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Poem of the week

Heavens Alight By Mariam Jreij

We want to remain whole,
And guard what keeps us whole,
When we break, we grieve,
For whom we once were.

We curse the cracks, But sometimes,
It's these cracks,
That allows us to be flexible and expand
Further into life.

Because sometimes,
What keeps us whole, keeps us caged
And what breaks us,
Sets us free.

This is why a rose has thorns,
This is why a sky makes storms,
And even the eyes of an innocent baby,
Will have tears.

Life resides under our skin,
And it is through these cracks,
That life can seep out,
And emanate to the world.

Read.Poll

How many phone apps do you typically use on a daily basis?

- 0-1
- 1-3
- 4-6
- 7-10

Send your answer online at www.readme.ae

LAST READ. POLL RESULTS

Who is your favourite Friends character?

Monica	20%	Rachel	20%
Chandler	00%	Phoebe	00%
Ross	40%	Joey	20%

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SOUND OF LOVE

Get serenaded on the Night of Valentine

Spend Valentine's day with Dubai based OPM Muse Marielle Castro. A GMA recording artist and a finalist for the 27th Awit Awards for Best Performance by a new Female Recording Artist for her song Bubble. Join her for a romantic evening and watch her perform tracks from her EP Album The Wayfarer, to be launched on the same night.

Where: Comedy Junction, Dubai Bowling Center, Al Mamzar
When: February 14, 2015
Admission: Ticket AED65, Buffet AED55(optional)
Telephone: 052 873 0015



DUBAI TOUR 2015

One of the region's most anticipated cycling events returns for its second year.

In partnership with RCS Sports and the Dubai Sports Council, Dubai Tour is a professional cycle race and spans over four days and four different stages and settings covering iconic locations in Dubai. The first stage takes riders on a 145km ride through to the Union House Flag. The second stage sees cyclists race to Atlantis, The Palm for 185km. The third stage is the longest stage, 205km and challenges cyclists all the way to the Hatta Dam. The final stage of Dubai Tour gets cyclists to pedal up to the Burj Khalifa at a 128km distance.

Where: Dubai International Marine Club
When: February 04-07, 2015
Admission: Free Admission



PIYA BEHRUPIYA

Witness Shakespeare's work, the Twelfth Night given an Indian twist and presented in an Indian setting.

Having successfully performed in their hometown India, France, Chile, China, UK, Singapore, Oman and Pakistan, this popular production now comes to Dubai. The play, commissioned by The Globe Theatre in London, in association with Tall Tales Production and Lemin Events, combines traditional Indian music and dance with those created by the performers themselves to create a unique interpretation of the Bard's tale.

Where: DUCTAC, MOE
When: February 06-07, 2015
Admission: Silver Dh150, Gold Dh250, Platinum Dh350



OMO CARNIVAL

OMO brings a day of fun for the whole family.

The Zabeel Park will be hosting the OMO Carnival this February. This will be a fun event for the whole family. Expect a surprise visit by the OMO Brand Ambassador, Kajol Devgan, the Bollywood superstar on the 6th of February. There will be a number of challenges for the whole family including obstacle races, arts and crafts and live entertainment.

Where: Zabeel Park
When: February 05-07, 2015
Admission: Park fees apply
Timings: 10:00 AM - 6:00 PM



Read.
Agenda

Check out our website to see our daily news, event and competitions. Like us on Facebook and follow us on Instagram where we highlight our latest online features and our favourite #MyDubai pictures sent to us from you the reader.



TRAVEL vaccines

Planning for a trip to another country is indeed exciting but make sure you add 'safety measures' to your to travel list. Ensure that you and your family would be able to enjoy your trip without any harm. Let READ show you some tips about getting the right vaccines before flying out.

3 Simple Steps to Deciding about Travel Vaccines

In his book, *The Vaccine Guide*, Dr. Randall Neustaedter, explains how to decide which travel vaccines make sense for you and your family.

1. Figure out what illnesses you're at risk of catching in the specific area(s) you will be traveling. Certain countries require proof of vaccinations for entering, but most countries only recommend certain vaccines and do not actually require them. For official, up-to-date information check the official CDC recommendations on wwwnc.cdc.gov/travel

2. Consider the likelihood of you catching an illness



vs. the potential side effects of its vaccine. There is no point in getting a vaccine that is not needed, especially if there may be side effects. Do the risks of the illness outweigh the risks of the particular vaccine? This may vary depending on who may be getting the shot – children, pregnant women, and others with weakened immune systems should get special consideration.

3. Examine the efficacy rate of the vaccine in question. Consider if the vaccine's efficacy is high enough to risk the side effects from its associated vaccine.

Three common travel vaccines to consider

Let's have a look at Hepatitis A, typhoid, and yellow fever, which are often up for consideration when it comes to travel vaccines.

Hepatitis A

is a viral infection that affects the liver, but it is rarely fatal and does not cause chronic illness. It is most commonly acquired by ingesting contaminated water, ice or raw foods. Whether you decide to vaccinate, get the IG, or skip both of these measures, it is essential that you adhere to the following rules when Hep A is a travel risk: Drink water that is bottled or boiled – including ice in your drinks and the water you use to brush your teeth. Peel fruit yourself, and avoid raw foods or unsanitary street vendors.

Typhoid

is an illness contracted through water that has been contaminated by sewage. Symptoms such as high fever, weakness and stomach pains can result, but it can be treated with antibiotics, and death from this disease is rare unless left untreated. Typhoid is most frequently acquired in underdeveloped tropical areas of Latin America, Asia and Africa.

Yellow fever

is a very serious viral disease that can be transmitted through humans and/or monkeys via mosquitoes. Yellow fever can be fatal if left untreated. Although this disease is very rare in travelers, flu-like symptoms accompanied by nosebleeds and rashes followed by jaundice, bleeding and death, are a great argument for vaccination if you are traveling in tropical areas of sub-Saharan Africa or South America and Panama.



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4 Lulu Center & Supermarket Karama	Al Karama		
5 Lulu Hypermarket Arabian Center	Al Rashidiya		

Red Line Green Line



Handling toxic coworkers

You would think that as adults, we are mature enough to deal with problems openly and directly. Unfortunately, this isn't exactly the case, and toxic behaviours that promote personal gain continue to occur into adulthood. Having one co-worker behaving badly at work can have a direct effect on the company's morale and productivity. Unfortunately, most working places have more than one employee who causes their co-workers endless anxiety and trouble. In order to deal with such employees, you need to always remember that you are in control of far more than you think. The ability to manage your emotions when dealing with toxic co-workers has a direct link to your success at work. Akhtaboot is here to highlight what you can control when it comes to dealing with such co-workers.

It's Not About You

It is way too easy to take something personal and think that the behaviour is about you when it is really about the other person. The first thing you need to understand is that toxic behaviour isn't targeted towards you. Often, toxic employees are dissatisfied with something that concerns them. This realisation allows you to let go of holding grudges and it directs you to focus on improving yourself. All you really need to do is develop coping strategies and employ it to neutralise toxic people. The best employees are skilled at managing their emotions in times of stress.

Keep Track of Your Work

Not getting credit for the long hours and hard work you put into your job is expected when you're dealing with toxic co-workers. We all work so hard to distinguish ourselves from the rest of the crowd and to receive the recognition we deserve. To make sure that a toxic employee doesn't steal your credit, make sure that you document your interactions as well as your work. Keep tangible proof of your own work to back you up when you need to.

Set Boundaries

Understanding your values and what you really stand for helps you figure out where you'd like to set boundaries. In other words, by identifying your personal values,



you're able to draw boundaries on what you consider acceptable behaviour and what you don't. Once you identify that, you need to communicate it with appropriate limitations. For instance, if a co-worker wants to gossip to you about another co-worker, you can tell them clearly and graciously, in that moment, that you don't want to participate in such discussions.

Seek out Help

Toxic co-workers have the potential to sabotage the working environment and can push the best people to leave. If your manager is unaware of the negative impact these individuals have on the office environment, it should be brought to his attention. Keep track of problems and make sure you have the facts to back it up. Approach your manager when you

have enough documented evidence. If none of your efforts seems to work, and you can't see any signs of improvement in the positive direction, then it might be worth it to consider quitting. Working for a boss who enables toxic behaviour is definitely frustrating and damaging to your career. Not only will it affect your career path inside the company, but it will follow you outside of the office. Remember to leave gracefully.

By Akhtaboot – the career network (www.akhtaboot.com)



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Fashion spotlight: 2015 SAG Awards

It's only February and we've already seen a whirlwind of fashion events and red carpets. Let's pick one and view the latest fashion trends the celebrities have been wearing on the red carpet. From sheer materials to velvets and beads, we just can't get enough of these gorgeous ladies.



