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Novak Djokovic uncrowned champion Rafael Nadal after a splendid victory in Rome



THE BIG SMOKE



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No matter what your shape, whether your curvy, boyish or pearshaped, we show you the best outfits to wear this summer.



BRING BACK OUR GIRLS AT CANNES

A number of A-list celebrities have shown their support for the abducted girls in Nigeria

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They say women are from Venus, but Ritika Singh is one woman headed to Mars

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Read. Quiz

The name of what American state capital means "sheltered harbor"

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- Honolulu
- Tallahassee
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LAST READ. QUIZ RESULTS

Who painted the Mona Lisa?
 Answer: Leonardo Da Vinci

Michelangelo	10%
Leonardo Da Vinci	88%
Raphael	2%
Donatello	0%

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The week that was readme.ae

Here are some of our favourite things that's happening this week. Make sure you check out our website daily to see our daily specials and competitions. Like us on Facebook and follow us on Instagram where we feature our latest online features and our favourite **#MyDubai** pictures sent to us from you the reader.

DUBAI SAFARI PARK TO LAUNCH IN 2015

Dubai Safari Park, a Dh\$150million development set to cover more than 120 hectares and house more than 1,000 animals, is on schedule to be completed by the end of 2015. Based in Al Warqa, work is already well under way on the energy efficient state-of-the-art facility which will serve as a replacement for the Dubai Zoo, a 1.5-hectare site that has stood at Jumeriah Road for almost half a century. The park, which is situated on a former landfill site, will pull in animals and environments from all around the world and will be split into four distinct areas, Africa, Asia, Arabian Village and 'open safari'. There will also be 1,600 parking spaces, with expansion plans for a further 2,000.

SECOND LARGEST BUTTERFLY PARK IN THE WORLD

Dubai's Miracle Gardens will open its newest attraction before the end of May, a Butterfly Garden, which, true to the city's form, will rank up there with the biggest of its kind on the planet. Nine custom-built domes stretching around 1,800 square meters big enough for 300 people per visit the centre will be filled with different colours, sizes and species of butterflies, and is set to be second only to one in Kuala Lumpur, Malaysia.



BRITISH BAND ONE DIRECTION COMING TO DUBAI

One Direction will perform in Dubai in April in what is already being billed as the "biggest ever" show in the Middle East. Harry Styles, Zayn Malik, Niall Horan, Louis Tomlinson and Liam Payne will perform for thousands of screaming fans at the Sevens Stadium on April 4 2015. The concert part of 1D's 'On the Road Again' tour will be the only gig in the entire region for the world's biggest boy band, with no further plans for shows in the Middle East. A Middle East record of 30,000 tickets will be sold from Virgin Megastore in Mall of the Emirates. Prices will start at Dh\$250, with a maximum of eight tickets per person.



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4. Lulu Center & Supermarket Karama	Al Karama		
5. Lulu Hypermarket Arabian Center	Al Rashidiya		

Red Line Green Line

Get your hair summer ready

We all know that the sun's **ultraviolet** rays can cause severe skin damage, but the sun's harmful rays can also damage our **hair** from the **cuticle** to the **cortex**, from the outside in.

As we start to get ready for Ramadan there will be a few things we will have to take into consideration, as well as looking after our skin under the strenuous heat of the UAE one that we all are guilty of neglecting is our hair and how the heat and humidity affects it.

Sun, salt, sand and chlorine can all be very harsh on your hair. The best way to protect your hair from these elements is to cover it, or at least use products that can treat it and put back in to your hair what the sunrays take out. When you are going to be outside in the sun for long periods of time, use a scarf or hat to protect your hair, as well as being stylish you'll make sure to protect your hair.

Another step you can take to protect your hair from summer elements is to use natural homemade products, recently I used LUSH products, in particular Shine so Bright; this is a balm that helps provide split ends, which I certainly have. The ingredients containing all natural products ie; virgin coconut oils and shea butter. Not only have I noticed a difference the smell is amazing. I also used New, American Cream and Big. New is an intense shampoo that comes in the shape of a bar which was new for me but generally used on tired thinning hair, although I don't have this, the mint and spices really gave my scalp a buzz and made it feel fresh and alive. American Cream I have been using on my ends to try keep them moisturised as the heat really has dried my ends, been bleached also doesn't help. The thickness of the honey have made my hair feel really soft and nourished and the fresh strawberry and vanilla leave it smelling divine much as all the other

Lush products. Last but not least the main shampoo being Big in name and Big in impact, you will only need a little of this as I found out the hard way, the sea salt that I would usually associate with drying my hair out really gave it volume, I concentrated mainly on my roots but my hair was left feeling shiny with a beach effect.

If you fancy trying your own DIY treatments I suggest oils such as Sesame oil, Avocado, Jojoba, Coconut, Aloe Vera, and Macadamia Nut oil as they are all natural sun screens that can provide UV protection. And remember, after washing your hair rinse with cool water to close your hair cuticle (the outer coating of the hair) to make it smooth which helps with frizz and adds shine without the need for silicone products which will cause product build-up.

Make it a goal to stay away from heating appliances, flat irons, blow dryers etc. and opt for wearing protective styles such as braids, twists, updos. Also remember to trim your hair when needed, and seal your ends for extra protection.

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Are you looking for maximal fat loss whilst preserving precious muscle tissue??

You can create a deficit of total calories through either a reduction in dietary calories or an increase in fuel (calorie) usage however answer me this, are you looking for maximal fat loss whilst preserving precious muscle tissue? If yes read on, if you don't care about losing muscle keep doing what you're doing. Basically, this means that if we take an Ectomorph and they consume 55% of their total caloric intake from carbohydrates they will metabolise it effectively and without gaining excessive fat. Due to the complexity of the human body this is NOT 100% accurate however, it gives a great starting point. This 55% ratio should be spread evenly throughout the day for a steady flow of energy with a spike in levels only post workout.

It is important to remember that you have 2 basic hormonal states Anabolic (good) and Catabolic (really bad!) Proteins and Fats can be utilised as carbohydrates SHOULD our body need them. This is a pathway that your body needs to adapt to in order to become efficient at it. If you don't have enough protein your body

steals from itself (lean tissue), if you don't have enough dietary fats our body shuts certain systems down. If you plan to protect muscle tissue whilst giving the option for the body to use another form of fuel (Stored fat) you must maintain an ANABOLIC state and consume above maintenance levels of protein. We can stick with our TOTAL CALORIC REQUIREMENT whilst adapting fuel sources and protecting tissue. We burn fat because we not only tell the body to stop storing it we create a metabolic impact through our training.

Take your current diet, log it accurately and see what level / ratio you are at right now. You need to honestly know where you start otherwise you cannot adapt anything. Ask your trainer for help, they 'should' have sufficient knowledge to advise you. If I receive enough emails / requests I will show you a 15 week example on how to manipulate your macro nutrients to reduce body fat.

Get to know...

Jason Grange is a Personal Trainer, Strength Coach and respected teacher who lectures fitness industry professionals extensively on all matters related to the improvement of physical performance. Jason is now based in Dubai and can be contacted at jg.fitness@live.com.

Base Dietary Ratios (Carbohydrates: Proteins: Fats)

Ectomorph	Mesomorph	Endomorph
55:25:20	40:30:30	25:35:40

* if you're not sure which one you are, ask your physician they should know!!)

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So you have posed with various celebs at Madame Tussaud's, taken a very average looking 'selfie' with Big Ben in the background and queued for what seems like hours to the London Dungeon, the London Eye and the Tower of London. Done and dusted. Yes, these are attractions that should be ticked off your bucket list, but what about experiencing the true soul of London. The urban London.

Firstly, get your hands on an Oyster card found at any newsagent or tube station. This touch card allows you to move about the city and its suburbs with ease using any mode of transport.

Why not start your off your day in one of the most eccentric areas of this vibrant city called Camden Town. The shops and stalls are a shopper's paradise and offer unique designs in clothing, jewellery, art and you can even grab some great vintage pieces from 'the Stables' located within the market. You might have a difficult time trying to decide what to have for lunch as there are so many tempting meal options ranging from international delicacies to yummy snacks. However you can always ask for a sample.

With spring fully sprung and summer around the corner, if the weather

The big Smoke

If you're looking for culture style and history, **London** is the place to be.

allows take a breather by the canal and partake in some much needed people watching.

As the sun starts to set and you might start itching for a change of scenery head east to Brick Lane and enjoy a tasty world famous curry in one of the endless choices of Indian restaurants located in this busy street. Remember to haggle for a good price. Brick Lane and the hipster territories of Shoreditch and Hoxton will surely provide you with great bars and clubs playing music for all tastes. Did someone say bar crawl??? Try The Big Chill for some



laidback drinks or Cargo with its eclectic performances from well known and rising DJs and live acts. The latter venue also portrays street art by the low profile but very much thought provoking graffiti artist Banksy, as well as other artists. Party safe people!

