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NOVEMBER 16 - NOVEMBER 22, 2014 | Issue 179

Read.



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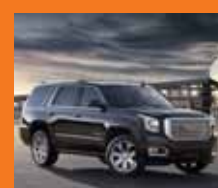
Katie Cassidy to play DC comic character in popular TV series *Arrow*.

ROME: THE ETERNAL CITY



A BEAST UNLEASHED

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NUTRITIONAL MISTAKES AT YOUR 20'S

Tips to live a healthier lifestyle.



Dare to hope

The story behind the documentary "All You Need is Love"



Health | Fitness | Film reviews | Entertainment | Cars & gadgets | Community | Listings

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Contents

Metro life 03
Agenda 04
You 06
Health 08
Careers 10
Wish list 12
Travel 14
Cover story 16
Sports 20
Entertainment 22
Classifieds 29
Public transport 30
Technology 32
Motoring 33
Take a break 34
Horoscopes 35

Poem of the week

She lived with hurricane eyes and he fell in love with the way the waves collapsed onto her cheeks.

-Christopher Poindexter



Read.Poll

At what time do you usually go to bed?

- Before 10pm
- 10 to 11pm
- 11- 12 midnight
- After midnight

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LAST READ. POLL RESULTS

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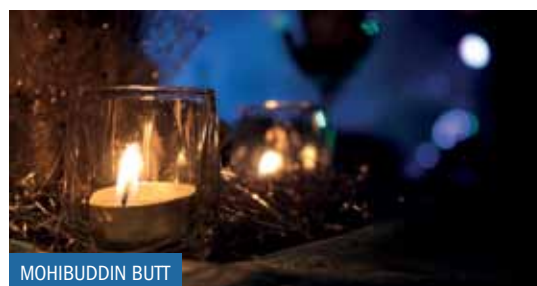
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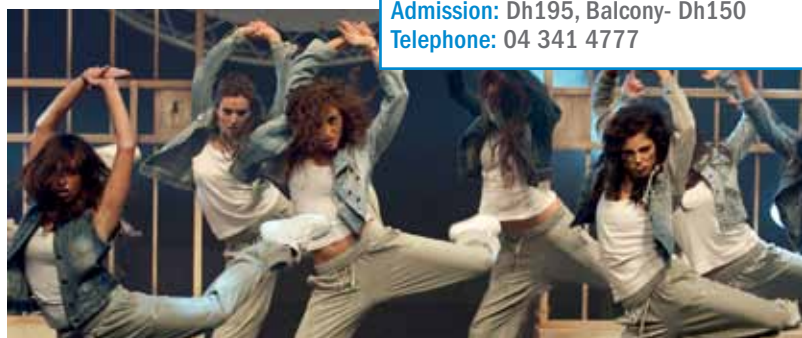
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SHARMILA DANCE GALA 2014

One of the most popular dance galas in town, is back for its fourth show.

The fourth Sharmila Dance Gala brings a host of professional dancers and companies to the DUCTAC stage to showcase a range of dance styles in spectacular fashion. Welcoming the stunning French dancer, choreographer and 'Britain's Got Talent' finalist Yanis Marshall and his dancers Arnaud and Mehdi for their very first stage performance in the Middle East.

Where: DUCTAC, Mall of the Emirates
When: November 21, 2014
Admission: Dh195, Balcony- Dh150
Telephone: 04 341 4777



DUBAI YOGA AND MUSIC FESTIVAL 2014

Celebrating all things that bring inner peace and calm.

The 3rd annual Yoga and music festival brings the same elements you've come to expect at the festival with new elements to serve a better experience. The event will offer to visitors a number of workshops and networking opportunities, to meet with other like-minded individuals.

Speakers from around the world will be at the event to educate the public on the art of yoga and yoga as a lifestyle. To top it off, there will be a screening of the Dalai Lama's latest documentary "Compassion in Action" and a number of useful products and services on sale to assist visitors on their journey to harmonize and find inner peace.

Where: One & Only, The Palm
When: November 20-22, 2014
Admission: One day pass- Dh100, Two day pass- Dh175, Three day pass- Dh350, Three day pass including presentations networking and food- Dh4,800
Telephone: 050 453 9727

MAGIC PHIL & HIS PIRATE ADVENTURE SHOW

A fun-filled magical show for the kids and parents.

Magic Phil is coming to Dubai to fill childrens' hearts with fun, and minds with wonder. With a show filled with comedy, magic and silliness, Magic Phil is sure to entertain not just the kids but the parents as well. Lucky audience members will get a chance to join the fun on stage as Magic Phil picks out members from the crowd to join him for the activities.

Where: DUCTAC, Mall of the Emirates
When: November 21-22, 2014
Admission: Single ticket- Dh150, family of four (Two adults and two kids)- Dh500
Telephone: 04 341 4777



RACING AT MEYDAN 2014 - 2015 (RACE 2)

The second Racing at Meydan race is on.

Where: Meydan Racecourse **When:** November 20, 2014 **Telephone:** 04 327 0077

Meydan Racecourse will be offering an exciting array of races starting from November 6th, 2014 all the way through to the 14th of February with Racing at Meydan. These races are considered a stepping stone into the premiere leagues such as the Dubai World Cup Carnival and ultimately the Dubai World Cup. It also gives local and regional talents a chance to show off their potential. A total of eight races will be held at different dates.

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3. Lulu Hypermarket Karama	Al Karama	8. Lulu Village Muhalsinah	Qusais
4. Lulu Center & Supermarket Karama	Al Karama		
5. Lulu Hypermarket Arabian Center	Al Rashidiya		

Red Line Green Line

20's: stop counting calories!

Start counting your nutritional mistakes.

Are you in your **twenties**? Is your body **changing** daily for everyone to see? Don't fret, you are at an age in which your body plays with your **hormones**, **diet** and **mental** conditions. With this you have to be **careful** and start **taking care** of your body. Here are **some tips** to help you avoid usual **mistakes** in **food consumption**, people in their 20's usually do.

By Hanadi Dawara

Do not ignore fibre

You might have noticed that the marketing of fibre products, usually targets people who are in their 40's; but did you know, that if you do not include enough fibre in your diet it can cause a big problem in your digestion later on? You can avoid a lot of health issues by taking in enough fibre, as scientific research shows that consumption of foods which are rich in fibre can ease cholesterol levels in the blood system and that people in their 20's need at least 25 grams of fibre a day. You can get your daily dose of fibre from oats, lettuce and bananas.



Swing your weight scale

Don't follow the counting of calorie intake vs. calorie output mightily. We understand that toning your body shape is important, especially for women who are in their 20's; but you still need to be careful, as doing this might in fact be the reason as to why you are losing some essential elements that might affect your hormones.



Iron is your friend

Believe it or not, you should consider iron as one of your best buds during your 20's. 18mg is the ideal amount the body needs every day. Young women nowadays don't know how much they need and this might cause a serious effect in the future, as they are losing at least 1 gram each time they go through their menstrual cycle. Iron along with folic acid is also an essential part of the body, especially if women are thinking of conceiving. You can eat red meat, avocado and liver.



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VITAMIN C

booster

Vitamin C plays an important role in our everyday life. Here are some facts to get you going into taking your daily dose of vitamin C.

Just the right amount of energy

Study shows that the body can only absorb a maximum of about 400 milligrams a day. The recommended daily intake for men is 90 mg, while the daily intake for women is 75 mg, any more than that simply washes out of your system. It's advisable to eat five or nine servings of fruits and vegetables daily to get all the vitamin C you'll need for the day.

