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OCTOBER 05 - OCTOBER 11, 2014 | Issue 173

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CHANGING WEATHER WOES

Fight the sniffles and allergies by some simple lifestyle changes.



A WOMANLY CONNECTION

Reese Witherspoon reveals how she is inspired by Tina Fey.



DISCOVERING THE FAIRYTALE CITY OF ZURICH



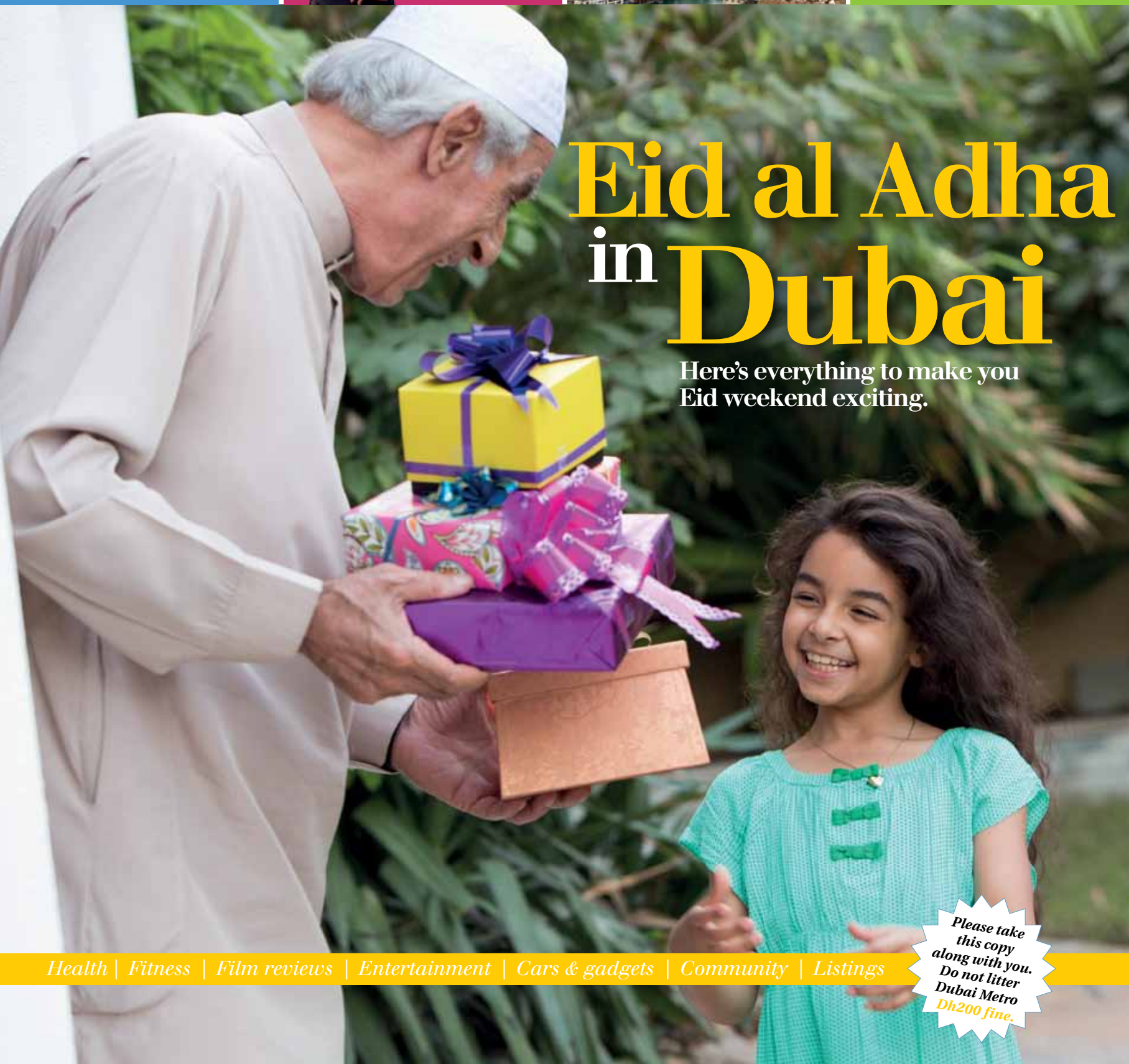
MERCEDES A45 AMG 2014

The latest offering by the German giant is powerful and impressive.



Eid al Adha in Dubai

Here's everything to make you Eid weekend exciting.



Health | Fitness | Film reviews | Entertainment | Cars & gadgets | Community | Listings

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Eid in Dubai



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Poem of the week

Happiness

By Raymond Carver

So early it's still almost dark out.
I'm near the window with coffee,
And the usual early morning stuff
That passes for thought.

When I see the boy and his friend
Walking up the road
To deliver the newspaper.

They wear caps and sweaters,
And one boy has a bag over his shoulder.
They are so happy,
They aren't saying anything, these boys.

I think if they could, they would take,
Each other's arm.
It's early in the morning,
And they are doing this thing together.

They come on, slowly.
The sky is taking on light,
Though the moon still hangs pale over
the water.

Such beauty that for a minute
Death and ambition, even love,
Doesn't enter into this.

Happiness. It comes on,
Unexpectedly. And goes beyond, really,
Any early morning talk about it.



Read. Quiz

Who invented the jet engine?

- Sir Frank Whittle
- Gottlieb Daimler
- Roger Bacon
- Lewis E. Waterman

Send your answer online at www.readme.ae

LAST READ. QUIZ RESULTS

Eritrea, which became the 182nd member of the UN in 1993, is in the continent of

Answer: Africa

Asia	30%
Africa	54%
Europe	8%
Australia	8%

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The week that was readme.ae

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By Mae Cabigas

THE SPEARO EXTREME SPORTS EXPO

Offering products and services for all the needs of the extreme sports enthusiast.



The Spearo Expo offers extreme sports athletes all they need to fuel their adrenaline and passions. There will also be exhibitions of some of the products on display. Come land, sea or air, there are no place extreme sports will leave alone when it comes to gaining an adrenaline rush from the hard thrills and trained skills. Likewise, the expo will feature items for land sea and air extreme sports.

Where: Skydive Dubai, Dubai Marina Tickets: Dh30
When: October 09-11, 2014 Telephone: 04 454 9789

ALADDIN - AN ARABIAN ADVENTURE

Based on the animated Disney classic, this play is fun for the whole family.

S4K bring together a fun show for the whole family. The story of Aladdin follows a poor street urchin who gets hired by a scheming sorcerer to bring him an oil lamp which apparently holds within it, a mystical genie that can grant any wish you ask of it.

The play involves plenty of audience participation, puppet shows, sing-along and on-stage tricks and illusions; it makes a perfect night of entertainment during this Eid.

There will be two shows each day at 4.30pm and 6pm.

Where: DUCTAC, Mall of the Emirates
When: October 04-06, 2014
Tickets: Dh75
Telephone: 04 341 4777



SANDANCE FT. EMPIRE OF THE SUN AND RUDIMENTAL

Sandance is back after the summer with another amazing lineup.



Sandance this time around brings an incredible lineup to the shores of Dubai. Expect the best from Rudimental, the UK Drum and Bass group, Empire of The Sun, with their supremely popular tracks, We are the People.

Joining them are the fantastic Axwell and Ingrosso as well as returning to Atlantis is De La Soul. On sets will be the usual greats by Smokingroove, David Craig, Clean Bandit, Vinyl Dave and the video displays of VJ Cold Fusion. Get ready for the best beach party in town.

Where: Sandance Beach, Atlantis, The Palm
When: October 10, 2014
Tickets: Regular- Dh295, VIP- Dh500

PAKISTAN VS AUSTRALIA (CRICKET BILATERAL SERIES) T20

Pakistan go head to head with Australia in this Twenty20 match.

The Pakistan vs Australia 2014 Bilateral Series is a part of Future Cricket Tour Programs (FTP) prepared by International Cricket Council (ICC). This series will have Australia go up against Pakistan in two Test matches, one T20 and three ODI's. This series will run through the UAE with Dubai hosting the 1st T20, 2nd ODI and the 1st Test match only, at the Dubai International Cricket Stadium.

Where: Dubai International Cricket Stadium, Dubai Sports City
When: October 05, 2014
Tickets: Orange - Dh40, Green - Dh50, Purple - Dh100, Premium East/West - Dh150, Platinum - Dh250, Corporate West - Dh1,000, VIP West - Dh1,200



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2 Lulu Xpress Al Quoz	Business Bay	7 Lulu Hypermarket Qusais	Stadium, Qusais
3 Lulu Hypermarket Karama	Al Karama	8 Lulu Village Muhaisinah	Qusais
4 Lulu Center & Supermarket Karama	Al Karama		
5 Lulu Hypermarket Arabian Center	Al Rashidiya		

Red Line Green Line

Changing weather woes

A little extra care during seasonal changes can go a long way.

This is called the self-care season, simply because the season changes. Changes in weather and therefore the changes in the skin, and digestive problems; simply everything will follow the weather changes so be careful this season and keep your eyes open for self-care and for the family. You can be strong and smart and devise a defense plan before the start of all these problems:



Skin care

Since the coming months are going to be cooler, they will begin their impact on your skin first. You can start taking care of your skin from today, such as adding rich moisturising oils in the pool and in the bathing tub; use rich body lotion to moisten skin. And do not forget the key steps to remove makeup and to keep your skin clean as this is the time when it needs double the attention.



Migrane

Precipitated by bouts of migraine? Headaches caused by changes in cold, hot, dry or wet weather are impossible to control because of the vagaries of the weather, of course, but all you can do is take note of the frequency of the seizures and the relation to climate change. Try to remain indoors on cold days or during strong storms.