When the hustle of the busy city gets too much and you feel the need to escape to some greenery, there's a great choice of parks and commons that especially in spring/summer act as a haven for locals and tourists alike. Go to Greenwich Park to get a panoramic view of the London skyline from the Royal Observatory. Pop into St James's Park after a hard day of shopping and relax by the lake. If you're looking for a great place to enjoy your picnic (BBQs are allowed in designated areas) London Fields is the perfect place for rolling out your tatty blankets.



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TECH NEWS

Drama smart cushion for all



Every new day there is a new wearable gadget that pops out in the market. The usual is a handset watch that is linked to the mobile phone and acts as its dependent, or another game that makes us still all day long.

This is just new that no one ever thought of introducing it! For all those sitting long hours behind their desks at work, in school, or even at home for dinner. Are you sitting comfortably? Hopefully you soon will be with the Drama Smart Cushion, because sitting uncomfortably is also affecting your body, back, bones and muscles. The Drama Smart Cushion helps evaluating the way you sit.



All you need to do is sit on the cushion and it can instantly check out a series of vitals, monitoring heart rate, respiratory patterns and even your actual posture. It can actually make us sit healthier during the long times. It will then share all this analysis with your iPhone using Bluetooth and an application that can be downloaded at ease. The cushion itself features some tiny thin sensors, and the batteries to keep everything ticking over, but hopefully you won't feel any of that when sitting down.

First dual screen smart phone in Dubai

YotaPhone is the very first Russian smart phone with a dual screen to be launched in the UAE, along with competitive prepaid and postpaid plans. This new phone has a liquid crystal display (LCD) on one side, and an electronic paper display on the other side. At a size of 4.3 inches, this can be used as a normal smart phone. The rear display features ever-present notifications without draining the phone battery. The gently curved E Ink display is readable in direct sunlight and has fun and easy personalization options. One of the most interesting features of it, is that it is always on, even if the battery is off, you can access your phone on one of the screens. This phone can help you organize your things and stand out from the crowd while never missing a thing.



Locate your car at the Dubai Mall



All of us can lose the car in a big parking lot or multistory parking. Especially after a long day at work, a long night shopping, or after a wild night with friends when coming back home at 3 am. One great thing humanity was able to invent in order to help us in our daily life is technology.

Even though it keeps progressing and improving, and even though it is sometimes bad for us and has negative effects. But this time, technology came in a way to help us in our hard times. Locating the car in the parking at The Dubai Mall is a very first in the region. Dubai Mall is well known for being a hub of entertainment, shopping, gatherings, weekend outings, and so on. And for that, it had one

of the biggest parkings in the area, where everyone has a possibility of forgetting where is the car parked following the system zone number, color, parking lot number and so on. All you have to do now is to approach one of the machines recently placed in the parkings, provide your car plate number, and the system will guide you to the car after the cameras detects its exact location.

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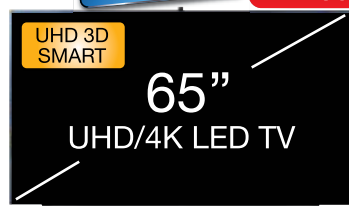
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NEWS ON WHEELS

New Mitsubishi in the UAE



The official dealer of Mitsubishi in the UAE – Al Habtoor Motors, has just launched two new model years: the Mitsubishi Attrage and Mirage.

As many carmakers are trying their best to move to fuel-efficient yet attractive and powerful cars, here are the latest launches of Mitsubishi.



The Japanese car manufacturer brings the first ever eco-sedan, the Attrage, to the UAE market. This car has a perfect balance of sleek styling, premium features and excellent fuel-efficiency, all wrapped up in one affordable package. It comes with a 1.2-liter MIVEC engine, 76 horsepower and 100 Nm torque.

While on the other hand, the Mirage comes as a car with ethics. Built from the ground up to be as light and efficient as possible while still being practical and fun to drive. Launched as Mitsubishi's global car. It is stylish,



subcompact, hatchback and dynamically styled from friendly face and body featuring a tapering tail. It has a 1.2-liter 12-valve 3-cylinder engine producing a maximum 76 horsepower and 100 Nm torque.



“My motivation is just because I like what I do.” - Sebastien Loeb

He is a French Rally driver, born on February 26, 1974. Married and has a daughter, and lives with his family in Switzerland. Loeb competed for Team « Citroën » in the World Rally Championship (WRC), where he was the most successful driver in the history of this race, having won the world championship nine times in a row. He also Holds many other titles from the WRC, including most victories, and the largest number of points, among others.

Loeb won the World Rally Championship WRC nine times in a row, was the winner since 2004 until 2012, and proved to everyone that he can win in races running on different floor material, and was the winner of the Rally of Sweden on the snow in 2004.

Awarded the title of knight in the Legion of Honor, Légion d'Honneur, or Legion of Honor is the chorus Knights initiated Napoleon Bonaparte in 1802.

Has always obsessed about the automotive industry since he was young, he says : « It's when he was a teenager, he was interested in bikes and cars more than girls », as he also spends his weekend time on motorcycles, while one of his favorite machines is the KTM 1190 RC8 R.

The first car he owned was the « Renault 5 GT Turbo ». At that time he used to go out at night to practice for the race in the French Alsace region, but the car broke down so he made sure that the new



starting to race, and used the money he earned from this work to pay for his first car.

Loeb was crowned the title « hero of heroes » three times in the Race of Champions, won in 2003 , 2005 and 2008. Race of Champions is a unified race for all drivers of all types of cars and won by the best drivers.

Loeb retired from the World Rally Championship WRC, but that's only because it moved on to the world championship for cars roam.

one is faster, stronger with modified engine.

In one of the most difficult sports Loeb was able to win several times, holder of a total of 78 victories started in 2002 until 2013, and during these years he was driving a Citroën Xsara, Citroën C4 and Citroën DS3 respectively .

Loeb was an electrician before





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Heat it up.

We show you the best tricks to dress for your body shape.

The perfect summer dress is no myth. A must have in your wardrobe and an investment which seems to make a lot of sense in this sweltering heat. A summer dress needs to be lightweight which helps you stay comfortable to bear this intolerable weather. But if you return with a failed mission to find the right dress for you, then there is one key point that you must keep in mind. Find a dress to work to fit your body, not the other way around.

Petite

At some point, all fuller figured women have befriended the green monster when they come across the petite section when shopping. The petite body type must remember to go for high necklines and keep the length short. A shift dress is ideal for days and night outs. Try out bright colours and mix prints to get that summer feel. High heels and a sling bag, wearing your hair loose, complete the look. (Celebrity example- Jessica Alba)



Curvy

If you have that enviable body like Kim Kardashian's then the right path to take is the 'Maxi'. The full length of the dress emphasises that height and shows off those curves. Look for a silhouette that narrows at that waist, drawing the eye to the tiniest part of the torso. Maxis look great with flat sandals and an oversized bag. Leave the hair in loose curls keeping it flirty. (Celebrity example- Kim Kardashian)



Pear

Try a fitted bodice with a pleated skirt. This enhances the necessary curves and allows the body to look fuller on the right areas. Keep it simple with thin straps and the skirt touching the knee or even trying the tea length. This accentuates the height giving you that 'Hepburn' look. Try the outfit with a high messy bun, pairing it with kitten heels and a tote. (Celebrity example – Jennifer Lopez.)



