Hotelier Middle East reported on Tuesday.

The operator previously had a hotel in Abu Dhabi but pulled out last summer. That hotel is now managed by Hilton Worldwide.

Commenting on the Jeddah property, to be located on Tahlia Street, Rocco Forte Hotels communications director Richard Power said: "Jeddah doesn't have a really really good five star hotel, so this is a great opportunity. "It doesn't have another site like ours either, this is the best site in town and it's going to be pretty hard for anyone to meet that now."

Citing the local competition, Power named Rosewood Corniche and Park Hyatt Jeddah but said of the Rosewood that "it's not really in the same league" and of the Hyatt: "I'm not really sure what market they're targeting, I'm not sure how you could run a resort in Jeddah at the moment"

The property will comprise 146 rooms, 63 suites and 94 serviced apartments across two 20-storey towers. Three restaurants and a tea lounge will make up the F&B offering and facilities are to include a 25m rooftop pool, female and male health clubs as well as a range of MICE facilities encompassing 13 meeting rooms, a 360 sq m function room and a similarly sized pre-function room as well as a business centre. Power said that Saudi business travellers would be the main source market for the hotel, as well as religious visitors passing through Jeddah to and from the holy cities.

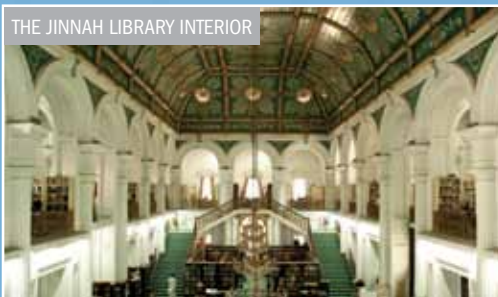
The wonders of the walled city

Read explores the magical wonders of Lahore.

By Rahman Ahmed

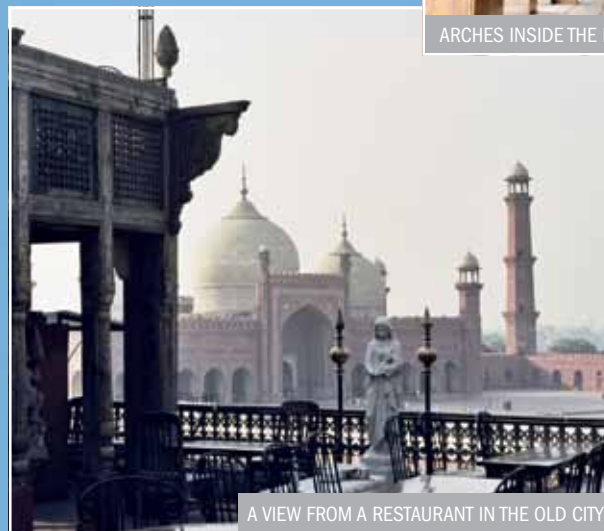
It's 11pm on a Thursday. In most cities around the world at this time the hustle and bustle of the day has turned into the calm stillness of the night and most people are usually tucked away in bed dreaming of a better tomorrow, and a world where the 'rush hour' is non-existent. But in Lahore the city carries on at the same frenetic pace regardless of the time.

THE JINNAH LIBRARY INTERIOR



Upon arriving in Lahore, one will be greeted by the pleasant calm orderliness of modern Lahore, where the surroundings are no less than 10-15 years old. But the deeper you venture in, the further back into history you go and no sooner do you arrive at one of 13 gates guarding the entrance to the jewel in Lahore's crown, 'the walled city'.

With over 2000 years of history locked away inside the walls, the city screams to tell the stories of people and events that have gone on to create a timeless identity of a universe called Lahore. The convoluted narrow streets have a distinct charm added to them by a mixture

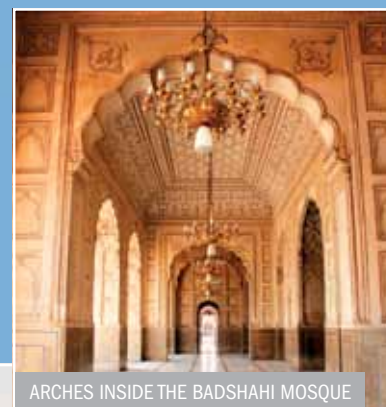


A VIEW FROM A RESTAURANT IN THE OLD CITY

of Mughal, Sikh and British colonial architecture. The streets are a hive of activity with markets selling everything from products made using centuries old techniques to modern day electronics. When buying anything in these markets always remember that the words 'final price' don't exist within the Pakistani lexicon so haggling for a bargain isn't

an option, it's a requirement.

Haggling can usually work up and appetite and luckily the city has a rich food culture that is held with great pride and esteem. Many of the dishes have cannily been copied and exported around the world but only in Lahore can you get the real deal.



ARCHES INSIDE THE BADSHAHI MOSQUE

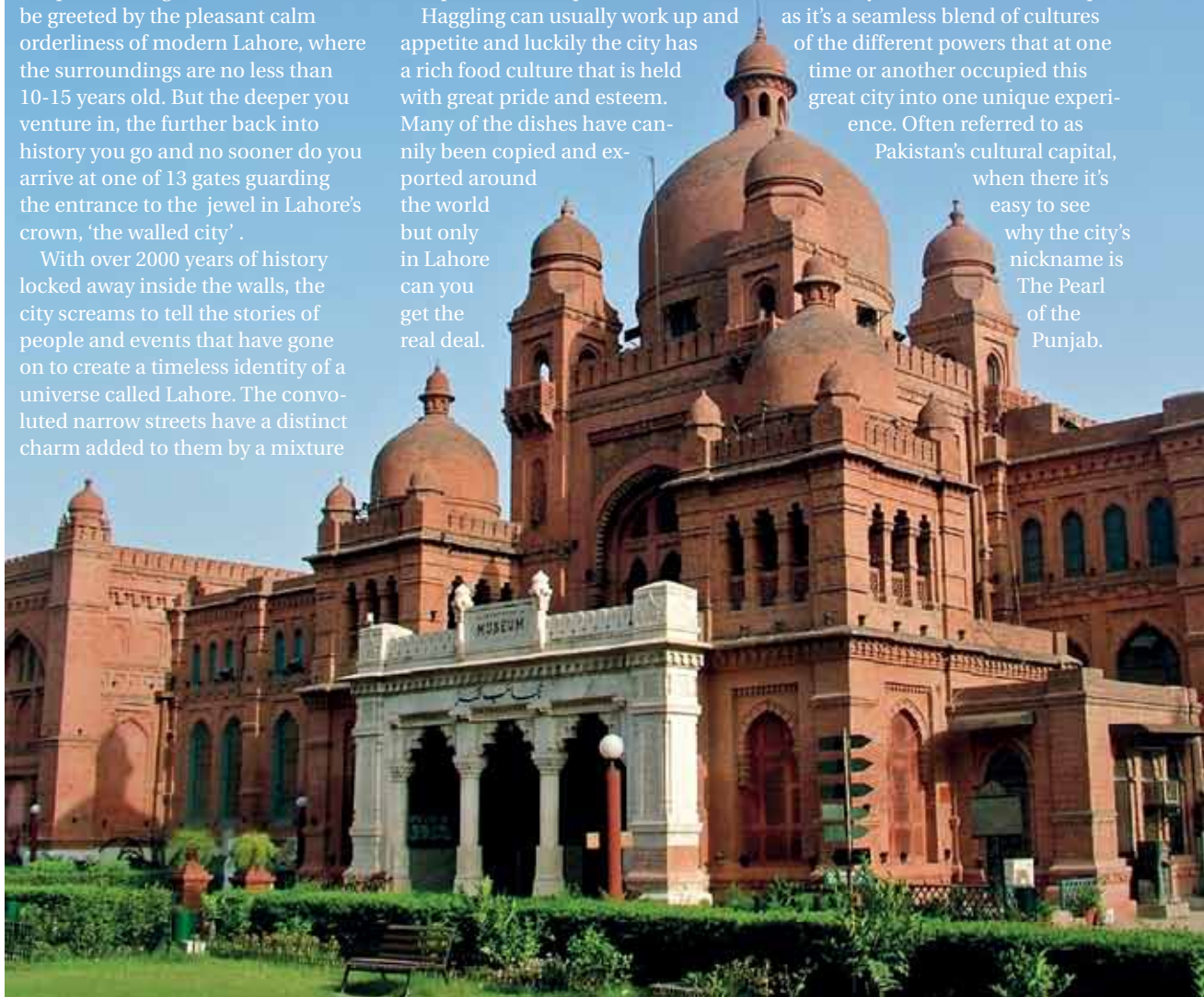
The question of where to eat present a challenge in itself as just about every street has somewhere to eat. One unique thing Lahore has in its favour is its abundance of street food. Very few cities have a decent street food culture and

one taken as seriously as Lahore. So serious the city has 2 'food streets' Streets shut off from cars in the evenings so the public can peruse the many dishes on offer with ease.

The showpieces of the city are undoubtedly Shalimar Gardens, The Badshahi Mosque and The Lahore Fort opposite. Built around the same time by the same Mughal emperor who built The Taj Mahal in India, they stand as a testament to an age, beauty, splendour and grandiosity.

The city's culture is rather unique as it's a seamless blend of cultures of the different powers that at one time or another occupied this great city into one unique experience. Often referred to as

Pakistan's cultural capital, when there it's easy to see why the city's nickname is The Pearl of the Punjab.



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TECH NEWS

Ericsson: improving to fit smart cities



Ericsson is reviewing the most prominent solutions to secure the transition to smart cities within the conference LTE MENA 2014. The company is developing a variety of networks, including the Provisions of solutions such as small cells, and intensify existing infrastructure broadcasts of mobile phones, to provide the best customer experience in Smart Cities.



Through LTE MENA 2014 conference that took place between the 11th and 13th of May in Dubai, the latest technological innovations that meet the growing demand for technology solutions and informational communications in smart cities, foremost among diverse networks.

