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SEPTEMBER 28 - OCTOBER 04, 2014 | Issue 172

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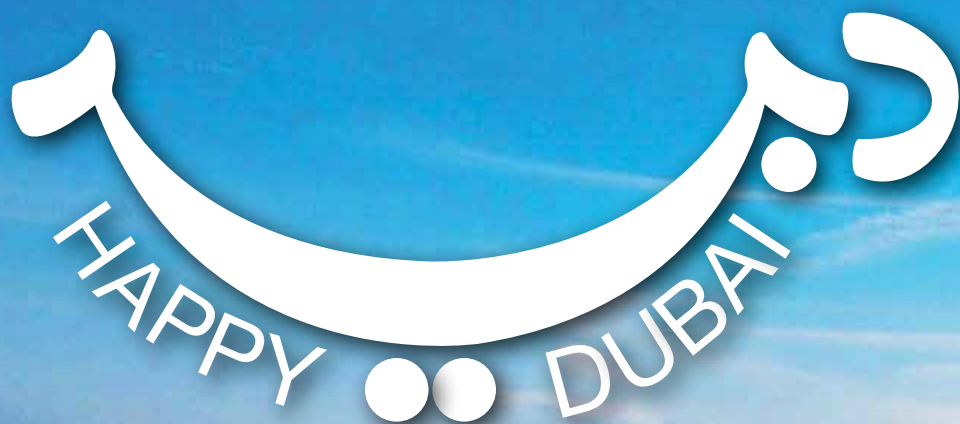


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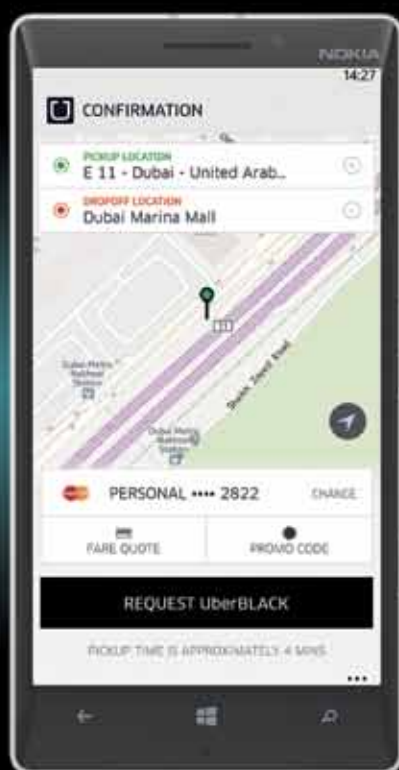
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Poem of the week

She was phantom of delight

By William Wordsworth

She was a Phantom of delight
 When first she gleam'd upon my sight;
 A lovely Apparition, sent
 To be a moment's ornament:
 Her eyes as stars of twilight fair;
 Like twilight's, too, her dusky hair;
 But all things else about her drawn
 From May-time and the cheerful dawn;
 A dancing shape, an image gay,
 To haunt, to startle, and waylay.

I saw her upon nearer view,
 A Spirit, yet a Woman too!
 Her household motions light and free,
 And steps of virgin liberty;
 A countenance in which did meet
 Sweet records, promises as sweet;
 A creature not too bright or good
 For human nature's daily food,
 For transient sorrows, simple wiles,
 Praise, blame, love, kisses, tears, and smiles.

And now I see with eye serene
 The very pulse of the machine;

A being breathing thoughtful breath,
 A traveller between life and death:
 The reason firm, the temperate will,
 Endurance, foresight, strength, and skill;
 A perfect Woman, nobly plann'd
 To warn, to comfort, and command;
 And yet a Spirit still, and bright
 With something of an angel light.



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- Europe
- Australia

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3 Lulu Hypermarket Karama	Al Karama	8 Lulu Village Muhaisinah	Qusais
4 Lulu Center & Supermarket Karama	Al Karama		
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Red Line Green Line

The week that was readme.ae

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By Mae Cabigas



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Where: Dubai World Trade Centre
When: September 28-30, 2014
Tickets: Free
Telephone: 04 456 3766



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The Illusionists have returned with an updated style and method of magic.

The Illusionists are back in Dubai and are bringing in a brand new show that will amaze and fascinate you more so than ever before. Using cutting-edge technology, visual aids, 3-D projections and imagery as well as your suspension of belief, the Illusionists will carry you off from the mundane world you live in to a mesmerizing world of magic and illusions. Featuring seven artists who are each geniuses in their respective fields, this is a show you cannot afford to miss.

Where: Dubai World Trade Centre
When: September 30 - October 5, 2014
Tickets: Silver- Dhs199/299, Gold- Dhs399/499, Platinum- Dhs1299/1499, Royal- Dhs2299/2499
Telephone: 04 338 8125

SESAME STREET LIVE - ELMO MAKES MUSIC

The most popular and dearly loved children's street and it's friends are coming to Dubai this autumn.

Witness Sesame Street come to life on stage at the Madinat Jumeirah this September as some of the show's most prolific characters such as Big Bird, Abby Cadabby and Elmo give you a wonderful performance. Elmo Makes Music is a Live production of Sesame Street's favorite characters making wonderful music together and share their love for music with the kids and families.



Where: Madinat Jumeirah
When: September 29-October 4, 2014
Tickets: Dhs249



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Fight hunger during early pregnancy

By Hanadi Dawara

Despite eating regular healthy meals throughout the day with plenty of fluids, vegetables, fruits, and all components of the refrigerator, are you still feeling hungry? Is it that you are in the first few months of your pregnancy?

Every woman remembers this period of pregnancy and all the embarrassments that passed by but they know that they are not comets. There is a physiological process in the body of the pregnant woman that makes her feel hungry throughout the day and night. There are several reasons for the hunger pangs:

Reasons:

1. Did you know that the rate of secretion of the hormone insulin when pregnant increases during the first few weeks causing changes in blood sugar, and therefore hunger?
2. Did you know that the change in a woman's blood sugar levels is a major cause of hunger which is normal for the continued overall changes that accompany pregnancy?

Be careful:

This is the most repeated word you will hear during the 9 months. You will be bombarded with tips and friends and family will be cautious around, brimming with a lot of tips and instructions. However, the multiple warnings about food systems might be different, so be careful and follow the science and go back to your doctor.

Tips

Specialised doctors usually offer several ways to avoid starvation when pregnant:

1



Drink plenty of water in the early morning for the recovery of the body by supplying it with fluid required as well as the regulation of metabolism in the digestive system, delaying the sense of hunger.

2

Eat several small meals during the day to extend a woman's body and provide the fetus and mom-to-be both with energy and important nutrients.

3

Eat regularly throughout the day; where you should eat three main meals and 2 snack meals, which helps erratic fluctuations in blood sugar levels, which can then be the prevention of severe hunger.