Allergies

The spectacle of frequent sneezing and red eyes accompanies the start of the new season. This usually occurs during severe cold weather, in addition to breathing difficulties, and if you're one of these, antihistamines may suffice.

Flu

Influenza is one of the first signals of weather change because it directly affects the immune system. Rain is not the cause of the common cold, but changes in the body temperature depending on the exposure to different climatic conditions is the reason why your immune system suffers and thus causing colds.



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Reconstructing femininity

In an exclusive interview, **Dr Michael Salivaras**, cosmetic and plastic surgeon at **Clinica Joelle**, talks about the reconstruction of the breast after mastectomy.



What are the most suitable breast reconstruction treatments after mastectomy?

Once the cancer is cured and the patient is stable for a year without any signs of recurrence for a year, there are different ways of reconstruction. It depends mainly on the treatment, which can be surgical, excision of the breast, radiotherapy or chemotherapy, so based on that and the condition of the breast, we decide the treatment afterwards. For the past 10 years, we use a kind of fat that we remove from liposuction to inject in the breast, grafting. So you reconstruct the breast using the fat removed from liposuction from the

same patient. This is the latest technique. But this has some advantages and disadvantages.

When is the time to remove the breast?

It is with the oncologist, the breast surgeon. After detection of lumps in a mammogram, there's biopsy which allows you to see the type of tumour, benign or malignant. If it's malignant, it again depends on the style. If you have metastasis in the axilla, because first they go to the axilla and then to the whole body, so you decide a stage based on the size of the tumour, the kind and metastasis, and based on the stage the oncologist decides the treatment.

What are the latest techniques now?

It is fat grafting. But of course it also has a lot of advantages and disadvantages. The main disadvantage is the predictability. The predictability is that whatever you inject you lose. In 6 months, 4%, 5%, 6%, nobody knows, dies. So you have to repeat the procedure. But now they are showing good results because they enrich. We manage to make it last longer by technical refinement, how you inject the technical details; preparation of the breast by external expansion, and prepare a better area

for the fat you inject. It is also done by enriching the fat that you remove with liposuction with growth factors and stem cells, like platelet enriched plasma and stem cells. So you manage to increase the life of the graft by more than 50%, but still you cannot predict. In most of the cases you have to do 2-3 sessions.

What about breastfeeding?

Whenever somebody discovers they have to get the treatment, they cannot feed because the breast is removed.

After the fat grafting, is the cosmetic breast like the normal?

No, because once the breast is removed it is gone, as it contains fat and glands. When you do mastectomy you remove everything. You can only substitute the fat.

In terms of the shape?

Just the shape, all the reconstruction of the breast is visual not functional. The purpose of reconstruction is to give her the volume and shape. The latest treatment is the one I told you. If there has been, for example,

Incidence

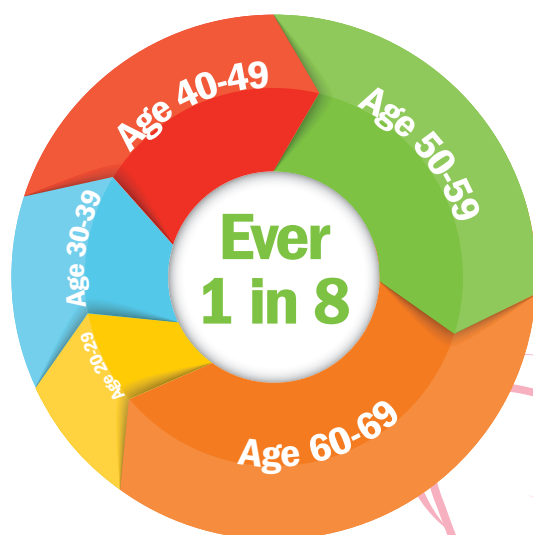
Age 20-29: 1 in 2,000

Age 30-39: 1 in 229

Age 40-49: 1 in 68

Age 50-59: 1 in 37

Age 60-69: 1 in 26





a partial mastectomy, then they only remove a part of the breast and the lady can go and get the treatment. It is just like reduction. In minor cases you just have to fix it. But in radical cases with total mastectomy, you have to remove everything. Quard-

ectomy is removal of a portion of the breast with the tumour and then they send the patient for radiotherapy or chemotherapy based on the stage. In this case it is easy to fix at the same time. The other they do is subcutaneous mastectomy. They leave the

skin and remove everything inside, leaving an empty pocket. At the same time, they put implants. In case of total mastectomy, it is complex. You either reconstruct immediately by putting expanders, they are balloons with water and for three months you

inject water and then you replace water with normal soft silicon gel implants. Another way after radiotherapy or chemotherapy is that you tuck the tummy and put it in the breast. These are more complicated procedures. You can do the same thing with micro surgery. Or you take muscle from your back, and put it in the breast.

What about the details of the breast?

It comes in three stages, first you remove, then you reconstruct either immediately or at a later stage, when the patient has been stabilised. You fill up the volume, and then you start to put the nipple and the areola. In this case, there are different ways. Either you take skin from the thighs and put it there or you make it local or you put tattoo. There are different techniques. To make the nipple is another thing; you have to use the local tissue, the local flab to create the projection. Or you put silicon implants the small ones, to create projections. And then you fix the areola, either with a graft or with a tattoo.

What about Angelina Jolie?

She did bilateral mastectomy, she replaced with implants at the same time.







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Discovering the fairytale city of Zurich



VIEW FROM UETLIBERG MOUNTAIN



GROSSMUNSTER



Everybody has a [desire](#) to [escape](#) from everyday life to an enlivening [adventure](#) to [discover](#) himself/herself and what better for self discovery than Zurich?

By Wissam Aoun

It is the beginning of autumn, so going on the trip you've been waiting for would be more than fantastic as the temperature is perfect. A great place to visit at times like these is Zurich, a city which offers first-class quality of life. The largest city in Switzerland offers so much entertainment; you should come for the chocolate, amazing museums, medieval architecture, extravagant shopping, breathtaking vistas and the crystal clear of Lake Zurich. Zurich is located on the banks of a river and a lake, with the snow-topped Swiss Alps rising in the background. The beautiful Zurich is bound to keep you occupied.

Why don't we start by visiting the medieval Old Town? The area is there from the Renaissance period and offers an attractive backdrop for world-class entertainment. You can experience Zurich's multifaceted past when you visit. If you're into history, then add this place on your to-do list. Besides, who wouldn't like to see history come to life? The Old Town is the ideal starting point for a sightseeing tour of Zurich, with its striking 19th century buildings and winding cobblestone lanes, along with modern shops and galleries.

You can move on next to the Grossmünster, which was the starting place of the Protestant Reformation in Zurich. This cathedral is often pronounced as the Gross Monster by English speaker. If you're into church history or if you're an architecture



ZURICH OLD TOWN



See & Do

1. Bahnhofstrasse
2. Old Town
3. Paradeplatz

Eat

4. Confiserie Sprüngli

Sleep

5. Widder Hotel

of the city and lake, and maybe a glimpse of the Alps. It's the perfect time of the year to go there as its summit is often above the blanket of fog that can cover the city. If you're up for a challenge, you can perhaps discover more on well-marked hiking routes or a mountain bike route. Get ready to be amazed by the impressive panoramic view this mountain can offer.

You sure won't regret visiting this beautiful city, there is so much more to catch up to in this city that will keep you busy almost all day long. Now is the perfect to set your mind free and go on this enlivening adventure you always wanted.

enthusiast, you might fall in love with this place. The interior is spare-aside from the jewel-toned chancel windows. This double-towered church is the city's emblem.

It's now time to visit the beautiful mountain of Uetliberg. You will be stunned by the wonderful views





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TECH NEWS

Narrative clip camera

How about saving the good memories of our daily life in the format of photos? Every day, each of us go through a lot of good moments, happy ones, and surprising events. But how do you capture all this in photos without even bothering? That's when we know about the Narrative Clip Camera.

Narrative Clip is a tiny automatic camera and app that gives you a searchable and shareable photographic memory. It is also considered among the smallest wearable cameras. With 5 megapixels lens, measuring 36x36x9 mm, weighting only 20 grams, it has a storage capacity of up to 4,000 pictures, takes 2 photos per minute, and most importantly a battery life of 2 days of use.

Moreover, this tiny camera has a very easy storage system. It uploads all images taken to your personal Narrative Library. And in there, all photos are stored by date, event, and even location. So all you have to do now is capture the best of the best, check them in the library, and share them with your friends and loved ones.



The fun charger

When it comes to phone chargers, it doesn't really strike our mind to choose funny and colourful ones, we simply stick to the most useful and classic chargers. But what if it's possible to get a 2 for 1 charger that fits somewhere in the kitchen?

The Foaster (not the toaster) is a toaster look alike, stylish charger to fit in your kitchen arrangement. It's useful to cut down on cables and to charge your iPhone and iPad, and 4 other different sizes of devices.

Even though some people would wonder why you place a toaster in your living or bedroom, it is incredibly practical. It mimics a regular toaster, but instead of popping bread into the top, whack in your mobile phone, and watch as it charges without the need for yet another set of cables.

Umbrella here

What would you do if it starts raining but you forgot your umbrella home! Usually, sharing your umbrella with a friend is a nice act, but would you ever think of sharing your umbrella with a stranger? That's why there's Umbrella Here.

Umbrella Here is a light that can be attached on an umbrella controlled by a mobile app that tells people that your umbrella is available for sharing. It's the same

idea of the light we see on a taxi. So when the light is on, it represents that strangers are welcome to come and share your umbrella.