HetNet solutions are able to meet the challenges of communication in smart cities by improving the standards of performance efficiency and reduced costs through the effective use of technology for mobile broadband. It also helps to ensure an ideal customer experience, while providing a true mobile connectivity solution aimed to try it in a smart city.

And supports building a high-performance network HetNet on three axes: the development of the overall performance of the existing station sites, and the intensification of the existing network by adding sites in the Faculty of places of strategy, and add small cells depending on the techniques of HSPA, and LTE, and Wi-Fi.

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Step In an era where technology is dominant in our lives, at some point its inevitable we will have to make a decision based on technology, this is when technical failures would be massively unacceptable.

After the disappearance of the Malaysian Airlines Flight, the idea that a plane could simply vanish without a trace seemed impossible.

Joining efforts with the satellite company "Inmarsat" the British satellite telecommunications company is working on an invention that will help preventing the situation from happening again, as well as tracking every passenger on-board.

The proposal that's being discussed at the International Civil Aviation Organization ICAO in Montreal, consists that each plane would ping Inmarsat's tracking stations every 15 minutes, sending precise location, heading and speed and altitude data to concerned

authorities.

Inmarsat are planning to implement this service around the globe, which will cost the company USD 3 Million yearly. Airlines will be able to buy other premium services to fulfill their needs and suit their on-board equipments.



Red handed

ATM thieves these days are increasingly focusing on their digital powers to steal from others. This will soon be a thing of the past thanks to ETH Zurich.

The engineering company has developed a chemical defense system that both deters theft and helps track ill-gotten goods.

Based loosely on bombardier beetles, which produce acid to spray attackers, the technique creates a defensive surface on an object (like a cash box) using film layers filled with hydrogen peroxide and manganese

dioxide. Break the surface and you trigger a reaction that covers everything nearby in hot foam by itself, enough to ruin the day of any would-be purloiner.

That's only the half of it. In an ATM, the manganese dioxide would also include both a dye and DNA shrouded by nano-particles. If you're reckless enough to raid the bank machine and get caught in the foam blast, the dye renders any stolen cash useless; the DNA, meanwhile, makes it easy to follow the path of that money. As such, don't be surprised if it reaches many ATMs in the future, we certainly are all for it.

Flying Printers

The team at the Imperial College's Aerial Robotic Laboratory, have built a flying 3D printer that prints a sticky substance on dangerous objects to remove them from emergency situations. But not only that!

The flying quadcopter with a 3D printer onboard can be also used to transport dangerous materials, nuclear waste, or even help build structures in the middle of nowhere. The substance ejected by the machine, applied precisely as the quadcopter's stability would allow, will first act as a hardening material then as an adhesive to attach to the drone and get

transported to safety using another hexacopter.

With this invention that not only satisfied the inventor's dreams, but will also be serving as a startup idea to develop bigger and powerful, same principal machine. Whether to move or relocate chemical or dangerous substances, to serve in emergency situations, or maybe to reach for places where people still can't.

Would it be possible to develop bigger models of this machine to rescue people from natural

disasters? Have your say on our Facebook page www.facebook.com/readmeae



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In a world where new technologies are rising daily and where the demand is high on new inventions trying to make our lives easier, one very important issue that needs to be tackled carefully is the daily transportation.

The new Fusion is undergoing a fusion reaction into our life and its needs.

The Fusion has more style and more technology than before.

Fusion has an outstanding engine: 2.5 liter iVCT I-4 delivering 175 horsepower and 175 Nm of torque. It provides enhanced performance and fuel economy, especially under low load conditions like cruising on a highway. It offers excellent power when accelerating as well.

The comforting white LED illumina-

tion from the overhead light greets your eyes. Your ears will appreciate the quiet interior provided by the acoustic shields and material used to absorb the sound, adding to that 6 speaker outputs. Wherever you look, touch or listen, it feels beautiful.

This car is equipped with BLIS (blind spot information system) that uses a light embedded in each side view mirror to warn of traffic detected in blind spots while driving. Fusion is taking care of the entourage keeping an eye on what's around for a safer driving.

And for those who don't like parallel parking, Fusion has an active park to assist finding a parking spot, then moves the vehicle into place taking control of the shift gears, the break, and the pedals.



And in addition to the standard 8 airbags, this car offers new inflatable rear safety belts in its rear seating positions. The AdvanceTrac electronic stability control helps keep the car in a good position, especially in changing weather. So safety wise, this car has two thumbs up. The outside of the car is a blended feeling of sporty, casual, and chic. The new Fusion has a grill in the front, and thin side lights. The back is wider than the front, linked with special side-lines to the front. Each color of this car might give us another impression and another look. For

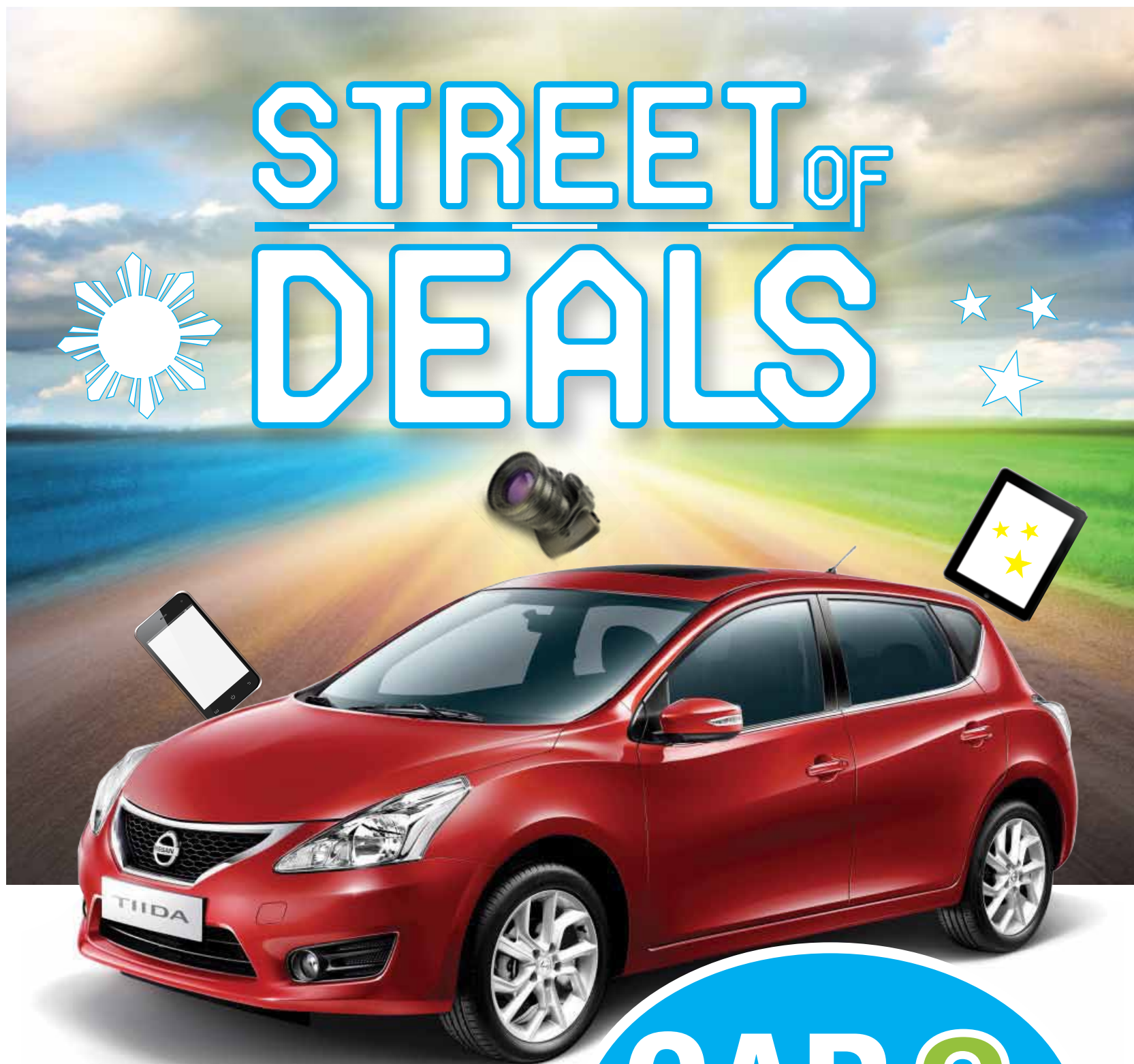
instance, bright colors give the car a sporty look, whereas dark colours give it a classy look.





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Why teams fail

Allowing employees to **thrive** and **grow** in a culture of creativity could help your business to flourish.



-or the “what” - and not enough attention is paid to the “how”. As a result, the team fails to discuss how they’ll run their meetings, make decisions, solve problems, or assign responsibilities. Team members need to interact in a productive way. Though each member may be an expert in his field, he also needs to be an expert in communicating with fellow team members.

“Without understanding the purpose, members will quickly lose interest and motivation.”

LACK OF COMMON VISION

Teams need to have a clearly defined vision that is easily understood by every member. Without understanding the purpose, members will quickly lose interest and motivation. Sometimes a team starts out with a vision, but because team members understand it differently, the vision gets lost and team members will work differently. To resolve this common problem, set periodic meetings to discuss the project’s timeline and strength of the vision. If the goal needs to be adjusted, make the corrections together so everyone is on board and can progress.

POOR TRACKING AND TIME MANAGEMENT

A team may have the perfect plan and the best players to achieve its goal, but unless it can manage the time needed to launch the project on time, failure will occur. Once the project plan is published, there should be sufficient follow up or tracking to allow issues to be surfaced and addressed early. Many employees are often part of special teams that work on specific projects in addition to their regular job duties and responsibilities. They are expected to perform full time operational jobs while also meeting project milestones. Allocating time to work on an extra project needs to be systematic and reasonable. When an employee is working on a special project, interruptions need to be minimised so that he or she can focus on the task at hand. By Akhtaboot—the career network (www.akhtaboot.com).

