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CHILE: A NATURAL PARADISE



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18

Poem of the week



IG: the_damn_beautiful_fairy

Why can't you forget me
 Like everyone else does
 Why is it me you seek
 When no one else does
 You feed me with attention
 But it doesn't feel right
 You need to get away
 Before day becomes night

Read.Poll

Have you ever participated in a run or walk for a cause?

- Yes, multiple times
- Only once
- I attend other events for a cause
- I've never participated in one.

Send your answer online at www.readme.ae

LAST READ. POLL RESULTS

Which sport are you most likely to take up this year?

Basketball	22%
Badminton	28%
Soccer	10%
Swimming	40%

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STANDARD CHARTERED DUBAI MARATHON 2015

The 15th edition of the marathon is back again to challenge everyone.

The Standard Chartered Dubai Marathon is the most prestigious marathon in the UAE and one of the most popular marathons in the region; attracting runners from across the globe to compete in the marathon, 10km and fun run categories. The marathon attracts members of the community who come to watch and support those running, as well as international athletes vying to win the race and perhaps beat the track and world marathon records.

Where: Dubai Police Academy **Admission:** Online Registration
When: January 23, 2015 **Telephone:** 04 433 5669



PINOY FIESTA 2015 AT THE ZABEEL PARK AMPHITHEATRE

Are you ready to see the biggest Filipino stars perform Live on stage?

Where: Zabeel Park, Amphitheatre
When: January 30, 2015
Admission: VVIP Dh300 with meet and greet, VIP Dhs 228, Platinum Dhs 148, Gold Dhs 88
Telephone: 04 3914304

For the Filipino Community in Dubai, the biggest shopping extravaganza Dubai Shopping Festival 2015 is set to stage the highly anticipated event Pinoy Fiesta 2015. An Initiative by Dubai Government to add flair to the festivities and recognise the Filipino community in Dubai, the star-studded concert is set to feature the most respected recording artists, highly acclaimed performers and several showbiz personalities from the Philippines. Filipinos can look forward to artists such as award winning actors Paulo Avelino and Kim Chiu, OPM legend SIDE A, actress, singer and song writer Aiza Seguerra, and comedienne K Brosas.

Where: Sheikh Mohammed Centre for Cultural Understanding
When: January 14-22, 2015
Admission: Dh460
Telephone: 055 266 9196



EAT DUBAI

A play about a couple, two guests and a waiter at a dinner.

EAT Dubai is a play that takes place between five actors playing characters from different cultures living in Dubai. Three guests, a host and her waiter begin to enjoy a traditional Emirati dinner and end up getting a deeper look into the cultures, values and attitudes of each other.

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DESI LAUGHS COMEDY

Laugh out loud at Indian comedy, Desi Laughs.

Desi Laughs is a night of adult only cutting-edge stand up comedy from two of India's biggest comedy acts. Comedy collective All India Bakchod (AIB) believes in edgy, politically incorrect humour that your mother would not approve of. With over 45 million views of their videos on YouTube, they are India's most successful comedy group and they're now bringing their particular brand of comedy mayhem to Dubai. They'll be joined at DUCTAC by their regular collaborator and one of India's freshest and most versatile comedy stars and host of the online show 'Son of Abish', Abish Mathew.

Where: DUCTAC, MOE
When: January 23, 2015
Rating: Strictly 18+

Admission: Balcony - Dh175, Regular Stalls - Dh250, Lower Box - Dh250, Upper Box - Dh250, VIP Stalls - Dh350



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3. Lulu Hypermarket Karama	Al Karama	8. Lulu Village Muhaisinah	Qusais
4. Lulu Center & Supermarket Karama	Al Karama		
5. Lulu Hypermarket Arabian Center	Al Rashidiya		

Red Line Green Line



Wish list

It's the start of a **new year** and everyone is **looking forward** into what **2015** would bring into our lives. We're pretty sure everyone already has their **New Year's resolution** written down but what better way to face this year than looking and **feeling great**. After all they always say that when you **look good**, you'll feel good, so let **READ** show you the **current trends** this season. You don't need to worry about **saving up** for **designer labels** when you can easily get the **hottest look** right off the **high street shops**.

1

H&M Trench Coat

The trench coat has been out and about for ages but this season it's making a big comeback. Stop worrying about how you can't purchase a designer one as this trench coat from H&M is as good as it gets. This wool blend coat is your best friend as the winds are only getting colder this month. It's a perfect match for a casual or formal outfit.



2

Forever 21 Plaid Scarf

This red plaid scarf is another trend that is coming out this season. Don't trouble yourself in looking for this as you can easily get one in F21 Men's section. Yes you can also shop in the men's section. Use it to your advantage! Keep this scarf to create a chic look and to add a pop of colour and textured pattern to your outfit.

3

Stradivarius Leather Backpack

Ditch the handbags and clutches and switch your style up with this gorgeous leather backpack from Stradivarius. Easily keep your things intact and have more space to put your other needs for the day. It's stylish enough to keep your outfit together, keep your youth and stay in the trend with this must have item.



4

Converse White Low Top

Another classic item that you should definitely add to your closet (if you don't already have one) is the classic white Chuck Taylor low top. It's a trend to mix up sneakers to your dress; it's no longer for teens so feel young and fashionable with this chic item. Dare to mix and match this New Year!



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Star style:

Hilary Duff

We have come to know Hollywood actress and singer, Hilary Duff on her show *Lizzie McGuire*. Now at 27, she juggles being a full time mom all the while filming for her upcoming series and creating her comeback album. So let's take a look at some her fashionable looks while out and about with her two year old son Lucas.



1

Here we see Hilary wearing a more relaxed outfit. Donning a baggy cashmere sweater and sweatpants to match, she works it flawlessly without making it look shapeless. The high-tops and sling bag tops off the whole look.



2

Strolling down the avenue, Hilary dons black skinny jeans, tucking in her simple v-neck shirt and casually wearing flats. A perfect outfit for that regular day out. The *All About You* singer certainly knows how to put together an effortless outfit and pulls it off with a flair all the while having Lucas looking as dapper as ever.



3

Hilary is definitely rocking the chic look while playing with Lucas in the park. You wouldn't think she was a mother with wearing ripped boyfriend jeans and a casual white cotton long sleeved shirt and pairing it all up together with suede brown boots. Nothing says comfort and relaxed more than this outfit.

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Dubai camping season

Is it winter? Yes. Is it cold?
Yes. Then it's camping season!

