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DECEMBER 14 - DECEMBER 20, 2014 | Issue 183

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Agnieszka Radwanska names Martina Navratilova as new coach



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HOLIDAY GIFTS FOR COWORKERS

Select the most thoughtful and creative gifts for your colleagues this Christmas.

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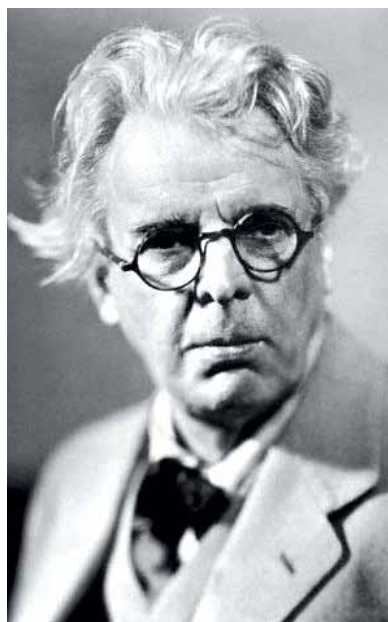
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Poem of the week

All the words that I gather

By W.B. Yeats

All the words that I
 gather,
 And all the words that I
 write,
 Must spread out their
 wings untiring,
 And never rest in their
 flight,
 Till they come where
 your sad, sad
 Heart is,
 And sing to you in the
 night,
 Beyond where the waters
 are moving,
 Storm darkened or starry
 bright.



Read.Poll

Do you think it's ok for men to wear pink?

- Yes, why not, it's just a colour
- No, I think it's way too girly

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LAST READ. POLL RESULTS

Do you prefer reading an actual book or an ebook (i.e. Kindle, Nook)

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I do not read books	10%

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3 Lulu Hypermarket Karama	Al Karama	8 Lulu Village Muhaisinah	Qusais
4 Lulu Center & Supermarket Karama	Al Karama		
5 Lulu Hypermarket Arabian Center	Al Rashidiya		

Red Line Green Line



The week that was readme.ae

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ALICE IN WONDERLAND LIVE IN DUBAI

The enchanting tale from Lewis Carroll about Alice and her crazy adventure comes to the stage.

Alice in Wonderland is one of the world's most popular tales from the famous children's writer Lewis Carroll. While the story is for kids, adults can learn a thing or two from the crazy twisted world Alice accidentally falls into. This wondrous tale comes to life on stage at the Madinat Theatre this Christmas season.



Where: Madinat Theatre, Madinat Jumeirah
Admission: Stalls- Dh175, Balcony- Dh150

When: December 19-30, 2014
Telephone: 04 366 6546

SOUK FESTIVE MARKET 2014

Offering all that's necessary for those celebrating the season and more.

It's that time of year again when the red, white and green colours and appropriate food and drinks come out, and Madinat Jumeirah celebrates this occasion with a festive market. Come and find what you're looking for to make the most of this winter season. Enjoy skating on an ice rink, festive food and drinks such as roasted chestnuts and gingerbread men and be prepared for a special visit from Santa and even a reindeer rodeo.

Where: Madinat Jumeirah
When: December 17-27, 2014
Admission: Free

OMAR KHAIRAT LIVE IN DUBAI 2014

The legendary maestro is back in town for another musical night.

Omar Khairat is a pianist, composer, conductor and founder of the Omar Khairat's Group, an opera group. He has been touted as one of the most awarded and respected musicians in the field of Arabic music. His influences range from European and African to traditional jazz and blues.



Where: Dubai World Trade Centre
When: December 20, 2014
Admission: Bronze- Dh250, Silver- Dh350, Gold- Dh400, Platinum- Dh500, Royal- Dh1,000
Telephone: 052 990 0112

ROALD DAHL'S WILLY WONKA

Watch Roald Dahl's classic tale come to life on stage this merry season.

Willy Wonka is secretly looking for an heir to take over his fantastical and delicious chocolate factory and hosts a competition for a lucky few to win a chance to see him at work. The lucky few chosen children and their guardians show up at the chocolate factory for an unexpected time of their lives.

Where: DUCTAC, Mall of the Emirates
When: December 19-27, 2014
Admission: Regular- Dh200, VIP- Dh250
Telephone: 04 341 4777



LIVE @ ATLANTIS PRESENTS DAVID GUETTA 2014

David Guetta is back to the shores of Dubai to get the party started.

David Guetta is one of the most in-demand DJs and producers on the planet. Boldly mixing electro house beats with the biggest names on the urban scene, David Guetta has elevated himself from superstar DJ to rock star and shows no signs of stopping.

Where: Dubai World Trade Centre
When: Atlantis Beach, Atlantis The Palm, Dubai
Admission: Regular-Dh275, VIP-Dh450, Table packages also available
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Do's and don'ts for the RIGHT GIFT for your colleague

To make it easier, here's a gift list to think about, so you can decide the right gift for your colleague:



Coffee mugs

Recipe basket



Crystal musical gift



Books



Office plant



Scarf

for your colleague

The holiday season will not be complete until you walk through the office door carrying a gift for your colleague. That is the only thing that will close this door of the gifting season permanently, because your friend at work might just be the last person you will meet before the New Year's eve. But have you decided how many colleagues to give gifts to at work?

By Hanadi Dawara

You must have wondered what is appropriate and exaggerated and how to choose a gift for someone you are formal with and isn't a friend you share an emotional bond with? This seems like an impossible task, but here are some tips:

Reasonable budget

Start thinking moderately. When you ask yourself about a suitable budget, think in the 125dh range, not more not less, because it's a way to say I'm here to appreciate you, and this is just a modest sign to say that.



Think small

Think about your image, and then choose whatever you want, because your gift is a drawing of your character. So a small basket with few quality items will improve your profile in nicer way than a big basket with a lot of silly gifts.



Christmas reporter

Collect as much information about the recipient as you can. Try to match his/her habits and favourite things. And finally, from your side, choose similar items that you know your friend doesn't own.

Out of the box

You see the usual gift list every year so try to generate new ideas and express your imagination in front of the Christmas tree.



No age related gifts

Avoid mishaps by getting age-related gifts regarding both the genders. That's because age isn't really an issue to be discussed at the work place.



How to make yourself IRREPLACEABLE at work

Being irreplaceable is all about positioning yourself as an adaptable employee who's always on the look for ways to learn and grow within the company. If you continuously exhibit certain behaviours that are considered most valuable by managers and coworkers, you will eventually build a solid reputation for being an irreplaceable asset to your company. Having a good reputation will often result in being trusted with more interesting and challenging tasks and will put you in a better place for future promotions. Akhtaboot is here to highlight some of the behaviours that you need to exhibit in order to build a positive reputation at the workplace.