Go Fresh, Choose Organic

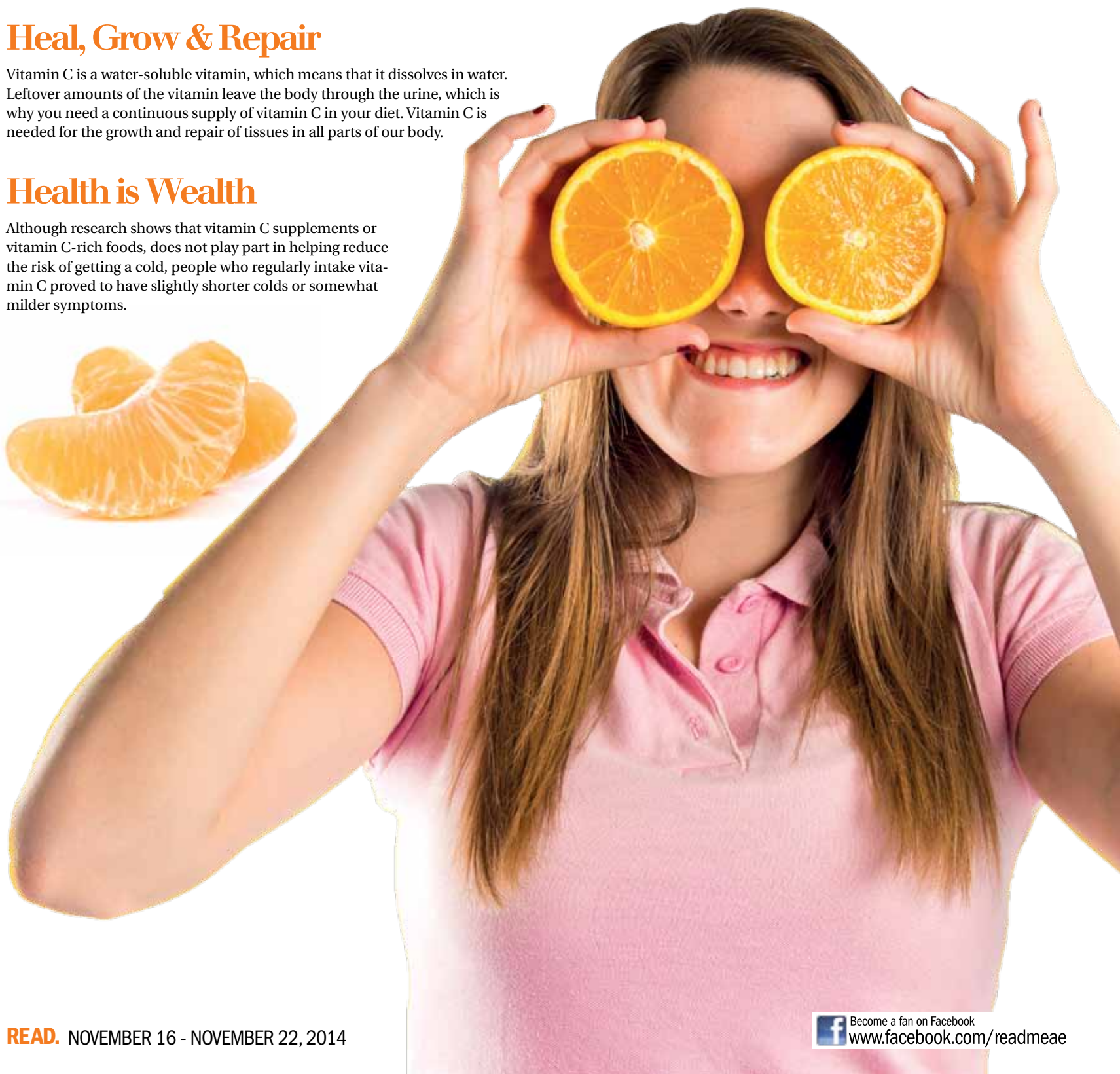
Cooking or storing vitamin C-rich foods can lead to reduction of the vitamin itself. It's advisable to eat fresh and uncooked raw fruits and vegetables. Kiwi, mango, papaya and citrus fruits (oranges and grapefruits) are the fruits that have the highest source of vitamin C. Wherein broccoli, green/red peppers and tomatoes are the vegetables that has the highest quantity.

Heal, Grow & Repair

Vitamin C is a water-soluble vitamin, which means that it dissolves in water. Leftover amounts of the vitamin leave the body through the urine, which is why you need a continuous supply of vitamin C in your diet. Vitamin C is needed for the growth and repair of tissues in all parts of our body.

Health is Wealth

Although research shows that vitamin C supplements or vitamin C-rich foods, does not play part in helping reduce the risk of getting a cold, people who regularly intake vitamin C proved to have slightly shorter colds or somewhat milder symptoms.



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Signs you might be losing your JOB

Have you been feeling neglected at the workplace for quite some time? Have you been getting the cold shoulder from your boss and colleagues recently? That probably indicates that you're at risk of losing your job pretty soon. Keeping your eyes open for those red flags ahead of time gives you a little bit of time to pull yourself together and work on turning things around. Before you make any moves, Akhtaboot is here to highlight the top signs that you might be losing your job.

You're Given Fewer Responsibilities

You may be relieved that your workload has suddenly lightened, but you shouldn't be too excited about this. This is a major sign that management is trying to let you go. Your role abruptly moves into a less important position and most of your work is handed over to your peers. Also, if you are constantly been given tedious tasks instead of meaningful projects, then you're definitely one step closer to clearing your desk..

You're Getting Poor Feedback and Reviews

Getting blindsided with poor feedback out of the blue when you truly believe you haven't been slacking off is another sign that you could be on your way out. This is a clear sign that management is planning on getting rid of you, and the easiest way for them to do so is referring to your bad performance reviews over the past few months.

You're Kept Out of the Loop

Do you feel out of the loop when talking with your colleagues? Does it seem as if everyone is up to date with the latest corporate buzz and projects? Information flow is essential for everyone in order to continue doing their job, so if you're no longer aware of what's going on or if you're not being invited to meetings or copied on important e-mails, this means that you are no longer valued and your influence is not an essential part of the decision process. You guessed it; this is another red flag to watch out for.

Your Manager is Avoiding You

Are situations starting to get awkward between you and your boss? If you're sensing a decline in interaction between you and your manager, you need to start worrying. Initially, you're going to sense changes in your day to day dealings, such as avoiding casual conversations in the hallway to being excluded from important meetings.

You're No Longer Invited to Social Events

Social events are a vital part of your work because it

promotes relationship building and bonding with your co-workers in a more laid back environment. When you figure out that you haven't been part of last night's outing, it could be a sign that your presence is no longer welcome - not only at the office but outside of the workplace as well.

If you can relate to all of these indicators, then your company is trying to actively replace you, so you should start looking for a new job. Just remember to leave in a professional manner and to be polite because at the end of this, you don't want to have a bad recommendation letter written about you. Keep in mind that there's nothing worth sacrificing your own reputation for and that these decisions are usually business, nothing personal!



By Akhtaboot – the career network (www.akhtaboot.com)



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WISH list

Autumn is upon us in all its glory and READ has all the essentials for you to go through this week stylishly. It doesn't need to be the holiday season for shopping splurges with these **must-have basics** in your life. From makeup must-haves to skin essentials, **our wish-list** will make shopping easier for you with these latest **handpicked goodies**.

1

Juicy Couture Mesh Pullover

Stay nice and cosy with this mesh pullover. The high-low hem and the added sparkle on the material, makes it that much more stylish. Keep warm and fashionable while walking the streets and enjoying the cool night air.



2

Stradivarius Tulle Embroidered Sweater

No need to accessorise with this sweater, as the embroidered tulle is all you need; plus the way-too-awesome fringe detail. Wear it with a brown cardigan for a warmer wear and you're ready for the perfect day out.



3

C. Wonder Heart Crewneck Sweater

Who would not heart this sweater by C. Wonder. The soft material and crewneck cut is a perfect match to a polo shirt or simply wear it by itself. You'll be kept warm and adorable, perfect for those casual coffee dates.



4

Alexander Wang x H&M Cropped Sweater

Get this cropped topped piece from the collaboration of Alexander Wang and H&M. With it just being released last week, you'll surely be a chic lady while wearing it. Pair with some black skinnies or simply tie it around your waist and brand yourself with Wang.





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A VIEW OF THE CITY FROM A SURVEY PLATFORM OF ST. PETER'S CATHEDRAL

At times like these, one might be desperate to escape on an adventure in order to feel free. Have you ever considered that you might need some time off? Maybe the Italian capital will do you well, with its fresh mozzarella, tomato pizza, and the breathtaking views it can offer. Rome is the city that ruled an empire, a gorgeous, sprawling metropolis that will steal your heart with its art, history, Vespas, and gelato. So expect to enjoy your stay here. No need to wait – the eternal city calls.

Start off by visiting the Colosseum, the largest amphitheatre in the world and an architectural marvel. The Colosseum was originally used for public spectacles showcasing gladiator combat and Greek dramas. You can take some pictures with the gladiators outside and follow the swarming crowds inside. After that, you should head up to the upper tiers to experi-

ROME: the eternal city

Modern and old, Rome is one of the world's most photogenic cities.