Many managers and employees find it hard to switch from working individually to working within a team. That’s why a company should develop a team work environment with the full cooperation and involvement of all employees. While team members are chosen based on individual experience, knowledge and skills, putting together the perfect team does not automatically ensure success. Teams fail for a variety of reasons, though a little forethought can prevent it. Akhtaboot is here the rescue with the top reasons why teams fail and how you can avoid them.

“It’s also important that each individual clearly understands their individual contribution to the team’s overall success.”

VAGUE ROLES

Regardless of the capabilities of each player within the team, all team members should have a clearly defined role. Failing to do so might cause an employee to take on a task that does not suit his expertise. This sets up the team for failure. It’s

also important that each individual clearly understands their individual contribution to the team’s overall success. Typically managers openly define leadership roles within their teams, but fail to explain the importance of the support role that non-key players perform. It is also important to define leadership roles. A team needs to know who to approach when there are inquiries or decisions to be made. Without a team leader, poor decisions can be made that will contribute to the project failure

POOR TEAM DYNAMICS

In any working team, there are actually three things going on: tasks, processes and relationships. When teams are formed, the emphasis is often put on getting the tasks done

“Team members need to interact in a productive way.”



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CHEVROLET CRUZE	2012	66612	44500
CHEVROLET TRAVERSE	2012	42421	79500
FORD EDGE	2011	53114	78500
FORD FIESTA	2012	63842	38500
FORD FIGO	2012	22211	35000
FORD FOCUS	2012	59956	52500
HONDA ACCORD	2010	56768	56500
HONDA CRV	2011	69000	76500
HYUNDAI ACCENT	2013	25551	39000
HYUNDAI ACCENT	2013	26085	39500
HYUNDAI SONATA	2013	45639	51500
HYUNDAI TUCSON	2013	25810	65500
HYUNDAI TUCSON	2013	42271	68500
KIA CARNIVAL	2014	28738	71500
KIA RIO	2012	54611	31500
KIA RIO	2012	59194	35500
KIA SORENTO	2012	56855	67500
KIA SPORTAGE	2012	58208	61500
LEXUS IS300	2012	43265	124500
MAZDA 2	2012	57552	32500
MAZDA 6	2013	37500	54500
MAZDA 6	2012	51500	49500
MERCEDES-BENZ C200	2012	38732	117500
MINI COOPER	2011	73529	49500
MINI COOPER	2012	64495	54075
MINI COOPER	2010	48508	36500
MINI COOPER	2011	62341	38500
MINI COOPER	2011	76233	37500
MINI COOPER	2010	37302	51500
MINI COOPER	2011	39579	41500
MINI COOPER	2011	48839	41000
MINI COOPER	2011	64058	34500
MINI COOPER	2011	63039	34500
MINI COOPER	2012	65397	34000
MINI COOPER	2013	27246	38000
MINI COOPER	2011	33581	41000
MINI COOPER	2012	18212	44500
MINI COOPER	2012	29000	43500
MINI COOPER	2012	22080	35500
MINI COOPER	2014	20490	42000
MINI COOPER	2014	44036	41500

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MINI COOPER	2013	23316	39500
MINI COOPER	2013	16770	40500
MINI COOPER	2014	1	34500
MINI COOPER	2013	40000	66500
MINI COOPER	2010	51200	45500
MINI COOPER	2011	67034	88500
MINI COOPER	2012	46112	94500
MINI COOPER	2011	67498	84500
MINI COOPER	2013	12700	94500
MINI COOPER	2012	69520	80500
MINI COOPER	2011	63406	46500
MINI COOPER	2012	67003	64500
MINI COOPER	2012	62462	32500
MINI COOPER	2012	53577	40500
MINI COOPER	2012	62600	40500
MINI COOPER	2012	61418	39500
MINI COOPER	2012	60982	62500
MINI COOPER	2012	28668	34500
MINI COOPER	2011	55569	29500
MINI COOPER	2012	48900	49500
MINI COOPER	2011	59706	52500
MINI COOPER	2011	65242	56500
MINI COOPER	2011	53148	44500
MINI COOPER	2014	3500	139500
MINI COOPER	2012	73000	77500
MINI COOPER	2011	68472	158500
MINI COOPER	2010	64368	149500
MINI COOPER	2012	38612	51500

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Spring's most sultry shoe? The lace-up heel

No matter what you wear them with, these **stylish** shoes lend a provocative element to your look. See who's all **tied up** in these heels and shop our picks!



Lace-up heels are like the leather miniskirts of footwear; no matter what you wear them with, they give your look instant sultry appeal and everyone should own a pair! These strappy, skin-baring heels are incredibly alluring, either enhancing an already glamorous outfit or lending a feminine counterpoint to a casual

ensemble. Some of the trendiest of celebs are wearing them and we think you should too.

The high street is giving the designers a run for their money on this one, with both creating some amazing styles, if you fancy a splurge I would say look at designers such as Giuseppe Zanotti, Givenchy and Jimmy Choo, if you're looking for a cheaper take on the lace up heels then my

favourites would be Zara, Aldo, H&M, River Island and Steve Madden.

When wearing the heels you can dress them up or down to fit whatever occasion. Pair them with boyfriend jeans, a plain tee and leather jacket, if you're looking too smarten it up then pair with a playful colorful dress, don't forget these heels literally can be worn with anything. There a summer must have.



Men's summer style kicks

This summer is no different from the rest, **kicks** are still a major style trend for guys, get the look.

Ever since the 2012 London Olympics and the subsequent rise of sports luxe, trainers have cemented their place in the modern, style-conscious man's wardrobe.

In fact, a recently published article titled 'The 10 Best Shoes For AW13 On The High Street', and the majority were either trainers or hi-tops. Styles ranged from New Balance running sneakers to leather Topman hi-tops to classic Converse Chuck Taylors.

It seems this trainer obsession we have is not budging, and with the trainer finally shedding its 'ugly' and 'functional' labels and become an extremely versatile choice that can be dressed up or down to suit, even being paired with traditional formal wear by some designers.



Although this juxtaposition may not be suitable for every occasion, pairing a sports shoe with tailored attire often helps create an interesting smart/casual contrast.

Those searching for something a little different from what we are seeing everyday on the streets should look no further than this season's collection from Le coq sportif. The collection is a mix of plain stylish pumps to colourful adventurous trainers that could be worn dressed down during the day or smartened up on a night, whether paired with casual suiting or oversized trousers.

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The real WOLF of Wall street

You've seen the movie, now it's time to hear it from the man himself, **Mr. Jordan Belfort.**

His life and crimes have been made into a hit movie starring Leonardo Di Caprio, for which the Hollywood megastar has been nominated for an Oscar, and now the original 'Wolf of Wall Street' is coming to Dubai to speak to a business forum on May 19.

Jordan Belfort, who built one of the biggest companies in the heart of America's financial centre employing more than 1,000 people, was once earning more than \$50million a year before spending 22 months in jail after being found guilty of stock market manipulation.

His company, Stratton Oakmont, claims responsibility for more than 30 companies worth in excess of \$1million dollars, and is portrayed in the movie currently in cinemas as a place of extreme enjoyment and stunts, as well as serious business. Now, though, Belfort, who was released in 2006, makes a living as guest speaker and international best seller – his two books which have been used to make the Martin Scorsese's hit movie have been published in over 40 countries and translated into 18 languages.

He does, though, continue to pay back some \$110million in damages to those he conned.

Speaking recently, Belfort said: "Originally when [Di Caprio] saw this project, he wanted to get it on screen – and he said this publicly – because it represented the mistakes that I made, and the attitude I had at the time, represents a lot of what

went really wrong ultimately, many years later with Wall Street.

"It was important to him, and I think that – what impressed Leo, I think about my new life so much, is he saw me make this really radical turn, and I think that moved him. And I was really proud and shocked that he did that."





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EL SUR

A vibrant, lively and sophisticated bar and restaurant, El Sur showcases the skills of world-class chefs with an innovative menu that brings together classic Spanish favourites with contemporary twists and the finest ingredients from around the world.

Inspired by the new global trend of modern Spanish gastro bars and restaurants, El Sur offers contemporary Spanish cuisine that pushes the culinary boundaries and raises the standard of new age cuisine currently available within the UAE. Its unique food offering is complimented by an extensive drinks menu that has been created by a team of award-winning mixologists who combine innovative techniques and natural ingredients to elevate classic cocktail recipes and re-imagine modern mainstays.

FOOD

ELBOW

The album 'The takeoff and landing of everything'. It's been nearly six years since Elbow released 'one day like this' the track that catapulted them from alt-rock band of perennially middling status to something approaching national treasure hood. Perhaps it doesn't seem that long ago because 'One Day Like This' is still omnipresent.



MUSIC

MLB 2014: THE SHOW

Are you ready for the greatest baseball video gaming experience to date? Then it's time to get MLB 14: The Show. As the latest in the MLB The Show line of MLB games and a Sony exclusive, you can only get MLB The Show on PS4, PS3 and PS Vita. And since it brings in the latest 2014 roster, MLB 2014 The Show is the baseball game you can't miss on the next-gen system you can't live without: PS4. Playing MLB The Show 14 on the PS4 is like stepping right onto the baseball diamond as star player, head coach and owner at the same time. Build your perfect team, take them on the road, and bring home that World Series win. Your dynasty is waiting. So what are you waiting for? It's out in stores now.



GAMES

MOVIES

BATMAN

Ben Affleck sure looks like the brooding Batman we've come to know and love in the first still from the upcoming Batman vs. Superman film, posted by director Zack Snyder on Twitter. The

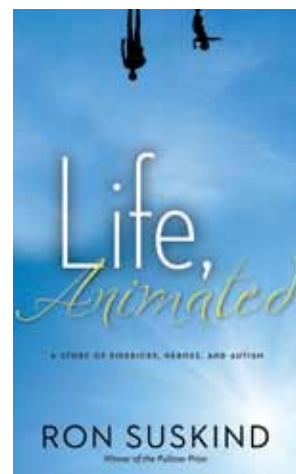


black-and-white shot shows Affleck in full Dark Knight gear — complete with some serious muscle definition, throbbing veins and all — standing alongside a very sharp looking Batmobile.