Just like a lot of other gadgets, it's connected through a phone app. And to use it, simply plug it on the top of your umbrella. The mobile app can do lots of things. Moreover, after helping a stranger, things don't end here. If you would like to become friends, log in to the website and add them to continue chatting. And on the other hand, when removed from the umbrella, it can be used as a weather indicator: turning red when it's hot and blue when cold.



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Mercedes A45

AMG 2014:

classy sporty looks with enhanced performance

The latest offering by the German car giant gives a little bit of everything.

By Firas Salloun

Specs

- 7 speed transmission
- 2 liter engine 360 Hp at rpm 6000
- 450 Nm of torque
- 0 to 100 km/h in 4.6 seconds
- 6.9 to 7.1 liters/100 km of fuel
- Top speed 250 km/h

It is hard to classify this car. It isn't very classy and neither is it very sporty; neither very small nor very not big. What are the changes in place in the A45? Does it still have the German touch? This car doesn't look like a real Mercedes, as its shape is somewhere between the small and big structures. Will it succeed in that? The German manufacturer has a long experience in the field of automobiles, and this should be a great line despite all.

As this car is small in size, it is good for daily commuting and for youth as well. The interior is made of leather, and it has the sporty looks. The dashboard is carbon fiber and is in harmony with the design and functions. The design of the centre screen has been changed and not inside the panel. The interior has been designed in a way that it is easy to use.

This A45 has a lot of safety and security as well as technology under its roof. The sporty looks are highlighted with red stitches. The harmony of the interior design, the exterior lines, and the engine performance are kind of synchronised. But one thing is of note: the engine sound is higher than its performance.



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BMW 730Li	2014	50914	228500
CHEVROLET CAPTIVA 3.0	2013	7583	93500
CHEVROLET CAPTIVA	2013	11798	83500
CHEVROLET SPARK 1.2	2014	24	36500
FORD EDGE 3.5	2012	46362	107500
FORD ESCAPE 3.0	2009	75700	34500
FORD EXPLORER STD	2008	75500	39500
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HONDA CIVIC 1.8	2012	45400	59900
HONDA CRV	2012	37000	82500
HYUNDAI ACCENT 1.4	2013	42343	39500
HYUNDAI SONATA 2.4	2011	53445	48500
HYUNDAI TUCSON 2.4	2013	56743	69000
HYUNDAI TUCSON 2.0	2009	79254	36500
HYUNDAI TUCSON 2.0	2012	55146	61500
HYUNDAI TUCSON	2013	60900	66500
HYUNDAI VELOSTER 1.6	2014	36687	69500
KIA CADENZA 3.5	2013	43918	88500

MODEL	YEAR	MILEAGE	SELLING PRICE
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KIA PICANTO 1.2	2012	45577	26500
KIA SORENTO 2.7	2012	56855	62500
KIA SOUL 1.6	2011	64607	37500
KIA SPORTAGE	2011	82336	51500
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MAZDA 6 2.0	2013	49467	52500
MAZDA 6 2.0	2012	42272	48500
MAZDA 3 1.6	2013	59093	45500
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MINI COOPER S	2011	51000	49900
MINI COOPER S	2014	11000	34900
MINI COOPER S	2013	34635	35500
MINI COOPER S	2013	23797	38000
MINI COOPER S	2011	25071	37500
MINI COOPER S	2012	43000	41500
MINI COOPER S	2014	29680	30500
MINI COOPER S	2014	12000	74900
MINI COOPER S	2014	1	81500
MINI COOPER S	2011	62058	83000
MINI COOPER S	2013	34214	81500
MINI COOPER S	2012	40879	78500
MINI COOPER S	2011	49119	86500

MODEL	YEAR	MILEAGE	SELLING PRICE
MINI COOPER S	2014	13857	109000
MINI COOPER S	2012	32600	94500
MINI COOPER S	2014	4607	79500
MINI COOPER S	2012	74686	49900
MINI COOPER S	2011	63406	46500
MINI COOPER S	2009	96950	75500
MINI COOPER S	2012	67003	59500
MINI COOPER S	2014	323	142500
MINI COOPER S	2014	1	39000
MINI COOPER S	2012	62600	39000
MINI COOPER S	2009	70130	37500
MINI COOPER S	2013	39200	41500
MINI COOPER S	2013	19714	38000
MINI COOPER S	2012	60325	41900
MINI COOPER S	2012	48900	45500
MINI COOPER S	2011	71772	39500
MINI COOPER S	2011	46329	155000
MINI COOPER S	2012	29825	119900
MINI COOPER S	2011	50417	45500
MINI COOPER S	2011	79980	48500
MINI COOPER S	2012	26041	68500
MINI COOPER S	2011	87032	76500
MINI COOPER S	2011	83539	73900
MINI COOPER S	2012	35071	59500

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How to **MANAGE**

your top performers

Recognise the true potential and value of your prized employees.

Top performers can be true assets to their companies. These are the employees who bring out the highest return on your investment in them. They are result-driven and maintain high standards with minimal or no supervision. But without appropriate support, top performers may struggle to unleash their true potential and can actually become underutilised. If you value your potential superstars as critical assets, you need to give them access to all the resources, trainings, and mentorship they need in order to grow. After all, it's a win-win situation for all parties. Akhtaboot is here to highlight the best practices that you need to follow in order to help your high achievers flourish.



Increase their responsibility

Top performers are always on the look to develop their skills and knowledge in order to achieve outstanding results. Attempting to limit your best employees' responsibilities will result into mediocre outcomes, or might actually push them to seek another place which will foster their career growth. High performers will gladly accept a huge workload as long as it comes along with additional learning opportunities.

Discuss their career path regularly

Setting clear career paths that are well communicated to employees is not something most companies do well. But top performers have a high sense of purpose. They want to know where they belong in the big picture and that they are making a difference. Exceptional managers understand that in order to keep high performers engaged, they have to take the time to discuss their personal goals and career aspirations. Although managers may hesitate to approach the topic for many different reasons, for any employee that is worth keeping, you should make it clear that you are invested in helping him reach his career goals.

Set clear expectations

While high performers like to have autonomy, you still need to set clear expectations for how certain situations should be handled. While top performers are hard workers and are willing to do whatever is asked of them, however, they still need to understand what you expect of them, and how you will measure their performance. Make sure that their objectives are measurable, and work closely with them to align their personal goals with those of your business.

Acknowledge their successes

Don't hold back when it comes to celebrating small wins. Make it a habit to recognise and praise successes. That's how you keep your best employees challenged. They continuously want to achieve the best they can. Ironically, the more others celebrate a high achiever's successes, the more afraid they can become of making mistakes. This might cause them to shy away from taking on risky projects. If you want your top performers to be more creative, you need give them the permission to fail every now and then.



Trust them to do their jobs

Top employees value autonomy and independence. By empowering your top performers to unleash their creativity, they will almost always find ways to do their jobs better than you imagined possible. You want your top performers to see that the goals they are pursuing belong to them. You want them to feel fully responsible and competent to do their job. This is what ownership is all about.



By Akhtaboot – the career network (www.akhtaboot.com)



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Dhs 44.50

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Tilda basmati rice 5kg



Dhs 46.00
Dhs 35.75
2 PCS

زيت ذرة (أفيا) ١.٨ لتر
Afia corn oil 1.8L



Dhs 29.75

شوكولاتة (ليندت) ٢١٥ غرام
Lindt Swiss Tradition chocolate 215g



Dhs 62.00
Dhs 49.75
2 PCS

شوكولاتة جواهر (جالاكسي) ٤٠٠ غرام
Galaxy Jewels chocolate 400g



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شوكولاتة مينيز (سنيكرز) ٢٧٠ غرام
Snickers minis chocolate pouch 270g



PER KG **Dhs 11.00**

عنب أحمر، إيطاليا
Grapes red globe, Italy



PER PACK **Dhs 12.00**

فراولة مستوردة، الولايات المتحدة
Strawberry import, USA



PER PACK **Dhs 22.50**

تمر بالشوكولاتة (جمارة) ١٥٠ غرام، مكي
Jomara dates with chocolate 150g, UAE



PER KG **Dhs 34.75**

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Lamb leg, Australia



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Things to do this Eid al Adha

1



Enjoy the Eid break with some of the amazing things Dubai has to offer.

One of the most anticipated weekends of the year is here: it is the Eid weekend. Do you know what that means? Relaxing and reconnecting with yourself and friends and family. If you are not travelling for the long weekend, then there is just so much to do in and around town that you will be surprised. Of course the best activity is to catch up on some sleep, read a nice book and snuggle up on your couch. But with the city abuzz with activities, make the best of the weekend.