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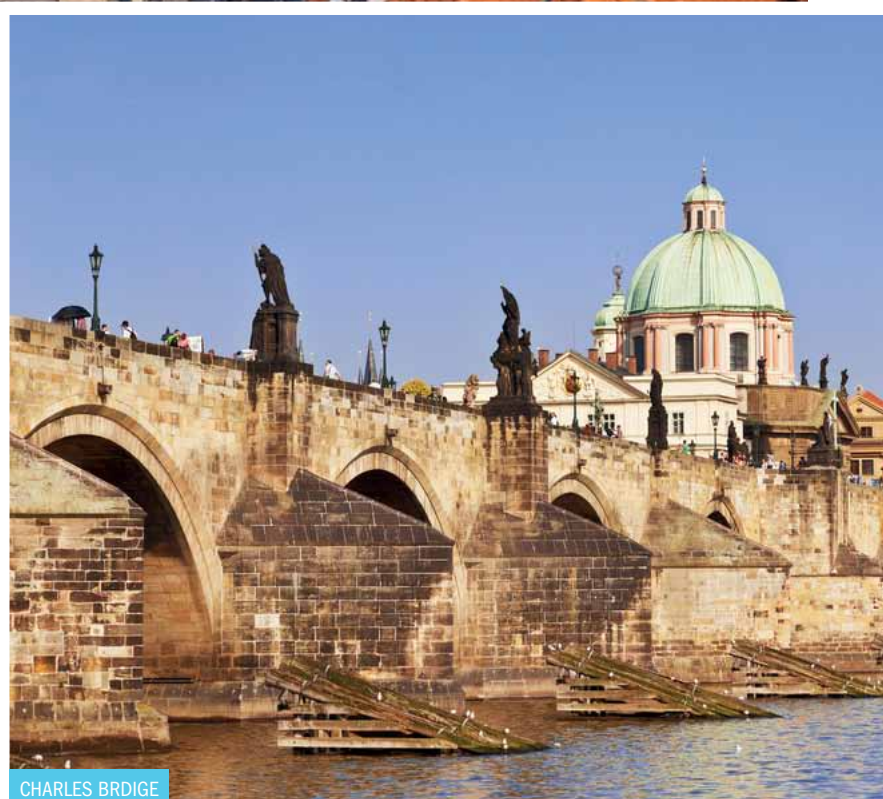
OVERLOOKING PRAGUE

If you're still wondering where to plan your trip, there's the perfect place waiting for you. There is no better feeling than being lost in the enchanting city of bridges, cathedrals, gold-tipped towers and church domes. A trip to the capital city of Czech Republic will make you another person upon arrival as it is a magical city which will amaze you with its beautiful history, and its stunning landscape. Prague shows a different side every season, making it charming for everyone who visits at any time. Now is the time to open yourself up to one of the most ravishing cities you'll ever experience.

Make sure you don't miss out on the all good stuff; there is plenty to do in

“A trip to Prague will make you another person upon arrival as it's a magical city which will amaze you with its beautiful history”

Prague, from sightseeing to culture and events. Start off with visiting what is probably the most famous sight in all of Prague – The Charles Bridge – a bridge built between 1357 and 1402 located at the heart of the capital. This historic bridge is a major tourist attraction and hard to miss. It also offers a great sightseeing experience as it spans 16 arches and is lined



CHARLES BRIDGE

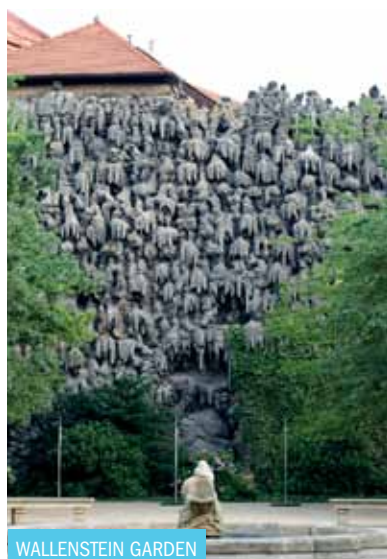


with 30 Baroque statues of religious figures. And if you're up for a challenge, be there at dawn and enjoy a glorious sunrise.

Let's move on to the Wallenstein Castle, which today is home to the Czech Senate. The castle was originally built in 1626. Enjoy its marvelous view and the live peacocks that wander among the hedge rows and reflecting pools. The garden itself has a rather formal design, with paths that form geometrical patterns. As you're there, make sure not to miss the Sala terrena, a loggia style large hall that

opens in three arcades to the garden. You will also be amazed by the stucco works and frescos all over the walls and vaulted ceilings.

There's always place for a museum on your to do list. So why not go to The Czech National Museum, which is one of the most prominent buildings in Prague. Built in the late 1800's, this remarkable museum looks like something built by a king for a king. It is the Czech Republic's oldest and most prestigious museum. The National Museum offers fantastic modern architecture with its interior being a shrine to the cultural, intellectual and scientific history of the country. You can see a number of permanent and temporary exhibits, along with archaeological and historical findings from the local area such as weapons, ceramics, decorations and other items from the Stone Age.



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Foods for healthy hormonal balance

Here are some foods for the external and internal wellbeing of your body.

When it comes to overall well being, hormones play a pivotal role. From managing your reproductive system, to your skin quality, healthy digestive system and metabolism, the right balance of hormones makes all the difference... not to mention your mood swings and emotional well being.

The nutrients we take in on an everyday basis determine the balance or imbalance of our hormone levels, in addition to other factors like stress. In addition to proteins and carbohydrates, fats are most essential for a

balanced and healthy hormonal system. We all hear all the time how fat should be minimised in our diets, but in reality, healthy fat is the essential raw material for hormones. Certain healthy fats and cholesterol are used for the production of hormones, and play essential part in a healthy female reproductive system.

The best foods for a healthy and balanced hormonal system include clean protein, healthy fats, vegetables rich in antioxidants and herbs and greens that have natural healing properties.

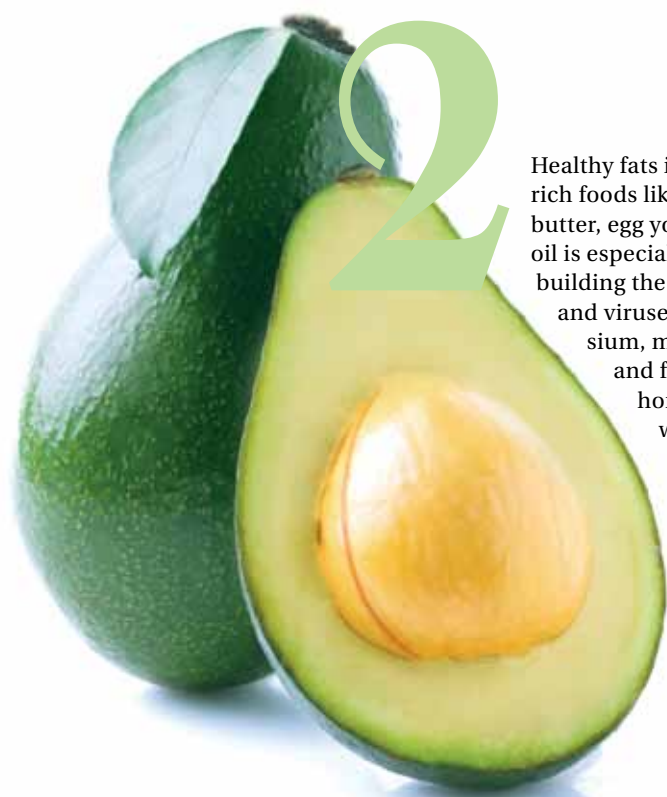
1

Some of the best known clean proteins are derived from beans and sprouts. Lentils and quinoa in addition to soaked seeds and nuts are excellent sources of clean proteins, that help in revitalising and reproducing cells and are the basic building blocks of the human body.