By Hanadi Dawara

Here in Dubai when the winter weather hits, that means cold nights and camping season. It's time to hop on the fun train and start organizing a weekend camping trip. All you need are good friends, a country ritual or tradition, delicious food and a lot of energy to have fun all night long. Don't hesitate to grab the opportunity of spending a weekend with your family in the great outdoors. Just follow these tips and checklists to ensure a fun filled night.

Shelter

1. Be comfortable. Invest in a good quality tent as you will need a strong shelter if ever there would be a change in the weather. It is also a must especially if you will have your family with you, as it will also serve as the kids play area when night time comes.

2. Using an inflatable mattress instead of sleeping pads is recommended for those mothers who have their babies or small kids with them.

3. Alternatively, placing a sleeping pad or a yoga mat under your sleeping bag would also be helpful in keeping you cozy and warm.



Kids Recipes

1. Prepare some scrambled eggs and put it in a jar to take along with you. It's an easy and healthy breakfast for the early mornings or for a quick snack on the road.
2. Create a DIY cone out of any paper and fill it with chips, this way the kids can hold them while walking or running around.
3. Every kid loves Oreo but did you know that you can make your very own Oreo s'mores by adding marshmallow to it.

Remember to:

1. Charge or bring your air pump
2. Charge all electronic devices, rechargeable batteries and power banks
3. Buy or bring blocks of ice
4. Grocery shop the day before
5. Have cash with you



Bring along:

1. Beverage cooler
2. Plates and all other utensils
3. Pillows and blankets
4. Camera
5. Flashlight
6. Towels

Fancy list:

1. Baby wipes
2. Tissues
3. Flip Flops
4. Scissors





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S'mores Dessert Trifle

Recipes from Sara at www.momendeavors.com



Ingredients:

- 3.9 oz box of instant chocolate pudding
- 4-6 whole Graham Crackers
- 1 chocolate bar of your choice
- ½ tub Cool Whip
- ½ small jar of Marshmallow Crème or Fluff
- ½ C mini marshmallows
- 6 small Mason Jars

Procedure:

1. Mix up the instant chocolate pudding, finely chop up the Dove Dark Chocolate, and break up the graham crackers into pieces (as small or large as you'd like).
2. Then, in a small bowl, combine the whipped topping & the marshmallow crème. It will probably be a little lumpy and that's totally ok.
3. Once done, start filling your jars by putting a ½ -1 inch layer of the broken graham crackers.
4. On top of the graham crackers, add about 1 Tablespoon of the chocolate pudding & sprinkle with a bit of the dark chocolate pieces.
5. Then, add about 1 Tablespoon of the whipped marshmallow topping mixture. Repeat the layers, finally topping the jar with *toasted marshmallows and another sprinkle of the finely chopped chocolate.

Notes:

For the toasted marshmallows, you just need to broil them for only a few seconds. Put the mini-marshmallows onto a baking sheet and put them in the oven. The moment they start looking a little golden, take them out. Otherwise you might have a charred, gooey mess!

No-bake Peanut butter Coconut Snack Bites

Ingredients:

- 1 C oats
- ½ C peanut butter
- ¼ C honey
- ½ C shredded coconut
- 1 T cocoa powder
- 1 T flax seeds
- 1 t vanilla

Procedure:

1. Dump all ingredients into a medium bowl. Stir until well combined (everything should be evenly coated).
2. Place bowl in the refrigerator (or freezer) for a few minutes just to



help set everything (which makes shaping the balls much easier).

3. Remove from the refrigerator and shape into balls (approximately 1-inch). Store in an air tight container in the fridge.

Notes:

To save time, you can skip the refrigerator step, but I find that it really helps make the "dough" easier to shape. You can also store it in the freezer if you're not going to go through the batch right away. Flash freezing it first is recommended so that everything doesn't stick together.

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Chile:

A natural paradise

Preposterously narrow yet virtually beautiful, Chile boasts formidable and jaw-dropping nature.

By Wissam Aoun



VALLEY OF THE MOON

For travel enthusiasts who desire nothing but discovery and adventure, you'll find it very amusing to finally step foot inside the natural wonderland of Chile, where you will always feel welcome. You are pretty much never far from the ocean in this sliver of land which is squeezed between the Andes and the Pacific. There's so much to do in Chile and so much to see, from bone-dry deserts to snow-covered volcanoes, all the way to sprawling glaciers. The variety of attractions will satisfy any type of traveler with ease.

Since Chile is flooded with awe-inspiring nature, the first thing you should do is visit the Valley of the Moon, which will most certainly be an unforgettable experience. Climb up a giant sand dune in order to witness the spectacular scenery as the sun sets below the horizon, leaving you with a mesmerizing transforma-



PARQUE NACIONAL TORRES DEL PAINE

tion of nature. This valley, one of the most visited places in San Pedro, is a wonderful area with stones and sand formations which have been carved by wind and water. The set of landscapes look somewhat similar to

the surface of the moon. Make sure you visit before sunset to explore all you can.

Moving on, your next destination awaits at Parque Nacional Torres del



DIENTES DE NAVARINO

Paine, which is no doubt one of the most spectacular mountain areas on earth. You can view azure lakes, trails that meander through emerald forests, roaring rivers you'll cross on rickety bridges and one big, radiant blue glacier. There is an abundance of wildlife in the park due to a micro-climate especially favorable to plants and wildlife. This area leaves nobody who visits disappointed, so go for it!

You haven't really visited Chile until you go trekking. The Dientes De Navarino is no doubt a trekker's paradise. You can easily spend five days in this strenuous hike in the Isla Navarino wilderness. Throughout this spectacular hike you will face unpredictable weather as well as the rigours of the trail, and absolutely no infrastructure. So make sure you're prepared for this hike by having an experienced hiker with you, because it's a tough one but well worth the try.



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Catch up on your ZZZZ's

With the everyday hustle and bustle of the city, we always seem so restless. Dubai is a city that never sleeps, yes that is quite true but that doesn't mean that we should also follow this. Sleep is a vital part of our everyday routine as that is the time where we allow our body to recharge. Let READ give you some tips on how you can sleep better and to have your body ready for another day ahead.