Adventure diaries

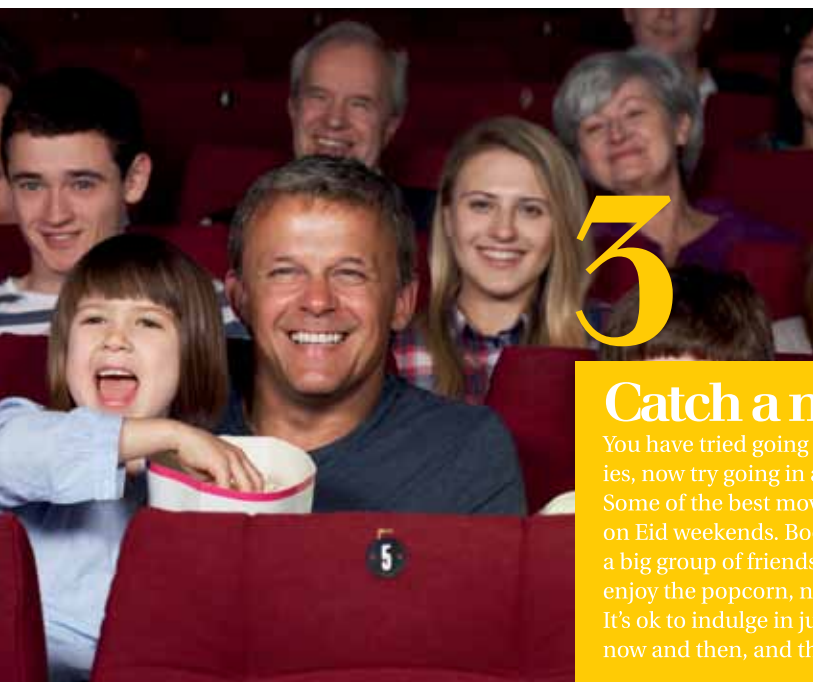
If you are not the kind who wants to settle for picnics and barbeques, and more of a thrill seeker, then now is the perfect time for an adrenaline rush. If you have been delaying the dune bashing for some time now, this is the perfect weekend, with the desert cooler at night. Opt for sky diving, or bungee jumping at Gravity Zone. Other safer options are jet skiing and a ride on the fastest roller coaster in the world. This seems like one exciting weekend!



2

Picnic in the park

With the weather changing every day, it is now the perfect time for outdoor picnics and barbeques. Visit all the parks that you have been planning to visit since the summer, and take along a nice and heavy picnic basket with fruit, snacks, drinks and of course, get the barbeque grill ready. It's always good to prepare the barbeque meat one day before so that it is well marinated, and there is no better way to celebrate Eid al Adha than with a barbeque. Safa Park is an great venue, with an artificial lake and waterfall.



3

Catch a movie

You have tried going alone to the movies, now try going in a massive group. Some of the best movies are released on Eid weekends. Book in advance for a big group of friends and family, and enjoy the popcorn, nachos and fries. It's ok to indulge in junk food every now and then, and then again, it is Eid.

Eid fireworks

The breathtaking and mesmerising Eid fireworks will be held for three days at 9pm to mark the celebration of Eid in the Jumeirah and Umm Suqeim area. There is nothing better than a dinner or picnic that ends – or begins – with colourful and festive fireworks. This is also the ideal time for you to bond with your friends and family, and get lots of photographs to fill your albums and to share with people back home.



4

5

Arts and exhibitions

Numerous art exhibitions pop up around such times in town and offer art aficionados a welcome respite. Check out Al Serkal Avenue in Al Quoz with some of the best contemporary arts exhibitions like The Pretenders and Gulf Photo Plus exhibits. Other interesting places include historical sites and museums. Al Bastakiya is a fantastic spot for history lovers, with the winding roads and cornice cafes.



WISH list

It's the **Eid weekend**, which means **meeting friends** and **relatives**, and exchanging gifts and attending parties. So whether you are gifting someone who loves **music** or loves **fashion**, whether it is for someone who loves playing the party hostess or it's for someone to **pamper**, here's our **Eid gift guide** to make this occasion even more **special**.



Davidoff Cool Water Night Dive

With this new scent from Davidoff, you can now make her feel more special. Inspired by the cool waters and the mystery that it holds this new fragrance will give her a sense of mystery and charm that only a lady can uphold.

BeautyBlender Cleanser & Foam

The perfect gift for your woman who just adores experimenting or simply just loves putting on make-up. A nice simple gift to help her make sure that she doesn't have any worry about cleansing her face after a day or night out.



2



3

Tips & Toes Powermud by Glam Glow

This new product is the world's first mud-to-oil formula, which overhauls tired undernourished skin, leaving fresh, radiant skin. With this she can now pamper herself while at home; she can now skip the spa, which would also give you some quality time together.

Vince Camuto Brown Booties

Complete the outfit with a pair of brown ankle booties to help pull her outfit together and keep her toes nice and snug while looking fab-u-lous! Every girl loves it when they are given shoes as a gift, so don't doubt buying this for your chosen lady.

5



7

H&M Reversible Ring

Diamonds are a girl's best friend but an alternative accessory would do. Check out this reversible ring from H&M. Now your lady can choose from either pearl white or turquoise to match whatever outfit she is wearing. Girls always want to look good and one can never go wrong with accessorizing.

4



6

Colette by Colette Hayman Jewelled Clutch

Planning a night out for Eid? This white jewelled clutch will keep her things intact and help in being a worry free night. It's elegant looking with a perfect array of set colours and can be used for an intimate event or even a casual date.



Guadi White Leather Jacket

Help her gear up for the upcoming winter weather with this lovely white leather jacket from Guadi. It's sleek, casual enough for everyday wear and a perfect match to any outfit. Now just because it doesn't snow in our region doesn't mean you can't signify that perfect white Christmas.

Hollywood news

Reese Witherspoon inspired by Tina Fey

Reese Witherspoon is one of the leading ladies of Hollywood, and credits Tina Fey for it. The actress said that she has been inspired by Tina Fey in the industry, and acknowledged that her memoir *Bossypants* made her survive in the entertainment industry. "One of the biggest inspirations for me was reading Tina Fey's book. She said, you know, if I can help one other woman create something in Hollywood, I've done my job," Reese said. She further added, "And I hope to have that same goal, you know, just to create opportunities for other women to tell their stories, because women aren't just girlfriends and wives, you know, in movies, to big leading men. Those are great roles, but I feel like women are much more complex than that. And I'm excited to be able to help them get their stories to the screen."



Author sues Disney for plagiarism in *Frozen*

Peruvian author Isabella Tanikumi has sued Disney for \$250 million accusing the entertainment giant for plagiarising her work in the movie *Frozen*. The author said that Disney has copied her life story in the animation and that it wasn't based on the Hans Christian Andersen fairy tale *The Snow Queen*. Instead, she claimed, that the movie was based on her 2010 biography about growing up in the Andes of Peru and she feels that the movie has ruined her life.



Robert Pattison on post-*Twilight* fame



Robert Pattison, who was catapulted to fame after the *Twilight* series, recently opened up about how stardom influenced his lifestyle. The actor said how it felt "having money for the time" after the *Twilight* phase. The actor said that he "wasn't thinking" when he bought the "amazing" mansion in Griffith Park, which he sold in 2013. Robert said that the selling of the house was part of a general disassociation with Hollywood, as Hollywood is not the right place to be for the people who need to be pushed into doing something.

Bradley Cooper looking forward to fatherhood

Hollywood heartthrob Bradley Cooper has recently opened up about how he is looking forward to starting a family. The *Hangover* star is currently dating British model Suki Waterhouse. He admitted that he was sorry that his father would not be around to see his grandchildren, but fatherhood was something he was looking forward to eagerly and would love to be a father one day.



Bollywood news



Emraan Hashmi, Vidya Balan to shoot in Cape Town soon

After a delay, Vidya Balan and Emraan Hashmi will now start shooting for their upcoming film *Humari Adhuri Kahaani* from this month. The shooting was previously supposed to start in the summer, but it had to be delayed till October. The film, which is reportedly based on director Mahesh Bhatt's life, will be directed by Mohit Suri. "Vidya Balan and Emraan Hashmi will start shooting for *Humari Adhuri Kahaani* from October and the first schedule will be widely shot in Cape Town (South Africa) and the second schedule will take place in Dubai," a source said. 22

Shilpa Shetty launches her own sari brand

Shilpa Shetty Kundra now has another feather in her hat. The entrepreneur actress has now turned designer for an exclusive range of saris she has designed in collaboration with HomeShop18. In an exclusive launch show, the actress walked the ramp in one of the saris from the label SSK. "The sari is one of the most popular and versatile outfits, which makes you, look glamorous and dignified at the same time. In this exclusive collaboration, I've enjoyed experimenting with unique styles to suit different tastes. The SSK collection has been designed keeping in mind an Indian ethos with a modern twist, light fabrics and embellishments enhancing their richness, with the biggest prerequisite being budget-friendliness," she said.



Ranveer dances to the BangBangdare

After a chain of dares on social media initiated by Hrithik Roshan, now it was Ranveer Singh's turn to accept what are being labeled as the BangBangdare. Hrithik

challenged the actor to pose in a Mumbai street by posting, "get out of ur car n pose on d middle of any Main Street of mumbai fr your fans!" Ranveer Singh, in response, took the dare a step ahead by dancing to the song Main Aisa Kyun Hoon in a bustling Bandra street, decked in Krish avatar. After the dare, Hrithik acknowledged the efforts of Ranveer by posting, "Ranveer Singh wins not just r hearts but reaffirms my belief dat hapiness is abt contributing 2 others! Give it up fr d man who is all heart!"

Lisa Ray soon to be seen in a Kashmir based love story

In addition to already working on a comeback film, model-actress Lisa Ray will soon be seen acting in a love story set in the vales of Kashmir. The film will star Sanjay Suri in the lead along with Lisa. The works have been delayed because of the devastating floods in the valley.



Listings

THE READ. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.