Avoid shortcuts

Working smart is all about efficiency. It's about getting more tasks done right in less time. Many employees mistake "smart work" for doing the bare minimum while getting a fat paycheck at the end of each month without making excessive effort. In short, shortcuts don't work as no single person has ever made it through a series of shortcuts. Being irreplaceable is all about staying away from any kind of corruption or deception that might affect the outcome of your work. It's also about doing work that matters, not work that's easy. Make sure that each task is completed in a diligent and timely manner, yet with in-depth attention to detail.

Be a team player

Teamwork is one of the most valuable factors that can contribute to you being indispensable within your company. You can easily judge one's character by how well they work with other team members. Working side-by-side with people of different generations, cultures and demographics is an essential skill that is becoming more and more important in today's workplace. Teamwork also includes the ability to persuade others, negotiate and compromise when you don't agree with someone. It is amazing what can be accomplished when it doesn't matter who gets the credit.



Find your unique edge

In order to position yourself as an irreplaceable employee, you must identify a unique skill set that is directly linked to your company's bottom line. In tough financial times particularly, your skill set must be among those contributing to making a profit. Moreover, you should be able to articulate at all times how your skills are linked to making revenues or at the very least protect profits. Your unique skills might not be immediately recognisable when reviewing your work history, but it's important to spend time carefully evaluating your entire body of work.



Show your leadership potential

Being indispensable means that you have leadership potential. You need to show the key people in your organisation that you're capable of leading when the time comes. Make sure that you continually work on improving your spoken and written communication skills. Many people tend to avoid public speaking but for those who don't, it can lead to great opportunities. It's also hard to find employees with excellent written skills, especially in the world of social media and texting, so if you are great at writing, you will definitely have an advantage over others when it comes to promotions.

Establish your credibility

Irreplaceable employees understand that they need to develop honest dealings with everyone they work with. But being credible is more than simply telling the truth. It's about keeping your promises, admitting your mistakes and maintaining transparency in all business dealings. Hidden agendas and withholding information can compromise your integrity and trustworthiness. Keep in mind that building your credibility doesn't happen overnight. A good reputation established early on in your career can follow you for the rest of your professional life.

By Akhtaboot – the career network (www.akhtaboot.com)



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Wertslisch Willkommen

Bathed in history and culture,
Munich is a Bavarian gem.

By Firas Salloum



“Willkommen in München” is what you’ll hear upon arrival to this fascinating European city, which translates to “Welcome to Munich”.

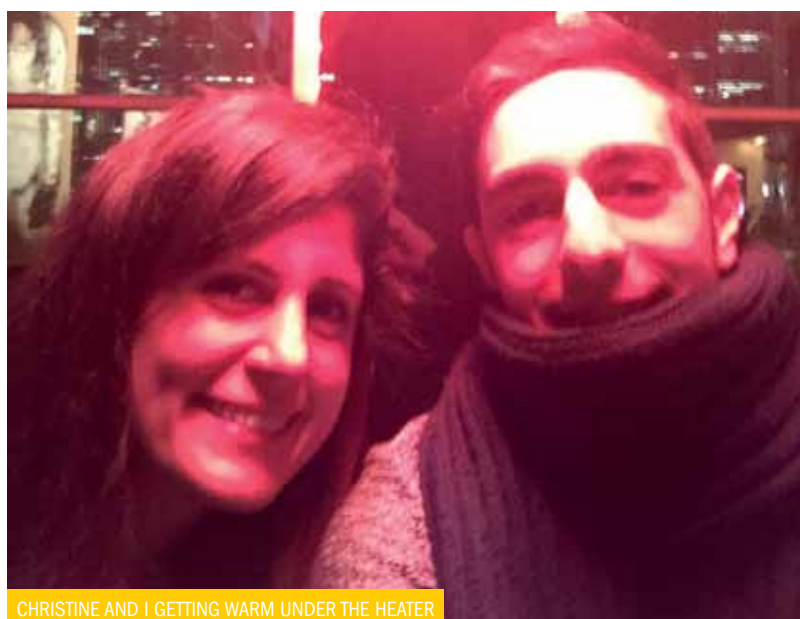
Are you planning a European escape to experience the Bavarian weather, lifestyle, activities, and food? Munich is one good option to live the blend of urban and rural parts in one vacation.

During my first visit to Munich I had the opportunity to go to different places and to live the German life for a week. At first, with two degrees outside, all I thought about was about getting warm and hot after a transfer from a 35 degrees temperature in Dubai.

Later on in the afternoon, we decided

to go for a walk around to discover more of the city, so we took the metro to the city centre. I noticed that people there are really friendly, as one guy offered help for our metro ticket destination. During this time of the year, all major public places have one thing in common: Christmas souks. Whether you turn left or right, the spirit of celebration and festivity is dominant.

As I walked the streets of Munich, its buildings and architecture narrated hundreds of stories. The city is old and has a long history yes, but it’s also very modern, well equipped, and lively. The buildings seem somewhat similar to other European countries, or at least to me, and yet it has its own differences. Despite the light

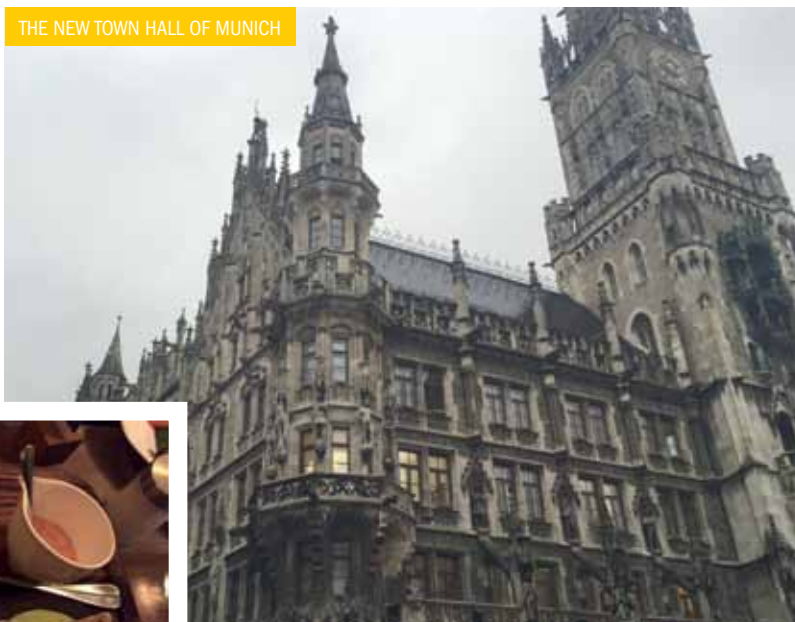


CHRISTINE AND I GETTING WARM UNDER THE HEATER

rain, many people were out shopping, eating, and enjoying a hot cup of coffee. What are most notable are old churches, brightly coloured buildings, creative architecture, cobblestoned streets, and vast green vistas outside the city.