By Wissam Aoun



COLOSSEUM



ROME SKYLINE



“Rome is the city that ruled an empire, a gorgeous, sprawling metropolis that will steal your heart with its art, history, Vespas, and gelato.”

One does not simply go to Rome and not have Italian food, that's why you must try the Open Colonna, a superb restaurant tucked onto a mezzanine floor under an extraordinary glass roof, giving it an airy, modern feel.

This prestigious restaurant is owned by the chef Antonello Colonna and is located at the top of the Palazzo delle Esposizioni museum. Enjoy some of the best Italian food before you end your trip.



OPEN COLONNA

ence a spectacular view at the arches, arena, and passageways through which gladiators and emperors once passed. You might feel like you're in a movie which is what makes it well worth the visit.

Rome is an extremely old city, so you best move on to the Pantheon to see what this 2000-year-old temple can offer. The Pantheon is now a church and dates to around AD 120 when Emperor Hadrian built over Marcus Agrippa's original 27 BC temple. This temple is the largest unsupported structure of its kind. The famous oculus at the top is absolutely stunning to look at where light enters through, serving as a symbolic connection between the temple and the gods. The temple's harmonious appearance is due to a precisely calibrated symmetry.



MAJESTIC PANTHEON BY NIGHT



When all else fails, turn to **HOPE**

The amazing story of how 'All You Need is Love' came to be.

By Mae Cabigas



all started with a confident woman named Paw Ray, a fellow refugee who was determined to give the young ones hope and education for their future and Erin Terzieff who introduced Good Morning School to former actress and model Suzy Amis Cameron. Suzy co-founded MUSE with her sister back in 2006. MUSE is a CA based school that has a unique take on fundamental teachings, where students will take on learning outside the books and delve more into the subject.

This feat caught the attention of Stuart Cameron and Stu Higston, both successful businessmen in Dubai. Together, they set up a film production company called 'Portfolio Films' in 2008. Intrigued by the story of Good Morning School and MUSE, they set out on an adventure to investigate. Producer Meddy Ortega shares that, "We were originally supposed to do a documentary on Aung San Suu Kyi... that was the original plan."

Upon arriving on the location everything changed, "I was inspired by the kids themselves," says Stuart. Business partner Stu Higston adds that, "There are some really strong women who are starting schools and providing education for these children and they are such an inspiration." Because of this, they decided to push through in making a documentary "rather than focusing on the macro story of the government." This is the heart of the story, the ones that are falling in between the cracks. "Our focus are the children... everything else was secondary,"

shares Stuart, he goes on to say that the positivity of the kids was an enlightenment for him. The production itself was a four year project and in that four years Stuart, Stu and Meddy have been in and out of the location numerous times that they lost count themselves.

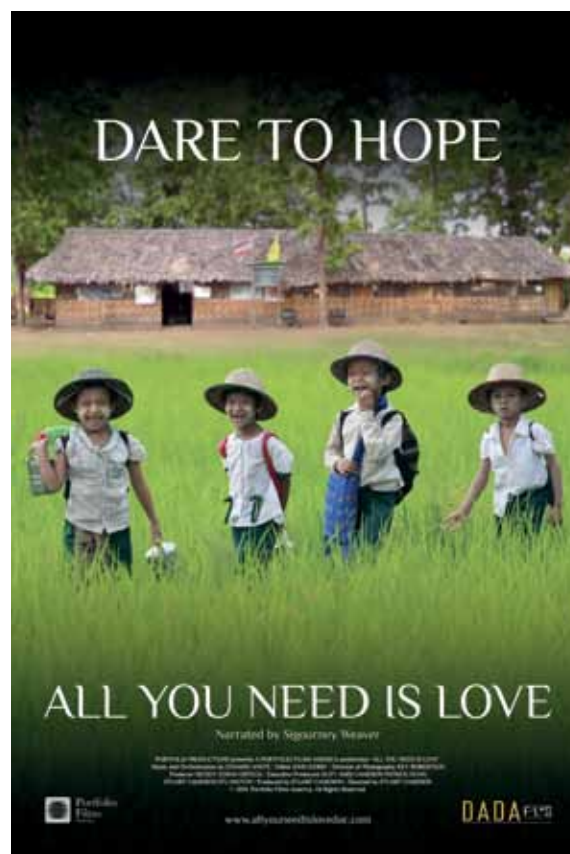
They hope that the children's positive outlook in life would be seen clearly

throughout the length of the film, the fact that these children are living paperless with no identity. When asked to describe the scenario of the children, Stu Higston says, "There's no pity... they're all smiling, they're getting on with life, there's a kind of like a candid attitude," where there's a contrast in how they handle their conditions. He goes on to say that with that, you see the inspiration they want to share with the viewers, that "all we need is love, you don't need great wealth to be a human being and have good human

relations... you don't necessarily see the poverty in Mae Sot because you see people cooperating, you don't see them fighting."

All You Need is Love is a documentary that has a lesson for everyone. After the premiere in L.A a few weeks back, I got to ask them if there were future plans to feature the documentary here. Meddy shared that, "It's in the works", as it is still under discussion, there are no final plans yet but the initial plan is to do private screenings, furthermore

she shares, "I'm not sure if we're going to, if there's an opportunity -because we have to speak to people and we're really working on that to do a wide release..." This is a different way to look at life, they hope to gather support in order to give these children a chance to live their lives; *All We Need is Love* is an exceptional documentary on the fact that ironically, the children are the ones that give us hope and that one day, we will all be able to live our lives in a more meaningful way.



DIRECTOR STUART CAMERON WITH PRODUCERS MEDDY FLORES AND STUART HIGTON

Allow me to take you on a meaningful yet poignant journey with the producers of *All You Need is Love*, to understand the story behind it all. Situated along the borders of Thailand and Burma, (also known as Myanmar) is a small town called Mae Sot. It is just one of the many towns along the Thai-Burma border where Burmese nationals have taken refuge as a result of the suppressive actions taken by Burma's military rule. Now let's take a closer look, can you see that little house-like building with lots of little children playing around? That is the Good Morning School and all those people walking and running around are its residents. The Good Morning School is not just a school but also serves as a shelter for refugee families and orphaned children. Don't be sad, look a little closer and you'll notice the smile on their lovely faces. Those are the main characters of this story. How did this come to be, you ask? Well it

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5 Dhs
5.00

شوكولاته (كاديوري) ٣٧ غرام x ٥ متنوع
Cadbury dairy milk chocolate 37g x5 assorted

5 Dhs
5.00

كيك بالموز حجم صغير ٤ قطع
Mini banana bread x4

18 Dhs
~~18.25~~
2 Dhs
10.00

بسكويت بالشوكولاته (أوريو) ٤٢٩ غرام
Oreo chocolate biscuit 429g

10 Dhs
10.00

نوت بري، إسبانيا
Raspberry, Spain

26 Dhs
~~26.50~~
2 Dhs
20.00

زيت الذرة (صني) ١,٨ لتر
Sunny corn cooking oil 1.8L

20 Dhs
20.00

لحم مفروم، البرازيل
Beef mince, Brazil

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~~28.20 Dhs~~
2 PCS **20.00 Dhs**

دجاج كامل (فريزر) 1.2 كيلو
Perdik whole chicken 1.2Kg



~~30.00 Dhs~~
20.00 Dhs

أرز مصري (الفراعنة) 5 كيلو
Pharos egyptian rice 5kg



~~51.50 Dhs~~
20.00 Dhs

جيل غسيل الملابس (فرسيال) 3 لتر + 1 لتر
Persil gel detergent liquid 3L + 1L



~~24.90 Dhs~~
PER SET **10.00 Dhs**

شريط لاصق مختلف + مقص
Packaging tape assorted + cutter



~~10.00 Dhs~~
3 PCS **10.00 Dhs**

أكواب خزفية متنوعة (ديزني)
Disney porcelain mug assorted

PHILIPS



~~57.50 Dhs~~
3 PCS SET **20.00 Dhs**

لمبة توفير الطاقة (مستورد أو برقي - إلكتروني)
Philips Ecobright pin or screw type



~~29.95 Dhs~~
PER SET **10.00 Dhs**

طقم ولادى مقاس 1-4 سنوات
Boys' set, sizes 1-4 years



~~49.95 Dhs~~
PER PC **20.00 Dhs**

بنطلون جينز ولادى مقاس 2-12 سنة
Boys' denim pants, sizes 2-12 years



~~49.95 Dhs~~
PER PC **20.00 Dhs**

حقيبة نسائية متنوعة
Ladies' bag assorted

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SPORT SHORTS

Rugby:

Wales coach Warren Gatland has said that Jonathan Davies will most likely miss the game against New Zealand on the 22nd of November due to an injury. The 26 year old suffered a shoulder injury and has not yet recovered. Gatland stated "It's going to be tough throwing him in against the All Blacks, having not played or been involved for a while."