Boyish

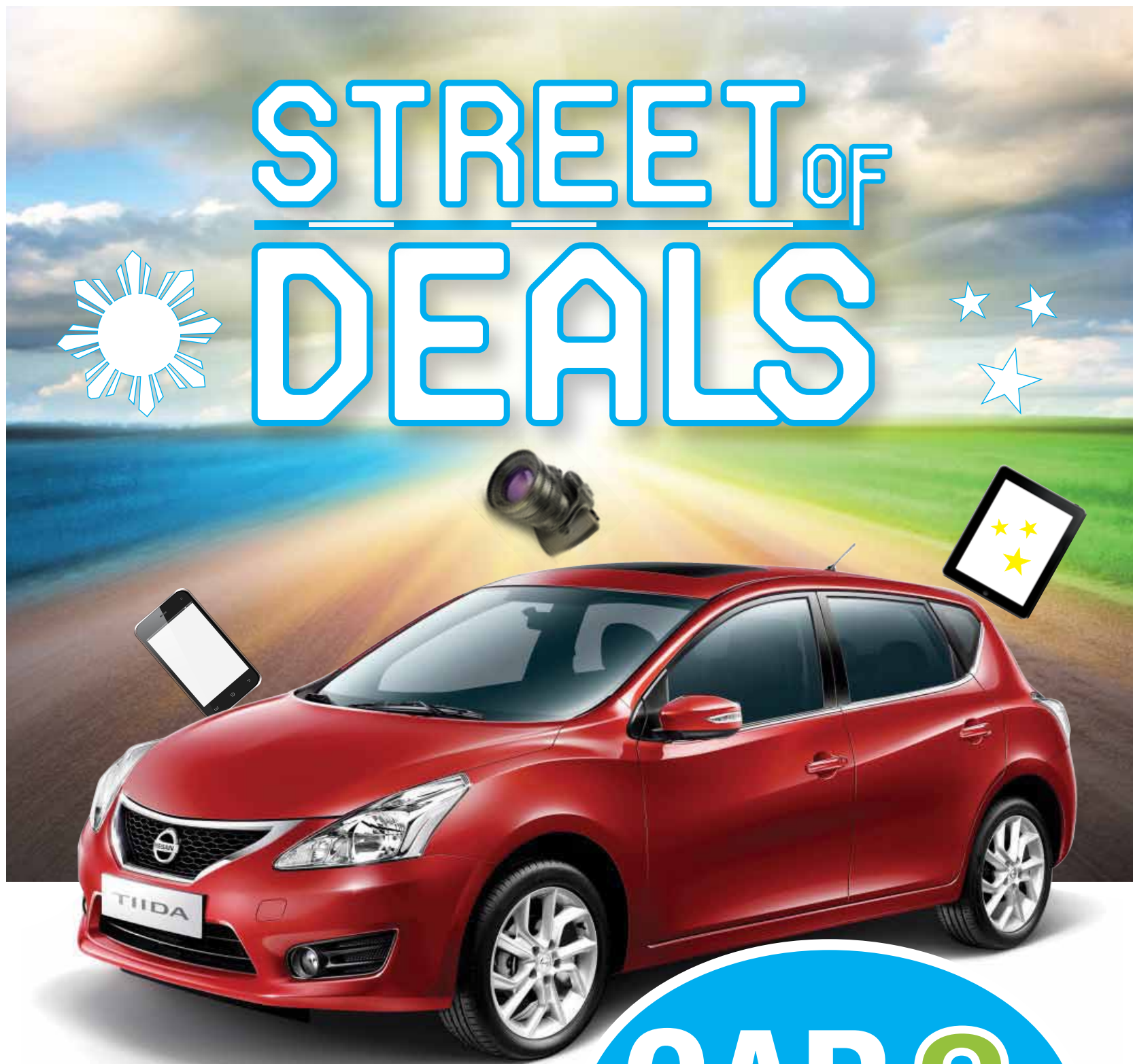
A sweetheart neckline with a layered mini dress is the perfect solution for those high temperature days. Choose a floral print which results in a classy and feminine look. The layers help to add volume and gives you shape where you need it. Complete the look with bootsies and a satchel. Keep your hair in a messy side braid. (Celebrity example- Kiera Knightly)





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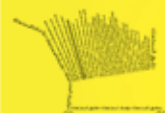
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From Earth to Mars for good

They say women are from Venus, but **Ritika Singh** is one woman headed to Mars



Indian born Ritika is the only girl to have been shortlisted from Dubai for the Mars One expedition in 2024. Ritika might soon be colonising our neighbouring planet if she passes the next two rounds. READ met up with the young enthusiast to discover more about her and her expectations from the journey of a lifetime.

When did you hear about Mars One?

I found out through a colleague and friend, Navin Goyal. He sent me the website link and he got all the information from one of his friends in the US who had applied for this expedition.

What prompted you to apply?

From the very first time I heard about it, I was fascinated by the idea of going to Mars. Just the thought of exploring a new planet gives me goose bumps. I love travelling and adventure and thought: What a perfect way to achieve both objectives and that too at a completely different level and a different planet.

What are your expectations from the expedition if you are shortlisted?

I'm looking forward to meeting people from different countries and cultures. I am excited about working at the boundaries of the highest technologies in space exploration. Testing my limits physically, mentally and emotionally, achieving something for which mankind (or womankind) will remember me forever; I want to be part of history books. I look forward to the training for Mars One expedition with candidates from all over the world. Exposure to diversified cultures, foods and languages will be challenging at times.

It's a one way manned flight – doesn't the prospect scare you?

Actually no. In fact this is something which excites me. Every one books two way tickets. Wouldn't it be an experience of a lifetime to book a one way ticket and never come back to earth? I will miss my friends and family for sure but the red planet will be my new home. It's a once in a lifetime experience and I want it.

How will you communicate there?

All communication between Mars and Earth goes

through satellites. Because of the distance, there is a substantial delay. As communication signals travel at the speed of light,

this means that it can take between 3 and 22 minutes for the information to reach the other end, so a phone call would not be practical. Fortunately, there would be no limitations to email, texting or WhatsApp messaging with the Mars residents. It will take at least 6 minutes for you to get your reply. Both voicemail and video messages are also easily workable options.

What will you take along with you?

I will take along with me wonderful memories from Earth. I will take all of Steve Jobs inventions, all the I's – from iPod to iPhone, all my favourite playlists, photos, books... I just hope the spaceship has enough space in the luggage hold! I am sure these priceless memories will keep me going.

What are the details of living there?

The Mars habitat will be a modular environment made up of multiple inflatable units, and will comprise about 1000 m³ of total living space, which equates to 250 m³ per inhabitant for a team of four. The astronauts will be staying on Mars for a long time, and they will need as much comfort as possible there. As the habitat will be modular, and constructed using fully redundant systems, even

if one inflatable unit is damaged beyond repair, the habitat will still be secure and fully functional, and there will be enough remaining volume available for relatively

comfortable living until a replacement unit can be delivered. Also astronauts will be settling on Mars indefinitely. It's not feasible to send water, oxygen and food from Earth to the astronauts: they will produce them on Mars with the help of life support units.

What can we expect in the future?

The arrival of the first four Mars inhabitants is just the beginning of this great adventure. The astronauts will be followed by more groups, spaced every two years, which will eventually lead to the base becoming a small village. At first, expansion will be limited due to provisions, oxygen and water. Other landings will provide everything they might need to expand the colony: solar panels, new



living quarters and plastic components. The settlement will develop as those inhabiting it become architects of their own environment.

How has being shortlisted changed your life?

I am in round 2 right now, and there are still 2 more rounds to go. Just after the short listing of round 2, I have been approached by several media personnel. So sometimes I wonder what will happen when I am one of the top 24 candidates who are going to Mars. Having said that, I am still very grounded and focused on my priorities in life. I will plan my next steps as required and enjoy all the challenges to the fullest.

Do you have any message for the readers?

I just have one thing to say which I have learnt from my mentor, if you get an opportunity grab it, you never know what treasures life has in store for you. I applied for Mars One and now here I am telling about my journey to the only magazine available in Dubai Metro. Sometimes we need to embrace the unknown, enjoy the suspense and accept whatever comes your way. And more times than not the events unfolding in your life will be magical and might change your life in ways you could never have imagined.



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Why new employees fail

And it has nothing to do with their skills.



Many hiring managers spend too little time interviewing potential candidates and what they all have in common is that they want to hire the right people. But what they truly mean by 'right' is 'highly skilled people' who can perform the tasks of the job. This aspect is no longer enough as a study has revealed that 46 percent of new hires failed within 18 months, and 89 percent of the time it was for attitude issues and not skills. Actually, interpersonal skills were the main reason for failure. Many companies are guilty of spending more time on the technical and educational requirements rather than exploring the interpersonal requirements of each candidate. Akhtaboot is here to reveal the top 4 reasons why many new hires fail – and it has nothing to do with their skills.

THEY CAN'T ACCEPT FEEDBACK

Many new hires who have only known success in their early careers believe that accepting performance

feedback means acknowledging a shocking character flaw in them. If they haven't been taught how a manager's guidance represents useful learning, they may fight back to avoid responsibility for anything that goes wrong. That's why new hires need to be pulled aside by a wise mentor who fills them in on the value of feedback and constructive criticism.

THEY'RE UNABLE TO UNDERSTAND OR MANAGE EMOTIONS

As we all know, the smartest people aren't always the most successful at work or even life. Many companies actually hire people who are academically excellent and yet they are incompetent when it comes to forming meaningful relationships at work. What is usually forgotten during the interview is identifying the candidate's Emotional Intelligence, which is the ability to understand and manage one's own emotions, and accurately assess other's emotions.

The failure of new hires should not be a surprise because hiring managers tend to focus very little on the emotional aspect of the candidate.