Emma Stone

The 26-year-old actress looked gorgeous on the red carpet of the 2015 Screen Actors Guild Awards at the Shrine Auditorium in Los Angeles last January 25. The *Birdman* star hit the carpet in a one-piece tuxedo gown with a sheer skirt by Dior Couture, all the while rocking a bold red lip and smokey eyes.



Reese Witherspoon

Reese Witherspoon, 38, looked amazing on the red carpet. The actress, nominated for her lead performance in the film *Wild*, looked white hot in her custom made one shoulder Armani dress, berry lips and gorgeous pony, topping the look off with some Harry Winston jewels.



Camila Alves

Of course Camila Alves looked stunning at the 2015 SAG Awards. We know Camila is a model, but she honestly looked better than some of the A-list actresses on the carpet with her! Her loose waves were worn down, and pushed back behind her ear, further showing off the gorgeous neckline of her plum Donna Karan Atelier gown.



Rosamund Pike

The 35-year-old actress is up for the Outstanding Performance by a Female Actor in a Leading Role award for her work in the hit movie *Gone Girl*. She rocked a bold look with a Christian Dior haute couture dress and shoes with Fred Leighton jewels.



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LOVE is in the air

Valentine's Day is just around the corner, so what have you got planned out for your special someone? Don't panic! Breathe in, breathe out, READ is here to give you some romantic ideas on how to make valentine's day a memorable one. It's time to spread love all around.



Tulip Arrangement
Exotica, Exit 47, SZR
Call: 800 EXOTICA

Ditch the cliché rose and make her feel special with this Tulip arrangement. Show her how much you love her as Tulips signifies grace and elegance.

1 Surprise your special someone with a fresh bouquet of flowers in the morning. You can also include your song playing softly in the background to help add to the romantic mood. Alternatively you can also have balloons ready with special notes on them.

Mo's
City Walk, Al Safa Street

Celebrate the Month of Love at MO's and start each day in a decadent fashion with their Valentine's Day special Red Velvet Pancakes with White Chocolate Chips.



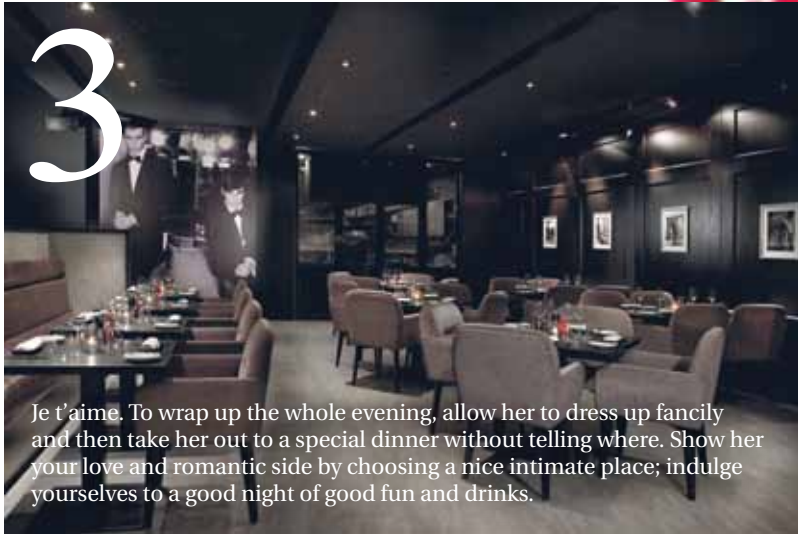
2 Prepare a breakfast for the both of you or if you lack skills in the kitchen, you can drive down to one of Dubai's many cafes and have a simple and intimate breakfast. This is the perfect time to catch up on your lives and talk more about your future, be careful not to give away your plans for the day. Let it be a mystery to add to the day.



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3



Je t'aime. To wrap up the whole evening, allow her to dress up fancily and then take her out to a special dinner without telling where. Show her your love and romantic side by choosing a nice intimate place; indulge yourselves to a good night of good fun and drinks.

'Diner d'Amour pour la Valentin' GQ Bar, JW Marriott Marquis

GQ Bar will be celebrating Valentine's Day a bit different this year. The venue, which exuberates opulence, will be offering its patrons a 5-course plus climax set menu, where each course represents a step in the game of love.

Packages:

- AED 250 per person: a welcome beverage + 2 signature cocktails/mocktails + 2 glasses of house red/white wine
- AED 350 per person: a welcome beverage + 2 signature cocktails/mocktails + 1 bottle of house red/white wine
- AED 500 per person: a welcome beverage + 2 signature cocktails/mocktails + 1 bottle of Prosecco
- AED 700 per person: a welcome beverage + 2 signature cocktails/mocktails + 1 bottle of Taittinger Brut Champagne

4

Sweet sweet love. Valentine's wouldn't be complete without chocolates. Stray from the usual chocolate heart pieces and go for something different. Nothing says thoughtful than a chocolate with a cute message.



Eataly

Lower Ground Level, Dubai Mall
Price: Chocolate tablets at AED19 each

At Eataly you will find Venchi's special chocolate giftboxes for Valentine's Day: delicious tablets and sweet chocolate hearts to indulge your partner with.

5

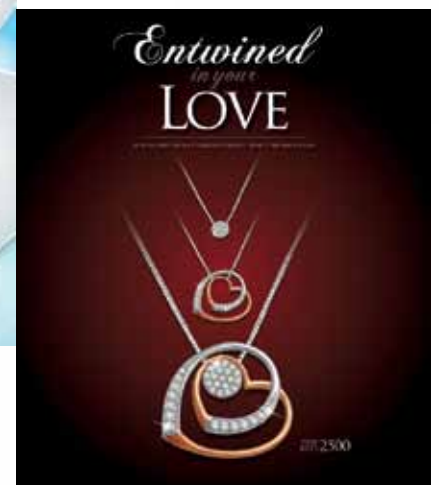


This Valentine's Day, nothing says 'I Love You' like the sparkling, exclusive and mesmerizing collection by region's favorite LIALI Jewellery. Change the way you express love as LIALI brings in an assorted range in trendy jewelry that are not just about hearts.



Trendy Charm Bracelets:

LIALI's New Petite charm bracelets in 18k gold and diamonds are just as unique as your love. Embellished with cute good luck charms, slide them on lovingly for the most memorable surprise you could ever plan. Designs in rose gold finish pose youthful vibrancy to the collection and can be just the perfect gift for your loved one starting at AED 1200.



3-in-1 Entwined Hearts:

Change the way you express love as LIALI captures the romance of the season with the new 3-in-1 Entwined Hearts pendant, which comes with a detachable diamond center which can either be worn with the heart or separately to create 3 different looks with the delicate rose gold chain. Crafted in Diamonds and 18K Rose Gold, the pendant is priced at AED 2500.

Diamond Pendants:

Change the way you express love as LIALI captures the romance of the season with the new 3-in-1 Entwined Hearts pendant, which comes with a detachable diamond center which can either be worn with the heart or separately to create 3 different looks with the delicate rose gold chain. Crafted in Diamonds and 18K Rose Gold, the pendant is priced at AED 2500

DIY:Galle

Do you have lots of amazing photos you want to show off but don't have the space for? Well then it's time to get your creative hat out of the bag, as READ gives you some tips and tricks on how you can spice up your living space. All you need are your gorgeous family images, some chosen frame pieces, your creative mind and voila!

The right height

The number one thing most people do wrong, when hanging pictures over a sofa, is they hang them up too high. When you hang a picture on the wall behind a sofa, you want to think of the sofa and pictures together as one grouping, not two separate entities. Standard eye-levels of most adults range from 50-70 inches, which makes a good average of around 57 inches from the floor and the space between the sofa and the frames should be around 10-12 inches.

Plan ahead

Once you've decided on the theme, it's time to decide what type of frames you would need and where you can get them. Especially if you have a budget to keep, Ikea, Daiso and Clas Ohlson are some good places to get affordable and trendy frames.

Find your inspiration

Find out what style gallery wall speaks to you, you can do this using dear old Google and even Pinterest. Are you going for an eclectic look that consists of vintage frames and repurposed goods? Or are you looking for a more organized streamline display? Do your review and find out what type of outcome you would like to have.



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ry wall

Avoid oopsie's

Now you may think that once you have the gallery wall you desire in your head, that it's difficult to have them fulfilled. Wrong, it's actually quite easy, all you need are the frames you purchased, scrap papers or newspapers, a pencil and scissors. Here is where the fun part begins. Start by creating paper templates of your wall frames. Once done, you can either layout them on the floor to finalize the arrangement you would want, or to stick them up on the wall itself. Once all your paper templates are in place, you can easily nail up your frames with virtually zero mistakes or guess work. No more oopsie holes either!