Football:

Qatar has been cleared of corruption during the 2022 World Cup bidding process after being allegedly accused of paying FIFA officials to support its bid. Qatar was awarded the 2022 World Cup back in 2010, succeeding over Australia, US, South Korea, and Japan. Qatar winning the bid was a surprise which led to many corruption allegations.



Cricket:

Luke Wells has signed a new two-year contract to run up to the end of the 2016 season. The Sussex opening batsman has scored more than 3,600 first-class runs since his debut in 2010. Captain Ed Joyce has said "It is great news that Luke has decided to stay with Sussex for the foreseeable future."



A splendid victory

The all-Filipino dragon boat team was declared as the winner in the 7th Limassol Dragon Boat Festival, even though the weather was quite unfriendly. The Dubai Marlins placed in 3 out of 4 mixed race categories and bagged 2 silvers along with 1 bronze. The team faced international teams from the UK, Russia, Serbia, and some Cypriot teams, and managed to fight

through. The team had previously won in the Dublin International Dragon Boat Regatta on September last year, making this their second victory to

celebrate. Dubai Marlins looks forward to joining international races again next year and they will be focusing on local races until the end of this year.



Golf giants for plead pair up



Adam Scott requests from organisers of the Australian Open to play in the same group as Rory McIlroy at this year's tournament in Sydney. McIlroy and Scott, who are now ranked as world No 1 and No 2, tee-up once more as the event begins on November 27. Scott believes that he and the Northern Irishman should be grouped up for the opening two rounds as he claims "I believe the organisers should take advantage and put Rory and myself together. It's not often we have the world's number one and number two ranked players in the same tournament in Australia and it would be fun to do, and I would certainly enjoy that."



Edge of glory

With the Formula 1 championship coming to a close, the title is in Lewis Hamilton's hands as they head to the double points finale in Abu Dhabi. Even if Mercedes team-mate Nico Rosberg finishes in first place, second place will be enough for Hamilton to clinch the title.

If the German comes in second place, then Hamilton would only need to finish at fifth place to be declared champion. However if Rosberg is third, Hamilton will see himself as champion by only finishing sixth.

It is a must for Rosberg to finish in the top five in order to have any chance of becoming champion. If he comes in sixth or lower, Hamilton can retire from the race and still win the title.



The right choice

Chelsea defender Gary Cahill is confident that Roy Hodgson is the right manager to lead England beyond the 2016 European Championship. Some reports claim that the Football Association might extend Hodgson's current contract, which ends after 19 months following the Euro Cup.

Following England's poor display at the World Cup in Brazil, Cahill said that the 67-year-old should still continue for the long term as he claims "I think he has been great for us. The manager has addressed things he wanted to address and it is working at the minute for us. We are building and going in the right direction. Everyone is behind the manager."

The chosen ones

Arnaud Clement has named his French team for the Davis Cup final facing Switzerland in Lille which will take place from November 21 till 23. Jo-Wilfried Tsonga, Richard Gasquet, Gael Monfils, Julien Benneteau and Gilles Simon were the ones called in following their great victory against Czech Republic in the semi finals.

Tsonga, the French No 1, has stated "It's a childhood dream that I'm living, there is just one step to go but it's a relatively high step. I hope that I will be at the highest level and we're going to fulfill the challenge that awaits us with this team"



Hollywood news



Gwyneth Paltrow as modern day Marilyn Monroe

It's no secret that the 42 year old actress is the face of Max Factor and this time they have taken their most recent campaign a step further. Having already done beauty inspired looks like Audrey Hepburn, Farrah Fawcett, Brigitte Bardot and Madonna, Gwyneth Paltrow now channels the look of no other than Marilyn Monroe. With swept-back tousled hair and vibrant red lips Gwyneth Paltrow is the embodiment of Hollywood legend Marilyn Monroe. The campaign offers a modern take on beauty throughout the decades, although the Marilyn ads feature Gwyneth with the same coy, come-hither expression that made Monroe the iconic image of the '50s—and one of the most memorable and venerated faces in beauty of all time.

CW reveals Black Canary photos

CW has recently released the first photos of the DC comic character Black Canary. Fans of the popular television series 'Arrow' have been waiting for this for a long time and the wait is finally over as Katie Cassidy who plays the role of Laurel Lance in the TV series has been revealed in her Black Canary suit. It was said that the Black Canary will make her first appearance in the 10th episode of the season, "Left Behind." Now we will be able to see the training Laurel has gone through to follow in her sister's footsteps.



Jennifer Lawrence to never get Twitter

In a recent interview in BBC, Jennifer Lawrence revealed that she would 'never get Twitter'. Although she has been talk of many gossips and even considered as a GIF queen, *The Hunger Games* actress shared that she won't be joining the social network anytime soon. According to J-Law, "I'm not very good on phones or technology. I cannot even keep up on e-mail so the idea of Twitter is so unthinkable to me." She goes on to say, "It's because the Internet has scorned me so much, I feel like it's that girl in high school that I'm like, 'Oh, you want to talk about her? Yeah, I'll do that!' Take my hoops off, I'm ready to go." Fans of the actress just have to keep wishing that she will one day join the many celebrities on social media.

Matt Damon to be re-Bourne in 2016

This rumour is entirely true as Matt Damon has indeed confirmed his comeback for another Bourne movie along with director Paul Greengrass. All thanks to Ben Affleck for accidentally letting the news slip earlier this week. Filming is set to start next year 2015, "Yes, next year," Damon told E! News. "It'll be in 2016 when the movie will actually come out. Paul Greengrass is going to do another one and that's all I ever said. I just needed him to say yes."



Bollywood news



Bipasha Basu to take part in Vikram's debut film

35 year-old actress Bipasha Basu is set to star in Vikram Phadnis' debut film *Nia*. Fashion designer Vikram Phadnis is a long time friend of Bipasha and she reveals that, "It's a proud moment for me to be a part of this film." She goes on to say, "It was an overwhelming experience just to hear the first narration," she also adds, "The narration which he gave me is one of the beautiful narration I ever heard." Bipasha is eager to start the project helmed by her designer friend as they have similar work ethics. Furthermore the actress shares, "He has a great mind who thinks from his heart. I am also someone who thinks from the heart. I could see the reflection of a fabulous director in him. He is a very real person."

Amitabh Bachchan and Rajinikanth to share the stage at IFFI 2014

The opening ceremony of the 45th International Film Festival of India (IFFI) will be held in Goa this coming November 20-30. Rajyavardhan Singh Rathore who has recently been appointed as the new Minister of State for Information and Broadcasting has revealed that Amitabh would be the guest of honour, to officially announce the opening of the festival while Rajinikanth is set to receive the Centenary Award for Indian Film Personality of the Year. According to Rathore, "IFFI 2014 would provide opportunities to showcase the variety of the festival in its various formats to facilitate co-operation in the film sector."



Is Twinkle Khanna set on writing a book?

Rumours have it that leading publishers have been reaching out to Twinkle Khanna a columnist known for her self-deprecatory humour and easy style of writing. This is not a surprise after the successful persuasion on Sonali Bendre to pen a desi version of the 'Tiger Mom' book. Apparently Bollywood moms now have a new calling besides making special appearances on TV shows. There's no final word on whether Twinkle Khanna will pursue this offer, but talk is that she's taking her time to go through the numerous offers that have come her way.

Sidharth Malhotra utilises fitness applications

Having a lot of applications on our smart phones does come in handy nowadays. Young actor Sidharth Malhotra admits getting help from a lot of applications on his phone, in order to keep track of his health. He believes that they are efficient, accurate and easy methods to monitor his fitness levels. Some of the apps he uses includes a heart rate monitor, water intake, cardio check and BMI applications. Having to undergo a complete makeover for his film *Brothers*, he shares into giving a lot of credit for these apps. He needs to continuously monitor his consumption as he is currently on a strict protein rich diet. With this he actively keeps a lookout for new apps and keenly shares his interest in this with other people.