THEY LACK THE NECESSARY MOTIVATION

Since teams depend on everyone pulling their own weight, hiring people with low motivation will result in conflict when dealing with coworkers, especially within the same team. There is already a big red flag if the new person shows a lack of motivation as new employees are usually expected to show initiative when establishing themselves in a new company. As a manager you need to have an open discussion with the individual to make them aware of your concern, and then determine if your perception is real. If there is a real lack of motivation, try to figure out the reason for it, and then you can determine the appropriate course of action, be it a performance plan, training program, or even termination.

THEY DON'T FIT IN

There are many potential candidates who look amazing on paper, but the hardest decision of all is to choose one qualified person to hire. Since personal characteristics aren't usually part of the job description, when it comes down to finding the right candidates, the deciding factor may actually be 'cultural fit'. This means that your hire should be able to get along with you and his other colleagues. Once you meet your potential candidates in person, you need to develop a good idea about who would fit well with you and your company. You can also use personality type tests such as the MBTI which is a powerful tool that can give you useful insights on the candidate's character. A critical component to also consider is the person's willingness and ability to be harmonious with you. If the candidate can't do that, there will be problems.

By Akhtaboot – the career network (www.akhtaboot.com)

Listings

THE READ. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.

SCHEDULE CORRECT AT TIME OF
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NOTE THAT MOVIE THEATRES CAN
CHANGE SCHEDULES WITHOUT NOTICE



Novo Cineplex - Grand Hyatt

2 States - 10:00, 15:00, 20:00, 01:00
Brick Mansions - 16:30, 18:30, 20:30, 22:30, 00:30
Chef - 10:00, 12:20, 14:40, 17:00, 19:15, 21:35, 23:55
Freezer - 10:00, 12:00, 14:00, 16:00, 18:00, 22:00, 23:59
Godzilla - 10:30, 12:50, 15:10, 17:30, 19:50, 22:10, 00:30
Hero Panti - 11:00, 14:00, 17:00, 20:00, 23:00
Joe - 15:30, 18:00, 20:30, 23:00
Jungle Shuffle - 10:15, 12:00, 13:45
Kochadaiyaan - 10:00, 12:20, 14:40, 17:00, 19:20, 21:40, 00:00
Ninja: Shadow Of A Tear - 13:00, 18:00, 23:00
Rio 2 - 10:30, 12:30, 14:30
Sun Dress - 18:20, 23:00
The Amazing Spider-Man 2 - 10:20, 13:00, 15:40, 20:20, 00:45
The Last Days On Mars - 10:30, 12:30, 14:30, 16:30, 18:30, 22:30, 00:30
X-Men: Days Of Future Past - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00
X-Men: Days Of Future Past (3D) - 10:00, 12:30, 15:00, 17:30, 20:00, 22:30, 01:00

Novo Megaplex - Ibn Battuta

Al Madea - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
Brick Mansions - 10:40, 15:00, 19:20, 23:40
Chef - 10:00, 12:20, 14:40, 17:00, 19:15, 21:35, 23:55
Face Of Love - 17:50, 19:50, 21:50, 23:50
Fish N Chips - 10:30, 12:30, 14:30, 16:30, 18:30
Freezer - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 23:59
Godzilla - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00
Godzilla (3D) - 10:30, 12:50, 15:10, 17:30, 19:50, 22:10, 00:30
Grace Of Monaco - 10:50, 13:00, 15:10, 17:20, 19:30, 21:40, 23:50
Hero Panti - 11:00, 14:00, 17:00, 20:00, 23:00
Joe - 19:15, 21:35, 23:55
Jungle Shuffle - 10:20, 12:00, 13:40, 15:30, 17:30, 19:30
Kochadaiyaan - 10:15, 11:00, 12:45, 13:30,

15:15, 16:00, 17:45, 18:30, 20:15, 21:00, 22:45, 23:30, 01:00
L'ecume Des Jours - 19:00, 21:30, 00:00
Ninja: Shadow Of A Tear - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 00:00
Non-Stop - 12:50, 17:10, 21:30
Sun Dress - 11:30, 13:15, 15:00, 16:45
The Amazing Spider-Man 2 - 10:00, 12:45, 15:30, 18:15, 21:00, 23:45
The Last Days On Mars - 10:30, 12:30, 14:30, 16:30, 18:30, 20:30, 22:30, 00:30
The Love Punch - 21:30, 23:30
The Other Woman - 20:30, 22:45, 01:00
The Wind Rises - 10:00, 12:30, 15:00
Tinkerbell And The Pirate Fairy - 10:30, 12:20, 14:00, 15:40, 17:30
X-Men: Days Of Future Past - 10:00, 12:30, 15:00, 17:30, 20:00, 22:30, 01:00

Novo Festival Cinema - Festival City

Al Madea - 10:00, 14:00, 18:00, 22:00
Brick Mansions - 17:30, 21:30, 23:30
Chef - 10:00, 12:20, 14:40, 17:00, 19:15, 21:35, 23:55
Fish N Chips - 11:30, 13:30, 15:30, 17:30
Freezer - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 23:59
Godzilla - 10:30, 12:50, 15:10, 17:30, 19:50, 22:10, 00:30
Hero Panti - 11:00, 14:00, 17:00, 20:00, 23:00
Joe - 15:30, 18:00, 20:30, 23:00
Jungle Shuffle - 10:15, 12:00, 13:45
Sun Dress - 12:00, 16:00, 20:00, 00:00
The Last Days On Mars - 10:30, 12:30, 14:30, 16:30, 18:30, 22:30, 00:30
Ninja: Shadow Of A Tear - 10:15, 12:15, 14:15, 16:15
The Amazing Spider-Man 2 - 18:15, 21:00, 23:45
X-Men: Days Of Future Past - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00
X-Men: Days Of Future Past (3D) - 10:30, 13:00, 15:30, 18:00, 20:30, 23:00

Novo Cinecity - Al Ghurair

Chef - 10:00, 12:20, 14:40, 17:00, 19:15, 21:35, 23:55
Freezer - 10:00, 12:00, 14:00, 16:00, 18:00, 20:00, 22:00, 23:59
Godzilla - 10:30, 12:50, 15:10, 17:30, 19:50, 22:10, 00:30

Hero Panti - 11:00, 14:00, 17:00, 20:00, 23:00
Kochadaiyaan - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30, 01:00
The Last Days On Mars - 10:30, 12:30, 14:30, 16:30, 18:30, 20:30, 22:30, 00:30
X-Men: Days Of Future Past - 11:30, 14:00, 16:30, 19:00, 21:30, 00:00
X-Men: Days Of Future Past (3D) - 10:00, 12:30, 15:00, 17:30, 20:00, 22:30, 01:00

Reel Cinemas - Dubai Mall

Al Madea - 14:00, 16:00, 20:50, 22:50, 00:50
Captain America: The Winter Soldier - 20:10, 00:50
Chef - 11:25, 13:45, 15:00, 16:10, 17:40, 18:35, 20:25, 21:00, 23:10, 23:25, 01:45, 01:50
Freezer - 11:50, 13:50, 15:50, 17:50, 19:50, 21:50, 23:50, 01:50
Godzilla - 13:30, 14:00, 14:05, 15:55, 16:35, 16:45, 18:25, 19:05, 19:25, 20:55, 21:35, 22:00, 23:25, 00:05, 00:50, 01:55, 02:30
Godzilla (3D) - 12:10, 14:40, 17:10, 19:40, 22:10, 00:40
Grace Of Monaco - 16:15, 20:25, 00:35
Hero Panti - 16:40, 18:00, 21:55
Kochadaiyaan - 14:20, 19:35, 00:50
Rio 2 - 13:30, 17:50
Rio 2 (3D) - 11:20, 15:40, 20:00
The Amazing Spider-Man 2 - 11:45, 14:30, 17:20, 20:10, 23:00, 01:50
The Amazing Spider-Man 2 (3D) - 13:50, 16:35, 19:25, 22:15, 01:05
The Grand Budapest Hotel - 16:15, 20:35, 00:55
The Last Days On Mars - 12:05, 14:15, 16:25, 18:35, 20:45, 22:55, 01:00
The Other Woman - 14:00, 18:20, 22:40
Walk of Shame - 14:15, 18:25, 22:35
X-Men: Days Of Future Past - 11:05, 11:35, 13:00, 13:30, 13:45, 14:10, 15:40, 16:15, 16:25, 16:50, 18:20, 19:00, 19:05, 19:30, 21:00, 21:45, 22:10, 23:40, 00:25, 00:30, 00:50, 02:20, 03:00
X-Men: Days Of Future Past (3D) - 12:10, 14:30, 15:00, 17:15, 17:50, 20:00, 20:30, 22:45, 23:10, 01:30, 01:50