SCHEDULE CORRECT AT TIME OF
GOING TO PRESS; HOWEVER, PLEASE
NOTE THAT MOVIE THEATRES CAN
CHANGE SCHEDULES WITHOUT NOTICE



The Dubai Mall

Al Harb Al Almiya 3 - 12:05pm 2:25pm
4:45pm 7:05pm 9:25pm 11:45pm 2:05am
4:25am 5:45am
Annabelle - 11:30am 1:40pm 3:50pm
6:00pm 8:10pm 9:05pm 10:20pm 11:15pm
12:30am 1:25am 2:50am 3:35am 5:00am
A Walk Among Tombstones - 12:10pm
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9:50pm 12:15am 2:25am 2:40am
Bang Bang - 12:30pm 3:35pm 6:40pm
8:25pm 9:45pm 11:25pm 12:50am 2:25am
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Dolphin Tale 2 - 10:45am 1:00pm 3:15pm
5:30pm 7:45pm 10:00pm 12:15am 2:30am
Good People - 12:05pm 2:05pm 3:00pm
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Guardians Of The Galaxy - 2:25pm 10:40pm
Haider - 1:20pm 4:30pm 7:40pm 10:50pm
2:00am
Hercules - 4:50pm 1:05am
Into The Storm - 6:45pm 10:30pm
Kristy - 6:55pm 3:10am
Let's Be Cops - 12:20pm 4:45pm 9:10pm
1:35am 3:45am
Lucy - 12:30pm 8:45pm
Maya The Bee - 10:10am 11:55pm 1:45pm
3:35pm 5:25pm 7:15pm
Revenge Of The Green Dragon - 12:15pm
2:15pm 4:15pm 6:15pm 8:15pm 10:15pm
12:15am 2:15am
Teenage Mutant Ninja Turtles - 10:20am
2:40pm 7:00pm 11:20pm
Teenage Mutant Ninja Turtles (3D) -
12:30pm 4:50pm 9:10pm
The 7th Dwarf - 1:00pm 11:20am 2:55pm
The Captive - 2:30pm 6:55pm 11:20pm
The Equalizer - 12:30pm 2:00pm 2:30pm
3:10pm 4:45pm 5:15pm 5:50pm 7:30pm
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The Expendables 3 - 1:30am 4:05am
The Maze Runner - 11:10am 1:35pm 2:00pm
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The Prince - 11:40am 1:30pm 1:40pm
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The Beach - JBR

A Walk Among Tombstones - 3:10pm 6:00pm
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9:15PM 6:30PM 7:00PM 9:30PM 10:00PM
11:40PM 12:15AM 12:30AM 1:00AM
2:40AM 3:30AM
Dawat E Ishq - 10:00AM 3:00PM 8:00PM
1:00AM 12:15AM 3:15AM
Dolphin Tale 2 - 10:00AM 12:10PM 2:20PM
4:30PM 6:40PM 8:50PM 11:00PM 1:00AM
Delhi Safari - 10:00AM 12:00PM 2:00PM
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Good People - 10:15AM 12:30PM 2:15PM
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Guardians Of The Galaxy - 10:30AM 3:00PM
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Haider - 10:00AM 11:00AM 1:00PM 2:00PM
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11:00PM 1:00AM 2:00AM
Hercules - 10:00AM 12:00PM 2:00PM
Khoobsurat - 12:30PM 5:30PM 10:30PM
Maya The Bee - 10:40AM 2:00PM 5:20PM
Maya The Bee (3D) - 12:20PM 3:40PM
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One In The Chamber - 10:30AM 12:15PM
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Revenge Of The Green Dragon - 10:00AM
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10:00PM 12:00AM 2:00AM
Sapta Masree Taskara - 10:00AM 1:00PM
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Sharknado 2 - 10:15AM 12:15PM 2:15PM
4:15PM 6:15PM 8:15PM 10:15PM 12:15AM
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Teenage Mutant Ninja Turtles - 1:00PM
5:30PM 10:00PM
The Equalizer - 10:00AM 12:30PM 3:00PM
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Haider - 10:45AM 2:00PM 5:15PM 8:30PM
11:45PM 2:45AM
Khoobsurat - 10:00AM 12:40PM 3:20PM
Maya The Bee - 2:20PM 9:40PM
Maya The Bee (3D) - 10:40AM 6:00PM
Revenge Of The Green Dragon - 5:00PM
7:00PM 9:00PM 11:00PM 2:00AM
Sapta Masree Taskara - 1:00PM 6:30PM
11:59PM 3:00AM
Teenage Mutant Ninja Turtles - 12:00PM
2:00PM
The Prince - 4:00PM 6:00PM 8:00PM
10:00PM 11:59PM 2:00AM
Yaan - 6:00PM 9:00PM 11:59PM

Cineplex Wafi City

Al Harb Al Almiya 3 - 3:00PM 5:15PM
7:30PM 9:45PM 12:00AM 2:15AM
Annabelle - 5:20PM 7:20PM 9:20PM
11:20PM 1:20AM
Bang Bang - 10:00AM 11:00 AM 1:00PM
2:00 PM 4:00PM 5:00PM 7:00PM 8:00PM
9:30PM 10:00PM 11:00PM 12:30AM
1:00AM 2:00AM 4:00AM
Dawat E Ishq - 10:30AM 1:00PM 3:30PM
6:00PM 8:30PM 11:00PM 1:30AM
Delhi Safari - 11:00AM 1:00PM 3:00PM
Dolphin Tale 2 - 12:00PM 3:40PM 7:20PM
Good People - 12:00PM 4:00PM 8:00PM
12:00AM
Guardians Of The Galaxy - 10:00AM 12:30PM

Haider - 12:00PM 3:00PM 6:00PM 9:00PM
12:00AM 3:00AM
Hercules - 10:00AM
Khoobsurat - 11:30AM 2:10PM 4:50PM
7:30PM 10:10PM 12:50 AM
Maya The Bee - 10:30AM 5:50PM
Maya The Bee (3D) - 2:10 PM
One In The Chamber - 2:00PM 6:00PM
10:00PM 2:00AM
Revenge Of The Green Dragon - 5:00PM
7:00PM 9:00PM 11:00PM 1:00AM
Sharknado 2 - 10:00AM 11:50AM 1:40PM
3:30PM
Teenage Mutant Ninja Turtles - 10:00AM
12:00PM
The Equalizer - 11:30AM 2:00PM 4:30PM
7:00PM 9:30PM 12:00AM 2:30AM
The Prince - 2:00PM 4:00PM 6:00PM
8:00PM 10:00PM 12:00AM 2:00AM

Dubai Festival City

Al Harb Al Almiya 3 - 03:00PM 05:20PM
07:40PM 10:00PM 12:20AM
Annabelle - 10:15AM 02:15PM 06:15PM
10:15PM 12:35AM
Bang Bang - 10:00AM 11:00AM 01:00PM
02:00PM 04:00PM 05:00PM 07:00PM
08:00PM 10:00PM 11:00PM 01:00AM
2:00AM
Delhi Safari - 10:30AM 02:30PM
Dolphin Tale 2 - 12:20PM 04:25PM 08:30PM

Good People - 11:00AM 03:00PM 07:00PM
11:00PM
Guardians Of The Galaxy - 10:30AM 12:45PM
Haider - 12:00PM 03:10PM 06:20PM
09:30PM 12:40AM
Hercules - 10:00AM
Maya The Bee - 12:30PM 02:35PM 10:45PM
Maya The Bee (3D) - 10:30AM 06:40PM
One In The Chamber - 01:00PM 05:00PM
09:00PM 01:00AM
Revenge Of The Green Dragon - 04:30PM
06:30PM 08:30PM 10:30PM 12:30AM
Sapta Masree Taskara - 10:00AM 01:00PM
04:00PM 07:00PM 10:00PM 01:00AM
Sharknado 2 - 12:15PM 04:15PM 08:15PM
12:15AM
Teenage Mutant Ninja Turtles - 10:00AM
12:15PM
The Equalizer - 11:00AM 01:30PM 04:00PM
06:30PM 09:00PM 11:30PM 2:00AM
The Maze Runner - 10:00AM 12:00PM
The Prince - 02:30PM 04:30PM 06:30PM
08:30PM 10:30PM 12:30AM

Galleria

Bang Bang - 10:30AM 1:30PM 4:30PM
7:30PM 10:30PM 1:30AM
Sapta Masree Taskara - 4:00AM 10:00AM
Yaan - 10:00AM 1:00AM 7:00AM 1:00AM



Holiday Maamoul

Here's our selection of some healthy recipes for a healthier and fitter you this summer.



Ingredients:

2 cups all purpose flour
1 cup semolina
2 sticks salted butter, softened
1/2 teaspoon allspice
1/4 teaspoon orange blossom water
2 1/2 tablespoons granulated sugar
1/4 cup chopped nuts (pistachios, walnuts, or almonds)
Powdered sugar for dusting
2 tablespoons milk

Procedure:

1. Preheat the oven to 350 degrees.
2. In a medium bowl, combine flour and semolina and set it aside.
3. In a different smaller bowl, beat the butter for 30-45 seconds. Add the flour mixture slowly until combined. Stir in milk, allspice and orange blossom water.
4. Roll the dough into 12 pieces.
5. Combine nuts and sugar in a separate bowl and set aside.
6. Grab the dough and push 2 inch circles into it, then place onto parchment lined cookie sheet. Place about 1 teaspoon of nut mixture on top of dough. Fold and press dough together to seal the filling. Repeat with remaining dough and nut mixture.
7. Bake maamoul for 20-25 minutes until golden brown.

Traditional Baklava

Ingredients:

For the baklava:

1 lb. of chopped nuts of your choice
1 lb of phyllo dough
1 cup of butter, melted
1/3 cup of sugar
1 teaspoon of ground cinnamon
1/3 teaspoon of ground cloves

For the syrup:

1 cup water
1 cup sugar
1/2 cup honey
2 tablespoons of lemon juice
1 cinnamon stick
Finely ground pistachios for garnish

Procedure:

1. Lightly grease a 9x13 pan and set the oven to 350°F.
2. Thaw the phyllo dough. When thawed, roll out the dough and cut the dough in half so the sheets will fit in the pan. Cover with a damp towel to keep it from drying out.