BOOKS

A STORY OF SIDEKICKS, HEROES AND AUTISM

The writer and his wife were understandably shocked when at the age of three, Owen suddenly lost his ability to communicate. As they searched for solutions, they noticed that their son was immersed in Disney animated films. After that chance discovery, it didn't take long for them to realize that Owen's transactions with the world were being conducted through the medium of these movies. To reach him, Ron and his wife needed to enter this symbolic world of magical creatures and enchanted forests.



EVENTS

RIPE MARKETS

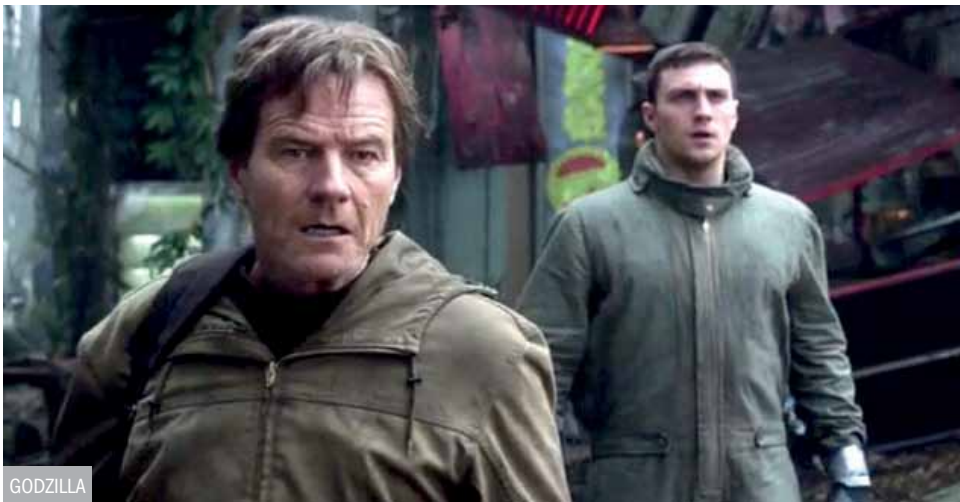
Each week at the Ripe stall, you'll find boxes bursting with local, seasonal, organic and fresh fruits and vegetables as well as individual items that can't fail to feed even the most pickiest of eaters. Aside from Ripe you will find dozens of other stalls with the tastiest treats from the UAE's best loved foodies from cheese, honey, spices and nuts, oils and vinegars and much much more.



Listings

THE READ. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.

SCHEDULE CORRECT AT TIME OF GOING TO PRESS; HOWEVER, PLEASE NOTE THAT MOVIE THEATRES CAN CHANGE SCHEDULES WITHOUT NOTICE



Novo Cineplex - Grand Hyatt

2 States - 10:00, 12:50, 15:40
Brick Mansions - 11:30, 13:30, 15:30, 17:30
Fish N Chips - 10:30, 12:30, 14:30, 16:30, 18:30
Godzilla - 11:30, 14:00, 16:30, 19:00, 20:30, 21:30, 23:00, 00:00, 01:30
Godzilla (3D) - 10:00, 12:30, 15:00, 17:30, 20:00, 22:30, 01:00
Grace Of Monaco - 17:20, 19:30, 21:40, 23:50
Hawaa Hawaai - 11:00, 15:40, 20:20
Joe - 10:00, 12:20, 14:40, 17:00, 19:15, 21:35, 23:55
Jungle Shuffle - 10:20, 12:00, 13:40, 15:30
Naked Soldier - 16:00, 18:00, 20:00, 22:00, 00:00
Ninja: Shadow Of A Tear - 10:00, 12:00, 13:00, 16:00, 18:00, 20:00, 22:00, 00:00
Non-Stop - 12:50, 18:30, 00:10
Rio 2 - 10:00, 12:00, 14:00
The Amazing Spider-Man 2 - 10:00, 11:00, 12:45, 13:45, 15:30, 14:30, 18:15, 19:15, 21:00, 22:00, 23:45, 00:45
The Factory - 19:30, 21:40, 23:55
The Love Punch - 17:30, 19:30, 21:30, 23:30
Tinkerbell And The Pirate Fairy - 10:40, 12:20, 14:00, 15:40

Novo Megaplex - Ibn Battuta

2 States - 10:30, 13:30, 16:30, 19:30, 22:30
7th Day - 10:00, 12:40, 15:20, 18:00, 20:40, 00:00
Brick Mansions - 10:40, 15:00, 19:20, 23:40
Face Of Love - 17:50, 19:50, 21:50, 23:50
Fish N Chips - 10:30, 12:30, 14:30, 16:30, 18:30
Godzilla - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00
Godzilla (3D) - 10:00, 10:30, 12:30, 12:50, 15:00, 15:10, 17:30, 19:50, 20:00, 20:10, 22:30, 00:30, 01:00
Grace Of Monaco - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:50
Hawaa Hawaai - 20:30, 23:00
Joe - 10:00, 12:20, 14:40, 17:00, 19:15, 21:35, 23:55
Jungle Shuffle - 10:20, 12:00, 13:40, 15:20, 17:30, 19:30
Lecume Des Jours - 19:00, 21:25, 23:50
Naked Soldier - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
Ninja: Shadow Of A Tear - 10:00, 12:00, 14:00, 16:00, 20:00, 22:00, 00:00
Non-Stop - 12:50, 17:10, 21:30
Rio 2 - 10:00, 11:00, 12:00, 13:00, 14:00, 15:00, 16:00, 17:00, 18:00

Snowpiercer - 20:00, 22:00, 00:00
The Amazing Spider-Man 2 - 10:00, 11:00, 12:45, 13:45, 15:30, 16:30, 18:15, 19:15, 21:00, 22:00, 23:45, 00:45
The Bag Man - 21:30, 23:40
The Factory - 10:40, 12:50, 15:00, 17:10, 19:20, 21:30, 23:40
The Grand Budapest Hotel - 17:20, 19:30, 21:40, 23:50
The Love Punch - 11:30, 13:30, 15:30, 17:30, 19:30, 21:30, 23:30
The Other Woman - 10:15, 12:30, 14:45, 17:00, 19:15, 21:30, 23:45
The Wind Rises - 10:00, 12:30, 15:00
Tinkerbell And The Pirate Fairy - 10:40, 12:20, 14:00, 15:40

Novo Festival Cinema - Festival City

Brick Mansions - 10:50, 15:10, 19:30, 23:50
Fish N Chips - 11:30, 13:30, 15:30, 17:30
Godzilla - 10:30, 11:30, 12:50, 14:00, 15:10, 16:30, 17:30, 19:00, 19:50, 21:30, 22:10, 00:00, 00:30
Godzilla (3D) - 10:00, 12:30, 15:00, 17:30, 20:00, 22:30, 01:00
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Novo Cinecity - Al Ghurair

2 States - 20:50, 23:40
7th Day - 10:00, 12:40, 15:20, 18:00, 20:40, 00:00
Godzilla - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00
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Joe - 10:00, 12:20, 14:40, 17:00, 19:15, 21:35, 23:55
Jungle Shuffle - 11:00, 13:00, 15:00, 17:00
Koyelaanchal - 12:00, 15:00
Naked Soldier - 18:00, 20:00, 22:00, 00:00
Ninja: Shadow Of A Tear - 19:10, 21:20,

23:30
Non-Stop - 10:00, 12:10, 14:20, 16:30, 18:40
The Amazing Spider-Man 2 - 10:00, 12:45, 15:30, 17:15, 21:00, 23:45

Reel Cinemas - Dubai Mall

Brick Mansions - 14:25, 16:30, 23:40, 01:35
Captain America: The Winter Soldier - 22:30, 01:10
Crush - 13:35, 17:35, 21:35, 01:35
Fish N Chips - 11:00, 12:55, 14:50, 16:45, 18:40, 20:35
Godzilla - 12:05, 13:00, 13:30, 14:00, 14:35, 15:30, 16:05, 16:35, 17:05, 18:00, 18:30, 18:40, 19:10, 19:35, 20:30, 21:00, 21:15, 21:45, 22:05, 23:00, 23:30, 23:50, 00:20, 00:40, 01:30, 02:00
Godzilla (3D) - 11:00, 14:30, 17:05, 19:40, 22:15, 00:50
Grace Of Monaco - 14:30, 16:40, 17:50, 21:00, 23:10, 01:20
Joe - 12:10, 14:40, 15:10, 17:10, 19:40, 19:55, 22:10, 00:40
Naked Soldier - 14:15, 16:15, 18:15, 20:15, 22:15, 00:15
Ninja: Shadow Of A Tear - 14:00, 18:35, 23:10, 01:15
Rio 2 (3D) - 13:40, 17:35, 21:30
The Amazing Spider-Man 2 - 11:20, 14:10, 16:15, 17:00, 19:50, 21:25, 22:40, 01:30
The Face Of Love - 14:50, 16:45, 18:40, 20:35, 22:30, 00:25
The Factory - 13:50, 16:05, 18:20, 20:35, 22:50, 01:05
The Grand Budapest Hotel - 11:50, 14:00, 16:10, 18:20, 19:10, 20:30, 22:40, 00:20, 00:50
The Love Punch - 15:30, 19:35, 23:35
The Other Woman - 13:35, 15:55, 18:15, 20:35, 22:55, 01:15
Tinkerbell and the Pirate Fairy - 11:55, 15:50, 19:45
Transcendence - 11:30, 16:05, 20:40
Walk of Shame - 11:25, 13:30, 15:35, 17:40, 17:45, 19:45, 21:50, 22:30, 23:55, 01:55