For some authentic Bavaraian food, visit a steak house called Zum Goldenen Kalb in Blumenstraße Street, in down town Munich. The most fascinating part is that they serve 40

THE NEW TOWN HALL OF MUNICH



DRIVING CALMLY AROUND MUNICH



APPETIZERS AT ZUM GOLDENEN KALB

types of meat! The restaurant offers unbelievably delicious food and is on the top 10 recommendation list. Whether rural or urban, indoors or outdoors, for shopping or for sightseeing, Munich is a very fasci-

nating city to visit. Whenever I feel like I need a European get-away, I'm definitely planning a München stay again.

Tschüss for now!



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The best coupe for 2014

The Chevrolet Corvette 2014 won the car of the year award in the Middle East at an event held in Dubai, for the Best Sport Coupe category 2014. The 2014 Corvette has a noticeable strong performance, delivering 455Hp and 624Nm of torque. It also accelerates from 0 to 100km/h in just 3.8 seconds. On the other hand, this model has improved with the fuel consumption, with being accessible to clients as a sporty car in the market with the improved techniques.

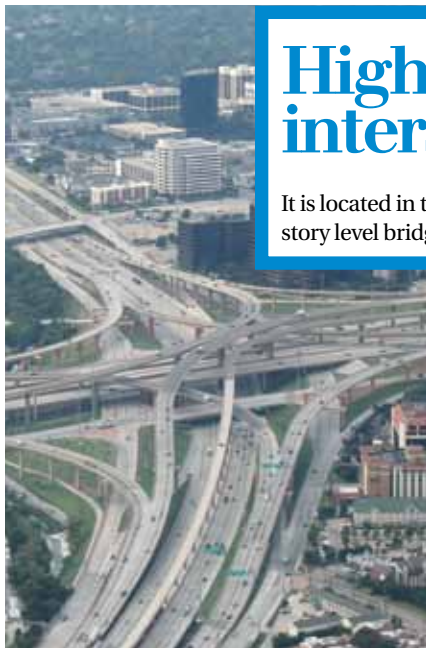


Most dangerous roads in the world

Driving along some dangerous and tricky roads makes you wonder about their engineering and how they must have been built. One of the reasons to build such roads is human propagation into the natural world by building anything anywhere. But on the other hand, some architects might be urged to design something “weird” as there's no other way for it. Let's get to know the weirdest and most dangerous roads in the world:

High Five intersection (USA)

It is located in the American state of Dallas, and composed of huge 5 story level bridge, tunnels reaching the height of a 12 storey building.



Gioliang Tunnel (China)

With some very unique looks, this tunnel is partially exposed to the valley, with sharp angles, and uncovered sides.



Paso Dilo Stilvio (Italy)

An inclined road on one of the Italian mountains it leads to the Alps. It also includes 48 sharp-angled turns.



Porsche competing with Tesla

The German car manufacturer Porsche is intending to design a car with an electric engine to directly compete with Tesla Model S car. This new car is expected to have a developed chassis of the Panamera model, using different types of metal and aluminum to reduce the weight of the car. Porsche didn't announce any information about the engine to be used, but it's also expected to be kind of similar to Tesla's engine which produces 420 Hp. On the other hand, lithium batteries are to be made for this car as well.



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Polaroid smartphone

In the era of technology, social media, and smart phones, printing a paper, sending postal mail, or developing a film seems so 90's. But from time to time, using Polaroid prints as a souvenir for a special event is a good idea.

Prynt is the Polaroid of the 21st century! It's a small machine that acts as a phone cover at the same time. It comes complete with a built in mini-printer and a case to keep blank papers. The current version takes about 50 seconds from photo to print, and can hold one piece of paper at a time. The consumer version is planned to be holding up to 30 sheets, and takes less than 30 seconds from photo to printed paper.

Furthermore, you can download the company's app that acts as the Bluetooth connection between the phone and the printer. With this app, you can also follow up on the newest products, as well as buy the special paper or ink. Let's take some Polaroid photos and save the good memories.

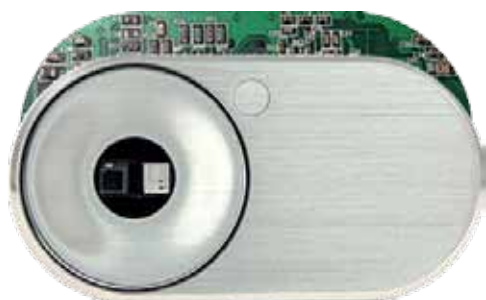


Heart track

MOCAdheart is a new design to keep track of our cardiovascular health by easily pressing a button. Even though this device is still under a kick starter programme, it seems promising to make its way through.

Similar to other health apps, you have to download an application from the Apple Store to be able to get all the data. It's also made out of stainless steel, which contains several sensors. One interesting thing about this app is that we can get the results on a scale from 0 to 4, which makes easier for us to understand it, unlike other apps that display results in percentage or medical terms.

MOCAdheart can measure the blood oxygen levels and blood velocity, blood pressure, and pulse. So if you score a 0 to 1, that means the result is low compared to the average. But when you score 3 to 4, it means it's high enough to pay the doctor a visit.



Can we use fingerprint ID on the MacBook?

If you're an Apple fanatic and using both a MacBook and an iPhone, you must have, by now started using the fingerprint ID to unlock your phone. But the question previously was why would Apple introduce this technology to phones only? Whether we know the answer or not, now we are able to start using the fingerprint on Macbooks and iPads, but through the iPhone. Different apps that can be connected with the MacBook through Bluetooth, can be used in order to unlock your laptop with the fingerprint.

'FingerKey' is an app that can be downloaded from the Apple Store for a minimal cost and uses Bluetooth on both the phone and the MacBook to connect the two wirelessly. On the other hand, you need to download a free app on the laptop called 'FingerLock', which receives your fingerprints through the Bluetooth connection.

While waiting for Apple to surprise us with upcoming softwares and items, these two apps can serve us good for using our fingerprint password on our other Apple devices.





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AVOIDING HOLIDAY CALORIES

By Dalia Shukri, Head Nutritionist at Nutridiet



The festive season is fast upon us. This means social gatherings, gift exchanging, holiday cheer and fun and of course, food, food, food! Not indulging may seem close to impossible considering all the temptations and option you'll have around you. So how do you maintain healthy eating habits during your holiday feast? These guidelines can help you make healthy food choices and reduce your intake of tempting high calorie foods during the festive season.