3. Process the nuts until in small, even sized pieces. Combine with sugar, cinnamon, and cloves. In a separate bowl, melt the butter in the microwave.

4. Place a sheet of phyllo dough into the pan. Using a pastry brush, brush the phyllo sheet with melted butter. Repeat 7 more times until it is 8 sheets thick, each sheet being "painted" with the butter.

5. Spoon on a thin layer of the nut mixture. Cover with two more sheets of phyllo, brushing each one with butter. Continue to repeat the nut mixture and two buttered sheets of phyllo until the nut mixture is all used up. The top layer should be 8 phyllo sheets thick, each sheet being individually buttered. Do not worry if the sheets crinkle up a bit, it will just add more texture.

6. Cut into 24 equal sized squares

using a sharp knife. Bake at 350°F for 30-35 minutes or until lightly golden brown, and edges appear slightly crisp.

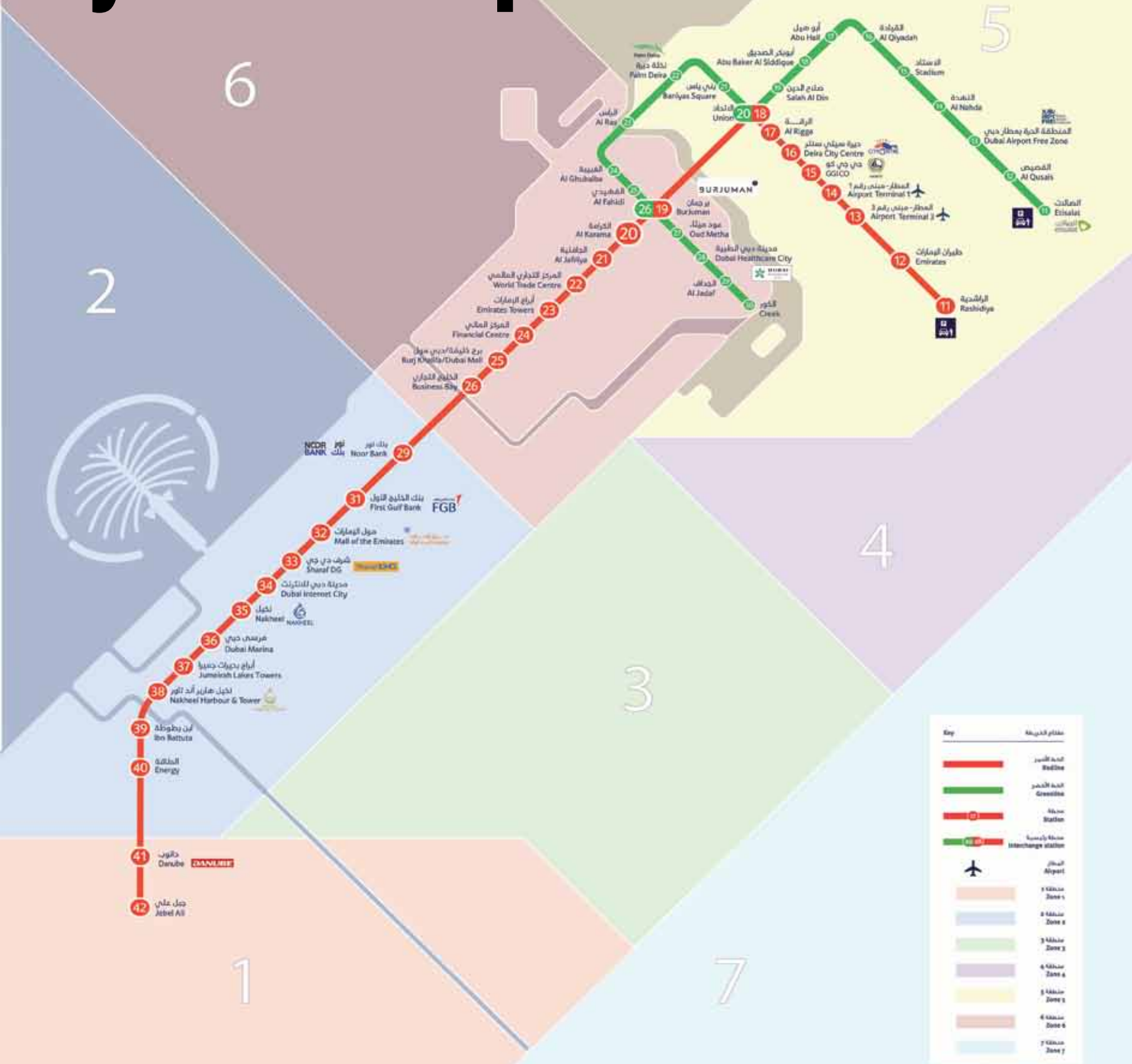
7. While baking, make the syrup. Combine the cinnamon stick, sugar, lemon juice, honey, and water in a saucepan. Bring to a boil, then

reduce to medium low heat and let simmer for 7 minutes and slightly thickened. Remove the cinnamon stick and allow to cool.

8. Spoon the cooled syrup over the hot baklava and let cool for at least 4 hours. Garnish with some finely crushed pistachios of desired.



Dubai Metro system map



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AmfAR Milano Gala

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RTA hosts global project management forum

Heads of government entities, private businesses and PM experts attend Dubai International Project Management Forum.



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FORUMS

Under the auspices of HH Sheikh Hamdan Bin Mohammed Bin Rashid Al Maktoum, Dubai Crown Prince and Chairman of the Executive Council, Sheikh Ahmed Bin Saeed Al Maktoum, Chairman and Chief Executive, Emirates Airline & Group, recently opened the Dubai International Project Management Forum (DIPMF) held by the Roads and Transport Authority (RTA) in collaboration with PMI (GCC) in partnership with DEWA and Emaar.

The opening ceremony, which was held at Madinat Jumeirah, was attended by heads of government entities and private businesses and a wide array of international PM experts.

In a speech opening the forum, Mattar Al Tayer, Chairman of the Board and Executive Director of the RTA, said: "This event was held in the context of the keenness of Dubai

emirate to play a pivotal role in leading the development drive in the region and accelerating the drive on the basis of sound scientific standards and top class practices. This can be best achieved through attracting experts and top specialists of international repute to international gatherings acting as platforms for knowledge transfer. This will also empower Dubai to act as a communication link for the transfer of expertise and sharing of concepts between various leaders of the industry, in its capacity as an Arab city with a global profile.

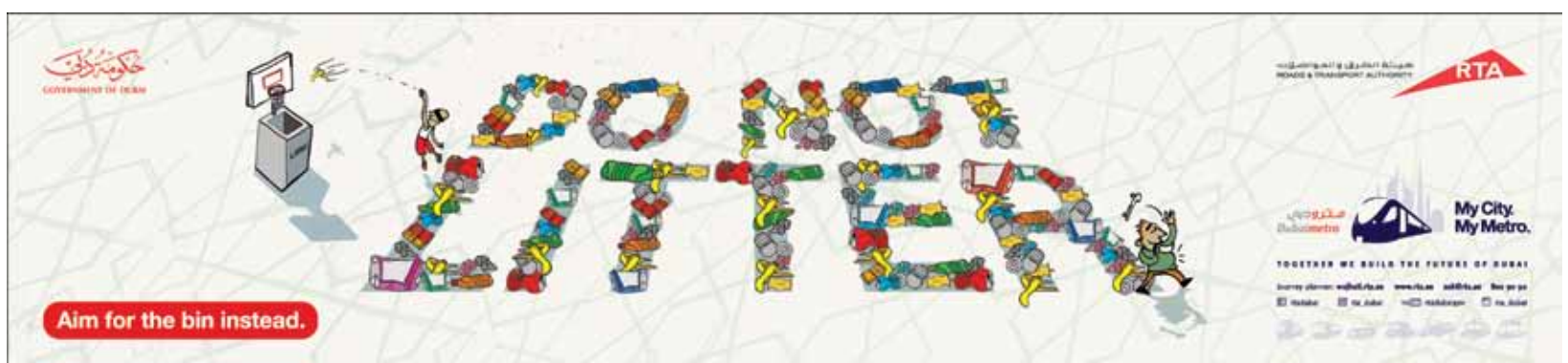
"The event aimed at showcasing Dubai as a leading city in the field of PM that adopts the highest standards in constructing a series of mega projects, rendering it a point of attraction for the entire world such as Burj Khalifa, Dubai Metro, as well as giant airport and port projects characterised by high operational efficiency.

"The UAE in general and Dubai emirate in particular is experiencing rapid developments in all fields; which was further accelerated by winning the bid to host the World Expo 2020. The RTA will design and construct transport projects needed to host the expo."

"The UAE in general and Dubai emirate in particular is experiencing rapid developments in all fields; which was further accelerated by winning the bid to host the World Expo 2020. The RTA will design and construct transport projects needed to host the expo including the extension

of the Metro Red Line, and upgrading surrounding roads and junctions leading to the site of the expo.

"In accordance with the directives of HH Sheikh Mohammed Bin Rashid Al Maktoum, Vice-President and Prime Minister of the UAE and Ruler of Dubai, to transform Dubai into the smartest city in the world within three years, Dubai will witness intense competition between global firms specialised in undertaking and managing technological projects to deliver their best technologies and programs capable of bringing comfort and welfare to the people. In this regard the RTA has chartered a comprehensive plan to transform the public transport system to smart and integrated transit means accessible to users. Smart mobility is considered a backbone of smart cities and the RTA will deliver more than 200 services via smart phones by the end of 2015," Tayer added.