Reel Cinemas - Marina Mall

Fish N Chips - 11:15, 13:10, 15:05, 17:00
Godzilla - 11:50, 14:20, 16:50, 19:20, 21:50, 00:20
Godzilla (3D) - 12:30, 15:00, 17:30, 20:00, 22:30, 01:00
Grace Of Monaco - 15:55, 18:05, 20:15, 22:15, 00:35
Rio 2 - 11:55, 13:55
The Amazing Spider-Man 2 - 12:35, 15:25,

18:15, 21:05, 23:55
The Grand Budapest Hotel - 11:30, 15:45, 20:00, 00:15
The Other Woman - 18:55, 21:10, 23:25
Walk of Shame - 13:40, 17:55, 22:10

Reel Cinemas - The Beach

Fish N Chips - 12:05, 14:05, 16:05, 18:05
Godzilla - 12:05, 14:35, 17:00, 17:05, 19:35, 19:40, 22:05, 22:20, 00:35, 01:00
Godzilla (3D) - 13:00, 15:30, 16:00, 18:00, 18:40, 20:30, 21:20, 23:00, 23:55, 01:30
Grace Of Monaco - 15:55, 18:05, 20:15, 22:15, 00:35
Joe - 14:00, 16:30, 19:00, 21:30, 00:05
Rio 2 - 12:50, 15:05, 17:20
The Amazing Spider-Man 2 - 12:30, 15:20, 18:10, 21:00, 23:50
The Amazing Spider-Man 2 (3D) - 22:10, 01:00
The Grand Budapest Hotel - 16:35, 19:35, 21:45, 23:55
The Other Woman - 13:20, 17:45, 22:10
Walk of Shame - 15:40, 19:10, 20:05, 00:25, 00:30

Vox Cinemas - Deira City Centre

2 States - 11:00, 14:00, 17:00, 20:00, 23:00
7th Day - 09:45, 10:45, 12:30, 13:30, 15:15, 16:15, 18:00, 19:00, 20:45, 21:45, 23:30, 00:30
Fish N Chips - 10:30, 11:30, 12:45, 13:35, 15:00, 15:45, 18:00
Godzilla - 12:20, 14:30, 17:00, 19:30, 20:00, 21:45, 22:00, 22:30, 00:15, 00:30, 01:00
Godzilla (3D) - 10:30, 11:15, 13:00, 13:45, 15:30, 16:15, 18:00, 18:45, 20:30, 21:15, 23:00, 23:45
Rio 2 (3D) - 10:30, 12:45, 15:00, 17:15, 19:30
The Amazing Spider-Man 2 - 10:00, 13:00, 16:00, 19:00, 22:00
The Amazing Spider-Man 2 (3D) - 11:00, 14:00, 17:00, 20:00, 23:00
The Amazing Spider-Man 2 (4D) - 11:15, 14:15, 17:15, 20:15, 23:15
Walk of Shame - 17:15, 19:30, 21:40, 23:45

Vox Cinemas - Mall of the Emirates

Captain America: The Winter Soldier (3D) - 19:30
Divergent - 13:45
Fish N Chips - 10:30, 12:40, 14:45, 16:50, 19:00
Godzilla - 09:30, 11:45, 12:00, 14:15, 14:30,

16:45, 17:30, 19:15, 21:20, 21:30, 21:45, 22:00, 00:15, 00:30, 01:20
Godzilla (3D) - 10:30, 10:45, 11:15, 13:00, 13:15, 13:45, 15:30, 15:45, 16:15, 18:00, 18:15, 18:45, 20:30, 20:45, 21:15, 23:00, 23:15, 23:45
Grace Of Monaco - 09:45, 12:00, 14:15, 16:30, 18:45, 21:00, 23:15
Joe - 19:15, 21:45, 00:15
Jungle Shuffle - 09:30, 11:30, 13:30, 15:30, 17:30
Ninja: Shadow Of A Tear - 00:00, 00:40
Rio 2 (3D) - 09:45, 12:00, 14:15, 16:30, 18:45
The Amazing Spider-Man 2 - 09:30, 12:30, 15:30, 18:30, 21:45, 23:50
The Amazing Spider-Man 2 (3D) - 11:30, 14:30, 17:30, 20:30, 21:00, 23:30
The Face Of Love - 21:00, 23:10
The Grand Budapest Hotel - 14:45, 19:30
The Lego Movie - 09:45
The Other Woman - 17:00, 21:30, 21:45, 23:45, 23:55, 00:00
The Wind Rises - 12:00
Tinkerbell and the Pirate Fairy - 10:00, 11:00, 11:45, 13:00, 15:00, 16:45, 18:50, 21:00, 23:00
Transcendence - 16:45

Vox Cinemas - Mirdif City Centre

Fish N Chips - 09:30, 11:15, 13:15, 15:30, 17:30
Godzilla - 09:30, 10:30, 11:00, 12:00, 13:30, 14:30, 16:00, 17:00, 18:30, 19:30, 21:15, 22:00, 00:00, 00:30, 01:00
Godzilla (3D) - 10:00, 10:30, 11:15, 12:30, 13:00, 13:45, 15:00, 15:30, 16:15, 17:30, 18:00, 18:45, 20:00, 20:30, 21:15, 22:30, 23:00, 23:45, 01:00
Jungle Shuffle - 11:40
The Amazing Spider-Man 2 - 15:15, 18:15, 21:15, 00:15
The Amazing Spider-Man 2 (3D) - 11:00, 14:00, 17:00, 20:00, 23:00
The Amazing Spider-Man 2 (4D) - 10:15, 13:15, 16:15, 19:15, 22:15, 01:15
Tinkerbell and the Pirate Fairy - 09:30, 13:40
Rio 2 (3D) - 11:00, 13:15, 15:30, 17:45
The Other Woman - 20:00
Walk of Shame - 18:30, 21:30, 23:40

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Hollywood News

Russian lessons for Ashton Kutcher



Father-to-be Ashton Kutcher is preparing well for parenthood. In a recent interview, his lady-love Mila Kunis, who is pregnant with their child, said that she wanted her child to be bilingual – speak both Russian and English. Kunis, who is Ukranian in origin, moved to the US when just seven, and wants her child to speak Russian in honour of her mother tongue. The actress told host Ellen DeGeneres, “He’s been taking classes for six months now. A woman comes to the house and gives him lessons twice a week.”



Solange Knowles assaults Jay-Z

After the merriment at the Met Gala after party at the The Standard Hotel in New York, it was time for some fierce fighting for Solange Knowles. In a leaked surveillance camera footage of the hotel’s elevator, Jay-Z is seen to be assaulted by Beyonce’s sister. In the 58-second video clip, Solange

is seen lunging towards Jay-Z in a fit of rage, punching and kicking him. Jay-Z covers his face in defence, and is seen cowering in a corner, while Beyonce is a silent spectator. Their body guard intervenes and tries to control Solange. The trio stepped out in flashing cameras after the elevator ride, with smiles plastered on their faces. “We are shocked and disappointed that there was a clear breach of our security system and the confidentiality that we count on providing our guests,” a statement released by the hotel management reads. “We are investigating with the utmost urgency the circumstances surrounding the situation and, as is our customary practice, will discipline and prosecute the individuals involved to our fullest capacity.”

The Simpsons Guy

Television’s most famous animated stars are coming together for a one-hour special – *The Family Guy* and *The Simpsons* are uniting. In a special episode titled *The Simpsons Guy*, the Griffin family will be shown to leave their Quahog home and travel to Springfield, where they initially bond with grumpy Simpson’s patriarch Homer and his family. Stewie Griffin discovers his passion for skateboards while with Bart, and Meg befriends the brainy Lisa. Lois and Marge vow to avoid household chores whilst Peter and Homer are stuck in an awkward situation.

Angelina Jolie to focus on humanitarian work



Angelina Jolie, who will be seen on the big screen in *Maleficent* on May 28, has claimed to be more selective in films in future, focusing more on directing and her humanitarian efforts. “I’ve had a wonderful career. I’m sure there will be a few more films, but I am happy that I am able to be more selective and have fun with roles like this. But I would like to focus more on writing and directing and above all, I would like to focus more on my work with the UN and the PSBI (Pearl S Buck International),” the actress said. Jolie plays a vindictive

fairy in *Maleficent*, taking on the title role.

Bollywood News

Bobby Deol to play lead in ‘Bichhoo 2’

Action hero Bobby Deol is all set for his new project, *Bichhoo 2*. A sequel of the 2000 film *Bichhoo* with Deol in the lead, Filmmaker Guddu Dhanoa has been tight lipped about the new film. “It is true that Bobby Deol has agreed to play the lead in ‘Bichhoo 2’. It’s a very special film for me,” Dhanoa said. “At this point of time I can’t reveal anything about my subject. We are still scripting and finalising the dates of our actors, so I can’t say when the film will start rolling. We are also busy finalising the leading lady for the film,” he added.



Bollywood not for the younger Kaif sister

It would be impossible for Katrina Kaif’s sister to make it in Bollywood with her sister being among the leading ladies in B-town. Isabelle has decided against pursuing a career in Bollywood and is looking to make a name for herself in the international film world. Currently, the actress is all set to make her acting debut in *Dr Cabbie*, a Canadian film by Jean-François Pouliot about an Indian doctor in the US who works as a taxi driver as well. Isabelle landed with the role after auditioning for the part.



SRK on Forbes Middle East’s cover

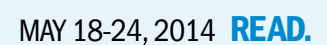
King Khan has a global fan following but Indian superstar Shah Rukh Khan graced the cover of *Forbes Middle East* for a special edition. The star was in Dubai to launch the issue of the magazine, that has rated him first in its Top Indian Leaders in the Arab World list. “*Forbes Middle-East* made me feel special with their special edition cover story on my work in entertainment. Off to Dubai for the launch. Thank you all,” the superstar wrote on Twitter. With a massive South Asian expat population, SRK has a huge fan base in the Middle East.