Reel Cinemas - Marina Mall

Chef - 12:25, 14:50, 17:15, 19:40, 22:05, 00:30

Godzilla - 12:05, 14:35, 17:05, 19:35, 22:05, 00:35
Grace Of Monaco - 13:50, 18:15, 20:25, 22:35, 00:45
Rio 2 - 11:20, 13:25, 15:25, 17:30
The Other Woman - 16:00, 19:35, 22:00
X-Men: Days Of Future Past - 11:10, 13:10, 15:50, 17:30, 21:10, 23:50, 00:25
X-Men: Days Of Future Past (3D) - 11:50, 14:30, 17:10, 19:50, 22:30, 01:10

Reel Cinemas - The Beach

Freezer - 13:30, 15:30, 17:30, 19:30, 21:30, 23:30, 01:30
Godzilla - 12:20, 14:50, 16:25, 17:20, 19:15, 19:50, 22:00, 22:20, 00:45, 00:50
Rio 2 - 14:45, 19:15
Rio 2 (3D) - 12:30, 17:00
The Grand Budapest Hotel - 16:35, 19:35, 21:45, 23:55
The Other Woman - 13:20, 17:45, 22:10
X-Men: Days Of Future Past - 12:05, 13:50, 14:45, 16:00, 16:30, 17:20, 18:50, 19:10, 20:00, 21:40, 22:40, 00:30, 01:20
X-Men: Days Of Future Past (3D) - 13:00, 15:40, 16:50, 18:20, 19:35, 21:00, 21:40, 22:20, 23:40, 00:30, 01:05

Vox Cinemas - Deira City Centre

2 States - 11:00, 14:00, 17:00, 20:00, 23:00
7th Day - 09:45, 12:30, 15:15, 18:00, 20:45, 23:30
Godzilla - 10:00, 12:45, 15:30, 18:15, 21:00, 23:45
Godzilla (3D) - 09:15, 11:45, 14:30, 17:15, 20:00, 21:45, 22:45, 00:15, 01:15
Kochadaiyaan - 10:15, 10:45, 11:00, 12:00, 12:45, 13:15, 13:30, 14:30, 15:15, 15:45, 16:00, 17:00, 17:45, 18:15, 18:30, 19:30, 20:45, 21:00, 22:00, 23:30, 00:30
Rio 2 (3D) - 10:30, 12:45, 15:00, 17:15, 19:30
The Amazing Spider-Man 2 - 10:00, 13:00, 16:00, 19:00, 22:00
The Amazing Spider-Man 2 (3D) - 11:00, 13:00, 14:00, 17:00, 20:00, 23:00
X-Men: Days Of Future Past - 11:00, 13:45, 16:30, 19:15, 22:00, 00:45
X-Men: Days Of Future Past (3D) - 12:00, 14:45, 17:30, 20:15, 23:00
X-Men: Days Of Future Past (4D) - 10:00, 12:45, 15:30, 18:15, 21:00, 23:45

Vox Cinemas - Mall of the Emirates

Chef - 10:45, 13:15, 15:45, 18:15, 20:45, 23:15
Fish N Chips - 10:00, 12:15, 14:30
Godzilla - 11:00, 12:45, 13:45, 15:30, 16:30, 18:15, 19:10, 21:00, 21:50, 23:45, 00:30, 01:30
Godzilla (3D) - 10:15, 12:50, 15:30, 18:10, 20:50, 23:30
Grace Of Monaco - 09:45, 12:00, 14:15, 16:30, 18:45, 21:00, 23:15
Jungle Shuffle - 09:45, 11:45, 13:45
Kochadaiyaan - 11:00, 13:30, 16:00, 18:30, 21:00, 23:30, 01:15
Rio 2 (3D) - 10:00, 12:15, 14:30, 16:45, 19:00
Sun Dress - 19:00, 21:15, 23:30
The Amazing Spider-Man 2 - 10:00, 13:00, 16:00
The Amazing Spider-Man 2 (3D) - 11:00, 14:00, 17:00, 20:00, 23:00
The Other Woman - 21:15, 23:40
Tinkerbell and the Pirate Fairy - 11:15, 13:15, 15:15, 17:10
Walk of Shame - 12:45, 15:00, 17:00, 19:00, 21:15, 23:15
X-Men: Days Of Future Past - 11:00, 13:45, 16:30, 19:15, 22:00, 00:45
X-Men: Days Of Future Past (3D) - 10:15, 11:45, 12:00, 13:00, 14:30, 14:45, 15:45, 17:15, 17:30, 18:30, 20:00, 20:15, 21:15, 22:45, 23:00, 00:00

Vox Cinemas - Mirdif City Centre

Godzilla - 10:15, 10:30, 13:00, 13:15, 15:45, 16:00, 18:30, 18:45, 21:15, 21:30, 00:00, 00:15
Godzilla (3D) - 09:30, 12:20, 15:00, 17:40, 20:15, 23:00
Kochadaiyaan - 10:15, 12:45, 15:15, 17:00, 20:40, 23:15
Rio 2 - 09:30, 11:45, 14:00, 16:15, 18:30
The Amazing Spider-Man 2 (3D) - 10:00, 10:45, 11:15, 13:00, 13:45, 14:15, 16:45, 17:15, 19:45, 20:15, 22:45, 23:15
Walk of Shame - 20:45, 23:00, 01:00
X-Men: Days Of Future Past (3D) - 10:00, 11:00, 12:15, 12:45, 13:45, 15:00, 15:30, 16:30, 17:45, 18:15, 19:15, 21:00, 20:30, 22:00, 23:15, 23:45, 00:45
X-Men: Days Of Future Past (4D) - 11:30, 14:15, 17:00, 19:45, 22:30, 01:15