2

Healthy fats include all the good natural fat rich foods like raw coconut, avocados, raw butter, egg yolks and nuts and seeds. Coconut oil is especially good for the skin and helps in building the body's immunity against bacteria and viruses. Avocado is rich in fiber, potassium, magnesium, vitamin E, B-vitamins and folic acid, all of which help in overall hormonal health. Raw butter or ghee, which is clarified butter, are literally the building blocks of hormones and strengthen the system. Egg yolks are nutrient rich and help in maintaining healthy hormones, especially thyroid.



3

Healthy and healing spices and herbs are extremely holistic and therapeutic and help stabilize the hormonal levels. From helping with menstrual cramps to skin friendly hormones, they help in everything. These include cinnamon, turmeric, cayenne, cumin, garlic and ginger.

4

All the beautiful veggies play an essential part in your hormonal health. All the dark green vegetables like asparagus, broccoli, spinach, collard greens, cabbage, cucumbers, kale, cilantro are nutrient packed. Also healthy are the bright and attractive vegetables – reds, yellows, orange and green along with starchy veggies like artichokes, beets, sweet potato and turnip.





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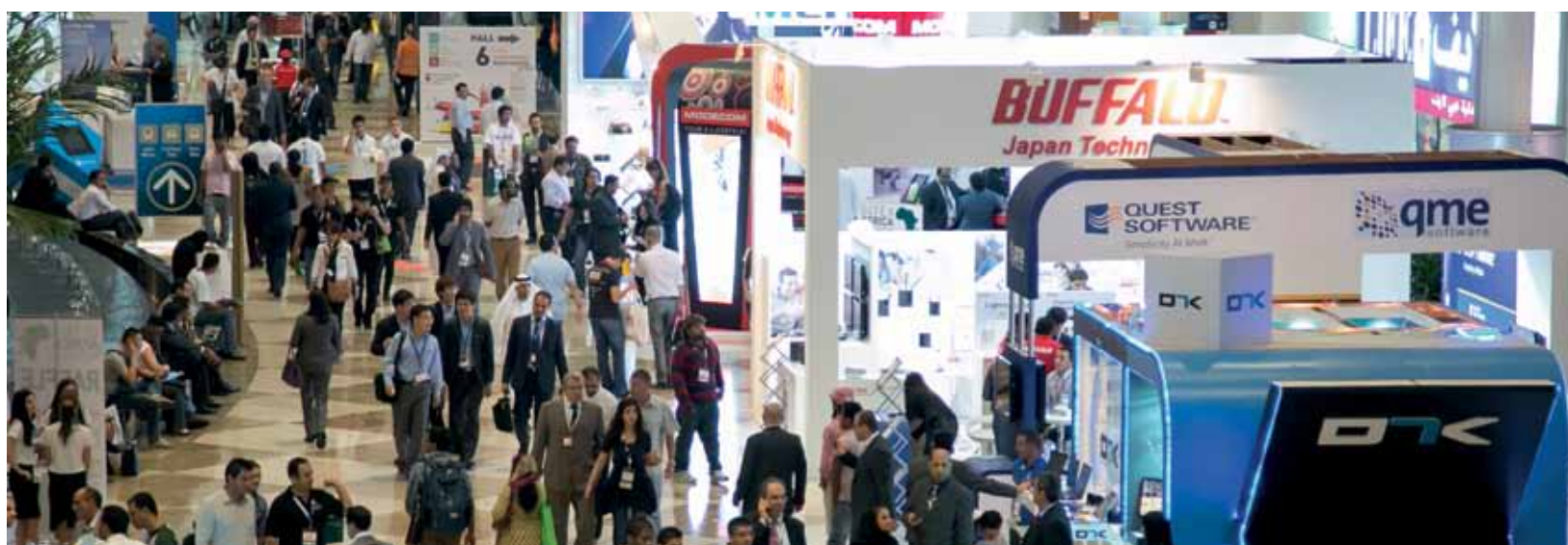
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Gadgets to look out for at Gitex



During the last Gitex in Dubai earlier this year, thousands of people gathered to attend this big, big event at the Dubai World Trade Centre. Gitex Shopper is the region's biggest and best consumer electronics event with power retailers and world class brands. And now in its second edition this year, Gitex Shopper just launched, running on an 8 days event to feature and showcase all the new

technologies, gadgets, and electronics. There are lots and lots of new products, new inventions, and new gadgets to check out. Each corner's display is different: we can see new phones, new cameras, new chargers, televisions, music gadgets, laptops, and lots of more electronics. But now we are going to highlight a few of the products on display by HP and by Asus.

HP unveils new products that are now available for customers. Two new powerful HP ENVY x2 detachable PCs designed to deliver a notebook experience for productivity, but can transform to a tablet to use the apps freely. A new ultra-portable HP Pavilion x2 detachable PC is designed for customers who want to simplify their life with a single device. And a new HP Stream which is a new stylish and affordable kind of windows notebook allows to easily access your digital content.

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Zenfone™ 5

Zenfone™ 6



And now, moving to the latest mobile phones by Asus: Zenfone is available in its 3 editions. Zenfone come in stylish colours and an appealing shape. Available in 3 different sizes: Zenfone4 the smallest, Zenfone5 mid-size, and Zenfone6 the biggest here.

Zenfone5:

8MP PixelMaster camera (400% brighter) / Corning Gorilla Glass (Damage resistant) / GloveTouch / Intel Atom Multi-Core Z2580 processor / 3D performance in gaming / Dual Sim card / Dual standby / Dual Carrier HSPA+ Power saving

Zenfone6:

13MP PixelMaster camera (400% brighter) / GloveTouch / Sonic Master technology for music / Asus ZenUI / Intel Atom Multi-Core Z2580 processor 2.0 GHz / 3D performance in gaming / Dual Sim card / Dual standby / Dual Carrier HSPA+ / Power saving / 1200x800 (6 inch) display

Zenfone4:

Intel Atom 2520 processor
Dual Sim card
Dual standby
Sonic Master technology for music
Corning Native Damage Resistance
More colors and accessories
5MP main camera



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Renault Kwid user Concept: friendly design

The sleek and modern design is technologically advanced and cutting edge.

By Firas Salloum

The Kwid concept model by Renault was launched in the Delhi Auto Show. The French company also displayed the latest models and the future ones. But the main emphasis was on Renault's commitment to its clients and how their new designs and cars would suit a big number of tastes.

This model of Renault also had touches of some Asian and Indian designs, and of course adding to it the long years of experience of the French manufacturer. The exterior has a kind of fun shape, smooth lines, and vibrant colours. The front side has a big grill that gives the car a sporty look. The front lights are within the front body with a stylish design.

The general design of the car was suggested with birds nest or cocoon-like ideas. The interior is made all in white, although there is some colouring, but it's delicate. The air conditioning system is installed at the back of the front seat. We will not see the usual that we see on the dashboard, instead, technology has taken over, and now there's a touch pad. The cabin is coloured with thin grey, yellow, and gold coloured lines.

Furthermore, moving to the technological side of the Kwid, it has a small flying plane to accompany the car. This is considered a first in the automotive field. It can be controlled either manually or from the dashboard, and through the GPS. This flying companion is used to take photos, determine what's coming next to notify the driver, and notify in case of traffic jam.