Sri Lanka: the wonder of Asia



UDA WALAWE NATIONAL PARK

Discover a country filled with
the essence of a paradise

By Wissam Aoun

February is a fantastic time for escaping in search of the sun and the mesmerising panorama some countries can offer. Various destinations in Asia are ideal at a time like this, especially Sri Lanka, a country which has more than 3550 years of continuous written history. Sri Lanka boasts endless beaches, timeless ruins, and of course, welcoming hospitality. The island has seduced travelers for centuries as it packs an extraordinary variety of places to visit within its modest physical dimensions. Prepare yourself for a wonderful once-in-a-lifetime journey because Sri Lanka has opened up new areas of the north to curious visitors and driving

tourism across the whole country. You might want to start off by visiting Colombo, the capital of Sri Lanka. This destination is no longer just the sprawling city you pass by on your way to the southern beaches, it has become a worthy destination in its own right. Colombo is the gateway to Sri Lanka for tourists. You can take a train ride along the coast to the popular beach of Mount Lavinia, or perhaps explore the Talangama Wetland, the perfect place to take a break from the busy streets of the city. The city houses mansions, lush gardens, fine dining options, and shopping malls, leaving you with plenty to do. It's time for you to see wildlife like



MOUNT LAVINIA HOTEL



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ELEPHANTS IN THE WILD

never before. Head towards the Uda Walawe National Park, a Sri Lankan national park that rivals the savannah reserves of Africa. The park contains herds of elephants, wild buffalo, sambar deer and leopards. It's the one park in Sri Lanka which you should not miss. If you're a wildlife enthusiast, then this is the definitely the place for you to be in. During your visit, it is not unusual to see herds of elephants feeding or bathing and playing in the water. Time for some nature and architecture as you make your way towards Sigiriya, an ancient palace located in the central Matale District. You might think of this place as the 'Garden of Eden' because it is no doubt one of the best looking gardens out there. You have the opportunity to witness a breathtaking view of the city and

“ Sri Lanka, a country which has more than 3550 years of continuous written history and boasts endless beaches, timeless ruins, and, welcoming hospitality.”

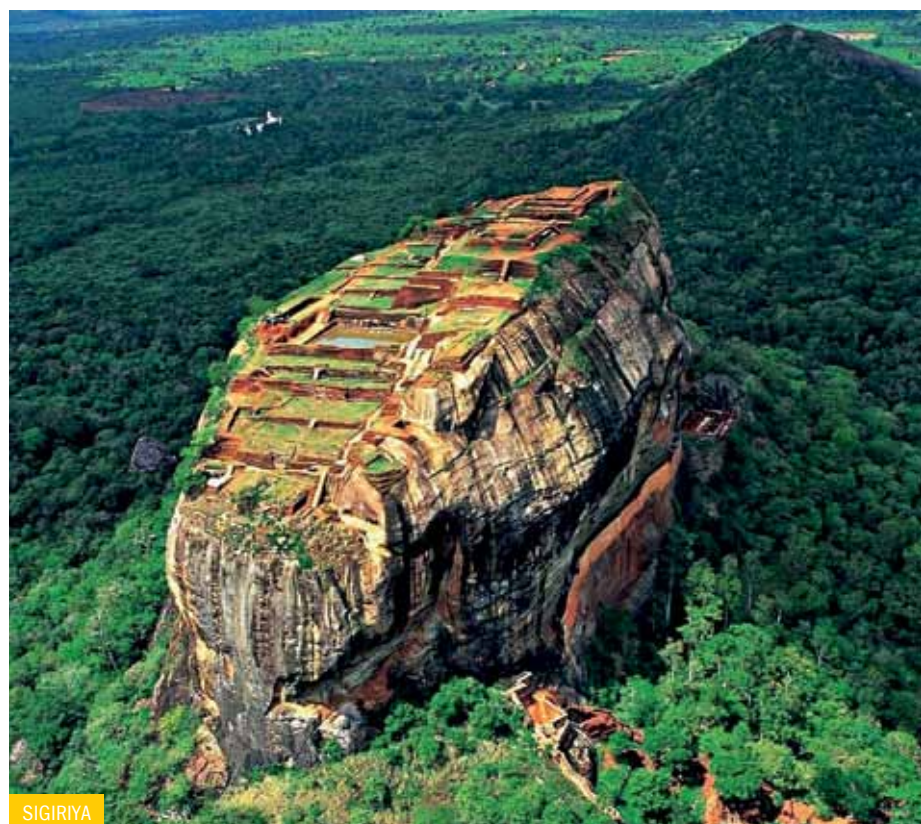
stone and climb up to the royal compound to see the terraces and gardens. Sigiriya offers a spectacular panorama of the surrounding valley, leaving you with plenty to discover.



TALANGAMA WETLAND



VIEW OF COLOMBO HARBOUR



SIGIRIYA

UK's biggest DANCE weekend has gone global first stop, Dubai!

Calling all dancers across town! Get your dancing shoes on as we pop, lock, twist and turn our way into February, with what is considered the biggest dance weekend Dubai will ever see. Coming all the way across the world, the United Dance Organisation (UDO Ltd.) presents Encore Dubai, their first ever global move for Encore Weekend, the biggest and best dance weekend to ever be held in the UK.

By Mae Cabigas

READ got in touch with UDO's project manager Kate Davies, to tell us more about this global move. "UDO is the largest street dance organisation in Europe. We run large scaled events worldwide, including annual British, European and World Championships. We also run qualifiers across the UK, and have UDO affiliates in Africa, Asia, Australia, Europe, North America and South America. We not only offer competitive street dance competitions but we also offer a National Schools dance championship and Encore events which incorporate all different styles of dance. We also have a teacher and student qualification which is nationally recognised." When asked what Encore Weekend was all about, she explains that it is an "opportunity for young dancers to learn and develop their technique and performance skills from the best of the best." Furthermore she mentions that, "The event involves taking part in 3 hours of dance workshops with celebrity dance acts from the UK - we have Twist and Pulse, Turbo, Lizzie Gough and members of Flawless from Britain's Got Talent, So you

Think You Can Dance and Got to Dance all coming to teach workshops in their specialist dance style."

Kate believes that, "Dubai has a great up and coming dance scene that will benefit from the Encore brand," which is why they have chosen Dubai as their first stop for their global campaign. When asked if they are planning to have Encore Dubai as a yearly project, she promptly responds that, "Yes we hope to come back each year to run an Encore event. We hope to build the workshop platform and this will the progress into competitions and shows. It's an exciting project and we look forward to launching it in Dubai."

Encore Dubai is a dance workshop not only for street dance but for all types of dances, as Encore Dubai promises an all-inclusive dance education. From Bollywood to Ballet, the Encore weekend really does have a dance style for everyone to enjoy. The event is also open to ages 6+, so makes for a perfect family fun day. Jam-packed into the day will include: Celebrity dance workshops, meet and greet, Q & A sessions, a certificate of participation plus the



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chance to see Celebrity Acts perform. Phew!

When asked for a quote from the celebrity acts, Glen Murphy (Twist & Pulse), runner up of ITV's hit show Britain's Got Talent, says that, "The talent of these kids today is amazing! I'm constantly impressed by all the performances at Encore and am looking forward to seeing

what dancers in Dubai can do!" With all the emerging talents from Dubai's youth, we are pretty sure that our guests from the U.K will be blown away. So don't forget to head on down to Gems Wellington Dance Academy this February 7th and experience this dance extravaganza.

Photo credits: Steve Welsh and Steve Fox





من ١ فبراير إلى ١١ فبراير ٢٠١٥

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24 Dhs

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+ night cream 50ml



~~9 Dhs~~
9.75 Dhs

طقم شرائع قطنية (سبيجول)
Sea Pearl cotton set



~~37 Dhs~~
24.75 Dhs

لوشن للجسم (مارتين) 400 مل
Vaseline lotion 400ml



~~25 Dhs~~
17.75 Dhs

كريم الجمال (دوف) 250 مل
Dove beauty cream 250ml



~~36 Dhs~~
14.75 Dhs

شامبو (ويلا) 500 مل + بلسم 500 مل
Wella Pro Series shampoo 500ml
+ conditioner 500ml



~~35 Dhs~~
19.75 Dhs

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Finding COMFORT on the roads



After hitting the roads with Kia's new Cerato, I can admit that the more I drove it, the more I loved it. It could really hit the charts for being one of the most comfortable drives out there. The Cerato has made real advances since it was first introduced to the world back in 2004. It's fair to say that this vehicle is good value for money, affordable, stylish, well-engineered and good quality.

The Kia Cerato is well packaged with three adjustments for steering wheel effort, keyless entry, six-way adjustable driver's seat, heated door mirrors, touch LCD colour screen, MP3 compatible audio with CD, radio and six speakers, iPod connection, Bluetooth, air

conditioning, and of course, an excellent rear-view camera – pretty much everything you could ask for on the inside of a car.