Plan before you eat

When you get to the celebrations take a good look around at what's being served. This way you can plan out the healthiest possible way to enjoy your meal. It's okay to have some holiday treats as long as you spend your calories wisely and not overindulge. So think of which treat you want the most and keep that as your reward for eating healthy and moderating your portions.

Socialise more

The festive season is not just about food and eating, it's about coming together and enjoying each other's company, so focus on socialising and catching up with family, relatives and friends. This will keep you busy and away from the tempting call of the dinner table. Think about the celebrations and not just the food.

Do not skip lunch

Although you may be tempted to skip lunch or not eat all day to be able to splurge on the feast ahead, don't! Even having anything such as a salad or a light sandwich or a bowl of nuts, is better and reduces the risk of you overeating and packing on high calorie foods.

Moderation is key

Having small portions allows you to enjoy the best of everything even those high calorie foods. Just minimise that portion size and treat yourself.

Step by step guide for back pain relief

At some point in our lives, every one of us experiences back pain. While it might be because of serious injury and trauma or disease, a lot of the times it is a result of our lifestyle. A stagnant lifestyle weakens the muscles in the lower back, causing them to be more prone to injury. Even light bending to pick something up might cause a shooting pain in the back. To avoid this, here are some simple ways to make a whole lot of difference.



1 Movement over rest

Studies show that those who include light exercise and lead an active lifestyle have a healthier back as compared to those who keep resting. Light exercises like yoga, walk and stretches help strengthen the lower back muscles. They also help improve the circulation, thus regulating the flow of blood to the back.

3 Soothe your back

Soothing your back with a cold or hot pack is a very good way to reduce pain. Heating and cooling packs are easily available in the supermarket and are some of the most effective pain relievers. Even though it is temporary, over a longer period of time, the result becomes more effective and longer lasting.



4 Avoid strenuous activity

If your lower back is aching, try to avoid all forms of strenuous activity. Avoid hauling, pushing or carrying heavy loads, they will cause trauma to the already tender spot, resulting in a severe form of injury.



2 Improve your posture

Your everyday posture can make a lot of difference in the condition of your back. Sitting in an upright position releases pressure from the back at work. Your target should be to put the minimum pressure on your back.

5 Sleep properly

You might not even know but your sleeping posture also affects the health of your back. Try to maintain a neutral back position so that the back is well rested. Side sleepers should try to put a pillow between their knees to maintain a neutral position of the spine and back sleepers should place a pillow under their knees to keep the back in an upright and neutral position.



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I have used my ART to retain the identity I've never had: EL SEED

French-Tunisian artist El Seed shares a lot in common with his art: they're both powerful, meaningful, have a lot of encrypted messages and are both fiercely Arab. After successfully mastering the art of "calligrafitti", he is now in Dubai for his residency and we got a chance to get up close to the man himself.

By Masuma Raza



You have claimed that, your work is “part of a general movement”. How would you define this movement?

There's Arab pride in the new generation. Instead of following what's happening in the west, we try to take from our heritage. Calligraphy is an old art and I am trying to retain and carry that art forward through this movement.

You have recently added sculptures to your portfolio; will you venture into other art forms with time?

I have been observing different kinds of artworks from outside, and now I have made this move. I will keep it for some time and develop it and see where it goes.

The Arab influence in your art is obvious. What about French, since you grew up there?

I am doing what I am doing because I was born and raised in France. If it had been the Arab world, I might not have realised all that. I have used my art as a medium to retain the identity that I never had. And having said that, I never felt French before or now. The fact that I am an artist of this kind has made me reconnect with my Arab identity, and I have reconciled with it.

How long does it take for you to finish a mural?

The mural in Gabes was fast, it took about two and a half days to do it. I had to work day and night for it. For the others, it depends. Sometimes it takes 30 days or 30 minutes.

How did your residency in Dubai enrich you as an artist?

When you continue to do one thing, it tends to become very easy for you and less challenging. I took a residency here so it was an enriching experience as I had previously been unfamiliar. I jumped into it without knowing where I'd land and I am happy that I took the plunge.

You are trying to give a message of peace and tolerance; do you think it



fect in all aspects?

There are no measurements; I just look at the wall and decide what I have to do in my head. It's instinctive.

How do you choose the words and places you use, depending on what? Letters, meaning, rhythm?

I try to be relevant to the place that I am drawing at. What I choose for Dubai would be different from France and that would be different from the US. It always has community relevance, and yet, it is universally appealing. It's art and it connects everyone. You don't have to have a particular place – it can be a popular place or a deserted place – you just have to bring art to people who can't access it.

What can we expect in the future?
I'll leave that as a surprise.

What do you think of the Dubai art scene?

There's so much talent and it is growing each day. This is a very good sign. I would love to do some building art here.



has made any impact yet?

I don't think it would be appropriate for me to say that my art has changed the world but if I manage to change the mentality of even a few people, that's a huge difference for me. It means a lot because that way, I have

successfully managed to break certain stereotypes that exist in society.

What is the technique you employ for big murals like the one in Gabes? Tell us about the process in getting the measurements and fluidity per-

WISH list

Deck the halls with boughs of holly! December is here and Christmas is just around the corner, you know what that means. It's the perfect time to start shopping for gifts and fashion items to add to your closet for the New Year. READ is here to shower you with fashion and gift ideas for this festive season with these must have essentials.

1

Zara Home Pinecone Wreath

Eliminate those old wreaths that you've been using for the last few Christmases and get yourself this wintry white wreath from Zara Home. Don the usual greens and opt for a different shade this festive season, be bold to use whites and silvers to have a merrier Christmas!



2

Home Centre Christmas Tree Figurine

Don't have enough floor space to put up a Christmas tree? Fear not as you can always make do with a miniature tree figurine. Placement is the key, choose a table to keep your ornaments together and rest assured your house would have a festive mood.



3

De'Longhi Multifry

Here's a way to make the holiday feasts healthy. Introducing the De'Longhi Multifry, a multipurpose low oil fryer and multicooker. Try delicious recipes and choose from mouth-watering risottos, hearty stews to succulently cooked steak. You can also bake some goodies with this multi-tasker. Happy eating!



5

Rigaud Scented Candle

Light up this Rigaud candle from En Vogue to have a tranquil aura around the house. You can easily relax with its Jasmin scent, it's also a good use in case the your house gets too whiffy when cooking those delicious Christmas dinners.

4

Lifestyle Candle Holder

Adorn your mantelpiece with this gold themed candle holder from Lifestyle. You can even interchange the candles so that they can be of different colours.



Listings

THE READ. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.