Renault Kwid is an electric model, and/or supplied with a 1.2 liters turbocharged engine, with an average power at 120 HP, and 110 Nm of torque.





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Reasons why you hire the wrong employees

Here we show you the right steps in hiring the right employees for you and your company.

All employers want to hire the best employees, but finding the right person for a job is a lot harder than we might think. While today's companies have sophisticated recruitment tools, hiring mistakes still happen all the time and things can change a few months later. This means that first impressions are not perfect. Since the judgments we make about people tend to be self-fulfilling, you can make a wrong decision about someone and it can take a while to realize your mistake. So why is it that we often find - despite our good intentions - that we end up with employees who are not a good fit for our organization? Akhtaboot is here to highlight the top reasons why you end up hiring the wrong people.



Your Job Descriptions are Vague

Too often employers copy job descriptions that barely explain what the position actually does. If your candidates have to struggle to figure out what the role is all about, there is a very big chance that you're going to hire the wrong people. Smart companies know that posting good job descriptions is not only a traditional aspect of the recruitment process, but also a great way to attract the right candidates. Make sure that your job descriptions are long enough to portray an accurate picture of the role. Try to connect emotionally with the readers by mentioning details about the work environment, company values and cultural quirks.

Ignoring your Gut Feelings

The business world is so focused on logic and quantifiable facts that we often ignore our gut feeling when it comes to hiring. Call it whatever you want; a sixth sense, a hunch or just plain intuition. The human mind picks up on things that give us a feeling that isn't necessarily based on facts. But you need to keep the following in mind; follow your gut feeling when it's saying "don't hire" but ignore it when it's saying "hire". You also need to base your decisions on some sort of hard, solid track record of success and not only likability.



Hiring for Skills Only

While skills are important to perform the job, hiring the right skills with the wrong attitude will result in a lot of problems later on. We all know through experience that attitude is contagious; it actually spreads like wild fire. A smart strategy to follow is: 'Hire the attitude, develop the skills'. The hiring standards you establish today will determine the kind of culture and company environment you have tomorrow. Interviewing candidates can be an eye-opening process. You might meet candidates who don't exactly fit into the definition of what you think a job is, but that person might open your eyes up to what that job should be.

Neglecting Reference Checks

After reaching a final decision, don't let your eagerness fill the vacancy supersede a final, essential step; the reference check. Personal characteristics are the biggest predictor of whether a potential candidate would succeed or fail, but the interview is simply not enough. Back up your gut feelings with a reference check. When contacting references, inquire about the candidate's past tasks and attitude so you can see how it matches what the candidates revealed about themselves. Don't rush the process so you avoid the negative consequences that can affect your entire team.

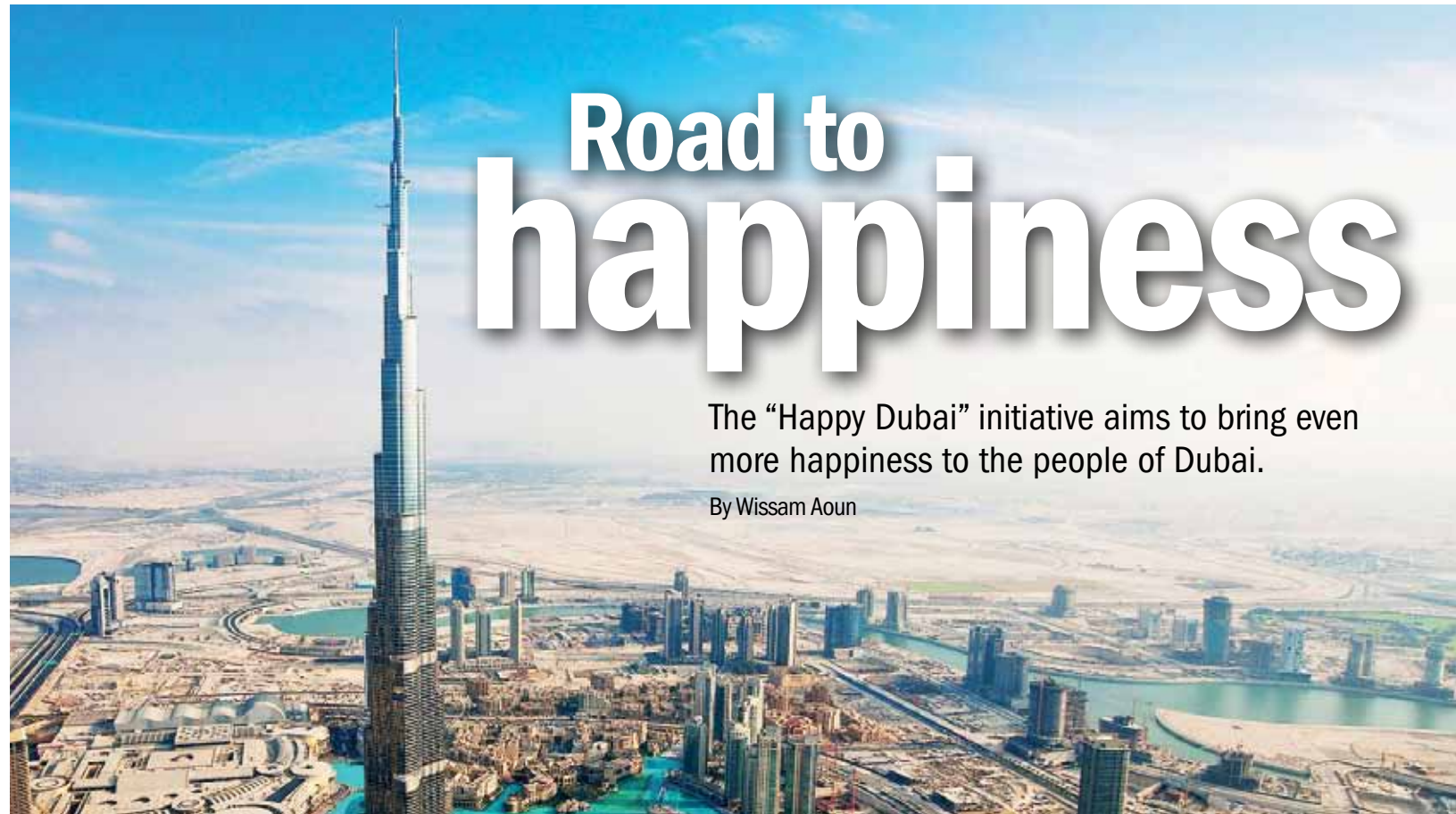


By Akhtaboot - the career network (www.akhtaboot.com)

Road to happiness

The “Happy Dubai” initiative aims to bring even more happiness to the people of Dubai.

By Wissam Aoun



Happier than we already are, we now see that Dubai Municipality has launched a new initiative called “Happy Dubai”. This initiative allows people to share positive experiences about municipal services, where they can post comments and pictures using the #HappyDubai throughout social media. Whatever feedback the person gives will spread through Twitter @myhappydubai, as well as the happy.dubai.ae website. Happy Dubai aims to highlight civic services of the municipality and feedback from people such as stakeholders. Not only that but also it aims to attract attention to Dubai from all over the world.