Shoaib Akhtar on TV

The Pakistani cricket sensation Shoaib Akhtar is all set to bowl his fans over with his on-screen skills. The bowler recently shot a special episode of *Entertainment Ke Liye Kuch Bhi Karega* with Farah Khan and ANu Malik. The show is an Indian version of 30 Minutes of Fame. Akhtar has recently been showing interest in films and entertainment – after previously having stayed away from the screen to focus on cricket.





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Indian male is looking for electrical maintenance engineer job. Has 2 years experience in India and 2 years in UAE. Can join immediately. Call 0508512238.

Indian male, MSc (IT) graduate. Has 1 year experience as business development executive and in accounting field. Call 0562296700.

Filipino site engineer on visit visa. Has 2 years experience in Qatar as interior designer. Can join immediately. Call 0567732265.

Experienced ship operation manager, superintendent, DPA-CSO-ISM auditor seeks job. Call 0529708620 or send an email to capt.javidkhan@gmail.com.

Indian male with UAE driving licence seeks jobs. Has 5 years experience as warehouse incharge. Call 0557042873 or send an email to hmohammad332@gmail.com.

Filipino document controller on visit visa. Can join immediately. Please call 0501409460 or send an email to erwie_reyes@yahoo.com.ph.

Indian male on visit visa seeks job. Has 20 years experience as a driver in UAE. Can join immediately. Call 0569245167.

AUTOS

Mitsubishi Pajero, 2009 model for sale. 100,000km and single owner. In good condition. Price Dh60,000.

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ITEMS

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ACCOMMODATION

Big room and partition available for Filipino. No commission. Located near Rashidiya Metro Station. Call 0502547664.

Furnished master bedroom with attached bathroom available on June 1, 2014 for Indian couples. Located near BurJuman Metro Station. Call 0507782435.

2 new rooms available for 2 Filipina ladies. Located near Hor al Anz area. Call 0553590496 or 0505285795.

Shared furnished room available for 2 ladies. Located near Al Qiyadah Metro Station in Hor Al Anz East beside Canadian Hospital. Monthly rent Dh2,500 including Dewa and internet connection. Gym and pool access are available. Call 0502958878.

Shared accommodation available. Big room for executive ladies or working couple. Bed spaces are also available. Located in Al Nahda, Sharjah, five minutes to Sahara Centre, Carrefour, and Lulu Hypermarket. Call 0506461519.

Bed space in a clean flat available for a bachelor who knows how to maintain the cleanliness. Located in Bur Dubai area. Call 0528434127.

Bed space available on June 1, 2014 for executive Indian male. Located near Ghubaiba Station. Monthly rent Dh1,200. Call 0504953128.

MISCELLANEOUS

State Bank of India offers a wonderful retirement plan. Call 0505845914.

Personal loan available for all. Special discount offer to all employees who are working in Dewa, Dnata, Emirates Airline, hospitals, DHA, FEWA, Emirates group and government employees. Requires a minimum salary of Dh5,000 including variable income. Call 0527894555.

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SPORT
SHORTS

Manchester City Crowned Champions of Premier League



Cricket: The Hampshire opener Michael Carberry who was part of the one-day international and Twenty20 squads to take on Sri Lanka, has also been selected for England's limited-over squads as National Selector James Whitaker claimed that Carberry has been a consistent performer for Hampshire in the last few years therefore fully deserves his chance.



Rugby: England's Ben Jones-Bishop has decided to join Salford Red Devils with a three-year deal from 2015 after rejecting the offer of a new contract at Leeds. Joining Leeds in 2008, the 25-year-old's contract has come to an end, thus he opted to take position in Salford whose owner stated that Coach Iestyn Harris will be glad to have Ben Jones in his ranks..



Tennis: Kei Nishikori rests his way to French Open after pulling out from Rome Masters due to a back spasm and needing treatment on the court. The Japanese made his way through to the Masters final for the first time after an excellent week in Madrid. The 24 year old was just across the corner from winning the biggest title of his career as he was challenging Rafael Nadal, however Nishikori left the arena with a sore lower back and decided to rest until the French Open which begins on May 25.



Manchester City were crowned champions of the Premier League 2013/14 after an easy victory over West Ham with two goals to nothing at the Etihad Stadium. City have managed to clinch the Premier League title for the second time in three years as they were also crowned champions of the 2011/12 Premier League before Manchester United grabbed hold of it in the season after that (2012/13). The Citizens only needed one point to secure the League however they managed to end their final game with



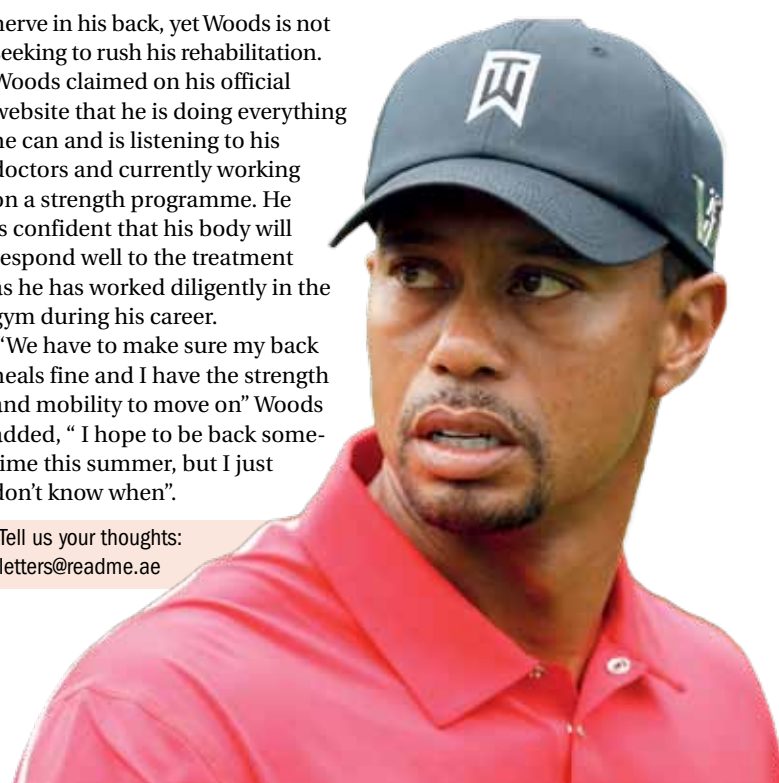
a victory as Samir Nasri delivered a fantastic goal by a long-range shot in the 39th minute following another celebration where Captain Vincent Kompany put one in the net for his team, therefore Pellegrini's men lead the Premier League with 86 points leaving Liverpool who won their last game 2-1 facing Newcastle in second place with 84 points. Manchester City celebrated their victory wildly in front of their fans at the Etihad Stadium and also paraded the trophy with an open-top bus tour around the city.

Woods averts from setting date for his return

Golf legend Tiger Woods refuses to set a date for his return to the course after undergoing back surgery which prevented him from playing in the Masters Golf Tournament. Woods is gradually progressing with his recovery from the surgery however the American can't set a specific date for his return to the golf course. The average recovery time for such surgery varies from three to four months whereas Woods underwent the operation at the end of March after struggling for weeks having a pinched

nerve in his back, yet Woods is not seeking to rush his rehabilitation. Woods claimed on his official website that he is doing everything he can and is listening to his doctors and currently working on a strength programme. He is confident that his body will respond well to the treatment as he has worked diligently in the gym during his career. "We have to make sure my back heals fine and I have the strength and mobility to move on" Woods added, "I hope to be back sometime this summer, but I just don't know when".

Tell us your thoughts:
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MoUs with Public Prosecution

RTA signs MoUs with Dubai Public Prosecution relating to boosting legal cooperation and Dubai Tram.



AL TAYER AND AL HUMAIDAN SIGNING THE MOUS

AGREEMENTS

The Roads and Transport Authority (RTA) has signed two Memoranda of Understanding with Dubai Public Prosecution. The first MoU promotes the partnership between the two sides and cements their cooperation in legal and corporate issues, whereas the second MoU is a service level agreement relating to the services offered to the public through the operation of the Dubai Tram. The first MoU was signed on behalf of the RTA by Mattar Al Tayer, Chairman of the Board and Executive Director of the RTA; and on behalf of Dubai Public Prosecution by Advisor Esam Eisa Al Humaidan, Attorney General of Dubai emirate. The second MoU was signed on behalf of the RTA Rail Agency by Abdullah Yousef Al Ali, CEO of RTA Rail Agency, and on behalf of the Traffic Directorate by Salah Mohammed Al Falasi Bofarooshah, Head of Dubai Traffic & Prosecution, in the presence of Advisor Khalifa Rashid Bin Dimas, Senior Attorney General, and Abdul Mohsen Ibrahim Younes, CEO of RTA Strategy and Corporate Governance Sector. The first MoU, related to legal and corporate cooperation between the RTA and Dubai Public Prosecution aims at supporting, promoting and consolidating the current strategic partnership between the two parties in an effective and continuous manner in a way that ensures advancing

and strengthening these relations continuously, besides establishing a base for mutual cooperation to boost the level of legal and corporate performance and optimise the utilisation of the capabilities and expertise of the two parties. Under this MoU, the two parties will cooperate in various fields and issues of common interest to ensure constructive integration, especially as regards qualifying, developing and training human resources among other areas of common interest. The MoU also provides for exchanging visits and sharing expertise and experience by participating in conferences, seminars, lectures and workshops, as well as exchanging legal and corporate publications delivered by the two parties, sharing service centres, social facilities and training centres according to the working

conditions of the two parties, and establishing an e-link between the two parties.

As per the second MoU involving Dubai Tram, the RTA shall notify the Dubai Public Prosecution immediately after learning about the location of any accident, prepare an accident report as per the form and content agreed upon by the two parties, and ensure the collection of video footage filmed by tram built-in surveillance cameras or other surveillance cameras deployed in the vicinity of Dubai Tram. The completed investigation form shall be submitted to the Public Prosecution, and other evidence shall be collected as part of the investigation process, besides providing the Public Prosecution with details of both the RTA's representatives and the tram operator.