SCHEDULE CORRECT AT TIME OF GOING TO PRESS; HOWEVER, PLEASE NOTE THAT MOVIE THEATRES CAN CHANGE SCHEDULES WITHOUT NOTICE

THE HOBBIT: THE BATTLE OF THE FIVE ARMIES



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**LIVE
CONCERT
JAN 1ST
2015**

VENUE: DOME LAND
CHI GARDEN, OUD METHA, DUBAI

**TICKETS
200 AED
21+ ONLY**

FEATURING DJ NEPTUNE
AYO JAY, TOMI THOMAS & GMAC



Hollywood news



Green Day guitarist Jason White diagnosed with tonsil cancer

In a facebook statement released by the group they said that, "We have some news to report regarding our brother Jason White, and wanted you to hear it from us before word spread." They went on to say that, "Jason underwent a tonsillectomy and his doctors discovered a treatable form of tonsil cancer. Thankfully they caught it early and he should make a full and speedy recovery. Please join us in sending him love and positive healing vibes during this time." White has been a part of the group since the early 90's and became the official member of the group in 2012 when he took over as the band's lead guitarist.



Megan Fox and Brian Austin Green hit by drunk driver

While *The Transformers* actress was with Green in their Range Rover near Mulholland Drive in Beverly Hills, the driver of a Mini Cooper collided with them. Green called the police and the other driver was found out to have been driving twice over the legal drink-drive limit. Thankfully, Fox and Green were not injured.



Adam Levine crashes a wedding ceremony

The Maroon 5 singer had crashed a couple of wedding ceremonies for the band's upcoming *Sugar* music video. "I crashed multiple weddings actually. It was really surreal. Amazing," he said. "It was so much more amazing than I realized it was going to be. We literally showed up and played songs for these guys. They were surprised," he added. "I'm just glad they're good memories," he said. "You never know."



Nick Cannon confirms divorce with Mariah Carey

Speculations about the couples' divorce have been going on for the past few months. However, during an appearance on *Good Morning America* earlier this week, Cannon admitted that he and Mariah have split. "Always focus on family. We'll forever be family. At the same time, we're there for our children, making them the no. 1 priority and understanding they're loved and can have an amazing holiday," Cannon said while promoting his new Christmas Book *Roc and Roe's 12 days of Christmas*.

Bollywood news

Pooja Bhatt and Manish Makhija end 11-year marriage

Pooja took on to her micro-blogging site confirming the end of her 11-year marriage with actor-businessman Munish Makhija. "To all those who care and especially those that don't my husband Munna and me have decided to part ways after 11 glorious years of marriage. Our split as some might call it is amicable and we hold each other in the highest esteem for now and forever. The reason I explain is because we are both part of the public domain." The reason why Pooja had posted her comment regarding this matter on the blog site is because she felt that she needed to communicate with her fans directly.



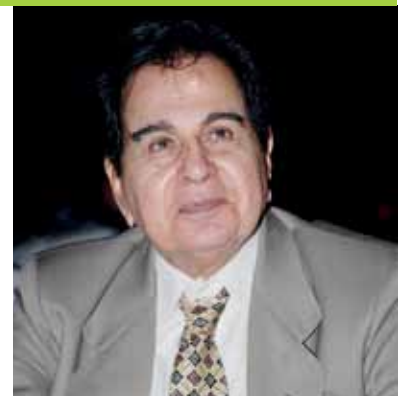
Manasvi Mamgai's luggage robbed in Hong Kong

The actress faced a distressing moment after she lost her luggage in Hong Kong Airport. According to reports, her luggage went missing after she kept it aside while she went to purchase phone cards. Her luggage contained jewelleries and designer clothing which the actress regrets to be paying for now that she has lost it. Though the cops investigated and went through the CCTV footage, it was hard to determine where the thief took off since the robbery happened just right outside the airport.



Salman Khan parties with Paris Hilton

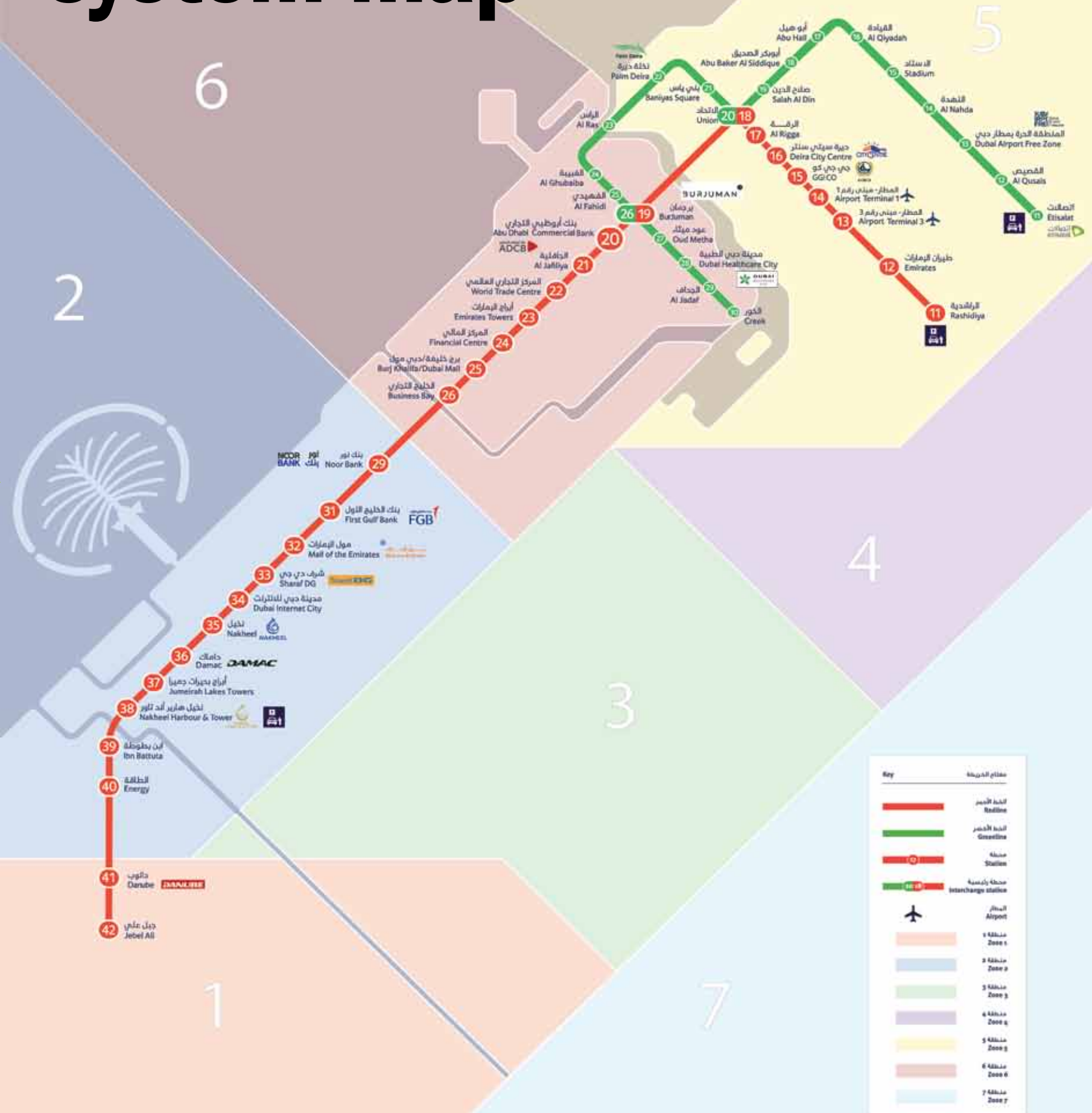
Paris Hilton was recently spotted with Bollywood superstar Salman Khan. Hilton took to her twitter account saying, "#GoodTimes in India with my friend @BeingSalmanKhan". Singer Mika Singh who was also present at the party, posted photographs and tweets saying "Let's party of the year for my brother, the one and only Bala...Ready to tear the stage up with pretty @ParisHilton." It's not the first time that Bollywood had caught Paris Hilton's attention. Earlier she had praised *Bang Bang!* star Hrithik Roshan and showed her interest to work with the actor.