The Cerato boasts a classy design with a sporty edge, which Kia described as an "emotional appeal". The latest model of this car is sleeker, lower, longer and wider, blending all designs into perfection. Believe it or not, the car is quite spacious and gives you all the head and leg room you need.

It might not be one of the fastest cars in the world but it sure isn't a slouch either, accelerating from 0-100km/h in an estimated 9.3 seconds. Under the hood we find a 1.6-litre V4 engine with a power of 130 horsepower.



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EASIER than ever

You'll hardly find someone out there who's not interested in the piano, so if you're considering picking up an instrument to learn, whether it's because of your passion for music or simply impressing some friends, now is the right time to do so. Do you ever suffer from forgetting which piano key is the right note? Well, to be frank, many learners do. Thanks to McCarthy Music's "Illuminating Piano", you won't have to go through that anymore. This piano lights up the keys with embedded RGB LEDs to help aspiring pianists as they learn to play. The keyboard connects to an iPad or Windows PC via Bluetooth, USB or MIDI interface. It comes with an app that displays digital music sheets containing more than 1000 pieces of popular music. The software is able to track your progress and will therefore determine where you are having the most trouble, making you learn the piece of music before you know it.



A glimpse into the FUTURE

It looks like Microsoft has taken things to a whole new level after unveiling its new HoloLens, a sleek, futuristic headset with transparent lenses. The Microsoft HoloLens allows users to see the world around them in a transformed manner with 3D objects floating in midair, virtual screens on the wall and your living room covered in virtual characters. It's fair to say that the future is now thanks to this device. While everyone else just thinks you're wearing funny looking glasses, Microsoft's goggles show images only you, the wearer, can see. Microsoft is aiming to bring the wonders of a computer directly to the one you're living in. Once you were these goggles, you will still be able to see the real world around you without worrying about bumping into walls as you walk. The device will sense your movements in a room to use this information along with layers of coloured glass to create images you can interact with.

SPORT SHORTS

Cricket:

Shane Watson remains unsure whether he will be fit to take place in Australia's one-day international final against England or India; however the 33-year-old is not considering missing the upcoming World Cup. Watson said his hamstring recovery is going well: "nothing too serious, but more so a precaution just to make sure it settles down over this week and be ready to go again. If not then, the practice matches leading into the World Cup."



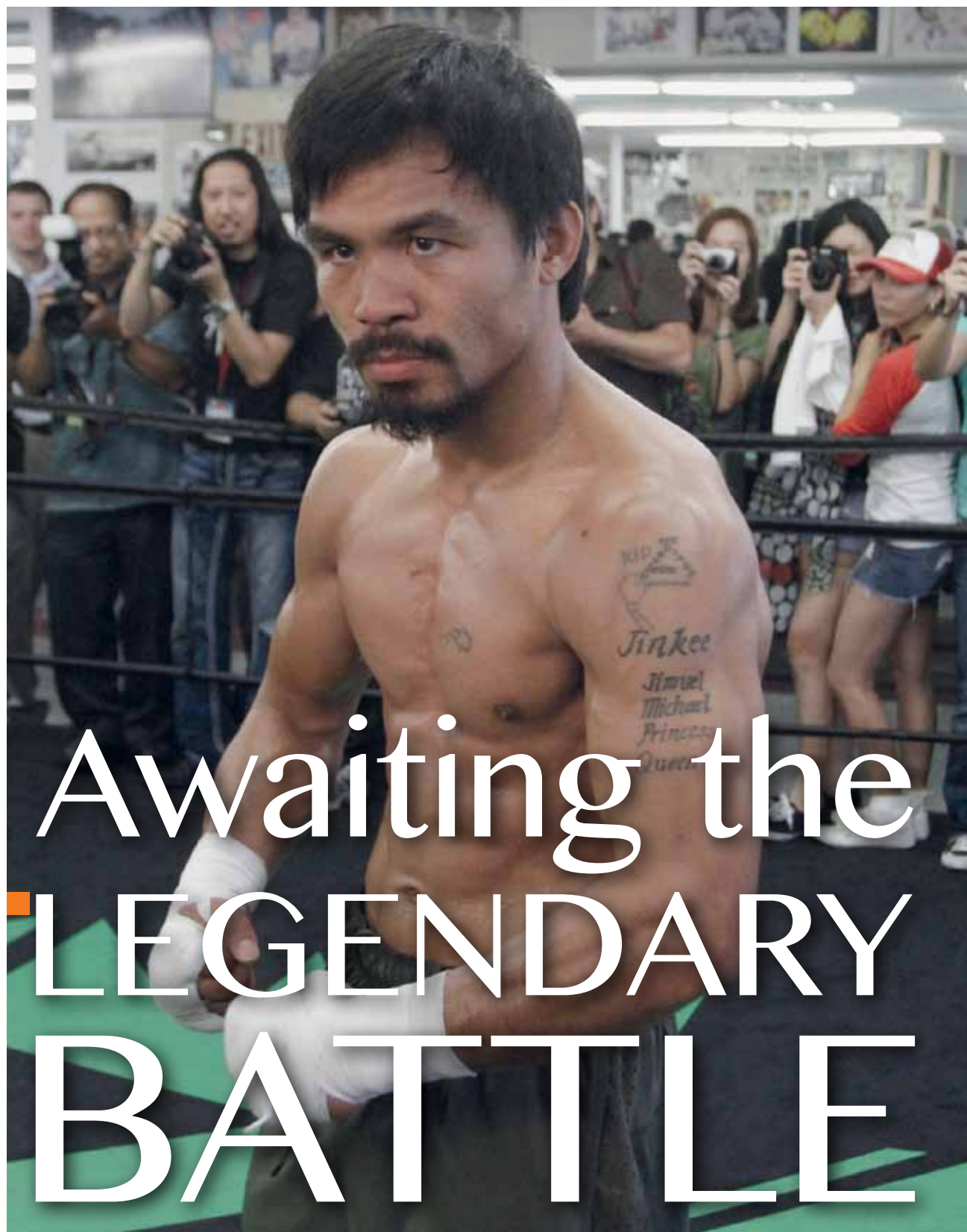
Athletics:

Hurdler Dai Greene has claimed that the case of the two Welsh athletes banned for failing drug tests should serve as a warning to younger athletes out there. Gareth Warburton and Rhys Williams have received six and four-month bans after taking supplements containing prohibited substances "without their knowledge". "Sadly these two have been let down, but hopefully the next generation will learn from that," said Greene.



Golf:

Tiger Woods, who was struck in the face by a camera, is now feeling that he is getting back up to his best form. The 14-time Major winner was watching his girlfriend compete at the skiing World Cup before he got hit by a camera which damaged two of his teeth. Woods has made his return to the course at the Phoenix Open after getting his teeth fixed.



Manny Pacquiao and Floyd Mayweather Jr have finally met in person for the first time at a basketball game and managed to exchange numbers between each other. Mayweather walked over to Pacquiao, shook his hand and chatted briefly. A fight between the two professional boxers has been mooted for May 2. Pacquiao claimed that they could now negotiate directly about meeting in the ring after their meeting, leaving him almost certain his showdown with Mayweather will happen this spring. "I think it will happen, I believe that. If this doesn't happen now I don't think it will, so now is the time," said Pacquiao.



Listings

THE READ. WEEKLY GUIDE TO WHAT'S ON AT THE MOVIES.