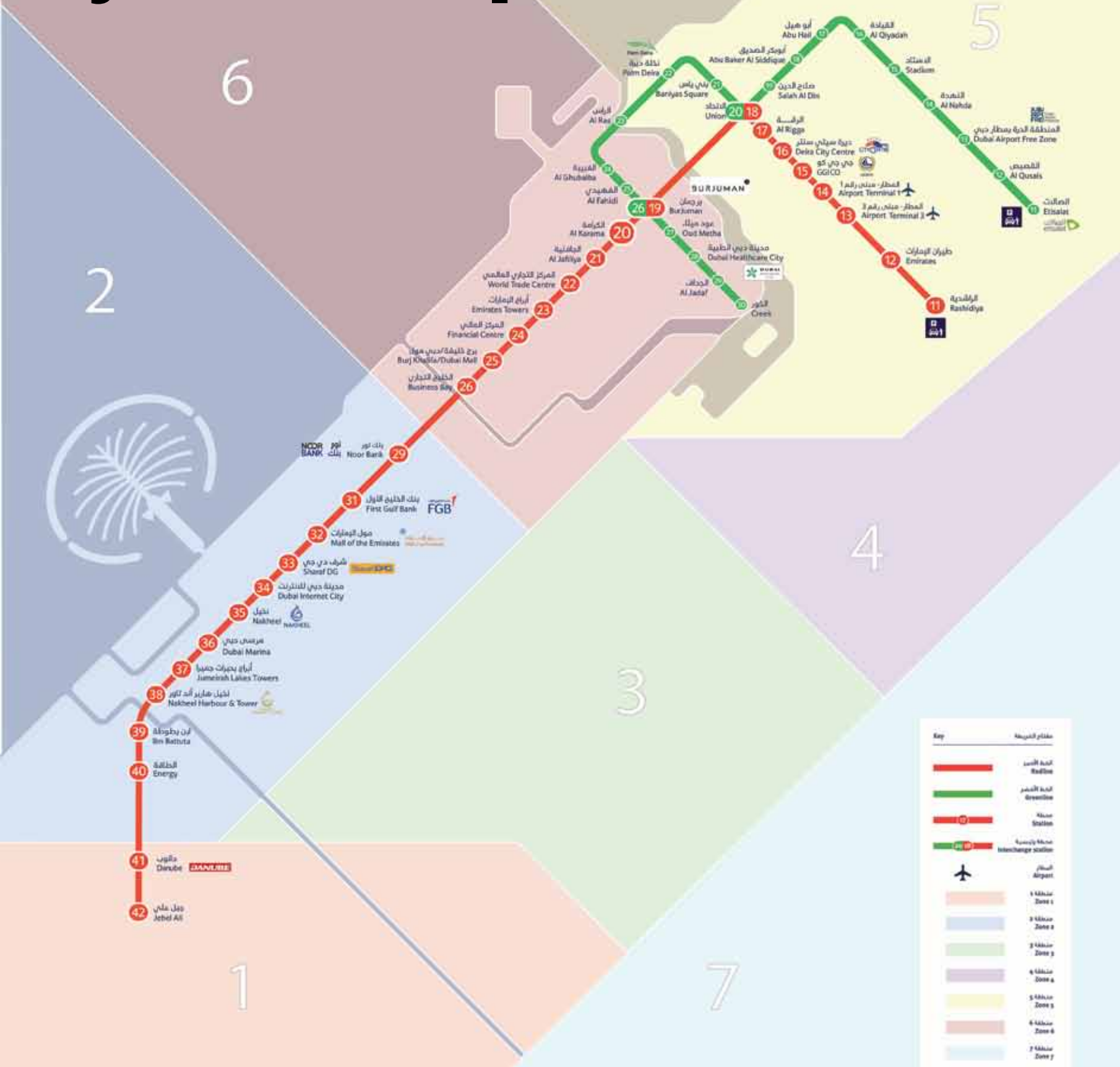


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MISCELLANEOUS



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SPORT
SHORTS

Motorsport: Australia's most successful F1 driver "Sir Jack Brabham" has been announced dead at the age of 88 after a long battle with a liver disease. Brabham won the F1 championship in 1959, 1960 and 1966, and he was the only man to win the title driving a car bearing his own name. Mark Webber, who paid his tribute to the deceased legend, stated that Brabham was inspirational, and his success in the past years opened doors for Australians to join the world of F1.



Boxing: Carl Froch and George Groves will battle in a rematch at the Wembley Stadium with a crowd of 80,000 fans on the 31st of May. The clash could possibly be the biggest fight in British boxing history as tickets sold out in just one hour. The first fight between them ended in controversy which has given them the opportunity to fight once again in a very heated battle which everyone has been waiting for due its ruthless rivalry.



Rugby: England's Jonny Wilkinson, who decided to retire, has revealed that he would be delighted with a role in the England coaching set-up claiming that he sees so much potential in so many players; he also stated that he would love to help make a difference with England. The English legend has announced that he will retire after concluding the last two matches of Toulon's season.

Manchester United appoint Louis van Gaal as manager

The club has finally confirmed Louis van Gaal as their new manager with Ryan Giggs being his assistant.

The Dutch coach has been correlated with Manchester United since former manager David Moyes was sacked from the club, however nothing was certain as Van Gaal refrained from confirming anything to the media.

The Netherlands national coach will join the Red Devils once the World Cup comes to an end; Van Gaal has also signed a three year deal with the club as he stated "It was always a wish for me to work in the Premier League."

"To work as a manager for Manchester United, the biggest club in the world, makes me very proud!" he added.



Novak Djokovic triumphs in Rome Masters

Novak Djokovic uncrowned champion Rafael Nadal after a splendid victory in the Rome Masters Final with a score of 4-6, 6-3, 6-3.

Winning the title in 2008 and 2011, the Serbian world No 2 managed to clinch the title for the third time on the

red clay of Rome at the Foro Italico.

Nadal, who was seeking to expand his record to eight victories in Rome, suffered from unforced errors which concluded the game with a loss, therefore allowing Djokovic to be held victorious.

Miami Heat even the series after defeating Indiana Pacers in Game 2

The Miami Heat strike back on the Indiana Pacers and leave town with what they came to get, their outstanding performance in the end lead to them to an exhilarating victory of 87-83 thus leveling their Eastern Conference final series against the Indiana Pacers at 1-1.

The Pacers had the lead with 75 points to 72 with only five minutes remaining from game time, however failed to retain the lead as Dwayne Wade top scored for the Heat with 23 points with LeBron James finishing with 22 points. Lance Stephenson, however, managed to put up 25 points for the Indiana pacers.

The struggle isn't over yet as five games are yet to be played between the Miami Heat and the Indiana Pacers in the Eastern Conference final series on May 25, 27, 29, 31 & June 2.



RTA reaches out to the elderly

Mattar Al Tayer reiterates RTA support for Emirati elderly while working hand in hand with key CDA initiatives.



AL TAYER RECEIVING AL KAMDA AND THE EMIRATI ELDERLY

SERVICES

Mattar Al Tayer, Chairman of the Board and Executive Director of the Roads & Transport Authority (RTA), recently received a delegation comprising Emirati elderly accompanied by Khalid Al Kamda, Director General of the Human Development Authority (CDA) in Dubai. During the visit, discussions focused on the Zukhr initiative; which offers Emirati elderly distinguished services from more than 35 government, semi-government and private entities.

At the start of the gathering, Al Tayer welcomed the delegation and commended their contribution and role in serving their nation and community. He also praised their continual input through instilling the concept of good citizenship, patriotism and loyalty to leaders, in the conscience of youngsters and upcoming generations.

Al Tayer reiterated the RTA's keenness on boosting the strategic partnership with the CDA in its capacity as the competent entity as regards streamlining and uplifting the community development structures in Dubai. "The RTA is committed to carry out a host of community-oriented initiatives to serve the elderly and the disabled in implementation of the directives of HH Sheikh Mohammed Bin Rashid Al Maktoum, Vice-President and Prime Minister of the UAE and Ruler of Dubai, to transform the

UAE, especially the emirate of Dubai, into an arena for charitable activities, humanitarian works, and enhanced community development. It also echoes the efforts made to deliver on the objectives of the initiative of HH Sheikh Hamdan Bin Mohammed Bin Rashid Al Maktoum, Dubai Crown Prince and Chairman of the Executive Council (My Community Offers a Place For Everyone) aimed to fully transform Dubai into a disabled-friendly city by 2020," stated Al Tayer. "The RTA attaches paramount attention to the disabled and elderly as reflected in customising the design of

all mass transit means, including the metro, buses, marine transit modes and taxis, to meet the requirements of the disabled. The RTA also offers a wide spectrum of complimentary services to elderly and disabled citizens, such as the exemption of the disabled from paying public transport fares through offering them free Nol cards enabling them free rides on all public transport means including the metro, buses and the waterbus. The disabled are also exempted from Salik toll, vehicle registration fees, and paid parking fees besides allocating them free parking slots in prime locations.

Elderly are exempted from paid parking fees, and offered 50 per cent discount on Nol cards," added Al Tayer. Al Tayer hailed the numerous initiatives launched by the CDA targeting the disabled, elderly, children and families. He also praised the CDA's efforts in introducing policies, standards and controls as regarding the disbursement of social benefits, allocation of subsidies and financial assistance to Emiratis, and diffusing the culture of volunteering amongst various spectrums of the community. Khalid Al Kamda commended the RTA's efforts in supporting the programmes and initiatives of the CDA, particularly the Sanad card designated for the disabled in Dubai, and the Zukhr card that offers a select package of services to Emirati elderly. "Caring for the elderly comes in fulfilment of their rights due from us as well as the community, and a testament to our humanitarian, ethical and religious commitments towards those who founded our nation and paved the way for our prosperity and civilization," said Al Kamda. At the end of the visit, the Emirati elderly presented a memento to Al Tayer in recognition of the RTA's efforts in nurturing an advanced infrastructure of public transport that meets the needs of the elderly, disabled and various community segments which in turn has contributed to easing the mobility of inhabitants all over the emirate.

"The RTA attaches paramount attention to the disabled and elderly as reflected in customising the design of all mass transit means"



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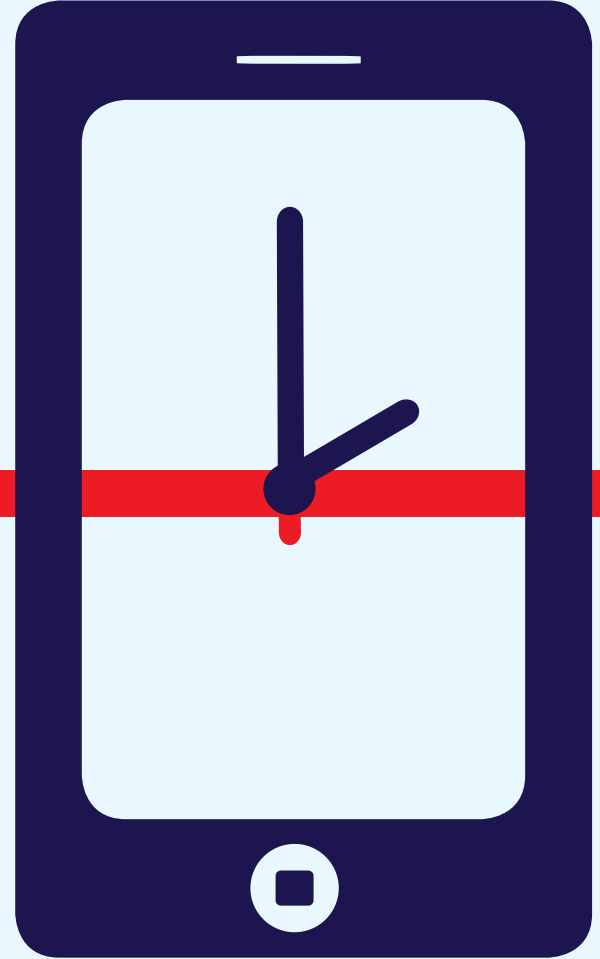
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TOGETHER WE BUILD THE FUTURE OF DUBAI