Dilip Kumar doing fine says doctor

Dilip Kumar is doing fine according to his doctor after he was admitted a week ago after he complained of cold and breathlessness. A team of doctors who was conducting his check up said that he was suffering from a chest infection called bronchopneumonia. "Dilip Saab is doing fine now. He will be here only for next 2-3 days. We have kept him on anti-biotics for now. But his laboratory investigations have improved and X-ray has also improved," Dr Jalil Parkar, well-known pulmonologist at Lilavati hospital.

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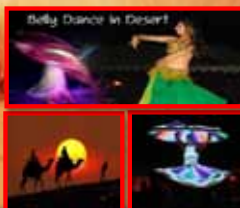
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Smart Journeys initiative in Dubai win for RTA

RTA scoops UAE Ideas Award through DTC's initiative that reduces the waiting time of taxicabs at Dubai airports.

INITIATIVES

The Roads and Transport Authority (RTA) clinched the UAE Ideas Award in the 3rd UAE Ideas Conference and Awards 2014 ceremony held recently and organised by the Dubai Quality Group under the patronage of Sheikh Ahmed Bin Saeed Al Maktoum, President of Dubai Civil Aviation Authority, Chairman and Chief Executive of Emirates Airline & Group and the Honorary Patron of Dubai Quality Group. The RTA's Dubai Taxi Corporation was named the winner of the promoting business category for the Smart Journeys idea.

“The DTC manages 350 taxicabs exclusively deployed at Dubai airports to serve passengers arriving in Dubai, in addition to 105 taxicabs to serve VIPs, 100 cabs for serving ladies and families, and seven cabs for serving special needs.”

Ahmed Al Suwaidi, CEO of the Dubai Taxi Corporation (DTC), said: “Clinching this award culminates the corporate ideas that contribute to a smooth life of community members; which is what we are seeking to achieve through the 3rd Strategic Objective of the RTA: People's Happiness. From this standpoint, the Smart Journeys idea contributes to achieving this noble objective.

“The DTC team, which received the award in the presence of Mohammed Yousef, Director of DTC's Corporate Affairs, developed the idea which revolves around reducing the waiting time of taxicabs at Dubai airports and maximising them optimally, such that each cab is operated in two different shifts; the first as part of the airport's night shift, and the second is to deploy the same cabs to provide a daytime normal service. The introduction of this initiative ensures the availability of taxicabs in abundance at Dubai airports, reduces the waiting time from 30 minutes to three minutes, and



AHMED AL SUWAIDI



AMMAR AL BRAIKI

contributes to raising the satisfaction of taxi users,” added Al Suwaidi.

“The DTC manages 350 taxicabs exclusively deployed at Dubai airports to serve passengers arriving in Dubai, in addition to 105 taxicabs to serve VIPs, 100 cabs for serving ladies and families, and seven cabs for serving special needs. These taxicabs pick up passengers arriving at Dubai airports to any destination in the UAE around the clock. Taxi ranks are designated at Terminals 1, 2 and 3 as well as Al Maktoum International Airport, and the service is run by highly efficient and qualified cabbies,” said Al Suwaidi.

Ammar Al Braiki, Acting Director of DTC's Fleet Operations and Member of Smart Journeys Implementation Team, said: “The airport taxi fleet has been beefed up by 100 cabs in the first stage of the implementation of the idea; and the number was later on raised to 175 cabs to catch up with the rising number of passengers arriving through Dubai airports. Following these successes, the initiative was emulated at Al Maktoum International Airport from the beginning of May this year; which contributed to broadening the scope of realising the objective of reducing the waiting time.

“The airport taxi fleet has been beefed up by 100 cabs in the first stage of the implementation of the idea; and was later on raised to 175 cabs to catch up with the rising number of passengers arriving through Dubai airports.”

“The idea was well received when presented during our participation in the UITP Congress held recently in Qatar as it caters to customers' convenience. The Smart Journeys initiative has serviced more than three million passengers since its launch, besides reducing the waiting time from 20 minutes to three minutes,” said Al Braiki.

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SPORT SHORTS

Rugby:

After a successful career as a football player and coach, Spaniard Pep Guardiola will be advising Japan's rugby team ahead of the World Cup. Japan coach Eddie Jones said, "Rugby and soccer are very similar in that you always want to move the ball into space and Bayern Munich and his previous team Barcelona played the most fantastic passing game you have ever seen. The principles are exactly the same."



Basketball:

Jeff Green scored 25 pts, Marcus Thornton had 21, and the Celtics nearly blew a 25-pt. third-quarter lead before beating the Wizards, 101-93, in Paul Pierce's first return to TD Garden donning a wizards jersey. Rajon Rondo had a triple-double with 13 pts, 13 rebs and 11 assts for the Celtics. Rasual Butler scored 14 of his 22 pts in the final quarter for the Wizards meanwhile, John Wall had 17 pts, 14 assts and 8 rebs.



Hockey:

Niederreiter tapped in the go-ahead goal with 4 mins 33 secs left to cap a comeback by the Minnesota Wild in a 5-4 victory over the New York Islanders. The Wild trailed, 3-0, after the first period, and by 4-1 at the second, but they were fired up midway through the game. Defenseman Keith Ballard was sent to a hospital after a hit from Matt Martin caused his head to bounce hard on the ice.