Dubai’s residents are being asked to share their happiness with Dubai Municipality and Dubai itself. By the means of Happy Dubai, Dubai could make it up to being one of the top 10 happiest cities in the world by 2021. The Happy Dubai website also shows the municipality’s achievements and offers an overview of its different departments and services. Additionally, there is also a Happiness Map that displays a ring over the location where the post came from.

“With the Happiness Map, we are aiming to track conversations around #HappyDubai and where they are coming from. In time, it will become an interesting reference point to identify areas in Dubai that are the favourite #HappyDubai places for residents.” The Municipality has reportedly declared. Dubai

Municipality’s various initiatives give the emirate its special style which makes it stand out among the most developed cities in the world. Dubai is a city with people of 200 nationalities, currently being the 14th happiest place in the world. This indicates that its innovative projects and initiatives grant it successful development.

Hussein Nasser Lootah, Director-General of the Dubai Municipality, claimed that Happy Dubai is

designed to highlight the services the municipality is providing, with a creatively technical touch. He also added that Dubai was rated the best among six cities in holding festivals and events.

This initiative could be as successful as the previous #MyDubai initiative. Simply follow #HappyDubai or share Dubai Municipality’s tweet on their page with their comments and happiest moments related to join.



Hollywood news



Emma Watson calls on men for gender equality

In a speech as part of her UN Women Goodwill Ambassador, Emma Watson said that gender equality isn't just an issue faced by women, but also requires the attention, help and participation of men, as it is their issue too. She also said that advocating the cause of feminism and fighting for women's rights is assumed to be equal to man-hating sentiments. The young actress launched the HeforShe initiative that involves active participation of men for women's rights.



Leonardo DiCaprio to join climate change march

Leonardo DiCaprio, who was made a United Nations Messenger of Peace on Climate Change last week, will join an expected crowd of more than 100,000 for a march in New York City to demand more action over climate change. The actor will also be joined by Evangeline Lilly, and Mark Ruffalo for what is being billed as the biggest march for climate action in history.



Kate Hudson claims to see dead people

In a bizarre revelation, Kate Hudson has claimed that she, as well as her mother Goldie Hawn, can see dead people. In an appearance on a television show, the actress said that she had once come across a "ghost of a woman with no face," further adding that it was more of a "feeling a spirit". She said that she was a believer of the fifth energy and that people's thoughts can manifest into visual things. She said that when people do encounter a spirit, they should calm down, remind themselves that being dead is normal, and just tell the energy that it didn't belong in the present time.



Colin Farrell in HBO's 'True Detective' season 2

The latest star to transition from the silver screen to the telly is Irish Collin Farrell. The actor has confirmed that he will play a part in popular crime drama series True Detective on HBO. The actor has been reported to be "excited" to be part of the award winning series that is returning for a second season.

Bollywood news



Naseeruddin Shah works to improve his voice quality

Critically acclaimed Bollywood actor Naseeruddin Shah has been taking music lessons to improve the quality of his voice for films, his son Vivaan recently revealed. "My dad is kind of notorious for being besura, but he is learning music at this age to help him get into sur," his son mused. "There is a person who comes home to teach and he often does riyaz, all by himself. And I truly hope that someday, I get to hear him sing a song in his film," he further added.

Khan and Ranaut for Indo-French film

Two of India's finest actors Irrfan Khan and Kangana Ranaut will soon be seen in Indo-French collaboration Divine Lovers. The film will be directed by Sai Kabir of Revolver Rani fame and will be technically worked on by the French film commission. The film is set in the heart of India and is based on two lower middle class lovers.



First look of Dharma productions' Ungli

The first look of Dharma Productions' film Ungli seems promising. The poster shows Emraan Hashmi, Kangana Ranaut and Randheep Hooda one after the other in a chasing sequence. In addition to these actors, the film also stars Samjay Dutt, Neha Dhupia, Angad Bedi and Neil Bhoopalam. Director Rensil D'Silva said, "Ungli is a story about friendship and it's a very character driven film. It's about what happens when a gang of friends decide to take justice into their own hands." Producer Karan Johar said, "Ungli is new territory for us. It is Dharma's first film with Emraan and has a very different plot from the kind of subjects we have explored in the past. Rensil D'Silva has put his heart and soul into this one."

Fawad Khan is new 'eyecandy' who can act

It seems that Pakistani heart throb Fawad Khan is making male fans in addition to his female loyalists. Actor singer Ayushmann Khurrana recently praised the actor for not just being good looking, but also on his acting skills. In a tweet, the actor said, "Just watched Khoobsurat. Loved it. Way to go @sonamakapoor. And girls, watch out for Fawad Khan, the new eye candy who can really act."



Listings

THE READ. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.

SCHEDULE CORRECT AT TIME OF GOING TO PRESS; HOWEVER, PLEASE NOTE THAT MOVIE THEATRES CAN CHANGE SCHEDULES WITHOUT NOTICE



The Dubai Mall

A Walk Among Tombstones - 12:25pm
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Daawat E Ishq - 3:00pm 5:30pm 8:00pm
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Deliver Us From Evil - 3:50pm 6:20pm
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Drive Hard - 11:40am 1:40pm 2:15pm
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The 7th Dwarf - 1:20pm 3:15pm
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The Rover - 7:05pm
Third Person - 3:05pm 7:50pm
Transformers: Age of Extinction - 8:20pm

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If I Stay - 01:45pm 06:30pm 11:15pm
Khoobsurat - 10:30am 1:10pm 3:50pm
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PENTHOUSE NORTH

WISH list

Summer is upon us in full force and **READ** has all the essentials for you to go through this week stylishly. It doesn't need to be the holiday season for shopping splurges with these **must-have basics** in your life. From makeup must-haves to skin essentials, **our wish-list** will make shopping **easier** for you with these latest **handpicked goodies**.

Rimmel Wonder'full Mascara With Argan Oil

Want to get clump free lashes this coming season? Look no further as Rimmel introduces its new mascara and the secret.. it has Argan Oil! This will help in giving you a smooth and full finish without any clumps on your lashes. It's also lightweight and won't make you feel like you're wearing mascara at all. So now you can get those perfect full lashes you've been wanting for a long time.



H&M Cosmetics

Have some fun with your makeup bag by these yummy additions. H&M nail polish and lip pen have some delicious colours that will make you stand out of the crowd with a single sweep. The lip pen has a sheer colour that glides on effortlessly for a brilliant glossy colour. The nail polish has a glossy finish and lasts for days.



L'Occitane Neroli & Orchidee Shower Gel

Find yourself lost in this invigorating fragrance from L'Occitane, it is just perfect for relaxing and having a quiet moment to yourself. With a mixture of scents like Orange, White Orchids, Musk & Iris it will leave you feeling fresh and calm after. Who says that you can only do this in a spa, now you can do it right after work and prepare yourself for a stress-free weekend.



Sephora Moisturizing Hand Creams

How cute are these hand creams. Now you can be fab and have soft moisturized hands anywhere you go. With its 14 different fragrances you can now choose the perfect scent to take along with you anywhere you go. You can even get them in 50ml size that you can definitely keep in your bag or tote.