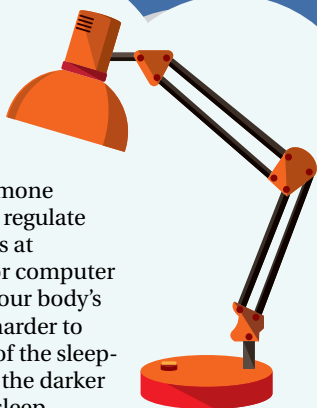
Set a sleep schedule

Go to bed at the same time every night and get up at the same time every morning—even on weekends. A regular sleep routine keeps your biological clock steady so you rest better. There's a caution, though. If you don't fall asleep within about 15 minutes, get up and do something relaxing. Go back to bed when you're tired. If you agonise over falling asleep, you might find it even tougher to nod off.



Eliminate all light sources

Melatonin is a naturally occurring hormone controlled by light exposure that helps regulate your sleep-wake cycle. The bright lights at night—hours spent in front of the TV or computer screen or your phone—can suppress your body's production of melatonin and make it harder to sleep. This delays your brain's release of the sleep-promoting hormone melatonin. Thus, the darker your room is, the more soundly you'll sleep.

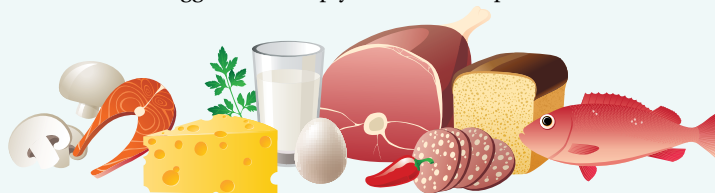


Relaxing bedtime rituals to try:

- Read a book or a magazine by a soft light
- Take a warm bath
- Listen to soft music
- Do some easy stretches
- Wind down with a favourite hobby
- Listen to books on tape
- Make simple preparations for the next day.

Watch what you eat

Don't go to bed hungry or stuffed. Your discomfort might keep you up. Also limit how much you drink before bed, to prevent disruptive middle-of-the-night trips to the toilet. It is also suggested that you cut down on your caffeine or avoid drinking it after lunchtime. Drinking milk before bedtime is also suggested to help you to fall asleep easier.



Limit daytime naps

If you need to make up for a few lost hours, opt for a daytime nap rather than sleeping late. This strategy allows you to pay off your sleep debt without disturbing your natural sleep-wake rhythm, which often backfires in insomnia and throws you off for days. Long daytime naps can interfere with night time sleep — especially if you're struggling with insomnia or poor sleep quality at night. If you choose to nap during the day, limit yourself to about 10 to 30 minutes and make it during the mid-afternoon.



Relaxation techniques

- Deep breathing. Close your eyes, and try taking deep, slow breaths, making each breath even deeper than the last.
- Progressive muscle relaxation. Starting with your toes, tense all the muscles as tightly as you can, then completely relax. Work your way up from your feet to the top of your head.
- Visualising a peaceful, restful place. Close your eyes and imagine a place or activity that is calming and peaceful for you. Concentrate on how relaxed this place or activity makes you feel.

Hungry? try:

- Half a turkey sandwich
- A small bowl of whole-grain, low-sugar cereal
- Granola with low-fat milk or yogurt
- A banana

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Outside the BOX SHOPPING

READ gets in depth on the innovative pop up market by Dubai Shopping Festival



It's January and it's that time of the year where everyone in the U.A.E, young, old, resident or tourist are giddy with excitement. Not because we've just celebrated New Year with the ever amazing Burj Khalifa fireworks but because shopping season is here! Although it is undeniable that almost every day can be considered a shopping season in Dubai, this is still the official shopping month. Why? DSF that's why! Dubai welcomes 2015 with the Dubai Shopping Festival (DSF). Celebrating their 20th Anniversary, DSF brings in more fun, activities and entertainment for everyone to enjoy. One of these is their new retail concept, Market OTB.

Launched last year, the second edition of Market OTB presents a

new approach to an 'out of the box' shopping, dining and entertainment experience. According to Suhaila Ghubash, Director of the Festival and Events at Dubai Festivals and Retail Establishment (DFRE), "Market OTB's aim is to present this new retail concept, of a shopping experience where people can view and engage with brands they can't find anywhere else in Dubai." Audiences can experience a unique twist in shopping as the pop-up market uses refurbished shipping containers, "The focus is on the sustainability aspect of them and the economical approach to use these recycled containers. Transformed into individual spaces for each retailer, the containers not only promote the brands but also the ideals of sustainability." Suhaila explains. She



further goes on to say that, “The main headline of using them is keeping in line with the 2020 Vision and Dubai’s ongoing strategy looking towards the future and how best to use resources which are scarce.”

“The audience can encounter a wide range of emerging retailers and innovative designers” Suhaila says, as she mentions that this year there would be more than 70 retailers participating in the event, which is “a great increase from the 30 that participated last year.” Furthermore the market has a lot of exciting and fun events lined up for everyone, “There will be avenues of health which can be experienced through circuit training and yoga; live musical acts from local musicians and bands, with high-

light performances by singer Tania Saleh and musician Zahed Sultan.” Furthermore this year also welcomes the participation of Cinema Akil, a home grown platform that aims to bring quality films to the audiences in Dubai. They would be screening two films, Björk: Biophilia Live on January 16-19 at 7:30pm and The Wild Blue Yonder on January 21-24 at 7:30pm.

When asked if there are any future plans to have the project available all

year round, Suhaila shares that at the moment “Market OTB will be held under the diversity of Dubai Shopping Festival as its focus is a shopping experience and developing the initiative to support young designers and new retail concept. However, the future will see Market OTB grow beyond into an international platform, where global designers and brands can have the opportunity to interact with the market and audience here, introducing and creating new ideas

within their respective industries.”

Market OTB is a must to visit during this shopping festival, experience a unique twist in outdoor shopping and enjoy the fresh air while enjoying all that they have to offer. Entrance and all supplementary events are complimentary. Visitors can experience Market OTB 2015 at South Ridge Park from 4pm – 10pm from Sunday – Thursday, and 10am – 10pm on Friday – Saturday.

Technology

It's the start of a new year and everyone is looking forward into what 2015 would bring us. We're pretty sure everyone already has their eyes set on the latest gadgets, let READ share with you some of them.