The Tiger's return

The golf legend Tiger Woods is finally making a comeback this week after recovering from his back surgery. His return also marks a completely different golf scenario from the one he had dominated before taking the break. His last game had been during the PGA Championship at Valhalla in August, where he had admitted that he hadn't fully recovered from his back surgery that had taken place in March. His absence marked wins for Northern Irishman McIlroy, who, experts are claiming, is reminiscent of the dominance of the game by Woods at his prime.



Kenya's Pakistan tour to bear fruit?

Kenya cricket team's tour to Pakistan marks a positive change for Pakistan Cricket Board. The Kenya team arrived amid tight security, with their bus escorted by security personnel. The five day series is an important one for Pakistan, marking it as the first step towards reviving international cricket in the country. After the terrorist attacks on the Sri Lankan team in 2009, Pakistan has been playing home series at offshore grounds, mostly UAE. The Bangladesh team has since then cancelled two tours, so all hopes are now pinned at this tour.



We have to be better in our performance: Brendan Rodgers



After their Champions League exit, Liverpool boss Brendan Rodgers has been candid in claiming that his team hasn't been at its best ever since. The team, after drawing with Basel at Anfield with a 1-1, dropped in the league, as they had needed a win to make it through. "We have to be better in our performance level. We haven't been good enough over the course of qualification. There is disappointment, but now we have to fight for the rest of the season," he said. Liverpool managed to win only one game out of the six group games. Rodgers further added, "We can't have any excuses. We had enough games to try and get enough points but the key one was away to Basel, where we were disappointing and lost."

Martina Navratilova: Agnieszka Radwanska names new coach

18-time Grand Slam singles winner Martina Navratilova is all set to take on her coaching job for world number six Agnieszka Radwanska after Christmas. Navratilova will coach Radwanska for the first time in close association with her full time coach Tomasz Wiktorowski. "I can't wait to get started on this new phase of my career and I am really excited," Navratilova said about the upcoming role. "Her achievements speak for themselves and I hope that I can learn from all her experience," said Radwanska, who was a Wimbledon finalist in 2012. "She is my tennis idol. We are originally from a similar part of the world, so we share an understanding about tennis and life, which I'm sure will translate into a successful relationship," she added.

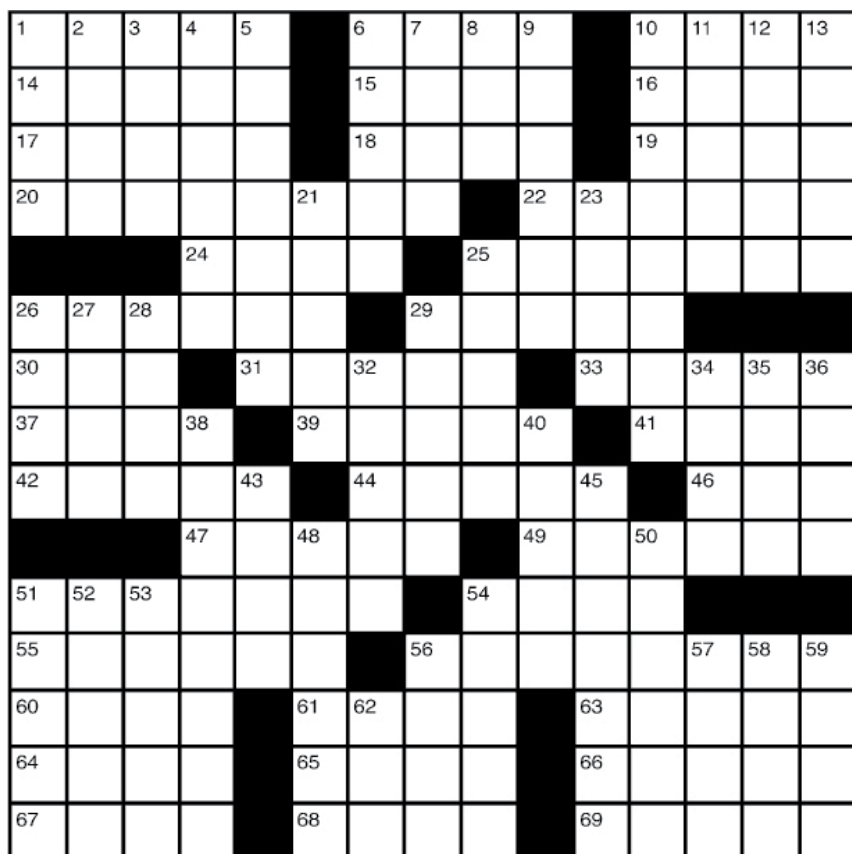


Tim Bradley: Floyd Mayweather Jr. vs. Manny Pacquiao should happen now

Over the past 12 months, Pacquiao has defeated Brandon Rios via unanimous decision in November 2013, Bradley in April and Chris Algieri last month. In the Algieri fight, Pacquiao scored six knockdowns in defense of his WBO welterweight title (both opponents were undefeated). The victories proved Pacquiao's doubters wrong after having been dethroned as WBO titleholder following a split decision loss to Bradley in June 2012 and knocked out in the sixth round in December 2012 by Juan Manuel Marquez. "I think that right now is the perfect time for it because Manny Pacquiao, after suffering that loss in the Marquez fight, the fight with Mayweather kind of went down the drain but the fact that Manny Pacquiao has revamped himself," said Bradley, against whom Pacquiao regained his title.