Vichy Normaderm Night Detox

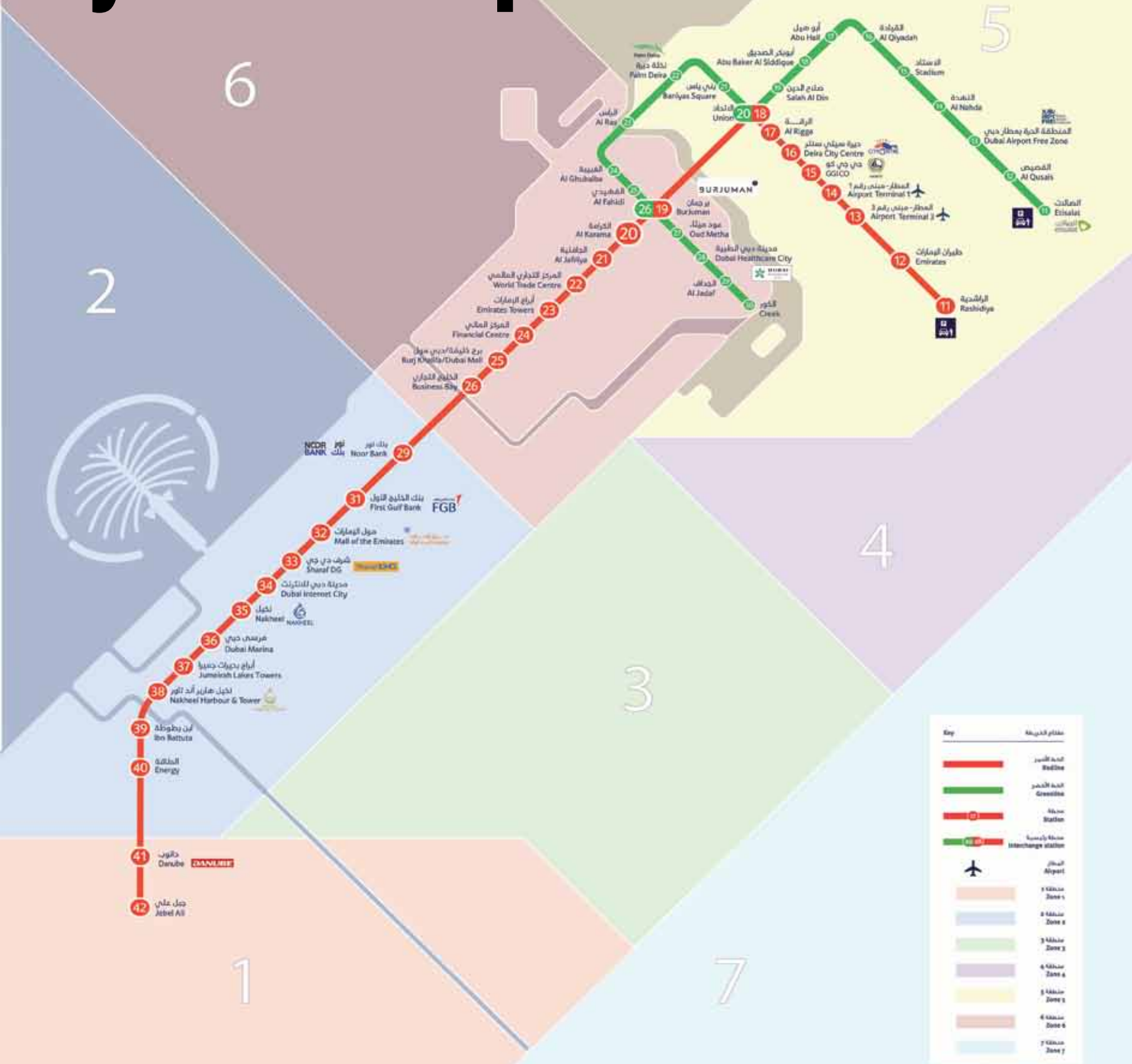
This serum is perfect for rejuvenating your skin as it both detoxifies and purifies it deeply, transforming it to a clean-feeling skin. You don't have to worry about leaving traces on your pillow when applied before sleep. Use it regularly before sleep and feel fresh in the morning as it reduces your skin's oil production rate.

NYX Chunky Dunk Hydrating Lippie

Get playful with this new product from NYX! It comes in different shapes and the package is just so adorable and chic that you'd want to use it all day, every day. Not only that but believe it or not you don't need a sharpener for this. The portable package propels and repels for ease of use so that no product is wasted.



Dubai Metro system map



Metro Retail



ezway **LearnersPoint**
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- MS OFFICE (BASIC & ADVANCED) & EXCEL VBA MACROS
- ENGLISH (COMMUNICATIVE & BUSINESS ENGLISH)
- CCNAX, CCNP, MCSA, MCSE, SHARE POINT & EXCHANGE SERVER
- SPOKEN ARABIC LANGUAGE

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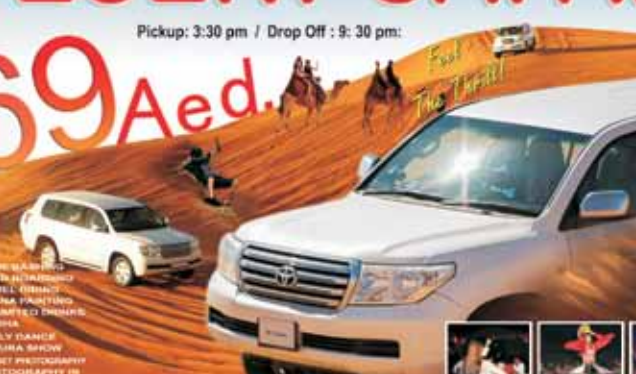
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DTC introduces saver driver programme

Dubai Taxi Corporation partners with private sector company to raise health awareness among its employees, including taxi drivers.

PROGRAMMES

The Dubai Taxi Corporation (DTC) at the Roads and Transport Authority (RTA) recently launched its saver driver programme in collaboration with Al Hilal Private Nursing & Medical Services company with the aim of raising medical awareness of taxi drivers about first aid and cardiopulmonary resuscitation.

Marwan Othman, Director of DTC Fleet Drivers Affairs, said: "In the context of DTC's strategy to raise the awareness and enrich the culture of taxi drivers towards empowering them to deliver excellent services, the DTC's Drivers Training & Qualification Center, in collaboration with Al Hilal Private Nursing & Medical Services, has introduced a year-long comprehensive health programme including a number of lectures, awareness workshops, as well as practical and theoretical trainings for cabbies and employees to educate them about the principles of first aid in various circumstances including poisoning, burns, wounds, bleeding and cardiac resuscitation.

The Drivers Training & Qualification Center concluded the first training sessions last August covering more than 500 drivers who were familiarised with various first aid principles. The awareness workshops were held on a daily basis from 8am up to 2pm, and participating DTC drivers were awarded participation certificates.

"The DTC seeks to provide all tools and services to its employees in general and drivers in particular in



MARWAN OTHMAN

order to achieve the highest service standards in keeping with the vision of the RTA calling for providing safe and smooth transport for all, and the vision of the DTC aimed at pioneers in passenger transport services. The programme also seeks to improve the

business process of the RTA and the DTC, and raise DTC's profile in the community," said Othman.