Listings

THE READ. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.

SCHEDULE CORRECT AT TIME OF
GOING TO PRESS; HOWEVER, PLEASE
NOTE THAT MOVIE THEATRES CAN
CHANGE SCHEDULES WITHOUT NOTICE

The Dubai Mall

Al Jazeera 2 - 2:40pm 5:55pm 9:10pm 12:20am
Big Hero 6 - 11:10am 1:30pm 6:00pm
Big Hero 6 (3D) - 12:05pm 3:45pm 8:15pm
Dracula Untold - 1:40pm 3:35pm 1:55pm 5:00pm 10:30pm 12:30am
Dumb And Dumber To - 11:20am 1:30pm 1:40pm 3:00pm 3:55pm 4:00pm 5:25pm 6:15pm 6:20pm 7:00pm 7:50pm 8:40pm 9:20pm 10:15pm 11:00pm 11:05pm 11:40pm 12:40am 1:20am 1:30am 2:00am
Fury - 1:30pm 4:15pm 7:00pm 9:45pm 12:30am
Gone Girl - 12:30pm 3:25pm 6:20pm 9:15pm 12:10am
Happy New Year - 1:50pm 5:20pm 8:50pm 12:20am
Interstellar - 11:30am 1:00pm 2:00pm 2:50pm 4:25pm 5:30pm 6:10pm 7:50pm 9:00pm 9:30pm 11:15pm 12:25am 12:50am
Jessabelle - 11:50am 1:50pm 3:50pm 5:50pm 7:50pm 9:50pm 11:50pm 1:50am
John Wick - 11:40am 1:50pm 4:00pm 6:10pm 8:20pm 10:30pm 12:40am
Kill Dill - 2:30pm 5:05pm 7:40pm 10:15pm 12:50am
Left Behind - 2:10pm 7:20pm 12:30am
Ouija - 2:20pm 4:20pm 6:20pm 8:20pm 10:20pm 12:10am 12:20am
The Drop - 11:40am 1:55pm 2:30pm 4:10pm 6:25pm 7:20pm 8:40pm 10:55pm 12:10am 1:10am
The Equalizer - 1:50pm 2:20pm 3:50pm 4:25pm 6:25pm
The Judge - 4:30pm 9:40pm
Trash - 12:05pm 2:30pm 4:50pm 4:55pm 7:20pm 9:40pm 9:45pm 12:10am
Warda - 5:30pm 7:15pm 9:00pm 10:45pm 12:30am

Dubai Marina Mall

Big Hero 6 - 11:05am 12:25pm 4:55pm
Big Hero 6 (3D) - 2:40pm 7:10pm
Dumb And Dumber To - 11:40am 12:40pm 3:00pm 5:20pm 7:40pm 8:55pm 10:00pm 11:15pm 12:20am
Fury - 11:20am 5:20pm
Gone Girl - 2:50pm 9:05pm 12:05am
Interstellar - 11:30am 2:00pm 5:45pm 8:05pm 11:30pm
John Wick - 3:35pm 8:05pm 12:30am
The Drop - 9:25pm 11:40pm 2:00pm 4:15pm
Trash - 1:15pm 5:40pm 10:10pm

The Beach - JBR

Big Hero 6 - 1:00pm 5:30pm
Big Hero 6 (3D) - 3:15pm 7:45pm
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Fury - 3:55pm 8:45pm 12:10am 1:35am
Gone Girl - 1:30pm 4:25pm 7:20pm 10:15pm 1:10am
Interstellar - 2:10pm 4:30pm 5:30pm 7:20pm 8:50pm 12:10am 10:25pm 1:00am 1:10am
John Wick - 1:50pm 6:40pm 11:30pm
The Drop - 4:00pm 5:00pm 6:15pm 8:30pm 10:45pm 10:50pm
Trash - 2:30pm 4:55pm 7:20pm 7:55pm 9:45pm 1:50am

Deira City Centre

Al Jazeera 2 - 9:00pm 11:00pm
Big Hero 6 (3D) - 9:30am 10:15am 12:00pm 12:45pm 2:30pm 3:15pm 5:00pm 5:45pm 7:30pm 10:00pm
Fury - 8:00pm 11:00pm 12:30am
Happy New Year - 9:30am 1:00pm 4:45pm 8:30pm 12:15am
Interstellar - 10:15am 11:45am 12:45pm 2:00pm 3:30pm 4:30pm 7:15pm 11:00pm
Interstellar (4D) - 11:30am 3:00pm 6:30pm 10:00pm
Jai Hind 2 - 10:00am 1:15pm 4:30pm 8:15pm 11:45pm
Oru Oorla Rendu Raja - 5:30pm 12:15am
Ouija - 6:00pm 8:00pm 10:00pm 12:00am
The Shaukeens - 9:30am 12:30pm 3:30pm 6:30pm 9:30pm 12:30am
The Trial - 10:00am 8:15pm
Varsham - 11:00am 2:15pm 5:30pm 8:45pm 12:00am
Vellimoonga - 10:45am 1:45pm 4:45pm 7:45pm 10:45pm

Mall of the Emirates

Al Jazeera 2 - 8:15pm 11:30pm
Beauty And The Beast - 10:15am 1:00pm 3:45pm 6:30pm

Big Hero 6 - 11:00am 1:30pm 4:00pm 6:30pm 9:00pm
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Dracula Untold - 11:30pm
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Love Rosie - 1:45pm 7:00pm
Ouija - 7:00pm 11:45pm
The Best Of Me - 9:15pm
The Maze Runner - 9:30am 12:00pm 2:30pm
The Shaukeens - 12:00pm 3:00pm 6:00pm 9:00pm 12:00am
Varsham - 2:30pm 5:00pm 8:30pm 11:45pm
What We Did On Our Holiday - 9:30am 2:15pm

Mirdif City Centre

Al Jazeera 2 - 10:00pm
Big Hero 6 - 10:00am 12:45pm
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Happy New Year - 3:15pm 7:00pm 11:00pm
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Varsham - 4:00pm 10:30pm
Vellimoonga - 12:45pm 7:15pm

Megaplex Ibn Batutta

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Happy New Year - 10:00am 1:30pm 5:00pm 8:30pm 11:59pm
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Trash - 11:15am 1:40pm 4:10pm 6:40pm 9:10pm 11:40pm
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Velli Moonga - 10:00am 12:40pm 3:20pm 6:00pm 7:00pm 8:40pm 9:50pm 11:20pm 11:59pm

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Velli Moonga - 10:30am 1:10pm 4:00pm



JESSABELLE

6:40pm 9:20pm 12:00am

Cineplex Wafi City

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The Drop - 11:00am 1:15pm 3:30pm 5:45pm 8:00pm 10:15pm 12:30am
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The Tower - 10:00am 3:00pm 8:00pm 1:00am
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Dubai Festival City
Beauty And The Beast - 10:40am 1:00pm 3:20pm 5:40pm

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John Wick - 8:50pm 11:00pm 12:55am
Kill Dill - 10:00am 12:30pm 3:00pm 5:30pm 7:30pm 8:00pm 10:00pm 10:30pm 12:30am 12:55am
The Drop - 11:00am 1:15pm 3:30pm 5:45pm 8:00pm 10:15pm 12:30am
The Tower - 10:30am 3:20pm 8:10pm 1:00am
Trash - 1:00pm 5:50pm 10:40pm
Velli Moonga - 10:00am 12:40pm 3:20pm 6:00pm 8:40pm 11:20pm