Mattar Al Tayer lauded the efforts of

“The first MoU promotes the partnership between the two sides and cements their cooperation in legal and corporate issues”

Dubai Public Prosecution in enforcing the rule of law, protecting rights and freedoms and dispensing justice in Dubai emirate. He looked forward to establishing further cooperation between the two sides.

Esam Al Humaidan commended the huge efforts made by the RTA in providing a world-class infrastructure spanning integrated road networks and transit systems, adding that such unique projects accomplished by the RTA over the past few years have made it a focal point of various countries.

Mattar Al Tayer also briefed Esam Al Humaidan and the Dubai Public Prosecution on the RTA's crises management system; which is considered one of the key ingredients supporting the efficient operation of mass transit systems and roads network in Dubai emirate. Esam Al Humaidan was also briefed on the automated fare collection systems centre and the issuance of Nol cards. The centre produces Nol cards, and conducts tests on various collection machines deployed in metro stations, buses and paid parking machines among others.



AL TAYER AND AL HUMAIDAN VISITING THE AUTOMATED FARE COLLECTION CENTRE

Sabkha parking facility opens

RTA completes maintenance operations of multi-level parking terminal located in vibrant trading locality.

PROJECTS

The Roads & Transport Authority (RTA) has opened a multi-level parking facility at Sabkha. The facility comprises 365 parking slots. Basil Ibrahim Saad, Director of Facilities & Installations, RTA Technical Support Services Sector, said: "The RTA is always keen on delivering world-class services befitting the profile of Dubai as a reputed and advanced cosmopolitan city and a splendid destination for visitors hailing from all corners of the globe."

He added: "Carrying out maintenance works comes in line with the RTA's strategic goals that are aimed at providing best-in-class services to the public, particularly car park users, besides addressing the requirements of safety and sustainability of the building in terms of increasing its life span. Works were also undertaken in implementation of the RTA's vision, objectives and strategic goals to provide best services to the public; a matter which ranks high in the priority of the RTA which is very much concerned with conserving and sustaining properties in line with the strategic plan, goals and objectives in place."

"Maintenance and rehabilitation works of the multi-level parking lot included upgrading and maintaining



BASIL IBRAHIM SAAD

the electromechanical civil aspects of the facility in a way conforming to high quality standards in order to ensure the delivery of the best services to the users of the building in a smooth and safe manner. This is particularly relevant as Sabkha is a popular and vibrant trading hub

busy with shoppers and wholesalers; which warrants the provision of efficient and high-quality parking facilities. Maintenance and rehab works were carried out at top quality and safety standards in order to upgrade the terminal and offer excellent services to the public," added Saad.

The multi-level parking facility is open 24 hours for visitors of the area at rate of Dh3 per hour. The average use of the facility in 2013 clocked 1,500 vehicles per day, and parking slots have now been designated for the disabled; which were not provided before.

Jebel Ali-Lehbab road project phase 5 ends

PROJECTS

The Traffic & Roads Agency, Roads and Transport Authority (RTA), has completed works under phase 5 of Jebel Ali-Lehbab Road widening and improvement project; which will be fully opened for road users in October this year.

Engineer Maitha Bint Udai, Executive Director of the Traffic and Roads Agency at the RTA, said: "This phase of the project comprised carrying out new improvement works in a sector of the road that extends 6km starting from the Interchange of the Jebel Ali-

Lehbab Road with the Dubai-Al Ain Road, widening the road from two to four lanes in both directions along with pavements in the direction of Hatta R/A, in addition to ground marking, traffic signals, lighting, safety means, rainwater drainage and sewage works."

Maitha added: "By completing this phase, the number of lanes has risen from two to four in each direction of the Jebel Ali-Lehbab Road from Hatta R/A to Sheikh Zayed Road passing across the Dubai-Al Ain Road and the Sheikh Mohammed Bin Zayed Road to terminate at the intersection with

Sheikh Zayed Road in a 50km-long stretch constructed at world-class standards."

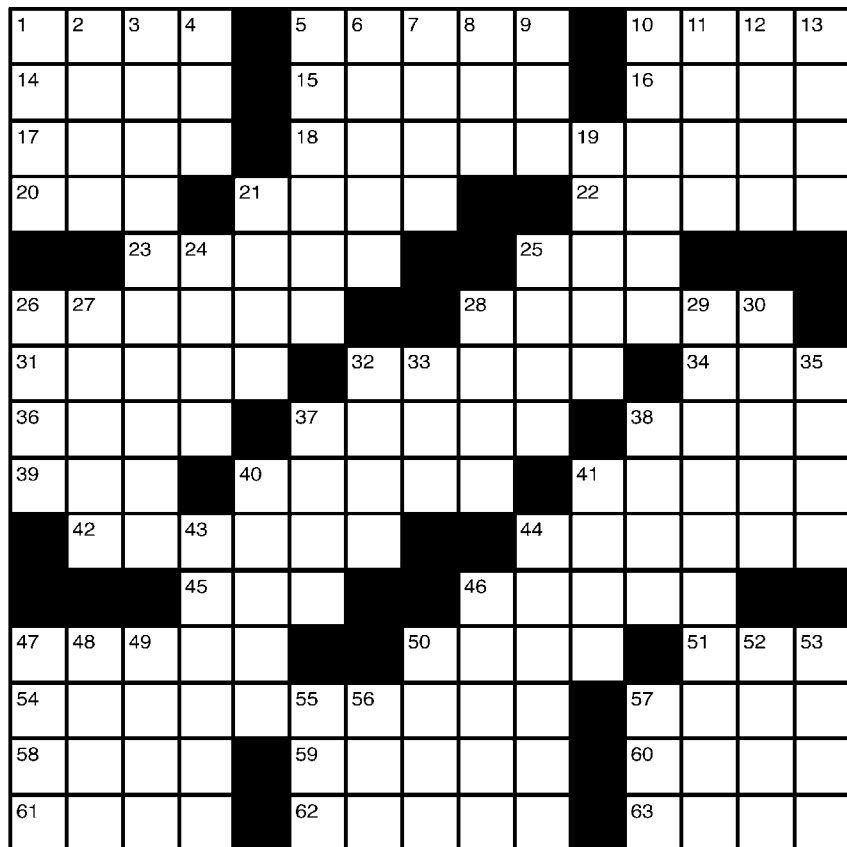
"Since the Jebel Ali-Lehbab Road is among the strategic traffic corridors under the master plan of roads network implemented by the RTA, the project is poised to bring about potential benefits including the provision of alternative highways for motorists heading towards Jebel Ali Industrial Area and Free Zone and surrounding areas, as well as those heading towards Abu Dhabi and vice-versa, without driving through the downtown area. These projects



MAITHA BIN UDAI

are an integral part of the policy to improve the roads network to keep up with the urban and demographic expansion of Dubai emirate; which is one of the key objectives of the RTA's vision of providing safe and smooth transport for all," added Maitha.

Taking your time



Crossword

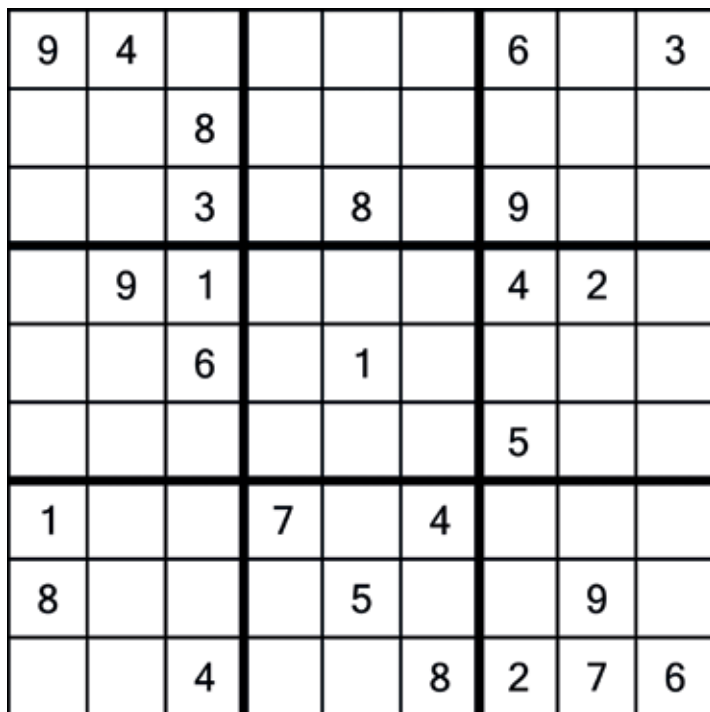
Across

1 On __; offered at a lower price 5 Tear into bits 10 Capable 14 Make smooth, as clothing 15 __ as an ape 16 Actor Pitt 17 __ down; stoop 18 Treating cruelly 20 Droop 21 Hits with a stun gun 22 Like neglected gardens 23 Milan's nation 25 Cackling bird 26 Bricklayers 28 Wax __; speak with rhythm and beauty 31 Narrow street 32 Flock members 34 Spoil; deface 36 Urge on; incite 37 "Blue __"; song by Irving Berlin 38 Lively 39 Hotel 40 Pilot 41 Use a razor 42 Fisher & Albert 44 Graduate papers, often 45 Tally up 46 Parka features 47 Humiliation 50 Go skyward 51 Flurry 54 Many law office employees 57 In the sack 58 Shade trees 59 TV's "Uncle Miltie" 60 __ in; wearing 61 Writing table 62 "God __ America"; song for Kate Smith 63 Kennedy and Koppel