LET'S TALK DUBAI TRAM

GET TO KNOW THE
SAFEST WAY AROUND
YOUR NEIGHBORHOOD.



1 **ST**
IN THE WORLD TO HAVE
PLATFORM SCREEN DOORS

& BE OPERATED WITH
ON-GROUND ELECTRIC WIRING
NO OVERHEAD ELECTRIC CABLES

TRAM CORRIDOR IS FENCED
FOR YOUR SAFETY & TO
PROHIBIT CROSSING



ROADS MUST BE CROSSED
USING DEDICATED
PEDESTRIAN CROSSINGS

ALWAYS GIVE WAY TO TRAMS



**DON'T USE HEADPHONES
& MOBILE PHONES NEAR
TRAM TRACKS**



**INSTRUCTIONS FROM
TRAM OFFICIALS
MUST BE FOLLOWED**



**TRAM WILL ONLY
STOP AT DESIGNATED
STATIONS**



OBSTRUCTING TRAMWAYS IS A SERIOUS, PUNISHABLE OFFENCE.

DRIVING US
AROUND TOWN
SOON.

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Faster.**

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SPORT SHORTS

Cricket:

South Africa have reconsidered calling in fast bowler Vernon Philander to their squad for the upcoming one-day series against New Zealand and Australia, as he could do the team well. South Africa will play three one-day internationals in New Zealand at the end of October before going to Australia for three Twenty20 internationals and five ODIs.



Rugby:

Andrew Sheridan has been forced to retire after suffering a neck injury while playing for Toulon. The Former England and Lions prop underwent a subsequent operation back in February. Sheridan won the Heineken Cup with Toulon in 2013 and made his England debut against Canada in 2004. However, an unfortunate neck injury has meant the end of his sports career.



Athletics:

Dennis Kimetto has broken the world marathon record in Berlin after winning the race within two hours, two minutes and 57 seconds. The Kenyan shook off fellow Emmanuel Mutai with just under three miles remaining to become the first man to complete a marathon in less than two hours and three minutes. "I feel good because I won a very tough race, I felt I could do it and break the record," he declared.



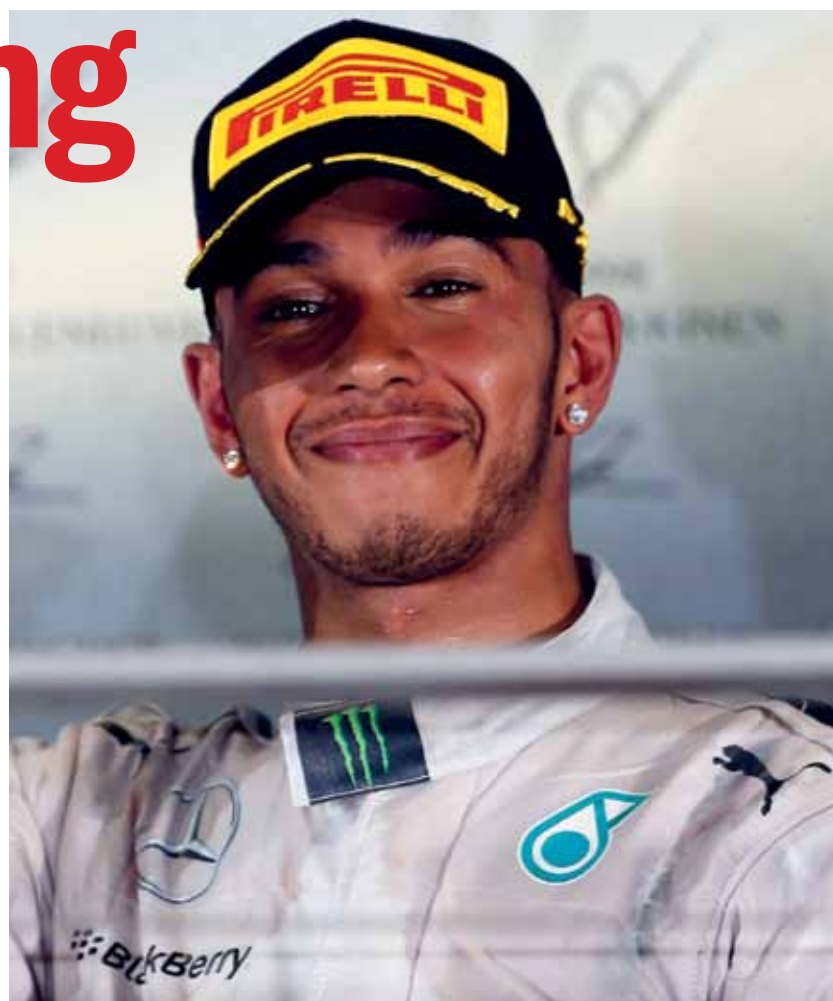
The French Tennis Federation announced that the Davis Cup final between France and Switzerland will be held on a clay surface. The French are the ones who will be hosting this event at the Stade Pierre-Mauroy in Lille on 21-23 November, meaning they have the honour of choosing the surface.

The venue can fit up to 50,000 people, however the final court will have a capacity of 27,000 people. The Swiss team is being led by world No 3 Roger Federer and world No 4 Stanislas Wawrinka as they work together seeking Davis Cup victory. The French team on the other hand, is headlined by World No 12 Jo-Wilfried Tsonga and World No 16 Gael Monils, who look forward to winning the competition for the 10th time.

Aiming high

England's Lewis Hamilton aims to join the "greats of Formula 1" by winning this week's race in Suzuka. The 29-year-old also looks forward to consolidate his new leadership of the World Championship. The last time Hamilton won in Japan was back in 2007, which was one of the most impressive wins of his career. He has also made the podium in 2009.

Hamilton wishes to make the most of the fastest car in the field and join the honourable Michael Schumacher, Sebastian Vettel, Ayrton Senna and Mika Hakkinen. "I've never won at this circuit. This year we have an exceptional car and I'm really hoping I'll finally have my shot at the top step," said Hamilton.



Higher standards



Robin van Persie has faith that Manchester United are growing stronger everyday and says that a top-four finish this season is realistic. United started off poorly with bad defence, conceding 13 goals in seven games, but Van Persie believes that confidence is building especially after their 2-1 victory over West Ham.

The Dutchman stated "We are working together on this project and I think games like winning 4-0 against QPR help." Manchester United are now setting high standards as Van Persie claimed that reaching the top four in the Barclays Premier League was a realistic target.

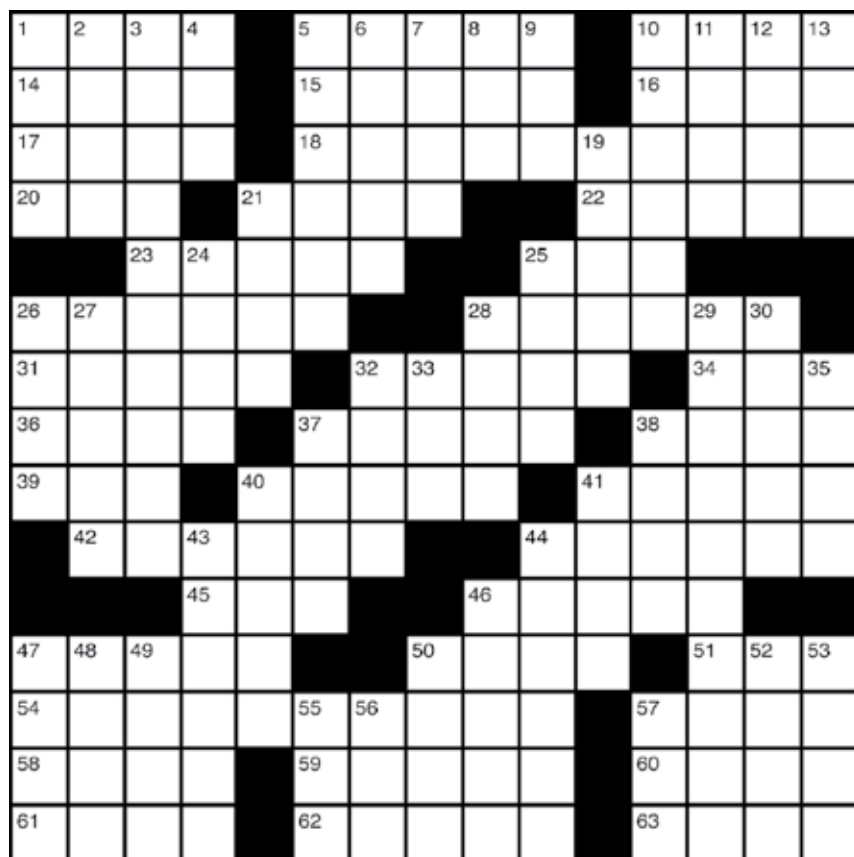


More to come

Rory McIlroy is now targeting more victories after playing a great role with Europe helping them win several times against the US. The Ryder Cup hero capped a productive tournament by beating Ricky Fowler and the world No 1 is already looking forward to the challenge of keeping his hands on the trophy at Hazeltine in 2016.

"I hope it continues. It's fantastic to be a part of. The American side are very strong individuals but haven't quite come together the past few tournaments," he said. "It's fantastic to win a third Ryder Cup in a row and to be part of this European period of dominance."