Atta Allah Mohammed Habeeb, Director of Operations, Al Hilal Private Nursing & Medical Services, said:

“The DTC seeks to provide all tools and services to its employees in general and drivers in particular in order to achieve the highest service standards in keeping with the vision of the RTA calling for providing safe and smooth transport for all**”**

"We are excited to renew cooperation with the DTC through the launch of the medical awareness programme targeting drivers with the aim of raising their health awareness and education about the principles of first aid. The programme also highlighted procedures to be adopted at various times at homes or during traffic accidents, and how to handle various types of injuries, wounds and burns as well as poisoning, bleeding, trauma, and cardiac resuscitation sustained by various individuals, be it juniors or seniors.

"The company is committed to provide all printing materials, educational tools and real-life models for these workshops to ensure the delivering and communicating of correct messages and maximise the benefit from this health programme. We look forward for more cooperation and coordination with the Dubai Taxi Corporation in holding these programmes and awareness and health workshops in the near future," added Habeeb.



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Golf:

The Wales Open at Celtic Manor which took place last week, will not be held again in 2015. This year's event was the 15th consecutive year the tournament was held, however a new deal has not been signed. It was said that Celtic Manor are focusing on making a new conference centre, and the tournament will return once the venue is complete.



Rugby:

Tom Youngs has been ruled out of England's autumn internationals after suffering a shoulder injury. The Leicester Tigers hooker will miss three months of play, forcing him to miss England's games with New Zealand, South Africa, Australia and Samoa. This is another setback for England as they are already without two other frontline front rowers.



Athletics:

Usain Bolt is now seeking a new world record by lowering both his 100m and 200m records. Bolt is confident enough that he can manage to do so and aims to be the first man to break 19 seconds for the longer distance. The 28-year-old won five Olympic and World individual sprint titles and still targets more improvement.



Intense rivalry

The battle between Manchester City and Chelsea at the Etihad Stadium has formed new rivalry between Jose Mourinho and Manuel Pellegrini after the Manchester City coach stated that Chelsea played like a small team. The game between the Premier League's two superpowers ended dramatically in a draw where Frank Lampard scored the equalizer, which gave both coaches an indication as to how their seasons may unfold. Chelsea remained five points ahead of Manchester City which is a gap not too large to conclude anything, not to mention that the League has only just begun.

By the looks of it, Chelsea and Manchester City are the two teams who will dominate the Premier League title race along with managerial rivalry to go with it. There was already some tension between Mourinho and Pellegrini after Real Madrid beat Manchester City.



Jimmy Anderson claims that England has absolutely no excuse if they put in a poor performance at next year's World Cup due to lack of preparation. England's form throughout the past years was never above average, and this year England was defeated on home soil by Sri Lanka and India.

The Englishmen will play one-day cricket before their first World Cup game against Australia on February 14, and Anderson states that the game can only help preparations as they seek to win the tournament. "We have no Test cricket now until March so we can go to Sri Lanka in a couple of months' time and focus on improving as one-day side and go to Australia for the Tri-Series just before the World Cup," said Anderson.

Getting back on track

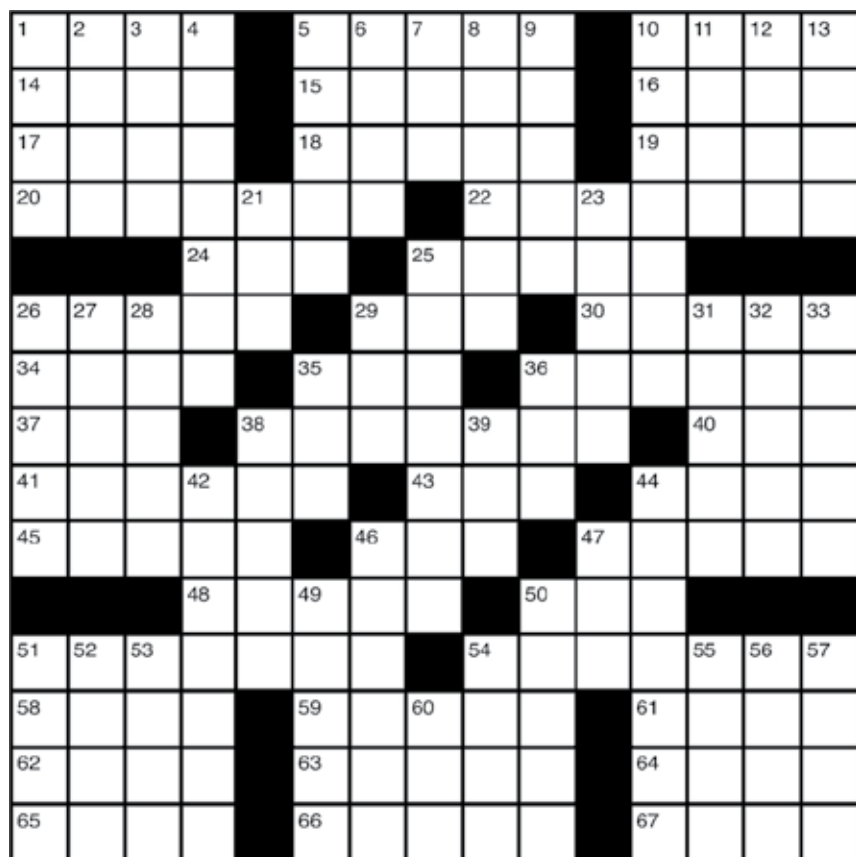
Nico Rosberg has said that the Singapore GP was the toughest day of the year after his hopes of winning the title were alleviated. However the German admitted that he shouldn't be dwelling on the disappointment. Lewis Hamilton recently became the leader of the standings being three points ahead of Nico Rosberg.

Rosberg felt completely helpless during last week's Singapore GP claiming nothing was working at the beginning of the race. "I didn't have fourth gear, sixth gear, no DRS, no hybrid power, nothing. The steering wheel wasn't working. Very disappointed, I need to try and get over it now and then move forward," he said.

The Mercedes driver now vows to come back fighting in Japan after losing the title lead to Hamilton, with just five more races to go.