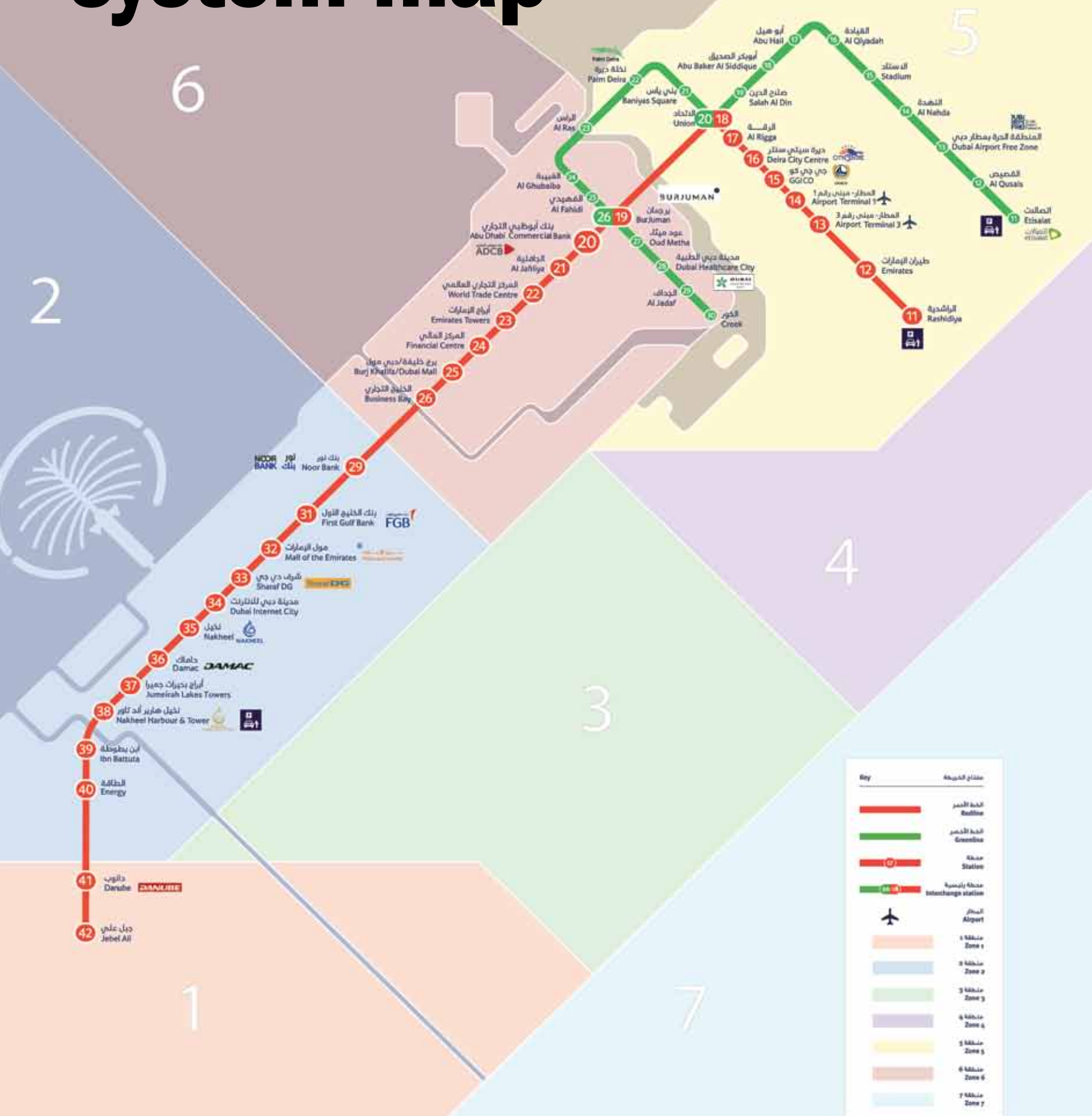
Galleria

Varsham - 10:00am 1:00pm 2:00pm 5:00pm 8:00pm 1:00am
Velli Moonga - 10:30am 1:30pm 4:30pm 7:30pm 10:30pm 1:30am



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Dubai Metro system map



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- MS OFFICE (BASIC & ADVANCED) & EXCEL VBA MACROS
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- CCNAX, CCNP, MCSA, MCSE, SHARE POINT & EXCHANGE SERVER
- SPOKEN ARABIC LANGUAGE

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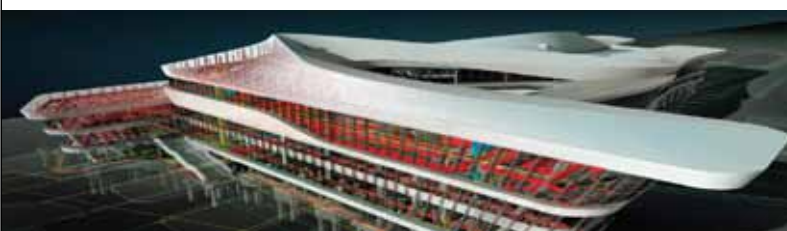
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Kabayan, I'm just curious if you'd like to try the AIM Global it is famous in the Philippines and it just started here in Dubai. Contact Al at 0507139712.

ACCOMMODATION



Fully furnished sharing accommodation available from 1st of December 2014 for Indian couples or families. Located in Sharjah. If interested, please contact 0529225574.

One bed room with attached bathroom and balcony with underground parking slot available for executive lady or couple. Located in Abu Hail right behind Al Qiyadah Metro Station. Monthly rent Dhs3000 plus DEWA and Internet. Call 0527587666.

Bed space with attached bath and kitchen available for executive bachelors. Located in Al Satwa. Free Dewa, wifi and car parking. Fully automatic washing machine is available. Preferably Indian. Call 0556932581.

Bed space in spacious room available for Filipina lady. TFC, wi-fi and central air-condition are available. Located at the back of Spinneys in Al Karama near Burjuman

Mall. Call 0553345995.

Single room available for two individuals. Preferably Filipina. Monthly rent Dhs1600 including DEWA. Located near Al Karama Metro Station behind Lulu Hypermarket. Call 0509111536.

Sharing semi furnished room available for working couple. Located near Dubai Airport Free Zone Metro Station in Al Qusais. Monthly rent is Dh2500. Call 0507077265 for more details.

Room with attached balcony available for Kabayan or family. Located near Al Nadha Metro Station. To share with 5 (people). All Kabayans in two bedroom hall. Monthly rent Dhs2900. Call 0552207312.

Room available for 1 or 2 executives. Located in Rolla Street, Bur Dubai opposite Baqer Mohebi Supermarket. Call 0508737861 or 0556061064.

Bed space available for executive bachelors. Located in Al Satwa. Free DEWA, wi-fi and car parking. Fully automatic washing machine is available. Preferably Indian. Call 0556932581.

Bed space available for Filipina only. Located at Al Diyafah Road, Satwa near Al Malla Restaurant, Lals, Westzone & Carrefour. Monthly rent Dhs550 plus Dewa. Call 0505845047.

Looking for fully furnished flat from November 17 to December 18, 2014 for family of two. Call 0558313862.

Master bedroom available for a decent executive Indian lady to share with same. Located next to Al Riqqa Metro Station and near Union Metro Station in Deira. Monthly rent Dhs1250. All inclusive. Call 0562821715.

Sharing accommodation available for Keralite working executive ladies. Located near Abu Baker Al Siddique Metro Station. Call 0558869539.

Single room available for a Christian executive male. Located near DAFZA Metro Station. Bed, washing machine, cupboard and wifi 10mb are available. Monthly rent Dhs1800. Call 0507948963.

Partition and room available for Filipina only. Located in Al Nahda Sharjah near Sahara Center. Call 0557203061 or 0507471295.

Room with attached balcony available for Filipina or family. Located near Al Nahda Metro Station. To share with 5 people. All Kabayans in two bedroom hall. Water purifier is available. Monthly rent Dhs2900. Call 0552207312.

MISCELLANEOUS



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Significant licensing service app downloads

26,000 downloads via smartphones in two months come as Dubai set to become smartest city in the world within three years.

PROJECTS

The Roads and Transport Authority (RTA) has announced that the number of licensing service app downloads provided through smartphones has exceeded 26,000 since the service was launched in mid-September. This encouraging figure comes in response to the strategy of the RTA aimed at service automation as per the directives of Dubai Government, to transform Dubai into the smartest city in the world within three years, and realisation of the objectives of the Hamdan Bin Mohammed Programme for Smart Government.

Ahmed Hashim Bahrozian, CEO of RTA Licensing Agency, said: "Renewing vehicle registration or driver licences is normally processed through familiar channels namely: smart kiosk, RTA website, trusted agents, and the call centre (8009090). But the RTA has developed a new licensing channel through launching the RTA drivers and vehicles app; which can be downloaded on smartphones. "Having more than 26,000 downloads of the app is a good number and a positive indicator considering the short period since the service was launched. The UAE has thus become the first country in the world to embark on renewing vehicle registration and driver licences through smartphones and this has been certified by the International Commission for Driver Testing (CIECA); a global organisation concerned with motorists' affairs, and the International Motor Vehicle Inspection Committee (CITA); an international body concerned with vehicle affairs.