SCHEDULE CORRECT AT TIME OF
GOING TO PRESS; HOWEVER, PLEASE
NOTE THAT MOVIE THEATRES CAN
CHANGE SCHEDULES WITHOUT NOTICE



BIRDMAN

The Dubai Mall

The Book of Life 11:00am 1:00pm 3:00pm
5:00pm 7:00pm
Dumb And Dumber To 9:00pm 11:10pm
1:20am
Wild Card 11:30am 1:30pm 2:30pm 3:30pm
4:10pm 4:35pm 5:30pm 6:40pm 7:25pm
7:30pm 8:45pm 9:00pm 9:30pm 10:50pm
11:05pm 11:30pm 12:55am 1:10am 1:30am
Blackhat 11:55am 2:00pm 2:40pm 5:25pm
7:15pm 8:10pm 10:55pm 12:30am 1:40am
American Sniper 11:40am 12:40pm 1:30pm
2:20pm 3:20pm 4:35pm 5:00pm 6:00pm
6:15pm 7:40pm 8:40pm 9:30pm 10:20pm
11:20pm 12:15am 1:00am 2:00am
Taken 3 11:20am 1:40pm 2:20pm 4:00pm
4:40pm 4:50pm 6:20pm 7:00pm 8:40pm
9:20pm 10:05pm 11:00pm 11:40pm 1:20am
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Barbie In Princess Power 12:05pm
Black Sea 1:50pm 3:35pm 5:20pm 7:45pm
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Paddington 11:20am 2:15pm 9:10pm
Mortdecai 1:25pm 3:40pm 5:55pm 8:10pm
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Birdman 12:30pm 3:00pm 5:30pm 8:00pm
8:10pm 10:30pm 1:00am 1:20am
Annie 11:50am 6:45pm
The Hunger Games: Mockingjay Part 1
4:15pm 11:10pm
Horrible Bosses 2 12:55am 1:40am
Selma 2:00pm 4:40pm 5:30pm 7:20pm
10:00pm 10:40pm 12:40am
Penguins Of Madagascar 1:00pm 3:00pm
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The Hobbit: The Battle Of The Five Armies
7:05pm 10:00pm
Into The Woods 1:30pm 8:25pm
Night At The Museum: Secret Of The Tomb
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The Woman In Black 2 6:15pm 1:10am
Unbroken 1:05pm 8:30pm
The Theory Of Everything 3:45pm 11:10pm
The Imitation Game 6:10pm 1:35am
Hawaizaada 1:25pm 7:30pm 10:30pm
1:30am
Baby 4:25pm 9:50pm 1:00am
Robot Overlords 1:50pm 3:50pm 5:50pm
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Dubai Marina Mall

Wild Card 11:30am 1:30pm 3:30pm 5:30pm
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The Beach – JBR

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The Book of Life 1:00pm 3:05pm 5:10pm
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Birdman 1:30pm 6:30pm 7:25pm 11:30pm
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PK - 11:00AM 2:30PM 4:00PM 5:45PM
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Seventh Son - 1:00PM 6:00PM 8:30PM
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Seventh Son (4D) - 12:15PM 2:30PM
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The Hobbit: The Battle Of The Five Armies -
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The Woman In Back 2 - 6:30PM 8:45PM
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Mall of the Emirates

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The Water Diviner - 12:15AM 9:00PM
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The Woman In Back 2 - 1:40PM 7:00PM
12:15AM
Tom Little And The Magic Mirror - 9:30AM
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Unbroken - 10:40AM 4:00PM 9:15PM
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Vice - 7:45PM 10:00PM 12:15AM

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Night At The Museum: Secret Of The Tomb -
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PK - 11:10AM 12:20AM 2:30PM
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6:45PM 11:45PM
Seventh Son (3D) - 11:15AM 2:15PM
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Seventh Son (4D) - 10:30AM 1:00PM
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Tevlar - 5:20PM 8:50PM 12:15AM
The Hobbit: The Battle Of The Five Armies -
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The Water Diviner - 10:30PM
The Woman In Back 2 - 5:45PM 10:15PM
**Tinker Bell And The Legend Of The Never-
Beast** - 10:30AM 12:30PM
Tom Little And The Magic Mirror - 11:00AM
4:00PM 8:15PM
Unbroken - 5:00PM 7:30PM
Vice - 8:00pm 12:30AM 12:45AM

Mercato Mall

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Paddington - 2:30pm
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(3D) - 9:30am 12:30pm 6:45pm

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9:20Pm 11:55Pm
Black Sea 10:15Am 12:35Pm 2:55Pm
5:15Pm 7:35Pm 9:55Pm 12:15Am
Birdman 11:00Am 1:30Pm 4:00Pm 6:30Pm
9:00Pm 11:30Pm
Taken 3 10:10Am 11:00Am 12:50Pm 1:10Pm
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7:40Pm 8:50Pm 9:00Pm 9:50Pm 11:10Pm
11:30Pm 12:00Am
Hawaizaada 10:00Am 11:00Am 1:00Pm
2:05Pm 5:00Pm 5:10Pm 8:10Pm 8:15Pm
11:20Pm
Darker Than Night 4:00Pm 6:00Pm 8:00Pm
10:00Pm 12:00Am
Robot Overlords 10:30Am 12:30Pm 2:30Pm
4:30Pm 6:30Pm 8:30Pm 10:30Pm 12:30Am
Paddington 10:00Am 12:00Pm 2:00Pm
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The Imitation Game 8:20Am 10:40Am
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Song Of The Sea 10:45Am 12:45Pm 2:45Am
4:45Am
My Little Pony:equestria Girls-Rainbow Rocks
10:00Am 11:45Am 1:30Pm 3:15Pm
The Book Of Life 11:00Am 1:00Pm 3:00Pm
5:00Pm
Barbie In Princess Power 10:00Am 11:45Am
1:30Pm 3:15Pm 5:00Pm
American Sniper 10:30Am 1:10Pm 3:50Pm
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Mortdecai 11:0 0Am 1:10Pm 3:20Pm
5:30Pm 7:40Pm 9:50Pm 12:00Am
Shankars "I" (Tamil) 4:00Pm 7:30Pm
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PK. 10:00Am 1:00Pm
Dolly Ki Doli 10:00Am 12:00Pm 2:00Pm
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Nagara Varidhi 10:30Am 1:10Pm 3:50Pm
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Baby 10:30Am 1:40Pm 4:50Pm 8:00Pm
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Cinecity Al Ghurair Centre

Escobar: Paradise Lost - 12:30PM 5:10PM
9:50PM
Foxcatcher - 12:00AM 2:40PM 7:20PM
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Iyobinte Pusthakam - 4:00PM 7:15PM
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Lingga - 10:30AM 2:05PM 5:40PM 9:15PM
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Night At The Museum: Secret Of The Tomb -
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PK - 10:30AM 11:30AM 1:30PM 2:30PM
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11:30PM 1:30AM
The Hobbit: The Battle Of The Five Armies -
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The Hobbit: The Battle Of The Five Armies
(3D) - 12:45PM 6:20PM 11:59PM



AMERICAN SNIPER

Cineplex Wafi City

Dying Of The Light - 10:30AM 12:20PM
2:10PM 4:00PM 5:50PM 7:40PM 9:30PM
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Escobar: Paradise Lost - 10:00AM 12:20PM
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Foxcatcher - 10:30AM 1:10PM 3:50PM
6:30PM 9:10PM 11:50PM
Home - 4:45PM 6:45PM 8:45PM 10:45PM
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Iyobinte Pusthakam - 1:30PM 8:15PM
Lingga - 10:00AM 4:45PM 11:30PM
Night At The Museum: Secret Of The Tomb -
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12:10AM
Penguins Of Madagascar - 10:00AM
12:15PM 2:30PM
PK - 9:30AM 10:30AM 11:30AM 12:30PM
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The Hobbit: The Battle Of The Five Armies -
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7:30PM 9:20PM 10:20PM 1:10AM
The Hobbit: The Battle Of The Five Armies
(3D) - 12:50PM 6:30PM 12:10AM

Dubai Festival City

Action Jackson - 10:00AM 12:45PM 3:30PM
6:20PM 9:10PM 12:00AM
Death Squad - 10:30AM 2:30PM 6:30PM
10:30PM
Dumb And Dumber To - 10:00AM 12:10PM
Falcon Rising - 12:30PM 4:40PM 8:50PM
12:55AM
Horrible Bosses 2 - 10:00AM 11:00AM
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Interstellar - 11:00PM
Ithihasa - 12:30PM 6:00PM 11:00PM
Nightcrawler - 11:00AM 1:20PM 3:40PM
6:00PM 8:20PM 10:40PM 12:55AM
Penguins Of Madagascar - 10:00AM
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9:00PM
Penguins Of Madagascar (3D) - 11:00AM
12:50PM 2:40PM 4:30PM 6:20PM
Rampage: Captial Punishment - 10:30AM
2:30PM 6:30PM 10:30PM
Reclaim - 10:30AM 2:40PM 6:50PM
11:00PM
The Hunger Games: Mockingjay - Part 1 -
2:20PM 4:50PM 7:20PM 9:50PM 12:20AM
The Hunted - 12:30PM 4:30PM 8:30PM
12:30AM
The Pyramid - 11:00AM 1:00PM 3:00PM
5:00PM 7:00PM 9:00PM 11:00PM 12:50AM
Ungli - 10:00AM 3:30PM 9:00PM
Wahed Saaidy - 12:30PM 4:30PM 8:30PM
12:30AM