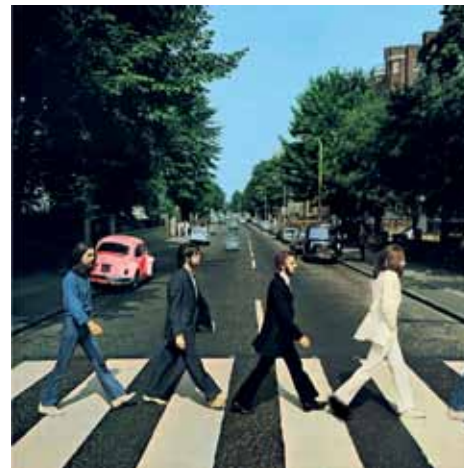
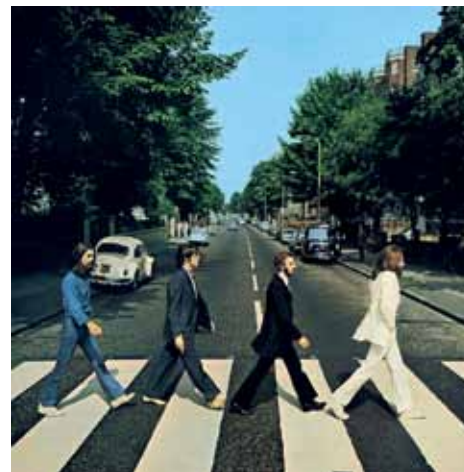
Down

1 Brothers and sisters, for short 2 Vicinity 3 Location of Brooklyn and Queens 4 Finish 5 Sandbanks 6 Gleeful 7 Clothing tears 8 Goof up 9 Recolor 10 Part of AWOL 11 Soft cheese 12 Come to shore 13 Nervous 19 Use a broom 21 Nuts 24 Three-__ sloth 25 Garden tools 26 Three kings of biblical fame 27 Without companions 28 One's equal 29 Totally obstructed 30 Sculpt 32 Jean-Claude Killy's footwear 33 Rush 35 Deli loaves 37 Toboggan 38 Get rid of 40 Cuba's Castro 41 Loafer or pump 43 Lustrous jacquard fabric 44 Throws 46 Beverly __, CA 47 Raced 48 Vigorous 49 Weapons 50 Unusual 52 Deceased 53 Likelihood 55 Recede 56 Set 57 Play a role

Sudoku



Spot the difference



ANSWERS

SUDOKU

9	4							
		8						
		3		8		9		
	9	1				4	2	
		6		1				
						5		
1			7		4			
8				5			9	
		4			8	2	7	6

CROSSWORD

S	I	D	E	L	S	S	E	I	B	S	S	E	D
O	V	E	O	E	T	H	B	B	S	W	T	E	
O	S	V	S	T	V	O	B	I	V	U	V	P	
O	V	E	S	I	D	E	B	A	N	V	H	S	
S	E	E	H	L	S	E	I	B	S	S	E	D	
E	A	V	H	S	B	E	I	T	E	N	N	I	
A	A	D	S	S	T	I	N	S	O	V	O	D	
H	A	N	E	S	H	S	A	T	T	I	V		
D	I	E	O	D	S	N	O	S	S	V	A		
N	S	H	A	T	V	I	I						
A	D	I	E	M	S	E	V	Z	D	V	S		
S	T	I	S	S	I	D	O	N	I	B			
O	V	B	E	A	B	I	V	H	N	O	B	I	
E	T	E	V	G	E	H	S	E	T	I	V	S	

10
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Healthy & wholesome

Here's our selection of some healthy recipes for a healthier and fitter you this summer.

Simple salmon with spring pasta

Asparagus, peas and broad beans are all natural partners for fish, make them more indulgent with creamy tarragon pasta

Serves
2

Prep Time: 5 mins

Cook time: 15 mins

Ingredients

drizzle of olive oil
2 salmon fillets, skin removed
2 slices prosciutto
200g asparagus, trimmed and cut into short lengths
150g pasta (we used dried egg pasta)
175g mixed peas and podded broad beans (frozen is fine)
5 tbsp mascarpone
zest and juice ½ lemon,
the rest cut into wedges
small bunch tarragon, roughly chopped

Method

1. Heat oven to 220C/200C fan/gas 7.
2. Rub the oil over the bottom of a large roasting tin or baking dish.

Season the salmon with black pepper and a little salt, then wrap a piece of prosciutto around the middle of each fillet. Roast for 10 mins, then toss the asparagus into the oily tin and roast for 5 mins more.

2. Meanwhile, boil the pasta following pack instructions, adding the peas and beans 2 mins before the end of cooking. Once the vegetables and pasta are just tender, reserve a cup of the cooking water, then drain.

3. Remove the salmon from the tin, then add the mascarpone, pasta, 3 tbsp of the cooking water, the lemon zest and juice, and tarragon. Season to taste and toss until the pasta is covered with creamy sauce. Serve with the fish and a lemon wedge.

Calories: 794
Protein: 56g
Carbohydrates: 51g
Fat: 40g

Saturates: 15g
Fibre: 9g
Sugar: 5g
Salt: 1.6g



Spiced parsnip shepherd's pies

For shepherd's pie - but not as you know it - try cooking up these spicy individual pies

Serves
6

Prep Time: 15 mins

Cook Time: 20 mins

Ingredients

For the meat sauce

2 tbsp sunflower oil
1 large onion, chopped
2 garlic cloves, crushed
small knob of ginger, peeled and grated

2 tbsp medium curry powder
500g minced beef or lamb
400g can chopped tomatoes
100g frozen peas

For the topping

600g parsnips, peeled and chopped into large chunks
large potato, peeled and chopped into large chunks
1 green chilli, deseeded and chopped
large bunch coriander, chopped
2 tsp turmeric
juice of 1 lemon
50g butter

Method

1. For the sauce, heat the oil in a pan and add the onion. Cook until soft, add the garlic, ginger and curry powder, then cook until aromatic. Turn up the heat, add the mince, fry until browned, then add the tomatoes and simmer for 20 mins until thickened. A few mins before the end, add the peas.

2. Meanwhile, tip the parsnips and potatoes into a pan of cold water, bring to the boil, then cook for 10 mins. Drain, season and mash with the rest of the ingredients.

3. Heat oven to 220C/fan 200C/gas 8. Assemble the pies in individual dishes (or one large one) by placing some meat sauce on the bottom and topping with mash. Ruffle up the tops with a fork, then bake for 20 mins until golden and bubbling.

Calories: 594
Protein: 35g
Carbohydrates: 92g
Fat: 12g

Saturates: 2g
Fibre: 4g
Sugar: 8g
Salt: 1.42g



What's in your stars?

The *Read.* astrologer tells you what you can expect over the next seven days.

ARIES

(MAR 21 - APR 20)

Warning: This week may come in like a wrecking ball, forcing you to deal with an area of life that's in dire need of transformation. Keep supportive friends on standby this. Seeing your own weak spots can be rather hard on that tender, Aries ego.



TAURUS

(APR 21 - MAY 21)

Relationships are like mirrors, reflecting the good, the bad and the ugly that lies within us all. You could catch a glimpse of your own unevolved traits as you lock horns with someone you love. A good conflict can clear the air but pay attention to your responses.



GEMINI

(MAY 22 - JUN 21)

Boundaries! You've been giving 'til it hurt, but you've just passed your pain threshold, Gemini. On Saturday, the generous Sun receives a stern warning from conservative Saturn when the two oppose each other in the skies.



CANCER

(JUN 22 - JUL 23)

Getting too big for your boyfriend jeans, Cancer—or perhaps not big enough? On Saturday, the sanguine Sun faces off with understated Saturn making it hard to tell where the line between confidence and ego-tripping lies.



LEO

(JUL 24 - AUG 23)

While you adore your close friends and family, they could cramp your style. You want to stretch beyond the familiar and explore new aspects of your personality but that can be hard to do with people who are used to seeing you in a certain light.



VIRGO

(AUG 24 - SEP 23)

Your words pack a punch, so choose them carefully. While honesty is always the best policy, the truth can hurt if delivered without compassion. Imagine what it's like to walk in the other person's shoes before you hit the send button on that email or text.



LIBRA

(SEP 24 - OCT 23)

Grip that wallet a little tighter. Saturday's faceoff between the lusty Sun and stalwart Saturn strikes the money zones of your chart. Turn away from the dazzling temptations of the material world—or at least make a budget for your indulgences.



SCORPIO

(OCT 24 - NOV 22)

Opposites attract this Saturday as stable Saturn faces off with the radiant Sun. Whether for business or pleasure, you're drawn to edgier people; yet your delicate emotional system requires a dependable soul.



SAGITTARIUS

(NOV 23 - DEC 21)

Rules were made to be broken, at least according to the Gospel of Sagittarius. But Saturday's tense faceoff between the swashbuckling Sun and structured Saturn slows your renegade roll. Read the directions before you just dive in.



CAPRICORN

(DEC 22 - JAN 20)

On Saturday, the spunky Sun challenges your ruling planet, strict Saturn, to lighten up already! In your quest for world domination you've left your sense of humor at the side of the road.



AQUARIUS

(JAN 21 - FEB 19)

Do you have enough support for your aspirations? It's going to be tough to lean in if you have no one to fall back on. Saturday's stars help you get your inner circle on board for your big plans.



PISCES

(FEB 20 - MAR 20)

While it's fine to dream about the future, are you aware of what's happening in the here and now? On Saturday, sober Saturn locks horns with the cheerful Sun and brings a wakeup call.



This week's local weather

SUN



SUNNY
HIGH 34°C
LOW 26°C
HUMIDITY 46%

MON



SUNNY
HIGH 36°C
LOW 27°C
HUMIDITY 43%

TUE



SUNNY
HIGH 36°C
LOW 28°C
HUMIDITY 43%

WED



SUNNY
HIGH 37°C
LOW 28°C
HUMIDITY 43%

THU



SUNNY
HIGH 37°C
LOW 28°C
HUMIDITY 40%

FRI



SUNNY
HIGH 36°C
LOW 28°C
HUMIDITY 36%

SAT



SUNNY
HIGH 37°C
LOW 29°C
HUMIDITY 41%

Read.

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Registered at Dubai Technology and Media Free Zone Authority
Printed by Masar Printing & Publishing LLC

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May 2014 (2)



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