"This service has multiple benefits to the customer namely: receiving a phone-generated notice that the licensing renewal date is approaching or is expiring, and reducing the renewal stages to about six steps. The customer can also take a photo via a smartphone camera for the code of the licensing card which is then automatically communicated to the RTA app portal where the renewal process is initiated. The customer can also figure out the locations of service delivery in case the customer wishes



AHMED HASHIM BAHROZYAN

to complete the renewal through the nearest customer centre, or else the customer can avail the ePay service for assistance," said Bahrozian.

"The services on offer via the innovative licensing app comprise the renewal of vehicle licensing and driver licence, issuance of replacement of a lost or damaged vehicle registration card or driver licence, inquiry about offences and payment of fines via credit cards, issuance of vehicle ownership or non-ownership certificate, issuance of driver-related certificate, renewal of vehicle registration with a new licensing plate, buying a distin-

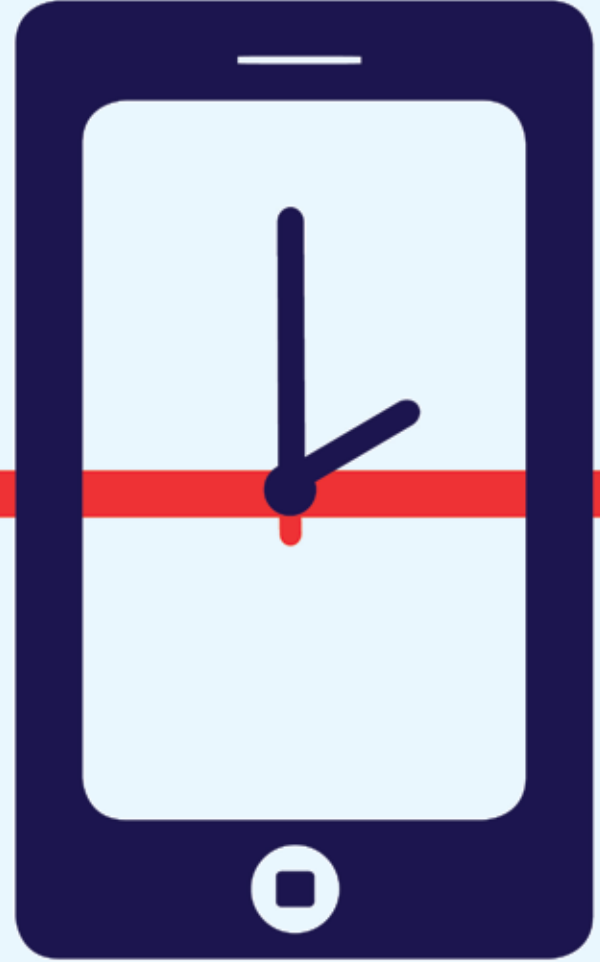
"This service has multiple benefits to the customer namely: receiving a phone-generated notice that the licensing renewal date is approaching or is expiring, and reducing the renewal stages to about six steps."

guished number, and the issuance of a certificate of owning a distinguished number plate or a certificate in re-

placement of a lost or damaged one.

"There are several options for the customer to receive the transaction once processed through the smartphone via the RTA app namely: through e-mail, courier company against nominal fees, private post office box, or smart kiosk, where the customer is prompted to insert the code of the completed transaction and go to the nearest smart kiosk to enter the code and obtain the deliverable. The RTA will spare no effort in easing the processing of customer transactions by using the highest technologies," said Bahrozian.

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You can now **SMS*** to **5223** for departure times.

For the next available trains, text:
D for Depart + Platform ID

Example: **D 12801** **send**
Space

Or for trains after a specific time, text:
D for Depart Platform ID*Time (24hr)

Example: **D 12801*1600** **send**
Space

Platform IDs can be found at each platform on the Information Display screens or in the Dubai Metro Handy Guide available at all Metro Stations.



*0.18 fils/sms



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Just the way you like it



The first probable thing that comes to our mind in the morning before heading out to work, is coffee. Not to forget that we often get asked the question of "how we like our coffee to be". Many of us have really busy schedules, which makes it hard to make our own coffee. It's usually best to use some sort of automatic setup. However, that won't give you the coffee you're looking for. If you're really looking for a cup to keep you upright and moving forward, then the Bruvelo might be an option to look into. It has a coconut shell carbon block water filter that will give you some really good water. This system uses a standard 01 coffee filter, and will pre-rinse it before the brewing process begins.

Thanks to the touch screen console, you can choose whatever drink you like, or you can pick through the corresponding smartphone app. After picking your desired strength and temperature, you simply add in your beans until the Bruvelo tells you to stop, and it will grind them to your specifications.



Breathe your way into a healthier life

Can you imagine what a huge difference a simple device can make? If you're wondering what this good looking device is, it's the Airoidice revolutionary filter-less air purification technology developed by NASA, which is now available in the UAE. Airoidice cleans almost 100 per cent of indoor air of pathogens, allergy triggers and harmful gases from household products. The FDA approved filter-less air purification system and has been in existence in the US since 2013.

Industry experts say that Airoidice has proved to be very successful as it is capable of eliminating virtually 100 percent of Volatile Organic Compounds (VOCs) - harmful gasses emitted by products around the home including aerosol sprays, cleaning supplies, disinfectants, hobby supplies, building materials, paints and thinners, strippers and pesticides. It also almost eliminates all mold, fungi, viruses and bacteria that cause allergy symptoms and respiratory sickness.

Airoidice draws in harmful airborne pathogens and forces them into a densely packed matrix of highly reactive catalysts that are activated by a high intensity 254-nanometer light. The reaction destroys these harmful pathogens on contact. Nothing is captured so there is nothing to clean. All that exits is crisp, clear air, with zero ozone emissions.

Research indicates that Airoidice is not only an air purifier but also a life saver as it is helping more and more people globally to stay healthy and pollution-free

A beast UNLEASHED

Cruise in **luxury** and **power** with the best from **GMC**.



For car enthusiasts who are seeking a little bit more luxury in their Professional Grade Yukon, GMC unleashes its Denali treatment on the Yukon, raising its status a few notches above its cousins the Chevrolet Tahoe and Suburban. Many people can't forgo what the 2015 Yukon Denali is serving up despite it being designed for big families; hence there will always be a strong demand for a full-sized vehicle such as the 2015 GMC Yukon. This beast of a vehicle has undergone its first redesign since 2007, one that sees this big SUV grow bigger, better, and more expensive.

Mounting the 2015 Yukon Denali, I instantly felt like a boss, with its exceptionally comfortable driver's seat and a smooth new dashboard shape. The interior looks immensely better than ever before. The comfy central armrest has become even softer and better aligned to comfort your driving experience even more. The comfortable seats have also come in totally new designs for the internal comfort and support structures. From the back seats, the entire active safety tech in the GM arsenal is included to keep you safe. You also have 2.5 inches of front headroom, and an additional 4 inches of legroom, making it extremely spacious. The new fold-flat third row makes it easier to maximise cargo room.