Camping at its best

If you're planning on going on a safari or camping somewhere, make sure you get this life savior with you. Thomas & Darden's Kube is a Bluetooth speaker system which is built around a sizable cooler, giving you the privilege to jam your music while you cool up your beverages to drink them with full satisfaction wherever you are. The Kube features high-end quality speakers with a Bluetooth range of 15 meters. Let's not forget the cooler which is big enough to house beverages for a dozen of people, making it the perfect tool to grab along whilst camping. On top of all that you also get some quality LED mood lighting, allowing you to carefully choose your desired beverage from within the Kube. It also contains USB charging ports in order to keep your phone juiced up while you enjoy your time.



Enhancing your musical experience



Nowadays, it's all about music, so you have to make sure you got the right speakers in hand to maximise your musical experience. If you still have no idea what to hold on to, you're in luck because Creative Technology Ltd announced the Creative MUVO 20 and Creative MUVO 10 grab-and-go portable wireless speakers – two new additions to its family of near-field communications (NFC) Bluetooth portable wireless speakers. One of the speakers' features is that users get an optimal audio experience for all their digital content – music, videos, movies, games and voice calls, while on-the-go. The speakers deliver powerful audio, are very user-friendly, and boast a smart design, making them the perfect speakers for you to carry around.

Kia hatchbacks enhanced

The new Kia Rio and Venga hatchbacks now feature restyled front and rear, giving the two vehicles a sportier look, not to forget the interior and equipment upgrades. The Kia Rio saw some changes to the upholstery and centre console trim to improve perceived quality, featuring touchscreen satnav, electric mirrors, a DAB radio, tyre pressure monitoring and improvements to the luggage area. The vehicle boasts a 107-horsepower 1.4-liter engine. The Kia Venga was given similar changes, with new bumpers at both ends and interior refinement.



Better than ever

The new Audi Q7 has recently made its debut in the Detroit Motor Show, marking a fresh styling direction for all Audi SUV's. The vehicle has lost weight ridiculously, weighing up to only 325 kg. The Q7 now owns a more aggressive look, thanks to its slimmer LED headlights and larger air intakes underneath. As for the

interior, it has changed beyond recognition, with a wide, narrow dash and a large, flat centre console housing the gear lever, infotainment touchpad and cup holders. The vehicle boasts a 270-horsepower 3.0-liter engine, capable of sprinting from 0-100 km/h in 6.3 seconds, with a max speed of 235 km/h.



SPORT SHORTS

Rugby:

Saracens lock George Kruis has been given a three-week ban after tackling his opponent dangerously, however the 24-year-old will be available in time for England's Six Nation opener. Kruis will be missing Saracens' European Rugby Champions Cup match as his team faces Munster and Clermont Auvergne. His ban ends on February 3, when England will play Wales three days later.



Golf:

Rory McIlroy is aiming to maintain his great success in the first part of the golfing year just as he brilliantly did in 2014. Last year, McIlroy managed to win the Open and PGA Championship, to add to his PGA victory in 2012 and US Open title from 2011. The Northern Irishman will visit Augusta in April, striving to become the sixth man to complete a career grand slam of all four current majors.



Football:

Cesc Fabregas is confident that Chelsea have managed to get back on track in the race for the Premier League title following their defeat from Tottenham. The Blues managed to move two points clear of Manchester City. "You can always have a bad day and things won't go your way. But we are ready," said Fabregas.



Missing out

Jo-Wilfried Tsonga will not take place in the Australian Open due to a forearm strain. The 29-year-old has been struggling with his arm for the past two months following the final against Switzerland. Tsonga hardly managed to play well during the Davis Cup final against Stan Wawrinka, losing in four sets and then withdrawing from the rest of the match with a 3-1 defeat. The French No 1 and world No 12 has now assured that he will not be fit for the first Grand Slam event of the season which begins on January 19 in Melbourne. Tsonga will remain under treatment for the upcoming three weeks to maintain the fitness required in time for the Masters Series tournaments in India Wells and Miami.



Desperate to play

Stuart Broad confirms that he is fit and ready to go ahead and face a big year of Cricket for the English team. The Nottinghamshire bowler has not played for his country since the final Test of last year when they faced India due to a surgery on his right knee. Not to forget that Broad is a key member of the England attack. Fortunately his operation went well and he is now aiming towards a successful season with England. "I feel fresh, I am desperate to play straight away," he said.

Listings

THE READ. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.

SCHEDULE CORRECT AT TIME OF GOING TO PRESS; HOWEVER, PLEASE NOTE THAT MOVIE THEATRES CAN CHANGE SCHEDULES WITHOUT NOTICE



THE THEORY OF EVERYTHING

The Dubai Mall

Annie - 4:30PM 9:25PM
Dumb And Dumber To - 2:25PM 6:55PM 11:25PM
From A To B - 1:50PM 4:10PM 6:30PM 8:50PM 11:10PM 1:30AM
Horrible Bosses 2 - 12:10PM 4:40PM 9:10PM 1:35AM
Into The Woods - 4:30PM 10:05PM
Ironclad: Battle For Blood - 3:20PM 7:55PM 12:40AM
Night At The Museum: Secret Of The Tomb - 12:50PM 3:00PM 5:10PM 7:20PM 9:30PM 10:05PM 11:40PM 1:45AM
Nightcrawler - 3:35PM 8:15PM
Paddington - 11:25AM 12:05PM 2:10PM 4:15PM 6:20PM 8:25PM 10:30PM 12:40AM
Penguins Of Madagascar - 11:15AM 1:20PM 3:25PM 5:30PM
PK - 5:40PM 8:45PM 11:50PM
Poker Night - 1:20PM 6:00PM 10:40PM 12:55AM
Seventh Son - 1:00PM 3:00PM 3:20PM 5:20PM 5:40PM 7:40PM 8:00PM 10:00PM 10:20PM 12:20AM 12:40AM
Seventh Son (3D) - 11:30AM 1:45PM 2:00PM 4:00PM 4:20PM 6:15PM 6:40PM 8:30PM 9:00PM 10:45PM 11:20PM 1:00AM 1:40AM
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The Imitation Game - 1:30PM 3:55PM
The Water Diviner - 1:00PM 5:35PM 10:20PM
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Unbroken - 11:45AM 2:20PM 2:30PM 5:05PM 5:15PM 7:55PM 8:00PM 10:45PM 1:30AM
Vice - 7:35PM 9:40PM 11:45PM 1:50AM

Dubai Marina Mall

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Foxcatcher - 10:30AM 1:10PM 3:50PM 6:30PM 9:10PM 11:50PM
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Dubai Festival City