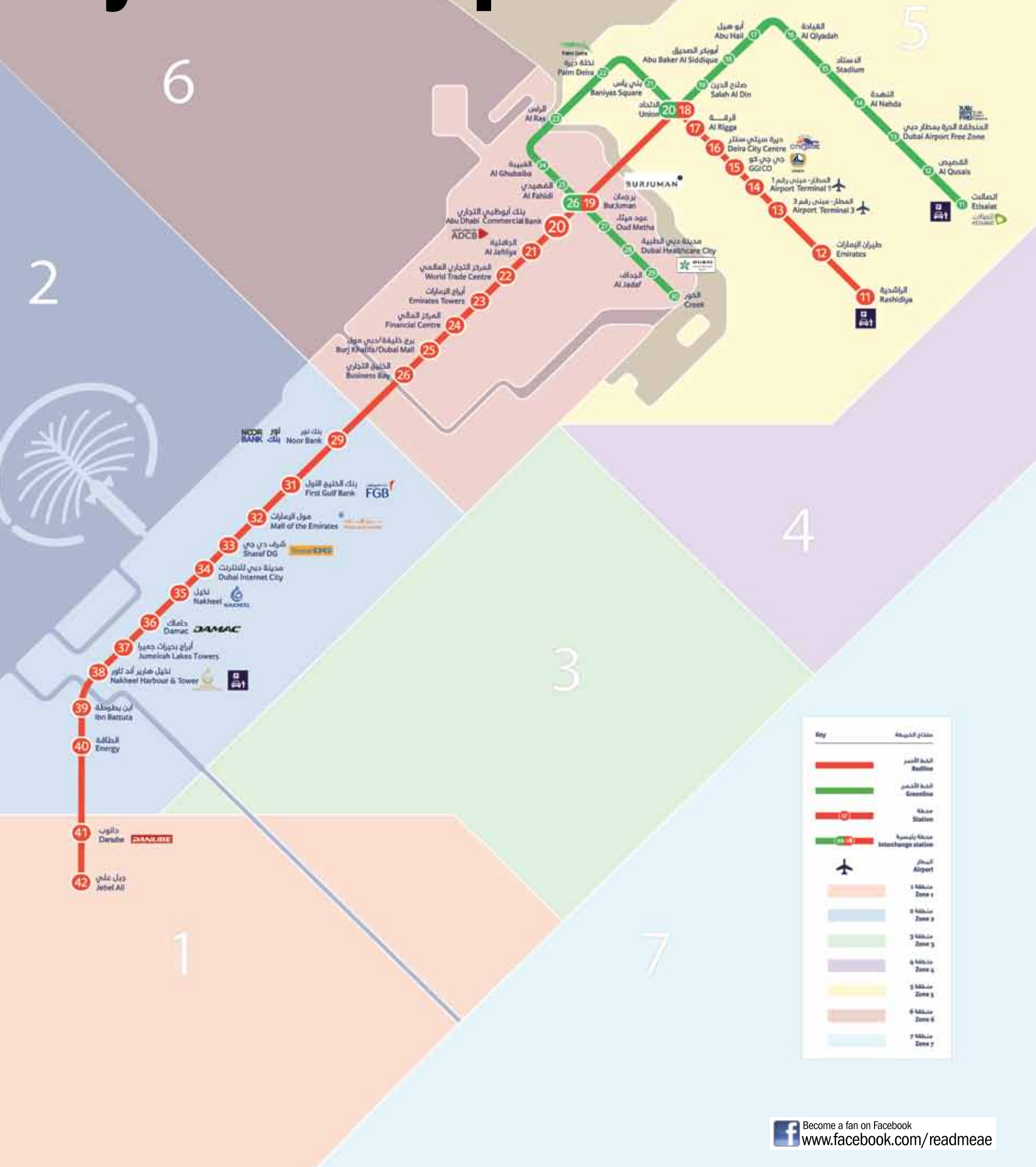
Galleria

Ithihasa - 1:30PM 7:30PM
Kaaviya Thalaivan - 10:30AM 4:30PM
10:30PM 1:30AM
Velli Moonga - 10:30AM 1:00PM 4:00PM
7:00PM 10:00PM 1:00AM
12:50PM 2:40PM 4:30PM 6:20PM
Rampage: Captial Punishment - 10:30AM
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The Hunger Games: Mockingjay - Part 1 -
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Ungli - 10:00AM 3:30PM 9:00PM
Wahed Saaidy - 12:30PM 4:30PM 8:30PM
12:30AM



MORTDECAI

Dubai Metro system map



Metro Retail

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DESERT SAFARI

AED 85

- Pick and drop
- BBQ dinner
- Dune bashing
- Belly dance show
- Camel riding
- Tanoora show
- Welcome drinks in the camp

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DHOW CRUISE DINNER

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• Unlimited softdrinks and mineral water
• Background music and magic show

AED 79



AED 70

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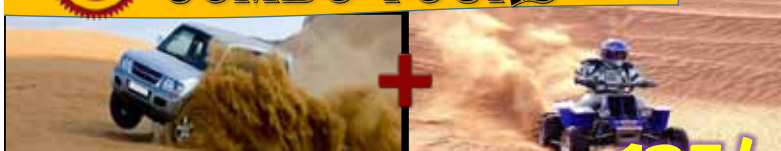
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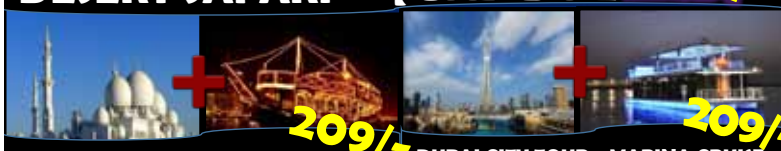
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Quick personal loan with credit card. Requires a minimum salary of Dhs4,000 plus accommodation, or Dhs5,000 and above. Call or SMS 0559601579.

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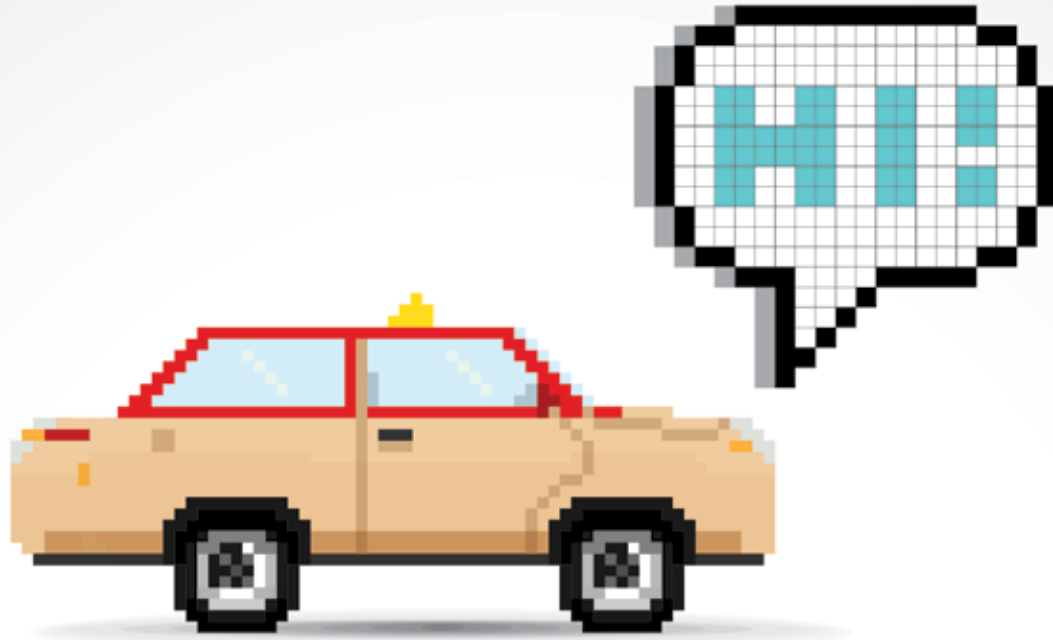
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Personal loans with simple documentation and fast approval. No salary transfer required. Call 0556796760.

Personal loan service for salary Dh4,500 plus variable income. Dhs3,000 for car loan. Easy company listing, no salary transfer and fast approval. Call 0505587116.