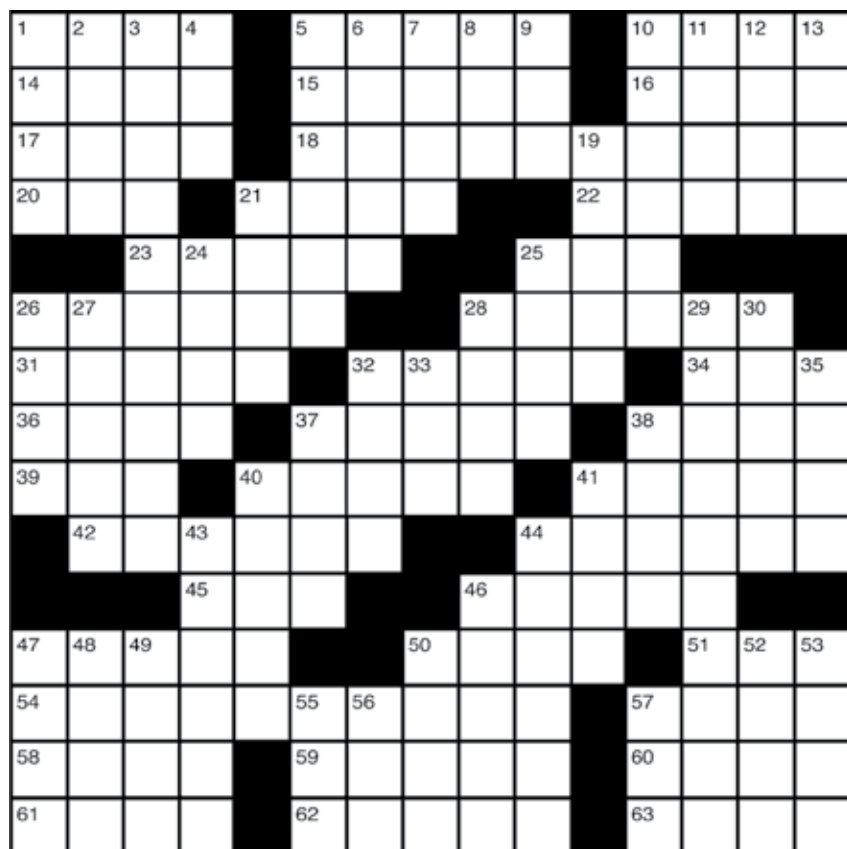
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*0.18 fils/sms



Taking your time



Crossword

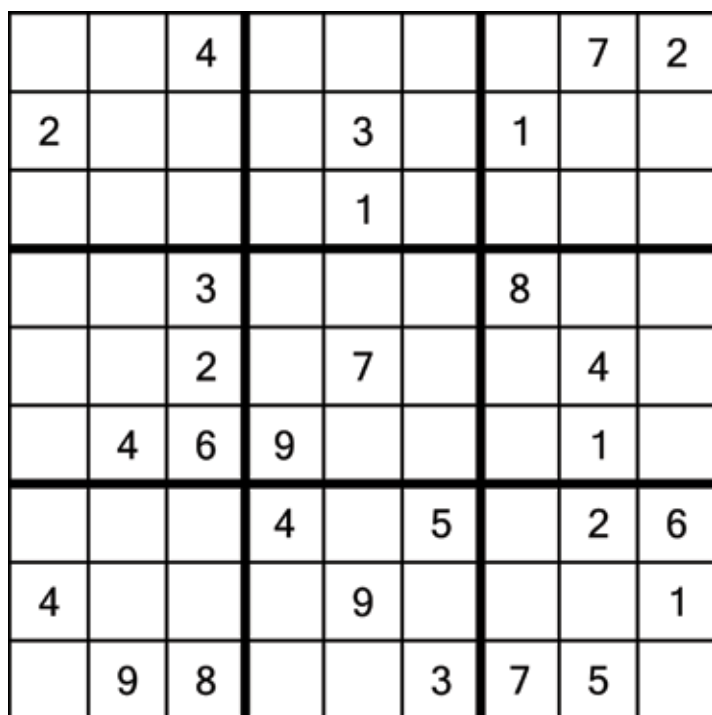
Across

1 Bellyache; whine 5 Enjoy Rollerblades 10 High point 14 Aware of the shenanigans of 15 Relative by marriage 16 ___ to rest; buried 17 Keats' works 18 Forceful; persuasive 20 Sever 21 Triangular sails 22 "A Taste of ___"; Herb Alpert hit 23 Young horses 25 Plato's "T" 26 Like a spare tire around one's middle 28 Court clown 31 Early guitars 32 Money, slangily 34 Juicy Fruit or Bazooka 36 Sore 37 Absorbent cloth 38 Gray wolf 39 Dessert choice 40 Detroit team 41 Foyt or Unser 42 Sleeper's visions 44 Loathe 45 Appropriate 46 Hayes or Hunt 47 Bit of parsley 50 Simple 51 "...hallowed be ___ name..." 54 Crest or Aim 57 Region 58 Too 59 Higher berth 60 Thailand, once 61 Lager 62 Lovers' meeting 63 Skits

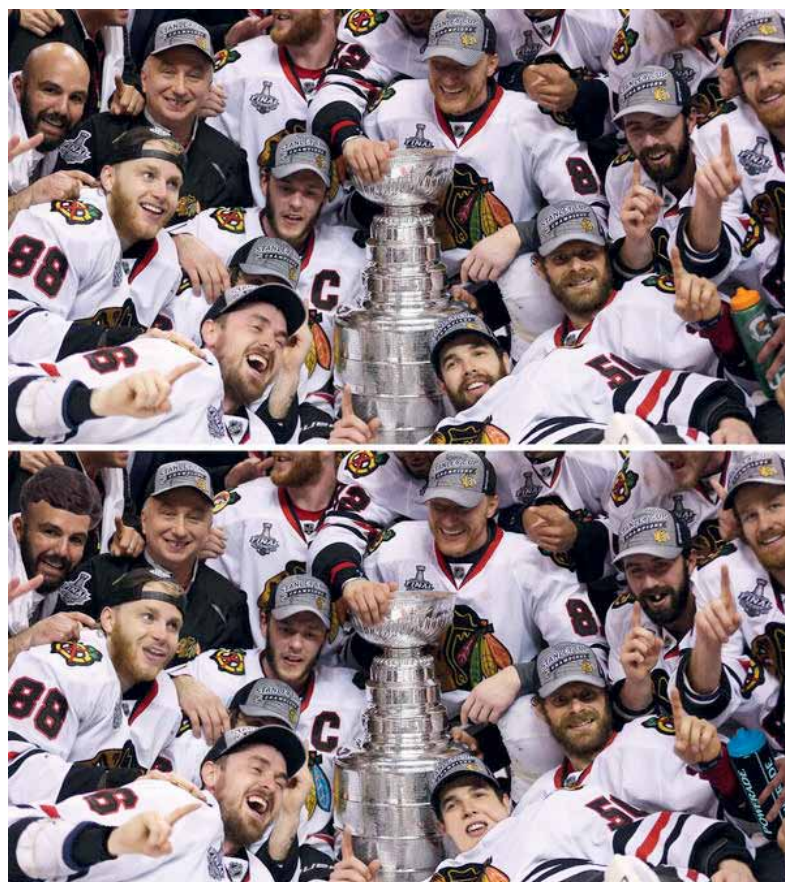
Down

1 Doofus 2 Disassemble 3 Ari, to Caroline 4 Distress letters 5 Large Italian island 6 Drawer handles 7 Charity 8 Touch lightly 9 Female sheep 10 ___ effort; fullscale attempt 11 Abel's brother 12 Belonging to me 13 Not relaxed 19 ___ apso; small, long-haired dog 21 Pokes 24 Toe the line 25 TV's "To ___ the Truth" 26 Part of a book jacket 27 Thinking and talking clearly 28 Montana and Mantegna 29 Conceited 30 Bumpkins 32 Cow sounds 33 Possess 35 Comedian Sahl 37 Magazine title 38 Tardy 40 Giggle 41 Depend 43 Newspaper bigwig 44 Abandon 46 Abhors 47 Take a ___ at; try to do 48 Warsaw native 49 Stood up 50 Catch sight of 52 Warmth 53 Sweet potatoes 55 ___ in; insert 56 Mar.'s follower 57 Happy ___ clam

Sudoku



Spot the difference



ANSWERS

SUDOKU

9	5	4	2	1	8	6	9	
1	8	4	6	9	5	2	7	
9	2	8	5	9	1	4	3	
6	1	2	8	5	6	9	7	4
5	7	1	4	3	2	8	6	
4	6	8	9	7	2	3	1	5
8	3	7	2	1	5	4	9	6
8	9	1	7	4	6	5	2	3
2	4	5	6	9	3	7	1	8

CROSSWORD

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
27	28	29	30	31	32	33	34	35	36	37	38	39
40	41	42	43	44	45	46	47	48	49	50	51	52
53	54	55	56	57	58	59	60	61	62	63		



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Healthy & wholesome

Here's our selection of some healthy recipes for a healthier and fitter you this summer.