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Death Squad - 10:30AM 2:30PM 6:30PM 10:30PM
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Falcon Rising - 12:30PM 4:40PM 8:50PM 12:55AM
Horrible Bosses 2 - 10:00AM 11:00AM 12:20PM 1:20PM 2:40PM 3:40PM 5:00PM 6:00PM 7:20PM 8:10PM 8:20PM 9:40PM 10:30PM 10:40PM 12:00AM 12:50AM 12:55AM
Interstellar - 11:00PM
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Rampage: Captial Punishment - 10:30AM 2:30PM 6:30PM 10:30PM
Reclaim - 10:30AM 2:40PM 6:50PM 11:00PM
The Hunger Games: Mockingjay - Part 1 - 2:20PM 4:50PM 7:20PM 9:50PM 12:20AM
The Hunted - 12:30PM 4:30PM 8:30PM 12:30AM
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Crazy Pongal Kondattam

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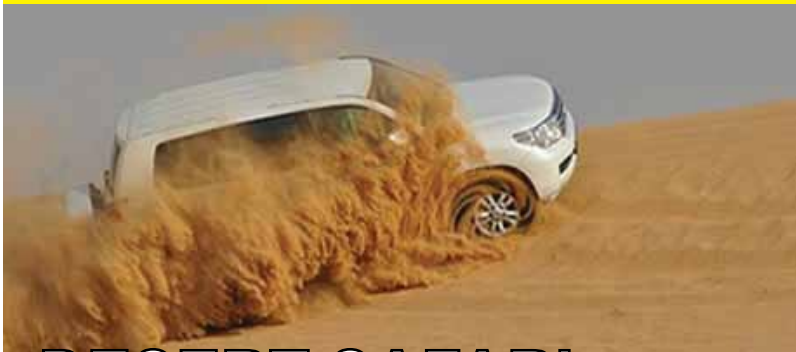
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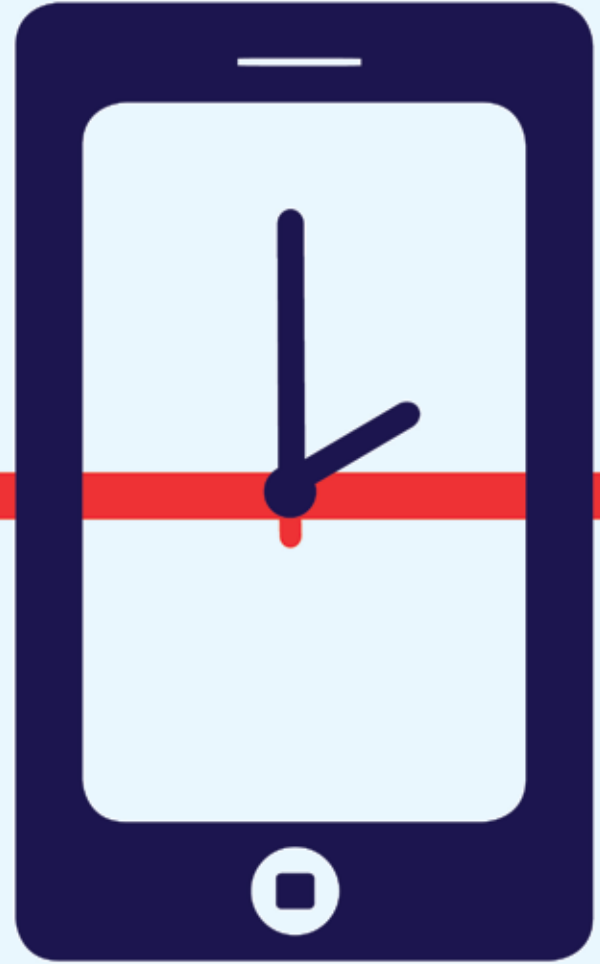
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Example: **D 12801** **send**
Space

Or for trains after a specific time, text:
D for Depart Platform ID*Time (24hr)

Example: **D 12801*1600** **send**
Space

Platform IDs can be found at each platform on the Information Display screens or in the Dubai Metro Handy Guide available at all Metro Stations.



*0.18 fils/sms



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Coping with UNEMPLOYMENT after graduation

So you've just graduated, now what? Graduation is a happy and exciting time for everyone, yet many graduates find it hard to make a smooth transition into the real business world. As soon as you graduate you realize that the job market is not as easy as you thought it would be. Don't worry, being unemployed after you graduate is not a big deal if you use your free time wisely. That being said, you can make the most out of your unemployment and Akhtaboot is here to tell you how.

Take a Break

For the first time in your life, you have the power to control how you spend all of your time. It is in your best interest to use this time sensibly. But remember, there's nothing wrong with taking some time off to relax to refuel your mind and body in order for you to take on the next stage of your life in full force. While relaxing and enjoying your free time, dedicate some of your time to stay up-to-date with what's happening in your industry. You can read newspapers, online blogs or watch the news. It is essential to be knowledgeable about what's going on in the world.

Do your Homework

You've always had an idea about what you could possibly do after you graduate. You probably didn't have the time to consider all of your options because you were preoccupied with studying. So now is a great time to reflect on your preferences and figure out what you really want to do and how you want to pursue it. So the first thing to do is to set your goals and objectives so that you have a clear picture of the direction you want to take. Then you could research potential companies you would like to work for and check out job vacancies on online recruitment websites such as www.akhtaboot.com.

Intern

Not only do internships give you a good reason to get out of bed in the morning, but it also enhances your CV. You can gain new skills, familiarize yourself with your own

strengths and weaknesses and get to know new people to your network. At an internship you will be able to practice some of the skills that you learned in the classroom and test it out in the real world. So before you jump in directly into a job that you do not know much about; an internship helps you get an insight of how a certain industry or job works. You don't want to end up disliking your first job because it's not what you expected it to be.

Network

Networking is a great way to make connections and learn more about the job market and the industry of your interest. The people that you need to network with can be your own friends, family members, or even former teachers or advisors. Your network can give you access to the hidden job market, or may help you find the career path that you want to take. Networking is all about who you know. It's an opportunity to learn from the mistakes of people around you.

Advance your existing Skills

Just because you're fresh out of college, doesn't mean that your skills are impeccable. Keep in mind that there is always room for improvement. Think about your language skill set? Can you work on it a little harder to improve? If so, then join a course. If you strongly believe that your current skills are on point, and then why not work on new ones. Having more than two languages on your CV can give you a competitive and push you ahead in the game.