Taking your time



Crossword

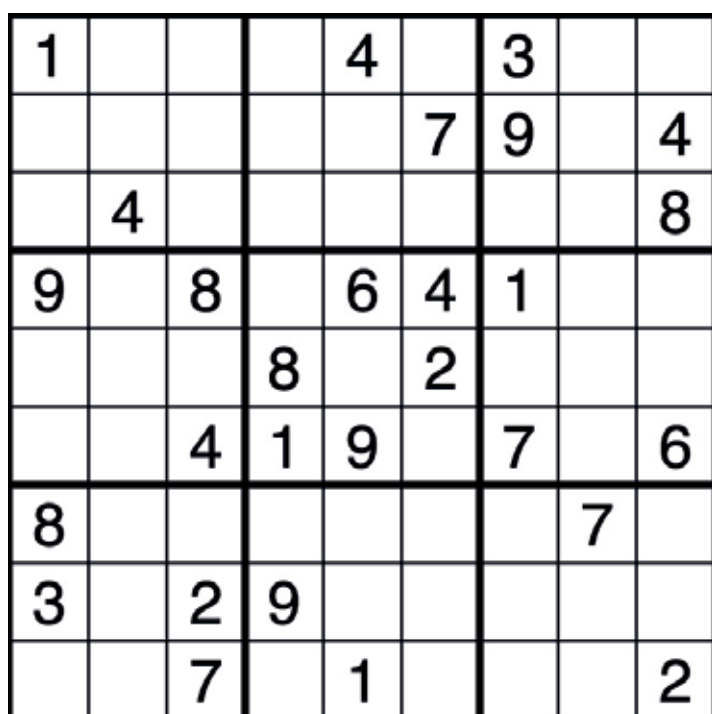
Across

1 ___ and groans; complains 6 Pleased 10 Sketch 14 Calcutta's land
15 Greasy 16 Usually dry streambed 17 Reads over quickly 18 Picnic
spoiler 19 Gabor and Longoria 20 Part of a school year 22 State without
proof 24 ___ up; bound 25 Not as large 26 Voice box 29 New Zealand
tribesman 30 Lincoln, to friends 31 African nation 33 Door handles
37 Hold on to 39 ___ away; dismisses 41 Actress Storm 42 NY's ___ Island;
émigrés' port 44 Takes a nap 46 Pink or purple 47 Emotional 49 Happens
again 51 Great joy 54 Bundle of hay 55 Empty, as an apartment
56 Mighty 60 Common metal 61 Trick 63 Stop 64 Swamp critter, for short
65 Burro 66 ___ aback; surprised 67 Variety; sort 68 Up in ___; angry
69 Downhill gliders

Down

1 ___ Piggy; one of the Muppets 2 A single time 3 Actor Sandler 4 Forty and
fifty 5 Being impudent 6 Punctured 7 Dishonest one 8 Former boxing
champ 9 Bundle of energy 10 House 11 Fray; come apart 12 Classic
saying 13 Smarter 21 Austin's state 23 Songbird 25 Makes smooth 26 Erie
or Titicaca 27 Cain's brother 28 Become dizzy 29 Cash 32 Tiny fruit
34 Hawaiian island 35 Make indistinct 36 Looks at 38 Measly amount
40 Panama hat material 43 Actor Connery 45 Chooses 48 Breathing
disorder 50 Breakfast food 51 Kick out, as tenants 52 Tote 53 Ice cream
serving 54 Crates 56 Part of the hand 57 Phony 58 ___ up; spent
59 Camera's eye 62 "...Gave proof thro' the night that ___ flag..."

Sudoku



Spot the 14 differences



ANSWERS

SUDOKU

4	6	7	5	1	8	3	2
3	9	8	7	6	2	5	4
8	1	4	2	9	5	7	6
9	8	7	9	6	3	2	5
6	7	1	8	3	2	5	4
5	9	6	4	1	9	5	7
3	2	1	6	7	8	9	4
7	4	9	5	1	2	6	8
2	5	8	6	7	4	1	9

CROSSWORD

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
27	28	29	30	31	32	33	34	35	36	37	38	39
40	41	42	43	44	45	46	47	48	49	50	51	52
53	54	55	56	57	58	59	60	61	62	63	64	65
66	67	68	69	70	71	72	73	74	75	76	77	78
79	80	81	82	83	84	85	86	87	88	89	90	91
92	93	94	95	96	97	98	99	100	101	102	103	104

What's in your stars?

The *Read.* astrologer tells you what you can expect over the next seven days.

ARIES

(MAR 21 - APR 20)

Growth, optimism and expansion make this a time to collect what you have earned. Aries mothers, godmothers or family matriarchs will be overjoyed by growth involving babies, children and young adults. Some have found a new job or part-time involvement.



TAURUS

(APR 21 - MAY 21)

You have blessed the presence of an old or new family member in your life, and also gained from solutions and new possibilities for your house or flat. Try to eliminate problems and open big doors to new horizons. Focus on your people and your place.



GEMINI

(MAY 22 - JUN 21)

You are a born communicator if you are typical of your sign and you have been offered a fabulous new corner of the internet, media, multimedia, publishing or some other avenue to explore. Now you can take an existing project further, with wonderful results.



CANCER

(JUN 22 - JUL 23)

You don't have to be Sir Richard Branson (a Cancerian like you) to benefit financially. Sometimes the gains are made through cash in kind, too. Thus, this week sees you saving or making money in a spectacular way, or gaining from gifts or loans in other ways.



LEO

(JUL 24 - AUG 23)

What a year this has been in terms of your style, reputation, charisma, online profile, public relations and publicity. Now, you will do very nicely from plans which you set in motion some time before, and could be stunned at the outcome by next week.



VIRGO

(AUG 24 - SEP 23)

You became involved in plans which put others centre-stage, and gave you a backroom role. You were either being modest or the nature of these plans actually parked you behind the scenes. You're about to gain from your invisibility cloak and be glad you took up the challenge.



LIBRA

(SEP 24 - OCT 23)

You were so right to return to a network of people, or to join a new tribe. Within this circle there is the richest and most deeply rewarding kind of friendship, as you will see by the weekend. This Christmas is extremely sociable for you, with more on offer, or a better class of party.



SCORPIO

(OCT 24 - NOV 22)

This is the time of year when people leave jobs and begin new positions. There are tremendous opportunities in your chosen field, business or industry as a result of the waves now being made by those above and below you. The biggest prizes who were ambitious enough to plant seeds way back.



SAGITTARIUS

(NOV 23 - DEC 21)

You were certainly born to pursue opportunities to get inside another culture or nationality more deeply and the benefits will work both ways. Don't hold back. What happens near this weekend reminds you that you were put here to experience the big picture. It's a big planet.



CAPRICORN

(DEC 22 - JAN 20)

Now you will see why you were so right to invest your faith, hope and optimism in particular people or plans. The money, business interests, house, precious possessions, charity results or apartment in question is a goldmine for you.



AQUARIUS

(JAN 21 - FEB 19)

You may be deeply concerned with a former or potential partner. There is more to gain here than even you suspected before when you first began pursuing particular visions, hopes and dreams. You will get an extra return on your reward, too.



PISCES

(FEB 20 - MAR 20)

Two rather dramatic and hugely enjoyable moments, in the second half of the week, will make you feel profoundly grateful to the industry, business, university or workplace you have chosen. Just doing your duty, and being of service, is enough at the moment.



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This week's local weather

SUN



14th
SUNNY
HIGH 27°C
LOW 16°C
HUMIDITY 29%

MON



15th
SUNNY
HIGH 27°C
LOW 17°C
HUMIDITY 33%

TUE



16th
SUNNY
HIGH 26°C
LOW 18°C
HUMIDITY 47%

WED



17th
SUNNY
HIGH 25°C
LOW 20°C
HUMIDITY 52%

THU



18th
SUNNY
HIGH 24°C
LOW 18°C
HUMIDITY 56%

FRI



19th
SUNNY
HIGH 25°C
LOW 17°C
HUMIDITY 52%

SAT



20th
SUNNY
HIGH 26°C
LOW 17°C
HUMIDITY 54%



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each bite.

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