Halloumi kebabs with thyme & lemon baste

A veggie treat for your barbecue

Serves

4

Calories: 194

Protein: 17g

Carbs: 7g

Fat: 11g

Saturates: 5g

Fibre: 1g

Sugar: 0g

Salt: 2.4g

Prep Time: 15 mins

Cook time: 25 mins

Ingredients

For the kebabs

2 medium courgettes

1 large red onion

250g low fat halloumi cheese, cut into 16 chunks (we used Cypressa Halloumi Lite)

16 cherry tomatoes

For the lemon baste

1 tbsp olive oil

2 tbsp lemon juice

2 tsp fresh thyme leaves (preferably lemon thyme)

1 tsp Dijon mustard
pitta bread, to serve

Method

1. Halve the courgettes lengthways, then thickly slice. Cut the onion into

wedges and separate into pieces.

Thread the halloumi, cherry tomatoes, courgettes and onion onto eight skewers. Cover and chill the kebabs until you are ready to cook (You can do this up to half a day ahead.)

2. To make the baste, mix together the olive oil, lemon juice, thyme, mustard and seasoning. (This can be made ahead and chilled too.)

3. Preheat the barbecue or grill and arrange the kebabs on the rack. Brush with the baste, stirring it first to make sure the ingredients are blended. Cook for 4-5 minutes, turning often, until the cheese begins to turn golden and the vegetables are just tender. Serve while still hot with warm pitta bread.



Praline meringue cake with strawberries

A caramel-flavoured praline meringue that's perfect for a summer's day

Prep Time: 30 mins

Cook Time: 1 hr

Calories: 533

Protein: 7g

Carbs: 51g

Fat: 35g

Saturates: 35g

Fibre: 2g

Sugar: 50g

Salt: 0.16g

Ingredients

For the meringue

175g whole almonds, toasted

225g golden caster sugar

225g light muscovado sugar

6 egg whites

1 tbsp cornflour

2 tsp white wine vinegar

To assemble

1kg strawberry, hulled and halved, or quartered if large

586ml icing sugar, plus extra for decorating

586g pot double cream

Method

1. Heat oven to 140C/fan 120C/gas 1, and line two flat baking sheets with baking parchment. Whizz about two-thirds of the toasted almonds

in a food processor until chopped. Don't let them start to look greasy or clump together – they should still be in pieces rather than ground. Roughly chop the remaining third with a knife.

2. Stir the sugars together. Using an electric hand whisk, beat the egg whites in a large bowl until stiff, then add the sugar in three batches,

beating the mixture back to stiff after each addition. Add the cornflour and vinegar, and keep going until the meringue mixture is glossy and so stiff that the beaters begin to feel heavy when stirring – this can take up to 5 mins.

3. Quickly fold in all of the finely chopped nuts and most of the roughly chopped with a spatula, then

divide the mixture between the two baking sheets. Spread both into 20cm circles, then scatter the remaining chopped nuts over. Bake for 1 hr, then turn the oven off and leave the meringues inside to cool for at least 1 hr. Leave the oven door closed (this will help to prevent them cracking). Will keep overnight in an airtight container, or freeze, wrapped in cling film, for up to 1 month.

4. For the strawberry sauce, purée 600g of the strawberries in a food processor or blender. Press through a sieve to remove the seeds, then sweeten with 2 tbsp of the icing sugar. Can be made up to 1 day ahead. Sieve the remaining icing sugar into the double cream, whip until it just holds its shape, then carefully swirl through two-thirds of the sauce.

5. To serve, slide one of the meringues off its baking parchment onto a serving plate, then spread over half the cream. Place the second meringue on top, pile over the rest of the cream and top with the remaining strawberries. Dust with a little more icing sugar if you like, and serve the leftover strawberry sauce alongside.



Serves

12

What's in your stars?

The *Read.* astrologer tells you what you can expect over the next seven days.

ARIES

(MAR 21 - APR 20)

There's a strong potential for lasting love under this lunar light, Aries. And while you may have a short attention span, you also prefer to go deep with just one person. Is it time to issue an ultimatum to a fence sitter? The zodiac's queen bee waits for no one.



TAURUS

(APR 21 - MAY 21)

Unless someone has those winning qualities of strength, character and endurance, you can't be bothered, not for long at least. This full moon falls at a close degree of Scorpio as serious-as-a-heart-attack Saturn, so it's "wedding chapel or bust!" for you.



GEMINI

(MAY 22 - JUN 21)

Not another slouchy sweater and overalls day, Gemini. This Wednesday, the Scorpio full moon lights up your house of healthy living. Time to make your wellbeing a priority again, restoring your vitality to peak levels.



CANCER

(JUN 22 - JUL 23)

Oh l'amour. This Wednesday, a luminous full moon lands in Scorpio and your fifth house of romance. Love is in the air, Cancer, so capitalize on Cupid's offerings, which will blaze with passion and intensity for the two weeks to follow.



LEO

(JUL 24 - AUG 23)

Ready, set, decorate! With Wednesday's full moon in Scorpio and your domestic fourth house, the urge to feather your nest could become an outright obsession. Your lion's lair should be a well-appointed space.



VIRGO

(AUG 24 - SEP 23)

Look who's talking now...or should we say, again, Virgo. It's no secret that you have the gift of gab, but this week you're verging on silver-tongued devil status.



LIBRA

(SEP 24 - OCT 23)

Forget what you heard about orange being the new black. This week, green is your color, as in greenbacks, Libra; yep, cold, hard cash. On Wednesday, a full moon in Scorpio electrifies your second house of income, luring forth the Rich Girl (or Guy) in you.



SCORPIO

(OCT 24 - NOV 22)

Step into the spotlight! This Wednesday, marks the annual full moon in Scorpio. Get ready for your close-up, even if you aren't the biggest fan of so much exposure. The public eye is calling and your efforts of the past six months could culminate in a giant popularity spike.



SAGITTARIUS

(NOV 23 - DEC 21)

Let it go, let it go. This Wednesday, May 14, the full moon in Scorpio lights up your twelfth house of surrender, healing and forgiveness. You've been hanging on tightly to something that needs to be released, Sagittarius.



CAPRICORN

(DEC 22 - JAN 20)

Spirit fingers! The entire world's your pep rally this week, thanks to Wednesday's full moon in Scorpio and your eleventh house of teamwork. A collaborative effort that began over the past six months could come to a shining milestone.



AQUARIUS

(JAN 21 - FEB 19)

Make it rain, Aquarius! This Wednesday, marks the annual full moon in Scorpio and your tenth house of success. Your hard work of the past six months could finally bring that blaze of glory you've been hoping for.



PISCES

(FEB 20 - MAR 20)

Calling all Pisces jetsetters. This Wednesday, marks the full moon in Scorpio and your ninth house of worldly adventures. Wanderlust washes over you, and you'll be riding that wave for the two weeks that follow this lunar event.



This week's local weather

SUN

25th

SUNNY
HIGH 38°C
LOW 28°C
HUMIDITY 43%

MON

26th

SUNNY
HIGH 40°C
LOW 29°C
HUMIDITY 34%

TUE

27th

SUNNY
HIGH 39°C
LOW 29°C
HUMIDITY 41%

WED

28th

SUNNY
HIGH 38°C
LOW 29°C
HUMIDITY 48%

THU

29th

SUNNY
HIGH 37°C
LOW 29°C
HUMIDITY 45%

FRI

30th

SUNNY
HIGH 37°C
LOW 29°C
HUMIDITY 49%

SAT

31st

SUNNY
HIGH 37°C
LOW 29°C
HUMIDITY 50%

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