Taking your time



Crossword

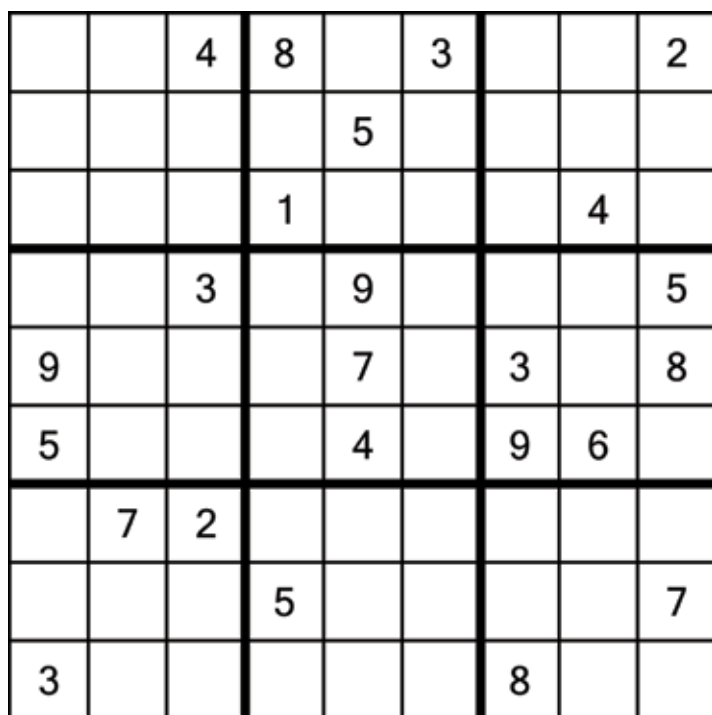
Across

1 Space flight agency: abbr. 5 Cooking herb 10 Job opening 14 Has debts
15 Cream of the crop 16 Sharpen 17 Discussion 18 Fair & sensible
20 Private __; detective 21 Disease producer 22 Follows orders 23 Word
with space or witch 25 Profession 26 Affirm to be true 28 Deep narrow
valley 31 __ setter; reddish dog 32 Slovenly folks 34 Compete 36 Money,
slangily 37 Frames of mind 38 Declare untrue 39 Male relation 40 Keep a
cooking turkey moist 41 Writer Jules __ 42 Not genuine 44 Passes on, as a
message 45 Ike's initials 46 __-depressive; bipolar 47 Bit of parsley
50 Locate 51 2,000 pounds 54 Going forward 57 Chauffeured car, for
short 58 Right on the map? 59 Knight's spear 60 Enthusiastic 61 Recolors
62 Derisive smile 63 Understands

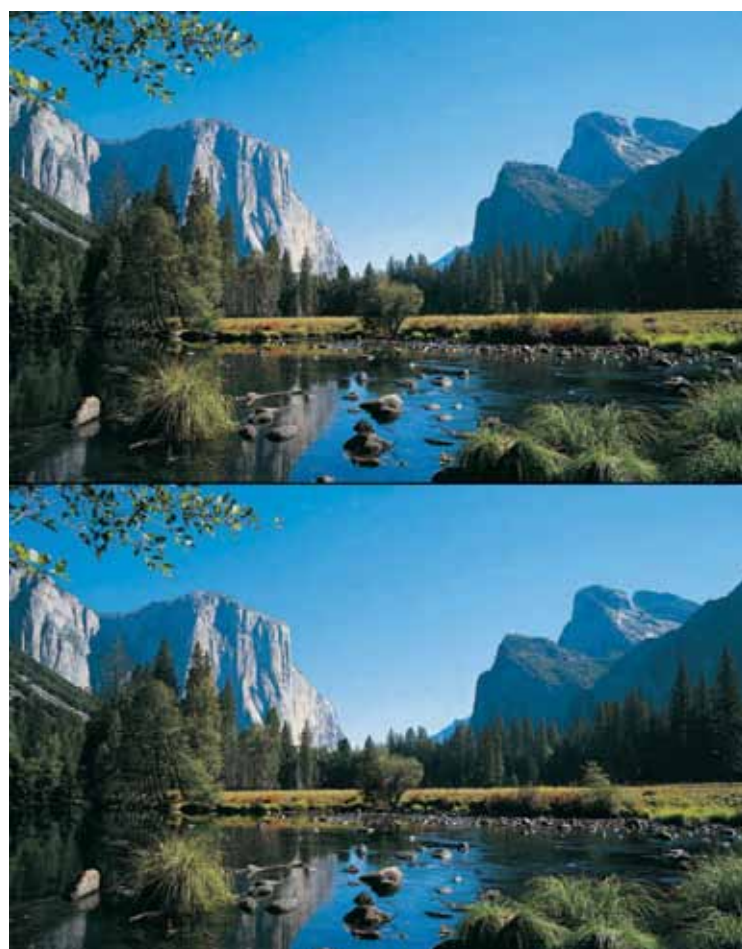
Down

1 Short letter 2 Out of town 3 Choices 4 Invite 5 __ of; lacking 6 Open-
eyed 7 Thailand, once 8 " __ a tough job, but..." 9 Name for 13 popes
10 Threadbare 11 Part of the ear 12 Exclusively 13 Pegs for Tiger
19 Lunch hours 21 Deep wide cut 24 Take a break 25 Pokes 26 Feels sick
27 Scout group 28 Area __; phone number's start 29 Hyper 30 Airhead
32 Mediocre 33 Building site 35 Observes 37 Manufactured 38 Sandwich
shop 40 Wouldn't __; refused to move 41 Peddle 43 Royal decrees
44 Forest official 46 Chop finely 47 Drove too fast 48 Say the "Our
Father," e.g. 49 Late Kennedy clan matriarch 50 Monetary penalty
52 Leave out 53 Gives a silent assent 55 Golfer Ernie __ 56 Rather or
Aykroyd 57 Fail to keep up

Sudoku

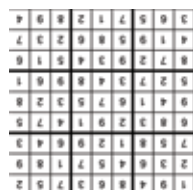


Spot the 4 differences

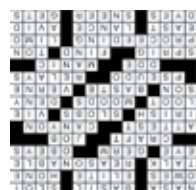


ANSWERS

SUDOKU



CROSSWORD



What's in your stars?

The *Read.* astrologer tells you what you can expect over the next seven days.

ARIES

(MAR 21 - APR 20)

You need to say no to new activities because you need to focus on whatever is right in front of you. Your good energy should push you in interesting new directions at this time. You're somewhat more focused on your possessions than usual.



TAURUS

(APR 21 - MAY 21)

You're in a really good, solid position, and you may want to take a risk and get started on projects that seem pretty far-out or unfathomable. Don't let anyone rush you, and dig in your heels and do things at the pace you know they need to be done.



GEMINI

(MAY 22 - JUN 21)

Your job is taking up more of your mental energy than usual, but it shouldn't be any more stressful. Apply yourself and you might impress the right person! You may want to keep pushing through, in fact, as your tenacity is a key selling point for bosses or clients.



CANCER

(JUN 22 - JUL 23)

Your intuitive powers are quite strong, so pay attention to what your gut is trying to say and then take quick action. Things should settle down a bit in your life, though others are running around like crazed puppies. Take some time to reflect on where you've been lately.



LEO

(JUL 24 - AUG 23)

You may not be in the best mood ever, you do have an edge that forces you to see the world differently. It might be a good time for you to try something new and adventurous. Someone in your life may open up new possibilities that are equally exciting and intimidating.



VIRGO

(AUG 24 - SEP 23)

Say no to anything that comes your way and involves shuffling around work or personal projects. You just don't have enough time or space quite yet! If anyone persists, you may lash out at them, thanks to a feisty energy that makes you quick to defend your interests.



LIBRA

(SEP 24 - OCT 23)

Your eye for beauty is a key asset, letting you help someone who really needs you. It's a good chance to forge a stronger relationship, and you should find things picking up after just a few days. It's a great time to advance romantic partnerships or pursue new work buddies.



SCORPIO

(OCT 24 - NOV 22)

You start to see new possibilities in an old situation early this week, and your imagination is enough to get you moving in a bold new direction. Everything seems to line up for you, as long as you're taking the initiative and getting started on whatever's firing you up.



SAGITTARIUS

(NOV 23 - DEC 21)

You see or hear something that resonates with you and reminds you of a troubling situation in your own life. You may want to ponder this for a while to see if you can draw out any lessons. Your love life improves quite a bit, even if you had thought it was already as good as it could possibly be!



CAPRICORN

(DEC 22 - JAN 20)

Your intuitive powers are overwhelming, but make sure you listen! Your gut is trying to tell you something important. If you get bad news, make sure not to give up. Your persistence will guarantee the best possible outcome. Watch out for people who don't take things seriously.



AQUARIUS

(JAN 21 - FEB 19)

Your spiritual side is making noises that you would do well to listen to with care. There's more going on around you than you realize, but you can find a peaceful way to live if you want. You should be amazed at the results, thanks to quick integration of your new understanding.



PISCES

(FEB 20 - MAR 20)

Apply your terrific energy to pretty much any project that appeals to you, or reserve it for later and just enjoy each day as it comes. A mystery appears and absorbs you for a little while, though you're just as likely to walk away from it after a while as you are to solve it.



This week's local weather

SUN

05th

SUNNY
HIGH 37°C
LOW 30°C
HUMIDITY 46%

MON

06th

SUNNY
HIGH 37°C
LOW 28°C
HUMIDITY 50%

TUE

07th

SUNNY
HIGH 36°C
LOW 28°C
HUMIDITY 54%

WED

08th

SUNNY
HIGH 37°C
LOW 28°C
HUMIDITY 53%

THU

09th

SUNNY
HIGH 37°C
LOW 29°C
HUMIDITY 49%

FRI

10th

SUNNY
HIGH 37°C
LOW 29°C
HUMIDITY 52%

SAT

11th

SUNNY
HIGH 36°C
LOW 29°C
HUMIDITY 50%

Read.

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