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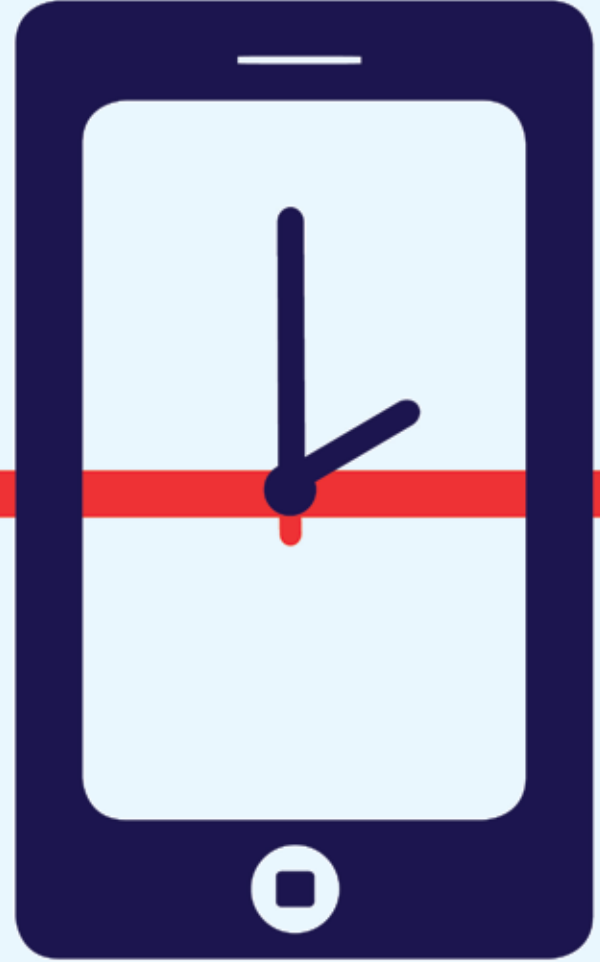
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Mortdecai

Juggling some angry Russians, the British Mi5, his impossibly leggy wife and an international terrorist, debonair art dealer and part time rogue Charlie Mortdecai (Johnny Depp) must traverse the globe armed only with his good looks and special charm in a race to recover a stolen painting rumored to contain the code to a lost bank account filled with Nazi gold.

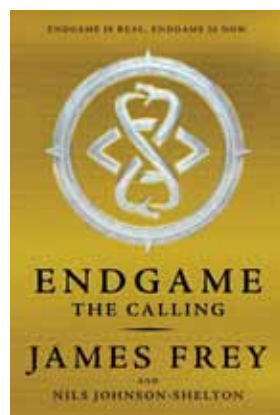
WATCH



1989 by Taylor Swift

Taylor Swift has completed her transition from country ingénue to urban sophisticate. Her '80s-inspired fifth studio effort is her first "official pop album," with heavyweights like Max Martin, Shellback, Ryan Tedder, and Jack Antonoff assisting in the construction of a sleeker, glitzier sound. "Shake It Off" mimics "Hey Ya," OutKast's own pledge of allegiance to populism, and echoes of Madonna, Cyndi Lauper, and Belinda Carlisle can be heard throughout, notably on the smouldering mid-tempo jams "Out of the Woods" and the second single, "Blank Space." "I'm a nightmare dressed like a daydream," Swift insists on the latter. 1989 is a juggernaut, as brash and brilliant as the lights of Times Square.

LISTEN



The Calling (Endgame)

Twelve thousand years ago, they came. They descended from the sky amid smoke and fire, and created humanity and gave us rules to live by. They needed gold and they built our earliest civilizations to mine it for them. When they had what they needed, they left. But before they left, they told us someday they would come back, and when they did, a game would be played; a game that would determine our future.

READ

PLAY

Assassin's Creed Unity Dead Kings

Dead Kings is a piece of downloadable content for Assassin's Creed: Unity, released in the US on 13 January 2015 on Xbox One, PlayStation 4, and PC, and on 14 January 2015 in Europe, Asia and Middle East for PlayStation 4. Set after the game, it follows Arno Dorian as he battles a group of raiders sacking the tombs of French kings in Saint-Denis. The content will be free for all players, with Season Pass holders being compensated with a free Ubisoft game.



Hollywood news



Ryan Reynolds on fatherhood



Having his wife Blake Lively give birth to their first born daughter just last month, Ryan Reynolds shares with eonline.com that, "The best thing about it -- well, everything's great about it. The least impressive thing is the complete lack of sleep." It's safe to say that Reynold is enjoying himself with being a parent is more completely in love his newborn daughter.

Early release for Mission Impossible V

The follow-up to 2011's *Mission: Impossible Ghost Protocol* is directed by Christopher McQuarrie and started filming last year. Paramount has just released a statement revealing that the movie is set to be released in the U.S on the 31st of July instead of the original date of December 25th.



Hathaway to study lines on the road

The 32-year-old actress is set to feature in the show *Grounded*, which is about a fighter pilot who is assigned to operate drones when she gets pregnant. According to a source, Hathaway is set to leave for a road trip with husband Adam Shulman. "Anne's learning 41-pages of dialogue. She's going to drive. Adam Shulman's going to run the lines with her as they go," a source says. Directed by Julie Taymor, the show will begin April 7 at the Public Theater in New York.



Bigger girls do better in comedy: Rebel Wilson

Australian actress Rebel Wilson, finds her shape an asset. The 28-year-old told Australia's *Daily Life* that, "I took something that was seen as a disadvantage -- no one thinks, if you're fat, that you're going to be an actress and everyone's going to love you -- and turned it into a positive." Wilson who will who is set to reprise a character named 'Fat Amy' in the upcoming *Pitch Perfect 2*.

Bollywood news



SRK's new show to go live with &TV on March 2

New Delhi - &TV, the newest entrant in the Hindi general entertainment channel (GEC) space, will go on air March 2, which also marks the launch of Bollywood superstar Shah Rukh Khan's new reality TV show *India Poochega... Sabse Shana Kaun?* According to a statement, the show will be aired every Monday to Friday at 9.00 pm. The new channel promises to celebrate the spirit of living through its wide array of fiction, non-fiction shows, Bollywood movies and marquee events.



Shruti Haasan's asking fans to give back

The actress who turned 29 last Wednesday has decided to celebrate her birthday by asking her fans to post details and pictures of a good deed they may have done. According to a close source, she has "asked her fans to send her information and a picture of their act of kindness — something nice they did for someone else lately, via social media. From those entries, she will pick the best five and send them personalised autographed merchandise with a special message from her," the source said.

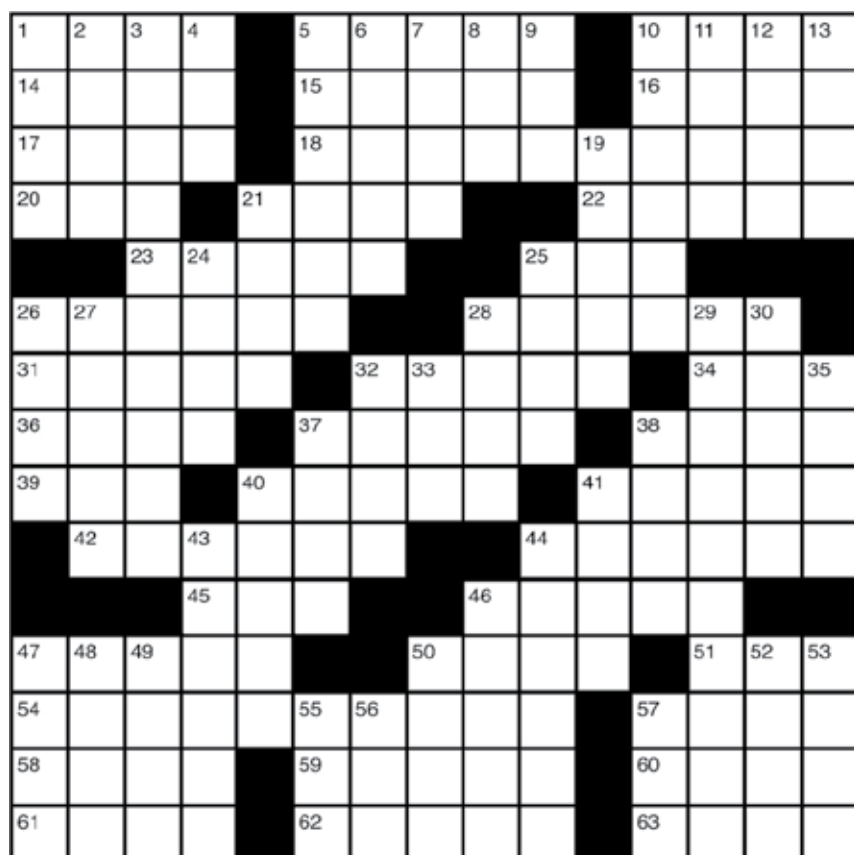
Javed Akhtar: Translating Rabindranath Tagore is not easy

Lyricist Javed Akhtar has said that it was not easy for him to translate *Rabindranath Tagore's* songs into Hindi. "I have a lot of experience in writing to the tune. I have written over 1,500 songs and they are to the tune. So I can tell you that writing to the tune is not that difficult for me. Translating *Tagore* is not as easy," Akhtar said. Furthermore he shares that he



has tried to keep the language as simple as possible, "I have tried to be at the back seat but at the same time have kept the original tune. I have not added anything and tried to keep the simplicity of the language."