By Akhtaboot – the career network (www.akhtaboot.com)

Hollywood news

Peter Jackson to help open WWI museum

Hobbit director Peter Jackson is apparently a history buff and recently announced that he would be helping to launch a museum commemorating the First World War. According to him the Wellington Museum plans to open during April to mark the 100th anniversary of the Gallipoli battle. The New Zealand Herald newspaper reported earlier that Jackson had been recruited by the government to curate the museum, and he was expected to gather aircraft, tanks and other artefacts from private and public collections. "That's where most of my time is now, which is good," Jackson said Wednesday. "It's fun and it's free. The exhibits will be very, very interesting, and I'm enjoying it."



Michelle Williams: Beyonce is not pregnant!

Michelle Williams denied the rumour of Beyonce Knowles being pregnant. The former *Destiny's Child* and close friend to the Queen Bey shot down the speculation on a TV show called *The View*. Rumours sparked when Knowles posted a photograph of a baby bump sculpted out of sand but according to Williams, "First of all, if you look at the picture, the baby bump is probably where her knees really are... Just stop it, stop it." She added: "You know, when she was pregnant, people said that she wasn't pregnant. There's just no truth to it. Sorry!"

Kim Kardashian shuns 'easy life' misconceptions



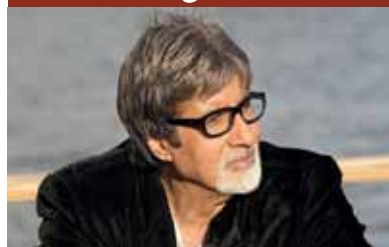
Reality TV star Kim Kardashian, who has gained popularity with reality show *Keeping Up With The Kardashians*, says people have several misconceptions about her life, including that "everything comes easy" to her. According to the 34-year-old star, "The biggest misconception about me is that I don't work hard and that everything comes easy to me. It's really hard to live in a world where there are so many people judging you," she said. Kardashian, who is married to rapper Kanye West and has a daughter North West, says she will teach her daughter the art of adapting to life under spotlight. "I'm going to teach my daughter to be really strong," Kardashian said.

Grandpa Snoop

Rapper Snoop Dogg took to Instagram to announce the fact that he has become a grandfather. The 43-year-old rapper posted a collage of his grandson and then shared a video of his eldest son Corde Broadus holding his first born. Corde Broadus welcomed their baby boy Zion with wife Jessica Kyzer. Zion is Dogg's first grandchild and is a father to three children, 20-year-old son Corde, 17-year-old son Cordell and 15-year-old daughter Cori.



Bollywood news



Amitabh Bachchan honoured as Social Media Person of the Year

The Bollywood megastar Amitabh Bachchan is an active social media user and online blogger.

Just recently he was awarded the Social Media Person of the Year award by the Internet and Mobile Association of India. The 72-year-old actor took the opportunity to thank his online fans, whom he affectionately calls his 'extended family', for their support. "There is an association of social media for India the IAMAI, and they reward me with the 'Social Media Person of the Year' award and it is time really to reward the extended family for this. You are the ones that have made it possible for me to be given this recognition," he posted in his blog.

Deepti Naval plays Kashmiri Muslim in 19th January

Veteran and acclaimed actress Deepti Naval will play the role of Kashmiri Muslim in the film *19th January*. The film is directed by Sanjay Amar and according to him he's "glad Deepti Naval is part of this project. She is known for her content-driven films and she said 'yes' to this film only because of the content. In the film, she will be seen as a Kashmiri Muslim lady who seems to be very confused. The whole story revolves around her." The movie *19th January* is based on the mass exodus of the Kashmiri pandits from the valley in the early 1990s.



Chef Vikas Khanna to make a Hollywood biopic

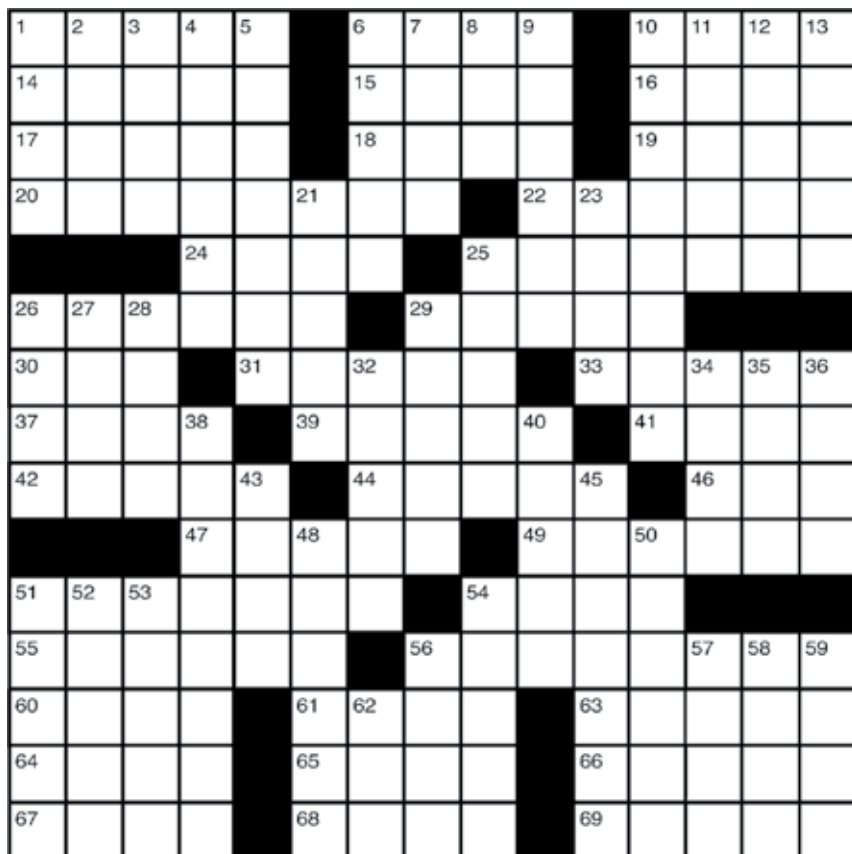
Award-winning Michelin-starred Indian chef Vikas Khanna confirms that he has been approached by a Hollywood studio to make a biopic on his inspiring journey from Amritsar to the US. "The plan is that I will first release a book, like a biography, and then follow it up with a movie," Khanna said in a statement. "My only condition for this was that they cast an Indian actor. I want someone whose art I believe in to portray me. I want either Aamir Khan or Farhan Akhtar to play me. In fact, even Nawazuddin Siddique would be good. The story will be my life, how I made it work in the west and then came to home ground to promote the Master Chef franchise," he added.