Taking your time



Crossword

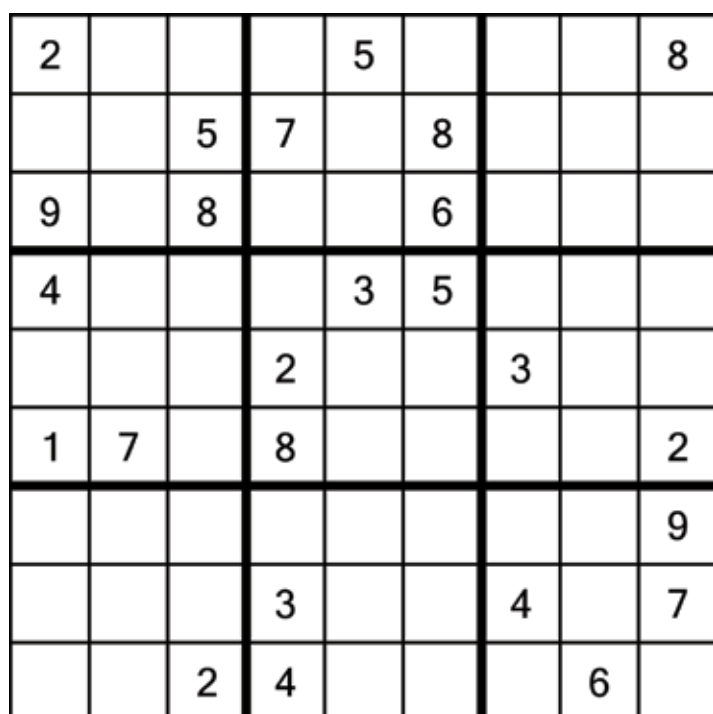
Across

1 Finds a sum 5 Rub, thereby making sore 10 Treble __; musical symbol 14 In __ of; as a substitute for 15 Passenger 16 Acting part 17 Get ready, for short 18 Smell 19 Shade trees 20 Notched on the edge, as knives 22 Takes for granted 24 Female sheep 25 Snoozed 26 Misshapen folklore fellow 29 That girl 30 Seeped out 34 Friendly 35 Caribbean or Adriatic 36 Dinkier 37 Highest club 38 Frozen dessert 40 Expert 41 Island roof material 43 Play on words 44 Twirl 45 Mexican mister 46 "For __ a jolly good fellow..." 47 Check recipient 48 Not as ruddy 50 Poke 51 Surgeon's knife 54 Desserts made from fruit juice 58 Pius X, for one 59 Instruct 61 Prolonged pain 62 Tavern drinks 63 Workers' group 64 Slender 65 Talk back 66 Portions 67 Party giver

Down

1 "Heidi" setting 2 Urgent 3 Forest animal 4 U.S. __ Court; the highest judicial body 5 Wooden box 6 Take on employees 7 Commotion 8 Girl or woman 9 Clear the slate 10 Toasted bread crumb 11 Rich soil 12 Ms. Sommer 13 __ up; admit to wrongdoing 21 Astonishment 23 Pitcher part 25 More astute 26 Pesky insects 27 Wall recess 28 Pacific or Atlantic 29 Observe 31 Energetic 32 Spine-chilling 33 Male bee 35 "Be quiet!" 36 Pigsty 38 Leftover bit 39 Public transport 42 Like a convertible 44 Day of rest 46 Capital of Montana 47 __ for the course; usual 49 Alleviate; ease 50 Astin & Belushi 51 Hot tubs 52 Soft drink 53 Primates 54 Glasgow fellow 55 Resound 56 __ and that 57 Transmitted 60 Broadcast

Sudoku



Spot the 6 differences



ANSWERS

SUDOKU

C	9	S	6	L	P	Z	9	L
L	8	P	Z	9	C	L	6	S
6	L	Z	C	8	S	P	C	9
Z	S	S	P	6	S	C	L	L
P	6	C	L	Z	9	S	8	
L	C	8	S	C	9	6	Z	P
S	C	L	9	Z	L	P	6	
9	Z	6	P	L	S	L	C	
8	P	L	C	S	6	Z	9	C

CROSSWORD

L	I	S	O	N		S	I	V	E	S	S	V
N	I	N	E			S	I	V	E	S	S	V
T	I	F	E			S	I	V	E	S	S	V
E	J	A	V	E		S	I	V	E	S	S	V
N	I	N	E			S	I	V	E	S	S	V
T	I	F	E			S	I	V	E	S	S	V
E	J	A	V	E		S	I	V	E	S	S	V
N	I	N	E			S	I	V	E	S	S	V
T	I	F	E			S	I	V	E	S	S	V
E	J	A	V	E		S	I	V	E	S	S	V
N	I	N	E			S	I	V	E	S	S	V
T	I	F	E			S	I	V	E	S	S	V
E	J	A	V	E		S	I	V	E	S	S	V

What's in your stars?

The *Read.* astrologer tells you what you can expect over the next seven days.

ARIES

(MAR 21 - APR 20)

It's an excellent time for pioneering ideas and activities, and all eyes are on you as you forge a new path. Count on your ambition and enthusiasm to drive you ahead, and don't get too preoccupied with how your actions might be taken by others.



TAURUS

(APR 21 - MAY 21)

You might have a hard time trusting others, risks right now probably won't pay off, and you need to watch out of your priorities. You'll be energized by socializing, and you'll learn a lot by mixing up ideas and activities with likeminded people.



GEMINI

(MAY 22 - JUN 21)

You'll get the most done if you can partner up with others and work towards a common goal. However, those alliances could become troubled and you might have trouble making sense of someone's agenda. This weekend, focus on the big picture and your own creativity.



CANCER

(JUN 22 - JUL 23)

Do something for yourself. You've done enough for others lately, and you deserve some healthy self-indulgence, especially if it involves some quiet time to yourself. Expect that introverted trend to continue. Work things out on your own rather than looking for help.



LEO

(JUL 24 - AUG 23)

You're full of fire and flirtatiousness, and your energy knows no bounds. Expect others to fall smitten at your feet. That confidence and charisma will continue and you'll have the drive to get what you want, provided you're willing to help others get what they want, too.



VIRGO

(AUG 24 - SEP 23)

Obligations and obstacles block your way as the week begins, and you'll need to just go with the flow. All that hard work and planning you did will finally pay off. Your ambitions will be satisfied right now. You might need to take a new approach.



LIBRA

(SEP 24 - OCT 23)

You can communicate with unusual quickness and clarity. Use your excellent articulation to explore big ideas and let others know what you're really thinking. You'll feel the depressing pressure of old problems and issues, but don't give into that maudlin mood.



SCORPIO

(OCT 24 - NOV 22)

You have an overdue surge of impulsiveness. Although beware that someone influential might encourage you to take a clearly unreasonable risk. Opportunities have finally aligned themselves to match your ambitions, and you need to strike while the iron is hot.



SAGITTARIUS

(NOV 23 - DEC 21)

All your best qualities are doubled! People, predictably, just can't stay away from you. You might find yourself feeling a little more conservative. Satisfy this unusual obsession with details and penny pinching by dreaming up original ways to save. Explore with creativity and confidence.



CAPRICORN

(DEC 22 - JAN 20)

Anything is possible with a little perseverance. You just need to dig in and stick to your plans to make things happen. Your amazing proficiency for planning continues to save the day, and others will be impressed and amazed by how much you're able to get done.



AQUARIUS

(JAN 21 - FEB 19)

You'll do your best work, and have the most fun, too, if you can connect with others who want the same things you do. You'll need to buckle down a little if you're hoping to make the same progress. That rebel spirit of yours has you chomping at the bit.



PISCES

(FEB 20 - MAR 20)

Luck is on your side. Fortune favors you as the week begins, provided you're smart and attentive about how you press your advantage. Lead the way. Others will look to you to guide the group, and you'll have no problem picking the proper path.



This week's local weather

SUN

28th

SUNNY
HIGH 36°C
LOW 29°C
HUMIDITY 45%

MON

29th

SUNNY
HIGH 36°C
LOW 29°C
HUMIDITY 44%

TUE

30th

SUNNY
HIGH 36°C
LOW 29°C
HUMIDITY 54%

WED

01st

SUNNY
HIGH 36°C
LOW 28°C
HUMIDITY 54%

THU

02nd

SUNNY
HIGH 38°C
LOW 29°C
HUMIDITY 51%

FRI

03rd

SUNNY
HIGH 37°C
LOW 30°C
HUMIDITY 46%

SAT

04th

SUNNY
HIGH 37°C
LOW 30°C
HUMIDITY 49%

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