Taking your time



Crossword

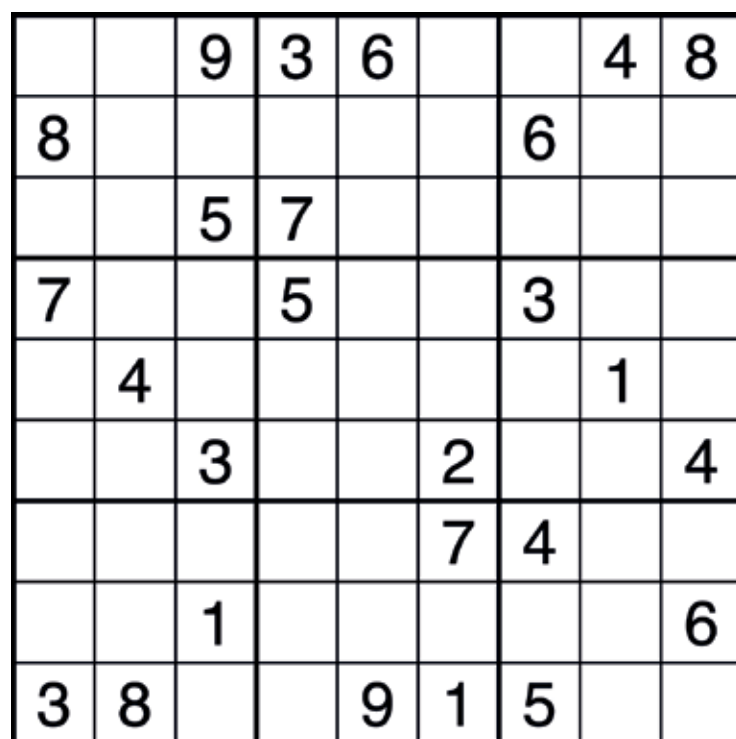
Across

1 Milk producers 5 As __ a hornet 10 Con game 14 Above 15 Excuse
16 Rubber tube 17 Spike & Bruce 18 Del Mar and Pimlico 20 Conclusion
21 __ back; return 22 Pile up 23 Small vibrating music maker 25 Rush
26 Taipei's land 28 Male goose 31 Refueling ship 32 Street uprisings
34 Brewer's tub 36 Misfortunes 37 Melodies 38 Nickname for Elizabeth
39 Peg for Palmer 40 Malt shop orders 41 "Ave __" 42 Bleak; dismal
44 Grand __ National Park 45 Feel remorseful about 46 Most terrible
47 Frequently 50 __ up; absorb 51 Actor Linden 54 Potentially dangerous
57 Make smooth 58 Due follower 59 Grown-up 60 Individuals 61 Party
bowlful 62 Shapes; forms 63 __ Benedict; fancy breakfast

Down

1 Nat King **2** Baker's need **3** Roundup, e.g. **4** Dads of Jrs. **5** Dark red
6 Remembered Texas mission **7** Yahtzee cubes **8** Lincoln, to friends
9 Take a chair **10** Humiliated **11** Comic actress Imogene **12** Invites
13 Clutter **19** __ cats and dogs; pours **21** Title for former Russian rulers
24 Fills with sublime wonder **25** Sombreros **26** "Nothing __!"; "Piece of
 cake!" **27** Had a bug **28** __ away; leaves **29** "The works" **30** Numerical
 comparison **32** Mr. Valentino **33** __ nutshell; very briefly **35** Other __;
 besides **37** Ripped **38** Forbids **40** Steam bath **41** Gospel writer **43** Builds
44 Seashores **46** "Who __ have thunk it?" **47** Unlocked **48** German señora
49 Examination **50** Aretha's music **52** Costs an arm and __
53 Not as much **55** Male sheep **56** Wedding words **57** Enemy

Sudoku



Spot the difference



ANSWERS



CROSSWORD



What's in your stars?

The *Read.* astrologer tells you what you can expect over the next seven days.

ARIES

(MAR 21 - APR 20)

You should have plenty of energy as the week gets going. But when it comes to where you want to direct it, that's your department. What matters most to you, right now and down the road? Then it's matters of the heart that are in the forefront.



TAURUS

(APR 21 - MAY 21)

Nesting sounds nice, so quiet down and rest up. But do get outside for a walk, and do get on the phone — or online — for a talk. You've got good energy now if you choose to use it! Then, you may think you know it all on later, but what are the chances of that?



GEMINI

(MAY 22 - JUN 21)

You're just not as outgoing as usual at the start of the week — and really, it's your prerogative to keep whatever you like to yourself. Wednesday and Thursday are much better suited to engaging in all sorts of interesting interactions, at work and elsewhere.



CANCER

(JUN 22 - JUL 23)

Dare to dream, and dare to take action when it comes to going after those dreams. The stars favour the moves you're making now — the bolder the better! Then, you've got some great creative power, but you're going to have to be focused in order to direct it.



LEO

(JUL 24 - AUG 23)

Behind the scenes is the perfect way to do your thing. You'll learn more and develop a fuller sense of things if you're quiet but persistent now. Then, dress to impress and bring that awesome smile! People love your generosity, your ideas and the way you make them feel.



VIRGO

(AUG 24 - SEP 23)

You're both organized and idealistic. You can make real headway when it comes to your dreams now. Don't be afraid to aim high and use all your resources. But you might want to lower your expectations and alternate plans sure come in handy.



LIBRA

(SEP 24 - OCT 23)

Work demands, errands you can't quite get done and important relationship discussions; not to mention some random disruptions that are likely now, time to decompress is going to be hard to find. Don't fret, life frees up and everything will feel more fun.



SCORPIO

(OCT 24 - NOV 22)

Smooth, charismatic, in control, these are all adjectives that can be accurately applied to you. Let yourself go with the awkward pauses, false starts and all those bumpy parts of life. Acknowledging them frees up a huge part of your energy.



SAGITTARIUS

(NOV 23 - DEC 21)

Getting your inner critic out of the way during the first half of the week helps you feel more relaxed and creative. Your methods prove to be almost too effective as you find ideas and concepts simply flying out of your mouth.



CAPRICORN

(DEC 22 - JAN 20)

At the start of the week, the stars are asking you to do a little bit of housekeeping. Out with the old, in with the new will apply to many possibilities as the week gets going. You might not be totally sure what's next, but you do know what can go.



AQUARIUS

(JAN 21 - FEB 19)

All the input you're getting could be a bit overwhelming, but you don't have to go it alone. Get together with someone who really resonates with you. Once you get those feelings sorted out, you'll be ready for the charged energy that Wednesday and Thursday bring.



PISCES

(FEB 20 - MAR 20)

Where is there room for improvement in your life? The week gives you some amazing powers of transformation, especially in the interpersonal realm. However, you'll need to let the bigger things take care of themselves and get busy being level-headed about the day-to-day.



This week's local weather

SUN



01st
MOSTLY SUNNY
HIGH 24°C
LOW 16°C
HUMIDITY 55%

MON



02nd
MOSTLY SUNNY
HIGH 25°C
LOW 16°C
HUMIDITY 50%

TUE



03rd
WINDY/CLOUDY
HIGH 24°C
LOW 16°C
HUMIDITY 56%

WED



04th
PARTLY CLOUDY
HIGH 24°C
LOW 16°C
HUMIDITY 59%

THU



05th
MOSTLY SUNNY
HIGH 27°C
LOW 16°C
HUMIDITY 50%

FRI



06th
PARTLY CLOUDY
HIGH 28°C
LOW 17°C
HUMIDITY 48%

SAT



07th
SUNNY
HIGH 28°C
LOW 18°C
HUMIDITY 48%

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EDITORIAL

Danielle Hosri
Chief editor

Arnold Pinto
Publisher

Mae Cabigas
Wissam Aoun
Hanadi Dawara
Editors

Hassan Fawad
Webmaster

DESIGN

Houssam Barazi
Art director

George Domingo
Lead designer

Bijumon Thomas
Designer

Nahas Abdul Majeed
Prepress production

ADVERTISING

Micheal Kakish
Head of product
E: micheal@kassabmedia.com

Mona Semaan
Senior sales executive
E: mona@kassabmedia.com

Syed Ahmad
Sales executive
E: sayed@kassabmedia.com

Cheva Salazar
Sales coordinator

CONTACT US

info@readme.ae
advertising@readme.ae
pics@readme.ae



Continental Multimedia FZ LLC
Dubai Media City, Phase 2, Building 6
Office No. G11
T: +971 4 390 2904
F: +971 4 445 6753
E: info@readme.ae
W: www.readme.ae
PO Box 502824, Dubai, UAE

BRANCHES

ABU DHABI:
T: +971 2 622 7880

BAHRAIN:
T: +973 1 723 3499

OMAN:
T: +968 2 456 4015

EGYPT:
T: +20 23 762 2914

JORDAN:
T: +962 6 565 3601

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