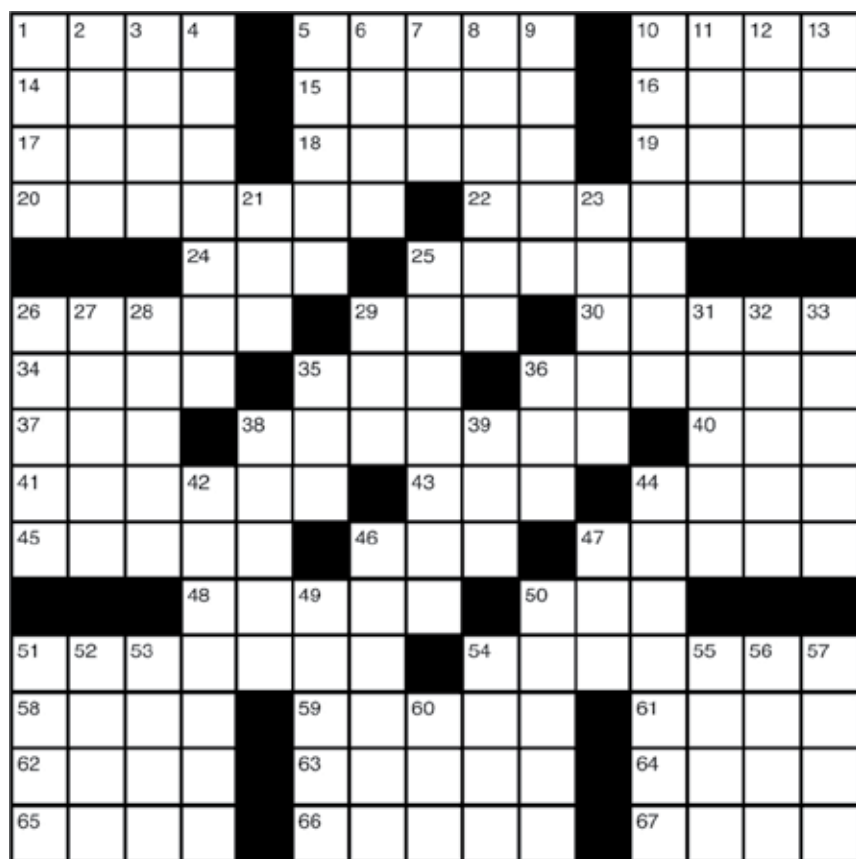
As for the exterior, the 2015 Yukon Denali has come with some nice, modern updates, as the signature chrome grille that's set off by a full-width bumper adorns the next-gen profile. Not only that, but also the sides and fenders have been reshaped into today's more aerodynamic look. The Denali is quite a handsome truck, with its 20-inch rims and rich iridium paint colour. The exclusive exterior draped in Metallic Midnight Amethyst includes HID headlamps to make your driving experience in fact a superstar drive. The vehicle also includes full LED turn signals and daytime running lamps featuring GMC's graphic light signature,

as well as hidden rear wiper system for reduced wind drag.

If you're wondering what's under the hood, the 2015 Yukon Denali Boasts an impressive 6.2L EcoTec3 V8 engine, which provides an output of 420 horsepower and 460 lb-ft of torque, similar to the C7 Corvette. This overgrown Denali can rip to 100 km in just 5.6 seconds, not bad for a three-ton

machine. Despite the added horsepower, the Denali is still rated at a fair 15.6 L/100km in the city and 11.2 on the highway. The EcoTec3 engine features state-of-the-art technologies, including direct injection, cylinder deactivation, continuously variable valve timing and an advanced combustion system, designed to deliver greater power and efficiency.





Across

1 Highest point 5 Task 10 Abnormal sac 14 Cut of pork 15 Can wrapper
16 Sacred 17 Treaty 18 Excuse 19 Element whose symbol is Fe 20 Rod or
Martha 22 Sports player 24 Type; variety 25 Take without permission
26 Loony 29 Actress West 30 Instruct 34 Vex 35 __ person; apiece
36 Interfere 37 __ up; misbehave 38 Used crayons 40 Gent 41 __ up;
united for a project 43 Religious sister 44 Digital video __; DVD
45 Goofed 46 “The Wizard of Oz” production co. 47 Donate to one’s
church 48 Creates 50 Sheep’s remark 51 Napoleon’s title 54 Not as gentle
58 Actor James __ 59 Shining 61 Actor’s part 62 Helpful clue 63 Depart
64 Up in __; angry 65 Hold __; keep 66 __ together; combined 67 Ship’s
spar

1 Mont Blanc's range 2 Cold weather garment 3 Small rodents 4 Interlace
5 __ Kent; Superman 6 Sentry's cry 7 Kimono sash 8 Partial refund to the
buyer 9 Upper class 10 Placed in the ridge 11 Days of __; long ago
12 Job opening 13 Actress Daly 21 Brewed drink 23 Despised
25 Malaysian wraparounds 26 Furious 27 More pleasant 28 Cathedral
table 29 Tormé or Tillis 31 Fess up 32 Come into conflict 33 Therefore
35 Pea casing 36 Beard wearers 38 Fragrant wood 39 Bacardi product
42 Souvenir 44 Explanatory chart 46 Came together 47 Plato's "T"
49 Cuddly-looking marsupial 50 Curtsied 51 Resound 52 Primary
53 Breathe heavily 54 Wander, amble 55 Israeli dance 56 Shade trees
57 Take a breather 60 Boy

						2	9	
	2			1	4		6	
8				9				7
		1						3
			1	5	7			
6						7		
1				2				4
	3		9	4			1	
	6	8						

ANSWERS

SUDOKU

2	9	8
3	1	4
7	6	5
9	2	7
8	5	6
5	7	1
4	6	8
2	9	3
1	9	5
6	8	9
4	3	2
7	5	1
8	7	4
5	1	6
9	3	2

CROSSWORD

[illegible]

What's in your stars?

The *Read.* astrologer tells you what you can expect over the next seven days.

ARIES

(MAR 21 - APR 20)

It's kind of a slow over-all, but that doesn't mean it won't be interesting! Take your time, as you need to be sure to get all the details exactly right before moving on. Once that's behind you, gear up for some good, if low-key, social things before the weekend kicks in.



TAURUS

(APR 21 - MAY 21)

Early in the week, your good energy endears you to someone you really want to get closer to, so make sure you're spending time with the right people. Wednesday through Friday fills you with a need to shop that you haven't felt so strongly in quite some time.



GEMINI

(MAY 22 - JUN 21)

Expect minor miscommunications with family members. The best you can do is be clear and upfront with everyone, subtle signals are almost certain to be misread. That should all wash away pretty quickly and in the next several days are full of great, brainy energy.



CANCER

(JUN 22 - JUL 23)

Something small catches your eye and gets you thinking about friends or family. It's a good time to repair relationships that have been unraveling for a while. Watch out for a rebound later in the week, though, as unintended consequences pile up and require extra attention.



LEO

(JUL 24 - AUG 23)

Take a break early this week and let others catch all the flack. You'd rather sit back and watch someone else take an active part in the events of the day. You certainly deserve it! Your energy ramps up in a big way and you should have a big smile on your face.



VIRGO

(AUG 24 - SEP 23)

Your great energy helps you organize your life to perfection, yes, even more so than before! You're on a roll, and friends and coworkers are amazed at what you cook up. Try a big display of romance or friendship. Amaze someone close and bring them even closer.



LIBRA

(SEP 24 - OCT 23)

The week begins with your sharp eye noticing details that elude everyone else, making it a good time for business deals, politicking and finishing up negotiations of all kinds. Your good energy flares up in a big way on Wednesday, so take time out to enjoy life later in the week.



SCORPIO

(OCT 24 - NOV 22)

Your social life improves a bit, even if that doesn't seem possible. You may make a new friend or take an existing friendship to a new level. You spend more time waiting than you may like later in the week, but your patience is rewarded in the long run. Try to find positive ways to fill your time.



SAGITTARIUS

(NOV 23 - DEC 21)

It's a nice week for you for the most part. Early on, you need to focus on small details in work or home projects, as your mindset is just about perfect for juggling them and bringing them in line with each other. A minor legal issue may pop up, and will require your full attention.



CAPRICORN

(DEC 22 - JAN 20)

Seek out a few new sources and see what you can dredge up. You may finally solve a problem that has been nagging you. Your job or career path takes up more time than usual and you should be ready to follow up with new leads and new opportunities quickly.



AQUARIUS

(JAN 21 - FEB 19)

Things aren't quite what they seem and you may want to look into matters more closely before committing to any particular course of action. Once you know what you're dealing with, go for it! And you find yourself meeting new people at a prodigious rate.



PISCES

(FEB 20 - MAR 20)

Your friends and family need you, but it's almost certain that they're too confused or proud to let you know. Ask or observe until you see what needs to be done. Your life may feel a bit out of balance, but you should be able to figure to balance it out and get rolling again.



This week's local weather

SUN

16th

SUNNY
HIGH 29°C
LOW 21°C
HUMIDITY 40%

MON

17th

SUNNY
HIGH 28°C
LOW 20°C
HUMIDITY 42%

TUE

18th

SUNNY
HIGH 29°C
LOW 21°C
HUMIDITY 41%

WED

19th

SUNNY
HIGH 29°C
LOW 23°C
HUMIDITY 46%

THU

20th

SUNNY
HIGH 29°C
LOW 23°C
HUMIDITY 51%

FRI

21st

SUNNY
HIGH 29°C
LOW 22°C
HUMIDITY 47%

SAT

22nd

SUNNY
HIGH 28°C
LOW 22°C
HUMIDITY 52%

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