Bhatt buys rights of song Aayega Aane Wala for Khamoshiyan

Filmmaker Mahesh Bhatt has bought the right of popular old song of Lata Mangeshkar's *Aayega Aane Wala* from film *Mahal* for his upcoming production *Khamoshiyan*. "Aayega Aane Wala plays at a very crucial juncture in the film *Khamoshiyan*. It is such an iconic song and we wanted to use the song to heighten the mood of supernatural in the film," said Bhatt. *Khamoshiyan*, directed by Karan Darra, is set to release on January 30.



Taking your time



Crossword

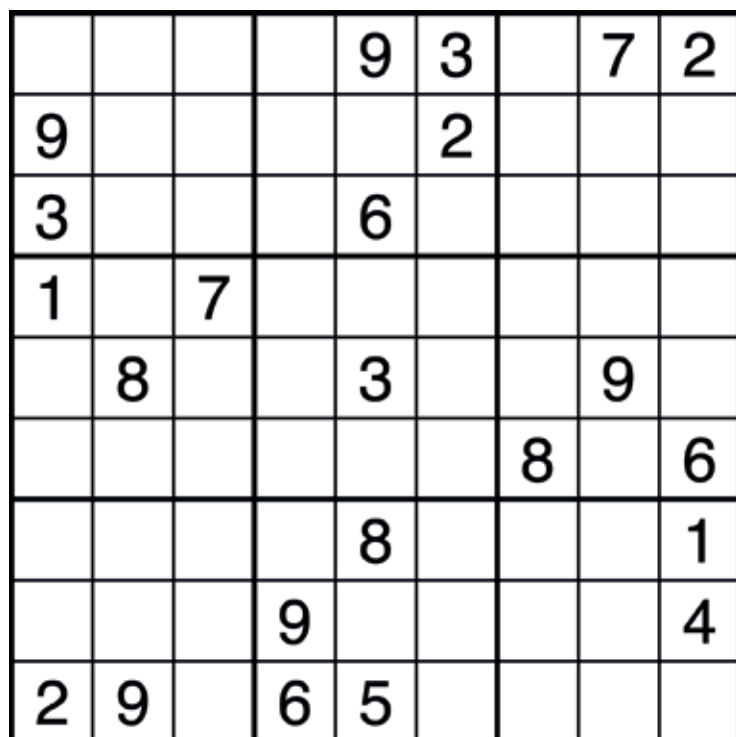
Across

1 Intelligent 6 Keep ___ on; watch closely 10 Strike with an open hand
14 External 15 Follow orders 16 Singer Perry ___ 17 Island greeting
18 Abound 19 Smell 20 Fixed 22 Irish accent 24 Close angrily 25 Hangs
around 26 Prepared potatoes, often 29 Actress Berry 30 Opening trio
31 Track events 33 Build 37 Messy person 39 Rump ___; cut of beef
41 Store event 42 Arrange 44 Influence; pull 46 Source of light and heat
47 Wall recesses 49 Gave an exam to 51 ___ Ann; classic little girl's doll
54 "All roads lead to ___" 55 Blazing 56 Rather lilac in color 60 Newborn
colt 61 Ignore intentionally 63 Shun a big wedding 64 Fuss & bother
65 ___ as a boil 66 Septic tank alternative 67 One-dish meal 68 Grows gray
69 Exchange

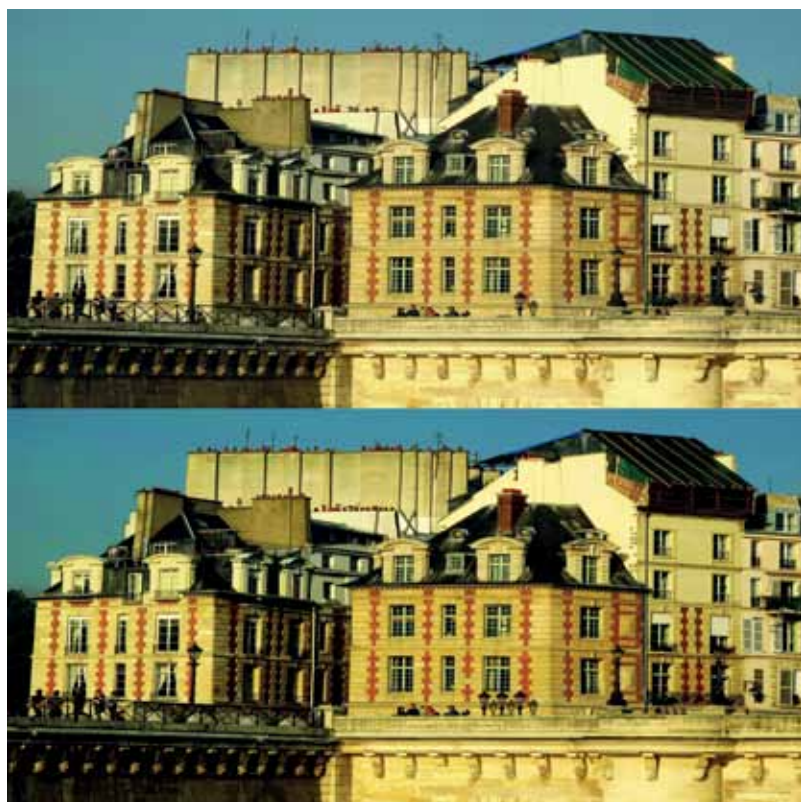
Down

1 Fly high 2 Stubborn animal 3 Sitting upon 4 Discuss again 5 Mobile
home 6 Tribal pole 7 Not up yet 8 Stinging insect 9 Status ___; sign of
prestige 10 Children's vehicles 11 BPOE hall 12 Louis L ___; western writer
13 ___ over; studies intently 21 Role on "M*A*S*H" 23 Make angry
25 Cowboy's rope 26 Church service 27 Qualified 28 Glasgow fellow
29 Cures 32 Annoyingly confident 34 Vane direction 35 Helpful hint
36 Take care of 38 Home style 40 Private teacher 43 "The Road Not
Taken" or "Paul Revere's Ride" 45 Violent storm 48 Ukraine seaport
50 eBay lister 51 Pool toys 52 Under way 53 Air freshening spray
54 Hillbillies 56 Unsullied 57 Cedar Rapids' state 58 Ran fast 59 In this
place 62 Holiday drink

Sudoku



Spot the difference



ANSWERS

SUDOKU

6	8	7	1	5	9	4	2	3
4	5	9	2	2	6	3	1	7
1	2	6	7	8	3	9	5	4
9	1	8	5	2	7	6	3	4
2	6	4	9	3	1	2	8	5
3	9	3	2	6	4	8	7	1
8	6	4	9	7	6	8	4	5
3	2	1	7	6	8	5	4	9
9	7	3	4	1	5	2	8	6
8	9	3	2	2	1	7	6	4
2	7	1	3	6	5	9	8	4

CROSSWORD

1	Intelligent	6	Keep ___ on; watch closely	10	Strike with an open hand
14	External	15	Follow orders	16	Singer Perry ___
17	Island greeting	18	Abound	19	Smell
20	Fixed	21	Role on "M*A*S*H"	22	Irish accent
23	Make angry	24	Close angrily	25	Hangs around
26	Prepared potatoes, often	27	Qualified	28	Glasgow fellow
29	Cures	30	Opening trio	31	Track events
32	Annoyingly confident	33	Build	34	Vane direction
35	Helpful hint	36	Take care of	37	Messy person
38	Home style	39	Rump ___; cut of beef	40	Private teacher
41	Store event	42	Arrange	43	"The Road Not Taken" or "Paul Revere's Ride"
44	Influence; pull	45	Violent storm	46	Source of light and heat
47	Wall recesses	48	Ukraine seaport	49	Gave an exam to
50	eBay lister	51	___ Ann; classic little girl's doll	52	Under way
53	Air freshening spray	54	Hillbillies	55	Blazing
56	Unsullied	57	Cedar Rapids' state	58	Ran fast
59	In this place	60	Newborn colt	61	Ignore intentionally
62	Holiday drink	63	Shun a big wedding	64	Fuss & bother
65	___ as a boil	66	Septic tank alternative	67	One-dish meal
68	Grows gray	69	Exchange		

What's in your stars?

The *Read.* astrologer tells you what you can expect over the next seven days.

ARIES

(MAR 21 - APR 20)

Whoa! You have your eye on the prize, but there's more to life than this one particular goal. Slow down, look around and consider the full spectrum of priorities. The give and take of life is richly rewarding. Lend a hand, and get some support yourself, it'll feel great.



TAURUS

(APR 21 - MAY 21)

Get grounded, with exercise, meditation, those who make you feel most wonderful, and you can reach for the stars. Then, the world may feel like it's pushing you. Will you push back, or go with the flow and see where it takes you?



GEMINI

(MAY 22 - JUN 21)

A significant other, a friend or someone you're partnering with at work may need handling with care. Listen carefully to what they're saying, and urge them to verbalize the between-the-lines stuff. Creative activities and communication pursuits suit you.



CANCER

(JUN 22 - JUL 23)

Retreating into your shell might not be a bad idea. Do check in with loved ones, though, and let your boss know exactly what you're working on prior to clamping on the headphones. You may still be feeling sensitive, but exercise your emotional intelligence.



LEO

(JUL 24 - AUG 23)

A random or not-so-random act of kindness from you gets the week off to a positive start. You'll want to take your outlook, turn it upside-down and shake well for best results. A terrific solution to a certain situation requires only a little stretch of the old noggin.



VIRGO

(AUG 24 - SEP 23)

You've got your head on straight and a definite twinkle in your eye — a stellar combination for both work and love. Then, kick a preconception, an expectation or a well-worn favorite way of doing something to the curb, then try several ways of replacing it.



LIBRA

(SEP 24 - OCT 23)

Expect some emotional ups and downs. Be ready to breathe, meditate or scream, and have someone who understands ready. Later, it's the upside that's emphasized, and the chance of romance is high! A new sweetie, or renewed fun with a dear old one awaits.



SCORPIO

(OCT 24 - NOV 22)

You've got patience with a purpose, and calm, cool and collected suits you. Things may get rockier; are you contributing to the drama or are you just part of the audience? It's easier to find it amusing as an onlooker, so consider your role carefully.



SAGITTARIUS

(NOV 23 - DEC 21)

Tightening the purse strings and taking an overall conservative approach may be best. You're making connections that completely crackle, both in your mind and with others. You're electric, and you just might do something shockingly brilliant.



CAPRICORN

(DEC 22 - JAN 20)

Your famous persistence pays off at the beginning of the week. Check up on a situation or connection you've been cultivating, and you'll likely see great results. Approaching a different idea with caution makes sense, but don't dismiss it outright.



AQUARIUS

(JAN 21 - FEB 19)

Get a little help with managing your time and setting your priorities from a mentor or a friend. Otherwise, the first couple of days this week will be dull. Later though, you're on top of the world and reaching for the stars, if the Universe has its way.



PISCES

(FEB 20 - MAR 20)

Do a little planning for work, your social life, your personal projects. You'll be that much more impressive as the days progress. An interesting vision may come your way. Surrounding yourself with what inspires you helps cue it, as does getting grounded and being open.



This week's local weather

SUN



18th

PARTLY CLOUDY
HIGH 24°C
LOW 19°C
HUMIDITY 62%

MON



19th

WINDY/CLOUDY
HIGH 23°C
LOW 17°C
HUMIDITY 57%

TUE



20th

WINDY/CLOUDY
HIGH 22°C
LOW 17°C
HUMIDITY 55%

WED



21st

PARTLY CLOUDY
HIGH 22°C
LOW 16°C
HUMIDITY 50%

THU



22nd

MOSTLY SUNNY
HIGH 23°C
LOW 16°C
HUMIDITY 52%

FRI



23rd

PARTLY CLOUDY
HIGH 24°C
LOW 16°C
HUMIDITY 62%

SAT



24th

SUNNY
HIGH 24°C
LOW 17°C
HUMIDITY 64%

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Conversations now have a new hot topic

New Spicy Chicken McNuggets™



limited time



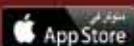
Your favorite Chicken McNuggets are now spicy. Go on, bite into these irresistible pieces of tender white chicken breast that are lip-smackingly yum. But remember, unlike gossip and secrets, these are a lot harder to share.

Want to share something? Join the conversation at
#ShareAMcNugget



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